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Zimasiya chisoni chikachotsedwa
M'malo mwake, amalakalaka chimwemwe chomwe
sichimawala kwa kanthawi kenako chimatha
Ndipo ndikulakalaka chisangalalo chomwe kuwala
kwake sikutha
Radium yoyera komanso yokhazikika ya radioactive
Chimwemwe chimenecho chili mwa Mulungu yekha
Gwero la chisangalalo chonse ndi chisangalalo
Dzuwa limatuluka kamodzi tsiku lililonse
Koma kukhalapo kwake kumakhala kowala nthawi zonse
Chilengedwe chonse chimawonongeka, koma
Ndi moyo wosatha umene umakhalapobe
Chisangalalo chikhale chatsopano nthawi zonse
m'miyoyo yanu
Dziko lodala ili limene Mulungu watipatsa
Iye amafuna kuti tisangalale ndi kukongola kwake
Ndipo timasunga
Timaona kuti ndi dalitso lomwe siliyenera
kuwonongedwa kapena kugwiritsidwa ntchito molakwika
!Lili ndi zodabwitsa zambiri ndi zodabwitsa
Nsonga pamwamba pa nsonga
Ndipo zigawo pa zigawo
zigwa ndi steppes
Nyanja ndi mitsinje
nkhalango ndi nkhalango
Ndipo zipululu zomwe zimafalikira mbali zonse
Ndi malo ochitira zisudzo a cosmic
Kumene mapiri ali chete
Ndipo mapiri okutidwa ndi chipale chofewa ali
Mitengo yayitali imakoka makosi awo
Malo okwera opanda kanthu akubwerera ku udzu wawo
wobiriwira ndi wobiriwira
Zizindikiro za nthawi zalembedwa pa miyala ikuluikulu
Ndani ali ndi mphamvu yopereka mawonekedwe
?odabwitsa

Ndipo bwanji za mawonekedwe okongola a dziko lino la
!?Mulungu, kodi akuyenera kufotokozedwa
Zimadzaza mtima ndi chimwemwe
Ndipo imayatsa malingaliro ndi malingaliro chikwi
!Kufotokoza zomwe sizingathe kufotokozedwa
Kuganizira za kukongola kwa dziko lapansi kumalimbitsa
chikhulupiriro cha munthu woganizira
Zimadutsa malamulo a chilengedwe mpaka kufika
pamlingo wa chidziwitso chapamwamba kwambiri
Kumene kulenga sikutha
Ndipo sizimaima pamalire
Ndi yosatha
:Nthawi ina, mwana wina anati
Sindikudziwa tanthauzo la munthu kudzimva ngati"
"wopanda pake
Izi ndi zomwe munthu amamva akamaganizira
zodabwitsa za Mulungu
Chomwe sichingafanane nacho, m'malo osiyanasiyana
padziko lapansi
Koma munthu amaganiza kuti ndiye chilichonse
Alif ndi Ya
Chiyambi ndi mapeto
Ndipo msinkhu womwe ulibe nsonga yokwera
Pali mapiri odabwitsa
Ndipo kuya komwe kumalimbikitsa mantha mumtima
Ndipo kukula komwe chinthucho chimasungunuka
Ndipo wochuluka ngati masana
Ndipo magetsi omwe amakakamiza munthu kuyang'ana
mmwamba
Ngati anthu akanakhala ndi masomphenya athunthu
Mumawona mbali zonse
Kuti azindikire zodabwitsa za luso lodabwitsa lomwe
limamuzungulira
Falikirani ngati ngale zobalalika

Mu dziko lalikulu la Mulungu, pali anthu amene amaganizira za
Zoonadi, chilichonse chimene Mlengi wapanga chimapangitsa chidwi
Ndi yolimbikitsa
Chuma cha Kum'mawa - Magazini ya Kum'mawa- Kumadzulo
Timamupempha Iye, Wam'mwambamwamba
Kuchotsa ndi zowala za chidziwitso
mdima wa zinyengo
Ndipo kudzaza mitima ndi malingaliro
Ndi madalitso ambiri ndi chidziwitso
Ndipo kuti kukhalapo kwake kwaulemerero kwambiri kuonekere m'miyoyo
Ndipo Iye amamupatsa chitsimikizo
Ndi malo otetezeka
Ndipo imachotsa mitambo ya chisokonezo kuchokera kumwamba kwa mzimu
Ndipo zimatiteteza ku malingaliro okhumudwa
Ndipo zimatilimbikitsa ndi chidaliro kuti mbandakucha wa chimwemwe udzayamba
Ndipo miyoyo idzasangalala
Ndipo mbalame za mtendere ndi chisangalalo
Adzayimba m'minda ya moyo
Chikondi chidzagonjetsa chidani
Ndipo chiyembekezo chowala chidzachotsa mdima wa kutaya mtima
Ndipo kuti ulendo wa zabwino upitirire
Mbendera ya choonadi nthawi zonse idzawuluka pamwamba
Pamwamba pa zipilala za kumvetsetsana kwaubwenzi
Ndipo malingaliro abwino a anthu
Inu Sing'anga wa mitima, kuchokera kwa Inu kumabwera machiritso
Mizimu inali kuvutika ndi matenda

Kukhudza kwanu kumachotsa poizoni ndi matenda
Imfa ndi tsoka zipewedwe
Dzina lanu ndi chithumwa cholimbana ndi choipa ndi choipa
Ndipo pemphero limene kumwamba kumamvetsera
Kukonzekera ndi
Kuleredwa bwino: njira ndi machitidwe othandiza
Njira zoyenera zolerera ana zimaphatikizapo kukulitsa chidziwitso
Ndipo kuyesera kupeza nkhokwe ya chidziwitso chachilengedwe
Chobisika mkati mwa mzimu ndi kulumikizana kwa chidziwitso cha munthu nacho
Moyo umodzi sukwanira
Kudziwa nkhani zonse zauzimu ndi zakuthupi
Kugwiritsa ntchito njira za chidziwitso chachikhalidwe
Kudalira mphamvu zokha
Kuchita zinthu moganizira bwino komanso kusinkhasinkha
Amathandiza kukulitsa ndi kukulitsa luso lotha kuzindikira zinthu mwanzeru
Kudzera mu kuzindikira kolunjika, kwina
Kukulitsa luntha kuyenera kuyamba ali mwana ngati n'kotheka
Ngati sizingatheke, mutha kuyamba nthawi iliyonse
Kuphatikiza apo
Ana ndi achinyamata ayenera kuthandizidwa momwe angathere
Mwa kuwaphunzitsa njira zabwino zolerera ana, kudzera
Kuwongolera maganizo awo ku zolinga zabwino
Ndipo kulimbitsa malingaliro awo ndi malingaliro abwino
Ndipo kuwaphunzitsa kulemekeza udindo
Ndipo kuchita zinthu moona mtima, mwaulemu
komanso mwachilungamo kwa iwo eni komanso kwa ena
:Zina mwa zinthu zofunika kwambiri pa kudziletsa ndi izi

Kuyenda ndi kukhala pansi ndi msana wowongoka
Kuthandizira kuyenda kosalekeza kwa ntchito zofunika m'thupi
Phunzirani ndikugwiritsa ntchito kuganizira kwambiri kuti mudzipangitse kukhala ndi nzeru
Kuchita kuganiza mwanzeru
Kuchita ntchito ndi chikhumbo chenicheni
Kusiyanitsa pakati pa zomveka ndi zopanda nzeru
Choonadi ndi chinyengo
Ndipo kukulitsa chikondi
Kuchokera pa kudzikonda mpaka pa chikondi cha m'banja
Kuyambira kukonda banja mpaka kukonda anthu ammudzi
Kuyambira kukonda anthu ammudzi mpaka kukonda dziko lakwawo
Kuyambira kukonda dziko mpaka kukonda dziko lapansi
Kuchokera ku chikondi cha dziko lapansi mpaka ku chikondi cha Mulungu
Ndipo ndi kukula kwawo kwauzimu
Adzatha kufalitsa zabwino ndi choonadi kulikonse
Ndipo kuwala kwa ubwino komwe kumawala mkati mwawo kudzachotsedwa
Mdima wa choipa umawazungulira
Ndi thandizo lake, Iye akwezedwe
Kulumikizana mwauzimu ndi okondedwa omwe adachoka m'dziko lino
Ngati mukufuna kutumiza maganizo anu kwa okondedwa anu omwe achoka padziko lapansi
Khalani chete m'chipinda chanu ndipo ganizirani za Mulungu
Ndipo pamene mukumva mtendere mumtima mwanu
Yang'anani kwambiri pakati pa chidziwitso chauzimu patsogolo
Ndi pakati pa chifuniro pakati pa nsidze

Tumizani chikondi chanu kwa okondedwa omwe apita
Tangoganizirani munthu amene mukufuna kulankhula naye pakati panu
Ndipo tumizani ku moyo wake kugwedezeka kwa chikondi, mafuno abwino, ndi chilimbikitso
Ngati muchita zimenezo nthawi zonse
Ndipo simunataye chidwi ndi munthu wokondedwayo
Ndithudi adzalandira kugwedezeka kuchokera m'malingaliro anu
Anthu amene alekana ndi okondedwa awo padziko .lapansi samawaiwala
Monga momwe okondedwa awo samawaiwala
Ndipo chidziwitso chawo chimakhalabe, kusunga kukumbukira okondedwa awo
Iwo amene anawasiya padziko lapansi
Ndipo pamene mukufuna kupeza yankho kuchokera kwa okondedwa anu
Yang'anani pa mtima, ndipo pamene chidwi chanu chafika pamlingo wokwanira
Zingawonekere koyamba kwa inu m'maloto, ndipo izi n'zotheka kwa iwo
Nthawi zina mungakhale ndi maloto omwewo mobwerezabwereza
Si maloto onse omwe alibe tanthauzo
Ngati malingaliro anu ali bata komanso ogwirizana
Mudzadziwa kuti winawake akuyesera kulankhula nanu kudzera m'maloto
Mukapita patsogolo mwauzimu, okondedwa anu angaonekere kwa inu m'masomphenya panthawi yosinkhasinkha
Munthu akafika pamlingo wapamwamba wa kupita patsogolo mwauzimu
Adzatha kuona miyoyo ya akufa ija ikubwera patsogolo pake
Pali zitsanzo zambiri za milandu yotereyi

Koma kupita patsogolo kwenikweni kwauzimu kuyenera kuchitika kaye
Iye amene amaganizira kwambiri za Mulungu
Mulungu adzamuonetsa zinthu zonsezi
M'malo molira, kulira, ndi kumva chisoni pambuyo pa imfa ya okondedwa anu
Tiyenera kuwatumizira chikondi chomwe adzachimva
Amabwezeranso malingaliro omwewo
Koma sitiyenera kukokera mzimu wa womwalirayo kwa ife
Kudzera mu malingaliro athu osamveka bwino
Kudzikonda ndi chisoni chachikulu
Kukwanira kunena kwa amene akuchoka kuti, ""Ndimakukonda
Tumizani malingaliro achikondi ndi mafuno abwino kwa iwo omwe alekana
Nthawi iliyonse ndikafuna kuchita zimenezo
Koma kamodzi pachaka - pa tsiku lokumbukira tsiku linalake
:Auzeni, mwanzeru
Mulungu adzatigwirizanitsanso
Tidzapitiriza kukulitsa chikondi chathu ndikulimbitsa mgwirizano wa chikondi pakati pathu
Ngati muwatumizira maganizo anu aubwenzi tsopano, pitirizani kutero
.Mudzakumana nawo tsiku lina, Mulungu akalola
Mudzazindikira kuti moyo wapadziko lapansi uwu si zonse zomwe zilipo
Ndi chilumikizano chimodzi chokha mu unyolo wa ubale wanu wosatha
Ndi okondedwa anu omwe anamwalira
Mulungu awachitire chifundo ndipo awapatse kuwala ndi chisangalalo Chake

Zindikirani: Njira iyi siili ndi chochita ndi misonkhano yachipembedzo, yomwe sitikulimbikitsa, chifukwa chake izi zikufotokozedwa bwino.

Kuchotsa kutopa

Chidziwitso: Chidziwitso ndi upangiri uwu sizingalowe m'malo mwa upangiri wa zachipatala, chifukwa chake kumveketsa uku

Batala ndi mkaka ziyenera kuphatikizidwa muzakudya

Mkaka uyenera kudyedwa mosiyana ndi chakudya

Ndi bwino kusamwa pamodzi ndi chakudya

Mkaka uli ndi mphamvu zabwino zotulutsa mphamvu m'thupi

Koma mkaka umayambitsa kupanga mamina

Zomwe sizili zoyenera kwa iwo omwe akuvutika ndi mavuto a sinus

Kapena kuchokera ku mphuno yotuluka madzi ndi chimfine

Izi zikugwiranso ntchito pa madzi a lalanje

Kwa iwo omwe akuvutika ndi matenda awa

Ambiri omwe adadwala matendawa adapeza mpumulo - potsatira malangizo anga -

Kusintha kwakukulu pochotsa madzi a lalanje muzakudya zawo

(Pamene anali kuvutika ndi vutoli)

Ngakhale madzi a mandimu ali ndi mphamvu zabwino kwambiri zophera tizilombo toyambitsa matenda

Koma zimapangitsanso kuti sinusitis ikhale yoipa kwambiri.

Palibe chomwe chimakhutiritsa kwambiri (chokhutiritsa njala) kuposa buledi wopangidwa kuchokera ku

Yopangidwa ndi ufa wa tirigu wonse wongophwanyidwa kumene

Komabe, anthu omwe ali ndi phlegm ayenera kupewa starch

Mkate wa tirigu wonse ungadyedwe ukaphikidwa bwino

Kudzimbidwa ndi chifukwa china chotopa, ndipo
.chikugwirizana ndi kusonkhanitsa poizoni m'thupi
Zimakhudza kutulutsa mphamvu kuchokera ku
chakudya
Ngati mukuvutika ndi kudzimbidwa, gwiritsani ntchito
mankhwala achilengedwe otsegula m'mimba ngati n'kotheka
Ngati musunga thupi lanu kuti lisatulutse poizoni
(zinyalala), simudzatopa
Ndi poizoni amene amasonkhana m'thupi amene
amachititsa munthu kutopa
Mankhwala osokoneza bongo ndi mankhwala osokoneza
bongo amachititsanso kuti munthu azimva kufooka
Mwachitsanzo, opium imalanda ogwiritsa ntchito ake
ufulu wawo wochita zinthu
Sakufuna kuchita china chilichonse kupatula
kungolankhula mokweza, kugona, ndi kulota
Njira imodzi yothandiza kwambiri yochotsera kutopa
Ndi kusunga mphamvu zogonana momwe zingathere
Chifukwa kuchita zimenezo mopitirira muyeso ndi
kutaya mphamvu zolenga
Izi zimapangitsa kuti ziwonongeke kwambiri, pamlingo
.wakuthupi komanso wamaganizo
:Wophunzirayo anafunsa wotsogolera wake kuti
Kodi tanthauzo lanu la uzimu ndi chidziwitso chanu ndi
?chiyani, bwana
:Wotsogolera anayankha kuti
Chilengedwe chauzimu ndi chidziwitso chodziwa bwino
za malingaliro ndi mphamvu zauzimu
Monga momwe zolengedwa za m'madzi zimamvera
zikamizidwa m'madzi
Ndipo mbalame zakumwamba zazunguliridwa ndi
mlengalenga
Ndi kutulutsa mphamvu yofunikira kuchokera ku ether
ya mzimu

Ndipo kumverera kwa thanzi labwino ndi mphamvu kukuyenda m'thupi
Zimabwezeretsa mphamvu m'maselo ndi mankhwala oletsa moyo ndipo zimawakonzanso kwathunthu
:Kenako wophunzirayo anafunsa kuti
?Ndipo njira yopezera mayeso amenewo ndi iti
:Wotsogolera anayankha kuti
Mwa kudzitsimikizira kuti ndinu wauzimu
Ndipo kuti chinthu chakuthupi, ngakhale chili chenicheni
Komabe, ndi chigoba chakunja cha umunthu wa mzimu
Ndipo madzi a moyo, omwe ndi kasupe wa chisangalalo
Zimadutsa m'mitsempha yanu, zomwe zimakupangitsani kukhala ndi chisangalalo, mphamvu, komanso tcheru
:Wophunzirayo akupitiriza, nati
Kodi ndi zopinga ziti zomwe zingakulepheretseni kufika pamlingo umenewo?
:Buku lotsogolera likufotokoza kuti
Zopinga zimenezo zili m'maganizo osagwirizana ndi malingaliro owawa
Ndipo zotsatirapo zoyipa zomwe zimagwira ntchito ngati udzu woopsa wa parasitic
Zokhudza chomera cha mzimu
Chifukwa chake, munda wa chidziwitso uyenera kutsukidwa ndikuyeretsedwa ku zodetsa zonse
Ndipo kuchotsa minga ya kukayika m'nthaka yake, ndikuipatsa feteleza ndi chikhulupiriro chamoyo
Kulakalaka kwakukulu, chiyero cha cholinga, ndi chifuniro chabwino
Pali zomera zoopsa zomwe sizili zakuthupi zomwe ziyenera kuchotsedwa
Monga chidani, njiru, nsanje, nsanje, mantha, ndi malingaliro ena

Wowononga, ndipo amabzala mbewu za chikondi,
kudalirana, kumvetsetsa, ulemu ndi kuwona mtima m'malo mwake
:Kenako wophunzirayo akufunsa kuti
?Kodi njira yabwino yothetsera mavuto a moyo ndi iti
:Wotsogolera akuyankha kuti
Loko lililonse lili ndi kiyi, ndipo vuto lililonse lili ndi yankho lake
Ndipo aliyense amene ali ndi nzeru, kuzindikira, kulimba mtima, ndi kuleza mtima
Kudalira thandizo la Mulungu kudzakuthandizani kupeza yankho la vuto lililonse
Ndipo musaiwale kuti vuto lililonse lovuta lomwe mumakumana nalo ndi mayeso a mphamvu zanu
Ndipo kuti mulimbikitse mtima wanu ndipo vuto lililonse likatha, mumayamba kupita patsogolo
Pa makwerero a moyo, zinthu zazikulu zikukuyembekezerani
Iye anathana ndi mavuto pamaziko awa
Mudzapeza kuti mukupeza kumvetsetsa, mphamvu, ndi chimwemwe
Mwa kugonjetsa zopinga ndikumaliza magawo atsopano panjira
Ndipo dziwani, Mulungu akuwonjezereni chidziwitso chanu, kuti chilichonse chomwe mukufuna chili mwa inu
Ngati mupempha thandizo la Mulungu modzichepetsa komanso moona mtima, mudzalandira thandizolo
Zitseko za ubwino ndi chuma cha kuwala zidzakutsegulirani
Chuma cha Kum'mawa - Kusinkhasinkha ndi Chitsogozo
Chikhalidwe cha M'kati mwa Kum'mawa ndi Kumadzulo
Gwero la mtendere ndi kuwala
Mphunzitsiyo, polankhula za kumva kukhalapo kwa Mulungu, anati:
Ngati munthu akukhala moyo wosadziwa Mulungu

Popanda kukhudza kukhalapo kwake
Moyo wake udzakhala wodzaza ndi zoopsa
Ndipo nthawi zambiri amakhala ndi mavuto ndi zovuta zomwe sizingathe kuthetsedwa
Mpaka ululu ubereka chilakolako ndi kutsimikiza mtima
Kupeza chinsinsi cha zinsinsi ndi gwero la bata ndi kuwala
Mwa kupeza chinsinsi chachikulu kwambiri
Amadziwa tanthauzo la ufulu, chimwemwe, ndi kukongola
Munthu ayenera kusintha cholinga cha moyo wake komanso pakati pa chidziwitso chake
Kuchokera ku chinthu mpaka mzimu
Ndipo kuchokera ku "ndekha" ndi zofooka zake
Ku gawo lopanda malire la malingaliro
Kenako adzazindikira kuti analipo ndipo akadalipobe
Mu kukumbatirana kwachikondi kwamuyaya
Ayeneranso kugwira ntchito yofulumizitsa kumvetsetsa
Mwa kuzama kwambiri mu kuganiza
Ndipo onjezerani khama
Ndipo pamene kukhalapo kwa Mulungu kukhudza
Adzagonjetsa zopinga zonse ndi zopinga
Zimene zimamulepheretsa kupita patsogolo
Sipadzakhala munthu pambuyo pa imfa
Ali pafupi ndi Mulungu kuposa momwe alili tsopano
Kuchuluka kwa chidziwitso chake pa izi pambuyo pa imfa
Zimatengera kuchuluka kwa zomwe akudziwa za izi tsopano
!Palibe chifukwa chozengereza kapena kuchedwetsa
Kuganizira za Mulungu ndiye gwero la chimwemwe chonse, chikondi, ndi ubwino
Zimatipangitsa kuti tigwirizane mwachindunji ndi zinthu zodalitsidwa zimenezo

Ndipo Iye amatitsanulira madalitso a Wachifundo Chambiri
Tiyenera kuphatikiza mfundo zauzimu mu ntchito yathu
Ndipo kuchita ntchito yomwe imapereka chithandizo chabwino kwambiri kwa ena
Munthu amene cholinga chake ndi kutumikira anthu osati kupeza ndalama
Adzapeza kuti moyo wake wonse wasintha kukhala wabwino
Sadzasiyidwa yekha, koma thandizo lidzabwera kwa iye .kuchokera komwe sakuyembekezera
Anthu ambiri sangathe kupeza ndalama zokwanira
Pakati pa miyoyo yawo yogwira ntchito ndi yauzimu
Munthu wauzimu amafunika ndalama
Munthu wa dziko lapansi sangakhale ndi moyo wosangalala popanda Mulungu
Wokhulupirira mizimu amagwira ntchito, ndipo zochita :zake zimanena zambiri
Mulungu amandipatsa mphamvu ndipo amandipatsa" "kulimba mtima
Amakula mphamvu ndipo Mulungu amadalitsa khama lake
Munthu wa dziko lapansi nayenso amagwira ntchito, :koma iye anati
Ine ndine amene ndimachita zonsezi ndekha, ndipo" "palibe amene ali ndi ulemu kwa ine
Izi zimabweretsa zotsatira zosayembekezereka pa iye Ili ku Mahadhir
Zochita zonse zothandiza
Kaya ndi zinthu zakuthupi kapena zauzimu
Iyenera kukhazikitsidwa pa mfundo zabwino
Zimayendetsedwa ndi chikumbumtima ndi kulingalira bwino
Kusamala n'kofunika pa chilichonse chimene timachita

Chifukwa kusakhalapo kwake kumatanthauza chisoni, kupweteka mtima, ndi mutu
Ngati wina aitana gulu la anthu osauka
Popanda ndalama zokwanira zogulira zinthu zofunika pa phwando
Izi zikutanthauza kusowa tsankho
Ndipo kulephera kukonzekera bwino
Tiyenera kumvetsetsa mtundu wa dongosolo lonse lomwe limalamulira zochita zathu
N'kulakwa kugwiritsa ntchito zinthu zauzimu polimbikitsa zofuna zanu
Ngakhale kuti ndi bwino kugwiritsa ntchito njira zasayansi
Kufalitsa ndi kulimbikitsa ziphunzitso zabwino zauzimu
Pali lamulo lapadziko lonse lopezera chimwemwe
Lamulo ili ndi lokhazikika komanso losasintha
Imagwira ntchito nthawi zonse ndipo imapereka zotsatira zotsimikizika
ndi kutsatira kapena kutsatira lamulo limenelo
Zimatanthauzadi kukhala ndi chimwemwe
Mu tanthauzo lake la chimwemwe, Master Paramahansa anati:
Chimwemwe chenicheni chimachokera makamaka pa momwe munthu alili m'maganizo mwake
Kukhutira, kukhutitsidwa, mtendere, ndi bata ndi zizindikiro za chimwemwe
Munthu ayenera kuyesetsa kukhala ndi thanzi labwino
Maganizo ogwira ntchito
ndi zofunikira pa moyo
Ntchito yoyenera
Ndipo chiweruzo chozindikira
Ndipo kumvetsetsa kolondola
Sayenera kudzilola yekha
Mwa kugonjera ku malo kapena mikhalidwe yolakwika

Anthu nthawi zambiri amaluka zikwa zomwe zimawamanga
Ndipo amakukonda ndi zingwe zomwe zimamumanga
Ayenera kumvetsetsa zifukwa za zoletsa zimenezo
Mwina zidzathetsa matenda omwe akuyenda pang'onopang'ono
Kuchokera mumtima mwake ndi m'thupi lake
Izi zingapangitse kuti maganizo atsopano asinthe
Zimamuthandiza kukhala wachimwemwe komanso .kuzindikira zinthu zauzimu pa nthawi ya moyo wake
Ndipo kudzutsa mphamvu za moyo mkati mwake
Chidziwitso chiyenera kukwezedwa kuchokera ku kuya kwa kusadziwa
Kufikira pamlingo womveka bwino komanso wodziwa zambiri
Ngakhale munthu akukhulupirira mphamvu zake zauzimu
Koma malo oipa ali ndi zotsatira zowonekera bwino
Wokhoza kufooketsa chitetezo chake
Ndipo kumulepheretsa chimwemwe chimene akufuna
Chifukwa chake, ayenera kuyesetsa konse
Kupanga malo abwino komanso abwino oti munthu akhale wachimwemwe
Ndipo kufunafuna chisangalalo chauzimu chosatha
M'malo mwa zosangalatsa zakuthupi zosakhalitsa
Ngati akufuna kusiya chizolowezi choipa chomwe chimamulepheretsa kukhala wosangalala
Ayenera kupewa chilichonse chomwe chingamulepheretse
Kuchenjeza kapena kudzutsa chizolowezi chimenecho
Kenako amakulitsa chizolowezi chabwino m'malo mwake
Iye amachita izi ndi khama lalikulu la maganizo
Mpaka kukhala gawo lofunika kwambiri la moyo wake
Ikakhazikika ndikukhala yolimba

Chizolowezi choipa chidzafooka
Ndipo amamasula chigwiriro chake
Adzamva chisangalalo chomwe sanachidziwepo kale
Zowunikira ndi zotsimikizika

Ziphunzitso za Master Paramhansa Yogananda

Moyo m'chilengedwe chake, zigawo zake, ndi zolinga zake

Ndi nkhani yovuta kumvetsa, koma si yovuta kuithetsa

Ndi kuganiza kwathu kopita patsogolo, timathetsa zinsinsi zake zina tsiku lililonse

Zipangizo zozikidwa pa mfundo zenizeni zasayansi munthawi ino

Ndithudi zimakulimbikitsani kuyamikira

Zinthu zomwe sayansi imabweretsa zimatipatsa masomphenya omveka bwino

Za njira zowongolera moyo

Koma ngakhale kuti tili ndi zida zonse, zinthu zatsopano, ndi njira zogwirira ntchito

Zikuoneka kuti tikadali ngati zidole m'manja mwa tsoka

Ndipo kuti njira yomwe ili patsogolo ikadali yayitali

Tisanamasulidwe ku ulamuliro wa chilengedwe

Kukhala pansi pa chifundo cha chilengedwe si ufulu weniweni

Maganizo athu okondwa amalemedwa ndi kumangidwa ndi kudzimva wopanda thandizo

Tikamadzimva ngati ozunzidwa ndi kusefukira kwa madzi, mphepo zamkuntho, kapena zivomerezi

Kapena pamene zochitika zikutitenga - popanda chifukwa chomveka

Okondedwa athu omwe ali pafupi ndi mitima yathu

Kenako timazindikira kuti sitinapambane zambiri

Sitinathe kuthana ndi mavuto omwe analipo
Ngakhale titayesetsa kwambiri kuti moyo ukhale momwe tikufunira
Zinthu zina zidzaonekera nthawi zonse padziko lapansi lino
Ndipo zochitika zotsogozedwa ndi malingaliro amphamvu omwe sitikudziwa zambiri za iwo
Imagwira ntchito mosadalira maganizo athu komanso chifuniro chathu
Chinthu chabwino kwambiri chomwe tingachite ndikugwira ntchito ndikusintha zina
Timalima tirigu ndi kupanga ufa
Koma ndani amene analenga mbewu yoyamba?
Timadya buledi kapena mpunga wopangidwa ndi ufa
Koma ndani anapatsa matupi athu mphamvu yogaya chakudya?
Ndipo kodi tingasinthe bwanji chakudya kukhala chakudya chopatsa thanzi?
Mu ngodya iliyonse ya moyo
Zikuoneka kuti pali dzanja la Mulungu lofunika kwambiri
Sitingathe kuyendetsa zinthu zathu popanda
Ndi chitsimikizo chonse chomwe tili nacho
Sitikudziwa nthawi yomwe mtima udzasiya kugwira ntchito
Chifukwa chake kufunikira kodalira molimba mtima
Pa mphamvu ya Mulungu yapamwamba kwambiri
Ndipo kudalira pa ife eni apamwamba
Kuchokera ku mphamvu yonse imeneyo
Chimene timachitsatira
Tiyenera kukhala ndi chikhulupiriro chopanda kudzikuza
Ndi kuyenda molimba mtima panjira za moyo

Popanda mantha kapena kunjenjemera

Popanda kupsinjika ndi kutsekeredwa

Kuthana ndi ziwengo

Kugonjetsa kukhudzidwa ndi zinthu ndi luso losavuta, ndipo kulamulira kufulumira kwa munthu kuchitapo kanthu ndikofunikira kuti munthu akhale ndi umunthu wabwino komanso wolinganizika bwino.

Kuzindikira kumayambira pa kusamvetsetsana, kudziona ngati wopanda pake, kudzikuza kwambiri, ndi kudzikuza kwambiri

Munthu akaganiza kuti zakukhosi kwake zamupweteka, maganizo amenewo amakhazikika m'maganizo mwake, zomwe zimadzutsa mitsempha yake, yomwe kenako imakhala yolimba ndipo mkwiyo umayaka mumtima mwake chifukwa cha malingaliro ovulala. Komabe, anthu ena ali ndi mphamvu zolamulira zakukhosi kwawo, kotero zizindikiro zawo zakunja sizimawonekera ngakhale kuti ali ndi mkwiyo waukulu mkati mwawo. Ena amasonyeza mkwiyo wawo kudzera mu zochita zawo nthawi yomweyo, zomwe zimawonekera m'maso mwawo ndi nkhope zawo, komanso kudzera mu mayankho achangu, olembedwa m'mawu.

Kukonda kwambiri zinthu kumakhala ndi zotsatirapo zoopsa; kumawonjezera vutoli ndikupanga kusakhazikika kosafunikira komwe kumakhudza ena.

Kuyesetsa kuyenera kuchitika kuti munthu akhale wodziletsa komanso wodekha, zomwe zimathandiza kuti pakhale mtendere m'malo mokhala ndi nkhawa komanso kuthetsa utsi wa nkhawa. Anthu amene amachita zimenezi adzakhala olamulira tsogolo lawo ndipo adzalandira mphoto yoyamikiridwa ndi kulemekezedwa ndi anthu owazungulira.

Kuzindikira kwambiri ndi khalidwe lomwe anthu ambiri ali nalo, ndipo pamene malingaliro osamveka bwino amenewa ayamba, amaphimba nzeru ndi kuphimba maso a nzeru. Choyipa kwambiri n'chakuti, munthu amene ali ndi vuto la kukhudzidwa kwambiri amakhulupirira kuti akuganiza, kumva, ndi kuchita zinthu mwangwiro, pomwe kwenikweni khalidwe lake lingakhale lolakwika kotheratu!

Anthu ambiri amakhulupirira kuti ayenera kudzimvera chisoni akamadzudzulidwa, ndipo kudzimvera chisoni kumawapatsa mpumulo. Koma mofanana ndi anthu omwe amamwa mankhwala osokoneza bongo, akamamwa kwambiri, chizolowezi chawo chimakhala champhamvu kwambiri.

Munthu wosamala nthawi zambiri amavutika popanda chifukwa Nthawi zambiri, palibe amene amadziwa chomwe chimayambitsa kuvutika kwawo kapena mtundu wa madandaulo awo, zomwe zimapangitsa kuti azivutika kwambiri chifukwa chodzipatula. Palibe chomwe chingapezeke mwa kungoganizira zomwe amaona ngati chipongwe kapena kudzudzulidwa.

Ndi bwino kuthetsa zomwe zimayambitsa kukhudzidwa kwa maganizo kotereku kudzera mu kusanthula koyenera komanso mwa kuyambitsa kudziletsa.

Mtundu uwu wa ziwengo zosafunikira uli ndi zotsatirapo zoopsa; umadya mtima ngati moto ndikuwononga minofu ya mtendere. Chifukwa chake, uyenera kuthetsedwa mwanzeru, mwanzeru, komanso ndi chifuniro cholimba.

Ufulu ku kufooka

Njira yabwino kwambiri yochotsera kufooka

Sikuganizira za izo

Kupanda kutero, lingaliro la kufooka lidzafalikira m'chikumbumtima ndi kulamulira mphamvu za mzimu.

Tikabweretsa kuwala mkati mwathu

Mdima udzazimiririka ngati kuti sunakhalepo

Lingaliro limenelo limandilimbikitsa kwambiri

Kuwala kukayamba

Kuphanga lokhala ndi mdima kwa zaka zikwi zambiri

Mdima udzatha nthawi yomweyo

Mofananamo, zofooka zimatha, ndipo pamodzi nazo, zolakwa zimatha

Tikalola kuwala kwa Mulungu kulowa m'maganizo mwathu

Mdima wa kusadziwa sudzatha kukhalabe

Imeneyo ndiyo nzeru imene tiyenera kukhala nayo

Kuzengereza sikothandiza

Gudumu la moyo silimayima

Ndipo masiku a moyo amadutsa mwachangu

Mphindi iliyonse yomwe timathera kuganiza bwino ndikuchita zinthu mwanzeru

Ndi ndalama zopambana komanso zopindulitsa m'munda wa chisangalalo chathu

Ambiri amakhala moyo wawo wonse

Kuganizira za ndalama, kugonana, ndi kutchuka

Kawirikawiri saganizira kwambiri zinthu zofunika kwambiri

Zimene zimawapatsa mtendere wamumtima

Ndipo kukweza chidziwitso chawo kufika pamlingo wapamwamba

Kaya munthu achita gawo lodzichepetsa bwanji

Amaonedwa kuti ndi wopambana pamaso pa Mulungu

Akanadziwa momwe angagwiritsire ntchito nthawi yake mwanzeru

Amatsogolera maganizo ake m'njira yoyenera

Pamene kuunika kwa Mulungu kuwalira pa munthu

Sakumva kuti akusowa chilichonse

Chifukwa cha chimwemwe chomwe chimamudzaza

Amakwaniritsa maloto ake onse

Ndipo zimamupangitsa kumva mozama kwambiri

Iye ndi wolemera kwambiri kuposa onse olemera komanso wosangalala kwambiri kuposa onse osangalala.

Mu moyo uno

Ngalande ya Kuwala

Iye amene amadzutsa chidziwitso chauzimu

Ndi malingaliro ophunzitsidwa bwino

Ntchito zachifundo

Maganizo abwino

Kuganizira mozama

Amatha kumva kuti ikutuluka m'thupi

Nthawi yomaliza yochoka

Kudzera m'diso lauzimu

Wochita yoga amachita masewera olimbitsa thupi ali padziko lapansi

Masomphenya a M'ngalande ya Maso Auzimu

Pa mzere wogawa

Pakati pa zinthu ndi mzimu

Akhoza kuchoka padziko lapansi nthawi yomweyo

Kulowa mu ngalande yowunikirayi

Ndipo kusintha kuchokera ku dziko lino

Kumalo opanda malire a Mulungu

Kumene kuwala

Ndipo chimwemwe

Mtendere

ufulu wotheratu

Nyali ya thupi ndi diso (lauzimu)

Ngati diso lako ndi limodzi

Ndipo thupi lako lonse lidzadzazidwa ndi kuwala

{ Ndipo kuunikako kunawala mumdima, ndipo mdimawo sunadziwe }

kukonda ena

Kuthandiza ena ndikumva chisoni cha ena

Ndipo kuti muyandikire nawo ndikulankhulana nawo

Timayesetsa kuwatonthoza chifukwa cha imfa yawo

Ndipo kuti tisangalale ndi chisangalalo chawo

Tikugwira ntchito momwe tingathere

Kuchotsa mantha, zosowa, ndi nkhawa kuchokera kwa iwo

Anthu amene amagwira ntchito kuti asangalatse ena

Mulungu amupatse chitonthozo chamkati cha maganizo

Ndipo ngati ataya china chake pofuna anthu amene akuyesera kuwathandiza

Sakuona ngati kutayika chifukwa amapezapo kanthu

Chisangalalo cha Mulungu ndi mtendere wamumtima

Amakhala moyo wokonda, kugwira ntchito, ndi kupereka

Iye amafesa mbewu za ubwino ndi mtendere m'minda ya anthu

Maganizo ndi malingaliro ake amaposa dziko lake laumwini

Kudziwa kwake kumawonjezeka ndipo chifundo chake chimawonjezeka

Amaona kuti dziko lapansi ndi kwawo ndipo umunthu ndi banja lake

Amamvetsa kuti cholinga cha kukhalapo kwake padziko lapansi

Ayenera kudzisintha yekha asanayese kusintha ena

Chifukwa anthu amene amadzikonza okha amathandiza ena
Kuti adzisinthe okha kudzera mu chitsanzo cha moyo wake
Zochita zimakhala ndi zotsatira zazikulu komanso zotsatira zazikulu kwambiri
M'maganizo mwa ena, kuchokera ku mawu
Ndani ali ndi mzimu wothandiza ena?
Sizigwira ntchito motsatira kuwerengera ndi ziyembekezo zochepa
M'malo mwake, amagwiritsa ntchito luntha lake ndi nzeru zake zabwino
Akupitiriza kudzithandiza yekha komanso ena
Kuthokoza Mulungu chifukwa cha kupambana komwe wapeza
Ndipo ngati alephera kamodzi kapena kangapo
Sakukhumudwa, koma m'malo mwake amakhala wotsimikiza mtima kwambiri
Amawonjezera khama lake ndipo amayesanso
Kufufuza malingaliro ndi njira zatsopano
Kutsogozedwa ndi kuwala kwa kulingalira
Ndi thandizo la Mulungu
Mpaka atakwaniritsa cholinga chake
Amakwaniritsa cholinga chake chabwino
Kuunikira kwa Kum'mawa ndi Kumadzulo
Kuchokera ku ziphunzitso za wanzeru Paramhansa Yogananda
Kukonzekera ndi
Ganizo ndi mphamvu, ngati magetsi
matenda amisala
Zimabwerera ku kuganiza ndi momwe amaganizira
Magetsi ndi opindulitsa komanso owopsa
Ndiye ndani akudziwa momwe angachitire?
Amaika pa ntchito yake

Apo ayi, zingamuphe ndi magetsi
Ndipo ndinaganizanso choncho
Ngati zalunjika m'njira zoyenera
Zimabweretsa chimwemwe kwa mwini wake
Apo ayi, zidzamubweretsera mavuto
Maganizo ali ngati kavalo wakuthengo
Komabe, kuisamalira sikophweka
Kuganiza bwino ndi njira imodzi yowongolera maganizo anu
Kuganiza bwino ndi bwenzi lapamtima
Ndipo maganizo odwala ndi mdani wokhazikika
Kuganiza bwino kumakopa mtendere ndi chitetezo
Ndipo maganizo odwala amaponya mivi yakupha
Imabwerera kwa mwini wake kawiri
Chifukwa chake mwambiwo, mphotho ndi yofanana ndi ntchito
Bola munthu atumiza zolinga zabwino
Malingaliro ake adzasanduka nyali
Yatsani zipinda za moyo
Ndipo thamangitsani milu ya mdima
Kenako amamva mpumulo waukulu
Maso ake anamwetulira ndi kumwetulira kokhutiritsa!
Moyo uli ngati mphero yomwe imapera
Mapiritsi oyesera ndi zoyeserera zopindulitsa
Kupanga buledi kuchokera pamenepo
Uli ngati msewu wokhotakhota
M'mbali mwake muli maluwa obiriwira
agulugufe owala
Ndi mitengo yokhala ndi zipatso zokoma pa nthambi zake
Komabe, nthawi zambiri sitimayima
Tiyeni tisangalale ndi mawonekedwe ake ndi kusangalala ndi kukoma kwake

Ndipotu, nthawi zambiri timakhala ndi zikhomo ndi singano

Kuti mupeze madera ambiri

Tikuganiza kuti ili ndi malo okongola kwambiri kuposa omwe tawonapo

Koma pamene tikuchoka pang'onopang'ono

Ponena za njira zamaluwa, zobala zipatso

Timapeza mitengo yomwe ili ndi mdima

Kuposa kungokhala watsopano

Kenako maluwawo amasowa

Ndipo pamodzi ndi izo, agulugufe ndi zipatso

Kenako timadzipeza tili m'chipululu chopanda kanthu

Moyo wa munthu uli ngati madzi a m'nyanja

Chomwe chimayeretsedwa ndipo chimakhala chokoma

Pokhapokha mukakwera ku mlengalenga wapamwamba

Zili ngati maloto am'mawa

Zimakhala zowala kwambiri ndi ukalamba

Chifukwa chake ndi chakuti zinthu zimawoneka zomveka bwino komanso zosiyana kwambiri

Zili ngati ulendo womwe malo ake amasintha pamene mtunda ukupitirira

Kenako mawonekedwe omwewo amasintha pamene tikuyandikira, ndi zina zotero

Moyo sukhumudwitsa anzeru

Chifukwa amachigwiritsa ntchito mwaluso ndipo amasangalala nacho

Popanda kulola kuti iwalamulire ndi kuwalanda ufulu wawo

Mwachitsanzo, amasangalala ndi madzi

Amamwa ndi kusamba mmenemo, koma salola kuti amire mmenemo.

Amasangalala ndi zovala zomwe amakonda

Popanda kutsatira kwambiri miyambo ndi zochitika zomwe zimaonedwa ngati zopanda pake

Amasangalala kudya popanda kulola kuti ulesi uwadye

Chifukwa kudya kwambiri kumawononga mphamvu

Ndipo zimawononga malingaliro

Ndipo adzawononga dziko lonselo

Ndipo, munthu ayenera kusangalala ndi moyo

Koma popanda kutopa mphamvu kudzera mu kumizidwa

kukhala bwino ndi ena

Kugwirizana kwawo sikutanthauza chilichonse

Kapena kusiya mfundo zabwino chifukwa cha iwo

Chifukwa njira iyi yopezera mgwirizano si yoyenera

Sizikugwirizana ndi choonadi

Anthu okonzanso zinthu ndi akuluakulu sanagwirizane

Ndi anthu ambiri ozungulira iwo

Komabe, adasungabe malingaliro awo abwino

Chifukwa adazindikira kuti zomwe anali kuchita

Zimenezo zinali zoonadi

Mfundoyi siyenera kusokonezedwa

Ndipo osagwiritsa ntchito zolinga zobisika kuti akwaniritse cholinga china chake

Chifukwa zimenezo siziyenera anthu otsatira mfundo za makhalidwe abwino

Ndani angakhale ndi moyo wokondweretsa Mulungu?

Musamavulaze ena, chifukwa alibe chochita kuwaopa

Choyamba, munthu ayenera kukhala mogwirizana ndi Mulungu

Kenako ndi chikumbumtima, ndipo pambuyo pake ndi anthu

Koma ngati njira imeneyi siikhutiritsa ena

Ndikokwanira kuti munthu akhale ndi mtendere mumtima mwake

Amamva mtendere wamumtima womwe umamupangitsa kuti asavomerezedwe ndi anthu

mphamvu ya maginito yauzimu

Mphamvu ya moyo ndi chikhumbo chake chofuna kutembenukira kwa Mulungu zimatchedwa mphamvu ya magnetism yauzimu, ndipo ndi mphamvu ya magnetism imeneyi moyo umakopa kwa iwo wokha madalitso, kugwedezeka kwakukulu, ndi zochitika zonse zabwino za anthu zomwe zimaukumbutsa za ubwino ndi chilungamo.

Mphamvu ya uzimu ndi mphamvu yomwe munthu amakoka ndi kudzibweretsera mabwenzi abwino, zinthu zofunika komanso zofunika, komanso chidziwitso cha zinthu mwanzeru.

Mphamvu imeneyi imachokera ku mphamvu ya Mulungu yokoka komanso yamphamvu kwambiri.

Kandulo ya Mtendere

Tengani mphika wamaganizo

Dzazani ndi mtendere wanu

Tengani botolo la malingaliro anga

Dzazani ndi chifundo chanu

Tengani dengu langa la mzimu lopanda kanthu

Dzazani ndi zipatso za nzeru zanu

Thirani madzi a chikondi chanu mu moyo wanga

Ndidzathira m'makapu a moyo waludzu

Gwetsani makoma a kudzikuza

Mundiviike m'malo anu onse

Kuwala kwa mbandakucha wa chikondi

Muloleni ayang'ane kuchokera mumtima mwanga

Zimandikumbutsa kuwala kwa dzuwa kwa chikondi chanu
Kufalikira pa thambo la moyo wanga
Kuwala kowala kwa chikondi chanu kwawala
Pa ine ndekha, ndipo ndinaunikiridwa
Kuwala kwanu kunadzaza malo anga auzimu
Inu ndinu moyo umene umachirikiza thupi langa
Ndipo mzimu umene umandilimbikitsa maganizo
Ndipo nzeru zomwe zimachotsa umbuli wanga
Ndimayatsa kandulo kakang'ono ka chikondi changa
Kuwerenga buku lagolide
Yasungidwa mkati mwanga kuyambira nthawi zakale
Chikondi chanu chinalipo ndipo chidakalipobe
Kandulo yosaoneka ya mtendere
Chimene chimachotsa mdima ndikundiwonetsa mauthenga anu
Blogu ili pamasamba a mitima
Dziko Latsopano: #Paramhansa Yogananda

Kumasulira: Mahmoud Abbas Masoud

Mukayesa zikhulupiriro zanu zauzimu, dziko latsopano lonse limatseguka Kudzidalira n'kofunika kwambiri kuti mudziwe Mulungu Mungamve ngati muli ndi chipembedzo kwambiri, ndipo maganizo anu akhoza kukhutira ndi zimenezo Koma pokhapokha ngati umunthu wanu wokha uli wotsimikiza kuti mapemphero anu akuyankhidwa mwachindunji, palibe kuchuluka kwa miyambo yachipembedzo komwe kungakupulumutseni Ngakhale kulandira yankho la Mulungu kungakhale kovuta, n'zotheka Kuti muwonetsetse kuti mwafikadi Kumwamba, muyenera kuyesa mphamvu ya mapemphero anu kuti muwayambitse Ndili mnyamata, ndinatsimikiza kuti

mapemphero anga adzayankhidwa nthawi iliyonse ndikatembenukira kwa Mulungu m'pemphero. Kutsimikiza mtima kosagwedezeka ndi njira imeneyo. Kenako mayesero aliwonse adzabwera kuti afooketse kutsimikiza mtima kwanu ndikulepheretsa chifuniro chanu, koma mphamvu ya Mulungu yoyankha ndi yopanda malire. Khama lopitirira ndipo kugwiritsa ntchito mphamvu yodzipereka nthawi zonse kudzabweretsa yankho la Mulungu.

Ndikofunikira kuphunzira njira yoyenera yoganizira bwino. Ndikofunikanso kukhala ndi nthawi yokwanira yokhala pawekha komanso yoganizira payekha. Kuyanjana ndi ena nthawi zonse kumalepheretsa kukula mwauzimu. Anthu ambiri ali ngati masiponji; amamwa chilichonse kuchokera kwa inu, ndipo nthawi zambiri simulandira chilichonse pobwezera. Inde, n'kopindulitsa kukhala ndi ena omwe ndi oona mtima komanso olimba mwauzimu. Ngati munthu aliyense akudziwa mphamvu, kuona mtima, ndi chifuniro cha mnzake, makhalidwe abwino auzimu akhoza kugawidwa pakati pawo.

Nthawi siyenera kutayidwa pazinthu zazing'ono Anthu ambiri amatanganidwa ndi zinthu zopanda phindu, ndipo ngati muwafunsa mmodzi wa iwo zomwe ankachita, amayankha kuti, "Ndinali wotanganidwa nthawi zonse!" Koma sakumbukira chilichonse chokhudza "ntchito" imeneyo! Kuphatikiza apo, zosangalatsa zambiri zimafooketsa malingaliro. Ngati muonera mafilimu tsiku lililonse, adzataya chidwi chawo ndipo mudzakhala otopa. Makanema ndi ofanana, okhala ndi maudindo osiyanasiyana: okonda, maulendo, ngwazi, oipa, ndi zina zotero. Tikhoza kusangalala kuonera nkhani ya kanema, koma moyo nthawi zambiri suli choncho. Kumbali ina, ngati moyo

ukanakhala weniweni kwambiri, ndani angafune kuwona zochitika zambiri za moyo monga momwe zilili akamapita kukapuma?

Moyo ndi wonyenga kwambiri, ndipo tiyenera kuuyandikira motere. Ngati sitiyamba tagonjetsa chinyengo chake ndi malingaliro ake onyenga, sitidzatha kuthandiza wina aliyense. Mu umoyo wokhazikika, muli fakitale ya zinthu zonse zazikulu. Kumbukirani izi. Mu fakitale yodabwitsa iyi, pitirizani kupanga mapangidwe a chifuniro chanu kuti mugonjetse zopinga zilizonse zotsutsana nanu. Phunzitsani ndi kukonza chifuniro chanu nthawi zonse. Muli ndi mwayi wosawerengeka wogwira ntchito mufakitale iyi usana ndi usiku, bola ngati simukuwononga nthawi ndi mphamvu zanu.

Usiku, ndimasiya zofuna za dziko lapansi kuti ndikhale ndekha, kutali ndi dziko lapansi, ndili ndekha mwauzimu ndi chifuniro changa. Pamenepo, ndimatsogolera maganizo anga m'njira yomwe ndikufuna ndikupanga zisankho mkati mwanga. Kenako, ndimalimbikitsa chifuniro changa kuti chichite zinthu zabwino komanso zopindulitsa zomwe zimandibweretsera chipambano. Mwanjira imeneyi, ndagwiritsa ntchito chifuniro changa moyenera nthawi zambiri. Koma izi zimachitika pokhapokha ngati ndigwiritsa ntchito chifuniro nthawi zonse.

Zidzakhala zosangalatsa kwambiri kunena ndi kutsimikiza kuti, "Chifuniro changa, chodzazidwa ndi chifuniro cha anthu onse, chidzakwaniritsa zomwe ndikufuna!" Ngati mukhala odzidalira ndikuyika chilichonse ku chifuniro cha Mulungu popanda kugwiritsa ntchito chifuniro chanu, chomwe Mulungu wakupatsani, simudzapeza zotsatira zomwe

mukufuna. Mphamvu ya Mulungu imafuna kukuthandizani yokha. Palibe chifukwa chopempherera kapena kupempha; m'malo mwake, muyenera kugwiritsa ntchito chifuniro chanu kupempha ndi kupempha—monga wolowa m'malo woyenera—ndipo kuti muchite mogwirizana ndi zimenezo. Muyenera kuchotsa m'maganizo mwanu lingaliro lakuti Mulungu, mu mphamvu Yake ndi mphamvu Zake zoposa, ali kutali ndipo ali wobisika kutali kwambiri kwa kumwamba, ndipo kuti muli nokha pakati pa nkhawa ndi zovuta za dziko lapansi lino. Kumbukirani kuti chifuniro cha Mulungu chili kumbuyo kwa chifuniro chanu chaumunthu, koma mphamvu imeneyo yamphamvu, monga nyanja yopanda malire, sidzabwera kwa inu pokhapokha ngati maganizo anu ali otseguka ndipo mtima wanu uli wolandira.

Mantha: zomwe zimayambitsa ndi chithandizo chake

Mantha ndi matenda omwe angathe kuthetsedwa ndi mankhwala enaake otchedwa bata. Kusakhazikika kwa maganizo athu komwe kumabweretsa matenda amanjenje kumachitika chifukwa cha kudzuka kosalekeza kapena kusonkhezeredwa kwambiri kwa malingaliro. Kudziyika mu nkhawa, mantha, mkwiyo, malingaliro okhumudwa, chisoni, nsanje, chisoni, chidani, mkwiyo, nkhawa, komanso kusowa zofunikira pa moyo wabwinobwino komanso wachimwemwe—monga zakudya zoyenera, masewera olimbitsa thupi oyenera, mpweya wabwino, kuwala kwa dzuwa, ntchito yoyenera, ndi cholinga chenicheni m'moyo—zonsezi ndi zinthu zomwe zimayambitsa matenda amanjenje.

Kulimbikitsa kulikonse kwamphamvu kapena kosatha kwa maganizo, maganizo, kapena thupi kumabweretsa mavuto aakulu ndipo kumasokoneza kuyenda bwino kwa mphamvu ya moyo kudzera mu mphamvu zisanu ndi mphamvu zawo. Ngati mutalumikiza babu la 50-watt ku gwero lamagetsi la 2,000-volt, babuyo lidzatha. Mofananamo, dongosolo la mitsempha silinapangidwe kuti lipirire mphamvu yowononga ya malingaliro amphamvu kapena malingaliro ndi malingaliro oipa omwe akupitilizabe.

Mantha si vuto losavuta Ndi mdani woopsa, wokhala ndi mavuto aakulu komanso zotsatira zake zazikulu. Mwakuthupi, n'kovuta kuchiza matenda aliwonse omwe amakula chifukwa cha mantha. Mwauzimu, kusalinganika kwa mphamvu zofunika m'thupi kumapangitsa kuti kuganizira mozama kapena kusinkhasinkha mozama kuti tipeze mtendere ndi nzeru zikhale zovuta kwambiri.

Mwamwayi, mantha amatha kuchiritsidwa Munthu amene akudwala matendawa ayenera kukhala wokonzeka kusanthula momwe alili ndikuchotsa malingaliro oipa ndi malingaliro oipa omwe akuwawononga pang'onopang'ono Kudzifufuza nokha pa mavuto anu ndikukhala chete nthawi zonse kumatha kuchiritsa matenda ambiri a mantha

Tikazindikira kuti maluso omwe timafunikira—kaya kuganiza, kulankhula, kumva, kapena kuchita—onse amachokera kwa Mulungu, ndipo kuti nthawi zonse amakhala nafe , kutilimbikitsa ndi kutitsogolera, timapeza ufulu nthawi yomweyo kupsinjika maganizo. Ndi kuzindikira kumeneku kumabwera kuwala kwa chisangalalo chopatulika, ndipo nthawi zina kuunikiridwa kwakukulu kumadzaza miyoyo yathu, nthawi yomweyo kuchotsa malingaliro a mantha.

Mphamvu ya Mulungu ili ngati nyanja, ikusefukira ndi kukwera, ikudutsa mumtima mwa munthu poyeretsa, kuchotsa zopinga zonse zonyenga za kukayikira, mantha, ndi mantha.

Anthu nthawi zambiri amakhulupirira kuti ndi matupi athupi chabe, koma ichi ndi chinyengo chomwe chingagonjetsedwe polumikizana ndi umunthu wawo wauzimu kudzera mu kusinkhasinkha. Kenako, adzazindikira kuti thupi ndi chinthu china koma thovu la zochita zomwe zikuyandama pa nyanja yayikulu ya chilengedwe chonse.

Munthu amene akuvutika ndi nkhawa ayenera kumvetsetsa vuto lake ndikuwunika zolakwika zomwe zimachitika chifukwa cha kusagwirizana komanso kugwirizana ndi moyo womuzungulira. Munthu amene akuvutika ndi nkhawa akavomereza, ngakhale kamodzi kokha, kuti matenda ake si achinsinsi koma ndi zotsatira zomveka za zizolowezi zake, ndiye kuti wapeza kale theka la mankhwala!

Chisangalalo chimasokoneza dongosolo la mitsempha mwa kutumiza mphamvu zambiri ku gawo limodzi la thupi ndikuchotsa ziwalo zina gawo lawo lachizolowezi.

Kusalinganika kumeneku pakugawa mphamvu ku mitsempha ndiye chifukwa ndi chifukwa cha mantha. Munthu wodekha amapewa chisangalalo chifukwa amadziwa kuti Mulungu ndiye amayendetsa ndikuwongolera moyo ndi zochitika zake, ndipo podziwa kuti (mantha amadula mitsempha), amayesa kukhalabe womasuka m'maganizo, motero amatha kukumana ndi zochitika ndi zochitika za moyo modekha chifukwa mphamvu zake zamanjenje zimakhala zolinganizika.

Pamene akukhalabe ndi maganizo anzeru komanso osasokonezeka, amamasuka ku malingaliro

onyenga a moyo ndipo amapambana chisangalalo chomwe chimabwera chifukwa cha zochitika zosangalatsa Ponena za mayesero osasangalatsa, amayesetsa kuti asawalole kuti amusokoneze mtendere wamumtima kapena kumulanda mtendere wamumtima. Ichi ndi cholinga chomwe tiyenera kuyesetsa kuchikwaniritsa.

Dongosolo la mitsempha limapereka mphamvu zofunika kwambiri ku ubongo, mtima, ndi ziwalo zina zonse. Limagawanso mphamvu ku mphamvu zisanu: kuona, kumva, kukhudza, kulawa, ndi kununkhiza. Mitsempha ndiyo njira yomwe timalankhulirana ndi dziko lotizungulira ndipo ndiye gwero la mayankho athu onse a malingaliro. Chifukwa chake, ndikofunikira kukhalabe ndi thanzi labwino m'mitsempha yathu, kupewa kudzaza gawo limodzi la thupi ndi mphamvu zambiri pamene madera ena alibe gawo lawo la chakudya chofunikira ichi. Kulinganiza m'moyo ndi kukwaniritsa zolinga zoyenera sikumapezeka chifukwa cha nkhawa kapena kukwiya, koma chifukwa cha bata ndi chikhulupiriro chozama mwa Mulungu.

Ma Yogi ali ndi njira zapadera zomwe angabwezeretsere minofu yowotcha potumiza mphamvu zofunika ku mitsempha yowonongeka pang'ono. Selo lililonse ndi minofu mu dongosolo la mitsempha ndi kapangidwe kamoyo, kanzeru. Mphamvu ya moyo iyi kapena mphamvu ili ndi mphamvu yokonzanso kapangidwe kameneko nthawi zonse, mofanana ndi kuyitanitsa batri yotha ntchito.

Pali mitundu iwiri ya mantha: maganizo ndi makina, kapena zakunja ndi zachilengedwe

Kukwiya maganizo ndi mtundu wofala kwambiri, womwe umayamba chifukwa cha kusangalala m'maganizo kapena kusokonezeka maganizo.

Kukhazikika mu mkhalidwe uwu, kuphatikizapo kuyanjana ndi anthu osalamulirika omwe sapindula ndi ubwenzi wawo kapena kupereka chilichonse chabwino, komanso zizolowezi zoipa zokhudzana ndi zakudya ndi moyo, zonsezi zimayimira milandu yosatha ya kukwiya.

Chakudya chiyenera kukhala chosavuta, chokhazikika, komanso chosagwiritsidwa ntchito mopitirira muyeso Kuchita masewera olimbitsa thupi kuyenera kuchitika nthawi zonse Kugona kwambiri kumachepetsa mitsempha, pomwe kugona pang'ono kumakhala kovulaza Koma chofunika kwambiri ndikusankha mnzanu mosamala komanso mwanzeru. Mundiuze za mabwenzi a munthu, ndipo ndikuuzeni za munthu ameneyo. Anthu odzitamandira komanso okonda kulankhula momasuka sathandiza. Tiyenera kufunafuna gulu lodzithandiza—anthu omwe amatiuza zoona ndi kutithandiza kukula. Mabwenzi abwino kwambiri ndi omwe amatipatsa malangizo modzichepetsa njira zomwe tingagwiritsire ntchito komanso zinthu zomwe tiyenera kuchita kuti tisinthe miyoyo yathu kukhala yabwino.

Kudzudzula mwankhanza, koperekedwa ndi nkhanza komanso mwankhanza, kuli ngati kumenya munthu ndi nyundo pamutu, pomwe chikondi ndi champhamvu kwambiri komanso chopindulitsa. Malangizo achifundo operekedwa ndi chikondi ndi kumvetsetsa ali ndi mphamvu zochitira zodabwitsa, pomwe kudzudzula kopweteka sikupindula kalikonse.

Munthu amakhala woyenerera kuweruza ena pokhapokha atayeretsa chibadwa chake ndikuchotsa mdima wa kusadziwa kwawo ndi kuwala kwa chidziwitso. Mpaka atafika pamlingo umenewo, ndi bwino kuti adzifufuze okha ndikuwongolera malingaliro awo m'malo modzudzula ndi kunyoza ena.

Kuyanjana ndi anthu anzeru okhala ndi mtima wodekha ndi njira imodzi yachangu komanso yothandiza kwambiri yochotsera mantha ndikupeza umunthu wathu wauzimu.

Anthu oopa mantha sayenera kusakanikirana kwambiri ndi anthu ena oopa mantha ngati iwowo

Mtendere wa mumtima uyenera kukulitsidwa kuti uthetse mantha Munthu wodekha mwachibadwa amakhala wodekha ndipo amakhalabe womasuka pazochitika zonse Salola malingaliro kuwalamulira ndikuwatsogolera kupanga zisankho zosayenera Sanyengedwa ndi mawu osalala, okoma omwe amagwiritsidwa ntchito ndi anthu okonda kupeza phindu losayenera Chifukwa cha bata lawo lachibadwa, nthawi zambiri sagwidwa ndi mabodza ndi chinyengo. Inde, mtima wawo umavumbula umunthu weniweni wa anthu omwe amachitira nawo zinthu ndipo umaulula zolinga zawo molondola kwambiri. Sawononga matupi awo ndi mkwiyo ndi mantha, zomwe zimakhudza kuyenda kwa magazi awo. Ndi mfundo yodziwika bwino kuti mkaka wa mayi wokwiya ukhoza kuvulaza mwana wake. Ndipo pali umboni wokwanira wakuti malingaliro amphamvu ali ndi mphamvu zowononga ndikuwononga thupi.

Kulinganiza bwino ndi kokongola ndipo kuyenera kukhala maziko a malingaliro athu, malingaliro athu, ndi zochita zathu, komanso maziko omwe miyoyo yathu imazungulira.

Miyoyo yayikulu imasunga bata lawo ndi mtendere wawo, zomwe zimawathandiza kupirira mayesero ndi mavuto a moyo popanda kutaya nzeru zawo kapena kulinganiza bwino.

Mulungu alipo paliponse, akuyendetsa maiko ndi kutsogolera milalang'amba m'njira zopanda malire. Ndipo anthu, olengedwa m'chifaniziro Chake, alinso

ndi mphamvu zoyendetsera moyo wawo ndikugwirizanitsa ntchito zawo popanda nkhawa kapena kusokonezeka.

Tiyenera nthawi zonse kutumiza malingaliro achikondi, ubwino, ndi mtendere kwa ena

Mu kapangidwe ka kusinkhasinkha, komwe kuwala kwa chidziwitso kumawala nthawi zonse pa guwa la nsembe la moyo, palibe nkhawa, palibe kupsinjika maganizo, palibe mantha, koma m'malo mwake mtendere, bata, kudzidalira, ndi chimwemwe chenicheni.

Mtendere ukhale pa inu

Pamene chete chinachenjeza

Pamene chete chinachenjeza

Ndikalonjeza kukhala chete

Kuti ndikhalebe mogwirizana ndi wokondedwa wanga

Ndimapuma m'manja mwake, omwe amaphatikizapo chilengedwe chonse chachikulu

Ndipitiriza kumvetsera nyimbo zake

Ndipo nyimbo za mtendere ndi chisangalalo

Kuwona zinthu zobisika ndi mawonetseredwe opatulika ndi masomphenya kwa Odziwa Zonse

Koma sindidzakuiwala

Ndidzakuyang'anirani mwakachetechete komanso mosamala

Mumayenda pamwamba panga mu udzu, m'zomera za dziko lapansi

Kapena mungandione ndikuphuka bwino pa nthambi, wobiriwira ndi masamba a mpesa

Ndidzakusamalirani ndi mtima wachikondi komanso mayi wachifundo

Kudzera mu duwa lofiira, lodzaza ndi mgwirizano

Izi zimakubweretserani chisangalalo, chimwemwe, ndi mtendere

Ndidzakukumbatira ndikukukhudza ndi mphepo yofewa

Kuti ndikupulumutseni ku mantha ndi ku mthunzi wa nkhawa

Ndipo ndimakuphimba ndi kuwala kwa dzuwa, ndikukupangitsani kumva bwino komanso mwachikondi

Pamene kusungulumwa kukulowa ndi kunjenjemera mpaka pakati

Mukayang'ana nyanja, mudzandiona m'kuya kwake

Mmodzi ndi Ambuye wanga patali ndi Mtsinje wa Nailo wa mahema

Lili ndi jini yowala komanso lapis lazuli yamtengo wapatali

Ndithudi sindilankhula koma kuchokera mumtima wozindikira

Ndipo kuchokera pansi pa mtima wanga, ngati ndikufuna, ndidzadzudzula kapena kuimba mlandu

Chifukwa cha chikondi pa iwe, ndidzakutsimikizira, ndipo ndi mtima wodzaza ndi chilakolako

Mwina mukulakalaka wolambiridwayo ndi chilakolako chonga cha mkazi wapakati

Ndikuyesani, koma ndi chiyeso chabwino

Kusangalala ndi chikondi cha Ambuye, gwero la chilakolako

Mundiiwale ngati mukufuna, koma musaiwale Wachifundo

Ngati nditagona usiku wonse ndikukuganizirani, mudzandikumbukira

Nthawi zonse!

Cholinga chachikulu cha anthu

Master Paramhansa Yogananda

Kumasulira: Mahmoud Abbas Masoud

Maluwa ndi maluwa a maluwa ndi okongola komanso okongola, koma kumbuyo kwawo kuli munda wokongola komanso wokongola kwambiri. Ngakhale kuti munda uwu ndi wowonekera bwino komanso wovuta kuuzindikira poyamba, ngati mungathe kulowa mu gawo lauzimu kudzera pachipata cha diso lauzimu, mudzatha kufufuza dziko lachilengedwe ndikusangalala ndi zodabwitsa zake.

Ndimakhala mu ufumu wofatsa umene makhalidwe abwino ndi malingaliro ofewa, okoma mtima ndi okoma kwambiri kuposa duwa lililonse la padziko lapansi kapena duwa. Pamenepo, njuchi ya m'maganizo mwanga imamwa timadzi tokoma ta kukhalapo kwa Mulungu nthawi zonse.

Tikayang'ana kwambiri mkati mwathu, ndikukhala mochulukira mu dziko lobisika limenelo mkati mwathu, timapeza kuti makhalidwe athu auzimu amakhala ndi mawonekedwe apadera omwe amagwira ntchito ngati mawindo omwe timawona kukoma kwa Mulungu komwe kumaposa kufotokoza ndi kulingalira.

Kufunafuna Mulungu sikungoganizira chabe. Khalidwe lililonse labwino komanso labwino lomwe timalionetsa m'maganizo ndi zochita zathu limakhala ngati timadzi tokoma tobisika ta kukhalapo kwa Mulungu mkati mwathu, ngati chidziwitso chathu chili chozama mokwanira.

Tikadutsa pachipata cha diso lauzimu, timaona mkati mwathu fakitale ya ntchito zofunika, zanzeru, zobisika kuseri kwa chilengedwe chonse. Chifukwa sitimayang'ana kwambiri mkati mwathu, timayima modabwa ndi kudabwa pamaso pa zizindikiro ndi zisindikizo za mzimu waumulungu m'chilengedwe. Timaona zinthu za Mulungu; Dzina lake loyera lalembedwa pa maluwa, kumwamba, ndi chilichonse, koma Iye amakhala chete.

Monga anthu, tili ndi mwayi waukulu chifukwa, pakati pa zolengedwa zonse za Mulungu, munthu yekha ndiye ali ndi luso lakuthupi, lamaganizo, ndi lauzimu komanso mphamvu zofunikira kuti amufunefune, amupeze, amudziwe, ndikumvetsetsa chilankhulo Chake ... chilankhulo cha chete.

Ndi chinthu chopindulitsa kwambiri kwa munthu kuwerenga mabuku ndi nkhani zothandiza m'malo mongotaya nthawi pa zinthu zosapindulitsa. Chofunika kwambiri kuposa kuwerenga ndi kuganizira za Mulungu, kuganizira za ukulu Wake, ndi kuyesetsa kumvetsetsa zinsinsi zopanda malire komanso zopanda malire za moyo.

Cholinga cha moyo ndi chakuti munthu adzidziwe yekha, kumva chilengedwe cha dziko lapansi chikugunda mumtima mwake, chikuyenda m'mitsempha yake, ndikudzaza umunthu wake ndi mtendere, chikondi, chimwemwe, ndi bata ndipo ndiko kupambana kwakukulu!

Monga anthu, timapita patsogolo kwambiri kudzera mu mphamvu ya kuganiza

Nthawi ina iyenera kuperekedwa tsiku lililonse kuti mukulitse luso lanu la maganizo. Kuwerenga kopindulitsa n'kofunika kwambiri kuposa kuchita zinthu zopanda pake nthawi zonse. Ndondomeko yoyenera ya tsiku ndi tsiku iyeneranso kukhazikitsidwa kuti iwonetsetse kuti zinthu zadongosolo komanso zadongosolo. Komabe, kugwiritsa ntchito nthawi mopitirira muyeso ndi njira yokhwima ndipo iyenera kupewedwa.

Kulinganiza zinthu n'kofunika kwambiri pa moyo wonse. Ndikofunikira kusunga mabuku othandiza owerengera mosavuta ndikuwerenga nthawi yopuma. Chofunika kwambiri mwa mabukuwa ndi mabuku auzimu, kutsatiridwa ndi ntchito zasayansi, mbiri yakale, nzeru, mabuku ozama, mbiri ya anthu otchuka, nkhani za maulendo, ndi china chilichonse chomwe chingakulitse tsogolo la munthu ndikupatsa chilimbikitso chachikulu.

Mabuku akhoza kukhala mabwenzi okhulupirika, ndipo kusankha zinthu zabwino kwambiri kudzabweretsa phindu lalikulu Poyamba, kumvetsetsa mfundo zazikulu za ziphunzitso zauzimu ndi malingaliro a oganiza bwino kungawoneke kovuta, koma pakapita nthawi, mudzadzipeza mukuganizira zolemba zawo ndikuchita nawo malingaliro awo. Mudzamva kuti mwapeza chinthu chamtengo wapatali, chifukwa anthu onse anzeruwo adatenga nzeru zawo ndi chidziwitso chawo kuchokera ku chuma chosatha cha nzeru za Mulungu—malingaliro omwe mwina simunawaganizirepo m'moyo wanu.

Komabe, pali ambiri omwe amawerenga nthawi zonse koma sangakupatseni chilichonse chamtengo wapatali. Njira yabwino yowerengera buku ndi kuganizira zomwe zili mkati mwake ndikuwona momwe zingagwiritsidwire ntchito pa moyo wanu. Mozindikira, simuyenera kuvomereza chilichonse chomwe mukuwerenga. Zimene mukuwerenga

ziyenera kudyetsa maganizo anu ndikukwaniritsa malingaliro anu. Kuti mabuku akhale oyenera kuwerengedwa, ayenera kulimbikitsa kuganiza kwanu, kenako mudzamva kuti maganizo anu akukula ndikukula.

chidziwitso cholunjika

Anthu amene sawerenga kapena kusinkhasinkha, koma amakhala moyo wopanda cholinga ndi tanthauzo, osakulitsa kumvetsetsa kwakukulu komanso osapeza chidziwitso chotsimikizika. Mgwirizano umatigwirizanitsa ndi mphamvu yaumulungu yomwe imalimbikitsa kuganiza kwathu ndikuwunikira malingaliro athu ndi kuwala kwa zodzoza zapamwamba. Kusinkhasinkha ndi njira yofikira munthu wapamwamba. Anthu amalakwitsa okha ngati sawerenga, koma kusinkhasinkha kuli bwino kuposa kuwerenga.

Ndimakonda kuwerenga, koma sindingathe kuwerenga masamba awiri ndisanapemphedwe kuchita china chake. Chifukwa chake, ndasintha kuwerenga ndi kusinkhasinkha. Pamene ndikulowa mkati mwa mtima wanga, kuwala kowala kumawonekera, ndipo chisangalalo chachikulu chimatuluka—chisangalalo chomwe chimanditsatira tsiku lonse. Ichi ndi chomwe ndakumana nacho m'moyo wanga, ndipo onse omwe amalankhula ndi Ambuye Wodala mumtima ndi chikhumbo cha mtima amakumana nacho.

Nthawi ndi yamtengo wapatali kwambiri moti singatayike Mulungu akufuna kuti tikhale olinganiza Aliyense amene amalola moyo wake kukhala wosalinganiza adzalangidwa ndi lamulo la dziko lonse. Ngati mumakhala moyo wosalira zambiri, mumachita masewera olimbitsa thupi tsiku ndi tsiku, muwerenga mabuku opindulitsa komanso ofunika, ndikukulitsa chizolowezi choganizira za Mulungu tsiku ndi tsiku, mphamvu zanu zidzagwedezeka ndi chisangalalo, mafunde ofunikira adzayenda m'magazi anu, ndipo maselo a thupi lanu adzadzazidwa ndi kupepuka ndi

mphamvu zomwe simunazionepo kale. Ndipo mudzalandira chidziwitso chonse chomwe mukuchilakalaka kuchokera mu mzimu womwe uli mkati mwanu.

Uwu wakhala moyo wanga nthawi zonse. Sindinawerenge mabuku makumi awiri m'zaka makumi awiri. Sindikunyadira nawo, ndipo popanda chidziwitso chauzimu chaumulungu chomwe ndinapeza kudzera mu kusinkhasinkha, ndikanakhala wosadziwa konse. Ndikayang'ana buku, ndimapeza kuti choonadi chomwe chilimo chavumbulutsidwa kale kwa ine ndi Mulungu. Malingaliro ndi choonadi chonse chopambana chimachokera kwa Mulungu, Wodziwa Zonse. Ngati musinkhasinkha pa iwo, mudzalandira nzeru Zake mwachindunji. Chifukwa chake, kuwerenga mabuku abwino ndikwabwino kuposa kuwononga nthawi pazinthu zopanda phindu, ndipo kuposa kuwerenga ndi kusinkhasinkha ndikukulitsa chidziwitso cha Choonadi Chokhachokha, chomwe ndi Mulungu.

Lamulo la Padziko Lonse ndi Kusintha kwa Chidziwitso

M'nthawi ndi malo osiyanasiyana, anthu apeza malingaliro ambiri okhudza moyo ndi moyo kudzera mu nzeru. Mwachitsanzo, munthu wa fuko losauka akamavutika ndi mutu, banja lake limakhulupirira kuti mzimu wake watuluka m'thupi lake, choncho amaitana sing'anga kuti amubwezeretse mzimuwo. Dokotalayo amapita kunkhalango kukafunafuna mzimuwo, kuupeza, kuubweretsa m'bokosi, ndikuubwezeretsa m'mutu mwa wodwalayo, ndipo mutuwo umatha malinga ndi chikhulupiriro chomwe chilipo.

Mu chikhalidwe china, "kuyetsemula" kwa munthu wodwala kumachitika poika mbedza (zitsulo zokhota zokhala ndi nsonga zakuthwa) m'thupi lake kuti mzimu wake usatuluke akayetsemula, koma ugwidwe ndi mbedzazo!

Monga momwe anthu ena afikira pamalingaliro olakwika okhudza maganizo a munthu chifukwa cha kuganiza kolakwika, ena—kudzera mu kumvetsetsa kwenikweni—apeza kumvetsetsa kosiyana, kozama, komanso komveka bwino. Tikudziwa kuti mzimu si mpweya chifukwa anthu ena akhala ali mu chikomokere kwa nthawi yayitali osapuma, zomwe zikusonyeza kuti mzimu sungathe kungokhala ndi mpweya. Mzimu umaposa mpweya ndi mkhalidwe wina uliwonse wa thupi.

Kaya munthu amakhulupirira kuti ndi mzimu kapena ayi, lamulo la chilengedwe chonse limamukakamizabe kuti awulule umunthu wake wauzimu Mosasamala kanthu za ntchito kapena udindo wake m'moyo, chidziwitso chake chimakula ndikukula nthawi iliyonse akamagwiritsa ntchito nzeru zake mwanzeru komanso mopindulitsa. Chochita chilichonse chomanga chimathandizira pakukula kwa anthu ndikukulitsa kumvetsetsa kwawo.

Koma anthu nthawi zambiri amaganiza za chinthu china akamachita chinthu, ndipo sadziwa njira yoyenera yoganizira zomwe akuchita Tiyenera kuphunzira kuganizira chinthu chimodzi nthawi imodzi ndi mphamvu zathu zonse zamaganizo Chisamaliro chathu chonse chiyenera kukhazikika pa chinthu chimodzi chokha Munthu sayenera kukhala wotopa, wopanda chidwi, kapena wosalabadira Kuchita zinthu mwaulesi komanso mosasamala kumabweretsa kutaya mphamvu, motero, kulephera ndi kusasangalala

Munthu sayenera kukhala makina ongodzipangira okha maganizo, ngati nyama yomwe imachita zinthu mwachibadwa. Ndi kulakwitsa kwakukulu kusadzidzutsa ndi kuyambitsa mphamvu zamaganizo za munthu. Mulungu watipatsa mphamvu zimenezi ndipo akufuna kuti tizigwiritse

ntchito mwanzeru komanso kuti tizidziwe bwino zonse zimene timachita.

Tiyeneranso kuganizira mosamala tisanachite chilichonse ndikugwiritsa ntchito malingaliro athu m'njira zomwe zingatithandize kukula ndikuzindikira mgwirizano wathu wofunikira ndi Mlengi Wamphamvuyonse. Chilichonse chomwe timachita chiyenera kukhazikika pa kulingalira bwino komanso kukonzekera mwanzeru.

Ndi udindo wa anthu kuyesetsa kukwaniritsa zolinga zabwino Kusamala nkhani zazing'ono komanso zopanda pake ndi kutaya mphamvu zamaganizo kopanda phindu. Udzu m'munda wa maganizo uyenera kuchotsedwa ndikukongoletsedwa ndi maluwa a chikondi cha Mulungu, kuti ukope Mulungu wokongola amene amakonda kukongola. Ngati mukufuna kuti munda wanzeru uwu upitirire kukula ndikukula m'nthaka ya nzeru, muyenera kukhala moyo wosalira zambiri ndikuumasula ku zovuta. Mwa kuchita chilichonse mosamala komanso moganizira bwino, popanda kusokonezedwa, mutha kusanthula zochita zanu, kusankha zomwe zili zofunika komanso zofunika ndikutaya zomwe zili zapamwamba komanso zosafunikira. Ntchito ikamalizidwa, malingaliro amatha kuchotsedwamo ndikugwiritsidwa ntchito kutsata zolinga zina zolenga.

Anthu ayenera kuphunzira kukulitsa chidziwitso chawo cha Mulungu, chifukwa ndi cholinga ichi chomwe adalengedwera. Analengedwa motsatira malamulo a chisinthiko kuti agwiritse ntchito mphamvu zawo zopatulika kuti apeze Mulungu. Nyama sizili ndi mphamvu imeneyi. Mphunzitsi Lahiri Mahasaya anali kugwira ntchito pa sayansi yothandiza nyama kusintha mofulumira, koma sanakhale ndi moyo kuti amalize. Inenso ndili ndi chidziwitso cha njira zina zofulumizitsira kusintha kwa zamoyo zochepa. Koma bwanji za anthu mamiliyoni ambiri omwe amakhala ndi kuchita

zinthu ngati nyama? Amakhala m'dziko lino kenako n'kuchoka osakwaniritsa cholinga chawo. Akhoza kukwaniritsa cholinga chimenecho tsopano ngati ayang'ana mphamvu zawo zamaganizo ndikuzigwiritsa ntchito moyenera.

Cholinga chokha cha moyo ndikupeza Mulungu wachikondi ndi wachifundo. Tiyenera kumupeza. Anthu amamufunafuna nthawi zonse komanso mosatopa.

"Chinthu china" chomwe akuyembekeza kuti chidzawapatsa chimwemwe chathunthu komanso chokhalitsa

Ponena za iwo amene anafunafuna Mulungu ndi kumupeza, kufunafuna kwatha chifukwa Mulungu ndiye chinthu chachikulu!

Chilengedwe chimabisa kupezeka kwa Mulungu

N’chifukwa chiyani mayesero anaperekedwa kwa anthu? Mwina kuti alakalake munthu wapamwamba kwambiri, wokopa komanso wokongola kuposa mayesero aliwonse apadziko lapansi. Misampha ndi misampha yapadziko lapansi yomwe imazungulira anthu mbali zonse si cholinga chowagwira, koma kuwalimbikitsa ndi kuwalimbikitsa kufunafuna zomwe zili kunja, ndikuwapangitsa kufunsa kuti: "Ndani analenga zinthu zonsezi? Ndani anandipanga ine? Ndine ndani? Kodi muli kuti, Ambuye wanga? N’chifukwa chiyani mwabisika kwa ine? Lankhulani nane!"

Mukayang'ana Mulungu mwachindunji ndi mafunso awa, Iye amayankha. Anthu ambiri safufuza mozama mapemphero awo kwa Iye, motero samupeza kapena kumupeza.

Tiyenera kulankhula ndi Mulungu kuchokera mumtima, m'kachisi wa moyo. Wophunzira wofunitsitsa amamuitana, nati:

"Mulungu wanga, sindingathenso kupirira kuona kukongola komwe mudalenga ndikuwonetsa m'chilengedwe, koma ndikufuna kuona nkhope yanu, yomwe ndi yofewa kuposa maluwa onse m'chilengedwe komanso yokongola kuposa nkhope zonse padziko lapansi ndikufuna kumvetsetsa zomwe zili kumbuyo kwa chilengedwe"

Ngati wina aphimba nkhope yake ndi chigoba, mungadziwebe kuti munthu alipo. Mofananamo, chilengedwe chili ngati chophimba chachikulu, chodzaza ndi kukhalapo kwa Mulungu. Mulungu alipo kuseri kwa zophimba ndi zigoba za chilengedwe, koma anthu amangoyang'ana mwachidule, ndipo amalephera kuzindikira kukhalapo kwa cholengedwa chobisika kuseri kwa zophimba za chilengedwe.

Ndikakhala chete, mopanda phokoso, ndikusinkhasinkha mosamala, ndimamva kugwedezeka kwa chisangalalo mkati mwanga ndipo ndimamva Mulungu akunena kunong'oneza kuti, "Ndili pano"

Luntha limene Mulungu watipatsa ndi chipata cholowera kumwamba: chipata chakunja cha ufumu wake Koma anthu sachigwiritsa ntchito momwe ayenera kukhalira. Sitiyenera kudikira mpaka titachoka padziko lapansi kuti tigwiritse ntchito luntha lathu kufunafuna Mulungu. Nthawi yakwana tsopano, ndipo malo alipo. Anthu amene sagwiritsa ntchito luntha lawo kufunafuna zinsinsi za moyo ndi zinsinsi za kukhalapo ali padziko lapansi sadzazipeza kwina kulikonse.

Kuzindikira Umulungu Wanu

Pali njira zingapo zopezera mzimu wa chilengedwe chonse kapena umunthu waumulungu. Kukhala chete ndi chimodzi mwa izo. Kusunga chete kumatanthauza kuletsa zilakolako zonse zomwe zimayesa kulowa mu chidziwitso kuchokera kunja, zomwe zimathandiza wofunafunayo kufufuza mkati mwake ndikukhudza tanthauzo la moyo wake.

Njira ina ndi kudzera mu chikondi cha Mulungu, kapena kulankhula ndi Mulungu kuchokera mumtima ndi chilakolako ndi kudzipereka. Kulankhula mwachidule kenako nkuiwala n’kopanda phindu ndipo sikubweretsa yankho la Mulungu. N’zovuta kupeza Mulungu chifukwa anthu ambiri saganizira kwambiri za uzimu, ndipo ngakhale njira zopempherera nthawi zambiri sizigwira ntchito chifukwa sizili ndi kuzama kokwanira komanso kudzipereka. Mapemphero ayenera kubwerezedwa mozama komanso mwachangu mpaka atafika pa chidziwitso chapamwamba. Pemphero limene moyo umayaka ndi kufunitsitsa Mulungu ndi pemphero lopambana komanso lothandiza. Muyenera kuti munapemphera motere kamodzi, mwina pamene munali kufuna kwambiri chinachake, kapena munali kusowa ndalama kwambiri ndipo munayamba kulakalaka kwambiri. Umu ndi momwe tiyenera kumverera kwa Mulungu. Tiyenera kulankhula naye, kenako tidzamupeza Iye akutimvetsera ndi kuyankha, chifukwa Iye ndi Womva Zonse, Woyankha.

Yoga ndi imodzi mwa njira zothandiza kwambiri zofikira ndi kulumikizana ndi Mulungu. Ikuphatikizapo machitidwe angapo osinkhasinkha omwe ndi asayansi komanso ogwira mtima. Anzeru akuluakulu aku India adamvetsetsa kuti malingaliro amalamula kuti pali malamulo enieni ndi njira zenizeni zofikira Mulungu, monga momwe pali malamulo enieni omwe Mulungu amalamulira ndikuwongolera zochitika za chilengedwe chonse.

Aphunzitsi aku India adapeza malamulo asayansi a yoga kudzera mu kupirira kwawo ndi kugwiritsa ntchito mphamvu zawo zazikulu zamaganizo. Yoga idzakhala imodzi mwa sayansi yofunika kwambiri yoyesera pankhani ya kafukufuku wauzimu.

Ubale woyera ndi Mulungu uyenera kuchitidwa ndi aliyense. Izi ndi zomwe akuluakulu ankachita ndi ophunzira awo m'mibadwo yonse. Sindili pano kungonena za kukoma kwa kukhalapo kwa Mulungu; cholinga changa chachikulu ndikuonetsetsa kuti ena akusangalala nako. Sindiwononga nthawi yanga. Chilichonse chomwe ndimachita ndi cha Mulungu yekha ndipo chifukwa cha ulemu wake, ndimakhudzidwa kwambiri ndi malingaliro ake kotero kuti sindimadziwa nthawi yomwe nthawi ikupita komanso kutopa kwa ntchito zanga za tsiku ndi tsiku. Ngakhale ndikamagwira ntchito, ndimamva kukhalapo Kwake.

Sindinapatukane ndi Mulungu, ngakhale kwa sekondi imodzi

Umu ndi momwe ndinkafunira ndipo ndinagwirira ntchito mwakhama

Mtendere ukhale pa inu

Mu Maziko a Kudzidziwa Wekha

Kachisi amene Mulungu amamukonda kwambiri ndi kachisi wa mtendere wamkati ndi bata kwa olambira Ake, komwe amalowa kuti aganizire ndi kulankhulana, kusiya dziko lapansi ndi zosokoneza zake zosatha Munthu akakhazikitsa kachisi wokongola ndi mtendere wauzimu mkati mwake, adzatha kumva kukhalapo kwa Mulungu ndikumva kuyandikira Kwake Apo ayi, malingaliro oipa a

dziko lapansi ndi ambiri ndipo nthawi zonse amakhalapo, ndipo nkhawa zake zimadzaza mtima.

Nthawi zina munthu amamva kukhumudwa, akuganiza kuti kwachedwa kufunafuna Mulungu. Koma malemba amatiuza kuti ngati munthu azindikira kuti dziko lino ndi lonyenga komanso losocheretsa, ndipo kuti mzimu wokha ndi wosatha komanso wosatha, ndiye kuti adzalowa m'dziko labwino atachoka padziko lapansi, ngakhale kuzindikira kumeneko kutangotsala pang'ono kufa.

Aliyense wa ife adzachotsedwa padziko lapansi posachedwa kapena mtsogolo, motero tiyenera kumvetsetsa cholinga cha moyo Cholinga chachikulu cha zomwe anthu akumana nazo m'dziko lino ndikutilimbikitsa kufunafuna tanthauzo la moyo. Sitiyenera kudabwitsidwa ndi gulu la anthu lomwe limasintha nthawi zonse. Pamene gulu la anthu likupitiriza ulendo wawo, pamapeto pake mudzazindikira kuti ndinu gawo lofunika la Mmodzi, Wamphamvuyonse. Pangani kudziwa Mulungu kukhala cholinga chanu, ndipo dziwani kuti kufunafuna chinsinsi cha moyo mozama komanso moona mtima kudzakutetezani ku mavuto ambiri ndikukupulumutsani ku mantha osiyanasiyana. Kuopa imfa, kulephera, mavuto, ndi chisoni kumadzutsa mantha akulu mkati mwa munthu. Munthu akalephera kudzithandiza yekha, ndipo banja lake ndi abwenzi ake sangakwanitse kuwapatsa chilichonse, kutaya mtima kumamugonjetsa, ndipo dziko lapansi limadetsedwa m'maso mwake. Koma palibe chifukwa chofikira pamenepo. Ngati aganiza za Mulungu m'miyoyo yawo yonse ndikupitiriza kulankhulana naye, adzamupeza pafupi nthawi zovuta komanso masiku ovuta.

Munthu wina aliyense asanakhale nafe, ndani anali nafe? Mulungu Ndipo tikachoka padziko lapansi, ndani adzakhala nafe? Mulungu osati wina Koma zidzakhala zovuta

kumuzindikira ndiye ngati sitiyesetsa kumuzindikira tsopano Ngati mufunafuna Mulungu moona mtima komanso mozama, mudzamupeza, ndipo kutsimikiza kwanu kuti Iye ali nanu nthawi zonse kudzalimbikitsidwa Nkhawa ndi zinyengo zidzakusiyani, ndipo simudzanyengedwanso kachiwiri

Chilichonse chomwe chilipo ndi chiyeso chofuna kuchotsa anthu kwa Mulungu Koma Mulungu ndi wokongola kwambiri kuposa chiyeso chilichonse cha padziko lapansi. Ngati mutamuona Iye, mudzamvetsa choonadi ichi ndikupeza Iye kudzera mu pemphero, kuganizira zauzimu, ndi kutsimikiza mtima kosagwedezeka. Kutsimikiza mtima kupeza Mulungu kuyenera kukhala kolimba. N'kovuta kuti munthu adziwe Mulungu bola ngati maganizo ake akusuntha kuchokera ku chinthu chimodzi kupita ku china ngati nthenga mumlengalenga. Mulungu akufuna kuti tibwere kwa iye, koma sitigwirizana naye kapena kumulola. Anthu amaona kuti n'kosavuta kufunafuna zosangalatsa zosakhalitsa ndikuwononga nthawi pa zosangalatsa, maphwando, ndi misonkhano yosangalatsa. Zoonadi, "Moyo wa dziko lino ndi chisangalalo ndi zosangalatsa, kudzikongoletsa ndi kudzitamandira, ndi mpikisano wowonjezera chuma ndi ana."

Ngati Mulungu apempha chinthu chimodzi, ndi chikondi cha anthu, Iye amagogoda mwakachetechete pa zitseko za mitima yathu, kutiitana kuti tibwerere kwa Iye, koma anthu ambiri safuna kubwerera. Komabe, pamene dziko lapansi ladetsedwa pamaso pawo, ndipo agwidwa mu misampha ya mavuto kapena kugwidwa ndi matenda, amafulumira kupemphera kwa Iye ndikupempha thandizo Lake. Aliyense amene amalimbitsa mgwirizano ndi mgwirizano pakati pawo ndi Mulungu nthawi ya chisangalalo ndi chitukuko adzapeza Mulungu pambali pawo akamamufuna Iye. Koma aliyense amene achedwa kulimbitsa ubale umenewo amadziimba mlandu kuti akumane ndi mavuto awo ndi kulimbana ndi

mayesero awo okha mpaka atatha—ndi nzeru ndi kudzipereka kwathunthu—kutembenukira kwa bwenzi lawo lamuyaya ndikugogoda pakhomo Lake lachisomo.

Mwa anthu ambiri, ndi ochepa okha amene amafunafuna Mulungu moona mtima. Kodi anthu amene ankaganiza kuti dziko lapansili ndi lawo zaka mazana awiri zapitazo ali kuti? Onse apita, ndipo mwina ochepa okha, amene anatembenukira kwa Mulungu ndipo anadzidziwa okha, anamvetsadi zenizeni za moyo. Komabe mbadwo uliwonse wotsatira umaona moyo umenewu kukhala weniweni!

Koma ananyengedwa ndi chinyengo monga iwowo

(Ndipo mibadwomibadwo yakhala ikunena izi!)

Pa nthawi yathu yokhala pano kwakanthawi, anthu amaika patsogolo kwambiri chowonetsera ichi. Komabe, sitiyenera kutanganidwa kwambiri nacho ndi zochitika zake zosatha, chifukwa ngati titero, tidzachoka kwa Mulungu, amene nthawi zonse amayesetsa, kudzera m'njira zambirimbiri, kuti atikokere kwa Iye yekha chifukwa cha nkhawa yake yaikulu pa ife ndi chikondi chake chachikulu pa ife. Amatipatsa zodabwitsa zonse zomwe timafuna kuziona: zodabwitsa za kukula kwa zinthu ndi dongosolo lolondola kwambiri la chilengedwe. Ali kumbuyo kwa maluwa ndi maluwa, ndipo aliyense amene amamufunafuna moona mtima adzamupeza. Asayansi achilengedwe sanapeze zomwe apeza kudzera mu pemphero lopanda umboni, koma m'malo mwake mwa kutsatira malamulo a sayansi yowona. Mofananamo, aliyense amene amagwiritsa ntchito malamulo auzimu auzimu adzapeza Mulungu pambali pawo. Nthawi yakwana yoti anthu atsegule maso awo auzimu ndikuzindikira kuti kupeza Mulungu kumafuna changu chosagwedezeka komanso kutsatira mosamala malamulo Ake.

Mayiko osiyanasiyana aphunzira zaluso ndi sayansi zosiyanasiyana. India yaphunzira luso la sayansi lodziwa Mulungu, koma ngakhale zili choncho, pali anthu ambiri onyenga ngakhale ku India, motero ndikofunikira kusiyanitsa pakati pa zabodza ndi zenizeni.

Kuyenera kukhala koyenera pakati pa chidziwitso chauzimu ndi sayansi yachilengedwe Popanda kulinganiza kumeneku, anthu ndi mitundu adzagwa pakati pa mavuto ndi chiwonongeko Ngati atsogoleri a dziko lamakono akanaunikiridwa mwauzimu ndikugwira ntchito limodzi, akanatha kuchotsa nkhondo ndi umphawi padziko lapansi mkati mwa zaka zochepa Kuzindikira zauzimu kumatanthauza kuzindikira kukhalapo kwaumulungu mkati mwa munthu mwiniwake ndi mwa zamoyo zina zonse Kuzindikira kumeneku kokha kungapulumutse dziko lapansi, ndipo popanda iko, sindikuwona chiyembekezo cha mtendere Lolani anthu ayambe okha Nthawi ndi yamtengo wapatali kwambiri kuti isawonongeke Ntchito imatikakamiza kuchita gawo lathu pobweretsa ufumu wa Mulungu padziko lapansi

Ambiri amakayikira kufunafuna Mulungu, poopa kuti moyo udzakhala wopanda chiyembekezo komanso wosasangalatsa, wopanda kukongola ndi chisangalalo Koma zosiyana ndi zimenezi! Chisangalalo chenicheni chimene iwo amene amamudziwadi Mulungu amapeza mogwirizana ndi Iye n’chosaneneka. Ndili mu chisangalalo chauzimu usana ndi usiku. Chisangalalo chimenecho ndi Mulungu, ndipo kumudziwa Iye kumatanthauza kuphimba chisoni chonse ndi kuchiika m’manda popanda chisoni.

Mulungu sapempha munthu kuti akhale wachisoni, wachisoni, wopanda pokhala, kapena wokwinya nkhope. Iyi si njira yolondola yodziwira Mulungu, komanso si njira yoyenera yopezera chiyanjo Chake. Munthu amakhala ndi

mtendere wambiri, ndipo amatha kumva kukhalapo kwa Mulungu. Chimwemwe cha munthu chimakhala chachikulu, ndipo amakhala mogwirizana ndi Mulungu. Anthu amene amadziwa Mulungu amakhala osangalala chifukwa Mulungu ndiye gwero la chisangalalo chachikulu.

Anthu amayesa kupeza chimwemwe mu mowa, kugonana, ndi ndalama, koma masamba a mbiri yakale ali odzaza ndi nkhani za ziyembekezo zawo zomwe zawonongeka ndi maloto awo osakwaniritsidwa.

Nthawi yomwe ndakhala ndikusinkhasinkha yapangitsa moyo wanga kukhala wobala zipatso kwambiri Mabotolo chikwi a vinyo sakanatha kupanga chisangalalo chomwe ndidakumana nacho posinkhasinkha. Mu chisangalalo chimenecho muli chitsogozo chaumulungu ndi nzeru. Munthu akakhala mogwirizana ndi Mulungu, ngakhale atalakwitsa mosadziwa, adzadziwa momwe angakonzere cholakwika chake, ndipo ngati apereka lingaliro lolakwika, Mulungu adzamutsogolera ndi kumuwongolera mwachikondi.

Kudikira kokwanira! Aliyense amene akumva kapena kuwerenga mawu awa amadziwa kuti ndikunena zoona. Ngati ndikanasonyeza mphamvu zonse zimene Mulungu wandipatsa, anthu akanabwera kwa ine osati chifukwa chokonda Mulungu, koma chifukwa cha zozizwitsa. Koma sindikufuna wophunzira wamba wotereyu. Ayenera kukokedwa osati ndi mphamvu, koma ndi chikondi cha Mulungu, ndipo ndicho cholinga changa m'moyo.

Ngati sindinadziwe Mulungu, sindikanalankhula motere Aliyense angamudziwe Iye ngati akufuna. Sindiyesa kukopa anthu mwa kuwakopa kuti amve maganizo awo, koma ndimalankhula ndi maganizo awo, ndikulankhula ndi malingaliro awo. Chikhulupiriro chosawona n'chopanda ntchito. Munthu ayenera kuyambitsa luso la kumvetsetsa lomwe Mulungu wawapatsa osati kulandira zinthu monga

momwe akufunira. M'malo mwake, ayenera kumvetsetsa zomwe zimayambitsa, zotsatira zake, ndi malingaliro omwe ali kumbuyo kwa zilakolako zawo zauzimu ndi machitidwe awo. Ngati ndikanakhala ndi pakamwa pa anthu ambiri, ndikanagwiritsa ntchito zonsezo kulankhula za Mulungu ndi kufunika kotembenukira kwa Iye ndi kumudziwa Iye.

Munthu sadziwa chomwe amataya potaya chidziwitso cha Mulungu, chifukwa sanamudziwepo Iye! Ndipo akangolumikizana naye, palibe mphamvu yapadziko lapansi yomwe ingamuchotsere. Cholinga changa chokha ndicho kupatsa ofunafuna moona mtima mwayi wowona Mulungu, chifukwa kuwona kuwala Kwake ndikumva chisangalalo Chake n'kofunika kwambiri kuposa chuma ndi ulemerero wonse wa dziko lapansi. Kudziwa Mulungu kumaposa chisangalalo chilichonse cha padziko lapansi. Ndipo munthu akapeza chuma chamtengo wapatali, zokhumba zonse za mtima wake zidzakwaniritsidwa. Zoonadi, Mulungu wakwaniritsa zokhumba zanga zonse, maloto, ndi zokhumba zanga zonse.

Sindikufuna zinthu tsopano chifukwa nthawi zonse zikubwera m'njira yanga Mulungu akadzipereka kwa inu, adzakwaniritsa zokhumba zanu zonse Simudzafunika kupempha chilichonse chifukwa chilichonse chomwe mukufuna chidzakhala m'manja mwanu. Koma choyamba, tiyenera kutsimikizira kwa Mulungu kuti timamufuna Iye kuposa mphatso zonse zomwe amatipatsa.

Mulungu amatiitana ndipo akufuna kuti titembenukire kwa Iye. Aphunzitsi abwino ndi apainiya omwe mapazi awo, ngati atatsatiridwa, adzatithandiza kupindula ndi chidziwitso chawo ndi zomwe akumana nazo, zomwe zimatithandiza kudziwa cholinga chathu mosavuta ndikupeza chitetezo. Monga momwe munthu angakhalire katswiri wamkulu mwa kuphunzira kuchokera kwa katswiri wamkulu, momwemonso

wofunafuna akhoza kukhala m'modzi mwa anthu auzimu akuluakulu mwa kupeza chidziwitso ndi nzeru kuchokera kwa mphunzitsi yemwe ali ndi chidziwitso chaumulungu.

Chidutswa cha malasha sichilandira kapena kuwonetsa kuwala kwa dzuwa, koma diamondi imatero. Mofananamo, maganizo ouma chifukwa cha kukayikira, kukayikira, ndi kusasamala zauzimu sangalandire kuwala kwa Mulungu. Komabe, maganizo ofanana ndi diamondi, odzazidwa ndi kuona mtima, chikhulupiriro, kupirira, ndi kutsimikiza mtima kwenikweni, amatha kulandira kuwala kwa chidziwitso cha Mulungu ndikuwonetsa nzeru zopatulika.

Kwa anthu ambiri, chipembedzo ndi mwambo wa banja, phindu la anthu, kapena mwambo wokhudzana ndi makhalidwe abwino. Sadziwa bwino tanthauzo ndi kufunika kwa chipembedzo.

Anthu amene safuna Mulungu ngati chinthu chofunika kwambiri pa moyo samvetsa tanthauzo la chipembedzo N’chifukwa chiyani anthu onse amafunafuna ndalama? Chifukwa amaona kuti n’zofunika kuti akhale ndi moyo wabwino komanso wabwino? Safunikira wina aliyense kuwaphunzitsa choonadi chodzionetsera ichi chifukwa amachidziwa bwino. Nanga n’chifukwa chiyani anthu ambiri samvetsa kufunika kodziwa Mulungu? Chifukwa alibe kuzindikira kolondola. Ndinaona m’moyo wanga woyamba kuti mayankho a zaumulungu pa mafunso ena sangabweretse chikhutiro chathunthu ku moyo pokhapokha ngati choonadi chawo chayesedwa kudzera mu chidziwitso cholunjika ndi zomwe akumana nazo.

Mwachitsanzo, pamene ndinataya amayi anga ndili mwana ndipo okondedwa anga ena anamwalira mmodzi ndi mmodzi, kupandukira moyo mwakachetechete kunabadwa mkati mwanga, ndipo palibe amene akanatha kunditonthoza kapena kufotokoza zenizeni za moyo ndi imfa. Pomaliza,

ndinaganiza kuti ndidzapeza yankho ndekha kudzera mu khama langa. Ndipo ndinalumbira izi kwa ine ndekha: "Sindidzalandira chilichonse mwachimbulimbuli, koma ndidzapeza yankho kuchokera kwa Mlengi ndi Mbuye wa chilengedwe chonsechi"

Ndinapempha Mulungu mwachindunji kuti andifotokozere zinsinsi za moyo zomwe palibe wina aliyense akanatha kundifotokozera

Ndinadabwa chifukwa chake anthu ena amabadwa osauka ndipo ena olemera, ena akhungu ndipo ena athanzi, pomwe ena sakanatha kuthetsa chinsinsi ichi chomwe chinkaoneka kuti chikutsutsana ndi chilungamo ndi chifundo cha Mulungu. Pomaliza, Mulungu ananditsogolera kwa ambuye ena aunikidwe auzimu omwe adafika pa mgwirizano waumulungu ndipo adapeza mayankho okhutiritsa a zinsinsi za moyo kudzera mu chidziwitso chawo chamkati. Pamenepo, ndinalandira mayankho okhutiritsa a mafunso anga onse ndi mafotokozedwe okhutiritsa a mafunso anga onse.

Pali anthu ambiri okonda zachipembedzo padziko lapansi. Ena amangodziwa za chipembedzo, ndipo akamayendetsedwa ndi maganizo awo, amakhala ndi mantha chifukwa cha chipembedzo. Koma kufunitsitsa kwa mtima kumadula ubale wa munthu ndi Mulungu ndipo kumabisa kuzindikira kwawo kwauzimu.

Anthu okonda zinthu zauzimu nthawi zonse amafunikira chinthu choti chiwalimbikitse ndi kuwalimbikitsa. Mukalankhula mwanzeru komanso mwanzeru, amataya chilakolako chopitiriza kukambirana ndipo amaona kuti mawu anu ndi osasangalatsa komanso osasangalatsa. Koma kulamulira maganizo a ena ndi njira yachinyengo, kunyoza nzeru za anthu, komanso kubisa choonadi chauzimu kwa iwo.

Nthawi yomweyo, palinso anthu okonda zachipembedzo omwe ali ndi malingaliro anzeru omwe amasangalala kuphunzira maphunziro osiyanasiyana a zaumulungu kapena a filosofi, akudzinyenga okha kuti ali ndi chidziwitso chopatulika chapamwamba kuposa cha malingaliro. Koma kusonkhezera nzeru ndi mtundu wina wa "kupangitsa munthu kukhala wopanda mphamvu," kapena mtundu wina wachinyengo chamaganizo chomwe sichimapatsa wofunafuna zomwe akufuna, koma chimangopambana pakukwiyitsa malingaliro awo ndikuyambitsa malingaliro awo.

Anthu okonda zachipembedzo samvetsa bwino chipembedzo; nthawi zambiri amabwerezabwereza zinthu zomwe sanazimvetse bwino komanso zomwe sanakumane nazo pa miyoyo yawo. Mukawafunsa funso lauzimu, amafulumira kutchula miyambi kapena malemba, akuyembekezera kuti musiye pamenepo chifukwa alibe mphamvu yokambirana modekha, moganizira bwino, komanso mwanzeru. Sikokomeza kunena kuti ndi anthu ongolankhula zauzimu opanda pake, ndipo kulankhula nawo n’kopanda phindu chifukwa amakhulupirira kuti amadziwa chilichonse kuyambira pachiyambi mpaka kumapeto, kuyambira A mpaka Z.

Anthu okonda chipembedzo ali otsimikiza kuti pokhapokha ngati simukhulupirira mwanjira ina, tsogolo lanu ndi chiwonongeko.

Mphunzitsi wodziwa bwino ntchito yake saphunzitsa mwanjira imeneyi Amapereka maganizo ake ndipo amachirikiza mfundo zake ndi umboni Chipembedzo chiyenera kukwaniritsa zokhumba zathu zauzimu ndikukwaniritsa zokhumba zathu osati ndi mawu koma ndi umboni wosatsutsika Sindinkafuna kukhala wolimba mtima kwambiri kotero kuti sindingathe kugwiritsa ntchito

malingaliro anga ndikuyambitsa kuzindikira kwanga Nditakumana ndi mphunzitsi wanga, Sri Yukteswar, anandiuza kuti:

"Pali aphunzitsi ambiri omwe angakufunseni kuti mukhulupirire atakuchititsani khungu ndikukulamulani kuti mutsatire malingaliro awo osati china chilichonse. Koma ndikufuna kuti mukhale otseguka m'maganizo mwanu, ndipo kuwonjezera apo, ndidzakutsegulirani diso lina, diso la nzeru."

Sri Yuktsuwar wandipatsa chiphunzitso chomwe ndingathe kuzindikira ndekha choonadi chake. Ndicho chifukwa chake ndayamba njira iyi, yomwe palibe amene angandichotse kapena kundisokeretsa.

Chinanso chopitirira muyeso ndi munthu wokonda ufulu wa anthu onse amene amatsatira chilichonse osatsatira chilichonse!

Chifukwa amadziona kuti ndi wotseguka maganizo komanso wotseguka maganizo, iye anati, "Njira zonse zauzimu ndi zabwino, kotero sindidzamangidwa ndi chilichonse mwa izo." Koma ndi ulemu wonse pa njira zonse zauzimu ndi zikhulupiriro zachipembedzo, munthu sayenera kukhala gulugufe wauzimu amene nthawi zonse amayenda ndi kuuluka mbali zonse.

Ufulu wabodza ndi kutengeka maganizo kosaona ziyenera kupewedwa, ndipo nzeru ziyenera kulandiridwa m'malo mwake kuti tipambane pa ntchito zauzimu ndikupeza cholinga cha moyo.

Kuyesetsa kulikonse komwe munthu amachita chifukwa cha Mulungu kudzawonedwa ndi Iye. Koma ngati munthu satsatira njira yopita kwa Mulungu yozikidwa pa kulingalira kolondola, kupita patsogolo kwawo kwauzimu kudzachepa.

Ofunafuna moona mtima adzapeza chidziwitso, koma iwo amene amakhulupirira ndi kupemphera mwachimbulimbuli akhoza kukhala ndi matupi ambiri asanafikire Mulungu.

Fufuzani mpaka mutapeza njira yoyenera malingaliro anu ndi malingaliro anu, ndipo pitirizani panjira imeneyo. Yang'anani zonse zomwe mukuwerenga ndikuphunzira mosamala, ndipo musavomereze mphunzitsi aliyense kapena chiphunzitso popanda kuwayesa.

Wopanga miyala yamtengo wapatali amatha kusiyanitsa miyala yamtengo wapatali yeniyeni ndi yabodza Mofananamo, mphunzitsi weniweni wauzimu amatha kusiyanitsa pakati pa ofunafuna moona mtima ndi anthu ongofuna kudziwa zinthu. Ena amalandira ziphunzitso zauzimu koma amalephera kuzigwiritsa ntchito m'miyoyo yawo. Komabe, phindu lenileni la malangizo aliwonse auzimu lili m'kutengera mzimu wake ndikugwiritsa ntchito mbali zake zothandiza pa moyo watsiku ndi tsiku. Kulankhula za chakudya kapena kungochiwona sikuthetsa njala. Munthu wanjala ayenera kudya mpaka atakhuta. Monga mwambi umanenera, "Iye amene amadya ndi mano ake amapindula yekha"

Ofunafuna zauzimu ayenera choyamba kuphunzitsidwa kudziwa Mulungu Kuyang'ana kwambiri pa ndalama kapena thanzi ndi chinthu chosokoneza cholinga. N'zoona kuti chilichonse chimachokera kwa Mulungu, koma iwo amene amafunafuna zinthu zina choyamba adzamva zofooka za zinthu zimenezo, ngakhale zitakhala zolemera kwambiri komanso zathanzi kwambiri. Aphunzitsi auzimu odziwa bwino ntchito yawo amadziwa ndi kukonda Mulungu, ndipo chilakolako chawo cha Mulungu chimaposa zilakolako zina zonse.

Mlaliki anayesa kundikakamiza kuti ndilandire malangizo ake auzimu, akundilonjeza kuti ndidzatsatira ambiri. Koma

pempho lake silinandikope chifukwa cholinga changa chokha ndi Mulungu, osati kusonkhanitsa otsatira. Aphunzitsi enieni nthawi zonse adzayesa kukulimbikitsani kuti mukhale ndi chilakolako chofuna kudziwa Mulungu; sadzakutsogolerani ku mapeto oipa.

Mzati wofunikira wa chipembedzo ndi mgwirizano ndi Mulungu Malo olambirira sayenera kukhala malo osangalalira, kuvina, kuwonera mafilimu, kapena kusonkhana pafupipafupi Zochitika zosangalatsazi zimasokoneza anthu kwa Mulungu Zosangalatsa ziyenera kusungidwa kunja kwa malo olambirira, omwe anthu ayenera kupitako pa cholinga chimodzi chokha: kulumikizana ndi Mulungu Kumva kukhalapo kwa Mulungu m'malo olambirira ndiye cholinga chachikulu chochezera malo opatulika ndi malo opatulika awa. Ichi ndi chimene ndakhulupirira ndi mtima wonse komanso chimene ndakhala ndikukhala nacho.

Ngati ndikanakuuzani za chipatso chodabwitsa chomwe ndinachipeza ndikukufotokozerani mosamala tsiku lililonse kwa chaka chonse popanda kukulolani kuti muchilawe, simukanakhutira mokwanira ndi kufunika kwake. Mofananamo, kungomva maulaliki ndi nkhani zokhudza choonadi sikungakhutiritse njala ya moyo. Anthu amene amakhutira ndi kumva popanda kuyesetsa kudziwa Mulungu amangopeza chikhutiro chabodza. Munthu ayenera kumva njala yaikulu ya Mulungu, kumufunafuna Iye modzipereka komanso moona mtima. Cholinga cha nkhani zachipembedzo, maulaliki, ndi nkhani ndikudzutsa chilakolako chauzimu chokulirapo cha Mulungu mkati mwa moyo.

Nthawi ndi nthawi, ndimakumana ndi munthu amene ndimamva kulakalaka Mulungu. Koma kudziwa Mulungu n’kofunika kwambiri kuposa pamenepo! Munthu amene

amamudziwa bwino Mulungu nthawi zina amaona chilengedwe chonse chodzaza ndi kuwala kwake—ndi chinthu chodabwitsa komanso chodabwitsa bwanji! Koma izi sizingachitike mwadzidzidzi Kudziwa Mulungu kumafuna kuchita zinthu zauzimu kwa nthawi yayitali komanso mosalekeza zomwe zimatsogolera ku chidziwitso cha Mulungu.

Chikhumbo cha chisangalalo ndicho champhamvu kwambiri kuposa zilakolako zonse. Chisangalalo chenicheni komanso chokhalitsa chimapezeka mwa Mulungu yekha. Mukazindikira kukhalapo Kwake, mumadzazidwa ndi chisangalalo chachikulu, chisangalalo chomwe simungachipeze kulikonse kapena china chilichonse. Mphunzitsi wanga, Sri Yuktiswar, anandiuza kuti:

Pamene chisangalalo chanu mu kusinkhasinkha ndi mgwirizano wauzimu chikuposa chisangalalo china chilichonse, mwapeza Mulungu. Ngati mutapatsidwa dziko lonse lapansi, simukanadziwa momwe mungachitire; mukanamva kulemedwa ndi kuda nkhawa nthawi zonse ndi chilichonse. Ngati mutadziwa miyoyo ya mafumu, apurezidenti, akalonga, ndi anthu otchuka padziko lonse lapansi, mukanapeza kuti anali osakhazikika komanso okwiya, okankhidwa uku ndi uku ndi mafunde a mavuto ndi okanthidwa ndi mphepo ya nkhawa kuchokera mbali zonse. Anakhala masiku awo ngati zidole m'manja mwa tsoka. Koma amene ali wogwirizana ndi Kuunika kwa Dziko lapansi ndi munthu wosangalala kwambiri. Ngakhale atakhala kuti alibe kalikonse, ali ndi chilichonse chifukwa ali ndi chimwemwe. Amene ali wogwirizana ndi Mulungu saopa kalikonse chifukwa Mulungu amakhala mumtima mwawo, ndipo mtima umene Mulungu amakhalamo ulibe mantha ndi nkhawa.

Malo onse olambirira ali ndi cholinga, ndipo ndichifukwa chake ndimawakonda onse Akamakhala malo olambirira Mulungu, amakwaniritsa ntchito yawo yabwino kwambiri Malo awa ayenera kukhala ngati ming'oma yodzaza ndi uchi wa chidziwitso cha Mulungu, ndipo mmenemo muli kufunika kwawo ndi kufunika kwawo Mulungu amakonda mitima yowona mtima yomwe ili yodzipereka kwathunthu kwa Iye, ndipo Iye adzayendera mitima imeneyo ngakhale eni ake akulambira panja pansi pa thambo lotseguka Anthu akasonkhana kuti alambire, ayenera kuchita zimenezi chifukwa chokonda Mulungu ndi chilakolako chofuna kumva kukhalapo Kwake Ofunafuna moona mtima sakhutira ndi ziphunzitso zokhwima, kuuma mtima, ndi kudzikuza kwa zaumulungu Chomwe chili chofunika kwa iwo ndi njira yothandiza yolumikizirana ndi Mulungu ndi kufikira

Munthu akamakonda Mulungu ndi mtima wake wonse, zochita zake zonse zimadalira choonadi, ndipo chikondi chake pa Mulungu sichidzamulola kudyera anthu masuku pamutu kapena kuwasokeretsa chifukwa cha zofuna zake zadyera.

Kaya mdima uli wozama bwanji, kuunika kumauchotsa ukayaka. Ngati tiyatsa nyali ya chikondi cha Mulungu mkati mwathu, mdima wa kusadziwa udzatha. Sayansi ya yoga yauzimu imathandiza wofunafuna kuyang'ana kwambiri Mulungu ndikuwongolera chikondi cha mtima wake kwa Iye. Imaperekanso njira yotsimikizika, yasayansi yothandiza wofunafunayo kupeza mgwirizano wopatulika wofunikira kuti akonde Mulungu kwathunthu.

Mulungu watipatsa mphamvu yokonda banja lathu ndi abwenzi athu, ndipo tiyenera kugwiritsa ntchito mphamvu imeneyo kumukonda Iye monga momwe timakondera anthu athu okondedwa kwambiri padziko lapansi. Munthu ayenera kunena kuti, "Ndimakukondani, Ambuye, monga momwe

bambo amakondera mwana wake, monga momwe wokondedwa amakondera wokondedwa wake, monga momwe bwenzi limakondera bwenzi lake. Ndimakukondani chifukwa ndinu gwero la chikondi chonse ndi zabwino zonse zomwe zilipo, ndipo chifukwa ndinu bambo anga, amayi anga, bwenzi langa, mbuye wanga, wokondedwa wanga, ndi chilichonse chomwe chilipo kwa ine."

Munthu akamakondadi Mulungu kuchokera mumtima mwake, amamva chikondi chimenecho kwa Iye usana ndi usiku.

Anthu ambiri amakutchani "wokondedwa wanga" kapena "bwenzi langa lapamtima" lero, koma amakusiyani mawa pazifukwa zina. Ichi si chikondi. Anthu omwe mitima yawo yadzaza ndi Mulungu sangavulaze aliyense. Mukakonda Mulungu mopanda malire, amadzaza mtima wanu ndi chikondi chake choyera kwa onse. Chikondi chimenecho sichingathe kufotokozedwa ndi lilime lililonse la munthu.

Munthu sangakonde Mulungu ndi mtima wonse pokhapokha atadzidziwa yekha. Kudzidziwa kumeneku nthawi zina kumachitika mosazindikira akagona tulo tatikulu pamene munthu akuzindikira za umunthu wake monga mzimu. Koma kungapezekenso kudzera mu kusinkhasinkha. Munthu akamadzidziwa yekha ngati mzimu, wapeza kuti Mulungu ali mkati. Kuwunikira kwa mwezi sikuonekera bwino m'madzi akuda kapena ogwedezeka, koma pamene pamwamba pa madzi pali bata komanso poyera, chithunzi cha mwezi chimawonekera bwino. Izi ndi zoonanso ndi maganizo: pamene maganizo ali pamtendere, mumawona bwino nkhope yonga mwezi ya moyo wanu, chifukwa miyoyo ndi ziwonetsero za Mulungu. Tikajambula—kudzera mu kusinkhasinkha—malingaliro osokonezeka ochokera m'nyanja ya maganizo, timadziona ngati chiwonetsero

choyera cha mzimu waumulungu, ndipo timazindikira kuti moyo ndi Mulungu ndi amodzi.

Yoga imatiphunzitsanso kutenga mphamvu ndi chidziwitso kuchokera m'thupi ndikuwatsogolera ku gwero lawo, lomwe ndi Mulungu. Imatiphunzitsanso kulamulira ndikusintha mphamvu ya moyo kuchokera ku chidziwitso chakuthupi kupita ku chidziwitso chaumulungu.

Munthu akamapemphera kwa Mulungu, maganizo ake ndi cholinga chake ziyenera kukhala pa Iye yekha, osaganizira china chilichonse panthawi imeneyo Mulungu amadziwa maganizo athu, ndipo tiyenera kusunga maganizo athu pa Iye panthawi yosinkhasinkha ndi kupemphera Ngati maganizo athu ayamba kuyendayenda—chomwe ndi chibadwa chawo—tiyenera kuwabwezeretsa ku cholinga ndi kuganizira mobwerezabwereza. Ndikamapemphera kwa Mulungu, maganizo anga amakhala pa Iye. Ngati mukulitsa mphamvu yachete imeneyi yoganizira, mudzapeza kuti tsiku lina, mosasamala kanthu kuti muli otanganidwa bwanji, usana ndi usiku zidzapita ndi maganizo anu ozama mwa Mulungu.

Tiyeneranso kukonda ena moona mtima. Munthu wamba sangathe kukhala ndi chikondi chamtunduwu chifukwa amakhala ndi umunthu wake wochepa ndipo chifukwa chake sanazindikire kuti Mulungu amakhala mkati mwawo ndi mwa zolengedwa zina zonse. Ndimakonda anthu ndipo ndimawachitira mofanana chifukwa onse ndi ziwonetsero zauzimu za Mulungu. Sindingaone aliyense ngati mlendo kwa ine chifukwa ndikudziwa kuti tonsefe ndife gawo la mzimu umodzi waumulungu. Mukamvetsetsa tanthauzo lenileni la chipembedzo, chomwe ndi kudziwa Mulungu, mudzazindikira kuti Iye ndiye munthu wanu wapamwamba ndipo kuti alipo mofanana komanso wopanda tsankho

m'chilengedwe chake chonse. Kenako mudzatha kukonda aliyense monga munthu wanu wapamwamba.

Sindikufuna kukopa otsatira, chifukwa chimenecho si cholinga changa m'moyo. Sizikusiyana kwa ine kaya mazana kapena zikwizikwi abwera ku maphunziro anga kapena mipando ikhale yopanda anthu. Zoonadi, ndimakonda okhulupirira ochepa oona mtima kuposa mazana ambiri a chidwi koma osakhulupirika. Cholinga changa chokha ndikuthandiza anthu kudzidziwa okha. Anthu akazindikira kuti kudziwa Mulungu ndi ntchito yopatulika komanso mwayi wauzimu, tidzaona kuwala kwatsopano padziko lapansi. Mabuku, maulaliki, ndi maphunziro sizidzakwanira kukhutiritsa wofunafuna amene akufunitsitsadi kumva kukhalapo kwa Mulungu. Koma akamvetsa choonadi, adzadziwa moyo monga momwe ulili.

Tiyenera kugwiritsa ntchito choonadi chimene timamva ndi kuwerenga kuti chisakhale malingaliro chabe koma chikhale chikhulupiriro cholimba. Kuwerenga Malemba Opatulika kuyenera kudzutsa mwa wofunafuna zauzimu chikhumbo chofuna kudziwa Mulungu. Koma palibe cholowa m'malo mwa kuganizira mozama kuti tikwaniritse cholinga chabwino chimenecho.

Chomwe chikufunikadi ndi chidziwitso chauzimu. Kugwirizana kwaumulungu kokha ndiko kungachotse kutopa kwakukulu komwe kumachitika chifukwa chosowa cholinga m'moyo. Chidziwitso chauzimu ndi chenicheni ndipo chingapezeke kudzera mu kusinkhasinkha kwa tsiku ndi tsiku. N'zotheka kudziwa Mulungu kudzera mu kusinkhasinkha. Ndipo mukakumana ndi kukhalapo Kwake, kukayikira kudzatha, mtambo wa kusadziwa udzatha, ndipo mudzamva mtendere womwe simunadziwepo kale, chifukwa mtendere waumulungu ndi wosayerekezeka.

Yakwana nthawi yoti anthu adzipezere okha choonadi. Zimene ndikukuuzani, inunso mutha kuzipeza ngati mukufuna. Ziphunzitso zimenezi zingawoneke ngati zanzeru kwa ena, koma amene amazitsatira amadziwa kufunika kwake ndipo amalandira mphotho zake.

Aphunzitsi anga ankandiuza ndi chiphunzitso chilichonse chatsopano chauzimu chomwe ndimalandira kuchokera kwa iye kuti: "Uyenera kudziwa chowonadi ichi" Ndipo ine ndinadziwa!

Nditapeza mphunzitsi wanga ndikupeza njira iyi, ndinatsimikiza kuchokera ku zomwe ndinakumana nazo kuti ndi njira yabwino yopita ku chidziwitso cha Mulungu ndi choonadi, motero ndinadzipereka moyo wanga wonse kwa iye ndikutumikira anthu.

Mtendere ukhale nanu kulikonse komwe muli m'dziko lalikulu la Mulungu

Kuwona kwa chidziwitso chauzimu

Mphunzitsiyo anauza wophunzira amene anafuna chitsogozo chake pa njira yauzimu kuti:

Musalakalake kuti anthu azikuzindikirani inu ndi zomwe mwakwaniritsa, koma funani Mulungu yekha.

Mukazindikira kuti muli mtendere mkati mwanu, mudzazindikira kuti pali mtendere ndi mgwirizano m'zonse zabwino zomwe zili m'chilengedwe.

Mudzamuona Iye mu kukongola kwa chilengedwe, mudzamva kukhalapo Kwake mu ubwenzi weniweni, ndi kulandira madalitso Ake mu zolinga zabwino ndi zolinga

zolemekezeka, zopanda zolinga zadyera. Mudzamva .kukhalapo Kwake kuseri kwa zophimba za mtendere

Ndipo mu zinthu zonse zodabwitsa

Gogodani kwambiri pakhomo ndipo chophimba chidzachotsedwa ndipo mudzawona nkhope yokongola kwambiri mu ulemerero wake wonse ndi kukongola kwake .konse

Ngati mumakonda Mulungu, mudzamva chikondi chake, ndipo palibe china chilichonse chomwe chingakunyengeni. .Zochitika zakuthupi zidzakuyesani

Chifukwa simunalawe chimwemwe chauzimu. Mukatero, .mudzadziwa kusiyana kwake

Khalani omasuka kusankha. Musalole chilichonse kukulepheretsani, ndipo musalole wina aliyense .kukulamulirani kapena kusokoneza chimwemwe chanu

Iwe mwini ndi gawo losiyana la chilengedwe chonse ndipo uyenera kupeza chinthu changwirocho kuti ukhale ndi chidziwitso chosangalatsa ndikulawa zosangalatsa za .chikondi cha Mulungu

Kutulutsa chikondi m'ndende za chidani ndi mkwiyo

Tikukupemphani, Ambuye, kuti muunikire kuwala kwanu pa miyoyo yathu

Ndipo perekani madalitso anu ambiri kwa okondedwa .anu ndi iwo amene akufuna thandizo lanu

Ndipo atichotsere ziwonetsero za nkhondo, chiwawa, ndi imfa

Ndipo tilimbikitseni kuti mtendere ukhale cholinga chathu

Ndipo chikondi ndiye chopereka chathu

Cholinga chathu ndi kumasulidwa ku zoletsa zoletsa

* * *

Ngati munthu amayesetsa kungosonkhanitsa ndalama ndikukwaniritsa zilakolako za thupi

Phindu limene amapeza ndi lochepa komanso losafunika kwenikweni

Chifukwa tsiku lidzafika pamene adzasiya zinthu zonse zapadziko lapansi

Koma ngati alemera kudzera mwa Mulungu

Adzakhala wolemera kuposa mafumu onse ndi anthu olemera padziko lapansi

Chuma chodala chimenecho chili m'manja mwa iwo amene amakonda Mulungu

Iwo amene sakhutira ndi china chilichonse kupatula kulemera kwa moyo

Pamene akuyesetsa kukulitsa zilakolako zawo zauzimu

Ndipo kuti alimbikitse chilakolako chawo cha gwero la moyo wawo

Ndipo kuuka kwa chikondi kuchokera ku kuya kwa chidani ndi njiru

Amakweza chidziwitso chawo kuposa zinthu zopapatiza za dziko lapansi

Kufikira ufulu, mtendere, kuwala, ndi chisangalalo

Amazindikira malo awo opanda malire

Amapeza malingaliro atsopano ndi chidziwitso

Ndipo pamene akufesa mbewu za malingaliro ndi zochita zabwino

Mu malo a chidziwitso chawo

Malingaliro awo atsegulidwa

Ndipo mphamvu zawo zamaganizo zimayatsidwa

Philamson, umunthu wawo weniweni

Amapeza ufumu wa Mulungu mkati mwawo

Tikupempha Mulungu Wamphamvuyonse kuti atitsogolere kuti tidzipangenso tokha

Ndipo timachotsa umunthu wathu wauzimu m'ndende za mdima

Ku malo a ufulu, bata, ndi kuwala kwa chidziwitso

Zipatso ndi ndiwo zamasamba zatsopano ndi zakudya zofunika kwambiri

Kuchokera ku nkhani yokhudza zakudya

Kutumizidwa ku Encinitas, California - June 1940

Mapuloteni a nyama si gwero lokhalo lofunikira la mphamvu

Mchere wina womwe umapezeka mu ndiwo zamasamba .ndi zipatso zosaphikidwa ndi wofunikira kwambiri

Ngakhale kuti nyama yambiri imapereka mphamvu zambiri, ngati nyama ikhala ikulamulira zakudya kwa nthawi yayitali, siidzapereka mphamvuyo. Komanso, kudya mapuloteni ambiri kungayambitse poizoni wa mapuloteni, zomwe zimayambitsa kutopa ndi matenda. Mwachidule, mapuloteni ambiri ndi owopsa monga momwe kuchepa .kwake kulili kochepa

Ngati mukufuna kuchotsa kutopa, njira imodzi ndiyo kudya zakudya zoyenera Nyama ingapereke mphamvu kwakanthawi, koma imayambitsa poizoni wambiri m'thupi. Kudya zakudya zosaphika komanso zosaphika .kumachepetsa kutopa ndikukusiyani ndi mphamvu

Madzi a zipatso ndi ndiwo zamasamba amapereka mphamvu zambiri, koma zipatso ndi ndiwo zamasamba zonse zimakhala ndi thanzi labwino kwambiri. Komabe, anthu ena safuna kupatula nthawi yowadya mwanjira .imeneyi

Thupi la m'mimba limatulutsa mankhwala ndikuwagawa .ku maselo oyenera m'thupi lonse

Thupi limapangidwa ndi zinthu zambiri za mankhwala, ndipo chakudya chiyenera kudzaza zofooka zomwe zili mu .zinthuzo tsiku ndi tsiku

Chakudya cha tsiku ndi tsiku chiyenera kukhala ndi mapuloteni okwanira, mavitamini, mchere, mafuta ndi mafuta ena, komanso chakudya chachilengedwe chokwanira, komanso kuchepetsa shuga woyengedwa bwino .ndi woyengedwa bwino momwe zingathere

Gwero lalikulu la mphamvu ndi chisakanizo cha madzi a lalanje ndi amondi odulidwa, chifukwa amondi amagayidwa .bwino akasakanizidwa ndi madzi a lalanje

Ndikofunikanso kumwa madzi ambiri Ngati madzi abwino sapezeka, madzi atsopano a zipatso, madzi a kokonati, ndi chivwende ndi zinthu zabwino kwambiri .zowonjezera komanso zolowa m'malo mwa madzi oyera

M'tsogolomu, anthu azidzamwa madzi a zipatso ndi madzi a ndiwo zamasamba pafupipafupi chifukwa cha .ubwino wa thanzi womwe madzi amenewa amapereka

Ma complements onse a inferiority ndi ma complements a superiority ndi oipa

Kudziona ngati munthu wodziona ngati wapamwamba n'koipa ngati kudziona ngati wapamwamba chifukwa munthu amene amadziona ngati wotsika sangathe kusonyeza .kupambana komwe kuli mkati mwake

Munthu, pokhala wauzimu, ali ndi mphamvu yopatulika, ndipo n’kulakwa komanso kolakwika kuganiza kuti ndi wotsika kapena kuganiza kuti ali pamwamba pa aliyense ndikuchita zinthu ngati munthu wopanda ulemu kapena .chiyambi

Munthu akasonyeza kunyada, mthunzi wakuda wa kunyada umabisa kuwala kwa Mulungu mkati mwa moyo .wake

Chifukwa chake, mfundo zonse ziwiri ziyenera kupewedwa pamodzi chifukwa zonse ziwiri ndi zopinga pa .kupita patsogolo kwauzimu

Tiyeni timve kuti Mulungu ali nafe, akutilimbikitsa ndi kutitsogolera, ndipo Iye ndiye chikondi chachikulu kwambiri .m'miyoyo yathu

Anthu amene amadziwa Mulungu amaona kuti ndi atumiki a aliyense ndipo saganiza kuti ndi abwino kuposa .ena

Kudziona ngati munthu wonyozeka kumagwirizanitsidwa ndi anthu omwe ali ndi malingaliro ofooka komanso osazindikira bwino, pomwe kudziona ngati munthu wodzikuza kumabadwa chifukwa cha kunyada koipa .komanso kudzikuza kwabodza

Mafundo onsewa amawononga kukula kwauzimu ndipo amachokera pa chinyengo ndi kunyalanyaza choonadi, osati .pa kumvetsetsa bwino ndi chiweruzo cholondola

Kudzidalira kuyenera kukulitsidwa mwa kugonjetsa zofooka za anthu zomwe munthu watengera. Anthu amene akuzifuna ayenera kuyesetsa kuona kukoma kwake kudzera mu zinthu zooneka bwino m'miyoyo yawo, motero amadzimasula ku zovuta za kudziona ngati wopanda pake .komanso wodzikuza, mothandizidwa ndi Mulungu

Chinsinsi ndi gwero la mphamvu

Thupi limafunika maola angapo kuti lisinthe chakudya kukhala mphamvu Koma chilichonse chomwe chimalimbikitsa ndi kuyambitsa chifuniro chimapanga mphamvu nthawi yomweyo

Mphamvu yofuna imatenga mphamvu kuchokera ku maselo a thupi ndi kuchokera ku malo osungira mphamvu muubongo komwe mphamvu yochokera ku chakudya imasungidwa

Chifunirochi chimatulutsanso ntchito yatsopano kuchokera ku gwero la chilengedwe kupita ku thupi kudzera .mu msana

Chifukwa chake, chinsinsi cha mphamvu chili pakusunga mphamvu zomwe munthu ali nazo ndikubweretsa mphamvu .zatsopano m'thupi kudzera mu mphamvu ya chifuniro

?Kodi zimenezo zimachitika bwanji

Choyamba, munthu ayenera kuchita zinthu mofunitsitsa komanso mwaufulu. Ngati pali chinthu chofunika kuchita, .chiyenera kuchitika mwaufulu komanso mwaufulu

Mukagwira ntchito mofunitsitsa, mumakhala ndi mphamvu zambiri chifukwa simumangotenga mphamvu

kuchokera ku mitsempha ya muubongo, komanso mumakoka kuyenda kwakukulu kwa mphamvu zakuthambo .m'thupi

Mkazi amene amakonzera wokondedwa wake chakudya chokoma amakhala ndi chimwemwe komanso mphamvu

Koma ngati akukakamizidwa kuphika zomwe iye .sakufuna, amamva kutopa kuyambira pachiyambi

Chifukwa chake, mphamvu ya chifuniro imabweretsa mphamvu

:nkhani yochepa

Nthawi ina, ndinkalankhula ndi mnzanga za oyera mtima Mnzanga anali broker, ndipo sanali ndi chidwi ndi ine. M'malo mwake, anati, "Onse amene mumawatcha oyera mtima ndi achinyengo omwe sadziwa Mulungu" Sindinatsutsane naye, koma ndinasintha nkhaniyo, ndipo tinayamba kukambirana za ntchito ya broker. Atandiuza zambiri za izi, ndinati mofatsa, "Kodi mukudziwa kuti palibe broker wodalirika amene onse ndi abodza?" Anakwiya kwambiri ndipo anayankha mokwiya kuti, "Ndipo mukudziwa chiyani za broker?" Ndinayankha kuti, "Ndicho chomwe ndimatanthauza Ndipo mukudziwa chiyani za oyera mtima?" Anasowa chonena. Ndinapitiriza modekha komanso mokoma mtima, "Sindikudziwa chilichonse chokhudza broker, ndipo "simukudziwa chilichonse chokhudza oyera mtima

Angelo a mphamvu

Mulungu anatilenga ngati angelo amphamvu

Ndipo tinayika m'matupi enieni

Tinayang'ana kwambiri matupi ofooka

Ndipo tinaiwala mzimu wauzimu wodzazidwa ndi mphamvu ya moyo wakumwamba

Tsopano tiyenera kuyesetsa kwambiri kuti tiganizire kwambiri

Kuti ndipezenso chidziwitso chonse

Muzu wa chipambano uli pakukula kwa chidziwitso chauzimu

Kudzera mwa ichi timazindikira chibadwa chathu chosaoneka ndi maso

Ndipo kuti chifaniziro cha Mulungu chili mkati mwathu

Duwa loyamba m'munda wauzimu ndi duwa la chikhulupiriro ndi chiyembekezo

Komabe, chipatsocho ndi chidziwitso chenicheni .chomwe chimapezedwa podziyesa

Khalani ndi chiyembekezo ndipo dziwani kuti zinthu zabwino ndi madalitso a moyo zikukuyembekezerani

Bola ngati mugwira ntchito moona mtima komanso modzipereka

Kubwezeretsa cholowa cha Mulungu chomwe chinatayika

Munthu wauzimu weniweni ndi munthu woganiza bwino

Munthu amene amakhutira, amakhala ndi thanzi labwino, komanso ali ndi chidziwitso chowonjezeka

Ali ndi chuma cha moyo ndi chuma cha nzeru

Ali ndi chidaliro kuti thandizo la Mulungu likubwera

Ngakhale moyo utakhala wovuta bwanji komanso momwe zinthu zilili zovuta

Nkhope ya Mulungu yavumbulutsidwa kwa ife mu kukongola kwa chilengedwe

Ndipo mawu ake amalankhula nafe kudzera mu nyimbo zofewa komanso zoyeretsedwa

Ndipo kuchokera ku mawu okoma, ofatsa a okonda

Ndipo kudzera mu mawu amphamvu a ntchito

Chilimbikitso chomwe chimatitsogolera ku ubwino ndi mtendere

Chimwemwe ndi chidziwitso ndi mawu a Mulungu

Chimene chimatiitana kuti tibwerere ku nyumba yodala

Nyumba yamtendere ndi mtendere wamumtima

Ndipo kusangalala ndi kukhalapo kwake kokoma

Ndipo kukongola kwake kosayerekezeka komanso kwapamwamba kwambiri

Dziko lapansi ndi lonyenga kwambiri, ndipo tiyenera kuliyandikira motere. Ngati sitiyamba tagonjetsa chinyengo chake ndi zinyengo zake, sitingathe kuthandiza wina .aliyense

Tiyenera kukumbukira kuti m'malingaliro okhawokha muli fakitale ya zinthu zonse zazikulu zomwe zakwaniritsidwa. Ndipo mu fakitale yodabwitsa iyi, tiyenera kupitiriza kuluka mapangidwe a chifuniro chathu kuti .tigonjetse kapena kuthana bwino ndi zovuta zonse

Chifunirocho chiyenera kuphunzitsidwa ndi kuchitidwa nthawi zonse

Munthu ali ndi mwayi wambiri wogwira ntchito mu fakitale yapadziko lapansi iyi bola ngati sataya nthawi yake .ndikuwononga mphamvu zake pachabe

Usiku ndimasiya zofuna za dziko lapansi kuti ndikhale ndi ine ndekha

Kutali, kutali ndi dziko lapansi

Ndekha ndi chifuniro changa pa ndekha mwauzimu

Kumene ndimatsogolera maganizo anga kunjira yomwe ndikufuna

Ndinapanga chisankho mozama kwambiri

Ndikalimbikitsa chifuniro changa kuti ndichite zinthu zabwino komanso zopindulitsa, zimandipangitsa kupambana. Mwanjira imeneyi, ndagwiritsa ntchito chifuniro changa moyenera kangapo. Komabe, izi zimachitika pokhapokha .ngati ndigwiritsa ntchito chifuniro nthawi zonse

Mudzakhala ndi chimwemwe chachikulu mukadzatha kunena ndi kutsimikiza kuti, "Chifuniro changa, chozikidwa pa chifuniro cha Mulungu, chidzakwaniritsa zomwe "!ndikufuna kwa ine

Ngati munthu ayamba kusasamala ndipo apereka chilichonse ku chifuniro cha Mulungu popanda kugwiritsa ntchito chifuniro chake chomwe Mulungu wamupatsa, .sadzapeza zotsatira zomwe akufuna

Mphamvu ya Mulungu ikufuna kukuthandizani yokha

Tiyenera kuchotsa m'maganizo mwathu lingaliro lakuti Mulungu, ndi mphamvu zake ndi mphamvu zake zodabwitsa, ali kutali ndi ife ndipo ali wobisika m'malo akutali a kumwamba, ndipo sitiyenera kuiwala kuti chifuniro cha Mulungu chili kumbuyo kwa chifuniro chathu chaumunthu,

koma mphamvu imeneyo yamphamvu, monga nyanja yodzaza ndi mafunde ake ndi kutambasula, sidzabwera pokhapokha ngati maganizo ali otseguka ndipo mtima uli .womvera

Pemphero

O Amayi Wachilengedwe Chonse

Kukhala lawi lokhalo m'mitima yathu

Ndipo kuchotsa mdima wa miyoyo yathu

Ndipo m'misozi yathu ya chikondi kwa inu

Sambitsani chikondi chathu pa zinthu za dziko lapansi

Ndipo tikusangalala kuvomerezana nanu

Chotsani chisoni chathu ndi chisoni chathu kamodzi kokha

Pangani mitima yathu yaying'ono kukhala mtima waukulu

Zimakwaniritsa kupezeka kwanu konse

Ndipo pagalasi la umunthu wanu waumulungu

Tiyeni tidzione tokha ngati angwiro komanso oyera

Lawi la chikondi chathu pa inu likwere pamwamba

Pamwamba pa malawi a zilakolako zapadziko lapansi

Mayesero ambirimbiri amadzibisa ngati inu

Ndipo zimatinyenga nthawi zonse

* * *

Bwerani, O chisangalalo changwiro ndi changwiro cha !Mulungu

Lowani m'makachisi omwe tikukulakalakani

Dziko lapansi likhale lamtendere

M'mapiri athu, mu usiku wamdima wa umbuli

.Iye atitsogolere ndi kutibwezeretsa bwino

!Ku malo anu otetezeka komanso otetezeka

Kunong'oneza kuchokera ku Muyaya

Chigawo choyamba cha Khayyam

Yomasuliridwa ndi Edward Fitzgerald ndipo yafotokozedwa ndi Master Paramahansa

Kutchuka kwa Omar Khayyam kumadzulo kumadalira pa kumasulira kwa Fitzgerald kwa ma quatrains ake apakati pa zaka za m'ma 1800, komwe kumaonedwa kuti ndi .kumasulira kwabwino kwambiri m'Chingelezi

Mphunzitsi Paramhansa ankaona Omar Khayyam ngati m'modzi mwa anthu odziwa zinthu zachinsinsi komanso wodziwa bwino zinthu, komanso kuti ankagwiritsa ntchito zizindikiro pofotokoza zomwe anakumana nazo mwauzimu komanso m'zochitika zake, komanso kuti sanamvetsedwe bwino, komanso kuti ofufuza sanafufuze mokwanira kuti amvetse nzeru zake zauzimu zomwe adaziyika mu ma .quatrains

Galamukani! kuti mupeze Mmawa mu Mbale ya Usiku

Waponya Mwala umene umathamangitsira Nyenyezi

Ndipo taonani, Msaki wa Kum'mawa wagwira

Turret ya Sultan mu Mzere Wowala

:Kumasulira kwa Chiarabu

Dzukani, chifukwa m'mawa mwaponya mwala m'chombo cha usiku

Kubalalitsa nyenyezi kwathunthu

Ndipo apa pali msaki wa Kum'mawa

Analanda nsanja ya Sultan

Ndi chingwe cha kuwala

:Kufotokozera ndi kutanthauzira

:Kufotokozera matanthauzo

Mmawa: Ndi mbandakucha wa kudzuka kuchokera ku moyo wonyenga wa padziko lapansi

Chotengera cha usiku: mdima wa umbuli womwe umatsekera mzimu wosafa mu chidziwitso chopapatiza komanso chocheperako cha anthu

Mwala: Kuyeretsedwa kwauzimu

Nyenyezi: Kuwala kokongola kwa zilakolako zakuthupi

Msaki wa Kum'mawa: Nzeru yamphamvu ya Kum'mawa yomwe imawononga zotsalira za zinyengo

Chingwe cha kuwala: kuwala kwa nzeru yodala, yomwe imawononga mdima wopondereza womwe umamanga ndi kumanga moyo

:Kutanthauzira

:Bata lamkati limanong'oneza kuti

Dzukani! Siyani tulo ta kusadziwa, chifukwa" mbandakucha wa nzeru wasweka. Ponyani chotengera chamdima cha zinthu zosadziwika ndi mwala wa kuyeretsa

kwauzimu kuti muchiswe ndikubalalitsa nyenyezi zowala, ".zowala za zilakolako zakuthupi zosasangalatsa

Taonani kuwala kwa nzeru za Kum'mawa, msaki ndi" wowononga zinyengo, chifukwa chagwira nsanja yayitali ya mzimu ndi chingwe cha kuwala, ndikuchotsa mdima wake ".woletsa, ndikuwuchotsa kwathunthu

Inu okhala mumzinda wa zinyengo, siyani tulo! Pakuti" kuwala kwa dzuwa kwa uthenga wauzimu wa nzeru zamkati "kwawonekera

Phunzirani momwe mungagwiritsire ntchito mwala wolimba wa kuyeretsa mwauzimu kuti muswe chidebe chamdima cha kusadziwa ndikuchotsa chilakolako cha .zosangalatsa zakuthupi kwakanthawi

Tengani phunziro kuchokera kwa msaki wa nzeru," amene nthawi zonse amafunafuna miyoyo yolakalaka kuwala ndi kufunafuna choonadi, kuti iwazungulire ndi aura ya ulemerero waulemerero ndi ulemerero wa ufulu ".wosatha

Kubwerera kwa Mwana Wolowerera

Zaka zambiri zapitazo, ndinaona mmodzi mwa ophunzira anga akuyenda mbali ina

Nditazindikira zotsatira zosapeŵeka za zochita zake, ndinayesa kumukakamiza, pogwiritsa ntchito njira zonse zomveka, kuti asiye zochita zake, koma ndinapeza kuti .sindingathe kumuthandiza

Chifukwa anali ndi cholinga chofuna kupitiriza njira yoipa

:Pomaliza, ndinadziuza ndekha kuti

"Popeza akufuna zimenezo, ndimusiya yekha"

Koma chikondi changa ndi nkhawa yanga pa iye zinabwerera mofulumira, kotero ndinakhala pansi pa mtengo wa mkuyu ndikuyamba kumuganizira

Ndi chidwi chachikulu, nthawi zonse ndinkamutumizira :uthenga wotsatira wanzeru

Mulungu wandipempha kuti ndikupempheni kuti" "musinthe maganizo anu pa zomwe mukufuna kuchita

Madzulo, ndinamva kumverera kwamphamvu m'thupi langa ndi m'maganizo mwanga kunandipangitsa .kukhulupirira kuti akubweradi

Mwadzidzidzi, "mwana wolowerera" anaonekera, :atabwerera kunyumba. Anawalandira ndi kuwerama nati

Tsiku lonse, kulikonse komwe ndinkapita ndi" chilichonse chomwe ndinkachita, ndinkaona nkhope yanu "?Kodi zimenezo zikutanthauza chiyani

Ndinayankha kuti: "Mulungu anali kukuitanani kudzera ".mwa ine. Umenewo unali pempho lake, osati langa

Chilakolako changa sichinali chochokera ku dyera, koma ndinali wotsimikiza mtima kuti sindichoka

Malo awa adzakhala otseguka mpaka mutabwerera

Kapangidwe kamtunduwu kangabweretse kusintha !kwakukulu. Ndi mphamvu yodabwitsa kwambiri

Mukakhazikitsa njira yanu ndi kusankha kupitiriza panjira yanu, muyenera kuyambitsa chifuniro chanu ndikuchita khama, ndipo mudzapeza kuti zinthu zonse za kupambana zidzabwera kwa inu kuchokera komwe .mukudziwa ndi komwe simukudziwa

Mu chifuniro chanu, chodzazidwa ndi mphamvu yaumulungu, muli yankho la mapemphero anu

Mukagwiritsa ntchito chifuniro chimenecho, mumatsegula zenera lomwe mumalandira yankho la .mapemphero anu

Zimenezo ndi zomwe ndakumana nazo. Kale ndinkayesetsa kuchita zinthu zina kuti ndiyese chifuniro changa, koma tsopano sindichita zimenezo chifukwa ndimadziwa zotsatira zake pasadakhale: chilichonse chimene ndikufuna chimakwaniritsidwa chifukwa cha .Mulungu Wamphamvuyonse

"Kuchokera m'buku lakuti "Cholinga Cha Munthu Chonse

Tiyeni tipange Mulungu kukhala mbusa wa miyoyo yathu

Ndipo kuwala kwa Mulungu ndiye msakatuli

Pa njira zamdima za moyo

Iye ndiye nyali yotsogolera usiku wa chisokonezo

Ndipo dzuwa lotsimikizika m'maola a kudzuka

Ndipo nyenyezi yotsogolera mu nyanja ya mdima wa moyo wapadziko lapansi

Tiyeni tipemphe thandizo lake ndi kufunafuna chilimbikitso chake

Chifukwa dziko lapansi lidzapitiriza kukwera ndi kutsika kwake

Zochitika zake zimakhala zodzaza ndi chisokonezo ngati mafunde amphamvu

?Kodi malangizo tidzawapeza kuti

Sizili m'makhalidwe athu osasinthasintha komanso okondera

Kapena kuchokera ku malo athu ozungulira omwe angakhudzidwe ndi zinthu zina

Kapena kuchokera kumayiko athu kapena dziko lathu lapansi

M'malo mwake, ndi mawu a choonadi chotsogolera

Kuchokera pansi pa mtima

Nthawi iliyonse ndimaganiza za Mulungu yekha

Ndinapereka moyo wanga kwa iye

Ndinapereka mtima wanga kwa Iye

Ndinamulozera chikondi changa ndi chikhumbo changa kwa iye

Sitiyenera kukhulupirira china chilichonse kupatula Mulungu

Ndipo tiyenera kukhulupirira iwo amene adzaulula kuwala kwake

Kuwala kumeneko ndiye chitsogozo changa

Ndi nzeru zanga ndi chikondi changa

Mphamvu yosagonjetseka

Ndipo choonadi chomwe sichingaposedwe

Tsopano ndi kwamuyaya

Pali anthu omwe amaganiza mopitirira muyeso kwambiri moti amakhulupirira kuti kuti apambane pa moyo wawo .ayenera kugwira ntchito ngati makina osasiya

Kumbali ina, pali anthu ena omwe ndi okhwimitsa zinthu mofanana ndi iwo, chifukwa akangoyamba kukonda zinthu

zauzimu amataya chilakolako cha zina zonse, ndipo .zimenezo ndi malingaliro olakwika

Mwachitsanzo, amakhulupirira kuti palibe chifukwa chochitira chilichonse chomwe chimafuna kulimbikira kwambiri komanso khama, ndipo amalangiza kudzimana kwambiri ndi kusiya zinthu zakuthupi. Koma khalidweli .limabisa kufooka kwa nzeru

Pansi pa chophimba cha uzimu wabodza

Ndapeza kuti aphunzitsi abwino amakonda kwambiri dziko koma sakonda chilichonse. Aphunzitsi anga akapatsidwa chinthu chokongola, ankachisamalira ndikuchiteteza, koma chikasweka kapena kuwonongeka, ankaseka nati, "Chidwi changa pa icho chinatha chifukwa chinanditengera chidwi kwambiri." Anali yekha chifukwa .anali wosiyana ndi ena

Ndimamva chimodzimodzi momwe ndimayamikirira zomwe Mulungu amandipatsa, koma sindiziphonya ngati nditazitaya

Nthawi ina, wina anandipatsa malaya okongola okhala ndi chipewa, ndipo chinali chovala chodula kwambiri chomwe ndinasangalala kuchisamalira ndikuchiteteza kuti chisang'ambike kapena kudetsedwa mpaka nditatopa nacho "!ndipo ndinati: "Mulungu wanga, sindikusowa vuto ili

Tsiku lina, ndinapita ku holo ku Los Angeles kukapereka nkhani, ndipo nditangofika ndikuyamba kuvula jekete langa, ndinamva mawu a Mulungu akunena kuti, "Tengani zinthu zonse zomwe zili m'matumba a jekete." Ndinatero

Pambuyo pa nkhaniyo, ndinabwerera ku chipinda chosungiramo malaya ndipo ndinapeza kuti malayawo - .Mulungu akutetezeni - anali atasowa

Ndinakhumudwa kwambiri ndi zimenezo, kotero wina anati, "Musakhumudwe, tikugulirani jekete lina" Ine ndinati, "Sindikukhumudwa chifukwa ndataya jekete, koma chifukwa munthu amene anatenga jekete sanatengenso chipewa ".chomwe chimagwirizana bwino ndi jekete

Sitiyenera kulola kuti malingaliro athu atilamulire Kodi munthu angakhale bwanji wosangalala ngati chomwe ?amangoganizira ndi zovala zake ndi zinthu zina

Izi sizikutanthauza kusavala zovala zoyera komanso zoyera kapena kuyeretsa ndi kukonza nyumba, koma m'malo mwake kusakonda kwambiri kapena kuganizira .kwambiri zinthu izi

Tsiku lina ndinaitanidwa ku phwando la chakudya chamadzulo ndipo chilichonse chinali chokongola komanso chokonzedwa bwino, ndinasangalala kwambiri ndi chakudya chamadzulocho, koma otilandira anali ndi nkhawa kwambiri, akuopa kuti chilichonse sichingayende monga momwe tinakonzera, ndipo chifukwa chake, anawononga .mlengalenga ndi nkhawa zawo

Anthu omwe ali ndi nkhawa kwambiri nthawi zambiri amamva nkhawa ndi kusasangalala kwa ena Chifukwa chiyani mantha ndi nkhawa zili choncho? Tiyenera kuchita zonse zomwe tingathe, kenako nkupumula ndikulola ena kupuma Tiyenera kulola zinthu kuti zichitike mwachibadwa popanda kuzikakamiza, kenako omwe ali pafupi nafe .adzapeza mtendere

Zokolola za Parmenidean

Kumbuyo kwa chifuniro cha munthu kuli chifuniro cha Mulungu ndi cholinga cha kuyenda kosatha kwa mphamvu .za chilengedwe

Ndi kusonyeza chilichonse chabwino komanso chopindulitsa pa moyo

Pachifukwa ichi, aliyense amene apitiriza kukhala wolimba mtima komanso wogwirizana ndi chifuniro chapamwamba adzapatsidwa chipambano ndi thandizo la .Mulungu

Mphamvu yofuna kukwaniritsa cholinga chenicheni ndi mphamvu ndi chikhumbo chofuna kukwaniritsa cholinga .china chake

Palibe chomwe chingachitike popanda mphamvu ya chifuniro; ndithudi, ngakhale kuyenda kosavuta sikungapangidwe m'moyo watsiku ndi tsiku popanda .kugwiritsa ntchito mphamvu ya chifuniro

Anthu ambiri amachita zinthu zosafunikira kwenikweni ndipo saika khama lawo m'njira yothandiza

Chikhumbo ndi chosiyana ndi chifuniro, ngakhale kuti chikhumbo chingakhale ngati choyambitsa chifuniro

Pofuna kukulitsa mphamvu ya chifuniro, choyamba munthu ayenera kukhala ndi kutsimikiza mtima .ndikugwiritsa ntchito kuzindikira, kuzindikira, ndi nzeru

Izi zimatsatiridwa ndi maphunziro ndikugwiritsa ntchito mwadala chifuniro kuti akwaniritse cholinga chomwe .mukufuna

Ulendo ndi khama ziyenera kupitirira mpaka cholingacho chitakwaniritsidwa

Munthu akatsimikiza mtima kukwaniritsa cholinga .chabwino, zimakhala zosayenera kusiya kuyesera

Kapena angagonjere pamavuto

Pamene chidziwitso chikugwirizana ndi chifuniro chapamwamba ndi lingaliro ndipo chifuniro chikuyang'ana pa lingaliro linalake popanda kusokoneza, mphamvu ya chifuniro idzadzazidwa ndi zochitika zakumwamba zopanda .malire komanso zosatha

Chifuniro cha munthu cholamulidwa ndi kusadziwa ndi zilakolako chimabweretsa ululu ndi mavuto kwa mwini wake

Kuti munthu asangalale ndi chisangalalo chenicheni, zilakolako zabwino ziyenera kugonjetsa zoipa, ndipo chifuniro chake chiyenera kulunjika bwino ku gwero la .choonadi ndi chiyambi cha zabwino zonse zomwe zilipo

N’chifukwa chiyani munthu ayenera kupewa kupereka umboni wabodza? Chifukwa bodza limalimbikitsa chinyengo ndi chinyengo

Kusakhulupirika ndi chimodzi mwa machimo akuluakulu m'maso mwa Mulungu. Kuimba mlandu munthu wina chifukwa chofuna kupeza phindu kapena chifukwa chofuna kubwezera ndi mtundu wina wa lumbiro lonama. Ngati aliyense akanatsatira chizolowezichi, chisokonezo ndi .chisokonezo zikanafalikira pakati pa anthu

Kumvetsera umboni wabodza wotsutsa munthu wina ndi kuvomereza mboni yabodza ndi kutenga nawo mbali mu khalidwe lake lochititsa manyazi, ndipo kumvetsera ndi kuvomereza mosakayikira kudzasanduka mkangano wamkati womwe umaswa mtendere wa moyo ndikusokoneza .mtendere wa moyo

Ngakhale zitavomerezedwa kwakanthawi, zomwe zachitikazo zidzabwerera m'mbuyo kwambiri ndikupanga kuvutika maganizo ndi kupweteka kwa maganizo komwe kumasokoneza chikumbumtima ndikumenya .chikumbumtima

Nsanje ilinso ndi zotsatirapo zoipa komanso zoopsa, chifukwa imabweretsa mavuto kwa munthu wansanje chifukwa maganizo ndi malingaliro omwe munthu .amamasula amabwerera kwa iye

Iye amene amapereka chikondi ndi kudzipereka adzalandiranso chikondi ndi kuthandizidwa mopanda tsankho, pomwe iye amene atumiza malingaliro a umbombo, kudzikonda ndi nsanje adzadzibweretsera zinthu zimenezi .mofanana

?N’chifukwa chiyani munthu sayenera kuba

Kodi dziko likanakhala bwanji ngati aliyense akanakhala ndi moyo wakuba, kuba, ndi kulanda? Zikatero, milandu yoopsa kwambiri komanso yoopsa ikanachitika. Pakanakhala nkhondo yoopsa yoteteza katundu ndi kubweza katundu .wobedwa

Kuba ndi chinthu chosemphana ndi miyambo ya anthu ndipo chimalanda ena ufulu wawo, motero n’kusemphana ndi malamulo, ndipo mabungwe alibe malo oyenera .komanso njira zothandiza zothanirana ndi olakwawo

Akuba akamatsekeredwa m'ndende, zizolowezi zawo zakale zimatha kuzika mizu, ndipo amathanso kukhala ndi zizolowezi zatsopano zoipa akamacheza ndi zigawenga zina. Ngati izi zitachitika, adzakhala ndi moyo woipa kwambiri akamamasulidwa kuposa momwe analili asanalowe .m'ndende

Tikupemphani, Ambuye, kuti mutidalitse kuti tisamve choipa, tisaone choipa, tisalankhule choipa, kapena kupuma .choipa

Sitikhudza choipa, sitimva choipa, sitiganiza choipa, kapena kulota choipa

:Mphamvu zomwe timagwiritsa ntchito tsiku lililonse

Malingaliro athu amalingaliro

ndi malingaliro athu -

ndi nzeru zathu -

Zonsezi zabwerekedwa kwa Mulungu, ndipo sitingathe .kukhala ndi moyo ngakhale sekondi imodzi popanda Iye

Komabe, pamene tikugwiritsa ntchito mphatso Zake, sitimamuganizira momwe tiyenera kumuganizira, komanso .sitimupatsa chisamaliro chomwe Iye ayenera kulandira

M'malo mwake, timatsata zosangalatsa zakuthupi ndi zolinga za dziko lapansi mogwirizana kwathunthu ndi .kulumikizana kwathunthu ndi dziko lapansi

Ichi ndiye chifukwa chachikulu cha ululu ndi kuvutika kwathu konse

Mulungu anatilenga m'chifaniziro Chake, motero sitingathe kudziwa kukoma kwa chimwemwe chenicheni pokhapokha titapeza kukhalapo Kwake mkati mwathu ndi kulawa timadzi tokoma ta chisangalalo Chake m'miyoyo .yathu

Ndipo sitingakhale ndi mphamvu yodala yofunikira kuti .tipeze, mwa kufuna, zomwe timafunikira tsiku ndi tsiku

Pokhapokha ngati titazindikira kuti Mulungu ndiye gwero la mphamvu zimenezo, tiyenera kumudalira ndi .kutembenukira kwa Iye

Ndi mitima yoyamikira madalitso onse amene Iye amatipatsa mu mtsinje wosalekeza

Ngati muyamikira, ndithudi ndidzakuonjezerani [mu zabwino]

Pamene mitima yathu idzaza ndi chiyamiko kwa Wopereka Wopatsa Kwambiri, amakhala akachisi opatulika a kukhalapo Kwake kwaulemerero, ndipo chimenecho ndicho chipambano chachikulu chomwe munthu angapeze, pakuti cholinga cha moyo ndi chakuti munthu akhale mogwirizana .ndi Mlengi wake, kuti ayandikire kwa Iye, ndi kumudziwa Iye

Funani ufumu wa Mulungu choyamba ndi chilungamo} {chake, ndipo zonsezi zidzawonjezedwa kwa inu

Mwa kukumbukira Mulungu nthawi zonse ndi kuganiza bwino za Iye, tidzazindikira kuti Iye ndi wokondedwa wathu, kuti ndife osankhidwa Ake, ndipo tili ndi gawo mu mphatso .Zake

Ufumu wa chisangalalo, chikondi, kuwala, ndi ubwino

Tikamaganizira madalitso ochuluka a Mulungu, omwe ndi mwayi waukulu wogwiritsa ntchito ufulu wosankha potsatira njira yoyenera yomwe imatsogolera ku zolinga zapamwamba ndikupeza chimwemwe chauzimu, tsiku lililonse limadzazidwa ndi chimwemwe chamkati chatsopano, ndipo timamva madzi odala akuyenda m'miyoyo yathu, kotero kuyamikira kumadzaza mitima yathu, ndipo moyo .umakhala ndi kukoma ndi tanthauzo

Munthu amene, kudzera mu kuganiza mozama, amatha kuona lamulo la Mulungu lomwe limagwira ntchito mwanjira yobisika sasiya kutamanda, kuyamika, ndi kudzichepetsa pamaso pa Iye amene chikondi chonse, chiyamiko, ndi .chiyamiko ziyenera kuperekedwa

Tiyeni tikumbukire Mulungu, gwero la zabwino zonse zomwe zilipo, ndipo tiyeni tiphatikize kukumbukira kwathu .ndi chikondi chenicheni chochokera pansi pa mtima wathu

Kwa Mulungu, amene moyo umatuluka, chikondi chimatuluka, ndipo madalitso amatuluka mosalekeza

Tiyeni tikumbukire mwachikondi onse amene anayatsa kandulo kwa anthu, kapena anabzala mbewu zabwino m'nthaka ya dziko lapansi, kapena kufalitsa malingaliro owunikira, kapena kulimbikitsa ntchito zabwino ndi khalidwe .labwino

Tiyeni titsegule mitima yathu ku chikondi, tiyeni tilole maganizo athu kulandira zodzoza zowunikira, ndipo tiyeni .tipemphe Mulungu kuti atithandize ndi kutitsogolera

Mu zomwe timaganiza ndi kuchita

Mantha amawononga mtima

Ubongo wa munthu ndi nkhokwe yaikulu ya mphamvu kapena zochita zofunika kwambiri

Ntchitoyi imagwiritsidwa ntchito nthawi zonse pakuyenda kwa minofu, kugwira ntchito kwa mtima, mapapo, ndi diaphragm, kagayidwe ka maselo, zochita za mankhwala m'magazi, komanso kugwira ntchito kwa ziwalo zomvera (mitsempha)

Kuphatikiza apo, mphamvu zambiri zofunika zimagwiritsidwa ntchito pa kuganiza, malingaliro, ndi chifuniro

Mantha amafooketsa ntchito yofunika kwambiri ndipo ndi mdani woopsa kwambiri wa chifuniro chogwira ntchito

Mantha amalepheretsa ntchito ya moyo yomwe nthawi zambiri imayenda mozungulira kupita ku mitsempha, kotero kuti imawoneka ngati yafooka, ndipo thupi limakhala lofooka ndipo mphamvu zake zimachepa kwambiri (mantha amaletsa mitsempha!)

Mantha sathandiza kuthetsa chomwe chimayambitsa mantha. Amafooketsa chifuniro ndipo amachititsa ubongo kutumiza chizindikiro cholepheretsa ziwalo za thupi. Mantha

amawononga mtima, amasokoneza kugaya chakudya, .komanso amayambitsa matenda ambiri

Ngati chidziwitso chikuyang'ana pa Mulungu, simudzaopa chilichonse ndipo mudzatha kugonjetsa zopinga zonse ndi zopinga

Ndi kulimba mtima ndi chikhulupiriro "Chokhumba" ndi chilakolako chosowa mphamvu, pomwe "cholinga" ndi kutsimikiza mtima kuchita china chake: kukwaniritsa chokhumba kapena chikhumbo. Koma "chifuniro" chingafotokozedwe mwa kunena kuti: "Ndimagwira ntchito "molimbika mpaka nditakwaniritsa zomwe ndikufuna

Mukaphunzitsa mphamvu zanu zodzifunira, mutha kumasula ndikuwongolera mphamvu zofunika pa moyo wanu, m'malo molakalaka chinthu popanda kuchita zomwe .mukufuna kuti muchipeze

Sitiyenera kutaya chiyembekezo, koma tiyenera kuzindikira kuti Mulungu amatipatsa mwayi wosintha zinthu zathu, kukweza malingaliro athu, ndikupanga zinthu .zatsopano komanso zothandiza kwa ife eni ndi ena m'moyo

Ngati sitikukhutira ndi moyo wathu, tiyenera kufufuza njira zatsopano zomwe zingatipatse chisangalalo ndi .chitonthozo cha maganizo

Tiyenera kuganizira zochita zinazake zomwe zingathandize kuti zinthu zitiyendere bwino komanso kuti .miyoyo yathu ikhale yaphindu, kenako n’kuzigwiritsa ntchito

Chofunika kwambiri ndi kusintha kwa chidziwitso kapena kusintha njira yake

Tiyenera kutsimikiza mtima kuti sitidzalola mavuto kutikhudza ndi kutisokoneza, komanso kuti sitidzalola kuti

nkhawa ziwononge miyoyo yathu, kulamulira malingaliro .athu, ndi kuwononga mlengalenga wathu

Ndipo kuti sitidzakhala ozunzidwa ndi zizolowezi zoipa ndi makhalidwe oipa, ndipo tidzakhala aufulu komanso .osadziletsa ngati mbalame zakumwamba

Palibe chifukwa choti anthu akhale chete osasintha. Zophimba za chinyengo ziyenera kuchotsedwa pa umunthu wa mzimu kuti uwonekere ndi chiyero chake ndi mphamvu zake, kuwulula ulemerero waulemu umene Mulungu wapatsa .anthu

Mulungu amadalitsa khama labwino, zolinga zoyenera, ndi kutsimikiza mtima kuti zinthu zikuyendereni bwino

Kumbuyo kwa miyoyo yathu kuli mphamvu ya Mzimu Woyera, ndipo kumbuyo kwa chifuniro chathu kuli nyanja ya .dziko lonse ya Chifuniro Cha Mulungu

Ndife gawo lofunika kwambiri la nyanja yopanda malire Tikafika kumeneko ndikusambira mmenemo, chikumbumtima chathu chimakula ndipo timamva kukula .kwathu

Kuganizira za izi kumatipangitsa kuyandikira kwa izo, ndipo kuziganizira kumatitsogolera ku izo

Kuyesetsa kosalekeza kuti tigwirizane ndi zimenezo kumatipatsa chidziwitso, kutsimikiza mtima, ndi mphamvu

Kukonzekera tsiku ndi tsiku kwa chidziwitso kumabweretsa chikondi cha Mulungu ndi madalitso akumwamba

Imayenda kwa ife popanda kusokoneza ndipo imatipatsa gawo lalikulu la chuma cha nyanja

Pali chidziwitso chaumulungu chomwe chili mkati mwa munthu aliyense, chidziwitso chomwe chikuyembekezera .mwayi wodziwonetsera

Ndipo kutuluka m'chipinda chopapatiza komanso choletsa cha ego

Monga momwe munthu amadzuka kuchokera ku maloto oopsa n’kuzindikira kuti zimene anaona zinali maloto chabe, momwemonso chidziwitso chaumulungu chimalimbikitsa munthu kudzuka kuchokera ku maloto oopsa a tulo ndi chisokonezo kupita ku chidziwitso chatsopano ndi .kumvetsetsa bwino tanthauzo ndi cholinga cha moyo

Ngati tikufuna kuona kuwala kwauzimu ndikuona kuwala .kotsimikizika, tiyenera kumvetsera mawu amkati

Timayankha ku chitsogozo chake. Tiyenera kuchotsa m'njira miyala yachinyengo ndi miyala ya umbuli yomwe imalepheretsa kupita patsogolo kwa moyo ndikulepheretsa .kuyenda kwake

Ndipo tiyeni tigogode ndi dzanja lachikhumbo pakhomo lodzuka kuchokera ku tulo ta mphwayi, kuti tipume mpweya wachimwemwe ndikubweretsa magetsi akumwamba ku .malingaliro athu onse ndi malingaliro athu onse

Ndipo ntchito zathu zonse

Tikupempha Mulungu Wamphamvuyonse kuti atsegule mawindo a chidziwitso m'maganizo mwathu, kuti atidzaze ndi kuwala kwa nzeru, kuti atizungulire ndi chikondi Chake, .ndi kuti atizingitse ndi chifundo Chake chosatha

Pakati pa anthu amene anabwera kwa ine, panali anthu amene ndinawauza kuyambira pachiyambi, moona mtima, kuti zolinga zawo sizinali zabwino, ndipo ndinawapempha .kuti asinthe zolinga zimenezo

Ena mwa iwo sanakonde zimene ndinanena, koma ena .anayankha ndipo anasintha n’kukhala abwino

Chinyengo sichibweretsa zotsatira zabwino, ndipo ngakhale anzeru kwambiri sangabise zomwe maso awo amavumbula

Mbiri yonse ya munthu imalembedwa m'maso mwake

Ngati mukufuna kudziwa umunthu weniweni wa munthu, pemphani Mulungu kuti akuwululireni umunthu weniweni wa .munthuyo

Chifukwa simukufuna kunyengedwa, mudzamva mumtima mwanu kuti ndi zenizeni ndipo malingaliro anu .sadzalakwitsa

Tikamalankhula ndi mnzathu, tiyenera kuyang'ana m'maso mwake ndikulankhula molimba mtima, motsimikiza, .komanso moona mtima

Tikagwirana chanza ndi munthu wina, tiyenera kumuwonetsa chikondi chathu ndi kudzipereka kwathu, .ndikuyesera kuwathandiza momwe tingathere

Wofunafuna chidziwitso ayenera kukhala ndi maganizo abwino ndikugwira ntchito yokulitsa mphamvu yake yauzimu; pamenepo Mulungu adzamupatsa mphamvu .yothandiza ena ndikuwatumizira kugwedezeka kodala

Nditha kuyenda kupitirira mapulaneti ndi nyenyezi zakutali, koma ndidzakhala wanu nthawi zonse. Otsatira anu angabwere ndi kupita, koma ndidzakutsagana nanu ndikukhala anu kwamuyaya. Nditha kukankhidwa uku ndi uku ndi mafunde a matupi ambiri ndikumva kusungulumwa .komanso ndekha, koma ndidzakhala wanu nthawi zonse

Dziko lapansi, lotanganidwa ndi masewera anu, lingakuyiweni, koma ndidzakukumbukirani nthawi zonse Mawu anga angazime ndipo ndingathe kulephera

Koma m'mawu a moyo wanga ndidzanong'oneza kuti: ""Ndidzakhala wanu nthawi zonse

Mayesero, matenda, ndi imfa zingandiwononge ndikuwotcha thupi langa, koma bola ngati pali chiyembekezo m'chikumbukiro changa

Yang'anani m'maso mwanga akufa chifukwa kudzera m'maso mwanga ndidzakuuzani kuti: "Ndidzakukonda kwamuyaya ndipo nthawi zonse ndidzakhala wokhulupirika "!kwa inu

Ndikukuuzani zoona kuti ndinalandira mayankho a mafunso anga onse osati kuchokera kwa anthu, koma .kuchokera kwa Mulungu, gwero la kukoma mtima konse

Ndipo gwero la chidziwitso chonse m'chilengedwe chonse

Iye ndiye yekha amene amandilimbikitsa pa moyo wanga, ndipo ndikalankhula, ndimamupempha kuti andipatse mphamvu zake, choonadi chake, chikondi chake, ndi kuwala kwake, ndimamva mafunde a chisangalalo akundizungulira chifukwa chikondi chake chachikulu chimathira mumtima mwanga ngati mphepo yofewa masiku otentha, ndipo chimathira mwamphamvu usana ndi usiku, sabata ndi sabata, chaka ndi chaka, kotero simukudziwa .komwe mapeto ali

Anthu amaganiza kuti amafunikira chikondi ndi chuma kuchokera kwa anthu, koma kumbuyo kwa chikondi chilichonse ndi kumbuyo kwa chuma chilichonse

Chikondi cha Mulungu chomwe sichisintha ndi chuma chauzimu chomwe sichingayesedwe ndi chuma cha padziko lapansi. Aliyense amene azindikira kuti Mulungu ndiye gwero la chikondi chonse, chisangalalo, ndi chisomo adzachipeza .ndipo adzasangalala nacho kwambiri

Mulungu amapereka kwa iwo amene amamuyembekezera Iye, ndi kwa iwo amene

Amamuyang'ana Iye, osati cholengedwacho

Amamuthandiza ku mavuto ndi mavuto

Ndipo amateteza zoyipa panjira

Mumtima mwake timakhala moyo wamtendere

Ndipo miyoyo yodekha imamva

Ndipo tikamufuna, amatithandiza

Ndi kukhudza komwe kumabweretsa chitonthozo ndi chisangalalo

Ndipo ubwino umatifikira ngati mvula yamphamvu

Kupezeka kwake sikutha nthawi yonse ya moyo

!Wodala ndi Wachifundo Chambiri, ndi wamkulu bwanji

Iye nthawi zonse ndi wathu, monga momwe ifenso tilili Ake

Zolimbikitsa zapamwamba

O Mulungu Mlengi

O Ambuye wa Chilengedwe Chonse

Inu amene mumayang'anira ndi kuyambitsa mapulaneti, nyenyezi, ndi milalang'amba

Lamulo lanu lolungama limalamula kuti nzika zanu zipereke ufulu wosankha, zomwe zidzawathandiza kudzikulitsa ndi kuyandikira mfundo zanu zopatulika ndi .malingaliro anu

Mwatipatsa ufulu wosatha ndipo mwabzala mbewu za chidziwitso cha anthu onse. Koma mwatsoka, tamanga chidziwitso chathu cha anthu onse kumbuyo kwa mipiringidzo ya dyera, chidani, malingaliro ochepa, ndi .kutengeka maganizo kosaona

Ambuye, tithandizeni kusungunula - ndi chikondi chathu chofunda ndi kumvetsetsana kwa abale - zopinga zonse .zopangidwa ndi ayezi ndi zopinga pakati pathu ndi ena

Tithandizeni kugwiritsa ntchito chikumbumtima chosamala ndi kuganiza bwino podziletsa komanso kuyenda .mowongoka panjira za moyo

Ndipo tidalitseni kuti tiwonjezere kulemera kwathu kwauzimu ndi chifundo chathu mwa kukulitsa bwalo la chikondi chathu cha dziko lonse kuti chiphatikizepo anthu onse okhala padziko lapansi, mosasamala kanthu za .mtundu, gulu, jenda, ndi chikhulupiriro

Ambuye wa chilengedwe chonse, tiyeni tilemekeze ndi .kuyamikira ufulu wa anthu onse obadwa mwaufulu

Ndipo tidalitseni kuti timange dziko logwirizana ndikukusankhani inu kukhala mtsogoleri wathu wauzimu wa .moyo wonse

Kuchokera pansi pa mtima

O Ambuye, lolani kuti zokhumba zanga ziwale

Kukhalapo kwanu koyera kulipo nthawi zonse

Ndamanga kachisi wa zokhumba zanga

Mu lingaliro langa lililonse

?Kodi mungandichezere

Ndipo iwe unakhala pa mpando wachifumu wa chikondi !?changa pa iwe

Maganizo anga atsatire malangizo anu anzeru

Mukhale chimwemwe chachikulu m'moyo wanga

Kuchokera pachipata choganizira za Mulungu ndi kuganizira za Iye

Ndidzalowa mu Kachisi wa Mtendere Wosatha

Lero ndidzayatsa mtolo wa ndodo zoyimira nkhawa ndi mantha

Kuunikira kachisi wa Mulungu mu moyo wanga

Ndidzafunafuna Mulungu mumtima mwanga

Ndipo ndidzapemphera modzipereka mpaka mtima wanga ukugunda ndi chikondi kwa iye

Ndipo ndimamva yankho Lake ku mapemphero anga

O, ngati kuwala kwa moyo wanga kungasakanizidwe ndi dzuwa la Mulungu

Ndipo zimawala m'maso mwa onse okonda zabwino

Ndidzathira dziko lonse lapansi losweka ndi nkhondo

Ndi malingaliro a mtendere ndi chikondi

Ndidzalowa m'malo opatulika a Mulungu

Ndipo ndimakhudza chidziwitso cha cosmic

Kudzera mu chisangalalo cha kuganizira ndi chikondi cha Mulungu

Chitetezo cha Mulungu chimandizungulira nthawi zonse komanso kwamuyaya

Ndipo kuwala kwa Mulungu kumanditsatira ndikuchotsa mdima wondizungulira

Bola ndikuyenda mu kuwala kwake kotsogolera, sindidzapunthwa

Sindidzachoka pa njira yolondola

Maganizo amoyo

O Mzimu wa Kukhalapo ndi Mbuye wa Chilengedwe Chonse

Uli kumbuyo kwa maso anga, ndipo kudzera mwa iwo ndimaona kukongola kwako kooneka

Ndipo kumbuyo kwa khutu langa, lomwe ndimamvetsera mawu osakanikirana a dziko lapansi

Ndinu amene ndili kumbuyo kwa kukhudza kwanga, komwe ndimamva zinthu m'dziko lanu lapadziko lapansi

Ndipo kupitirira chophimba cha chilengedwe chomwe chimabisa nkhope yanu yokongola

Ndikukuonani m'maso otonthoza a maluwa

Ndipo ndikukumvera kukoma kwa chakudya chopatsa thanzi

Ndikumva umunthu wanu waumulungu ndi kukoma kwanu kosatha

Mu zinthu zonse zabwino ndi zodabwitsa zomwe zilipo

Ndikupemphera kwa Inu, Ambuye, ndipo Inu muli kumbuyo kwa mawu anga onjenjemera

Ndipo kumbuyo kwa malingaliro anga, komwe ndimapemphera nako

Ndinu opambana malingaliro anga akuya kwambiri

Kupitirira malingaliro anga opatulika ndi zolinga zanga ndi kulakalaka kwanga kwa inu

Inu ndinu woposa malingaliro anga ndipo muli woposa !chikondi changa chachikondi

O, ngati mungatuluke m'mbuyo mwa zophimba za malingaliro a anthu

Ndipo malo okongola achilengedwe

Tsegulani maso anga auzimu kuti ndikuoneni momwe !mulili

Moyo wopanda Mulungu ndi wosakwanira

Tikalumikizana ndi Mulungu, kumvetsetsa kwachilengedwe kudzatilimbikitsa ndi kutitsogolera pa .chilichonse chomwe timachita

Tiyenera kukhala ndi mphamvu yodalayo mwadala; mphamvu imeneyo ili mkati mwathu; tiyenera kungoivumbulutsa

Mudzapeza kuti mphamvu imeneyi ikugwira ntchito pa chilichonse kuti zinthu zikuyendereni bwino ndikupangitsani kukhala kosavuta. Mukalumikizana ndi mphamvu iyi, moyo wanu udzadzaza ndi mphamvu zakuthambo, ndipo malingaliro anu adzakhala oyeretsedwa, olunjika, akuthwa, komanso olowa mkati. Mudzazindikira kuti miyoyo yanu ndi zotengera za choonadi cha Mulungu chamoyo ndi nzeru zake .zosatha

Mulungu ndiye gwero la thanzi, chitukuko, nzeru, ndi chisangalalo chosatha. Tikalumikizana ndi Iye, miyoyo yathu .imakhala yathunthu komanso yokhutiritsa

Moyo wopanda Mulungu ndi wosakwanira Tiyenera kuganizira za mphamvu yaikulu imene imatipatsa moyo, .mphamvu, ndi nzeru

Tiyenera kupemphera kuti choonadi ichi chilowe m'maganizo mwathu, mphamvu iyi ilowe m'matupi athu, ndi .chimwemwe chosatha ichi chilowe m'miyoyo yathu

Kumbuyo kwa mdima wa maso otsekedwa kuli mphamvu zodabwitsa za chilengedwe chonse, ndi miyoyo yonse yabwino ndi mizimu yabwino

Ndipo thambo lopanda malire la mipiringidzo ya mzimu

Ngati musinkhasinkha, mudzazindikira choonadi chenicheni ndipo mudzaona ntchito yake yodabwitsa m'miyoyo yanu komanso m'zonse zodabwitsa komanso .zaulemerero m'chilengedwe

Pa njira zolakalaka

Mulungu akundiitana

Kudzera m'miyoyo yotseguka

Ndipo mitima yokoma mtima ikugwa ndi chikondi

Ndipo ndi wodzaza ndi chikhulupiriro

Ntchito iliyonse yabwino yochitidwa ndi wophunzira

Kudziwa kwake kuli pafupi kwambiri

Kuchokera pamalire a chidziwitso cha chilengedwe

Ndiloleni ndilowe mkati, Ambuye

Kuti ndione kukongola kwanu kwaumulungu

Ndipo ndadalitsidwa kuwona magetsi anu owala

Ngati moyo wanga ukutsogozedwa ndi nzeru zanu zaumulungu

Chifukwa chake, khama langa lidzapambana

Sindidzasochera

Ndidalitseni, Ambuye, kuti masomphenya anga akhale omveka bwino

Moyo wanga watsukidwa

Kenako anaona dzuwa lotsimikizika

Ndipo ndikusangalala kudziwa zoona

Lero ndidzaiwala mavuto anga akale

Ndidzakumana ndi za pano ndi zamtsogolo

Ndi kulimba mtima ndi chidaliro, ndi thandizo la Wamphamvuyonse

Ndidzapatsa thupi langa mphamvu ya chilengedwe

Ndipo ndimatsuka thupi langa ndi kuwala kochiritsa kwa chidziwitso chaumulungu

Monga nebula ya cosmic

Mtendere umadzaza chikumbumtima changa

Ndipo anamva kukhalapo kosatha kwa Mulungu

Ambuye, unikirani nzeru zanga

Dzazani chotengera changa chamaganizo

Ndi kumvetsetsa ndi chidziwitso

Kuwala kwa chikondi chanu kuwale

Pa njira za moyo wanga

Mu zilumba za Blue Islands

Kuchokera pa khonde langa, ndinayang'ana kumadzulo, ndipo ndinakwera pamapiko a malingaliro kupita kugombe lakutali. Kumanja ndi kumanzere kwanga, ndinawona mapiri awiri omwe posakhalitsa anasintha mtundu wofiirira .wodabwitsa

Pamene ndinayang'ananso, dzanja losaoneka linali litawaphimba ndi chophimba cha buluu wozama. Kumbuyo kwanga kunali mzinda wa Guadalajara, wodzaza ndi mdima. Thambo lakum'mawa tsopano linali lofiirira pang'ono. Ndikuyang'ana patsogolo, maso anga anaona mzinda wamatsenga wa zilumba zabuluu ukuyandama m'nyanja .yagolide

Mu chilumbachi cha zilumba zabuluu zodabwitsa, phiri lalikulu la miyala ya laimu yabuluu, lozunguliridwa ndi mitambo yoyera ngati phiri lamoto lomwe limatulutsa magiya a chiphalaphala chofiira chagolide, chotsetsereka ngati utawaleza ku nyanja yabata. Malawi amphamvu .agolide anaphimba zilumba zabuluu ndi kuwala kowala

Nsonga yabuluu ndi korona wake woyaka moto zinkaoneka ngati mapasa pamwamba pa nyanja yagolide yopanda phokoso. Ndipo kudzanja lamanja, nyanja yaying'ono, yabata inali kunyezimira, yokhala pa chifuwa cha chimodzi mwa zilumba zabuluu ngati mwezi wathunthu .ukusambira pakati pa mafunde a mitambo

Ndinayendayenda kwa nthawi yayitali mumzinda wa kulowa kwa dzuwa ndi mitambo yonga ngati chizimezime, ndikuyandama pamwamba pa nyanja ndi kuwala kwake kofewa kwagolide. Ndipo madzi agolide amenewo odzaza ndi

ayezi ofiira anali okongola bwanji omwazikana mbali zonse .mpaka kumalire a muyaya

Ndinkaganiza kuti zolengedwa za kuwala zinali miyoyo yabwino padziko lapansi, ndipo atapambana mayeso onse a moyo, analoledwa kusangalala ndi kukwaniritsa maloto awo .momwe amafunira

Tsiku lililonse dzuwa likamalowa, zamoyo zimenezo zinkakulitsa maloto awo akumwamba m'mizinda yozungulira .nyanja ndi nyanja zagolide

Kumeneko ndi kumbuyo kwa chisoni ndi kupitirira misampha ya dziko lapansi lino ndi masoka ake onse ndi ululu wake

Kumeneko, kupitirira zokhumudwitsa, zamoyo zimenezo zinapuma magetsi ofiira, zinamwa kuwala kwa lalanje, zinachoka, zinayandikira, zinayendayenda, ndi kusambira .pakati pa magetsi amitundu yosiyanasiyana

Apa, zamoyo zimenezo zinkakwaniritsa maloto awo nthawi yomweyo ndikuwonetsa maloto awo momwe zingafunire, kenako n’kusungunuka ndi kuzimiririka mwa .kufuna kwawo

Apa anasangalala ndi chuma cha kukhutira ndi kukhutitsidwa, ndipo mowolowa manja anakwaniritsa maloto a onse omwe adamuchezera m'dziko lake lodabwitsa .komanso lamatsenga

Apa, sanakakamizike kudikira ndi kukhumba ngati anthu kuti maloto ake akwaniritsidwe ndi kuti zofuna zake zikwaniritsidwe, koma analota monga momwe anafunira ndipo anakwaniritsa maloto ndi zofuna zonsezo mwa kufuna .kwake

Mzinda umenewo womwe umalowa m'zilumba za Maloto unali umodzi mwa maloto anga omwe anali m'maganizo mwanga, ndipo lero wakwaniritsidwa m'njira zonse!

Zoonadi, ndaona chuma chobisika ndi chuma cha moyo wanga, ndipo kuwala kwawo kwandikhudza kwambiri ndipo kuwala kwawo kwandidabwitsa!

Paramehansiat: Ma Spectrum a Chisangalalo Chaumulungu

Kudzichepetsa, Ambuye, ndiyo njira yotsimikizika kwambiri

Kulandira mvula ya chifundo chanu chaumulungu

Ndidzadalira chilungamo chanu cha Mulungu ndi mfundo za choonadi

Kuzindikira kuti mukuyankha kuyitanidwa kwa chikondi ndi zokhumba za mtima

Mogwirizana kwambiri ndi chifuniro chanu chonse

Ndipo ndi chikhulupiriro changa chonse mwa inu

Ndilandira thandizo lanu ndipo ndidzakhala pafupi nanu

Lero ndichita ntchito yanga kwa inu

Monga momwe ndimakwaniritsira maudindo anga kudziko lapansi

O wokondedwa kwambiri

Ndiwe mawu omveka bwino omwe amamveka m'malo opatulika a mitima

Ndipo ndinu mawu a malingaliro omwe makutu sangathe kumva

Kudalitsidwa ndi chikondi chanu ndi kwakukulu kwambiri

Kuchokera ku malingaliro onse a dziko lapansi

Ndipo ulemerero wonse wa padziko lapansi

Ndi chikhulupiriro changa chonse mwa inu

Ndikuona mithunzi ya matenda ikutha ndipo ikutha popanda kubwerera

Ndidzakuonani, Ambuye, kuchokera m'mawindo a chilengedwe ndi m'zitseko za mtendere

Tipatseni madalitso anu ambiri

Ndipo tilowetseni m'mafunde a mphamvu zanu zakuthambo

Tisadzione ngati odzikonda

Zomwe zimaletsa miyoyo kuyandikira

Ndipo msonkhano wawo unachokera pa chikondi cha ubwino ndi kuwala

Ndiloleni ndimwetse maluwa a mapemphero anga

Ndi madzi a kuganizira za Inu ndi kusinkhasinkha za Inu, Mulungu wanga

Kuti maluwa atsopano, okongola aphuke

Kuchokera ku kudzoza, mtendere, ndi chisangalalo

Njira yokhayo yopewera kuchita zoipa ndiyo kukhala ndi nzeru zozindikira zolakwazo ndikutsimikiza mtima kuti .simudzachita zimenezo

Kulakwitsa kumenyana ndi munthu wina sikubweretsa chilungamo. Kusadziwa ndiye mdani weniweni wa anthu ndipo kuyenera kuchotsedwa m'dziko lino. Tili ndi zonse

zomwe tikufuna m'dziko lino kuti tibweretse nthawi ya .chitukuko, chimwemwe, ndi chilungamo changwiro

Cholepheretsa chokhacho ndi kudzikonda kwa anthu, komwe kumapangitsa kuti izi zisatheke. Kuvutika koopsa komanso kopanda chifukwa kumachitika chifukwa cha kudzikonda kwa anthu komanso kufunafuna zofuna zawo .popanda kuganizira za ena

Ndalama zomwe zingagwiritsidwe ntchito kudyetsa ndi kuvala osowa zimagwiritsidwa ntchito kuwononga ndi kuwononga. Kudzikonda kumeneku, komwe kunabadwa chifukwa cha kusadziwa, ndiye chifukwa chachikulu cha .mavuto apadziko lonse lapansi

Aliyense amaganiza kuti akuchita bwino, koma akangotsatira zolinga zake zokha, amakhazikitsa lamulo la karmic la chifukwa ndi zotsatira, lomwe mosakayikira .lidzawononga chimwemwe chawo ndi cha ena

Ndikamaona masoka a dziko lapansi chifukwa cha kusadziwa kwa anthu, ndimazindikira kuti chimwemwe .sichidzakhalapo ngakhale misewu itakonzedwa ndi golide

Chimwemwe chimadalira pakupangitsa ena kukhala osangalala, ndipo ngati aliyense akanachita zimenezo, aliyense akanasangalala

Ndipo aliyense adzapeza gawo lake la zabwino za dziko lapansi

Popeza tinachokera m'dziko lino lomwe sitikudziwa, n'zachibadwa kuti tizidzifunsa za chiyambi ndi cholinga cha .moyo

Timamva ndi kuwerenga za Mlengi wa dziko lino, koma sitikudziwa momwe tingamufikire. Chomwe tikudziwa

ndichakuti chilengedwe chonse chimalengeza kuti maganizo .ake aumulungu alipo

Monga momwe zigawo zazing'ono komanso zolondola za wotchi yaying'ono zimatipangitsira kuyamikira wopanga mawotchi, komanso monga momwe makina akuluakulu komanso ovuta a fakitale amatisangalatsira ndi kudabwitsa za wopanga mawotchiwo, momwemonso tikaona zodabwitsa za chilengedwe, timadabwa ndi nzeru zobisika kumbuyo kwawo, ndipo timafunsa kuti: “Ndani anapatsa duwa mawonekedwe okongola moyang'anizana ndi dzuwa? Kodi fungo lake ndi kukongola kwake zinachokera kuti? Ndipo maluwa ake anapangidwa bwanji molondola kwambiri komanso atapakidwa utoto ndi mitundu yosangalatsa ”?chonchi

Usiku, nyenyezi ndi mwezi, zikufalitsa kuwala kwawo kwa siliva mozungulira ife, zimatilimbikitsa kuganizira za chidziwitso chomwe chimatsogolera zinthu zakuthambo izi mumlengalenga waukulu. Kuwala kofatsa kwa mwezi sikukwanira kuchita zinthu za tsiku ndi tsiku, motero malingaliro anzeru komanso ofatsa amatanthauza kupuma usiku. Kenako dzuwa limatuluka, kuwala kwake kowala komwe kumatilola kuwona dziko lotizungulira momveka bwino komanso mwamtendere, ndipo timadzipatsa tokha .udindo wokwaniritsa zosowa zathu

Pali njira ziwiri zokwaniritsira zosowa zathu: njira yakuthupi ndi njira yauzimu Mwachitsanzo, thanzi lathu likayamba kuchepa, tikhoza kupita kwa dokotala kuti akalandire chithandizo. Koma nthawi imabwera pamene dokotala kapena wina aliyense sangathandize, ndipo timatembenukira ku njira yachiwiri; ku mphamvu yauzimu yomwe inalenga thupi lathu, malingaliro athu, ndi mzimu .wathu

Mphamvu zakuthupi zimakhala zochepa, ndipo tikalephera, timatembenukira ku mphamvu zopanda malire za Mulungu. Izi zimagwiranso ntchito pa zosowa zathu zachuma. Tikachita zonse zomwe tingathe koma osalandira .zokwanira, timatembenukira ku mphamvu imeneyo

Aliyense amaganiza kuti mavuto awo ndi oipa kwambiri. Anthu ena amamva kupsinjika kwambiri kuposa ena chifukwa chakuti mphamvu zawo zopirira n’zofooka. Chifukwa cha kusiyana kwa mphamvu za maganizo a anthu, amagwiritsa ntchito mphamvu zosiyanasiyana. Ngati wina akukumana ndi vuto lalikulu ndipo maganizo awo n’ngofooka, sangathe kuligonjetsa. Anthu omwe ali ndi maganizo amphamvu amatha kuthana ndi mavuto awo mwa kugwetsa zopinga ndikugwedeza maziko awo. Komabe, ngakhale anthu amphamvu kwambiri nthawi zina amakumana ndi kulephera. Tikamakumana ndi mavuto aakulu akuthupi, anzeru, ndi auzimu, timazindikira momwe mphamvu ya moyo ilili yochepa m’dziko lino la zinthu .zakuthupi

Khama lathu siliyenera kuperekedwa kokha pakupeza thanzi labwino ndi chitetezo chakuthupi, komanso .kufunafuna tanthauzo la moyo

Kodi cholinga cha moyo n’chiyani? Mavuto akatichulukira, choyamba timayang’ana malo otizungulira, kuyesera kusintha kulikonse komwe tingathe komwe timakhulupirira kuti kungatithandize. Koma tikafika kumapeto ndikuti, “Zoyesayesa zanga zonse zalephera, ndingachite chiyani china?” timayamba kuganizira mozama za kupeza yankho lothandiza ku vuto lathu. Ndipo maganizo athu akamazama mokwanira, timapeza yankho mkati .mwathu. Uwu ndi mtundu wa pemphero loyankhidwa

Mu bata la moyo wanga

!Ndiloleni ndikukumaneni, Ambuye

Ndilandireni, ndipo ndiloleni ndimve kukhalapo kwanu kosatha

Mkati mwanga ndi mozungulira ine

Ndili ndekha m'maganizo mwanga, ndimalakalaka kumva mawu anu

Sungani phokoso lalikulu la dziko lapansi kutali ndi ine

Zobisika m'chikumbukiro changa

Ndikufuna kumvetsera mawu anu odekha komanso otonthoza

Ndipo woyimbayo nthawi zonse amakhala mu mtendere wa moyo wanga

Mulungu wanga, kumene Inu muli konse

Muyenera kukhalapo

Mumtima mwanga ndi chikumbumtima changa

Ndithandizeni kuwonetsa ngakhale gawo laling'ono

Kuchokera ku chuma chobisika mu mgodi wanga !wauzimu

Kuwala kowala

Mtima wanga uli maso

Thanzi langa la maganizo

Dzazani kachisi wanga wauzimu ndi ulemerero wanu

!Nyenyezi Yakumpoto Yamuyaya

Kulikonse komwe ndinkayenda komanso momwe ndinatembenukira

Singano ya kampasi ya maginito ya m'maganizo
mwanga ikupitirira kuloza kwa inu

Kaya mwagwidwa ndi mphepo ya tsoka

Kapena kunyowa ndi mvula ya mavuto ndi masoka

Komabe, maganizo anga anali otsogozedwa

Kuti nthawi zonse mutembenukire kwa inu

Mbalame yanga yokondedwa, ikugunda mapiko ake

Pakati pa mitambo ya chisokonezo

ndi mphepo yamkuntho ya chisokonezo

Ndithudi adzapeza njira yoti akufikireni

Kalekale

Mumtima mwa ether

Pamene tinakhalapo ngati mizimu

Tonse tinali kugona tulo

Pansi pa bulangeti la chikondi cha Mulungu

Ndipo pamene Mulungu anatidzutsa

Tinamuthamangitsa

Monga momwe zilili mu nkhani ya mwana wolowerera

Taiwala ubale wa Mulungu pakati pathu

Tinakhala alendo kwa wina ndi mnzake

Ndipo popeza tasiya nyumba yathu yakumwamba

Takhala m'dziko lino

Apaulendo akuyendayenda m'makona onse a dziko lapansi

Timayenda m'njira za tsogolo

Tapita patali kwambiri

Tasamukira kutali ndi nyumba yathu yoyamba

Komabe nthawi ndi nthawi

Malo ena, zokumana nazo, ndi nkhope zimatidzutsa

Zikumbukiro zobisika ndi malingaliro akuya amkati

Amatinong'oneza

Timamva ngati tikuzionanso mwatsopano

Zinthu zomwe tinkadziwa kale

Timakumana ndi okondedwa athu komanso timalumikizana nawo

Tinali pafupi nawo

Kale kwambiri

O Mlengi wa chilengedwe chonse

Kuwala kwanu kumawala mwa akuluakulu

Chidziwitso chawo chaumulungu chilimbikitse kumvetsetsa kwathu

Tidziwitseni kuti ndinu cholinga chachikulu

Zimene timayesetsa kukwaniritsa

Cholinga chachikulu kwambiri

Zimene tikufuna kukwaniritsa

Titsitsimutseni ndi mphepo yonunkhira ya kukhalapo kwanu

Tidzazeni ndi chikhumbo cha ulemerero wa kukhalapo kwanu

Mulole kuti miyoyo yathu idyetsedwe ndi nzeru zanu zaumulungu

Tiloleni timve kuwala kwanu koyera

Zimakhudza mbali zonse za moyo wathu

Ndipo zimalimbitsa kutsimikiza mtima kwathu

Ndipo amachotsa mdima wathu

Ndipo mtendere utizinge

ndi chiyembekezo

Ndipo chikhumbo chochita zabwino

Pakati pa Kalonga ndi Hermit Wodziwikiratu

Nthawi ina, kalonga wankhanza anapita kukasaka ndi antchito ake ndi antchito ake, okonzeka mokwanira komanso okhala ndi zida. Analowa mkati mwa nkhalango, akuimba .malipenga ndi ng'oma

Atasaka mbalame, nswala, ndi akambuku oopsa, .kalonga ndi gulu lake anazindikira kuti asochera

Anali ndi chakudya chochuluka koma analibe madzi Ngakhale kuti anali kufunafuna madzi mosatopa m’nkhalango, sanapeze madzi. Analibe pothawira ku zilombo zoopsa za usiku, pamene mdima unali kuyandikira .mofulumira

Dzuwa linatha, ndipo kalonga, yemwe anali kutsogolera gulu la anthu, anafika ku nyumba yakale, yosweka. Atatsika

pa phirilo, anatsegula chitseko chosatsekedwa ndi kulowa m'nyumbamo. Chilichonse mkati mwake chinali chakuda kupatulapo kuwala pang'ono m'makona ake, ndipo anaganiza motaya mtima kuti, "Ngakhale nyumbayo ilibe ".anthu

Koma chifukwa cha chiyembekezo, anafuwula kuti, "?"Mtendere Kodi pali aliyense pano

Modabwitsa kwambiri, anamva mawu odekha akumuyankha modekha, nati: "Inde, ndili pano Kodi "?mukufuna madzi

Kalonga anayang'ana mumdima kwa kanthawi mpaka atawona mzimu wa munthu, ndipo anadabwa kuti munthuyo ankadziwa maganizo ake ngakhale asanakumane naye .kapena kumuzindikira

Kalonga anafunsa mwininyumba wake kuti, "Ndiwe ndani?" Mwininyumbayo anayankha kuti, "Munthu wosauka "wodzipereka kwa Mulungu

Wokhala yekha anayatsa nyali ndipo kalonga anaitana gulu lake, ndipo anasangalala kwambiri kupeza madzi ndi .zipatso m'nkhalango yakutali imeneyo

Kalonga anafunsa mlendoyo kuti, "Kodi simuopa "?akambuku ndi njoka

Sheikh wodzipatula anayankha kuti: "Ayi, akambuku ndi amphaka anga, ndipo njoka ndi zamtendere kwa ine. Ndife mabwenzi omwe nthawi zonse amakhala mu dzuwa la chikondi cha Mulungu chomwe chimawala pa chilichonse ".chomwe chilipo pano

Pamene kalonga ankayang'anitsitsa kwambiri munthu wodzipatula, anagwidwa ndi mantha ataona mamba awiri akulendewera pakhosi pa munthu wodzipatula. Pamene

anayandikira kuti atsimikizire zomwe adawona, njoka zinafuula ndi kugwedezeka, zikugwedeza mitu yawo, chifukwa zinamva kunjenjemera kwa mantha ndi kubwezera .komwe kunali mumtima mwa kalonga

Komanso, nthawi yomweyo m'modzi mwa akambuku a m'nkhalango analowa m'nyumbamo ndipo anagona chete pamapazi a munthu wa Mulungu. Munthu wa Mulungu atamutonthoza ndi kukhudza mutu wake, kambukuyo .anachoka mwakachetechete, akupita pakati pa nkhalangoyo

Kalonga wodzikuza anaganiza yekha kuti, "Munthu wachikulire uyu ayenera kuti ndi wolungama komanso wachifundo, chifukwa anatiteteza ku nyama zakuthengo ndi ludzu lakupha. Monga mphotho ya ntchito yake, ndidzamulemeretsa." Kenako analankhula ndi munthu :wodzipatula, nati

E, Sheikh, nkhope yanu ikuwala ndi kukoma mtima ndi" kuona mtima, ndipo ndikuyamikira zonse zomwe mwandichitira ine ndi gulu langa. Chifukwa chake, ndikufuna kukupatsani chinsinsi chomwe chingakuthandizeni kukhala olemera komanso olemera. Chinsinsi ichi ".ndikuchivumbulutsa koyamba, ndipo kwa inu nokha

Atangomaliza kunena mawu amenewa, kalongayo anatenga mwala pansi pa chovala chake n’kupitiriza :kulankhula, nati

Ndikufuna kukupatsani chuma cha banja ichi. Ndi" Mwala wa Wafilosofi, ndipo mwina mudzakhala olemera mukaugwiritsa ntchito. Mwala uwu umapanga golide, ndipo unaperekedwa kwa abambo anga ndi m'modzi mwa akatswiri odziwa bwino za alchemy. Uli ndi mphamvu yosintha chilichonse chomwe umakhudza kukhala golide weniweni. Mutha kugwiritsa ntchito mwala uwu kwa chaka chonse ndikusandutsa miyala kukhala golide, kenako

mugulitse kuti mugule nyumba yachifumu ya golide. Ndidzabweranso kwa inu patatha chaka chimodzi kudzakuchezerani ndikukatenga mwala wanga, womwe ndimauona kuti ndi wamtengo wapatali kuposa moyo ".wanga

Wodzipatula sanafune kuvomereza udindo umenewo, koma poyankha pempho la kalonga losalekeza, anavomera kusunga mwala wa wafilosofi. Kalonga anaona wodzipatulayo akuika mwalawo pansi pa lamba wake mosasamala (kumene anthu ankaika ndalama zawo poopa .akuba!), kenako kalongayo anapita patsogolo

Patatha chaka chimodzi, kalonga anabwerera ndi gulu lake, akuyembekezera kuona nyumba yachifumu yokongola m'malo mwa nyumba yosweka. Koma anakhumudwa ataona kuti nyumbayo inali ikuyimirirabe ndipo ili mu mkhalidwe woipa kuposa kale. Choncho anatsika pahatchi yake natsegula chitseko, nafuwula mokweza kuti: "Kodi ukadali "?ndi moyo, mlendo

Wodzipatula anayankha ndi mawu amphamvu komanso akuya: "Inde, Mulungu alemekezeke, O Kalonga "Takulandirani kunyumba kwanga kodzichepetsa

Nthawi yomweyo komanso popanda mawu oyamba, kalonga anafuula kuti: "Vuto lako ndi chiyani, munthu? Unachita chiyani ndi mwala wa wafilosofi umene ndinakusiyira? N’chifukwa chiyani sunaugwiritse ntchito kuti "?ukhale wolemera

Wodzipatula anaganiza kwakanthawi kenako anayankha kuti: "Kodi mwala wa wafilosofi uwu umene ukunena ndi chiyani, ndipo ukutanthauza chiyani ponena kuti ndikhale wolemera? Kunena zoona, sindikufuna kukhala wolemera ".kuposa ine

Mantha anagwira kalonga, akuganiza kuti wodzipatula wakaleyo wataya mwala wake chifukwa cha kusawusamala kwake, ndipo anati ndi mawu odandaula kuti: "Ndikutanthauza mwala wanzeru wamtengo wapatali umene unauyika pansi pa lamba wako chaka chapitacho? [Eddie, "?ndi lamba wako], ndiuze zomwe unachita nawo

Wodzipatula anayankha kuti: "Ndi zoona, ndi zoona, tsopano ndikukumbukira mwala wanu wamtengo wapatali. Tsiku lina ndinali kuganizira kwambiri za Mulungu pamene ndinapita kukasamba mumtsinje, ndipo ndikuganiza kuti mwalawo unatuluka m'zovala zanga ndipo unamezedwa ndi ".madzi. Khalani otetezeka

Kalonga anafuula ndi mawu ake onse, "O, kutayika kwanga kosatha! Ndataya chilichonse!" ndipo anatsala pang'ono kukomoka chifukwa cha kudabwa. Mkazi wodzipatula anamwaza madzi ozizira pankhope pake namuukitsa, pamene atumiki a kalonga anayandikira sheikh, maso awo akuyaka ndi nkhanza, akuyesera kumuvulaza. Koma mkazi wodzipatula anaseka nati, "O, Ambuye, wapamwamba kwambiri, sindinkadziwa kuti mungayambitse mkangano woterewu pa mwala. Bwerani nane kumtsinje, ".ndipo ndidzafunafuna mwala wanu ndikuyesera kuupeza

Kalonga anayankha kuti, "Kodi mwasokonezeka maganizo? Kodi mukufuna kufunafuna mwala womwe unagwa kuchokera kwa inu ndipo unachotsedwa ndi madzi "?chaka chapitacho

Koma mlendoyo sanamvere mawu ake, ndipo anamufuwula, nati: “Kalonga Wamng'ono, palibe chifukwa chochitira chisokonezo chonsechi. Dikirani mpaka ”.titafunafuna mwala mumtsinje. Bwerani nane, nonsenu

Monga ngati ali pansi pa matsenga, kalonga ndi gulu lake adayankha mphamvu ya maginito yowonekera ya

wodzipatula ndipo adamutsatira mwakachetechete kupita kumtsinje. Pamenepo, wodzipatulayo adapempha kalonga kuti atulutse nsalu yake m'thumba mwake, aigwire m'makona ake anayi, ndikuyiviika mumtsinje, akupemphera :motere

Inu Kalonga wa Akalonga, Mfumu ya Mafumu, ndi" Wopanga Miyala ya Anzeru Onse, ndibwezereni mwala "wanga

Kalonga atangomaliza kutero ndikutulutsa nsalu yake m'madzi, anadabwa kuona ndi maso ake osakhulupirira miyala yoposa makumi awiri ya afilosofi, yofanana ndi yoyamba yomwe adataya. Atayesa iliyonse, adapeza kuti iliyonse imatha kusintha miyala ya m'mphepete mwa nyanja kukhala golide. Kalongayo anamanga miyala mu nsaluyo .ndikuponya mtolo mumtsinje

Wodzipatula ndi gulu lake anamufuwula kuti, “N’chifukwa chiyani wachita zimenezo?” Koma kalongayo anayang’ana munthu wa Mulungu, anawerama pamaso pake :mwaulemu, nati

Ndikufuna bwana, ndikhale ndi zomwe muli nazo," amene amaona miyala yomwe imapanga golide kukhala ".miyala yopanda pake

Ndipo kotero kalonga anasiya ufumu wake wapadziko lapansi kuti akaphunzire kuchokera kwa munthu wanzeru momwe angapezere ufumu wa mzimu, womwe suli .m'mlengalenga ndipo sungathe kuwonongedwa

Mfundo yaikulu ya nkhaniyi ndi yakuti chuma cha dziko lapansi, ngakhale chitakhala chamtengo wapatali bwanji, n’chaching’ono ndipo chiyenera kusiyidwa m’dziko lonyozekali pamene thupi lidzakhala mtembo wozizira, .wopanda moyo

M'malo mogwiritsa ntchito mwala wa wafilosofi, womwe pano ukuyimira kuthekera kosonkhanitsa chuma chosakhalitsa, tiyenera kukhala ngati munthu wodzipatula amene wapereka nthawi yake ndi luso lake kuti apeze chuma chaumulungu chomwe sichingathe komanso .chosawonongeka

Aliyense amene amadziwa Mulungu adzakhala ndi chuma choposa maloto, ndipo ngati pakufunika, adzasiya chuma chakuthupi ngati miyala, ndi chiyembekezo chopeza .chuma chauzimu ndi kusangalala ndi chuma chenicheni

Pochita zinthu ndi ena

Ndikofunikira kwambiri kuzindikira ndi kuyamikira

Makhalidwe apadera ndi makhalidwe abwino

Zimene adazipeza kuchokera ku zomwe adakumana nazo

Ndipo adachipanga kuchokera ku umunthu wawo

Ngati tiphunzira za anthu omwe ali ndi maganizo otseguka

Tidzatha kuwamvetsa ndi kuthana nawo momasuka

Tidzathanso nthawi yomweyo

Kudziwa umunthu wa munthu amene tikuchita naye zinthu

Osalankhula ndi katswiri wa zamaganizo pankhani ya mpikisano wa mahatchi

Musakangane ndi wasayansi pankhani yokonza nyumba

Ndikudziwa zomwe zimamusangalatsa munthuyo komanso zomwe zimamukopa chidwi

Ndipo adamuuza za nkhaniyi

Sikuti nthawi zonse mumachita zinthu zomwe zimakusangalatsani

Ngati tikufuna kumvetsetsa ena

Tiyenera kupewa kuwadzudzula ndi kuwatsutsa

M'malo mwake, tiyenera kuyang'ana pagalasi la kuzindikira kwathu

Kuti mudziwe zomwe ziyenera kukonzedwa ndi ?kukonzedwanso

Galasi la maganizo limenelo ndi losiyana kwambiri

Ponena za galasi lodziwika bwino lomwe timayang'ana m'mawa uliwonse

Tsiku lililonse ndimayang'ana pagalasi langa

Ngati ndapeza chinthu chomwe sindikuchikonda

Ndimadziimba mlandu ndipo ndimagwira ntchito mwakhama kuti ndikonze

Mwanjira imeneyi, munthu amaona chithunzi chake

Kuwonetsedwa mu mawonekedwe ake enieni pagalasi la moyo wake

Ndipo zimapita patsogolo tsiku ndi tsiku

Panjira yopita ku chimwemwe ndi mtendere wamumtima

Mulungu akudalitseni ndipo mtendere ukhale pa inu

Network of Longings

Ndili pano, ndikuponya ukonde wa zokhumba zanga

Mu nyanja yayikulu ya malingaliro anga

Nthawi zambiri mwandithawa, inu nyama yamtengo wapatali ya Mulungu!

Komabe, ndikupitiriza kufufuza mozama za mtendere

Ndipo mosalekeza, ndimaponya makoka a chikondi changa kwa inu mmodzi pambuyo pa wina

Tsiku lina ndidzakugwira mu ukonde wa chilakolako changa chosatha pa iwe

Ndimaponya ukonde wa chikondi changa kulikonse

Pamwamba pa mafunde osokonezeka a moyo

Ndipo za nyenyezi zowala

Ndipo m'mitima ya anthu abwino

Chomwe ndikudziwa ndichakuti ndine msaki

Ndipo ndipitiliza kuyesetsa kukugwirani

Chikhumbo changa chachikulu ndi chuma chachikulu kwambiri chomwe chilipo!

Ndikumupempha kuti agwetse zophimba za umbuli ndikuchotsa mdima wa chinyengo, ndi kukhala chikhumbo chachikulu m'moyo wanu ndi chikhumbo champhamvu pampando wachifumu wa zilakolako zanu, ndikukuthandizani kusintha kutopa ndi kuzengereza kukhala ntchito yauzimu yodzaza ndi chisangalalo, kukonzanso, ndi changu. Ndikumupempha kuti akupatseni kumwa vinyo wachikondi cha Mulungu mpaka mutaledzera, ndikukuyenderani ndi ulendo woyera womwe muli chitonthozo, ndikusambitsa mtima wanu ndi madzi achikondi ndi chiyamiko, ndikuwunikira mu kukhala kwanu nyali zotsimikizika ,

ndikusungunula maloto anu mu zenizeni za nyanja Yake yodala, ndi kuti mupeze mwa Iye chikhutiro ndi chikhutiro, kuti mtendere ukhale mumtima mwanu ndipo madalitso .akumwamba atsikire pa inu

Kutonthola kumatanthauza malingaliro otonthoza

Kutonthoza thupi ndi kuwongolera zosowa zake

Aliyense amene angathe kuchita zimenezo adzasangalala ndi mtendere wamumtima

Adzamva mafunde okongola komanso malingaliro .ochokera kumayiko okonzedwa bwino

Ndipo amene azama kwambiri mu bata, ndiye

Adzapeza ufumu wa Mulungu mkati mwake

Bola munthu akuyenda panjira

Mphindi iliyonse ya nthawi yake ndi yamtengo wapatali kwambiri

Tili pano pa malo awa (nyumba yodutsa) kwa kanthawi kochepa

Chilichonse ndi chaching'ono, koma kumverera kwa Mulungu kumakhalapobe

Palibe chomwe chingachotse mumtima ndi m'moyo

Sitiyenera kulola mayesero a dziko lino kutilamulira

Mwa kutichotsa pa cholinga chathu chachikulu komanso cholinga chathu chachikulu: Mulungu

Kudziwa Mulungu n'kotheka

Tiyenera kupeza mbuye wa chilengedwe chonse

Kuchokera mu kuwala kwake nyenyezi zimawala

Ndipo ndi mphamvu zake mitima ikugunda

Tiyenera kumufunafuna mu Kachisi wa Chete

Tikamaitana Mulungu ndi chikhumbo ndi chikhumbo

Ndipo tikamamuganizira ndi chilakolako choyaka

Tidzamupeza

Sindikunena za mulungu wosadziwika

M'malo mwake, ndi za Ambuye amene ndamudziwa

Ndipo ndi zoona kwa ine

Ndi yeniyeni kuposa zinthu zonse zakuthupi

Ndi nyanja yaumulungu yomwe imachirikiza ndi kuchirikiza mafunde a miyoyo yathu ya anthu

Tingathe kuchita popanda chilichonse

Kupatula Mulungu

Mulungu, Wolamulira Wamkulu, Woona, ndi} {Wokwezeka kwambiri

(Odala ali oyera mtima, chifukwa adzaona Mulungu)

Ndi zachibadwa kuti munthu amve kufunika kokonda ndi kukondedwa. Koma kulakalaka kumeneku kwa mtima pamapeto pake kumachokera ku chikondi chimenecho, .chomwe ndi Mulungu

Chikondi cha anthu chimachokera pa ziyembekezo zambiri, kuwerengera, ndi malingaliro aumwini, motero palibe chitsimikizo chakuti chidzakhalapo kwamuyaya .chifukwa chimamangidwa ndi zinthu zomwe zimafunika

Komabe, chikondi cha Mulungu chilibe malire, chosatha, komanso chokhalitsa. Ngati chikukhudza mtima wanu, .mudzachipeza nanu nthawi zonse

Muzochitika zonse, mudzamva kuti ndi gwero la chitetezo ndi chilimbikitso, ngakhale pakati pa mavuto ndi .mavuto

Pakati pa mavuto ndi mayesero ovuta

Aliyense angakusiyeni, koma chikondi chopatulika chimenecho sichidzakusiyani, sichidzakukhumudwitsani, ndipo sichidzakusiyani ndi nkhawa ndi zinyengo, chifukwa ndi mphamvu yoteteza komanso kuwala kotsogolera kuchokera kumwamba pakati pa zovuta ndi kusintha kwa .moyo

Chikondi cha anthu chikadzazidwa ndi chikondi cha Mulungu, chimakhala choyera komanso chowonekera bwino. Koma ngati mulekanitsa mtsinje, womwe ndi chikondi cha anthu, ndi kasupe, womwe ndi chikondi cha Mulungu, umasiya kuyenda ndipo umatayika mumchenga wa dziko .lapansi

Bola chikondi cha anthu chikugwirizana ndi chikondi cha Mulungu, chimafewetsa mtima, chimatsitsimula chikumbumtima, ndipo chimathirira minda ya moyo ndi .madzi a moyo

Chikondi: Cholimbikitsa chifuniro

Chilichonse chimene ndimachita, ndimachita ndi chikondi chonse mumtima mwanga

Mukayesa, mudzapeza kuti simukutopa konse

Chifukwa chikondi ndiye chinthu chachikulu chomwe chimalimbikitsa chifuniro, ndipo chifuniro chomwe

chimayendetsedwa ndi chikondi chili ndi mphamvu yapadera .yochitira zinthu zomwe zingawoneke zosatheka kwa ena

Kuzindikira Zauzimu

Kuchokera ku ziphunzitso za Master Paramhansa Yogananda

Kudzikonda komwe kumadzifunira chimwemwe popanda kuganizira za chimwemwe cha ena, kapena komwe kumapondereza ndi kuwononga zofuna za ena kuti zikwaniritse zolinga zake zadyera, kumachulukitsa kusasangalala ndikuyambitsa mavuto ndi chisoni.

Ambuye, Inu ndinu gwero la kupatsa kopanda malire ndi kasupe wodzaza ndi madalitso ndi ubwino. Tidziwitseninso chisangalalo chopereka, ndipo tipereke mowolowa manja kuti tikwaniritse zosowa za ena ngati kuti ndi zathu.

Munthu akamatsutsa ena koma amayesetsa kuwathandiza mwachifundo ndi kumvetsetsa, ndiye kuti malamulo a Mulungu—monga mphamvu zozindikira—adzachitira munthu wachifundoyo mofananamo.

Aliyense amene amapereka thandizo la maganizo ndi zakuthupi kwa ena ndi mtima wodzala ndi kukoma mtima ndi kupatsa adzazindikira kuti zomwe amapereka zimabwerera kwa iye, ndipo ili ndi lamulo la zochita lomwe limagwira ntchito pa mitima.

Zimene munthu amamva kwa ena zimapangitsa kuti munthu azimva kugwedezeka nthawi zonse mu ether, zomwe zimapangitsa kuti munthu azimvera ena chisoni komanso azikoma mtima. Munthu amene amakhululukira anthu amene amamulakwira adzadzikhululukira ndi kulekerera.

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Kukhala ndi anthu abwino komanso anzeru komanso olimba mtima, kuwerenga mabuku abwino,

kufufuza umunthu wanu wamkati, kuchita zinthu zaluso, sayansi, mabuku, ndi zinthu zopindulitsa komanso zothandiza zonse zimathandiza kukulitsa ndi kulimbitsa malingaliro, zomwe zimapangitsa kuti azilandira bwino chidziwitso chapamwamba. Komanso, kusinkhasinkha tsiku ndi tsiku kumatsitsimutsa moyo ndi nzeru zaumulungu.

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Palibe kufananiza pakati pa olemera padziko lapansi ndi olemera mu mzimu, chifukwa olemera mu mzimu ndi olemera kwambiri kuposa olemera pamaso pa Mulungu.

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Titsitsimutseni ndi mphepo yonunkhira ya kukhalapo kwanu

Tidzazeni ndi chikhumbo cha ulemerero wa kukhalapo kwanu

Mulole kuti miyoyo yathu idyetsedwe ndi nzeru zanu zaumulungu

Tiloleni timve kuwala kwanu koyera

Zimakhudza mbali zonse za moyo wathu

Ndipo zimalimbitsa kutsimikiza mtima kwathu

Ndipo amachotsa mdima wathu

Ndipo mtendere utizinge

ndi chiyembekezo

Zimatipatsa chilimbikitso chochita zabwino

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Chifukwa chachikulu cha mavuto apadziko lonse ndi kudzikonda, komwe kumabwera chifukwa cha kusadziwa

Aliyense amaganiza kuti akuchita bwino, koma akangotsatira zolinga zake zokha, amakhazikitsa lamulo la karmic la chifukwa ndi zotsatira, lomwe mosakayikira lidzawononga chimwemwe chawo ndi cha ena.

Ndikamaona masoka a dziko lapansi chifukwa cha kusadziwa kwa anthu, ndimazindikira kuti chimwemwe sichidzakhalapo ngakhale misewu itakonzedwa ndi golide.

Chimwemwe chili m'kusangalatsa ena Ngati aliyense akanachita zimenezo, aliyense akanasangalala ndipo aliyense akanalandira gawo lake la chuma cha dziko lapansi.

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Munthu ayenera kukhala wokhoza kulamulira moyo wake mwa kuchotsa mbewu ndi mizu ya kulephera mwa kuphunzitsa chifuniro chake panjira yoyenera kuti chisinthe ndikugwedeza malingaliro a anthu.

Chifuniro ichi sichingasweke chifukwa ndi chiwonetsero cha chifuniro cha Mulungu, ndipo chilipo kale mkati mwa munthu, ndipo chomwe ayenera kuchita ndikuchiulula m'kuya kwake.

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Pamene otsatira anu akupemphera

Ndimasonkhanitsa kuwala kwa chisangalalo chopatulika kuchokera m'maso mwawo

Ndipo ndimasakaniza ndi changu changa chauzimu

Kupereka ngati chakumwa chotsitsimula maganizo anga a ludzu

Amamwa mpaka atakhuta, ndipo ululu ndi mantha ake zimatha

Kwa iwo amene akufunafuna chitonthozo ndi chifundo

Ndikupereka zakumwa zamatsenga izi

Mu zikho zowonekera bwino za mtima woona mtima ndi zolinga zabwino

Aliyense amene amwa mankhwala odala awa

Amasangalala nthawi zonse ndipo amaiwala mavuto ndi ululu wake!

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Tipatseni madzi omvetsetsa

Anthu mamiliyoni ambiri anali otopa ndi otopa ndi ludzu lauzimu

Kotero anayamba kuthamanga pakati pa khamu la anthu osadziwa zambiri

Ambiri akugwedezeka ndi kugwedezeka kwamphamvu

Amagwa panjira

Kusadziwa kumawaphwanya ndi ziboda zake

Ambuye, tikufuna madzi a mtendere

ndi chakumwa cha nzeru

Ndipo mankhwala oletsa kumvetsetsa

Kuti tithetse ludzu lathu loyaka moto

Pakuti popanda kuzimitsidwa ndi madzi a chidziwitso

Timakangana, timakangana, ndipo timamenyana

Timaphana wina ndi mnzake

M'malo moyesa kupeza

M'chigwa cha mapiri ataliatali

Pa Nyanja ya Kumvetsetsa

Amene madzi ake amathetsa ludzu la moyo

Limafotokoza za malingaliro

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Nthawi iliyonse ndikapereka mafunde a chifundo ndi ubwino kwa ena, ndimatsegula njira yopita ku chikondi cha Mulungu

Kuti mubwere kwa ine

Chikondi cha Mulungu ndi maginito omwe amakopa zabwino kwambiri

Lowani, Ambuye, malo opatulika a moyo wanga kudzera pawindo la chikhumbo mumtima mwanga, ndi kudzera m'mapemphero anga odzipereka

Ndidzatentha zofooka zanga zonse zamaganizo ndi zamakhalidwe abwino mu moto wa kutsimikiza mtima, chifukwa pokhapokha nditachotsa zofooka zimenezo, sindidzatha kuona lawi la Mulungu, lodala.

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Ambuye

Lero ndidzipereka kukwaniritsa zinthu zinazake kenako ndidzachita zomwe ndinakonza

Choyamba ndidzaonetsetsa kuti cholinga changa ndi cholondola, kenako ndidzamva mphamvu zanu, ndipo ndi thandizo lanu ndi dalitso lanu, ndidzakwaniritsa zomwe ndikufuna kuchita.

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Matendawa ndi amitundu itatu: thupi, maganizo, ndi mzimu

Matenda akuthupi amayamba chifukwa cha mitundu yosiyanasiyana ya poizoni, matenda opatsirana, ndi ngozi

Matenda amisala amayamba chifukwa cha mantha, nkhawa, mkwiyo, ndi mavuto ena amaganizo

Komabe, matenda auzimu amachokera ku kusadziwa kwa munthu ubale wake ndi Mulungu.

Kusadziwa ndi matenda aakulu kwambiri Munthu akachotsa kusadziwa, amachotsanso zomwe zimayambitsa matenda onse akuthupi, amisala, komanso auzimu.

Mphunzitsi wanga, Sri Yuktsuwar, nthawi zambiri ankanena kuti: Nzeru ndiye mankhwala a matenda onse

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Pamene kuwala kwa dzuwa kukufalikira, ndidzaika kuwala kwa chiyembekezo m'mitima ya osauka ndi ovutika, ndikuyatsa nyali za kutsimikiza mtima ndi kudzidalira m'mitima ya iwo amene akuganiza kuti ndi olephera.

Tikazindikira kuti moyo ndi sukulu yophunzirira ndi kuchita ntchito, ndipo nthawi yomweyo ndi maloto achidule, tidzadziwa kuti Mulungu ali nafe.

Moyo uyenera kukhazikika pa utumiki, chifukwa popanda cholinga chabwino chimenecho, maganizo omwe Mulungu adapatsa munthu sangakwaniritse cholinga chomwe adalengedwera.

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Usiku wina ndinapita kukasamba m'nyanja mu kuwala kwa mwezi. Madzi anali ozizira kwambiri, koma ndinadzikumbutsa kuti chilichonse chimapangidwa ndi magetsi, kuti magetsi omwewo omwe amapanga kuzizira amapangitsanso kutentha, ndipo madzi okha ndi chizindikiro cha mphamvu zamagetsi.

Pakati pa kuganiza kumeneku, kuwala kwa Mulungu kunandiphimba, ndipo kuzizira kunandichokera chifukwa ndinakana kuvomereza. M'malo mwake, ndinatsimikiza zoona kuti chilichonse chinapangidwa ndi magetsi a Mulungu.

Zaka zapitazo, nyengo inali yotentha kwambiri, ndipo aliyense anali kupuma movutikira. Chifukwa cha kugwirizana maganizo, kusasangalala kwawo kunasamutsidwira kwa ine, kundiletsa kuganizira ndi kulemba nkhani. Kenako ndinadzidzudzula ndekha, ndikunena kuti, "Chifukwa chiyani zonsezi?" ndipo ndinapemphera kwa Mulungu.

"O Ambuye, magetsi omwewo amapangitsa kutentha mu uvuni ndi ayezi mufiriji. Nyengo ndi yofatsa!" Nthawi yomweyo nyengo inakhala yabwino kwa ine ngati chipale chofewa chazungulira thupi langa, ndipo ndinayamba kumva kuti ndadzozedwa kwambiri ndipo ndinalemba popanda vuto lililonse.

Nthawi ina, ndinali kuyenda m'maboma osiyanasiyana m'galimoto yotseguka yoyendera ndi

gulu la ophunzira achichepere odzifufuza [maumboni amanena kuti m'modzi mwa iwo anali Rashid] Mmodzi wa iwo anali mlembi wanga Ine ndi iye tinagona m'galimoto ndipo tinagawana bulangeti laling'ono.

Usiku unali wozizira kwambiri. Pamene ndinagona tulo tatikulu, anandivundukula bulangeti, ndipo pamene ndinadzuka pakati, ndinamuvundukula bulangeti mosazindikira! Izi zinapitirira kwa kanthawi. Kenako maganizo anga anati, "N’chifukwa chiyani ukuchita izi? Zonse zili bwino Uli ndi kutentha!"

Kenako ndinataya bulangeti, ndinakhala tsonga, ndikuyamba kusinkhasinkha mpaka thupi langa litamva ngati buledi wotentha. Pamene ophunzira anadzuka maola awiri pambuyo pake, akunjenjemera ndi kuzizira, anandipeza ndili chete. Ndinali nditasangalala kwambiri, ndipo ankaganiza kuti ndamwalira. Anandidzutsa ku kusangalala kwanga kwauzimu ndi kufuula kwawo, koma ndinamwetulira nati, "Chifukwa chiyani phokoso lonseli, anyamata? Tiyeni tipitirize ulendo wathu."

Anatsutsa, nati, "Ndinali nditakhala mu chisanu chozizira kwambiri popanda chovala kapena bulangeti! Koma sindinagwidwe ndi chimfine, ndinali ndekha amene ndinakhalabe wofunda!"

Chidziwitso: Sitikulimbikitsa kuti thupi liziwopsezedwa ndi nyengo yovuta. Wanzeru Paramahansa adatchula izi kuti awonetse kuthekera kwa munthu komanso luso lake, komabe adalangizabe kusamala ndi kuchita zinthu mosamala pothana ndi mavuto otere.

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Ndikudziwa kuti maganizo anga adzandibweretsera kulephera kapena kupambana, kutengera lingaliro lomwe ndi lamphamvu kwambiri m'moyo wanga. Chifukwa chake, ndidzayesetsa

kukumbukira kuti Inu, Ambuye, tambasulani dzanja lanu lothandiza ndikukonza njira yopitira patsogolo.

Ndidzakhala woona mtima komanso woona mtima pochita zinthu ndi aliyense, ndipo ndidzafalitsa malingaliro achikondi ndi mafuno abwino, kenako Mulungu adzandithandiza ndi mphamvu ndi nzeru zake.

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Maganizo akakhala ogwirizana ndi Mulungu, gwero la zabwino zonse komanso chiyambi cha mphamvu zonse zodalitsidwa, amazindikira kukhalapo kwa Mulungu ndipo amakhala ndi zinthu zonse zopambana.

Zinthu zimenezi zimagwirizana kwambiri ndi mphamvu ya Mulungu, amene amatha kupanga zifukwa zatsopano ndi mwayi wopambana m'munda uliwonse.

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Tiyenera kufunafuna gulu la anthu opita patsogolo omwe angatiuze zoona ndi kutithandiza kudzikonza tokha.

Anzanu abwino kwambiri ndi amene modzichepetsa amapereka malangizo a njira zomwe tingagwiritsire ntchito komanso zinthu zomwe tiyenera kuchita kuti tisinthe miyoyo yathu kukhala yabwino.

Kudzudzula mwankhanza, koperekedwa ndi nkhanza ndi malingaliro olimba mtima, kuli ngati kumenya munthu pamutu ndi nyundo, pomwe chikondi chimakhala champhamvu komanso chopindulitsa kwambiri.

Malangizo okoma mtima operekedwa mwachikondi ndi kumvetsetsa ali ndi mphamvu yolenga zodabwitsa, pomwe kudzudzula ena mopweteka sikuthandiza chilichonse.

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Ngakhale chisoni chachikulu chimachiritsidwa ndi nthawi, kotero palibe chifukwa chobweretsa chisoni tsiku lililonse la moyo wathu.

Chisoni chokhalitsa chifukwa cha wokondedwa wathu womwalirayo sichithandiza iyeyo kapena ife, ndipo sichisintha chilichonse kwenikweni

Kukhala ndi maganizo odziona ngati wopanda pake kapena kudzilanga chifukwa cha zolakwa zakale sikuthandiza; m'malo mwake, kumapangitsa moyo kukhala wosasangalatsa komanso kufooketsa luso la maganizo.

Sitiyenera kudzilola kugwera mu dzenje la chizolowezi chosasangalatsa, chifukwa chimenecho ndi mkhalidwe wamaganizo womwe suli bwino, chifukwa umasokoneza malingaliro ndikuwotcha luso lobisika mu ng'anjo ya kusasamala.

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Chifuniro cha munthu ndi gwero lamphamvu la mphamvu Pogwiritsa ntchito mphamvu ndi chikhumbo chopeza magwero enieni a mphamvu, munthu amatha kulumikizana mwachangu ndi wogawa wopanda malire wa mphamvu zamkati.

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Mawu aliwonse, abwino kapena oipa, amasiya kugwedezeka kwake (monga zotsatira zake) m'thupi kapena muubongo, komanso m'moyo mphamvu ndi kuganiza mu mawonekedwe a zilakolako ndi zikhumbo. Chifukwa chake, kugwedezeka kwa mawu onse kumasiya zizolowezi zabwino kapena zoyipa m'maganizo.

Munthu amene amachotsa zolinga zopotoza choonadi amakhazikitsa mphamvu yaikulu mkati mwake kuti asapereke umboni wabodza ndipo mawu ake onse ndi oona.

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Ambuye, ndipatseni mphamvu kuti ndigwiritse ntchito mawu anga kutumikira choonadi polankhula mawu okoma, opindulitsa, komanso otsitsimula. Imbani nyimbo zanu zosatha pa chitoliro cha moyo wanga kuti ndidalitsidwe ndi kugwedezeka kwa nyimbo zanu zopatulika.

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Ndife gawo lofunika kwambiri la nyanja ya mlengalenga yopanda malire. Tikafika kumeneko ndikusambira mmenemo, chikumbumtima chathu chimakula ndipo timamva kukula kwathu.

Kuganizira za izo kumatipangitsa kuyandikira kwa izo, kuziganizira kuti zikutitsogolera ku izo, ndipo kuyesetsa kosalekeza kugwirizana nazo kumatipatsa chidziwitso, kutsimikiza mtima, ndi mphamvu.

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Chomwe chikuwoneka ngati chovuta kwenikweni ndi chiitano chomasula mphamvu zomwe zili mkati mwathu, ndipo ndi kutulutsidwa kulikonse kwa mphamvu zobisika za zabwino mkati mwathu, timakula ndikukhala anzeru komanso amphamvu.

Mulungu amatambasula dzanja lake lothandiza m'njira zobisika. Mtendere wa mumtima womwe umagwera munthu amene akufunafuna pamene akusinkhasinkha ndi umboni wa kukhalapo kwake, ndipo chisangalalo chauzimu chomwe wosinkhasinkhayo amamva ndi yankho lake ku zokhumba zake ndi chikondi chake.

Munthu amafunika kukhala ndi nthawi yokwanira kuti asangalale ndi kukongola kwa chilengedwe, kusanthula moyo wake, ndi kufufuza zinthu zomwe amaona kuti ndizofunikira kapena zomwe amaona kuti ndizofunikira komanso zomwe sangathe kuchita popanda, kuti asangalale ndi zomwe ali nazo

ndikukhala ndi nthawi yofunikira ndi achibale ake ndi mabwenzi ake kuti awadziwe bwino, ndipo chofunika kwambiri, kuti adziŵe yekha.

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Iwo amene amadziwa Mulungu amamvetsetsa kuti mzimu wamkati uli ndi chisangalalo chosatha mkati mwake. Ndipo aliyense amene alawa chisangalalo chimenecho ndi kukhutira nacho ali ndi nzeru zosatha.

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N’chifukwa chiyani matenda amaoneka oopsa? Chifukwa amabweretsa ululu ndi imfa

Matendawa ayenera kuchotsedwa m'thupi ndi m'maganizo ndi m'moyo zomwe zilibe chidziwitso.

Ululu sumangokhala pa thupi lenilenilo; palinso kuvutika kwa maganizo, maganizo, ndi uzimu. Timavutika ndi chisoni, makhalidwe ena oipa komanso mavuto a maganizo, komanso mantha omwe nthawi zambiri amakhala ongopeka. Mwauzimu, timavutika ndi kusadziwa za moyo wosatha.

Mphamvu ya Mulungu imagwira ntchito molondola kwambiri, choncho munthu ayenera kukhala mogwirizana ndi kuitsatira

Tiyenera kulola kuti kugwedezeka kwa Mulungu padziko lonse kuyende mwa ife komanso kudzera mwa ife.

Ndipo kubweretsa kukhalapo Kwake kwamoyo m'miyoyo yathu ndikupatsa matupi athu mphamvu Yake yodalitsika komanso yochiritsa

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Mwa kusintha zabwino zoipa ndi zabwino, chisokonezo chimatha ndipo mtendere wamumtima umabwezeretsedwa.

Wophunzira akapanga chisankho cholimba chopitirizabe panjira, palibe chomwe

chingamulepheretse kapena chopinga chilichonse chomwe chingamulepheretse.

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Thupi limapangidwa ndi maselo ambirimbiri, ndipo selo lililonse lili ngati chamoyo chanzeru. Nzeru zomwe zili mu selo lililonse ziyenera kudzutsidwa ndi kuphunzitsidwa kuti zidziwe chilichonse chomwe chingadziwike, koma munthu sanaphunzitse maselo amenewo, motero amakhala mu mkhalidwe wa kuvutika maganizo, malingaliro anthawi yochepa, ndipo amavutika ndi kusowa chidziwitso.

Dziwani: Mawu omwe ali pamwambapa adanenedwa pa nkhani ya Master Paramahansa mu 1927. Patatha zaka makumi ambiri, akatswiri a zamoyo adatha kuzindikira DNA yomwe ilipo mu nucleus ya selo lililonse. Kuyesera kwatsimikizira kuti DNA mu selo lililonse ili ndi chidziwitso cholondola komanso nzeru.

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Kuona mtima ndi kuona mtima ndi zina mwa makhalidwe abwino kwambiri omwe ndimaona kuti ndi ofunika kwambiri mwa munthu

Ubwenzi umakula ndi kuona mtima ndipo umakula bwino m'nthaka ya kuona mtima

Kaya tili paubwenzi wotani ndi munthu wina, tiyenera kukongoletsa ubalewo ndi ulemu ndi khalidwe labwino, ndiye kuti ubwenziwo udzakhala wabwino komanso wokhalitsa.

Komabe, kuzolowerana komwe kumabweretsa kusasamala ndi kunyalanyaza malingaliro a ena kumawononga ubwenzi.

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Munthu amafunika mabwenzi enieni omwe akwera makwerero a moyo kuti amuthandize kusintha nthawi zonse. Ayeneranso kuthandiza ena kudzuka

ndikugawana nawo madalitso a Mulungu omwe amasangalala nawo.

Ubwenzi weniweni ndi kukopana kwauzimu komwe kumabweretsa miyoyo pamodzi ndikuigwirizanitsa ndi chikondi cha Mulungu.

Chikondi kapena ubwenzi uwu ukhoza kuchitika pakati pa anthu awiri kapena kuposerapo

Pamene ubwenzi wauzimu ukukhala mumtima, mzimu umayandama mu nyanja yonse ya mzimu wa chilengedwe chonse, kusiya zoletsa ndi malire omwe adaulekanitsa ndi chilengedwe cha Mulungu.

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Ndikumva kulumikizana ndi anthu onse, monga momwe munthu amamvera ali pafupi ndi banja lake. Kumva kumeneku n'kosatheka kufotokozedwa, ndipo kukafika, kumabweretsa kumvetsetsa kwakukulu tanthauzo ndi kukongola kwa moyo.

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Ndi nzeru kuyesetsa kuchita chifuniro cha Mulungu pa zonse zomwe timachita, chifukwa iyi ndiyo njira yopita ku mtendere wamkati ndi chimwemwe. Chilengedwe chachikuluchi komanso chopanda malire, chokhala ndi mphamvu zake zosiyanasiyana zachilengedwe, chimalamulidwa ndi chifuniro cha Mulungu chotsogolera. Chilichonse chimagwira ntchito mogwirizana ndi dongosolo la Mulungu, ndipo ndife gawo lofunika kwambiri la dongosolo la chilengedwe chonse.

Tiyenera kuchita ntchito yathu, ndipo tiyenera kuchita ntchito imene Mulungu watipatsa, osati ntchito imene imatisangalatsa.

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Kuchokera m'zolemba zakale: Kodi tinakumanapo kale?

Kalekale, mumtima mwa ether, pamene tinakhalapo ngati mizimu, tonse tinagona

Pansi pa bulangeti la chikondi cha Mulungu Ndipo pamene Mulungu anatidzutsa, tinapita kutali ndi Iye, monga momwe zinalili mu nkhani ya mwana wolowerera, ndipo tinaiwala mgwirizano waumulungu pakati pathu ndipo tinakhala alendo kwa wina ndi mnzake.

Popeza tasiya nyumba yathu yakumwamba, takhala apaulendo padziko lapansi lino, tikuyendayenda m'makona a dziko lapansi ndikuyenda m'njira zamtsogolo.

Tayenda kutali kwambiri ndi kwathu koyambirira. Komabe, nthawi ndi nthawi, malo ena, zokumana nazo, ndi nkhope zimatikumbutsa zinthu zakale ndi malingaliro akuya amkati omwe amatinong'oneza.

Tikumva kuti tikukumananso ndi zinthu zomwe tinkadziwa kale, ndipo timakumana ndi kulankhulana ndi okondedwa athu omwe tinali nawo pafupi kale kwambiri.

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Ambuye, tidalitseni ndi chisomo cha chikondi cha Mulungu

Mitima yathu isungunuke ndi kulakalaka kwanu

Ndipo moto wa chilakolako ukuyaka mkati mwake

Mwina miyoyo yathu ili m'ndende m'makhola enieni

Amamasuka ku zoletsa zake

Ndipo akuyamba ulendo wake, motsogozedwa ndi chikhumbo cha Mulungu

Kumapeto kwa muyaya wanu

O wokondedwa wathu wosatha

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Tikupemphani, Ambuye

Chikondi chanu chiwalire pa miyoyo yathu

Ndipo ulemerero wa ulemerero wanu uwalire pa ife

Ndipo nzeru zanu zititsogolere m'magawo onse a moyo wathu.

Ndipo alandire chikondi cha mitima yathu ndi zokhumba zathu

Ndipo tidalitseni ndi kukhudza kwa kukhalapo kwanu

Ndipo kusangalala kukhala pafupi nanu

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Tikayamba kumvetsetsa umunthu wonse, timazindikira kuti si chinthu chathupi chokha. Mkati mwake muli mphamvu zambiri, zomwe zimagwiritsa ntchito m'njira zosiyanasiyana kuti zigwirizane ndi mikhalidwe ya dziko lino. Ndipo mphamvu za mphamvu zimenezi ndi zazikulu kwambiri kuposa momwe munthu wamba amaganizira.

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Kukopa kwa chikondi cha Mulungu kumagwira ntchito kudzera mu kukopa koyera ndi kukopa kofatsa Pamene mtima ukumva kuyitana kwa chikondi cha Mulungu, umakhala ndi chikhumbo chokulitsa bwalo la chikondi chake chogwidwa kuti chiphatikizepo kukhalapo ndi zonse zomwe zili mmenemo. Motero, chikondi chogwidwa chimamasulidwa ndipo chimakhala chopanda malire kunja kwa mipiringidzo ya kudzikonda ndi kuuma mtima.

Ndipo chikondi chimadzipeza chatsopano mumtima mwa Mulungu, ndipo zonse zimasakanizidwa mu umodzi wodalawo

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Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo zofunika kuchokera kwa iwo. Pakuti ululu uliwonse ndi kuvutika kulikonse komwe

timakumana nako kuli ndi tanthauzo komanso cholinga.

Ngakhale kuti mayesowa ndi ovuta, ali ngati moto womwe umasungunula chitsulo kuti chikhale chitsulo chokongola, cholimba, komanso chogwiritsidwa ntchito m'njira zosiyanasiyana.

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Kudzichepetsa ndi khomo lotseguka lomwe kuchuluka kwa chifundo, chikondi, ndi bata zimalowa m'miyoyo yabwino yomwe imakonda zabwino ndipo imalandira kuwala ndi madalitso akumwamba.

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Kaya munthu ndi wamalonda wopambana, wandale wanzeru, wolamulira wankhanza, kapena wosintha zinthu wamkulu, mphamvu zake sizingafanane ndi mphamvu zopanda malire za Mulungu.

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Kudzikuza kumayambitsa khungu lauzimu chifukwa kumachotsa masomphenya a thambo lalikulu lomwe limakhala m'miyoyo ikuluikulu.

Anthu akuluakulu amazindikira kuti mphamvu zawo zimachokera kwa Mulungu Wamphamvuyonse amene amakonda odzichepetsa ndipo amawawonjezera chidziwitso, chitsogozo, ndi mphamvu.

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Ubwenzi weniweni ndi kuunika komwe kumatilimbikitsa kuthandizana kuti tiwone chipata cha kumwamba ndikudutsamo kulowa mu ufumu wa chikondi cha Mulungu.

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Mkwiyo uli ngati khansa, yomwe imatulutsa mtendere wamumtima. Izi zikufotokoza chifukwa

chake munthu waukali sangathe kuthana ndi mavuto ndi mavuto ake.

Munthu akamadziletsa ndi zizolowezi zoipa, sangathe kupitiriza kulimbana ndi moyo, ndipo akangolola maganizo oipa kulamulira maganizo ake, chifuniro chake chimafooka.

Makhalidwe amenewo amaphimba ubongo mu chifunga cha chisokonezo ndi kusokonezeka, ndipo amawononga nzeru zabwino

Munthu akhoza kupambana kudzera mu malingaliro ake ndi chifuniro chake, ngakhale zinthu zitakhala zovuta komanso zowawa bwanji pa moyo wake.

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Mzimu wa munthu umalumikizidwa ndi thupi ndi unyolo wa zilakolako, mayesero, mavuto, nkhawa, ndi mantha, ndipo umayesa kudzimasula wokha.

Ngati mupitiriza kukoka unyolo umene umakumangirirani ku chidziwitso chakuthupi mwamphamvu, tsiku lina dzanja la Mulungu lidzalowererapo ndikudula unyolowo, ndipo mudzakhala omasuka.

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Kodi moyo uli ndi phindu lanji popanda mabwenzi abwino komanso okhulupirika? Mtima uli ndi maginito omwe amakopa mabwenzi enieni. Ndi maginito a chikondi, kudzikonda, ndi chisamaliro chaubwenzi.

Tikagwirana chanza ndi munthu wina, tiyenera kumuwonetsa chikondi chathu ndi kudzipereka kwathu ndipo tiyenera kuyesetsa kuwathandiza momwe tingathere.

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Palibe chifukwa choti anthu akhale chete osasintha. Zophimba za chinyengo ziyenera kuchotsedwa pa umunthu wa mzimu kuti uwonekere

ndi chiyero chake ndi mphamvu zake, kuwulula ulemerero waulemu umene Mulungu wapatsa anthu.

Mulungu amadalitsa khama labwino, zolinga zoyenera, ndi kutsimikiza mtima kuti zinthu zikuyendereni bwino

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Ambuye

Ziribe kanthu kuti ndimakumana ndi mayesero ndi masautso otani

Ndikudziwa kuti zikuyimira gawo lotsatira la kukula kwanga kwauzimu

Ndikudziwa bwino kuti ndili ndi chidziwitso ndi mphamvu

Zinthu ziwiri zomwe mumandipatsa

Kumvetsetsa kwina ndi kupambana kwina

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Kumwamba ndi mkhalidwe wa chisangalalo chachikulu komwe kulibe mavuto kapena chisoni

Mwa kupitiriza kuyesetsa ndi kuchita zabwino, miyoyo pamapeto pake imafika pa chisangalalo chokhalitsa komanso chatsopano.

Ntchito zabwino zikutanthauza kusinkhasinkha ndi ntchito zomangirira komanso zopindulitsa

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Mukatha kusintha umbuli kukhala nzeru

Kuchokera ku kufooka ndi kufooka kupita ku thanzi ndi mphamvu

Yendani molimba mtima komanso molimba mtima - ngakhale mutakhala nokha - panjira za moyo

Ndipo chisangalalo chamkati chokhala ndi chikumbumtima chamoyo komanso chosamala

Ndi chikhulupiriro chosagwedezeka mu chilungamo cha Mulungu ndi kupambana kwa choonadi pa bodza ndi zenizeni pa chinyengo

Ndipo mukamayesetsa tsiku lililonse kutulutsa malingaliro anu pamlingo wapamwamba komanso wokonzedwa bwino

Ali ndi mtima wokonda komanso woyamikira

Ndi zolinga zabwino kwa ena

Zakudya zanu zamaganizo ndi zamaginito

Ndipo kenako idzakukokerani chilichonse chokongola komanso chopindulitsa

Kuchokera ku zinthu, anthu, ndi mikhalidwe yomwe ikufunika

Kupitiliza ulendo wopita ku gombe la chitetezo ndi chitetezo

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Kutsatira chete ndi bata labwino, ngakhale kwa theka la ola musanagone usiku ndi kudzuka m'mawa, kudzawonjezera chitonthozo cha maganizo, chomwe chimathandiza kuthana ndi zovuta zonse za nkhondo ya tsiku ndi tsiku ya moyo. Ndi kumverera kwamkati kumeneko, zimakhala zotheka kukwaniritsa zosowa ndi zosowa za tsiku ndi tsiku.

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Kufika pamlingo wapamwamba kumathandizira kupita patsogolo kwauzimu ndipo kumathandiza kulowa mu nyanja ya mzimu mwaluso kwambiri.

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Munthu amapeza chimwemwe malinga ndi mtundu wa mbewu za malingaliro ndi zochita zomwe wafesa ndikupitiriza kufesa m'nthaka ya moyo wake.

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Ubongo wa munthu ndi nkhokwe yaikulu ya mphamvu kapena zochita zofunika kwambiri

Ntchitoyi imagwiritsidwa ntchito nthawi zonse pakuyenda kwa minofu, kugwira ntchito kwa mtima, mapapo, ndi diaphragm, kagayidwe ka maselo,

zochita za mankhwala m'magazi, komanso kugwira ntchito kwa ziwalo zomvera (mitsempha)

Kuphatikiza apo, mphamvu zambiri zofunika zimagwiritsidwa ntchito pa kuganiza, malingaliro, ndi chifuniro

Mantha amafooketsa ntchito yofunika kwambiri ndipo ndi mdani woopsa kwambiri wa chifuniro chogwira ntchito

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Chinyengo sichibweretsa zotsatira zabwino. Wanzeru kwambiri sangabise zomwe maso ake amavumbula, chifukwa mbiri yonse ya munthu imalembedwa m'maso mwake.

Ngati mukufuna kudziwa umunthu wa munthu wina, pemphani Mulungu kuti akuululireni zoona zokhudza munthuyo, chifukwa simukufuna kunyengedwa, ndipo mudzamva mkati mwa mtima wanu umunthu wake weniweni, ndipo malingaliro anu sadzalakwika.

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Chikhumbo, cholinga, ndi chifuniro:

"Chokhumba" ndi chilakolako chomwe chilibe mphamvu ndipo "cholinga" ndi kutsimikiza mtima kuchita china chake: kukwaniritsa chokhumba kapena chikhumbo china. Ponena za "chifuniro," chingafotokozedwe mwa kunena kuti: "Ndidzagwira ntchito molimbika mpaka nditakwaniritsa zomwe ndikufuna"

Mukaphunzitsa chifuniro chanu, mutha kumasula ndikuwongolera mphamvu za ntchito zofunika, m'malo molakalaka chinthu popanda kuchita zomwe mukufuna kuti muchipeze.

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Sitiyenera kutaya chiyembekezo, koma tiyenera kuzindikira kuti Mulungu amatipatsa mwayi wosintha

zinthu zathu, kukweza malingaliro athu, ndikupanga zinthu zatsopano komanso zothandiza kwa ife eni ndi ena m'moyo.

Ngati sitikusangalala ndi moyo wathu wamakono, tiyenera kufufuza njira zatsopano zomwe zimatibweretsera chisangalalo ndi mtendere wamumtima. Tiyenera kuganizira zochita zomwe zingathandize kuti zinthu zitiyendere bwino ndikupangitsa miyoyo yathu kukhala ndi tanthauzo komanso cholinga, kenako n’kugwiritsa ntchito malingaliro amenewo.

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Ambuye, tisaone ntchito iliyonse kukhala yofunika kwambiri kuposa ntchito yopatulika yokudziwani Inu. Chifukwa chilichonse, kaya ndi cha mtundu wanji, chingatheke kudzera mu mphamvu ya kukwaniritsa zomwe mwatipatsa. Choncho, tiyeni tikukondeni Inu kuposa china chilichonse, chifukwa popanda chisomo cha moyo wanu ndi chikondi chanu, sitingakhale ndi moyo kapena kukonda konse. Tachokera kwa Mulungu, ndipo umunthu wake weniweni umakhala mkati mwathu mu chiyero chake chonse, ulemerero, ndi chisangalalo chopambana.

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Kudziwa za chisangalalo:

Palibe kusagwirizana pankhani ya kukhalapo kwathunthu kwa chidziwitso chosangalatsa, chifukwa tikakhala ndi chidziwitso chimenecho timamva kuti umunthu wathu kapena umunthu wathu waung'ono wasinthidwa ndi kusinthidwa, ndipo takwera pamwamba pa chikondi ndi chidani, chisangalalo ndi ululu, ndipo tafika pamlingo womwe zikhalidwe za chidziwitso chocheperako zimawonekera bwino komanso zowonekera.

Timamvanso kukula kwamkati ndi kufalikira, komanso chifundo chambiri pa chilichonse

Mu mkhalidwe uwu, phokoso la dziko lapansi limatha, chisangalalo chimatha, ndipo mkati mwathu mumatuluka lingaliro la umodzi wa kukhalapo ndipo masomphenya omveka bwino a kuwala kwa chilengedwe chonse amaonekera.

Zonyansa zonse ndi zopatuka zimasungunuka kukhala zopanda pake, ndipo timamva ngati tasamukira kudziko lina: ku gwero la chisangalalo chosatha ndi chisangalalo chosatha.

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Mantha amalepheretsa ntchito ya moyo yomwe nthawi zambiri imayenda mozungulira kupita ku mitsempha, kotero kuti imawoneka ngati yafooka, ndipo thupi limakhala lofooka ndipo mphamvu zake zimachepa kwambiri (mantha amaletsa mitsempha!)

Mantha sathandiza kuthetsa chomwe chimayambitsa mantha. Amafooketsa chifuniro ndipo amachititsa ubongo kutumiza chizindikiro chofooketsa ku ziwalo za thupi. Komanso, mantha amawononga mtima, amasokoneza kugaya chakudya, komanso amayambitsa matenda ambiri.

Ngati chidziwitso chikuyang'anabe pa Mulungu, simudzaopa chilichonse ndipo mudzatha kugonjetsa zopinga zonse ndi zopinga molimba mtima komanso mwachikhulupiriro.

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Mphamvu yopezera chipambano ili m'maganizo. Mudzazindikira chowonadi ichi ngati mutsatira zomwe mumakhulupirira ngakhale kuti dziko lapansi likukayikira komanso kukhumudwa kwa omwe akuyesera kukugwetsani pansi. Palibe malire a mphamvu ya malingaliro. Yang'anani pa lingaliro ili ndipo dzazani maganizo anu ndi chikhumbo

chokwaniritsa ndi kutsimikiza mtima kugwira ntchito bwino kuti mukwaniritse zolinga zanu.

Pitirizani kukankhira maganizo anu kuti mukwaniritse bwino kwambiri. Pezani chuma chauzimu, ndipo mitundu yonse ya chuma ndi chitukuko zidzakhala pansi pa ulamuliro wanu.

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Chikumbumtima chilibe malire komanso chopanda malire; chimafikira nyenyezi zakutali kwambiri ndipo chimalowa mu atomu iliyonse m'chilengedwe chonse, mpaka ma elekitironi ang'onoang'ono kwambiri. Anthu ayenera kumva chimodzimodzi ndi nyanja iyi ya chidziwitso cha chilengedwe chonse, kudutsa malire a mabanja ndi mayiko kuti adzizindikire okha ngati mamembala a banja lalikulu la anthu.

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Palibe amene angakhudze munthu pokhapokha pogwiritsa ntchito kapena kugwiritsa ntchito molakwika chifuniro chake. Munthu ayenera kugwiritsa ntchito ufulu wosankha umene Mulungu wawapatsa kuti amufunefune, ndipo adzamupezadi.

Wophunzira ayenera kukumbukira kuti ndikofunikira kwambiri kuyanjana ndi anthu abwino omwe ali ndi chisonkhezero chabwino ndipo amamuthandiza kumulimbikitsa, kulimbitsa chifuniro chake, komanso kukulitsa luso lake lozindikira zinthu.

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Mphunzitsi Paramahansa anauza gulu la ophunzira kuti:

Ndakupatsani chikondi changa mopanda malire komanso mopanda kukayikira, ndipo ndikutsimikiza kuti ndalandira chikondi chanu.

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Anthu ena omwe ndimawadziwa m'moyo wanga anali ndi zinthu zonse zomwe ndimaganiza kuti

ndingafune, koma sanapeze chimwemwe pokwaniritsa zokhumba zimenezo.

Ndinafunafuna Mulungu choyamba ndipo ndinapeza kuti chisangalalo Chake chokhazikika chimakwaniritsa chikhumbo chilichonse ndipo chimadzaza moyo ndi chisangalalo ndi kukhutira, komanso kuti Iye ndi wokongola kwambiri kuposa chisangalalo chilichonse kapena mayesero omwe alipo.

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Munthu sayenera kusokoneza mtima wa munthu wina kapena kusokoneza malingaliro ake, chifukwa mtima ndiye chimake cha malingaliro, komanso chifukwa mavuto amalingaliro amachititsa mtima kukhala ndi nkhawa komanso kusokonezeka.

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Munthu ayenera kudzifufuza yekha kuti adziwe makhalidwe apadera a umunthu wake

Anthu ena amakonda kulemba, ena amakonda kulemba nyimbo kapena kuvina ndi kuimba, ndipo ena amakonda kugwira ntchito m'munda wa zachuma ndi zachuma, ndi zina zotero.

Mwatsoka, pali anthu ena amene amakonda kufalitsa mphekesera ndi kuchita miseche, kapena kukangana ndi kumenyana

Munthu sayenera kuyesa kusintha makhalidwe ake abwino, koma ayenera kusiya zinthu zomwe amachita mosafuna zomwe zimamubweretsera chisoni ndi chisoni.

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Kugwirizana kwachilendo kwa maganizo:

Anthu omwe ali ndi matendawa amakhala ndi mbali imodzi pakufuna kwawo chimwemwe. Amakhulupirira kuti chimwemwe chili m'kusonkhanitsa chuma, kupeza kutchuka, kapena

kukhala ndi thanzi kapena mphamvu, amasiya chilichonse—thanzi, mbiri yabwino, mtendere wamumtima, ulemu, ndi ulemu—pa guwa la nsembe la cholinga chawo chachikulu. Mochedwa kwambiri, amazindikira kuti moyo wokhazikika, womwe umalemekeza malamulo a chilengedwe ndi malangizo a Mulungu, ndikugwirizanitsa zochita ndi bata, ndi womwe ungabweretse chimwemwe chenicheni ndikukwaniritsa cholinga cha moyo wabwino.

Anthu omwe ali ndi matenda osakhazikika a kusowa tulo amaganizira kwambiri za kulakalaka kosalekeza, zomwe zimapangitsa kuti ayambe kuona moyo molakwika komanso molakwika. Mwachitsanzo, wamalonda wina anapambana kwambiri ndipo anapeza chuma chambiri, koma asanasangalale ndi chuma chake, anavutika ndi mantha chifukwa cha nkhawa komanso mantha, ndipo anamwalira ali wosweka mtima [Mulungu akutonthozeni]

Ena amakhulupirira kuti chilichonse n'chololedwa kuti akwaniritse cholingacho. Chifukwa cha chisokonezochi, amalephera kukwaniritsa cholinga chawo chenicheni ndipo sangathe kupeza ngakhale chikhutiro chochepa, ngakhale atakhala ndi zinthu zomwe akhala akuzifuna, chifukwa chibadwa cha anthu ndi chachikulu komanso chamitundu yambiri ndipo chimafuna chitukuko chogwirizana pamlingo uliwonse.

chimfine cha m'maganizo

Matendawa ali ndi dzina lina: kutaya mtima Munthu sadziwa nthawi yomwe adzayamba ndipo adzakumana ndi zizindikiro zake zovutitsa, monga kusowa chiyembekezo, kusalolera, nkhawa, ndi kuleza mtima. Choyipa kwambiri n'chakuti nthawi zambiri amakhala nthawi yayitali, ndipo anthu omwe akudwala matendawa nthawi zambiri amabwereranso

mosavuta, ngakhale atakhala kuti akukhulupirira kuti achira.

Matenda amisala

Matendawa amayamba chifukwa choganizira kwambiri za nkhawa za dziko lapansi. Anthu omwe akudwala matendawa nthawi zambiri amanyalanyaza kugwiritsa ntchito mphamvu zawo ndipo motero amangogonjera mantha awo osalekeza m'malo molimbana nawo molimba mtima ndikuchotsa pakati pawo.

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Chinthu chachikulu chomwe amuna ndi akazi angafunire wina ndi mnzake ndi kumvetsetsana kwauzimu komwe kumalimbikitsa kutseguka m'maganizo ndi komwe kumabweretsa makhalidwe abwino monga kumvetsetsana, kuganizira za momwe akumvera, ndi chikondi.

Komabe, ziyenera kuganiziridwa kuti kukula kwauzimu sikungakakamizidwe pa ena

Munthu akamakonda ena, kukoma mtima kwake kudzalimbikitsa okondedwa ake omwe ali pafupi naye ndipo kudzawakhudza bwino.

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Mulungu amayendera mitima yomwe yayeretsedwa ndi misozi ya chilakolako ndipo yawunikiridwa ndi makandulo achikondi

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Mphunzitsi Paramhansa anauza gulu la ophunzira kuti:

Musayembekezere duwa lauzimu tsiku lililonse kuchokera m'munda wa moyo wanu.

Khulupirirani kuti Mulungu, amene mwamupatsa zinthu zanu, adzakupatsani mphotho ndikukwaniritsa ziyembekezo zanu panthawi yake. Tsopano popeza mwabzala mbewu ya chikondi cha Mulungu m'nthaka

ya miyoyo yanu, isamaleni ndi pemphero ndi ntchito zabwino, ndikuchotsa udzu woopsa komanso wowononga womwe uli mozungulira: udzu wokayikira, kutopa, ndi kutopa.

Maganizo opatulika akamakula, alereni ndi kuwathirira ndi madzi a chikhumbo ndi chikhulupiriro, ndipo m'mawa wina mudzasangalala kuona duwa lodala la kudzidziwa nokha.

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Sitiyenera kuiwala wokondedwa wamkulu kwambiri amene ali kumbuyo kwa okondedwa ndi abwenzi onse, ndipo sitiyenera kulola chikondi cha zinthu zapadziko lapansi zosakhalitsa kulamulira mitima yathu, chomwe chiyenera kugunda ndi chikondi chamuyaya chaumulungu chomwe chilibe chofanana nacho ndipo palibe chikondi chomwe chilipo chomwe chimaposa. Pakuti chikondi chaumulungu chikakhala mumtima, mtendere umakhalamo ndipo chimwemwe cha moyo chimadzaza.

Malemba amalangiza anthu kuganizira za Mulungu, kumiza maganizo awo mwa Iye, kupereka zinthu zonse kwa Iye, ndi kumulambira moona mtima, popanda kunamizira kapena chinyengo Kudziwa Mulungu kuyenera kukhala cholinga chachikulu cha moyo Ntchito za dziko lapansi sizingakwaniritsidwe popanda thandizo la mphamvu zomwe Mulungu wapereka kwa anthu.

Palibe chilichonse m'moyo wa munthu chomwe chiyenera kuonedwa kuti n'chofunika kwambiri kuposa Mulungu. Ngati munthu amasamala Mulungu moona mtima ndikukwaniritsa udindo wake wauzimu kwa Iye, zinthu zidzasintha m'njira iliyonse, ndipo adzamva kuti ndi otetezeka ngakhale zinthu zitavuta bwanji.

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Munthu sayenera kuphwanya ufulu wa ena, kapena kulanda malo awo, mtendere, chikondi, ulemu, kapena chilichonse chomwe ali nacho pa chuma ndi makhalidwe abwino.

Ngati simukufuna kutenga zomwe si zanu, zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu Kuba kumayamba kuzika mizu m'maganizo mwanu munthu akayamba kudera ena nsanje. Mbewu za chilakolako choipa ziyenera kuchotsedwa m'maganizo mwanu.

Kudzipereka kwauzimu ndi njira yomwe munthu amakoka zinthu zambiri mwachibadwa, ndipo madalitso adzachokera kwa iwo kuchokera ku magwero omwe amadziwa ndi magwero omwe sadziwa. Ndi lamulo la Mulungu losalephera Ponena za akuba ndi anthu odzikonda, amakhala moyo wawo wonse akufunafuna zinthu zakuthupi, maso awo nthawi zonse amayang'ana zomwe ena ali nazo, ngakhale ndalama zawo zitadzaza ndi golide.

Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe

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Pambuyo pa zaka zingapo za ukwati, amuna ndi akazi ambirimbiri amadzifunsa kuti:

"Chikondi chathu chinapita kuti?"

Yankho la anthu awa ndi ili: Ananyekedwa ndi moto wokonda zinthu mopitirira muyeso ndipo anagonjetsedwa ndi kudzikonda ndi kusalemekeza.

Makhalidwe amdima awa akalowa mumtima, chikondi chimasanduka phulusa

Mwamuna ndi mkazi akamachitirana nkhanza, amawononga chimwemwe chawo pamodzi kwamuyaya

Mwamuna ayenera kuthandiza mkazi kusonyeza makhalidwe ake abwino ndikumupangitsa kumva kuti sali naye kuti akwaniritse zofuna zake zokha, koma ngati mnzake panjira, amene amamulemekeza ndi kumuyamikira, komanso amene amamuona ngati chizindikiro cha zinthu zofunika kwambiri pa moyo.

Akazi ayenera kuyang'ana amuna mofanana

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Ngati mugwiritsa ntchito feteleza wolakwika pamizu ya mtengo, chipatsocho chidzakhala chochepa komanso chofooka. Mofananamo, munthu akadyetsa mtengo wa ubwenzi ndi malingaliro odzikonda, zolinga zake zosayenera zimasokoneza ndi kuwononga zipatso za ubwenziwo.

Kukhala ndi chidwi ndi munthu chifukwa chakuti ndi wolemera kapena wotchuka ndipo angatichitire zinazake sikungatchedwe ubwenzi. Mofananamo, kukopeka ndi munthu chifukwa cha nkhope yake yokongola si ubwenzi. Nkhopeyo ikataya kukongola kwake kwaunyamata, "ubwenzi" udzatha ndipo udzakhala chinthu chakale.

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Ntchito zabwino zomwe anthu olemekezeka amachita pothandiza ena siziyenera kuchitidwa chifukwa cha kutchuka ndi kutchuka kapena kukhutiritsa dyera, koma zochita zonse ziyenera kuchitidwa chifukwa chokonda Mulungu ndi kufunafuna chisangalalo Chake.

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Anthu amene amasangalala ndi miseche, kunyoza, ndi miseche sadzadziwa chimwemwe chothandiza ena ndi mawu olimbikitsa ndi uphungu wanzeru. Kudzudzula mwankhanza kumakhumudwitsa wochimwayo ndi kumukwiyitsa.

Anthu ambiri amadziwa m'mitima mwawo za zofooka zawo ndi mabala opweteka obadwa nawo, ndipo izi sizingachiritsidwe ndi kuzunzidwa koopsa ndi kunyozedwa kopweteka, koma ndi mankhwala otonthoza komanso otonthoza achikondi.

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Ambuye, ndiloleni ndichite zomwe mukufuna kuti ndichite, ndipo ndisalole zolinga zanga kapena zilakolako zanga kundilamulira. Ndithandizeni kukwaniritsa ntchito zomwe zingapangitse dziko lapansi kukhala malo abwino m'njira iliyonse, kuti maganizo anga ndi zochita zanga zilengeze ulemerero wanu ndikukumbutsa ena za Inu.

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Tulo ndi dalitso, chifukwa mavuto anu onse angakhale otani, mumamasuka ku mavutowo mukangoyamba kuyendayenda. Koma muyenera kuphunzira momwe mungadzimasulire nokha ku mavuto nthawi yomwe mukudzuka. Ngati simunalawepo shuga, simudzadziwa kukoma kwake. Mofananamo, pokhapokha mutagwiritsa ntchito bwino mphamvu ya malingaliro, simungathe kuyamikira mphamvu yake yodabwitsa.

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Pamene Woweruza anali kupereka chigamulo chake chomaliza chokhudza nkhani yovuta yomwe imatanthauza moyo kapena imfa kwa munthu wina, panthawi yomweyo anali kuganizira za mavuto apakhomo omwe adamuchitikira tsiku limenelo ndipo anakhumudwa chifukwa lamulo lake kunyumba silinagwiritsidwe ntchito!

Ngati woweruza wotere apereka chigamulo chosalungama chomwe chingachititse kuti munthu wosalakwa afe chifukwa chosowa chidwi, ndiye kuti nayenso adzaimbidwa mlandu ndi kuweruzidwa

pamaso pa Woweruza Wamkulu, Woweruza wa machimo onse: lamulo lapadziko lonse lomwe silidziwa tsankho ndipo momwe mulibe malo ochitira zachibale.

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Ndimakumbukirabe pamene ndinakumana ndi chochitika chosayembekezereka; kuchokera kumbuyo kwa mitambo ya malingaliro, mbandakucha wa chisangalalo chauzimu unatulukira mwadzidzidzi ndipo unandidzaza

Chokumana nacho chodala chimenecho chinaposa zonse zomwe ndimayembekezera, pamene ndinamva chisangalalo chosaneneka, ndipo kuwala kwa chisangalalo kunaunikira mbali zonse zamdima za chidziwitso, kuchotsa mithunzi ya chisokonezo ndi mafunso.

Kuwala kumeneko—ngati X-ray—kunapyoza zinthu zokwawa ndipo kunandionetsa zinthu zomwe zinali kupitirira malire a nthawi zonse a masomphenya, kum'mawa ndi kumadzulo, kumpoto ndi kum'mwera, patsogolo panga ndi kumbuyo kwanga, pamwamba panga ndi pansi panga, mkati mwanga ndi mozungulira ine, ndi kulikonse

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Kukayikira kowononga kumafanana ndi kufooka mu zotsatira zake. Kumalepheretsa kuganiza bwino komanso kulepheretsa mphamvu ya chifuniro

Zimagwira ntchito ngati chopinga ku ntchito zabwino za mphamvu zapamwamba ndi malamulo a chilengedwe chonse, kuletsa madalitso a Mulungu kufika pa moyo. Zimabweretsanso nkhawa ndi kusowa chochita.

Amakana kupambana ndipo amakana malingaliro chifukwa cha kusadziwa, tsankho, tsankho

losayenera, kapena malingaliro ndi zilakolako zosalamulirika.

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Kubadwanso mwatsopano mwauzimu kumatanthauza kudzimasula ku msampha wa kusadziwa ndi kuthawa zoletsa za chidziwitso chochepa.

Moyo wa munthu nthawi zina ungakhale wokongola kwambiri, koma kuukonda kuli ngati kuyika mbalame ya paradaiso m'khola lopapatiza Ngati mutsegula chitseko cha khola, mbalameyo ingazengereze kuuluka chifukwa yayamba kuizolowera

Mbalame yokongola iyi imaopa ndipo sikufuna kuchoka m'khola ndikubwerera ku ufulu wopanda malire womwe inachokera, m'malo mwake imakonda kukhala m'dera laling'ono komanso lochepa lomwe silikugwirizana ndi chilengedwe chake.

Motero, mzimu wa munthu umazolowera thupi ndipo umakhala mkaidi wake, osadziwa kuti ndi gawo la chilengedwe chopanda malire komanso kuti kukhalapo kwake padziko lapansi ndi kwakanthawi ndipo uyenera kubwerera kwawo kumwamba.

Ndipo kumasula nzeru zachibadwa ku zoletsa ndi zolepheretsa za thupi ndiko komwe ndimatcha kubadwanso mwauzimu.

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Palibe malire a mphamvu ya malingaliro. Yang'anani pa lingaliro ili ndipo dzazani maganizo anu ndi chikhumbo chokwaniritsa ndi kutsimikiza mtima kugwira ntchito bwino kuti mukwaniritse zolinga zanu. Pitirizani kukankhira maganizo anu kuti mukwaniritse bwino. Ngati mupeza chuma chauzimu, mitundu yonse ya chuma ndi chitukuko zidzakhala pansi pa ulamuliro wanu.

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Munthu akalephera kukwaniritsa chikhumbo chake kudzera mu khama lake, amapemphera kwa Mulungu. Motero, pemphero lililonse loperekedwa limavumbula chikhumbo chobisika mkati mwake. Koma popeza Mulungu, zikhumbo zonse zimatha ndipo zikhumbo zonse zimakwaniritsidwa.

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Munthu ayenera kuchita zonse zomwe angathe kuti akhale woona mtima, wopanda tsankho, komanso wopanda zoletsa zina

Ayeneranso kusamala kwambiri maphunziro (zochitika ndi zochitika) zomwe moyo umamupatsa chifukwa zili ndi maphunziro omwe ayenera kuphunzira.

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Zolinga zabwino padziko lonse lapansi ziyenera kuyambitsidwa m'dziko lino, ndipo malingaliro abwino ayenera kutsatiridwa omwe amakweza anthu kufika pamlingo wapamwamba, kuyeretsa malingaliro awo, kuchepetsa zilakolako zawo, ndikuwongolera maluso awo abwino.

Izi zitha kuyatsidwa kudzera mu chitsanzo chauzimu ndi maphunziro abwino, osati kudzera mu mphamvu zankhanza ndi nkhondo zowononga. Mphamvu zandale ndi zoopsa popanda mfundo zauzimu zozilamulira ndi kuzitsogolera.

Ndikamanena za mfundo zauzimu, sindikutanthauza ziphunzitso zinazake, magulu achipembedzo, kapena zikhulupiriro zina, koma malamulo onse: malamulo a chilungamo ndi makhalidwe abwino omwe amagwira ntchito kwa aliyense ndikuwabweretsera ubwino, ubwino, ndi mtendere.

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Munthu aliyense amakhala pansi pa mtengo wa zofuna zake, womwe umakwaniritsa zofuna zake zonse Mtengo umenewo ndi mphamvu ya chifuniro Mphamvu ya chifuniro cha munthu, yomwe ndi chiwonetsero cha chifuniro cha Mulungu, kwenikweni ili ndi mphamvu yokwaniritsa ziyembekezo ndi zofuna za munthu.

Koma aliyense amene sadziwa kulamulira zofuna zake, zokhumba zake, ndi malingaliro ake ayenera kuyamika Ambuye wake kambirimbiri chifukwa malingaliro ake osaphunzitsidwa sakwaniritsidwa nthawi yomweyo, apo ayi zokhumba zakuthengo zingayambitse mawonekedwe a akambuku olusa, olusa omwe amaswa mtendere wa moyo, kuphwanya fupa la chisangalalo, ndikusandutsa malo opumulira a mtendere wauzimu kukhala malo opanda kanthu.

Munthu ayenera kusamala kuti asamangoganizira za mantha, kulephera, matenda, ndi kusadziwa nthawi zonse, kuti maganizo oipawa asatuluke ngati zilombo kuchokera mumdima wa zinthu zosadziwika n'kuyambitsa mavuto aakulu omwe ndi ovuta kuwathetsa kapena kuwalamulira. Maganizo oipa amabweretsa mavuto kwa munthuyo; choncho, ayenera kulowedwa m'malo ndi maganizo abwino ngati munthu akufuna zabwino kwa iye mwini ndi ena.

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Tikazindikira kuti luso lomwe timafunikira kuti tiganize, tilankhule, timve, kapena tichite zinthu zonse limachokera kwa Mulungu ndipo nthawi zonse amakhala nafe, akutilimbikitsa ndi kutitsogolera, timamasuka nthawi yomweyo ku mavuto.

Ndi kuzindikira kumeneku kumabwera kuwala kwa chisangalalo chenicheni, ndipo nthawi zina munthu amadzazidwa ndi kuunika kwakukulu komwe kumachotsa nthawi yomweyo malingaliro a mantha.

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Mawu aliwonse, abwino kapena oipa, amasiya kugwedezeka kwake—zotsalira zake—m'thupi, muubongo, ndi moyo, mphamvu ya kuganiza mu mawonekedwe a zilakolako ndi zilakolako. Motero, kugwedezeka kwa mawu onse kumasiya zizolowezi zabwino kapena zoipa m'maganizo. Munthu amene wadzimasula ku zilakolako zopotoza choonadi amakhazikitsa mkati mwake mphamvu yaikulu, kotero kuti sadzapereka umboni wabodza ndipo mawu ake onse adzakhala oona.

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Ambuye, ndipatseni mphamvu kuti ndigwiritse ntchito mawu anga kutumikira choonadi mwa kulankhula mawu okoma, othandiza, komanso otsitsimula

Sewerani nyimbo zanu zosatha pa chitoliro cha moyo wanga kuti ndidalitsidwe ndi kugwedezeka kwa nyimbo zanu zopatulika.

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O wokondedwa wa chilengedwe

Ndikuona nkhope yanu ikuwala m'miyala yowala

Ndipo ndinawona manyazi anu m'maluwa a duwa

Ndipo ndikumva mawu anu m'kulira kwa mbalame, ndipo ndasangalala kwambiri

Ndipo ndikulota kuti ndidzakumana nanu mumtima uliwonse

Ndadzazidwa ndi chisangalalo

Kufotokozera kwa Transcends

Ufulu ku mantha

Master Paramhansa Yogananda

Chilichonse m'chilengedwe chonse chimapangidwa ndi mphamvu kapena kugwedezeka Kugwedezeka kwa mawu ndi chiwonetsero champhamvu kwambiri kuposa kugwedezeka kwa malingaliro Malingaliro a anthu onse amadutsa mu ether Chifukwa malingaliro ali ndi udindo wapamwamba wogwedezeka, sanawululidwebe Mwamwayi, sitikudziwa malingaliro a anthu onse!

Mwa kukanikiza kapena kutembenuza mabatani a wailesi (ndipo masiku ano), mutha kumva nyimbo ndi mawu osiyanasiyana. Ngati sipakanakhala chidziwitso chachilengedwe mkati mwa zigawo za ether zomwe mafunde a wailesi amadutsa kupita ku wolandila wanu, mukanamva mawu onse owulutsidwa nthawi imodzi.

Mulungu adalenga ether ndipo adauzira maganizo a munthu kuti apange njira zotumizira ndi kulandira kugwedezeka kudzera mu njira iyi. Mafunde a wailesi amadalira ether kuti afalikire komanso magetsi kuti atumize ndi kulandira mafunde a wailesi ogwedezeka awa ndi malingaliro omwe amatumizidwa mumlengalenga kupita kwa wolandila aliyense wolandirira.

Mukakhala pafupi ndi wokondedwa wanu, mumamva maganizo ake, koma simungathe kumva maganizo a munthu amene ali kutali pokhapokha ngati muli ndi luso lapamwamba la kuzindikira. Anthu amene nthawi zonse amachita zinthu zoganizira ndi kusinkhasinkha amakhala ndi mtendere wa mumtima ndipo maganizo awo amakhala abwino kwambiri chifukwa cha chizolowezichi, zomwe zimawathandiza kumva maganizo ndi zolinga za ena ngakhale ali patali!

Tonsefe ndife anthu otumiza ndi kulandira: mumalandira malingaliro a ena kudzera mu mtima

wanu, pakati pa kumverera, ndipo mumatumiza malingaliro anu kudzera mu diso lanu lauzimu, pakati pa cholinga ndi chifuniro Antena yanu ili mu ubongo, pakati pa kuzindikira kwapamwamba, kodziwikiratu Tangoganizani kuti muli kutali ndi kwanu ndipo mukufuna kudziwa zomwe zikuchitika kumeneko Ngati malingaliro anu ali bata kwambiri ndipo malingaliro anu ali chete, mudzatha kumva malingaliro ndi malingaliro a banja lanu kunyumba Mukakhala ndi mphamvu yayikulu yoganizira, malingaliro anu amatha kulowa kulikonse, ndipo malingaliro anu amakhala ndi mphamvu zofunika.

Kutalikirana ndi kochepa chifukwa mphamvu zimalepheretsa malo Kutalikirana kumachepa chifukwa cha chitukuko cha ukadaulo wolumikizirana Tangoganizani kuti munali mtulo ndipo munalota kuti mupite kudziko lina, kenako mukwere sitima kupita kumzinda, kenako mupite ku chilumba, muyime pa madoko angapo panjira Zonsezi zimachitika mkati mwa mphindi zochepa mumaloto chifukwa palibe mtunda m'dziko la malingaliro

Dziko lonse lapansi ndi mlengalenga zili ngati lingaliro, ndipo mmenemo muli mphamvu ya malingaliro. Nditha kutseka maso anga ndikuganiza za zinthu zomwe zili kutali kwambiri. Malo ndi nthawi ndi zinthu zopangidwa ndi maganizo. Kodi kusiyana pakati pa khofi wotentha ndi ayisikilimu wozizira m'maloto ndi kotani? Mukadzuka, mumazindikira kuti ayisikilimu m'dziko lamaloto inali lingaliro chabe, ndipo khofi wotentha inalinso lingaliro—zonse zinali malingaliro osiyana. Maganizo ali ndi mphamvu zonse komanso mphamvu yodziwa zonse. Maganizo omwe ndikunena ndi maganizo a Mulungu. Ndipo monga momwe Iye alili paliponse kudzera mu malingaliro, ifenso tili.

Mukayesa kumvetsera wailesi, nthawi zina mumamva kusinthasintha komwe kumatsagana ndi kuwulutsa. Mofananamo, mukayesa kukwaniritsa chinthu chofunikira m'moyo wanu, mumakumana ndi mtundu wina wa kusokoneza komwe kumayesa kulepheretsa ndikulepheretsa kupita patsogolo kwanu. Kusokoneza kumeneko ndi zizolowezi zoipa

Mantha ndi mtundu wina wa chisokonezo chomwe chimakhudza maganizo anu. Monga zizolowezi zabwino kapena zoipa, mantha amatha kukhala omangirira komanso owononga. Mwachitsanzo, mkazi akamanena kuti, "Mwamuna wanga adzakwiya ndikatuluka usikuuno, kotero sindidzatero," amalimbikitsidwa ndi mantha omangirira komanso ogwirizana Pali kusiyana pakati pa mantha omangirira ndi mantha amantha. Pano ndikunena za mantha omangirira omwe amapangitsa munthu kukhala wosamala kuti asavulaze ena mosafunikira. Mantha amalepheretsa chifuniro. Anthu am'banja ayenera kukhala ndi mantha omangirira okha ndipo sayenera kuopa kuuzana zoona. Kuchita zinthu chifukwa cha udindo, kapena kupereka zofuna zawo potumikira wina ndi mnzake, ndi bwino kwambiri kuposa kuchita zimenezo chifukwa cha mantha. Ngakhale munthu akamapewa kuswa malamulo a Mulungu, ziyenera kukhala chifukwa chokonda Mulungu, osati chifukwa choopa chilango.

Mantha amachokera mumtima Ngati mukumva mantha chifukwa cha matenda kapena ngozi, muyenera kupuma mozama, pang'onopang'ono, komanso pang'onopang'ono kangapo, mukupumula nthawi iliyonse mukatulutsa mpweya. Izi zithandiza kuti magazi anu abwerere mwakale. Ngati mtima wanu uli bata, simudzaopa konse.

Nkhawa imadzuka mumtima chifukwa cha kumva ululu Motero, tikuona kuti mantha amachokera ku zomwe zinachitika kale Mwina munthu adagwa ndikuthyoka mwendo wake m'mbuyomu, motero amaopa kubwereza zomwezo. Kuganizira nthawi zonse za zomwe zinachitikazo kumafooketsa chifuniro ndi mitsempha, zomwe zingayambitse kugwa kwina ndi mwendo wothyoka! Komanso, mtima ukafooka chifukwa cha mantha, mphamvu ya thupi imatsika kwambiri, zomwe zimapangitsa kuti majeremusi a matenda alowe ndikuvulaza thupi.

Palibe munthu amene saopa matenda Mantha anaperekedwa kwa anthu ngati chida chodzitetezera kuti apewe ululu, kuti asakulitsidwe kapena kuganiziridwa nthawi zonse Kuganizira kwambiri za mantha nthawi zonse kumalepheretsa khama lathu lopewa mavuto ndikuthetsa mavuto omwe timakumana nawo Mantha osamala amachokera ku nzeru, monga kuganizira, mwachitsanzo, kuti chakudya china chake sichili bwino ngakhale tikufuna kudya Mantha a matenda amaimira matenda Anthu amadzibweretsera matenda pongoganizira za iwo Ngati nthawi zonse mumaopa kutenga chimfine, mudzakhala osavuta kuchipeza mosasamala kanthu za zomwe mungachite kuti mupewe Musamalepheretse chifuniro chanu ndi mitsempha yanu ndi mantha Pamene nkhawa ikukugwirani motsutsana ndi chifuniro chanu, mumathandiza kupanga zomwe mumaopa. Sikoyeneranso kuyanjana—mopitirira muyeso—ndi iwo omwe amalankhula nthawi zonse za matenda awo ndi zofooka zawo Kuganizira kwambiri nkhani izi kungathandize kubzala mbewu za mantha m'maganizo mwanu Iwo omwe amaopa chifuwa chachikulu, khansa, kapena matenda a mtima ayenera kuchotsa mantha awa m'maganizo

mwawo kuti asabweretse mavuto osafunikira awa. Ponena za odwala ndi okalamba, amafunikira malo abwino komanso othandizira, ozunguliridwa ndi anthu amphamvu, abwino, kuti awalimbikitse ndi kuwalimbikitsa ndi malingaliro abwino ndi malingaliro abwino Maganizo ali ndi mphamvu zambiri Ogwira ntchito kuchipatala nthawi zambiri amadwala chifukwa chodzidalira; ndithudi, malingaliro awo amphamvu amawatsitsimutsa ndikuwapatsa mphamvu nthawi zonse.

Pachifukwa ichi, ndibwino kuti musauze ena za msinkhu wanu mukakula Mukangoyamba kutero, amaona msinkhu wanu ukuonekera m'mawonekedwe anu ndipo amaugwirizanitsa ndi kuchepa kwa thanzi ndi mphamvu Lingaliro la ukalamba limabweretsa nkhawa ndipo limalanda munthu moyo ndi mphamvu Chifukwa chake, sungani zaka zanu chinsinsi kwa inu nokha Tiyenera kudzikumbutsa kuti ndife zolengedwa zosatha, kuti tadalitsidwa ndi thanzi labwino, ndipo dziko lapansi lili lodzaza ndi zabwino

Choncho, samalani kuposa mantha. Njira zodzitetezera ziyenera kutengedwa, ndipo kuyesetsa konse kuyenera kuchitidwa kuti athetse zomwe zimayambitsa matenda ndikudzipulumutsa ku mantha. Majeremusi ali paliponse kotero kuti ngati anthu atawaopa, sangathe kusangalala ndi moyo. Ngakhale kuti pali njira zonse zofunika zodzitetezera pa thanzi, ngati munthu atha kuyang'ana nyumba yake pansi pa maikulosikopu, angataye chilakolako chawo cha kudya.

Chilichonse chomwe mumaopa, chotsani maganizo anu pa icho Siyani kwa Mulungu ndipo limbitsani chidaliro chanu mwa Iye Mavuto ambiri nthawi zambiri amayamba chifukwa cha nkhawa N’chifukwa chiyani mukuvutika pamene matenda

sanakugwereni? Popeza matenda a anthu ambiri amachokera ku mantha, kusiya mantha kudzawamasula nthawi yomweyo, ndipo machiritso adzakhala nthawi yomweyo Usiku uliwonse, musanagone, dzitsimikizireni nokha kuti: "Mulungu ali ndi ine, ndipo aliyense amene ali ndi Mulungu naye saopa chilichonse." Muzizungulira ndi Mzimu wa Mulungu ndi mphamvu zake zakuthambo, mukukhulupirira kuti kachilombo kalikonse komwe kakukuukirani kadzagwetsedwa. Kubwerezabwereza "O Mulungu, Wamphamvuyonse" kapena "O Ambuye, Mthandizi" ndi chidaliro chonse chidzakutetezani, kukulimbitsani, ndikukupangitsani kukhala omasuka komanso athanzi. Ngati muli mogwirizana ndi Mulungu, choonadi chake chidzalowa mwa inu, ndipo mudzadziwa kuti mkati mwanu, ndinu mzimu wosakhudzidwa ndi mavuto ndi wosawonongeka.

Nthawi iliyonse mukachita mantha, ikani dzanja lanu pamtima panu, ndikulipukuta kuyambira kumanzere kupita kumanja pamene mukunena kuti: "Ambuye, chotsani mantha awa kwa ine ndipo mundimasulire maganizo anga ndi malingaliro anga ku zosokoneza zilizonse." Monga momwe pali njira zochotsera kusokonezedwa ndi wailesi, momwemonso, ngati nthawi zonse mupukuta mtima wanu kuchokera kumanzere kupita kumanja, ndipo ngati nthawi zonse mumayang'ana pa lingaliro lochotsa mantha mumtima mwanu, manthawo adzatha ndi thandizo la Mulungu, ndipo mudzamva chisangalalo chaumulungu chikudzaza thupi lanu lonse.

Mantha nthawi zonse amakhala ndi munthu, ndipo kuchotsa manthawo n'kotheka poganizira za Mulungu ndikumva kukhalapo kwake.

Khulupirirani Mulungu ndipo khalani oona mtima pa chilichonse chimene mumachita Pali anthu ambiri otsanzira; musawonjezere dzina lanu pamndandanda wawo wautali. Yang'anirani zomwe mumachita ndipo chitani mwanjira yapadera yomwe palibe amene adachitapo kale. Munda uli wotseguka kuti mukhale ndi luso lolenga malinga ngati chilakolako chili choona mtima ndipo chifuniro chilipo. Chilengedwe chonse chimakuyankhani mukakhala mogwirizana ndi Mulungu.

Anthu nthawi zambiri amaika patsogolo, koma tiyenera kuganizira za ena ndi kuwathandiza momwe tingathere, kuwafunira zabwino monga momwe timafunira ife eni. Tikachita izi mofunitsitsa komanso ndi mtima wonse, timamva kuti chifundo chathu chikukulirakulira ndipo chikondi pakati pa ife ndi ena chimakula ndikukula.

Mu malo okhala ndi anthu 1,000, aliyense akanakhala bwino, munthu aliyense akanakhala ndi anzake 999. Koma aliyense m'malo amenewo akanakhala ngati mdani kwa ena, munthu aliyense akanakhala ndi adani 999.

Kugonjetsa mitima ya anthu ndi mphamvu ya chikondi ndi chigonjetso chachikulu chomwe aliyense angapeze m'moyo. Yesetsani kuganizira zabwino za ena, ndipo mudzapeza dziko lonse lili pamapazi anu. Ichi chinali chipambano chachikulu kwambiri cha anthu akuluakulu omwe adakhala ndi kufera ena. Iwo omwe ali ndi mphamvu zazikulu zomwe amakhala okha amangobisika mwachangu. Koma iwo omwe amakhala ndi moyo chifukwa cha ena amakumbukiridwa kosatha. Aneneri sanali ndi mipando yachifumu yagolide panthawi yawo ya padziko lapansi, koma amakhala pampando wachifumu wachikondi m'mitima ya anthu mamiliyoni.

Umenewo ndiye mpando wachifumu wabwino kwambiri womwe munthu aliyense angakhaliremo.

Munthu amabwera m'dziko lino akulira pamene ena onse akusangalala ndi kubwera kwawo. Ayenera kugwira ntchito ndi kutumikira nthawi yonse ya moyo wawo wopatsidwa kuti nthawi ikafika yoti achoke m'dziko lino, apite akumwetulira pamene dziko likuwalira.

Mulungu adalenga dziko lino kuti anthu agwiritse ntchito nzeru zawo kuti apeze chidziwitso chauzimu ndikumvetsetsa kuti Lingaliro la Mulungu ndi mphamvu yamphamvu, ndipo mphamvu iyi iyenera kutsogoleredwa m'njira yoyenera kuti ipindule iwo eni ndi ena.

Ngati Mulungu sanatipatse chikondi mwa kubzala chikondi chake m'mitima mwathu, sitikanadziwa chikondi cha anthu konse Popeza Mulungu ndi wowolowa manja komanso wachikondi kwa ife, Iye ayenera kukhala cholinga chathu komanso cholinga chathu chofunafuna Iye sakufuna kudzikakamiza, koma palibe chimwemwe chomwe chingapezeke popanda kuganizira za Iye ndi kulumikizana naye.

Njira yachinsinsi imene thupi ndi maganizo zimagwirira ntchito, imene Mulungu watisiyanitsa ndi zolengedwa zina zonse

Zodabwitsa zina zonse ndi zodabwitsa m'moyo ziyenera kukhala zokwanira kutilimbikitsa kuti tifune kuzifufuza ndi kuzipeza.

Aliyense amene ayesa izi moona mtima komanso moona mtima adzapambana pa ntchito yake ndipo adzakwaniritsa cholinga chake.

Pamene ndinayamba njira iyi, moyo wanga poyamba unali wosokonezeka komanso wosakhazikika, koma chifukwa cha kuyesera mobwerezabwereza komanso khama lopitirira,

mitambo inayamba kutha, ndipo zinthu zinayamba kuonekera bwino modabwitsa. Chilichonse chomwe chinandichitikira chinali umboni wosatsutsika wa kukhalapo kwa Mulungu ndi kuthekera kolumikizana ndi kumudziwa Iye m'moyo uno. O, bata, mtendere wamumtima, ndi bata lamkati lomwe wofunafunayo amakumana nalo akapeza Mulungu! Dziko lapansi lidzakhala lowala komanso lomwetulira, chilichonse chidzakhala bwino, ndipo palibe chomwe chidzatha kuyika mantha mumtima.

Umu ndi momwe tiyenera kukumana ndi mavuto ndikulimbana nkhondo ya moyo ndi kulimba mtima ndi kulimba mtima koyenera ana a moyo ndi kuwala.

Kupeza chuma

Mphunzitsi: Paramhansa Yogananda

Kumasulira: Mahmoud Abbas Masoud

Kodi pali mphamvu m'chilengedwe chonse yomwe ingawulule migodi ya chuma ndi chuma, ndikupeza chuma chomwe sichinaganiziridwepo ndipo chomwe sitinachilotepo kale?

Kodi pali mphamvu iliyonse m'chilengedwe chonse yomwe tingaidalire pofunafuna thanzi, chimwemwe, ndi kuunikiridwa mwauzimu?

Aphunzitsi odziwa bwino ntchito yawo akutsimikizira kuti mphamvu imeneyi ilipo ndipo asonyeza kuti malamulo ndi mfundo za choonadi ndi zothandiza kwambiri ndipo zidzagwira ntchito kwa anthu ngati zitawayesa ndi maganizo otseguka.

Kupambana m'dziko lapansi sikudalira kokha maphunziro ndi kudzidalira, komanso kutsimikiza mtima kugwiritsa ntchito bwino mwayi womwe ulipo.

Mwayi wa moyo subwera mwangozi; umapangidwa ndi kupangidwa Anthu apanga mwayi wonse womwe wakhalapo ndipo ulipo kwa iwo (kaya m'moyo uno kapena m'mbuyomu, kuphatikizapo miyoyo yakale kapena matupi a anthu) Popeza apanga mwayi uwu, ayenera kuugwiritsa ntchito ndikupindula nawo mokwanira komanso m'njira yabwino kwambiri.

Ngati tigwiritsa ntchito njira zonse zakunja ndi zinthu zina, kuwonjezera pa luso lathu lachibadwa, kuti tigonjetse zopinga zilizonse zomwe zingatilepheretse, tidzakulitsa mphamvu zomwe Mulungu watipatsa: mphamvu zopanda malire zomwe zimachokera pansi pa umunthu wathu. Tili ndi mphamvu ziwiri zazikulu: mphamvu ya nzeru ndi mphamvu ya chifuniro, ndipo tiyenera kugwiritsa ntchito mphatso ziwiri zopatulikazi mokwanira.

Kupambana kapena kulephera kwa munthu kumadalira mtundu ndi kaganizidwe kake ka chizolowezi. Ndi chiyani chomwe chili ndi mphamvu kwambiri pa moyo wa munthu: malingaliro opambana kapena malingaliro olephera? Ngati kuganiza kuli koipa nthawi zambiri, nthawi zina malingaliro abwino sangakhale okwanira kukopa kupambana. Koma ngati munthu akuganiza moona mtima, adzapeza zomwe akufuna ndikukwaniritsa cholinga chake, ngakhale atakhala kuti wazunguliridwa ndi mdima.

Munthu aliyense ali ndi udindo pa iye mwini. Palibe wina amene adzayankha kapena kulipira mlandu m'malo mwake pa Tsiku Lomaliza.

Ntchito yathu padziko lapansi, komwe zochita zathu zakale zatiyika, ndi chinthu chomwe palibe wina aliyense akanatha kuchita. Ndipo ntchito yathu imaonedwa kuti ndi yopambana pokhapokha ngati ikuthandiza anthu anzathu mwanjira ina.

Palibe vuto lomwe liyenera kuganiziridwa kapena kubwerezedwanso nthawi zonse. Lolani zinthu zipumule kwakanthawi, ndipo zitha kudzithetsa zokha. Komabe, munthu sayenera kukhala chete kwa nthawi yayitali mpaka kutaya luso lozindikira. Nthawi yopumula iyenera kugwiritsidwa ntchito poganizira mozama komanso kufikira malo amtendere mkati mwa mzimu.

Mukakhala mogwirizana ndi inu nokha, mudzatha kuganiza bwino pa chilichonse chimene mumachita Ngakhale malingaliro anu atabalalika, mudzatha kuwasonkhanitsa ndikuwayang'ananso. Kuthekera kokwaniritsa mgwirizano wopatulikawu kungapezeke kudzera mu khama ndi kuchita zinthu mwanzeru.

Kuwonjezera pa kuganiza bwino, mphamvu yofuna kuchita chilichonse, kugwira ntchito molimbika, ndi kupirira ndizofunikira kuti munthu apambane. Mawonekedwe onse akunja ndi zochitika zimachitika chifukwa cha mphamvu yofuna kuchita chilichonse, koma mphamvu imeneyi nthawi zambiri sigwiritsidwa ntchito mwanzeru komanso mwanzeru.

Pali chifuniro chodzipangira chokha monga momwe kulili chifuniro chodziwa, ndipo mphamvu yoyendetsa zochita zonse ndi kutsimikiza mtima kosagwedezeka kapena mphamvu yofuna, popanda izi munthu sangathe kuyenda, kulankhula, kugwira ntchito, kuganiza, kapena kumva. Chifukwa chake, mphamvu yofuna ndiyo mphamvu yolimbikitsa zochita zonse, ndipo kulephera kugwiritsa ntchito izi kumatanthauza kusachita chilichonse komanso kutopa, mwakuthupi komanso m'maganizo Anthu amagwiritsa ntchito mphamvu yofuna ngakhale kusuntha manja awo, ndipo n'zosatheka kukhala popanda kugwiritsa ntchito mphamvu imeneyi.

Mphamvu yodzifunira yokha ndi kugwiritsa ntchito mphamvu yodzifunira mosazindikira Mphamvu yodzifunira

yozindikira ndi mphamvu yofunika kwambiri yotsagana ndi kutsimikiza mtima ndi khama; ndi chopangira mphamvu chomwe chiyenera kutsogozedwa mwanzeru komanso moganizira. Munthu akamaphunzira kugwiritsa ntchito mphamvu yodzifunira yanzeru, yoganiza, m'malo mongodzifunira, ayeneranso kuonetsetsa kuti mphamvu yake yodzifunira ikugwiritsidwa ntchito m'njira yopindulitsa komanso yomanga, osati pazifukwa zovulaza kapena kupeza zinthu zopanda pake komanso zopanda phindu.

Kuti munthu akhale ndi chifuniro champhamvu komanso chogwira mtima, ayenera kukhala ndi cholinga ndi kutsimikiza mtima kuchita zinthu zomwe poyamba ankaganiza kuti sizingatheke. Yambani ndi ntchito zosavuta, ndipo pamene kudzidalira kwanu, mphamvu zanu, ndi chifuniro chanu zikukula, pang'onopang'ono yesani zovuta komanso zovuta kwambiri.

Choyamba, munthu ayenera kuonetsetsa kuti cholinga chabwino komanso chabwino chakhazikitsidwa, ndikuyesetsa kuchikwaniritsa ndi mphamvu zonse ndi kuthekera konse, ndi kukana kwathunthu kusiya kapena kuvomereza kulephera, mosasamala kanthu za zopinga zomwe zingamulepheretse.

Munthu ayenera kugwiritsa ntchito chifuniro chake chonse kuti agwire bwino ntchito nthawi yomweyo osawononga mphamvu kapena kusiya zinthu zosamalizidwa asanayambe ulendo watsopano.

Mtendere ukhale pa inu

Momwe mungawerengere makhalidwe abwino a anthu ena

Kuphunzira makhalidwe abwino a ena kumapangitsa munthu kudziwa bwino zinthu zomwe zingamuthandize kukonza makhalidwe ake. Komabe, kuphunzira makhalidwe oipa n’kosemphana ndi choonadi ndi chikumbumtima, ndipo kuli ndi zotsatirapo zoopsa.

Aliyense amapewa "apolisi achinsinsi a makhalidwe abwino" omwe cholinga chawo chachikulu ndi kuulula ndi kunyoza ena. Ambiri mwa iwo omwe amasangalala kudzudzula ena sangapirire kudzudzulidwa, ngakhale kuti angakhale ndi zofooka zomwe amadandaula kuti amaziona mwa ena, malinga ndi chikumbumtima chawo "choyera".

Kuphunzira za khalidwe n'kofunika kwambiri pa chifukwa chimodzi chachikulu: nthawi zonse timafunika kuona makhalidwe abwino mwa ena ndikukulitsa makhalidwe amenewo mwa ife tokha. Ndimaphunzira za khalidwe pamene ndikuyenera kuchita zinthu ndi anthu ena. Koma kusankha kwanga kumachokera ku malingaliro osiyana kwambiri. Nthawi zina ndimalola munthu amene ndimamudziwa kuti ndi wosakoma mtima kukhala nane, ndikuyembekeza kuti adzapindula. Ngati amvera malangizo anga auzimu kuti apindule, adzasintha kukhala abwino; ngati sichoncho, ndidzachita zonse zomwe ndingathe.

Ndili ngati dokotala amene amadziika pangozi yodwala kuti athandize wodwalayo. Madokotala onse amatenga chiopsezo ichi chifukwa chofuna kutumikira ndi kuthandiza. Chimodzimodzinso ndi dokotala wauzimu. Iye amadzipatsa udindo wofufuza ena ndikuwasonyeza zofooka ndi ululu wawo kuti awathandize kukonza miyoyo yawo.

Yesu anati, "Musaweruze, kuti inunso mudzaweruzidwa" (ndipo mu Quran timawerenga

kuti, "Zoonadi, kukayikira kwina ndi tchimo") Uku ndi kutsutsa komveka bwino kwa kutsutsa komwe kumabwera chifukwa cha cholinga choipa komanso chikhumbo chofuna kuvulaza ena Khalidwe lotere ndi lankhanza ndipo limawononga mlengalenga wa ubwenzi ndi chikondi pakati pa anthu Kudzudzula sikuli kothandiza konse pokhapokha ngati kuperekedwa ndi chikondi chenicheni ndipo munthu wina akakufuna. Kuyenera kuperekedwa kokha ndi cholinga chothandiza munthu ameneyo. Amene aphunzira kudziletsa ali ndi ufulu wothandiza ena. Kuchokera pamalingaliro awa, kuphunzira makhalidwe abwino n'kothandiza komanso kopindulitsa.

Gawo limodzi la kuphunzira za khalidwe limachokera ku physiognomy. Akuti makhalidwe onse odziwika mwa munthu amaonekera bwino m'thupi lake. Mawu awa sangatchulidwe kuti ndi ofala chifukwa si makhalidwe onse a thupi kapena zizindikiro zomwe zimaneneratu molondola za moyo wamaganizo.

Aristotle anaphunzira za physiognomy ngati chitsogozo chomvetsetsa makhalidwe a anthu. Aphunzitsi aku India amapita patsogolo kwambiri. Amati malingaliro ofunikira a moyo wa munthu amavumbulutsidwa m'maso. Ndipo ngakhale maso amavumbulutsa zinsinsi zamkati mwa mzimu—osati za moyo uno wokha komanso za matupi akale—malingaliro a mbuye wodziwa bwino ntchito ndi omwe amatha kuwerenga ndikuwunika malingaliro awa.

Nthawi zina mukuyenda mumsewu ndipo mwadzidzidzi mukuona chinachake m'maso mwa munthu wodutsa, ndipo mumadziuza nokha kuti, "Sindikumva bwino ndi munthu ameneyo" kapena

"Ndimakonda munthu ameneyo," kutengera momwe zinthu zilili.

Maso amafotokoza nkhani yonse Mantha, mkwiyo, nsanje, umbombo, kupatsa, chikondi, kulimba mtima, uzimu, ndi makhalidwe onse abwino ndi oipa zimaonekera m'maso Asilikali achinsinsi amatha kulamulira minofu ya nkhope yawo kuti maonekedwe awo asasonyeze zolinga zawo Koma sangabise kapena kuchotsa kukayikira m'maso mwawo (ndicho chifukwa chake ena amavala magalasi akuda!) Komabe, maso a wochita yoga amakhala chete chifukwa akuganizira za mzimu waumulungu wodekha komanso wodekha

Chilichonse cha nkhope ndi thupi chaphunziridwa Ngakhale ziphuphu zomwe zili pamutu zafufuzidwa Koma mawonekedwe a thupi nthawi zonse safotokoza nkhani yonse, ndipo zikhalidwe zosiyanasiyana zimapanga mfundo zosiyanasiyana kuchokera ku zomwe adaziwona ndi maphunziro awo. Ena amati anthu onenepa kwambiri ndi okonda zosangalatsa ndipo sakonda kugwira ntchito, pomwe anthu owonda amakhala auzimu kwambiri.

Kaisara ankaopa Cassius, amene ankamuona ngati chiwopsezo ku mphamvu zake Olemba ena ankaganiza kuti anthu oonda amaganiza kwambiri, ndichifukwa chake alibe thupi. Komabe, mbiri imasonyeza kuti anthu oonda komanso onenepa akhala olamulira abwino.

Ngati muli ndi kunenepa kwambiri nthawi zonse tsopano, mwakhala mukulemera kwambiri nthawi zambiri kale (m'thupi lakale) Kapena ngati mukuchepa thupi nthawi zonse, mwakhala mukulemera kwambiri m'thupi lakale. Mwatengera chizolowezi (chokhala wonenepa kapena woonda) kuchokera m'mbuyomu. Ndipo kaya mudya chiyani,

malingaliro amenewo amakhalabe amphamvu ndipo amatha kudziwonetsera okha.

Physiognomy, monga sayansi yomwe cholinga chake ndi kutanthauzira chibadwa cha munthu, ndi sayansi yeniyeni ngati tiganizira kuti malingaliro onse omwe adutsa m'maganizo mwa munthu m'machitidwe ake ambiri a thupi amaonekera m'thupi lake. Komabe, izi zimafuna chidziwitso champhamvu cha mphunzitsi wodziwa bwino zauzimu kuti azindikire mokwanira komanso molondola makhalidwe a physiognomy mwa munthuyo.

Mwachitsanzo, Socrates anali wonyansa kwambiri. Anakumana ndi katswiri wa zakuthambo yemwe anamuuza kuti: "Socrates, ndiwe munthu woipa kwambiri komanso woipa kwambiri amene ndamuwonapo." Ophunzira a Socrates anakwiya kwambiri ndi katswiri wa zakuthamboyo, koma mphunzitsi wawo anayankha kuti: "Mukunena zoona kuti ndinali choncho kale, koma ngakhale kuti tsopano ndagonjetsa makhalidwe oipa amenewo ndi nzeru, zinthu zomwe ndinkachita zikadali zolembedwa pa thupi ili, zomwe zimapangitsa kuti liwoneke loipa kwambiri."

(Izi zikutikumbutsa za kuonekera kwa m'modzi mwa olemba otchuka kwambiri achiarabu m'mibadwo yonse: Abu Bahr al-Jahiz, amene ankanenedwa za iye :)

Ngati nkhumbayo ikasinthidwa kachiwiri, ikanakhalabe yonyansa pang'ono kuposa ya Al-Jahiz

Munthu amene amachita ngati m'malo mwa gehena mwiniwake; iye ndi kachidutswa ka fumbi pa ngodya iliyonse (onani)

Palibe nkhope ziwiri zofanana kwenikweni. Nkhope iliyonse ndi yosiyana chifukwa cha makhalidwe ndi makhalidwe omwe adawonekera

m'moyo uno komanso m'miyoyo yakale. Sikuti kungoweruza anthu ngati abwino kapena oipa kutengera mawonekedwe awo apano, kaya Saint Francis wa ku Assisi anali wokongola kapena wosasangalatsa, pomwe wophunzira wake, M'bale Macedonia, anali munthu wokongola. Koma Macedonia analibe kukongola kwakukulu kwauzimu komwe Francis anali nako.

Gawo lina lofufuza lokhudzana ndi physiognomy ndi pathognomy: kutanthauzira kwa malingaliro a munthu kapena momwe amafotokozera malingaliro ake kudzera m'machitidwe, mawonekedwe a nkhope, ndi mayendedwe a thupi, komanso pophunzira momwe amachitira zinthu zinazake.

Malingaliro ndi zizolowezi zimasonyeza makhalidwe a munthu, koma anthu ambiri ali ndi luso lobisa malingaliro awo enieni chifukwa safuna kuulula kwa ena.

Amuna awiri anamva nkhani yakuti akazi awo amira limodzi. Mmodzi anasonyeza chisoni chachikulu, pomwe winayo anakhala chete. Komabe, amene ankaonetsa chisoni poyera sankakonda mkazi wake kwenikweni kuposa mwamuna amene sanasonyeze kuvutika maganizo konse kudzera mu nkhope yake. Motero, matenda a pathogenesis—kumvetsetsa malingaliro enieni ndi zochita—ndi gawo lofunika kwambiri lophunzirira.

Anthu amatha kufufuzidwa molondola komanso modalirika kutengera momwe akumvera komanso mawonekedwe awo. Ndimaphatikiza njira zonse ziwiri kuti ndiwunikenso molondola komanso modalirika. Onse omwe amabwera kwa ine kuti akaphunzire amaikidwa m'malo enaake kuti awone momwe malingaliro awo ndi momwe akumvera zimakhudzira. Ngati ayankha molakwika, ndimayesetsa

kuwawongolera. Koma ndimachita izi pokhapokha ngati munthuyo andipempha upangiri wanga ndikundipatsa mphamvu ndi chilolezo choti ndiwatsogolere.

Anthu ena amakhudzidwa ndi maganizo pazifukwa zochepa chabe, oimba nyimbo akumadzulo nthawi zambiri amakhala ndi malingaliro, ndipo nyimbo zambiri zakumadzulo zimakhala ndi malingaliro chifukwa zimayang'ana nkhani za chikondi cha anthu. Ku India, nyimbo zimayang'ana kwambiri lingaliro la Mulungu, ndipo ichi ndi chinsinsi cha kuthekera kwake kutonthoza mkuntho wa malingaliro ndikubweretsa mtendere wauzimu. Izi sizikutanthauza kuti oimba onse akumadzulo ndi okonda malingaliro kapena oimba onse aku India ndi auzimu, ngakhale kuti mwina ndi okonda. Mawu achi Sanskrit oti woimba amatanthauza "wotamanda Mulungu"

Mukamachita zinthu ndi anthu okonda kutengeka maganizo, nthawi zambiri simungawadalire kapena kudalira kusinthasintha kwawo. Lero ali nanu, ndipo mawa amakusiyani kapena kukupandukirani. Ndaona anthu akubwera ku hermitage ndipo patangopita masiku ochepa akuyesera kukutsimikizirani za kudzipereka kwawo kwabwino, koma pakapita kanthawi kochepa amachoka ndipo simudzawaonanso.

Palibe chomwe chimandipweteka kuposa kusweka kwa ubwenzi ndi kuphwanya chiyero chake. Ndikapereka ubwenzi wanga kwa wina, sindimaubwezanso.

N'zosavuta kusiyanitsa pakati pa anthu oganiza ndi oganiza. Oyamba amafuna kuchitapo kanthu, pomwe otsiriza amafuna kuganiza ndi kusinkhasinkha. Onsewa ndi ofunikira. Anthu oganiza

amafuna kuchitapo kanthu nthawi yomweyo ndipo motero amafunikira wina wowatsogolera poika mphamvu zawo mu zochita zopindulitsa mwauzimu. Kuti athandize mitundu yonse iwiri kukhala yogwirizana, ndikulangiza anthu oganiza kuti aganizire mozama, ndipo ndikulangiza anthu oganiza kuti aganizire mozama ndikuchitapo kanthu.

Anthu omwe ali ndi zizolowezi zoipa monga kudya mopitirira muyeso, kusuta fodya, ndi kumwa mowa ayenera kusamalidwa bwino, chifukwa kuwaletsa kukwaniritsa zokhumba zawo kumangobweretsa mkwiyo. Ngati mutenga chakudya kwa munthu wodya mopitirira muyeso, adzakwiya. N'zopanda phindu kuyesa kuthandiza akapolowa kuti azindikire ngati asonyeza chikhumbo chenicheni chofuna kusintha.

Anthu omwe ali ndi maganizo abwino adzazindikira Mulungu. Ambuye wa chilengedwe chonse amakhala pampando wachifumu wa maganizo abwino. Ndipo kudzera mu chiyero ichi, anthu amasangalala ndi mtendere wangwiro.

Malinga ndi filosofi ya ku India, munthu aliyense amalamulidwa ndi chimodzi mwa makhalidwe atatu ofunikira:

Satwa: Ndi khalidwe la anthu auzimu omwe amadya chakudya choyenera mwanzeru, amakulitsa zizolowezi zabwino, komanso amakonda Mulungu.

Rajas: Ichi ndi khalidwe la anthu omwe nthawi zonse amakhala achangu, omwe amapitiriza kugwira ntchito mpaka imfa.

Tamas: Ndi khalidwe la anthu amene amadzaza miyoyo yawo ndi mikangano, mkwiyo, nsanje, kusangalala ndi zosangalatsa, kutopa, komanso kusokoneza anthu.

Chizolowezi chilichonse chomwe chimalepheretsa kupita patsogolo mwauzimu chiyenera kuthetsedwa,

ndipo wofunafunayo ayenera kukhala wodziwa bwino maganizo ndi zochita zake. Ndi ochepa okha omwe amadziwa bwino komwe zabwino zake zili.

Pogwiritsa ntchito njira yotsatirayi, mutha kuweruza munthu aliyense Makumi asanu ndi anayi mphambu asanu ndi anayi pa zana a anthu onse alephera mayeso awa: funsani aliyense kuti achite chinachake—chomupindulitsa—ndipo adzachita zosiyana kwambiri. Chifukwa chiyani? Chifukwa alibe mphamvu zotsutsa zilakolako zawo. Makhalidwe awo adziko lapansi amakhala olimba kwambiri komanso amphamvu. Nthawi zambiri, anthu sachita zomwe mukuwalangiza—ngakhale akudziwa kuti ndi zabwino zawo—kuti atsimikizire kuti simungathe kuwalimbikitsa. Amene akufuna kudzikonza okha ayenera kugwirizana ndi omwe ali odziletsa komanso odekha. Yesani kulumikizana ndi omwe ali ndi mbiri yabwino yauzimu, ndipo mudzapindula kwambiri. Ofooka ayenera kugwirizana ndi amphamvu, ngakhale amphamvu kwambiri! Wolimbana amakula mphamvu polimbana ndi munthu wamphamvu kuposa iye mwini.

Ena amati mkazi ndi wanzeru ngati mphaka Koma mwamuna akhozanso kukhala wanzeru ngati nkhandwe. Mphaka amadya chimbalangondo cha ziweto kenako n’kukhala chete ngati yoga wosinkhasinkha kapena mkulu wolemekezeka, akudzionetsera kuti ndi wosalakwa pa chochita choipa chimenecho.

Anthu ena amasangalala kuwononga mtendere ndi chimwemwe cha ena Cholinga chawo ndi kuzunza ndi kukwiyitsa, ndipo amachita zinthu ngati mimbulu yolusa, kuyendayenda m'dera la anthu kufunafuna mikangano ndi ndewu, osapeza mtendere mpaka atasokoneza bata ndikupangitsa kuti pakhale mlengalenga wovuta.

Anthu ena ankafanizidwa ndi ma jay, akucheza nthawi zonse. Ankanena kuti munthu analengedwa poyamba, kenako mulungu Tuashtari anatenga kufatsa kwa mwezi, kufewa kwa bere la tsekwe, kutsitsimuka kwa maluwa, ndi kulira kwa ma jay, ndipo anasakaniza izi kuti apange mkazi. Chisangalalo cha mwamunayo chinali chosaneneka. Koma patapita kanthawi, anapita kwa Tuashtari nati, "Ndi cholengedwa chokongola bwanji! Ndimamuyamikira kwambiri, koma amalankhula mosalekeza ndipo wandipangitsa kukhala wosasangalala. Chonde, mbuye wanga, mubwezereni." Patatha miyezi iwiri, mwamunayo anabwerera kwa Tuashtari nati, "Ndamva chisoni kwambiri. Chonde ndibwezereni mkaziyo kwa ine." Kenako, patapita kanthawi, anabweranso nati, "Chonde munditengere kwa ine." Koma nthawi ino, Tuashtari anayankha kuti, "Sindidzatero! Muyenera kumusunga!"

Munthu wosauka! Sakanatha kukhala naye, koma sakanathanso kukhala popanda iye!

Akazi nawonso, angadandaule za amuna Pokhapokha ngati amuna ndi akazi samvetsetsana, mosadziwa komanso mopusa adzazunzana. Ndi ofanana pamaso pa Mulungu. Palibe mwamuna amene amabadwa popanda mkazi, kapena mkazi wopanda mwamuna. Ndi udindo wa onse awiri kupanga mgwirizano pakati pa makhalidwe awo akunja ndi amkati. Amuna amatsogozedwa kwambiri ndi nzeru kuposa malingaliro, pomwe akazi amatsogozedwa kwambiri ndi malingaliro kuposa nzeru. Onse ayenera kuyesetsa kukhala ndi mgwirizano wamaganizo pakati pa kulingalira ndi malingaliro kuti akhale anthu okwana bwino komanso athunthu.

Anthu ena—Mulungu andikhululukire ponena izi—amachita zinthu ngati abulu Ngakhale kuti akuvutika

kwambiri komanso kwa nthawi yayitali chifukwa cha zotsatira za ukapolo wogonana, amapitirizabe kutsata zizolowezi zawo zoipa molimba mtima. Zikuoneka kuti ali ndi zokumbukira zoipa kwambiri. Amaiwala msanga zotsatira zopweteka za chilakolako chawo chosafuna kudya ndipo saphunzira chilichonse kuchokera ku zomwe akumana nazo. Pachifukwa ichi, ali ngati ng'ombe, kapena choipa kwambiri!

Mu chilengedwe, nyama zamitundu yonse zimayimira malingaliro ndi makhalidwe onse Koma anthu ali nazo zonse mkati mwawo. Munthu akhoza kuchita ngati njoka, mmbulu, nkhandwe, kapena mkango. Mkati mwathu muli gwero la gehena kapena kasupe wa kumwamba. Tiyenera kuphunzira kuwonetsa kwambiri makhalidwe a angelo ndi makhalidwe abwino m'maganizo athu, mawu, ndi zochita zathu.

Ngakhale n'zotheka kuphunzira khalidwe mwa kusanthula maso, malingaliro, ndi mawonekedwe a thupi, monga tafotokozera, njira yabwino kwambiri, yodabwitsa kwambiri, komanso yolondola kwambiri ndiyo kuphunzira khalidwe mothandizidwa ndi masomphenya amkati kapena malingaliro omveka bwino. Ngati malingaliro ndi malingaliro anu akhala chete, mudzatha kuzindikira chibadwa cha munthu aliyense amene mumakumana naye kapena kuyanjana naye mwanjira ina, ndipo malingaliro anu adzakhala omveka bwino komanso oona mtima, ndipo palibe amene adzatha kukunyengani kapena kukusokeretsani.

Udindo wanga ndi kulandira anthu amitundu yonse kuti akaphunzitsidwe ndi kuthandizidwa. Sikoyenera kuletsa kuthekera kwa munthu ku gawo limodzi ndikuwunika kuchokera ku lingaliro limodzi lokha. Koma kaya munthuyo asinthe kapena

apitirizebe kukhala yemweyo, kuzindikira kudzakuuzani zambiri kuposa kungoyang'ana maso ake, malingaliro ake, kapena mawonekedwe ake a nkhope, mosasamala kanthu za chibadwa chake. Kuzindikira ndiye mphamvu yayikulu yowunikira. Monga momwe galasi limawonetsera zomwe zili patsogolo pake, momwemonso, pamene malingaliro anu apeza mphamvu ya galasi, mudzawona makhalidwe enieni a ena omwe amawonekera pagalasi la moyo wanu.

Ngati mugwira ntchito yothandiza ena, kuganizira, ndi kukhala chete, khalidwe lenileni la aliyense amene amabwera kwa inu kapena kulankhula nanu lidzaonekera bwino komanso lopanda banga Mtendere ukhale nanu.

Ngale zochokera ku nyanja ya nzeru za chilengedwe chonse

Mtendere wa mumtima uyenera kukulitsidwa kuti muchotse mantha

Munthu wodekha mwachibadwa amakhalabe ndi mtendere muzochitika zonse. Salolanso malingaliro .kuwalamulira ndikuwatsogolera kupanga zisankho zolakwika

Sanyengedwa ndi nkhani zokoma komanso zokongola zomwe anthu okonda mwayi amagwiritsa ntchito kuti apeze .madalitso osayenerera

Chifukwa cha bata lake lachibadwa, nthawi zambiri samanyengedwa kapena kusocheretsedwa. Ndithudi, mtima wake umavumbula umunthu weniweni wa anthu amene amachita nawo zinthu ndipo umavumbula zolinga zawo .molondola kwambiri

Saika poizoni m'thupi lake ndi mkwiyo ndi mantha, .zomwe zimakhudza kuyenda kwa magazi m'thupi lake

Ndi umboni wotsimikizika kuti mkaka wa mayi wopangidwa ndi mayi wokwiya ukhoza kuvulaza mwana

wake. Pali umboni wokwanira wosonyeza kuti malingaliro amphamvu ali ndi mphamvu zowononga ndikuwononga .thupi

Kulinganiza bwino ndi kokongola ndipo kuyenera kukhala maziko a malingaliro athu, malingaliro athu, ndi zochita zathu, komanso maziko omwe miyoyo yathu .imazungulira

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Popeza ubongo ndi ubongo, mphamvu, ndi kuzindikira maselo onse amoyo, ukhoza kusunga thupi la munthu likugwira ntchito komanso kukhala maso kapena lotopa .komanso lopsinjika maganizo

Kuganiza ndiye mfumu, ndipo anthu onse a m'maselo amachita zinthu molingana ndi momwe mbuye wolamulirayo .akumvera

Monga momwe timasamalirira kufunika kwa zakudya zomwe timadya tsiku ndi tsiku, tiyeneranso kusamala ndi zakudya zamaganizo zomwe timapatsa maganizo athu tsiku .lililonse

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Miliri, masoka, ndi kusintha kwachiwawa komwe kumachitika m'chilengedwe ndipo kumabweretsa chiwonongeko, chiwonongeko, ndi kuvulaza anthu ambiri si ""lamulo la Mulungu

Masoka amenewa amayambitsidwa ndi maganizo ndi zochita za anthu Kulikonse komwe kugwedezeka kwa dziko lapansi kwa chabwino ndi choipa kumasokonezedwa ndi kusonkhana kwa mafunde ndi kugwedezeka koopsa chifukwa cha zolinga zoipa za anthu ndi zochita zolakwika, chisokonezo chimakula ndipo chiwonongeko chachikulu .chimachitika

Dziko lapansi lidzapitiriza kuvutika ndi nkhondo, masoka, ndi masoka mpaka anthu atakonza maganizo ndi zochita zawo zolakwika. Nkhondo sizichitika chifukwa cha lamulo la Mulungu, koma chifukwa cha kudzikonda kwa

zinthu zakuthupi. Ngati anthu akanatha kuchotsa kudzikonda kwa anthu paokha, kwa mafakitale, kwa ndale, kwauzimu, .ndi kwa dziko, nkhondo sizikanakhalapo

Mzimu wa zinthu zakuthupi ukalowa m'maganizo mwa munthu ndikulamulira maganizo ake, umatulutsa kuwala koonekera bwino. Mphamvu yowonjezereka ya kugwedezeka kumeneku imawononga kwambiri mphamvu zamagetsi zachilengedwe, zomwe zimayambitsa zivomerezi, kusefukira .kwa madzi, ndi masoka ena

Mulungu si amene amachititsa zimenezo. Malingaliro a anthu ayenera kulamulidwa kaye asanathe kulamulira .chilengedwe

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Maganizo ndi mawu auzimu ndi miyala yamtengo wapatali yomwe imawonetsa nzeru zopanda malire ndi chikondi cha Mulungu

Chiwonetsero chilichonse choyeretsedwa cha moyo chili ngati mwala wa wafilosofi womwe umasintha chitsulo chotsika mtengo cha chidziwitso chamba kukhala golide .woyandikira kwa Mulungu ndi kumva kukhalapo Kwake

Yakwana nthawi yoti munthu adzuke kuchokera ku tulo .toyiwala kupita ku kudzuka kwa mzimu

Tikukupemphani, Ambuye, kuti mukweze chidziwitso chathu kuchokera ku kuya kwa kusadziwa ndi malingaliro opapatiza, ocheperako kupita ku malire a mtendere, kuwala, .chikondi, ndi chifundo cha anthu onse

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:Kuti mupambane

Choyamba, fotokozani cholinga chanu ndipo pemphani Mulungu kuti akulimbikitseni kuti mutenge njira yoyenera yomwe ingakutsogolereni kukwaniritsa cholingacho, ndi .kuganizira mozama

Kenako chitani zinthu mogwirizana ndi malangizo amkati omwe mwalandira ndipo mudzakwaniritsa cholinga chanu

Maganizo akakhazikika, zinthu zidzakhala bwino komanso zosalala, ndipo kupambana kudzachitika mwachangu chifukwa ntchito za mphamvu zakuthambo zitha .kutsimikiziridwa pogwiritsa ntchito lamulo lolondola

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Munthu ayenera kugwiritsa ntchito ulemu ndi nzeru pochita zinthu ndi anthu. Izi si chinyengo, koma kulemekeza .malingaliro a ena

Munthu si mwala, koma munthu woganiza bwino komanso wozindikira, ndipo anthu sayenera kuonedwa ngati .miyala yopanda moyo

Munthu amene nthawi zonse amakhala wotanganidwa ndi nkhani za anthu ena amakhala gwero la mavuto

Ngati zomwe mukufuna kunena zidzakhala ndi zotsatira zabwino, ndipo ngati munthu winayo akuzilandira, nenani momveka bwino. Komabe, nthawi zina munthu amene mukufuna kunena sakufuna kumva ndipo adzachita zosiyana .kwambiri ndi zomwe mukufuna kuti achite

Munthu akamatha kukhala bwino ndi ena, amakhala ngati duwa lonunkhira bwino

Mukadutsa m'munda wa maluwa a maluwa, nthawi zina mumamva fungo la maluwa a maluwa, jasmine, kapena gardenias, ndipo mumanena kuti, "Wow! Ndi fungo lokoma "!bwanji

Ndipo ndi momwe zilili ndi miyoyo yabwino mukangolowa mu ufumu wawo, fungo la miyoyo yawo limakuphimbani. Ndi fungo lomwe limakweza mzimu .ndikukweza chidziwitso chake

Ngati mudutsa pafupi ndi fungo loipa, simungafune kukhala pamalo amenewo

Mukakumana ndi munthu wosakwiya msanga, wokonda mikangano, wankhanza, komanso wokonda mikangano, simukufuna kukhala naye chifukwa cha fungo loipa limene .amatulutsa

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Anthu ambiri sayesa kumvetsa moyo konse
Amakhala moyo wamakina opanda cholinga chilichonse
ndipo amachoka m'dziko lino mosazindikira pamene moyo
.wawo wapadziko lapansi ufika kumapeto
Sitiyenera kukhala motere, ngati makina omwe
amagwira ntchito okha, koma m'malo mwake tiyenera
.kupeza cholinga ndikukwaniritsa cholinga cha moyo
Achinyamata ndi akuluakulu onse ayenera kuvutika kuti
apulumuke Ambiri amadzikhululukira chifukwa chosafuna
choonadi chosatha, ponena kuti, "Sizingatheke kuti
tigwirizanitse zochita zathu ndi malingaliro amenewo"
Komabe sapeza vuto lililonse pakudya ndi kuganizira za
.zochita zawo za tsiku ndi tsiku
Pofufuza, tapeza kuti chibadwa cha munthu aliyense
chili ndi magawo atatu: chakuthupi, chamaganizo, ndi
chauzimu. Anthu amakhala moyo wawo wonse akupeza
zinthu zofunika pa moyo osati china chilichonse, koma
ubwino wa anthu umadaliranso kukwaniritsa zosowa zawo
.zamaganizo ndi zauzimu
Chifukwa chake, tiyenera kukhala moyo wosalira zambiri
ndikukhala mosangalala, mwamtendere, komanso modekha,
ndikusanthula ndikuchepetsa zosowa zathu ndikudziwa njira
yoyenera komanso yovomerezeka yokwaniritsira zosowazo
popanda kupanga zilakolako zosafunikira, chifukwa
.zilakolako zambiri zimayambitsa mavuto ambiri
* * *
Maunyolo oletsa ndi makiyi a ufulu zonse zili m'manda a
m'maganizo
* * *
Ambuye, ndidzalowa m'paradaiso wa kukhalapo kwanu
ndi mtima wodzaza ndi chikondi komanso wodzaza ndi
chikhumbo
Apa pali zokhumba zanga zoyaka moto zomwe
zikutsegula zitseko za moyo wanga ndikundidzaza ndi

chisangalalo chachikulu chowona kuwala kwanu kowala kwa Mulungu

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Kawirikawiri, sindimakonda kupereka malamulo, chifukwa mukangopempha munthu kuti asachite .chinachake, munthuyo amaumirira kuti achite zimenezo Chifukwa chake, ndikulangiza kuti munthu azingodziletsa kapena kudziletsa yekha. Chipatso choletsedwa chimakoma poyamba, koma kukoma kwake kumakhala kowawa pamapeto pake. Chifukwa chake, munthu ayenera kusamala ndipo asalole aliyense kuba ufulu .ndi chimwemwe chake

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Mulungu amatikumbukira ngakhale sitikumukumbukira. Ngati angaiwale chilengedwe ngakhale kwa mphindi imodzi, .chilichonse chingachotsedwe

Ndani wina kupatula Mulungu amene angasunge Dziko Lapansili mumlengalenga? Ndipo ndani wina amene ?angapangitse mitengo kukula ndi maluwa kuphuka Inde, ndi Mulungu amene amasunga mitima yathu ikugunda. Iye ndiye amene amagaya chakudya chathu ndi kubwezeretsanso maselo a thupi lathu tsiku lililonse. Koma ndi ochepa okha amene amamukumbukira ndi kumuyamika !monga momwe Iye amafunira

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Kumbuyo kwa mlengalenga wapamwamba

Kumbuyo kwa kuwala kwa dzuwa ndi kugunda kwa maselo

Kumbuyo kwa kugunda kwa mtima ndi malingaliro onong'onezana

Kumbuyo kwa malingaliro omwe ndimapemphera nawo

Kumbuyo kwa mafunde a chikhumbo changa

Ndipo kumbuyo kwa kuletsa zinthuzo

Mulipo, O Wosatha Wosatha

Moyo wanga ukulakalaka iwe

Simuli kutali kwambiri ndi nyenyezi zokha
M'malo mwake, ndikumva kupweteka kwa malingaliro anga
Amawala m'maganizo mwanga
Zimalimbitsa chifuniro changa ndi kutsimikiza mtima ndi mphamvu
Ndikumva kukhudza kwanu kodala
Ndipo ndikusangalala ndi kukhalapo kwanu mkati mwa moyo wanga
* * *
Zithunzi za m'mapiri zojambulidwa pa nsalu yabuluu
Kapangidwe kodabwitsa ka thupi la munthu
Ndipo maluwa okongola kwambiri
Ndipo ulemu wa miyoyo yabwino
Ndipo malingaliro apamwamba kwambiri
Ndipo kuzama kwa chikondi
Zonsezi zimatikumbutsa za Mlengi wodabwitsa
Ndipo wokongola kwambiri
* * *
Chikondi ndiye nyumba yagolide
Yomangidwa ndi Mfumu Yamuyaya
Kwa banja lonse la cosmic
Chikondi ndi moto wobisika
Kusungunuka ndi lamulo la Mulungu
Kuuma kwa chilengedwe chonse
Ndipo imasintha kukhala chinthu chosaoneka
Kuchokera ku chikondi chosatha
Chikondi chili ngati mtsinje womwe umayenda popanda kuyima kapena kusokoneza
M'dziko la anthu odzichepetsa komanso oona mtima
Koma imadzizungulira yokha mozungulira miyala yoopsa ya miyoyo
Ndi kudzikuza, kudzikonda, ndi kunyada
Chifukwa iye sangakwanitse
Ndipo kudutsamo

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Iwo amene amadziwa Mulungu alibe chikhumbo
Kuti adziike okha m'mitima ya ena
Kapena amaoneka ngati abwino kwambiri
Chifukwa cholinga chawo chokha ndicho kudzutsa
chidziwitso chauzimu
M'miyoyo ya iwo amene akufuna
Ndipo chilimbikitso chawo ndi kukonda Mulungu ndi
kutembenukira kwa Iye

* * *

Kalekale, munthu wosalankhula anali kudya uchi, ndipo
.wina anamufunsa za kukoma kwa uchiwo
Ngakhale kuti munthu wosalankhulayo sankatha
kulankhula, anachita mayendedwe omwe anapangitsa
.wofunsayo kumvetsa kuti uchiwo unali wokoma
Mofananamo, pamene maganizo alowa mu mkhalidwe
wa chidziwitso chapamwamba ndikukhudza kukhalapo konse
kopanda malire, amadziwa kuti akulumikizana ndi Mulungu
ndipo kuti chochitikacho ndi chokoma, koma n'zosatheka
kufotokoza m'mawu mkhalidwe wa kulumikizana kumeneko
.komwe sikungathe kufotokozedwa
Ngakhale kuti ululuwo ndi weniweni kwa munthuyo,
sangathe kufotokoza ululuwo kwa ena kuti amve momwe iye
.akumvera
Izi zikugwira ntchito pa malingaliro apamwamba auzimu.
Ndi chinthu chomwe palibe amene angachifotokoze
.m'mawu
Kudziwa Mulungu kungatheke pokhapokha ngati munthu
.wakumana ndi vuto lake mwachindunji

* * *

Kuchokera pakati pa mbandakucha, ndinathyola maluwa
a kuwala ngati chopereka kwa inu
Ndipo munayatsa nyali za kuyembekezera m'malo
opatulika a m'mawa
Munthu amene ali ndi mtendere wauzimu

Ndipo ndawona nkhope yanu yodala
Imaonekera kuchokera kuseri kwa mthunzi
Nkhope yokondedwa ija yomwe inkandiyang'ana ndipo ikadali kundiyang'ana
Ndi kukoma mtima ndi chifundo m'mibadwo yonse
Sindidzaimbanso mlandu wokhudza tsoka
Mdima umene wandiletsa ine ndi umene ndapanga ndekha
Tsopano pagalasi la chisangalalo chanu choyera
Ndimaona ndekha ndipo ndikudziwa kuti chinsinsi changa ndi chisangalalo chosatha
Ndikutsanulira chikondi changa m'malo opatulika a muyaya wanu
Ndipo ndikuyimbirani nyimbo za moyo wanga zomwe ndikulakalaka
Ndipo ndikukudziwitsani zakukhosi kwanga kwakukulu
Chifukwa cha chikondi chachikulu ndi kulakalaka kosalekeza

* * *

Odala ndi anthu amene ena amawadzudzula chifukwa chochita zabwino, chifukwa paradaiso wa chisangalalo chosatha akuyembekezera anthu amene amakhala ndi moyo .ndi kufa ndi ulemu ndi ulemu
Tsoka kwa iwo amene, chifukwa cha dyera, kukonda mwayi, nsanje, ndi udani, amayesa kuvulaza iwo omwe akuchita zabwino
Kunyoza, kunyoza, miseche, kubwezera, tsankho, ndi bodza ndi mikondo yoipa yomwe imabwerera kwa mwiniwake ndikumupweteka kwambiri

* * *

Mphamvu zomwe zimachokera ku chidziwitso ndi mphamvu zochokera kwa Mulungu zimatiwonetsa dziko lapansi ndipo zimasonyeza mzimu ngati chinthu chosiyana .ndi gwero lake komanso kuchokera ku chilengedwe chonse

Thupi lenilenilo latsekera mzimu, zomwe ndi chiwonetsero cha mzimu wa chilengedwe chonse. Wodzaza ndi kuiwala, mzimu sukumbukiranso umunthu wake waumulungu koma umaona thupi lake lenileni ngati umunthu wake weniweni. Chifukwa chake, umatengera zofooka zake zonse ndikudzipatsa malire ndi zofooka zake. Mzimu womwe uli mu mkhalidwe woterewu umatchedwa ""kudzikuza" kapena "kudzikonda

Koma pamene "kudzikuza" kumeneku kapena munthu wamng'ono uyu, wodziletsa, azindikira kuti kulumikizana kwake ndi thupi ndi kwakanthawi kochepa ndipo kuti lili ndi umunthu wosafa, womwe sufa, ndiye kuti ukhoza kutchedwa .mzimu

Pamene chidziwitso chake cha umunthu wake wofunikira chikukhazikika, ndipo chidziwitso chake chikukwera ndikukula, amamva kuti ali pafupi kwambiri ndi chidziwitso cha chilengedwe chonse ndipo anthu onse ndi .banja lake lapadziko lonse lapansi

* * *

Sitiyenera kuiwala Wopereka Mphatso pamene .tikusangalala ndi mphatso zake

Mtima woyamikira umatsegula njira mu chidziwitso kuti munthu akule mwauzimu komanso kuti zinthu zabwino za moyo ziyende, chifukwa njira ikangotsegulidwa, mphamvu .yauzimu imadutsamo mwachangu

Tiyenera kuyamikira madalitso onse a moyo ndi kuzindikira kuti mphamvu zonse za kuganiza, kulankhula, ndi zochita zimachokera kwa Mulungu, ndipo Iye ali nafe .tsopano, akutitsogolera ndi kutilimbikitsa

Kuzindikira kumeneku kukakhazikika m'maganizo mwa .wophunzira, kuwala kwa kuunika kumawala mkati mwake

Nthawi zina mphamvu ya Mulungu imabwera ngati mafunde amphamvu a m'nyanja omwe amapitilira patsogolo ndi mphamvu yayikulu, akuchotsa zopinga ndikuchotsa .zinyalala m'maganizo ndi m'moyo

Dziko lonse lapansi silikufuna Mulungu, koma pano ndi .apo pali miyoyo yomwe ikumulakalaka ndi kumulakalaka
Ngakhale kuti Mulungu angaoneke ngati sakuyankha mapemphero athu, wofunafuna moona mtima sasiya kuyesera koma amapitirizabe kupemphera kuchokera pansi .pa chikumbumtima chake mpaka atalandira yankho
Anthu asanapeze Mulungu, amaganizira kwambiri za kukwaniritsa zilakolako zakuthupi, koma akapeza Iye, zilakolako zimenezo zimataya kukoma kwawo ndi kukongola kwawo, osati chifukwa cha kusalabadira, koma chifukwa wofunafunayo amamva chisangalalo cha mzimu chikudzaza .mtima wake ndikukwaniritsa zokhumba zake zonse
Anthu amakhala moyo wawo wonse akuyesetsa kupeza zinthu zakuthupi, osadziwa kuti ngati atagwiritsa ntchito gawo limodzi mwa magawo anayi a khama lawo akutembenukira kwa Mulungu choyamba, osati pang'ono .chabe, koma zokhumba zawo zonse zidzakwaniritsidwa
Mitima yathu idzale ndi chiyamiko ndipo miyoyo yathu idzale ndi chiyamiko
* * *
Sizotheka kukopa mabwenzi popanda kuchotsa madontho a dyera ndi makhalidwe oipa pa umunthu wa .munthu
Khalidwe labwino ndiye maziko a ubwenzi weniweni
Munthu akakhala ndi zolinga zabwino komanso wopanda dyera, chibadwa chake chimaonekera ndipo chiwerengero .cha mabwenzi ake enieni chidzawonjezeka
* * *
Kudekha ndi mkhalidwe wabwino kwambiri womwe .tiyenera kuthana nawo ndi zokumana nazo pa moyo
Kusokonezeka ndi kosiyana ndi bata, ndipo kufalikira kwake kumapangitsa kuti likhale mliri wapadziko lonse lapansi
* * *

Kuunika kwa dziko lapansi, komwe ndi gwero la mphamvu zonse, kumabisika kuseri kwa mdima ndipo kumawonekera mkati mwa bata pomwe malingaliro .amatonthozedwa ndipo magetsi amafufuzidwa

Pali mikhalidwe yochuluka ya kuganizira kwambiri, ndipo wofunafuna akamakwera kwambiri kufika pa mikhalidwe imeneyo, amakhala ndi mikhalidwe yodabwitsa ya chimwemwe chauzimu yomwe sitingathe kuifotokoza :m'mawu, kenako amazindikira mosangalala

Chimene ndinkachifunafuna kulikonse"

Ali ndi ine tsopano ndipo amakhala mkati mwanga

Ali mumtima mwanga ndi m'moyo wanga

Mu chete, ndikumva kukhalapo kwake

Ndipo kumbuyo kwa makoma a mdima, ndimamuona

* * *

Zisoni zomwe chidani chimabala ndi nkhondo zimasonyeza kuti uzimu weniweni, chifundo, ndi kukoma mtima ndi zamphamvu kwambiri komanso zapamwamba .kwambiri

Udani ndi wowononga, pomwe chikondi ndiye mphamvu yayikulu yomanga yomwe ilipo

Chifukwa chake, abwenzi anga okondedwa, munthu ayenera kuphunzira phunziro kuchokera ku kupanda pake kwa chidani ndi masoka a nkhondo ndi kukonda Mulungu, chifukwa kumukonda Iye kumapereka chipambano, mwayi, ndi chikhutiro chokwanira chomwe palibe china chilichonse .chingapereke

Chikondi chokha ndi chomwe chidzabweretsa zinthu zenizeni padziko lapansi Ngati mayiko onse akanakondana ndipo anali ofunitsitsa kuthandizana, osati mwa kugwiritsa ntchito mphamvu ndi njira zolakwika, koma mwa chikondi ndi kukoma mtima, ndiye kuti ubwino, kupambana ndi .chitukuko zikanafalikira mbali zonse za dziko lapansi

* * *

Munthu amakhala m'manja mwa ziletso

Kodi amadziwa bwanji kuti sadzavulala nthawi ina,
?kapena kuti wina sadzamuswa mtima
Chitetezo chenicheni chokhacho ndi chitetezo chomwe
munthu wamkulu amapeza. Kukhala ndi chitetezo chotere
ndikuchipereka kwa ena ndiye ufulu weniweni komanso
.nzeru zapamwamba kwambiri

* * *

Mulungu ndiye chinthu chokoma kwambiri chomwe
chilipo
Chilichonse chimene mtima wako ukulakalaka,
udzapeza mwa Mulungu kuti sindinataye mphindi imodzi ya
moyo wanga, ndipo ndasiya chilichonse chomwe
chimandisokoneza kwa Mulungu, ndipo ndapeza
.chimwemwe chomwe sindingapeze mu china chilichonse
Ndimakhala mu mkhalidwe wa chidziwitso chaumulungu
ndipo ndikufuna kuti iwo amene akufuna kukhala ndi
mkhalidwe womwewo umene ndimakhalamo ine
Ndikufunanso kubwezera onse amene andipatsa
chikondi chawo, mwa kugawana nawo chikondi cha Mulungu
.ndi chisomo cha kukhalapo kwake

* * *

Ine ndine thovu la nyanja ya cosmic
Kuchokera pansi pa chisangalalo
Ine ndine mtsinje wa chisangalalo chovina
Pamwamba pa mafunde a chisangalalo chachikulu
Kuyesetsa momwe ndingathere
Kuti ndikhale nyanja yayikulu ya chisangalalo
Mafunde a chisangalalo changa apitirire mpaka kalekale
Ndipo kufalikira mbali zonse
Kuti potsiriza ndipumule mumtima mwa chisangalalo
!cha chilengedwe

* * *

Anthu amangoona pakati pa moyo; chiyambi ndi mapeto
a moyo zimabisika kwa iwo
N'zosamveka kuganiza kuti imfa ndiye mapeto

Kodi n'zotheka kuti ife, omwe tili ndi mphatso ya nzeru, nzeru, komanso moyo wodzaza ndi moyo, tidzasiya kukhalapo nthawi yomweyo tikangogona tulo panthawi ya !?imfa

Munthu wonse ndi gulu la malingaliro opanga ndi chidziwitso chauzimu, ndipo imfa ilibe mphamvu yowononga gulu losaoneka ndi maso ndi chidziwitso chofatsa .chimenecho

* * *

Ngati mumakonda Mulungu ndi chikondi choyera komanso chopanda malire, Iye adzaika malingaliro m'maganizo mwa ena, ndipo maganizo amenewo adzakhala njira yokwaniritsira zokhumba zanu, ngakhale zomwe .simunawulule kwa aliyense

Chifukwa chake, mphamvu yauzimu yomwe mungakokere chilichonse kwa inu nokha ndi mtundu wa .chikoka chomwe mukufuna kukulitsa

Mukafuna zinthu zabwino, zolemekezeka, komanso zoyera, mudzakoka mphamvu ya Mulungu yomwe idzakubweretserani zinthu zabwino ndi madalitso kuchokera .komwe mukudziwa ndi komwe simukudziwa

* * *

Ngati akuba, anthu okonda mankhwala osokoneza bongo, ndi anthu oledzera atafunsidwa ngati amakonda "moyo wawo, yankho lawo likanakhala "Ayi ndithu

Iwo ankaganiza kuti akayamba kuchita zinthu zoipa, adzakhala osangalala. Koma sanazindikire kuti zotsatira za .zochita zawo zidzakhala zoopsa komanso zovulaza kwa iwo

Ndicho chifukwa chake mtima wanga umapweteka ndipo ndimagwetsa misozi chifukwa cha anthu amene amachita zolakwa chifukwa, Mulungu, iwo ndi inedi ndipo ngati sikunali kukoma mtima kwa Mulungu kwa ine, .ndikanakhala ngati iwo

Choipa chokha ndi mtundu wa opiate Ndicho chifukwa chake tiyenera kukhala ndi malo apadera obisalamo komwe

ochita zoipa amaphunzira momwe angakhalire olungama ndi .kuganiza bwino
Ndende si malo abwino oti anthu azitha kuchira. Anthu ngati awa ayenera kukhala pafupi ndi anthu otchuka .komanso abwino omwe angawathandize
* * *
Kuchokera ku chisangalalo cha siteshoni yanu
Ndimamvetsera nyimbo zanu zokoma komanso zokoma tsiku lililonse
Zomwe zikuwoneka zodziwika bwino komanso zokondedwa ndi mtima wanga
Kale, ndinkayesetsa kumvetsera wailesi yanu yodalitsika
Koma pulogalamu yanu inkaoneka ngati ili kutali kwambiri
Kupitirira malire a malingaliro anga ang'onoang'ono
Koma pambuyo pokhudza kangapo kiyi yosinkhasinkha
Ndakwanitsa kukhala nanu bwino
Munabwera kwa ine pa mapiko a ether
Unali kusewera nyimbo zachifundo
Ndipo mtendere wamumtima
* * *
Malingaliro ndi mitsinje yotuluka m'magwero a moyo
Kukhala mogwirizana ndi Mulungu ndi chimodzi mwa ntchito zazikulu komanso zofunika kwambiri
Mulungu amamvetsera chilankhulo cha mtima chochokera pansi pa mtima
Anthu amaganiza kuti Mulungu sayankha mapemphero awo chifukwa sadziwa kuti nthawi zina Mulungu amayankha mosiyana ndi zomwe amayembekezera komanso zomwe .amapempha kwa Iye
Iye nthawi zonse sayankha malinga ndi zomwe akufuna .mpaka atagwirizana ndi chifuniro Chake chonse
* * *
Ndidzamwa timadzi tokoma kuchokera mumtima mwa maluwa

Ndipo ndidzatambasula pa kapeti yofewa ya silika
Kapena muthamangire gulugufe wagolide
Ndikufuna kuyendayenda pakati pa mapiri ndi makoma a mapiri
Motsogozedwa ndi mphepo yofewa komanso yotsitsimula yausiku
Pakati pa maluwa a daisies ndi anemones
Wovekedwa korona ndi madontho a mame
Ndiyima kaye pang'ono kuti ndilandire fungo lanzeru
Fungo lochokera ku mitengo yokhala ndi nthambi zogwedezeka
Ndipo ndi mapiko a mbalame, moyo wanga udzakwera kumwamba
Kupitirira dziko la malingaliro kulikonse
Ndipo ndi nyimbo za usiku, ndidzaimba nyimbo zanga zopanda phokoso
Ndipo ndidzakula ndi thambo lopanda malire
Kuchokera ku ulusi wa dzuwa, ndidzapanga chisangalalo changa
Ndipo ndi kuwala kwa mwezi ndidzatsuka chisoni changa
Ndipo mu mdima wa usiku, ndidzachotsa zokumana nazo zanga zamdima
Ndipo ndi mbandakucha, ndidzapanga dziko latsopano
Za chisangalalo chopanda malire
* * *
Ndife njira zapadera, chifukwa tikhoza kukulitsa kapena kuchepetsa
Tapatsidwa ufulu wosankha ndi mphamvu yosankha
Anthu ena amatseka njira ya miyoyo yawo ndi matope osonkhanitsidwa a kusadziwa ndipo salola kuti kuyenda kwa chidziwitso kuwayeretse.
Nyanja ya choonadi imayesa kuyenda m'mabowo opapatizawo ndi mphamvu zambiri, koma sizinaphule kanthu.

Ndipo pali ena omwe akupitiriza kukumba, kukulitsa ndi kuzama njira za miyoyo yawo ndi kudziletsa komanso chikhalidwe chauzimu, motero amalola nzeru zaumulungu kuyenda mwa iwo ndikudzaza miyoyo yawo ndi kuwala ndi .madalitso

* * *

Kugona chagada pabedi la misomali ndi chinthu chomwe palibe amene angafune kuchita, komabe tiyenera kukhala ndi chidwi ndi mphamvu zamaganizo zomwe zimapangitsa kuti chochita cholimba mtima komanso .chosangalatsachi chitheke

Tonsefe timadziwa ululu ndi kusasangalala kwa thupi komwe kumachitika chifukwa cha ngozi, matenda, ndi zizolowezi zoipa. Ndipo ndani angakane kuti kuthekera kogona pa misomali ya ululu wakuthupi popanda kukhudzidwa ndi ululuwu ndi chimodzi mwa madalitso a ?moyo

Aliyense amene wafika pamlingo wozindikira womwe umamuthandiza kuzindikira kuti si thupi lake sadzamva .ululu

Iye amene amatha kulamulira maganizo ake .amamasulidwa ku ululu ndipo amalamulira thupi lonse

Zachidziwikire, izi sizingachitike mwadzidzidzi, koma khama lopitiriza limagwira ntchito zodabwitsa

* * *

Tiyenera kuvomereza moyo ndi imfa popanda mantha, ndikugwiritsa ntchito bwino maphunziro a moyo uno kuti .tidziwe moyo wotsatira

Kutsidya kwa dziko lino kuli malo osatha kumene tidzakumananso ndi okondedwa athu omwe tinkaganiza kuti .tawataya kwamuyaya

Inde, sitiyenera kupempha imfa kapena kuifunafuna, koma ikafika, tiyenera kuzindikira kuti ndi mayeso omaliza .omwe amatiyeneretsa kulandira mphotho yayikulu

* * *

Wofunafunayo akazindikira kufunika kofunafuna Mulungu, sazengereza, koma amakulitsa cholinga chake .ndikuyang'ana kwambiri cholinga chake chodalitsidwa

Chilakolako chikabuka mkati mwake, amachikulitsa ndi kuganizira ndi kulakalaka zauzimu mpaka atamva kukhalapo .kwa Mulungu mumtima mwake

Imeneyo ndiyo njira yotetezeka komanso yodalirika .kwambiri yoyendetsera sitima ya moyo m'nyanja ya moyo

* * *

Mkati mwanu muli munda wokongola komanso wodabwitsa wa malingaliro abwino, wonunkhira bwino ndi chikondi, kukoma mtima, kumvetsetsa, ndi mtendere. Maluwa ake ndi okongola kwambiri kuposa maluwa apadziko .lapansi ndi zitsamba zonunkhiritsa zakuthupi

Mukapereka chikondi chanu choyera, mwabzala duwa lonunkhira bwino, ndipo fungo la chikondi chimenecho ndi fungo la kumvetsetsa kumeneko zimakhala nthawi yayitali kuposa duwa lililonse la padziko lapansi ndipo ndicho !choonadi

* * *

Kuganiza mwanzeru, kuwerenga mosamala, ndi kubwereza mawu oona ndi njira zothandiza zochotsera .malingaliro oipa ndikukhazikitsa malingaliro abwino

Kubwerezabwereza mawu olimbikitsa ndi opempha mozama kudzathandiza kupanga njira yoyenera yoganizira kuti kuganiza bwino kukhale kwachibadwa monga momwe .kuganiza koipa kunalili kale

* * *

Tiyenera kusunga chuma cha chimwemwe chauzimu ndikuyika chimwemwe chimenecho m'mitima ya ena, ndipo .tisalole chilichonse kutilanda chimwemwe chathu chamkati

Ngakhale masiku akuda nkhawa komanso kusazindikira bwino zikusonyeza kuti tataya chilichonse, tiyenerabe kuletsa chipwirikiti ndi chete chosatha cha chisangalalo

Dzivekeni korona, abwenzi a chisangalalo, pampando wachifumu wa zolinga zanu zapamwamba ndi zolinga zanu, ntchito zanu zabwino ndi malingaliro anu apamwamba, ndipo mudzamva Mulungu ngati chisangalalo m'mapangidwe .a lingaliro lililonse ndi malingaliro aliwonse

Tiyeneranso kubzala mtengo wa chikondi cha Mulungu m'nthaka ya anthu osadziwa. Tikamva chikondi chimenecho, mantha adzatha ndipo nkhawa zidzatha ndi thandizo la .Mulungu

* * *

Kunena kuti munthu ndi wofooka kuyambira kubadwa ndipo sangakhale wolimba n’kulakwa, chifukwa pali kuthekera kuti munthu ameneyu akhoza kukhala wamkulu .ndikuchita zinthu zodabwitsa m’mbali zonse za moyo

* * *

Kwamuyaya

Kodi tsiku limenelo lidzayamba kubwera, Inu ?Wamuyaya

Kumene ndidzakufunsani popanda kusokoneza

Ndipo ndikukutumizirani mafunso osatha

!?Ndipo ndipeza yankho kuchokera kwa inu

Momwe mungakulitsire udzu wofooka komanso wowonda

Mitu yawo yakwezedwa osawerama

Ndipo popanda kugwedezeka ndi mphepo yamkuntho

Chomwe chimachotsa mitengo yayitali

Ndipo nyumba zazikulu zawonongedwa

!Ndipo nyanja zazikulu zikugwedezeka

?Kodi kuwala koyamba kunamuthira bwanji maso

Ndipo mtengo woyamba unaonekera

Ndipo nsomba yoyamba

Ndipo mbalame yoyamba

?Ndipo woyamba kubadwa

?Ulendo wawo woyamba unali liti

Nyumba iyi ya pansi

!?Nyumba Yodabwitsa
Ndikulakalaka kugwira dzanja lako
Amene analenga nyanja ndi dziko lapansi
!O Muyaya
* * *

Dziko lapansi ndi lamdima kwambiri, koma tikamaona anthu omwe nkhope zawo zikuwala ndi chisangalalo Kumwetulira kwawo kumachotsa chisoni chathu ndikufalitsa nkhawa zathu ngati nyali yowala mumdima Mdima umazimiririka pamaso pa kuwala kwake Tiyeni kumwetulira kwa mzimu kuwonekere pankhope pathu. Mphepo ya chikondi cha Mulungu itenge kumwetulira kwathu ndi kuwabalalitsa m'mitima yachisoni, kuti kuwala .kwa kumwetulirako kuchotse mdima m'mitima ya ena
* * *

Kuganizira za momwe ena akumvera ndi khalidwe labwino kwambiri, ndipo kumachititsa munthu kukhala .wokongola kwambiri

Mwachitsanzo, ngati wina ali ndi ludzu, munthu amene amaganizira za ena adzazindikira zosowa zawo ndipo .adzawapatsa madzi akumwa

Kuganizira ena kumatanthauza kuwadziwa bwino ndi .kuwaganizira

Anthu amene amalemekeza ena ndi kuyamikira mmene akumvera amadziwa mwachibadwa zomwe amafunikira
* * *

Mmodzi mwa ophunzira ake anali kukayikira ngati angathe kupitirizabe kuyenda panjira yake yauzimu. Pofuna :kumulimbikitsa, mphunzitsi Paramhansa anamuuza kuti Mulungu sali patali, koma ali pafupi, ndipo"
"ndimamuona alipo paliponse

Wophunzirayo anatsutsa, nati, "Koma ndinu mphunzitsi
"!wodziwa Mulungu, bwana

:Mphunzitsi anayankha kuti

Miyoyo yonse ndi yofanana, ndipo kusiyana kokha" pakati pa inu ndi ine ndikuti ndinayesetsa kuti nditsimikizire Mulungu kuti ndimamukonda, kotero Iye anadziulula kwa ".ine

* * *

Munthu akamaonera filimu yosangalatsa kwambiri, amaiwala china chilichonse ndipo amangoyang'ana kwambiri .filimuyo

Ndipo momwemonso ndi munthu amene wakonda chikondi cha Mulungu, amene amaiwala chilichonse kupatula .wokondedwa wake wa Mulungu

Munthu wamba sakhala ndi chilakolako chokwanira chofuna kumva kukhalapo kwa Mulungu chifukwa chakuti maganizo ake amazolowera kuyang'ana kwambiri zinthu .zakuthupi m'malo mwa Mulungu

Ngati mafilimu, kugonana, ndi zosangalatsa za dziko lapansi zingakope chidwi cha munthu, ndiye bwanji za Mulungu, yemwe ndiye gwero la chisangalalo ndi chinthu !chosangalatsa kwambiri chomwe chilipo

Koma vuto ndilakuti anthu ambiri safuna kudziwa Mulungu, ndipo ngati mungamudziwe, mudzapeza kuti maola amadutsa pamene mukusangalala kwambiri ndi .uzimu

Kaya ndichite chiyani, sindisangalala pokhapokha ngati Mulungu ali nane

* * *

Ngati anthu akufuna kupewa umphawi wakuthupi, ayenera kudana ndi umphawi wauzimu chifukwa ndi umene .umayambitsa mavuto onse a anthu

Munthu amene ali wauzimu komanso wochita zinthu mwanzeru ndi munthu wosangalala, ndipo munthu .wosangalala yekha ndiye munthu wopambana

Ngakhale anthu okhala mumzinda atakhala ndi moyo wabwino, izi sizingathetse kupha anthu ndi upandu .mumzindawo

Kugwiritsa ntchito mfundo zapadziko lonse za kutumikirana, mgwirizano wodziyimira pawokha pakati pa anthu, chikondi cha moyo wauzimu, ndi kulamulira zokhumba za moyo ndizofunikira kuti anthu onse azikhala ndi moyo wogwirizana, wathanzi, wachimwemwe, komanso .wopambana

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Musaganize kuti Mulungu sayankha mapemphero anu Mawu aliwonse omwe mumamunong'oneza kwa Iye amalembedwa mumtima mwake. Ndipo ngati muwona njira zambiri zomwe Mulungu amayankhira, mudzapeza kuti .nthawi zonse amakuyankhirani

Chilakolako chanu chikakula komanso chikhumbo chanu chikakhala champhamvu, yankho lanu lidzakhala lachangu .komanso labwino kwambiri

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Pali anthu omwe saona cholinga chachikulu pa moyo kuposa kukwaniritsa zosowa za thupi ndikukwaniritsa zokhumba zake, palibe china chilichonse. Uwu ndi moyo .woletsedwa ndi mphamvu za thupi

Ndipo anthu omwe amatumikira kudzera mu ntchito zanzeru ndi zaluso, ulimi, malonda, kugula ndi kugulitsa, ndi chilichonse chokhudzana ndi moyo wamba

Amakhala otanganidwa nthawi zonse kuchita zinthu, ndipo nkhawa yawo yokha pa moyo ndi kupeza ndalama, zomwe nthawi zambiri amaziwononga pochita zosangalatsa .za thupi

Pakati pa awa pali anthu okhwima kwambiri okhala ndi makhalidwe olenga

Pali anthu omwe ali ndi luso loyang'anira ndi kuyang'anira omwe akugwira ntchito kuti amvetse zinsinsi za moyo atatha kupeza ndalama ndikuchita bwino pantchito .yawo

Amadalira kudziletsa kuti agonjetse zilakolako za thupi, kutenga moyo mozama kwambiri, ndikukhulupirira kuti

akulimbana ndi zizolowezi zoipa, kudzilamulira, ndi .kukhazikitsa kampasi ya moyo m'njira yoyenera

Pali anthu omwe ali ndi chibadwa choganizira mozama, omwe ndi auzimu mwachibadwa ndipo amatha kupereka .malingaliro apamwamba kwa ena

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Mulungu yekha ndiye angathe kukonza zoipa zomwe zikuvutitsa dziko lapansi ndi anthu, koma anthu ayenera kuyesetsa kuzindikira kukhalapo kwa Mulungu ndikuwonetsa .ubwino wa Mulungu wopanda malire mkati mwawo

:kuti nditsimikizire

M'mawa uliwonse ndimapereka thupi langa, maganizo anga, ndi luso langa lonse lomwe ndili nalo kwa inu, Mlengi Wosatha, kuti mugwiritse ntchito mwanjira iliyonse yomwe .mungasankhe, kuti mudziwonetse nokha kudzera mwa ine

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Kuti munthu athe kudzilandira yekha, ayenera .kulamulira maganizo ake

Muyenera kuchita zinthu mozama ndi kuganizira mozama kuti mukaganizira kwambiri mfundo inayake, maganizo anu asasunthike kapena kudumpha kuchokera pa .mfundo ina kupita ku ina

Anthu ambiri amakhala pamwamba pa moyo, koma kuti mupeze mfundo zamtengo wapatali zimafunika kulowa .mozama m'nyanja ya malingaliro

Anthu oganiza bwino ndi osangalala chifukwa amatha kudzipatula m'maganizo mwawo ku zinthu zomwe .zimayambitsa nkhawa m'malo awo

Munthu wamba alibe njira yothawira, chifukwa nthawi zonse amakhala pamwamba ngati nsomba yomwe msodzi .amaigwira mosavuta

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Ndi khalidwe lapadera la mzimu wa luso lopanga zinthu zomwe zimapangitsa mwini wake kuyima pamaso pa dziko lapansi mowala ngati akuluakulu omwe adabweretsa zinthu

zatsopano zothandiza padziko lapansi zomwe palibe amene .adachitapo kale

Anzeru anzeru amenewo anali ndi mzimu wolenga wosagonjetseka, wothandizidwa ndi chifuniro chomwe sichinathe mpaka cholinga chomwe ankafuna .chikwaniritsidwe

Kodi Mulungu anali kukonda anthu akuluakulu amenewo kotero kuti anali ndi ukulu wapadera umenewo? Ndipo kodi Mulungu anasankha iwo kuti alandire ulemerero waukuluwo ?kuposa ena

Ayi ndithu. Ndi kungogwiritsa ntchito luso lawo lolenga kuti asonyeze ukulu ndi ulemerero zomwe ndi cholowa cha munthu aliyense chifukwa analengedwa m'chifaniziro cha .Mulungu, gwero la luso lonse ndi zatsopano

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Anthu amafunafuna chimwemwe ngati mercury, koma pali njira yopezera chimwemwe, ndipo ndiyo kuyamika Mulungu chifukwa cha madalitso Ake ndikumva kuyamikira .madalitso omwe timalandira m'moyo

Kuyamikira kwathu Mulungu chifukwa cha madalitso omwe ali m'miyoyo yathu ndi chinthu chofunikira kwambiri kuti timudziwe Iye, yemwe ndiye gwero la mtendere .wosatha, moyo wabwino, ndi chimwemwe chatsopano

Tikamamupatsa Mulungu chikondi chathu, timalandira mphatso zake zodalitsidwa za mtendere, kukhutira, ndi .chikhutiro

Anthu osangalala kwambiri padziko lapansi ndi omwe aphunzira kuganiza bwino, kugwira ntchito yomanga, komanso kupereka mowolowa manja komanso mokoma mtima zomwe angathe. Ndi omwe amapambana pa moyo .wawo

Munthu akakhala ndi chikumbumtima chabwino, mtima woyamikira, ndi mzimu wachikondi, amamva bwino kwambiri .Mulungu mkati mwake

Ndipo nthawi iliyonse wophunzira akanong'oneza Mulungu kuti, "Ndinu wowolowa manja bwanji, Ambuye!", amazindikira kuti mtendere ndi chisangalalo chomwe akumva ndi dalitso lochokera kwa Mulungu, ndipo amafuna kutsogolera maganizo ndi zochita zake m'njira yomwe imamusunga nthawi zonse pafupi ndi Kukhalapo kwa Mulungu.

Ubwenzi umenewu umapezeka mwa kuganizira mozama, kuganiza bwino, ndi kuganiza bwino. Izi, mwachibadwa, zimabwera chifukwa cha kuyamikira ndi mzimu wopereka.

Ngati tiganizira za madalitso omwe tili nawo ndi zinthu zonse zabwino zomwe ziyenera kuyamikiridwa ndi kuyamikiridwa, m'malo moganizira za masoka, mavuto, matenda, matenda, nkhawa, ndi mantha omwe amatizungulira kapena kutivutitsa, ndiye kuti tidzayamba kumudziwa Mulungu, ndipo tidzalandira mphotho ya zimenezo ndi chidziwitso chauzimu chomwe timachitcha mtendere kapena chisangalalo.

Mitima yathu idzagunda ndi chikondi ndi chimwemwe, ndipo maganizo athu adzawala ndi malingaliro owala

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Maganizo a anthu ambiri ali ngati injini yokhala ndi mphamvu imodzi yokha!

Ngakhale kuti pali kuthekera kwakukulu m'maganizo mwa munthu aliyense, anthu ochepa okha ndi omwe amagwiritsa ntchito mphamvu zomwe zikuyembekezera kuyatsidwa.

Zokonda za anthu nthawi zambiri zimakhala zochepa ndipo zimangodalira pa zinthu zofunika pa moyo monga kudya, kugwira ntchito, zosangalatsa, kugona, ndi zina zotero.

Koma anthu ali ndi khalidwe limodzi lalikulu kwambiri, lomwe ndi luso lopanga kapena kupanga zinthu zatsopano.

Kodi mphamvu yachinsinsi komanso yodabwitsa imeneyi ndi chiyani? Kumadzulo ndi dziko la zinthu zatsopano komanso zamafakitale komanso sayansi yogwiritsidwa ntchito. Kum'mawa ndi dziko la kuunikiridwa .ndi luso lauzimu

Mzimu wa kuchitapo kanthu ndi luso lopanga zinthu zatsopano zomwe palibe amene wachitapo kale, m'njira .zatsopano

Ndi mphamvu yolenga yochokera kwa Mlengi

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Ngati panalibe kuthekera kwa kusintha kwamkati, komwe mbewu za zomwe tidzakhala, sitingathe kusintha .mbali yosadziwika ya chibadwa chathu

Koma tili ndi mwayi woti tisinthe zomwe tidzakhala mtsogolo. Kuphunzitsa luso lathu msanga kumatenga gawo lofunika kwambiri pakuyambitsa gawo losadziwika la ife .tokha kapena kulisiya lofooka ngati silinyalanyazidwa

Monga momwe zomera zimafikira mizu yawo m'nthaka, ifenso tiyenera kukulitsa makhalidwe abwino mkati mwathu mwa kuthira feteleza, kupalira udzu, kumasula nthaka, .kuthirira, ndi mpanda

Tiyeneranso kudula ndi kuchotsa udzu m'nthaka ya .moyo wathu

Zipatso za miyoyo yathu, kaya zazikulu, zazing'ono, zapakatikati, zathanzi, kapena matenda, zidzadalira kwambiri momwe timasamalirira bwino mitengo ya m'minda .yathu ya zipatso

Tili ndi ufulu wochita zimenezo, ndipo ngati tigwiritsa ntchito ufulu wathu wosankha momwe tingathere, zotsatira zake zidzakhala zabwino, ndipo chifukwa chake, mbewu zatsopano komanso zabwino zidzapangidwa m'malo osadziwika a chibadwa chathu, ndipo izi zidzatsimikizira .momwe miyoyo yathu idzakhala mtsogolo

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Zotsatira zoyipa ndi zabwino za malingaliro

Ganizo ndi lonyenga kwambiri, chifukwa limatha
.kubweretsa zotsatira zoyipa komanso zabwino
Ndikukumbukirabe nthawi ina pamene mlongo wanga
wina anali kuvutika ndi pakhosi, ndipo sindinaonepo pakhosi
.loopsa chonchi; sankatha kudya kapena kumeza chilichonse
Anandiyitana nati, akulira, "Chonde chitani chilichonse
"kuti mundithandize
Ndinamubweretsera chakudya ndipo ndinamupempha
kuti adye. Sanadziwe kuti dzanja langa linali kukhudza
.pakhosi pake, komwe ndinaika mphamvu zanga zamaganizo
Mwadzidzidzi anadzipeza akudya popanda kumva ululu
uliwonse, ndipo anasangalala kwambiri ndi kuchira kwa
.pakhosi pake
Nditamusiya, anadzuka n’kuyang’ana pakhosi pake
pagalasi, ndipo ataona kuti zilondazo zinalipobe, ululu
.unabwerera ndipo anayamba kufuula
Nditafika kunyumba ndi kumuona akumva ululu,
"?ndinamufunsa kuti, "Wachita chiyani
"Iye anayankha kuti, "Ndayang'ana pakhosi panga
Ndinamuuza kuti: "Ndaona kuti pakhosi pako pakhala
bwino chifukwa cha Mulungu, ndipo ndichifukwa chake vuto
lako layamba bwino, koma iwe unawona matendawa, ndipo
".ndichifukwa chake ukumva kupweteka
"Kenako ndinamuuza kuti, "Imwani madzi awa
Popeza maganizo ake anali otseguka, anatha kumeza
madziwo ndipo anachira kachiwiri, ndipo sanayang'anenso
.pakhosi pake pagalasi
Motero, kuganiza kumachita gawo lofunika kwambiri
Ponena za matenda amitsempha—omwe nthawi zambiri
amayambitsidwa ndi malingaliro olakwika—maganizo
amatha kuchira msanga ngati mphamvu yake igwiritsidwa
.ntchito moyenera
Dziwani: Nkhaniyi sikutanthauza kuti simuyenera kupita
kwa dokotala kapena kufunafuna chithandizo, chifukwa
.chake ndikofunikira kufotokoza bwino

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:Tiyenera kunena kuti

Kumbuyo kwa thupi lochepa ili, ndimamva kuti ndine"

"wangwiro komanso wopanda malire

Sindiphunzitsa pokhapokha ngati ndikumva kuti

Mulungu ali nane, komanso sindiphunzitsa pokhapokha ngati ndikugwirizana kwathunthu ndi Iye. Ndipo ndikalankhula kuchokera pamlingo umenewo, ndimadziwa kuti iwo amene .amandimvera sadzaiwala zomwe adamva

Opirira adzadziwa Mulungu, ndipo ndikuyembekeza kuti

iwo amene akufuna kupitiriza kufunafuna adzakhudza .kukhalapo kwake kodala

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Chilakolako cha chimwemwe ndicho champhamvu

kwambiri kuposa zilakolako zonse

Chimwemwe chenicheni komanso chokhalitsa

chimapezeka mwa Mulungu yekha, ndipo mukazindikira kukhalapo Kwake, mumadzazidwa ndi chisangalalo chachikulu—chisangalalo chomwe sichingapezeke mu china .chilichonse

Ngati mutapatsidwa dziko lonse lapansi, simungadziwe

momwe mungachitire, ndipo mungamve katundu wolemera komanso nkhawa ndi chilichonse

Yang'anani miyoyo ya anthu otchuka komanso amuna

akuluakulu padziko lonse lapansi ndipo mudzapeza kuti anali okwiya, okankhidwa ndi kuzunzidwa kuchokera mbali zonse ngati zidole zomwe zimayendetsedwa ndikuseweredwa ndi .dzanja la tsoka

Koma amene ali wogwirizana ndi kuwala kwa dziko

lapansi ndi munthu wosangalala chifukwa ali wolumikizidwa .ndi Mlengi wake

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Yesetsani nthawi zonse kuti mugonjetse zizolowezi

zoipa, chifukwa munthu akangomva kuti ali ndi

chiyembekezo komanso wachisoni, amafesa mbewu .zosafunikira m'nthaka ya moyo wake
Kupitiriza kuchita zinthu zoipa ndi njira yodziwonongera.
Komabe, kuyesetsa kukhala wachimwemwe komanso woyembekezera zabwino tsiku lililonse, ngakhale kuti pali mavuto ambiri osasangalatsa komanso osasangalatsa, ndi .chizindikiro cha kutsitsimuka ndi kudzuka mwauzimu

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Anthu amene amalola kuti maganizo awo aumitse ndi .kuopseza ndi amene akufadi
Anthu amene akufuna kuthetsa chinsinsi cha moyo ayenera kukonzanso miyoyo yawo tsiku ndi tsiku, kugwira ntchito yodzikweza mwanjira ina, kukhala ndi maganizo .opanga zinthu zatsopano, ndikuchita zinthu zomangirira
Ndipo koposa zonse, ayenera kupempha nzeru kwa Mulungu, chifukwa nzeru imabwera ndi zinthu zokongola .komanso zodabwitsa

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Mulungu watipatsa banja kuti tithe kukulitsa chikondi chathu kuchokera kwa ife tokha kupita kwa ena omwe tili achibale nawo, kenako tiwonjezere malire a chikondicho kuti .chiphatikizepo aliyense
Okondedwa athu amachotsedwa kwa ife, kaya ndi imfa kapena m'mikhalidwe ina, kuti tiphunzire kusakonda anthu okha, koma kukonda chikondi chokha, chomwe ndi Mulungu, mnansi wathu wapafupi, wobisika kuseri kwa zigoba zonse .za anthu

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Nthawi iliyonse ndikapeza anthu okonda kumva, ndimayesetsa kulankhula maganizo ndi nzeru za anthu amenewo, pomwe nthawi zambiri sindilankhula ndi anthu omwe sakufuna kumva chifukwa sakufuna kumvetsera .konse
Ponena za iwo amene akufunafuna Mulungu moona mtima, ndimayesetsa kulankhula nawo kudzera m'maganizo

awo otseguka ndikubzala mbewu za chikondi cha Mulungu .m'mitima yawo

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Poonera filimu kapena sewero, ngati owonerawo akanadziwa bwino nkhani yonse asanawonere sewerolo, .sewerolo silikanasangalala nalo

Mofananamo, ndibwino kuti tisadziwe zinsinsi zonse za moyo uno chifukwa pali sewero la chilengedwe lomwe likudutsa m'mitu ya miyoyo yathu, ndipo sizosangalatsa .kudziwa zomwe zidzachitike zisanachitike

Sitiyenera kuda nkhawa ndi zotsatira zake, koma m'malo mwake tipemphe Mulungu kuti atitsogolere kuti tigwire ntchito zathu m'moyo mokwanira momwe tingathere, kaya ntchitozo zikuphatikizapo kufooka kapena mphamvu, matenda kapena thanzi, kunyada kapena kudzichepetsa, chuma kapena umphawi, komanso kuti tidziwe tanthauzo la .nkhani yovutayi pamapeto pake

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Aliyense amafuna kukhala ndi ndalama zambiri kuposa wina, ndipo akapeza ndalamazo, sakhutirabe chifukwa .amapeza kuti pali ena olemera kuposa iwo

Anthu amakhala m'matope odzibweretsera mavuto mwa .kupanga zofuna zawo m'malo mokhutira ndi zomwe ali nazo

Pali anthu omwe ali ndi zambiri kuposa ena, koma sakusangalala, koma m'malo mwake akuyaka ndi chikhumbo .chofuna zambiri ndipo akudzazidwa ndi nkhawa ndi mantha

Anzanga, njira ya Mulungu ndiyo njira yosavuta, ndipo ndi bwino kuti tiyambe tatembenukira kwa Mulungu ndi kumupempha kuti atipatse zomwe zili zabwino kwa ife, ndipo tidzalandira kuchokera m'dzanja lake lokoma mtima zomwe tikufuna chifukwa Iye amayankha mapemphero ochokera pansi pa mtima ndipo amakwaniritsa zofuna za okondedwa .ake

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Ndi kupusa kuyembekezera chimwemwe chenicheni kuchokera ku zinthu zapadziko lapansi chifukwa sizingathe .kutibweretsera chimwemwecho poyamba

Komabe anthu mamiliyoni ambiri amafa ali osweka mtima komanso opsinjika maganizo chifukwa choyesa kupeza chimwemwe m'moyo wa padziko lapansi chomwe chili mwa Mulungu yekha, gwero la chimwemwe ndi .chisangalalo chonse

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Ndi zachilendo kuti anthu ayamike Mulungu akalandira mphatso kuchokera kwa Iye, koma nthawi zambiri samamuyamika kapena kuganiza zomuyamika chifukwa cha mphatso ya moyo imene wawapatsa komanso makhalidwe .auzimu amene wawaika m’miyoyo yawo

N'zosavuta kukweza mitima yathu kwa Mulungu pamene tikumva kukhalapo Kwake kapena kulandira yankho kuchokera kwa Iye ku mapemphero athu, koma n'zosangalatsa bwanji kumuyamika chifukwa cha chitsogozo Chake chobisika kwa ife ndi kukhalapo Kwake kodala pakati pathu ngakhale kuti sitikudziwa bwino. Ichi ndi chizindikiro cha kudalira Mulungu, kudzichepetsa pamaso Pake, ndi .kukhutira ndi nzeru Zake

Mulungu amayankha m'njira yakeyake chikondi chathu ndi chikhumbo chathu, ndipo ndi odzichepetsa omwe mitima yawo imadzaza ndi chiyamiko ndi kuyamikira madalitso ndi ubwino wochuluka wochokera ku gwero la Mulungu lopereka .nthawi zonse

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wa munthu ndi mimba yake (mimba ya munthu ndi mdani wake)

Mimba ndiye gawo lovuta kwambiri la thupi ndipo nthawi zambiri limazunzidwa kwambiri. Pamene dongosolo logaya chakudya lasokonekera chifukwa chodya mopitirira muyeso kapena kudya zakudya zosapatsa thanzi, .lingayambitse mavuto osiyanasiyana azaumoyo

Munthu akayang'ana nkhope yake pagalasi, amaganiza kuti ali bwino, koma sadziwa kuti ali ndi poizoni wambiri woikidwa m'thupi lake. Pokhapokha ngati akudziwa njira yoyenera yochotsera poizoniyo, ndipo ngati thupi silingathe .kuwachotsa bwino, matenda amayamba

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Mmodzi mwa ophunzira achichepere anapempha :uphungu, ndipo mphunzitsi Paramahansa anamuuza kuti Dziko lapansi limakulowetsani zizolowezi zoipa ndi zizolowezi zopotoka, koma dziko lapansi silidzakhala ndi udindo, ndipo silidzapereka yankho kapena kupereka chifukwa cha zolakwa zanu zomwe zimachitika chifukwa cha .zizolowezizo

Nanga bwanji kupereka nthawi yanu yonse kwa mnzanu wachinyengo? Patulani ola limodzi patsiku kuti mupeze .zinthu zauzimu ndi zasayansi

Kodi Mulungu – wopereka moyo, banja, ndalama, ndi zina zonse – sakuyenera gawo limodzi la nthawi yanu ?makumi awiri mphambu zinayi

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:Wophunzira wina anafunsa kuti

Bwana, nchifukwa chiyani anthu ena amanyoza ndi" "?kunyoza oyera mtima ndi anthu oyera mtima

:Mphunzitsi Paramahansa anayankha kuti

Ochita zoipa amadana ndi choonadi, ndipo dziko" lapansi limakondwera kuyenda limodzi ndi zomwe zikuchitika. Palibe gulu lomwe limakonda kusintha. Chifukwa chake, kungoganiza za anthu olungama a Mulungu ".kumawasokoneza ndi kusokoneza mtendere wawo

Anthu awa angafanane ndi munthu amene wakhala zaka zambiri m'chipinda chamdima. Munthu akayatsa nyali, kuwala kwadzidzidzi kumasokoneza munthu wosaona bwino .ndipo kumamuoneka ngati chinthu chachilendo

* * *

Nyundo yolemera ya wosula zitsulo ilibe chifuniro chake
Pokhapokha ngati ataikweza ndi dzanja lake ndikuigwetsa
pansi, imakhalabe pamalo pake, yosagwiritsidwa ntchito
Koma munthu ali ndi ufulu wosankha kuti asankhe
kukhala njira yabwino komanso chida cholungama m'manja
.mwa Mulungu
Mulungu safuna kuti anthu akhale olimba mtima,
opanda moyo, koma kuti agwiritse ntchito ufulu wosankha
.kuti akwaniritse zolinga za Mulungu padziko lapansi
* * *
Ndalama sizitanthauza kuti munthu ali ndi kukoma
kokoma. Anthu ambiri olemera amagula zinthu zomwe
sakuzifuna, zomwe zimadzaza m'nyumba zawo m'milu
.yosakongola komanso yopanda phindu
Simukusowa ndalama zambiri kuti nyumba ikhale
yokongola; kukoma ndiye chinthu chofunikira kwambiri
Koma lingaliro lokongoletsa nyumba limakopa anthu
ena, kotero amaganizira kwambiri za iyo ndi kudziletsa ku
.zinthu zakuthupi
Aliyense amene ayenera kulipira ngongole zambiri
komanso zofunikira ayenera kulakalaka moyo wosalira
.zambiri komanso kumasuka ku mavuto azachuma
Koma ufulu umenewo sudzabwera chifukwa chogonjera
ku ulesi ndi ulesi, kapena mwa kusiya chilichonse popanda
.chifukwa kapena nzeru
Nthawi ina munthu wina anataya mtima kwambiri ndipo
:anati
Tsoka langa! Ndataya chuma changa ndipo mkazi"
wanga wandisiya, choncho ndasankha kusiya chilichonse
"ndikukhala mlendo
Munthu uyu, anzanga, sanasiye chilichonse, koma
!chilichonse chinamusiya
Malo amisala ndi kukhutitsidwa ndi zinthu ziwiri zofunika
kwambiri kuti munthu akhale ndi chimwemwe

Pambuyo pofufuza ndi kusankha zilakolako zonse, ndiye
:kuti n'zotheka kunena kuti
Palibe vuto kupeza zosowa zofunika zakuthupi, ndipo"
".kulephera kukhala nazo n'kosavomerezeka
* * *
:M'modzi mwa ophunzirawo anafunsa kuti
Bwana, ndiyenera kuchita chiyani kuti ndidziwe"
"?Mulungu
:Mphunzitsi Paramahansa anayankha kuti
Mu mphindi iliyonse yaulere, ganizirani mozama za iye.
Lankhulani naye mochokera pansi pa mtima, mzimu ndi
.mzimu
Iye ali pafupi kuposa ubwenzi ndipo ndi wokondedwa
kuposa wokondedwa. Ndimamukonda monga munthu
waumphawi amene amakonda ndalama, ndipo
ndimamukonda ndi chikondi cha munthu wokonda kwambiri
wokondedwa wake, monga munthu womira chifukwa cha
.mpweya
Mukasonyeza chilakolako chanu chachikulu ndi
"chikhumbo chanu chachikulu, adzabwera kwa inu
* * *
Khama lathu lonse siliyenera kuperekedwa kokha
pakupeza thanzi labwino ndi chitetezo chakuthupi, komanso
.kufunafuna tanthauzo la moyo
Mavuto akatikulirakulira, timayang'ana kaye malo
otizungulira, ndikuyesera kusintha zinthu zonse zofunika
.zomwe timaganiza kuti thandizo lilipo
Koma tikafika kumapeto ndikuti, "Zoyesayesa zanga
zonse zalephera, ndingachitenso chiyani china?" timayamba
kuganizira mozama za kupeza yankho lothandiza pa vuto
.lathu
Tikalowa mozama m'maganizo mwathu, timalandira,
mothandizidwa ndi Mulungu, yankho kuchokera mkati
.mwathu. Ili, palokha, ndi mtundu wa pemphero loyankhidwa
* * *

Mphunzitsi Paramahansa anauza ena mwa ophunzirawo :kuti
Chenjerani ndi malingaliro oipa pa moyo. Nchifukwa" chiyani mumayang'ana kwambiri milu ya zinyalala pamene "?pali kukongola kochuluka komwe kukuzungulirani
Munthu angatsutse zitsanzo zabwino kwambiri za" zaluso, nyimbo, ndi mabuku. Koma kodi si bwino kusangalala "?ndi kukongola kwawo
Moyo uli ndi mbali yowala komanso mbali yamdima" chifukwa dziko la ubale wa zinthu limadalira kuwala ndi ".mithunzi
Ngati mulola maganizo anu kudya zoipa," ".mudzadzibweretsera kuipa ndi kuipa
Funafunani zabwino zokha mu chilichonse, kuti" "mutenge mzimu wokongola
* * *
:Mphunzitsi Paramahansa anauza gulu la ophunzira kuti
Mulungu anakonza ulendo uwu padziko lapansi kwa ife," koma ambiri a ife timakhala alendo osalandiridwa, kutenga "zinthu zina pano ngati zathu
Mwa kuiwala kuti malo athu okhala padziko lapansi ndi akanthawi, timapanga maubwenzi ambiri, monga: "kwathu," "ntchito yanga," "ndalama zanga," "banja langa," ndi zina .zotero
Koma visa yathu ya padziko lapansi ikatha, maubwenzi onse a anthu adzazimiririka ndi kutha, ndipo tidzakakamizika kusiya zinthu zonse zomwe tinkaganiza kuti tili nazo. Mmodzi yekhayo amene amatitsagana nafe nthawi zonse komanso kulikonse ndiye mnansi wathu wosatha komanso wosatha, .Mulungu
Dziwani tsopano kuti ndinu mzimu, osati thupi.
N’chifukwa chiyani mukuyembekezera kuti imfa ?ikuphunzitseni mwankhanza komanso mwadzidzidzi
* * *

Ngati munthu wadwala, ayenera kuchita zonse zomwe angathe kuti athetse matenda ake. Ngakhale madokotala atamuuza kuti palibe chiyembekezo choti adzachira, ayenera kukhala chete chifukwa mantha amabisa kumverera kwa .kukhalapo kwa Mulungu, komwe kuli ndi mphamvu zonse

M'malo mokhala ndi nkhawa komanso kuvutika maganizo, munthu wovutikayo ayenera kudzitsimikizira kuti ali otetezeka pansi pa chitetezo cha Mulungu komanso .chisamaliro chaubwenzi

* * *

Nkhawa imatanthauza kuti pali kusokoneza mu dongosolo la opanda zingwe la maganizo

Nyimbo ya Mulungu ndi nyimbo ya kudziletsa ndi bata, ndipo chisokonezo ndi chisokonezo

Chitonthozo ndi mawu a Mulungu omwe amalankhula kudzera mu waya wa mzimu

* * *

Anthu amene akufuna kukonzanso miyoyo yawo ayenera choyamba kuzindikira zinthu zabwino zomwe akufuna kuyambitsa m'miyoyo yawo, kenako kukhazikitsa pulogalamu yomwe amatsatira tsiku ndi tsiku, ndipo adzamva chisangalalo chachikulu chifukwa chosunga .zisankho zawo

Kulephera kutsatira ndondomeko yodzikonzera nokha kumafooketsa chifuniro ndipo kumaika zopinga panjira .yopita patsogolo

Bwenzi lenileni la munthu komanso mdani wake woipa kwambiri ndi iye mwini

Anthu amene amagwirizana ndi dongosolo lachilengedwe la moyo adzakwaniritsa zinthu zabwino Palibe malamulo omwe amaletsa munthu kusintha kuti akhale wabwino ndikukwaniritsa zolinga zake zabwino Palibe zopinga zomwe zingalepheretse munthu kukwaniritsa zolinga zake zapamwamba pokhapokha atavomereza .zopingazo ndikudzitsimikizira kuti sangathe kuzigonjetsa

Kuchokera ku magwero a chilimbikitso

Palibe kusiyana pakati pa malamulo achilengedwe ndi malamulo auzimu, kapena zozizwitsa zomwe zimachitika chifukwa chomvetsetsa momwe ubongo wa munthu umagwirira ntchito Asayansi amachita zozizwitsa pogwiritsa ntchito malamulo achilengedwe, ndipo omwe ali ndi luso lauzimu amachita zozizwitsa zamaganizo Mu nthawi ino ya zozizwitsa zasayansi, yodziwika ndi zinthu zatsopano komanso zatsopano zosayerekezeka, asayansi ayenera kufufuza mozama malamulo auzimu omwe amagwiritsidwa .ntchito ndi omwe ali ndi chidziwitso chauzimu

Zozizwitsa zauzimu kapena chisomo cha Mulungu ndi kungogwiritsa ntchito malamulo achilengedwe. Kwa munthu wamba, zochita izi zimawoneka zodabwitsa, koma kwenikweni, ndi kugwiritsa ntchito lamulo lina lobisika, .lapamwamba

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Ndalawa kukongola kwa nyenyezi mabiliyoni ambiri
Yobalalika mu malo aakulu
Ndipo kuchokera ku zosangalatsa zopanda chilema
ndinayamwa timadzi tokoma
Ndipo ndinapanga malo ophikira moto momwe
ndinatenthera chisoni changa chonse
Ndipo ndinanyamula miyuni ya kuwala
Ndipo chikondi chenicheni chinakhazikika mumtima
uliwonse
Zinaphatikiza chikondi cha atate, cha amayi, ndi cha
abale
Ndinamwa mpaka nditaledzera
Mabuku auzimu anakanidwa kuti apeze mtendere
Ndakatulozo zinalembedwa mouziridwa ndi chilengedwe
Ndipo ndinaba kukoma kwa njuchi ya chisangalalo
Ndatenga matanthauzo ofunikira kuchokera mu mgodi
wa malingaliro

Ndipo ndimawerenga
Ndipo ndinamwetulira
Ndipo ndinagwira ntchito
Ndipo ndinakonza
Ndipo ndinagunda
Ndinali wofunitsitsa
Ndipo zonsezi sizinali zokwanira
Pamene adazindikira kuti anali maloto omwe nthawi zambiri amatha
Zokhumba za mtima wofunitsitsa zisanakwaniritsidwe
Koma nditangochotsa malotowo kwa ine
Ndipo ndinakhala m'malo opatulika a mtendere
Chilakolako changa chinakula kwambiri
Ndipo ndinamva mzimu wanga ukuimba
!Mulungu yekha ndiye amene watsala
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Munthu aliyense ali ndi mphamvu zopanda malire, ndipo tiyenera kuwonetsa mphamvu imeneyo mu chilichonse chomwe timachita. Tikafuna kupanga china chake, sitiyenera kudalira magwero akunja okha, koma m'malo mwake tiyenera kufufuza mkati mwathu ndikufunafuna gwero .lopanda malire

Njira zonse zogwirira ntchito zopambana, zinthu zonse zopangidwa, nyimbo zonse zogwedezeka, malingaliro olimbikitsa, ndi nyimbo zabwino komanso zodabwitsa .zalembedwa m'mabuku a Mulungu

Choyamba tiyenera kufotokozera cholinga, kenako kupempha thandizo la Mulungu kuti atitsogolere ku chinthu choyenera chomwe tingathe kusonyeza mphamvu zathu, ndikuganizira mpaka maganizo athu atakhala chete .ndikuona bwino sitepe yotsatira yomwe iyenera kuchitidwa

Kenako tiyenera kuchita zinthu mogwirizana ndi malangizo amkati omwe timalandira, ndipo zomwe tikufuna zidzakwaniritsidwa Maganizo akakhazikika, zinthu

zidzamveka bwino mwachangu komanso mosavuta—ndi zodabwitsa bwanji zimenezo!

Mudzakwaniritsa zolinga zanu ndipo kupambana pa zinthu zonse kudzakhala kwanu m'kanthawi kochepa, chifukwa mphamvu zapadziko lonse lapansi zimatha kutsogolera lamulo lolondola ndikuwonetsa kugwira ntchito kwake. Ngati tidzifufuza tokha, tidzazindikira zoona zake, mothandizidwa ndi Mulungu.

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Mmodzi mwa ophunzira anafunsa mphunzitsi Paramahansa za njira zothandiza kwambiri zogonjetsera chiyeso choletsedwa cha satana, ndipo iye anati kwa iye:

Pokhapokha mutakhazikika mu nzeru, choyamba muyenera kusiya kuchitapo kanthu kapena chilakolako champhamvu nthawi yomweyo ndikuyamba kuganizira zinthu pambuyo pake.

Ngati muyamba kuganiza, mayesero adzakugonjetsani osafuna ndipo mudzapeza kuti mukuchita zomwe simukufuna kuchita, chifukwa pankhaniyi mayesero adzagonjetsa nzeru.

Chomwe muyenera kuchita ndikunena molimba mtima kuti, "Sindingachite zimenezo," kenako nyamukani ndikuchoka. Imeneyi ndiyo njira yotsimikizika yothawira misampha ya mdierekezi.

Mukamakulitsa mphamvu ya "Sindikufuna" panthawi ya ziwopsezo zodzikuza, mumakhala olimba ndipo chisangalalo chanu chidzakhala chachikulu, chifukwa chisangalalo chimadalira kuchita zomwe chikumbumtima chanu chimakuuzani kuti muchite.

Mukanena kuti "ayi" ku kunyengerera, muyenera kunena zomwe mukutanthauza ndi zomwe mukunena.

Musataye mtima ndipo kumbukirani kuti anthu omwe ali ndi chifuniro chofooka nthawi zonse amati "inde," pomwe anthu abwino amakhala ndi "ayi" m'mabuku.

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Mu maphunziro auzimu, tinaphunzira kulamulira malingaliro athu ndi zilakolako zathu, osalola zomwe timakonda kutilamulira miyoyo yathu. Tinayamba kuyamikira zonse zomwe Mulungu watipatsa. Anthu ali ndi zambiri, koma ambiri nthawi zonse amakhala osakhutira ndi kudandaula, osakhutira ngakhale alibe chilichonse, ngati kuti alibe chilichonse, ndipo zilakolako zawo zimaoneka zopanda .malire

M'mawa, mwamuna akameta ndevu zake—mwina ndevu zake—akasamba nkhope yake, ndi kuvala, chinthu chotsatira chimene akufuna ndi chakudya cham'mawa. Akangodya pang'ono, amafuna kuti mkazi wake akadakonza chakudya chogwirizana ndi kukoma kwake, pomwe mkaziyo amafuna .kuti akhale ndi mbale, mbale, ndi mbale zabwino kwambiri

Ndipo tsiku ndi tsiku, amalakalaka izi ndi izi mpaka palibe chomwe chingawakhutiritse, ndipo maubwenzi awo amataya ubwenzi wawo, ndipo amatayanso chimwemwe. Chifukwa cha mkwiyo umene amamva, amatembenukira kwa omwe ali pafupi nawo. Mkazi amadandaula ndi kukangana ndi mwamuna, mwamuna amakalipira ana, ndipo ana amapanduka ndi kugwa m'mavuto ndi anthu oipa. Mfundo ndi iyi: si kulakwa kukhala ndi zinthu, koma kulakwa kulola kuti katundu atigwire. Amene akufunafuna chimwemwe sayenera kukhala odzikuza kwambiri kapena .okonda zinthu

Paradaiso wanga ali mkati mwanga, ndipo ndikasangalala ndi mawonekedwe okongola kapena kukumana ndi anzanga okondedwa, paradaiso wanga wamkati umawonjezera chisangalalo changa ndi mawonekedwe amenewo kapena kuwaona anzanga amenewo Popanda kukhutira kwamkati kumeneko, ngakhale paradaiso wapadziko lapansi amasanduka gehena .yosapiririka

Kuzindikira kuti mphamvu zonse za kuganiza, kulankhula, kumva, ndi kuchitapo kanthu zimachokera kwa

Mulungu, ndipo kuti nthawi zonse amakhala nafe, kutilimbikitsa ndi kutitsogolera, kumabweretsa kumasuka nthawi yomweyo ku nkhawa, chisokonezo, ndi kusokonezeka. Ndi kuzindikira kumeneku, kuwala kwa .chisangalalo cha Mulungu kumaonekera

Nthawi zina kuwala kwakukulu kwauzimu kumadutsa mu umunthu wonse, kuchotsa ndi kuchotsa lingaliro la mantha Monga mafunde a m'nyanja, mphamvu ya Mulungu imabwera ndi mphamvu yaikulu, kudutsa mumtima ndi kuutsuka ndi mtsinje wamphamvu wodalitsidwa, kuchotsamo zopinga zonse ndi zopinga za kukayikira, mantha, ndi .mantha

Tikakhudza kukhalapo kwa Mulungu, chinyengo chakuti ndife matupi athupi chimachotsedwa Izi zitha kuchitika kudzera mu kuganiza mozama komanso kolunjika kwauzimu, kusinkhasinkha pa Mulungu, ndi kufunafuna thandizo Lake .kuti titsegule malingaliro athu

Kenako timazindikira kuti thupi ndi kamphindi kakang'ono chabe ka mphamvu mu nyanja ya Mulungu ya chilengedwe chonse

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Munthu akamavutika ndi zochitika zamaganizo kapena .mantha amphamvu, ayenera kuyesa kugona

Ngati angathe kuchita zimenezo, adzapeza kuti akadzuka, kupsinjika maganizo kwatha, ndipo mantha amasula mphamvu zawo, chifukwa mzimu ukalowa m'tulo, umakwera pang'ono kuposa mavuto omwe poyamba anali okhudzana ndi kugwirizana ndi thupi ndi zomwe .zimamuchitikira

Mkhalidwe waukulu ndi wa kukhudza chidziwitso chapamwamba kudzera mu kusinkhasinkha kwakuya komanso kozindikira. Tiyenera kutsimikiza kuti palibe chomwe chingasokoneze mtendere wathu kapena kutilanda .mtendere wathu

Maganizo akamalowerera kwathunthu m'mikhalidwe ya moyo, sangazindikire mtundu weniweni wa moyo wauzimu wosangalala. Koma tikamachita zinthu nthawi yomweyo tikukumbukira ubale wathu wapafupi ndi Mulungu, kuti kuwala kwake kumatizungulira ndipo mtendere wake umakhala mkati mwathu, ndiye kuti zochitika sizidzatikhudza, ndipo zinthu zosasangalatsa .sizidzasokoneza mtendere wathu

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Munthu ayenera kusamala zilakolako zake. Munthu wosusuka amadya, monganso munthu wauzimu amene ali ndi zizolowezi zoyenera. Kodi ndiye kuti n’kololedwa kunena kuti kudya ndi tchimo chifukwa chakuti nthawi zambiri ?kumagwirizanitsidwa ndi ulesi

Uchimo uli m'maganizo, m'zifukwa. Munthu wosusuka amadya kuti akhutitse njala yake, ndipo munthu wauzimu amadya kuti thupi lake likhale lathanzi, ndipo pali kusiyana .kwakukulu pakati pa ziwirizi

Kuti munthu asiyanitse chabwino ndi choipa, ayenera kudzifufuza yekha ndikudzifunsa ngati zomwe akufuna kuchita ndi zabwino kapena zoipa. Tiyenera kukhala oona .mtima kwathunthu kwa ife eni

Munthu akakhala woona mtima, nthawi zambiri sangalakwitse, ndipo ngakhale atachita zimenezo, adzatha kukonza njira yake mwachangu. Tiyenera kutsogoleredwa ndi chikumbumtima chathu pa zomwe timachita chifukwa .chikumbumtima ndi mphamvu yozindikira mkati mwathu

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Kaya tili ndi ntchito ndi maudindo angati, sitiyenera kuiwala kumasula maganizo athu nthawi ndi nthawi ku .nkhawa ndi nkhawa zina zonse ndi zochita zina

Yesetsani kusaganiza zinthu zoipa kwa mphindi imodzi, kuganizira za mtendere wamumtima, makamaka ngati muli .ndi nkhawa ndipo mukumva kulemedwa ndi nkhawa

Kenako anawonjezera nthawiyo kwa mphindi zingapo, akukumbukira zochitika ndi zochitika zina zosangalatsa Kumbukirani zinthu zosangalatsa zomwe zinakusangalatsani ndipo yesetsani kuzikumbukira m'zinthu zonse, ndipo pang'onopang'ono mudzapeza kuti mwayiwala .nkhawa zanu ndipo mantha anu atha

Kumanga chilengedwe chamkati

Ngati munthu akufuna kumanga malo abwino mkati mwake, ayenera kuchita zinthu chete osati nthabwala nthawi zonse, komanso kukhala wosangalala, wosangalala, .komanso wosangalala

Kulankhula kopanda pake kumachotsa malingaliro abwino, ndipo kuli ngati chipolopolo chomwe chimatha mphamvu zake polankhula za zinthu zopanda pake komanso zopanda phindu, zomwe zimapangitsa kuti munthu .asamamve bwino zamaganizo

Chikumbumtima chili ngati chidebe cha mkaka; chikadzazidwa ndi mtendere wa kulingalira, malingaliro abwino, ndi malingaliro, chiyenera kusungidwa mokwanira. Kuseka ndi kulankhula ngati parrot ndi zosangalatsa zabodza zomwe zimapangitsa mabowo m'mbali mwa chidebe cha chidziwitso, zomwe zimapangitsa kuti mkaka wamtendere .wamkati utuluke ndi kutayika

Izi sizikutanthauza kuti munthu ayenera kukhala wokhwima kwambiri, woganiza bwino, komanso wodziletsa, koma m'malo mwake zimatanthauza kupewa kunyoza, kuseka, kuseka, ndi kulankhula zopanda nzeru komanso .zopanda nzeru

Ndimakumbukirabe maphunziro abwino omwe ndinalandira kuchokera kwa anthu otchuka. Tikamalankhula :mokweza komanso mokweza, ankatiuza kuti

Bwererani ku malo anu achitetezo ndipo musadziphe" nokha, kuti mutaye malingaliro anu auzimu ndipo mtendere ".wanu uthawireni popanda kubwerera

Sizinali zophweka kuti timvetse nthawi imeneyo, koma tsopano ndikumvetsa njira yamtendere yomwe anatiphunzitsa

Madipoziti a mtendere

Ngati munthu apitiriza kulemba macheke osayika ndalama mu akaunti yake yakubanki, ndalama zake zidzatha .ndipo ndalama zake zonse zidzatha

Mofananamo, ngati munthu sasunga mtendere nthawi zonse m'moyo wake, mphamvu zake, bata lake, ndi chimwemwe chake zidzachepa ndipo pamapeto pake zidzatha, zomwe zidzatsogolera ku kulephera kwamaganizo, maganizo, thupi, ndi uzimu. Kusinkhasinkha za Mulungu ndi kuona kukhalapo kwake kodala kumadzaza mphamvu zathu .zamkati ndi kutidzaza ndi zinthu zonse zofunika

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M'malo mongokhala ndi moyo wamakono okha, timayesetsa kukhala ndi moyo m'mbuyomu ndi mtsogolo nthawi imodzi, zomwe zimaika katundu wolemera pamaganizo, kuzitopetsa ndikuchepetsa mphamvu zake zothana ndi zinthu bwino. Ichi ndichifukwa chake tiyenera kuchepetsa katundu wathu wamaganizo. Zakale zapita ?kwamuyaya, ndiye bwanji kuzisunga m'maganizo mwathu

Lolani maganizo agwire ntchito ndi zolemetsa zake chimodzi ndi chimodzi, osati zonse nthawi imodzi. Nsomba ya m'nyanja imadya madzi olimba okha omwe imamwa ndi mlomo wake; mofananamo, tiyenera kukumbukira maphunziro omwe taphunzira kuchokera m'mbuyomu .ndikuiwala zinthu zosafunikira

Izi zidzachepetsa kwambiri maganizo. Chisangalalo cha munthu wamakono chili m'kuchulukitsa zomwe ali nazo ndikupeza zambiri, mosasamala kanthu za kusowa ndi .kuvutika kwa ena

Koma kodi si bwino kuti munthu akhale ndi moyo wosalira zambiri, wopanda zinthu zapamwamba komanso wopanda chidwi ndi nkhawa zambiri? Palibe chisangalalo

chothamanga mofulumira kwambiri mpaka kufika poti .sakusangalala ndi zomwe ali nazo

Tsiku lidzafika pamene anthu adzadzuka ku tulo tauzimu ndi kuyamba kupirira kufunikira kwawo chuma Tsiku lidzafika pamene adzazindikira kuti moyo wosalira zambiri umabweretsa chitetezo, mtendere, ndi bata lalikulu

Kupambana mitima ya anthu ndi mphamvu ya chikondi ndi chipambano chachikulu kwambiri chomwe aliyense .angapeze m'moyo

Izi zinali zinthu zodabwitsa kwambiri zomwe anthu akuluakulu omwe anakhala ndi moyo ndikufera ena adachita. Anthu omwe ali ndi mphamvu zambiri zomwe amakhala ndi moyo wokha amabisika mwachangu. Koma iwo omwe amakhala ndi moyo wokomera ena amakumbukiridwa .kwamuyaya

Aneneri sanali ndi mipando yachifumu yagolide panthawi ya ulendo wawo padziko lapansi, koma amakhala pampando wachifumu wachikondi m'mitima ya anthu mamiliyoni ambiri. Umenewo ndi mpando wachifumu .wabwino kwambiri womwe munthu aliyense angakhaliremo

Munthu amabwera m'dziko lino akulira pamene ena onse akusangalala ndi kubwera kwawo. Ayenera kugwira ntchito ndi kutumikira nthawi yonse ya moyo wawo wopatsidwa kuti nthawi ikafika yoti achoke m'dziko lino, .apite akumwetulira pamene dziko likuwalira

Mulungu adalenga dziko lino kuti anthu agwiritse ntchito nzeru zawo kuti apeze chidziwitso chauzimu ndikumvetsetsa kuti Lingaliro la Mulungu ndi mphamvu yamphamvu, ndipo mphamvu iyi iyenera kutsogoleredwa m'njira yoyenera kuti .ipindule iwo eni ndi ena

Ngati Mulungu sanatipatse chikondi mwa kubzala chikondi chake m'mitima mwathu, sitikanatha kudziwa .chikondi cha anthu konse

Popeza Mulungu ndi wowolowa manja komanso wachikondi kwa ife, Iye ndiye amene ayenera kukhala

cholinga chathu komanso cholinga chathu pofufuza. Sakufuna kudzikakamiza, koma palibe chimwemwe chomwe chingapezeke popanda kuganizira za Iye ndi kulumikizana .naye

Njira yachinsinsi imene thupi ndi maganizo zimagwirira ntchito, yomwe imatisiyanitsa ndi zolengedwa zina zonse, ndi zodabwitsa ndi zodabwitsa zina zonse m'moyo, iyenera kukhala yokwanira kutilimbikitsa kufunafuna ndi kupeza. Anthu amene amayesetsa moona mtima komanso modzipereka adzapambana pa ntchito yawo ndi kukwaniritsa .cholinga chawo

Pamene ndinayamba ulendo umenewu, moyo wanga poyamba unali wosakhazikika komanso wosakhazikika, koma chifukwa cha kuyesetsa mobwerezabwereza komanso khama losalekeza, mitambo inayamba kuonekera bwino ndipo zinthu zinayamba kuonekera bwino kwambiri. Chilichonse chomwe chinandichitikira chinali umboni wokwanira wa kukhalapo kwa Mulungu ndi kuthekera .kolankhulana naye ndikumudziwa m'moyo uno

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Mtendere ndi bata zomwe wofunafuna amapeza akapeza Mulungu! Dziko lapansi lidzakhala lowala komanso lomwetulira, chilichonse chidzakhala bwino, ndipo palibe .chomwe chidzalowetse mantha mumtima

Umu ndi momwe tiyenera kukumana ndi mavuto ndikulimbana nkhondo ya moyo ndi kulimba mtima ndi .kulimba mtima koyenera ana a moyo ndi kuwala

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Tikamaona kuti tiyenera kuchita zinthu zambiri nthawi .imodzi, timakhumudwa kwambiri

M'malo modandaula ndi zomwe ziyenera kuchitika, ndi :bwino kunena kuti

Ola lino ndi langa ndekha, ndipo ndichita zonse zomwe" ndingathe popanda kulola kuti mavuto andigwetse ".m'mavuto

Wotchi singathe kupitirira maola 24 mu mphindi imodzi, ndipo mofananamo, simungathe kuchita mu ola limodzi .zomwe zimafunika maola 24 kuti muchite

Tiyenera kuyesetsa mokwanira kuti tichite zomwe tikuyenera kuchita pakadali pano ndikuzichita modekha komanso popanda nkhawa, ndipo tsogolo lidzadzisamalira .lokha

Sangalalani ndi mphindi yomwe ilipoyi ndipo yesani kugwirizana ndi kugwedezeka kwa mtendere

Mukachita izi kwambiri, mudzamva mphamvu yodalitsidwa mkati mwanu yogwira ntchito yopindulitsa inu, yolemeretsa moyo wanu ndikukupangitsani kukhala .osangalala

Kuthana ndi mantha ndi nkhawa

Nkhawa imayamba mumtima chifukwa cha kumva ululu. Motero, tikuwona kuti mantha amachokera ku zomwe zinachitika kale. Mwina munthuyo wagwa kale ndipo .wathyoka mwendo, motero amaopa kubwereza zomwezo

Kuyang'ana kwambiri nthawi zonse pa mayeso opweteka otere kumafooketsa chifuniro ndi mitsempha, zomwe zingayambitse kugwa ndi kusweka mwendo kachiwiri! Komanso, mtima ukafooka chifukwa cha mantha, mphamvu ya thupi imatsika kwambiri, zomwe zimapangitsa .kuti majeremusi a matenda alowe m'thupi ndikuwononga

Palibe munthu amene saopa matenda. Mantha anaperekedwa kwa munthu ngati chida chomutetezera ku ululu, ndipo cholinga chake sichinali kukulitsa ndi kuganizira .za ululuwo nthawi zonse

Kuganizira kwambiri za mantha nthawi zonse kumalepheretsa khama lathu lopewa mavuto ndi kuthetsa mavuto omwe timakumana nawo. Mantha oyezedwa amachokera pa nzeru, monga kuganizira kuti chakudya china chake sichili bwino ngakhale kuti chikufuna kudya. Kuopa matenda kumatanthauza matenda. Anthu amadzibweretsera matenda pongoganizira za matendawo.

Ngati nthawi zonse mumaopa kugwidwa ndi chimfine, mudzakhala pachiwopsezo chachikulu, mosasamala kanthu .za zomwe mungachite kuti mupewe

Musalole mantha kukulepheretsani kuchita zinthu zomwe mukufuna. Nkhawa ikakugonjetsani, mumathandiza kupanga zomwe mumaopa. Sikoyeneranso kukhala ndi nthawi yochuluka ndi anthu omwe nthawi zonse amalankhula za matenda awo ndi zofooka zawo. Kuganizira .zinthu zimenezi kungakulitse mantha m'maganizo mwanu

Anthu amene amaopa kutenga chifuwa chachikulu cha m'mapapo, khansa, kapena matenda a mtima ayenera kuchotsa mantha amenewa m'maganizo mwawo, kuti .asawabweretsere mavuto osafunikira

Ponena za odwala ndi okalamba, amafunikira malo abwino komanso abwino momwe angathere, pakati pa anthu omwe ali ndi makhalidwe abwino komanso olimba mtima, kuti awalimbikitse ndikukweza miyoyo yawo kudzera .m'malingaliro ndi malingaliro abwino

Maganizo ali ndi mphamvu zambiri Ogwira ntchito m'zipatala nthawi zambiri amadwala chifukwa chodzidalira; ndithudi, malingaliro awo amphamvu amakonzanso .mphamvu zawo ndikuwapatsa mphamvu nthawi zonse

Nyimbo ya Chilakolako

Ndi chikhumbo chachikulu, ndikuyimbirani nyimbo za mtima wanga

Ndikuika patsogolo panu chuma changa chonse chauzimu

Ndakusonkhanitsirani uchi wa chikondi chochuluka ndi kukhulupirika kosatha

Mu maselo a chikumbumtima changa; chilichonse chimene chili changa ndi chanunso

Ambuye, ndinali ndi ludzu m'chipululu cha ziyembekezo zabodza ndi zilakolako zopanda kanthu

Ndipo tsopano ndamwa ndi kuthetsa ludzu langa kuchokera ku akasupe a chikondi chanu ndi mtendere wanu

Sindilinso ndi ludzu la zilakolako zapadziko lapansi
Ndikumva mphepo yanu yodala, yonunkhira bwino
ikubwera kwa ine, ndipo ndatsitsimutsidwa
Ndipo makandulo a chisangalalo changa amawala ndi
kuwala kwa chisangalalo chanu
Ndinatsala pang'ono kufa ndi ludzu ndi kutopa
Pakati pa chizimezime cha zitsime zachinyengo
zapadziko lapansi
Ndipo tsopano ndamizidwa mu mafunde achimwemwe a
mzimu wanu wodala
Ndikufuna kumira m'nyanja yanu yoyera ndikukhala ndi
!moyo kosatha mwa inu
Chilankhulo cha maluwa
Mulungu ndiye wojambula wamkulu kwambiri
Kukongola kwake kwakukulu kumaonekera mu
kukongola kwa maluwa
Ndi bwino kwambiri kumuganizira nthawi iliyonse
!tikaona maluwa ndi maluwa a duwa
Mulungu saoneka
Komabe, akulankhula nafe
Kudzera m'maluwa
Ndi zikwi zambiri za zolengedwa zina zokongola
komanso zokondedwa
Ndipo zimatidzaza ndi fungo lake lakumwamba
Iye amatitsimikizira kuti alipo tsiku ndi tsiku kudzera
.mwa zolengedwa zake
Maluwa anapangidwa ndi cholinga
Amatumikira aliyense ndi kukongola kwake, utumiki
wodzichepetsa
Tinalankhula za zodabwitsa za Mulungu kuposa china
chilichonse
Duwa lililonse limafotokoza nkhani yake yosangalatsa ya
kukhalapo kwa Mulungu
Maluwa akhala akugwiritsidwa ntchito kwa zaka mazana
ambiri

Osati kokha chifukwa chokongoletsa, komanso kuti
.awulule fungo ndi kukongola kwa Mulungu
Tikhoza kumva kukhalapo kwa Mulungu kudzera
m'maluwa ndi maluwa a maluwa
Chifukwa duwa lililonse ndi kapangidwe kaumulungu
komwe timawona mawonekedwe a Mulungu
Wokongola amene amakonda kukongola
Taganizirani za maluwa akuthengo osati ngakhale}
{Solomo mu ulemerero wake wonse
Anali atavala ngati mmodzi wa iwo
Nkhawa: Chikhalidwe chawo ndi momwe angathanirane
nazo
Nkhawa ndi zopanda ntchito zimangotipatsa nkhawa
zambiri
Mukachoka kapena kumaliza ntchito yanu, iwalani.
.Musamaganizire zimenezi ndipo mupite nazo kunyumba
Nkhawa zimapanga mitambo yakuda, yamdima
kuzungulira malingaliro, zomwe zimapangitsa munthu
kupunthwa chifukwa njira yawo si yomveka bwino komanso
yosavuta. Tiyenera kuphunzira kudalira kwambiri Mulungu.
Iyi ndi sayansi yokha komanso lamulo laumulungu losasintha
lomwe silisintha. Aliyense amene amachita zomwe angathe
ndipo nthawi yomweyo akufuna thandizo la Mulungu
adzachotsedwa zopinga panjira yawo, kuuma kwa mavuto
kuchepetsedwa, ndipo Mulungu adzatsegula zitseko kwa iwo.
{Aliyense amene amadalira Mulungu, adzawakwanira}
{Tayani nkhawa zanu kwa Ambuye, ndipo Iye
adzazisamalira}
Dziwani—Mulungu akuwonjezereni chidziwitso chanu—
kuti nthawi zonse pali njira yotulukira m'mavuto ndi nkhawa
za moyo. Ngati tiima kaye ndikuganizira mozama za
kuchotsa chomwe chimayambitsa nkhawa zathu m'malo
moganizira kwambiri za izo, Mulungu adzatitsegulira zitseko
.ndi kutitsogolera ku njira zomwe sitinaziganizirepo

Anthu ambiri amabwera kwa ine kudzandiuza za nkhawa zawo, choncho ndimawapempha kuti akhale chete ndi kuganizira mozama, kufunafuna thandizo la Mulungu, komanso kuti asaganize njira zina zothetsera mavuto awo .mpaka atapeza chitonthozo ndi mtendere wauzimu

Maganizo akakhala bata, mtendere wa Mulungu umatsikira pa moyo, ndipo chikhulupiriro chimalimbikitsidwa, mayankho a mavuto adzaonekera ngati dzuwa likutuluka .kumbuyo kwa mapiri

Kunyalanyaza mavuto sikutsimikizira kuti adzathetsedwa, ndipo kuda nkhawa nawo sikubweretsa zotsatira zabwino

Sinkhasinkhani mpaka mutamva bata, kenako ganizirani za vuto lanu ndipo pempherani mochokera pansi pa mtima kwa Mulungu kuti akuthandizeni. Yang'anani pa vutolo, ndipo .mudzapeza yankho popanda nkhawa kapena khama lalikulu

Pemphero lochokera pansi pa mtima komanso lochokera pansi pa mtima nthawi zonse limayankhidwa ndi Mulungu. Koma ngati pemphero siliperekedwa ndi changu ndi .kudzipereka, n’zoonekeratu kuti silidzayankhidwa

Aliyense amazindikira kuti nthawi ina zofuna zake .zinakwaniritsidwa chifukwa cha pemphero

Chikhumbo chikasanduka chilakolako, chimakhudza mtima wa Mulungu ndipo Iye amapereka chomwe .chikufunidwa

Mulungu akafuna chinthu, chilengedwe chonse chimayankha chifuniro chake

Mulungu amayankha tikamutembenukira ndi mtima wonse, ndi chikhulupiriro chakuya komanso kutsimikiza mtima kosagwedezeka

Nthawi zina amayankha mwa kuika lingaliro lina m'mutu mwa munthu lomwe lingagwire ntchito kukwaniritsa .chikhumbo chanu kapena kukwaniritsa zosowa zanu

Munthu wotereyu amagwira ntchito ngati njira m'manja .mwa Mulungu yokwaniritsira zomwe akufuna

Anthu sadziwa momwe mphamvu iyi imagwirira ntchito
Imagwira ntchito ndi mawerengedwe olondola kwambiri,
"osasiya malo a "ngati" kapena "ngati ayi
Ichi ndi chomwe chimatanthauza "kukhulupirira zinthu
"zosaoneka
Ndipo adzamupatsa zosowa zake kuchokera komwe
sakuyembekezera
Kuchokera mu nyimbo za mzimu
Mitengo imapumira
Ndipo mphepo ikuwomba
Ndipo dzuwa limamwetulira
Ndipo mtsinjewo ukuyenda
Ndipo kumwamba kumakwera pamwamba
madontho ofiira ngati pinki
Ndipo dziko lapansi limasintha chovala chake chakuda
Ma diamondi odzaza ndi nyenyezi
Kuvala masana
Suti yagolide yokongola
Chilengedwe chimakongoletsa ndi kukongoletsa chokha
Mu mitundu yosangalatsa ya nyengo zotsatizana
Ndipo mtsinje wogwedezeka
Simuyesa kulankhula
Ndi mawu omveka ngati chibwibwi
Pa lingaliro lobisika
Ndipo kuchokera pansi pa mtima
Ndipo mbalame zimayimba
Ndipo akuyesera kuvomereza
Ndi zinthu zosadziwika
Zikugwedezeka mkati mwake
Koma anthu
Wokhoza kulankhula ndi kufotokoza
Mwa mawu omveka bwino komanso omveka bwino
Za zomwe aliyense analephera kuchita
Ponena za kuulula
Zokhudza Mbuye wa Chilengedwe Chonse

Khalani kulikonse
Kukulitsa chidziwitso
Malo athu amkati mwa maganizo amapangidwa ndi kuyanjana kwathu ndi malo athu akunja kuyambira .pachiyambi cha moyo
Malo amkati awa ndi zizolowezi zamaganizo, kuwonjezera pa zilakolako ndi zilakolako zomwe zimapangidwa ndi miyoyo yakale, nthawi zambiri zimatsogolera zochita zathu ndi makhalidwe athu mwanjira .yodziwikiratu
Ponena za kukonzanso nzeru, kapena kukweza chidziwitso kuchokera ku thupi kupita ku mzimu ndi choonadi chauzimu, pachiyambi cha moyo mzimu umasangalala kudziwonetsera wokha ndikuwonetsa zilakolako zake kudzera mu thupi, ndipo chifukwa chake .umakhala mkaidi wa thupi
Tiyenera kudziphunzitsa tokha kukhala pamlingo wapamwamba kuposa wa thupi Kukula kwa maganizo kumalumikizidwa kwambiri ndi kukula kwa thupi kapena zakuthupi Chifukwa chake, malinga ndi kusintha kwachilengedwe, mzimu umadutsa m'magawo angapo kuti ufike pamlingo wozindikira zauzimu, zomwe zimafotokoza chifukwa chake kupambana kwa zinthu zakuthupi kumapezedwa koyamba, kutsatiridwa ndi kupambana kwa .maganizo
Kupambana m'maganizo mosakayikira n'kopindulitsa, chifukwa kudzera mwa iwo timaphunzira kusintha zosowa .zakuthupi kukhala chitetezo chauzimu
kutembenukira koopsa
Mavuto omwe dziko lapansi likukumana nawo masiku ano sanapangidwe ndi Mulungu M'malo mwake, ndi zotsatira za zaka zambiri za kuganiza molakwika ndi zochita zolakwika .za anthu onse. Zimene anthu amafesa, ayenera kukolola
Munthu wafika poipa kwambiri ndipo waima pamphambano. Akhoza kudziwononga yekha ndi njira

zankhondo zomwe wapanga kapena kutembenukira ku moyo wapamwamba ndikubweretsa Mulungu m'moyo wake potsatira mfundo zamakhalidwe abwino, zamakhalidwe abwino komanso zauzimu zomwe aneneri ndi anzeru .ankalimbikitsa. Chisankho ndi chathu

Yakwana nthawi yoti anthu afotokoze malo awo ndikusankha njira yomwe ayenera kutsatira: kaya kupita ku chisokonezo ndi chiwonongeko kapena kupita ku malingaliro apamwamba apadziko lonse omwe apemphedwa ndi zipembedzo zakumwamba kuti apulumutse miyoyo ndi dziko .lapansi ku mavuto ndi masoka

Ngati munthu achita gawo lake momwe ayenera kulichitira, ndipo wadzozedwa ndi malamulo a ubwino, chikondi ndi makhalidwe abwino, ndiye kuti mdima udzatha .ndipo mdima udzatha

Palibe chifukwa chomveka kapena cholungamitsa zochitika zoopsa zomwe dziko lapansi likuwona, kapena chiwawa chopanda pake chomwe chikuchitika m'dziko lililonse. Chifukwa cha zonsezi ndi chakuti anthu atalikirana .ndi Mlengi wawo ndipo atayika ubale wawo weniweni ndi Iye

Anthu saona chifukwa chomveka chopewera kuonetsa mkwiyo wawo kwa ena, ndipo amaganiza kuti njira yokhayo yothetsera mavuto ndi kugwiritsa ntchito zida ndi kupha .anthu

Koma Mulungu, aneneri Ake, ndi anthu Ake akuluakulu amafuna kuti anthu azikhala mogwirizana wina ndi mnzake .ndi kugwirizana m'chilungamo ndi chipembedzo

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Umunthu wanu weniweni uli ndi mizu ya chilengedwe

Mizu iyi imatenga mphamvu zake kuchokera ku gwero la chilengedwe, lomwe ndi Mulungu, chiyambi cha mphamvu zonse zomwe zilipo. Umunthu wochepa, wocheperako, kapena "kudzikuza," ndi gawo laling'ono chabe la zomwe .zingachotsedwe mkati ndikuwonetsedwa m'chowonadi

Umunthu wanu wofunikira uli ndi mphamvu zopanda malire zomwe zikuyembekezera kuyatsidwa, kugwiritsidwa ntchito, ndi kupindula nazo

Aphunzitsi onse akuluakulu amanena kuti mkati mwa thupi muli mzimu wosafa, womwe ndi kuwala kwa kuwala kwa Mulungu komwe kumadzaza moyo ndi kuchirikiza .chilengedwe chonse

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Kodi mukudziwa momwe anthu amakhalira ndi moyo wawo? Ochepa a ife ndife omwe timadziwa njira yoyenera yokhalira ndi moyo, komanso momwe tingapindulire ndi moyo ngati tiugwiritsa ntchito mwanzeru komanso mopanda .ndalama

Choyamba, tiyenera kusamala za nthawi yathu. Nthawi imapita ndipo imapita tisanazindikire, ndipo ichi ndichifukwa chake nthawi zambiri timalephera kuzindikira kufunika kwa .nthawi yomwe Mulungu watipatsa

Nthawi yochuluka bwanji yomwe imatayika pachabe! Ndipo ndi ochepa chabe amene amaima kuti aganizire ndi kuganizira zomwe moyo ungatipatse Anthu ambiri saganizira mozama konse; amakhala moyo wawo wonse akudya, kugona, ndi kuchita zosangalatsa, kenako n’kusiya dziko lino .opanda chochita nacho

Ndikofunikira kusiyanitsa pakati pa zosowa ndi zofuna zenizeni ndi zochepa kwambiri, koma zosowa ndi zosawerengeka. Kuti tipeze ufulu ndi mtendere wamumtima, tiyenera kukwaniritsa zosowa zathu ndikusiya kutsata zilakolako zosatha ndikutsata chisangalalo cha dziko lapansi chosakhalitsa, ngati chizimezime cha m'chipululu chomwe sichidyetsa munthu waludzu kapena kukhutitsa munthu .waludzu

Munthu akamadalira kwambiri zinthu zakunja kuti apeze chimwemwe, amasiya kuchipeza. Kukulitsa ndi kukulitsa chilakolako cha zinthu zapamwamba ndi njira yotsimikizika .yopititsira patsogolo kusasangalala ndi ukapolo wa katundu

Tiyenera kuchepetsa zosowa zathu ndikugwiritsa ntchito nthawi yathu kufunafuna chimwemwe chenicheni kapena .chisangalalo chauzimu

Moyo susintha; ndi umunthu wosatha wobisika kuseri kwa chophimba cha chidziwitso chochepa cha anthu, chomwe chili chodzaza ndi mitundu yonse ya ululu, .zolephera, ndi imfa

Tiyenera kuchotsa chophimba chachinyengo cha kusasinthasintha ndi kusintha ndikupumula mu umunthu wathu wosatha. Tiyenera kukhazikitsa chidziwitso chathu pa thanthwe lolimba mtima ndi bata lamkati, lomwe ndi mpando wachifumu wa mtendere waumulungu womwe umaposa kumvetsetsa, kenako tidzalawa kasupe wokoma wachimwemwe wochokera ku akasupe odala a Mzimu, usana .ndi usiku

Chimwemwe chingapezeke mwa kudziletsa, kukhala ndi moyo wosalira zambiri komanso kuganiza bwino, komanso kusunga ndalama mosamala, ngakhale titapeza ndalama zambiri kuposa zomwe timafunikira kuti tikwaniritse zosowa zathu zofunika. Tiyeneranso kuthandiza ena ndi .kuwathandiza kudzithandiza okha

Pali lamulo losalembedwa lomwe limati aliyense amene amathandiza ena kupeza chitukuko ndi chimwemwe adzalandira thandizo kuchokera ku magwero osayembekezereka, ndipo chitukuko ndi chimwemwe chawo zidzawonjezeka. Ili ndi lamulo losasintha komanso losasinthika, ndipo odala ndi amene amakhala nalo, chifukwa adzakhala m'gulu la osangalala. Kodi sikwabwino kukhala moyo wosalira zambiri ndikukhala wolemera ?mumzimu

Mulungu amatsogolera ku kuwala kwake amene} {akufuna

{Ndipo kuunika kumawala mumdima}

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Kumbuyo kwa nyali iliyonse yamagetsi yaying'ono kuli mphamvu yamagetsi, ndipo pansi pa mafunde ang'onoang'ono aliwonse pali nyanja yaikulu yomwe yakhala .mafunde ambiri

Izi zikugwiranso ntchito kwa anthu Mulungu adalenga anthu ndipo adawapatsa ufulu wosankha. Koma anthu amaiwala gwero ndi mphamvu zomwe Mulungu adaika mwa .iwo

Palibe malire a zomwe zingatheke padziko lapansi, kapena kupita patsogolo komwe munthu angakwanitse .komanso malo omwe angafikire

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Tikayamba kumvetsetsa munthu kwathunthu ndi .umunthu wake, timazindikira kuti iye si munthu weniweni

Mkati mwake muli mphamvu zambiri, zomwe amagwiritsa ntchito mosiyanasiyana kuti azitha kusintha malinga ndi momwe zinthu zilili padziko lapansi. Ndipo mphamvu za mphamvu zimenezi ndi zazikulu kwambiri .kuposa momwe munthu wamba amazindikira

Springs ndi Sips: Malo Opatulika a Chikondi Choyera

Ndidzakoka mphamvu

Kuchokera ku kasupe wa dzuwa lagolide

Ndidzamwa mtendere

Kuchokera ku akasupe a usiku wasiliva wowala ndi mwezi

Ndidzamwa mphamvu zanu

Kuchokera mu chikho cha mphepo yamphamvu

Ndidzamwa chidziwitso chanu ndi chisangalalo ndi chisangalalo

Kuchokera m'zikho za malingaliro anga obisika komanso ozama

Mu kuwala kwanu kodala

Ndidzakhala maso kwamuyaya

Kuyang'ana nkhope yanu yodala komanso yopezeka paliponse

Ndi maso owonera nthawi yayitali yamuyaya
Ndafunafuna chikondi cha Mulungu
Mu nthaka yopanda kanthu ya malingaliro a anthu
Mpaka nditapeza
Pa malo opumulirako a chikondi chopatulika
Amene gwero lake silimatha konse
Ambuye, ndithandizeni kutenga cholowa changa chakumwamba
Ndipo kuti ndikhale ndi moyo wa osafa
!O Mulungu Wachikondi Kwambiri ndi Woyera
Ngakhale mdima wa kusadziwa kwanga uli wakale ngati nthawi yokha
,Koma ndizindikire
Kuti ndi mbandakucha wa kuunika kwanu
Mdima udzazimiririka m'kuphethira kwa diso
Ngati kuti sizinachitikepo
Mkwiyo ndi momwe umakhudzira thanzi
Ngakhale kuti munthu wamba sakhala ndi chikumbukiro chodziwa bwino za zomwe moyo wake wakumana nazo, iye ndi gawo la chilengedwe chonse ndipo nthawi ndi nthawi ayenera kubwezeretsanso moyo wake ndi mafunde otsitsimula a moyo ochokera kwa Iye Yekhayo, gwero la moyo, chikondi, ndi choonadi chomwe sichisintha kapena .kugawanitsa
Munthu akamatsatira mfundo ya Choonadi m'maganizo, m'mawu, ndi m'zochita zake, amadzigwirizanitsa ndi chilengedwe ndi Mlengi. Aliyense amene amakumana ndi munthu wosinthika mwauzimuyu amalimbikitsidwa mwauzimu ndi kugwedezeka kwake kwauzimu kogwirizana, ngakhale kuti kutukuka kumeneku kumasiyana malinga ndi .mlingo wake
Wophunzira ameneyo ali womasuka ku zinthu ziwiri zopweteka komanso zotsutsana ndi mfundo yakuti zinthu zimadalirana, ndipo pamapeto pake ali woyenerera kulowa .m'malo othawirako omaliza: choonadi chenicheni

Kusakhala ndi mkwiyo ndiyo njira yachangu kwambiri yopezera mtendere wamumtima. Mkwiyo umachokera ku kukhumudwa kwa zilakolako, ndipo munthu amene alibe zilakolako amakhala wopanda mkwiyo.

Iye amene sayembekezera chilichonse kuchokera kwa ena ndipo atembenukira kwa Mulungu kuti akwaniritse zolinga zake ndikukwaniritsa zokhumba zake sadzamva mkwiyo kapena mkwiyo kwa anthu anzake, komanso sadzawapweteka maganizo (Kumwetulira kwa m'bale wako ndi chikondi) ndipo (Pita kaye ukayanjane ndi m'bale wako)

Munthu wanzeru amakhutira ndi chidziwitso chake chotsimikizika kuti Mulungu ndiye woyang'anira ndi woyang'anira dziko lonse lapansi, ndipo saganiza kuti zinthu zimachitika mwangozi, motero alibe mkwiyo, chidani chokhazikika komanso malingaliro audani.

Dziko lino ndi dziko la kugwirizana kwa zinthu, ndipo anzeru amadzigwirizanitsa ndi chifuniro cha Mulungu ndikusintha zochita zawo kuti zigwirizane ndi zochitika. Nthawi zina angasonyeze kukwiya kolimba mtima kapena ngakhale kwachiwawa ngati kuletsa ochita zoipa kuvulaza osalakwa. Koma anzeru sasunga chidani ndi munthu aliyense, mosasamala kanthu kuti kusadziwa kwawo kwakukulu bwanji kapena kuti zolakwa zawo ndi zochuluka bwanji.

Munthu wodziwa yekha zinthu akhoza kukwiya kwa nthawi yayitali kapena yochepa, koma posakhalitsa amabwerera ku mtendere wake wa nthawi zonse.

Mkwiyo wa munthu wamba sungathetsedwe ndi mphamvu ya chifuniro ndipo nthawi yomweyo, koma mtima woyera wa munthu wopanda zilakolako za dziko lapansi sumva mkwiyo ndipo suusonyeza.

Mkwiyo ndiye vuto lofala kwambiri pakati pa anthu, ndipo umasokoneza mtendere m'mabanja ndi m'maiko

Anthu amene amakonda kupsa mtima nthawi zambiri sakondedwa ndi mabanja awo, ndipo kupsa mtima

kumeneku kumawononga thanzi la anthu ndipo nthawi zambiri kumabweretsa chiwawa Anthu akamalephera kupsa mtima mwachimbulimbuli, ambiri mwa iwo amachita zolakwa, amapita kundende, kapena amaweruzidwa kuti .aphedwe

Mogwirizana ndi mfundo yodziteteza, anthu onse ayenera kuphunzira kukhala anzeru, kuganizira zotsatira .zake, komanso kuletsa mkwiyo wawo

Iwo amene aletsa mkwiyo wawo ndi kukhululukira anthu - ndipo Mulungu amakonda iwo amene amachita zabwino

Kupeza bwino maganizo

Kugwirizana kwa moyo (kubadwa, imfa, chisangalalo,] ndi ululu) kumagonjetsedwa ndi iwo amene amaona dziko lino ndi maganizo abwino Zoonadi, izi zimachokera mu Bhagavad-Gita [mzimu waumulungu wolinganizidwa bwino 4:9

Kutanthauzira ndi Ndemanga

Kulinganiza maganizo kungatheke mwa kuchita masewera olimbitsa thupi auzimu omwe amathandiza kutembenuza maganizo mkati, komwe wochita yoga amakumana ndi chisangalalo chosasintha. Akatha kusonyeza mkhalidwe wamkati umenewu nthawi yomwe ali maso, amakhala oyera komanso okhazikika mu mzimu wa .chilengedwe chonse

Anzeru amanena kuti munthu wamba ali ndi vuto chifukwa cha kuyanjana kwawo ndi zinthu ziwiri ndi ubale wa moyo, monga ululu ndi chisangalalo, kutentha ndi kuzizira, moyo ndi imfa. Ndi anthu okhawo amene angathe kulekanitsa chidziwitso chawo ndi zinthu zapadziko lapansi omwe ali omasukadi ku zinthu ziwiri zosakhazikika za zinthu, ndipo ndi iwo amene amapeza mpumulo mu mzimu .waumulungu, akupeza mtendere wosatha

Ma Yogi omwe amasangalala ndi chisangalalo chopatulika ali ndi chidziwitso chamkati, chozindikira,

komanso chapamwamba amakhala oyera komanso .ogwirizana ndi mzimu wa chilengedwe chonse

Munthu wosaphunzitsidwa amaona zithunzi zoyenda za dziko lino ndipo amakwera mafunde a chisangalalo ndi chisoni, kukhumudwa, mkwiyo, dzanzi, kapena kusasamala m'nyanja ya chidziwitso chake osatha kuwona mwezi wa .moyo ukuonekera m'nyanjayo

Pamene mafunde osokonezeka a chidziwitso achepa, munthu wanzeru amene ali mu nyanja yamtendere amaona .chithunzi cha mwezi wopatulika popanda kupotoza

Kuganiza molakwika ndi mdani

Mukayenera kugonjetsa chinthu, muyenera kumvetsetsa chifukwa chake muyenera kuchigonjetsa. Simuyenera kungochisiya ndikudzipatula nacho, komanso muyenera kusiya kuchiganizira ndikuchotsa m'maganizo mwanu. Kuganiza molakwika ndi mdani woopsa amene ayenera .kugonjetsedwa

Ngati musintha chidwi chanu kuchoka pa kuzindikira kwa malingaliro kupita ku kuzindikira kwauzimu, mudzapeza chipambano ndikubweretsa chimwemwe kwa inu nokha. .Kupambana kuli m'maganizo

Munthu sayenera kukhala wozunzidwa ndi zinthu zopitirira muyeso. Sangalalani ndi zinthu, koma musalole kuti zikugwireni ukapolo. Khalani aufulu. Khalani okoma mtima, aubwenzi, okondwa, komanso osangalala, ndipo .khalani odzilamulira nokha pazochitika zonse

Kuchita chilichonse chimene munthu akufuna kuchita si .ufulu, koma ndi kugwiritsa ntchito molakwika ufulu wake

Ufulu umachokera mu kutsatira lamulo la kudzilamulira, kutanthauza kudziletsa

Ufulu weniweni umatanthauza kuchita chilichonse motsatira nzeru

Ufulu ndi wochepa komanso wosazama popanda kutsatira malamulo a Mulungu ndi malamulo Ake

Miyoyo ya anthu ambiri imayendetsedwa ndi zilakolako, zilakolako, makhalidwe, zizolowezi, ndi zinthu zomwe .zimawakhudza pa chilengedwe ndi chikhalidwe cha anthu
Zizolowezi zakuthupi zikayamba kulamulira maganizo, zimakhala zovuta kuti thupi limvere malamulo a chifuniro. Chizolowezi chabwino ndi bwenzi lanu lalikulu, pomwe chizolowezi choipa ndi mdani wobisika. Chifukwa chake, munthu ayenera kusamala kuti asabwereze chizolowezi kapena zochita, chifukwa kubwerezabwereza kumasintha chinthu kukhala chizolowezi munthu asanachizindikire, ndipo chizolowezicho chimakhala chachiwiri. Komabe, chingasinthidwe kudzera mu zochita zabwino nthawi zonse .komanso kuganiza bwino komanso kolenga
Timasuleni ku umbuli ndi zotsatira zake
Inu ndinu gwero la zinthu zonse zabwino ndi chiyambi cha mphamvu zonse
Ambuye, tidalitseni kuti tisonyeze madalitso anu pa ife
Mu thanzi lathu
Mu zolinga zathu zanzeru
Ndipo mu zokhumba zathu zauzimu
Ndiwe kuwala kwa nyenyezi
Mphamvu mu maatomu
Ndipo kudziwa zakuya kwa iyemwini
Tithandizeni kuti tidzipatse mphamvu
Ndi mphamvu yanu yayikulu
Ndi nzeru zanu zopanda malire
Ndipo ndi kukhulupirika kwanu kopanda malire
Tizindikire kuti ndinu kasupe wa thanzi
ndi chilengedwe cha moyo
Ndipo gwero la kumvetsetsa konse
Timasuleni ku umbuli ndi zotsatira zake
Kuchokera ku ululu ndi kuvutika
Madzi osefukira a nzeru zanu apulumuke
Zonse zotayika ndi kuwonongeka kwa miyoyo yathu
Dulani zophimba zomwe zimabisa nkhope yanu kwa ife

Tikuoneni ndi kuwala kowala kwambiri
Pali dzuwa losawerengeka lomwe lili pafupi ndi umunthu wathu
Tiloleni timve kukhalapo kwanu ngati mphamvu yokonzanso nthawi zonse
Limbikitsani kuganiza kwathu
Ndipo tidyetseni miyoyo yathu
Ndipo zimalimbitsa matupi athu
Palibe china koma inu nokha mungathe kutikhutiritsa ndikukwaniritsa ziyembekezo zathu
Tikupempha chitsogozo chanu pa chilichonse chomwe timachita
Ndipo ngati tili ndi malingaliro olakwika
Tiloleni timve kunong'oneza kwanu kodala komwe kumatibwezeretsa
Ku njira yoyenera
Dalitsani miyoyo yathu ndi mphamvu zanu zolenga
Ndipo chisangalalo chanu chosatha
O Wopatsa Kwambiri kuposa Wopatsa
Ndipo gwero la zonse zopatsa
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Anthu amene akufuna kupeza chidziwitso chauzimu ayenera kugwira ntchito kuti afike pamlingo umenewo, osati chifukwa cha kudzikonda koma kuti alimbikitse ena ndi .chitsanzo cha miyoyo yawo

Anthu amene amakwaniritsa ntchito zawo m'njira yothandiza kukulitsa miyoyo yawo moyenera amachita ngati zitseko zodalitsika komanso zotseguka zomwe anthu otayika ndi okhumudwa amalowa ndikupita ku mtendere, .chimwemwe ndi chipambano

Anthu awa amagwirizana ndi umunthu wawo wapamwamba ndipo sagwira ntchito kuti akwaniritse zofuna zawo koma kuti akwaniritse zofunikira za choonadi, .chitukuko ndi kutsatira chifuniro cha Mulungu

Ndi anthu odzipatula enieni ngakhale atakhala m'nyumba zachifumu ndipo ali ndi mamiliyoni ambiri chifukwa amasiya zolinga zawo kuti akondweretse Mulungu .ndi kuthandiza ena

Munthu ayenera kugwira ntchito ndi kuchita zonse zomwe angathe kuti apambane mayeso a moyo ndikugonjetsa zovuta za moyo, kaya mkati mwa nkhalango .kapena pakati pa nkhalango za chitukuko chamakono

Nkhalango ndi malo okhala nyama zolusa, ndipo nkhalango zachitukuko zimadzaza ndi zilombo zoopsa

Mayesero ndi zilakolako zolemetsa, ndipo munthu ayenera kudziteteza ku zilakolako zonse zakuthupi ndi zamakhalidwe abwino kuti athe kuyenda m'njira za moyo wolemekezeka ndi ufulu, chimwemwe ndi kumasulidwa ku .mantha

Munthu akapeza ufumu wa chisangalalo chauzimu chosatha mkati mwake, adzachipeza kulikonse, kaya mkati mwa bata kapena phokoso la zochita, ndipo adzamva mawu a Mulungu akumunong'oneza m'phanga la kuganizira ndi .m'minda ya ntchito

Nkhani ya Wafilosofi ndi Woyendetsa Sitima

Akuti katswiri wina wafilosofi amene anali wodziwa bwino za filosofi ndi nzeru ankafuna kusamuka kuchokera m'mphepete mwa mtsinje kupita ku gombe lina, choncho anaitana woyendetsa bwato yemwe anali ndi bwato laling'ono lomwe ankagwiritsa ntchito ponyamula anthu .kudutsa mtsinjewo

Wafilosofi anakwera bwato ndipo woyendetsa bwato anapalasa bwatolo, akukana mafunde amphamvu. Atayenda pang'ono, wafilosofi anafunsa woyendetsa bwatolo kuti: "Woyendetsa bwato, kodi mwakumbukira gawo loyamba la "?Mfundo za Filosofi

Woyendetsa sitima anayankha kuti: Ayi, bwana, sindinaikumbukire

Kenako katswiri wa zafilosofi anamuuza kuti:
Ndikupepesa kukudziwitsa kuti wawononga 25 peresenti ya .moyo wako popanda phindu lililonse lalikulu
Woyendetsa sitimayo anameza chipongwecho ndipo anapitiriza kupalasa bwato Atafika pakati pa mtsinje, katswiri wa zafilosofi anatsegula pakamwa pake popweteka kachiwiri :nati
Hei Naughty: Kodi mwakumbukira gawo lachiwiri la ?Mfundo za Filosofi
Woyendetsa sitimayo anayankha kuti: Bwana, sindikudziwa chilichonse chokhudza buku ili, Mfundo za Filosofi
Kenako katswiri wa zamaganizo adapereka chilengezo chatsopano: "Zachisoni bwanji! Ndikupepesa kukudziwitsani kuti mwataya 50% ya moyo wanu popanda kanthu"
Woyendetsa sitimayo adakhumudwa ndi mwano uwu koma sananene chilichonse, akupitiliza kupalasa m'njira zambiri, akutemberera ola lomwe adakumana ndi katswiri wa zamaganizo uyu. Boti litafika pamtunda wa makilomita atatu kuchokera pansi pa mtsinje, katswiri wa zamaganizo :adafunsa funso lachitatu
Hei Naughty: Kodi mwakumbukira gawo lachitatu la ?Mfundo za Filosofi
Woyendetsa sitima wosaukayo anayankha moleza mtima kuti: Ndakuuzani bwana, kuti sindikudziwa chilichonse .chokhudza nzeru za anthu
Apa katswiri wa zafilosofi anamwetulira kumwetulira kwa (nkhawa ndi chitonthozo), nati: Mwatsoka, mwataya 75% ya moyo wanu ndi zimenezo, ndipo zimenezo ndi .kutayika kosasinthika
Woyendetsa sitimayo sanayankhe ndemanga iyi koma anafulumizitsa ulendo wake wopalasa bwato, akuyembekeza kufika ku gombe lina ndikuchotsa chinthu chonunkha komanso chomatacho. Mwadzidzidzi, thambo linawala ndi mphezi, mabingu anayamba, ndipo mvula yamphamvu

inagwa m'madzi amphamvu otentha, zomwe zinapangitsa chimphepo champhamvu chomwe chinagwetsa bwatolo .mbali zonse

Kenako inafika nthawi ya woyendetsa sitimayo kufunsa :funso kwa katswiri wa zafilosofi, choncho anamuuza kuti

Wokondedwa wanga wafilosofi, kuyambira pamene tinayamba ulendowu, mwakhala mukundifunsa mafunso ambirimbiri, limodzi ndi limodzi, kodi ndingafunse funso ?limodzi lokha

Wafilosofi anayankha kuti: Inde, mungathe. Woyendetsa :sitima anati

Inu katswiri wodziwika bwino wa filosofi, wodziwa bwino filosofi ndipo amene mwasunga mabuku ake pamtima, kodi ?ndinu katswiri wosambira

Wafilosofi anayankha ndi mawu onjenjemera: Ayi, bwana, sindikudziwa kusambira

Woyendetsa sitimayo anamwetulira nati kwa iye:

Choncho chiopsezo chathu chili ndi iwe ndipo zina zonse zili m'miyoyo yathu, ndipo zimandipweteka kukuuzani kuti !posachedwa moyo wanu udzakhala mbiri yonse

Panthawiyo, mafunde akuluakulu anagunda bwatolo n’kulitembenuza mozondoka, zomwe zinapangitsa katswiri wa zafilosofi wa nthawi imeneyo kufika pansi pa mtsinje, pamene mnzathu woyendetsa sitimayo anagwiritsa ntchito manja ake amphamvu ndi luso lake la nthawi yaitali posambira ndipo molimba mtima komanso mofatsa anakana mafundewo mpaka atafika m’mphepete mwa nyanja ina .bwinobwino

Monga golide wobisika pansi pa matope

Kuyambira pachiyambi cha chilengedwe, mphamvu zabwino zakhala zikulimbana ndi mphamvu zoipa Tiyenera kukumbukira kuti nsanje, mkwiyo, umbombo, ndi zina zotero sizinapangidwe ndi ife tokha, koma zinaperekedwa kwa ife kuyambira pachiyambi. Ndi chifukwa cha kuvutika ndi zoipa

izi zomwe nzeru zimadzuka ndikuyesera kupeza njira pakati .pa zowawa izi

Njira yokhayo yopezera nzeru ndi kudzera mu zokumana nazo, chifukwa kudzera mu zokumana nazo zathu timazindikira kuti choipa ndicho chimasokoneza mtendere wathu ndipo chimatibweretsera mavuto, kuvutika, ndi ululu, ndipo pachifukwa ichi tiyenera kuyesetsa kupewa .ndikuchotsa

Nthawi iliyonse mukapeza mtendere mutakwiya ndipo mwasankha kukhala okoma mtima komanso odekha, mdierekezi amabwera nati: "Mukunyozedwa, nanga bwanji "?osanenapo mawu oipa kapena opweteka

Musalole kuti mdierekezi akhale wopambana pa .kukangana pakati pa chabwino ndi choipa

Mawu Oyera nthawi zonse amatinong'oneza, koma kuti tilandire thandizo la Mulungu tiyenera kumvetsera .mosamala mawu a Kumwamba

Nthawi iliyonse Satana akamayesa kutikopa kuti tim’fikire, Mulungu amayesa kutikokera kwa Iyemwini. Funso ndi lakuti: kodi tidzamvera ndani, ndipo tidzagonjera kwa ?ndani

Palibe amene angatilamulire kapena kutitsogolera popanda chilolezo chathu, chifukwa tili ndi chisankho ndi ufulu wosankha zomwe Mulungu watipatsa, koma chinyengo .cha Satana chilipo nthawi zonse ndipo tiyenera kuchikana

Mphamvu zabwino zimabweretsa mayankho a mavuto athu, pomwe mphamvu zoipa zimayesa kuyambitsa mavuto. Ubwino umatanthauza kumasulidwa ku zilakolako zonse .zadyera zomwe zimachotsa ena m'malo mwa ife tokha

Mphamvu ya Mulungu ndi yaikulu kwambiri, ndipo mphamvu zake zimaposa mphamvu zonse. Kudzera mu chikondi chake, amayesa kutikokera kwa Iye ndi kutipulumutsa ku mphamvu zoipa. Anthu amaima pakati: angelo kudzanja lake lamanja ndi mphamvu zoipa .kumanzere kwake

Nthawi iliyonse munthu akachita zabwino, Mulungu amamuyandikira; nthawi iliyonse akachita zoipa, Satana amamuyandikira. Koma Satana sangagwire munthu kwamuyaya chifukwa analengedwa m'chifaniziro cha .Mulungu

Munthu akamamva chidani mumtima mwake, akumbukire kuti Satana akuyesera kumuwononga, ndipo akamamva chikondi, adziwitseni kuti Mulungu akuwaitana .kwa Iye

Pali zitsanzo zoipa ndi zitsanzo zabwino Mulungu amaonetsa zitsanzo zake kapena machitidwe ake kuti atikokere kwa Iye, ndipo Satana amaonetsanso katundu wake ndi cholinga chomwecho. Ndipo munthu wa Mulungu amene anayamba kuimba ataganizira za ziwonetserozo ndi :wodabwitsa bwanji

Moyo ndi wokoma, ndipo imfa ndi loto. Thanzi ndi loto," ndipo matenda ndi loto, pamene nyimbo yanu yopatulika ".imamveka pansi pa mtima wanga, O Mulungu

Zoipa ndi uchimo sizili m'chilengedwe chathu, koma .zimachokera kunja ndipo zimabzalidwa mu mzimu

Ubwino uli ngati golide wokwiriridwa pansi pa matope; sutaya umunthu wake, koma umawala ndi chiyero chake chachilengedwe matope akachotsedwa. Mofananamo, ubwino mkati mwa moyo wa munthu umakhalapobe. Kaya golide wa moyo wadetsedwa bwanji ndi matope olimba komanso ouma a kusadziwa, timangofunika kukanda matopewo ndi mpeni wanzeru kapena kuwatsuka ndi madzi .a chidziwitso kuti tiwulule kukongola kwa golide weniweni

Kuyambitsa mphamvu zauzimu

Mzimu uyenera kudzutsidwa

Kuchokera ku maloto a kufooka ndi kufooka

Ndipo kutumiza malingaliro m'malingaliro anzeru

Kudzera mu kusinkhasinkha, kuchita masewera olimbitsa thupi, ndi kupumula

Kudziletsa komanso kudya zakudya zoyenera

Ndipo mphamvu yamaganizo yosagwedezeka, yosagonjetseka
Musavomereze kugonjetsedwa
Chifukwa kuvomereza kuti ndi kugonjetsedwa kwakukulu
Muli ndi mphamvu zopanda malire
Mphamvu zimenezo ziyenera kuyatsidwa
!Ndicho chokhacho chomwe chilipo
Kuganiza mozama komanso mozama
Ndi njira yomasuka ku zoletsa
Ndipo mavuto ambiri
Kudziwa Mulungu kuyenera kukhazikika
Ndipo ndi malingaliro apamwamba auzimu
Mavuto angakhale ambiri
Zolemetsazo ndi zolemera
Koma mdani wa munthu mwini
Ndiko kuti, iye mwini wake wamng'ono kapena ""kudzikuza
Mzimu weniweni ndi wosafa
Ngakhale kuti zokumana nazo ndi mavuto ndi zakanthawi kochepa komanso zosinthika
Munthu kwenikweni ndi mzimu
Chikhalidwe chauzimu chimakhala chokhazikika komanso chosasintha
Mukhoza kutulutsa mphamvu ndi mphamvu zazikulu
Kugonjetsa mavuto ndi masoka
Ndipo zopinga zonse ndi zopinga zomwe zikukulepheretsani
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Lingaliro ndi mphamvu ngati magetsi matenda amisala
Zimabwerera ku kuganiza ndi momwe amaganizira
Magetsi ndi opindulitsa komanso owopsa
?Ndiye ndani akudziwa momwe angachitire
Amaika pa ntchito yake

Apo ayi, zingamuphe ndi magetsi
Ndipo ndinaganizanso choncho
Ngati zalunjika m'njira zoyenera
Zimabweretsa chimwemwe kwa mwini wake
Apo ayi, zidzamubweretsera mavuto
Maganizo ali ngati kavalo wakuthengo
Komabe, kuisamalira sikophweka
Kuganiza bwino ndi njira imodzi yowongolera maganizo anu
Kuganiza bwino ndi bwenzi lapamtima
Ndipo maganizo odwala ndi mdani wokhazikika
Kuganiza bwino kumakopa mtendere ndi chitetezo
Ndipo maganizo odwala amaponya mivi yakupha
Imabwerera kwa mwini wake kawiri
Chifukwa chake mwambiwo, mphotho ndi yofanana ndi ntchito
Bola munthu atumiza zolinga zabwino
Malingaliro ake adzasanduka nyali
Yatsani zipinda za moyo
Ndipo thamangitsani milu ya mdima
Kenako amamva mpumulo waukulu
!Maso ake anamwetulira ndi kumwetulira kokhutiritsa
kukhala bwino ndi ena
Kugwirizana kwawo sikutanthauza chilichonse
Kapena kusiya mfundo zabwino chifukwa cha iwo
Chifukwa njira iyi yopezera mgwirizano si yoyenera
Sizikugwirizana ndi choonadi
Anthu okonzanso zinthu ndi akuluakulu sanagwirizane
Ndi anthu ambiri ozungulira iwo
Komabe, adasungabe malingaliro awo abwino
Chifukwa adazindikira kuti zomwe anali kuchita
Zimenezo zinali zoonadi
Mfundoyi siyenera kusokonezedwa
Ndipo osagwiritsa ntchito zolinga zobisika kuti
akwaniritse cholinga china chake

Chifukwa zimenezo siziyenera anthu otsatira mfundo za makhalidwe abwino
?Ndani angakhale ndi moyo wokondweretsa Mulungu
Musamavulaze ena, chifukwa alibe chochita kuwaopa
Choyamba, munthu ayenera kukhala mogwirizana ndi Mulungu
Kenako ndi chikumbumtima, ndipo pambuyo pake ndi anthu
Koma ngati njira imeneyi siikhutiritsa ena
Ndikokwanira kuti munthu akhale ndi mtendere mumtima mwake
Amamva mtendere wamumtima womwe umamupangitsa kuti asavomerezedwe ndi anthu
Mphamvu ndi chikhumbo cha mzimu
Potembenukira kwa Mulungu
Zimatchedwa mphamvu ya magnetism yauzimu
Ndipo mphamvu ya maginito iyi
Moyo umakopa madalitso kwa iwo wokha ndi kugwedezeka bwino
Ndipo zokumana nazo zonse zabwino za anthu
Zimene zimamukumbutsa za ubwino ndi chilungamo mphamvu ya maginito yauzimu
Ndi mphamvu yomwe imagwiritsa ntchito
Zimakopa ndi kukoka munthu kwa iyemwini
Mabwenzi abwino
Ndipo zinthu zofunika kwambiri komanso zofunika
Ndipo kumvetsetsa zinthu mwanzeru
Mphamvu iyi imachokera
Kuchokera ku mphamvu yokoka ya maginito ya Mulungu
Kandulo ya Mtendere
Tengani chotengera cha maganizo ndipo mudzaze nacho mtendere wanu
Tengani botolo la malingaliro anga ndipo mudzaze ndi chifundo chanu

Tengani mtanga wanga wopanda kanthu wa moyo ndipo mudzaze ndi zipatso za nzeru zanu
Thirani madzi a chikondi chanu mu moyo wanga, kuti ndiwathire m'zikho za moyo wa ludzu
Gwetsani makoma a umunthu wanga ndipo mundiike m'malo anu onse
Kuwala kwa chikondi kumawala kudzera m'mabwinja a mtima wanga, kundikumbutsa za kuwala kwa dzuwa kwa chikondi chanu
Kufalikira pa thambo la moyo wanga
Kuwala kowala kwa chikondi chanu kwawunikira moyo wanga, kuuunikira, ndipo kuwala kwanu kwadzaza malo a mzimu wanga
Inu ndinu moyo umene umachirikiza thupi langa, maganizo amene amauzira maganizo anga, ndi nzeru zimene zimachotsa umbuli wanga
Ndimayatsa kandulo kakang'ono ka chikondi changa kuti ndiwerenge buku lagolide lomwe lakhala likusungidwa mkati mwanga kuyambira nthawi zakale
Chikondi chanu chinali ndipo chikadali nyali yosaoneka ya mtendere yomwe imachotsa mdima ndikundiwonetsa mauthenga anu
Blogu ili pamasamba a mitima
Malire a kusatha
Pambuyo pokufunafunani mobwerezabwereza
Ndipo kuyendayenda kosalekeza m'nkhalango za zinsinsi zanu zodabwitsa
Pomaliza ndafika pamphepete mwa kusatha
Ndi chidaliro ndi chipiriro, ndinaitana dzina lanu loyera
Ndipo mwadzidzidzi chitseko cha kukhalapo kwanu chinatsegulidwa
Pamenepo pakati pake
Ndipo pa mpando wachifumu wa masomphenya aulemerero ndinakuonani
Kumva kwanga sikunali kogwirizana

Ndi mawu anu opanga komanso opanga zinthu zatsopano
Ndinkayembekezera mwachidwi kumva mawu anu
Kenako matsenga a bata lanu adandigwera
Ndipo ndi mawu omveka bwino
Anandiphunzitsa chilankhulo cha angelo
Ndipo msonkhano watsopano unalephera
Ndakuvutitsani ndi mafunso ndi mafunso anga
:Kale monga nthawi yokha
"?Chifukwa chiyani, Mulungu, uchimo ndi kuvutika"
?N’chifukwa chiyani chinyengo ndi zinyengo zili choncho
Kotero ndinatenga kuwala kwa malo anu opatulika
Mtundu wa zilembo zowala
Kundipatsa mayankho anu enieni komanso odalirika
Wopatsa chitonthozo ndi chitonthozo
Tsopano, mu kachisi wachinsinsi wa Salami
Ndimasangalala ndi kukhalapo kwanu mumtima wa bata
Timalankhulana m'mawu osamvetsetseka, opanda mawu
Mulungu wa zinsinsi zosamvetsetseka
Ndidzalankhula nanu kwamuyaya
Ndi luso lonse lolankhula bwino komanso lolankhula bwino mumtima mwanga!
Pamene kuwala kwanu kukuwalira mu moyo wanga
Ulemerero wanu uwululidwe, O Ambuye
Kuwala kwa nzeru zanu kuchotse
Kusadziwa, kusagwirizana, ndi nsanje
Kuchokera m'mphepete mwa dziko lapansi kwamuyaya
Sinthani kufooka kwathu kukhala mphamvu
Ndipo tinafooka kuti titsimikize mtima
Limbitsani matupi athu ndi magetsi ofunikira
Ndipo dzazani malingaliro ndi moyo ndi kuwala kwanu kochiritsa
Tigwireni dzanja kuti tisamire m'madzi osamvera a Inu
Dzazani umunthu wathu ndi chikondi ndi nzeru zanu

Tizimva kuti tili pafupi kwambiri ndi inu
Ndipo dzuwa la chifundo chanu
Zimatiunikira nthawi zonse
***
Ndimayika maluwa a malingaliro anga onyodola komanso amphamvu
Mu kapangidwe ka bata
Fungo lake lopanda phokoso limayimba
Ndipo amaimba za ulemerero wanu
Ndipo ndi kuwala kwa kuwala kwanu koyera
Ndikuona kukongola kwa moyo wanu
Maloto anga osangalatsa akwaniritsidwa
Pamene kuwala kwanu kukuwalira mu moyo wanga
Zophimba zikuyaka ndi moto wa nzeru
Kotero yang'anani ulemerero wanu
Chimwemwe changa chikukulirakulira
Nyanja ya Madalitso Aumulungu
Kuwala kwa dziko lapansi
Tsiku lililonse ndimakuonani mukukongoletsa thambo ndi mitundu yowala
Ndimakuonani mukuveka nthaka yopanda kanthu ndi silika wa emerald
Muli mu kutentha kwa dzuwa
!Ndipo Iye akuwonekera paliponse
Ambuye, ndithandizeni kuwona nkhope yanu pagalasi la bata langa
Onetsani ufumu waukulu wa kukhalapo kwanu, onetsani !nokha
Phunzitsani mtima wanga kupemphera, ndi mzimu wanga kumva
Kuti zitseko zonse zidzatsegulidwa kuti awonekere kudzera mwa iwo
Kupezeka kwanu ndi dalitso
O Woyera Kwambiri Wokondedwa

Ndiloleni ndizindikire tsopano ndi kwamuyaya, kuti
munali ndipo mudakali wanga kwamuyaya
Nayi maloto a zolakwa zanga, omwe adasowa ndipo
adaikidwa m'manda a anthu osaiwalika
Ndadzuka, ndikusangalala ndi kuwala kwa dzuwa la
moyo pansi pa mapiko anu
Nyanja ya madalitso a Mulungu ikuyenda mwa ine
Ndipo ndikumva kuti ndine njira yomwe imadutsamo
Mphamvu zonse zopatulika zolenga
Mundidalitse, Ambuye, kuti ndikufuneni Inu
Ndimakukondani kuposa china chilichonse
Monga momwe oluka anu amachitira
***
Pali zofunikira zambiri komanso zofunikira
Dziko lapansi limatikakamiza
Ndipo zimatitsimikizira kufunika kwake kwakukulu
Ndipo chifukwa n'zosatheka kukhala popanda icho
Kapena kuchita popanda iwo
Koma chofunikira chachikulu chiyenera kukhala
Kupeza mtendere wa Mulungu
Amene magwero ake samatha
Chitsime chake sichimatha
Zimene zimapangitsa chilichonse m'moyo kukhala
chokoma komanso chomveka bwino
Tikumbukire kuti Mulungu ndiye maziko a umunthu
wathu
Ndipo chikondi chimenecho ndi zenera lomwe
timayang'ana
Kwa nkhope Yake yolemekezeka
?Ndani akufuna kumva kukhalapo kwa Mulungu
Ndipo chikhumbo chabwino chimenecho
chimalimbikitsidwa m'maganizo ndi m'zochita
Mulungu adzayankha pempho lake
Ndipo zimamuthandiza kugwetsa zophimba
Chomwe chimaletsa kuwona magetsi odala

Iwo amene atsimikiza mtima kupita patsogolo pa njira
Palibe chomwe chingamulepheretse
Palibe chomwe chingamulepheretse
Mpaka atakwaniritsa cholinga chake
Amapeza zomwe mtima wake ukufuna
Musalole mkwiyo kukulamulirani

Maganizo amenewa ndi ozama kuposa momwe amaonekera. Munthu akhoza kulamulira bwino zizindikiro za mkwiyo, komabe amakhalabe ndi mkwiyo wofooka komanso mkwiyo wopitirira muyeso. Mkwiyo uwu umaonekera m'njira zosiyanasiyana, monga nkhanza, kusakhazikika, kusaleza mtima, kusakhutira, nsanje, kukwiya, kusasangalala, ndi kusinthasintha maganizo. Ndipotu, pafupifupi aliyense amakhala ndi mkwiyo pamlingo winawake.

Mkwiyo, kaya ukhale wotani, umachokera ku kukhumudwa pokwaniritsa zilakolako. Popanda chisangalalo chauzimu, anthu amatembenukira ku chisangalalo kudzera mu zilakolako zakuthupi—zilakolako zomwe mwachibadwa zimakhala ndi mbewu za kukhumudwa ndi kusakhutira, ndipo motero, mkwiyo, womwe umawononga malingaliro achifundo ndi malingaliro apamwamba.

Chifukwa chake, njira yotsimikizika yochotsera mkwiyo ndiyo kuchotsa chomwe chimayambitsa: chilakolako Munthu akamalakalaka kwambiri, amakhumudwa kwambiri, chifukwa sizingatheke kukwaniritsa zilakolako zonsezo, chifukwa zilakolako zachilakolako sizimakhutitsidwa ndipo sizimatha. Timayesetsa kwambiri kukwaniritsa zilakolako kapena kukhala ndi zosangalatsa zachilakolako, timazikonda kwambiri. Ndipo chikondi chathu chikakhala champhamvu, ululu wathu umakhala waukulu tikamasowa zinthu zomwe zimawoneka kuti zikukwaniritsa zilakolako zathu.

Mwachitsanzo, chilengedwe chatipatsa kumva njala kuti tidziwe nthawi yomwe matupi athu amafunikira chakudya.

Koma chilakolako chimakulitsa kumva kumeneku ndikukusintha kukhala kuvutika maganizo. Ngati mumakhala ndi njala nthawi zonse ndipo mukusala kudya kwa masiku atatu—kaya pazifukwa za thanzi kapena ayi—mwina mudzakwiya. Kumbali ina, munthu wochita yoga akhoza kukhala osadya kwa masiku angapo osadandaula ndi kusakhalapo kwake chifukwa chakuti wachita zinthu zodzipatula ku zilakolako za thupi.

Tikazindikira kuti zilakolako ndiye gwero la mkwiyo, timafuna kudziwa momwe tingathanirane ndi zilakolakozo moyenera. Pali njira zingapo zochitira izi:

Choyamba, kwaniritsani zokhumba zimenezo

Ngati zilakolako zimenezo zilibe vuto, palibe cholakwika ndi kuzikwaniritsa, kenako zidzatha. Vuto ndilakuti kukwaniritsa zilakolako zimenezo kungapange zatsopano, kapena zitha kukhala zizolowezi zozika mizu komanso zofooketsa. Mukakulitsa zilakolako zimenezo, zimakhala zolimba kwambiri. Chifukwa chake, munthu ayenera kukhala wozindikira komanso wotsutsa, ngakhale atakwaniritsa zilakolako zomwe zikuwoneka ngati zopanda vuto.

Chachiwiri, chotsani zilakolako zimenezo

Njira imodzi yothandiza kwambiri yogonjetsera zilakolako ndi kuzikana m'maganizo mwanu, ndipo izi zimakhala zachibadwa pamene tikukhala ozindikira kwambiri zauzimu. Mwachitsanzo, anthu omwe amachita maphunziro ndi machitidwe auzimu, amataya chilakolako chofuna kusuta. Kutaya zilakolako kumabwera pamene mzimu umadzuka mokwanira kuti utsatire chilakolako chachikulu: chisangalalo chosatha. Tikamapeza chisangalalo chauzimu mkati mwathu, chilakolako cha zinthu zakuthupi chimafooka ndikumasula mphamvu zake pa chifuniro.

Tikhoza kusintha zilakolako zamphamvu kukhala mphamvu zamphamvu komanso zolenga zomwe zimapindulitsa kwambiri. Nthawi zambiri, chilakolakocho sichili choipa; vuto lili m'mene anthu amachitsatirira. Ngati mumadziwa momwe mungapezere chisangalalo mwa inu nokha, mudzapeza kuti zilakolako zanu zonse zidzakwaniritsidwa popanda kufunikira kuthamanga kuyesera zinthu zosiyanasiyana kuti mukwaniritse.

Izi siziyenera kutengedwa ngati kutanthauza kuti sitiyenera kukhala ndi zilakolako Monga anthu, sitingathe kudziletsa kukhala ndi zilakolako Malinga ngati tili padziko lapansi lino, chilengedwe chimatilimbikitsa kuchitapo kanthu Vuto lili m'kusalola mkwiyo kutilamulira pamene zotsatira za zochita zathu sizikukwaniritsa zomwe timayembekezera.

Kusinkhasinkha ndi njira yothandiza yothetsera mkwiyo kapena vuto lina lililonse. Izi zili choncho chifukwa kusinkhasinkha kumatipangitsa kukhala ogwirizana kwathunthu ndi chibadwa chathu chenicheni, opanda mitundu yonse ya zinthu zoipa, kuphatikizapo mkwiyo. Chisangalalo ndi mtendere wa Mulungu zimakhala mkati mwathu, ndipo tikasinkhasinkha mwanjira yoyenera, timapeza chisangalalo ndi mtendere umenewo, ndipo mkwiyo umatha mwachibadwa chifukwa cha zimenezi. Monga momwe mchenga wambiri sungapirire mafunde amphamvu, momwemonso munthu amene alibe mtendere wamkati sangapirire mphepo yamkuntho yanzeru.

Koma dayamondi imasungabe chikhalidwe chake chofunikira mosasamala kanthu kuti mafunde aigunda bwanji kuchokera mbali zonse. Mofananamo, munthu wokhala ndi moyo woyera, ngati kristalo wowala, amakhalabe wowala ngakhale mavuto akumuzungulira ndipo mphepo ya chidziwitso ikumugwedeza mwamphamvu.

N’chifukwa chiyani anakana maudindo apamwamba

kwambiri?

Nkhani yothandiza

Monga momwe mphunzitsi adanenera Paramhansa

Kumasulira: Mahmoud Abbas Masoud

Kale, amuna ena olungama ankakhala m'nyumba yodekha paphewa la chigwa chomwe chinali m'mphepete mwa nkhalango, komwe mphepo yamtendere inali kupezeka nthawi zonse ndipo chikondi cha abale chinali chizindikiro cha malo obwereramo odala amenewo.

Abale a Purity aja ankadya zipatso zatsopano zomwe mitengo inkapereka ndipo ankagwiritsa ntchito manja awo ogwirizana kutunga ndi kumwa madzi amoyo, owala, komanso oyenda kuchokera ku akasupe ambiri oyera a m’mapiri.

Maso awo anali owala ndi owala ngati diamondi ndi kumwetulira kwakumwamba kodzaza ndi kukhutira ndi chikhutiro, ndipo chimwemwe chinali chitakhazikika m'mitima yawo, kuwadzaza ndi chitonthozo chosatha

Ngakhale zonsezi, mmodzi mwa anthu odalawa adamva kuti anali ndi chimwemwe chauzimu chodzaza ndi kukhumba kulawa ulemerero wa dziko lapansi, ngakhale kwa kanthawi kochepa chabe. Anagwidwa ndi chilakolako chofuna kukhala mfumu kwa tsiku limodzi lokha, choncho anatsanzikana ndi abale ake ndipo anayenda kupita pakhomo la Mulungu kufunafuna chimwemwe chachifumu.

Ali panjira, anapemphera kwa Mulungu ndi mtima wake wonse, nati: “Ambuye, Inu Wopatsa, Inu amene mumamva mapemphero ndi kukwaniritsa ziyembekezo, ndikukupemphani kuti munditsogolere kupita kunyumba

yachifumu komwe ndingasangalale ndi chimwemwe chomwe mafumu amasangalala nacho tsiku lina.”

Atangomaliza pemphero lake, maso ake anayang'ana nyumba yokongola, ndipo anadziuza yekha kuti: "O, ola la Wachifundo! Mulungu wakwaniritsa maloto anga, ndipo chimwemwe chomwe ndimafuna chili pafupi kundigwira" Anafulumira kuyenda kupita ku nyumba yokongolayo.

Palibe alonda amene anamuletsa, choncho analowa kudzera pachipata chachikulu popanda choletsa, ndipo anayendayenda m'minda yokongola yokhala ndi maluwa okongola komanso okongola kwambiri komanso basil osawona munthu ngakhale mmodzi.

Kenako anapita ku chipinda chodyera chachifumu ndipo anapeza matebulo odzaza ndi chakudya chokoma kwambiri, akumuyembekezera kubwera kwake. Koma sanaone wantchito ngakhale mmodzi kumeneko. Iye anadziuza yekha kuti, "Ndinu owolowa manja bwanji, Ambuye! Mwandipatsa nyumba yachifumu yokongola iyi ndi chakudya chabwino ichi choyenera mafumu. Ichi ndi chimene ndinakupemphani, ndipo mwandipatsa zomwe ndimafuna, Inu Wowolowa manja kwambiri."

Atatsimikiza kuti Wachifundo Chachikulu wapereka zomwe mtima wake umafuna, anayamba kuganizira zosangalatsa zomwe zinkamuyembekezera, akutsimikiza mumtima mwake kuti Mulungu Wamphamvuyonse wapereka chisangalalo chachifumu chomwe anali kuyembekezera kwa nthawi yayitali. Asanadye chakudya chamasana, anapita ku bafa lachifumu, anasamba, ndipo anavala zovala zapamwamba za silika. Kenako anakhala patebulo lapamwamba kwambiri ndipo anayamba kudya nsembe zake zabwino komanso zokoma.

Nthawi yomweyo, antchito omwe anali kutchova juga pakona imodzi ya nyumba yachifumu analowa, ndipo ndi mkwiyo waukulu ndi kusokonezeka, anamufunsa , nati: "Ndiwe ndani kuti udye chakudya cha mbuye wathu mfumu amene wapita kukasaka ndipo tikuyembekezera kuti abwerere nthawi iliyonse?"

Apa mnzathu ankaganiza kuti Mulungu Wamphamvuyonse akumuyesa, choncho anawauza mokoma mtima kuti: “Ndili bwenzi la Mfumu Yaikulu, ndipo ndabwera kuno chifukwa cha pempho lake lokoma mtima kuti ndisangalale ndi chimwemwe chachifumu kwa tsiku limodzi.”

Atazindikira bata lake lachilendo komanso kudzidalira, antchito ake anamutenga ngati mlendo wa mfumu ndipo anamulola kuti amalize chakudya chake chamadzulo chachifumu. Pambuyo pake, anamutengera kuchipinda chogona kuti akapumule, osadziwa kuti "Mfumu Yaikulu" yomwe adatchulayo si mfumu yawo yapadziko lapansi yomwe inali kusaka, koma Ambuye Mulungu.

Patatha pafupifupi maola awiri, mlembi anabwera mwachangu kudzauza antchito kuti Mfumu yachedwa pang'ono ndipo ifika patatha ola limodzi, ndipo anawalamula kuti adye chakudya chatsopano komanso chokoma chomwe chikumuyembekezera.

Antchito anafunsa kuti, "Kodi Mfumu siinatumize mlendo kuti akadye chakudya chake ndi kugona pabedi pake?"

Nthumwi ya mfumu nthawi yomweyo inazindikira kuti m'modzi mwa ma dervishe oyendayenda anabwera kunyumba yachifumu osaitanidwa, anadya chakudya cha mfumu, ndipo tsopano anali kupumira pabedi pake. Atakwiya ndi chipongwe ichi chosayembekezereka, analamula antchito ake kuti abweretse ndodo kuti aziswe pa dervishe wosaukayo.

Mosakayikira, mnzathu wokondedwa anadzuka m'maloto ake achifumu ndi phokoso la ndodo zikumugwera mopanda chifundo kuchokera mbali zonse. Koma pamene antchito ankamumenya ndi kumunyoza mosalekeza, ankaseka kwambiri, zomwe zinangowakwiyitsa kwambiri, kotero anapitiriza kumuukira mpaka atataya chikumbumtima. Kenako anamukoka, atakomoka, kutuluka m'zipata za nyumba yachifumu.

Mnzathu wa ku dervish anachedwa kubwerera kwa abale ake, choncho anamufunafuna mpaka anamupeza atakomoka ndipo ali kunja kwa nyumba yachifumu. Anamunyamula kupita naye ku malo awo obisalamo. Pamene m'modzi mwa abalewo anaika mkaka pakamwa pake, anamufunsa kuti aone ngati wachira : "Kodi mukudziwa amene akukupatsani mkaka uwu?" Iye anayankha kuti: "Inde, ndikudziwa Mulungu yemweyo amene anandilanga kwambiri chifukwa chofuna kusangalala ndi chisangalalo chachifumu kwa tsiku limodzi ndiye amene akundipatsa mkaka uwu tsopano."

Abale enawo anayamika Mulungu chifukwa cha chitetezo cha m'bale wawo ndipo anayamikira chikhulupiriro chake cholimba komanso chosagwedezeka mwa Mulungu, mosiyana ndi anthu amene amalambira Mulungu nthawi ya ulemerero ndi chitukuko ndipo amamukana nthawi ya mavuto ndi mavuto.

Pakadali pano, Mfumu Yake inabwerera ku nyumba yake yokongola ndipo inalamula kuti chakudya chikonzedwe. Anakwiya kwambiri atamva nkhani ya wopemphapempha amene analimba mtima kudya chakudya chake ndipo sanasiye kuseka pamene antchito anali kumumenya mopanda chifundo ndi ndodo.

Pazifukwa zina, mfumu inakhudzidwa kwambiri ndi nkhaniyi, yomwe inamuvutitsa maganizo. Analamula

antchito ake kuti apeze munthu wosauka wolimba mtima ndi kumubweretsa kwa iye. Anayamba kumufunafuna mbali zonse, koma sizinaphule kanthu. Atabwerera kunyumba yachifumu motaya mtima, anadutsa pafupi ndi nyumba ya a dervish ndipo anamva kuseka kwakukulu. Nthawi yomweyo anazindikira kuti ndi kuseka kwake, choncho anatsika pahatchi, anakakamizika kulowa m’nyumba ya adervish, anagwira munthu wachifundo, napita naye kwa wolamulira wawo.

Pamene mfumu ndi dervish anayang'anizana, dervish anaseka kwambiri kuposa mfumu, ngati kuti sanathe kuletsa chisangalalo chake mkati mwa mtima wake. Ngakhale kuti mfumu inapitirizabe kumuuza kuti afotokoze kuseka kwake, dervish anakana kuyankha, ngakhale ataopsezedwa kuti adzalangidwa kwambiri.

Chifukwa cha chidwi, mfumuyo inayamba kumuyamikira ndi kumutonthoza, pomupatsa mpando wake wachifumu ngati angamuuze chifukwa chake akuseka pamene antchito ake akumumenya.

Kenako dervish analankhula, nati:

"Mverani zomwe ndikufuna kukuuzani ndipo mumvetse bwino Mulungu wandilanga kwambiri chifukwa cholakalaka chisangalalo chachifumu chabodza kwa tsiku limodzi lokha lomwe ndinaseka ndipo ndikuseka chifukwa ndinathawa ndi moyo wanga ndipo ndinazindikira kuti ngati ndiyenera chilango chonsechi chifukwa chosangalala ndi zosangalatsa zachifumu kwa maola ochepa, bwanji za iwo omwe alibe nkhawa ndi dziko lapansi kupatula zosangalatsa ndi zosangalatsa, makamaka zachifumu! Mwina mu izi muli phunziro ndi chenjezo kwa inu, O Mfumu ya Nthawi, chifukwa lamulo la karma likudikirira ndipo tsogolo lanu lili pafupi"

Ponena za mpando wanu wachifumu umene munandipatsa, yankho langa ndi ili: Zikomo kwambiri. Usungeni nokha, chifukwa sindikuufuna chifukwa ndine wokondwa mwa Mulungu ndipo ndikukhutira ndi moyo wanga, ndipo sindikusowa chilichonse chomwe chingasokoneze chimwemwe changa ndikusokoneza mtendere wanga.

Mtendere ukhale pa inu

Mawu ndi malingaliro auzimu
Mawu otsatirawa ndi ochokera kwa Shri Dayamata
: okhudza mphunzitsi B Ramhansa Yogananda
Ndikukumbukirabe kukumana kwanga koyamba ndi mphunzitsi wanga wokondedwa. Anali ndi mtima wopatsa komanso wachikondi kotero kuti aliyense amene anakumana naye ankamva ngati bwenzi lapamtima, ngati kuti akhala akudziwana kwa nthawi yaitali. Sizinali zovuta kumutsegulira mtima wanu kuyambira nthawi yoyamba. Mphunzitsi wosafa anali ndi mphamvu yovumbulutsa umunthu wake weniweni wauzimu. Analidi chitsanzo cha chikondi, ubwenzi, zolinga .zabwino, ndi zikhumbo zabwino

:Ndipo tsopano ku miyambi ndi malingaliro
Nkhondo zidzatha pamene mbewu za chikondi cha abale zidzakhazikika m'mitima ya anthu
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Zochita za munthu pakali pano zidzatsimikizira mtendere ndi chisangalalo cha mtsogolo kapena mavuto ndi kusasangalala kwa mtsogolo, popeza lamulo la chifukwa ndi zotsatira zake silinganyengedwe ngakhale litanyalanyazidwa .kapena kuiwalika
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Kusangalala ndi zinthu zakuthupi ndi gawo laling'ono chabe la chipambano chenicheni, chomwe sichiyenera kupezeka mwa kuvulaza ena.

*

Munthu wamkulu ndi wodzichepetsa amene amadziona ngati wochepa kuposa wina aliyense. Mtsogoleri weniweni amamvetsera ena, amamva kuti ndi mtumiki wa onse, ndipo sanyoza aliyense.

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Munthu akaonekera akumwetulira bwino, mdima umatha. Anthu otere amafalitsa kuwala kwa chisangalalo komwe kumaunikira mtima ndikusangalatsa moyo.

Yesetsani kukumbukira ndi kuyang'ana kwambiri zinthu zonse zokongola m'moyo wanu

Moyo umagona m'nthaka youma, umalota kukongola m'maluwa, umadzuka mwamphamvu mwa nyama, ndipo umazindikira mphamvu zopanda malire mwa munthu.

Chikondi ndi nyimbo ya moyo yomwe imamveka ndi kuyimba kwa Mulungu

Tsiku lililonse, mphindi iliyonse, ola lililonse ndi zenera lomwe mungathe kuwona muyaya Moyo ndi waufupi, koma umakhala wopitilira komanso wopanda malire. Mzimu ndi wosafa, ndipo mu gawo lalifupi ili la moyo wa munthu, muyenera kukolola zomwe mungathe kuchokera ku zokolola zamuyaya.

Lero, ndikutsimikiza mtima kuti sindidzalola kubwerera m'matope a kutaya mtima, kapena kuganizira za

ziyembekezo zosakwaniritsidwa kapena maloto osatheka. M'malo molola kuti ndikhale wodziletsa komanso wochepa, ndidzachita zinthu mwanzeru, podziwa kuti njira imeneyi yanzeru idzanditsogolera ku chimwemwe chomwe .ndikuchifuna

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Ambuye, m'kukumbatirana kwa dzuwa ndikumva kukhalapo kwanu, ndipo mumphepo yofewa ndimamva mpweya wotsitsimula wa moyo wanu. Ndikukuthokozani, Ambuye, chifukwa chondikumbukira ngakhale ndikakuiwalani, ndipo ndikuyamikira kwambiri madalitso anu osatha. Mundipatse moyo ndi kukumbukira kwanu .kosalekeza

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Ndikudziwa, Ambuye, kuti pali zinthu zambiri padziko lapansi zomwe zimaoneka ngati zopanda pake, zoopsa, komanso zoyipa, koma mbali ina ya chilengedwe yomwe imawululidwa ndi diso lamkati la nzeru ndi yokongola kwambiri, yabwino, komanso yokongola. Chifukwa chake, nthawi zonse ndimayesetsa kuyang'ana ndi diso la nzeru kuti ndione kumbuyo kwa zofooka ndi zolakwika za dziko lino. Kukongola kwanu kwakukulu komwe kumalamulira .kukongola konse

:Chikhalidwe chogwirizana m'mawu

Kudziletsa Kukonda ena Kukoma mtima kwa nyama Kukonda makhalidwe abwino Kukonda mtendere ndi bata Kukonda anthu abwino Chifundo kwa osauka ndi osowa ndi kuwathandiza Kuona mtima Kuchita ntchito yanu chifukwa cha chikondi ndi ulemu Kukonda chilungamo ndi kusintha Kukhala ndi khalidwe labwino ndikuchita zoyenera Kudzilemekeza Kudzichepetsa Kufatsa Kukhulupirika Chifundo Kuleza mtima Kukhululukira Kutsatira mapazi a

miyoyo yayikulu ndi malingaliro owunikira Kulankhula momasuka Makhalidwe abwino Kukoma mtima Kusavuta ndi kumveka bwino Kulinganiza malingaliro auzimu Kukhutira Kukonda ukhondo wakuthupi ndi chiyero cha nzeru Kudzichepetsa ndi kupewa kudzikuza Kukonda zabwino Chilungamo Kuyamikira Kulemekeza zinthu zopatulika 623 MAM

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Kumbuyo kwa mithunzi ya moyo uno kuli kuwala kodabwitsa komanso kodabwitsa kwa Mulungu, ndipo chilengedwe chonse ndi kachisi wamkulu wa kukhalapo .kwake kodala

*

Tikamaganizira mozama komanso moona mtima za Mulungu, kumukonda kwambiri, ndikumukhulupirira kwathunthu, zitseko zosawerengeka zimatseguka patsogolo pathu. Ndipo tikamaona kuwala kwake ndikukumana ndi kukhalapo kwake, mosasamala kanthu kuti zochitika za moyo zoopsa bwanji kapena zoopsa bwanji, zimatha kuba .mtendere ndi bata zomwe timamva pamaso pake

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Mu moyo ndi mu imfa, mu matenda ndi njala, kapena mu umphawi ndi mavuto, komanso mu zisokonezo, chisokonezo ndi chisokonezo cha dziko lapansi, .ndidzathawira kwa Inu nthawi zonse, Ambuye

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Ubwino wapadera wa mzimu wamalonda ndi umene umasiyanitsa munthu padziko lapansi ndipo umamupangitsa kuwala ngati nyali yoyaka. Anthu abwino ndi omwe amakonda kupatsa, kulimbikitsa ena, ndi kuwalimbikitsa .kukhala ndi chidaliro

*

Zodabwitsa zodabwitsa zomwe timaona m'chilengedwechi zimasonyeza kuti Mulungu alipo; kukhalapo kwake kumaonekera m'mbali zonse za

chilengedwe chonse, zomwe ndi zotsatira za maganizo ake a .chilengedwe chonse

*

Munthu wotsika phiri sakumana ndi vuto lililonse, koma akangofuna kukwera pamwamba, amakumana ndi vuto lalikulu. Mofananamo, munthu wogwera m'phompho la zoipa sakumana ndi vuto lililonse mpaka atayesa kubwerera .m'mbuyo ndikukwera phiri la makhalidwe abwino

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Chimwemwe cha munthu chimawonjezeka mwa kupitiriza kuyesetsa kudzikonza, ndipo pamene chimwemwe chake chikuwonjezeka, chimwemwe cha anthu ozungulira .iye chimawonjezekanso

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Kumbukirani kuti kukayikira, kufooka kwa maganizo, nkhawa, kusalabadira, kutopa, mantha, nkhawa, manyazi, ulesi wakuthupi ndi kutopa kwa nzeru, kuchita zinthu mopitirira muyeso, moyo wopanda khalidwe, kusowa chidwi, ndi kusowa luso lolenga ndi zinthu zoipa zomwe zimapangitsa kuti mphamvu zakuthambo zisamakopeke ndi munthu kuti apatse thupi ndi malingaliro awo mphamvu ya moyo; pomwe chilakolako cha ntchito yomanga, kuthandiza ena, kulakalaka zinthu zauzimu, bata, kulimba mtima, malingaliro osagonjetseka komanso olimba, kulolerana, kuleza mtima, ndi mtendere zonse ndi njira zomwe mphamvu zakuthambo zimatha kuyendamo .ndikukuthandizani kuthana ndi mavuto a moyo

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Mmodzi mwa alendowo anaganiza kuti kuganiza za Mulungu n’kosamveka, choncho mphunzitsi Paramahansa :anayankha kuti

Dziko lapansi likugwirizana nanu, koma kodi dziko lino" ndi paradaiso? Chisangalalo chenicheni sichili cha iwo amene

amasiya Mulungu, chifukwa Mulungu ndiye chisangalalo chachikulu kwambiri, ndipo olambira Ake amakhala m'malo otetezeka amtendere wamkati padziko lapansi lino, pomwe iwo amene amamuiwala Iye amakhala masana ndi usiku wawo mu gehena lomwe adapanga okha, akutenthedwa ndi moto wa mantha ndi kukhumudwa. Chifukwa chake, kuganizira za Mulungu ndi kuyandikira kwa Iye ndiye maziko ".enieni a chilungamo ndi mzimu wa nzeru

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Anthu ndi olemekezeka kwambiri pa zolengedwa za Mulungu, opatsidwa nzeru ndi luso loganiza; chifukwa chake, sayenera kutaya nthawi yawo. Mulungu wapatsa anthu ufulu wosankha ndi ufulu wosankha, kuti asiye zolinga zonse za dziko lapansi ndi kukonda Mulungu, amene wawapatsa .mphatso zimenezi

*

Mumtima muli maginito omwe amakopa mabwenzi abwino komanso okhulupirika. Ndi maginito a kukoma mtima ndi kupatsa

*

Mitima yathu ndi mikanda, ndipo chikondi cha Mulungu ndi ulusi umene umawagwirizanitsa pamodzi ndi kuwasunga pafupi wina ndi mnzake mu korona wa umodzi ndi mgwirizano

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Tiyeni tiyamike Mulungu amene anatiika padziko lapansi lino, lomwe ndi kwawo kwathu kwakukulu, ndipo tiyeni tikhale ndi moyo wachimwemwe, mgwirizano, ndi mogwirizana ndi chifuniro Chake kuti nyumba yathu ikhale .monga momwe Iye akufunira kwa ife

*

Yendani kutali ndi gulu la anthu ndipo dziwani mphamvu zanu ndi kuthekera kwanu. Musalole kuti mzimu wanu uchepe, ndipo musamvere maganizo oipa a dziko lapansi. Pitirizani kuyenda bwino panjira yanu, muli ndi chidaliro kuti

mphamvu zopanda malire za Mulungu zili nanu, .zikukuthandizani ndikutsogolerani mapazi anu

Anthu omwe ali ndi chidziwitso chowunikira amasonkhanitsa maluwa ndi maluwa a choonadi kuchokera m'minda ya chidziwitso ndikugwira ntchito yowunikira ndi kukongoletsa miyoyo ndi makhalidwe abwino komanso oyeretsedwa omwe amawayeneretsa kulowa mu paradaiso .wa nzeru za chilengedwe chonse

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Sitiyenera kudana ndi ena chifukwa chakuti ndi osiyana ndi ife, kapena chifukwa chakuti maganizo awo ndi osiyana ndi athu. Ndipo sitiyenera kunena kuti zikhulupiriro zathu ndi zokhazo zolondola. Ndi bwino kukhala pamodzi ndikukambirana maganizo athu ndi maganizo otseguka komanso ulemu, kukumbukira kuti anthu anzeru sakangana koma m'malo mwake amafufuza nkhani modekha komanso .mwanzeru

*

Zolinga zabwino zili ngati diamondi yowonekera bwino yomwe kuwala kwa Mulungu kumawala ndi kuwala m'miyoyo yathu yokha

*

Tikukupemphani, Ambuye, kuti muyatse lawi la chikondi cha Mulungu m'mitima yathu ndi kuti miyoyo yathu ikufunireni Inu ndikukuyamikirani usana ndi usiku. Tipatseni chikondi chanu kuti nthawi yomwe tikuganizira za Inu, chimwemwe chidzaze mitima yathu ndipo miyoyo yathu .isangalale pamaso panu

Ndinatentha zakale zomvetsa chisoni, ndinanyalanyaza mbewu za mantha ndi nkhawa zokhudza tsogolo, ndipo ndinayenda pamwamba pa phulusa lobalalika la mantha ndi .nkhawa

Banki yanu yachimwemwe

Imani kaye pang'ono muganize! Kodi si bwino kukhala ?ndi moyo wosalira zambiri ndikukhala wolemeradi Ndalama zomwe munagwira ntchito molimbika kuti mupeze zitha kutayika ngati banki yanu yagwa. Koma chisangalalo chauzimu chomwe mwasonkhanitsa mu banki yanu ya kutsimikiza mtima kwanu kosagwedezeka ndi kutsimikiza mtima kwanu sikungatheke; mtengo wake .udzangowonjezeka ndi kuchulukirachulukira Ndinu manejala komanso woyika ndalama mu banki yanu ya chimwemwe. Ngati mukudziwa momwe mungachitire bwino maudindo awiriwa, komanso momwe mungawonjezere ndalama zanu zachimwemwe nthawi zonse, ndiye kuti kulephera sikungatheke kwa inu, Mulungu .akalola

*

Mu chete, choonadi chimawala pa chidziwitso ngati dzuwa lowala kudzera mu chifunga

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Ngati munthu ataya chuma chokha, sataya chilichonse, chifukwa ngati ali ndi thanzi labwino, luso, komanso kasamalidwe kabwino, akhoza kukhalabe osangalala ndikupeza ndalama zambiri. Ngati ataya thanzi, amataya chimwemwe chawo chachikulu. Koma ngati ataya cholinga .chawo m'moyo, amataya chilichonse chofunika

*

Sindiona aliyense ngati mlendo kwa ine, ndipo ndikusangalala kukonda aliyense ndi chikondi chonse chimene Mulungu waika mumtima mwanga, ndipo .sindingathe kuchotsa aliyense m'gulu langa la chikondi

*

Mukatha kuyika maganizo anu onse pa chinthu chimodzi, mphamvu zanu zimatha kulowa kulikonse ndipo .kuzindikira kwanu kumakhala ndi mphamvu

*

Munthu ayenera kudziphunzitsa yekha ndi achibale ake kuti asalankhule za ena kapena kulankhula za zolakwa zawo, m'malo mwake aziganizira kwambiri za kudzikonza ndi .kukonza zolakwa zake

*

Kukula kwa chikondi choyera komanso chopanda malire pakati pa mwamuna ndi mkazi, makolo ndi ana awo, bwenzi ndi bwenzi, ife eni ndi aliyense, ndi phunziro lomwe .tinabwera kudzaphunzira padziko lapansi

*

Pali anthu amene amalephera kuphunzira kuchokera ku maphunziro a ululu ndi chisangalalo, akukhala ndi moyo wodzaza ndi chisoni ndi kukhumudwa chifukwa sapewa zochita zomwe zimabweretsa mavuto kapena kutsatira njira zopita ku chimwemwe. Ochepa kwambiri, atatenthedwa ndi moto wa kusadziwa, amapewa kubwerezanso makhalidwe omwe amabweretsa kusasangalala ndi mavuto. Ndipo palinso anthu amene amakopeka mosavuta ndi chisangalalo ndi kupsinjika maganizo, omwe amafunika kukhala ndi maganizo okhazikika omwe ali ndi chidziwitso ndi .kulinganiza

*

Popanda chimwemwe chamkati, munthu amadzipeza yekha ngati kapolo wa mavuto ndi nkhawa. Ndipo chimwemwe - anzanga - sichimangokhala pa chipambano ndi chuma chokha, chifukwa chimwemwe chenicheni chimachokera pakukumana ndi mitundu yonse ya zolephera, zovuta ndi mavuto a moyo mwakhama komanso .chiyembekezo chabwino

*

Thanzi labwino, kugwira ntchito bwino, kugwira ntchito mokhutiritsa, ndi nzeru zonse ndi zinthu zofunika kwambiri kuti munthu akhale ndi chimwemwe. Mtsinje wamkati wa chisangalalo uyenera kupitiriza kuyenda pansi pa miyala .yolimba ya mayesero a moyo

*

Moyo ndi imfa ndi magawo awiri osiyana a moyo, ndipo umunthu ndi gawo la moyo wosatha Munthu akapeza mtendere ndi kumveka bwino kwa maganizo, amakhudza .uzimu wake wopanda malire

*

Ngati mugwiritsa ntchito njira zonse zakunja zomwe muli nazo kuwonjezera pa luso lanu lachibadwa kuti mugonjetse zopinga zilizonse zomwe zingakulepheretseni, mudzachita izi mwa kukulitsa ndi kukulitsa mphamvu zomwe .Mulungu wakupatsani

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Inu Mtetezi Waumulungu, Waponseponse, pamene mitambo ya nkhondo itumiza mvula ya mpweya ndi moto, khalani pothawirapo panga ndi pothawirapo panga

Mu imfa ndi moyo, mu matenda ndi njala, mu miliri ndi masoka, mu mavuto ndi zovuta, nthawi zonse .ndidzafunafuna chitetezo mwa Inu

Ndiloleni ndizindikire kuti ndine mzimu wosafa, wosakhudzidwa ndi zinthu zokwera ndi zotsika za ubwana, unyamata, ukalamba, ndi kuphulika kwadzidzidzi kwa dziko .lapansi

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Chitani mbali yanu popanga ubwenzi wokhalitsa mwa kukhala bwenzi lenileni

*

Mu dziko la maloto, timaiwala mayina athu, matupi athu, mitundu yathu, katundu wathu, ndi zofooka zathu, ndipo mosadziwa timasangalala ndi ufulu waukulu, womwe ndi ufulu wa moyo. Tiyenera kukhala ndi chidziwitso

chofanana koma chodziwa bwino za ufulu wachibadwa .umenewo

*

Ntchito zauzimu ziyenera kuchitidwa ndi maganizo olunjika, ndi ntchito za dziko lapansi mosamala. Munthu ayenera kuyika mapazi ake pansi ndi mutu wake pamwamba .pa mitambo ya umbuli, m'malo owala a nzeru

*

Kuunika kwa Mulungu ndi mphamvu yake yoteteza zimawala nthawi zonse mkati mwanga ndikuyenda mwa ine, ndipo kukhudza kwa mtendere wake kwatsegula diso la .nzeru mu moyo wanga

Moyo wopanda malamulo umatsogolera mwiniwake ku chisangalalo ndi kusakhazikika kwa maganizo Munthu amene amakhala moyo wopanda chilango ndi mfundo za makhalidwe abwino ndi munthu wodzaza ndi nkhawa ndi nzeru, pomwe amene amaphunzira kudziletsa ndi kugonjetsa zilakolako zosalamulirika amadziwa njira yopezera .chimwemwe chenicheni

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Ndili ndekha mwauzimu, zokhumba zanga zikuwonjezeka, ndipo mtima wanga ukulakalaka kumva mawu a Mulungu Wokondedwa, ndidzachotsa mawu onse adziko lapansi obisika m'maganizo mwanga kuti ndimvetsere mawu opatulika kwambiri akuimba kwamuyaya mu .mtendere wa moyo wanga

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Dzuwa la chikondi changa silidzamira pansi pa malingaliro anga okhudza inu, ndipo sindidzayang'ana china chilichonse kupatula inu, ndipo sindidzachita chilichonse chomwe sichikundikumbutsa za inu. Zochita zobadwa chifukwa cha umbuli ndi kupusa zimayambitsa maloto oipa ndi maloto oipa, choncho ndiloleni ndiluke maloto okoma

okha a zinthu zabwino, chifukwa amachokera ku kudzoza .kwanu ndi chitsogozo chanu

*

Moyo wopanda chidziwitso ndi kudzipha mwauzimu ndi mwakuthupi Odala ndi omwe ali ndi chidziwitso, chifukwa kumvetsetsa ndiye chinthu chofunikira kwambiri panjira yauzimu komanso pamisewu ya moyo Kumvetsetsa ndi kuwala kotsogolera komwe kumaunikira njira ya munthu ndikubweretsa chipambano Munthu asanakwaniritse cholinga chachikulu cha moyo, ayenera kukhala ndi khalidwe lofunika komanso lofunika kwambiri Kumvetsetsa kuyenera kukhala mphamvu yotsogolera pazochitika zonse Kaya mayesero athu ndi ovuta bwanji, tiyenera kukhala ndi chidziwitso chenicheni

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Mulungu satibweretsera mavuto ndi ululu; m'malo mwake, ndife amene timadzithandiza kapena kudzivulaza tokha kudzera mu kumvetsetsa ndi kumvetsetsa kwathu, .kapena kusamvetsetsa kwathu ndi kusamvetsetsa kwathu

*

Tiyenera kupemphera kwa Mulungu kuti atipatse kumvetsetsa, mosasamala kanthu za mayesero omwe timakumana nawo kapena momwe timakumana ndi mavuto. .Kumvetsetsa kokha ndiko kudzatiteteza

*

Pamene zokumana nazo zanga zikukulirakulira komanso zikukulirakulira, kuyesera kwanga koyamba ndikupeza kumvetsetsa mkati mwanga. Sindimaimba mlandu zochitika kapena kuyesa kukonza ena; m'malo mwake, ndimalowa mkati ndikuyesera kuyeretsa linga langa lauzimu, kuchotsa chilichonse chomwe chingabise kuwala kwamkati, kuletsa mphamvu za mzimu kuti zisawonekere, kapena kuziletsa .kuti zisadziwonetse. Ndiyo njira yokhalira ndi moyo wabwino

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Kuthawa mavuto kungaoneke ngati njira yosavuta yothetsera mavuto, koma munthu amapeza mphamvu akakumana ndi mdani wamphamvu. Anthu omwe sakumana ndi mavuto sakula, ndipo kutsimikiza mtima kwawo .sikulimba

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Mantha amatha pamene tili ndi luntha; mu luntha muli chitetezo ndi chitetezo

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Ndakumana ndi zokumana nazo zambiri m'moyo, ndipo zovuta kwambiri zinali za anthu omwe sanandimvetse bwino Ndaona anthu omwe ndimawakonda—anthu omwe ndidawapatsa mtima wanga—osandimvetsetsa bwino ndipo amanditsutsa Koma zimenezo sizinandipangitse kukhala ndi mkwiyo chifukwa mkwiyo umakwiyitsa kumvetsetsa Sindilola kuti ndivulazidwe ndi kusamvetsetsana kwa ena M'malo mwake, ndimayesetsa kuwathandiza ngati ali olandirira ndikuwatumizira zolinga zabwino ndi mafuno abwino

*

Chisangalalo changa chachikulu chili polankhula za zodabwitsa za Mulungu kwa iwo amene amandimvera ndi kundikhulupirira, komanso pokulitsa chilakolako chawo cha kuunika kwa Mulungu komwe kwandipatsa chitonthozo, .ufulu, ndi chitetezo chosaneneka

*

Mavuto onse omwe mumakumana nawo m'moyo uno cholinga chake ndi kukulimbikitsani ndikukulimbikitsani kuti muzichita khama kwambiri kuti mufike pamlingo wapamwamba Pangani mphamvu zanu kuti muzitha kulamulira zochitika zanu m'malo mozilola kuti zikulamulireni Pangani mapulani abwino a moyo wanu kuti

mukwaniritse zinthu zonse zabwino zomwe mukufuna kuchita komanso zomwe muyenera kuchita

*

Anthu amene amakonda kwambiri dziko lino amaiwala Mulungu, ndipo ndichifukwa chake timataya chilichonse chomwe timachikonda kwambiri. Lamulo la chilengedwe chonse limachotsa zinthuzi kwa ife kapena kuzichotsa m'miyoyo yathu osati kuti litilange, koma ngati mayeso oti .tiwone ngati timakonda chilengedwe kuposa Mlengi

*

Anthu omwe ali ndi chifuniro chofooka nthawi zonse amati "inde," pomwe anthu abwino amakhala ndi "ayi" .m'mabuku

*

Lero ndiyamba kuganiza mwanzeru kuti ndipambane pa chilichonse chomwe ndikufuna kuchita, ndipo pochita izi ndidzakhala nditagwiritsa ntchito bwino mphamvu zonse .zomwe Mulungu wandipatsa

*

Chimwemwe chenicheni chimachokera pa momwe munthu alili m'maganizo. Kukhutira, kukhutira, mtendere, .ndi bata zonse ndi zizindikiro za chisangalalo

*

Munthu ayenera kuyesetsa kukhala ndi thanzi labwino, maganizo abwino, zofunikira pa moyo wabwino ndi ntchito yabwino, kulingalira bwino, ndi kumvetsetsa kolondola, ndipo sayenera kudzilola kugonja ku malo kapena zochitika .zolakwika

*

Anthu nthawi zambiri amaluka zikwakwa zomwe zimawatsekera ndi kumangirira zingwe zomwe zimawamanga. Ayenera kumvetsetsa zomwe zimayambitsa zoletsa izi kuti athetse matenda omwe amayenda pang'onopang'ono m'maganizo ndi m'thupi lawo. Izi zidzabweretsa kukonzanso kwa maganizo, kukonza njira ya

chimwemwe, kuwonekera kwa chidziwitso chauzimu m'tsogolo mwa miyoyo yawo, ndipo kudzuka kwa mphamvu zofunika mkati mwa Chikumbumtima kuyenera kukwezedwa kuchokera ku kuya kwa kusadziwa kupita pamwamba pa .kumvetsetsa ndi chidziwitso

*

Munthu amene amaopa kwambiri amakopa zomwe akuyesera kupewa, ndipo mantha osalekeza amawononga mitsempha ndikubweretsa matenda m'thupi. Mukakhala ndi mphamvu, mphamvu, ndi mphamvu, matenda amathawa .m'thupi

*

Moyo umene umasangalala ndi nyimbo ya chiyembekezo sukonda kumva mawu amphamvu a chiyembekezo, ndipo maganizo omwe nthawi zonse amalunjika ku nyenyezi ya kudzuka kwauzimu amakhala maganizo olimba, okhazikika omwe sadziwa kugwedezeka .kapena kukayikira

*

Ndinayang'ana duwa moganizira, ndipo nthawi yomweyo ndinakuyang'anani, O mzimu wa chilengedwe chonse. Linali lodzaza ndi fungo la kukhalapo kwanu, maluwa ake anali ofiira ndi manyazi a kusalakwa, ndipo kuwala kwagolide kwa nzeru zanu kunawala mumtima mwake. Tsinde lopyapyala ndi mphukira yobiriwira zinathandizidwa ndi mphamvu yanu, ndipo zinsinsi za moyo ndi muyaya zinagona mu fumbi la mungu. Kukhudza kwanu kosatha kunalimbikitsa njuchi, ndipo inayamba kumwa .timadzi tokoma tanu

*

Ndiwonetseni zodabwitsa za chilengedwe zinsinsi zanu zopanda malire, zomwe zabisika mu udzu wabwino kwambiri .m'mbali mwa msewu

*

Bambo ndi mayi aliyense ayenera kukhala ndi nzeru ndi bata monga bambo komanso kufatsa ndi kukoma mtima monga mayi, ndipo makhalidwe awiriwa ayenera kukhala .oyenera komanso ogwirizana mu chilichonse mwa iwo

*

Ndidzabalalitsa nyenyezi za chisangalalo ndi chiyembekezo kuti ndichotse chisoni m'miyoyo, ndipo ndidzabalalitsa kuwala kwa kutenga nawo mbali .mwachifundo kuti nditonthoze olira

*

Tili pano lero, ndipo mawa tidzatsika ngati mitambo— mithunzi chabe m'maloto a chilengedwe chonse. Koma kumbuyo kwa chithunzichi chaching'ono komanso chosakhalitsa kuli mzimu wosatha, ndipo miyoyo yathu ndi .gawo losalekanitsidwa

*

Mulungu ndiye chowonadi chokha Tiyenera kupemphera nthawi zonse kuti mayesero a moyo asatilepheretse kumukumbukira Iye. Pamene ndikupemphera motere, ndimalandira zotsatira zazikulu kuposa nthawi ina iliyonse. Kenako, ngakhale chinthu chachikulu chikachitika, sichingandilepheretse kuganiza za Iye; m'malo mwake, .ndimamva kuti ndili otetezeka pamaso pake

*

Moyo kuno ukuoneka wopanda kanthu komanso wosokonezeka mpaka titafika m'mphepete mwa chitetezo Ndicho chifukwa chake nthawi zonse ndimanena kuti ndili pano kuti ndichitire umboni kufunika ndi ulemerero wa choonadi chenicheni. Sitiyenera kuyika ziyembekezo zathu pa zolinga zapadziko lapansi zosakhalitsa komanso zinthu zosalimba. Maulalo osalimba oterewa amatitalikitsa mosazindikira ku cholinga chathu chachikulu, monga .momwe amatitalikitsira ndi ife eni enieni

*

Chilengedwe chimapanga zinyengo mwa anthu ndipo chimawapangitsa kukhala abwino m'maso mwawo. Munthu wofunitsitsa kwambiri ayenera kupitirira chidziwitso cha chilengedwe chomwe sichinachedwe komanso chokhalitsa ndipo ayenera kuzindikira chowonadi mkati mwake kuti chowonadi ichi chikhale chilengedwe chake chachilengedwe komanso chokhacho chomwe chimamukhudza pa moyo .wake

Tikupempha Mulungu kuti atitsogolere ndi kutitsogolera kwa Iye, ndi kutithandiza kumupeza tisanachoke padziko lino lapansi. Kaya mayesero ndi ululu womwe timakumana nawo ndi wotani, sitiyenera kutaya chiyembekezo chakuti thandizo la Mulungu lili pafupi, kuti Iye amayankha pemphero lililonse lochokera pansi pa mtima, lodzaza ndi chikhumbo, ndi kuti .sadzasiya okondedwa ake kapena kuwasiya ali ndi tsoka

*

Chuma sichitanthauza kuti tidzakhala ndi thanzi labwino, mtendere wamumtima, kapena kupanga zinthu zambiri. Komabe, tikapeza njira yabwino komanso mtendere, .tidzakhala ndi chipambano pazachuma

*

Mkati mwanu muli munda wodabwitsa komanso wodabwitsa wa malingaliro abwino, wonunkhira bwino ndi fungo la chikondi, kukoma mtima, kumvetsetsa, ndi mtendere. Maluwa ake ndi okongola kwambiri kuposa .maluwa apadziko lapansi ndi zitsamba zakuthupi

*

Mukapereka chikondi chanu choyera, mwabzala duwa lonunkhira bwino, ndipo fungo la chikondi chimenecho ndi fungo la kumvetsetsa kumeneko zimakhala nthawi yayitali kuposa duwa lililonse la padziko lapansi ndipo ndicho !choonadi

*

Munthu sayenera kuopa china chilichonse koma mantha okha, chifukwa ndi mdani wamkulu wa kupambana ndi thanzi. Amawononga maganizo, amabweretsa zinthu zomwe munthu amaopa, amawonjezera ululu, amawononga mtima, ndipo amavulaza dongosolo lamanjenje ndi ubongo. Chifukwa chake, ziyenera kugonjetsedwa kudzera mu chikhulupiriro mwa Mulungu, kuganiza bwino komanso kolenga, kukhala ndi chiyembekezo, chiyembekezo, ndi kudalira chitetezo cha Mulungu. Anthu okonda Mulungu ndi kuyenda m'kuunika kwake sangagonjetsedwe ndi mdima wa mantha, chifukwa Mulungu ali nawo, ndipo aliyense amene .ali ndi Mulungu ali otetezeka

*

Matchuthi amakhala okongola komanso auzimu kwambiri posinthana mphatso zauzimu monga chikondi, .mtendere, chimwemwe, kulolerana, ndi mafuno abwino

*

Tikatembenuzira mitima yathu kwa Mulungu ndi kumupempha ndi chikondi chachikulu komanso kufunitsitsa kwakukulu, tidzamupeza pafupi komanso mwachangu kukhululukira ndi kupereka, chifukwa pochita izi timakhudza mtima wake wachifundo wa chilengedwe chonse ndi .chikondi chake chaumulungu chopanda malire

*

Moyo weniweni si kungodya, kugwira ntchito, ndi kugona, kotero ndidzagwiritsa ntchito mphatso ya kulingalira kuti ndifunefune ndi kupeza Mulungu, ndipo ndidzagwira ntchito yopezera chipulumutso changa mwa kutumikira .abale ndi alongo anga mwa anthu

*

Anthu ambiri abwera padziko lapansi ndipo anachoka, komabe timaonabe kukhala pano kukhala kwenikweni ngati kuti tidzakhala pano kwamuyaya. Munthu wanzeru ndi amene amakumbukira Mulungu nthawi zonse, chifukwa

kusinkhasinkha za Iye nthawi zonse ndi njira yopezera ufulu .ku maloto a padziko lapansi a kubadwa ndi imfa

*

Mulungu watipatsa mphamvu ndi mphamvu zabwino kuti tigonjetse zopinga zonse zomwe zimatilepheretsa komanso mayesero omwe timakumana nawo, ndipo tiyenera kugwira ntchito kuti titulutse mphamvu zosagonjetseka ndi .mphamvu zosatha

*

Pali anthu omwe sasintha; amakalamba akumamatira ku zizolowezi ndi njira zomwezo zoganizira. Izi zitha kutchedwa zotsalira zamaganizo. Zina mwa zotsalirazi ndi zauzimu mwachibadwa. Anthu otere amakhala ndi moyo wabwino komanso wamtendere koma sagwira ntchito pakukulitsa kumvetsetsa kwawo kapena kukulitsa malingaliro awo, kukhalabe osasinthasintha. Amasowa luso lomvetsetsa zosowa, chidwi, ndi zokonda za mbadwo wachinyamata. Izi zitha kukhala zovomerezeka pang'ono, koma akamatsutsa ndikutsutsa mbadwo watsopano popanda kuzindikira, amakhala olimba m'maganizo. Kumbali ina, achinyamata ambiri amagwa m'mavuto chifukwa salemekeza malingaliro a akulu awo kapena kumvera upangiri wawo. Amaganiza kuti okalamba ndi akale ndipo chifukwa chake palibe chifukwa chowamvera kapena kutsatira upangiri wawo chifukwa malingaliro awo ndi akale komanso osagwira ntchito. Mu kufunitsitsa kwawo kukhala achichepere kukhala amakono, amaswa malamulo akale ambiri momwe angathere. Koma ayenera kukumbukira kuti akulu ali ndi kulemera ndi phindu; akhala zaka zambiri ndipo awona ndikuphunzira zambiri. Mamembala a mibadwo yakale ndi yatsopano ayenera kuyesetsa kuphunzira kuchokera kwa wina ndi mnzake, chifukwa zinthu zakale ndi zatsopano zili ndi zabwino ndi .zabwino zake

*

Palibe chiyeso chachikulu kuposa kudziwa kuti Mlengi wathu ali nafe. Tiyenera kuyembekezera kukhalapo kwake ndi kumulakalaka, chifukwa amatiyang'anira m'njira iliyonse. Kaya mavuto ndi otani, kaya chisoni, ululu, kapena matenda ndi aakulu bwanji, tiyeni tifunefune chitonthozo ndi chitonthozo kuchokera kwa Mulungu, ndipo tiyeni timupemphe nzeru ndi chitsogozo. Iye adzatiyankha malinga ngati tikumudalira, kumukonda, ndi kufunafuna thandizo .lake

*

Chikondi ndi fungo la maluwa otuwa ndi nyimbo ya duwa losalankhula bwino lomwe likukondwerera kukongola kwa chilengedwe Chikondi ndi nyimbo ya moyo, nyimbo ya moyo, ndi kuvina koyenera kwa mapulaneti paulendo wawo wosatha kudutsa mumlengalenga waukulu. Ndi ludzu la maluwa kuti amwe kuwala kwa dzuwa, kuti liphuke ndi kuzimitsidwa ndi mankhwala oletsa moyo. Ndi chikhumbo cha dziko lapansi chodyetsa mizu youma ndi mkaka wake ndikusamalira zamoyo zonse ndi madzi ake. Ndi chifuniro champhamvu cha dzuwa chosunga zolengedwa zonse zamoyo komanso zamoyo, komanso chikhumbo cha moyo choteteza ndi kusamalira ofooka. Ndi kumwetulira kosalakwa komwe kumabweretsa chikondi cha makolo kwa khanda ndi kugonjera kochokera mumtima mwa okonda kuti apereke chithandizo ndi chitonthozo popanda kuyembekezera kubwerera. Ndi mtima waubwenzi womwe umachiritsa mitima yosweka ndikuchiritsa mabala. Ndi kulira kwa mtima komwe sikungatheke. Ndi wolemba ndakatulo wodzaza ndi chikondi cha anthu, wovutika ndi kuvutika kwake. Ndi bwalo lolumikizana lomwe likukula nthawi zonse pakati pa mamembala a banja limodzi, lomwe likukula nthawi zonse m'malo otakata komanso m'malo otakata. Ndi phokoso la moyo m'malo a malingaliro otseguka komanso Miyamba ya mitima yodzaza ndi nyenyezi za malingaliro abwino Chikondi ndi chisangalalo cha moyo, chomwe miyoyo yokonda

imachilakalaka ndipo imafunitsitsa kuchipeza ndikuchilumikizana nacho

*

Khalani nafe, Ambuye, ndipo tithandizeni kukwaniritsa ntchito zathu ndikumva kukhalapo kwanu kodala komwe kumatsitsimula mtima ndikukhazikitsa mtendere ndi .chiyembekezo mu moyo

Pokhapokha mutagwiritsa ntchito mabuleki odziletsa poyendetsa galimoto yanu, mudzakhala pansi pa malingaliro osalamulirika ndi zilakolako zolakwika zochokera mu kudzikuza. Muyenera kugwiritsa ntchito mabulekiwo ngati pakufunika kutero kuti mupewe kuchita zinthu mosasamala, kusiya njira yoyenera, ndikugwera mu dzenje la ululu ndi kuvutika. Sup24

Kugwiritsa ntchito mawu molakwika ndi chimodzi mwa zida zoopsa komanso zowononga kwambiri. Chifukwa chachikulu cha mkwiyo ndi mawu opweteka komanso opweteka. Munthu ayenera kupewa miseche ndi nkhani zopanda pake, kupewa mikangano ndi mikangano, komanso .kusiya zizolowezi zaukali

*

Ngati mwamuna kapena mkazi akwiya n’kukwiyitsa mnzake, njira yabwino kwambiri ndi yakuti winayo achokepo ndi kupewa kuyankha mpaka zinthu zitayamba kukhala bwino. Ngati mmodzi wa iwo alankhula mawu opweteka, ndi bwino kuti winayo asayankhe mofanana, koma akhale chete mpaka mkwiyo utachepa. Ngati mkazi afuula kwa mwamuna wake ndipo mwamunayo ayankha mokweza, mwamunayo adzavutika kawiri: choyamba ndi mawu ake opweteka kenako ndi yankho lake laukali, zomwe pamapeto pake zingayambitse chisudzulo kapena zotsatira zina zosasangalatsa. Ndikofunikanso kupewa kuuma mtima

kapena kuchitira mnzake monyoza. Nthawi yomweyo, munthu ayenera kupewa kukangana ndi mikangano, ndipo m’malo mwake adikire mpaka bata ndi mtendere .wamumtima zitabwezeretsedwa

*

Musalole aliyense kukuberani mtendere wanu, ndipo musabe mtendere wa ena ndi mawu onyoza (kapena olembedwa) Mu mkwiyo kapena kutentha kwa nthawi, wina anganene chinthu chosayenera, chomwe sichinali cholinga chake, kenako n’kuchidandaula, pamene winayo adzakumbukira mawu amenewo kwa zaka makumi awiri. M’lingaliro limeneli, kukumbukira ndi chinthu choipa. Mphamvu ya kukumbukira ndi dalitso ngati igwiritsidwa ntchito bwino, koma ndi yovulaza ngati igwiritsidwa ntchito .ngati malo osungira zinthu zoipa zomwe tachitiridwa

Tikadzuka mwa Mulungu, tidzazindikira kuti moyo wa munthu ndi mndandanda wa mithunzi ndi kuwala komwe .kumaonekera pazenera la kanema wa cosmic

Tili ndi chizolowezi chozindikira zinthu zomwe mphamvu zathu zimatha kuzindikira ndi kuzindikira, ndipo nthawi zambiri sitidziwa mphamvu zobisika zotizungulira Komabe lingaliro lililonse lomwe tili nalo limapanga kugwedezeka kobisika Ichi ndichifukwa chake munthu sangabise umunthu wake weniweni kwa ena Ngati alakwitsa, amadziwa mkati mwake, ngakhale akuganiza kuti akubisa, chifukwa kumverera kolakwa kumakhala m'maganizo, ndipo ena adzadziwa chifukwa kugwedezeka kwa malingaliro amenewo kudzadziwonetsera mwanjira ina kudzera mu zochita zawo. Izi zimagwiranso ntchito pa ntchito zabwino ndi malingaliro. Tikamaganizira za Mulungu ndi kutchula dzina Lake—mokweza, m'manong'onong'ono, kapena chete—timatulutsa

kugwedezeka kwauzimu mu ether, komwe kumaitana .kukhalapo Kwake kodala

*

Ambuye, kuwala kwa chikondi chanu kuwalira mofanana pa mamembala onse a banja lanu lakumwamba. Anthu ndi omwe ali ndi mlandu chifukwa chosaonekera bwino, osakhudzidwa ndi kuwala, chifukwa cha kuganiza kwake kolakwika. Mphamvu yanu ilowerere mu umunthu wanga ndikuchotsa nthunzi yakuda, yakuda ya dziko lino, kuti ndikhale galasi lowala, lowala lomwe likuwonetsa chithunzi .chanu choyera, chowala

*

Chikondi chiyenera kukhala chenicheni, ndipo chikachokera mumtima, chimakhala chenicheni

*

Ngati mutembenukira ku kuwala kwa Mulungu, mudzapeza mphamvu ya Mulungu yomwe ingakuunikireni ndi kukuthandizani kuyenda bwino ndikukupatsani thanzi, .chimwemwe, mtendere, ufulu, ndi chipambano

*

Ngati kupeza ndalama kuli kovuta, kupeza bwino maganizo n'kofunika kwambiri. Munthu ayenera kukhala wokoma mtima komanso wodekha m'malankhulidwe ake, .maganizo ake, ndi zochita zake zakuthupi

Anthu ali ndi makhalidwe awiri: chikhalidwe cha kunyumba ndi chikhalidwe cha salon Kunyumba timadzimva tokha ndikumva chibadwa chathu chenicheni, koma nthawi zambiri timalakalaka titapewa kuchita zinthu mwachibadwa chifukwa mwa kuchita zinthu timaulula zinthu zoipa zomwe sizikanayenera kufotokozedwa, makamaka ngati zikuvulaza .anthu otizungulira

Timakhala ndi maganizo a salon tikamatuluka titavala bwino, tikumwetulira kwambiri, pamene maganizo ndi malingaliro athu akuzungulira mkati. Kunyumba, timati, "Ndakwiya ndi winawake ndipo sindingathe kupirira kumuona," koma tikakumana ndi munthu yemweyo, timamupatsa moni ndi kuti, "Moni! Muli bwanji?" Mafunde otsutsana awa a kusagwirizana ndi malingaliro osafunikira .amakhudza dongosolo la mitsempha ndi ziwalo zina za thupi

*

Mulungu wanga wokondedwa

Ndaona malo anu opanda malire m'malo amtendere

Ndipo ndalawa chisangalalo chanu chotsitsimula mkati mwa mtima wanga

Ndipo ndinamva mawu anu m'chikumbumtima changa chodzuka

Ndipo ndinamvetsera kunong'oneza kwanu ku malingaliro anga auzimu

*

Ambuye, sinthani ziwanda za umbombo woipa, wadyera kukhala angelo olemera, zolinga zapamwamba, umbuli wopweteka kukhala nzeru yodala, ndipo sinthani ulesi .kukhala golide woyengedwa wa zinthu zauzimu zowala

*

Ambuye, tipange oyera, sinthani kufooka kwathu ndi kusachita kwathu kukhala changu ndi kutsimikiza mtima, ndi .malingaliro athu olakwika kukhala kumvetsetsa choonadi

Chikondi ndi chiyani?

Chikondi ndi fungo la maluwa otuwa

Ndipo nyimbo ya maluwa osalankhula

Kukondwerera kukongola kwa chilengedwe

Chikondi ndi nyimbo ya moyo yomwe imayimba moyo

Ndipo kuvina koyenera kwa mapulaneti

Mu ulendo wake wosatha wopita ku malo akuya

Ndi ludzu la maluwa kumwa kuwala kwa dzuwa

Ndipo imakula bwino ndipo imadyetsedwa ndi mankhwala oletsa moyo

Ndi chilakolako cha dziko lapansi

Kudyetsa mizu ya ludzu ndi mkaka wake

Ndipo kusamalira mitundu yonse ya moyo ndi tanthauzo la moyo

Ndi chifuniro champhamvu cha dzuwa

Kuti zamoyo zonse zikhale ndi moyo komanso zogwira ntchito

Ndi mphamvu yoyendetsera moyo

Kupereka chitetezo ndi chisamaliro kwa ana aang'ono

Ndi kumwetulira kosalakwa komwe kumabweretsa chikondi cha abambo

pa mwana

Ndipo kugonjera kokhazikika m'mitima ya okonda

Kupereka chithandizo ndi chifundo kwaulere

Ndi kugunda kwa ubwenzi

Munthu amene amachiritsa mitima yosweka ndi kuchiritsa mabala

Ndi kuyitana mtima komwe sikungathe kufotokozedwa

Iye ndi wolemba ndakatulo wodzaza ndi chikondi kwa anthu

Munthu amene akuvutika ndi mavuto ake

Ndi bwalo la ubale wapamtima pakati pa anthu a m'banja limodzi

Kufutukuka ndi kufalikira nthawi zonse kupita ku malo akuluakulu

Ndipo minda yokulirapo

Ndi phokoso la moyo

M'maganizo otseguka

Ndipo thambo la mitima lodzaza ndi nyenyezi za malingaliro abwino

Chikondi ndiye chisangalalo cha moyo

Zimene miyoyo yachikondi imafuna

Ndipo amafunitsitsa kumufikira ndikulankhulana naye

Ndinaona moyo

Pamene ndinkayenda pakati pa mapiri obiriwira ndi zigwa za udzu

Kuyenda pakati pa mitengo ndi maluwa

Ndinaona moyo ukusewera komanso kusangalala

Ndinawona kuwala kwake kwagolide mu diski ya dzuwa

Ndipo ndinamuona akusoweka m'nkhalango za mitambo

Ndinamumva akuseka m'mitsinje yosangalala

Ndipo amagwetsa misozi yambiri chifukwa cha mvula

Ndinamuona akugwedezeka m'nthambi za mitengo

Ndipo maluwa a daisies amavina ndi chisangalalo

Ndinamva phokoso lake likumveka m'kulira kwa mbalame ndi kulira kwa mbalame zotchedwa nightingales

Ndinaona mithunzi yake ikuphimba mapiri

Mame ake amanyowetsa mitima ya maluwa a duwa ndi kuwapsompsona masaya awo

Ndinaona udzu wouma ukumamatira kumapazi ake

Monga momwe ndinamuonera akupopera udzu m'munda

Ndi madontho a chikondi, chimawonjezera kutsitsimuka kwake ndi kukongola kwake

Ndinamva fungo la mpweya wake wonunkhira womwe unanyamulidwa ndi mphepo yam'mawa

Ndinamva mtendere wake ndipo ndinaona manja ake akubalalitsa madalitso

Mu chigwa chilichonse ndi ngodya iliyonse

Moyo ndi wodabwitsa bwanji!

Ndipo ndi zokoma bwanji kuyenda naye

Dzanja m'manja

Pa njira zake zodalitsika!

Mtendere ukhale pa inu

Chinthu chosadziwika kapena genie wosazindikira

Pamene tikupita patsogolo panjira ndipo kumvetsetsa kwathu kwauzimu kukukulirakulira, timamva ngati tikukumana ndi chitsutso champhamvu mkati. Koma kumverera kumeneku ndi chinyengo chabe; zosiyana ndi zoona. Chikhalidwe chachilendo, chosokoneza, komanso chosasinthika cha "cholengedwa chosadziwika" chomwe chili mkati mwathu chikuwoneka kuti chikudya zinthu zosawerengeka zochokera kumadera omwe sitingathe kuwamvetsa.

Cholengedwa ichi chikuwoneka kuti chimakhala pamalo osawoneka, ndipo chingayerekezedwe ndi munthu wochokera ku dziko lina, yemwe ndi mlendo wathu ngakhale kuti tilibe mgwirizano ndi iye pankhani ya zokonda, malingaliro, zizolowezi, zolinga ndi zolinga zakutali.

Cholengedwa chosadziwika ichi chikuwoneka kuti chili ndi malingaliro okhudza moyo wa pambuyo pa imfa omwe ndi akulu kwambiri komanso olondola kuposa athu. Kwa ife zikuwoneka kuti sichimvetsetsa bwino zofunikira zofunika kwambiri komanso zosowa zenizeni za moyo wathu wapadziko lapansi.

Bwenzi lathu losadziwika likuoneka kuti likutinyalanyaza, mosakayikira likulowerera m'zinsinsi za chilengedwe chonse. Ndipo akamatikumbukira ndi kufuna kutisangalatsa, amapanga kayendedwe kachilendo, kooneka ngati kosamveka komwe kamatisokoneza, kusokoneza mgwirizano wathu, ndi kutisiya osokonezeka.

Nthawi zambiri timakhulupirira kuti chinthu chosadziwikachi chikutiseka ndi kutiseka ndi luso lathu, ngati kuti chikusewera ndi maganizo athu popanda kuganizira za momwe tikumvera kapena chifundo pa zomwe zikuchitika. Nthawi zina zimaoneka kuti zimatikwiyitsa ndi kutikwiyitsa,

sizitipatsa chisomo choyenera kuyamikiridwa kapena phindu lililonse looneka.

Cholengedwa ichi chikuoneka kuti chingathe kuchita zodabwitsa ndi zodabwitsa zamitundu yonse, koma ngakhale chilipo mkati mwathu, n'zovuta kuti tilankhule nacho ndikupindula ndi mphamvu zake zopanda malire komanso mphamvu zake zapadera.

Chinthu chobisika ichi chingafanane ndi mwana wowonongeka amene wapatsidwa mwayi wopeza zinsinsi za kumwamba ndi dziko lapansi. Chimagwiritsa ntchito zinsinsi zimenezo ndi kulamulira mphamvu zimenezo momwe chifunira, popanda choletsa kapena kuyankha mlandu.

Akuoneka kuti amadziwa chilichonse, koma sakudziwa momwe angagwiritsire ntchito chidziwitsocho moyenera. Manja ake ali odzaza ndi chuma, chomwe amachiwononga ndikuchiwononga molakwika komanso panthawi yolakwika.

Timamuona akupereka mkate kwa anthu a ludzu ndi madzi kwa anthu anjala (ndi kupatsa anthu opanda mano maswiti)

Amapatsa osayamika mphatso zambiri ndipo amalanda opemphapempha mphatso.

Amathamangitsa amene akuthawa ndipo amathawa amene akufunitsitsa kukumana naye

Kodi mphamvu yobisika imeneyi yomwe nthawi zina imapatsa munthu mphamvu yachilendo komanso yodabwitsa yomwe imathamanga ndi mphepo ndi mizimu ndi iti?

Kodi mphamvu yotani yomwe imakweza ndi kuchepetsa kugwedezeka ndi mphamvu m'njira yoti ithandize munthu

kulimbitsa kutentha kwake akamatuluka m'chipinda chofunda m'mawa wozizira komanso mosiyana?

Chinthu chosadziwika chimenecho chimagwira ntchito mwaluso kwambiri moti sichingaganizidwe ndi katswiri wa sayansi ya zamankhwala kapena injiniya wanzeru.

Kodi n'zotheka kuti mphamvu yotereyi ingapezeke panthawi yochepayi ya moyo padziko lapansi?

Ayi, anzanga, zinatenga zaka mamiliyoni ambiri kuti "mlendo" ameneyo akwaniritse bwino njira imeneyi ya thupi yomwe timaitcha kuti ndi ya mphamvu zisanu. Mwachitsanzo, n'zosatheka kuti maganizo ozindikira adziwe kuchuluka kwa shuga komwe kuyenera kupopedwa m'magazi. Ngati kuchulukako kukanakhala kochepa kwambiri kapena kokwera kwambiri, zotsatira zake zikanakhala zoopsa kwambiri.

Timakumana maso ndi maso ndi mphamvu imene sitiidziwa bwino, ndipo tiyenera kuidziwa. Njira yabwino yochitira izi ndi kutsutsa zimene taphunzira mpaka pano ndikudzikonzekeretsa monga mphunzitsi wamkulu pamene anati: "Ngati simukhala ngati ana aang'ono, simudzalowa mu ufumu wa Mulungu."

Mwa kuyankhula kwina, pokhapokha ngati munthu avomereza kuphweka, chiyero, ndi chikhulupiriro cha mwanayo, sadzatha kupita patsogolo kwambiri mwauzimu.

Kusinkhasinkha kwasayansi mwina ndi njira yosavuta yodziwira mphamvu yobisika yamkati, koma anthu ambiri alibe chilimbikitso chosinkhasinkha ndipo amakonda kupeza chidziwitso chimenecho mwanjira yawoyawo, kapena kungokhala chete—ngakhale malingaliro awo akugwedezeka ngati mphepo yamkuntho mbali zonse. Ena anganene kuti, "Ndiyenera kupeza chidziwitso chimenecho m'thupi la

mtsogolo, ndipo sindikufulumira. Chikumbumtima changa chingandidzutse tsiku lina, koma palibe chifukwa chochita khama kuti ndichikwaniritse."

Zilibe kanthu kuti ndife azaka zingati, kuti talephera kangati m'moyo, kapena zomwe ena amaganiza za ife Zilibe kanthu kuti tili ndi majini otani kapena momwe timakhalamo Palibe chilichonse mwa izi chomwe chili chofunikira kwa mlendo wobisika amene amakhala mkati mwathu Chomwe chimafuna ndichakuti ife timulole kuti agwiritse ntchito matupi athu, mphamvu zathu, malingaliro athu, ndi chikumbumtima chathu, ndikupereka ulamuliro wa mbali iliyonse ya miyoyo yathu kwa icho. Ichi ndi chomwe tiyenera kuchita ngati tikufuna kufika pa nsonga zomwe zikutiyembekezera.

Tikamaganizira zochitika m'miyoyo yathu, kodi si zoona kuti timazindikira kuti mphamvu yobisika yatitsogolera ndi kutiteteza ku zoopsa zambiri? Koma ngozi ikangopita mwamtendere, mphamvu imeneyo timaiwala mofulumira bwanji!

Mphamvu imeneyo sinatisiye ndipo sidzatisiya. Nthawi iliyonse tikaifuna, nthawi zonse imakhalapo kuti itithandize, monga momwe mphunzitsi wamkulu ananenera kuti: "Ndili nanu mpaka chimaliziro cha dziko lapansi."

Ngati tiwerenga mbiri ya amuna ndi akazi akuluakulu m'mibadwo yonse, timaona kuti pazochitika zonse, kaya zazing'ono bwanji, komanso kaya njira yotani inagwiritsidwa ntchito, kaya kudzera mu pemphero lochokera pansi pa mtima kapena kutsimikizira mozama, zotsatira zake zinali zofanana nthawi zonse.

Chimphona ichi chomwe chili m'ndende mkati mwathu chikuyenda mosalekeza, chikuyesetsa kumasuka kamodzi

kokha, ndi liti pamene tidzachimasula mwadala ndikuchitsatira mpaka pa ufulu ndi chipambano?

Tiyeni tiyambe tsopano ndikupatsa chimphona chamkati mwayi, ndipo tidzapeza momwe moyo udzakhala wokoma komanso momwe udzawalire ndi kuwala kwa chisangalalo ndi chigonjetso, mothandizidwa ndi Mulungu.

Mtendere ukhale pa inu

Zithunzi zochokera ku India ndi masomphenya

India ndi dziko laling'ono kwambiri padziko lonse lapansi m'njira iliyonse. Ndi dziko la mitundu yonse ya mlengalenga, nyengo, zipembedzo, mabizinesi, zaluso, anthu, malo okongola, zilankhulo, ndi zikhalidwe.

Chitukuko cha ku India chinayamba zaka zikwi zambiri zapitazo, ndipo olamulira ake, anzeru, ndi otsogolera asiya zolemba zomwe zimatsimikizira kukhalapo ndi kutsimikizika kwa chitukuko cha Aryan ku India ndi Sindh.

Alendo ambiri aku Europe amapita ku India ndipo amaona amatsenga, anthu ogwiritsa ntchito lupanga, ndi anthu okonda njoka m'misewu yake, akukhulupirira kuti izi ndi zabwino kwambiri zomwe India imapereka, osadziwa kuti ziwerengerozi sizikuyimira zenizeni za India Moyo weniweni ndi mphamvu za India zili mu chikhalidwe chake chauzimu, chomwe chapangitsa kuti ikhale malo osakanikirana a zipembedzo ndi zikhulupiriro kuyambira nthawi zakale.

N’zoona kuti Kumadzulo kungaphunzitse India machitidwe ambiri abwino, njira ndi mfundo zamalonda,

komanso chitukuko cha zachilengedwe ndi anthu. Ndipo n’zoona kuti India ikufunika atsogoleri a masomphenya monga Henry Ford ndi Thomas Edison. Koma dziko la Kumadzulo lilinso ndi ludzu la maphunziro othandiza, auzimu omwe India yakhala ikuwadziwa bwino m’mbiri yonse.

Sayansi yapita patsogolo kwambiri m'mizinda ya Kumadzulo, ikupita patsogolo mofulumira kwambiri kotero kuti zosowa za anthu zakuthupi—pogona, chakudya, ndi zovala—zikupezeka mosavuta. Komabe, chitonthozo chakuthupi ndi chakuthupi sichikwanira popanda chitonthozo chamaganizo, mtendere, ndi chitonthozo chauzimu.

Cholowa chachikulu komanso cholemera kwambiri ku India chili m'njira zauzimu ndi njira zomwe akatswiri a zauzimu aku India omwe ali ndi masomphenya komanso odziwa bwino ntchito yawo adapeza kwa zaka mazana ambiri. Cholowa ichi chathandiza ndipo chikupitirizabe kuthandiza chikhalidwe chauzimu ndi sayansi cha anthu.

India ndi dziko la zinsinsi, koma izi ndi zinsinsi zomwe zimatsegula mitima yawo kwa iwo omwe amawamvera chisoni, iwo omwe amafunafuna choonadi modzipereka komanso moona mtima.

India ili ndi mapiri okwera kwambiri komanso okongola kwambiri padziko lonse lapansi: Himalayas Darjeeling kumpoto kwa India nthawi zambiri imatchedwa Switzerland ya India pankhani ya kukongola kwachilengedwe kodabwitsa. Ilinso ndi mabwinja akale a nyumba zapadera, malo achitetezo, ndi nyumba zachifumu ku Delhi, komanso Mtsinje waukulu wa Ganges ndi mapiri a Himalaya, okhala ndi mapanga awo ndi malo obisalamo kuti aganizire ndi kuganizira za kuwala ndi nzeru zaumulungu.

Mzinda wa Agra ku India uli ndi chimodzi mwa zodabwitsa zapadziko lonse lapansi, Taj Mahal, malo

odziwika bwino a zaluso zomanga nyumba komanso maloto okongola kwambiri a anthu, opangidwa ndi miyala ya marble yonyezimira ndi alabasitala yokongola, yomwe imapatsa chikondi cha anthu chosatha.

India ilinso ndi nkhalango zakuda ndi nkhalango zowirira komwe akambuku ndi mikango amayendayenda. India ilinso ndi thambo labuluu lomwe limakhala lokongola kwambiri dzuwa likamalowa pamene kuwala kwa dzuwa kumasanduka moto wa lalanje woyaka.

India ilinso ndi mitundu ndi mitundu yambiri ya zipatso ndi ndiwo zamasamba zakummawa komanso mitundu yambiri ya anthu, zomwe zimapangitsa kuti India ikhale malo osangalatsa, odabwitsa, komanso osaiwalika.

India ndi dziko losiyana kwambiri, komwe chuma chonyansa chilipo pamodzi ndi umphawi wadzaoneni, komanso komwe chiyero cha nzeru chimayenderana ndi moyo watsiku ndi tsiku wovuta. Ku India, mupeza ma Rolls-Royces ndi ngolo zonyamula ng'ombe, monga momwe mungapezere njovu m'mabedi okongola komanso magaleta okongola okokedwa ndi akavalo.

Kumpoto kwa India timapeza anthu okhala ndi maso abuluu ndi tsitsi la bulauni, pomwe kum'mwera kotentha kwambiri timaona khungu lakuda litadetsedwa ndi kutentha kwa dzuwa lotentha.

Kuyambira pachiyambi mpaka kumapeto, India ndi dziko la zodabwitsa ndi zotsutsana. Moyo umakhala wosasangalatsa ngati utsatira njira imodzi. Koma ku India, munthu amamva kuti moyo ndi ulendo waukulu wodzaza ndi zodabwitsa ndi zinsinsi zomwe sanaganizirepo.

India mwina ilibe nyumba zazikulu kapena zinthu zamakono zapamwamba komanso zosangalatsa zomwe zimavutitsa mitsempha yauzimu.

N’zoona kuti India ili ndi zofooka zake, monga momwe mayiko onse alili ndi zofooka zawo.

Koma India ili ndi nyumba zazitali zauzimu: zimphona zauzimu zodzichepetsa komanso zenizeni zomwe zimatha kuphunzitsa anthu anzawo momwe angatulutsire chimwemwe chauzimu kuchokera pazochitika zilizonse za moyo.

Asufi awa omwe ali ndi maziko asayansi, omwe adziwa choonadi ndi zenizeni kudzera mu khama lawo komanso zomwe adakumana nazo, angathandize ena kukulitsa luntha lawo ndikutulutsa madzi otsitsimula a mtendere ndi chisangalalo kuchokera m'nthaka ya moyo wawo watsiku ndi tsiku.

Masomphenya odabwitsa dzuwa litalowa

Mphunzitsi wanzeru Paramhansa akufotokoza masomphenya ake motere:

Kuchokera pa khonde langa, ndinayang'ana kumadzulo, ndipo pa mapiko a malingaliro, ndinakwera mmwamba kupita kugombe lakutali. Kumanja ndi kumanzere kwanga, ndinawona mapiri awiri omwe posakhalitsa adasanduka mtundu wofiirira wodabwitsa. Pamene ndinayang'ananso, dzanja losawoneka linali litawaphimba ndi chophimba cha buluu wozama. Kumbuyo kwanga kunali mzinda wa Guadalajara, wodzazidwa ndi dzuŵa la kulowa kwa dzuwa. Thambo lakum'mawa tsopano linali lokongoletsedwa ndi mitundu yofewa ya pinki. Ndikuyang'ana patsogolo, maso anga anaona mzinda wamatsenga wa zilumba zabuluu ukuyandama m'nyanja yagolide.

Mu chilumbachi cha zilumba zabuluu zodabwitsa, phiri lalikulu la miyala ya laimu yabuluu, lozunguliridwa ndi mitambo yoyera ngati phiri lamoto lomwe limatulutsa magiya a chiphalaphala chofiira chagolide, chotsetsereka ngati utawaleza ku nyanja yabata. Malawi amphamvu agolide anaphimba zilumba zabuluu ndi kuwala kowala.

Nsonga yabuluu ndi korona wake woyaka moto zinkaoneka ngati mapasa pamwamba pa nyanja yagolide yopanda phokoso. Ndipo kudzanja lamanja, nyanja yaying'ono, yabata inali kunyezimira, yokhala pa chifuwa cha chimodzi mwa zilumba zabuluu ngati mwezi wathunthu ukusambira pakati pa mafunde a mitambo.

Ndinayendayenda kwa nthawi yayitali mumzinda wa kulowa kwa dzuwa ndi mitambo yonga ngati chizimezime, ndikuyandama pamwamba pa nyanja ndi kuwala kwake kofewa kwagolide. Ndipo madzi agolide amenewo odzaza ndi ayezi ofiira anali okongola bwanji omwazikana mbali zonse mpaka kumalire a muyaya.

Ndinaganiza kuti tinyanga tating'onoting'ono ta kuwala tinali mizimu yabwino padziko lapansi, ndipo titapambana mayesero onse a moyo, tinaloledwa kuyendayenda ndikuchita maloto awo momwe timafunira. Tsiku lililonse dzuwa likamalowa, tinyangati timakwaniritsa maloto awo akumwamba m'mizinda yozungulira nyanja ndi nyanja zagolide. Kumeneko, kupitirira chisoni ndi kupitirira misampha ya dziko lapansi lino ndi masoka ake onse ndi ululu wake, kupitirira mavuto onse, zamoyozi zinapuma kuwala kofiira, zinamwa kuwala kwa lalanje, ndipo zinayenda ndi kuyandikira, zikuyendayenda ndikusambira pakati pa nyanja ya nyali zamitundu yosiyanasiyana.

Apa, anyani amenewa ankakwaniritsa maloto awo ndikuwonetsa maloto awo nthawi yomweyo momwe

akufunira, kenako n’kusungunuka ndi kuzimiririka mwa kufuna kwawo.

Apa, zolengedwa zimenezo zinasangalala ndi chuma cha kukhutira ndi kukhutira, ndipo mowolowa manja zinakwaniritsa maloto a onse omwe anazichezera m'dziko lawo lodabwitsa komanso lamatsenga.

Apa, sanakakamizike kudikira ndi kukhumba ngati anthu kuti maloto ake akwaniritsidwe ndi kuti zofuna zake zikwaniritsidwe, koma analota monga momwe anafunira ndipo anakwaniritsa maloto ndi zofuna zonsezo mwa kufuna kwake.

Mzinda umene umalowa m'maloto m'zilumba za maloto unali maloto obisika mkati mwa chikumbumtima changa, ndipo lero wakwaniritsidwadi. Inde, ndaona chuma chobisika cha moyo wanga, ndipo kuwala kwake kwandiphimba, kuwala kwake kwandiwala!

Mtendere ukhale pa inu

Nyali zowunikira

Timatamanda ndi kuyamika Mulungu chifukwa cha mphatso ya chaka chatsopano chilichonse komanso chiyembekezo ndi malonjezo oti tikwaniritse zomwe zimatipatsa.

Palibe mphamvu yaikulu kuposa kupembedzera kochokera pansi pa mtima kuti tilumikizane ndi Mulungu, kuti tibweretse kusintha kwakukulu m'miyoyo ya anthu ndi m'mikhalidwe ya dziko lapansi, komanso kuti tipeze .mtendere ndi ubale wa anthu

Timapemphera kwa Mulungu kuti mapemphero ochokera pansi pa mtima, malingaliro apamwamba, ndi chidziwitso chowonjezeka zisinthe kukhala mphamvu yauzimu yodalitsidwa yomwe imabweretsa kusintha .kwenikweni padziko lapansi

Tidalitseni, Ambuye, kuti titsogoleredwe ndi kuwala kwanu ndi nyali zounikira panjira, komanso kuti tidzutse chikondi chanu m'mitima yathu ndi m'mitima ya ena, ndikunyamula nyali za kuwala kwamoyo ndikugwiritsa ntchito maluso athu mu zomwe zimakusangalatsani .ndikupindulitsani anthu

Tithandizeni kudzipangira tokha njira zomwe mphamvu yanu ya chilengedwe ndi kuwala kotsogolera zingayendere kuti zithandize ena ndikuchepetsa mavuto awo, chifukwa chifukwa cha Inu tili ndi mphamvu zothandizira anthu ndi ife .tokha

Ndife odala kuti tithe kumvera chisoni anthu amene akuvutika

Timafalitsa malingaliro ndi zolinga zabwino padziko lonse lapansi

Mtendere ndi ubale zikhale zokumana nazo

"Monga kumwamba, momwemonso padziko lapansi"

Mtendere ndi limodzi mwa mayina a Mulungu}
Wamphamvuyonse, omwe adawayika padziko lapansi,
{choncho falitsani pakati panu

* * *

Mmodzi mwa ophunzirawo anauza mphunzitsi wa
Paramhansa kuti akuvutika kusintha zizolowezi zake zoipa
ndi zizolowezi zabwino ndipo anamupempha upangiri,
:choncho anati

Musataye chiyembekezo choti mudzadzisintha

Munthu amakalamba pokhapokha akakana kusintha
.moyo wake bwino

Mkhalidwe wosakhazikika umenewo, malinga ndi ine,
ndi mkhalidwe wa "piramidi" yeniyeni

Munthu akanena kuti "Sindingasinthe"
n’kubwerezabwereza
Ndimamuuza kuti: "Chabwino, popeza wasankha
"kukhala choncho, khalani komwe uli

Kaya munthu ali ndi vuto lotani panopa, akhoza kusintha
n’kukhala wabwino mwa kudziletsa, kudya zakudya
.zoyenera, komanso kutsatira malangizo azaumoyo

Mukuganiza bwanji kuti simungathe kusintha?
Kusakhazikika kwa nzeru ndiye chifukwa chobisika cha

kufooka Aliyense ali ndi makhalidwe omwe amalepheretsa kupita patsogolo kwawo. Makhalidwe amenewa sanaikidwe mu umunthu ndi Mulungu, koma ndi opangidwa ndi anthu. Izi ndi zolakwika zomwe muyenera kuchotsa, ndipo .mungathe

Kumbukirani kuti zizolowezi za munthu ndi zinthu zina .chabe zomwe zimangosonyeza maganizo ake amkati

Mukasankha kusintha, mphamvu zambiri zidzabwera pamodzi kuti zikuthandizeni ndikulimbikitsa zisankho zanu zabwino

Ndipo ndi thandizo la Mulungu

Munda wa Chaka Chatsopano

Mayankho a chaka chatha, ndi chisoni ndi kuseka kwake, atha

Ndipo apa pali mawu obwerezabwereza a nyimbo ya Chaka Chatsopano akuimba molimbikitsa, akulengeza :chiyembekezo, ndi kunong'oneza

"Konzaninso moyo wanu mwangwiro"

Siyani udzu wa mantha akale

Kuchokera m'munda wakale wosiyidwa, anasonkhanitsa ndi kupulumutsa mbewu za chisangalalo, zopambana,

ziyembekezo, malingaliro ndi zochita zabwino, ndi zilakolako .zabwino, zapamwamba

Mu nthaka ya mame tsiku lililonse latsopano, bzalani mbewu zazikulu zimenezo, zithirireni, ndipo zisamalireni mpaka zitakula ndikudzaza moyo wanu ndi ubwino wosowa .wa maluwa

:Chaka chatsopano chimanong'oneza kuti

Dzutsani mzimu, wogwidwa ndi zizolowezi, ndipo" muulimbikitse kuti uchite zinthu zatsopano komanso zopindulitsa. Musasiye kuyesera, ndipo musapumule mpaka mutapeza ufulu wosatha ndikugonjetsa karma (kutsata ndi "kutsatira zotsatira za zochita zakale)

Ndi maganizo otsitsimula komanso odzaza ndi chimwemwe chosatha, tiyeni tisangalale pamodzi ndikuyenda mogwirana manja kupita ku nyumba .yakumwamba komwe sitidzatulukamonso

Nkhani yopambana

Ndikukumbukirabe nthawi yoyamba yomwe ndinagwiritsa ntchito mphamvu zodzipereka kuthandiza ena

Ine ndi mnzanga wina tinali anyamata aang'ono nthawi :imeneyo. Tsiku lina ndinamuuza kuti

"Tidzadyetsa anthu mazana asanu (osauka)"

Iye anayankha modabwa kuti: "Koma tilibe ngakhale khobidi limodzi!"

Ndinamutsimikizira, ndikunena kuti, "Ntchitoyi ipitirira ngakhale zili choncho, ndipo ndikukhulupirira kuti ndalamazo zidzachokera kwa iwe."

Iye anayankha monyodola kuti, "Ntchito yabwino bwanji! Izi sizingatheke!"

Kutsimikiza kwanga kunandipangitsa kunena kuti: "Usakwiyitse amayi ako mwanjira iliyonse, koma chitani chilichonse chimene akupempha kuti muchite."

Patapita tsiku limodzi anabwera akuthamanga kwa ine nati:

Ndinali kusamba pamene amayi anga anandiitana," ndinali pafupi kuwayankha mwa kunena kuti, 'Usandivutitse tsopano pamene ndikusamba,' koma m'malo mwake ndinawafunsa zomwe akufuna, ndipo anandipempha kuti ndikaone azakhali anga omwe amakhala pafupi ndi nyumba yathu, choncho ndinawauza kuti: 'Ndimamva ndipo ndimamvera'"

Nditapita kukawona azakhali anga, chinthu choyamba" chomwe anandiuza chinali chakuti: 'Kodi mnyamata wamisala amene uli naye ndi ndani? Kodi wasokonezeka

maganizo? Kodi ndi pulojekiti iti yomwe ndinamva kuti inu "'!?awiri mudyetsera anthu mazana asanu

Ndinamukwiyira ndipo ndinati, "Ndiyenera kupita tsopano," ndipo ndinayamba kutuluka mnyumba mwake. Koma anandiletsa, nati, "Bwenzi lako likhoza kukhala lamisala, koma lingaliro lake ndi labwino. Tengani ndalama iyi ya ma rupee makumi awiri" (ndalama imeneyo inali yaikulu kumayambiriro kwa zaka za m'ma 2000)

Mnyamatayo anadabwa kwambiri moti anatsala pang'ono kukomoka. Anabwera kwa ine nthawi yomweyo n’kundiuza nkhaniyo. Titapita kukagula mpunga ndi zinthu zina zofunika pa phwando, anansi anamva za dongosolo lathu ndipo anapereka chakudya china. Pamapeto pake, !tinadyetsa anthu zikwi ziwiri (2000)

Chifuniro chomwecho chomwe chinapangidwa ndi madzi opatulika chinapanga laibulale yoyamba yomwe .idakhazikitsidwa, Laibulale ya Saraswati ku Calcutta

Mukatsimikiza mtima kuchita zabwino, mudzazikwaniritsa ngati mugwiritsa ntchito chifuniro champhamvu komanso chogwira mtima. Kaya zinthu zili bwanji, ngati mupitiriza, Mulungu adzakupatsani njira .yokwaniritsira zomwe mukufuna

Ndicho choonadi chimene Yesu Khristu ankanena pamene anati: “Ngati muli ndi chikhulupiriro ndipo simukukayika… pamenepo mudzanena kwa phiri ili, ‘Suntha, ”.nudziponye m’nyanja,’ ndipo chidzachitika

Ndipo mu hadith yolemekezeka: Mukapempha]
[Mulungu, khalani olimba mtima popemphera

Ngati mugwiritsa ntchito mphamvu zanu nthawi zonse, mosasamala kanthu za zopinga, mudzathabe kupambana, thanzi, ndi mphamvu zothandizira ena, ndipo koposa zonse, mudzapeza mgwirizano ndi Mulungu. Imeneyo ndiyo mphamvu yofuna yomwe iyenera kukulitsidwa: mphamvu yofuna yomwe imaumitsa nyanja za kukayikira ndi kulephera kuchita zabwino ndikukwaniritsa zomwe .zikuyembekezeredwa

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Yang'anani mkati mwa umunthu wanu, ndipo pamenepo mudzapeza mwayi wopanda malire wa kukongola, nzeru, ndi .chiyero

Tikupempha Mulungu Wamphamvuyonse kuti mulandire chaka chatsopano ndi chikhulupiriro cholimba kuti muli ndi mphamvu yowonetsera umunthu wapamwamba mkati .mwanu

Malo ndi zotsatira za zochita zakale zakuphimbani ndi makhalidwe, makhalidwe, ndi zizolowezi zinazake, koma izi ndi mawonekedwe akanthawi chabe, ndipo pansi pake pali chibadwa chanu chenicheni - moyo waulemu - womwe uli ndi ufulu wonse wosankha zabwino ndi makhalidwe omwe mukufuna kukhala nawo ndikuwonetsa pamene mukuchita .maudindo anu pa siteji ya dziko lino

Kodi pali zolinga zauzimu zomwe zikukukhudzani, zomwe zikukukhudzani mumtima mwanu, zomwe zikukulimbikitsani kuziyika pa ndondomeko yanu ya chaka chikubwerachi? Ngati yankho ndi inde, iwalani zakale, sungani zomwe mwaphunzira kuchokera pamenepo, ndipo pitirizani ndi madalitso a Mulungu kuti mukwaniritse zomwe .mukufuna kukwaniritsa

Iwo ankaona tsiku lililonse ngati mwayi watsopano wolamulira zizolowezi ndi zilakolako zoipa, kukhala mwamtendere, kupereka chikondi, ndi kufalitsa .chiyembekezo ndi chisangalalo m'dziko lino

Mukangodzutsa chifuniro chanu kuti musinthe zinthu zabwino ndikuchichirikiza ndi zochita zanu, mphamvu zosaoneka zakumwamba zochokera kwa Ambuye Wachifundo zimayamba kulimbitsa khama lanu. Mukapitirizabe kuchita zomwe mukufuna, mphamvu zabwino zidzakhala zazikulu komanso zamphamvu kwambiri m'moyo .wanu—ili ndi lamulo losasintha la Mulungu

Tsiku loyamba lingakhale lovuta, koma tsiku lachiwiri lingakhale losavuta pang'ono, ndipo tsiku lachitatu lingakhale losavutanso. Pambuyo pa masiku angapo, mudzapeza kuti kupambana n'kotheka. Ndipo amene amapirira ndi kupitiriza khama lawo kwa chaka chonse .adzadzipeza akusintha

Kwa iwo omwe ali ndi zolinga zauzimu, timati: Chikhumbo cholumikizana ndi Mulungu chikhale chinthu chachikulu kwambiri m'miyoyo yanu. Kudzera mu kuganiza

za Mulungu ndi kusinkhasinkha za Iye, timalandira chitsimikizo chotsimikizika kuti amatikonda kwamuyaya chifukwa ndife ake, mosasamala kanthu za njira zolakwika .zomwe tingathe kutenga m'njira yolakwika

Tikamamva kuti timakondedwa mopanda malire, kodi zimenezo sizimatilimbikitsa kuchita zonse zomwe tingathe kuti tisiye zakale ndi zolephera zake zonse ndi zokhumudwitsa? Tikamamva kuti timakondedwa ndipo pali wina amene amatikonda, timamva kukhala omasuka ndipo .mitima yathu imasangalala

Ngakhale kuti pali ntchito ndi zochita zambiri, tiyenera kupatula nthawi yoti tifufuze mozama, kudzifufuza tokha, ndikutsitsimutsa miyoyo yathu ndi chikondi ndi mtendere wa .Mulungu

Ngati timakonda Mulungu ndikugwira ntchito moona mtima kuti timukondweretse tsiku lililonse, palibe chomwe .chingalepheretse kupita patsogolo kwathu kwauzimu

Kumbukirani kuti, abwenzi anga, ndipo ndi thandizo la Mulungu, mudzakhala ndi chimwemwe chomwe .simunachilotepo kale chaka chatsopano

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Ndi chifuniro cholembedwa ndi chigamulo
Ndi chidaliro chonse mu mphamvu za mzimu wa munthu
Ndi chikhulupiriro chosagwedezeka mwa Mulungu

Tiyeni titsanzikane chaka chino ndipo tilandire chaka chatsopano

Ngakhale kuti dziko lapansi likudutsamo, komanso momwe kusinthako kumakhudzira miyoyo yathu, ngati tiyang'ana mozama kupitirira zochitika za tsiku ndi tsiku zomwe zikuchitika mwachangu ndi nzeru ndi chidziwitso, .tidzapeza kumvetsetsa ndikuphunzira maphunziro

Aliyense wa ife ali ndi gawo loti achite pa siteji ya nthawi, pomwe zochitika za lero zimasanduka maloto a .mtsogolo

Zochitika zazikulu ndi zochitika zake zimakwaniritsa cholinga chimodzi: kudzutsa, chimodzi ndi chimodzi, makhalidwe ambiri omwe ali mkati mwathu. Chochitika chilichonse chomwe timakumana nacho chimavumbula mphamvu yobisika mkati mwathu yoti tichite nazo .mwanzeru komanso moyenera

Tili ndi luso lalikulu lomwe Mulungu watipatsa, ndipo likagwiritsidwa ntchito, limakhala gwero lofunika kwambiri la .madalitso m'miyoyo yathu

Ngakhale zinthu zakunja sizili pansi pa ulamuliro wathu nthawi zonse, nthawi zonse tikhoza kusankha zomwe tikufuna kukhala mkati mwathu, komwe kuli chinsinsi cha .kupita patsogolo kwathu ndi kupita patsogolo kwa anthu

Munthu aliyense amene akufuna kumasulidwa ayenera kudzipereka mwadala kuti asinthe zinthu kuti zikhale

zabwino, ndipo nthawi yoyenera kwambiri ndi ino, pamene zolinga zake zimayang'ana kwambiri pakupanga zisankho .ndi kudzipereka kusintha

Anthu sayenera kukhala zinthu zotsalira zokha, osatha kukonzanso maganizo ndi uzimu. Makhalidwe abwino omwe ali mkati mwathu ayenera kudzutsidwa, ndipo mavuto a .mantha ndi kusatsimikizika achotsedwe

Munthu akamadzitsimikizira kuti Mulungu amamukonda ndipo nthawi zonse amakhala naye, zakale sizingathe .kumuletsa kapena tsogolo lake kuti lisamuopseze

Kupitirira kuwala kwa moyo wa munthu kuli lawi la Mulungu
Kupitirira kuwala kwa maganizo a anthu, kuwala kwakukulu kwa Mulungu kumawala
Kupitirira funde la kulingalira bwino kuli nyanja yayikulu ya chidziwitso cha chilengedwe chonse
Kupitirira chikondi cha anthu, chikondi cha Mulungu chimadzaza mtima ndikukwaniritsa zokhumba zake

Chinthu chimodzi chomwe sichisintha m'dziko .lolamulidwa ndi kusintha ndi ubale wathu ndi Mulungu

Chisankho chachikulu chikhale kulimbitsa ubale wodala umenewo ndikukhala mogwirizana ndi wopereka moyo, mphamvu, chikondi, ndi chimwemwe wowolowa manja .kwambiri

Kuti munthu adziŵe Mlengi wake ali yekha mumtima .mwake komanso akuganizira mozama

Ayenera kudzifunsa tsiku ndi tsiku ngati akugwirizanitsa moyo wake ndi malamulo a choonadi ndi chikondi, omwe ndi .malamulo a Mulungu a chilengedwe chonse

Tiyeni tigwire mwamphamvu mtendere wa Mulungu mkati mwathu
Tiyeni timvere mawu a chikumbumtima
Tiyeni tiwonjezere chifundo chathu kuti tiphatikizepo ena

Ndi malingaliro athu abwino ndi zochita zathu zogwirizana, tingathe kulimbitsa mphamvu za zabwino zomwe, mwa chisomo cha Mulungu, zingabweretse kusintha .kwakukulu m'dziko lino

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Lero munthu angadzitsimikizire kuti atsatira njira yowongoka, koma mawa angapatuke ku njirayo ndikupeza .kuti akufuna kusiya zisankho zake zabwino

Zofooka m'miyoyo yathu siziyenera kulandiridwa Aliyense amene angakhalebe wolimba m'malamulo ake ngakhale atayesedwa ndi zinthu zina zakunja ali panjira yopita ku ufulu, ndipo aliyense amene amatenga nzeru ngati kuwala kwake kowatsogolera adzagonjetsa malingaliro, .zofooka, ndi zopinga za moyo

Anthu anzeru amasunga nzeru zawo mpaka kumapeto ndipo amakumana ndi moyo molimba mtima komanso molimba mtima, mosasamala kanthu za mavuto omwe .angakumane nawo

Aliyense amene wasiya chifuniro chake, kugonjera ku zovuta zake, ndikusiya kuyesetsa, amadzitsutsa yekha ndipo .nthawi idzamusiya

Munthu ndiye amene amakulitsa makhalidwe ake abwino ndi oipa, ndipo akamanena kuti, "Sindingasinthe," .amadziimba mlandu wolephera

Munthu akamadzitsimikizira yekha kuti ndi wamphamvu komanso womasuka ngakhale atakumana ndi zizolowezi zoipa komanso maganizo oipa, komanso kuti sadzasiya kuyesetsa kuchita bwino, amatsegula njira yoti mphamvu .zabwino zomwe zili mwa iye zimuthandize ndikumuthandiza

Kaya zochita za munthu zikhale zoipa bwanji, ayenera kufufuza moyo wake ndikuyesetsa kudzithandiza yekha ndikuchita zabwino, ndipo zochita zonse zoipa .zidzasinthidwa kukhala zabwino ndi thandizo la Mulungu

Kuchokera m'zosungira zakale: Mkwiyo ndi Chikumbutso cha Njovu

Anthu amene amafuna mtendere wamumtima ayenera kumvetsetsa momwe mkwiyo umayambitsira komanso .momwe nthawi zambiri umayambitsa zotsatirapo zoopsa

Chifukwa cha kutayika kwa mgwirizano wamkati chifukwa cha mkwiyo, anthu ambiri atembenukira mosafuna kukhala zigawenga komanso akupha anthu okonda kupha .anthu

Kutsekereza zilakolako kumachititsa khungu maganizo Pamene chifunga cha zilakolako chigwira maganizo a munthu, amataya nzeru zake ndipo amachita zinthu .mosayenera kwa munthu wolemekezeka

Kutaya nzeru kumasokoneza kuzindikira kwachibadwa komwe ndi mphamvu yoyendetsera zochita zonse zabwino .ndi cholinga chabwino

Pamene chiwongolero cha galimoto ya munthu chilephera kugwira ntchito bwino, mosakayikira adzakumana ndi ngozi ndipo angapezeke kuti ali mumsampha wa ululu .ndi mavuto

Mwachitsanzo: Mwamuna akuyendetsa galimoto mosangalala, ndipo paulendo wopita ku paki, mkazi wake akumupempha kuti asinthe njira yopita kunyumba kwa makolo ake m'malo mwa paki, ndipo apa chimwemwe chake .chimasanduka mkwiyo

Ndasankha chitsanzo ichi chifukwa ndi chinthu chofala. Nthawi zambiri, zotsatira zake zimakhala kuti mwamuna

akukana pempho la mkazi wake kapena akuvomereza ndi mkwiyo komanso kusakondwa, ndipo izi ndi zomwe zimachitika nthawi zambiri. Nthawi zonse, mkwiyo umayamba, mlengalenga umakhala wovuta, ndipo mtendere .umasokonekera

Nthawi zina, mkwiyo ukhoza kukhala tsoka kwa anthu omwe ali ndi mkwiyo. Mkwiyo ungakhudze kukumbukira, kapena dalaivala angaiwale kuyendetsa galimoto mosamala komanso mosamala, kapena angalephere kuwona zizindikiro za pamsewu, zomwe zingachititse ngozi kapena, Mulungu .aletse, imfa

Pomaliza, mkwiyo umatseka chiwongolero cha chifuniro mu galeta la moyo ndipo umalepheretsa kukwaniritsa .zolinga zake zakuthupi ndi zauzimu

kukumbukira njovu

Chiphunzitso chotchedwa "kukumbukira" ndi mphatso yochokera kwa Mulungu kwa anthu, ndipo ndi dalitso lalikulu bwanji! Kukumbukira kumaperekedwanso kwa nyama; popanda ichi, sizikanatha kuzindikira ana awo Nyama zina zili ndi zokumbukira zabwino kwambiri, monga momwe nkhani yotsatirayi yokhudza njovu ikusonyezera

Pamene njovu yaikulu inali kunyamula matabwa, monga momwe njovu zambiri zophunzitsidwa zimachitira kum'mawa, mnyamata wina anaiyandikira, anaibaya ndi .singano pa thunthu lake, ndipo anathawa

Chaka chinadutsa pambuyo pa chochitika chimenecho, ndipo njovu yomweyo inakumana ndi mnyamata yemweyo pamsewu. Inali nthawi yabwino kwambiri kuti njovu ibwezere. Choncho, inazungulira thunthu lake ndi kumuponya mwamphamvu mbali ina ya msewu. Chifukwa .chake, nyama zili ndi zokumbukira

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Ndalota maloto ambiri, ndipo tsopano ndadzuka ndipo pa guwa la nsembe la moyo wanga ndimayatsa makandulo .okumbukira Inu nthawi zonse, Mulungu wanga

Ndi maso anga, amene chivindikiro chake chachoka ku tulo, ndimayang'ana nkhope yanu yokongola ndikusangalala .kuona kuwala kwake kopatulika

Ndipo mwa chisomo chanu ndazindikira kuti thanzi ndi matenda

Moyo ndi imfa

Zonsezi ndi mitundu ya maloto

Ndamaliza kuwerenga buku lakuti "Dreams Painted in "Bright Colors
Pa nsalu yotchinga ya zinyengo zowala

Ndipo tsopano ndikukuonani ngati chowonadi chokhacho chomwe chilipo

Kusunga njira zotseguka

Anthu ambiri saganizira mozama za Mulungu mpaka atakumana ndi mavuto aakulu, kenako amayembekezera .kuti Iye awathandize ndi kuwapulumutsa ku mavuto awo

Mmodzi mwa anthu ozindikira anati: “Ngati simuitana Mulungu kuti akhale mlendo wanu m’chilimwe cha moyo wanu, sadzabwera kwa inu m’nyengo yozizira ya moyo ”.wanu

Izi sizikutanthauza kuti Mulungu sakufuna kutithandiza Iye akufuna kutambasula dzanja lake lothandiza ndi kutipulumutsa ku mavuto athu. Komabe, tikakhala ndi moyo kwa zaka zambiri m'njira yotsutsana ndi malamulo Ake, ndipo sitikulankhulana naye poganizira, maganizo athu amakhala olemedwa ndi zinthu zonyenga, ndipo njira zolankhulirana ndi Mulungu zimatsekedwa ndi mantha, zilakolako zadyera, kusintha kwa maganizo, mkwiyo, kuuma mtima kosawona, zizolowezi zoipa, ndi zinthu zoipa. Motero, palibe njira yotseguka yomwe thandizo la Mulungu .lingatifikire

Ngati tilephera kukonzekera maganizo athu ndikusunga njira zotseguka, sitidzatha kukumana ndi - ndikugonjetsa - .mavuto omwe angadutse panjira iliyonse pa moyo wathu

Akuti munthu amene ankakonda Mulungu anamupeza mwa kutchula dzina Lake lodala ndi chidwi chachikulu komanso chikondi chachikulu, mosasamala kanthu za

zomwe anali kuchita. Anayamba kuchita zimenezi ali mwana ndipo anazitsatira mwakhama kwambiri moti ankatha .kutchula dzina la Mulungu ali m’tulo

Pamene ankakula, ankadutsa m'nkhalango zowirira zokhala ndi akambuku oopsa, njoka za mphiri, zinkhanira, ndi tizilombo toopsa, osavala chilichonse koma nsalu ndi .nsapato zokha

Anthu ankadabwa ndi kulimba mtima kwake ndipo ankamufunsa modabwa kuti: "Kodi sunavulazidwepo ndi :zilombo zoopsa ndi tizilombo toopsa?" Iye ankayankha kuti

Ndithudi, sindinavulazidwepo, chifukwa nthawi zonse" ndimayenda ndi dzina la Mulungu ndipo ndilo chitetezo "changa

Tikhozanso kuzindikira kuti chitetezo cha Mulungu chimatizungulira Iye nthawi zonse amakhalapo kuti achepetse mavuto athu ndi kutithandiza kuthana ndi mavuto athu, koma tiyenera kukhala olandira madalitso Ake, mwa kuganizira za Iye, kupemphera kwa Iye, ndi kulankhulana .naye mumtima mwathu pamene tikuchita ntchito zathu

Ngati tichita zimenezo, tikhoza kupirira mphepo yamkuntho, ndipo mavuto osatha komanso mavuto akuluakulu sadzatha kutigonjetsa kapena kuswa kutsimikiza .mtima kwathu

kunyada kwauzimu

Kudzichepetsa ndiye phindu lalikulu panjira yauzimu, ndipo kukulitsa kudzichepetsa kumafulumizitsa ndi kuteteza .kukula kwa munthu

Kudzichepetsa kuyenera kukhala maziko omwe wofunafunayo amangirapo moyo wake wauzimu ngati akufuna kukwaniritsa cholinga chake, chomwe ndi kukhala .mogwirizana ndi Mulungu ndikumva kukhalapo Kwake

Dziko lapansi limalimbikitsa kudzitamandira chifukwa cha zomwe wakwanitsa, zomwe ali nazo, ndi maudindo, komanso kuyesetsa kupeza chiyanjo ndi ulemu kuchokera kwa ena, koma wofunafunayo ayenera kusintha chidwi chake kuchoka pa umunthu waung'ono, "kudzikuza," kupita .ku umunthu wapamwamba

Kudzichepetsa kwenikweni kumatanthauza kudziwa motsimikiza kuti Mulungu ndiye zonse mwa zonse, ndikuchotsa chilakolako chofuna kukhutiritsa dyera mwa kukhala ndi cholinga chachikulu chofuna kuyanjidwa ndi .Mulungu

Komanso ndi nkhani yosiya kudzikonda mwa kukulitsa chikondi cha Mulungu ndikutembenukira kwa Mulungu, yemwe ndiye gwero la chilichonse chomwe timafunafuna .ndikuyesetsa kuchipeza kapena kuchipeza

Kudzikuza mwauzimu ndi chiyeso choonekera poyera, ndipo wofunafunayo ayenera kusamala ndi vuto limeneli

chifukwa limabisa lingaliro lililonse la Mulungu kapena .kuthekera kolankhulana naye

Pokhapokha ngati wophunzira akuyesetsa moona mtima kukhala wodzichepetsa, adzakhala wosavuta kugwa mu .misampha ya chinyengo ndi misampha ya kudzikuza

Ndipotu, munthu akhoza kugonjetsa zofooka zambiri ndikupita patsogolo kwambiri panjira, koma akhoza kugwa .chifukwa cha chiyeso cha kudzikuza

Ambuye wa Chilengedwe Chonse ndi Woyesa Chikumbumtima amadziwa zomwe zili mkati mwa mitima, ndipo iwo amene amadzitamandira ndi uzimu wawo .adzautaya

Anthu amene amanyadira zomwe akumana nazo mwauzimu amaipitsidwa ndi kudziona kuti ndi ofunika, kapena m'mawu ena, amayamba kudziona ngati apadera, .ndipo angataye madalitso omwe alandira

Iye amene kudzikuza kwake kumaposa madalitso a Mulungu omwe ali mkati mwake amagwiritsa ntchito molakwika mphatso zauzimu, kenako Mulungu amapereka phunziro la kudzichepetsa kwa wophunzirayo mwa kumuchotsera madalitso Ake mpaka atapeza kumvetsetsa kwauzimu ndikuwongolera njira yake. Koma amachita izi chifukwa cha chikondi, chifukwa pamene mtima wa wophunzirayo utseguka kwa Mulungu ndi kudzichepetsa konse, pozindikira kuti amadalira Mulungu kwathunthu, .ndiye kuti amapeza chisomo chathunthu cha Mulungu

Moyo wa wophunzira ukadzala ndi kudzichepetsa, fungo la kudzichepetsa limakopa chisamaliro cha Mulungu, madalitso amatsika pa wophunzirayo, ndipo moyo wake umadzala ndi mtendere ndi chikondi.

Chikhalidwe cha munthu

Lingaliro ndi lopanda malire, chifukwa kaya muli ndi gawo lotani la maphunziro kapena luso lanu, mukangoika maganizo anu pa zinthu zimenezo, zidzapita kosatha kumbali imeneyo. Palibenso malire a nzeru kapena chidziwitso chomwe mungagwiritse ntchito ndikupindula nacho.

Kodi mukudziwa, anzanga, kuti aliyense wa inu amatanthauzira mawu awa mosiyana pang'ono ndi ena? Chifukwa chake ndi chakuti njira yoganizira imasiyana kuchokera kwa munthu mmodzi kupita kwa wina.

Popeza munthu aliyense ndi wapadera m'chilengedwe chake ndi momwe amaganizira, momwe amachitira zinthu ndi momwe amayankhira pazochitika zilizonse zimasiyana ndi za wina aliyense. Chikhalidwe chawo chamkati ndi kuchuluka kwa malingaliro awo, momwe amamvera, momwe amayankhira, ndi zomwe zimawalimbikitsa—ndipo izi,

zimatsimikiza mtundu wa mphamvu yawo yokoka, kapena .mphamvu ya kukoka yomwe ali nayo

Mphamvu ya maginito ndiyo mphamvu yaikulu kwambiri yomwe mungakopere anzanu, chifundo chaubwenzi, ndi ubwino

Tonsefe timafuna kuonedwa ndi kuganiziridwa; palibe amene amafuna kunyalanyazidwa kapena kuiwalika. Ngakhale ana amachita dala zinthu zina pofuna kukopa .chidwi

Timafunanso kukondedwa ndi kuyamikiridwa ndi ena. Koma ndi angati a ife amene timapatsa ena kumvetsetsa ndi kuganizira komwe timaganiza kuti ndife oyenera kuchokera ?kwa iwo

Timamvera chisoni kwambiri ndipo timakhululukira zofooka zathu, pamene tili okonzeka kutsutsa ndi kutsutsa .zolakwa za ena

Kodi tingaime pamaso pa ena ndi kuwauza zonse zokhudza zofooka zathu kuyambira tili ana? Yankho ndi ayi

Koma pokhapokha titaphunzira khalidwe labwino, .sitingathe kusonyeza ena momwe angakhalire bwino

Sitili ndi ufulu wolekerera zofooka za ena ngati ifenso .tikuvutika nazo

Dziko lapansi ladzaza ndi anthu omwe akufuna kukonza ena koma osati iwo okha Pokhapokha titachita zinthu zodziyesa tokha, masiku ndi zaka zidzapita popanda ife .kusintha

Chomwe tikusowa ndi kudzisintha tokha, chifukwa tikadzisintha tokha tidzatha kusintha anthu ambiri kudzera .mu chitsanzo chathu chabwino

Zoonadi, zochita zimalankhula mokweza kuposa mawu

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Kulimbikitsa kwauzimu kumakonzedwanso nthawi zonse .ndipo kumabweretsa mtendere ndi chisangalalo

Kuzindikira zauzimu kumayamba ngati mphepo yofewa kenako kumakula mpaka kumakhala mphepo yodala yomwe imachotsa zinyalala za umbuli, zinyalala za zoipa, ndi milu ya .kudzikonda

Pali zizindikiro zolimbikitsa zomwe zikuonekera chifukwa cha chikhumbo cha anthu ambiri okonda Chidziwitso kuti akwere pamlingo wapadziko lonse wa mgwirizano ndi .kumvetsetsa zauzimu

Kufikira pamene tikugwirizana ndi mafunde a mtendere, timazindikira bwino umunthu wathu wauzimu ndi .kulumikizana kwathu ndi gwero lathu laumulungu

Chikondi cha Mulungu chimayeretsa malingaliro
Zimachotsa malingaliro
Ndipo amadzutsa chidziwitso

Nzeru ya Mulungu ndi yozama, yosavuta, komanso yapamwamba, ndipo aliyense amene akugwirizana nayo ali ndi kampasi yamkati yomwe imamuwonetsa njira yoyenera .kuti asasocheretsedwe

Nzeru zaumulungu ndi chikondi chaumulungu zili pafupi kwambiri monga momwe malingaliro athu amalolera kuti .zikhale kwa ife

Monga momwe jenereta imodzi yamagetsi imaperekera magetsi ku magetsi a mzinda, momwemonso iwo omwe ali mu mgwirizano ndi Mulungu amalandira mphamvu yowala yomwe imawathandiza kuchotsa mdima m'miyoyo yawo ndi .yozungulira iwo

Anthu amene amakonda Mulungu ndi mtima wonse ndipo amagwirizana ndi malamulo a chilengedwe chonse .amapeza mphamvu, mtendere, ndi madalitso ambiri

Tikupempha Mulungu Wamphamvuyonse kuti atipatse madalitso ndi chilimbikitso chapamwamba
Ndipo atidzaze ndi mphamvu ndi luso logwira ntchito .mopindulitsa komanso kutumikira mopanda dyera
Ndipo kuti tizikhala nthawi zonse tikumukumbukira Iye, .gwero la zabwino zonse, chisomo, ndi kukhalapo

Kuchokera m'zosungira zakale: Nkhani ya mtengo wofunira

Kalekale, munthu wina wodzipatula dzina lake Harry ankakhala ku Hindustan ndipo anakhala zaka zambiri akuyendayenda m'mapiri a Himalaya kufunafuna mtengo .wosowa wotchedwa Wish Tree

Nthano imati mitengo yodabwitsa iyi imapezeka ndi anthu odzipatula okha ngati mphotho chifukwa cha kudzimana kwawo komanso kuchita zinthu zauzimu molimbika. Akuti mitengo iyi ili ndi mphamvu zokwaniritsa zofuna ndi zokhumba za aliyense amene amakhala pansi pa .nthambi zawo

Harry, yemwe anali yekhayekha, anamva mumtima mwake kuti akuyenera kupeza mtengo umenewo chifukwa cha kuchita kwake zinthu zosiyanasiyana zochepetsera ndalama, kukoma kwake kodzipereka pamavuto, komanso kudzipereka kwake ku chilango chokhwima chomwe .adadzipangira yekha

Koma ngakhale kuti anali ndi zinthu zonsezi zauzimu, panali maphunziro omwe sanaphunzirebe. Ngakhale kuti ankafuna kudziwa Mulungu, analinso ndi zilakolako zina .zochepa

Pakati pa zokhumba zimenezo panali chikhumbo chofuna kupeza Mtengo Wokhumba. Njira zolimba za m’mapiri zinali zitamutha wopanda nsapato pofunafuna mosalekeza chinthu chomwe mtima wake unkafuna komanso kukwaniritsa zokhumba zake zakuya. Maganizo ake

amkati nthawi zonse ankamutsimikizira kuti chikhumbo chake chidzakwaniritsidwa, ndipo mtengowo unkamuyembekezera ngati mphotho yachilengedwe chifukwa cha khama lake lauzimu, lomwe linaposa mphamvu .ndi chipiriro cha munthu wamba

Mnzathu anali ndi lingaliro lolondola. Mu chigwa china ku Himalaya, adapeza mtengo wa masamba otakata womwe, chifukwa cha nzeru zake zauzimu, nthawi yomweyo anazindikira kuti ndi chuma chomwe anali kufunafuna kwa .nthawi yayitali ndipo anali kuchifuna

Nthawi yomweyo komanso mwachidwi chachikulu, anayandikira nthambi zolandirira za mtengowo nakhala pansi pake. Kuti aone mphamvu zodabwitsa za mtengo wapaderawu, Harry anatseka maso ake nadziuza yekha kuti, "Ngati uwu ndi Mtengo wa Zokhumba, ndiye kuti ukhale !ngati linga lamphamvu kwa ine"

Atangoganiza zimenezi, nyumba yachifumu yokongola inaonekera pafupi ndi mtengowo, yozunguliridwa ndi minda yobiriwira yodzaza ndi maluwa atsopano, basil wonunkhira .bwino, ndi mitengo italiitali

Harry anasangalala ndi chozizwitsa ichi ndipo anasangalala kwambiri chifukwa chakuti chilakolako chake chachikulu chinakwaniritsidwa, chifukwa pomaliza pake anapeza Mtengo Wokhumba umene anali kuufuna kwa nthawi yaitali. Sanachedwetse nthawi yaitali asananene zomwe akufuna, nati: "Ndikufuna kuona gulu la atsikana okongola ondizungulira akundipatsa chakudya chabwino kwambiri komanso chokoma kwambiri m'mbale zagolide

ndikunditsanulira zakumwa zokoma kuposa mitsuko ina iliyonse yasiliva m'zikho zomwe zimawala ngati golide ".wonyezimira

M’kuphethira kwa diso, chikhumbo chake chinakwaniritsidwa, chifukwa anapeza tebulo lodzaza ndi mitundu yonse ya zinthu zokoma zoperekedwa pa mbale zagolide, ndi atsikana okongola akumupatsa zakudya ndi .zakumwa zosiyanasiyana zoyenera mafumu ndi akalonga

Pambuyo posangalala ndi phwando lalikulu komanso lokongola, mnzathu anayamba kuyang'ana nyumba yake yatsopano. Anakwera masitepe opangidwa ndi miyala yamtengo wapatali ndikuyenda m'zipinda zokongoletsedwa .ndi miyala yamtengo wapatali komanso zowala kwambiri

Pomaliza, munthu wathu wodzipatula wodala anatopa kuyenda ndipo anafunafuna mtendere ndi kupuma m'chipinda chimodzi cha pansi. Mawindo otsika a chipindacho anali ophimbidwa ndi nthambi zazitali za Mtengo Wokongola wa Wishing

Pamene anagona pabedi pafupi ndi zenera, anaona kuti nthambi zokhuthala za mtengo wofunirawo zinatseka kuwala, ndipo anamva kusungulumwa ndipo mantha analowa mumtima mwake. Chetecho chinasweka ndi mawu ochepa okha, omwe ankadzifunsa kuti akuchokera m'munda kapena kuchokera ku nyama zakuthengo zomwe zinkayenda .momasuka kupitirira makoma a nyumba yachifumu

Iye anadzifunsa yekha kuti: Nanga bwanji ngati akambuku amodzi a m’nkhalango atha kulowa kudzera

pawindo? Zikatero, adzandidya ndipo adzakhala mapeto .anga

Atangoganiza za mantha amenewo, kambuku woopsa anadumpha kuchokera pawindo, nagwira munthu wodzipatula woopayo, napita naye kuti akamudye—tsoka .loopsa kwambiri

Mwatsoka, Harry sanazindikire kuti Mtengo Wokhumba sunasiyanitse pakati pa malingaliro abwino ndi oipa Cholinga chake chinali kungokwaniritsa zofuna za iwo omwe anali nazo. Zoonadi, Mtengo Wokhumbawo unayimira bwino chithunzi champhamvu cha Harry, ndipo chimenecho chinali .lingaliro lake lomaliza

Munthu aliyense amakhala pansi pa mtengo wa zofuna zake, womwe umakwaniritsa zofuna zake zonse Mtengo umenewo ndi mphamvu ya chifuniro Mphamvu ya chifuniro cha munthu, yomwe ndi chiwonetsero cha chifuniro cha Mulungu, kwenikweni ili ndi mphamvu yokwaniritsa .ziyembekezo ndi zofuna za munthu

Koma aliyense amene sadziwa kulamulira zofuna zake, zokhumba zake, ndi malingaliro ake ayenera kuyamika Ambuye wake kambirimbiri chifukwa malingaliro ake osaphunzitsidwa sakwaniritsidwa nthawi yomweyo, apo ayi zokhumba zakuthengo zingayambitse mawonekedwe a akambuku olusa, olusa omwe amaswa mtendere wa moyo, kuphwanya fupa la chisangalalo, ndikusandutsa malo opumulira a mtendere wauzimu kukhala malo opanda .kanthu

Ili ndi phunziro labwino loti munthu aziganizira zinthu zabwino komanso zabwino akakhala pansi pa nthambi za Mtengo Wokhumba, womwe ndi chifuniro champhamvu .komanso nzeru zamphamvu za munthu

Munthu ayenera kusamala kuti asamangoganizira za mantha, kulephera, matenda, ndi kusadziwa nthawi zonse, kuti zinthu zoipazi zisatuluke ngati zilombo mumdima wa zinthu zosadziwika n’kuyambitsa mavuto aakulu omwe ndi .ovuta kuwathetsa kapena kuwalamulira

Maganizo oipa amangovulaza munthu amene amawasunga; m'malo mwake alowe m'malo mwa maganizo abwino ngati munthu akufuna zabwino kwa iye mwini ndi .ena. Ndipo kupambana kumachokera kwa Mulungu

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Kuwonjezera pa mphatso zakuthupi, Mulungu .amatipatsa chikhulupiriro ndi kumvetsetsa kwauzimu

Ndipo kwa iwo amene amatembenukira kwa Iye ndi kumudalira, Iye amapereka chidziwitso chapamwamba .kwambiri chaumulungu

Mphatso zodala ndi zomwe zimakhudza mitima, kusintha makhalidwe ouma, kudzutsa miyoyo ku kusasamala kwauzimu, ndi kulimbikitsa kudziwana ndi mgwirizano pakati .pa mamembala a banja limodzi la anthu

Anthu amene amadziwa Mulungu saphunzitsa kokha kudzera m'mawu awo anzeru ndi chitsanzo chawo changwiro, komanso amatipatsa chikondi chaumulungu choyera komanso chopanda malire. Mu kuwala kwa chikondi chimenecho, timapeza masomphenya atsopano a kuthekera .kwathu kwapamwamba

Osankhidwa a Mulungu amabwera m'dziko lino kuti atipatse chidziwitso cha chisomo Chake, ndi kutiwonetsa kuwala kwamkati komwe kumatigwira ndi dzanja ndi kutitsogolera ku nyumba yakumwamba, kuti mitima yathu isulidwe ku mitundu yonse ya kutaya mtima ndi mdima wadziko lapansi, ndipo amatilimbikitsa, kutitsimikizira kuti tili ndi gawo mu cholowa chaumulungu ndi kuti tikhoza .kulankhulana ndi chidziwitso cha chilengedwe chonse

Pamene munthu akukhala mogwirizana ndi Mlengi wake, machimo ake amasweka, zofooka zake zimasanduka mphamvu, ndipo amazindikira kuti moyo wake ndi woyera .komanso uli pafupi ndi Mulungu

Pamene kuwala kwa Mulungu kowala nthawi zonse kuwalira pa iye amene akukufuna, amazindikira kuti umunthu waumulungu ulipo mwa iye mwini ndi mwa ena, ngakhale kuti pali zophimba zokhuthala zomwe zimalepheretsa kuwala kwake m'miyoyo yomwe .ikukhudzidwa ndi chinyengo

Tikupempha Mulungu Wamphamvuyonse kuti atipatse mphatso ya mphatso: kumverera mkati mwa chidziwitso chathu cha mtendere wapamwamba, chikondi .chapamwamba, ndi chisangalalo chosaneneka

Chomwe tiyenera kuchita ndikutembenukira ndi chikondi ndi chidaliro ku mtima wa dziko lonse womwe chikondi chake chilibe malire ndipo kupatsa kwake kulibe .malire

Mulungu akufuna kutidalitsa ndi kutipatsa kuchokera ku zabwino zake, koma tiyenera kutsegula mitima yathu, kumasula zokhumba zathu, ndikudzipangitsa kukhala .olandira chisomo chake chochuluka

Tikapemphera kwa Mulungu ndi mitima yathu yonse, zopinga zonse monga nkhawa, kukayikira, ndi mantha zimachotsedwa, ndipo timamva kuti tili pafupi ndi Mulungu .komanso kuti Iye ali pafupi nafe

Tikufunira aliyense zabwino ndi madalitso

Mtendere ukhale nanu, abwenzi athu

Khalani mlendo wanga wosatha

Ambuye, tsogolerani mapazi anga panjira zowongoka Ndipo ndiyendetse manja anga mwachifundo

Dalitsani maso anga, kuti awone zomwe ndiyenera kuwona
Lolani kudzoza kwanu kuyende m'mawu anga
Ndipo tsanulirani kukoma mtima kwanu kwa ena ndi mawu anga okoma ndi ofatsa

Fungo lanu lichokere mu duwa la moyo wanga
Ndipo kukokera miyoyo ku kachisi wa kukhalapo kwanu

Kukhudza kwanu kudalitse mtima wanga
Mwina adzalephera kugwirizana ndi kukhala
mogwirizana ndi aliyense

Yesetsani kugwiritsa ntchito malingaliro anga
Ndiloleni ndibweretse ena ku kasupe wa mtendere wanu

Khalani mlendo wanga wosatha
Ndipo ndikhale m'kachisi wa bata langa ndi chisangalalo

Sindidzakuyiwalani, Ambuye
Sindingayende njira za moyo popanda inu

Ndinali nditasochera panjira ya nthawi
Munandionetsa njira ndipo munandibwezera kwa inu

Ndipatseni zokhumba zambiri zamaganizo
Ndipo mu kubwereza kwa kudzipereka kwa moyo kwa
inu
Ndiloleni ndimve mawu anu odala

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Mphunzitsiyo anati, akulimbikitsa mmodzi mwa
:ophunzirawo

Kugwa ndi kugwa mu misampha yolakwika ndi kufooka kwakanthawi kochepa chabe

Musaganize kuti mwasochera m'mavuto a moyo ndipo simudzapezanso njira yobwererera. Malo omwewo omwe mungagwerepo angagwiritsidwe ntchito ngati chithandizo ndi maziko odzukanso, ngati mutaphunzira kuchokera ku zomwe mwakumana nazo.

Ngati muzindikira zolakwa zinazake m'moyo wanu ndipo mwasankha kuti musabwerezenso, ngakhale mutagwanso, zotsatira za kugwako zidzakhala zochepa kwambiri kuposa ngati simunayese konse.

Sitiyenera kuyembekezera kupambana pa zonse zomwe timayesa

Zina mwa zoyesayesa zathu zitha kulephera, koma zina zidzapambana

Dziwani kuti kupambana ndi kulephera zimalumikizana; palibe chomwe chingakhalepo chokha popanda china. Chifukwa chake, sitiyenera kukhala odzikuza kapena odzikuza ngati titapambana kwambiri, komanso sitiyenera kukhumudwa kapena kukhumudwa ngati tilephera.

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Akuti pulofesa wotchuka anakhala moyo wake wonse ali ndi thanzi lofooka. Asanafike zaka makumi anayi, anali atadwala matenda a mitsempha kawiri ndipo anayamba .matenda aakulu a mtima

Zinali zovuta kwambiri kuti apitirize ntchito yake, ndipo matenda ake anaipiraipira pakapita masiku mpaka anayamba kuvutika kwambiri kuyenda ndi kupereka maphunziro, chifukwa kuyenda pang'ono chabe kunkamupangitsa kupweteka kwambiri komanso kumva .kubanika

Pomaliza – moyo wanu ukhale wautali – madokotala ake adamuuza kuti masiku ake atha, ndipo matenda a madokotalawo adamuwonjezera kusowa chochita komanso .kutaya mtima

Patapita nthawi yochepa, anapita ku mwambo wolimbikitsa wauzimu womwe unamupangitsa kuona zinthu .m'njira yatsopano, ndipo anamva kuti ali pafupi ndi Mulungu

Masana amenewo anapita kokayenda ndipo analowa m’nkhalango ya paini nakhala pamtengo kuti apumule, ndipo anadzipeza akupemphera ndi mtima wake wonse, kupempha Mulungu kuchokera pansi pa mtima wake kuti amuchiritse .ndikumumasula ku chilema chake chakuthupi

Kenako anapempha Mulungu kuti abwere kwa iye, .atenge moyo wake, ndi kukonza thanzi lake

Iye anati pankhaniyi: “Kumeneko m’nkhalango, ndinali ndi ubale ndi Mulungu, ndipo ndinamva kuti selo lililonse ”m’thupi langa likunjenjemera ndi kukhalapo kwa Mulungu

Patatha masiku angapo, anakwanitsa kukwera phiri, chinthu chomwe sanachitepo kale. Anati pankhaniyi: "Nditafika pamwamba pa phiri, mantha ndi kufooka zinandichokera ndipo sindinazimvenso. Kuyambira pamenepo, ndamva kuti mtima watsopano ukugunda ".pachifuwa panga

Ndipo ndicho chimene chinachitikadi, pamene anadziwika ndi mphamvu zake, mphamvu zake, komanso mabuku ake ambiri, ndipo anakhala ndi moyo kwa zaka .pafupifupi makumi anayi atapezeka ndi dokotala

Kawirikawiri, tikamavutika kusintha mmene timaganizira ndi kuchita zinthu—kaya chifukwa cha kufunikira kapena kupweteka—timakakamizika kudzipereka kwa Mulungu ndikuyambanso. Kenako njira yolenga imayamba, ndipo mphamvu ya moyo imalowa m'maganizo ndi m'thupi lathu mosaletseka. Pachifukwa ichi, kusintha kwenikweni kwauzimu kumachitika panthawi yamavuto aakulu amisala .kapena akuthupi

Pali pemphero lotchedwa "Pemphero Losiya" pomwe :wopemphayo akunena kuti

O Ambuye, pakadali pano ndikukumana ndi vutoli," koma zotsatira zake zili m'manja mwanu, Mulungu wanga wokondedwa. Ndi lamulo lanu, ndipo ndidzavomereza ".chifuniro chanu ndi kukhutira ndi zomwe mukufuna kwa ine

Zachidziwikire, n'kovuta kwa ambiri kupemphera moona mtima mwanjira imeneyi, chifukwa zikutanthauza kusiya kudzikonda ndi zilakolako za "kudzikuza," ndipo ichi ndi chimodzi mwa zinthu zovuta kwambiri kwa munthu Aliyense amene angathe kuchita izi amasonyeza kudalira Mulungu kwathunthu.

Koma izi sizikutanthauza kuti tiyenera kukhala osachitapo kanthu komanso odalira, kuyembekezera kuti Mulungu athetse mavuto athu onse popanda khama lililonse "Ndipo nenani, 'Gwirani ntchito!'" chifukwa chikhulupiriro chopanda ntchito chilibe moyo.

Ngati munthu atakhala m'chipinda, n’kutseka chitseko, n’kumadzitsimikizira kuti Mulungu adzamulemeretsa popanda kuchita china chilichonse, Mulungu sadzayankha pemphero lake, chifukwa ayenera kugwira ntchito kuti alemere kapena china chilichonse”.

Chikhulupiriro chosawona popanda "ntchito" kapena khama lauzimu chimazimitsa kuwala kwa kulingalira, koma ngati munthu agwiritsa ntchito malingaliro ake, achita zinthu zomveka, ndikuchita zinthu zomangirira, adzalandira chisamaliro chaumulungu ndikupeza yankho laumulungu.

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Ubwenzi weniweni ndi waukulu kuposa chuma chilichonse padziko lapansi

Iwo amene ali ndi chikondi m'mitima yawo adzadziwadi ena
Zili ngati kuti akuyang'ana m'botolo lagalasi loyera .bwino ndikuona zomwe zili mkati mwake

Kudziwa ena mwanjira imeneyi kumachokera ku .kukonda Mulungu ndi kukonda ena ndi chikondi chimenecho

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Pachithunzichi: Master Paramhansa ndi anzake ena a ku America omwe ankayamikira ubwenzi wake, ankafuna kulankhulana naye, ndipo anasangalala kukumana naye

Nthawi zambiri timadzipeza tokha m'mavuto omwe sitingathe kusintha. Timayesetsa chilichonse chomwe tingaganizire, kuphatikizapo kupemphera mochokera pansi pa mtima kuti Mulungu asinthe vuto lathu m'njira yomwe timakhulupirira kuti ndi yabwino kwa ife. Ngakhale zili choncho, zomwe timalakalaka—kaya thandizo la ndalama, thanzi, kapena china chilichonse—sizingachitike, zomwe .zingatipangitse kutaya mtima komanso kukhumudwa

Koma pamene sitingathe kulumikizana ndi mphamvu yaumulungu yomwe ili mkati mwathu, ndichifukwa chakuti .sitikumvetsa tanthauzo la kudzipereka

Munthu wanzeru nthawi ina analangiza kuti mavuto onse angathetsedwe mwa kusinkhasinkha, koma anthu ambiri sadziwa kuti kusinkhasinkha sikutanthauza kuyesa

kumvetsetsa Mulungu kapena kupeza china chilichonse kuchokera kwa Iye. Choyamba tiyenera kuzindikira kulumikizana kwathu ndi Mulungu ndikusiya kudzikuza kapena "kudzikuza" komwe kumayimira ngati cholepheretsa m'miyoyo yathu ndikuchepetsa kuyenda kwa mphamvu .yaumulungu kwa ife

Pali nkhani yonena za mayi wina amene anakhalabe wolumala komanso wodwala kwa zaka zisanu ndi zitatu, akupemphera nthawi zonse kwa Mulungu kuti amuchiritse kuti ayambenso ntchito yake. Pomaliza, atakhumudwa ndi zomwe zinkaoneka ngati zolephera, anadzipereka ku :chifuniro cha Mulungu, akupemphera motere

Ndikuika moyo wanga m'manja mwanu, Ambuye, ngati" mukufuna kuti ndikhalebe wolumala komanso wolumala, zimenezo ndi zanu, koma ndikufuna zambiri kuchokera kwa inu kuposa thanzi, ndipo nkhani ndi yanu pa zomwe ".mukufuna ndi kuchita

M'masabata awiri anali atachira mokwanira ndipo .anasiya bedi lake lodwala

Izi zingawoneke ngati zodabwitsa, koma lingaliro lalikulu ndilakuti nthawi zambiri timayesa kupempha Mulungu kuti achite chifuniro chathu m'malo mogonjera Mapemphero Ake ochokera ku zofuna zathu ndi zilakolako zathu zadyera zimatseka njira zopempherera. Ndithudi, Mulungu amathandiza anthu amene amadzithandiza okha, ndipo tikamaphunzitsa chifuniro chathu kuti chigwirizane ndi chifuniro cha Mulungu, mphamvu yodalitsidwa kwambiri .timaibweretsa m'miyoyo yathu

Koma nthawi zina chifuniro chathu sichitsogozedwa ndi nzeru, koma timakakamira kupeza chinthu chomwe sichili chabwino kwa ife, ndipo Mulungu salowererapo kuti asinthe .momwe zinthu zilili

Zinthu zathu nthawi zina zimakhala zokwanira kuthana ndi mavuto athu, koma pambuyo pake timakumana ndi mavuto aakulu omwe sitingathe kuwalamulira, zomwe zimatisiya tili m'mavuto. Komabe, ngati tingathe kusiya kudzikuza kwathu ndikupemphera moona mtima komanso modzipereka, "Chifuniro chanu chichitike, Ambuye, osati changa," timatsegula mitima yathu kuti tilandire chitsogozo, ndipo mphamvu yaumulungu ndi madalitso ochuluka .zimatitsanulira

Ngakhale titachita zonse zomwe tingathe kuti tithetse mavuto athu, tiyenera kuzindikira kuti mphamvu za anthu ndi zochepa ndipo tiyenera kudzitsegulira tokha ku mphamvu zopanda malire za Mulungu, koma zikuwoneka kuti ambiri ayenera kuvutika ndi vuto lalikulu asanazindikire .chowonadi ichi

Pali nyimbo ya nyimbo imene imati: "Ndikakamizidwa, "mumabwera kudzandimasula

Ndipo imeneyo ndiyo njira ya Mulungu yotiphunzitsira kuti pamapeto pake Iye yekha ndiye angathe kusintha zinthu .zovuta ndikuthetsa mavuto ovuta

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Ngakhale Mulungu amamva mapemphero athu onse (kuti atichezere)
Koma nthawi zonse sayankha

Mkhalidwe wathu uli ngati wa mwana wamng'ono amene akuitana amayi ake
Koma mayiyo akuona kuti palibe chifukwa chobwera kwa iye
Kotero amamutumizira chidole kuti amupatse nthawi yotanganidwa komanso chete

Koma mwana akakana kutonthozedwa ndi china chilichonse
Amayi okha ndi omwe amabwera kwa iye

Mofananamo, aliyense amene akufuna kudziwa Mulungu Iyenera kukhala ngati mwana
Munthu amene sakukhutira ndi kupezeka kwa mayi m'malo mwake

chitukuko cha maginito

Munthu akhoza kukhala ndi mphamvu yokoka yomwe akufuna, kaya kukopa mphamvu yayikulu ya Mulungu, kupeza mphamvu zamaganizo, kapena kukopa zofunikira pa .moyo watsiku ndi tsiku

Mulungu wapatsa anthu thupi, ndipo tiyenera kulisamalira. Anthu amene amalima ndi kugwiritsa ntchito

mphamvu zawo zakuthupi kuti apeze zinthu zakuthupi ndi mphamvu zamaganizo adzanyengedwa. Komabe, iwo amene amalima mphamvu zawo zauzimu adzapeza mphamvu yodalitsikayo yosamalira zosowa zawo ndikukwaniritsa .zokhumba zawo zonse zakuthupi

Pali lamulo lapadziko lonse lomwe limagwira ntchito bwino, ndipo ndaliona m'moyo wanga ndipo ndatsimikiza kuti limagwira ntchito

Ndikofunikira kuti munthu akhale ndi thupi lamphamvu komanso lathanzi lomwe limamvera malamulo a maganizo. Tangoganizani munthu waulesi, wopanda chidwi akupita kuntchito popanda cholinga kapena mphamvu kenako ganizirani kavalo wokonzeka kuthamanga pabwalo la mpikisano akangolandira chizindikiro choti ayambe. Umu ndi .momwe thupi liyenera kukhalira

Nthawi zina timaona okalamba ena omwe ali ndi thanzi labwino komanso mphamvu zaunyamata Matupi awo amaoneka achichepere komanso odzaza ndi mphamvu yokoka, ndipo ngakhale kuti ndi achikulire, ali ndi umunthu wokongola

Kugona pansi ndi kudzuka kumachotsa mphamvu Onani momwe anthu akukhala m'mipando yawo; ena amaoneka ofooka komanso ogona, kotero kuti nthawi yomweyo mumawaona, mumamva kutopa Ena amakhala pansi molunjika, ndipo mukudziwa kuti ali ndi mawonekedwe amphamvu; nthawi yomweyo mumawayang'ana, mumalumikizana nawo

Aliyense amene amalola kukhala pansi mopanda kusamala komanso mosasamala amathandizira kupindika ndi kupindika kwa msana wake chifukwa cha kaimidwe kolakwika. Mtundu uwu wa kukhala umakhudzanso mkhalidwe wamaganizo ndipo umapangitsa kuganiza .kukhala koipa

Anthu amene amakhala molunjika komanso ali ndi kaimidwe kabwino amakhala ndi chiyembekezo komanso chiyembekezo. Anthu amene, chifukwa cha zochitika zapadera, sangathe kukhala molunjika akhoza kulimbitsa chikhulupiriro chawo, chiyembekezo chawo, komanso .kukhala ndi maganizo abwino

Nthawi zonse muziganizira kwambiri chilichonse chimene mukuchita, ngakhale chitakhala chaching'ono kapena chosafunika, pamene mukusunga maganizo anu osinthasintha kuti muthe kusintha n’kuyamba kuchita zinthu zina ngati pakufunika kutero. Koma chofunika kwambiri, chitani chilichonse moganizira bwino, chifukwa izi .zidzakulitsa kwambiri luso lanu lachikoka

Anthu ambiri amalonda opambana m'munda uliwonse amadziwa bwino momwe angagwiritsire ntchito mphamvu ya maginito

Kudziletsa kumapatsa munthu mphamvu yokoka, komanso kumakupatsani mphamvu yokhala ndi maganizo .abwino osakhudzidwa ndi malingaliro ndi zilakolako

Kufunitsitsa kwamaganizo kuyenera kusinthidwa kukhala mphamvu, kukhala zochita zamaganizo, ndipo nzeru

ziyenera kulamulira malingaliro kuti mphamvu ya maginito .ituluke

Luntha lophatikizana ndi malingaliro limapanga mphamvu ya maginito Munthu wokhala ndi mphamvu ya maginito amalankhula molimba mtima

Amalankhula mwanzeru, koma mawu ake amakhala ndi malingaliro. Tiyenera kukhala oona mtima pa chilichonse chimene timanena ndi kuchita, koma kuona mtima sikutanthauza kukhumudwitsa kapena kuchititsa manyazi .ena

Ndiwo zamasamba ndi zipatso zimakhala ndi mphamvu ya maginito, makamaka zipatso, chifukwa sizimalepheretsa kapena kulepheretsa kugaya chakudya, pomwe kudya mapuloteni ndi starch mopitirira muyeso kumathandiza .kuyika poizoni m'thupi

Chiwalo chilichonse chodwala chimayambitsa kusalinganika m'thupi. Mimba, makamaka, iyenera kukhala yathanzi komanso yolimba; mwachitsanzo, mpweya m'mimba umayambitsa kusasangalala ndipo motero .umakhudza kwambiri mphamvu ya maginito

Kudya chakudya chochuluka kumakhala ndi zotsatirapo zosasangalatsa, pomwe kusala kudya kumathandiza kuzindikira mphamvu ya munthu yokopa, monganso momwe zimakhalira ndi kusadya nthawi zina, koma izi sizikutanthauza kuti munthu azidya chakudya chochuluka .mpaka kuvulaza thanzi lake

Anthu amene amadya nyama katatu patsiku amakhala ndi maso ofooka komanso mphamvu zochepa zokopa. Komabe, kudya zakudya zoyenera zokha sikokwanira; kufunika kwake ndi kuganiza bwino, khalidwe labwino, ndi .kuyenda mowongoka panjira za moyo

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Ngati nthawi zonse mumamudalira

Kudalirana konse, mosakayika konse

Kuti mphamvu ya Mulungu ikugwira ntchito mwa inu

Kumbuyo kwa malingaliro anu, mapemphero, ndi zikhulupiriro zanu

Kuti ndikupatseni mphamvu zopanda malire

Kuthana ndi mavuto onse a moyo

Ndipo ngati mukukhulupirira kuti Mulungu ali nanu

Chisamaliro chake chimakutsaganani ndi sitepe iliyonse

Mudzamva madalitso ake nthawi zonse

Ndipo kumva kukhalapo kwake

Mu mbali iliyonse ya moyo wanu

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Mulungu ndiye chikondi, ndipo dongosolo lake la chilengedwe silikanachokera, kapena kukhazikika mu, china chilichonse kupatula chikondi. Kodi lingaliro losavuta limenelo silipatsa mtima wa munthu chitonthozo ndi ?chiyembekezo kuposa nzeru zina zilizonse

Anthu onse odziwa bwino choonadi achitira umboni kuti pali dongosolo la Mulungu la chilengedwe chonse, ndipo ndi .lokongola komanso lodzaza ndi zosangalatsa

Mulungu anatilenga ngati angelo amphamvu, ozunguliridwa ndi mafunde a moyo, oyenda m'nyali zenizeni

Koma chifukwa cha kuyang'ana kwathu pa kufooka ndi kufooka kwa nyali yeniyeni, taiwala momwe tingamverere mphamvu yamuyaya ndi yosatha ya moyo wosatha yomwe ili mkati mwa nyali, yomwe imatha kusinthasintha ndi .kusintha

,Mukadutsa chidziwitso cha dziko lino

Kudziwa kuti simuli thupi kapena maganizo

Komabe, mumakhalabe ndi chidziwitso cha kukhalapo kwanu

Chikhalidwe chanu chenicheni ndi chikumbumtima choyera, chopanda malire

Iye amene ali ndi chilichonse m'chilengedwe chonse

Chikondi cha Mulungu chimayeretsa zilakolako zonse zakuthupi ndi kuzisintha kukhala zolinga zabwino ndi zolinga

zapamwamba, ndipo chimachiritsa mtima ku zowawa zomwe nthawi zambiri zimayambitsidwa ndi ubale wosakhazikika pa maziko olimba a chikondi chosagwedezeka, kumvetsetsana ndi kulemekezana, kapena chifukwa cha imfa ya .wokondedwa

Tikamakonda Mulungu kwathunthu, sitingakhutire ndi chikondi china chilichonse pokhapokha ngati chili mbali ya chikondi chachikulucho, ndipo mu chikondi chaumulungu chimenecho tidzapeza chikondi cha mitima yonse chifukwa .Mulungu ndiye gwero la chikondi m'chilengedwe chonse

Chilichonse chimene dziko lapansi limakupatsirani kenako n’kuchotsani, kukusiyani muli ndi chisoni, ululu, kapena kukhumudwa, mudzapeza mwa Mulungu mokulirapo .komanso popanda zotsatirapo za kukhumudwa ndi chisoni

Ndaponya ukonde wa zokhumba zanga
Mu nyanja yayikulu ya malingaliro anga

Nthawi zambiri ndimaganiza kuti
O Chikondi Chaumulungu
!O, nyama yamtengo wapatali
Komabe, ndikupitiriza kusambira m'madzi
Mu mtendere wakuya

Ndipo mosalekeza, ndimaponya ukonde wa chikondi changa kwa inu
Chimodzi pambuyo pa chinzake
Ndiyenera kukugwirani tsiku lina
Chilakolako changa chosatha pa inu ndi netiweki

Ndimaponya ukonde wa chikondi changa kulikonse
Pamwamba pa mafunde osokonezeka a moyo
Ndipo za nyenyezi zowala
Ndipo m'mitima ya anthu abwino

Chomwe ndikudziwa ndichakuti ndine msaki
Ndipo ndipitiliza kuyesetsa kukugwirani
Chikhumbo changa chachikulu ndi chuma chachikulu
!kwambiri chomwe chilipo

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Ochiritsa kapena ansembe wamba alibe mphamvu zokhululukira machimo kapena kumasula ochimwa omwe amabwera kwa iwo kufunafuna uphungu; chomwe angachite .ndikuwapatsa mankhwala auzimu, palibe china chilichonse

Anthu amene amadziwa Mulungu afika pamlingo wapamwamba kwambiri wauzimu, kotero kuti sakhutira ndi kungopereka uphungu wauzimu kwa ochimwa, koma akhoza - mwa chisomo ndi thandizo la Mulungu - kuwapatsa mphamvu yauzimu yomwe imawathandiza ku zotsatira za .zochita zawo zauchimo

Ntchito zonse zabwino ndi zoyipa zimakhala zobisika mu ubongo ndipo zimawoneka ngati zabwino kapena zoyipa .m'maganizo

Munthu amene ali ndi zizolowezi zoipa chifukwa chakuti maselo a muubongo wake ali ndi mphamvu ya zizolowezi zimenezo akhoza kudzimasula yekha mwa mphamvu zake zonse, kusinkhasinkha, kupemphera moona mtima, ndi kutsimikizira kosalekeza mpaka zizolowezi zake zonse zosafunika zitasanduka zizolowezi zabwino za mtendere ndi .bata

Izi zimachitika pamene mphamvu ya moyo yoyendetsedwa bwino imagwira ntchito yosintha mawonekedwe osazolowereka a maselo a ubongo kuti maselowo adzazidwe ndi chilichonse chabwino, cholungama, .komanso chokongola

Izi zikutanthauza kuti maselo a muubongo odzazidwa ndi malingaliro abodza amatenthedwa ndi ntchito zofunika kwambiri akasonkhanitsidwa mwamphamvu muubongo ndikugwiritsidwa ntchito pazinthu zabwino komanso .zopindulitsa

Munthu amene ali ndi thupi lolimba amasunga ntchito yake yofunika kwambiri m'minofu ndi m'maganizo mwake, koma munthu amene ali ndi zizolowezi zauzimu zoganizira bwino amasunga minofu ndi thupi lake mu mkhalidwe womasuka, ndipo maganizo ake amatalikirana ndi mphamvu zake, kotero kuti mphamvu ya moyo imasiya kukhalabe mu .dongosolo la mitsempha ndikusonkhanitsa mu ubongo

Pachifukwa ichi, kusinkhasinkha ndiyo njira yothandiza kwambiri yopangira maselo a ubongo kukhala auzimu ndikuchotsa mizu ya chizolowezi chilichonse chosafunikira .m'maganizo

Chizolowezi ndi mphamvu, ndipo anthu amagwiritsa ntchito mphamvu imeneyo molakwika pochita zinthu zoipa .m'malo moigwiritsa ntchito m'ntchito zabwino

Kusadziwa, kusaganizira bwino, kulephera kusankha anthu abwino, ndi kunyalanyaza zochita zabwino nthawi zambiri zimatsogolera munthu ku misampha ya zizolowezi zoipa, zomwe zili ngati mchenga wothira madzi womwe umameza munthu amene akuyenda pa iwo motsutsana ndi .chifuniro chake

Mphamvu ya ubwenzi ndi yamphamvu kuposa :mphamvu ya chifuniro ndi kuganiza bwino

Musamachite ubwenzi ndi munthu woipa, chifukwa) (munthu woipa angawononge khalidwe lanu

Anthu anzeru amachita zinthu mwanzeru popanda khama, pomwe anthu okonda zoipa amaoneka kuti akukakamizidwa kuchita zinthu zoipa komanso zonyansa chifukwa cha chizolowezi chomwe chimawakakamiza kuchita .tchimo ndi zoipa

Tikupempha Mulungu Wamphamvuyonse kuti atipatse malingaliro abwino
Kuti tiwone ubwino ndi kukongola
Timasiyanitsa pakati pa zomwe zili zabwino ndi zomwe zili zoipa
Ndipo kuti titembenukire kwa iye
Ndipo tikuyembekezera zimenezo
Gwero la zabwino zonse
Ndipo gwero la zabwino zonse

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Kumbuyo kwa mithunzi ya moyo uno kuli kuwala
kodabwitsa komanso kodabwitsa kwa Mulungu

Chilengedwe chonse ndi kachisi wamkulu wa kukhalapo
kwake kodala

Tikamaganizira za Mulungu mozama komanso mozama
Ndipo timamukonda ndi chikondi chachikulu
Timamukhulupirira kwambiri
Zitseko zambirimbiri zikutseguka patsogolo pathu

Ndipo pamene tiwona kuwala Kwake
Ndipo tikumva kukhalapo kwake
Sizochitika zonse zoopsa komanso zoopsa zomwe
zimachitika pa moyo zomwe zingathe
Kuti atilande mtendere ndi bata
Zinthu zimene zimatipangitsa kumva kuti tili pafupi ndi
Mulungu

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Mu moyo ndi mu imfa
Mu matenda ndi njala
Kapena umphawi ndi mavuto
Ndipo mu kusintha, chisokonezo, ndi kusokonezeka kwa
dziko lapansi
Ndikuthawira kwa Inu, Ambuye, nthawi zonse

?Chikondi ndi chiyani
Chikondi ndi fungo la maluwa otuwa
Ndipo nyimbo ya maluwa osalankhula

Kukondwerera kukongola kwa chilengedwe

Chikondi ndi nyimbo ya moyo yomwe imayimba moyo
Ndipo kuvina koyenera kwa mapulaneti
Mu ulendo wake wosatha wopita ku malo akuya

Ndi ludzu la maluwa kumwa kuwala kwa dzuwa
Ndipo imakula bwino ndipo imadyetsedwa ndi
mankhwala oletsa moyo

Ndi chilakolako cha dziko lapansi
Kudyetsa mizu ya ludzu ndi mkaka wake
Ndipo kudyetsa zamoyo ndi mfundo yaikulu ya moyo

Ndi chifuniro champhamvu cha dzuwa
Kuti zolengedwa zonse zipitirize kugwira ntchito
Ndi mphamvu yoyendetsera moyo
Kupereka chitetezo ndi chisamaliro kwa ana aang'ono

Ndi kumwetulira kosalakwa komwe kumabweretsa
chikondi cha makolo kwa khanda
Ndi kugonjera kodzifunira m'mitima ya okonda
Kupereka chithandizo ndi chifundo kwaulere

Ndi kugunda kwa ubwenzi
Munthu amene amachiritsa mitima yosweka ndi
kuchiritsa mabala
Ndi kuyitana kwa mtima komwe sikungathe
kufotokozedwa

Iye ndi wolemba ndakatulo wodzaza ndi chikondi kwa anthu
Munthu amene akuvutika ndi mavuto ake

Ndi bwalo la ubale wapamtima pakati pa anthu a m'banja limodzi
Kufutukuka ndi kufalikira nthawi zonse kupita ku malo akuluakulu
Ndipo minda yokulirapo

Ndi phokoso la moyo
M'maganizo otseguka
Ndipo thambo la mitima lodzaza ndi nyenyezi za malingaliro abwino

Chikondi ndiye chisangalalo cha moyo
Zimene miyoyo yachikondi imafuna
Ndipo amafunitsitsa kumufikira ndikulankhulana naye

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Imfa – moyo wanu ukhale wautali – si mapeto, koma kumasulidwa kwakanthawi komwe kumaperekedwa kwa munthu pamene lamulo lachiweruzo la dziko lonse lapansi lasankha kuti thupi lake ndi malo ake omwe alipo pano akwaniritsa cholinga chake, kapena pamene akumva chisoni kwambiri, kutopa, kapena kuvutika kotero kuti sangathenso .kunyamula zolemetsa za moyo wapadziko lapansi

Kwa iwo amene akuvutika, imfa ndi kuuka kwa akufa kapena kumasulidwa ku mazunzo opweteka a thupi kupita .ku kudzuka kwa mtendere, bata, ndi mpumulo

Kwa okalamba, ndi penshoni yomwe apeza chifukwa cha zaka zambiri akuvutika komanso kugwira ntchito mwakhama .pa moyo wawo wonse

Kwa anthu onse abwino, ndi nthawi yabwino yopuma

Yakwana nthawi yoti anthu ayambe kugwiritsa ntchito mphamvu zomwe zili mkati mwawo zomwe zimavumbula zoona Chimwemwe chikugwirizana ndi vumbulutso ili, ndipo iwo amene akufuna kufika pamalo amenewo amkati ayenera kuyesetsa mwakhama ndikudyetsa malingaliro awo ndi malingaliro opanga kuti akhudze zoona zomwe Mulungu waika mkati mwawo ndikupindula ndi mphamvu zodala .zomwe zili m'miyoyo yawo

Ndani akufuna kukhutiritsa mphamvu zakuthupi ?popanda kulawa timadzi tokoma ta chimwemwe chauzimu Amaika ndalama kuchokera ku kasupe waumulungu, gwero la chisangalalo chonse ndi chisangalalo, mwanjira yotayika, kotero malonda ake amalephera ndipo nzeru zake .zimakhala zochepa

Anthu amene akufuna kudziwa Mulungu adzalandira chifuniro chawo chifukwa Iye ndi wowolowa manja komanso wachifundo. Komabe, anthu ambiri amafunafuna zilakolako za dziko lapansi, kudzitonthoza ndi chisangalalo cha zinthu zakuthupi chomwe sichikhalitsa, ndipo amavutika chifukwa !chosachikwaniritsa kapena chifukwa chochikwaniritsa

Ngakhale anthu opambana pazachuma pamapeto pake adzamva kuti alibe kanthu m'miyoyo yawo komwe n'kovuta kudzaza. Komabe, anthu amene amagwirizanitsa miyoyo yawo ndi Mulungu ndi olemera, amphamvu, ndipo .amasangalala ndi kukhutira ndi chitukuko

Kunyalanyaza malangizo anzeru ndi kunyalanyaza mawu a chikumbumtima kumabweretsa njira zokhotakhota, zoterera, zoopsa, komanso zosasangalatsa, pomwe kutsatira njira yachilungamo kumabweretsa kumasuka ku unyolo ndikupeza mphamvu yochita zabwino, osati zomwe zimalamulidwa ndi chibadwa chosokeretsedwa ndi zizolowezi .zosokeretsa

Anthu amene akufunafuna chimwemwe angapindule ndi zimene anthu anzeru anakumana nazo omwe akumana ndi .mavuto m'moyo ndipo apeza njira zothetsera mavutowo

Ndithudi, aliyense amene akugwirizana ndi zolinga za Mulungu amasambira mu nyanja ya kukhutira ndi bata, .ndipo ali ndi mwayi weniweni

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Lingaliro lililonse lomwe tili nalo limapanga kugwedezeka kwapadera

Mukaganizira za Mulungu ndi umunthu wanu wonse, maganizo anu, ndi ziwalo zanu - ndi kunena mokweza kuti "O

Ambuye" mobwerezabwereza mkati mwanu, mumapanga kugwedezeka kwamphamvu komwe kumabweretsa .kukhalapo kwa Mulungu m'moyo wanu

Tikazindikira kuti Mulungu ndiye wokondedwa wathu wamuyaya komanso bwenzi lathu losatha, ndipo chikondi chake pa ife n’choposa chikondi china chilichonse, ndiye kuti timamva kuyandikira kwake ndi kukhudza kukhalapo kwake, ndipo mitima yathu imalimbikitsidwa ndipo timamva .mtendere wauzimu wapamwamba kwambiri

Mukaganizira za Mulungu ndikumva chimwemwe chowonjezereka mumtima mwanu komanso m'thupi lanu lonse, ndipo chisangalalo chimenecho chikubwerani nthawi ndi nthawi, dziwani kuti Mulungu wayankha zokhumba za mtima wanu ndipo kuti malingaliro achimwemwe omwe .mukukumana nawo ndi umboni wa yankho lodala limenelo

Zizolowezi ndi zida zamaganizo zokha komanso njira zomwe zimathandiza kukwaniritsa ntchito zofunika mosavuta komanso mosavuta

Ambiri amalola zizolowezi za kufooka ndi kulephera kuzigwira ukapolo, ndipo munthu akhoza kudziteteza ngati akukhala moyo wosiyana, bola ngati akufunitsitsa kulimbana ndi zizolowezi zoipa mpaka atafika pa chitetezo ndi .m'mphepete mwa chigonjetso

Zilakolako zosalamulirika zimalimbikitsa zizolowezi zoipa mwa kuzidyetsa ndi kuzilungamitsa ndi ziyembekezo zabodza ndi malonjezo a chisangalalo chabodza ndi .kukhutitsidwa kwakanthawi kochepa

Mu nthawi zimenezo, nthawi ya kufooka ndi chisokonezo, munthu amene akufuna kugonjetsa zizolowezi zosalamulirika ayenera kusonkhanitsa mphamvu zake zozindikira kuti amvetse bwino umunthu wake ndikuthana .nazo bwino

Zizolowezi zoipa zimakhala ndi zotsatirapo zoyipa komanso zipatso zowawa komanso zakupha

Zizolowezi zowononga izi, ngati sizisamalidwa, zidzakula kwambiri, zomwe zidzamuthandiza munthuyo kukhala .wolimba komanso wamphamvu

Maganizo akangokhutira ndi kupanda pake ndi kuipa kwa zizolowezi zimenezo, mphamvu zawo zimachepa ndipo .pamapeto pake zimazimiririka m'moyo wa munthu

Ndi momwe timaganizira, ndi momwe tilili

Maganizo athu odziwika bwino ndi omwe amatsimikiza .mtundu wa maluso athu, luso lathu, ndi umunthu wathu

Anthu ena amaganiza kuti ndi olemba, ojambula, anthu ogwira ntchito mwakhama, kapena aulesi, anthu osagwira ntchito, ndi zina zotero. Koma bwanji ngati mukufuna ?kukhala munthu wina wosiyana ndi amene muli tsopano

Munganene kuti anthu ena amabadwa ndi maluso apadera omwe inu mulibe koma mukufuna kuti mutakhala

nawo. Ndi zoona. Koma agwira ntchito yokulitsa luso limenelo kapena chilakolako chokhala nawo kale. Ngati si .m'moyo uno, ndiye kuti m'moyo wakale

Chifukwa chake, muyenera kuyamba tsopano kugwira ntchito yofotokoza zomwe mukufuna kukhala

Mukhoza kukhazikitsa ndikukhazikitsa malingaliro aliwonse mu chikumbumtima chanu pakali pano, bola ngati muyika lingaliro lolimba m'maganizo mwanu, kenako zochita zanu zidzagwirizana ndipo umunthu wanu wonse .udzayankha lingaliro limenelo ndikuchita moyenerera

* * *

Chidziwitso chauzimu chimabadwira mu chiyambi cha chikondi, chomwe chili chachikulu kwambiri kuposa mphamvu yowononga ya chidani

Chilichonse chimene timanena kapena kuchita kwa ena chiyenera kutsogoleredwa ndi chikondi

Sitiyenera kuvulaza kapena kutsutsa ena, koma m'malo mwake tiwakonde ndi kugawana nawo madalitso omwe .Mulungu watipatsa

Zinthu zomwe tili nazo si zathu kwenikweni; zapatsidwa kwa ife kuti tizigwiritsa ntchito kwakanthawi, ndipo .zidzachotsedwa kwa ife tikachoka m'dziko lino

Tiyenera kugonjetsa kudzikonda ndi kupereka zomwe .tingathe; kenako tidzadzibweretsera zabwino ndi madalitso

Nthawi zambiri ndinalibe ngakhale khobidi limodzi, koma ndinkadalira banki ya Mulungu, ndipo kulemera kopatulika kunanditsatira ndipo mphamvu ya Mulungu .inandithandiza

Chikhulupiriro changa chonse mwa Mulungu ndi thandizo lake ndicho chitsimikizo changa chachikulu m'moyo, chifukwa Iye sanandikhumudwitse kapena .kundikhumudwitsa

Mukakhala ndi chidziwitso chauzimu, kulikonse komwe mukupita, ndi chilichonse chomwe mukufuna, lamulo la .chilengedwe chonse lidzagwira ntchito kuti likukwaniritseni

Kuona chilengedwe ndi maso openya

Master Paramhansa Yogananda

Kumasulira: Mahmoud Abbas Masoud

Chilengedwechi ndi chodabwitsa kwambiri! M'menemo, Mulungu akuwonetsa ndikuwonetsa zodabwitsa za chilengedwe Chake Anthu sayenera kuyenda ngati akufa m'dziko lino, koma m'malo mwake, ganizirani, fufuzani zomwe akuwona, ndikuyamikira zomwe Mulungu ndi womuyimira Wake, anthu, achita padziko lapansi. Kapangidwe ka chilengedwe ndi kolondola bwanji! Momwe tidalengedwera ndi dongosolo lokonzedwa lomwe makina a chilengedwe amagwirira ntchito, malinga ndi lamulo la chilengedwe, ndi chitsanzo cha kulondola ndi ungwiro (ntchito ya Mulungu, amene adapanga zinthu zonse kukhala zangwiro)

Tonsefe timaona maluwa ndipo timasangalala ndi kukongola kwawo komanso kukoma kwawo, koma ndani ali ndi mphamvu yodziwa chinsinsi cha kukhalapo kwa maluwa? Munthu ayenera kuganiza ndi kuganizira njira ndi zipangizo zomwe zimapanga chilichonse chomwe amawona tsiku lililonse, kaya ndi buku, chida choimbira, nyumba, kapena mtengo.

Mwachitsanzo, magalimoto nthawi zambiri amaonedwa ngati osavuta. Koma ngati mungapite ku mafakitale kumene amapangidwa ndi kukonzedwa, mungazindikire momwe mapangidwe awo alili ovuta komanso ovuta. Ganiziraninso zomwe zimachitika popanga manyuzipepala a tsiku ndi tsiku ndi makina omwe amawasindikiza. Palibe dzanja la munthu lomwe lingagwire ntchito mwachangu chonchi.

Ngati zinthu zopangidwa ndi anthu ndi zovuta komanso zogwirizana chonchi, bwanji za zovuta zopanda malire za kapangidwe ka zomera, nyama, ndi anthu!

Zaka khumi zimafunika kuti munthu aphunzire sayansi ya zamankhwala kuti amvetse kapangidwe ka thupi ndi zofunikira zake, zomwe zimaoneka ngati chinthu chachibadwa.

Chomera chikayamba kukula m'madzi mkati mwa chidebe chagalasi, mizu yake imafanana ndi tsitsi losalala. Komabe, chikabzalidwa, mphamvu yodzazidwa ndi nzeru zaumulungu zomwe zimapezeka mumizu zimathandiza chomera kuyamwa michere yofunikira kuti chikule kuchokera m'nthaka ndi madzi.

Kodi sizodabwitsa kuti madzi opatsa thanzi masamba a chomera amayenda mmwamba motsutsana ndi mphamvu yokoka? Mwa kuchotsa khungwa kuchokera ku tsinde la chomera kapena thunthu la mtengo, munthu amatha kuwona momwe machubu amagwirira ntchito modabwitsa

omwe amawongolera kuyenda kwa madzi amenewo Mphamvu yoyendetsera njira iyi yopezera chakudya ndi kukula ndi chinsinsi chotchedwa moyo wokha

Ndikakhala ndi chidziwitso chaumulungu, ndimaona moyo ngakhale mu ulusi wa udzu womwe sindinalotepo kuti ndingathe kuwona zodabwitsa zobisika za chilengedwe. Kuganizira zodabwitsa izi ndikuyima ndi mantha ndi ulemu pamaso pa ulemerero ndi ulemerero wa Mulungu.

(Ndipo ndinayenda ndi njira ya munthu wodzichepetsa komanso womvera)

(Mulungu sadzikuza kapena kudzikuza)

Mwaluso kwambiri, chifuniro cha Mulungu chakhazikitsa mawonekedwe a chamoyo chilichonse, pamodzi ndi zofunikira zonse kuti chizisungidwe, chisamaliridwe, ndi kusungidwa bwino komanso kuti chigwire ntchito zake. Ngati pangakhale vuto lililonse pa zakudya izi, mwachitsanzo, zomera, nyama, ndi anthu angavutike chifukwa cha zimenezi.

Munthu wamba amapeza zinthu zonse zofunikira m'thupi kuchokera muzakudya zawo. Komabe, anthu ambiri amanyalanyaza malangizo azakudya, kudya zakudya zopanda zinthu zonse zofunika kapena zakudya zokwanira kuti akhale ndi thanzi labwino. Kusadya mokwanira ndiye chifukwa chachikulu cha matenda ambiri a anthu. Kusowa zakudya kumakhudza chomera chomwe chakudya chake sichinapeze zinthu zina zofunika kwambiri.

Pali kusinthana kofunikira pakati pa anthu ndi zamoyo zonse Kusinthana kogwirizana pakati pa anthu ndi nyama n'kodziwika bwino Anthu amapuma mpweya ndi kutulutsa mpweya wa carbon dioxide, pomwe mitengo imatenga ndi kusunga mpweya wa carbon dioxide ndi madzi, zomwe

zimasweka ndi photosynthesis kuti zipange chakudya (zosakaniza za carbon, oxygen, ndi hydrogen, monga starch ndi shuga)

Mu njira imeneyi, mitengo imatulutsa mpweya wofunikira kwa anthu. Kupanga mpweya kumasiya usiku chifukwa kumadalira kuwala kwa dzuwa. Komabe, kudzera mu njira ina yotchedwa kupuma, mitengo nthawi zonse imatulutsa mpweya woipa m'mlengalenga, makamaka usiku pamene palibe mphamvu yotsutsana ndi photosynthesis, yomwe imatenga mpweya ndi kupanga mpweya.

Usiku mpweya nthawi zambiri umakhala bata, ndipo mpweya wochuluka wa carbon dioxide umakhazikika pafupi ndi nthaka. Ichi ndi chifukwa chake chizolowezi chogona pabedi, kutanthauza pamwamba pa nthaka, chinakula.

Sayansi yativumbulira njira zambiri zovuta za chilengedwechi—zinthu zomwe tonsefe tinapangidwa nazo Koma pakadali chidziwitso chochuluka chomwe sichinawululidwe Ngati titakulitsa mphamvu zobisika za malingaliro athu, titha kupeza kumvetsetsa kozama komanso kolemera Pali zinthu zomwe tiyenera kuziona ndi maso athu, koma sitiziona Zinthu zomwe tiyenera kuzimva ndi makutu athu, koma sitiziona chifukwa chakuti malingaliro athu azolowera ndipo amadalira zomwe zikuchitika m'dziko lolemera komanso lochepa la thupi.

Kumasuka ku chiyanjano chimenecho si kukana zosangalatsa zakuthupi, koma ndi kukulitsa kukula kwa luso lathu lachibadwa—lomwe Mulungu watipatsa—mpaka ku mphamvu zake zonse zauzimu.

Pamlingo wakuthupi, anthu apeza njira zosiyanasiyana zowonjezerera luso lawo loona. Diso lopanda kanthu limalandira malingaliro ochepa chabe a mtundu; komabe, miyala ina yofiirira yopepuka imawonetsa mitundu yowala

pansi pa kuwala kwa ultraviolet. Kuwala kumeneku kukatsekedwa, miyala imabwereranso ku mtundu wake wakuda woyambirira. Mitundu yambiri m'dziko lapansi, monga buluu wa thambo, ndi malingaliro owoneka bwino omwe amapangidwa ndi kuwunika kwa kuwala kuchokera ku mitundu yosiyanasiyana ya tinthu tating'onoting'ono ta zinthu. Popeza diso limatha kuwona kugwedezeka kochepa komwe kumapanga chilichonse m'chilengedwe chonse, anthu sangathe kuwona mawonekedwe osawoneka bwino, a ethereal obisika mu zonse zomwe zimawazungulira. Tikadawawona, tikadadabwa ndi kukongola kwawo. Ngakhale mitundu yowala kwambiri padziko lapansi imawoneka yosawoneka bwino komanso yosawoneka bwino poyerekeza ndi mitundu yokongola ya dziko lapansi kapena ethereal.

Motero, diso kapena khutu sizingathe kuzindikira zonse zomwe zingatheke. Anthu sangathe kupuma fungo lonunkhira bwino kapena kuona mawonekedwe osawerengeka, zithunzi, ndi mawonekedwe osavuta omwe akuyenda m'malo osiyanasiyana a ether.

Anthu nthawi zambiri sangathe kuona ngakhale zinthu zomwe zili m'malingaliro awoawo Anthu omwe ali ndi maso amayamikira kukongola kulikonse Ena amachita ngati alibe maso; saona kapena kumvetsa—“osamva, akhungu, ndi osalankhula, kotero samvetsa”—chifukwa sangathe kuona chilichonse, ngakhale m'malo okongola

Pamene ndinapita ku Mexico ndikuona "minda yoyandama" ya Nyanja ya Zuquemilco, kukongola kwawo kunadzaza mtima wanga, ndipo ndinamva kukongola ndi ukulu wa wojambula waumulungu. Panali munthu wina amene ankaoneka kuti wakhudzidwa ndi zodabwitsa zachilengedwe, koma malingaliro amkati anandisonyeza kuti sankaona zomwe ndinkaona. Ndinamufunsa za momwe

ankaonera malo okongola amenewo, ndipo anayankha kuti, "Ndinkaganiza za njira yabwino yotulutsira madzi kuti ndilime malo ambiri."

Monga mainjiniya, iye ankaona nyanjayo m'njira yakeyake. Motero, tonsefe timaona zinthu motsatira malingaliro athu ndi tsankho lathu.

Moyo uliwonse uli ndi kugwedezeka kosiyanasiyana kwa malingaliro, malingaliro, ndi malingaliro—zinthu zonse zomwe zimathandiza pakupanga khalidwe la munthu kapena chidziwitso chake Munthu aliyense ali ndi kapangidwe kake kapadera, kugwedezeka kosiyana Chilichonse chomwe munthu wachita kuyambira ali mwana chimasungidwa muubongo ngati makapulisi opanikizika a zizolowezi ndi zilakolako Popeza sitingathe kuwona makapulisi osaoneka awa, timadabwa ndi zochita za anthu, aliyense malinga ndi zomwe akufuna. Ena amasunthidwa mosavuta ndi chisangalalo popanda chifukwa, kapena amakwiya komanso amakwiya m'njira zomwe sizingafotokozedwe, ngakhale kuchokera kwa iwo okha. Ena nthawi zonse amakhala otanganidwa ndi kutsutsa, kupanga kusagwirizana, kufalitsa mphekesera, ndikuwulula ena, pomwe umunthu wawo wamkati ukufunika kwambiri kuyeretsedwa ndi kuyeretsedwa. Zizolowezi zamaganizo izi zimakwirira mzimu ndikuletsa munthu kuulula kuthekera kwawo kwapamwamba. Anthu ndi ovuta komanso odziletsa! Munthu aliyense, mwa iye yekha, ndi nkhani ya mitu yambiri, yokhala ndi zochitika zolumikizana komanso zochitika zosiyanasiyana.

Kuwonjezera pa kudya, kugona, ndi kugwira ntchito, anthu amayembekezeredwa kupeza phindu kuchokera ku moyo. Anthu oganiza amaganizira mozungulira malo awo ndipo nthawi zambiri amadabwa ndi zomwe akuwona. Amayang'anitsitsa ndikufunsa chifukwa chake zinthu

zimachitika kapena sizichitika mwanjira inayake. Mwachitsanzo, timapeza mano amodzi, kenako mano ena, ndiye bwanji sitipezanso mano ena? N’chifukwa chiyani dongosololi limagwira ntchito motere?

Anthu amavomereza mosavuta malingaliro ambiri onyenga okhudza zofooka zachilengedwe popanda kukayikira kwakukulu, motero amalola malingaliro amenewo kulamulira miyoyo yawo ndi tsogolo lawo. Oganiza savomereza mosavuta momwe zinthu zilili; m'malo mwake, amayesetsa kusintha, ndipo ichi ndi chomwe chimapangitsa kupita patsogolo kukhala kotheka.

Ndimasangalala ndikawona zinthu zachilendo zomwe anthu achita komanso zinthu zatsopano zomwe zimatumikira anthu mwanjira ina. Zodabwitsa zingati zatuluka m'maganizo a anthu! Komabe maganizo okhawo akadali ovuta kwambiri kuposa zonse zomwe apanga.

Pali nkhani yonena za mfumu yomwe inasonyeza kukoma mtima kwakukulu ndi chikondi kwa nduna yake yaikulu, zomwe zinayambitsa nsanje ndi nsanje m'mitima ya akuluakulu ena omwe anaona tsankho la mfumu. Mfumuyo itazindikira izi, inafuna kuwafotokozera chifukwa chake ndunayo inali yomwe inkaikonda kwambiri.

Tsiku lina mfumu ndi gulu lake anamva nyimbo kuchokera kutali, choncho anayang'ana m'modzi mwa adindo ake nati: "Tiuzeni nkhani."

Patapita kanthawi munthuyo anabwerera nati unali mwambo wa ukwati. Mfumu inafunsa kuti, "Ukwati wa ndani?" koma woyang'anira nyumba yachifumu sanayankhe.

Kenako anatumiza mdindo wina yemwe anabwerera ndi yankho la funso lomaliza la mfumu, koma sanathe kuyankha

funso lina lililonse. Chinthu chomwecho chinachitika ndi amuna angapo.

Pomaliza, mfumu inaitana nduna yake yaikulu ndipo inamulamula kuti apite kukafufuza nkhaniyi. Ndunayo inanyamuka nthawi yomweyo, ndipo atabwerera, mfumuyo inamufunsa mafunso ambirimbiri, omwe nduna yanzeru komanso yodalirika inatha kuwayankha mwatsatanetsatane.

Anthu ambiri opusa komanso opusa amafanana ndi alonda a pakhomo osadziwa. Sikuti ndi opusa kwenikweni, koma ndi aulesi kwambiri kotero kuti sachita khama kuposa momwe amafunikira. Ndikhoza kukhululukira ulesi wakuthupi, chifukwa pakhoza kukhala chifukwa chomveka bwino cha thupi, koma palibe chifukwa chokhalira osagwira ntchito mwanzeru! Anthu omwe alibe ntchito yamaganizo safuna kuganiza chifukwa ngakhale kuganiza kumaoneka ngati ntchito yovuta kwa iwo.

Ganizo ndi chinthu chodabwitsa komanso chodabwitsa Palibe amene angagawire magulu a zizolowezi ndi malingaliro a malingaliro. Mphamvu zake ndizopanda malire. Chifukwa chake, ngati muyang'ana mosamala ndi kuganizira mozama za nkhani iliyonse, mudzapeza yankho la funso lililonse lokhudzana ndi nkhaniyo.

Malingaliro anu ayenera kugwirizana ndi malingaliro anu Ngati simugwirizanitsa malingaliro anu ndi malingaliro anu, malingaliro anu sadzakhala olondola nthawi zonse Kumva ndi mtundu wa chidziwitso, nkhokwe ya chidziwitso chonse Kumva kuyenera kulinganiza malingaliro, chifukwa pamenepo kokha ndi pomwe chithunzi chopatulika cha Mulungu mkati mwanu chimawonekera mu mawonekedwe ake onse. Chifukwa chake, yoga imaphunzitsa munthu momwe angagwirizanitsire mphamvu za malingaliro ndi malingaliro. Anthu omwe alibe zonse mofanana ndi ana aang'ono.

Wofunafuna akamapita patsogolo mwauzimu ndikuyandikira Mulungu, Mulungu amamuwonetsa zodabwitsa za kukhalapo. Kumbuyo kwa chinthu chilichonse chakuthupi kuli mawonekedwe a kuwala kowala. Mu dziko lachilengedwe kapena la mapulaneti, chilichonse chimakhala chodzaza ndi moyo. Palibe chinthu chonga kusakhala ndi moyo kumeneko.

Fakitale yobisika ya chilengedwe chonse ndi yoposa malingaliro. Chilengedwe chonse ndi lingaliro limodzi m'maganizo a Mulungu! Ngakhale milalang'amba imagwira ntchito ndipo imayendetsedwa ndi malamulo a masamu opitilira kumvetsetsa kwa anthu. Chilichonse chimagwira ntchito motsatira dongosolo lolondola kwambiri komanso langwiro. Maganizo a chilengedwe chonse ndi amphamvu bwanji! Mtheradi wopanda malire umagwira ntchito mu chilichonse, ndipo ma vortices onse osiyanasiyana a mayendedwe omwe timawatcha moyo amagonjera malingaliro a chilengedwe chonsecho.

Zaka zana lililonse, anthu mabiliyoni ambiri amachoka padziko lapansi, ndipo ambiri amabadwa. Pali zinthu zofunika, ndi zovuta zawo zonse. Komabe, Mulungu wapereka chakudya chochuluka kuti chikwaniritse zosowa za anthu. Anthu okha ndi omwe amachititsa umphawi ndi mavuto padziko lapansi. Nthawi yakwana yoti tikhale mu nthawi ya chitukuko ndi kuchuluka kwa zinthu, komwe aliyense amasangalala ndi thanzi labwino komanso kukhala ndi moyo wachimwemwe ndi mtendere. Izi ndizotheka ngati sipakanakhala kudzikonda kwa anthu komanso kusintha tsogolo la mayiko ndi gulu laling'ono lodzikonda.

Anthu ambiri amakhalabe m'tulo tatikulu m'moyo wonse wamaloto. Munthu wodziwa zinthu yekha ndiye amene ali maso. Saganizira zinthu zomwe zimaganizira munthu wamba, amene nkhawa yake yokha ndi kufunafuna chuma

ndi zosangalatsa, komanso kuwononga nthawi pa zinthu zosafunikira.

Anthu amatopa kufunafuna mayesero a kanthawi kochepa m'dziko lino losakhalitsa, ngakhale kuti chimwemwe chenicheni chosaneneka chili mwa iwo. Ndithudi adzachipeza ngati atachifufuza mwakhama ndikufunitsitsa kuchipeza.

Maganizo ayenera kugwiritsidwa ntchito mwanzeru komanso moyenera kuti apeze labotale yaumulungu yobisika kuseri kwa dziko lino. Nthawi ina, mwa chisomo cha Mulungu, ndinaona zodabwitsa zopanda malire za chilengedwe kwa tsiku lonse, ndipo ndinati kwa Mulungu: “Ambuye, pamene ndinali wakhungu, sindinapeze chitseko chimodzi chomwe chinkanditsogolera kwa Inu. Koma chifukwa chakuti mwanditsegula maso ndi kuzindikira kwanga, tsopano ndikuona zitseko zotseguka kulikonse… mumtima mwa maluwa, m’mawu a abwenzi okhulupirika, ndi m’zikumbukiro za zokumana nazo zabwino kwambiri. Inde, kunong’oneza kulikonse kwa mapemphero anga kumatsegula njira yatsopano yopita ku kachisi wamkulu wa kukhalapo kwanu koyera.”

Wofunafunayo ayenera kukhala wolimba mtima, wosasunthika, komanso wotsimikiza mtima kupeza Mulungu Woyera Kwambiri wobisika kuseri kwa chophimba cha chilengedwe. Munthu ayenera kudzipatula ku zofuna zosatha za dziko lapansi ndipo asagonje usiku asanalankhule ndi Mulungu mumtima ndi m'moyo. Zofunika pa moyo sizitha, choncho tiyenera kupereka nthawi tsiku lililonse kuti tikhale ndi ife eni komanso ndi Mulungu, kutali ndi phokoso ndi phokoso la dziko lapansi ndi phokoso la moyo. Kenako tidzaona moyo kudzera mu lenzi yatsopano chifukwa tidzakhala ndi masomphenya atsopano a izo.

Monga momwe asayansi anapezera zinthu zawo mwa kutsatira malamulo achilengedwe ndi mfundo zinazake za sayansi, momwemonso wofunafuna moona mtima adzatha kupeza Mulungu mwa kutsatira malamulo auzimu ndikupangitsa kudziwa Mulungu kukhala cholinga chawo chachikulu pamoyo. Pachifukwa ichi, anthu anabwera padziko lapansi, ngakhale kuti lakhala cholinga chochepetsedwa kwa anthu ambiri. Koma anthu amadzinyenga okha mwa kuiwala cholinga cha moyo ndikuyamba kutanganidwa ndi zinthu zopanda pake komanso zinthu zazing'ono.

Ndipo kumbukira, bwenzi langa, kuti ngakhale zinthu zitakhala zovuta bwanji m'dziko lino, mukatembenukira kwa Mulungu, mudzamuona akugwira ntchito nanu ndikumva kukhalapo Kwake ngakhale mutakumana ndi mayesero onse. Mudzamuonanso akuonekera m'zonse zomwe zikuzungulirani ndipo mudzadzazidwa ndi chikondi Chake ndi chisangalalo Chake.

Thanzi, kapena kutukuka, kapena kupambana pa zinthu zakuthupi, kapena katundu sizidzakhalapo kwamuyaya. Ndiye n’chifukwa chiyani mumadzidera nkhawa ndi zinthu zomwe zidzatha ndi kutha?

Ndikupempha Mulungu Wamphamvuyonse kuti atichotse mumdima kuti atilowetse mu kuwala

Kuchokera ku chidani mpaka ku chikondi

Kuyambira pa zoletsa mpaka ufulu

Kuchokera pa umbuli kupita ku nzeru

Kuchokera ku ululu ndi imfa kupita ku moyo wosatha ndi mpumulo wosatha

Ndipo atigwire dzanja ndi kutitsogolera ku chidziwitso Chake

Ndipo Iye amatisunga maso mu chidziwitso Chake

Ndipo kutsegula zitseko zonse zomwe zimatsogolera kumwamba kwa nzeru zake

Tiyeni tikhale ndi moyo wokhutiritsa, wachimwemwe, wamtendere, komanso wokhutira

Tsiku lililonse la moyo wathu

Mtendere ukhale pa inu

Kufunafuna tanthauzo la moyo

Popeza tinabwera m'dziko lino lomwe sitikudziwa, n'zachibadwa kuti tizidzifunsa za chiyambi ndi cholinga cha moyo. Timamva za mlengi wa dziko lino ndipo timawerenga za iye, koma sitikudziwa momwe tingamufikire. Chomwe tikudziwa ndichakuti chilengedwe chonse chimalengeza kukhalapo kwa malingaliro ake aumulungu. Monga momwe zigawo zazing'ono komanso zolondola za wotchi yaying'ono zimatipangitsa kuyamikira wopanga mawotchi, komanso monga momwe makina akuluakulu komanso ovuta a fakitale amasangalalira ndikulimbikitsa chidwi chathu kwa wopanga mawotchi, momwemonso tikawona zodabwitsa za chilengedwe, timadabwa ndi nzeru zobisika kumbuyo kwawo, ndipo timafunsa kuti: "Ndani adapatsa duwa mawonekedwe ake okongola ndi nkhope yake yoyang'ana kudzuwa? Kodi fungo lake ndi kukongola kwake zinachokera kuti? Ndipo maluwa ake adapangidwa bwanji molondola kwambiri komanso atapakidwa utoto ndi mitundu yodabwitsa komanso yosangalatsa?"

Usiku, nyenyezi ndi mwezi, zikufalitsa kuwala kwawo kwa siliva mozungulira ife, zimatilimbikitsa kuganizira za

chidziwitso chomwe chimatsogolera zinthu zakuthambo izi mumlengalenga waukulu. Kuwala kofewa kwa mwezi wathunthu sikukwanira kuchita zinthu zatsiku ndi tsiku, motero malingaliro anzeru komanso ofatsa amatanthauza kupuma usiku. Kenako dzuwa limatuluka, ndipo kuwala kwake kowala kumatithandiza kuona dziko lotizungulira momveka bwino komanso mwamtendere, zomwe zimatithandiza kuchita ntchito zomwe zimadziwonetsera tokha.

Pali njira ziwiri zokwaniritsira zosowa zathu: zakuthupi ndi zauzimu Mwachitsanzo, thanzi lathu likayamba kuchepa mphamvu, tingapite kwa dokotala kuti akalandire chithandizo. Koma nthawi imabwera pamene dokotala kapena wina aliyense sangathandize, ndipo timapita ku njira yachiwiri: ku mphamvu yauzimu yomwe inalenga thupi lathu, maganizo athu, ndi moyo wathu. Mphamvu yakuthupi imakhala yochepa, ndipo ikalephera, timapita ku mphamvu yaumulungu yopanda malire. Izi zimagwiranso ntchito pa zosowa zathu zachuma. Tikachita zonse zomwe tingathe koma osapeza zokwanira, timapita ku mphamvu imeneyo.

Aliyense amaganiza kuti mavuto awo ndi oipa kwambiri. Ena amamva kupsinjika kwambiri kuposa ena chifukwa chakuti kukana kwawo n’kofooka. Ndipo chifukwa cha kusiyana kwa mphamvu za maganizo a anthu, amagwiritsa ntchito mphamvu zosiyanasiyana. Ngati munthu akukumana ndi vuto lovuta kwambiri ndipo maganizo awo n’ngofooka, sangathe kuligonjetsa. Amene ali ndi maganizo amphamvu amatha kuthana ndi mavuto awo mwa kugwetsa zopinga ndikugwedeza maziko a zopinga zawo. Komabe ngakhale anthu amphamvu kwambiri nthawi zina amakumana ndi zolephera. Tikamakumana ndi mavuto ndi zovuta zambiri zakuthupi, zamaganizo, ndi zauzimu, timazindikira momwe mphamvu ya moyo ilili yochepa m’dziko la zinthu zakuthupi.

Khama lathu siliyenera kungokhala lokha kuti tikhale ndi thanzi labwino komanso chitetezo cha ndalama, komanso kufunafuna tanthauzo la moyo. Kodi cholinga cha moyo n’chiyani? Mavuto akatichulukira, choyamba timayang’ana malo otizungulira, kuyesera kusintha kulikonse komwe timakhulupirira kuti kudzatipatsa mpumulo. Koma tikafika pamavuto ndikunena kuti, "Zoyesayesa zanga zonse zalephera; ndi chiyani china chomwe ndingachite?" timayamba kuganizira mozama za kupeza yankho lothandiza ku vuto lathu. Ndipo maganizo athu akamakula mokwanira, timapeza yankho mkati mwathu. Ili, palokha, ndi mtundu wa pemphero loyankhidwa.

Pemphero: Chosowa chauzimu

Pemphero ndi chosowa chauzimu Mulungu sanatilenge ngati opemphapempha, chifukwa Iye anatilenga m'chifaniziro Chake. Malemba Opatulika amanena izi. Wopemphapempha amene amapita kunyumba ya munthu wolemera n’kupempha mphatso zachifundo amalandira gawo la wopemphapempha. Koma mwana akhoza kupeza chilichonse kuchokera kwa atate wake wolemera. Chifukwa chake, sitiyenera kuchita ngati opemphapempha.

Anthu ena amaoneka kuti ali ndi chilichonse ndipo amabadwira mu moyo wapamwamba komanso womasuka, pomwe ena amaoneka kuti amakopa mavuto ndi kulephera Kodi chithunzi cha Mulungu chili kuti mwa iwo? Mphamvu ya mzimu wa Mulungu imakhala mwa aliyense wa ife Koma kodi tingakulitsire bwanji mphamvu imeneyo? Mwina mwakhala mukukhumudwa kale chifukwa mapemphero anu sankaoneka ngati akuyankhidwa, koma musataye chiyembekezo ndi chikhulupiriro Kuti mudziwe ngati mapemphero anu ndi othandiza kapena ayi, muyenera kukhala ndi chikhulupiriro cholimba mu mphamvu ya pemphero mkati mwanu

Mwina mapemphero a anthu ena sayankhidwa chifukwa amasankha kupempha. Mofananamo, munthu ayenera kudziwa zomwe angapemphe kwa Mulungu. Mungapemphere ndi mtima wanu wonse ndi mphamvu zanu zonse kuti mulandire dziko lapansi ndi zonse zomwe zili mmenemo, koma mapemphero anu sadzalandiridwa chifukwa mapemphero onse okhudzana ndi moyo wachilengedwe ndi ochepa, ndipo ndithudi, ayenera kukhala ochepa. Koma pali njira yoyenera yopempherera. Amati mphaka ali ndi miyoyo isanu ndi inayi. Koma mavuto ali ndi miyoyo makumi asanu ndi anayi mphambu isanu ndi inayi! Muyenera kupeza njira yothandiza yochotsera "mphaka wa mavuto." Chinsinsi cha pemphero logwira mtima chili pakusintha udindo wa munthu kuchoka pa udindo wa wopemphapempha kupita pa udindo wa munthu amene ali ndi ufulu. Mukapempha Mulungu chinthu chauzimu chimenecho, pemphero lanu lidzakhala ndi mphamvu ndi nzeru.

Mbewu za kupambana zili mu mphamvu ya chifuniro

Anthu ambiri amakhala ndi mantha komanso nkhawa kwambiri akamayesa kukwaniritsa chinthu chofunika kwambiri kwa iwo Kuchita zinthu ndi nkhawa komanso mantha sikukopa mphamvu ya Mulungu, koma kugwiritsa ntchito mphamvu mofatsa komanso mosalekeza kumagwedeza mphamvu za chilengedwe chonse ndikubweretsa yankho kuchokera ku Mtheradi wopanda malire. Mbewu za kupambana pa chilichonse chomwe mukufuna kukwaniritsa zili mkati mwa chifuniro chanu. Chifuniro chomwe chimasweka ndi kuphwanyidwa ndi zovuta chimafooka kwakanthawi. Koma munthu wolimba mtima komanso wotsimikiza mtima amene amati, "Thupi langa lingang'ambidwe, koma mutu wa chifuniro changa udzakhalabe wokwezeka ndi woyendetsedwa ndi kutsimikiza

mtima," amasonyeza mphamvu yapamwamba kwambiri ya chifuniro

Mphamvu ya chifuniro ndi malangizo ake oyenera ndi zomwe zimakweza ndi kukweza udindo wa munthu Munthu akasiya kugwiritsa ntchito mphamvu ya chifuniro, amakhala munthu wamba, wosagwira ntchito pazochitika Ambiri amati sitiyenera kugwiritsa ntchito mphamvu yathu ya chifuniro kusintha zinthu, poopa kulepheretsa dongosolo la Mulungu Koma n’chifukwa chiyani Mulungu anatipatsa mphamvu ya chifuniro ngati sakufuna kuti tigwiritse ntchito? Ndinakumanapo ndi munthu wokhwima maganizo amene anati sakhulupirira kugwiritsa ntchito mphamvu ya chifuniro chifukwa imadzipatsa ulemu. Ndinayankha kuti, "Mukugwiritsa ntchito mphamvu yanu ya chifuniro pakali pano, ndipo mwamphamvu, kuti munditsutse. Mumagwiritsa ntchito polankhula, kuima, kuyenda, kudya, kupita ku mafilimu, komanso kugona. Mukufuna chilichonse chimene mumachita. Popanda mphamvu ya chifuniro, mumakhala loboti." Ndi udindo wa munthu kugwirizanitsa chifuniro chake, cholamulidwa ndi zilakolako, ndi chifuniro cha Mulungu. Chifukwa chake, pemphero loyenera likaperekedwa nthawi zonse, limakhala mphamvu ya chifuniro yokha.

Muyenera kukhulupirira kuti mungathe kupeza zomwe mukupempherera Ngati mupemphera kuti mukhale ndi nyumba, ndipo nthawi yomweyo maganizo anu amati, "Kodi mungakwanitse bwanji kugula nyumba, chitsiru iwe?" mukufooketsa chifuniro chanu ndi kuganiza motere Mukachotsa mawu akuti "Sindingathe" m'maganizo mwanu, mumapeza mphamvu zapamwamba Inde, nyumba sizigwa kuchokera kumwamba, ndipo kuti mupeze nyumba, muyenera kugwiritsa ntchito mphamvu ndikuchita zinthu zomanga kuti mukwaniritse cholinga chanu Mukapirira ndikukana kuvomereza kulephera, mudzatha kuwonetsa

zomwe mukufuna Ndipo mukagwiritsa ntchito mphamvu imeneyo nthawi zonse kudzera m'malingaliro ndi zochita zanu, zokhumba zanu zidzakwaniritsidwa, ndipo chilichonse chomwe mukulakalaka ndi chomwe mukuchilakalaka chidzabwera kwa inu Mukapitiriza kuyesetsa ndi kutsimikiza mtima ndi kupirira, zotsatira zomwe mukufuna zidzawonekera mwanjira ina, ngakhale zomwe mukufuna sizilipo padziko lapansi. Mu mphamvu yotereyi muli yankho la Mulungu, chifukwa chifuniro chabwino chimachokera kwa Mulungu. Chifuniro chopirira ndi chifuniro cha Mulungu.

Tenthetsani mbewu za "sindingathe" kuchokera muubongo wanu

Chifuniro chofooka ndi chifuniro chofooka cha munthu. Pamene mayesero ndi zolephera zikuphwanyika ndikuchigawa, chimataya kulumikizana kwake ndi Wopanga wopanda malire. Koma kumbuyo kwa chifuniro cha munthu kuli chifuniro cha Mulungu, chomwe sichidziwa kukhumudwa kapena kugonjetsa. Ngakhale imfa, mu mphamvu zake zonse, singaswe kapena kulepheretsa chifuniro cha Mulungu, Mulungu adzayankha pemphero limenelo lotsogozedwa ndi chifuniro chosasunthika komanso chopirira.

Anthu ambiri ndi aulesi komanso otopa, kaya mwakuthupi, m'maganizo, kapena zonse ziwiri. Amafuna kusinkhasinkha koma amangoganizira za tulo. Akangogona, amagona tulo tatikulu, ndipo pamenepo ndiye mapeto a pemphero lawo! Mu mkhalidwe uwu, mphamvu ya chifuniro imabisika. Ubongo wa munthu wamba umadzazidwa ndi mbewu za "Sindingathe" Wobadwira m'banja lomwe lili ndi makhalidwe ndi zizolowezi zinazake, amakhudzidwa ndi izi, akukhulupirira kuti sangathe kuchita izi kapena kuti Mbewu zovulaza izi ziyenera kutenthedwa ndipo mphamvu zawo zichotsedwe mu chidziwitso. Muli ndi mphamvu yokwaniritsa

chilichonse chomwe mukufuna. Mphamvu imeneyo ili pakati pa chifuniro chanu.

Anthu amene akufuna kukhala ndi mphamvu zodzidalira amafunika kukhala ndi anthu abwino. Ngati mukufuna kukhala katswiri wa masamu ndipo anzanu akusukulu sakonda masamu, chidwi chanu chidzachepa. Koma mukamagwirizana ndi akatswiri a masamu odziwa bwino ntchito yawo, mphamvu yanu idzakula, ndipo mudzatha kunena kuti, "Ngati ena angapambane, inenso nditha kupambana."

Musamafulumire kuchita zinthu zazikulu kuti mungopanga chifuniro chanu. Kuti mupambane, choyamba muyenera kuyesa chifuniro chanu ndi zinthu zazing'ono zomwe mumaganiza kuti simungathe kuchita. Ngati muchita khama, kupambana kudzatsatira.

Ndimakumbukirabe zolinga zonse zomwe anzanga ndi ena adandiuza kuti sindingakwaniritse, komabe ndinachita Anthu awa okhala ndi zolinga zabwino angayambitse mavuto akulu ndi malingaliro awo Mulungu atiteteze kwa iwo ndi upangiri wawo Kukhala paubwenzi kumakhudza kwambiri mphamvu ya chifuniro Kupita kuvina ndi mowa ndi nyimbo zokweza, m'malo mosinkhasinkha m'malo opatulika a chete, kumadetsa malingaliro ndi fumbi lakuda la kugwedezeka kwa dziko lapansi, zomwe zimapangitsa kuti zikhale zovuta kusiya mphamvu ya chifuniro cha munthu imalimbikitsidwa kapena kufooka ndi mphamvu ya anzake Kukulitsa mphamvu ya chifuniro kudzera mu khama lokha ndi kovuta kwambiri Mukufunika chitsanzo chabwino choti mutsanzire Ngati mukufuna kukhala wojambula, kukhala ndi moyo wozunguliridwa ndi zojambula zabwino ndikucheza ndi ojambula Ngati mukufuna kukhala munthu wauzimu, gwirizanani ndi anthu auzimu a makhalidwe abwino

Pali kusiyana kwakukulu pakati pa chikhulupiriro ndi zomwe mwakumana nazo Chikhulupiriro chimachokera ku zinthu zomwe mwamva kapena kuwerenga ndikuvomereza ngati zoona zenizeni. Komabe, zomwe mwakumana nazo ndi zomwe mwawona nokha ndikumvetsa bwino. Kutsimikizika kwa omwe adakumana ndi Mulungu sikungasinthe. Ngati simunalawepo lalanje, mutha kunyengedwa za zomwe zili mkati mwake. Koma ngati mudadyapo lalanje kale, simungasocheretsedwe, chifukwa mudalawapo chipatsocho ndipo mumachidziwa bwino.

Pezani anthu amene angakulimbikitseni chikhulupiriro chanu

Maganizo okhudza Mulungu, kupambana, machiritso, ndi zina zotero, zonse zimakhala m'maganizo mwanu ngati makapisozi a maganizo Yesani kuti muyese malingaliro anu, muyenera kugwiritsa ntchito mphamvu yanu yofuna kuwawonetsa. Kuti mukulitse mphamvu yofuna, muyenera kuyanjana ndi anthu olimba mtima. Ngati mukufuna kuchiritsidwa ndi chifuniro cha Mulungu, funani anthu omwe amalimbitsa chikhulupiriro chanu ndi kulimbikitsa chifuniro chanu.

Ndinayendayenda m'dziko lonse la India kufunafuna wodziwa Mulungu weniweni, koma zinali zochepa Mphunzitsi aliyense amene ndimakumana naye anali ndi zikhulupiriro zake. Koma pankhani zauzimu, ndinali wotsimikiza mtima kuti ndisakhutire ndi mawu okha okhudza Mulungu. Ndinkafuna kumudziwa ndikumvadi kukhalapo kwake. Zimene ndinauzidwa zinali zopanda pake pokhapokha nditazimvetsa kudzera mu zomwe ndinakumana nazo.

Nthawi ina, ndinkalankhula ndi mnzanga za oyera mtima aku India. Mnzanga anali broker, ndipo sanali ndi chidwi ndi ine. M'malo mwake, anati, "Onse omwe mumawatcha oyera mtima ndi achinyengo omwe sadziwa Mulungu."

Sindinatsutsane naye, koma ndinasintha nkhaniyo, ndipo tinayamba kukambirana za ntchito ya broker. Atandiuza zambiri za izi, ndinati mofatsa, "Kodi mukudziwa kuti ku Calcutta kulibe broker wodalirika, ndipo onse ndi abodza?" Anakwiya kwambiri ndipo anayankha mokwiya kuti, "Ndipo mukudziwa chiyani za broker?" Ndinayankha kuti, "Ndicho chomwe ndimatanthauza Ndipo mukudziwa chiyani za oyera mtima?" Anasowa chonena. Ndinapitiriza modekha komanso mokoma mtima, "Sindikudziwa chilichonse chokhudza broker, ndipo simukudziwa chilichonse chokhudza oyera mtima"

Chizolowezi chachipembedzo chafika poti anthu ambiri sangathenso kumasulira malingaliro awo auzimu kukhala zochitika zamoyo Ndikulankhula pano kuchokera ku zomwe ndakumana nazo Sindikufuna kulankhula za zinthu zomwe ndimadziwa mwanzeru zokha Anthu ambiri amawerenga mabuku angapo okhudza chowonadi ndipo amakhala odzidalira popanda kuyesetsa kumvetsetsa chowonadi chomwe chili kumbuyo kwa mawuwo Mau opanda pake a chowonadi chauzimu satithandiza ndipo sasiya chithunzi chabwino Tiyenera kusiyanitsa pakati pa maulaliki a munthu ndi mbiri ya moyo wake Aliyense amene akufuna kuphunzitsa ena ayenera choyamba kusonyeza kuti wakumanadi ndi zomwe akuphunzira ndipo wamvetsetsa zomwe akunena

Ulendo wa Moyo: Kodi Ndi Chiyani

Master Paramhansa Yogananda

Kumasulira: Mahmoud Masoud

Moyo ndi ulendo waukulu kwambiri womwe ungaganizidwe Ngakhale miyoyo ina ingakhale yopanda chisangalalo ndi zosangalatsa, ina imakhala yodzaza ndi mayesero odabwitsa. Ndinamva za munthu amene anayesa kudzipha nthawi zoposa makumi atatu, ndipo nthawi iliyonse

chinachake chinamulepheretsa kuthetsa moyo wake. Tangoganizani momwe zingakhalire zosangalatsa kudziwa za miyoyo ya anthu onse omwe adakhalapo padziko lapansi, omwe anamwalira, ndi omwe akubwera! Zochitika zonse za anthu zalembedwa m'chikumbukiro cha chilengedwe: kukumbukira Mulungu, ndipo ndi kukumbukira kodabwitsa bwanji! N'kovuta kumvetsetsa chidziwitso chodziwa zonse, koma kudziwa Mzimu Wodziwa Zonse ndi ulendo waukulu kwambiri womwe ulipo.

Zinthu zenizeni ndi zenizeni, zokhazikika, komanso zofunika kwambiri kuposa malingaliro, komabe gwero lawo ndi malingaliro onse m'maganizo a Mulungu. Zinthu zonse za atomiki zilinso ndi malingaliro aumulungu omwe amatha kusungunuka kukhala malingaliro kenako nkuikidwanso m'zinthu. Anthu alinso ndi mphamvu zoganizira malingaliro, koma malingaliro awo sali olimba mokwanira kuwayika. Ngati malingaliro awo anali olimba mokwanira, akanatha kulenga zinthu padziko lapansi. Anthu ali ndi mphamvu yolenga yomwe Mulungu anagwiritsa ntchito poyika zolengedwa zake zamaganizo padziko lapansi. Koma zakhala zosatheka kuti anthu agwiritse ntchito malingaliro awo kukhala zinthu chifukwa sanagwiritse ntchito mphamvu ya malingaliro omwe Mulungu anawapatsa monga momwe ayenera.

Tikayesa kuganiza za chidziwitso cha Mulungu, timadabwa momwe Iye angakumbukire ndikumvetsetsa chilichonse, chifukwa timayesa chilichonse malinga ndi miyezo ya luso lathu la maganizo ndikumvetsetsa zinthu malinga ndi zomwe takumana nazo. Anthu omwe ali ndi zokumbukira zofooka amakonda kuganiza kuti kukumbukira kwa wina aliyense ndi kofooka ngati kwawo. Komabe, pali anthu omwe ali ndi zokumbukira zakuthwa kwambiri omwe amatha kukumbukira buku lonse mosavuta momwe mungakumbukire mizere ingapo. Anthu omwe amaiwala

nthawi zambiri amavutika kukhulupirira kuti winawake ali ndi zokumbukira zolandirira zomwe zimatha kusunga ndikupeza chidziwitso mosavuta.

Katswiri wa zodzikongoletsera amakumbukira miyala yake yamtengo wapatali, ndipo wolemba mabuku amakumbukira manambala m'mabuku ake Mofananamo, Mulungu amakumbukira chilichonse chimene adalenga m'chilengedwechi Popeza ndi wamphamvu zonse, nthawi yomweyo amakumbukira chilichonse chomwe chachitika m'chilengedwechi chifukwa kuzindikira kwake konse komanso kopanda malire kumadziwa zonse.

Kukumbukira kokha ndi luso lodabwitsa. Ndipo kukumbukira kwa anthu kumalumikizidwa kwambiri ndi kukumbukira kwamphamvu kwa Mulungu. Mwachitsanzo, simungathe kukumbukira tsatanetsatane wa filimu iliyonse yomwe mudawonapo. Koma ngati ndikanakuwonetsani imodzi mwa mafilimu amenewo, mungakumbukire nthawi yomweyo. Kukumbukira kopatulika mkati mwanu nthawi zonse kumazindikira zomwe mudakumana nazo kale. Mukangowona zochitika zoyambirira, mumakumbukira nkhani yonse ndikunena kuti, "O, ndawonerapo filimuyi kale, ndipo ndikukumbukira momwe inathera."

Kodi timakumbukira bwanji zithunzi zosuntha mwatsatanetsatane chonchi ngakhale kuti tinaziona zaka zapitazo? Chifukwa zochitika zonse zimalembedwa muubongo Mukangoyika singano ya ubongo pa diski yoyesera (kapena kusewera mawonekedwe a ubongo ndi kompyuta), kukumbukira kwanu kumayambanso kubweza mayesowo

Mphamvu ya kukumbukira kwamkati imachokera kwa Mulungu ndipo siilephera. Siimaiwala. Kukumbukira kwa munthu wamba sikungasunge zochitika zonse nthawi imodzi. Koma kukumbukira kopatulika, kwamkati kumasunga

chilichonse nthawi imodzi komanso kwamuyaya. Chifukwa chake, lingaliro la kukumbukira kwabwino kapena kofooka ndi lingaliro longoganiza chabe. Munthu amadzitsimikizira kuti kukumbukira kwake n'kofooka, motero ali ndi kukumbukira kofooka. Komabe, sikophweka kusintha kuchoka pa chikhulupiriro ichi kupita ku china. Zimafunika khama lalikulu kuti munthu adzitsimikizire kuti kukumbukira kwake ndi chiwonetsero cha kukumbukira kopatulika kwa Mulungu, komwe kumakumbukira zonse.

Chikumbukiro chachikulu cha munthu sichinthu china koma kuwala kwa chidziwitso cha Mulungu, momwe zochitika zonse za anthu ndi mitundu ina yonse ndi mawonekedwe a moyo zimalembedwa.

Nkhani ya chilengedwe cha Mulungu ndi nkhani yodabwitsa komanso yodabwitsa! Kodi Mulungu analenga bwanji zamoyo zonse zomwe zili padziko lapansi pano? Ndipo amagwira ntchito bwanji kuchokera kuseri kwa zophimba ndi makatani kuti atibwezeretse ku moyo wathu weniweni ndi Iye? N'zosatheka kuti chilankhulo cha anthu chitithandize kupereka kufotokozera kwathunthu za ulendo wa chilengedwe chonse wa chilengedwe cha Mulungu ndi kulumikizana kwake kolondola ndi ulendo wa anthu ambirimbiri.

Timapeza kuti nthawi ya moyo wa munthu ndi pafupifupi zaka makumi asanu ndi awiri, pomwe nthawi ya moyo wa ng'ona ndi pakati pa zaka makumi asanu ndi limodzi ndi zana. Mtengo wa redwood ukhoza kukhala zaka zikwi ziwiri. Nthawi ya moyo wa ngamila ndi pakati pa zaka makumi asanu ndi limodzi ndi makumi asanu ndi limodzi, ndipo kavalo ndi pafupifupi zaka makumi atatu ndi zisanu ndi chimodzi. Ndiye kuti, n'zoonekeratu kuti munthu wina ndiye amene wasankha nthawi ya moyo yosiyanasiyanayi. Komabe timamva za ma yogi akuluakulu omwe anakhala ndi moyo

kwa zaka mazana ambiri. Mmodzi mwa iwo ndi Babaji wamkulu, yemwe amadziwika kuti anakhala ndi moyo kwa zaka mazana ambiri ali ndi moyo m'thupi lake ndipo akusangalala ndi unyamata wangwiro. Trilanga Swami nayenso anakhala ndi moyo kwa zaka pafupifupi zitatu: anabadwa mu 1601 ndipo anamwalira mu 1881 (ena amanenanso kuti anakhala ndi moyo kwa zaka zoposa mazana atatu!) Kuwonjezera pa nthawi yake ya moyo wapadera, anali wotchuka chifukwa cha zozizwitsa zake. Anali wolemera pafupifupi makilogalamu 130, ngakhale kuti sankadya kawirikawiri. Nthawi zambiri ankasinkhasinkha kwa masiku ambiri, atakhala pansi pa madzi a Ganges, kapena nthawi zina ankabisala kwa nthawi yayitali pansi pa mafunde. Nthawi zambiri ankaoneka atagona wamaliseche komanso osayenda padzuwa lotentha pamiyala yoyaka. Kunyalanyaza malamulo achilengedwe nthawi zonse kunali chikumbutso kwa onse. amene adamuwona kuti mgwirizano ndi chidziwitso chaumulungu ndiye lamulo lapamwamba kwambiri kuposa malamulo onse

Monga momwe zalembedwera mu *Yogi's Autobiography,* oyera mtima akuluakulu omwe adadzuka kuchokera ku maloto a chinyengo cha chilengedwe chonse kapena chinyengo ndipo adazindikira kuti chilengedwe chonse ndi lingaliro chabe m'maganizo aumulungu akanatha kuchita chilichonse chomwe akufuna ndi thupi, podziwa kuti ndi mtundu wa mphamvu yokhazikika kapena yozizira. Ngakhale asayansi achilengedwe tsopano akumvetsa kuti zinthu ndi ntchito yokhazikika, ambuye ophunzitsidwa bwino adapita patsogolo kwambiri pakulamulira zinthu, akusintha kuchokera ku chiphunzitso kupita ku kuchita.

Zoonadi, zenizeni ndi zodabwitsa kuposa malingaliro. Titha kuganiza kuti pansi pa mikhalidwe yoyenera, ngati palibe kuwononga mphamvu zofunika kapena madzi a seminal, komanso ndi zakudya zoyenera komanso kuganiza

bwino, thupi la munthu likhoza kukhala lolimba kwamuyaya. Madzi a seminal ali ndi mphamvu zofunika kwambiri; ngati sagwiritsidwa ntchito molakwika, mphamvu imeneyi imakhalabe yopanda kanthu ndipo ingagwiritsidwe ntchito kukulitsa thanzi la thupi, maganizo, ndi malingaliro, komanso luso lanzeru komanso kukula mwauzimu.

Chidziwitso kwa womasulira: Mu ndime iyi, Purezidenti Abu Ali Ibn Sina akuti:

Idyani chakudya chimodzi patsiku, ndipo pewani kudya chakudya chanu cham'mbuyomu chisanagayidwe bwino.

Sungani umuna wanu momwe mungathere, chifukwa ndi madzi a moyo omwe amathiridwa m'mimba mwa amayi.

Kupsinjika kwa thupi kumakhala kwakukulu Mbewa ikagwidwa mumsampha, mtima wake umagunda mofulumira kwambiri kuposa masiku onse Mofananamo, munthu akalephera kulipira ngongole zake, mtima wake umachita chimodzimodzi! Ndipo chifukwa chake, kupsinjika maganizo kumawononganso! Palinso mitundu ina ya kupsinjika maganizo Kafukufuku wa Laboratory akuti akuwonetsa kuti kuchotsa phokoso m'mizinda kungawonjezere avareji ya zaka khumi pa miyoyo ya nzika Komabe, tikukhala m'dziko lodabwitsa Anthu omwe cholinga chawo chachikulu m'moyo ndi kudya, kumwa, kugona, ndi kusangalala ndi zinthu zabwino alibe mwayi womvetsetsa zodabwitsa za kukhalapo kwa anthu

Ulendowu umayamba ndi kulimbana komwe mzimu umakumana nako kuti ulowe m'mimba panthawi yoyembekezera. Mu dziko la mapulaneti kapena la ethereal, miyoyo yambiri imayesetsa kubwerera ku Dziko Lapansi polowa m'maselo obereketsedwa kumene umuna ndi dzira zimalumikizana panthawi yoyembekezera. Kaya mzimu ndi woyera kapena wochimwa, ndipo pokhapokha ngati wapeza

ufulu womaliza, pali chikhumbo champhamvu chobadwanso padziko lapansi. Pa kutenga mimba, kuwala kumawala mu ether, ndipo mzimu umalowamo chifukwa cha mgwirizano wa umuna ndi dzira. Anthu akhala akuvutika kulowa m'mimba chifukwa miyoyo yambiri ikupikisana kuti ilowe. Amene apambana ndi inu, ine, ndi tonsefe. Ndipo sizinali zophweka kupambana!

Zoonadi, pali malo ambiri okhala ndi Mulungu. Mapulaneti apamwamba ndi otsika a ethereal, opangidwa ndi kuwala kowonekera bwino ndi mphamvu zamoyo, ndi kumwamba (kapena gehena) komwe miyoyo imapita pambuyo pa imfa ya thupi. Nthawi yokhala kumeneko imakonzedweratu malinga ndi karma yawo. Malingana ngati munthu ali ndi zilakolako zakuthupi zosakwaniritsidwa kapena karma yapadziko lapansi (zotsatira za zochita zakale zomwe sizinathe), ayenera kubwerera ku thupi la padziko lapansi kuti apitirize kukula kwawo panjira yopita kwa Mulungu.

Pambuyo polowa m'mimba, mzimu umadabwa kuti: "Ndachita chiyani? Ndinali womasuka kwa nthawi yayitali, ndamasulidwa ku thupi la munthu lomangika komanso loletsa, ndikuyenda mosavuta komanso mosavuta pa ndege ya etheric m'thupi lowala, ndipo tsopano ndakhalanso nditakhazikika mu mawonekedwe akuthupi"

Komabe, pang'onopang'ono amayamba kuzolowera mikhalidwe yatsopanoyi mkati mwa miyezi isanu ndi inayi ali m'mimba. Ichi ndi chilango: miyezi isanu ndi inayi yokhala m'chipinda chamdima komwe ayenera kupuma kudzera mwa munthu wina ndikulandira chakudya ndi magazi podalira njira yoyendera magazi ya munthu wina. Mzimu wake ndi mkhalidwe wake zimadalira ena, ndipo amafuulira kwa Mulungu kuti: "Ndimasuleni m'ndende muno! Sindingathe kuona, sindingathe kumva, ndamangidwa"

Ngati pali gehena kapena purigatoriyo, ndi miyezi isanu ndi inayi m'thupi la mayi: kusowa chochita pakati pa mdima, kutsekeredwa pamalo amodzi ngati mtengo, ndi zokumbukira zakale zosakhalitsa, kutsatiridwa ndi nthawi yogona. Ndipo pamene zokumbukira zimenezo zibwerera, mwana wosabadwayo amavina, akuchita khama lalikulu m'thupi la mayiyo, ndasamutsa chikumbumtima changa ku zochitika izi zobereka, ndipo ndikudziwa zomwe ndikunena.

Kugona kwa mwana wosabadwayo ndi kudzuka kwake m'thupi la mayi sizidalira kugona kwake ndi kudzuka kwake. Kuyenda kwa mwana wosabadwayo mwaufulu kumachokera ku kukumbukira kwa mzimu wake zakale. Motero, amayenda mosakhazikika m'mimba mpaka kutopa kutamugonjetsa, ndipo amagona. Pambuyo pake, amadzuka kwakanthawi ndikuyendanso. Amamva njala ndipo amakhutitsa kudzera mu chakudya choperekedwa kudzera m'magazi a mayi.

Mwana wakhanda amatha kumva, pamlingo winawake, kugwedezeka kwa kugunda kwa mtima kwa mayi ndi kuyenda kwa magazi, ndipo mawu amenewa amamupangitsa kuzindikira thupi lake, zomwe zimapangitsa kuti afune kumasulidwa. Chifukwa chake, ulendo woyamba wa mzimu ndi kulimbana pakati pa malingaliro awiri: chikhumbo chobwerera ku Dziko Lapansi mu mawonekedwe a munthu ndi chikhumbo chomasuka ku mawonekedwe a munthu omwe amaletsa mzimu.

Chipolopolo cha mzimu wa munthu (thupi) chimayamba ngati nsomba yokhala ndi mchira wofewa. Chithunzichi chimakula kukhala nyama yozungulira m'mimba. Monga tanenera kale, zokumbukira zina za moyo wakale zimabwereranso, zomwe zimapangitsa kuti mwana wosabadwayo azichita zinthu pang'ono. Kulimbana kumakula pamene mwana wosabadwayo akukula kukhala munthu m'thupi la mayi ake, ndipo mzimuwo umafuula kuti,

"Nditulutse!" Pamene chifunirocho chikhala champhamvu kwambiri, mwanayo amabadwa. Makanda osakwana nthawi (obadwa pambuyo pa mimba yosakwana milungu 37) ndi miyoyo yokhala ndi chifuniro champhamvu komanso kuuma mtima kwakukulu. Safuna kukhalabe m'thupi la mayi ake kwa miyezi isanu ndi inayi, motero amabadwa msanga kuposa masiku onse.

Mwana wakhanda amabwera m'dziko lino akulira chifukwa, monga momwe anzeru ndi odziwa bwino amanenera, mzimu umakumbukira matupi ake akale ndipo sufuna kubwerera ku Dziko Lapansi kuti ukavutike ndi mitundu yosiyanasiyana ya nkhondo ya anthu kachiwiri.

Phokoso lolemera la "thaa" linayamba kugwirizana nalo, kotero linakhala malo pakati pa zizindikiro ndi mabwinja ogonjera.

Amalira akakumbukira malonjezo operekedwa m'malo opatulika, misozi ikamatuluka ndipo siimaleka

Ponena za zokumbukira zimenezi, palinso kaimidwe kopembedzera komwe mwana wosabadwayo amagwirana manja ake asanabwere padziko lapansi ngati kuti akupempha kuti: "Ndikukupemphani, Ambuye, kuti musandipatse kubadwanso kwachiwiri padziko lapansi."

Kufotokozera kwa thupi la kulira kwa mwana wakhanda ndikuti mapapu ayenera kutseguka kuti ayambe kupuma, ndipo kulira koyamba kwa mwana ndi kuyesetsa kuyambitsa mapapu ndikuyambitsa mpweya wa moyo. Mwana akabadwa, kupuma kumayamba, ndipo mzimu, womwe unali pafupi kugona, umakhala cholengedwa chamoyo chokhala ndi moyo wodziyimira pawokha. Ambiri amakhulupirira molakwika kuti mzimu umalowa m'thupi panthawi yobadwa, koma ngati mzimu sunalipo kale, thupi silikanapangidwa kuchokera ku maselo ang'onoang'ono oyambirira. Ngati

mzimu ukanatuluka m'mimba asanabadwe, mwana akabadwa atafa.

Thupi la munthu limapangidwa ndi zinthu khumi ndi zisanu ndi chimodzi zofunika zakuthupi, zothandizidwa ndi kuthandizidwa ndi zinthu khumi ndi zisanu ndi zinayi zowonekera bwino zomwe zimayimira umunthu wa thupi la etheric lomwe limakhala mkati mwa mawonekedwe a munthu. Thupi la etheric ili ndiye gwero la kuyenda ndi ntchito m'thupi lanyama. Zinthu khumi ndi zisanu ndi zinayi za mapulaneti ndi zanzeru, zamaganizo, komanso zofunika. Zigawo khumi ndi zisanu ndi zinayi ndi luntha, kudziona (ego), kumverera, malingaliro owonekera (kuzindikira kwa kumva), zida zisanu za chidziwitso chogwirizana ndi mphamvu za kuwona, kumva, kununkhiza, kulawa, ndi kukhudza, zida zisanu zogwirira ntchito zogwirizana ndi mphamvu zanzeru zobereka, kutulutsa, kulankhula, kuyenda, ndi luso lamanja, ndi zida zisanu za mphamvu ya moyo zomwe zimapatsidwa mphamvu yogwira ntchito za thupi monga crystallization, kuyamwa (kutengera chakudya pambuyo pa kugaya), kuchotsa zinyalala, kagayidwe kachakudya (kusintha chakudya kukhala chamoyo kapena kuchigwiritsa ntchito kupereka mphamvu), ndi kufalikira kwa thupi. Chipolopolo ichi chowonekera cha mapulaneti cha zinthu khumi ndi zisanu ndi zinayi chimakhalabe pambuyo poti thupi lanyama, lopangidwa ndi zinthu khumi ndi zisanu ndi chimodzi zouma, liwonongeke. Zinthu zonsezi zitha kusinthidwa kukhala chidziwitso choyera kudzera mu njira zamakono za yoga.

Mwana akabadwa, maso ake amathimathima ataona kuwala, amamva mawu, fungo, kukoma, ndi kupuma. Mawu amaoneka ngati abwinobwino kwa iye, ndipo amazindikira kuti akukhala m'thupi lenileni. Kukana kwake kubadwa kumathera ndi mpweya wake woyamba. Pamene chinyengocho chikutsimikizira kuti "kukhalapo" kumadalira

thupi ndi kupuma, amakopeka ndi dziko lapansi ndipo pang'onopang'ono amazolowera.

Pamene nthawi ikupita, mwanayo amayesetsa kwambiri kulamulira thupi lake. Kodi mumamuona kangati akugwedeza manja ndi miyendo yawo mlengalenga, akuyesera kuzolowera mawonekedwe awo akuthupi? Izi zimatsogoleredwa ndi chidziwitso, kudzera mu kukumbukira kwa mzimu zakale. Kukumbukira kumakhalapo nthawi zonse. Anthu mwachibadwa amaopa imfa chifukwa amakumbukira nthawi zambiri zomwe adakumana nazo, monga momwe amawopera ululu chifukwa adavutika kwambiri kale.

Mwana akamakula n’kukhala mwana wakhanda, amakhudzidwa ndi makolo ake ndi achibale ake. Aliyense amafuna kuti akhale osiyana, kuphatikizapo anzawo ankhanza omwe amafunanso kuti akhale ngati iwowo ndikutsatira khalidwe lawo ndi zochita zawo! Pakati pa mkanganowu, mwanayo amamva kupsinjika kwakukulu. Komabe, ana aang’ono omwe ali ndi ufulu wambiri pambuyo pake amanena modandaula kuti, “Ndikanakonda makolo anga akanandiuza za zotsatirapo zoipa za khalidwe langa; akanakhala kuti anandiuza, ndikanakhala bwino tsopano.”

Pali mavuto ambiri amaganizo ndi amaganizo omwe munthu ayenera kupirira asanafike pauchikulire. Pa gawoli, mphamvu zimayamba kugwira ntchito kwambiri, ndipo mnyamata kapena mtsikana amachita nkhondo yamkati yofunika kwambiri. Kulimbana kumeneku ndi mphamvu n’kwakukulu, ndipo kupambana kwakukulu kwa achinyamata ndiko kupambana kwawo pa chibadwa chawo ndi kuletsa zilakolako zawo zosalamulirika.

Ndizabwino kukhala ndi moyo, koma mphamvu zambiri zimatidikirira kuti zitiwononge Ulendo wokhala ndi zilombo ku Africa si kanthu poyerekeza ndi ulendo wa moyo womwewo Ndipo palibe ulendo uliwonse m'mbiri womwe

umaposa chisangalalo ndi chisangalalo Chifukwa cha nzeru, anthu amadziwa momwe angadzitetezere ku nyama zakuthengo, koma sadziwa momwe angadzitetezere ku zizolowezi zawo zoyipa ndi zotsatira zake zovulaza Mdani woyipa kwambiri wa munthu ndi iwo eni Kuposa mdani aliyense, kuposa tizilombo toyambitsa matenda, mabomba owononga, kapena chiwopsezo china chilichonse, munthu ayenera kudziopa yekha akalakwitsa Munthu akakhala osadziwa chibadwa chake chauzimu ndikulola zizolowezi zake zoipa kuzilamulira, amakhala mdani wake. Njira yabwino yopambana nkhondo iyi ya moyo ndikudzipangira bwenzi. Munthu wokhwima mwauzimu ndi bwenzi la munthu, pomwe munthu wosakula msinkhu ndi mdani wake.

N'zosavuta kuganiza kuti tikupita kukafufuza malo osadziwika ngati tikuyenda ndi sitima yapamadzi, tiyenera kutenga bwato lopulumutsira anthu kuti ngati sitimayo yamira, tigwiritse ntchito bwatolo kuti tidzipulumutse. Koma m'zochitika zambiri za moyo, maboti athu opulumutsira anthu amatuluka ngakhale kuti timachita zonse zomwe tingathe.

Mu nkhalango yodzaza ndi zilombo zolusa, mutha kutenga njira zodzitetezera ku zilombo zimenezo, koma kuthana ndi zoopsa zobisika komanso zobisika n'kovuta kwambiri Kodi munthu angadziteteze bwanji ku tizilombo toyambitsa matenda tomwe timatizungulira nthawi zonse? Timaganiza kuti ndife otetezeka tikatenga njira zodzitetezera ku zoopsa zomwe tingathe kuziona ndi kuzimva, koma chitetezo chathu sichikwanira kutiteteza ku tizilombo toyambitsa matenda M'magazi, maselo oyera amagazi nthawi zonse amalimbana ndi tizilombo toyambitsa matenda Mankhwala amangowapangitsa kuti asagwire ntchito Maselo oyera amagazi ndi asilikali omwe amawalimbana nawo ndi kuwawononga Ngati magazi anu ndi ofooka, "asilikali" awa sadzatha kukuthandizani M'mapapo mwa anthu ambiri

omwe amawoneka otetezeka komanso otetezeka, tizilombo toyambitsa matenda a chifuwa chachikulu timabisala, okonzeka kulumphira munthu amene akuwalandira ndikuwononga chilengedwe chimapanga chotchinga choteteza kuti chiteteze kuukira kwa tizilombo toyambitsa matenda, koma zotsatira za chotchinga chimenecho sizidzatha ngati thupi silingathe kukana Kulimbana kumeneku kukupitirira m'nkhalango yosaoneka ya moyo mkati mwathu Ngati mutayang'ana chakudya chanu pansi pa maikulosikopu, simungachilawe Majeremusi amadya, ndipo mumameza zonse! Ngakhale madzi omwe mumamwa ali odzaza ndi zamoyo izi Palibe munthu wosadya nyama m'modzi padziko lonse lapansi chifukwa aliyense amadya tizilombo toyambitsa matenda mamiliyoni ambiri tsiku lililonse. Ndiye kodi anthu adzasiya kudya?

Kuti munthu ayende bwino m'nkhalango ya moyo, ayenera kukhala ndi zida zoyenera ndikukhala msilikali wophunzitsidwa bwino. Anthu omwe sadziwa njira yoyenera yodzitetezera amataya miyoyo yawo mwachangu. Koma munthu wanzeru, wokonzeka kuthana ndi mavuto onse—matenda, malingaliro otsutsana, zizolowezi zoipa, tsoka loopsa, ndi karma yosasangalatsa—adzapambana mu ulendowu, womwe umafuna kusamala, kusamala, ndi njira zina ndi njira zomwe zingatithandize kulimbana ndi adani athu amkati, omwe ndi amphamvu kwambiri komanso otsimikiza mtima kuposa mdani aliyense wakunja.

Pamene tikupitiriza ulendo wathu m'moyo, timaphunzira njira zabwino zogonjetsera matenda ndi zomwe zimayambitsa matenda athu akuthupi, amisala, a makhalidwe abwino, ndi auzimu. Tikagonjetsa matenda akuthupi ndi mavuto amisala mwamtendere, tikhoza kunena kuti moyo wakhala ulendo wabwino kwambiri. Koma si nzeru kunena kuti moyo ndi wokoma musanapambane kwenikweni. Pokhapokha ngati munthu wafika pamlingo

womaliza ndipo moyo wake wamasulidwa mwa Mulungu, moyo sunathe kwa iwo. Ayenera kukwera mu mzimu, kenako mutu womaliza wa ulendowu udzamalizidwa.

Munthu akaona wina akuvutika, amayamika Mulungu kuti sakukumana ndi vuto limenelo. Koma ndani akudziwa, likhoza kukhala nthawi yake yotsatira. Mwayi wovulaza thupi ndi wosawerengeka, choncho munthu ayenera kukhala maso ndikukonzekera zochitika zonse ndi zodabwitsa.

Wasayansiyo akuti: "Idyani chakudya chopatsa thanzi komanso chopatsa thanzi ndipo tsatirani malangizo azaumoyo kuti mudziteteze ku majeremusi." Wandaleyo akuti: "Khalani asilikali olimba mtima kuti mudziteteze nokha ndi dziko lanu ku adani anu"

Tikukhaladi m'dziko lachilendo Ngakhale amayi, anthu okonda chikondi, chifundo, ndi nsembe, akuphunzitsidwa kupha ana a anthu ena Zoopsa bwanji! Koma nthawi zina, nkhondo imabweretsa zabwino; imatichotsera mantha athu ndi kufooka kwa chifuniro chathu

Nkhalango ndi nkhalango za moyo zili ndi adani ambiri: matenda, umphawi, kuvutika, zizolowezi zoipa, ndi zilakolako zolakwika Palinso zinthu zina zambiri zoti tiziganizire ndi malamulo oti tizitsatira, kotero kuti moyo umakhala wosapiririka ngati tiyesetsa kuzisunga zonse m'maganizo mwathu. Zovuta zakhala zovuta kwambiri m'mbali iliyonse ya moyo, ndipo anthu akuwoneka kuti ali pansi pa mtundu wa matsenga. Chifukwa chake, ndi nthawi yoti anthu ayesere njira zosiyanasiyana ndikuyambitsa mphamvu zopanda malire ndi kuthekera kwa malingaliro.

Mulungu watipatsa njira yodabwitsa yotetezera: maganizo Ndi amphamvu kwambiri kuposa mfuti zamakina, magetsi, mpweya wa poizoni, kapena mankhwala aliwonse Maganizo awa ayenera kusamalidwa ndi kulimbikitsidwa

Gawo lalikulu la ulendo wa moyo lili m'kulamulira maganizo ndikuwasunga odziletsa komanso ogwirizana ndi Mulungu nthawi zonse. Ichi chokha ndi chimodzi mwa zinsinsi za moyo wopambana komanso wachimwemwe.

Ngakhale anthu amagwiritsa ntchito njira zakuthupi ndi njira zochiritsira, sayenera kudalira njira zimenezi koma m'malo mwake kudalira mphamvu ya Mulungu yomwe ili kumbuyo kwake. Tiyenera kupempha Mulungu kuti atipatse kumvetsetsa ndi mphamvu kuti tisadalire mankhwala koma tidalire Iye, ndipo choyamba, mphamvu ya maganizo athu.

Anthu sanaphunzitsidwe momwe angapezere mkhalidwe wamaganizo umenewo kudzera mu kuphunzitsa maganizo ndi kuugwirizanitsa ndi Mulungu kudzera mu kusinkhasinkha Komabe, maganizo ayenera kukhala pansi pa ulamuliro wanu wonse musanayese kukana dziko la zinthu zakuthupi ndi mankhwala ake akuthupi Mpaka mutakwaniritsa izi, ndi bwino kutenga njira zomveka kuti muthandize thupi. Munthu akatha kugwira moto woyaka popanda kutenthedwa, ndiye kuti akhoza kukana dziko la zinthu zakuthupi ndikulengeza kuti maganizo ndi chilichonse. Apo ayi, zinthu zilipo ndipo ziyenera kuchitidwa mogwirizana ndi malamulo ake m'njira zomveka komanso zothandiza.

Mulungu watipatsanso chida chosagonjetseka chomwe tingathe kugonjetsa chisoni ndi ululu wonse: chida cha nzeru, chomwe timapeza kudzera mu mgwirizano ndi Mulungu. Njira yosavuta yogonjetsera matenda, kukhumudwa, ndi tsoka ndikukhala mogwirizana ndi Mlengi wathu nthawi zonse.

Anthu ali ngati ana aang'ono m'nkhalango ya moyo, okakamizidwa kuphunzira kuchokera ku mayesero ndi masautso awo, akupunthwa m'misampha ya matenda ndi zizolowezi zoipa Tiyenera kufunafuna thandizo

mobwerezabwereza ndikuyesetsa kugwirizanitsa malingaliro ndi zochita zathu ndi Mulungu ndi malamulo ake osasintha.

Pamene dziko lapansi lakuda pamaso panu ndipo mavuto a moyo akukukulirani, kumbukirani kuti Mulungu ali pafupi ndipo mukumva otetezeka m'linga la kukhalapo Kwake. Ngakhale kuti mukulimbana panjira za moyo komanso kukumana ndi zisonkhezero zosiyanasiyana zowononga, kumbukirani kuti sizikutanthauza kukuwonongani, koma kuyesa chikhulupiriro chanu ndikudzutsa mphamvu zanu zomwe simunagone. Tiyenera kupirira pankhondo ya moyo ndikukumana ndi zoipa zonse zomwe zatizungulira, kuzigwetsa ndikuzigonjetsa ndi mphamvu yonse ya kukhalapo kwaumulungu mkati mwathu. Ndipo kumapeto kwa ulendo wa moyo, tidzati: O Ambuye, zinali zovuta kukhala olimba mtima ndikupitirizabe kulimbana mpaka kumapeto, koma mphamvu zomwe mudatipatsa zinali zazikulu kuposa mantha athu, ndipo chifukwa cha mphamvu zazikulu zimenezo, tinapambana ndikuzindikira kuti tinalengedwa m'chifaniziro Chanu chaumulungu. Inu ndinu Ambuye wa chilengedwe chonse ndipo muli paliponse, ndiye kodi timaopa chiyani, ndipo ndani amene timamuopa, bola ngati muli nafe?

Munthu akangozindikira kuti wakhala munthu, mantha ake amachuluka, ndipo zikuoneka kuti palibe njira yothawira Kaya atenge njira zotani zodzitetezera, mipata imatsala yomwe zolakwa zingalowemo. Palibe mtendere weniweni kupatula mwa Mulungu, ndipo palibe mtendere popanda Iye. Kaya tili m'nkhalango za ku Africa, m'malo omenyera nkhondo, kapena m'kamwa mwa umphawi ndi umphawi, tiyenera kunong'oneza kwa Mulungu kuti: Ndili pansi pa chitetezo cha kukhalapo kwanu kosagonjetseka, Ambuye! Ndikupita patsogolo pamizere yakutsogolo ya moyo, ndipo ndikumva kuti ndili pansi pa chitetezo ndi chisamaliro chanu!

Palibe njira ina yopezera chitetezo Gwiritsani ntchito nzeru ndi nzeru pa chilichonse chimene mumachita, ndipo ikani chidaliro chanu chonse mwa Mulungu Mulungu amasamalira onse amene amamusamalira ndi kulemekeza malamulo Ake, ndipo amalandira onse amene amatembenukira kwa Iye ndi mitima yawo ndi miyoyo yawo, kuwatsanulira madalitso Ake ndikuonetsetsa kuti chakudya chawo chikukhala chokhazikika komanso chosalekeza.

Ambiri agwa m'mavuto a matenda ndipo akhala m'mavuto a zizolowezi zoipa, osatha kudzitulutsa okha. Sitiyenera kunena kuti palibe njira yothawira misampha yomwe moyo uli mbali zonse. Mayesero ndi mavuto omwe munthu amakumana nawo ndi akanthawi ndipo amadalira kutsimikiza mtima kwawo ndi kuchitapo kanthu kuti awagonjetse kamodzi ndi kamodzi. Kulephera kwa nthawi inayake sikutanthauza kugonjetsedwa pankhondo ya moyo. Munthu wopambana komanso wopambana nthawi zonse amadzitsimikizira kuti ndi wamphamvu kuposa zochitika ndipo saopa chilichonse bola ali ndi Mulungu ndipo Mulungu ali nawo, akumvetsa mozama kuti moyo ndi imfa ndi zikhalidwe ziwiri zosiyana za chidziwitso.

Mulungu adalenga chilichonse kuti atiyese ndi kuulula kusafa kwa mzimu mkati mwathu. Uwu ndi ulendo wa moyo ndipo cholinga chake chokha. Ulendo wa munthu aliyense ndi wapadera, ndipo ayenera kukhala okonzeka kukumana ndi mavuto onse a thanzi, malingaliro, ndi mzimu ndi kumvetsetsa, mphamvu, ndi chikhulupiriro mwa Mulungu, podziwa kuti moyo wawo sufa mosasamala kanthu za zomwe zingachitikire thupi. Zoonadi, palibe chida—palibe chida—chingawononge moyo umenewo. Moto kapena madzi sizingautenthe, chifukwa ndi chifaniziro cha Mulungu Mmodzi Yekha.

N'zosangalatsa kuzindikira kuti imfa si mapeto, chifukwa ndi chidziwitso ichi timapeza mphamvu zamaganizo ndi ufulu ku chinyengo Pamene matenda afika ndipo thupi silikugwira ntchito, mzimu umakhulupirira kuti wafa, koma Mulungu amaukhudza ndipo amautsimikizira kuti udakali ndi moyo. Msilikali pankhondo, wogundidwa ndi bomba kapena zidutswa za chitsulo, amafuula kuti, "Ndafa, Mulungu wanga!" Koma Mulungu amayankha kuti, "Inde ayi! Kodi simukulankhula ndi Ine? Palibe chomwe chingakuwonongeni Inu ndinu mzimu wosafa, ndipo mukungolota kuti mwafa." Kenako mzimu umazindikira kuti zomwe zimachitika pochoka m'thupi kudzera mu imfa sizowopsa monga momwe zimasonyezedwera nthawi zambiri. Kudziwa pang'ono za kukhalapo kwa mzimu mkati mwa thupi ndiko komwe kumayambitsa chikhulupiriro chakuti kutayika kwa thupi ndiko mapeto a chilichonse, pomwe kwenikweni, mzimu uli ndi moyo ndipo sufa chifukwa ndi chithunzi cha Mulungu wamoyo komanso wamuyaya.

Wophunzira wa yoga weniweni amatha kulamulira maganizo awo pazochitika zonse. Wofunafuna akafika pagawoli, amakhala omasuka ndipo amazindikira kuti moyo ndi ulendo wopatulika. Aneneri ndi anthu akuluakulu awonetsa chowonadi ichi, chifukwa palibe chomwe chingavulaze miyoyo yawo yayikulu komanso yoyera. Anaona chikondi cha Mulungu mokwanira, ndipo chikondi chimenecho ndicho chinthu chosangalatsa komanso chokhalitsa mu ulendo wa moyo.

Chikondi cha anthu sichili ndi tanthauzo pokhapokha ngati chikuchokera mu chikondi chopanda malire cha Mulungu. Mnyamata ndi mtsikana angayambe kukondana, kenako n’kukondana. Chikondi cha anthu sichili changwiro ndipo chimamangidwa ndi zinthu zambiri, pomwe chikondi cha Mulungu ndi changwiro komanso chosatha.

Ulendo uwu wa moyo udzatha pokhapokha munthu atagonjetsa zoopsa ndi zolakwitsa kudzera mu mphamvu ndi nzeru, monga momwe akuluakulu adachitira. Kenako adzayang'ana mmbuyo nati, "Mayesero amenewo anali ovuta komanso oopsa, ndipo ndinatsala pang'ono kugwa, koma tsopano ndikudzidalira ndekha Mulungu atatsegula maso anga ndikundipatsa chidziwitso chopatulika."

Tikhoza kunena kuti moyo ndi ulendo wosangalatsa pamene Mulungu potsiriza akutiuza kuti: "Mayesero onse oipa ndi owawa atha, ndili nanu kwamuyaya, ndipo palibe chomwe chingakupwetekeninso."

Maganizo a munthu amalimbikitsidwa pokumana ndi matenda ndi zovuta, kugonjetsa zovuta motsatizana. Chilichonse chomwe chimafooketsa maganizo ndi mdani wake woipitsitsa, ndipo chilichonse chomwe chimalimbitsa ndi malo ake otetezeka. Nyansidwani ndi zovuta ndi mavuto omwe amabwera kwa inu.

(M'mawu a Abu al-Qasim al-Shabbi):

Ndidzakhala ndi moyo ngakhale ndili ndi matenda komanso adani, ngati chiwombankhanga pamwamba pa phiri lalitali

Ndimayang'ana dzuwa lowala, ndikuseka mitambo, mvula, ndi mphepo yamkuntho

Mulungu wandionetsa kuti moyo uno ndi maloto chabe. Mukadzuka mwa Mulungu, mudzakumbukira ngati maloto achidule a chisangalalo ndi chisoni, palibe china chilichonse.

Ndipo pamenepo mudzadziwa kuti ndinu osafa kwamuyaya mwa Mulungu mmodzi yekhayo

Mtendere ukhale pa inu

Chakudya chauzimu

Chilichonse chidzatha, ndipo Mulungu yekha ndiye malo othawirako osatha komanso otetezeka ku mphepo zamkuntho ndi mphepo zamkuntho zomwe zimawomba .padziko lonse lapansi

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Ubwenzi wa anthu wosakhalitsa si wopanda malire ndipo nthawi zambiri umaipitsidwa ndi kudzikonda, chifukwa pamene kudzikonda kutha, chikondi chimathanso. Komabe, ubwenzi wauzimu ndi chikondi chenicheni, chochokera pansi pa mtima, zimatipatsa lingaliro la udindo wogawana kuti tisunge ubwenzi umenewo ndikusunga chiyero cha chikondi chimenecho. Tikamayesetsa kumvetsetsa munthu wina, sitingathe kuchita zomwe zimamukhumudwitsa, ndipo .pamene sitikuyesera kumumvetsa, kugwirizana sikupezeka

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Tsiku lidzafika pamene ndidzatsanzikana ndi dziko lino, koma bola ngati ndili padziko lapansi, chisangalalo changa chachikulu chili polankhula ndi anthu amene amandikhulupirira za zodabwitsa za Mulungu ndikuwonjezera chikhumbo chawo cha kuunika kwa Mulungu komwe .kwandipatsa chitonthozo, ufulu, ndi chitetezo

:Kudzitsimikizira

Ndingathe kukwaniritsa ntchito zanga zonse pokhapokha ngati nditabwereka mphamvu zanga kwa

Mulungu. Chifukwa chake, chilakolako changa choyamba ndi kumukondweretsa Iye. Mulungu ndiye chikondi choyamba mumtima mwanga, cholinga chachikulu cha moyo wanga, komanso cholinga chachikulu cha chifuniro ndi malingaliro .anga

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Moyo wathu weniweni—moyo—sufa. Tilipo, ndipo kukhalapo kwathu ndi kwamuyaya. Mafunde amabwera kugombe kenako amabwerera kunyanja osadzitaya okha; m'malo mwake, amakhala amodzi ndi nyanja kapena angabwererenso [kugombe] mu mawonekedwe a mafunde .ena

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Ngati mawaya a chipangizo chamagetsi asweka, katswiri akhoza kuwasintha. Koma pamene minofu ya mitsempha yawonongeka chifukwa cha kukwiya kwambiri, mitsempha imataya ntchito yake, ndipo ndani angaisinthe? Chifukwa chake, chisamaliro chachikulu chiyenera kuchitidwa pochita ndi dongosolo lamtengo wapatali la mitsempha, chifukwa limapangidwanso kuchokera mkati, ndipo ngati lawonongeka, silingakonzedwe kapena kusinthidwa ndi .chipangizo china

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Ophunzira anali kusangalala ndi pikiniki ndi mphunzitsi :wawo, Paramhansa, m'chilengedwe, ndipo anawauza kuti Ndi chinthu chosangalatsa kwambiri kukhala pa mtendere ndikukhala ndi chimwemwe chochuluka! Mulungu akufuna kuti tikhale ndi moyo wosalira zambiri ndikukhala .ndi chimwemwe chauzimu

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Monga momwe munthu amadzuka kuchokera ku maloto oopsa n’kuzindikira kuti zimene anaona zinali maloto chabe, momwemonso chidziwitso chaumulungu chimamulimbikitsa

munthu kudzuka kuchokera ku maloto oopsa a tulo ndi chisokonezo kupita ku chidziwitso chatsopano ndi .kumvetsetsa bwino tanthauzo ndi cholinga cha moyo

Ngati tikufuna kuona kuwala kwauzimu ndikuona kuwala kotsimikizika, tiyenera kumvera mawu amkati ndikuyankha .kutsogozedwa kwake

Tiyenera kuchotsa m'njira miyala yachinyengo ndi miyala ya umbuli yomwe imalepheretsa ulendo wa moyo ndikulepheretsa kuyenda kwake. Tiyenera kugogoda ndi dzanja lachikhumbo pakhomo lodzuka kuchokera ku tulo ta kusasamala, kuti tipume mphepo yachisangalalo ndikubweretsa magetsi akumwamba ku malingaliro athu .onse, malingaliro athu onse, ndi zochita zathu zonse

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Chimwemwe chenicheni sichingalawe pokhapokha ngati zilakolako zabwino zitagonjetsa zoipa, ndipo pokhapokha ngati chifunirocho chikupita ku kasupe wa choonadi ndi .gwero la zabwino zonse zomwe zilipo

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Ubwenzi weniweni ndi woposa chuma chonse Ngati mungakhale bwenzi lenileni la anthu, mudzapeza Mulungu

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Mulungu ndiye gwero la nzeru ndi zodzoza zowala zomwe zimayenderera pa miyoyo yabwino. Iye ndiye fungo lakumwamba lochokera m'zofukizira za mitima yachikondi. Iye ndiye chimwemwe chachikulu chomwe chimadzaza moyo .ndi chisangalalo chopatulika

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Ambuye, ndikupemphani kuti muunikire moyo wanga kuti ndimvetse choonadi chenicheni, ndidzakuonani, Ambuye, mukuonekera m'mawonekedwe a chilengedwe—mu maluwa, mitengo, ndi zinthu zonse zokongola. Kudzera mu kulingalira kwakuya kwauzimu, ndidzatsegula zipata zazikulu za mtendere ndikuyesetsa kwambiri kukonza moyo .wanga kuti ndimvetse bwino tanthauzo lake lenileni

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Ndikakhala ndi ena, ndimakhalapo mokwanira ndipo ndimasangalala kwambiri ndikamacheza nawo, ndipo ndikakhala ndekha, ndimasangalalanso ndi chisangalalo chomwecho. Ndipo ndikagwira ntchito, ndimagwira ntchito ndi mphamvu zanga zonse ndi chifuniro changa, ndipo .ndimamva chisangalalo chikuwonjezeka

Tiyenera kugwira ntchito ndi chikhumbo chenicheni ndi chimwemwe chamkati, apo ayi tidzataya mphamvu zathu ndipo sitingathe kukonzanso mphamvu zathu. Tiyeneranso kukhala oona mtima nthawi zonse ndikukulitsa kuwona mtima pamodzi ndi mphamvu zathu, chifukwa ndi kuwona .mtima tingagwire ntchito mogwirizana kwambiri ndi ena

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Musamadandaule chifukwa cha chikondi chomwe mwataya, kaya chifukwa cha imfa kapena chifukwa cha kusintha kwa umunthu, Chikondi sichimatayika kapena kufa, koma chimabisika kwa inu kwakanthawi, kuti mwina mukamachifunafuna nthawi zonse mutha kupeza tanthauzo lake lenileni. Ndipo chikondi chidzapitiriza kubisala kwakanthawi mpaka mutachipeza mu mawonekedwe a .Wokondedwa waumulungu wokhala mkati mwa mtima wanu

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Munthu sayenera kukhala ndi moyo tsiku ndi tsiku mu mkhalidwe womwewo wamaganizo. Ngati munthu apemphera mochokera pansi pa mtima ndipo akukhulupirira kuti Mulungu adzapereka zomwe akupempherera, .adzalandira madalitso ndi thandizo la Mulungu

Ngati pali chizolowezi choipa chomwe chazika mizu, n'zotheka kuchisokoneza ndikupanga chizolowezi chamaganizo chotsutsana komanso chotsutsana ndikuchiyambitsa mpaka chizolowezi choipacho .chitathetsedwa

Munthu ayenera kudzitsimikizira kuti adzasintha n’kukhala wabwino, komanso kuti adzakhala wolimba

ngakhale kuti ali ndi zofooka zina zomwe akukumana nazo .panopa

Munthu akangoganiza zosintha zinthu, amamva ngati wasintha, ndipo kumva kumeneko kumamupatsa mphamvu .zambiri komanso chisangalalo chamkati

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Nthawi zina Mulungu amadziulula kwa okondedwa ake ngati kuwala kwakukulu, mawu a dziko lonse, chisangalalo chopanda malire, kapena chikondi cha kukoma mtima kwakukulu

Kapena monga kumvetsetsa, nzeru, ndi chidziwitso Kuwala kwake kumatambasuka ndi kufalikira ngati mapiko a mlengalenga kwamuyaya, ndipo nthawi zina .ndimaona dziko lapansi ngati loto mkati mwa kuwalako Ndipo ndinazindikira kuti dziko lapansi ndi loto

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Kaya inu ndi anzanu enieni simungagwirizane kwambiri, nthawi zonse pamakhala kumvetsetsana ndi kulankhulana pakati panu. Ubwenzi woterewu umachokera pa kulemekezana ndipo ndi wofunika kwambiri kwa inu. Ubwenzi wozikidwa pa chikondi cha Mulungu ndiwo ubale .wokhawo womwe uyenera kukhalapo nthawi zonse

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Kuwala kwa chisangalalo kwa mzimu kumatha kuonekera mwa kutembenukira maganizo a munthu mkati. Izi zitha kuchitika pogwiritsa ntchito malingaliro kuti musangalale ndi masomphenya okongola a malingaliro .m'dziko lobisika la mzimu, kukhala mkati mwa mtima wanu

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Pambuyo pa zonse zimene munthu amachita padziko lapansi, moyo umaoneka wopanda kanthu, chifukwa pamapeto pake, adzayenera kusiya chilichonse. Tsiku lidzafika pamene munthu adzalekanitsidwa ndi zinthu zake zonse zakuthupi. Anthu amasirira olemera chifukwa cha chuma chawo ndi mphamvu zawo, koma nawonso adzasiya

chilichonse, ndipo zochita zawo zokha ndi zomwe .zidzawatsagana nawo kuchokera padziko lapansi

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Mmodzi mwa ophunzira ake analephera pa chochitika chauzimu ndipo anayamba kudziimba mlandu ndi chisoni ndi :mkwiyo. Mphunzitsi, Paramhansa, anamuuza kuti

Musadzione ngati wochimwa, chifukwa ngati mutero, mukuipitsa chikumbumtima cha Mulungu chomwe chili mkati mwanu. N’chifukwa chiyani mumadzigwirizanitsa ndi zofooka zanu? M’malo mwake, tsimikizirani choonadi ichi kwa inu nokha: “Ndili pafupi ndi Mulungu, ndipo Iye amandikonda” :Pempherani kwa Iye

Mulungu wanga, kaya ndine wosayamika kapena" wabwino, ndine wanu. Mundikumbutse ndikundilakalaka, ".Ambuye

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Munthu wanzeru Paramahansa anati, atalankhula ndi mlendo wodzikuza yemwe ankalankhula mopitirira muyeso :za iye mwini

Mvula ya chifundo cha Mulungu siigwera pamwamba" pa mapiri okwera a kunyada, koma imatsikira mosavuta ku "zigwa za kudzichepetsa

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Dziko lapansili lili ngati nyumba yaikulu yomwe imateteza banja limodzi lapadziko lonse lapansi, kutentha kwake kwapakati komwe kumaperekedwa ndi dzuwa, kuunikiridwa ndi mwezi womwewo, komanso kukongoletsedwa ndi nyenyezi zomwezo. Ziwalo zake zimapuma mpweya womwewo, zimadya chakudya chomwecho, ndipo zimamwa madzi omwewo. Matupi onse a anthu amamva ululu ndi kuvulala. Pali lingaliro limodzi kumbuyo kwa zilankhulo zonse, ndi umunthu umodzi

kumbuyo kwa makhalidwe onse adziko ndi makhalidwe a .anthu onse

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Ambuye, ndiloleni ndimve kukhalapo kwanu pa chilichonse chimene ndimachita. Ndithandizeni kuchotsa mthunzi wa mantha womwe umabisa kuwala kwa chitsogozo chanu. Ndipo lolani maluwa a chilakolako changa aphuke m'munda wa mtima wanga pamene ndikuyembekezera .mbandakucha wa kubwera kwanu

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Ndimapemphera mapemphero anga pa rozari ya chilakolako changa, mikanda yake yolumikizidwa ndi ulusi wa chikondi cha Mulungu

Mulungu wanga wokondedwa, ndipangeni kukhala ngati nightingale wa moyo amene amakuimbirani nyimbo zokoma kwambiri. Ndiloleni ndipange kuchokera m'maloto anga .okhudza Inu ndi kulakalaka kwanga kwa Inu

Makwerero omwe ndimakwera kuti ndikufikireni

Mu nyanja ya moyo yodzaza ndi madzi, ndikuona moyo wanu wa chilengedwe chonse, ndikukupemphani kuti mutsogolere mitsinje ya zilakolako zanga, yoyenda m'zipululu za mavuto, kuti isakangane ndi nyanja yanu ya .chilengedwe chonse

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Uchimo ndi chilichonse chimene chimachititsa munthu .kusadziwa Mulungu komanso kusamuganizira

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Ine ndine dontho logwedezeka la mame anu pa tsamba la moyo ndi imfa, loyenda kupita ku nyanja yanu yaumulungu yomwe ilibe gombe

Ine ndine dontho loyendayenda la mame anu, potsiriza ndikubwerera ku nyumba yanu yakumwamba

Ine ndine dontho la mame anu osatha akuvina pa maluwa akale, apano, ndi amtsogolo
Ine ndine dontho la mame anu, lodzaza ndi chikondi, loyenda bwino pa tsamba la mayesero a dziko lapansi kuti ndisakanikirane ndi madzi oyera, oyera a nzeru zanu. Sindikufuna kudzitaya ndekha, koma kukula kosatha mwa kuyanjana ndi nyanja yanu yayikulu. Inde, ndikufuna kukhala dontho la mame anu, lomwedwa ndi milomo yonse yofuna .Mulungu

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Mulungu amakumvetsani pamene ena onse akukumvetsani molakwika. Iye ndi wachikondi amene amakusamalirani mwachikondi ndipo nthawi zonse amakhala wachifundo kwa inu. Ena amakukondani kwa kanthawi kochepa kenako n’kukusiyani. Koma Mulungu sakusiyani .kapena kukusiyani

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Mphamvu yofuna imasintha maganizo kukhala mphamvu, ndipo anthu amene amapambana kwambiri ndi anthu omwe ali ndi chifuniro chosagwedezeka Munthu akakulitsa mphamvu yake yofuna, sagonja ku zovuta, ngakhale mavuto atakula bwanji, koma nthawi zonse amadzitsimikizira kuti sadzagonjetsedwa pankhondo ya .moyo

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Mmodzi mwa anthu odzikuza omwe anali ndi maganizo olakwika anayesa kusokoneza mbuye Paramahansa pamene anali kukambirana nkhani zovuta za filosofi, kotero mbuyeyo "anati akumwetulira kuti: "Chowonadi sichiopa mafunso Mphunzitsi anati, "N'zosatheka kuti Mulungu atisiye kapena kutisiya. Amagwira ntchito mobisa m'njira zonse kuti atithandize ndikufulumizitsa kupita patsogolo kwathu ".kwauzimu

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Anthu akuluakulu amachita chilichonse kudzera mu mphamvu ya kuyang'ana yomwe Mulungu watipatsa, mphamvu yomwe ingakulitsidwe kudzera mu kusinkhasinkha. Tikagwiritsa ntchito mphamvu yaumulungu iyi, titha kupambana ndikukulitsa thupi lathu, malingaliro .athu, ndi mzimu wathu

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Anthu akum'mawa, nthawi zambiri, amakonda zauzimu. Amaona moyo mwanzeru ndipo amakulitsa chizolowezi chawo chachibadwa choganizira. Komabe, anthu ambiri akum'mawa amathera nthawi yawo yopuma ali osasamala komanso aulesi m'malo mofunafuna chidziwitso chauzimu, .komabe amakhalabe ndi chidziwitso chauzimu chokwanira

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Munthu akatseka maso ake, amaganiza kuti dziko lonseli ndi mavuto ndi mavuto okha, koma akatsegula diso la nzeru ndikukhala chete komanso kukhazikika, adzasangalala .ndi dziko lino ngati kuti akuonera filimu yosangalatsa

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:Kuti muyambe kusinkhasinkha

Khalani chete, ndi msana wanu wowongoka, ndipo phimbani maso anu osakhazikika ndi zikope zanu. Zisungeni zili chete. Tulutsani maganizo anu kuti asamve kulemera kwa thupi lanu, ndipo masulani mitsempha yolumikizidwa ku minofu ndi mafupa anu olemera. Iwalani lingaliro lonyamula ndi kusuntha mtolo wolemera wa mafupa omangidwa ndi .mnofu wouma

Pumulani, masulani maganizo anu ku kuzindikira mavuto akuthupi. Musaganize za kulemera kwanu kwakuthupi, koma mvani kuti mzimu wanu wamasulidwa ku khalidwe losatha la kulemera. Lolani malingaliro anu akwere mmwamba, pansi, kumanzere, ndi kumanja, mpaka kosatha .kapena kulikonse komwe mukufuna

Imvani ndikuganizira za kumasuka kwanu m'maganizo mwanu kuchokera ku thupi Lota, khalani ndi moyo, ndipo imvani mukukwera uku Pamene mukukhalabe pamalo okhazikika, ufulu uwu udzawonjezeka mosalekeza komanso mosalekeza

Tsekani zitseko za zikope zanu ndipo muyimitse kuvina kwa chiyeso chachilakolako Lolani malingaliro anu atsike ku kasupe wopanda malire komanso wopanda malire wa mtima wanu. Sungani malingaliro anu mumtima mwanu, womwe umayenda ndi magazi ofunikira, ndipo sungani chidwi chanu pa zingwe zake mpaka mutamva kugunda kwake kogwirizana. Pa kugunda kulikonse, mverani kugunda .kwamphamvu kwa moyo

Tangoganizirani za moyo womwewo wa padziko lonse lapansi ukugogoda pa zitseko za mitima ya anthu mamiliyoni .ambiri ndi zamoyo zina mabiliyoni ambiri

Kugunda kosalekeza kwa mtima wanu kumalengeza mofatsa kukhalapo kwa mphamvu zopanda malire kupitirira zipata za chidziwitso chanu. Kugunda kofatsa kwa moyo :wonse kumakunong'onezani

Musangolandira mtsinje wochepa wa moyo wanga," koma kulitsani kukula kwa mphamvu zanu ndipo mundilole kuti ndilowetse magazi anu, thupi lanu, malingaliro anu, mphamvu zanu, ndi moyo wanu m'moyo wanga ".wakumwamba

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Tiyenera kuganizira nthawi zonse zomwe tikufuna kuchita komanso momwe zidzatikhudzire

Kuchita zinthu motsatira maganizo ndi chibadwa si ufulu, chifukwa zotsatira zake zosakhutiritsa za zochita zolakwika ndi unyolo. Zinthu zomwe kuzindikira kwathu kumatiuza kuti ndi zabwino ndipo zili ndi zotsatira zabwino ziyenera kuchitika, chifukwa zimabweretsa chisangalalo ndi ufulu. Njira yotsogozedwa mwanzeruyi imabweretsa mwayi .ndi madalitso

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Wophunzirayo akazindikira kuti akugwirizana ndi
Mulungu, amasangalala mu mzimu ndipo amafuula
mosangalala kuti: "Ambuye, sindinapeze chilichonse
".chokongola komanso chokoma kuposa inu padziko lapansi

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Mphepo ikusewera
Ndipo mtengowo ukupumira
Ndipo dzuwa limamwetulira
Ndipo mtsinjewo ukugwedezeka
Ndipo dziko lapansi likusinthana mkanjo wake wakuda
wa nyenyezi
Mu chovala chowala chagolide chowala
Ndipo chilengedwe chimakonda kuwonetsa kukongola
kwake
Kusintha mitundu ya nyengo zosangalatsa
Ndipo mtsinje wodzaza nthawi zonse umayesa
Kulankhula mokweza za lingaliro lozama louziridwa ndi
mzimu
Ndipo mbalame zimalakalaka kuimba ndi kuvina
Zinthu zosadziwika zikubwera mumtima mwake
Koma munthu ali ndi luso
Kulankhula momveka bwino komanso momveka bwino,
komanso ndi matanthauzo atsopano
Zokhudza Mbuye wa Chilengedwe Chonse
kupezeka paliponse
Zimene zolengedwa zina zonse sizinathe kuchita
Ponena za kuulula ndi kulengeza kupezeka kwake

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Mphunzitsi Paramhansa anaona kuti n’kofunika kulanga
mmodzi mwa ophunzirawo chifukwa cha kulakwitsa
:kwakukulu, ndipo pambuyo pake anati mopumira
Ndikufuna bwanji kukopa ena kudzera mu chikondi"
chokha, chifukwa mtima wanga umasweka ndi kupweteka

ndikapeza kuti palibe njira yopewera kuwaphunzitsa "mwanjira ina iliyonse

***

Mu malo opatulika oganizira, ndimayatsa makandulo awiri: kandulo ya m'mawa ndi kandulo ya kudzuka kwanga. Maluŵa okongola a chikhumbo changa champhamvu akuzungulira mapazi a kukhalapo kwanu konse. Fungo la chikondi chanu, lomwe likuphuka mumphika wa mtima wanga, likufalikira mbali zonse za moyo wanga. Mithunzi ya mantha anga ndi malingaliro anga onyenga yatha chifukwa cha kuwala kwa kuwala kwanu, O Mulungu, amene wandidzutsa kwamuyaya ku maloto a moyo waufupi uwu. Ndi maso anga osamala nthawi zonse ndi maso anga achangu, ndidzayang'ana nkhope yanu yopanda malire, ndikuganizira mawonekedwe ake apadera komanso okhazikika!

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Mkwiyo kapena chidani zikagwira munthu, zimakhala ndi khalidwe loipa. Munthu wokwiya amataya mphamvu pa malingaliro ake ndipo akhoza kuvulaza ena. Chifukwa chake, ndi kulakwitsa kulola malingaliro achiwawa kulamulira ndi kulamulira zochita za munthu, chifukwa kuchita izi kumadzitsekera m'chipinda cha mkwiyo ndi makhalidwe oipa, omwe ndi gwero la kuvutika maganizo ndi mavuto amisala. Kuti munthu athawe malingaliro osasangalatsa awa, ayenera kuthetsa malingaliro ndi malingaliro awa omwe ali ogwirizana kwambiri ndi chidziwitso chakuthupi. Kusinkhasinkha [ndiko kuti, kutembenukira kwa Mulungu ndi mtima, moyo, ndi maganizo] ndiyo njira.

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Zitsimikizo:

Ndidzateteza maganizo anga ndi mawu anga kuti zinthu zokongola ndi zoona zokha zichokere m'maganizo mwanga. Ndidzapitiriza ndi chikhulupiriro chathunthu mwa Mulungu, podziwa kuti mphamvu zake zimayenda mwa ine, kuti

kupezeka kwake kulikonse kumandizungulira, ndi kuti .chisamaliro chake chimandiyang'anira

Ambuye, ndaboola zophimba za zinthu ndipo ndapeza chikondi Chanu, ndipo tsopano ndazindikira kuti ndine njira yowonetsera malingaliro a chilengedwe ndi kukongola kwauzimu. Ndidzapereka mphamvu zanga zonse ndi luso .langa kuti ndiwulule chifuniro Chanu chaumulungu

Nthawi iliyonse ndikaganizira za inu, chikhumbo choyaka chimakwera mkati mwanga, ndikuyambitsa malingaliro anga ndikuyenda kuchokera mumtima mwanga kupita ku selo lililonse la umunthu wanga, ndikudzaza ndi chikondi cha Mulungu. Chikhumbo changa chachikulu ndikufikira pamtima panu ndikusangalala ndi kukhalapo kwanu. Mwadzidzidzi, chitseko cha moyo wanga chimatseguka, ndipo o, chisangalalo chomwe chimandidzaza !ndi kuwona kuwala kwanu kowala

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Mwa kugwirizana nanu, O Mzimu Wodzaza Zonse, ndidzakhala chisonkhezero chenicheni cha moyo wa dziko lapansi. Ndidzasambira m'nyanja ya miyoyo ndikuvina pa mafunde a malingaliro opatulika a anthu, ndikutsanulira chisangalalo chodala kwa onse. Ndidzatulutsa mtsinje .wadziko lonse wa zikhumbo zodabwitsa

Ndidzakhala misozi yonse yokhetsedwa chifukwa cha chifundo kwa ena. Ndidzakhalapo mu chete chagolide cha oyera mtima ndi ziyembekezo zodabwitsa za malingaliro abwino. Inu wopereka zokhumba zokhulupirika! Pamene kuwala kwanga kosatha kusakanikirana ndi kuwala kwanu .kosatha, ndidzawala m'maso mwanu onse

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M'masiku a chilimwe a moyo, ndimasonkhanitsa timadzi tokoma ta mtima kuchokera ku maluwa okoma a makhalidwe abwino omwe amaphuka m'minda ya anthu okoma mtima, ndipo ndimasunga mumtima mwanga chinthu chosungunuka cha basil yayikulu ya chikhululukiro, mphukira

zokoma za kudzichepetsa, ndi maluwa osowa, ofewa a lotus a malingaliro. Ndipo pamene chipale chofewa chozizira cha mayesero a m'nyengo yozizira ndi ululu wowawa wa kulekana kwa dziko lapansi zikundizungulira, ndimafunafuna kutentha ndi chitonthozo mu timadzi tokoma tosungidwa mu selo la mtima wanga. Mu selo limenelo, lodalitsidwa ndi kukhalapo kwanu, nthawi zambiri ndimapeza njuchi yaumulungu ikumwa kukoma kwa zokhumba zanga zakale, .ndipo ndimamva bata, chisangalalo, ndi chitonthozo

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Kukhala ndi chuma chakuthupi popanda mtendere wamumtima kuli ngati kufa ndi ludzu pamene mukusambira m'nyanja. Ngati kusowa chuma kuyenera kupewedwa, ndiye kuti umphawi wauzimu uyenera kunyozedwa, chifukwa ndi muzu wa ululu ndi kuvutika kwa anthu. Makolo olemera omwe amasiya ndalama zambiri kwa ana awo nthawi zambiri amalepheretsa kukula kwa maganizo awo ndikulepheretsa chitukuko ndi chimwemwe chawo, zomwe zimadalira khama .lawo

:Pa tsiku la kumwetulira

Mu nthawi yovuta, ndinamva mawu anu, amayi anga a chilengedwe chonse, akunong'oneza kuti: "Dzuwa la chitetezo changa liwale mofanana pa nthawi yanu yowala kwambiri komanso yamdima kwambiri. Usadandaule, mwana wanga, koma khulupirira ndipo umwetulire! Lolani kuwala kwanga kochiritsa kuwale kudzera mu kumwetulira kwanu kowonekera. Mwa kukhala wosangalala, mwana wanga, "!umandipangitsa kukhala wosangalala ndikundikhutiritsa

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,Ambuye

Mphepo za kudzoza kwanu zachotsa mitambo yonse m'maganizo mwanga, yomwe tsopano ikuwoneka yoyera komanso yoyera Ndi maso oyera, ndikukuonani nokha kulikonse Kuwala kwa dzuwa lanu lodala kumalowa m'kati

mwa mtima wanga, ndipo ndi njala ya nthawi yayitali, ndimadyetsedwa ndi kuwala kwanu kodala

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:Mphunzitsi Paramahansa anauza gulu la ophunzira kuti

Mukalowa mkati mwa chidziwitso chaumulungu" kudzera m'diso lauzimu, mudzawona gawo lachinayi likuwala ndi zodabwitsa za dziko lamkati. N'zovuta kufika pa mkhalidwe umenewo, koma ndi mkhalidwe wabwino komanso wosangalatsa bwanji! Musakhutire ndi kupeza mtendere mu kusinkhasinkha kwanu, koma funani ndi mitima yanu yonse mtendere wa Mulungu ndi ludzu la "chisangalalo Chake

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Chimene dziko lapansi likusowa ndi chikondi chaubale, mgwirizano, kufanana, ndi mtima wodzazidwa ndi chikondi cha Mulungu ndi kusunga malamulo Ake a makhalidwe abwino Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika pamalo ndi nthawi inayake Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe adanena, zomwe zakhazikika m'nthaka ya chidziwitso, kumera kukhala chomera ndikubala zipatso zomwe zimasonyeza mtundu weniweni wa malingaliro ndi .zochita zimenezo

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Kachisi amene Mulungu amakonda ndi kachisi wa bata, mtendere, chikondi ndi kukongola, ndipo aliyense wolowa m'kachisiyo adzadzazidwa ndi bata lauzimu ndipo .adzakhudza kukhalapo kwa Mulungu

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Munthu ayenera kuchita zinthu zomangirira kuti adzitukule ndikupindulitsa ena, ndipo aliyense amene akufuna kudziwa Mulungu ayenera kuyesetsa kuchita zabwino ndikuthandiza ena momwe angathere tsiku ndi .tsiku

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Khalidwe lakunja limasonyeza moyo wamkati wa munthu Zinthu zapamwamba zakunja sizingabweretse chimwemwe, chifukwa chimwemwe chimadalira momwe munthu amadzilamulira bwino komanso momwe moyo wake umayendera.

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Ndikadzuka m'mawa uliwonse, ndimapanga zisankho zabwino ndikulonjeza ndekha kuti ndidzazikwaniritsa. Kenako ndimawerenganso zomwe ndalonjeza tsiku lonse ndikudzilimbikitsa kuti ndizikwaniritse. Ndikapeza kuti ndakwaniritsa zomwe ndidalonjeza ndekha, ndimamva kuti ndapambana. Kudzipereka kotereku kumalimbitsa kutsimikiza mtima ndikulimbitsa chifuniro; apo ayi, munthu angadzipeze akutengedwa ndi malingaliro osakhazikika komanso olamulidwa ndi malingaliro oipa.

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Ubwenzi uyenera kuyambira panyumba Ngati mwapeza munthu m'banja mwanu amene akugwirizana nanu kwambiri, limbitsani ubwenzi umenewo kaye. Kenako, ngati mukumva kukopeka ndi munthu amene mumamudziwa amene ali ndi makhalidwe ofanana, limbitsani ubwenzi umenewo. Zilakolako zonse zadyera ndi kuwerengera kwanu ziyenera kuthetsedwa, ndipo ubale wabwino ndi anthu abwino uyenera kulimba.

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Okonda Mulungu ndi abale ndi alongo anga enieni. Ndimamvera chisoni anthu osadziwa ndipo ndimapewa kucheza ndi odzikuza, koma ndimakhala pafupi ndi anthu okonda Mulungu ndipo ndimasangalala kulankhula nawo.

Chikondi cha Mulungu sichingathe kufotokozedwa, koma chikhoza kuchitika pamene mtima watsukidwa ndipo kulakalaka wokondedwa wa chilengedwe chonse kumakula

Pamene malingaliro ndi malingaliro alunjika kwa Mulungu, chisangalalo chauzimu chimatuluka mochuluka kuchokera ku kasupe wa mtima

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Mumtima mwanga, ndakumangirani mpando wachifumu wobisika. Makandulo a chisangalalo changa akuyatsidwa pang'ono poyembekezera kufika kwanu, ndipo adzawala .kwambiri mukadzawonekera

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Kusangalala ndi moyo wachisoni ndi imfa yapang'onopang'ono, pomwe kuyesa kukhala wachimwemwe komanso woyembekezera zabwino tsiku lililonse ngakhale mukukumana ndi mavuto ndi kubadwa .mwatsopano mwauzimu

Mukapeza Mulungu, mudzakhala ndi chikhutiro chenicheni komanso chokhalitsa. Ubwenzi wa anthu ukhoza kusokonekera, koma Mulungu sadzakusiyani. Ngakhale wina aliyense atakusiyani, ngati Mulungu ali nanu, muli ndi chilichonse m'moyo uno ndipo mwapambana gawo lonse .komanso lalikulu

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Master Paramahansa anauza m'modzi mwa omwe :ankakayikira kuti akhoza kuona kuwala kwa Mulungu kuti Ngati mukukayika, simudzaona; ngati mukuona," "simudzakayikira

Iye anauza gulu la ophunzira omwe ankazengereza :kuchita zinthu kuti

Muyenera kukonza miyoyo yanu ndikuyang'anira" nthawi yanu Mulungu adalenga dongosolo; dzuwa limatuluka mpaka kulowa kwa dzuwa ndipo nyenyezi zimawala mpaka "mbandakucha

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Nthawi zambiri, anthu amalankhula ndi kuchita zinthu mogwirizana ndi maganizo awoawo, saona kawirikawiri kapena amayesa kuona zinthu kuchokera m'maganizo a

wina Ngati anthu awiri ayamba kukangana zomwe zimakula n'kukhala mkangano kenako n'kumenyana, mlandu umakhala wa onse awiri, mosasamala kanthu kuti ndani anayambitsa mkanganowo. Anthu omwe ali ndi nzeru ndi nzeru amaona zinthu mwanzeru, mwanzeru, komanso .momvetsetsa

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Ndidzadzuka m'mawa ndikudzutsa chikondi changa chogona, kuti chiyambitse kuwala kwa kudzipereka kwenikweni kwa Mulungu wamtendere mkati mwa moyo wanga Ambuye, m'kachisi wosawoneka womangidwa ndi mwala wa kudzipereka, landirani zopereka zodzichepetsa za mtima wanga, zokonzedwanso tsiku ndi tsiku m'mapemphero

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Dzitetezeni mu linga la nzeru, malo opatulika aakulu kwambiri. Kumvetsetsa kwangwiro kudzakutengerani kumalo .komwe palibe chomwe chingakuvulazeni

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:Mphunzitsi Paramahansa anauza gulu la ophunzira kuti Kulapa sikutanthauza kungodandaula ndi cholakwa," koma kupewa kuchitanso. Mukalapa moona mtima, mumatsimikiza mtima kusiya choipa osabwerera kwa icho. Mtima ndi wouma ndipo sufewa mosavuta. Ufewetseni ndi pemphero ndi pembedzero, ndipo madalitso a Mulungu ".adzakugwerani

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Kawirikawiri timapeza anthu ena opezera banja zosowa kapena osamalira ana m'banja, kaya abambo kapena ana aamuna, ndipo m'madera ena amayi kapena ana aakazi, omwe amasonyeza chizolowezi cholamulira chifukwa chodzimva kuti ali pamalo omwe amawapatsa ufulu .wolamulira ndi kukakamiza maganizo awo

Olamulira ankhanza ang'onoang'ono awa sayenera kukwiyira achibale awo, omwe amawafuna ndi kuwadalira.

Chifukwa ngati atero, adzataya ulemu ndi ulemu wa .okondedwa awo

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Kunena kuti munthu ndi wofooka kuyambira kubadwa ndipo sangakhale wolimba ndi bodza, chifukwa pali kuthekera kuti munthu wotereyu akhoza kukhala wamkulu .ndikuchita zinthu zodabwitsa m'mbali zonse za moyo

Munthu akatha kupangitsa ena kumva chikondi chake ndi zolinga zake zabwino, chikondi chake chidzakula ndikugwirizana ndi chikondi cha padziko lonse chomwe .chimayenda m'mitima yonse

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Mu mtendere wa moyo, komanso mu mtima woganizira kwambiri ndi kulakalaka kwakukulu, chikondi cha Mulungu sichimatha, ndipo wodala ndi iye amene akumva kukhalapo .kodala ndi kulawa timadzi tokoma ta mgwirizano

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:pemphero

Ambuye, ndipatseni chidaliro cha ana osalakwa mwa Inu ndi kudzipereka kwathunthu kwa Inu. Mundidalitse kuti ndimve kuyandikira kwanu kumbuyo kwa mapemphero anga, ndione kukhalapo kwanu m'malingaliro anga onse, ndikuzindikira kuti nzeru zanu zowunikira zimathandizira .kumvetsetsa kwanga ndi chidziwitso changa

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Mphunzitsi Paramhansa atayamika m'modzi mwa :ophunzirawo, anawonjezera kuti

Mukauzidwa kuti ndinu wabwino, musasiye kuyesetsa" kukhala wabwino kuposa momwe mulili. Kupita patsogolo kwanu kosalekeza kudzabweretsa chimwemwe kwa inu ndi ".okondedwa anu omwe

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Ngati atsogoleri a dziko lapansi amakono akanaunikiridwa ndikugwira ntchito limodzi, akanatha kuthetsa nkhondo ndi umphawi mkati mwa zaka zochepa Chidziwitso chauzimu chokha (kumva kukhalapo kwa Mulungu) chingapulumutse dziko lapansi, ndipo popanda mtendere sichingapezeke Anthu ayenera kuyamba okha, chifukwa nthawi ndi yamtengo wapatali kwambiri kuti asatayike, ndipo ndi udindo wa anthu kuchita gawo lawo .pobweretsa ufumu wa Mulungu padziko lapansi

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Ubwenzi ndi kukopana kwauzimu komwe kumalumikiza miyoyo pamodzi ndi chikondi cha Mulungu ndikuibweretsa pafupi wina ndi mnzake, kotero kuti mitima imachepetsa ludzu lawo ndipo miyoyo isangalale poona chikondi chakumwamba chomwe chikuyenda kudzera munjira za .anthu

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Iye amene amakulitsa chikondi chake pa Mulungu ndi kulimbitsa ubale wake ndi Iye mu nthawi ya chisangalalo ndi chitukuko adzamupeza Mulungu pafupi naye akamamufuna, koma iye amene achedwetsa zinthu ndipo sakusamala za kulimbitsa ubalewo adzayenera kukumana ndi mayesero ake yekha mpaka atatha - ndi nzeru ndi kugonjera kwathunthu - .kupeza Mnzake Wamkulu

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Dziko lonse lapansi likumira mu nyanja ya chisokonezo ndi kutayika chifukwa cha umbombo wosatha komanso wosatha Umbombo ndi kukonda chuma zimabala nkhondo Ngwazi yeniyeni ndi iye amene amadzigonjetsa yekha mu nkhondo ya moyo Ndalama, kutchuka, chilakolako, ndi

chilichonse chotsutsana ndi mfundo imeneyi zimawononga mtendere wathu ndi chimwemwe chathu

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Mulungu amaonekera mu mtendere wa moyo, ndipo timamva kukhalapo Kwake kudzera mu chisangalalo chodzaza ndi chimwemwe, kotero kuti zokhumba zathu zauzimu zikwaniritsidwe ndipo zokhumba zathu ndi chikondi .chathu zifike pa cholinga chake

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Pokhapokha ngati chidziwitso chauzimu chikukula m'njira yofanana ndi kupita patsogolo kwa sayansi yachilengedwe ndi zatsopano zaukadaulo, anthu ndi mitundu .idzatayika m'mavuto ndi chiwonongeko

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Mulungu amafuna kuti tibwere kwa Iye ndi kumudziwa, koma anthu ambiri safuna Komabe, dziko likawadetsa m'maso mwawo ndipo agwera mu misampha ya mavuto kapena kukhala nyamakazi ya matenda, amafulumira .kumupempha ndikupempha thandizo Lake

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Ambiri amakayikira kufunafuna Mulungu, akukhulupirira kuti ngati atero, moyo udzakhala wopanda chiyembekezo, wopanda chisangalalo ndi kukongola. Koma zosiyana kwambiri ndi zoona. Chimwemwe chenicheni chomwe ndimachipeza mogwirizana ndi Mulungu sichingathe kufotokozedwa; ndimakhala mumkhalidwe wa chisangalalo chauzimu usana ndi usiku. Chisangalalo ichi ndi dalitso la Mulungu, ndipo kudziwa Mulungu kumatanthauza .kumasulidwa ku mavuto ndi kumva mtendere ndi kukhutira

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Mawu ofunikira kwa anthu ambiri m'moyo uno ndi "ine" Anthu omwe ali ndi malingaliro auzimu ndi malingaliro amaganiza za ena monga momwe amaganizira okha Anthu omwe amangoganiza za iwo okha amabweretsa udani ndi mkwiyo wa anthu omwe ali nawo pafupi. Koma anthu omwe

amaganizira za malingaliro ndi zokonda za ena amapeza kuti ena amawaganizira ndipo amaganizira za momwe .akumvera

Ngati pali anthu zana limodzi mumzinda, ndipo aliyense akuyesera kulanda ena, ndiye kuti aliyense adzakhala ndi adani makumi asanu ndi anayi mphambu asanu ndi anayi. Koma ngati aliyense ayesa kuthandiza ena, ndiye kuti aliyense adzakhala ndi anzake makumi asanu ndi anayi .mphambu asanu ndi anayi

Ndinakhala choncho ndipo sindinataye chilichonse popereka kwa ena. Ndipotu, chilichonse chimene ndinapereka chinabwerera kwa ine, chikuchulukitsidwa ndi chisomo cha Mulungu. Tsopano sindikufuna kalikonse chifukwa chimene ndili nacho mkati mwanga ndi chachikulu komanso chamtengo wapatali kuposa chilichonse chimene dziko lapansi lingapereke. Chomwe munthu amachifunadi ndi chimwemwe, ndipo chisangalalo chikapezeka, kufunikira kwa zinthu zomwe zimamutsogolera ku chimwemwecho .kumatha

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Mukatumiza zolinga zabwino kwa ena, kuzindikira kwanu kumakula Mukaganizira za mnansi wanu, gawo la umunthu wanu limayatsidwa pamodzi ndi lingaliro limenelo. Koma kuganiza kokha sikokwanira; tiyenera kukhala okonzeka kugwiritsa ntchito malingaliro athu. Kudzipereka kumabweretsa madalitso ambiri ndi chisangalalo chachikulu kwa wochita nawo. Chifukwa kudzera mu kudzipereka, munthu amasunga chimwemwe chake. Cholinga changa ndikupangitsa ena kukhala osangalala chifukwa chisangalalo .changa chimachokera ku chisangalalo chawo

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Maganizo ndiye gwero la mavuto onse ndi gwero la chimwemwe Munthu ndi wamphamvu kuposa zonse zomwe

akumana nazo chifukwa Mulungu wamupatsa mphamvu zolamulira maganizo ndi thupi lake, ndipo maganizo ake .sayenera kuipitsidwa ndi malingaliro oipa

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Anthu amene ali mu mgwirizano ndi Mulungu akhoza kugonjetsa mavuto aakulu komanso ovuta kwambiri pa moyo. Ndipo ngakhale kuti maloto onsewa nthawi zina angaoneke ngati maloto oipa, pamene tili mu mgwirizano ndi Mulungu, timadzipeza tokha omasuka ku maloto oipa .amenewo

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Pali mtundu wa bakiteriya womwe umabadwa, umachulukana, ndi kufa m'maola awiri okha Mtundu uwu wa bakiteriya umakwaniritsa tsiku limodzi, kapena zochepa, zomwe anthu angafunike kuchita m'nthawi yayitali, mwina .zaka makumi asanu ndi atatu

Zaka makumi asanu ndi awiri kapena makumi asanu ndi atatu zomwe timakhala ndi moyo ndi mphindi yochepa chabe yamuyaya. Kuchokera pamalingaliro ocheperako, chilichonse chomwe chimatichitikira chimachitika mofanana ndi momwe chimachitikira mabakiteriya omwe atchulidwa .pamwambapa

Choncho, sitiyenera kutaya nthawi, kapena kulola zilakolako ndi zokhumba kuti zitilamulire, komanso tiyenera kupewa kuchita zomwe chikumbumtima chathu sichivomereza. Munthu akakhala wodzilamulira yekha, maganizo ake, malingaliro ake, ndi zochita zake, palibe .amene kapena chilichonse chomwe chingathe kumukhudza

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Moyo uli m'nthaka youma, umalota zokongola m'maluwa, ndipo umadzuka mwamphamvu mwa nyama ndi m'maganizo a anthu, kuzindikira kuthekera kwake kopanda .malire

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:Anzeru amati

Chipatso cha ntchito zabwino zotsogozedwa ndi chikondi cha Mulungu ndi khalidwe labwino ndi mgwirizano ndi chiyero Chipatso cha ntchito zotsogozedwa ndi zilakolako ndi zolinga zadyera ndi ululu ndi kuvutika Chipatso cha ntchito zoipa ndi umbuli ndi kupusa

Zochita zabwino zimabweretsa chimwemwe, pomwe zochita za dziko lapansi zoyendetsedwa ndi kudzikonda zimabweretsa mavuto ndi ululu. Zochita zoipa zopitilira, kumbali ina, zimawononga luso la munthu lozindikira ndi .kumvetsetsa

Ena amalemba dzina la wanzeru motere: Paramahansa kapena Paramahansa Yogananda

Kuyambira pansi mpaka pamwamba: Nkhani yopambana

Maphunziro ena olembedwa ndi Master Paramhansa Yogananda

:Pa ulalo wotsatira

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Iyi ndi nkhani yeniyeni yomasuliridwa za munthu) amene nthawi zonse ankalephera, koma mwa kuchita zinthu mwanzeru komanso kutsimikizira zabwino, pamapeto pake anatha kuthetsa zifukwa zomwe zinamulepheretsa ndipo (anatha kugwiritsa ntchito bwino chifuniro chake

Monga momwe kulili anthu omwe ali opambana mwachibadwa, palinso anthu omwe amalephera .mwachizolowezi

Mnzanga komanso wophunzira (S) anali wolephera kuyambira kubadwa. N'zoona kuti anali mnyamata wanzeru,

wakhama komanso wofunitsitsa kupeza ndalama, koma akangoganiza za ntchito kapena ntchito, zinthu .zomulepheretsa zinamuzungulira kuyambira pachiyambi

Tsiku lina anabwera kwa ine wopanda kanthu, akutsatiridwa ndi obwereketsa, atasiyidwa ndi anzanga, akundifunsa upangiri

Ndinamufunsa chifukwa chake cha mavuto ake, ndipo :anati

Bwana, ndine wolephera Pazifukwa zina sindikudziwa," ndikangoyamba ntchito, ndimataya, ndipo malo omwe ndimagwirira ntchito nawonso amawonongeka. Bwana amataya bizinesi yake atangondilemba ntchito. Chifukwa chake, ndayamba kuopa kufunafuna ntchito chifukwa choopa kusokoneza zofuna za olemba ntchito omwe angandilembe ntchito, chifukwa cha kusakhazikika kwanga, ndikutsimikiza kuti ndidzataya ntchito yanga chifukwa kampani yomwe idzandilembe ntchito idzalengeza bankirapuse ndikutseka zitseko zake, ndikundichotsa ntchito chifukwa chake, ndilibe ufulu wowononga mabizinesi a anthu ".ena chifukwa chongogwirizana nawo

Ndinamupezera ntchito ku kampani kakang'ono ndipo ndinamupempha kuti azibwereza mawu otsatirawa kwa :iyemwini madzulo aliwonse, asanagone komanso akadzuka

Tsiku ndi tsiku ndi tsiku ndikukhala wopambana" "kwambiri pantchito yanga

Mwezi unadutsa, ndipo (S) anandichenjeza kuti: “Bwana, kampani yomwe mudalemba ntchito ikusokonekera ndipo zinthu sizikuyenda bwino, ndikukupemphani kuti mundichotsemo isanagweretu, chifukwa ndidzataya ntchito yanga kampaniyo ikalephera. Koma kusiya ntchito kwanga

tsopano kungapulumutse kampaniyo ku tsoka losapeweka ”.komanso loopsa chifukwa cha kusakhazikika kwanga

Ndinaseka, osamvetsera zomwe (S) ananena, ndipo m'malo mwake ndinamupempha kuti apitirize kutsindika mfundo yake ndikupitiriza ntchito yake. Patapita milungu :ingapo, anabwera kwa ine tsiku lina madzulo nati mopumira

"Zimene ndimaopa zachitikadi"

"?Iye anamufunsa kuti, "Chachitika n'chiyani

Iye anati, "Kampaniyo inagwa monga momwe "ndinakuuzirani komanso monga momwe ndinaneneratu

Ndinamuuza, ndikutsutsa kuti: "Kodi si zoona kuti pamene umadzitsimikizira wekha kuti, 'Tsiku ndi tsiku ndi tsiku ndikukhala wopambana kwambiri pantchito yanga' unali kubwereza mawu amenewo ngati parrot? Ndipo kuti pweza wokayikira anali kugwira ubongo wako mpaka unadziuza wekha kuti: 'Chitsiru iwe, vuto lako likuipiraipira mosasamala kanthu kuti ukuyesera bwanji kudzitsimikizira "'!kuti upambana

Iye anayankha kuti: "Inde, ndithudi ndicho chimene "chikuchitikadi

analangiza kuchotsa kugwedezeka ndi malingaliro (S) oipa olemera akangobwera m'maganizo mwake, makamaka panthawi yobwerezabwereza kutsimikizira kwabwino, chifukwa malingaliro ozindikira okhala ndi chikhulupiriro cholimba amatha kukhudza malingaliro osazindikira kapena osazindikira, omwe, kudzera mu lamulo la magnetic resonance, amakhudza malingaliro ozindikira ndi mphamvu .ya chizolowezi

Ndinawonjezera kuti: “Kutsimikizira kawirikawiri malingaliro ndi zizolowezi zabwino mpaka zitalowa

m’maganizo osazindikira ndikokwanira kuchotsa zopinga za m’maganizo zosazindikira zomwe zabadwa nazo kapena zomwe zapezedwa. Palibe njira yopambana bola ngati malingaliro ndi malingaliro okhumudwa ndi kukhumudwa zakhazikika m’maganizo osazindikira. Zina mwa zinthu zomwe zimapangitsa kuti munthu apambane ndi kukhala ndi luso lolenga, mikhalidwe yabwino, ndi zizolowezi zachibadwa. Ngati mungathe kukhudza chidziwitso chapamwamba ndi mphamvu zake zopanda malire, ndiye kuti mutha kupanga mwayi watsopano wopambana womwe ”.ukukulepheretsani ndipo sungathe kuumvetsa

Ndipo ndinatha kuthandiza (S) kupeza ntchito ina, yayikulu kuposa yoyamba. Koma patatha miyezi isanu ndi umodzi (yomwe inali nthawi yayitali kwambiri yomwe mnzangayo anakhala akugwira ntchito), anandiuza masana ena kuti: “Mkhalidwe wa kampaniyo ukuipiraipira ”.mofulumira, choncho chonde ndichotseni mwachangu

Sindinasamale nkhawa zake, koma ndinamupempha kuti apitirize ntchito yake Patatha milungu ingapo, (S) anandiuza akumwetulira kuti: "Ntchito yachiwiri yomwe "!munandikonzera, bwana, yapita ndi mphepo

Ndinati modekha, "Usadandaule, ndikupezera ntchito "ina

Iye anayankha kuti: "Chabwino, bwana, bola ngati mutenga udindo wanu kugwetsa kampani ina chifukwa cha ".mgwirizano wanga ndi eni ake, sindikutsutsa

Kudzera mu khama losalekeza, ndinapeza ntchito yabwino kwambiri ya (S) ku kampani yayikulu. Chaka chinadutsa koma palibe chomwe chinachitika, ngakhale (S) ankayesetsa kusiya kampaniyo sabata iliyonse poopa kuti .ingawonongeke ngati kale

Pomaliza, ndinamupempha kuti aike ndalama zake mu bizinesi yake, ndipo anachita mantha ndipo anandiyang'ana modabwa, nati: "Kodi izi ndi zomwe ukundilangiza kuti ndichite? Kodi simukuganiza kuti nditaya ndalama zomwe "?ndasonkhanitsa mosamala ndikaiyika

Iye molimba mtima anamutsimikizira kuti: "Uyenera kuyika ndalama ndi mphamvu zako pa ntchito yabwino, monga malo odyera zakudya am'deralo omwe safuna ".ndalama zambiri, ndipo ndili ndi chidaliro kuti upambana

Patangopita zaka zochepa, (S) anakhala mwini wa malo ambiri ndi nyumba zazikulu zosungiramo katundu

Atatsimikiza za kupambana kwake, adadzipeza kuti wapambana pa chilichonse chomwe amachita Tsiku lina anandiuza, akuseka kuti: "Zikomo kwa Mulungu ndi thandizo lanu, ndasintha kuchoka pa kulephera kukhala munthu wopambana. Ndagonjetsa kulephera ndipo ndazindikira kuti kulephera kwanga kosalekeza kunali chifukwa chosamvetsetsa udindo wanga. Koma sindikudziwa momwe ndinachitira bwino nditawononga ntchito ya ena chifukwa ".cha kusakhazikika kwanga

Kotero ndinamufotokozera kuti: “Simunawononge zofuna zomwe munkagwira ntchito. Lamulo la kukopa lomwe limalamulira anthu, kutengera kugwedezeka kofanana, limagwira ntchito molakwika kapena mwabwino (monga kukopa ngati)

Chibadwa chanu chopanda ungwiro chinakukokerani ku makampani omwe anali kale pafupi kugwa, ndipo mosiyana ndi zimenezo, munali olephera, ndipo makampaniwo analinso pafupi kugwa. Malinga ndi lamulo la kukondana, inu ndi makampani amenewo munagwa pansi pa phiri la .kulephera ndipo munagwera m'miyala nthawi yomweyo

Mfundo yaikulu ya nkhaniyi ndi yakuti kupambana kwenikweni kuli pakupanga zomwe munthu amafunikira kudzera mu mphamvu ya chifuniro mwa kudzutsa mphamvu yopanda malire ya chidziwitso chapamwamba. Mphamvu iyi ikhoza kudzutsidwa mwa kuphunzira njira yoyenera yosinkhasinkha ndi kuganiza bwino komanso mwaluso kuti .mupeze thanzi, chipambano, nzeru, ndi chimwemwe

Mtendere ukhale pa inu

Kuchokera pa malo opunthira a moyo

Kodi mukudziwa chifukwa chake anthu ena sangakwanitse kupeza
Kodi amafunafuna chiyani m'moyo kudzera m'njira ?zovomerezeka, mosasamala kanthu kuti amayesetsa bwanji
Choyamba, chifukwa anthu ambiri amagwira ntchito mopanda chidwi
Amagwiritsa ntchito gawo limodzi mwa magawo khumi a chidwi chawo
Chifukwa chake, alibe mphamvu zopezera chipambano
Kuphatikiza apo, chifukwa chake chikhoza kukhala chifukwa cha zochita zolakwika
Iwo anachita kale zimenezo, ndipo zinawapweteka
Ndi milandu yokhalitsa yokhumudwitsa ndi kulephera
Koma simuyenera kuvomereza
Zopinga ndi zopinga za Karma
Simuyenera kukhulupirira pansi pa mtima kuti inu
Sindingathe kukwaniritsa zolinga zanu
Mukalephera kukwaniritsa cholinga chanu
Chifukwa chake nthawi zambiri chimakhala chodzitsimikizira
Kuti simuli ndi luso lokwaniritsa zomwe mukufuna
Koma pamene mudzitsimikizira nokha
Kuti muli ndi mphamvu zopanda malire
Mukhoza kuchita zinthu zambiri zabwino

Kulumikizana ndi Mulungu kumasintha kugwedezeka kwa chidziwitso
Zimatsegula njira za maganizo zomwe zatsekedwa ndi nkhawa
Kuganizira kwambiri zinthu zakuthupi
Zimawonjezera gawo lauzimu pa kuganiza ndi momwe munthu akumvera
Zotsatira zake, maunyolo omwe ali pa chifuniro amasweka
Ndipo mumtima mwa munthu muli ufulu ndi masomphenya abwino.
Ili ndi lamulo lauzimu lomwe limagwira ntchito bwino kwa onse omwe amaligwiritsa ntchito
Pamene kuwala kwa malingaliro kumayang'ana kwambiri popanda kufalikira
Mphamvu yaikulu ya Mulungu imabwera
Ndipo chifukwa cha mphamvu imeneyo
Mukhoza kupambana mwauzimu, m'maganizo, komanso m'zinthu zakuthupi
Ndagwiritsa ntchito mphamvu yodala imeneyo
Nthawi ndi nthawi m'moyo wanga
Ndipo ndikudziwa motsimikiza kuti mphamvu ya Mulungu siilephera
Mungathe kuchita chimodzimodzi ngati mukufuna
Mphamvu zina zingabweretse chipambano
Ndi kupambana komwe sikukhalitsa
Koma pamene malingaliro ali ndi mphamvu ya magnetism yaumulungu
Kuunika kwakukulu kudzatuluka mmenemo
Kupezeka kwa Mulungu kwawonetsedwa
Wopanda wofanana naye
Odziwa bwino amati
Chidziwitso cha Mulungu sichingapezeke mwa kuphunzira malemba
Kapena ndi luntha ndi kuchenjera

Osati ngakhale mwa kufufuza za filosofi
M'malo mwake, ndi mwa chisomo cha Mulungu kuti
kukoma kwa chidziwitso chimenecho kukhoza kulawa
Oyera mtima okha ndi omwe amasankha Mulungu,
ndipo Iye amawasankha iwo
Ndipo mwa chisomo Chake amatha kuona kuwala Kwake
Afilosofi ndi akatswiri a zaumulungu ayenera kudziwa
ndi kuvomereza
Kuti umunthu wa Mulungu ndi wopanda malire
Sizingamveke kapena kufufuzidwa
Ndi masomphenya ochepa a kuganiza moperewera
Kuti tidziwe Mulungu, tiyenera kuona kupezeka kwake
tokha
Mulungu amadziulula kwa iwo amene amamukonda
Monga kumverera kwa chisangalalo chauzimu
chapamwamba kwambiri
Chikumbumtima cha anthu chathedwa nzeru
Ndipo zimabweretsa chitsimikizo chosatsutsika cha
kukhalapo kwa chowonadi chapamwamba
Kuposa zomwe anthu amadziwa kale
Palibe kuchuluka kwa nzeru kapena zaumulungu komwe
kungatheke
Kuti mayeso odabwitsa awa
Chifukwa chidziwitso chauzimu chimachokera pa zomwe
munthu akumva mkati mwake
Ndipo kuzindikira kwachilengedwe kwa gawo lofatsa ndi
kuwala kowala, kowala
Kuti mupeze chidziwitso chachinsinsi chimenecho
Chikondi cha Mulungu n'chofunika kwambiri
Kuganizira mozama za Mulungu
Mu moyo wodala wokha
Nyanja ya moyo yakhala ngati mafunde ang'onoang'ono
a maganizo anga
Wosawonongeka
Ndipo ngati adawonekera pa siteji iyi yapadziko lapansi

Kapena zinabisika pambuyo pa imfa m'dziko la chidziwitso cha chilengedwe
Pakuti ndine chikumbumtima chosatha, chosafa
Wotetezedwa m'kukumbatira kwamuyaya ndi linga la Mzimu Woyera
Lero ndichita chinthu chothandiza kwa ena
Ndichita zomwe ndingathe pothandiza anthu anjala
Ndili wotetezeka kumbuyo kwa makoma a chikumbumtima changa chamtendere
Mdima wakale watenthedwa
Ndikungofuna kudziwa za lero
Ine ndine kuwala kwa kuwala kwa zabwino kwambiri
Ndipo ndikufuna kukhala mlonda
Kwa miyoyo yomwe zombo zake zinamira ndipo zinasweka
Mu nyanja ya chisoni
Lero ndikumva Mulungu akugwedezeka ndi mtendere
Chomwe chimakhudza zingwe za mtima wanga, mogwirizana ndi chikondi cha padziko lonse lapansi
Ndipo pampando wachifumu wa malingaliro bata ndi bata
Mulungu wa mtendere adalitse ntchito yanga ndipo .andithandize kukhala wosavuta
Lero nditsogolera abale ndi alongo anga
Ku Chipata cha Mtendere
Kupita ku Kachisi wa Mulungu
Ndigwira ntchito yotonthoza olira
Ndipo miyoyo yawo ndi yosangalala
Ndipo ndidzathamangira ku malire a ufulu
Mwa kusiya zilakolako zonse zoletsa
Ndipo gwirani mwamphamvu chikhumbo chofuna kuyandikira kwa Mulungu
Zomwe zimapangitsa kuganizira za ntchito zake zabwino kwambiri
Ndipo ku ufumu wa chikondi changa

Ndiitana anthu amitundu yonse ndi mafuko onse
Kuti abwere ndikukhala ndi ine
Mu kuwala kwa chikondi cha Mulungu
Chuma cha Kum'mawa
Magazini ya Kum'mawa-Kumadzulo
Mwayi wagolide
Moyo ndi wofunika kukhala nawo
Zimapereka mwayi wabwino kwambiri wodzidziwa bwino
Kukonzanso chidziwitso chake ndikufotokozera malo ake pamapu a kukhalapo kwake
Ndipo kugwira ntchito kuti akwaniritse cholinga cha kukhalapo kwake
Chidziwitso ichi chimapereka mphamvu ku maganizo ndi thupi
Ndipo amadzaza mtima ndi mphamvu zambiri
Amadzaza ndi chimwemwe ndipo amadumphadumpha ndi chisangalalo
Ichi ndi chimene Mlengi wa anthu amafuna kwa anthu
Ena amakhulupirira kuti moyo ndi wodzaza ndi kutopa ndi kutopa
Anthu ambiri atopa ndi kutopa
Koma kusungulumwa kumatanthauza kudzitaya
Kuti mulumikizane ndi chipinda chogwirira ntchito za moyo
Kuti moyo ukhale wosangalatsa
Munthu ayenera kuchotsa ndi kuchotsa zopinga
Chimene chimayima pakati pa iye ndi mgwirizano wake wachilengedwe ndi moyo
Ngati mungabweze maganizo anu ku nthawi ya ubwana
Mwina munakumbukira kuti munali pamenepo
Wodzaza ndi mphamvu zatsopano ndi chisangalalo
Munali ndi chikhumbo chachikulu chofuna kusamuka
Kudumpha, kusewera, ndi kuchita zinthu zina zambiri
Unali kubwera posachedwa kuchokera ku dziko la ethereal

Ndipo yogwirizana mwachindunji ndi mtima wa moyo
Ndipo mawaya olumikizirana pakati pa inu ndi moyo
Mlingo wapamwamba wa magwiridwe antchito osalala komanso ogwira ntchito bwino
Chifukwa mwabweretsa chidziwitso cha kuphweka
Chimwemwe, chimwemwe, ndi moyo watsopano wauzimu
Atakula
Mwataya ndalama zambiri
Kuchokera ku mphamvu ndi malingaliro amenewo
Koma nthawi ndi nthawi
Maganizo odziwika bwino akubwera kwa inu
Ndipo mphepo ya kulakalaka ikuwomba pa inu
Zimabweretsa kukumbukira pang'ono
Kuchokera m'mbuyomu
Mukadzuka m'mawa kuchokera ku tulo tamtendere komanso tozama
Mumamva bwino komanso mukusangalala
Mpaka zosokoneza za moyo watsiku ndi tsiku zikukuvutitsani
Zimatenga gawo lalikulu la chidziwitso chanu
Ndipo zimakhala zenizeni komanso zachangu kuposa zina
Ngakhale kuti pali mavuto onse, zotsutsana, ndi zokhumudwitsa
Munthu ayenera kugwira ntchito yolankhulana ndi iyemwini
Wolemera ndi chuma chosawerengeka
Izi ndi zomwe zimapangitsa moyo kukhala wosangalatsa komanso wolemekezeka
Malingaliro ndi zochita zotsika mtengo ziyenera kupewedwa
Ndipo osagwidwa ndi zinthu zazing'ono za moyo wa dziko lapansi
Chifukwa ikakhazikika mu chidziwitso

Imamatirira ku maselo a ubongo
Mpaka mtendere ndi mgwirizano zitachotsedwa mu mzimu
Ndipo pamodzi nawo, malingaliro abwino ndi masomphenya oyera
Chifukwa chake, ndikofunikira kuchotsa mphamvu zosagwirizana
Kuchokera m'maganizo ndi kutulutsa malingaliro oipa mumtima
Kuti kuwala kwa kuwala kuwafikire
Mphamvu ya thanzi, mphamvu, ndi madalitso
Phala lodabwitsa
Kuuziridwa ndi ziphunzitso za Master Paramhansa
Malingaliro ali ngati zidutswa za dongo zomwe zingapangidwe kukhala dayisi kapena njoka za m'nyanja, koma ndi kuuma kwa mwala wa thanthwe
Munthu aliyense ali ndi kuthekera kokhala wojambula zithunzi za moyo wake komanso wojambula zithunzi za .tsogolo lake
Muloleni atenge pang'ono phala lodabwitsa ili ndikupanga ntchito yabwino kwambiri yaluso kuchokera .pamenepo, ndipo adzalandira chisangalalo chochuluka
Kuwala kwa mphezi m'mlengalenga n'kovuta kuwunikira ndipo kumalowetsa mawaya kuti aunikire m'nyumba ndi m'misewu, koma izi zachitika
Sikophweka kuyitanitsa ndi kuyika mphamvu zosaoneka za chilengedwe chonse mu dongosolo Zimateteza anthu ku misampha ndi kuwateteza ku zoyipa, ngati n'kotheka. Ngakhale kuti choipa chilipo komanso chili ndi mphamvu, kuwala kuliponso, ndipo chabwino chili champhamvu komanso chokhalitsa kuposa choipa chifukwa chimathandizidwa ndi choonadi chosatha komanso chokhalitsa, chomwe ndi mphamvu yamphamvu kwambiri m'chilengedwe chonse ndipo pamapeto pake .chidzapambana

Kuyang'ana kwambiri pa malingaliro abwino komanso abwino kumatanthauza kupanga mgwirizano wothandiza, kapena kupanga njira yomveka bwino, pakati pa malingaliro ndi gwero la zabwino zonse, zomwe ndi ubwino wokha. Munthu akamaganizira kwambiri za ubwino, kugwedezeka kwake kumakokedwa kwambiri m'maganizo ndi m'thupi. Kugwedezeka kumeneku kuli ndi mphamvu yosintha machitidwe ambiri amisala ndi thupi, ndipo ndi kwamphamvu kwambiri kotero kuti kumachotsa zokha kugwedezeka komwe sikukugwirizana ndi kapangidwe ka .maganizo ndi thupi la munthuyo

Munthu akamanena kuti, "Ndatopa," kumva kutopa kumakhala kwamphamvu chifukwa chakuti kwadziwika, motero kumachepetsa zochita ndi kuletsa kuyenda kwa mphamvu. Komabe, akamanena kuti, "Ndikufuna kupuma," amatsegula maso awo ku mafunde ofunikira omwe amatsitsimula maganizo ndi thupi, ndipo amatha kukhala ndi .mphamvu zambiri panthawi yochepa yopuma

Kukhumudwa, komwe kumayambitsa vuto la maganizo, kungapewedwe mwa kusaganizira kwambiri za vutolo, kukumbukira chochitika chosangalatsa, kapena kuganizira za anthu omwe mumawakonda, omwe mumawakhulupirira, komanso omwe mumakhala omasuka nawo, pamene mukutsimikiza kuti kukhumudwa ndi mtambo wachilimwe womwe umadutsa, ngakhale kutakhala kolimba komanso .koopsa bwanji

Mavuto omwe munthu amakumana nawo sayenera kunyalanyazidwa kapena kunyozedwa. M'malo mwake, mavutowa ayenera kuthetsedwa mwanzeru komanso moyenera pofunafuna njira yothandiza yochepetsera .mphamvu zawo ndikuchepetsa zotsatira zake

Izi sizikutanthauza kuti anthu ochiritsa matenda amisala amapereka chithandizo chamankhwala chosiyanasiyana komanso chamtengo wapatali kudzera mu ukatswiri wawo komanso njira zapamwamba zasayansi; m'malo mwake,

kuganiza bwino kumathandiza kubzala mbewu ya machiritso .m'thupi motero kumakhala njira imodzi yochiritsira
Mofananamo, m'malo monena kuti "Ndikudwala,"
cholinga chiyenera kukhala pa kufunikira kwa machiritso. Khalidwe limeneli limapangitsa maganizo ndi thupi kulandira njira zochiritsira ndi mphamvu, kutsegula ma pores kapena njira zomwe mphamvu imeneyi imafunika kuti ilowe m'maselo ndi minofu, kukonza zinthu zosafunikira komanso zolakwika, ndikukonzanso makina ofooka a thupi. Chifukwa chake, munthu wozolowera kufooka ndi kutopa pafupipafupi adzapeza, pakapita nthawi, kuti kuganiza bwino kumathandiza kuchepetsa kuchuluka kwa zochitika izi, zomwe zimapangitsa kuti munthu akhale ndi mphamvu zatsopano komanso moyo wabwino, mothandizidwa ndi .Mulungu, Mchiritsi wa matenda ndi matenda onse
Zokolola za chidani
Nasi ndi Zakir adadana, ndipo ndewu zawo zinayamba
ali ana aang'ono kusukulu, ndipo atakula udani wawo unakula , ndipo anakhala otsutsana mu bizinesi yogulitsa . nsapato
Nthawi ina, anapikisana kuti akwatire mtsikana, ndipo
popeza Nasi anali wamphamvu pang'ono kuposa Zakir, anamumenya kwambiri ndipo anamusiya atakomoka. Zakir atachira, anachita manyazi, chisoni, komanso kunyansidwa .ndi zomwe zinamuchitikira
Patapita zaka zambiri, Zakir anaganiza zosamukira
.mumzinda wina kukagwira ntchito ndikukhalamo
Nasi anaiwala zomwe zinachitika, koma Zakir sanathe
kuchotsa m'maganizo mwake manyazi ndi manyazi omwe Nasi adamuchitira. Komabe, anapitiriza kubwerezabwereza ndi kudzitsimikizira yekha kuti: Ndimukhululukira Nasi ndipo .sindidzakumbukira kulakwa kwake kwa ine
Koma patatha miyezi ingapo, Zakir anazindikira kuti
akamalankhula tsiku ndi tsiku za chikhululukiro, mumtima

mwake ankalakalaka kubwezera ndipo ankayembekezera .mwayi wobwezera ndi kuthetsa ludzu lake la kubwezera

Patapita kanthawi, Nasi anamva kukoka kwachilendo komwe kunamukokera kumzinda komwe mdani wake wakale, Zakir, anasamukira. Sanakayikire kuti chinachake chinali pafupi kuchitika, komabe, Zakir ankadziwa za kukhalapo kwa Nasi mumzindawo ndipo anayamba .kuyang'anitsitsa mayendedwe ake

Madzulo ena, Nasi anapita kokayenda ndi "kununkhiza mpweya wabwino," ngakhale kuti nyengo inali yamdima komanso yamvula

Pamene ankayenda yekha pamsewu wobisika, anadutsa pafupi ndi nyumba yosungiramo katundu yopanda anthu, pomwe Zakir ankamutsatira mobisa komanso mosamala. Pamene mwayi unapezeka, anaganiza zolipira ndalamazo .ndi chiwongola dzanja chokwanira

Atasangalala kwambiri, anapeza matailosi olimba omwe anagwa kuchokera pa khoma la chipinda chosungiramo zinthu. Analigwira ndipo anamenya mdani wake wakale mwamphamvu pamutu, n’kumugwetsa pansi, kenako anabwerera mofulumira momwe anabwerera, osadziwa kuti .analipo

Patatha maola angapo, mvula inasiya, mitambo inagawanika, ndipo kuwala kwa mwezi kunaonekera kudzera m'bowo pamwamba pa khoma. Nasi anadzuka nadzipeza .atagona pansi, wofooka kwambiri

Anayesa kupeza chomwe chachitika, ndipo ataona thailo pambali pake ndi dzenje pakhoma pamwamba pake, anaganiza kuti pamene ankayenda m'mbali mwa nyumba yosungiramo katundu, tsoka lake linapangitsa kuti thailo ligwe kuchokera pamwamba pa khoma ndikugwera pamutu .pake

Mfundo yaikulu ya nkhaniyi ndi yakuti anthu nthawi zambiri amaiwala zolakwa zomwe adachitira ena, ngakhale kuti zotsatira zake sizingaiwalike, ndipo zotsatira zake

zimawatsata mwakachetechete mu mdima wa kusadziwa Monga momwe ng'ombe ingapezere mwana wake pakati pa zikwi za ena, momwemonso zotsatira za zochita zathu zili ndi mphamvu yotitsata mosalekeza ndikupeza komwe tili, .ngakhale patatha nthawi yayitali

Akanati Nasi anali ndi nzeru ndipo anayesa kuthetsa mkangano ndi mdani wake Zakir ndikumupepesa pambuyo pa chochitika chimenecho, akanatha kuchepetsa mkwiyo wa .mdani wake ndipo zinthu sizikanapitirira kukula

Koma zinthu sizinasinthe, ndipo mbewu za zotsatirapo zoopsa zinakula ndikukula m'mimba mwa tsogolo lamdima, zomwe zinafika pachimake pa kubadwa koopsa. Kuti tipewe zodabwitsa zosasangalatsa, mbewu za mkangano woipa zomwe zili m'nthaka ya maganizo ziyenera kutenthedwa, ndipo kuwona pasadakhale kuyenera kuchitika patsogolo, chifukwa lamulo lapadziko lonse limafuna kuti munthu akolole zipatso za zochita zake, kaya zabwino kapena .zoyipa, zokoma kapena zowawa

Tikumbukire kuti chochita chilichonse chimasiya zizindikiro zomwe zimasungidwa ngati zizolowezi ndi zilakolako m'maganizo. Pokhapokha ngati izi zitachitidwa mwanzeru komanso mwanzeru, zimabweretsa zotsatira zoopsa. Komabe, mbewu za zochita zoipa zikawotchedwa ndi .moto wa nzeru, sizidzatha kukulanso

Tanthauzo la kukweza chidziwitso
moyo wakuubwana
Mzimu umasokoneza makina enieni
Mpaka atagwirizana nazo kwathunthu
Ndicho chifukwa chake tiyenera kukhala ndi moyo
Kuti zofuna za thupi zisatilepheretse
Sitimva kuti tikulephera kukwaniritsa zinthu zakuthupi
Kukula kwa maganizo ndi chinthu chopangidwa
Kukula kapena chitukuko chakuthupi
Malinga ndi kusintha kwa chilengedwe
Mzimu womwewo ukutuluka

Mwa kukwera kufika pamlingo wamaganizo
Kapena mulingo wa luso ndi kuchuluka
Motero kusonyeza luso lapadera
Chimene chimasiyanitsa anthu
Za zolengedwa zina zonse
Kenako imakwera
Kufikira pamlingo wa chidziwitso chauzimu
Zomwe zimapatsa tanthauzo ndi phindu
Kuti zinthu zikuyendereni bwino
kupambana m'maganizo
Palibe kukayika kuti kupambana kwa nzeru ndi kopindulitsa
Chifukwa zinthu zonse zabwino ndi zamtengo wapatali
Ndipo pang'onopang'ono timazindikira kuti gawo lotsatira
Zikukweza chidziwitso cha thupi
Kuzindikira zauzimu
Kudzera mu kulimbitsa thupi ndi malingaliro
Mwa kusawononga mphamvu zofunika za thupi
Ndipo kuyang'ana kuwala kwa malingaliro, msakatuli
Pa zinthu zofunika kwambiri
Mpaka atakhala
Njira yothandiza komanso yogwirizana
Mzimu ukhoza kupitilira pamenepo kudzifotokoza
Ndipo kusonyeza luso lake
Ndipo kuyambitsa mphamvu zake zauzimu
Kumasulidwa mwauzimu kumatanthauza kumasula moyo
Kuchokera mu msampha wa umbuli
Ndipo mukweze kufika pamlingo woyenera
Ndipo kumasula ku zoletsa za chidziwitso chochepa
Moyo wa munthu nthawi zambiri umakhala wokongola kwambiri
Koma kugwirizana nazo

Zili ngati mbalame ya ku paradaiso yogwira chikole chake
Kotero kuti ngati mutsegula chitseko cha khola
Mbalameyo yazengereza kuchoka
Chifukwa cha chizolowezi ndi nthawi yomwe amakhala mkati mwa khola
?Kodi sizodabwitsa zimenezo
Mbalameyi sikufuna kuchoka m'dera lake lopapatiza
Ku ufulu wa malo opanda malire
?Kodi anachokera kwa ndani
Izi zikugwiranso ntchito kwa ife
Chifukwa tinakhala nthawi yayitali
Mu khola lakuthupi
Tikuopa kuti akupita patsogolo kwambiri
Koma nzeru zimatiuza kuti
Kumasula Mbalame ya Moyo
Kuchokera ku khola la zoletsa
Ndipo kuitulutsa mu dziko lopanda malire la chidziwitso
Adzalawanso chimwemwe chamkati
Lamulo la kuyenda limachokera pa lamulo la chifukwa ndi zotsatira, kapena zochita ndi zomwe zimachitika
Munthu wobadwa wabwino m'moyo uno anali choncho m'thupi lakale {chifukwa cha zomwe manja ake achita} ndipo ngati amayesetsa kuchita zabwino, ndiye kuti muyeso wa zabwino udzamuthandiza kwambiri (kwa iye amene ali nazo, zambiri zidzapatsidwa ndipo zambiri zidzaperekedwa)
Anthu omwe ali ndi makhalidwe abwino ochepa okha angataye ngakhale pang'ono chifukwa cha zizolowezi zoipa .zomwe zimawaukira ndi kuwagonjetsa
Munthu amene amakonda kuchita zoipa ayenera kuti anali ndi chizolowezi choipa chimenecho m'moyo wakale, ndipo chizolowezi choipachi chingakule ndikuchilamulira. Amene ali ndi chizolowezi choipa anali choncho kale, ndipo ngati chabwino chikuposa choipa, ndiye kuti makhalidwe .abwino adzachotsa chizolowezi choipa m'miyoyo yawo

Uku ndi kugwira ntchito kwachibadwa kwa lamulo la chifukwa ndi zotsatira (karma). Komabe, munthu sayenera kudzimva wopanda thandizo komanso wogwidwa ngati ali ndi zizolowezi zosafunika zomwe akufuna kuzichotsa. Ino ndi nthawi yoyenera yogonjetsera zizolowezizo mwa kukulitsa .kutsimikiza mtima kwakale ndi kuganiza bwino

Munthu akhoza kudzimasula ku zizolowezi zoipa ndikupanga zizolowezi zabwino m'maganizo ndi m'zochita .zake, zomwe zingamubweretsere zotsatira zomwe akufuna

Kaya zizolowezi zoipa zili zozama bwanji mwa munthu, ayenera kukumbukira kuti iwowo adapanga zizolowezizo mwa kubwerezabwereza maganizo ndi zochita zinazake, ndipo akhoza kusintha zizolowezi zoipazo ndi zabwino mwa .kuganiza bwino komanso komanga

Malingaliro abwino ndi oipa ndi osiyana a chidziwitso cha munthu. Mwachibadwa, ndi bwino kukhala ndi maloto abwino kuposa kuvutika ndi maloto oopsa. Chikumbumtima chimasinthasintha komanso chimakhala chosavuta kumva; chimatha kutenga mkhalidwe uliwonse womwe chikufuna kapena kulota maloto omwe chimawakonda. Komabe, vuto la anthu ndilakuti amalola dziko lawo la chidziwitso—mwaufulu wawo ndi kusankha kwawo—kulamulidwa ndi zizolowezi zolakwika ndi malingaliro olakwika obadwa ndi zizolowezi zakale. Chifukwa chake, mphamvu zawo zozindikira zimakhalabe zothawathawa komanso zoyenda, monga momwe chitetezo cham'thupi chimakhalira kumbuyo .kwa linga la kuzindikira ndi kuzindikira

Anthu oledzera ndi zizolowezi zoipa akalawa ululu wa ululu wobwera chifukwa cha moyo wosazolowereka, adzayang'ana kuunika kwa kumvetsetsa ndi moyo wolungama pofunafuna chipulumutso, ngakhale zizolowezi .zawo zoipa zitakhala zozama komanso zowononga bwanji

Kenako, ngati ayesetsa kukulitsa ndi kukulitsa zizolowezi zabwino mwa kuchita zinthu mogwirizana, adzapezanso chimwemwe chamkati ndikusangalala ndi

mtendere monga zotsatira zachibadwa za kudziletsa ndi .kukulitsa zizolowezi zabwino

Tikupempha Mulungu Wamphamvuyonse kuti atithandize kuti tidzipulumutse ku zopinga zonse ndikutsogolera malingaliro athu m'njira zoyenera komanso .zopindulitsa

Kuzindikira zinthu zauzimu

Anthu ena amakhala moyo wawo wonse

Ndi maganizo osagwira ntchito komanso kumvetsetsa pang'ono

Amadya ndipo amagona

Ndipo amasangalala ndi zosangalatsa zina

Saganiza mozama kawirikawiri

Ndipotu, anthu ambiri

Safika pamlingo wokwanira

Mu nyanja ya malingaliro auzimu

Chifukwa amakhulupirira kuti dziko lapansi ndi la

Ndi chilichonse chomwe chilipo

Koma moyo uno

Ndi maloto achidule chabe

Nanga n’chifukwa chiyani anthu akuthamanga ?mofulumira komanso akupuma movutikira

?Ndipo kuyesera kupeza chiyanjo cha dziko lapansi

?Kodi si bwino

?Kuyesa kukondweretsa Mulungu kaye

Zinyama zilibe ufulu wosankha

Chifukwa Mulungu anamumanga ndi chibadwa chake

Koma anaika nzeru mwa munthu

Anthu ali ndi ufulu

Kukwera kapena kugwa

Kusankha chabwino kapena choipa

Pamene chidziwitso chimamizidwa

Mu zosangalatsa zonyansa

Imayang'aniridwa ndi malingaliro amdima komanso okhuthala

Amagwa kuchokera ku paradaiso wachimwemwe
Amataya chisangalalo chauzimu
Ndipo mzimu waulosi wabisika
Iye sangapeze njira yake yopita kwa Mulungu
Koma n'zotheka kusintha chidziwitso kukhala chauzimu
Mwa kuganizira za Mulungu
Ndipo pemphero lochokera pansi pa mtima komanso lozama kwa Iye
Kuti chitseko chodala chitseguke
Kutsogolera ku Ufumu wa Kuunika ndi Chisangalalo
zobisika mkati mwa thunthu la chidziwitso
Kuchokera ku chuma cha mphunzitsi Paramahansa
Malingaliro ndi chitsogozo

Ziphunzitso za Master Paramhansa Yogananda
Pamene mtima uli ndi munthu
Zimamukoka kuti apite kumeneko
Makhalidwe onse a munthu ameneyo
?Ndani amaganiza za anthu abwino
Chifundo chawo chaperekedwa kwa iye
Ndipo iwo amene amaika chidwi chawo pa anthu olimbikitsa
Maupangiri amabwera kwa iye
Ndipo aliyense amene akutsatira, ngakhale mu malingaliro
Anthu a chikumbumtima
makhalidwe abwino

Ndipo cholinga chabwino
Amagawana ulemu wawo ndi makhalidwe awo abwino
Chifukwa ganizo likugawikana ngati maginito
Zokopa ngati
Khalani ndi tsiku labwino ndipo mtendere ukhale pa inu
***
Aliyense akufunafuna chimwemwe chosatha
Musasinthe kukhala phulusa m'dzanja lanu
Kafukufukuyu wabweretsa zinthu zambiri
Kuchokera ku malingaliro olakwika, mavuto, ndi zokhumudwitsa
Anthu amafunanso chimwemwe chatsopano
Sichifota, sichichepa, kapena kutha
Ndipo munthu amaphunzira kuchokera ku zomwe wakumana nazo
Chimwemwe cha padziko lapansi ndi chisangalalo
Kwakanthawi kochepa komanso osati kwamuyaya
Nthawi zambiri amapeza kuti akapeza zomwe akufuna
Sakukhutirabe ndi zomwe wakwanitsa
Kenako amafuna kukwaniritsa chikhumbo china
Popanda kupeza chimwemwe chomwe mukufuna
Komabe, akuyeseranso
!Kubwerera ku square one ndi zina zotero
Chimwemwe chenicheni ndi chisangalalo cha kuzindikira zinthu zauzimu
Chimwemwe choganizira za Mulungu ndi kulankhulana naye
Chimwemwe cha mtendere ndi bata la mtima
Chisangalalo cha chikondi cha Mulungu
Ndipo kukonda ena ndi chikondi chimenecho
Ndipo chisangalalo cha kumva kolimba komanso kosagwedezeka kwa chitsimikizo
Kuti mzimu ndi wosafa
Ndipo chimwemwe chake chimamutsatira
Ngakhale atachoka

Moyo wa padziko lapansi wosakhalitsa uwu
***
Ambuye, ndithandizeni
Kuti ndipeze chimwemwe changa mwa Inu
Ndikuyembekeza kusangalala ndi dziko lapansi
Ndipo pochita ntchito zanga zapadziko lapansi
Ndipo ndiphunzitseni momwe ndingasinthire malingaliro anga
Kuti muthe kusiyanitsa pakati pa chabwino ndi choipa
Choncho sangalalani ndi zabwino zokha
Ndiloleni ndisangalale ndi zosangalatsa zapadziko lapansi
Chisangalalo chauzimu chomwe chimakulitsidwa ndi chimwemwe chanu choyera
Ndipo ndithandizeni kuti ndikupangeni
Gawo lofunika kwambiri pa moyo wanga
Ndipo chinthu chofunikira kwambiri pochita ntchito zanga za tsiku ndi tsiku
Ndikumva kuti uli ndi ine
Nthawi zonse
Ndipo pamlingo uliwonse
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chifuniro cha munthu
Ndi chiwonetsero cha chifuniro cha Mulungu
Ndipo ikatsogozedwa ndi nzeru
Mphamvu yake imakhala yopanda malire
Chifuniro cha Mulungu chimalamulira mphamvu za chilengedwe
Kupindula ndi mphamvu zakuthambo
Amene katundu wake satsika
Kupereka kwake sikutha
Iyenera kusamutsidwira ku thupi
Kudzera mu waya wa malingaliro abwino
ndi mgwirizano weniweni
Ndi chifuniro cha Mulungu

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Aphunzitsi abwino salangiza ulesi ndi kusasamala; m'malo mwake, amaphunzitsa njira yolinganiza. N'zachibadwa kuti munthu agwire ntchito kuti azitha kusamalira thupi lake ndikuwapatsa zovala ndi chakudya. Komabe, ngati ntchito za munthu ziloledwa kutsutsana .kapena kutsutsana ndi ena, ndiye kuti si udindo weniweni

Pali anthu ambiri amalonda otanganidwa ndi kusonkhanitsa chuma, koma sadziwa ululu ndi mavuto a mtima omwe amadzibweretsera okha. Ngati kufunafuna chuma kumapangitsa munthu kunyalanyaza udindo wake .wosamalira thanzi lake, ndiye kuti si udindo konse

Munthu ayenera kukula mogwirizana komanso moyenera Palibe chifukwa choganizira kwambiri za kukhala ndi thupi lamphamvu ngati ubongo mkati mwa thupilo ndi .wofooka. Maganizo ayeneranso kukulitsidwa

Aliyense amene ali ndi thanzi labwino, moyo wabwino, komanso mphamvu zambiri zamaganizo, koma akusowabe .chimwemwe, sanapambane pa moyo wake

Aliyense amene anganene kuti, "Ndili wokondwa ndipo palibe amene angandichotsere chimwemwe," wafika pachimake cha kupambana ndipo wapeza chithunzi chodala .mkati mwake

Munthu ayenera kunyada kuti Mulungu adamulenga m'chifaniziro Chake. Koma ngati amadzitama, amakwiya, kapena amakwiya msanga, ndipo amanyoza ena, ndipo ngati achoka m'thupi ali ndi maganizo amenewo, sadzamva kuti .ali pafupi ndi Mulungu

Nthawi ina, mmodzi mwa anthu a Mulungu anali kusamba mumtsinje pamene munthu wina anabwera nayamba kutsuka kavalo wake pafupi ndi munthu wolungamayo, akumuthira madzi mwadala komanso mosasamala. Ophunzira a woyera mtima anakwiya ndipo anafuna kumenya woukirayo ndikumuthamangitsa, koma

mphunzitsi wawo anawauza kuti, “Musachite zimenezo, koma musiyeni yekha.”

Mwadzidzidzi, kavalo anamenya mwini wake, n’kumuthyola mano angapo. Munthu wabwinoyo anamuyandikira mwachikondi n’kuyamba kumusamalira ndi kumuchiritsa. Lamulo lokhwima la chilengedwe, osati woyera mtima, ndi limene linalanga wochimwa.

Mulungu ndi malamulo Ake apadziko lonse amagwira ntchito mosatopa komanso mosalekeza kuti achepetse mavuto a onse amene amamudalira, kufunafuna thandizo Lake, ndi kuthandizana ndi kulimbikitsana pa ulendo wa moyo {Ndipo Mulungu nthawi zonse amakhala wokonzeka kuthandiza mtumiki Wake bola ngati mtumikiyo akuthandiza m'bale wake}

Zinthu zina zitha kudikira

Chilichonse chilipo chifukwa Mulungu alipo Ndipo chifukwa Iye alipo, ifenso tilipo, ndipo chifukwa cha ubwino Wake ndi kukhalapo Kwake, tili ndi chipambano ndi chisangalalo cha moyo. Chifukwa chake, kuyamikira kwathu Mulungu kuyenera kukhala kwakukulu ndipo kuyamikira kwathu kuyenera kukhala kwakukulu, chifukwa Iye amati, “Ngati muyamikira, ndidzakuwonjezerani [mu kukoma mtima],” ndipo tiyenera kuyamika Mulungu mosalekeza.

Kufunika kwa Mulungu kwa anthu n’kosayerekezeka, koma anthu ambiri amaika patsogolo kwambiri moyo wa zinthu zakuthupi ndipo motero sadziwa Mulungu.

Ntchito zakuthupi ndi maudindo a anthu ziyenera kukwaniritsidwa pamene mukuganizira za Mulungu, chifukwa Mngelo wa Imfa - moyo wanu ukhale wautali - amalanda anthu okhala padziko lapansi tsiku lililonse, mmodzi pambuyo pa mnzake, ndipo tingafunike kuchoka m'nyumba yakufa iyi nthawi iliyonse.

Tiyenera kuchita zinthu zathu m'dziko lino ndi chikumbumtima choyera pamene maganizo athu akugwirizana ndi Mulungu. Ndimayesetsa kutumikira

aliyense, koma ndikakhala ndekha ndikuganizira, sindilola aliyense kusokoneza malingaliro anga. Zinthu zina zimatha kudikira, koma tiyenera kukhala ndi nthawi yokumana ndi Mulungu tsiku ndi tsiku, amene watipatsa zonse zomwe .tikusowa padziko lapansi

Pamene Woweruza anali kupereka chigamulo chake chomaliza chokhudza nkhani yovuta yomwe imatanthauza moyo kapena imfa kwa munthu wina, panthawi yomweyo anali kuganizira za mavuto apakhomo omwe adamuchitikira tsiku limenelo ndipo anakhumudwa chifukwa lamulo lake !kunyumba silinagwiritsidwe ntchito

Ngati woweruza wotere apereka chigamulo chosalungama chomwe chingachititse kuti munthu wosalakwa afe chifukwa chosowa chidwi, ndiye kuti nayenso adzaimbidwa mlandu ndi kuweruzidwa pamaso pa Woweruza Wamkulu, Woweruza wa machimo onse: lamulo lapadziko lonse lomwe silidziwa tsankho ndipo momwe mulibe malo .ochitira zachibale

Anthu ambiri sachita bwino kupeza ndalama komanso sachita bwino pa kayendetsedwe ka bizinesi

Amakhala opanda nzeru zozindikira zinthu chifukwa akakhala kuntchito amaganizira za mavuto awo apakhomo, ndipo akakhala kunyumba maganizo awo amakhala .otanganidwa ndi ntchito

Chifukwa chake, munthu sayenera kuyang'ana kwambiri pa zinthu zoposa chimodzi nthawi imodzi

***

Kalekale, masana
Ndafika ku chipinda cha chidziwitso
Ndipo mawindo a nyimbo anatsegulidwa
Malo okongola, fungo labwino, kukoma, kukhudza
Ndipo ndinapempha nyimbo zofewa kwambiri komanso mitundu yokongola kwambiri
Kuti abwere kudzagwedezeka pamaso panga ndikuvina
Nthawi zina ndinkaseka ndipo nthawi zina ndinkalira

Pamene maso anga akutuluka misozi
Mabala a zomwe ndakumana nazo amandipweteka
Tsekani chitseko cha mphamvu ya kumva
Ndipo lowetsani malo opanda malire
Mu dziko la tulo ndi maloto
Kumeneko ndimagona pansi mwamtendere komanso momasuka
Pansi pa bulangeti la mdima
Nditapuma mokwanira
Kuchokera m'tulo, ndimatsegula chitseko china
Ndipo lowani m'chipinda cha maloto
Kotero ndimaonera mafilimu oyesera ndi ofufuza
Mu filimu ya osadziwa kalikonse
Kumene ndimagwira ntchito momwe ndikufunira
Ndipo ndimaluka maloto a velvet a zikumbutso zokoma
Pa makatani a silika
Pa izo, lembani dzina la chilengedwe chokondedwa
Koma ndikakhala kunja kwa zipinda ziwirizi
Nthawi zina ndimapita dala ku kuya kosadziwika kwa chilengedwe chonse
Kugonjetsa mdima wakuda kwambiri, wopondereza kwambiri
Kuwoloka zigwa zakuya
Kufika m'mphepete mwa malo osatha
Kumeneko m'dziko la umodzi
Palibe awiriawiri, palibe maloto
Palibe zokhumudwitsa, palibe ululu
M'malo mwake, masomphenya athunthu
Ndipo chisangalalo chobwerezabwereza
Ndipo kuunika kwa kumwamba ndi dziko lapansi
***
Tikakhala mu mtendere ndi Mulungu kwambiri
Nthawi iliyonse tikatha
kukhala mwamtendere
Ndi ife tokha komanso ndi dziko lapansi

Tiyeni nthawi zonse tiziyesetsa kulunjika maganizo athu
Kupita ku mtheradi komanso wopanda malire
Palibe chimwemwe chofanana nacho
Ndi chisangalalo, ndimafunafuna Mulungu
Ndipo lankhulani naye
Dzizungulireni ndi malingaliro abwino
Malingaliro awa adzakuthandizani
Kuyandikira kwambiri
Mulungu amabweretsa zabwino zonse ndi chimwemwe
Mtendere ndi chikondi kwa onse
***
Gawo la anthu owerengera anthu
Kuchokera mu chidziwitso chake chapadera: umunthu wa munthu aliyense
Mulungu adalenga kalembera
Akuyesera kupeza chiwerengerocho
Kubwerera ku umodzi wa chilengedwe kachiwiri
Pamene mphepo yamkuntho ikuwomba pamwamba pa nyanja
Zimapanga mafunde osawerengeka
Pamene mphepo yamkuntho yatha
Mafunde amabwerera mkati mwa nyanja
Mu kusiyanasiyana ndi kusiyanasiyana kwa chilengedwe
Pali gawo lobisika lobadwa nalo
Monga momwe nyanja ilili maziko a mafunde
Kudziwa bwino za banja kumabweretsa anthu pamodzi
Mayiko ali ndi atsogoleri oti awagwirizanitse ndikuwatsogolera njira zawo
Pali magulu a anthu omwe ali ndi mavuto ofanana
Munthu akapeza Mulungu
Amapeza kuti mphamvu zonse zili pamodzi mkati mwake
Amaunikira malingaliro ake
Masomphenya atsopano a moyo amaonekera m'maganizo mwake

Moyo umakhala wokoma
Ndipo mtendere umadzaza moyo
Ndipo zovuta za moyo zimasinthika
Ku chinthu chonga loto
***

Wofunafunayo akamaliza sukulu ya moyo ndipo nthawi ikafika yoti apite ku maphunziro apamwamba, amasangalala kwambiri, pozindikira kuti wachita bwino pankhondo ya moyo ndipo wapeza chiyanjo cha Mulungu, komanso kukhala .wotsimikiza za kukumana naye komwe kukubwera

Ndi wokondedwa wa chilengedwe chonse, zokhumba zake zimakula, ndipo zokhumba zimenezo zimasanduka mafuta auzimu omwe amamutengera mosavuta ku madera a mtendere, kuwala, ndi chisangalalo chokhazikika chomwe .chilibe mapeto

* * *

Mvula yachifundo cha Mulungu siigwa pa nsonga zazitali za kunyada, koma imagwa mosavuta ku zigwa za !kudzichepetsa

Mphunzitsi Paramahansa analankhula za njira yachangu yomwe, mwa chisomo cha Mulungu, timamasulidwira ku :zinyengo zachinyengo za chilengedwe chonse. Iye anati

"Mu chilengedwechi tikuoneka kuti tikumira mu nyanja ya mavuto ndi zowawa, kotero Mulungu amatigwedeza kuti "atidzutse ku maloto oopsa awa

Iye anatero, akulimbikitsa mmodzi mwa ophunzira ake :kuti

"Dziwani kuti chilichonse chimene mukufuna ndi zina "zambiri chikukuyembekezerani mwa Mulungu

Iye anauza wophunzira amene ankaoneka kuti anali ndi :makhalidwe oipa kwambiri kuti

"Ngati mulibe mphamvu yodzifunira, yesani kukulitsa mphamvu yochita zinthu mosadzifunira (monga kuchita "zinthu mosadzifunira osalakwitsa)

Kudzitsimikizira

Lero ndiphwanya chithunzi cha umbuli
Zimenezo zimadetsa malo opatulika a moyo mkati mwanga
Ndipo ndidzakumbukira kuti Kuwala Koyera kwa Mulungu
Zimandionekera nthawi zonse
Ndipo zimachotsa mdima wa chinyengo m'maganizo mwanga ndi m'moyo wanga
Ndipo amene anandilenga sadzandisiya
* * *
Pansi pa mafunde onse a moyo
Nyanja yochuluka ya kukhalapo kwa Mulungu ili
Kumbuyo kwa kugunda kwa mtima kulikonse
Nyanja yopanda malire ya chikondi cha chilengedwe chonse ili mkati
* * *
Usiku uliwonse ndimadzilimbitsa mtima kuti sindili thupi
M'malo mwake, mzimu umene umakhala m'thupi
Ndipo kuti umunthu wanga wauzimu ndi wosatha wosafa
Ndikadzuka, ndidzakumbukira kutsimikiziranso
* * *
Mu kapangidwe ka tulo, ndidzachira ndikukonzanso mphamvu zanga
Koma sizokwanira
Ndikufuna malo opumulirako chete ndi kuganizira
Kumene ndingathe kupumula tsiku lililonse
Kuti ndifufuze bwino zomwe ndikudziwa
Ndipo kufufuza zinsinsi za moyo wanga
Tanthauzo la bata
Kutonthola kumatanthauza malingaliro otonthoza
Kutonthoza thupi ndi kuwongolera zosowa zake
Aliyense amene angathe kuchita zimenezo adzasangalala ndi mtendere wamumtima

Adzamva mafunde okongola komanso malingaliro
.ochokera kumayiko okonzedwa bwino
Ndipo amene azama kwambiri mu bata, ndiye
Adzapeza ufumu wa Mulungu mkati mwake
Bola munthu akuyenda panjira
Mphindi iliyonse ya nthawi yake ndi yamtengo wapatali
kwambiri
Tili pano pa malo awa (nyumba yodutsa) kwa kanthawi
kochepa
Chilichonse ndi chaching'ono, koma kumverera kwa
Mulungu ndi kwamuyaya
Palibe chomwe chingachotse mumtima ndi m'moyo
Sitiyenera kulola mayesero a dziko lino kutilamulira
Mwa kutichotsa pa cholinga chathu chachikulu komanso
cholinga chathu chachikulu: Mulungu
Kudziwa Mulungu n'kotheka
Tiyenera kupeza mbuye wa chilengedwe chonse
Kuchokera mu kuwala kwake nyenyezi zimawala
Ndipo ndi mphamvu zake mitima ikugunda
Tiyenera kumufunafuna mu Kachisi wa Chete
Tikamaitana Mulungu ndi chikhumbo ndi chikhumbo
Ndipo tikamamuganizira ndi chilakolako choyaka
Tidzamupeza
Sindikunena za mulungu wosadziwika
M'malo mwake, ndi za Ambuye amene ndamudziwa
Ndipo ndi zoona kwa ine
Ndi yeniyeni kuposa zinthu zonse zakuthupi
Ndi nyanja yaumulungu yomwe imachirikiza ndi
kuchirikiza mafunde a miyoyo yathu ya anthu
Tingathe kukhala popanda chilichonse kupatula Mulungu
Mulungu amafuna kuti tipatsane wina ndi mnzake
Tiyenera kukumbukira kuti pofuna kukwaniritsa zosowa
zathu, tiyeneranso kuthandiza ena ndi zomwe akufunikira
.ndikugawana zomwe timapeza ndi anthu osauka

Tikumbukire kuti ndife gawo lofunika kwambiri la banja lapadziko lonse lapansi ndipo sitingakhale popanda banjali Kodi moyo ukanakhala bwanji popanda kalipentala, wopanga zinthu, kapena mlimi? Kudzera mu kusinthana mautumiki ndi ukatswiri, Mulungu akufuna kuti tiziganizira za ena, chifukwa ndi kulakwitsa kwakukulu kukhala moyo wokha Tikamaganizira za chimwemwe chathu, tiyeneranso kuganizira zokondweretsa ena. Sikofunikira kusiya .chilichonse

Chifukwa cha banja lapadziko lonse lapansi, chifukwa zimenezo sizingatheke. Koma tiyenera kumvera ena chisoni .ndi kuona zosowa zawo ngati zathu

Mulungu akufuna kuti tipatsane zonse zomwe timapatsana, chifukwa ena ndi omwe ali ndi udindo waukulu .kwa ife

Yankhani ndikuletsa ziwopsezo zoopsa zachinyengo Malingana ngati munthu ali ngati nyama yolusa, nsanje, ndi kaduka, sali omasuka. Ayenera kukhala olamulira malingaliro ndi zochita zawo, ndikudzimasula ku zilakolako zowononga, zilakolako zosalamulirika, ndi zilakolako .zolakwika

Ngati muli oona mtima kwathunthu, nzeru zidzathandiza kuganiza kwanu, chilungamo chidzakutsogolerani pa chisankho chanu, ndipo kumvetsetsa kudzawunikira .maganizo anu

Mbewu za zochita zakale zoyendetsedwa ndi kusadziwa ziyenera "kukazingidwa" mu moto wa kusinkhasinkha ndi nzeru kuti zisathe kumera ndikukula kachiwiri. Iyi ndi njira .yopewera ndi kuletsa ziwopsezo zoopsa zachinyengo

Chinyengo cha chilengedwe chonse - kapena Satana - chimanyenga munthu ndi malonjezo abodza ndi mayesero okoka kuti atsatire chisangalalo cha thupi ndipo chimalamulira mphamvu zake chifukwa amamulonjeza chisangalalo cha dziko lapansi chomwe chilibe zenizeni, motero amagwira ntchito molimbika kuti asalawe zipatso za

chisangalalo chenicheni zomwe zilipo zambiri m'minda ya .moyo

Anzeru amadziwa kusiyana pakati pa choonadi ndi chinyengo ndipo ali ndi luso lozindikira zinthu Pamene akufufuza mozama za kuganiza, amazindikira bwino kufunika kwa ufulu wosankha komanso kufunika kogwiritsa ntchito ufulu wosankha kuti achite zabwino ndikupewa zochita zomwe zingabweretse zotsatirapo zoipa komanso .zotsatirapo zosasangalatsa

Mmodzi mwa ophunzira ake anafunsa mphunzitsi Paramahansa za maganizo ake pa nkhani ya :kukonzedweratu, tsoka, kuvutika, ndi ululu, ndipo iye anati

Anthu amapanga tsogolo lawo kudzera mu chifuniro chawo ndikusankha tsogolo lawo kudzera mu zolinga ndi zochita zawo. Mutha kudzimasula ku mavuto ngati mungasankhe kutero. Mulungu, amene umunthu wake ndi chikondi, safuna kuti wokondedwa wake avutike ndi ululu chifukwa cha zochita zolakwika ndi kuganiza molakwika. Wapatsa anthu mphamvu yozindikira komanso ufulu wosankha. Komabe, chifukwa cha zisankho zolakwika ndi zisankho zopanda nzeru, anthu amabweretsa mavuto ndi .ululu pa iwo okha komanso kwa ena

Muyenera kukhala omasuka ndipo musalole aliyense kuti akulandeni chisankho chanu kapena kukulamulirani, ndipo musalole kuti chilengedwe, miyambo, ndi miyambo .yolakwika zikulepheretseni ndi kulamulira moyo wanu

Chitani zinthu mwanzeru, mverani chikumbumtima chanu, ganizirani zotsatira za zochita zanu musanachite zomwe mukufuna kuchita, pewani kuvulaza ena chifukwa cha khalidwe lanu losayenera, ndipo pemphani Mulungu kuti .akuthandizeni ndi kukulangizani

Kugwira ntchito motsatira malangizo amkati

Choyamba tiyenera kufotokozera cholinga chathu, kenako tifunefune chitsogozo cha Mulungu kuti chititsogolere ku zochita zoyenera zomwe tingathe

kusonyeza zomwe tingathe. Tiyenera kuganizira mpaka maganizo athu akhale bata ndipo titha kuona bwino sitepe yotsatira. Pambuyo pake, tiyenera kuchita zinthu mogwirizana ndi chitsogozo chamkati chomwe timalandira, .ndipo zotsatira zomwe tikufuna zidzakwaniritsidwa

Maganizo akakhazikika, mudzamvetsa zinthu mwachangu komanso mosavuta, ndipo zimenezo n’zodabwitsa kwambiri! Mudzakwaniritsa zomwe mukufuna, ndipo kupambana kudzalembedwa kwa inu mu chilichonse munthawi yochepa chifukwa mphamvu ya chilengedwe imatha kuyendetsa lamulo lolondola ndikutsimikizira kugwira .ntchito kwake

Anthu ena amanena kuti maselo athu a ubongo amapangidwa ndi zizolowezi zina zomwe sizingasinthidwe kapena kusinthidwa. Izi sizolondola. Popeza Mulungu anatilenga m'chifaniziro Chake, palibe chomwe chingatilepheretse kupita patsogolo. Ngati tidzifufuza tokha, .tidzazindikira zoona zake, ndi thandizo la Mulungu

Munthu aliyense amaimira mphamvu zopanda malire

Tiyenera kusonyeza mphamvu imeneyo mu chilichonse chimene timachita

Pamene tikufuna kupanga chinthu

Sitiyenera kudalira magwero akunja okha

M'malo mwake, tiyenera kufufuza mozama mkati mwa mtima

Tikufunafuna gwero lopanda malire

Njira zonse zogwirira ntchito bwino

Zinthu zonse zopangidwa

Ndipo nyimbo zonse zodziwika bwino zimagwedezeka

Malingaliro olimbikitsa

Ndipo ntchito zabwino kwambiri komanso zodabwitsa kwambiri

Zalembedwa m'mabuku a Mulungu

Ndakhala ndikukufunani kuyambira kalekale

Panjira za zilakolako ndi zolinga

Ndipo tsopano ndazindikira kuti mumakhala mkati mwanga
Ndipo zimandilimbikitsa kwambiri maganizo anga Musandibisirenso
Kumbuyo kwa maluwa a malingaliro
Maganizo ndi kugunda kwa mtima wa mzimu
Konzani moyo wanga ndi miyala yamtengo wapatali ya nzeru zanu
Ndipo ndipatseni mphepo ya chisangalalo Chanu
Chotsani mdima umene wakuphimbani
Ponena za kuona kwanga ndi kuzindikira kwanga
Inu amene muli kupitirira nyenyezi ndi thambo labuluu
Ndipo kupitirira zigawo za mlengalenga ndi zolengedwa zonse ndi zamoyo
Landirani kunong'oneza kwanga kwa chikondi
Ndilowetseni mu chikondi chanu, kuunika kwanu, ndi mtendere wanu
Ndiwonetseni nkhope yanu yoyera kwambiri
Ndikumva mkati mwa malingaliro anga
Ndikumva kukhalapo kwanu m'malingaliro anga akuya
Ndipo ndikukuonani mukuphuka m'munda wa chikondi changa
Ndidzazeni ndi fungo la kukhalapo kwanu
Ndisangalale ndi fungo lanu lodala
Bwerani kwa ine kuchokera kuseri kwa thambo ndi nyenyezi
Ndipo malingaliro ndi malingaliro
Ndiwonetseni nkhope yanu yoyera kwambiri
Ndiloleni ndizindikire kukhalapo kwanu mu moyo wanga
Ndipo iwo ozungulira ine
Kulikonse
Ndime zotsatirazi zachokera m'magazini ya * Inner Culture* ndipo zachokera ku ziphunzitso za Master .Paramhansa

Chinsinsi cha kupambana chili pakukulitsa malingaliro abwino: kuzindikira za chitukuko, kuchuluka, chiyembekezo, chisangalalo, ndi kukwaniritsa zomwe takwaniritsa. Izi zimamanga mkati mwathu linga losagonjetseka lomwe limapirira zovuta za mikhalidwe, zomwe makamaka .zimapangidwa ndi anthu

Tiyenera kuyesetsa kupeza mtendere ndi mgwirizano, ndikuzindikira kuti sitingathe kudzibweretsera chilichonse chomwe sichili mkati mwathu, ndikudalira kuti Mulungu ndiye gwero la zinthu zonse zabwino ndi zosangalatsa, ndipo malinga ndi chikhulupiriro chathu ndi zabwino zathu, Iye adzatitsanulira chisomo Chake ndi kutidzaza ndi madalitso .Ake

Aneneri ndi anthu akuluakulu ankadziwa chinsinsi cha kupambana, ndipo mbiri yakale inapangitsa mayina awo kukhala osatha kuposa mayina a mafumu ndi maufumu, ndipo nthawi sidzatha kuchotsa mayina awo m'mbiri ya .kukhalapo kwawo

Akatswiri akummawa ayesa malamulo onse odziwika bwino komanso oyesedwa kuti apeze chuma chakuthupi komanso chuma chauzimu. Ngati ena aphunzira ndi kupindula ndi nzeru imeneyi yosintha miyoyo yawo kuti ikhale yabwino ndikulamulira momwe zinthu zilili, inunso .mungachite chimodzimodzi

Aliyense amene amadetsa maganizo ake ndi malingaliro olephera kapena zosowa adzakopa anzake omwe maganizo awo ndi odzaza ndi zosowa ndi kulephera, ndipo adzapanga .malo okhala ndi kugwedezeka ndi khalidwe lomwelo

Maganizo otere amadzaza mwiniwake ndi kukhumudwa, chisoni, kuvutika maganizo, ndi kutaya mtima, kotero kuti vuto lake limaipiraipira ndipo pang'onopang'ono vuto lake limaipiraipira, ndipo amadzipereka ku zomwe amaona kuti .ndi tsogolo lake

Palibe amene amagonjetsedwa pokhapokha ngati avomereza kugonjetsedwa ngati chotsimikizika, ndipo ngati

alephera, vuto silili m'njira kapena lamulo, koma mwa .munthu amene wagwiritsa ntchito lamulo molakwika

Tikatsimikiza mtima kuchita chinachake ndipo tikutsimikiza kuti zolinga zathu n’zoyera komanso kuti chisankho chathu n’cholondola, timasiya mantha ndipo sitiopa zinthu kapena kulabadira zoletsa ndi zoletsa zomwe .zingachitike pazochitikazo

Kodi chosowa chanu ndi chiyani? Kodi ndi kutchuka? Kapena mphamvu yokoka? Kapena mphamvu? Kapena chitetezo? Kapena thanzi? Kapena chimwemwe? Kapena ?mtendere

Ngati mukudziwa zomwe mukufuna, ndipo ngati mukudziwa momwe mungapezere zomwe mukufuna, ndipo ngati muli okonzeka kugwiritsa ntchito njira zonse zoyenera komanso zovomerezeka mkati mwanu komanso mozungulira inu, ndipo ngati mudzilonjeza nokha kwaulere ndikutsimikiza mtima kuti simudzavomereza kugonjetsedwa, ndiye kuti zomwe mukufuna kupeza ndi zanu, ndipo sangalalani ndi .kukwaniritsa zomwe mukufuna

Pamene mphunzitsi Paramhansa anafunsidwa kuti :afotokoze kudzidziwa yekha, iye anati

Kudzidziwa wekha ndiko kuzindikira, ndi thupi," maganizo, ndi mzimu, kuti ndife amodzi ndi kukhalapo kwathunthu kwa Mulungu. Sitili pafupi ndi kukhalapo kumeneko kokha, komanso kukhalapo kwathunthu kwa Mulungu ndi kukhalapo kwathunthu kwathu, ndipo tili pafupi ndi Iye tsopano monga momwe tidzakhalira nthawi ina iliyonse." Chomwe tiyenera kuchita ndikukulitsa chidziwitso .chathu cha Iye

Iye anati: "Kuona mtima pomaliza ntchito zazing'ono kumatilimbikitsa kuti tigwire zolimba zisankho zovuta zomwe "moyo udzatikakamiza kupanga tsiku lina

Iye anati: “Pali mitundu itatu ya ophunzira auzimu: okhulupirira omwe amapita ku nyumba zopembedzera ndipo amakhutira ndi zimenezo zokha… okhulupirira omwe

amakonda moyo wangwiro ndi wowongoka koma sachita khama lofunikira kuti adziwe Mulungu… ndi okhulupirira ”omwe atsimikiza mtima kudzipeza okha mwa Mulungu

Iye anati: “Mulungu amakwaniritsa mwamsanga zosowa zilizonse za olambira ake chifukwa adzimasula okha ku zolinga zadyera zomwe zimalepheretsa khama ndi ”kukhumudwitsa ziyembekezo

M'kati mwa mapiri ndi mlengalenga mopanda phokoso, m'kati mwa moyo wanga ndi m'phanga la chete, ndimamva kukhalapo kwa Mulungu ndipo ndimamva chisangalalo chake .chosatha

Ndipo ndidzamwa kuchokera ku akasupe ake oyera omwe sasiya kapena kuuma kwamuyaya Ndidzalowa mozama mu nyanja ya kulingalira ndi kuganizira za Mulungu

Mpaka nditapeza ngale za nzeru ndi chisangalalo chaumulungu

Ambuye, ndipatseni mzimu wopatsa

Kugawana zomwe ndili nazo ndi ena

Ndipo ndithandizeni kuwona m'nyanja yodekha ya malingaliro anga

Kuwala kwa mwezi wauzimu, kowala ndi kuwala kwa kukhalapo kwanu

Lero ndilowa mkati mwa nyanja ya kulingalira ndi kuganizira za Mulungu

Mpaka nditapeza ngale za nzeru ndi chisangalalo chaumulungu

Ndidzakukondani, Ambuye, kuposa china chilichonse

Chifukwa popanda inu sindingathe kukonda munthu aliyense kapena chilichonse

Ndidzakulambirani, Ambuye, amene chikondi chanu sichingafanane ndi china chilichonse

Pampando wachifumu wa mtima wamtundu uliwonse ndi wachikondi

Mu moyo ndi mu imfa

Mu nthawi za chisoni ndi zovuta

Chikhulupiriro changa mwa inu, Ambuye, chilipobe
Wamphamvu komanso wosagwedezeka
Olimba komanso osagwedezeka
Mpweya uliwonse wa chikhumbo changa ndi pemphero langa
Zitseko ndi mawindo zatseguka mumtima mwanga
Kuchokera pamenepo ndimapita ku chisangalalo cha Mulungu
Monga momwe dzuwa limawala
Pamisewu yotanganidwa kwambiri
Kotero ndidzawona kuwala kwa chikondi cha Mulungu
M'malo onse odzaza anthu
Pa zochita zanga za tsiku ndi tsiku
Ambuye, ndidalitseni
Kudzutsa mzimu wanga ndi mbandakucha
Ndipo ndikubweretsa ku khomo lanu lodala
* * *
Mulungu ndiye bata la chilengedwe chonse
Mmene zinthu zonse zimaonekera
Kuchokera pamenepo pamachokera malingaliro onse owunikira
Kotero ndiyesetsa kuchita bata
Kuti ndimve kukhalapo kwake kosangalatsa
Ndikudziwa kuti Mulungu akumvetsera
Pa kunong'oneza kulikonse kwa chikhumbo changa
Ndi chikondi cha anthu onse
Kudzera mu chikondi cha Mulungu
Ndikhoza kuchipeza
Kudzera mu chikondi, wofunafunayo amayandikira kwa Mulungu
Amamwa kuchokera ku akasupe oyera a chisangalalo
Ambuye, ndithandizeni
Kulipiritsa thupi langa
Khadi lanu la cosmic
Ndipo kuchiritsa ubongo

Ndi chidwi ndi chiyembekezo
Ndipo chiritsani mzimu
Kudzera mu malingaliro auzimu obadwa ndi kuganizira
Tidziwitseni, Ambuye
Kuti zosangalatsa zomwe zimamveka ndi zachiphamaso komanso zosakhalitsa
Pamene chisangalalo cha moyo
Ndi yeniyeni ndipo nthawi zonse imasinthidwa
Mulungu si mawu okha amene timalankhula
M'malo mwake, ndiye maziko a moyo ndi chinsinsi cha kukhalapo
Sitingadziwe kukula kwake kopanda malire
Koma tikhoza kumva kupezeka kwake
Ndipo tikumva kukhalapo kwake
Lero ndidzakongoletsa malo opatulika a bata
Ndi maluwa a chikhumbo cha Mulungu
Ndipo ndimamuitana Iye, Mulungu wa chikondi ndi chisangalalo
Ndikupempha Mulungu kuti andidziwitse
Kudzera m'maso mwanga auzimu
?Kodi ndingawone kuwala kwake kukufalikira
Mu ngodya iliyonse ya chilengedwe chonse
Ndikuganiza zinthu zofunika kwambiri zomwe ndikufuna
Ndidzayambitsa mphamvu zanga zodzifunira komanso luso langa lolenga zinthu
Ndine woleza mtima komanso woleza mtima
Kuti ndikwaniritse cholinga changa ndi chisomo ndi thandizo la Mulungu
Ndikudziwa kuti kusasangalala kumachitika chifukwa cha kulephera
Chifukwa chake, ndichita zonse zomwe ndingathe
Kuti mupeze chimwemwe chokhalitsa
Mwa kusalola chilichonse
Mwa kundivutitsa ndikundilepheretsa ulendo wanga wopita patsogolo

Ndijambula mapu a malingaliro a zinthu zazing'ono
Ndipo ndikugwira ntchito yokonzekera izi
Mpaka nditakwanitsa maloto anga akuluakulu
Ndi thandizo lake, Iye akwezedwe
Ndife kuwala kwa Mlengi
Timakhala ndi moyo kwa nthawi yochepa m'thupi lanyama
Miyezi iyenera kubwerera komwe idachokera
Izi sizikutanthauza kuti thupi lilibe phindu
M'malo mwake, sitiyenera kuganiza
Tili pansi pa izi ndi zoletsa zake
Mulungu sakondera aliyense
M'malo mwake, imayankha kudzera mu lamulo lokhazikika komanso losasintha
Aliyense amene aphwanya lamulo la Mulungu
Amabweretsa chilango ndi kuzunzika pa iye mwini
Ndipo aliyense amene amakhala motsatira lamulo limenelo
Mulungu adzamudalitsa ndi kuyankha mapemphero ake
Kudzera mu mtendere wamkati ndi chimwemwe
Ndidzapemphera mochokera pansi pa mtima
Nthawi zonse ndimagwiritsa ntchito chifuniro changa
Mpaka nditalandira mayankho okhutiritsa komanso okwanira a mapemphero anga
Malo Odziwitsa Zauzimu Patsogolo
Ngati nditayesetsa kupeza choonadi moona mtima,
Mulungu adzandithandiza kuchidziwa mosavuta, ndipo .ndidzakhala wokhutira
Ndipo mayankho okhutiritsa a mafunso ndi mafunso onse omwe angabwere m'maganizo mwanga
Pakati pa chidziwitso chauzimu pali pamphumi, pakati pa nsidze, komwe kuli diso lauzimu, lomwe ndi chipata cholowera mu ufumu wa mzimu. Chifukwa chake, .ndiyang'ana kwambiri pa mfundo iyi

Ndazindikira kuti chikumbumtima changa chimasintha ndi kusintha kwa malo anga, choncho pamene malo anga andipha poizoni ndi chinyengo, ndidzasintha kukhala malo abwino.

Chinsinsi chosunga ubwenzi

Mmodzi mwa ophunzirawo anauza mphunzitsi wa Paramhansa kuti: "Aphunzitsi, zimandivuta kusunga ubwenzi umene ndimapanga"

Mphunzitsi anayankha kuti:

Sankhani anzanu mosamala Khalani aulemu komanso okhulupirika kwa iwo, koma nthawi zonse pitirizani kutali Kulemekezana kukhale mgwirizano pakati pa inu ndi iwo, ndipo musapitirire malire a zoyenera ndi iwo.

N'zosavuta kukhala bwino ndi ena, koma ngati mukufuna kusunga chikondi ndi ulemu wawo, muyenera kutsatira malangizo awa.

Aliyense amene apukuta maginito a moyo wake pa maginito a mlengalenga ndi chidwi chachikulu amakhala gawo la maginito amenewo, amapeza mphamvu zake, ndipo amadzibweretsera zonse zabwino ndi zolungama.

Kudzitsimikizira

Ndidzakulitsa luso langa loganizira bwino komanso kusinkhasinkha, kuwerenga mabuku othandiza ndi zinthu zabwino, komanso kuganizira kwambiri momwe anthu ena akumvera.

Ndidzayamikira zinthu zonse zabwino zimene Mulungu wandipatsa ndipo sindidzadikira kuti mavuto andikumbutse madalitso ambiri amene Wopatsa Wachifundo wandipatsa.

Lero ndiyesetsa kukhala maginito auzimu komwe ndidzibweretsera zabwino malinga ndi mphamvu ya kukopa komwe ndili nako

Chilichonse cha thupi chimawonongeka, ndipo chilichonse cha mzimu sichimafa ndipo sichingawonongeke. Chifukwa chake, sindidzayang'ana kwambiri zinthu zakuthupi m'moyo wanga.

Ngati ndifunafuna Mulungu choyamba, zokhumba zanga zonse zidzakwaniritsidwa, ndipo sizidzafunika kanthu kaya ndikukhala m'nyumba yachifumu yokongola kapena m'nyumba yonyozeka Chikumbumtima changa chidzakula ndipo kumvetsetsa kwanga kwauzimu kudzakula ngati ndikhala moona mtima, moona mtima, ndi mwachilungamo, komanso ngati nditonthoza ena ndikuwachitira chifundo, kukoma mtima, chikondi, ndi chilimbikitso paulendo wa moyo.

* * *

Mmodzi mwa ophunzirawo anafunsa kuti: "Aphunzitsi, kodi mzimu ungatayike kwamuyaya?"

Bambo Paramhansa anayankha kuti:

"Sizingatheke! Chifukwa mzimu uliwonse ndi gawo losalekanitsidwa la Mulungu ndipo chifukwa chake ndi wamuyaya, wosafa, wosakhudzidwa ndi kuvunda"

Mmodzi mwa ophunzira ake sanachite khama lililonse pofuna kuona zizindikiro za kupita patsogolo kwauzimu, choncho mphunzitsiyo anamuuza kuti:

"Ngati mubzala mbewu ndikuikumba tsiku lililonse kuti muwone kukula kwake, mizu yake sidzagwira nthaka ndipo sidzakula"

Muzimusamalira bwino, koma musakhale ndi chidwi chofuna kudziwa zambiri

Kuwona Chidziŵitso Chauzimu

Kwa mphunzitsi wanzeru

Paramhansa Yogananda

Chidziwitso chonse chomwe anthu amalakalaka kupeza, mu gawo lililonse la sayansi ndi zaluso, kuphatikizapo zinsinsi za atomu

Mbiri ya chilengedwe chonse ndi mtundu wa anthu, zonse zilipo mu ether mu mawonekedwe a kugwedezeka

Kugwedezeka kumeneku kumatizungulira, ndipo pali njira yowafikira mwachindunji. Izi zimachitika kudzera mu kuzindikira kwa mzimu.

Ino ndi nthawi ya nzeru. Chochitika chilichonse chiyenera kufufuzidwa mosamala komanso mozindikira kuti chimvetsetseke.

Ndipo pomvetsetsa zomwe zili mkati mwake, chotchinga cha chinyengo chingagonjetsedwe. Pali chifukwa cha chilichonse, ndipo mu nthawi ino ya kusanthula,

Tiyenera kuyesetsa kuti tikwaniritse kumvetsetsa kumeneko

Ndikhoza kulowa mu mkhalidwe wa chisangalalo chauzimu poimba kuti:

"Mulungu, Mulungu, Mulungu"

Ndikhoza kulowa mu mkhalidwe umenewo kudzera mu kusinkhasinkha

Kapena mwa kuona malo okongola achilengedwe

Kapena mwa kuyang'ana nkhope yowala ndi kuwala ndi chikondi cha Mulungu

* * *

Timadya zodziwika pozimvetsa ndikusangalala nazo. Kenako timayamba kufufuza zosadziwika chifukwa zodziwika sizimachita zimenezo.

Zimatipatsa chikhutiro chosatha. Zikanakhala kuti zinatipatsa chikhutiro chimenecho, sitikanakhala padziko lapansi kwa nthawi yayitali chonchi.

Kukhutira nthawi zonse ndi zomwe tikudziwa popanda masomphenya amtsogolo, popanda kuyesetsa kukonza, komanso popanda mzimu wofufuza

Popanda chilimbikitso choganiza ndi kufotokoza, padzakhala kuima ndi kusakhala ndi mphamvu kwa mtundu wa anthu, ndipo chifukwa chake, kutha

Ndipo kutha

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Moyo kuno ukuoneka wopanda kanthu komanso wosokonezeka mpaka titafika pagombe la chitetezo

Sitiyenera kuyika ziyembekezo zathu pa zolinga za dziko lapansi zosakhalitsa ndi zinthu zakuthupi zosalimba

Zolumikizana zosalimba zotere zimatipangitsa kuti tisafike pa cholinga chathu chachikulu mosazindikira

Monga momwe zimatipatulira kutali ndi ife eni eni enieni

Njuchi imagwira ntchito mwakhama ndipo imakonzekera nthawi zovuta ndipo nthawi yozizira ikafika, imasangalala ndi zomwe yasunga kuchokera ku zokolola za masika.

Ndipo chilimwe

Motero, tiyenera kuphunzira momwe tingasonkhanitsire uchi wa mtendere wa Mulungu ndi kuthekera kothana ndi mavuto.

Timakumana nawo m'moyo

* * *

Mu dziko losakhazikika ili

Ili ndi zoopsa komanso kusatsimikizika

Umadzimva wekha Mulungu yekha sadzakusiya

Ziyembekezo zanu sizidzakhumudwitsidwa

Ambuye, ndidalitseni

Kusamalira mbewu za mphamvu zauzimu ndi chipambano

Zobisika mkati mwanga

Ndipo kuti ndigwiritse ntchito mwanjira yomwe ingakusangalatseni

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Nthawi ndi nthawi, munthu ayenera kusiya chilichonse kuti akhale yekha, kuti athe kuganizira cholinga chake

moyo

Anthu ambiri amatsatira miyambo ndi machitidwe; kwenikweni, sanakhalepo ndi moyo wawo weniweni.

Amakhala moyo wa dziko lapansi. Ndiye akwaniritsa chiyani, ndipo afika kuti?

Choncho, ndi bwino kuti munthu nthawi zina adzichotse pa ntchito za tsiku ndi tsiku ndi "ntchito" zake kuti apeze mtendere.

Maganizo ake ali pamavuto, ndipo akuyesera kudzimvetsa yekha ndikupeza cholinga chomwe akufuna kukwaniritsa.

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Aliyense amene amakonda Mulungu, motero amakonda aliyense, sizikutanthauza kuti amakonda zolakwa ndi zofooka za ena.

Iye amene amakonda Mulungu amakhala wokhazikika m'malamulo Ake Pamene ndinazindikira kuti zochita zanga zinali zodzipereka kwa Mulungu, malingaliro akuti zikhulupiriro zanga zingakhale zolakwika anatha.

Ndimakhala wokonzeka kudzudzulidwa ndikalakwitsa, koma ndikalakwitsa, sindingasiye zimenezo

Kumverera kwamkati

Kumva kumeneko sikubadwa ndi malingaliro koma kumachokera ku choonadi, motero kumalimbitsa chikhulupiriro changa ndipo kumandipangitsa kukhala wolimba pa chisankho changa.

Pokhapokha ngati munthu sakuika ubwino wa ena mu chuma chake, sadzadziwa tanthauzo la moyo wabwino.

Ndikutanthauza kuti ndi chikhumbo chenicheni chothandiza ena kuti athe kudzithandiza okha. Kenako mudzapeza chinthu chosatha.

Ntchito zabwino zimagwira ntchito m'moyo wanu

Kaya mukukumana ndi mavuto otani, lamulo limenelo lidzagwira ntchito kwa inu nthawi zonse ndipo lidzakupatsani zonse zomwe mukufuna.

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Kuona mtima kwakukulu n'kofunika kwambiri panjira yauzimu. Pakuti mu chiyero ndi choonadi m'mawa wa moyo umaonekera.

*** * ***

Mukakhala pafupi ndi munthu amene mumamukonda, mumatha kuzindikira maganizo ake, koma simungathe kuzindikira maganizo a munthu amene ali kutali.

Zili kutali ndi inu pokhapokha ngati muli ndi gawo lapamwamba la malingaliro

Anthu omwe amachita zinthu zoganizira kwambiri komanso kusinkhasinkha nthawi zonse amamva bata kwambiri ndipo maganizo awo amakhala abwino kwambiri chifukwa cha zimenezi.

Chifukwa cha zochita zawo zasayansi, amatha kuzindikira malingaliro ndi zolinga za ena ngakhale ali kutali kwambiri.

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Anabwerera opanda kanthu

Nkhani yochokera ku ziphunzitso za Master Paramhansa

Mwana wamkazi wa mfumu ina atafika msinkhu woti akwatiwe, bambo ake, mfumu, anakhazikitsa lamulo lakuti aliyense amene akufuna kumukwatira ayenera kukwaniritsa zomwe akufuna.

Kukwaniritsa kwake. Chofunikira chinali chakuti munthu aliyense amene akufuna kukwatiwa aziba kanthu popanda aliyense kudziwa.

Pa tsiku loikika, olankhula anasonkhana kuchokera mbali zonse, akubweretsa zofunkha zawo zosiyanasiyana, aliyense akuimba

Pakati pawo pali chiyembekezo chokwaniritsa cholingacho mwa kukwaniritsa zomwe zili mu mkhalidwewo.

Kenako mnyamata wina wopanda dzina lake anaonekera nati kwa mfumu:

"Mfumu, zomwe mwapempha sizingatheke. Pakuti ngati ndingaba chinachake ndipo palibe aliyense padziko lapansi amene amadziwa za zomwe ndachita, koma sindikudziwa zomwe ndachita."

Komabe, ndidzadziwa za izi, ndipo chimenecho ndi chinthu chomwe sindingathe kuchita"

Mfumu inakondwera kwambiri ndi zimene mnyamatayo ananena ndipo inayankha kuti:

"Iwe ndiwe woyenera mwana wanga wamkazi, chifukwa wakwaniritsa zomwe wanena ndipo uyenera kukhala mpongozi wanga komanso wolowa m'malo mwanga"

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Kulamulira zinthu sikuthandiza Ngati wina m'banja ayesa kulamulira wina, ndi chizindikiro cha kusadziletsa

chikondi

Koma akamasonyeza chikondi chawo mwachikondi, mwachikondi, mwanzeru poganizira za momwe akumvera, komanso mwachikhumbo chofuna kusangalatsa winayo.

Chikondi chimapeza khalidwe labwino kwambiri, ndipo mu ubale woterewu timapeza chithunzithunzi cha chikondi cha Mulungu.

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Njira yopita kwa Mulungu ndiyo njira yosavuta komanso yosavuta, koma ndi ochepa okha omwe amaitsatira ngakhale kuti pali miyambo yambiri.

Ndipo miyambo yambiri

Ndi bwino kutembenukira mitima yathu kwa Mulungu ndikumupempha zomwe zili zabwino komanso zokhalitsa kwa ife

Zoonadi, Mulungu akutiyembekezera chifukwa akufuna kutiteteza ku malo oipa komanso misampha yoopsa.

Iye akufuna kuti tikhale naye m'mitima ndi m'maganizo mwathu chifukwa zinthu zotsika mtengo za dziko lino sizingakhutiritse chilakolako cha anthu kapena kudzaza chosowa chauzimu.

Zimene akumva mkati mwake

Mulungu amalankhula nafe nthawi zonse, koma ochepa amamva mawu ake

Mawu odekha amenewo nthawi zambiri amamizidwa ndi phokoso la malingaliro okweza ndi zilakolako zoonekeratu

Koma maganizo akachepa ndipo zokhumba zikachepa, timamva mawu a Mulungu momveka bwino, ngakhale kuti ndi chete komanso opanda mphamvu.

Zoonadi, Mulungu amachita chilichonse kuti athandize anthu; Amatsegula zitseko ndi kuunikira njira kuti tiwone komwe tiyenera kupita

Amapunthwa, koma phazi lake silikuterereka; komabe, anthu ambiri sazindikira izi

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Tsiku lotayika ndi tsiku lomwe limadutsa popanda kuganizira za Mulungu ndi kufunafuna zomwe zimamukondweretsa Iye.

* * *

Chikondi ndi kasupe woyenda nthawi zonse kuchokera m'magwero osawerengeka ndipo pamene matseko a mtima amatsekedwa ndi khalidwe loipa

Timaona chikutuluka kwambiri kuchokera mumtima wina. Koma lingaliro lakuti chikondi chimafa mumtima uliwonse.

Ndi kusadziwa za chikondi chomwe chilipo padziko lonse lapansi

Njira za chikondi siziyenera kutsekedwa ndi zochita zolakwika

Ndipo munthu akhoza kumwa madzi oyera a chikondi cha Mulungu

Kuyenda kuchokera m'mitima yonse yabwino

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Anthu omwe adadulidwa chala nthawi zambiri amamva ngati chilipobe Ndipo aliyense amene adataya chiwalo

Kumva kumeneku kumadziwika

Pali chinthu chobisika, chopanda mphamvu kapena chofanana ndi chiwalo chilichonse m'thupi. Kumbuyo kwa mtima weniweni kuli mtima wobisika.

Popanda icho, mtima wooneka sungathe kugunda

Anthu ali ndi ziwalo zosaoneka monga kuona, kumva, ubongo, mafupa, ndi mitsempha ya m'thupi. Ziwalo zimenezi, zomwe ndi

Monga ziwalo za kuwala ndi zochita, amapanga thupi la munthu wosaoneka

Thupi la mapulaneti kapena la etheric limafanana kwambiri ndi thupi looneka. Kusiyana kwake ndi mawonekedwe ake owala komanso ofunikira.

Zabwino kwambiri

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Munthu akatsimikiza kuti ali ndi ulamuliro wodzilamulira, kupambana kwake kumakhala

kwakukulu kuposa kupambana kwa wolamulira weniweni, chifukwa ndi kupambana

Iye akuyimirira patsogolo pa khoti la chikumbumtima

Malingaliro ndi oweruza milandu ndipo munthu ndiye wotsutsa

Munthu ayenera kudziimba mlandu tsiku lililonse, ndipo adzapeza kuti chikumbumtima chake chikamamulangiza ndi kumulanga kwambiri, ndiye kuti amayesetsa kwambiri kudziwongolera.

Munthu akamachita zinthu mwanzeru, moona mtima, komanso moona mtima, amakhala wopambana komanso wopambana kwambiri pa moyo wake.

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Anthu amene amafufuza mozama za chidziwitso cha chilengedwe amakula okha ndi mphamvu zauzimu zapamwamba komanso kulamulira mphamvu.

Zachilengedwe Koma palibe munthu amene wazindikira Mulungu amene amagwiritsa ntchito mphamvu zake kudzitamandira ndi kudzionetsera, wopanda nzeru kapena

Khalani oganiza bwino

Anzeru amamvetsetsa kuti Mulungu ndiye yekha amene alipo. Ndipo modzichepetsa, amamupatsa Iye mphatso zapadera zomwe wapereka.

Ayenera kuchita zimenezo

Kodi chilichonse chomwe chilipo si chozizwitsa? Ndipo kodi munthu, chifukwa cha kukhalapo kwake, nayenso si chozizwitsa?

Ngati anthu sakhutira ndi zodabwitsa zonse zomwe Mulungu adalenga, n’chifukwa chiyani oyera mtima ayenera kuchita zambiri?

Zozizwitsa?

Oyera mtima olungama a Mulungu sachita chilichonse pokhapokha ngati Mulungu awapempha

kuti achite zimenezo, komanso pazifukwa zodabwitsa komanso zovuta kuzimvetsa.

Nthawi zina kumvetsetsa ndikofunikira

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Tikazindikira kuti maluso omwe timafunikira, kaya poganiza, kulankhula, kumva, kapena kuchita, onse amachokera kwa Mulungu, ndipo kuti

Iye nthawi zonse amakhala nafe, akutilimbikitsa ndi kutitsogolera, ndipo timapeza ufulu nthawi yomweyo ku nkhawa zamaganizo.

Ndi kuzindikira kumeneku kumabwera chisangalalo, ndipo nthawi zina kuunika kwakukulu, komwe kumachotsa nthawi yomweyo kumadzaza umunthu wa munthuyo.

Maganizo a mantha

Mphamvu ya Mulungu ili ngati nyanja, ikusefukira ndi kukwera, ikudutsa mumtima mwa munthu poyeretsa, kuchotsa zopinga zonse zonyenga

Mu kukayikira, mantha, ndi mantha

Munthu amaganiza kuti ndi thupi chabe osati china chilichonse, koma ichi ndi chinyengo chomwe chingagonjetsedwe mwa munthu kukhudza umunthu wake weniweni.

Uzimu kudzera mu kusinkhasinkha Kenako mudzazindikira kuti thupi ndi chinthu china koma thovu la zochita zomwe zikuyandama pamwamba pa nyanja.

Zachilengedwe

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Popanda nyanja imene mafunde amatulukamo, mafundewo sakanakhalapo

Motero, tiyenera kuzindikira ndikukhudza nyanja yaumulungu yomwe imathandizira mafunde a miyoyo yathu omwe amachokera mmenemo.

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Lingaliro ndi mphamvu ngati magetsi, ndipo malingaliro a munthu amakhudzana ndi kuganiza ndi momwe amaganizira.

Magetsi ndi opindulitsa komanso owopsa. Aliyense amene amadziwa kugwiritsa ntchito magetsi moyenera amawagwiritsa ntchito, apo ayi angawaphe ndi magetsi.

Mofananamo, ngati maganizo a munthu alunjika m'njira yoyenera, amasangalatsa mwini wake; apo ayi, amamubweretsera mavuto.

Vuto

Ganizo lili ngati kavalo wakuthengo, koma kulilamulira sikophweka, ndipo kuganiza bwino ndi njira imodzi yolilamulira

Ndi lingaliro

Kuganiza bwino ndi bwenzi lapamtima, ndipo kuganiza kolakwika ndi mdani wokhazikika

Kuganiza bwino kumakopa mtendere ndi chitetezo, pomwe kuganiza kosayenera kumamasula mivi yakupha yomwe imabwerera kwa mwiniwake kawiri.

Akuti mphothoyo ikugwirizana ndi zomwe zachitikazo

Bola munthu akatumiza zolinga zabwino, malingaliro ake adzasanduka nyali zomwe zimaunikira zipinda za moyo ndikuchotsa mdima.

Kenako amamva mpumulo waukulu

Maso ake anamwetulira ndi kumwetulira kokhutiritsa!

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Tidalitseni, Ambuye

Kuti titsegule mitima yathu kwa wina ndi mnzake

Tiyeni tifotokoze bwino zolinga zathu

Mwina tiyenera chitetezo ndi chisamaliro chanu. Dziwululeni nokha, mkati ndi kunja. Tiyeni tiyimbe

dzina lanu lodala. Chotsani mdima wa kusadziwa ndi kuwala kwanu koyera. Chotsani mdima m'maganizo mwathu.

Ndi kuwala kowala komanso kwakukulu kwa kukhalapo kwanu

Ndi mitima yowona mtima yogwirizana

Ndipo kulakalaka kwa miyoyo yathu yogwirizana

Timagwada pamaso panu, kupempha thandizo ndi chitsogozo chanu.

Ndipo kuzindikira kosalekeza kwa kukhalapo kwanu m'miyoyo yathu Kwa inu timapereka chikondi chathu chonse, ulemu, ndi chikhumbo chathu chonse

Chifukwa ndinu wokondedwa wathu ndi zonse zomwe tili nazo m'chilengedwe chino

Mulungu watipatsa malamulo auzimu otchedwa "malamulo" Koma malamulo awa amaphwanyidwa ndi kuphwanyidwa tsiku lililonse komanso nthawi iliyonse

malo

Pokhapokha anthu atamvetsa tanthauzo lake lauzimu, nthawi zonse amadandaula za ilo ndipo amalisiya.

Malamulo awa ndi malamulo osatha a makhalidwe abwino omwe amavomerezedwa ndi zipembedzo zonse za Abrahamu. Komabe, malemba nthawi zambiri samamasuliridwa.

Mbali yamaganizo ya malamulo awa ndi ubwino wokhudzana ndi kuwagwiritsa ntchito

Anthu amavomereza zimenezi m'malo olambirira koma sachita zinthu mogwirizana ndi zimenezo kunja kwa malo amenewo, podzilungamitsa ponena kuti zimenezo

Zigamulo zake n'zosagwira ntchito, zosamveka bwino, ndipo sizikugwirizana ndi mzimu wa nthawi ino.

Komabe, kuswa malamulo amenewo ndiye chifukwa chachikulu cha mavuto onse padziko lapansi.

Munthu sayenera kuphwanya ufulu wa ena, kapena kuwalanda malo awo, mtendere, chikondi, kapena ulemu wawo.

Kapena chilichonse mwa chuma chawo chogwirika komanso chosagwirika

Ngati simukufuna kutenga zomwe si zanu, ndiye kuti zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu.

Kuba kumayambira m'maganizo mwa munthu akayamba kudera nkhawa ena

Mbewu za zilakolako zoipa ziyenera kuchotsedwa m'maganizo

Kuthandiza ena mwauzimu ndi njira imene munthuyo amapezera zinthu zambiri ndipo madalitso adzabwera kwa iye kuchokera mbali zonse.

Akudziwa ndipo sakudziwa

Ndi lamulo la Mulungu losalephera. Koma akuba ndi anthu odzikonda amakhala moyo wawo wonse akufunafuna zinthu zakuthupi, maso awo nthawi zonse akuyang'ana

Zimene ena ali nazo, ngakhale ndalama zawo zitadzaza ndi golide

Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe

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Ngati ndinu wokonda Mulungu ndipo mukufunitsitsa kuona kukhalapo Kwake, muyenera kumiza maganizo ndi thupi lanu mu mtendere Wake, ndipo Iye adzakumwetulirani.

Moyo ukukusinthirani m'njira zambiri

Munthu wodekha salakwitsa kawirikawiri, ndipo amapambana pamene ena ambirimbiri amalephera

Anthu amene saganizira za Mulungu kapena kumusamalira amakhala okhumudwa komanso osasangalala; amakhala okwiya msanga ndipo amakhala ngati makina.

Zojambulajambula

Dzuwa la nzeru ndi mtendere lidzatuluka mumlengalenga wa bata ndipo lidzakupatsa mphamvu zochiritsa malinga ngati muyesetsa.

Zauzimu, ndipo mupatseni Mulungu malo oyamba mumtima mwanu

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Munthu sayenera kuphwanya ufulu wa ena, kapena kuwalanda malo awo, mtendere, chikondi, kapena ulemu wawo.

Kapena chilichonse mwa chuma chawo chogwirika komanso chosagwirika

Ngati simukufuna kutenga zomwe si zanu, ndiye kuti zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu.

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Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe

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Ambuye

Ndi kuwala kwa kandulo yopyapyala ya wokondedwa wanga

Werengani buku lanu lagolide

Wosunga m'chipinda chosungiramo moyo wanga

M'mibadwo yonse ndi nthawi zonse

Chikondi chanu choyera chinalipo, Mulungu, ndipo chidzakhalapo nthawi zonse

Kandulo yosaoneka ya mtendere

Chomwe chimachotsa mdima wanga

Ndipo mundiwonetse mizere yachinsinsi

Yalembedwa pamasamba a mtima wanga

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Dzazani chotengera cha malingaliro anga ndi nzeru zanu zaumulungu

Dzazani botolo la malingaliro anga ndi chifundo chanu

Dzazani dengu la moyo wanga ndi zipatso za chidziwitso chanu chodala

Gwiritsani ntchito chotengera cha moyo wanga kuti mudzaze ndi chikondi chanu

Ndipo tsanulirani mu miyoyo ya ena. Lolani chidziwitso changa chiyendere kulikonse.

Kusungunuka mu moyo wanu waukulu

Nayi kuwala kwa m'bandakucha wa chikondi changa

Kukulakalakani kumachokera m'ming'alu ya mtima wanga wosweka

Kukumana ndi dzuwa la chikondi chanu likuwalira pamene muli ndi moyo

Ndipo chifukwa cha chikondi chanu chowala

Mdima wanga wasandulika kuwala ndi bata

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Nyenyezi yowala

Ndipo wonong'oneza malingaliro ogwirizana

Ndipo wokondedwa amachokera mumtima wabwino

Sindikupempha china chilichonse koma chikondi chanu

Chifukwa ndi ufulu wanga komanso udindo wanga kukukondani

Ndiwe chinthu choyamba chomwe ndimafuna kwambiri pa moyo wanga

Ndipo chilakolako choyamba mumtima mwanga chokhumba ndi cha inu

Ndapeza chimwemwe changa kudzera mwa inu

Ndipo kukukondweretsani ndiye kupambana kwakukulu m'moyo wanga

Kuchokera mu nyimbo ya chikondi cha Mulungu

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Munthu akakonza bwino chipangizo chake chopanda zingwe cha ubongo, amatha kutumiza ndikulandira mauthenga amalingaliro.

Kusokonezeka kwa nzeru, malingaliro amphamvu, ndi kugonjera ku ulamuliro wa mphamvu ndi zofuna zawo, zonsezi ndi zovulaza.

Zimasokoneza malingaliro popanda waya, pomwe bata lakuya, chete, kuyang'ana kwambiri m'maganizo, ndi kuchita masewera olimbitsa thupi ndizofunikira kwambiri kuti munthu akhale ndi mgwirizano wangwiro.

Monga momwe mawu amadutsa mu ether, momwemonso malingaliro athu amayenda kudzera mu ether ya chidziwitso cha chilengedwe chomwe chimatizungulira ndi chilichonse chomwe chilimo.

Kukhalapo Choyamba, munthu ayenera kukhala mogwirizana ndi Mulungu, ndipo uthenga woyamba woperekedwa uyenera kukhala:

"Ndimakukondani, Ambuye wanga, ndi chikondi chomwe sichingafanane nanu"

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Woumba waumulungu

Pa moyo, mabiliyoni ambiri a matupi a anthu apadera komanso osiyana amapangidwa: zinthu zofooka zakuthupi

Kwa mzimu wa munthu wosafa

Fakitale yanu yobisika yolenga imapanga chilichonse: mipando ndi zinthu zonse zomwe ana anu amafunikira m'nyumba zawo.

Zakuthupi, zamaganizo, ndi zauzimu

Ndinu wopanga, wopanga, komanso wowonetsa zinthu zachilengedwe m'nyengo zawo!

Ndinu Mbuye Wakumwamba amene mumayamikira kwambiri khama lomwe limaperekedwa popeza zinthu zauzimu zamtengo wapatali.

Ndipo chofunika kwambiri kuti mukhale ndi moyo wabwino

Dongosolo lanu logwirizana limafuna kuti munthu agwire ntchito kuti ayenerere ndikusangalala ndi madalitso Anu; ayenera kupereka

Ndalama kapena kugwira ntchito m'nthaka kuti mupeze chakudya chopatsa thanzi komanso kusamala ndi kusunga mosamala kuti mukhale ndi thanzi labwino

Monga momwe ayenera kulipira ndalama zophunzirira ndi kudziletsa kuti apeze kuwala ndi mphamvu zokwanira kunyumba kwake.

Chitonthozo chauzimu

Ayeneranso kufufuza mwakhama komanso mwakhama mkati mwake kuti apeze akasupe a chikondi cha Mulungu omwe amathetsa ludzu lake ndikumuyeretsa ku

Fumbi ndi zinyalala za dziko lapansi

Zinthu zakuthupi zingagulidwe ndi kugulitsidwa, koma madalitso anu ndi amtengo wapatali

Sizogulitsa kapena kugula!

Aliyense wa ife tsiku lina adzazindikira ndi kubwerera ku umunthu wake waumulungu, kuzindikira malo ake opatulika komwe adzaphimbidwa ndi chisangalalo Chanu.

Munthu amene wapatsidwa mphatsoyo ndi mtima wonse!

Kuchokera ku "Kunong'oneza Kuchokera Kumuyaya" ndi wanzeru Paramhansa Yogananda

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Pamene tingathe kutsimikizira ena za chikondi chathu

Ndipo pamene tidzakhala otsimikiza kudzera mu mayesero a nthawi ndi mayesero ena

Wina amatikondadi ndi mtima wake wonse

Ndipo timamva chimodzimodzi kwa munthu ameneyo

Osati chifukwa chofuna phindu, koma kungofuna kumva kugunda kwa ubwenzi

Timaona kunyezimira kwa Mulungu ndipo timamva kukhalapo kwa Mulungu

Ndipo timamva mawu a Mulungu mu ubwenzi wodala umenewo

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Nthawi zina chilichonse chimawoneka ngati chikuyenda bwino, kotero timaganiza kuti dziko lili bwino ndipo zinthu zathu zili bwino

Komabe, nthawi imabwera pamene timamva kuti chilichonse chikutsutsana nafe, ndipo ichi ndi phunziro lolimbitsa kutsimikiza mtima kwathu ndikumasula mphamvu zathu zomwe sitinazigwire.

Kuchokera m'malo ake obisika

Koma m'malo mwake, timamva chisoni chifukwa chakuti chinachake chalepheretsa zilakolako zathu. Timamva kukhumudwa chifukwa sitinazikwaniritse.

Zokhumba zathu zimatipangitsa kugwidwa ndi mkwiyo, ndipo maganizo athu amasokonezeka. Timaiwala malo athu ndikutaya kuzindikira kwathu, ndipo tikachita zinthu

Popanda tsankho, zotsatira zake zimakhala zolakwa ndi mavuto

Ngati sitikugonja ku mkwiyo chifukwa cha zovuta za moyo kapena zomwe zimayambitsa, tikhoza kuona zinthu momveka bwino ndikulimbana nazo bwino.

Bwino

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Mulungu, mwa chifundo chake chosatha, amatipatsa chisangalalo chake ndi chilimbikitso chake

Ndipo zimatipatsa moyo weniweni

Nzeru yeniyeni

Chimwemwe chenicheni

Kumvetsetsa koona

Koma ulemerero wa Mulungu umaonekera kokha mu mtendere wauzimu umene mzimu umamva komanso mu kuyesetsa kwa mtima wonse kuti ugwirizane ndi Iye.

Kumeneko tikuima maso ndi maso ndi choonadi. Kunja, zinyengo ndi zamphamvu kwambiri, ndipo ndi ochepa okha omwe amatha kuzidutsa.

Kuchotsa mphamvu ya chilengedwe chakunja

Dziko lapansi likupitiriza ndi zovuta zake zopanda malire komanso zokumana nazo zosawerengeka

Mawu a Mulungu ali kumbuyo kwa maonekedwe a moyo, nthawi zonse amatiitana ndi kulankhula nafe kuchokera m'maluwa ndi m'mabuku opatulika komanso kuchokera

Chikumbumtima chathu, komanso zinthu zonse zokongola zomwe zimapangitsa moyo kukhala wofunika

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Yeretsani chitsulo chathu, inu katswiri wa zamatsenga wakumwamba! Sinthani kufooka kwathu kukhala mphamvu

Ndipo sinthani malingaliro athu olakwika kukhala malingaliro enieni a choonadi Sinthani ziwanda zoopsa za zolinga zathu zadyera

Ku zolinga zapamwamba komanso zopanda nzeru, ku nzeru zopatulika ndi zinthu zoyambira za ulesi wathu

Ku golide weniweni kuchokera ku zinthu zabwino kwambiri zauzimu

Kuyambira pano ndi apo
Nyimbo ya Chisangalalo

Monga momwe mphunzitsi Paramhansa Yogananda adanenera

Kale, pankakhala munthu wodzipatula pakhomo la Mulungu. Sanalalikire kapena kutsogolera aliyense, ndipo sanalankhule chilichonse kupatula chikondi cha Mulungu, chomwe chinali chilakolako chake chokha.

Kulikonse kumene ankapita, ankalengeza kuti chikondi cha Mulungu chikuyaka mkati mwake. Iye ankalankhula pokhapokha ngati pakufunika kutero, ndipo mawu ake nthawi zambiri sankapitirira awiri kapena atatu, koma anthu zikwizikwi ankamutsatira kuti amumve akuimba mofunitsitsa, akufunitsitsa zambiri.

Ambuye wanga, Inu ndinu cholinga changa, ndipo chikondi changa pa Inu ndiye mbendera yanga

Moyo wanga ndi mtima wanga zikukulakalakani, O chisangalalo changa chachikulu

Pa nthawi ina, pamene anali kuyenda m'midzi akuimba nyimbo yake yosavuta, amuna ndi akazi anasiya ntchito zawo n'kumutsatira, koma mmodzi ndi mmodzi anatsalira m'mbuyo mpaka sanathenso kuwaona.

Kenako anafika kumunda waukulu komwe anaona munthu akukolola tirigu, ndipo anamulonjera, nati, "Wokolola iwe, wokolola iwe." Wokololayo anayankha, "Ndisiye ndekha, munthu, usandilankhule, chifukwa ndili wotanganidwa pamene ukundiona. Pita kutali ndi ine, munthu wamisala iwe."

Koma iye anamuuza kuti: “Sindikupempha kuti mulankhule nane, chomwe ndikupempha ndichakuti mundisangalatse ndikugwirizana nane poimba. Kodi mungandisangalatse pobwereza dzina la wokondedwa wanga, kenako ndichoka?!”

Wokolola anayamba kuimba naye, “Ambuye, Inu ndinu cholinga changa… ndipo chikondi changa pa Inu ndiye mbendera yanga…” Anasangalala kwambiri, ndipo chikwakwa chinagwa m’dzanja lake, ndipo anayenda kumbuyo kwa wamisalayo, akuimba mosangalala komanso mwachidwi… ndipo ngakhale mbalame zinamva chisangalalo ndipo zinayamba kufuula ndi kuimba nyimbo ya chikondi kwa Mulungu.

Pamene ankapitiriza kuyenda, mkazi wa wokolola anabwera nayamba kuimba mlandu mwamuna wake, nati: "Vuto lako ndi chiyani? N’chiyani chakuchitikira kuti utsatire wamisala uyu?" Koma iye anayankha kuti: "Nena chilichonse

chimene ukufuna chokhudza ine, koma imbani nane, ngakhale kamodzi kokha" Choncho anayamba kuimba, ndipo onse atatu anaimba limodzi mosangalala komanso mwachidwi.

Pamene ankaimba, anthu ena akumudzi ankadutsa pafupi ndi malowo n’kuseka za malowo, n’kunena kuti, “Masiku ano kuli anthu ambiri amisala!” Wodzipatulayo anawauza kuti, “Lezani mtima anthu inu, poweruza ife mpaka mutamva zimene tikumva, ndikukupemphani kuti mugwirizane nafe poimba, kenako mupereke chiweruzo.”

Anthu awa adagwirizana nawo poimba, ndipo adakhudzidwa ndi chikondi cha Mulungu, ndipo adayamba kuimba nyimbo yodala kuchokera pansi pa mtima wawo komanso ndi chikhumbo chachikulu.

Nkhani yawo inafalikira m'chigawo chonsecho, ndipo anthu zana limodzi, mazana awiri, mazana atatu, ndi mazana asanu anawatsatira, akuyesera kuyimitsa ndi kuwathamangitsa, koma mitima ya aliyense inadzaza ndi chimwemwe chachikulu komanso chilakolako chowonjezeka:

Ambuye wanga, Inu ndinu cholinga changa, ndipo chikondi changa pa Inu ndiye mbendera yanga

Moyo wanga ndi mtima wanga zikukulakalakani, O chisangalalo changa chachikulu

Mulungu akudalitseni ndikusangalatsani mitima yanu

Mtendere ukhale pa inu

Nkhani ya Afilosofi Asanu ndi Awiri Yokhudza Munthu

Wafilosofi woyamba anati:

Munthu ndiye chimake cha mbiri, cholinga chachikulu cha ndakatulo, ndi mgwirizano wamoyo, waufulu womwe umalumikiza chilengedwe ndi Mulungu

Wafilosofi wachiwiri anati:

Tisanyoze munthu kapena kumunyoza, chifukwa ngakhale kuti watsika kuchokera ku malo apamwamba kwambiri a kuzindikira kupita ku kuya kotsika, akadali ndi zizindikiro za ulemerero woyamba ndi ulemerero wapamwamba m'moyo wake - chifukwa ngakhale kuti akufanana ndi zipilala zosweka za kachisi wakale, ulemerero wa kachisiyo umaonekera ngakhale m'mabwinja ake otsala.

Wafilosofi wachitatu anati:

Munthu ndi wosauka komanso wolemera bwanji!

Ndi womvetsa chisoni bwanji komanso wolemekezeka bwanji!

Ndi zovuta kwambiri, ndipo ndi zosavuta bwanji!

Wafilosofi wachinayi anati:

Anthu ndi gulu la chisokonezo, zotsutsana, ndi mphamvu zotsutsana Ngakhale kuti ndi malo osungira choonadi ndi oteteza nzeru zosatha, ali ndi kukayikira ndipo masomphenya awo ali ndi chisokonezo. Komanso, nthawi zonse amakhala ndi mantha a zosadziwika. Iwo nthawi yomweyo ndi onyada ndi manyazi a chilengedwe chonse.

Wafilosofi wachisanu anati:

Zokhumba za anthu sizili ndi malire, ndipo palibe chuma chilichonse, ngakhale chitakhala chachikulu bwanji, chomwe chingakwaniritse. Munthu sadzapeza bata kapena mtendere wamumtima mpaka atakwaniritsa cholinga chake, chomwe

ndi kugwirizana ndi Mlengi wake ndikusangalala ndi Iye nthawi iliyonse ya moyo wake.

Wafilosofi wachisanu ndi chimodzi anati:

Munthu samadziwika ndi zofuna zake, koma ndi khama lake logwira ntchito kuti akwaniritse zabwino kwambiri. Osati ndi zilakolako zake zambiri, koma mwa kusiyanitsa chabwino ndi choipa ndikupeza zabwino komanso zopindulitsa kwa iye mwini ndi anthu ammudzi mwake.

Wafilosofi wachisanu ndi chiwiri anati:

Munthu ndi thovu loyandama pamwamba pa mtsinje wa cosmic womwe ukuyenda nthawi zonse padziko lapansi la Mulungu. Thovu lina ndi lowala kuposa lina, koma pamapeto pake lidzaphulika ndi kusungunuka mumtsinje womwe ukupita ku nyanja ya cosmic yomwe ilibe gombe.

Mtendere ukhale pa inu

Mphatso yanga kwa inu ya Chaka Chatsopano

Kodi muli ndi cholinga mkati mwanu chomwe mukufuna kukwaniritsa?

Ngati mutapatsidwa mwayi woyambiranso moyo lero, mungatani?

Moyo umakupatsani chisankho ichi, ndipo mtanda wa ceramic wofewa uli m'manja mwanu kuti upange momwe mukufunira.

Zinthu zomwe zimaoneka zovuta nthawi zambiri zimakhala pafupi ndi kukhala zomveka komanso zenizeni. Zimene mumaganiza kuti simungathe kuchita, yambani kuchita tsopano! Siyani zoletsa za zizolowezi zomwe mwadzipangira nokha, ndipo mvetserani mawu anu amkati.

Moyo uli ndi zodabwitsa zosangalatsa kwa iwo omwe amakumba mozama m'chitsime cha iwo eni

Palibe cholinga chomwe chingakwaniritsidwe tsiku limodzi. Chofunika ndi kuyamba tsopano, osati mawa.

Yambani ndi madalitso a Mulungu! Nthawi yamatsenga iyi ndi chinsinsi cha phanga la mwayi wodzaza ndi chuma

Tsegulani chosungira cha luso lanu, chomwe nthawi zonse chimakhala chodyetsedwa ndi magwero opanda malire omwe magwero ake sauma ndipo omwe madzi ake sachepa.

Luso limatanthauza udindo, ndipo luso lobisika ndi mbewu yobala zipatso yomwe moyo wakupatsani chisamaliro. Musalole kuti ifote ndi kufa m'nthaka yopanda kanthu yozengereza.

Moyo umakupemphani kuti mukolole moona mtima zomwe mwabzala m'munda mwanu. Zida zonse zomwe mukufuna zili m'manja mwanu. Kotero, Mulungu akutsogolereni, zindikirani zida zimenezo ndi diso lozindikira.

Musagwire ntchito mwakhama chifukwa cha chikhumbo chofuna kukwaniritsa zomwe mukufuna, koma gwirani ntchito modekha, momasuka, komanso mosangalala

Simukufuna cholingacho kuposa kungoyesetsa kuchikwaniritsa

Ndi maganizo ndi manja olimbikitsidwa ndi chikondi, longani mapangidwe a chipambano ndi ulusi wagolide wamakono

Koma ngati mwalephera pa khama lanu, musakhumudwe ndipo musalole kuti kukhumudwa kukugwereni.

Koma ndi mtima wodziwa bwino zinthu

Ndipo dzanja lofewa komanso losinthasintha

Ndipo diso loyera ndi masomphenya owoneka bwino

Yambaninso ndipo khalani ndi chikhulupiriro

Duwa lili pakati pa mbewu, koma kodi mbewuyo imadziwa chiyambi chake kapena mapeto ake?

Koma pamene ikusonkhanitsa kutentha ndi chinyezi chochuluka momwe ingathere

Mtima wake ukufutukuka kuti uwulule duwa lowala

Sewerani dzuwa ndipo lilonjereni ndi chisangalalo cha moyo ndi chisangalalo cha kuchita bwino

Ndipo apa pali moyo ukukuitanani kuti mukhale bwenzi lanu ndipo ukukulimbikitsani kuti mugwire ntchito

Kodi mudzamvera pempho lake ndi kuyankha chilimbikitso chake?

Ndipo tsopano mutembenuzira nkhope yanu ku kuwala

Mulungu aunikire nkhope yako ndi kuwala kwake

Pangani maloto anu kukhala enieni m'chaka chatsopano

Chaka chabwino chatsopano!

Magazini ya Kum'mawa-Kumadzulo

Kumasulira: Mahmoud Abbas Masoud

Ndani ananena zimenezo?

Chilakolako chimandigwira mtima, koma ndimachibisa

Ndipo ngati ndili kutali, ndimalankhula naye kudzera mu kukumbukira

Mtima umagunda, ndipo zokhumba zimaulamulira

Ndapeza mavesi awa m'buku langa limodzi

Sindikukumbukira amene ananena zimenezo, ndinafufuza pa intaneti kuti ndidziwe kuti ndani

Ndinkafuna kumupatsa chifukwa, koma sindinathe kupeza pa intaneti

Zinandikopa chidwi changa chifukwa cha chikondi chenicheni chomwe chinali nacho

Ndipo chikhumbo china ndi kukhulupirika koonekeratu

Kumva kwakukulu kuyenera kuti kunayatsa mtima wa wolemba ndakatulo wathu

Kuwala kwake kunaunikira kuya kwa moyo wake

Mphamvu yake ya madzi inayenda pang'onopang'ono komanso mogwedezeka

Mu njira zake zomvera chisoni

Anamugwedeza, kumusangalatsa, ndi kumumvetsa chisoni

Kenako anadzilimbitsa mtima ndipo anatulutsa mtsinje woyera komanso womveka bwino wa malingaliro abwino.

Ndipo inasanduka mawu ofewa ngati mphepo yamkuntho

Ndipo nyimbo yokoma mtima, yosangalatsa yomwe imakhudza kuya kwa malingaliro

Apa tikuwona mitundu yokongola ya malingaliro olunjika kwambiri

Ndipo tikuwona nyali zowala mu chisangalalo chake chodzaza ndi chisangalalo

Ndipo sitiyenera kulephera kulawa chisoni chowawa pamodzi naye

Komabe, akuwoneka kuti akusangalala ndi chisoni chimenecho

Zimene anazikondwerera ndi kuzipanga kuchokera mumtima mwake

Ndipo apa tikulankhula za zomwe zinachitikira wolemba ndakatulo wathu wosadziwika

Mavesi ake adakopa chidwi chathu chifukwa adawayikamo

Kuchokera mumtima mwake, mfundo yaikulu

Ndipo adasiya chizindikiro chake m'mawu ake

Mitima ikhale yodzaza ndi chikondi nthawi zonse ndipo ikhale yodzaza ndi kukhulupirika

Mtendere ukhale pa inu

Kukambirana pakati pa mwana wamwamuna ndi bambo ake

Mwanayo anafunsa bambo ake kuti: "Ndikuona kumwetulira m'maso mwanu, Abambo, chinsinsi chake n'chiyani?"

Iye anayankha kuti: Chifukwa ndikumva bwino kwambiri

Iye anati: Lankhulani! Kodi kwenikweni chikuchitika n’chiyani?

Iye anayankha kuti: Mtendere umalowa mumtima mwanga, ndipo kumwetulira kumaonekera m'maso mwanga kusanawonekere pankhope panga.

Iye anati: Ndi zimenezo zokha?

Iye anayankha kuti: Zokumbukira zimadzuka

Iye anafunsa kuti: Ndi zinthu zotani zimene zimakumbukiridwa?

Iye anayankha kuti: Ndi lokoma ndipo limalimbikitsa maselo

Iye anati: Kodi zimenezo zimachitika bwanji?

Iye anayankha kuti: Ganizo, mwana wanga, ndi mphamvu ngati magetsi, ndipo maganizo a munthu amayamba chifukwa cha kuganiza ndi mmene amaganizira.

Iye anati: Mukutanthauza chiyani ponena kuti "mphamvu ngati magetsi"?

Iye anayankha kuti: Magetsi ndi opindulitsa komanso owopsa. Aliyense amene akugwiritsa ntchito bwino adzawapeza kuti ndi othandiza, apo ayi angamuphe ndi magetsi.

Iye anati: Kodi maziko a kufananiza ndi chiyani?

Iye anayankha kuti: Ndimaganizanso kuti, ngati muitsogolera m'njira yoyenera, idzakupangitsani kukhala osangalala, apo ayi idzakubweretserani mavuto.

Iye anati: Ndingamutsogolere bwanji pamene ali ngati kavalo wakuthengo?

Iye anayankha kuti: Izi sizingatheke, chifukwa ngati mupeza chidziwitso ndi chikhalidwe cha akavalo, ndiye kuti mudzawongolera kasamalidwe kawo ngakhale atakhala akuthengo komanso osalamulirika.

Iye anati: Amanena kuti bwenzi ndi m'modzi mwa anthu omwe ali pafupi kwambiri ndi munthu, kodi izi ndi zoona?

Iye anayankha kuti: Ndithudi

Iye anati: “Ndiye bwenzi chifukwa lili pafupi kwambiri ndi munthu.”

Iye anayankha kuti: Inde ndi ayi

Iye anati: Zili bwanji zimenezo?

Iye anayankha kuti: Kuganiza bwino ndi bwenzi lapamtima, ndipo kuganiza kosayenera ndi mdani wokhazikika.

Iye anati: Zili bwanji zimenezo?

Iye anayankha kuti: Kuganiza bwino kumakopa mtendere ndi chitetezo, pomwe kuganiza molakwika kumawombera mivi yakupha yomwe imabwerera kwa mwiniwake kawiri - Mulungu achulukitse ntchito zanu zabwino - ndipo ndichifukwa chake akuti mphotho ndi yamtundu womwewo monga ntchitoyo.

Iye anati: Ndipo zimenezo zingapewedwe bwanji?

Iye anayankha kuti: Malingana ngati mukufunira zabwino ena ndikupempha Mulungu kuti akuthandizeni ndi kuwatsogolera, malingaliro anu adzasanduka nyali zomwe zimaunikira zipinda za moyo ndikuthamangitsa milu ya mdima.

Iye anati: Ndipo chidzachitike n’chiyani?

Iye anayankha kuti: Kenako mudzamva chitonthozo chachikulu ndipo maso anu adzamwetulira!

Kumwetulira m'maso mwanu ndi pankhope panu kukhale kosatha, abwenzi anga

Mtendere ukhale pa inu

Takulandirani mlendo

Mlendo wabwino uyu

Diso silingathe kuliona, koma mtima umalimva

Monga chisangalalo kapena mpumulo womwe umachotsa chisokonezo

Ndipo amatonthoza mitima yosweka

Zimapereka chidziwitso chothandiza kuthana ndi mavuto ovuta molondola

Kumva kwa mlendoyo kukugwirizana ndi kumutsegulira chitseko ndikumuitana kuti alowe

Kuitana kuyenera kukhala kochokera pansi pa mtima komanso kuchokera ku chikhumbo chenicheni chofuna kulandira

Lili ndi chikhumbo chogwirizana ndi chikhumbo champhamvu

Zimene "Qassad" kapena woyimba wa m'mapiri anamva pamene ankazinena ndi mtima wonse:

(Anandilemekeza ndi kundichezera ndipo anaswa mwambo wanga mtima wanga watsegula chitseko chake kwa inu kuchokera mkati)

Chimwemwe chenicheni sichimachokera m'maganizo kapena m'maganizo

Ndi chinthu chowonekera, chopanda pake chokhala ndi gwero

Gwero lodzikonzanso lokha silingathe kutha

Palibe amene sanalawepo pang'ono chabe

Mlingo wa momwe zimamvekera zimadalira mphamvu ya kuvomereza ndi luso la kumvetsetsa

Ndi nyanja yomwe si zolengedwa zonse zomwe zingathe kuidya

Chifukwa gwero lake silili ndi malire koma limalumikizidwa ndi chinthu chamtheradi komanso chopanda malire.

Anayerekezera kukoma mtima ndi anthu owolowa manja ndi zimenezo

Izi zimandikumbutsa nkhani ya munthu wosauka uja amene ankatsatira olemba ndakatulo ena

Anali paulendo wawo wopita kwa Khalifa ku Igupto, amene anawaitana kuti akawapatse mphatso. Munthu wosaukayo anali ndi mtsuko. Atangolowa m'nyumba yachifumu ya Khalifa ndi kuima pamaso pake, anayamba kuwapatsa mphatso zambiri. Kenako anayang'ana munthu wosaukayo atavala zovala zake zong'ambika n'kumufunsa kuti:

Ndipo n’chiyani chakubweretsani kwa ife, ndipo mukufunikira chiyani kwa ife?

Iye anayankha kuti:

Pamene ndinaona anthu akunyamula katundu wawo

Ndafika ku nyanja yanu yosefukira ndi mtsuko wanga

Khalifa anati: Dzazani mtsuko ndi golide ndi siliva

Khalifa ameneyo sanali nyanja poyerekeza ndi nyanja yaufulu wa anthu onse, koma dontho lake

Ngati ndime imodzi ya ndakatulo inamulimbikitsa kupatsa kwake ndi kumulimbikitsa kwambiri, ndipo iye ndi munthu chabe, ndiye kuti pempho lililonse lochokera pansi pa mtima ku gwero la kupatsa ndi nyanja ya ubwino wa Mulungu lidzalandiridwa ndi kukwaniritsidwa ndipo kupereka kudzabwerezedwanso mpaka kukhutitsidwa kukwaniritsidwa.

{Ndipo Ambuye wako adzakupatsa ndithu, ndipo udzakhuta}

{Ndipo ngati muwerenga zabwino za Allah, simungathe kuziwerenga}

Mulungu asangalatse mitima yanu

Mtendere ukhale pa inu

Kangaude wodekha komanso wochete

Mnzanga wokondedwa, Pulofesa wanzeru Fahmi Al-Mashaykhi, wotsogolera pulogalamu ya "Self-Leadership," anandipempha kuti ndimasulire ndakatulo zina za wolemba ndakatulo wamkulu waku America Walt Whitman. Polemekeza pempho lake lokoma mtima, ndasankha ndakatulo iyi ndipo ndikufuna kuipereka kwa iye ndi kwa onse okonda mabuku abwino komanso kudzoza kwapadera.

Pa thanthwe la m'mphepete mwa nyanja ndi mphuno yaying'ono yotuluka

Kumene kangaude anaima yekha

Ndayika chizindikiro chosonyeza malo ake

Cholinga cha chizindikiro chimenecho

Kudziwa njira yomwe idzapezekeredwere

Malo ake aakulu pakati pa malo opanda kanthu

Kenako anatulutsa waya woonda kuchokera kwa iye mwini, kutsatiridwa ndi waya wina, kenako winanso.

Anapitiriza kumasula ulusi wake mwachangu kwambiri

Popanda kutopa

Ndipo iwe, moyo wanga, iwe amene ukuimirira wozunguliridwa ndi phompho losatha

Kuchokera pamalo akulu, opanda malire, komanso opanda malire

Ndipo mumamizidwa popanda kusokonezedwa ndi malingaliro ndi kuzindikira

Ndikukuonani mukuyamba ulendo wosangalatsa

Mumamasula malingaliro ndi mphamvu

Mukufuna dziko lapansi ndi zinthu zakuthambo

Mukhale naye paubwenzi wolimba

Kuti muthe kumanga mlatho womwe mukufuna

Sitima yanu yatetezedwa ndi nangula

Mpaka ulusi wanu woonda womwe mumamasula kutali ndi inu

Kuchokera pogwira china chake

kwinakwake

O mzimu wanga!

Walt Whitman

Kumasulira: Mahmoud Abbas Masoud

gulu la nyenyezi

Ndi gulu la nyenyezi zokhala ndi mapangidwe okongola kwambiri

Amadziwika ndi mayina osiyanasiyana monga Ghoul's Head

Chiwombankhanga Chouluka, Chiwombankhanga Chogwa, ndi Betelgeuse

Kanjedza wopaka henna ndi nyenyezi yaku Yemen

Pakamwa pa chinsomba ndi munthu wamphamvu ndi ena

Gulu la nyenyezi limakopa chidwi

Mwina chifukwa cha mtunda wake kuchokera ku Dziko Lapansi

Mwina chifukwa cha zinsinsi ndi zinsinsi zozungulira

Mwina chifukwa cha chete chake chosatha

Kuwala kwake kwachilendo

Ndipo mwina

Chifukwa zimapangitsa munthu kukweza maso ake kuchokera pansi

Muloleni afune kuchita zomwe zili zapamwamba komanso zokoma!

Mawu oti "gulu la nyenyezi" ndi mawu okongola omwe amadzutsa kukoma kwake

Kuchokera ku chochitika cha zakuthambo chimenecho

Ndi kuwala kowala komanso kukongola kowala

Ndipo ndi momwe mulili, abwenzi anga

Gulu la nyenyezi zowala

Mu mlengalenga mwa moyo wanga

Moni kwa inu kulikonse komwe muli

Ndipo chikondi kuyambira pansi mpaka m'mwamba

Kusuntha kungakhale dalitso kapena tsoka

Ndinawonjezera mawu oti "chiwonongeko" ku mwambi wodziwika bwino, chifukwa ndimaona kuti si zochita zonse zomwe zimadalitsidwa, ndipo zina mwa izo zimabweretsa zotsatira zomwe sizodalitsidwa zokha komanso zomwe zimawononga magawo oposa limodzi.

Kuyenda kwa anthu sikungochitika mwangozi, kupatulapo mayendedwe ena omwe angachitike munthu akagona kapena akuyenda mogona, motsogozedwa ndi munthu wosadziwa. Kupanda kutero, kumayendetsedwa ndi cholinga ndi chifuniro chokwaniritsa cholinga china chake.

Kusunthaku kokha sikopanda tsankho chifukwa ndi chida chongodziwa chomwe chimagwira ntchito poyankha malamulo a dongosolo la magalimoto a anthu, lomwe limalandira malamulo kuchokera m'maganizo ndikuwatsatira.

Pamene kuyenda kumagwiritsidwa ntchito kuthandiza ena

Ndipo awachotsere mavuto awo

Kugwiritsa ntchito zida zomvera kuti zinthu ziyende bwino

Pa zinthu zakuthupi komanso makhalidwe abwino

Ndipo kubweretsa chilichonse chomwe chingabweretse chitonthozo ku miyoyo

Ndipo mtendere m'mitima

Zimatipatsa zinthu zofunika pa moyo, osati zinthu zapamwamba zokha

Ndi dalitso lochokera kwa Mulungu, angelo, ndi aneneri

Koma ngati kayendedwe kameneka kagwiritsidwa ntchito popweteka

Ndipo kuvulala ndi kusweka mtima

Kugwiritsa ntchito nzeru kapena zinthu zakuthupi za ena

Popanda chilolezo kapena chilolezo chake

Zotsatira zake sizidzakhala dalitso

Ndipo kenako tikhoza kunena kuti

"Kusuntha kumatsogolera ku chiwonongeko"

Wodala ndi iye amene amagwiritsa ntchito zochita zake chifukwa cha zabwino ndi chisangalalo cha Mlengi wake:

Choncho Ambuye wawo anawayankha kuti, “Sindidzalola kuti ntchito ya wantchito aliyense pakati panu itayike, kaya wamwamuna kapena wamkazi” (Al Imran)

Ndipo mu hadith yolemekezeka:

"Zinthu zitatu zimatsatira munthu wakufa; ziwiri zimabwerera, ndipo chimodzi chimatsala naye Banja lake,

chuma chake, ndi zochita zake zimamutsatira; banja lake ndi chuma chake zimabwerera, ndipo zochita zake zimatsala"

Imam Ali, Mulungu alemekeze nkhope yake, agawane nafe nzeru kuchokera m'nkhokwe ya chidziwitso chake, ponena kuti:

(*Pali kusiyana kwakukulu pakati pa mitundu iwiri ya ntchito* : ntchito yomwe chisangalalo chake chimakhala chaching'ono koma zotsatira zake zimakhalapo, ndi ntchito yomwe ndalama zake zatha koma mphotho yake yatsala)

Mulungu alandire ntchito zathu zabwino, abwenzi anga

Mtendere, chifundo ndi madalitso a Mulungu zikhale pa inu

Bala ndi nyumba yowonongedwa

Iye anati: Pali nkhani yomwe ikundisautsa ndipo ndikufuna kuifotokoza.

Iye anayankha kuti: Nchiyani?

Iye anati: Ndimaona anthu akuyenda m'njira zolakwika omwe ndi "okongola" komanso osangalala, komanso anthu abwino omwe sapeza gawo lililonse la kupambana.

Iye anayankha kuti: Anthu nthawi zambiri amalakwitsa poweruza olungama ndi oipa, chifukwa amaweruza potengera maonekedwe awo, osatha kuona m'mitima ya ena kuti adziwe umunthu weniweni wa munthu aliyense ndi kuzindikira zolinga ndi zochita zawo zobisika. Koma Mulungu ndiye wofufuza zolinga ndi wovumbulutsa zinsinsi; Iye yekha ndiye amaweruza ndi kusiyanitsa chabwino ndi choipa. Chifukwa chake, sizingatheke kuti munthu amene anthu

amamuona kuti ndi woipa akhale wolungama, ndipo munthu amene amamuona kuti ndi wolungama akhale woipa.

Iye anati: Kodi pali njira yodziwira kusiyana koyenera pankhani izi?

Iye anayankha kuti: Poweruza chisangalalo ndi mavuto, ngati sitichita bwino, timaganiza kuti munthu wosangalala ndi amene amasangalala ndi chuma ndi chitukuko, amapeza ulemu, amalandira ulemu wa anthu, ndipo amasangalala ndi zosangalatsa ndi zosangalatsa za moyo. Sitiganizira za mavuto amkati omwe akukumana nawo chifukwa cha machimo awo, zolakwa zawo, ndi kusalungama kwawo kwa ena. Kusasangalala kwamkati kumeneku komanso matenda osachiritsika kungapangitse moyo wawo kukhala wowawa ndipo maso awo azikhala osakhazikika chifukwa cha zilakolako zawo zoipa komanso kudzikonda kwawo. Angakumanenso ndi masoka oopsa komanso mavuto osaneneka omwe ndi osasangalatsa kwenikweni.

Iye anati: Ndipo chimwemwe cha olungama chili kuti?

Iye anayankha kuti: Choyamba, munthu wolungama sathamangira zinthu zapadziko lapansi. Amakhutira ndi kukhutira kwake, kuchitira anthu zinthu mwachilungamo, mtendere wa chikumbumtima chake, ndi chisangalalo chake chauzimu chomwe chimachokera mkati ndipo nthawi zonse chimakonzedwanso, makamaka akamaganiza kuti Mulungu adzamupatsa mphotho ku moyo wa pambuyo pake ndikumupatsa kuwala kosatha m'malo mwa zomwe adasowa m'malo owonongedwa.

Iye anati: N’chifukwa chiyani olungama, kapena ena mwa iwo, amavutika ndikukumana ndi mavuto padziko lapansi?

Iye anayankha kuti: Nthawi zina Mulungu amayesa okondedwa ake ndi mitundu yosiyanasiyana ya ululu ndi kuvutika, osati ngati chilango, koma kuti awayeretse mu moto wa mayesero ngati golide. Mavuto omwe amawagwera amawalimbitsa, amavumbula makhalidwe awo abwino, ndipo amawapangitsa chikondi chawo kwa Ambuye wawo ndi anthu kukhala choyera, chowonekera, komanso chokhazikika.

Mulungu awonjezere chiwerengero cha anthu olungama ndi abwino padziko lapansi

Mtendere ukhale nanu, abwenzi anga

Ngale Yokonzedwa

Kusasiya mfundo za makhalidwe abwino kuti musangalatse ena

Iye anati: Ndinamva kuti kukhala bwino ndi ena n'kofunika, kodi pali zina zomwe sizikugwirizana ndi zimenezo?

Iye anayankha kuti: Kugwirizana ndi ena sikutanthauza kuvomerezana nawo pa chilichonse, kapena kusiya mfundo zanu chifukwa cha iwo, chifukwa njira imeneyi yogwirizana ndi yosafunika ndipo si yogwirizana ndi zomwe zili zoyenera.

Iye anati: Kodi mumakonda kukangana kuposa kugwirizana?

Iye anayankha kuti: Palibe chifukwa choti mugwirizane nawo popanda kuyambitsa mavuto kapena chisokonezo. Anthu osintha zinthu komanso anthu otchuka sanagwirizane ndi anthu ambiri omwe anali nawo, koma anasunga malingaliro awo chifukwa ankadziwa kuti zomwe akuchita zinali zolondola.

Iye anati: Mukuganiza bwanji za kusintha mfundo zomwe nthawi zina zimagwirizana ndi zomwe zikuchitika?

Iye anayankha kuti: Munthu sayenera kunyalanyaza mfundo za makhalidwe abwino, kapena kugwiritsa ntchito zolinga zobisika kuti akwaniritse cholinga chake, chifukwa khalidwe lotere siliyenera kwa anthu amene amatsatira mfundo za makhalidwe abwino. Ngati mungathe kukhala m'njira yosangalatsa Mulungu ndipo simuvulaza ena, ndiye kuti mulibe choopa.

Iye anati: Kodi kuyanjana ndi ena kumatanthauza chiyani?

Iye anayankha kuti: Choyamba ndi kukhala mogwirizana ndi Mulungu, kenako ndi chikumbumtima chanu, kenako ndi anthu.

Iye anati: Nanga bwanji ngati njira yanga siikukhutiritsa ena?

Iye anayankha kuti: Ndikokwanira kuti mukhale ndi mtendere mumtima mwanu ndipo mudzamva mtendere wamumtima womwe umakupangitsani kuti musavomerezedwe ndi ena, bola ngati kuvomerezako sikukugwirizana ndi zomwe mumakhulupirira mu zisankho zanu.

Iye anati: Kodi mundilangiza kuti ndipemphe ena kuti asinthe moyo wawo wolakwika?

Iye anayankha kuti: Palibe chifukwa chokakamiza anthu kuti avomereze maganizo anu olondola. Ngati sakufuna kutsatira njira yanu, asiyeni akhale ndi kuwafunira zabwino. Ngati akukuvutitsani ndi mawu opweteka komanso ndemanga zopweteka, ndibwino kudzipatula kwa iwo, kwakanthawi. Koma nthawi zonse khalani okonzeka kugawana nawo kumvetsetsa kwanu ndi zomwe

mwakumana nazo. Ndipo ngati muli ndi chidziwitso chambiri, chiperekeni kwa iwo omwe ali ndi ludzu nacho, kuti amwe mosangalala komanso mokhutitsidwa, mwa chisomo cha Mulungu Wamphamvuyonse, ndipo mphotho yanu ili ndi Iye.

Mtendere ukhale pa inu

Ndikuona kuti ukuimba mlandu masiku ano

Ndikhoza kukuonani, bwenzi langa

Mukufuna malo opumulirako omwe angakusangalatseni

Ndipo ku mpumulo umene udzasamalira mtima wako wotopa m'nkhalango zake

Ndikukuonani mukuyang'ana kutali, chete

Kuyesa kuthawa kuzama kwa mdima ndi nkhawa

Kumwamba koyera

Zoyenera kwambiri moyo wanu wowonekera

Ndipo ndili ndi mphamvu zambiri zoletsa zokhumba za moyo wanu wokonda

Ndipo kudzera m'maso a malingaliro, ndikukuonani mukuimba mlandu masiku ano

Anafunsa za dziko la mwayi lomwe lakhala likuyembekezeredwa kwa nthawi yayitali

Zili ngati ndikumva chikhumbo chofuna chikuyamba mkati mwanu

Ndikumva mawu a mabelu ake kudzera mu ether ya mzimu

Ndinaona chombo cha zokhumba zanu chokhazikika pagombe lakutali

Zikumbukiro za mbalame zam'nyanja zimamuzungulira

Ndipo mapulaneti amamuyang'ana ndi mtima wochezeka

Ndikumva chikhumbo chako, bwenzi langa, cha malo opumulirako omwe ukulakalaka

Mulole kuti mupyole mitambo

Ndipo imalowa m'dziko lotchedwa

Ndi wodzaza ndi matanthauzo achifundo ndi zikhumbo zokoma

Moyo wakwaniritsa zomwe mukufuna

Ndipo kusungulumwa kwa kusungulumwa kuchotsedwa mu moyo wanu wofooka

Ndipo adachikulitsa ndi mayeso okongola kwambiri

Ndipo masomphenya okoma kwambiri

Mtendere ukhale pa iwe, bwenzi langa!

Mahmoud Abbas Masoud

Nzeru zogula ndi nkhani ya nkhandwe ndi khwangwala

-

Iye anafunsa, nati: Kodi pali filosofi yogula yomwe ndingatengere m'moyo wanga?

Iye anayankha kuti: Anthu ena amakonda kugula zinthu zomwe sakuzifuna, motero amawononga ndalama zawo pazinthu zosafunikira.

Iye anati: Uphungu wanu ndi wotani?

Iye anayankha kuti: Khalani osamala komanso anzeru mukamagula zinthu Ngati muli ndi ndalama, zisungeni ndipo musanyalanyaze malonda omwe nthawi zonse amayesa kukukopani kuti mugule zinthu zomwe simukuzifuna kuti musiye ndalama zomwe mwapeza movutikira kuti mupeze zatsopano kapena ndalama "zopindulitsa" Nthawi iliyonse munthu akayesa kukukopani ndi mawu okoma komanso zotsatsa zokopa, kumbukirani nkhani ya nkhandwe ndi khwangwala

Iye anati: "Kodi mungandibwerezerenso?"

Iye anayankha kuti: Kalekale, khwangwala anali atanyamula chidutswa cha tchizi pakamwa pake pamene malovu a nkhandwe anagwera pa icho, ndipo anachilakalaka yekha. Popeza anali katswiri wa chinyengo ndi chinyengo, nkhandweyo inauza khwangwala kuti, "Ndikufuna mundiimbire nyimbo, Bambo Khwangwala, chifukwa ndamva kuti mawu anu ndi okoma komanso otchuka chifukwa cha kukoma kwake." Khwangwala, atakondwera ndi chiyamikocho, anatsegula mlomo wake kuti ayimbe, koma atangomaliza, chidutswa cha tchizi chinatuluka pakamwa pake ndipo chinagwa pansi. Nkhandweyo inachitenga mwachangu ndikudzitamandira chifukwa cha mphoto yake yosavuta. Chifukwa chake, samalani ndi omwe akuyesera kukukhudzani m'maganizo, chifukwa akufuna china chake kuchokera kwa inu. Ndipo musalole aliyense kukudyerani masuku pamutu mwa kukunyengererani kapena kukunyengererani kuti akupangitseni kulakalaka chinthu chosafunikira kuti mupambane komanso chisangalalo chenicheni.

Iye anati: Kodi pali njira yodzidalira?

Iye anayankha kuti: Chepetsani moyo wanu kuti musadalire zinthu zambiri. Kungochita zinthu mopitirira muyeso komanso nthawi zonse kumachotsa kukhutira ndi kubweretsa chisangalalo ndi mavuto. Ngati musokoneza moyo wanu ndi zinthu zambiri, simudzatha kusangalala ndi chilichonse. Koma ngati muyang'ana moyo wanu mosamala, mudzapeza njira zambiri zochepetsera zinthu zanu zapamwamba popanda kumva kuti mulibe ndalama.

Iye anati: Kodi maganizo anu ndi otani pa kugula pang'onopang'ono?

Iye anayankha kuti: Choyamba, sungani ndalama zomwe mukufuna ndikugula zomwe mukufuna ndi ndalama, popanda kuvutitsidwa ndi magawo, chiwongola dzanja chokwera, komanso mavuto. Inde, pali phindu pochita zinthu ndi anthu omwe akufuna kugulitsa katundu wawo kuti apeze ndalama, koma musalole kuti mukhale ndi moyo wopitirira muyeso, chifukwa ngati mutatero, mudzataya chilichonse, Mulungu asakuletseni, mukakumana ndi vuto lalikulu kapena kutembenuka kwadzidzidzi pamsewu, ndipo "chokopa" chidzakhala chikukuyembekezerani.

Iye anafunsa kuti: Kodi tanthauzo lanu la kusunga ndalama ndi lotani?

Iye anayankha kuti: Kusunga ndalama ndi luso ndipo kumafuna kudzipereka. Koma ngati mutagula zinthu mwanzeru ndikukhala moyo wosalira zambiri, mudzatha kusunga ndalama nthawi zonse, ndipo kumbukirani mwambi wotchuka wakuti, "Kutsika pang'ono, mtsinje udzakhala dziwe," mothandizidwa ndi Wamphamvuyonse.

Mulungu akulemeretseni kuchokera ku chisomo chake chochuluka, abwenzi anga.

Mtendere ukhale pa inu

Kudziganizira bwino ndi kupambana

Iye anati: Kodi n’zoona kuti munthu kudzifunsa mafunso ndi mtundu wa njira yodzifufuza yekha?

Iye anayankha kuti: Ndi zoona

Iye anati: Ngati ndikufuna kudzifufuza motere, kodi mungandipatse uphungu woti ndidzifunse chiyani?

Iye anayankha kuti: Dzifunseni za cholinga cha moyo wanu. Ndinu zolengedwa zosinthika kwambiri, ndipo Mulungu waika mwa inu mzimu wolemekezeka womwe ndi umunthu wanu.

Iye anati: N’chiyani chidzasintha ndikazindikira mfundo imeneyi?

Iye anayankha kuti: Mudzapeza chipambano chopanda malire, mudzalawa chisangalalo chosangalatsa, zokhumba zanu zonse zabwino zidzakwaniritsidwa, mudzagonjetsa mavuto anu onse, ndipo dziko lapansi silidzatha kukukolani ndi misampha yake kapena kukusokeretsani ndi zinyengo zake.

Iye anati: Koma moyo uli wodzaza ndi mavuto ndi zochitika zopweteka

Iye anayankha kuti: Inde, moyo wa munthu ndi kukumana ndi mavuto momasuka komanso mosalekeza, ndipo aliyense ali ndi mavuto ake. Pali anthu mabiliyoni ambiri ndi mavuto mabiliyoni ambiri omwe ayenera kuthetsedwa tsiku lililonse. Ena akuvutika ndi mavuto a mtima, ena amadandaula za chimfine, ena akudzaza ndi ndalama, ena amadana ndi umphawi, ndipo ena saganizira mozama ndipo motero sadziwa mavuto, popeza bola ngati mimba zawo zili zodzaza, dziko lapansi ndi labwino kwa iwo.

Koma kodi ndani amene ali ndi moyo wosangalala kwambiri, ndipo ndani amene ali opambana?

Iye anati: Choyamba, kodi muyezo wa kupambana ndi wotani?

Iye anayankha kuti: Chimwemwe ndiye muyeso weniweni wa kupambana, mosasamala kanthu za udindo wa ntchito kapena udindo wa anthu. Lingaliro lofala la kupambana ndi kukhala ndi chuma, mabwenzi, ndi zinthu zokongola komanso zapamwamba—zomwe ena amatcha moyo wapamwamba. Koma kupambana sikuti kwenikweni ndi kupambana kwenikweni.

Iye anafunsa kuti: Chifukwa chake n’chiyani?

Iye anayankha kuti: Chifukwa zinthu ndi zochitika zimatha kusintha Lero munthu akhoza kukhala ndi zinthu, ndipo mawa zitha kutha Chifukwa chake, musaganize kuti kukhala miliyoneya kumatsimikizira kupambana. Munthu angalimbikire ndikugwira ntchito molimbika kuti apeze mphotho za kupambana m'munda wake, koma angadabwe kupeza kuti moyo wake ulibe mgwirizano ndipo alibe ufulu wosangalala ndi zinthu zomwe akufuna kuchita. M'malo mwake, nkhawa zingaunjikane, ndipo angavutike maganizo mpaka kufika poti thanzi lawo limafooka ndipo amagwa mumsampha wa kuvutika maganizo. Chifukwa chake, kupambana konyenga kumatha, ndipo amamva kuti awononga moyo wawo ndipo maloto awo onse atha.

Iye anati: Kodi thanzi limatanthauza kupambana?

Iye anayankha kuti: Munthu akhoza kukhala ndi thupi lamphamvu (ngati kavalo) koma alibe chuma chokwanira kuti adzisamalire, motero amamva mkwiyo ndi kuwawa chifukwa chosakhala ndi zofunikira pa moyo Kapena angakhale ndi thanzi labwino komanso chuma koma

osakhutira Kudyetsa thupi ndi kukhutiritsa kudzikuza sikusangalatsa mzimu wofatsa Ndipo angakhale ndi chilichonse koma akumva kuti ndi wosauka kwambiri.

Iye anati: Ndipo mapeto ake ndi ati?

Iye anayankha kuti: Pokhapokha munthu atakhala ndi chimwemwe mumtima mwake, sangaganizidwe kuti ndi wopambana.

Iye anati: Kodi pali zina?

Iye anayankha kuti: Izi zakwanira lero Mulungu akuwonjezereni chidziwitso chanu ndikukupatsani chisangalalo m'maiko onse awiri.

Mtendere ukhale pa inu

Zisoni za ena

Kodi n'kololedwa kuti ndione misozi ya anthu ena?

Popanda kumva chisoni?

Ndipo kodi ndikumva chisoni chomwe akumva?

Popanda kuyesa kuchepetsa?

Kodi ndimatha kuona misozi ikugwa?

Popanda kugawana malingaliro ndi mwini wake?

Kodi bambo angamve mwana wake akulira?

Popanda kumumvera chisoni?

Kodi mayi angamve kulira kwa mwana wake?

Ndipo mantha omwe amamuvutitsa

Popanda kukhudzidwa?

Ayi Ayi Izi sizingatheke!

Sizingatheke zimenezo!

Musaganize kuti Mulungu sadziwa

Pafupi ndi kupuma kamodzi timapumira

Musaganize kuti tagwetsa misozi ngakhale imodzi

Popanda Mlengi wathu kuona zimenezo

Mulungu amatipatsa chimwemwe

Mwina pochita zimenezo, mavuto athu adzatha

Iye amatiperekeza ndi chifundo chake ndi kukoma mtima kwake

Mpaka mavuto athu atatha

Zisoni zathu zidzatha

Mawonekedwe auzimu

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Ndionetseni uthenga wanu, Ambuye, wolembedwa m'malembo owala pamasamba a mtima wanga, ndipo mundilole ndimve kunong'oneza kwanu m'kachisi wa chikumbumtima changa, ndipo mudzaze chotengera cha

malingaliro anga ndi chidziwitso chanu, chifundo chanu, ndi .mtendere wanu

Ntchito ndi yofunika kwambiri ndipo imalimbikitsa kwambiri luntha ndi luso la anthu. Komabe, ngati cholinga cha ntchito ndikungopeza chuma, chimataya phindu lake ndi kufunika kwake. Ntchito iyenera kuperekedwa makamaka ku ntchito, ndipo chinthu chogulitsidwa chiyenera kukhala .chapamwamba komanso chopindulitsa kwa ena

* * *

Mulungu amandipatsa kuwala, moyo, mphamvu, nzeru, nzeru, ndi chisangalalo chauzimu. Ndidzadzimiza mu nyanja ya chikondi cha Mulungu kudzera mu chisangalalo cha kuganizira. Ndipo ndidzabweretsa kukhalapo kwa Mulungu m'maganizo mwanga kuti ndithetse mavuto a moyo (2)

Ambuye, ndi kuwala kwa kandulo yanga yopyapyala ya chikondi, ndidzawerenga buku lanu lagolide lomwe lakhala mkati mwanga kuyambira muyaya Chikondi chanu, Ambuye, ndi kuwala kwa mtendere komwe kumachotsa mdima wanga ndikuwunikira njira yanga (2)

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Kusefukira kwa mtendere wauzimu kumachotsa mantha ndi nkhawa zomwe zasonkhanitsidwa mumtima mwa .munthu

Ndidzafunafuna Mulungu ndili ndekha mumtima mwanga ndipo ndidzapemphera mozama mpaka mtima wanga ukugunda ndi chikondi chake ndipo ndidzalandira .yankho lake

Ambuye, ndikupemphani kuti muphatikize kuwala kwa moyo wanga ndi kuwala kwanu kwa chilengedwe. Mundidziwitse kuti nzeru zanu zimawunikira malingaliro anga, mphamvu zanu zimandichirikiza, ndipo zimayenda .m'mitsempha yanga

* * *

Ndidzadzaza maganizo anga ndi mphamvu ya chikhulupiriro ndi chidaliro kuti palibe chomwe chingandivulaze chifukwa nthawi zonse ndimakhala ndi .chitetezo cha Mulungu

Ambuye, lolani kuti mphamvu zanga zokhumba ziwotchedwe bwino nthawi zonse ndi kukhalapo kwanu kodala. Nzeru zanu zinditsogolere ndipo kukhalapo kwanu .kukhale chimwemwe chachikulu m'moyo wanga

* * *

Wasayansi weniweni amadziwika ndi khalidwe lodabwitsa: kutseguka maganizo ndi kuona zinthu mozama. Amayamba ndi mfundo zosavuta, pang'onopang'ono akuyamba kuonetsa malamulo a chilengedwe ndi momwe amagwirira ntchito. Kenako akupereka zotsatira za kafukufuku wake ku dziko lapansi, nthawi zonse wokonzeka kupitiriza kufufuza za chilengedwe ndi tanthauzo la zinthu. Ndi khama la asayansi awa lomwe lapangitsa kuti papezeke malamulo achilengedwe, omwe achulukitsa ubwino womwe anthu amapeza. Pang'onopang'ono, timaphunzira momwe tingagwiritsire ntchito malamulowa m'njira zosiyanasiyana komanso zofala, monga momwe timaonera zinthu zomwe .timagwiritsa ntchito tsiku ndi tsiku

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Chimwemwe chimene Mulungu amapereka sichingafanane ndi chimwemwe chilichonse cha padziko lapansi. Chimwemwe chauzimu sichingalekeke, ndipo chilichonse chikatha, chimwemwecho chimakhalabe chokhazikika. Aliyense amene akufuna kupeza chimwemwecho ayenera kupatula nthawi yoganizira, kuganizira za Mulungu, ndi kugwirizana naye, chifukwa kugwirizana ndi Mulungu kumabweretsa chimwemwe .chenicheni

Munda wa Chaka Chatsopano

Mamvekedwe a chaka chatha, ndi chisoni ndi kuseka kwake, atha ndipo tsopano mamvekedwe a nyimbo ya Chaka Chatsopano akuimba molimbikitsa, akulengeza :chiyembekezo, ndi kunong'oneza kuti

"Sinthani moyo wanu bwino, siyani mantha akale" Kuchokera m'munda wakale wopanda anthu, sonkhanitsani ndi kusunga mbewu za chisangalalo, zopambana, ziyembekezo, malingaliro abwino ndi zochita, ndi zolinga zabwino. Mu nthaka yatsopano ya tsiku lililonse latsopano, bzalani mbewu zamphamvu zimenezo, zithirireni, ndipo zisamaleni mpaka zitakula ndipo moyo wanu .udzaphuka ndi makhalidwe osowa a maluwa

:Chaka chatsopano chimanong'oneza kuti

Dzutsani mzimu, wogwidwa ndi zizolowezi, ndipo" ulimbikitseni kuti muchite zinthu zatsopano komanso zopindulitsa. Musasiye kuyesera ndipo musapumule mpaka mutapeza ufulu wosatha ndikugonjetsa karma (kutsata ndi "kutsatira zotsatira za zochita zakale) Ndi maganizo otsitsimula komanso odzaza ndi chimwemwe chosatha, tiyeni tisangalale pamodzi ndikuyenda mogwirana manja kupita ku nyumba .yakumwamba komwe sitidzatulukamonso

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Ngati mukumbukira Mulungu ndi kumupanga kukhala pakati pa moyo wanu, ndipo ngati mupemphera kwa Iye modzipereka komanso mozama, mudzalandira yankho kuchokera kwa Iye, chifukwa mapemphero ochokera pansi

pa mtima komanso oona mtima amakhudza mtima wa Mulungu RE-123

Ndi kasupe wowala wa nzeru ndi chilimbikitso, fungo lonunkhira lochokera m'minda ya mitima yachikondi ndi yachifundo, fungo la maluwa akumwamba ndi malingaliro ophuka, chikondi chomwe chimalimbikitsa chikondi chathu .ndikuyenda m'mitima mwathu

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Bwenzi lanu lapamtima ndi limene limakulangizani modzichepetsa momwe mungadzithandizire, chifukwa kukhala ndi anthu odzikuza komanso okonda kuseka nthawi zonse kumalepheretsa kukula kwanu mwauzimu. Tiyenera kuyamikira kukhala ndi anthu amene amalankhula zoona ndi .kutithandiza m'njira yabwino kwambiri

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Makolo nthawi zambiri amanyalanyaza zofooka za ana awo ndipo amasankha kuzinyalanyaza Ngati sangathe kuwona zofooka za ana awo, mosakayikira pali cholakwika ndi chikondi chawo Makolo ayenera kuphunzira chikondi chopanda malire kuti athe kuwona zolakwitsa za ana awo ndikuwathandiza kuzikonza ndikuyamba njira yoyenera

* * *

Ngati mukufuna kukhala osangalala nthawi zonse, musalole kuti mukhale odzidalira kapena aulesi, ndipo musanyalanyaze zopinga zakuthupi zomwe zimakulepheretsani kukhala osangalala. Chitani zonse zomwe mungathe kuti mugonjetse zopingazo ndikukwaniritsa ntchito zonse zomwe muyenera kuchita ndi .mtima wofunitsitsa komanso maganizo okhazikika

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Ambuye, tiyeni tiyang'ane ubwino osati ndi mantha ndi mantha, koma ndi chikondi ndi ulemu. Tiyeni timvetsetse kuti kutsatira malamulo anu abwino kudzativeka korona wa

chisomo chanu. Mwalamulira malamulo a umulungu kuti titeteze chimwemwe chathu. Tiyeni tisiye njira zauchimo, zomwe nthawi zonse zimatibweretsera ululu ndi kuvutika, ndipo tiyeni tizindikire kuti ubwino ndi wosangalatsa kwambiri kuposa zoipa. Tithandizeni kumvetsetsa kuti choipa, chomwe poyamba chimawoneka chosangalatsa komanso chosangalatsa, pang'onopang'ono chimasanduka poizoni wakupha, ndipo chabwino, chomwe poyamba chimakoma chowawa, pamapeto pake chimakhala timadzi !tokoma

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Nkhawa ndi zopanda phindu; zimangolemetsa mtima ndi nkhawa zambiri Mukamaliza ntchito zanu za tsiku ndi tsiku, pewani kuziganizira kwambiri kapena kuzinyamula kupita nazo kunyumba. Nkhawa zimapanga mitambo yambiri yamdima, yamtambo kuzungulira malingaliro anu, zomwe zimakulepheretsani kuwona njira bwino komanso mosavuta. .Tiyenera kuphunzira kudalira Mulungu kwambiri

Moyo uyenera kukhazikika pa kutumikira, chifukwa popanda chikumbumtima cha munthu, chidziwitso chomwe Mulungu adapatsa anthu sichidzafika pamlingo wake wonse. Tikatumikira ena ndikuiwala kudzikuza kwathu, tidzamva .kukhalapo kwa Mulungu

* * *

Chabwino chimaposa choipa padziko lapansi chifukwa Mulungu ndiye mphamvu yaikulu. Koma choipa chikatigwera, nthawi zambiri timamva kuti tilibe mphamvu zochilamulira kapena kuchigonjetsa. Mkuntho wa choipa ndi wosapeŵeka, koma tikhoza kugonjetsa zotsatira zake ndi .kuzigonjetsa

Wophunzira akalawa kukoma kwa chikondi cha Mulungu, amamva mafunde osatha a chisangalalo akumuzungulira, ndipo amamva chikhumbo chachikulu

komanso choyaka cha Mulungu, kotero amapemphera ndi chidwi chachikulu ndikupempha Mulungu kuchokera pansi pa .mtima wake mpaka atamuyankha

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Pamene chizolowezi chosasangalatsa, chilakolako chogonana, kukonda zinthu zakuthupi, kusokonezeka maganizo, kugwiritsira ntchito molakwika, komanso kusintha mwadzidzidzi kuchoka pa ubwenzi kupita pa kudana ndi chikondi zilowa m'malo mwa chikondi, chikondi chimatha .m'mitima ndipo chimakhala chinthu chakale

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Mu maliro a vayolini ndi kulira kwa chitoliro, nyimbo ya organ ndi kulira kwa oud, ndimamva mawu a Mulungu Mumtima mwa moyo muli chisangalalo chomwe moyo wanga umafuna Mwadzidzidzi ndamva chisangalalo Chake, chosungidwa mumng'oma wa chete changa Ndidzafinya mng'oma ndi kulawa timadzi tokoma ta chisangalalo chosatha

Kulakalaka Mulungu kumatanthauza kumukonda Kulakalaka Mulungu kuyenera kukhala koona mtima, koyera, kozama, komanso kowala Ngati tikufuna kulandira yankho kuchokera kwa Iye, tiyenera kupereka mitima yathu kwa Iye ndikumupempha kuchokera pansi pa mtima wathu mpaka .titalandira yankho lodala limenelo

Chikondi cha Mulungu ndi champhamvu kuposa imfa ndipo chimakhala chokhalitsa kuposa mawonekedwe aliwonse a moyo wosakhalitsa

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Yendani panjira za moyo molimba mtima osabwerera m'mbuyo kapena kubwerera m'mbuyo, komanso ndi chikhulupiriro cholimba kuti mphamvu ya Mulungu yolenga .komanso yopanda malire imakutsatani nthawi zonse

Mulungu amayankha mapempho ochokera pansi pa mtima a wophunzira woona mtima amene akusonyeza kufunitsitsa kwake ndi kupempha thandizo lake molimba

mtima ndi chiyembekezo, ndipo adzabwera kwa iye kuti .amupulumutse ndi kumupulumutsa ku mavuto ake

Chophimba choyandama, monga momwe :chafotokozedwera ndi wanzeru Paramahansa

Tsiku lina, anzake awiri anali kuyenda m'mphepete mwa mtsinje pamene anaona chomwe chinkaoneka ngati bulangeti loyandama. Mmodzi wa iwo anadziponya mumtsinje ndikusambira kupita ku "bulangeti". Komabe, iye anachedwa kubwerera ku banki. Mnzakeyo anazindikira kuti anali ndi vuto ndi "bulangeti" ndipo ndicho chifukwa chake :anachedwa, choncho anamuitana kuti

"?Bwanji osamusiya ndi kubwerera"

:Bwenzi lake linayankha kuti

Ndicho chimene ndikuyesera kuchita, koma bulangeti" "likundikakamira ndipo silikundilola kupita ndi kubwerera

Modabwitsa kwambiri, anazindikira mochedwa kuti chomwe ankaganiza kuti ndi bulangeti chinali .chimbalangondo chosambira

[!Ganizirani malo a phazi lanu musanapite sitepe]

Anthu ambiri amapanga zisankho koma amalephera kuzitsatira, ndipo chifukwa cha zimenezi, amagwa kuchoka pachimake cha kupambana ngakhale pamene akulota kukwera pamwamba. Anthu amene amawononga mphamvu zawo zodzifunira amapeza kuti akamayesetsa kwambiri kuti apambane, m'pamenenso amalowa kwambiri m'matope olephera. Komabe, anthu amene ali ndi mphamvu zodzifunira, sasiya kuyesetsa, ngakhale kuti khama lawo lalephera kangati, mpaka atakwaniritsa zolinga zawo .zovomerezeka

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Inu Dokotala Wachilengedwe Chonse, ndiloleni ndimwe mpaka nditathetsedwa ndi madzi okoma, ochiritsa a mtendere wanu, kuti ndimve chimwemwe chanu

chotsitsimula ndi mphamvu zanu zomwe sizingakhudzidwe .ndi kufooka ndi kutopa

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Mawu a Mulungu amalankhula ndi mitima yonse yoona mtima yomwe imamveka ndi kugwedezeka kwakukulu. Mawu a nzeru amadutsa mu ether kufunafuna malingaliro ogwirizana omwe amafunafuna mtendere, chimwemwe, ndi .chidziwitso chopatulika

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Munthu amatipatsa uphungu wake kenako n’kutisiya kuti tikolole zipatso za zochita zathu [zomwe zingakhale zotsatira za uphungu wake wolakwika] Koma Mulungu amatipatsa uphungu ndipo njira Yake nthawi zonse .imabweretsa chimwemwe ndi ubwino

Tiyeni tikhale m'kuunika kwa Mulungu ndipo tizindikire kuti kumbuyo kwa maloto oipa a padziko lapansi kuli kudzuka kosatha. Tiyeni timve kukhalapo kwa Mulungu .kumbuyo kwa mdima uliwonse

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Monga momwe njuchi nthawi zonse imafunira maluwa okoma, chikondi cha Mulungu chidzabwera m'miyoyo yathu .ngati adzazidwa ndi malingaliro abwino ndi zolinga zabwino

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Ukadzala ndi chisangalalo chifukwa chosangalatsa ena, kuwachitira chifundo ndi kuwapangitsa kumva kuti ndi otetezeka komanso ali pamtendere, umakondweretsa Mulungu ndipo umaonedwa kuti ndi wopambana pa moyo .wako

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Tikakumana ndi mavuto ndi anzathu kapena okondedwa athu, tiyenera kuyesetsa kuthetsa vutoli mwachangu momwe tingathere. Palibe chifukwa komanso kupanda nzeru kukulitsa vutoli ndi mlandu, mikangano, ndi kulira, ngakhale

munthu winayo ali wolakwa. Tingathandize okondedwa athu kukonza khalidwe lawo ndikukonza zolakwa zawo kudzera mu chitsanzo chathu chabwino, m'malo mogwiritsa ntchito .mawu odzudzula ndi opweteka

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Ambuye, ndikupempha kuti mzimu wanga upeze mtendere ndi kuona kuwala kwa chiyembekezo kumbuyo kwa mitambo ya kusaganizira. Mwezi wotsimikizika utuluke mumlengalenga mwa mtima wanga, kuti ndikhale ndi .mtendere wamumtima

Tsopano ndikumva kuti mukuwalira m'maganizo mwanga, ndipo mitambo ya kusadziwa ikutha chifukwa cha kuwala kwanu kodala ndi kukhalapo kwanu kotonthoza .komanso kodala

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Mtima wa munthu wofunafuna moona mtima umamveka :nthawi zonse kuti

Mulungu wanga ndi wokondedwa wanga, sindikufuna" kukodwa mumsampha ndi zinyengo za dziko lino, ndipo ndikungofuna kudzutsa chikondi Chanu m'miyoyo ya anthu Mtima wanga, moyo wanga, thupi langa, maganizo anga, ndi zonse zomwe ndili nazo ndi zanu" Chikondi choterechi chimapeza njira yopita kwa Mulungu, ndipo wofunafuna wotereyu amadziwa Mulungu

Mulungu wanga wokondedwa, ndikudziwa kuti Inu muli paliponse Monga momwe mafuta amtengo wapatali amabisidwira mu azitona zosaponderezedwa, momwemonso mafuta a kukhalapo kwanu kodala amathiridwa mu pressure ya kuganizira za Inu ndi chikhumbo chanu chowonjezeka .nthawi zonse

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Chiyeso ndi lingaliro lonyenga, lotsutsana, komanso lodziwikiratu la chisangalalo. Mphamvu yopangidwa ndi

lingaliroli iyenera kugwiritsidwa ntchito pofunafuna choonadi chomwe chimabweretsa chisangalalo, osati m'zochita .zolakwika zomwe zimayambitsa nkhawa ndi kuvutika

Kudzera mu zokumana nazo, kudziletsa, ndi nzeru, timaphunzira kusiyanitsa pakati pa zinthu zopusa, zabodza za dziko lino ndi kukongola kwakukulu komanso kosatha ndi .chisangalalo cha Mulungu

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Chikhulupiriro chomwe chili mumtima mwanga * chimabadwa ndi kuzindikira kwachilengedwe. Chimandilimbikitsa ndikunong'oneza kuti ndifufuze chuma .cha chikondi cha Mulungu mkati mwanga

Kuganiza za Mulungu ndiye mankhwala abwino kwambiri a nkhawa za dziko lino, motero ndidzachita .zimenezi moona mtima, mozama komanso mosalekeza

Ambuye, khudzani diso la malingaliro anga kuti * litembenuke mkati ndikuwona dzuwa la chisangalalo .chauzimu likuyaka mumtima mwanga

Ndipo ndithandizeni kutsegula zitseko za mtendere kuti ndilandire kuwala kochiritsa kwa kuwala kwanu kodala Ndidzachotsa kutaya mtima ndikuchita zonse zomwe ndingathe kuti ndimve kukhalapo kwanu, Ambuye, poganizira, ndipo ndidzakufunani ndi mtima wanga wonse .ndi ziwalo zanga zonse mpaka mutadziulula nokha kwa ine

Kuganizira zinthu zomwe sizikusintha nthawi zonse kudzachepetsa kuzindikira zinthu zakunja. M'malo mwake, munthu ayenera kuyang'ana kwambiri zamuyaya, zosasintha, ndikuzipanga kukhala malo ofunikira kwambiri. Anthu amene amachita zimenezi adzazunguliridwa ndi

mphamvu yauzimu yokopa ndipo adzaunikiridwa ndi kuwala .kwa Mulungu

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Fungo lanu, Ambuye, lichokere mu duwa la moyo wanga .ndipo likokere miyoyo ku kachisi wa kukhalapo kwanu Chikondi chanu chizindike mumtima mwanga, kuti chizindike mogwirizana ndi aliyense

Dalitsani maganizo anga, Ambuye, kuti ndibweretse anthu a ludzu la moyo wanga ku kasupe wa mtendere wanu. Khalani mlendo wanga wosatha ndipo mukhale m'kachisi wa .mtendere wanga ndi chimwemwe

Sindidzakuiwala, ndipo sindidzayenda njira za moyo popanda iwe Ndipatseni zokhumba zambiri zochokera pansi pa mtima, ndipo m'mawu amoyo a kudzipereka kwa Inu, ndiloleni ndimve mawu anu odala Tsiku lililonse ndimafuna chimwemwe kwambiri m'maganizo mwanga ndipo pang'onopang'ono ndi zinthu zakuthupi Ndikugwadirani, Ambuye, moyamikira ndi moyamikira, chifukwa mwa chisomo chanu, malingaliro anga auzimu ndi zizolowezi zabwino zidzagonjetsa zoipa ndi zoipa za moyo. Mundithandize kulimbitsa cholinga changa chosiya zizolowezi zoipa zomwe zimabweretsa zotsatira zoyipa ndikukulitsa zizolowezi zabwino zomwe zimabweretsa zotsatira zabwino. Ndithandizeni kusunga lawi la chiyembekezo likuyaka mumtima mwanga pamene .ndikupita kwa Inu

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Chifuniro cha munthu sichiyenera kumangidwa ndi zinthu zosayenera, zilakolako, ndi zizolowezi zoipa. Izi sizikutanthauza kupewa kugwiritsa ntchito chifunirocho,

koma kugwiritsa ntchito kuzindikira pochigwiritsa ntchito kuti .chigwirizane ndi chifuniro cha Mulungu

Aliyense amene akufuna chisangalalo ndi kupambana ayenera kukhala ndi chikhulupiriro cholimba mwa Mulungu, kukweza chidziwitso chake kufika pamlingo wa mtendere wamumtima ndi bata, kuyang'ana kwambiri pa kulimba mtima ndi kulimba mtima, kukhala ndi mphamvu zodzifunira komanso kutsimikiza mtima, ndikuchita ntchito zake mofatsa .komanso modzidalira

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Ndili wokonzeka kupereka moyo wanga wonse kwa munthu mmodzi woona mtima, koma ndimapewa anthu onyenga ndi osakhulupirika. Sindimakondera kapena kunyenga aliyense, ndipo umu ndi momwe tiyenera .kukhalira m'dziko lino

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Tiyenera kukhala olimba mtima, kukhala oona mtima, ndi kudzizungulira osati ndi anthu okhawo omwe .tingawalimbikitse, komanso ndi omwe angatilimbikitse

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Ndingathe kukwaniritsa ntchito zanga zonse pokhapokha ngati nditabwereka mphamvu zanga kwa Mulungu. Chifukwa chake, chilakolako changa choyamba ndi kumukondweretsa Iye. Mulungu ndiye chikondi choyamba mumtima mwanga, cholinga chachikulu kwambiri mkati mwanga, komanso cholinga chachikulu cha chifuniro ndi .malingaliro anga

Kulinganiza bwino ndi kokongola ndipo kuyenera kukhala maziko ndi mwala wa malingaliro ndi malingaliro athu

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Munthu wodzikonda, wokonda kudzikonda, salola dyera kumulamulira, chifukwa n'zosatheka kukhala ndi chisangalalo chenicheni pokhapokha ngati munthu ali ndi maganizo otseguka komanso achifundo, kufunafuna ndi

kulakalaka chisangalalo kwa ena komanso kwa iye mwini. Ili .ndi mfundo yapadziko lonse komanso yosasintha

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Ndimakumbukirabe pamene ndinakumana ndi chochitika chosayembekezereka; kuchokera kumbuyo kwa mitambo ya malingaliro, mbandakucha wa chisangalalo chauzimu unatulukira mwadzidzidzi ndipo unaphimba .umunthu wanga

Chochitika chodala chimenecho chinaposa zonse zomwe ndimayembekezera. Ndinamva chisangalalo chosaneneka, ndipo kuwala kwa chisangalalo kunaunikira mbali iliyonse yamdima ya chikumbumtima changa, kuchotsa mithunzi ya chisokonezo ndi mafunso. Kuwala kumeneko—monga X-ray—kunapyoza pamalo ovuta ndikuwulula zinthu zomwe zinali .kupitirira mawonekedwe wamba

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Kugunda kosalekeza kwa mtima wanu kumalengeza mofatsa kukhalapo kwa mphamvu zopanda malire kupitirira zipata za chidziwitso chanu. Kugunda kofatsa kwa moyo :wonse kumakunong'onezani

Musangolandira mtsinje wochepa wa moyo wanga," koma kulitsani kukula kwa mphamvu zanu ndipo mundilole kuti ndilowetse magazi anu, thupi lanu, malingaliro anu, mphamvu zanu, ndi moyo wanu m'moyo wanga ".wakumwamba

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Ambuye, ndiloleni ndimve kukhalapo kwanu pa chilichonse chimene ndimachita. Ndithandizeni kuchotsa mthunzi wa mantha womwe umabisa kuwala kwa chitsogozo chanu. Ndipo lolani maluwa a chilakolako changa aphuke m'munda wa mtima wanga pamene ndikuyembekezera .mbandakucha wa kubwera kwanu

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Chotsani malingaliro olephera ndi malingaliro abwino opambana ndipo khalani ndi chiyembekezo, ndipo chotsani mantha mwa kusawaganizira.

Chotsani chisoni ndi kuwala kwa chimwemwe, ndipo m'malo mwa kulankhula kopanda pake ndi chikondi ndi ulemu

Chotsani malingaliro oipa pampando wa thanzi ndipo m'malo mwake muyikemo malingaliro abwino ndi malingaliro abwino.

Pulumutsani mtima wanu wachisokonezo ndi nkhawa, ndipo chotsani mitambo ya umbuli m'tsogolo mwa moyo wanu.

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Munthu amene wapambana pa nkhondo ya moyo amanyamula mavuto ake ngati chizindikiro cha ulemu pachifuwa pake.

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Mundidalitse, Ambuye, kuti ndione zabwino zokha, ndiganize zabwino zokha, ndikugwirizana ndi anthu abwino okha. Ndiloleni ndikuganizireni Inu, Inu amene muli gwero la zabwino zonse ndi chilungamo.

Chotsani mizimu ya mdima kutali ndi ine, ndipo mundiyang'ane kuchokera mumtima wa thambo ndi kuchokera ku zipata za mtima wanga ndi malingaliro anga, ndipo mundiwonekere m'kachisi wa chikondi changa pa inu.

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Tiyenera kuchita zonse zomwe tingathe kuti tisunge malingaliro athu nthawi zonse, kuti tithe kulamulira malingaliro athu ndikudziletsa nthawi iliyonse tikakumana ndi anthu a makhalidwe oipa omwe amakonda kusokoneza mtendere wa ena ndikuwononga mlengalenga wowazungulira.

Chinthu choyamba chomwe munthu ayenera kuganizira pa khalidwe lake ndi kudzikonza. Munthu wabwino, kudzera mu khalidwe lake labwino, angathandize anthu omwe ali pafupi naye kusintha kukhala abwino.

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Kuganizira kwambiri za zilakolako kumachititsa khungu maganizo, ndipo pamene chifunga cha zilakolako chikugonjetsa nzeru za munthu, amataya mtima wawo wamkati ndikuchita zinthu popanda kuzindikira, podziwa kuti kuzindikira kwachibadwa ndiko mphamvu yoyendetsera ntchito iliyonse yabwino ndi khalidwe lolungama Pamene chiwongolero cha mphamvu zamaganizo za munthu chisweka, mosakayikira adzathera mu dzenje la ululu ndi mavuto.

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Posachedwapa, malingaliro oipa a moyo adzazimiririka, ndipo cholinga chake chidzaonekera bwino. Kodi n’chiyani chidzatsala? Tingapeze chimwemwe chenicheni pokhapokha ngati tili pafupi ndi Mulungu komanso ngati tikumva kukhalapo kwake, komwe kumadzaza moyo wathu ndi bata ndi mtendere.

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Tiyenera kukhala ndi ziyembekezo zenizeni ndikupempha Mulungu kuti atipatse zosowa zathu zofunika zokha, komanso kudziwa kusiyana pakati pa zosowa zenizeni ndi zokhumba zosafunikira. Njira yabwino yosiyanitsira pakati pa zomwe zili zofunika ndi zomwe sizili zofunika ndikugwiritsa ntchito nzeru ndi kulingalira bwino osati kufuna kupeza zinthu zopanda phindu zomwe sizitipindulitsa ndipo zili bwino popanda.

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Ndikhoza kuyenda kupitirira mapulaneti ndi nyenyezi zakutali kwambiri

Koma ndidzakukondani nthawi zonse
Otsatira anu angabwere, kapena angapite njira yawoyawo
Koma ndidzakhala nanu nthawi zonse ndipo ndimakukondani
Ndikhoza kugwedezeka ndi mafunde a matupi ambiri
Ndikumva kusungulumwa komanso kusungulumwa
Komabe, ndidzakukondani nthawi zonse
Dziko losokonezeka lingakuiwaleni
Koma ndidzakukumbukirani nthawi zonse
Mawu anga akhoza kutha ndipo angandilepheretse
:Koma m'mawu a moyo wanga ndidzanong'oneza kuti
"Ndidzakukonda nthawi zonse"
Mayesero, matenda, ndi imfa zingandiwononge
Thupi langa linasefedwa, koma bola ngati lidakali m'chikumbukiro changa
Chiyembekezo chatsala pang'ono; yang'anani m'maso mwanga omwe akufa
:Kudzera mwa iwo ndidzakuuzani
ndidzakukonda mpaka kalekale
!Ndipo nthawi zonse ndidzakhala wokhulupirika kwa inu
* * *
Ukati "Mulungu ali ndi ine," zabwino zokha ndi zomwe zidzabwera kwa iwe kuchokera m'malingaliro a ena. Dzizungulire ndi Mulungu, chifukwa dzina lake loyera kwambiri ndi mphamvu yayikulu, chishango chosagonjetseka chomwe kugwedezeka konse koipa ndi malingaliro .adzapinda ndi kupewedwa
Chimwemwe chauzimu chili m'kuganizira Mulungu nthawi zonse ndi kulakalaka Iye kosalekeza, ndipo nthawi idzafika pamene maganizo sadzagwedezekanso kapena kugwedezeka ndi nkhawa. Kenako, palibe vuto lililonse lakuthupi kapena vuto la maganizo lomwe lidzatha kusokoneza chidziwitso kuchokera pamaso pa Mulungu .wamoyo

Ndi chinthu chosangalatsa kwambiri kumva pafupi ndi Mulungu, kuganiza za Iye, ndikumva kukhalapo kwake !nthawi zonse

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Muyenera kuyesetsa kukwaniritsa cholinga chanu chovomerezeka ndi chiyembekezo ndi chimwemwe, ndipo kungoyembekezera kukwaniritsa cholingacho kuyenera kubweretsa chisangalalo ku moyo wanu. Muyeneranso kusangalala mukakwaniritsa cholinga chimenecho chifukwa .ndi chinthu choyenera kusangalatsani

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Akuti njuchi imakopeka kwambiri ndi fungo la lotus kotero kuti imakhala mkati mwa duwa kwa nthawi yayitali, ikuyamwa timadzi tokoma. Pochita izi, masamba a lotus amayandikira, ndipo imakumana ndi imfa mkati mwa lotus. Kenako pali nswala za madera akumpoto, zitaledzera ndi nyimbo za chitoliro. Pamene msaki akuimba chitoliro, nswala imabwera kwa iye ndipo imakumana ndi tsoka lake loopsa. Palinso njovu zina zoweta; njovu yaikazi imagwiritsidwa ntchito kukoka ndi kugwira njovu zina. Pachifukwa ichi, katswiri wafilosofi wamkulu anati kanthu kena kamene :kakhudza

Njuchi ikukondwera ndi fungo lake
Ndipo nswala imapanga phokoso lolira mluzu
Njovu yomwe ili mu ukapolo yagwa
Chifukwa cha kukhudza kodzutsa

Koma bwanji za munthu amene ali ndi mphamvu zonsezo? Uphungu wa katswiri wa zamaganizo kwa iye ndi

wakuti: "Musakhale kapolo wa mphamvu zanu, ndipo ".musalole chilichonse kapena wina aliyense kukulamulirani Koma ine ndikuti: “Kumbukirani kuti mphamvu zanu zonse zagwiritsidwa ntchito pa inu ndipo muyenera kumvera malamulo anu ndikutsatira chifuniro chanu chodziwa bwino ”.ntchito yanu

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Madzi ndi ayezi ndi zizindikiro za zinthu ziwiri zosaoneka, mpweya ndi haidrojeni, ndipo kukhalapo kwawo ndi kosaoneka komanso kosakhalitsa. Mofananamo, maganizo ndi zinthu za munthu ndi zizindikiro za maganizo onse, okhala ndi moyo wochepa, chifukwa zoona zake, .maganizo onse ndi omwe alipodi

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Pali anthu omwe sakhulupirira aliyense ndipo amakayikira mwayi wopeza mabwenzi enieni; ena amadzitamandira kuti ali ndi mphamvu zokhala opanda mabwenzi. Koma iwo omwe sangathe kusonyeza chikondi ndi ubwenzi kwa ena amanyalanyaza lamulo la kukula kwauzimu, lomwe mzimu umakulitsa malo ake ndikubwerera .ku kukumbatirana ndi mzimu waumulungu

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Munthu akamadzifufuza, ayenera kukhala ndi chikhumbo champhamvu chochotsa zofooka zake ndikudzipanga kukhala momwe ayenera kukhalira, ndipo asalole kukhumudwa kufooketsa kutsimikiza mtima kwake pozindikira zolakwika zomwe kudzifufuza moona mtima .kumawunikira

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Zinthu ziwiri zofunika kuti munthu akhale ndi chimwemwe: kukhala moyo wosalira zambiri komanso kuganiza bwino

Ndili mwana, ndinkalemba kalata kwa Mulungu. Ndinali wamng'ono ndipo sindinkadziwa kulemba, koma ndinkamuuza zinthu zambiri zomwe sindinapemphe

chilichonse kwa ine ndekha, koma ndinkamupempha kuti andiphunzitse zinazake zokhudza iyeyo, ndipo tsiku lililonse ndinkayembekezera kuti wotumiza makalata andibweretsere .yankho la kalata yanga

Sindinakayikirepo mumtima mwanga. Ndipo tsiku lina ndinalandira yankho m'masomphenya, pamene ndinaona makalata a uthenga wodala akuwala ndi kuwala kwagolide, sindinathe kuwawerenga bwino, koma ndinamvetsa uthengawo motere : "Ine ndine Moyo ndipo ndine Chikondi, ndipo ndimakusamalirani kudzera mwa makolo anu!" Kenako .ndinamvetsa ndikumva kukhalapo kwa Mulungu

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Ndidzayesetsa kuiwala mavuto anga akale, ndidzalimbana ndi zomwe zikuchitika panopa molimba mtima, ndipo ndidzayembekezera tsogolo ndi chidaliro .chonse mwa Mulungu

Ndikudziwa kuti zonse zabwino zomwe ndimamva mumtima mwanga zidzakwaniritsidwa ndi thandizo la Mulungu

Ndidzachita zonse zomwe ndingathe kuti ndidzitukule kuti ndimvetse bwino tanthauzo la moyo, ndipo ndidzayesetsa kupeza nzeru, kudzutsa chidziwitso cha moyo, .ndikugwirizana ndi choonadi chenicheni

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Ambuye, ndidzakondwera ndi kuwala ndi chikondi zomwe zimachokera ku chisomo Chanu chochuluka, ndipo ndidzakuimbirani mavesi oyamikira ndi oyamikira pozindikira .kukoma mtima kwanu

Ndidzakhala woona mtima m'malingaliro, m'mawu, ndi m'zochita, ndipo ndidzayesa kusangalatsa ena chifukwa chimwemwe changa chimachokera ku chimwemwe chawo, ndipo ndidzasungunula umunthu wanga waung'ono kukhala .umunthu wonse wa chilengedwe chonse

Chikondi ndiye chikoka cha chilengedwe chonse

Chikondi ndi kukambirana chete pakati pa mitima iwiri

Chikondi ndi chiitano cha Mulungu kwa zolengedwa zonse
Kuti ibwerere ku nyumba yake yakumwamba komwe kuli umodzi wa chilengedwe chonse
Chikondi chimabadwira m'minda ya miyoyo yophukira.
Ndi timadzi tokoma kwambiri komanso tabwino kwambiri, tosungidwa m'miphika ya mitima yokhulupirika komanso yeniyeni.
Anthu amene amadzidziwa okha akumvetsa kuti mphamvu zonse zofunika kuti akwaniritse ntchito zimachokera kwa Mulungu. Anthu amene amapeza mtendere wauzimu (mtendere wa mumtima) amasangalalanso ndi chimwemwe chamkati, mosasamala kanthu za udindo wawo padziko lapansi. Munthu wotere amakhala ndi moyo mogwirizana ndi chifuniro cha Mulungu.
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Kusokonezeka kwa maganizo kumasokoneza ndi kusokoneza maganizo, mkhalidwe wosakhazikika umabisa kuwona bwino, ndipo kukwiya kwa maganizo kumayambitsa kusamvana. Anthu ambiri amachita zinthu osati momvetsetsa komanso moganizira bwino, koma motsatira momwe akumvera. Kuphatikiza apo, tsankho ndi tsankho zimaphimba maso a kuzindikira, zimasokoneza kumvetsetsa, ndikuletsa kuzindikira komveka bwino komanso kosamveka. Chifukwa chake, kuzindikira kuyenera kuyeretsedwa ku magwero onse a chisokonezo, kusokonezeka, ndi tsankho zomwe zimalepheretsa chiweruzo chabwino ndi kuzindikira kolondola.
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Pali Ambuye wa chilengedwe chonsechi amene wapatsa anthu ufulu, mphamvu, ndi nzeru. Anthu amatha kupeza Mulungu kudzera mu mphatso ya kulingalira, koma ngati atataya nthawi yawo mopanda pake popanda kuchita khama lofunikira kuti apeze tanthauzo la moyo ndi kudziwa Mlengi wawo, amataya mphamvu zamtengo wapatali zomwe

Mulungu wawapatsa ndipo sadzapeza chimwemwe .chenicheni

Ngakhale ndimachita zinthu zambiri, sindimamva ngati ndikuletsedwa ndi zomwe ndimachita, chifukwa ndimazindikira kuti dziko lino si kwathu

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Kufunafuna Mulungu sikutipangitsa kuti tisanyalanyaze ntchito zathu zakuthupi, zanzeru, ndi zachikhalidwe m'mavuto a moyo. Kumbali ina, munthu wofunafuna zauzimu weniweni amaphunzira kudziletsa ndi kulamulira malingaliro ake, zizolowezi zake, ndi zilakolako zake kuti amasule kachisi wa moyo ku mdima wa kusadziwa kuti athe kuzindikira kukhalapo kwa Mulungu. Monga momwe miyala yamtengo wapatali m'nyumba yamdima singawonekere, momwemonso kuzindikira kwauzimu sikungachitike malinga ngati mphamvu za kusadziwa ndi kusagwirizana kwa .maganizo zikugwira ntchito pa munthu

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Nyanja ingafune kudzithira yokha mu kapu, koma kapuyo imatha kukhala yokha. Mofananamo, choonadi ndi cha aliyense, koma anthu omwe ali ndi chidziwitso chochepa safufuza mozama mokwanira, komanso savutika kumira pansi pa nthaka; chifukwa chake, sangapeze choonadi. Tiyenera kuchita zonse zomwe tingathe kuti tichite .kafukufuku wozama ndikufufuza chuma

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Amakonda kukana lingaliro lililonse loipa lomwe limayesa kusokoneza malingaliro ake pamene akuyang'ana kwambiri nkhani yaikulu kapena nkhani yofunika. Anthu ambiri amaganiza za zinthu zina akamachita zinthu zofunika. Mwachitsanzo, pamene woweruzayo anali kupereka chigamulo chake chomaliza pa nkhani yovuta ya moyo

kapena imfa ya munthu wina, nthawi yomweyo anali kuganizira za nkhanza zomwe mkazi wake anachitiridwa tsiku lomwelo, ndipo anakhumudwa kuti chigamulo chake .kunyumba sichinali kutsatiridwa

Ngati woweruzayu apanga chisankho cholakwika ndikuweruza munthu wosalakwa kuti aphedwe chifukwa chosowa chidwi, nayenso adzaimbidwa mlandu ndikuweruzidwa pamaso pa woweruza wamkulu, yemwe ndi lamulo lapadziko lonse lapansi lomwe silichita tsankho .kapena kukondera

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Mphepo ya mzimu wanu yachotsa mitambo yonse, ndipo thambo la malingaliro anga tsopano ndi loyera komanso loyera, ndipo ndi maso oyera ndimakuonani kulikonse Kuwala kwa dzuwa lanu lodala kumalowa mkati mwa moyo wanga, ndipo ndi njala ya mibadwomibadwo .ndimadyetsedwa ndi kuwala kwanu kodala

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Mu dziko losakhazikika, loopsa, komanso losatsimikizika ili, mumadzimva nokha Mulungu yekha sadzakusiyani .kapena kukukhumudwitsani ziyembekezo zanu

Ndidalitseni, Ambuye, kuti ndikhale ndi mphamvu zauzimu ndi chipambano mkati mwanga, komanso kuti ndigwiritse ntchito mphamvu zimenezo m'njira zomwe .zimakusangalatsani

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Ambuye, pamene ndili ndekha m'maganizo mwanga, ndikulakalaka kumva mawu Anu. Chotsani mawu a dziko lapansi omwe ali m'chikumbukiro changa. Ndikulakalaka kumva mawu Anu amtendere akumveka mkati mwa moyo wanga. Gwirani umunthu wanga ndipo mundilole kumva .kukhalapo kwanu kodala mkati mwanga ndi mozungulira ine

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N'zosavuta kudziwa ngati munthu akuphunzitsidwa bwino ndi malo amtendere kapena okangana

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Mantha amkati, kuvutika maganizo, kapena nkhawa zomwe zimabwera chifukwa chocheza ndi abwenzi ndi achibale olakwika zonsezi zimapangitsa kuti munthu asokonezeke maganizo komanso akhale ndi maganizo ovutika. Koma anthu omwe ali ndi makhalidwe abwino komanso amtendere, amathandiza kuti munthu akhale ndi .maganizo abwino komanso amphamvu

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Mulungu amatiyesa kuti tilimbikitse kutsimikiza mtima kwathu, osati kutiswa. Kusadziwa kumatiwononga ngati tiika chidaliro chathu chonse m'thupi. Anthu amene amapirira kufunafuna choonadi amapeza moyo wosatha. Dziko lino ndi ng'anjo yoyaka moto momwe miyoyo yathu imapangidwa, .ikuonekera ngati chitsulo cha nzeru ndi mphamvu zauzimu

Anthu ali ndi mphamvu zomwe sanagwiritse ntchito— mphamvu zonse zomwe amafunikira Mulungu wawapatsa mphamvu ya kulingalira kuti adzipulumutse ku zopinga za dziko lapansi zomwe zimawamanga ndikuwasunga akapolo a zizolowezi ndi zilakolako. Anthu omwe atsimikiza mtima lero kuti asalole mavuto a moyo kuswa chifuniro chawo ndikulepheretsa kupita patsogolo kwawo adzapatsidwa .mphamvu yowagonjetsa

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Musaulule zinsinsi zanu zonse kwa ena chifukwa cha kuona mtima. Ngati muulula zofooka zanu kwa anthu osasamala, adzagwiritsa ntchito mwayiwo kukusekani akafuna kukuvulazani. N’chifukwa chiyani muwapatse ?chinthu chomwe angagwiritse ntchito pokuvutitsani

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Chakumwa chotsitsimula cha mtima wanga, ndimakumwetsani mobwerezabwereza, koma botolo la malingaliro anga limasefukira nthawi zonse. Sindikudziwa dzina la chakumwa chodala ichi, koma ndikudziwa kuti ndi timadzi tokoma ta chikondi cha Mulungu tomwe .timandipatsa chimwemwe chatsopano chauzimu

Chimwemwe chauzimu chimapangidwanso nthawi zonse chifukwa sichibadwa ndi zilakolako zosakhalitsa. Chimaonekera mumtima wolakalaka nthawi imeneyo pamene nkhawa zamaganizo zimasungunuka ndipo zizolowezi zovulaza ndi zizolowezi zovutitsa zimatha chifukwa cha mtendere wamkati wochokera pansi pa mtima .wa mzimu

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Palibe kufananiza pakati pa olemera padziko lapansi ndi olemera mu mzimu, chifukwa olemera mu mzimu ndi .olemera kwambiri kuposa olemera pamaso pa Mulungu

Lero, ndatsimikiza mtima kuti sindidzataya mtima, kukhumudwa, ndi kudandaula chifukwa cha ziyembekezo zomwe zatayika komanso maloto omwe sanakwaniritsidwe. M'malo molola kuti ndikhale wodziletsa komanso wochepa, ndidzakhala ndi moyo mogwirizana ndi nzeru, podziwa kuti pochita zimenezi, ndidzapeza chimwemwe chimene .ndikuchifuna

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Zikomo Ambuye, chifukwa chondikumbukira nthawi zonse, ngakhale sindikukumbukirani, komanso chifukwa chondidzaza ndi chiyamiko chifukwa cha madalitso omwe mwandipatsa. Ndidalitseni kuti ndikhale ndi moyo .wokumbukira Inu nthawi zonse

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Pamene chidziwitso chiyeretsedwa ku tsankho ndi kumasulidwa ku zinyengo, tidzakhala ndi kumvetsetsa komwe kumatilimbikitsa osati nthawi zinazake zokha komanso tsiku lililonse la moyo wathu mwa kukonzanso

mphamvu ndi unyamata wa matupi athu, kulimbitsa malingaliro athu, ndikulimbitsa miyoyo yathu ndi mafunde .anzeru ndi chisangalalo

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Khalani ndi chizolowezi cholankhula zoona popanda kunena zosafunikira, ndipo pewani kunena chilichonse chomwe chingavulaze ena kapena chomwe sichingatumikire .choonadi

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Amalonda ambiri sachita bwino kupeza ndalama, sachita bwino kuyendetsa mabizinesi awo, komanso si amuna anzeru, chifukwa akakhala m'maofesi awo amakhala otanganidwa ndi mavuto awo apakhomo ndi akazi awo, ndipo akakhala kunyumba maganizo awo amakhala otanganidwa ndi mavuto awo apantchito. Munthu sayenera kuyesa kuyang'ana kwambiri zinthu zoposa chimodzi .panthawi imodzi

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Ngati munthu wolakwa asankha kudzisintha yekha ndikusintha mkhalidwe wake kukhala wabwino mwa kuyanjana ndi anthu abwino, adzasintha kukhala wabwino, pomwe munthu wauzimu amataya uzimu wake ndikubwerera m'mbuyo pakati pa anthu omwe ali ndi zolinga .zolakwika ndi zizolowezi zoipa

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Kumbukirani kuti chikhumbo choyandikira kwa Mulungu ndicho chinthu chabwino kwambiri komanso chogwiritsidwa ntchito bwino kwambiri pa mphamvu ya chifuniro, chifukwa Mulungu yekha ndiye wamuyaya komanso wosatha, ndipo kuchokera kwa Iye kumachokera zabwino zonse. Limbitsani mphamvu yanu ya chifuniro ndipo pewani zilakolako zoipa; musagwiritse ntchito mphamvu yanu ya chifuniro kuzikwaniritsa, chifukwa ndi khama lopanda pake komanso kuwononga mphamvu. Chitani ntchito zanu m'moyo uno momwe mungathere, pamene nthawi yomweyo mukuona

moyo ngati maloto osakhalitsa. Limbitsani cholinga chanu .ndikukhazikitsa chifuniro chanu pa chidziwitso cha Mulungu

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Ngati munthu akukhala moyo wake mwanzeru komanso mwanzeru, adzapeza kuti imfa ndi mphotho komanso .kusintha kupita ku moyo wabwino m'dziko labwino

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Mphunzitsi Paramahansa anapereka uphungu :wotsatirawu kwa mmodzi wa ophunzira ake

Musakhale ndi mbali imodzi; m'malo mwake, khalani moyo wadongosolo komanso wolinganizika, kuyika patsogolo ntchito zanu. Udindo ndi ntchito yochitidwa mwaufulu komanso ndi chikhumbo chenicheni, osati ndi mkwiyo kapena kudzimva kuti muli ndi udindo. Ngakhale kuti kuzindikira zauzimu ndi makhalidwe abwino kuyenera kukhala kofunika kwambiri, ntchito zakuthupi siziyenera kunyalanyazidwa, chifukwa ndizofunikira kwambiri ndipo ziyenera kulimbikitsidwa ndi maudindo a anthu, adziko, ndi .apadziko lonse lapansi

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Ndipo koposa zonse, khalani oona mtima ndi inu" "nokha

Mawu awa ndi pamwamba pa mndandanda wa malangizo otchuka omwe adaperekedwa kwa Polonius mu buku la Shakespeare la Hamlet, ndipo amatanthauza, pakati pa zinthu zina, kukhala wokhulupirika kwa iwe wekha ndikusachita zomwe ukumva mkati mwa mtima wako ndi cholakwika. Inde, chikumbumtima choyera komanso chamoyo chimapatsa mwini wake chisangalalo ndi mphamvu zomwe zimaposa phindu ndi kufunika kwa chuma chonse .cha chilengedwe

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Mphamvu yoganizira kwambiri imathetsa mkuntho wa nkhawa, imachepetsa nkhawa, imaletsa zilakolako

zosalamulirika, ndipo imakopa nzeru za Mulungu zomwe .sizisintha kapena kusintha

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Kupambana sikudalira tsogolo kapena mwayi, koma pa kudzigwirizanitsa, kudzera mu kuganizira, ndi malamulo a .chilengedwe chonse

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Palibe chilichonse kapena munthu aliyense amene ayenera kuloledwa kukhala pampando wachifumu wa mtima, .womwe uyenera kuperekedwa kwa Mulungu yekha

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Khalidwe la munthu limapangitsa kuti malingaliro ake azizizira komanso kuti asamvetse bwino, zomwe .zimapangitsa kuti asamagwirizane ndi ena

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Moyo wa panyumba uyenera kukhala paradaiso, koma mkwiyo ungasinthe kukhala gehena Mwamuna angabwere kunyumba kuchokera kuntchito n’kupeza mkazi wake akuvutika maganizo komanso wokhumudwa, zomwe zingamulepheretse kulankhula naye kapena angabwerere kunyumba ali ndi chisoni, zomwe zingamulepheretse kulankhula naye. Chifukwa chake, mavuto ambiri amagwera .ena chifukwa cha mkwiyo wosafunikira

Munthu wa m'banja lanu akakwiya kapena kusasamala, nthawi yomweyo mumakhudzidwa ndi khalidwe lake. Kapena mungapite kwa munthu amene ali ndi mkwiyo waukulu, koma n’kupeza kuti ndi wokwiya komanso wokangana, ndipo amanena mawu opweteka omwe amachotsa chisangalalo chanu nthawi yomweyo, zomwe zimakupangitsani kufuna .kudzipatula

Musamamvere umunthu wa anthu ena ndipo musawalole kuti akukhudzeni

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Ndakumana ndi mayesero ambiri m'moyo wanga, ndipo ovuta kwambiri mwa awa anali ndi anthu omwe ankandiganizira molakwika. Ndaona anthu omwe ndimawakonda ndipo ndinapereka mtima wanga kuti andimvetse molakwika ndikunditsutsa. Koma izi sizinapangitse mkwiyo mumtima mwanga chifukwa mkwiyo umabisa kumvetsetsa.

Sindilola kuti ena andivutitse chifukwa cha kusamvetsetsana kwanga, koma m'malo mwake ndimayesetsa kuwathandiza ngati ali omasuka ndikuwatumizira zolinga zabwino ndi mafuno abwino.

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Mabasa olungama ali ngati kumwa timadzi tokoma komanso tokoma ta zabwino, pomwe machitachita oipa ali ngati kumwa uchi woopsa. Mabasa ndi makhalidwe omwe amawononga thanzi ndikubweretsa kuvutika maganizo ndi kusadziwa ayenera kupewedwa kotheratu. Kumwa zinthu zovulaza zamitundu yonse mopanda chifukwa ndi njira yolowera mavuto amisala, matenda, ndi ululu wakuthupi.

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O wokondedwa wanga wa Mulungu

Ndinu kasupe wa chikondi chotuluka mumtima mwa ubwenzi, ndi kuwala kobisika kwa chikondi komwe kumatsegula mphukira za malingaliro m'mitima ya anzanu.

Ndi ndakatulo zachikondi zomwe zimalemekeza ulemu, kukhulupirika, ndi kudzipereka

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Pamene ndikupereka chifundo changa ndi ubwino wanga kwa ena, ndimatsegula njira zauzimu zomwe chikondi cha Mulungu chimadzera mwa ine. Chikondi cha Mulungu ndiye maginito omwe amakopa ndi kubweretsa zabwino zazikulu.

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Ndikofunikira kuti munthu atsimikize mtima kukhalabe ndi mtendere wamumtima, ngakhale atakhala ndi achibale

ovuta, kugwira ntchito kwa bwana wankhanza, kuthana ndi anthu omwe amawaona ngati adani, kapena kukumana ndi mayesero aliwonse a moyo. Ngati apitiriza ndi cholinga ichi m'moyo wawo watsiku ndi tsiku ndipo sataya mtima atatha masiku ochepa a zochitika zotere, adzakhala ndi mtendere .wamumtima ndikupeza chisangalalo chamaganizo

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Kuipa ndi uchimo sizili mwachibadwa mwa munthu, koma zimachokera kunja ndipo zimabzalidwa mwa iye .mwini

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Golide wokwiriridwa pansi pa matope sataya umunthu wake; amawala ndi chiyero chake chachilengedwe matope akachotsedwa. Mofananamo, ubwino ulipo mkati mwa mzimu wa munthu ngakhale kuti pali zinthu zambiri zosadziwa zomwe zimauphimba ndi kuubisa. Kaya golide wa moyo waipitsidwa bwanji ndi matope olimba komanso ouma a kusadziwa, timangofunika kutsuka matopewo ndi madzi anzeru kuti tiwulule kuwala kokongola kwa golide weniweni .wa mzimu

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Anthu nthawi zambiri amangoyang'ana kwambiri pa kudzudzulana, ndipo ndichifukwa chake saona makhalidwe .abwino omwe munthu winayo ali nawo

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Kusadziwa kuli kofanana m'madera onse a Kum'mawa ndi Kumadzulo. Anthu osadziwa ochokera Kum'mawa ndi Kumadzulo akakumana, amakangana ndipo sangagwirizane, kusonyeza kulemekeza kwawo kunyada ndi kudzilungamitsa popanda kumvera kapena kulemekeza malingaliro ena, ngakhale atakhala olondola. Komabe, anthu anzeru ochokera Kum'mawa ndi Kumadzulo akakumana, amafufuza nkhani mwachilungamo ndikugwira ntchito kuti apeze mgwirizano .wopindulitsa aliyense

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Mulungu watipatsa mzimu, maganizo, ndi thupi, ndipo tiyenera kukulitsa mphatso zimenezi mogwirizana komanso moyenera. Sitiyenera kudzilola kukhala akapolo a malo athu .kapena akaidi a chizolowezi

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Makolo okhwima mwauzimu angathandize dziko lapansi mwa kulera ana ndi makhalidwe auzimu komanso kukhala .ndi moyo wodziletsa komanso woganizira bwino

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Chikhumbo ndi chikhumbo chomwe sichingathe kukwaniritsidwa, pomwe cholinga chimakhala champhamvu kuposa chikhumbo. Kumbali ina, mphamvu ya chifuniro ndiyo mphamvu yoyendetsera chikhumbocho, pamodzi ndi mphamvu yogwira ntchito kuti ichikwaniritse. Izi zikutanthauza khama lokhazikika komanso lopitilira mpaka chikhumbocho chitakwaniritsidwa. Ndi anthu ochepa chabe omwe amafunitsitsadi ndi kukwaniritsa zomwe akufuna! Zachidziwikire, munthu sayenera kugwiritsa ntchito mphamvu ya chifuniro kuchita zinthu zochititsa manyazi komanso zonyoza, chifukwa izi zimaphwanya cholinga chenicheni cha mphamvu ya chifuniro ndipo zimabweretsa zotsatira zoyipa komanso zovulaza. Mphamvu ya chifuniro cha munthu iyenera kutsogozedwa ndi nzeru ndi kuzindikira, zomwe zimapangitsa kuti munthu adziwike bwino komanso .akhale pafupi ndi Mulungu

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Chilichonse chokongola komanso chamtengo wapatali m'moyo uno nthawi zambiri chimabisika m'migodi yobisika ndi chinsinsi. Miyala yamtengo wapatali ndi yovuta kupeza mosavuta, ndipo chuma chamtengo wapatali chauzimu chiyenera kufukulidwa ndikuchotsedwa pogwiritsa ntchito .zida za luntha ndi nzeru

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Kubweretsa chisangalalo kwa ena kudzera m'mawu abwino ndi uphungu woona mtima ndi zizindikiro za ukulu

weniweni Mosiyana ndi zimenezi, kuvulaza ena ndi mawu onyoza, kuyang'ana molakwika, ndi malingaliro odzikonda ndi chizindikiro cha njiru Maonekedwe opweteka ndi mpweya wokwiya zimapweteka kwambiri kuposa kubaya kopweteka kapena kumenya. Kunyoza ndi kuseka kumavumbula mzimu wa kutsutsa ndi mkwiyo mwa ochita zoipa, pomwe malingaliro aubwenzi amalimbikitsa kudzimvera chisoni ndi .kudabwa

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Nthawi zina Mulungu amadziulula kwa okondedwa ake ngati kuwala kwakukulu, kapena ngati mawu a mlengalenga, kapena ngati chisangalalo chopanda malire, kapena ngati chikondi cha kukoma kokoma kwambiri, kapena ngati kumvetsetsa, nzeru, ndi chidziwitso Kuunika kwake kumatambasuka ndi kufalikira ngati mapiko a mlengalenga kwamuyaya, ndipo nthawi zina ndimaona dziko lapansi ngati loto mkati mwa kuwalako, motero ndinazindikira kuti dziko lapansi ndi loto

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Tiyenera kuchita zonse zomwe tingathe kuti tiyeretse mitima yathu ndi nzeru ndikuiyeretsa ndi chikondi cha Mulungu, ndikuzindikira kuti tonsefe ndife abale ndi alongo, .tikuyenda limodzi kupita kunyumba yathu yakumwamba

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Chimwemwe chanu chachikulu chili mu kukonzekera kwanu kosalekeza kuphunzira ndikuchita zinthu moyenera. Mukamayesetsa kudziwongolera, mumathandizanso kwambiri kukonza ena okuzungulirani. Munthu amene amadziwongolera nthawi zonse amakhala wosangalala, ndipo mukamasangalala, mumasangalatsanso ena .okuzungulirani

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Tiyeni tigwire ntchito limodzi kuti tidyetse anjala, tipereke zovala ndi mankhwala kwa osowa, titonthoze olira,

tipukute misozi ya osowa, tibweretse chisangalalo m'miyoyo .yawo, ndi kuwapatsa kumwetulira

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Ngati Mulungu sanaike chikondi Chake m'mitima ya amayi, sakanatha kukonda ana awo. Chikondi cha Mulungu chimadutsa m'mitima ya amayi. Nyumba imadzaza ndi chisomo chifukwa cha kukhalapo kwa Mayi wa chilengedwe chonse monga mayi waumunthu, ndipo tiyenera kusunga .lawi la chikondi cha amayi likukhalabe m'mitima mwathu

* * *

Moyo kuno ukuoneka wopanda kanthu komanso wosokonezeka mpaka titafika m'mphepete mwa chitetezo. Sitiyenera kuyika chiyembekezo chathu pa zolinga zapadziko lapansi zosakhalitsa komanso zinthu zosalimba zomwe zimagwirizana nazo. Maulalo osalimba oterewa amatitalikitsa mosazindikira ku cholinga chathu chachikulu, monga .momwe amatitalikitsira ndi ife eni enieni

* * *

Mawu a Mulungu ali kumbuyo kwa maonekedwe a moyo, nthawi zonse amatiitana ndi kulankhula nafe kuchokera m'maluwa, m'mabuku opatulika, ndi m'zikumbumtima zathu, ndipo kudzera mu zinthu zonse zokongola zomwe zimapangitsa moyo kukhala woyenera kukhalamo, ulemerero wake umawululidwa mu mtendere wauzimu umene moyo umamva komanso mu kuyesetsa kwa .mtima wonse kuti ugwirizane ndi Iye

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Ambuye, ndipangeni kukhala chiwombankhanga chauzimu chomwe chikukwera pamwamba pa misewu yafumbi ya malingaliro ofooka ndi kuchulukitsa malingaliro ndi zikhulupiriro

Ndiitaneni kuti ndifike pamwamba ndi pamwamba, kupitirira kugwedezeka kwa dziko lapansi ndi mitambo yomwe imatseka kuwala kwa dzuwa

Ndiloleni ndikwere mapiko olimba mtima kupita ku thambo lalitali la malingaliro apamwamba Kuposa mphepo zamkuntho ndi mphepo zamkuntho zonse, ndidzayamba kufunafuna chisa chakumwamba Ambuye, ndipangeni kukhala chiwombankhanga chauzimu, ndikukufunani nthawi zonse ndi chikhumbo ndi changu

Ambuye, titsitsimutseni ndi mphepo yokoma ya kukhalapo Kwanu, mudzaze ndi chikhumbo cha kukhalapo Kwanu kwaulemerero, ndipo lolani kuti miyoyo yathu ikhale yolemera ndi nzeru zanu zaumulungu. Tilole kuti kuwala kwanu koyera kulowerere mbali zonse za miyoyo yathu, kulimbitsa kutsimikiza mtima kwathu, kuchotsa mdima wathu, kutidzaza ndi mtendere ndi chiyembekezo, ndi .kutipatsa mphamvu zochitira ntchito zabwino

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Aliyense amene amapereka thandizo la maganizo ndi zakuthupi kwa ena ndi mtima wodzala ndi kukoma mtima ndi kupatsa adzazindikira kuti zomwe amapereka zimabwerera kwa iye, ndipo ili ndi lamulo la zochita lomwe limagwira .ntchito pa mitima

* * *

Zimene munthu amamva kwa ena zimapangitsa kuti munthu azimva kugwedezeka nthawi zonse mu ether, zomwe zimapangitsa kuti munthu azimvera ena chisoni komanso azikoma mtima. Munthu amene amakhululukira anthu amene amamulakwira adzadzikhululukira ndi .kulekerera

* * *

Monga momwe munthu sangalankhulire pafoni yosweka, momwemonso munthu sangafalitse mapemphero bwino kudzera mu malingaliro olemala chifukwa cha nkhawa, nkhawa, kusakhutira, ndi kukonda ulemerero wa

dziko lapansi womwe ukubwera nthawi yochepa. M'malo mwake, malingaliro amenewo akhoza kukonzedwa kudzera mu bata lalikulu ndi bata, motero kukulitsa mphamvu zake zotumizira maitanidwe auzimu ndi kulandira madalitso ndi .chidziwitso chapamwamba

* * *

Mu dziko losakhazikika, loopsa, komanso losatsimikizika ili, mumadzimva nokha Mulungu yekha sadzakusiyani .kapena kukukhumudwitsani ziyembekezo zanu

* * *

Ambuye, ndipangeni kukhala wowonekera bwino ndi chiyero kuti ndiwonetse kuwala kwanu kochiritsa mkati mwanga

Khazikitsani galasi la malingaliro anga, lomwe likugwedezeka ndi nkhawa, kuti liwonetse nkhope yanu yopanda malire

Tsegulani mazenera a chikhulupiriro mumtima mwanga kuti ndipume fungo la mtendere wanu

Inu Amene Muli ndi Ulemerero Wosatha! Inu Amene Muli ndi Ulemerero Wosatha Kufotokozedwa! Yang'anani m'maso mwanga olakalaka, kuti ndisaone chilichonse padziko lapansi !koma Inu nokha

* * *

Ma sound osiyanasiyana ali ndi zotsatira zosiyana pa dongosolo lamanjenje. Ma sound osiyanasiyana ali ndi zotsatira zoyipa pa mitsempha, pomwe ma sound ogwirizana amayatsa minofu yomasuka komanso yofooka ya dongosolo .lamanjenje mwa kudzutsa mphamvu yake ya moyo

Choncho, mawu okoma mtima komanso ofatsa, nyimbo yolimbikitsa, ndi mawu anzeru onong'oneza m'malo opatulika a moyo zonse zimakhudza kwambiri moyo wa .munthu

Moyo uli ngati ulendo waufupi [kulowa m'nkhalango]

Chakudya chamasana chikangokonzedwa ndikuyikidwa patebulo, chilombo chimalowa mwachangu, ndikukakamiza

ena onse kuti achoke Anthu ambiri amakhala motere Amagwira ntchito molimbika kuti apeze ndalama ndikupeza chimwemwe ndi chitetezo, koma amakanthidwa ndi chilombo cha matenda ndi masoka ena, mitima yawo imasiya, ndipo amakakamizika kuchoka Anthu safunika kukhala motere, kulola ntchito zambiri kuti ziwabere nthawi yawo ndikuwapatsa ukapolo Zaka zambiri zapita motere Anthu omwe atsimikiza mtima kuti asalole mavuto kuwalepheretsa adzapatsidwa mphamvu kuti awagonjetse

* * *

Kawirikawiri, mawu oti "chakudya" amagwiritsidwa ntchito ponena za chakudya chakuthupi chokha, koma pali mitundu ina ya chakudya, monga zochita zamaganizo, kuganizira kwambiri zamaganizo, ndi nzeru zauzimu. Mtundu woyamba (chakudya) umadyetsa thupi, mtundu wachiwiri (kuganizira kwambiri zamaganizo) umadyetsa maganizo, .ndipo mtundu wachitatu (nzeru zauzimu) umadyetsa mzimu

* * *

Kodi munayesapo kumvetsa "chinthu china" chovuta kuchimvetsa, chiwanda chosinthasintha komanso chosowa m'chipululu, chomwe mumachimvabe ngakhale mutakwaniritsa zokhumba zanu zonse? Anthu amalakalaka chinthu mpaka atachipeza, koma chikafika m'manja mwawo, amatopa nacho ndipo amalakalaka china chake Ngakhale moyo ukapatsa munthu chilichonse chomwe mtima wake ukufuna—chuma, mphamvu, mabwenzi—pamapeto pake amamva osakhutira ndikuyamba kufunafuna zina. Koma pali chinthu chimodzi chomwe munthu satopa nacho, ndipo akachipeza, sadzalakalaka china chilichonse ndipo sadzachisintha ndi china chilichonse: chimwemwe .chenicheni cha moyo, chokhala mkati mwa mtima wake

* * *

Dziko lapansi lakhala likugwedezeka ndi kusokonekera m'mbiri yonse. Mu nkhondo, dziko lapansi lakhala malo ovutika ndi ululu kwa anthu mamiliyoni ambiri. Chimwemwe

chenicheni komanso chokhalitsa chili mu kukhalapo kwa Mulungu, ndipo palibe chimwemwe chachikulu kapena .phindu kuposa kupeza chimwemwe chimenecho

* * *

N’chifukwa chiyani anthu amachita zinthu zomwe sizimawasangalatsa kwenikweni komanso zomwe ?zimawabweretsera mavuto ambiri

Yankho lake ndi "chizolowezi," chomwe ndi chinthu chofunikira kwambiri pa tsogolo la munthu. Anthu ambiri amapitirizabe kuchita zinthu zoipa ngakhale akudziwa ululu ndi kuwonongeka komwe kumabweretsa, chifukwa cha chitsulo cha chizolowezi. Ngamila imadya zitsamba zaminga ngakhale kuti imatulutsa magazi mkamwa mwake. Wofunafuna zosangalatsa amasangalala ndi zosangalatsa zake ngakhale atavulaza thanzi lake. Zakumwa zoledzeretsa mpaka kufa, osadziwa chimwemwe chauzimu chomwe chili mkati mwake, chomwe sichingafanane ndi chisangalalo china chilichonse. Munthu wadyera amawononga chimwemwe chake mwa kufunafuna zinthu zakuthupi mosalekeza, osadziwa kuti ngati angaganizire kwakanthawi, .adzapeza chimwemwe chomwe golide sangagule

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Mu kuwala kwanu koyera ndidzakhala maso kwamuyaya, ndikusangalala ndi kuona nkhope yanu yodala .kwamuyaya

Ndinafunafuna chikondi kudzera mu malingaliro a kanthawi kochepa, ndipo nditayendayenda m'chipululu cha chikondi cha anthu chochepa, pamapeto pake ndinapeza .malo opumulira a chikondi cha Mulungu

Malingaliro Auzimu

Kwa mphunzitsi wanzeru Paramhansa Yogananda

Mulungu ndiye nkhokwe ya nzeru zaumulungu, zomwe kupingasa kwake kuli kopanda malire ndipo zomwe zili mkati

mwake sizimatha, ndipo miyoyo ya anthu ndiyo njira zomwe .nzeru imeneyo imadutsamo

Pali njira zazikulu, zotseguka komanso zopapatiza, zozizira. Njira zazikulu, chisomo cha Mulungu chimakula .komanso kuchuluka kwake

* * *

Ululu uli ndi maphunziro othandiza kwa anzeru komanso ofunitsitsa kuphunzira, koma ululu umakhala wopondereza .wankhanza kwa odandaula ndi osakhutira

Ululu ungatiphunzitse chilichonse. Maphunziro ake amatilimbikitsa kukhala ndi kuzindikira, kudziletsa, kudzipatula, makhalidwe abwino, komanso kuzindikira .bwino

Mwachitsanzo, kupweteka m'mimba kumatiuza kuti tisadye mopitirira muyeso komanso kuti tisamale ndi zomwe timadya

Ululu wobwera chifukwa cha kutayika kwa katundu kapena okondedwa athu umatikumbutsa za momwe zinthu .zonse zilili m'dziko lino la zinyengo

Zotsatira za zochita zolakwika zimatilimbikitsa kusiyanitsa pakati pa chabwino ndi choipa

Koma bwanji anthu saphunzira kuchokera ku nzeru?

Ndiye sakanalandira chilango chopweteka komanso !chosafunikira kuchokera kwa wolamulira wa ululu

* * *

O wokondedwa wanga wa Mulungu

Mulipo pa ngodya iliyonse ya chilengedwe chonse

Amabisala mumtima mwa maluwa ndi maluwa a maluwa

Amandiyang'ana kuchokera pawindo la mwezi

Kuchokera kuseri kwa nsalu ya chilengedwe

Ndipo chinyengocho chinali chobisika kwa ine

Musandinyalanyaze ngakhale pang'ono chabe

* * *

Anthu amaganiza kuti kudzimana kwambiri kumatanthauza kudzimana, koma sizowona kuti ndinasiya zilakolako zazing'ono za chuma chachikulu kwambiri .chomwe chilipo

* * *

Mu kufunafuna kwake chimwemwe kosalekeza - kudzera m'njira zosayenera kapena zolungama - munthu kwenikweni .akufunafuna chimwemwe chauzimu

Pali mitundu iwiri ya chimwemwe: chimwemwe chabodza ndi chimwemwe chenicheni

Chisangalalo chabodza chimatsatiridwa ndi chisoni ndi ululu, pomwe mapeto a chisangalalo chenicheni nthawi zonse amakhala osangalatsa, ngakhale chiyambi chake .chinali chomvetsa chisoni kapena chokhumudwitsa

Mulungu ndiye chisangalalo chosatha, ndipo wofunafunayo akapeza Iye, adzapeza china chimene wakhala akuchifunafuna ndi kuchifunafuna mosalekeza, ngakhale atakwaniritsa zilakolako zomwe ankaganiza kuti .zingamubweretsere chimwemwe

Mu chisangalalo ichi chomwe chimakonzedwanso nthawi zonse, wofunafunayo adzapeza chisangalalo chonse chomwe .adachifuna m'zinthu zina zonse

* * *

Mawa amasankhidwa ndi lero, kotero ndidzasanthula moyo wanga ndikumvetsa zomwe uli, kenako ndikupanga .njira zoti ukhale momwe uyenera kukhalira

Lero ndikulitsa mzimu wochitapo kanthu, chifukwa munthu amene amachitapo kanthu ali ngati chiboliboli .choboola, chopanga china chake kuchokera pachabe

Zimapangitsa zosatheka kuoneka ngati zotheka kudzera mu mphamvu ya mzimu waukulu wolenga

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Mphamvu ya Mulungu ili mu atomu iliyonse ya moyo wanga, mu selo lililonse lamoyo, mitsempha yonse, ndi mu .ubongo ndi minofu

Ndili bwino chifukwa mphamvu yodala imeneyo imafalikira mbali iliyonse ya thupi langa

* * *

Aliyense amene angathe kusunga mtendere wake ndikuchita ntchito zake mofatsa wadzilumikiza yekha ndi mzimu wa chilengedwe chonse womwe mtendere wake umadzaza ndi kukhalapo.

Kaya zochitika za moyo zikhale zovuta bwanji, komanso ngakhale zokumana nazo zitakhala zovuta bwanji, mkhalidwe wamaganizo uyenera kusonyeza bata ndipo malingaliro ayenera kukhalabe olinganizika.

Kulephera koopsa sikuyenera kugwedeza maziko a moyo, komanso kupambana kwakukulu sikuyenera kupangitsa kuti ukhale wosangalala.

Aliyense amene amasonyeza bata ndi bata - moona mtima, osati kunyengerera - wafika pamphepete mwa bata ndi mtendere weniweni womwe sungasokonezedwe ndi zinthu zakunja.

Aliyense amene akufuna kusintha kuti akhale wabwino ayenera kukhala ndi mtima wolimba, chete, komanso wodekha komanso osasiya zisankho zabwino.

Ndi bwino kuganizira za Mulungu panthawi ya ntchito ndi kupanga izi kukhala gawo la moyo watsiku ndi tsiku.

* * *

Ena mwa iwo amene ali ndi chidwi chofuna kuphunzira amayenda panjira kwa mtunda waufupi, kenako n’kutaya chidwi chawo, kusintha njira, n’kuiwala zisankho zawo.

Ena amachita zonse zomwe angathe kuti apitirize ulendo wawo, ngakhale kuti nthawi zina amagonjera zizolowezi zakale, koma amapitirizabe kuyenda ndi kuchita khama, kotero zizolowezi zawo zimakhala zowongoka, ndipo amakhala olimba, athanzi, komanso amphamvu pamene masiku akupita.

* * *

Kuganiza bwino kumabweretsa kuwona mphamvu yaumulungu yosaoneka yomwe imatha kukulitsa njira zazing'ono zanzeru ndi malingaliro ochepa amalingaliro, ndikuwona kuwala kwa zabwino kwambiri, ndikutsegula zenera lalikulu lopanda malire lomwe kupezeka kwaumulungu kungawonekere mu ulemerero wake wonse .ndi kuchuluka kwaumulungu kulikonse

Kukhazikika ndi chinthu chomwe dziko lonse lapansi limafuna, makamaka iwo amene amayenda m'njira yoganizira kwambiri ndipo akufuna kufika pamlingo .wapamwamba wauzimu

Zoyesayesa zauzimu zomwe zimachitika mwakachetechete komanso mwamtendere nthawi zambiri zimakhala zothandiza komanso zopindulitsa, chifukwa pamene mayendedwe akuthupi atha, malingaliro amakhala otanganidwa ndipo mphamvu zauzimu zomwe sizikugwira .ntchito zimadzuka

* * *

Sitiyenera kukhumudwa kapena kukhumudwa ndi zolakwa zathu, koma nthawi zonse tiyenera kuyang'ana mbali yabwino ya zomwe takumana nazo ndikuphunzirapo kanthu. Ndipo chilichonse chomwe chingachitike, tiyenera kutembenukira kwa Mulungu kuti atithandize ndi .kutitsogolera

* * *

Wophunzira watsopano ankaganiza kuti angathe kumvetsa ziphunzitso zauzimu kudzera mu kuphunzira kokha, ndipo kuwonjezera apo, analinso wofunitsitsa kuphunzitsa ena, kotero mphunzitsi Paramhansa anamuuza :kuti

Kuzindikira zauzimu si kumera kwakunja (monga" "chomera) koma kukula ndi chitukuko kuchokera mkati

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Uthenga wotsatirawu unatumizidwa ndi Master Paramhansa Yogananda kwa ophunzira ake mu Januwale

1944 pamene ankalemba buku lake, Autobiography of a Yogi , lomwe lamasuliridwa m'zilankhulo 35 ndipo likupitirira kusindikizidwa komanso kutchuka kuyambira pomwe .linatulutsidwa zaka pafupifupi 70 zapitazo

:Anzanga okondedwa

Ufulu wosankha umakhala ndi mitundu yonse ya zokhumba, zilakolako, zolinga, ndi chifuniro Komabe, kusiyana kuyenera kupangidwa pakati pa ufulu weniweni .wosankha ndi mawonekedwe ake ocheperako

Khama lathu, mphamvu zathu, ndi zochita zathu zonse zakuthupi, zamakhalidwe abwino, ndi zauzimu zimayamba ndikugwira ntchito mosalekeza kudzera mu mphamvu ya chifuniro

Mphamvu yofuna imakhala ndi zochitika zokhazikika komanso zokhazikika pa chikhumbo, mpaka itafika pamlingo .wokwanira kuti ikwaniritse zomwe mukufuna

Ndaphunzira phunziro lalikulu kuchokera m'buku lomwe ndikulemba, chifukwa ndinkalemba popanda kuwunikanso zomwe ndinalemba, koma ndimayenera kuwunikanso ndime iliyonse ya mbiri yanga ndipo ndinasangalala kubwerera ku .mayeso abwino amenewo pamene ndikuwerenganso bukuli

Ndakhala ndi zochitika zambiri m'moyo uno, ndaphunzitsa, ndamanga nyumba, ndipo ndajambula, ndipo chinsinsi cha kupambana kwanga nthawi zonse chakhala .mphamvu yodzipereka

Chilichonse chomwe ndimayesetsa kuchita ndi mphamvu zanga zakwaniritsidwa, ndipo ndikukutsimikizirani kuti ngati mwatsimikiza mtima kuchita china chake, .chidzakwaniritsidwa ndi thandizo la Mulungu

Tiyenera kugawana chimwemwe cha Mulungu ndi ena. Palibe chabwino kuposa kulankhula kuchokera mumtima za .Mulungu

Ngati mungathe kutsimikizira munthu kuti njira ya uchimo imatsogolera ku chigwa cha imfa ndi kuti njira yosinkhasinkha ndi kutsatira malamulo a Mulungu

imatsogolera ku moyo wosatha, mudzakhala mutalemeretsa moyo wawo kuposa momwe mukanamupatsira madola .miliyoni

Ndalama zimangotha, koma chidziwitso cha Mulungu chimakhalabe ndi ife ndipo chimatitsogolera ku dziko lina. Chifukwa chake, ndimasangalala kwambiri ndikaona wina akuyesetsa ndikuchita zonse zomwe angathe kuti adziwe .Mulungu

Ngakhale ndimakonza ndi kuchita zinthu zambiri padziko lapansi, ndimachita izi kuti ndikondweretse Mulungu Ngakhale pakati pa ntchito ndi zovuta zambiri, ndimanong'oneza kuti, "Muli kuti, Ambuye?" ndipo dziko lonse limasintha ndipo ndikuona kuwala kwakukulu

Ine ndine thovu laling'ono m'nyanja yowala imeneyo, !ndipo ndi chisangalalo chachikulu bwanji

* * *

Sitiyenera kungoganizira zinthu zomvetsa chisoni komanso zoopsa m'moyo uno. Nzeru imafuna kuti titsogolere maganizo ndi malingaliro athu ku mphamvu yamuyaya ya .Mulungu yomwe siisintha kapena kusintha

Musadzione ngati ndinu wofooka ndi wofooka, chifukwa ubongo wanu umasunga mphamvu zambiri zokwanira kupatsa mphamvu mzinda waukulu kwa masiku awiri !?athunthu, koma inu mukuti mwatopa

Mukamayesetsa kuti mupambane, gwiritsani ntchito mwayi uliwonse womwe ulipo popanda kupondereza ena

Nthawi ina ndinkayenda mumsewu ku Boston ndipo mbali ya msewu womwe ndinkayendamo inali yodzaza ndi anthu oyenda pansi ndipo pafupifupi onse anali patsogolo panga, kotero kuti zinali zovuta kudutsa aliyense. Komabe, ndinaganiza ndekha kuti ndidzakhala patsogolo pa khamulo .popanda kukankhira aliyense

Ndinayamba kufunafuna mipata ndi kufunafuna mipata pakati pa oyenda pansi, yomwe ndinagwiritsa ntchito mpaka

nditapeza zomwe ndimafuna ndikukhala woyamba pakati pa .khamu la anthu popanda kudzaza aliyense
Kenako ndinati, "Palibe vuto, tsopano akhoza ".kunditsogolera ndikakwaniritsa zomwe ndimafuna
* * *
Mulungu ndiye gwero la thanzi, chitukuko, nzeru, ndi chisangalalo chosatha
Tikalumikizana ndi Iye, miyoyo yathu imakhala yathunthu, ndipo popanda Iye, moyo umakhalabe wopanda .malire
Tiyeni tiganizire za mphamvu ya Mulungu yamphamvu .yonse imene imatipatsa moyo, luso, ndi nzeru
Tiyeni tipemphere kuti choonadi chachikulu ichi chilowe m'miyoyo yathu
Ndipo kuti mphamvu yosatha iyi iyende m'matupi athu
Ndipo kuti chisangalalo chosalekeza chifike m'mitima mwathu
* * *
Kumbuyo kwa mdima wa maso otsekedwa kuli mphamvu zodabwitsa za chilengedwe chonse, miyoyo yonse yabwino yodalitsidwa, ndi moyo wosatha wopanda malire .kapena mapeto
Kudzera mu kusinkhasinkha timadziwa choonadi chenicheni ndikuona ntchito zake zobisika m'miyoyo yathu .komanso zodabwitsa zonse za chilengedwe
Ngati wophunzirayo akupeza kuti sakupita patsogolo monga momwe akufunira, ayenera kudziyimira yekha, kufufuza maganizo ake, ndi kuzindikira zopinga zomwe .zimamulepheretsa
Kawirikawiri, chifukwa chake ndi kusowa khama lenileni ndi maganizo osokonezeka. Kawirikawiri, zopinga zimachokera ku zizolowezi zozika mizu zomwe ziyenera kuchotsedwa m'munda wa moyo kuti mizu ya chimwemwe .ikule ndikukula m'nthaka ya moyo

Musamafulumire kuchita zinthu zazikulu chifukwa chongofuna kukulitsa mphamvu zanu zodzifunira

Kuti mupambane, choyamba muyenera kuyesa mphamvu zanu ndi zinthu zazing'ono zomwe mumaganiza kuti simungathe kuchita. Ngati muchita khama, kupambana .kudzakhala kwanu

Ndimakumbukirabe zolinga zonse zomwe anzanga ndi ena anandiuza kuti sindingathe kuzikwaniritsa, koma ndinazikwaniritsa

Anthu awa okhala ndi "zolinga zabwino" angawononge kwambiri malingaliro awo; Mulungu atiteteze kwa iwo ndi .uphungu wawo

Kukhala paubwenzi kumakhudza kwambiri mphamvu ya chifuniro. Kupita ku maphwando aphokoso m'malo mosinkhasinkha m'malo opatulika a bata kumadetsa maganizo ndi fumbi la kugwedezeka kwa dziko lapansi .kodzaza kwambiri kotero kuti n'kovuta kulichotsa

Chifuniro cha munthu chimalimbikitsidwa kapena kufooka mosalekeza chifukwa cha chisonkhezero cha .anzake

Kukulitsa mphamvu yodzidalira kudzera mu khama lokha n'kovuta kwambiri. Mukufunika chitsanzo chabwino choti mutsanzire. Ngati mukufuna kukhala wojambula, kukhala ndi moyo wozunguliridwa ndi zojambula zabwino komanso kucheza ndi ojambula. Ngati mukufuna kukhala munthu wauzimu, pangani ubwenzi ndi anthu auzimu a .makhalidwe abwino

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Munthu wapamwamba amene ankadziwa kukulitsa chidziwitso chake ndikuchisintha kukhala chowonadi chopanda malire amatha kuona chilengedwe ngati maloto a chilengedwe chonse, monga momwe anganenere ndi .chidziwitso chotsimikizika kuti zinthu sizilipo

Kudzera mu magawo ataliatali a kudziletsa komanso kutsatira njira yosinkhasinkha kapena njira zina zodziwira

zauzimu monga chikondi, kutumikira, kudzipereka, komanso kusiya kudzikonda, wofunafuna Mulungu moona mtima amathetsa zinthu ziwiri ndikuzindikira umodzi wosatha wa .kukhalapo

* * *

Chikondi si malingaliro chabe; ndi chinthu chenicheni. Ndipo chikatsogozedwa mwadala, chimapeza njira yake— .popanda cholakwika—yofikira cholinga chake

Chikondi ndi mphamvu yaikulu. Wofunafuna angayese njira zambiri zopezera Mulungu, koma sadzamupeza pokhapokha atasonyeza chikhumbo chake chachikulu .komanso chikhumbo chake chachikulu

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Munthu amakhala chimene maganizo ake amamutsimikizira kukhala. Ngati chifuniro chanu chili .champhamvu, mudzapambana pankhondo ya moyo

Maganizo akamayang'ana kwambiri zinthu zosakhalitsa, mphamvu zake zimakhala zofooka, ndipo akamatsimikiza kwambiri za uzimu wa mzimu, amakhala auzimu kwambiri .ndipo mphamvu zake zimakonzedwanso

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Dziko lapansi lidzapitiriza kukwera ndi kutsika kwake, ndiye kodi tidzapita kuti kuti tikapeze chitsogozo ndi malangizo? Osati ku malingaliro athu okondera komanso atsankho, koma ku mawu a choonadi ndi chitsogozo mkati .mwathu

* * *

Zinthu ndi maganizo, chilengedwe chonse ndi nyenyezi zake ndi mapulaneti, mafunde okhuthala pamwamba, mafunde owoneka bwino a pansi pa chilengedwe, mphamvu za anthu zomvera, chifuniro ndi chidziwitso, moyo ndi imfa, usana ndi usiku, thanzi ndi matenda, kupambana ndi kulephera, ndi zenizeni malinga ndi lamulo la ubale womwe .umalamulira maloto a chilengedwe chonsechi

Zinthu zonse ziwiri zomwe zimawonedwa ndi lamulo la ubale ndi zenizeni kwa munthu wolota yemwe amachita .gawo lake laling'ono mu loto lalikulu la chilengedwe chonse

Kuti munthu apulumuke ku zinyengo - lamulo la ubale - ayenera kudzuka kuchokera ku maloto kupita ku kudzuka .kosatha

Sitingathe kusintha malotowo mwa kungoganiza chabe kapena mwa kukana kuti alipo, kapena mwa kuvomereza "moyo" koma kukana "imfa," kapena mwa kuvomereza .thanzi koma kunyalanyaza matenda

Chikwama chilichonse ndi gawo lofunika kwambiri la mbali inayo, monga momwe zilili mbali ziwiri za nsalu .imodzi

Zinthu ziwiri ndi mbali ziwiri za ndalama imodzi, ndipo wofunafuna choonadi sayesa kuzilekanitsa m'maganizo mwake, koma m'malo mwake amakwera pamwamba pa .zinthu ziwirizi ndi nzeru ndi chidziwitso china

* * *

Chikondi cha Mulungu chimatikweza ndi kukulitsa kumvetsetsa kwathu. Sindingaganize kuti ndine wodzipatula ku thupi ili ndekha, chifukwa ndikumva kuti ndilipo m'thupi .lonse

Monga momwe ndimamvera chikumbumtima changa m'thupi langa lonse, ndimamva kuti nonsenu ndinu gawo langa, ndipo ndimamva kuti zamoyo zonse zili mkati mwa thupi langa la cosmic, ndipo ndimamva malingaliro a .aliyense

Uku si kuzindikira kapena kuganiza, koma kudzidziwa wekha. Kudziwa kumeneku sikungosinthana maganizo; ndi kuzindikira mozindikira momwe munthu aliyense akumvera, ndipo mkhalidwe umenewo umatchedwa chidziwitso cha .chilengedwe

Pamene chidziwitso chimenecho chikuyamba mkati mwanu, chidziwitso cha "mwini" chimatha, ndipo mumamva .kuti zamoyo zonse zili ndi moyo umodzi waumulungu

* * *

Dziko lino ndi lachilendo, chifukwa chilichonse chomwe chili mmenemo chingasinthe ndikusintha, ndipo pachifukwa ichi, munthu sayenera kuyika bwato la chimwemwe chake m'mphepete mwa dziko lino.

Kaya mukuvutika m'moyo uno kapena mukusangalala ndi chitukuko ndi mphamvu, chikumbumtima chanu chiyenera kukhala chosasintha. Ngati mungathe kukhala ndi malingaliro abwino, palibe chomwe chingakuvulazeni.

Miyoyo ya anthu onse akuluakulu imasonyeza kuti adafika pamlingo wodala umenewo. Anthu amene amaika chiyembekezo chawo pakupeza chimwemwe cha dziko lapansi adzapeza mavuto ambiri akuwayembekezera, chifukwa maloto oipa nthawi zambiri amatsagana ndi maloto okongola.

Ngati mukuona malotowo ngati maloto chabe, osatinso, kaya ndi osangalatsa kapena oopsa, mudzamva mtendere, ndipo mukazindikira kuti moyo uno ndi malotonso, mudzamasulidwa ku maloto oipa.

* * *

Munthu ayenera kusangalala chifukwa amatha kupambana zinthu zopanda pake ndi zoipa za moyo, komanso chifukwa chakuti akhoza - ndi malingaliro abwino - kupanga zinthu zoyenera zomwe zimakopa zinthu zachipambano.

Maganizo ovuta komanso osakhazikika ali ngati khansa yomwe imaluma mtendere wa moyo, ndipo iwo omwe akuvutika ndi malingaliro osasangalatsa sangathe kuthetsa mavuto awo.

Koma zizolowezi ndi mavuto oipa zimatha kuthetsedwa ndi kuganiza modekha komanso mwanzeru. Munthu amene ali ndi chizolowezi choipa akaulula, amavomereza kulephera.

* * *

Ambuye, ndayerekeza mayesero a dziko lapansi ndi
chikondi chanu chaumulungu ndipo ndapeza chikondi chanu
.champhamvu kuposa mayesero kapena zokopa zilizonse
* * *
Monga momwe mafuta amayatsira moto kwambiri,
mkwiyo umakula kwambiri, ndipo nkhanza zimalimbikitsa
ena kupitiriza khalidwe lawo lankhanza ndikuwapangitsa
.kukhala ouma mtima komanso olimba mtima
Munthu wodekha komanso wofatsa amathetsa mkwiyo
ndi bata, amathetsa mkuntho wa kusamvana mwa kukhala
chete, ndipo amachotsa kusamvana ndi mikangano ndi
mawu okoma, ofatsa komanso kuganizira momwe ena
.akumvera
* * *
:Mphunzitsi Paramahansa anati za zoona
Lilipo ngakhale palibe amene akukhulupirira, pomwe"
malingaliro amafunika kuthandizidwa ndi malingaliro ndi
"mawu
* * *
Chikondi chiyenera kukhala mbuye wa dziko lapansi
* * *
Kwa inu ndikubwera ndi nyimbo za chisangalalo changa
Ndipo ndakubweretserani chuma kuchokera m'chuma
cha moyo wanga
Ndipo pansi pa mtima wanga, ndikusonkhanitsani
timadzi tokoma ta kulakalaka kwa Mulungu
Ndakhala ndi ludzu m'chipululu cha ziyembekezo
zabodza
Koma tsopano zokhumba zanga zakwaniritsidwa
kwamuyaya
Chifukwa imakoka madzi kuchokera ku akasupe anu
ambiri
Mafuta anu opatulika akundinong'oneza
Kandulo yanga ya chimwemwe ikuwala ndi kuwala kwa
chimwemwe chanu

Ndinatsala pang'ono kufa pakati pa chizimezime cha madzi a padziko lapansi
Ndipo tsopano ndagwidwa ndi mafunde a mzimu wanu
O, ngati ndikanatha kumira mu nyanja yanu yaumulungu ndikukhala ndi moyo kosatha
* * *
Madzuwa a m'maganizo ali ndi kuwala kwa ultraviolet komwe kumachotsa mabakiteriya onse amisala. Musatseke kuwalako ndi galasi lotchinga la mawonekedwe opapatiza .komanso ochepa
* * *
Sipayenera kukhala magawano m'nyumba ya Mulungu
* * *
Chikondi chathu pa ena chimatheka chifukwa cha mphamvu ya chikondi chomwe timalandira kuchokera .m'dzanja lanu lokoma mtima, O Ambuye
Tilimbikitseni, choncho, kuti tikupatseni chikondi chathu !chachikulu ndi chikhumbo chathu choyaka
Mwatipatsa abambo ndi amayi, abale ndi alongo, ana aamuna ndi aakazi, abale athu, ndi mnzathu wa moyo wathu .wonse
Ana ndi abwenzi, mwina tingaphunzire momwe tingakukondereni ndi mawonekedwe osiyanasiyana komanso kusiyana kwachilengedwe kwa mitundu yonse ya ubale wa .anthu
Inu Wachikondi Chamuyaya, Inu Wam'mwambamwamba Pafupi! Ndiphunzitseni kuluka maluwa onse a chikondi cha .anthu ndikuyika ngati chopereka m'kachisi wanu wodala
Koma ngati, chifukwa cha kukhulupirika kwanga, sindingathe kukupatsani maluwa onse, ndidzasankha duwa limodzi, labwino kwambiri komanso latsopano kwambiri, ndi kuliyika pamapazi anu, ndikuyembekeza kuti mudzalandira !kuchokera kwa ine
* * *

Maonekedwe akuthupi, makamaka maso, amavumbula momwe munthu analili kale. Umunthu wamkati umakhudza .kwambiri mawonekedwe akunja

Maso a munthu ndiye chinthu chofunika kwambiri pa thupi lake, ndipo munthu ayenera kuyesetsa kukongoletsa ?maso ake. Kodi izi zingachitike bwanji

Maso athu amavumbula bwino umunthu wathu wamkati, ndipo njira imodzi yokongoletsera mawonekedwe ndi mawonekedwe a maso ndi kukulitsa malingaliro ndi .malingaliro okongola amkati

Maso ena ndi ankhanza kwambiri, ndipo ena amasonyeza nkhanza kapena kudzikonda

Kaya mawu a munthu awoneke okoma bwanji komanso kuti zochita zake zingakhale zabwino bwanji, mutha kudziwa bwino momwe alili kudzera m'maso mwawo, chifukwa .sangabisike kuseri kwa mawindo awiri otsegukawo

Chifukwa chake, munthu ayenera kuganiza malingaliro okongola komanso opanga. Ndipo popeza adalengedwa m'chifaniziro cha Mulungu, alibe ufulu wowononga moyo .wawo wamkati

Maso okongola omwe amawonetsa mtendere, bata, ndi chikondi chenicheni ayenera kukulitsidwa kudzera mu .chitukuko cha bata, chikondi, ndi mtendere

Kudzera mu njira iyi yokha ndi pomwe mphamvu yauzimu ingakulitsidwe yomwe ndi yamphamvu kuposa .zoletsa zonse ndi zoletsa za mawonekedwe akuthupi

* * *

Tikapanga chisankho chokhazikika, titaphunzira bwino nkhani inayake ndikupeza zabwino ndi zoyipa zokhudzana ndi nkhaniyo, komanso tikayamba kuchita chifuniro chathu, tikhoza kusintha zinthu zambiri m'miyoyo yathu zomwe .zingaoneke ngati zosatheka kusintha

Ufulu wosankha ulipo, ndipo ngati sunalipo, palibe amene akanatha kuthawa mphamvu za chilengedwe chamkati ndi chakunja, kukula kukanakhala koletsedwa,

ntchito zolenga zikanachepetsedwa, ndipo sizingatheke kuti .munthu akule ndikukwera pamwamba pa msinkhu wakale

Lingaliro la machitidwe atsopano a chikhalidwe cha anthu ndi malingaliro opita patsogolo okhudzana ndi ntchito yodziyimira payokha, njira zomwe zimagwiritsidwa ntchito pofufuza zasayansi zapamwamba, magawo osiyanasiyana ofufuza ndi maphunziro, ndi ntchito zopanga zolemba, zonse zimatsimikizira kuthekera kwa munthu kugwiritsa ntchito ufulu wosankha m'munda uliwonse mothandizidwa ndi .Mulungu ndi mphamvu ya chifuniro

* * *

Kulankhula koyenera komanso kusakhala ndi mkwiyo ndi mkwiyo kumapangitsa munthu kudziletsa komanso kulemekezedwa m'nyumba mwake. Izi zikuphatikizapo kuthana ndi mavuto a m'banja mwanzeru komanso .mwanzeru kapena kutonthoza ena ndi mawu abwino

Ndi chizindikiro cha kupambana komanso ngakhale .ungwazi, ngakhale malinga ndi otsutsa okha

* * *

Kumvetsetsa ndi chuma chamtengo wapatali kwambiri pa moyo. Ndi masomphenya amkati, kuzindikira kwachilengedwe komwe tingadziwe zoona zokhudza ife eni komanso za ena komanso momwe tingathanirane ndi mavuto onse omwe amabwera, monga momwe zimatithandizira kusintha malingaliro ndi zochita zathu .momwe zimafunikira

M'dziko lino, kumvetsetsa kwathu nthawi zambiri kumakhala kochepa, ndipo pamene maso athu a m'maganizo ali ofooka, zimakhala zosatheka kuoneratu .zinthu ndikudziwa zotsatira zake

Popeza sitingathe kuoneratu zotsatira za zochita zathu, nthawi zambiri timapanga zisankho zolakwika

Kuti tikhale mwamtendere m'dziko lino, tiyenera kudziwa bwino za malo athu ndi malo otizungulira, komanso .kudziwa komwe tikupita

Tiyenera kukhala ndi mphamvu yamkati yomwe imatiuza momwe moyo wathu wamtsogolo udzakhalire kutengera zochita zathu zapano

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Maganizo ayenera kulimidwa ndi pulawo lolondola chifukwa nthaka yake ndi youma komanso yolimba, ndipo nthaka yake iyenera kunyowa ndi chiyembekezo komanso kutseguka, ndipo mbewu za chikhulupiriro ziyenera kubzalidwa mmenemo ndipo mbewu ziyenera kuthiriridwa ndi madzi a chifuniro chabwino mogwirizana ndi chifuniro .cha Mulungu

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Mmodzi mwa ophunzira anafunsa mphunzitsi Paramahansa za pemphero lomwe lingabweretse wokondedwa wa Mulungu kwa iye mwachangu kwambiri, :ndipo mphunzitsiyo anati

Mulungu akufuna chuma chobisika cha pemphero" "chomwe chili mkati mwa mtima wanu

* * *

Ndani anatipatsa mphamvu yokonda? Mulungu Ndiye ndani amene ayenera kukondedwa ndi ife kuposa china chilichonse? Mulungu

Palibe chikondi chenicheni popanda Mulungu chifukwa Mulungu ndiye chikondi

* * *

Tisaiwale kuti Mulungu ndiye wotipatsa zinthu ndipo kuti kupambana kwenikweni sikumayesedwa ndi zomwe tili nazo koma ndi zomwe tingapeze kudzera mu mphamvu zathu .zonse

Chimwemwe chimafuna kuyesetsa kuchepetsa zilakolako ndikukhala ndi luso lokwaniritsa zosowa zofunika,

komanso kukhala ndi chiyembekezo chakuti zinthu zidzasintha ndi thandizo la Mulungu ngakhale pali zopinga .ndi zopinga zonse, ngakhale zitaoneka zovuta bwanji

* * *

Mawu a nzeru amalankhula ndi mitima yonse yabwino yomwe imagwirizana ndi kugwedezeka kwauzimu kwakukulu, ndipo imayendayenda mlengalenga kufunafuna malingaliro ogwirizana omwe amafunafuna mtendere, .chikondi, ndi chidziwitso chapamwamba

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Mitima yathu ndi mikanda, ndipo chikondi ndi chingwe cha rozari yaumulungu chomwe chimagwirizira mitima yathu pamodzi

* * *

Musalole kuti katundu wanu akulandeni

* * *

Ndimakumbukirabe ophunzira ambiri omwe anabwera kwa mphunzitsi wanga kenako n’kumusiya pambuyo pake .chifukwa chakuti sanali kumvetsetsa bwino

Ndinadziuza ndekha kuti, "Ambiri angabwere ndipo ambiri angachoke, koma ine ndidzakhalabe wolimba mpaka "kumapeto

Mphunzitsi wanga anali munthu wokhwima maganizo komanso waulemu, ndipo ambiri sanathe kupirira kuwala kwa nzeru zake zanzeru ndipo anachoka ku nyumba ya :amonke, koma ndinamuuza tsiku lina kuti

Pali wina amene sadzakusiyani, ndipo munthu" "ameneyo ndi ine

Ndine wokondwa kuti ndinasunga lonjezo langa chifukwa malangizo ake auzimu ananditsegula maso ndi .kuunika maganizo anga ndi kuwala kwa Mulungu

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Kumbukirani kuti chisangalalo cha Mulungu ndicho chinthu chachikulu kuposa zonse Ngati dziko lonse likukondwera nanu, koma inu mulibe chiyanjo cha Mulungu,

muli ngati munthu wogwira mphepo kapena wopukutira phulusa. Koma ngati dziko lonse likukwiyirani kapena likutsutsani, koma muli ndi chiyanjo cha Mulungu, ndiye kuti muli ndi ulamuliro komanso mwiniwake wa chilichonse .wosangalala

* * *

Miyoyo yathu imadalira Mulungu kotheratu, ndipo ngati titembenukira kwa Iye ndi kudalira thandizo Lake, Iye adzatisonyeza njira ndi kutitsogolera ku njira yoyenera .yothetsera mavuto athu ndikuchotsa mavuto athu

* * *

Wosema Waumulungu
Kugunda kulikonse kwa mtima wanga kukhale
Mawu atsopano mu ndakatulo yakuti "Chikondi Changa
"Chosatha kwa Inu
Ndipo mawu onse omwe milomo yanga imalankhula amveke
Kugwedezeka kodala kuchokera ku mawu anu oyera
Maganizo anga onse adzazidwe ndi chisangalalo cha kukhalapo kwanu
Chifuniro changa chikhale ndi mphamvu zanu zaumulungu
Konzani malingaliro anga onse, mafotokozedwe anga, ndi zokhumba zanga ndi chisomo Chanu
O wosema miyala woyera kwambiri
Pangani moyo wanga momwe mukufunira
Malinga ndi kapangidwe kanu kapadera

* * *

Mulungu amatiyankha tikamayesetsa, ndipo tidzazindikira kuti Iye alipodi, amamva mapemphero athu, ndipo amatipatsa zomwe tikufuna. Anthu amene nthawi zonse amaganizira za Iye ndi kusinkhasinkha za Iye adzamva .kukhalapo kwake koyera ndi kuona kuwala kwake kodala

Aliyense amene ali ndi chikhumbo chenicheni komanso kutsimikiza mtima kolimba adzakwaniritsa cholinga chake

mosasamala kanthu za zolakwa zakale, koma kupitirizabe kuchita zolakwa zimenezo ndi tchimo lalikulu kwa iye mwini, chifukwa aliyense amene walakwitsa amadzimana .chimwemwe chenicheni

Munthu ali ndi mphamvu zodzivulaza kapena kudzipindulitsa yekha, ndipo chisankho chake ndi chake chosunga nyerere za umbuli kutali ndi iye kuti zisamulume .ndikumukwiyitsa

Ngati munthu sakufuna kukhala wosangalala, palibe amene angamusangalatse, ndipo sayenera kuimba mlandu .Mulungu chifukwa cha kusasangalala kwake

Ngati Mulungu sanatipatse ufulu wogwiritsa ntchito chifuniro chathu, Iye akanakhala ndi udindo pa mavuto athu, koma Iye anatipatsa ufulu umenewo, ndipo ife ndife amene .timapanga miyoyo yathu momwe timafunira

* * *

:Tanthauzo lakuya la bata

Pamene wophunzira akutsatiridwa ndi zilombo zoopsa, matenda, ndi mavuto ena, amafunafuna malo obisaliramo .mtendere mkati mwake

Munthu wogalamuka mwauzimu amakhala usana ndi usiku m'malo otetezeka omwe sangavutike ndi nkhawa ndi .chisoni, ndipo zoopsa za dziko lapansi sizingamulepheretse

Iwo amene amalowa mu malo opatulika a chete amatha kulankhulana ndi miyoyo ina yomwe imakonda Mulungu, monga momwe amamvetsetsa chilankhulo cha maluwa ndi .zamoyo zonse

Pamene wophunzirayo ali chete kwambiri, chisangalalo .chake chimakulanso

Chisangalalo chomwe chili kuseri kwa mawindo a malingaliro, chomwe chikufunika kufufuzidwa ndi kuwululidwa mkati mwa chete, ndi chisangalalo chachikulu .chomwe sichingathe kufotokozedwa

* * *

Ndimaona chitukuko ngati munda komwe ndimaona mitundu yonse ya makhalidwe a anthu akuphukira ndi kuphuka

Monga njuchi, malingaliro anga amafunafuna maluwa abwino

Njuchi imapita ku maluwa okhawo kumene imatha kukolola mitundu yabwino kwambiri ya uchi

Mofananamo, tiyenera kutsanzira njuchi, yomwe imamwa timadzi tokoma kwambiri. Izi zikutanthauza kuti tiyenera kuyesetsa kuyamwa makhalidwe abwino ndi makhalidwe abwino omwe timaona mwa ena.

Mulungu ndiye uchi wodala umene umalowa m'miyoyo yolandira ndi kuidzaza ndi zabwino ndi kukoma.

* * *

Aliyense amene akufuna kukulitsa malingaliro ake ayenera kupitirira kuzindikira chipembedzo, mtundu, fuko, ndi kutengeka maganizo, ndi kudziletsa, kukhala wachifundo komanso wochezeka, komanso kukhala wodziletsa pa chakudya, zakumwa, ndi zosangalatsa zina.

Ayenera kuchita zinthu zomwe chikumbumtima chake chimavomereza ndipo zimamupatsa mtendere wamumtima, kulankhula zoona, kusaba, kusanyenga ena, kusachita zosangalatsa zomwe zimawononga thanzi ndi kuchepetsa mphamvu, komanso kupewa mantha, mkwiyo, umbombo, nsanje, ndi zinthu zosokoneza maganizo.

Ndipo kuti adziphunzitse kupirira kutentha, kuzizira, ndi mavuto ena popanda kukhumudwa ndi kuti ayenera kulimbitsa chidaliro chake mwa Mulungu, malo othawirako kwambiri ku mantha ndi zoipa zonse.

* * *

Ubale pakati pa ine ndi mphunzitsi wanga unali wangwiro komanso wodabwitsa. Ubale pakati pa mtsogoleri wauzimu ndi wophunzira ndi chikondi chachikulu.

Ndinachokapo ku moyo wa ansembe ndikuganiza kuti nditha kufunafuna Mulungu bwino kwambiri ku Himalaya,

koma ndinalakwitsa ndipo ndinamva choncho .nditangochoka

Nditabwerera patatha masiku angapo, aphunzitsi anga anandichitira ngati kuti sindinamusiyepo. M'malo mondidzudzula, anandilandira monga mwachizolowezi ndipo anati modekha, "Tiyeni tiwone zomwe tingakonzekere "chakudya chathu cham'mawa m'mawa uno

Kotero ndinamufunsa kuti, "Koma simukundikwiyira "?bwana chifukwa cha kuchoka kwanga

Iye anayankha kuti: "Ayi ndithu, sindikuyembekezera chilichonse kuchokera kwa ena, ndipo chifukwa chake zofuna zawo sizingatsutsane ndi zanga sindidzakugwiritsani ntchito kuti ndipindule, ndipo palibe chomwe chimandisangalatsa ".kuposa chimwemwe chanu

Kwa nthawi yoyamba, ndinamva kuti winawake !amandikondadi

Ndikanakhala kuti ndimayang'anira bizinesi ya abambo anga ndikusiya ntchito yanga, akanandikwiyira kwambiri. Mwachitsanzo, pamene ndinakana ntchito yopindulitsa (ku kampani komwe abambo anga anali mkulu), sanandilankhule .kwa masiku asanu ndi awiri

Bambo anga ankandikonda ndi chikondi chenicheni cha abambo, koma chinali chikondi chosawoneka bwino, chifukwa ankaganiza kuti ndalama zingandipangitse kukhala wosangalala, koma ndalama zingawononge chimwemwe .changa

Patapita nthawi, pamene ndinayambitsa sukulu yanga ya maphunziro ophatikizana, abambo anga anasintha maganizo awo nati, "Ndikusangalala kuti simunalandire "ntchito imeneyo

Mosiyana ndi zimenezi, maganizo a mphunzitsi wanga anali osiyana kwambiri, chifukwa ngakhale kuti ndinachoka ku nyumba ya amonke, chikondi chake pa ine sichinasinthe, .ndipo sanandidzudzule

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Ndakhala nthawi yayitali kwambiri m'bedi la zakale,
zamakono, ndi zamtsogolo za chilengedwe chanu, Ambuye,
.ndipo ine - mwana wamuyaya - ndakhala ndi nkhawa
Ndinavutika mobwerezabwereza, koma sizinaphule
kanthu. Komabe, potsiriza ndinapambana podumpha
kuchokera pabedi lozunguliridwa ndi zopinga zachinyengo
zokhudzana ndi ubale, ndipo munandigwira m'manja mwanu
.ndi kundigwedeza ku nyimbo za mtendere wosatha
Ine ndine mwana wamuyaya – muyaya wanu, O Ambuye
Ndimayika mutu wanga pachifuwa cha moyo wanu
wonse

* * *

Ine ndine mbalame ya ku paradaiso: mbalame
yakumwamba yopangidwa ndi manja anu odala
Anandikongoletsa ndi chisomo ndi mitundu yokongola:
ndi pansi pa kukoma mtima ndi nthenga zagolide za maluwa
auzimu
Ndinakwera mmwamba mumlengalenga wamdima,
wokwiyitsa wa moyo kufunafuna paradaiso wachimwemwe,
ndipo nthenga zanga zowala zinali ndi madontho akuda a
kutaya mtima
Bwerani, Mulungu wanga, ndipo tsukani mbalame ya
paradaiso wanu ndi kuwala kwa nzeru ndi madzi oyera,
.okoma amtendere

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Pali mtundu wa bakiteriya womwe umabadwa,
.umachulukana, ndikufa m'maola awiri okha
Kuyesa kwamtunduwu kumatha kuchitika mkati mwa
theka la tsiku kapena kuchepera kuposa zomwe munthu
amafunika kuyesa kwa nthawi yayitali yomwe ingafikire zaka
.makumi asanu ndi atatu
Zaka makumi asanu ndi awiri kapena makumi asanu ndi
atatu zomwe timakhala ndi moyo ndi mphindi yochepa
chabe mu muyaya. Kuchokera pamalingaliro oyerekeza,
chilichonse chomwe chimatichitikira chimachitika pa liwiro

lomwelo monga momwe chimachitikira mabakiteriya omwe atchulidwa pamwambapa. Mu mphindi iliyonse yochepa ya muyaya, zaka zambiri zimadutsa malinga ndi kuwerengera kwa anthu. Chifukwa chake, nthawi ndi yamtengo wapatali .kwambiri kuti isawonongeke

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Munthu sayenera kuchita zomwe chikumbumtima chake sichivomereza, ndipo ayenera kudzilamulira yekha Akangozindikira kuti ndi olamulira maganizo ake, malingaliro ake, ndi zochita zake, palibe chomwe chingathe .kumulamulira kapena kumukhudza

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Ngakhale kuti maganizo ali ndi mphamvu yaikulu pa thupi, si nzeru kunyalanyaza thupi

Munthu ayenera kudya chakudya choyenera chopatsa thanzi, chomwe chimakondedwa kuposa chakudya chopanda thanzi

Ngati mikhalidwe yanu ikufuna kuti mukhale ndi anthu omwe amakupangitsani mantha, ndibwino kusintha malo anu nthawi ndi nthawi. Koma chabwino kuposa pamenepo ndikusintha momwe mumaganizira kuti musavutike ndi zochita za ena. Sinthani nokha, ndipo mudzatha kukhala .mwamtendere komanso mosangalala kulikonse

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Dziko lonse lapansi lili ngati malo othawirako maganizo Anthu ena amavutika ndi nsanje ndi kaduka, ena ndi mkwiyo, chidani, ndi chilakolako Amavutika ndi zizolowezi zawo ndi malingaliro awo Koma mutha kupanga mtendere m'malo mwanu

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Maganizo amakhala ndi zotsatirapo zenizeni pa maganizo ndi thupi. Nsanje ndi mantha zimapangitsa nkhope kuwoneka yotumbululuka, pomwe chikondi chimapangitsa .kuti iwoneke yowala

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Ukakhala chete, udzakhala wosangalala nthawi zonse
Mukasankha kusintha kuti mukhale abwino, kumbukirani
kuti kukhala ndi anzanu abwino komanso zinthu zabwino
.ndizofunikira kwambiri kuti mukwaniritse cholinga chanu
Mphamvu ya chilengedwe - chabwino kapena choipa -
ndi yamphamvu kuposa chifuniro, choncho ganizirani
.zimenezo mukamacheza ndi ena
Kudzisanthula n'kofunikanso kuti munthu adzitukule
Ngati mungathe kudzifufuza molimba mtima komanso
popanda mantha, mudzatha kupirira kusanthula kwa ena
.ndipo kudzudzula kwawo sikudzakukhudzani
* * *
Wina anganene kuti: "Sindisamala za chisangalalo
kapena chisangalalo, ndimakhala ndi cholinga chokwaniritsa
".chinachake kuti ndipambane, mwachitsanzo
Wina anganene kuti: "Ndikufuna kuchita zabwino
"m'dziko lino, ngakhale ndili pakati pa ululu ndi kuvutika
Koma tikayang'ana malingaliro awo, timapeza kuti onse
amayesetsa kukhala osangalala. Kodi woyamba amalakalaka
kupambana popanda chimwemwe? Kodi winayo amafunira
zabwino dziko lapansi popanda kukhala ndi chimwemwe? Ayi
.ndithu
Sangakhale ndi nkhawa ndi ululu wakuthupi ndi kuvutika
maganizo komwe ena amawabweretsera kapena komwe
kungachitike chifukwa cha zinthu zomwe zimapangitsa kuti
apambane kapena kuthandiza ena, chifukwa woyamba
amapeza chisangalalo chachikulu mu kupambana ndipo
winayo amasangalala kwambiri kuthandiza ena ngakhale
.akukumana ndi mavuto onse
Ngakhale zolinga zambiri zopanda dyera komanso
zizolowezi zokonda anthu zachokera ku chikhumbo cha
munthu chofuna kuyandikira chimwemwe
Koma chimwemwe chimenecho si cha anthu okonda
mwayi ndi anthu oganiza moperewera, koma ndi
chimwemwe cha munthu wopatsa komanso wolemekezeka

wokhala ndi maganizo otakata komanso wopatsa komanso .wamoyo waukulu

Chifukwa chake, wodzipereka salola dyera kumulamulira, chifukwa sizingatheke kupeza chimwemwe chenicheni pokhapokha ngati munthuyo ali ndi maganizo otseguka komanso mtima wabwino, kotero kuti amafunafuna ndi kukhumba chimwemwe kwa ena komanso kwa iye .mwini

Imeneyo ndi mfundo ya padziko lonse yomwe siisintha kapena kusintha

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Sikofunikira kuti muwadziwe anthu onse ndi kuwakonda .kwambiri kuti muwasonyeze chidwi ndikuwachitira zabwino

Chofunika ndikukhala okonzeka nthawi zonse kupereka chithandizo chabwino kwa aliyense amene akukumana nanu .ndipo akufunikiradi chithandizo chimenecho

Izi zimafuna khama la maganizo ndi kufunitsitsa kuchita popanda kudandaula. Mwa kuyankhula kwina, zimafuna .kudzipereka

Dzuwa limawala mofanana pa dayamondi ndi chidutswa cha malasha, koma dayamondiyo yapanga ndikukula zinthu zina zomwe zimathandiza kuti ilandire kuwala kwa dzuwa ndikuliwonetsa bwino komanso kunyezimira, pomwe .malasha sangathe kuwonetsa kuwala komweko

Tiyenera kukhala ngati diamondi pochita zinthu ndi anthu ndikuwonetsa kuwala kwa chikondi cha Mulungu ndi .ulemerero ndi chiyero

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Mu nkhani yake kwa ophunzira ake, Master :Paramahansa anati

Sindingathe kufotokoza m'mawu kuzama kwa kuyamikira kwanga mawu anu osonyeza momwe mukumvera pa ine

Ndikuyamikira kwambiri kuona mtima kwanu, mphamvu zanu, ndi mawu anu ochokera mumtima mwanu

Ndine wolemekezeka kukhala pakati panu, ndipo ndikusangalala kukumbukira nthawi zonse udindo wanga .waukulu kwa abale ndi alongo anga padziko lapansi

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Munthu amene ankamenya mabwana ake

Mukafuna kukhazikitsa chizolowezi chatsopano ndikuchotsa choipa, ikani maganizo anu, modekha komanso popanda kupsinjika, pakati pa mphamvu ya chifuniro ndi chidziwitso chauzimu chomwe chili pamphumi pakati pa nsidze, ndikutsimikiza mwamphamvu chizolowezi chabwino chomwe mukufuna kukhazikitsa. Mofananamo, mukafuna kuchotsa chizolowezi choipa, ikani maganizo anu pa mfundo yomweyo ndikutsimikiza mwamphamvu kuti njira zonse za mitsempha muubongo zomwe chizolowezi choipacho .chimayikidwamo zachotsedwa

Ndikukuuzani nkhani yeniyeni yokhudza munthu amene anali waluso pomenya mabwana ake kuntchito akakwiya. Zotsatira zake zinali zakuti, anatayanso ntchito chifukwa analephera kudziletsa akakwiya, ndipo ankamenya aliyense amene ankamutsutsa ndi chilichonse chimene akanatha .kupeza

Anabwera kwa ine kufunafuna thandizo, choncho ndinamuuza kuti: "Nthawi ina ukakwiya, werengani kuyambira pa chimodzi mpaka zana musanachite ".chilichonse

Iye anayesa njira imeneyi koma anabwerera kwa ine nati: "Mkwiyo wanga umawonjezeka ndikachita zimenezo, ndipo ndimaona ngati ndikulephera kuiwala chifukwa cha kudikira kwa nthawi yayitali komwe ndakhala nako." .Matenda ake ankaoneka ngati opanda chiyembekezo

Kenako anamupempha kuti aganizire ndi kumva kuti kuwala kwa Mulungu kunali kudzaza ubongo wake, kutonthoza mkwiyo wake, kutonthoza mitsempha yake, kufewetsa malingaliro ake, ndikuchotsa mkwiyo wonse mwa

iyemwini, ndipo chifukwa cha izi tsiku lina adzachotsa .mkwiyo wake

Sipanatenge nthawi yaitali kuti abwererenso kwa ine, ndipo nthawi ino anandiuza kuti: "Ndadzimasula ku "chizolowezi cha mkwiyo, ndipo ndikuyamikira zimenezo Ndinaganiza zomuyesa, choncho ndinapempha anyamata ena kuti ayesere kumuseka, ndipo ndinabisala pamalo pomwe ndikanatha kumuwona koma iye sanandione. Anyamatawo anayesa mobwerezabwereza kumuputa, koma .anakhala chete ndipo sanayankhe

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Lonjezo la muyaya lidzaze mitima ndi malingaliro athu Ndipo mitu ndi zochitika za moyo zitikumbutse kuti mthunzi wa imfa suopseza ana a kuunika omwe akudziwa za kukhalitsa kwa moyo ndi kulumikizana kwake kwapafupi ndi .Mlengi wake

Tiyeni tizindikire kuti moyo ndi imfa ndi mafunde awiri m'nyanja ya Mulungu, ndipo kuti moyo, womwe ndi dontho lochokera ku nyanja ya cosmic, umatenga mafunde awiriwa popanda kusintha kwa chilengedwe chake komanso popanda .kulekanitsidwa ndi gwero lake lamuyaya

Tiyeni tigwire ntchito kuti titulutse umunthu wathu weniweni m'ndende za umbuli ndikuuika pamwamba pa .kuwala ndi chidziwitso

Tikamasula chidziwitso chathu ku zoletsa za thupi, malingaliro oipa, ndi zisonkhezero zoipa, tidzakhudza umunthu wathu wauzimu ndikuzindikira kuti ndife kuwala .kosatha kwa dzuwa laumulungu lomwe silimalowa

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Anthu amene amafika pa mkhalidwe wa samadha kapena cosmic ecstasy amapeza kuti zinthu zolimba zimasanduka madzi

Madzi kupita ku mpweya, mpweya kupita ku mphamvu, ndi mphamvu kupita ku chidziwitso cha chilengedwe, ndipo amamva chisangalalo chochuluka chomwe sichingathe

kufotokozedwa ndipo amakumana ndi zikhalidwe zosiyanasiyana za chidziwitso kuyambira chisangalalo chatsopano kapena nzeru zopanda malire kapena mtendere wapamwamba kapena kumverera kwa kukhalapo kwathunthu kapena kusungunuka kwa iyemwini pakati pa .mzimu wa chilengedwe

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Kuchira kwa mitsempha

Mu kusinkhasinkha mozama komanso chete, mphamvu ya moyo imatuluka muubongo kupita ku ziwalo zonse, kuwala kumatuluka mu minofu, ndipo mphamvu yofunika kwambiri imadutsa mumsana ndipo imagawidwa kuti imeze maselo onse a thupi, yodzazidwa ndi kuyenda kwa mphamvu yochiritsa, ndipo mitsempha imatsitsimutsidwa chifukwa cha .izi

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:Mitundu ya maginito

Kuchokera ku maginito wamba titha kuwona kuti mphamvu ya kukopa kwa maginito imadalira mtundu wa .maginitoyo

Maginito ang'onoang'ono amakoka zinthu zazing'ono, ndipo maginito amphamvu amakoka zinthu zazikulu

Motero, maginito a munthu amakoka malinga ndi mphamvu yake yokoka

Palinso mitundu yosiyanasiyana ya mphamvu ya maginito ya anthu; ina imakopa zinthu zakuthupi, ina mphamvu zamatsenga, ndipo ina imakopa zabwino zauzimu—zabwino zomwe nthawi zambiri zimakhala zobisika kapena .zoiwalika

Fukulani miyala yamtengo wapatali m'migodi ya moyo, ndipo mudzakhala wopambana. Tsatirani cholinga chanu chomwe mukufuna, ndipo dziwani kuti mphamvu yopatulika ya maginito idzakokera Mulungu kwa inu—gwero la .mphamvu zonse ndi ubwino, ndi phindu lalikulu m'moyo

Chitsimikizo: Ndidzagwiritsa ntchito mphamvu yauzimu yodala kuti ndikope zinthu zonse zabwino ndi kuwala kwa .chidziwitso chonse

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Mulungu ndiye moyo wanga Iye ndiye chikondi changa Iye ndiye kachisi amene mtima wanga umaitanira kuti ndimupembedze

Mulungu ndiye cholinga changa, chifukwa sindingathe kukwaniritsa ntchito zanga popanda thandizo Lake

Ndicho chifukwa chake ndinamufunafuna mumtima ndi m'maganizo mpaka nditamupeza

Popanda chikondi cha Mulungu, choyaka moto komanso kutsimikiza mtima kotheratu, n'kovuta kupeza wokondedwa .wa chilengedwe chonse

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Tsiku lidzafika pamene munthu adzachoka padziko lapansili Ena adzamukumbukira bwino ndi kumulira, ndipo ena adzamukumbukira moyipa, koma maganizo ake onse .oipa ndi abwino adzamutsatira

Choncho, ndi udindo wa munthu kuyang'anira maganizo ake, kusanthula zochita zake, kukonza zolakwa zake, .kudziyesa yekha, ndi kuchita zonse zomwe angathe

Osamvera zomwe anthu amanena za iwe bola ngati ukuyesetsa kuchita zoyenera

Ndimayesetsa kuti ndisakwiyitse aliyense, ndipo pansi pa mtima ndikudziwa bwino kuti ndayesetsa kukhala wokoma mtima komanso woona mtima kwa aliyense

Koma sindisamala za maganizo a anthu okhudza ine, kaya kutamandidwa kapena kutsutsidwa, chifukwa Mulungu ali ndi ine ndipo ine ndili naye, ndipo ndicho chofunika .kwambiri

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Pamene ubwenzi ubuka pakati pa anthu awiri kapena gulu la anthu pazifukwa zauzimu zokha, popanda zolinga

zawozawo, ubwenzi woyerawo umayeretsa moyo wa .aliyense wa mabwenzi amenewo

Mtima woyeretsedwa ndi ubwenzi umakhala khomo lotseguka la umodzi ndi kuyandikirana

Kudzera mu mtima umenewu, zimakhala zotheka kukopa miyoyo yambiri yabwino kuti ilowe mu dongosolo la .chikondi chaubale ndikusangalala ndi bata ndi mtendere

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Ndimasamala kwambiri za ena kuposa zanga, chifukwa ndimachita chilichonse chimene ndimachita chifukwa cha Mulungu, ndipo ndimachita zimenezi ndi chilakolako ndi changu kuposa momwe ndikanachitira zinthuzo .ndikanakhala ndekha

Ngati zotsatira zake zili zosiyana kapena zosakhutiritsa, sindisamala kapena kukhumudwa chifukwa ndimamva kuti ndachita ntchito yanga kwa Mulungu, yemwe ndi cholinga changa komanso amene ali kumbuyo kwa cholingacho, komanso chifukwa ndachita zonse zomwe ndingathe ndipo ndidzabwereza kuyesako ndi chimwemwe chachikulu komanso kutsimikiza mtima, koma popanda kugwirizana ndi .khama kapena zotsatira zake

Ndikadakhala kuti ndimagwira ntchito ndekha, nthawi zonse ndikanakhala ndi nkhawa komanso nkhawa. Koma bola ngati cholinga changa chili kukondweretsa Mulungu, zotsatira zake zimakhala za Iye osati za ine. Iyi ndiyo njira yanga yopezera moyo, ndipo mmenemo ndimapeza .chitonthozo ndi ufulu wanga

:Masitepe opita ku makwerero opambana

- Ntchito yolimba
- Luso lolenga
- Chigamulo cholondola
- Kusunga ndi kupewa kuwononga zinthu
- Kuyesetsa ndikuyeseranso mutalephera
- Kudziletsa ndi kudzikonza
- Kuyambitsa mphamvu zolenga

Kuthandiza ena
Komanso, tiyenera kuganizira za Mulungu, gwero la -
zabwino zonse komanso chiyambi cha kupambana ndi
.madalitso onse
* * *
Ndikuimbirani nyimbo yomwe sinalankhulidwepo kale,
ndipo kwa inu ndikudzipereka nyimbo yanga yeniyeni
.yomwe mtima wanga umasewera mkati ndi pa zingwe zake
Ndalemba nyimbo yanga yoyamba iyi ndipo pano
ndikuipereka kwa inu ngati nsembe yoyera
Sindidzakupatsani nyimbo zouma, zanzeru kapena
.nyimbo zokongola zolembedwa ndi ena
Sindidzakupatsani china chilichonse koma nyimbo
zosavuta komanso zopanda nzeru za mumtima mwanga
Sindidzakupatsani maluwa a maluwa obzalidwa
m'nyumba zobiriwira komanso odzaza ndi malingaliro ndi
zilakolako, koma ndidzakupatsani maluwa akuthengo omwe
angomera kumene m'minda yomwe ndimakonda komanso
.m'madambo a moyo wanga
* * *
N'zosavuta kuti munthu afufuze ndikugawa ena
m'magulu malinga ndi makhalidwe akeake
Koma n'zovuta kuti munthu adzionetsere yekha moona
mtima komanso moona mtima. Komabe izi ndi zomwe
.ayenera kuchita kuti amvetse kusintha komwe akufunikira
Cholinga chodziwa makhalidwe athu ndikumvetsetsa
momwe timakhudzira ena
Anthu amazindikira chibadwa cha munthu, modziwa
kapena mosadziwa, ndipo momwe amachitira ndi
kugwedezeka komwe kumachokera kwa iye ndi chizindikiro
chobisika kwa iwo omwe akukhudzidwa, ndipo anzeru
.amamvetsetsa chizindikirocho
* * *
:Zopinga pakukula kwa maganizo ndi izi

Kudzikonda (kudzikonda), kudzikuza, umbombo, mkwiyo, chidani, nsanje, ndi makhalidwe ena amdima omwe amatsogolera kapena kupangitsa munthu kukhala .wosadziwa zambiri kuposa iyeyo

Chofunikira ndikutsatira njira yopita ku ufulu, chifukwa zilakolako za anthu zimayendetsedwa ndi zizolowezi zomwe zimakonzedwanso nthawi zonse ndipo sizimatha kapena .kuyima pamalire

Zizolowezi zimenezi zimaika moyo m’ndende ndipo zimausunga mu ukapolo, zomwe zimapangitsa kuti mwini .wake asathe kuyenda m’njira ya ufulu ndi kumasulidwa

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:Njira ya moyo ndi iyi

Kumbali ina kuli chigwa chamdima cha umbuli, ndipo mbali inayo kuli kuwala kowala kwa nzeru

Tikachita zinthu mwanzeru, timayenda bwino panjira yopezera ufulu ndikupeza zomwe tikufunikira

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Chilengedwe chonse ndi chilengedwe cha chifuniro cha Mulungu, ndipo tikagwirizana ndi chifuniro chodala .chimenecho, zomwe timafunikira zimatifikira mosavuta

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Anthu akamayesa kuthana ndi zovuta za malingaliro a anthu, popanda maphunziro apakale, zotsatira zake nthawi .zambiri zimakhala zopweteka

Ndi ochepa okha omwe amazindikira kuti chimwemwe chimapezeka pomvetsetsa lamulo la khalidwe la anthu

Ichi ndichifukwa chake anthu ena nthawi zambiri amakangana ndi anzawo komanso achibale awo; samvetsa .ena ndipo saona zolakwa zawo

Ndikofunikira kuti tisagwirizane ndi zochita zolakwika za okondedwa athu, koma m'malo mwake tipewe mwakachetechete zochita zimenezo ndi zochita zauzimu .zomangirira

Ndikofunikanso kuti tisagwiritse ntchito njira zankhanza
.pothana ndi khalidwe losazolowereka la okondedwa athu

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Tinanyengedwa ndi msaki wanzeru. Timayandama
m'madzi osaya chifukwa cha chitetezo chabodza pamene
.ukonde wakupha wa umbuli ukutitseka

Mu kuponya makoka osodza tsiku ndi tsiku, ambiri
amagwidwa ndipo ochepa okha ndi omwe amapulumuka
Chifundo chopanda malire, tipulumutseni ku misampha
yakupha ya zilakolako, zolinga zosalamulirika, ndi zokonda
!za dziko lapansi zolepheretsa

Tiyeni tilowe pansi pa nyanja yamtendere ya moyo
kumene kuli mgwirizano waumulungu, ndipo tiyeni
!timasulidwe ku unyolo wa ukapolo ndi maunyolo a ukapolo

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Mphunzitsi Paramahansa anati, akulimbikitsa mmodzi
:mwa ophunzira ake

Ngati mungathe, kudzera mu kuona mtima kwanu,
kuona mtima kwanu, ndi chikondi chanu pa Mulungu,
kupereka mapemphero anu kwa Iye, ndiye kuti sizikukhudza
ngati zolakwa zanu zili zozama kuposa nyanja komanso
.zapamwamba kuposa Himalaya

Mulungu adzachotsa zopinga zimenezo panjira yanu,
adzakumasulani ku zolemetsa zolemera zakale, ndipo
.chilakolako chanu chobwereza zolakwa zakale chidzatha

Nthawi zina mungadzipeze mumdima wandiweyani,
koma mukadali ngati kuwala kwa moto wosatha
Mukhoza kubisa chezacho, koma simungathe
kuchichotsa

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Kusangalatsa ena kudzera m'mawu abwino
olimbikitsidwa ndi zolinga zabwino komanso uphungu woona
mtima ndi chinthu chabwino komanso chizindikiro cha ulemu
.chomwe chimadziwika ndi miyoyo yabwino

Ponena za kuvulaza munthu wina kudzera m'mawu opweteka, opweteka, maonekedwe onyoza, kapena malingaliro onyoza, izi ndi njira zochititsa manyazi komanso zokhumudwitsa zomwe anthu amtima wabwino sagwiritsa ntchito.

Mawu onyodola amathandiza kuonetsa mzimu wa kupanduka ndi mkwiyo mwa wochimwayo, pomwe mawu aubwenzi amamupangitsa kumva chisoni, zomwe zikutanthauza kuti munthuyo amazindikira zolakwa zake ndipo sazibwerezanso.

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Mmodzi mwa ophunzirawo anati, "Aphunzitsi, sindinakhulupirirepo za kumwamba. Kodi malo amenewo alipodi?"

Mphunzitsi Paramahansa anayankha kuti:

"Inde, iwo amene amakonda ndi kukhulupirira Mulungu amapita ku paradaiso imfa ikawafikira. Mu dziko lachilengedwe, munthu ali ndi mphamvu zokwaniritsa chilichonse chomwe akufuna nthawi yomweyo, pogwiritsa ntchito mphamvu ya kuganiza."

Thupi la ethereal limapangidwa ndi kuwala kowala M'malo odabwitsa amenewo muli mawu ndi magetsi osadziwika kwa anthu okhala padziko lapansi.

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Chimwemwe chiyenera kufunidwa kwambiri mwa munthu, ndipo chizifunidwa pang'onopang'ono m'zinthu zakuthupi

Khalani osangalala mumtima mwanu kuti zinthu zakunja zisasokoneze mtendere wanu ndikukulepheretsani kukhala bwino

Chimwemwe chamkati ndicho chikhumbo chokhacho chomwe chiyenera kulimbikitsidwira m'moyo uno, ndipo kupirira ndi kutsimikiza mtima ndizokwanira kuti chipezeke.

Chimwemwe ndi mpando wachifumu wa Mulungu mkati mwa munthu

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Anthu ambiri amaganiza kuti ali maso, koma sali maso Ambiri amakhala osazindikira. Muyenera kuti munamvapo za anthu omwe amagona mopanda chidwi ndipo amafuula kuti "Moto! Moto!" kapena kulankhula ndi .kuphunzitsa

Anthu ambiri ali choncho. Inde, sindikutanthauza anthu amene akufunadi kudzutsa chikumbumtima chawo .kuchokera ku tulo ta kusadziwa zinthu zauzimu

Tiyenera kugwira ntchito kuti tidzutse anthu omwe adzibisa okha m'mabwinja a makhalidwe oipa ndi moyo .wosocheretsedwa

Kuti tichite zimenezo, choyamba tiyenera kubweretsa chidziwitso chathu chamoyo kuchokera ku manda a umbuli .kupita ku kuwala kwa chidziwitso cha Mulungu

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Ubwenzi ndi chikondi cha Mulungu chomwe chimawala kuchokera m'maso mwa okondedwa athu, ndipo ndi kuitana kwake kuti tibwerere kunyumba yakumwamba kuti tikalawe kukoma kwa mgwirizano wosatha ndi chikondi cha padziko .lonse lapansi

Ubwenzi ndi mawu opatulika omwe amalimbikitsa miyoyo kuti imasulidwe ku chidziwitso cha kudzikuza ndi .kudzikonda komwe kumatisiyanitsa ndi Mulungu ndi anthu

Ubwenzi weniweni ndi mgwirizano wodalitsidwa pakati pa miyoyo yozindikira yomwe, kudzera mu ubwenzi wawo, imasonyeza chikondi choyera cha Mulungu ndi makhalidwe .opatulika a mzimu wa chilengedwe chonse

Ubwenzi weniweni ndi waukulu komanso wophatikizapo onse

Kukonda munthu m'modzi mwa anthu ena n'kovuta kwambiri pa ubwenzi

Malire a chikondi ayenera kukulitsidwa kuti aphatikizepo banja, anansi, ndi dziko lonse lapansi

Bwenzi la anthu onse ndi lotseguka, limakonda zolengedwa za Mulungu, ndipo limafalitsa chikondi chake mowolowa manja kulikonse komwe likupita komanso .kulikonse komwe likupita

Mfundo zabwino zimenezi zinkatsatiridwa ndi kuvomerezedwa ndi anthu onse akuluakulu

Chikondi cha m'banja ndi chiyambi cha maphunziro oyambira kukhazikitsa maziko a ubwenzi wauzimu

Magazi omwewo amayenderera m'mitsempha ya anthu onse amitundu yonse

Ngakhale kuti ndife amitundu ndi mafuko osiyanasiyana, timagwirizanitsidwa ndi mgwirizano wapadziko lonse chifukwa chakuti ndife ochokera ku gwero limodzi la .Mulungu

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Mzimu sungathe kutsekeredwa m'ndende yopangidwa ndi anthu chifukwa ndi wa anthu onse ndipo ndi wa anthu .onse

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Ngati tidzasangalala ndi moyo, nthawi yake ndi ino, .osati mawa kapena chaka chamawa

Kukonzekera bwino kwambiri moyo wabwino chaka chamawa ndi moyo wogwirizana, wolinganizika komanso .wachimwemwe chaka chino

Moyo wamtsogolo (m'moyo wa pambuyo pa imfa) wodzaza ndi chisangalalo ndi zosangalatsa zimadalira moyo wathu, momwe timaganizira, ndi momwe timachitira ndi .momwe timachitira m'moyo uno

Lero liyenera kukhala tsiku lofunika kwambiri komanso lofunika kwambiri pa moyo wathu

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Kusinkhasinkha ndi chida chomwe chimachotsa zigawo zomwe zimaphimba ndi kubisa nkhope ya chidziwitso, ndipo pogwiritsa ntchito kasupe woyenda nthawi zonse wa .chisangalalo cha Mulungu

Kusinkhasinkha ndi kupumula kwathunthu, kapena kuchotsa kuganiza mwadala ku malingaliro osokonezeka, ndiyo njira yeniyeni komanso yothandiza yodziwira Mulungu. Ngati tikanatha kuchita chilichonse kupatula kusinkhasinkha, sitingapeze chimwemwe chofanana ndi chimwemwe chomwe chimabwera pamene malingaliro akadali (m'menemo muli bata lochokera kwa Ambuye wanu) komanso mogwirizana ndi mtendere wa Mulungu (Mtendere ndikusiyirani)

Chisangalalo chaumulungu ichi chikhoza kuchitika pogwiritsa ntchito njira yoyenera yoganizira ndi kusinkhasinkha

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Ngati mufufuza chitseko cha padenga la chipinda chanu, simungachipeze ngakhale mutafufuza kwa zaka zambiri pokhapokha mutagwiritsa ntchito njira yolondola yofufuzira .ndikuyang'ana pakhoma

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Tsiku lidzafika pamene ndidzatsanzikana ndi dziko lino, koma bola ngati ndili padziko lapansi, chimwemwe changa chachikulu chili polankhula za zodabwitsa za Mulungu kwa iwo amene amandikhulupirira, ndipo chikhumbo changa chili pakuwonjezera chikhumbo chawo cha kuunika kwaumulungu komwe kwandipatsa chitonthozo chosaneneka, ufulu, ndi .chitetezo

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Mbiri ya chilengedwe chonse, m'zinthu zake zonse zazing'ono, imasungidwa m'malo obisika a muyaya—ndiye kuti ndi gawo lina Pano m'dziko lino lochepa, timaona kutalika, m'lifupi, makulidwe, ndi kutalika, koma pali mulingo wina pomwe miyeso iyi siilipo Chilichonse chili chowonekera bwino mumlengalenga wa ethereal; chilichonse ndi chidziwitso ndi chidziwitso Kumva kukoma ndi kumva, monga momwe kulili fungo Kumva kwathu, malingaliro, ndi matupi athu onse ndi chidziwitso Ndipo monga momwe

tingawonere, kumva, kununkhiza, kulawa, ndi kukhudza m'maloto, momwemonso tingathe kumva zonsezi ndi chidziwitso choyera, chowonekera kapena kumverera m'malo apamwamba

Izi ndi zomwe ndikuona pakali pano pamene ndikulankhula. Sindili m'thupi lino, koma ndine gawo la zonse zomwe zilipo. Ndipo zinthu zomwe ndikuona ndi .zenizeni kwa ine monga momwe inu mulili kwa ine

Munthu ayenera kudzuka kuti aone Mulungu kulikonse .ndikudziwa kusiyana pakati pa maloto ndi zenizeni

Nthawi zambiri ndimaona malo osatha pamalo omwe ndili, ndipo ndimaona malo amenewo osatha Chilichonse chimabwereka moyo kuchokera ku gwero lamuyaya limenelo

Pamene ndinali mwana, ndinkakhala pansi ndikupemphera usana ndi usiku, koma panalibe yankho kapena woyankha

Kumbali ina ndinaona anthu, ndipo kumbali inayo ndinaona muyaya umene sunalankhule nane

Ngakhale ndimaganiza kuti ndinali ndekha ndipo aliyense wandisiya, Mulungu sanandisiye chifukwa nthawi zonse anali nane mobisa, kumbuyo kwa malingaliro ndi .malingaliro anga

Ndipo pamene ndinayamba kuona kuwala mkati mwanga, moyo wanga unadzazidwa modabwitsa ndi fungo lodabwitsa la Mulungu

Ndinkatha kuona mizu ya mitengo ndi madzi akutuluka m'mitengomo, ndipo ndinamva kuti ndili pafupi ndi Mulungu amene anandipatsa chitonthozo ndi kutonthoza mtima .wanga

Ndinapemphera ndi kupempha mobwerezabwereza, usana ndi usiku, ndipo pamene zinthu zinatayika kukongola ndi tanthauzo lake kwa ine, ndinasiya dziko lapansi ndi zonse zomwe zili mmenemo, kuphatikizapo chimwemwe, poopa kuti chingakhale chimwemwe chakuthupi, ndipo .ndinapeza Mulungu amene ali nane nthawi zonse tsopano

Dziko lapansi lingandisiye, koma Mulungu sadzandisiya ngakhale mphindi imodzi
Mulungu ndiye chilichonse. Kholo ili ndi chilengedwe chonse chozungulira chimayandama ngati zithunzi zoyenda .pa nsalu ya chikumbumtima changa
Ndikuyang'ana koma sindikuwona china chilichonse koma mzimu woyera, kuwala kowonekera bwino, ndi chidziwitso chofatsa
Thupi langa, matupi anu, ndi zinthu zonse zapadziko lapansi zimachokera ku kuwala kwa Mulungu komweko. .Ndikawona kuwalako, sindimawona china chilichonse
Mukayang'ana pazenera, mumawona zithunzi zoyenda, koma mukayang'ana m'mbuyo (mu kanema wachikhalidwe), mumawona kuwala kokha kukuwala pazenera. Zimamveka .zosayembekezereka, koma ndi zoona
Ndinkalankhula za zinthu izi, koma tsopano sindilankhula ndi anthu osalabadira kapena osakhudzidwa Koma Mulungu wandilola kuti ndilankhule nanu nthawi ino Chilichonse ndi cha kanthawi kochepa Pempherani chomwe chili chamuyaya
* * *
Popeza tinachokera m'dziko lino lomwe sitikudziwa, n'zachibadwa kuti tizidzifunsa za chiyambi ndi cholinga cha .moyo
Timamva za Mlengi wa dziko lino, timawerenga za iye, ndipo chilengedwe chonse chimalengeza kuti maganizo ake .aumulungu alipo
Monga momwe zigawo zazing'ono komanso zolondola za wotchi yaying'ono zimatipangitsa kuyamikira wopanga mawotchi
Monga momwe makina akuluakulu komanso ovuta a fakitale amatidabwitsa ndi kupangitsa chidwi cha wopanga wawo, momwemonso tikamaona zodabwitsa za chilengedwe, timadabwa ndi nzeru zobisika kumbuyo kwawo, ndipo :timadabwa kuti

Ndani anapatsa duwa mawonekedwe ake owala"
"?komanso owoneka ngati dzuwa
Kodi fungo lake ndi kukongola kwake zinachokera kuti?
Ndipo kodi maluwa ake anapangidwa bwanji mwaluso kwambiri komanso atapakidwa utoto ndi mitundu yokongola ?komanso yosangalatsa chonchi

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Ndimakumverani mkati mwa malingaliro anga,
ndimamva kukhalapo kwanu mkati mwa mtima wanga,
ndipo ndimakuonani mukuphuka m'munda wa chikondi .changa
Mundidzaze ndi fungo labwino la kukhalapo kwanu, kuti ndisangalale ndi fungo lanu lodala
Bwerani kwa ine kuchokera kuseri kwa thambo,
nyenyezi, malingaliro, ndi malingaliro. Ndiwonetseni nkhope yanu yopatulika kwambiri ndipo mundilole ndione kukhalapo .kwanu mu moyo wanga, mozungulira ine, ndi kulikonse
Ndakhala ndikukufunani m'mibadwo yonse, panjira za zilakolako ndi zolinga, ndipo tsopano ndazindikira kuti mumakhala mkati mwa moyo wanga ndipo mumalimbikitsa .malingaliro anga opatulika kwambiri
Musandibisirenso kumbuyo kwa maluwa a malingaliro, malingaliro, ndi kugunda kwa mtima
Kongoletsani moyo wanga ndi miyala yamtengo
wapatali ya nzeru zanu, ndipo mundipumitsire mphepo ya chisangalalo chanu, ndipo chotsani mdima umene .wakuphimbani pamaso panga ndi kuzindikira kwanga
Inu amene muli kuseri kwa nyenyezi ndi thambo
labuluu, ndi kuseri kwa zigawo za mlengalenga ndi zamoyo zonse ndi zamoyo zonse landirani kunong'oneza kwa chikondi changa ndipo mizani umunthu wanga ndi chikondi .Chanu, kuwala Kwanu ndi mtendere Wanu

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Ngati mukanakhala ndi chikondi cha Mulungu,
.mukanasangalala kwambiri komanso mosaneneka

Kotero zimakhala zovuta kuti muzitha kuziletsa
Tikakhala mogwirizana ndi Mulungu, kuzindikira kwathu
kumakhala kopanda malire ndipo kumalumikizana ndi kuya
.kwa nyanja ya moyo wonse
Timapeza chisangalalo chachikulu ndi chikondi
chachikulu cha Mulungu
* * *
Anthu ena amakonda kuwerenga mabuku omvetsa
chisoni ndipo amawaona ngati mabuku omwe amakonda
kuwerenga, ndipo amaona kuti apitiriza kusangalala nawo
.mpaka kumapeto kwa moyo wawo
Koma ngati atadzifufuza okha, angapeze kuti nthawi
zambiri amakhala okhumudwa komanso okwiya chifukwa
.chowerenga mabuku amtunduwu nthawi zonse
Chifukwa cha kuvutika maganizo kumeneku, angafune
kusiya chizolowezi chimenecho ndikukhala ndi chizolowezi
chowerenga mabuku ndi zinthu zauzimu zomwe
zimawalimbikitsa maganizo awo ndikulimbitsa malingaliro
.awo ndi malingaliro abwino komanso abwino
Ngati asintha zimenezo, adzapeza kuti miyoyo yawo
yasintha kwambiri chifukwa cha kuzindikira ndi kutsimikiza
.mtima
N’zoona kuti tingathe kusintha tokha mwachangu ngati
tikufuna, koma kusintha machitidwe ndi zizolowezi za zaka
.kumafuna khama lenileni komanso chifuniro champhamvu
Kuti muchotse chizolowezi chakale komanso chozama,
mphamvu zonse zolimbikira ziyenera kuyatsidwa mbali ina
mpaka chizolowezi choipacho chitathetsedwa ndipo
.mphamvu zake zitatha
Anthu ambiri alibe kuleza mtima ndi kuleza mtima
kofunikira pa izi. Koma munthu ayenera kuzindikira kuti
zomwe wapanga kapena kuchita zitha kuchotsedwa kapena
.kusinthidwa
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Tiyeni tisiye malire a dyera ndi kuyendayenda m'malo .akuluakulu komanso otakata a kupita patsogolo kwauzimu

Ndipo monga gulu la nthawi, lomwe nthawi zonse limayenda panjira za moyo, momwemonso gulu la moyo liyenera kuyenda panjira zazikulu kwambiri zopita kumalire a .mzimu waumulungu

Mzimu wochita zinthu mwanzeru kuti ukwaniritse ntchito zofunika kwambiri pa moyo nthawi zambiri umakhalabe wobisika pansi pa zinyalala ndi zinyalala za zizolowezi za .anthu

Munthu ayenera kudzimasula ku zizolowezi zokhumudwitsa ndikuyamba kubzala mbewu za chipambano .chomwe akuchilakalaka m'nthaka ya moyo wake

Moyo umakhala ndi phindu ndi kufunika tikamaliza ntchito yofunika kwambiri komanso yofunika kwambiri: .kupeza tanthauzo lenileni ndi phindu la moyo wathu

Anthu ayenera kuzindikira kuti zithunzi zoyenda za .moyo zakuthambo izi siziwonetsedwa popanda chifukwa

Tsiku lililonse timaona zinthu zatsopano, ndipo tsiku lililonse limabweretsa maphunziro atsopano omwe tiyenera kuphunzira poyang'ana kwambiri cholinga chapamwamba cha kukhalapo kwa anthu: kuzindikira cholengedwa chapamwamba chomwe chimabisika kuseri kwa chinsalu cha .moyo

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Mwa Mulungu mudzapeza chikondi cha mitima yonse, kukhutitsidwa kwa chikhumbo, ndi kukwaniritsa zokhumba. Chilichonse chimene dziko lapansi limakupatsani kenako n’kuchotsa, kukusiyani mu chisoni, ululu, kapena kukhumudwa, mudzapeza mwa Mulungu mokulirapo .komanso popanda kukhumudwa ndi chisoni

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Anthu ena amati tiyenera kungodalira nzeru zokha. Ena amakhulupirira kuti tiyenera kukhutiritsa malingaliro athu. .Makhalidwe onsewa ndi okhwima kwambiri

Malinga ndi chiphunzitso china, ndibwino kupita kukayezetsa kuchipatala nthawi zonse kuti muwonetsetse kuti thanzi la thupi ndi thanzi la munthu lili bwino, monga momwe galimoto yanu imayendera nthawi ndi nthawi. Izi ndizomveka Koma anthu si makina. Ngati thanzi lanu la maganizo limadalira thanzi lanu lakuthupi, posachedwa kapena mtsogolo maganizo anu adzakhala akapolo a zofuna za thupi, zomwe zimapangitsa kuti mitundu yonse ya mankhwala ndi mankhwala ena azigwira ntchito. Izi zikufotokoza chifukwa chake timavutika ndi matenda osachiritsika. Kufooka kwa thupi kwakhazikika chifukwa .chakuti maganizo akana kukhala wolamulira thupi

Ndi bwino kuyamba ndi kuchepetsa thupi Ngati mwadula pang'ono, ikani ayodini pang'ono, koma musamangodalira mankhwala okha. Chitani zinthu mosamala mpaka mutayamba kudalira nzeru zanu .pang'onopang'ono

Aphunzitsi akuluakulu okha ndi omwe ankagwiritsa ntchito mankhwala opangidwa kuchokera ku zitsamba ndi .mankhwala opangidwa ndi Mulungu

Mankhwala ndi mankhwala sizofunikira kwa mphunzitsi wauzimu, koma kuti asonyeze kuti mphamvu ya Mulungu ikugwira ntchito m'njira zambiri, nthawi zina angasankhe .kugwiritsa ntchito mankhwala ena

Mulimonsemo, kupambana kuli m'mphamvu ya malingaliro. Mukafika pa chitsimikizo cholimba chakuti mungathe kukhala opanda mankhwala onse popanda zotsatirapo zoyipa, mumapambana ndipo mumapeza .mphamvu pa thupi lanu

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Ubwenzi umene timapereka kwa ena uyenera kuchokera mumtima, ndipo chikondi ndi mgwirizano siziyenera kuonekera poyera pomwe mkati mwake mukutanthauza .zosiyana

Lamulo lauzimu ndi lolondola kwambiri komanso lamphamvu, ndipo mfundo zauzimu siziyenera kutsutsidwa Chifukwa chake, ndikofunikira kuti musanyenge kapena .kupereka abwenzi anu kapena kupitirira malire a ubwenzi

Bwenzi liyeneranso kudziwa nthawi yomwe liyenera kugwirizana ndi mnzake komanso nthawi yomwe liyenera kugwiritsa ntchito chifuniro chake ndikupewa kugwirizana .naye

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Pamwamba pa khungu sipamveka ngati munthu wakhudzidwa; kwenikweni, zinthu zimenezi zimachitika mu ubongo, ndipo munthu sangalawe, kukhudza, kununkhiza, .kumva, kapena kuona kupatulapo kudzera m'maganizo

Tingaone kukoma pamwamba pa lilime lathu, koma kwenikweni, ndi ubongo umene umalemba kukoma kumeneko. Mofananamo, gawo lina la thupi likavulala, ululu umakhala makamaka m'maganizo, osati m'chiwalo .chokhudzidwacho

Tili ndi njira ziwiri zodziwira ululu: mitsempha ndi ubongo. Kumva ululu kumachitika pamene ubongo umalola kulumikizana pakati pa mitsempha ndi ubongo. Pokhapokha .ubongo utazindikira ululu, ululuwo sulipo

Munthu akamamwa mankhwala a chloroform kapena anesthesia, samva ululu chifukwa zomwe zimamuchitikira sizifika ku ubongo. Kumapeto kwa mitsempha, pali tsitsi losalala lomwe zizindikiro za ululu zimatumizidwa ku ubongo. Mankhwala oletsa ululu amaletsa kufalikira kwa zizindikiro za .ululu izi

Ubongo ndi chiwalo chomvera cha mumtima, ndipo zomverera zonse za thupi zimatumizidwa ku ubongo kudzera mu mitsempha ndi ubongo wokha Popeza ubongo umalumikizidwa ndi ubongo, umalandira ndikutanthauzira .zomverera izi

Maganizo olimbikitsidwa ndi kuganiza bwino sakhudzidwa kwambiri ndi kumverera kwa chisangalalo ndi

ululu. Amadziwa kumverera kumeneku koma sali omangidwa .ndi kumvererako

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:Zakale - Kuchokera ku Phompho Kupita ku Nsonga

Nkhani yopambana monga momwe yafotokozedwera ndi wanzeru Paramhansa Yogananda

Iyi ndi nkhani yeniyeni yomasuliridwa za munthu) amene nthawi zonse ankalephera, koma mwa kuchita zinthu mwanzeru komanso kutsimikizira zabwino, pamapeto pake anatha kuthetsa zifukwa zomwe zinamulepheretsa ndipo (anatha kugwiritsa ntchito bwino chifuniro chake

Monga momwe kulili anthu omwe ali opambana mwachibadwa, palinso anthu omwe amalephera .mwachizolowezi

Mnzanga komanso wophunzira (S) anali wolephera kuyambira kubadwa. N'zoona kuti anali mnyamata wanzeru, wakhama komanso wofunitsitsa kupeza ndalama, koma akangoganiza za ntchito kapena ntchito, zinthu .zomulepheretsa zinamuzungulira kuyambira pachiyambi

Tsiku lina anabwera kwa ine wopanda kanthu, akutsatiridwa ndi obwereketsa, atasiyidwa ndi anzanga, akundifunsa upangiri

Ndinamufunsa chifukwa chake cha mavuto ake, ndipo :anati

Bwana, ndine wolephera Pazifukwa zina sindikudziwa," ndikangoyamba ntchito, ndimataya, ndipo malo omwe ndimagwirira ntchito nawonso amawonongeka. Bwana amataya bizinesi yake atangondilemba ntchito. Chifukwa chake, ndayamba kuopa kufunafuna ntchito chifukwa choopa kusokoneza zofuna za olemba ntchito omwe angandilembe ntchito, chifukwa cha kusakhazikika kwanga, ndikutsimikiza kuti ndidzataya ntchito yanga chifukwa kampani yomwe idzandilembe ntchito idzalengeza bankirapuse ndikutseka zitseko zake, ndikundichotsa ntchito

chifukwa chake, ndilibe ufulu wowononga mabizinesi a anthu ".ena chifukwa chongogwirizana nawo
Ndinamupezera ntchito ku kampani kakang'ono ndipo ndinamupempha kuti azibwereza mawu otsatirawa kwa :iyemwini madzulo aliwonse, asanagone komanso akadzuka
Tsiku ndi tsiku ndi tsiku ndikukhala wopambana" "kwambiri pantchito yanga
Mwezi unadutsa, ndipo (S) anandichenjeza kuti: “Bwana, kampani yomwe mudalemba ntchito ikusokonekera ndipo zinthu sizikuyenda bwino, ndikukupemphani kuti mundichotsemo isanagweretu, chifukwa ndidzataya ntchito yanga kampaniyo ikalephera. Koma kusiya ntchito kwanga tsopano kungapulumutse kampaniyo ku tsoka losapeweka ”.komanso loopsa chifukwa cha kusakhazikika kwanga
Ndinaseka, osamvetsera zomwe (S) ananena, ndipo m'malo mwake ndinamupempha kuti apitirize kutsindika mfundo yake ndikupitiriza ntchito yake. Patapita milungu :ingapo, anabwera kwa ine tsiku lina madzulo nati mopumira "Zimene ndimaopa zachitikadi"
"?Iye anamufunsa kuti, "Chachitika n'chiyani
Iye anati, "Kampaniyo inagwa monga momwe "ndinakuuzirani komanso monga momwe ndinaneneratu
Ndinamuuza, ndikutsutsa kuti: "Kodi si zoona kuti pamene umadzitsimikizira wekha kuti, 'Tsiku ndi tsiku ndi tsiku ndikukhala wopambana kwambiri pantchito yanga' unali kubwereza mawu amenewo ngati parrot? Ndipo kuti pweza wokayikira anali kugwira ubongo wako mpaka unadziuza wekha kuti: 'Chitsiru iwe, vuto lako likuipiraipira mosasamala kanthu kuti ukuyesera bwanji kudzitsimikizira "'!kuti upambana
Iye anayankha kuti: "Inde, ndithudi ndicho chimene "chikuchitikadi
analangiza kuchotsa kugwedezeka ndi malingaliro (S) oipa olemera akangobwera m'maganizo mwake, makamaka panthawi yobwerezabwereza kutsimikizira kwabwino,

chifukwa malingaliro ozindikira okhala ndi chikhulupiriro cholimba amatha kukhudza malingaliro osazindikira kapena osazindikira, omwe, kudzera mu lamulo la magnetic resonance, amakhudza malingaliro ozindikira ndi mphamvu .ya chizolowezi

Ndinawonjezera kuti: “Kutsimikizira kawirikawiri malingaliro ndi zizolowezi zabwino mpaka zitalowa m’maganizo osazindikira ndikokwanira kuchotsa zopinga za m’maganizo zosazindikira zomwe zabadwa nazo kapena zomwe zapezedwa. Palibe njira yopambana bola ngati malingaliro ndi malingaliro okhumudwa ndi kukhumudwa zakhazikika m’maganizo osazindikira. Zina mwa zinthu zomwe zimapangitsa kuti munthu apambane ndi kukhala ndi luso lolenga, mikhalidwe yabwino, ndi zizolowezi zachibadwa. Ngati mungathe kukhudza chidziwitso chapamwamba ndi mphamvu zake zopanda malire, ndiye kuti mutha kupanga mwayi watsopano wopambana womwe ”.ukukulepheretsani ndipo sungathe kuumvetsa

Ndipo ndinatha kuthandiza (S) kupeza ntchito ina, yayikulu kuposa yoyamba. Koma patatha miyezi isanu ndi umodzi (yomwe inali nthawi yayitali kwambiri yomwe mnzangayo anakhala akugwira ntchito), anandiuza masana ena kuti: “Mkhalidwe wa kampaniyo ukuipiraipira ”.mofulumira, choncho chonde ndichotseni mwachangu

Sindinasamale nkhawa zake, koma ndinamupempha kuti apitirize ntchito yake Patatha milungu ingapo, (S) anandiuza akumwetulira kuti: "Ntchito yachiwiri yomwe "!munandikonzera, bwana, yapita ndi mphepo

Ndinati modekha, "Usadandaule, ndikupezera ntchito "ina

Iye anayankha kuti: "Chabwino, bwana, bola ngati mutenga udindo wanu kugwetsa kampani ina chifukwa cha ".mgwirizano wanga ndi eni ake, sindikutsutsa

Kudzera mu khama losalekeza, ndinapeza ntchito yabwino kwambiri ya (S) ku kampani yayikulu. Chaka

chinadutsa koma palibe chomwe chinachitika, ngakhale (S) ankayesetsa kusiya kampaniyo sabata iliyonse poopa kuti .ingawonongeke ngati kale

Pomaliza, ndinamupempha kuti aike ndalama zake mu bizinesi yake, ndipo anachita mantha ndipo anandiyang'ana modabwa, nati: "Kodi izi ndi zomwe ukundilangiza kuti ndichite? Kodi simukuganiza kuti nditaya ndalama zomwe "?ndasonkhanitsa mosamala ndikaiyika

Iye molimba mtima anamutsimikizira kuti: "Uyenera kuyika ndalama ndi mphamvu zako pa ntchito yabwino, monga malo odyera zakudya am'deralo omwe safuna ".ndalama zambiri, ndipo ndili ndi chidaliro kuti upambana

Patangopita zaka zochepa, (S) anakhala mwini wa malo ambiri ndi nyumba zazikulu zosungiramo katundu

Atatsimikiza za kupambana kwake, adadzipeza kuti wapambana pa chilichonse chomwe amachita Tsiku lina anandiuza, akuseka kuti: "Zikomo kwa Mulungu ndi thandizo lanu, ndasintha kuchoka pa kulephera kukhala munthu wopambana. Ndagonjetsa kulephera ndipo ndazindikira kuti kulephera kwanga kosalekeza kunali chifukwa chosamvetsetsa udindo wanga. Koma sindikudziwa momwe ndinachitira bwino nditawononga ntchito ya ena chifukwa ".cha kusakhazikika kwanga

Kotero ndinamufotokozera kuti: “Simunawononge zofuna zomwe munkagwira ntchito. Lamulo la kukopa lomwe limalamulira anthu, kutengera kugwedezeka kofanana, limagwira ntchito molakwika kapena mwabwino (monga kukopa ngati)

Chibadwa chanu chopanda ungwiro chinakukokerani ku makampani omwe anali kale pafupi kugwa, ndipo mosiyana ndi zimenezo, munali olephera, ndipo makampaniwo analinso pafupi kugwa. Malinga ndi lamulo la kukondana, inu ndi makampani amenewo munagwa pansi pa phiri la .kulephera ndipo munagwera m'miyala nthawi yomweyo

Mfundo yaikulu ya nkhaniyi ndi yakuti kupambana kwenikweni kuli pakupanga zomwe munthu amafunikira kudzera mu mphamvu ya chifuniro mwa kudzutsa mphamvu yopanda malire ya chidziwitso chapamwamba. Mphamvu iyi ikhoza kudzutsidwa mwa kuphunzira njira yoyenera yosinkhasinkha ndi kuganiza bwino komanso mwaluso kuti .mupeze thanzi, chipambano, nzeru, ndi chimwemwe

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Zenera la kuwala

Kale kwambiri, ndinali ndi tochi yobisika ndipo ndinkayenda mosamala mu chete cha mdima wamkati Ndipo pamene ndinatumiza kuwala kobisika mumdima, ndinawona nsomba zazing'ono za malingaliro olimbikitsa omwe adawululidwa ndi kuwala kowala Ndinagwiritsa ntchito nsomba zimenezo ngati nyambo yogwirira nsomba zomwe ndimadziwa bwino, koma zambiri mwa izo zinathawa ndipo zinasowa kumbuyo kwa bwalo .laling'ono la kuwala

Ndipo kuchokera kwa otsatira anu okhulupirika komanso oona mtima, odzaza ndi nyimbo zasiliva ndi maloto agolide, ndinagula ndi chikondi ukonde wowala wa malingaliro a moyo ndikuwalumikiza pamodzi. Ndinasesa nyanja ya nzeru zanu ndikugwira nsomba zazing'ono ndi magulu a malingaliro osangalala ndi miyala yamtengo wapatali ya zikumbutso zopatulika zomwe ndinali nditazitaya kale ndipo ndinazisowa, ndipo ndinapezanso zomwe chuma cha dziko .lapansi sichingafanane nazo

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M'dziko lino tikuoneka kuti tili m'nyanja ya mavuto Mulungu amatiyesa m'njira zambiri. Amatiwonetsa .zofooka zathu kuti tizizindikire ndikuzisandutsa mphamvu Nthawi zina amatitumizira mayesero olemera omwe amaoneka ngati osatheka kuwapirira, koma wophunzira :wanzeruyo anati

Ndikufunani, Ambuye, ndipo palibe chomwe"
chingandilepheretse kufunafuna Inu. Mapemphero anga a
:mtima wanga ndi awa
Musandiyese mwa kundipangitsa kuiwala kukhalapo"
"kwanu ndikunyalanyaza kukutchulani
Kenako Mulungu amabwera natidzutsa ku maloto
ovutitsa awa, ndipo wofunafuna aliyense posachedwa
.adzalandira mayeso abwino amenewo

* * *

Munthu akhoza kudzipatsa malingaliro abwino omwe
angakhudze bwino malingaliro osazindikira, omwe
.amakhudzanso malingaliro osazindikira
Malingaliro oipa, kaya opangidwa ndi munthu wina
kapena ochokera kwa munthu wina, ndi ovulaza ubongo
.ndipo ayenera kupewedwa
Pali mizimu yakuda (mizimu) yomwe ikuyenda
mlengalenga kufunafuna maganizo ndi matupi omwe
ingagwiritse ntchito kuti ikwaniritse zokhumba ndi zolinga
.zawo
Chifukwa chake, munthu ayenera kusamala ndi
ulamuliro wa mizimu yotereyi mwa kusunga maganizo ake
.odzaza ndi zinthu zabwino ndi malingaliro abwino
Maganizo sayenera kusiyidwa opanda kanthu Izi,
ndithudi, ndizosiyana ndi kukonzekera maganizo kuti
alandire kudzoza ndi kugwedezeka kwakukulu panthawi
.yosinkhasinkha

* * *

Ndalama zikamaonedwa ngati chisangalalo, kwenikweni
zimabweretsa kusasangalala, chifukwa zimapangitsa nsanje,
umbombo, ndi kusagwirizana pakati pa anthu a m'banja
.limodzi
Moyo ukanakhala wabwino kwa aliyense ngati
ukanakhala wosavuta. Ndicho chifukwa chake aphunzitsi
.amalimbikitsa moyo wosalira zambiri

Ngati n'kotheka, ndi bwino kupewa mizinda ikuluikulu, chifukwa anthu okhala mumzinda nthawi zambiri amakhala ndi phokoso, pomwe munthu amakhala womasuka komanso .wamphamvu m'madera ang'onoang'ono

Mwatsoka, anthu ambiri okhala mumzinda sagwira ntchito molimbika kuti akulitse ndi kukulitsa zilakolako zawo zauzimu, ndipo ena amakhala ndi maganizo ochepa ndipo amakhala ndi moyo wosakhazikika. Komabe, pali ena omwe angagwirizanitse moyo wa mumzinda ndi wauzimu ngati .asankha kutero

Ngati munthu sabweretsa Mulungu m'moyo wake ndikukhazikitsa mgwirizano wabwino, mavuto adzabwera .kwa iye mosasamala kanthu za moyo wake

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Munthu akhoza kukhala ndi chimwemwe m'nyumba yaying'ono, ndipo akhoza kukhala ndi nkhawa komanso .mavuto ngakhale m'nyumba yachifumu yapamwamba

Kulemera kwambiri ndi kusangalala ndi zinthu zakuthupi nthawi zambiri kumachotsa chimwemwe m'moyo m'malo .mochibweretsa

Aliyense amene amadalira kukwaniritsa zilakolako zake kuti akhale ndi chimwemwe sangapeze chimwemwe chimenecho, chifukwa chimwemwe pankhaniyi chimadalira .pa chinthu chomwe akuyembekezera kupeza mtsogolo

Amachita zinthu mosangalala ndipo amayesa kugonjetsa chisangalalocho popanda kuchipeza, ngati .munthu amene akuthamangitsa madzi m'chipululu

* * *

Kugona mokwanira kumathandiza kuti thupi likhale ndi mphamvu, pomwe kugona kwambiri kumatopetsa thupi mpaka kufika poti munthu sakufuna kugwira ntchito tsiku lonse, koma m'malo mwake amadzikakamiza kuti agwire .ntchito

Njira imodzi yochotsera kutopa ndiyo kupatsa thupi .mpweya, kapena kuti mpweya

Mukatopa, m'malo mopita kukhitchini kukadya chakudya chokoma, tulukani panja kwa mphindi khumi kapena khumi ndi zisanu ndikupuma mpweya wambiri, kutulutsa mpweya ndi kupuma

Bwerezani izi kangapo. Musapume mofulumira kapena mwamphamvu, koma m'malo mwake munjira yabwino, pang'onopang'ono, komanso mozama. Mukatha nthawi imeneyi mutakhala panja, mudzamva mphamvu ndipo .mudzapeza kuti kutopa kwatha

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Munda wa Moyo

Ndidzagwiritsa ntchito mphamvu zonse zomwe Mulungu wandipatsa m'njira yoyenera komanso yopindulitsa

Mulungu adzandithandiza ngati ndidzithandiza ndekha, ndikupemphera kwa Iye kuti akwaniritse khama langa ndi .kupambana

Ndabisa ndikuyika m'manda a dzulo. Lero ndidzalima munda wa moyo wanga ndi khama langa latsopano lolenga, ndipo ndidzabzala m'nthaka yake mbewu za nzeru, thanzi, .chitukuko, ndi chimwemwe

Ndidzathirira mbewuzo ndi madzi a chikhulupiriro mwa Mulungu ndi kudzidalira, ndipo ndidzayembekezera Wopatsa .kuti andipatse zokolola zambiri

Ngakhale nditapanda kukolola, ndidzayamikirabe chisangalalo chomwe ndinapeza chifukwa choyesetsa ndi .mphamvu zanga zonse

Ndidzayamika Mulungu kuti nditha kuyesa mobwerezabwereza mpaka nditapambana ndi thandizo Lake, ndipo ndidzayamika Iye chifukwa chokwaniritsa zokhumba zanga zapamtima komanso zokhumba zanga .zabwino

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Pokhapokha ngati amuna ndi akazi samvetsetsana, adzavutitsana wina ndi mnzake ndi ululu waukulu .wamaganizo

Aliyense wa iwo ayenera kuchita zonse zomwe angathe kuti apange mgwirizano pakati pa kulingalira ndi malingaliro kuti akhale munthu wokwanira

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Anthu anapatsidwa mphamvu kuti ateteze thupi. Popanda mphamvu, munthu akhoza kuvulala kwambiri .kapena kupsa popanda kuzindikira

Nyama sizinakule ndi luso limeneli lomwe anthu ali nalo, motero kumva ululu kumakhala kochepa; apo ayi, nkhanza zomwe zimachitiridwa kudzera m'njira zina zophera ndi kupha sizingakhale zopiririka Nkhanu imaponyedwa m'madzi !otentha, yamoyo

Popeza ululu ndi chisangalalo zonse ndi zinthu zopangidwa ndi maganizo, ululu wakuthupi ukhoza kuchepetsedwa pochita zinthu zolamulira maganizo. Kenako munthu akhoza kumva ngati chizindikiro cha vuto linalake, .popanda kumva ululu

Kumva chisoni kwambiri kapena kupweteka kumalimbitsa mphamvu zake, pomwe kuchepa kwa chidwi kumapangitsa munthu kusakhudzidwa kwambiri ndi ululu komanso kusagonja komanso kukhala kapolo wa .zosangalatsa zomwe zimamveka

Ndinaphunzitsa thupi langa ndi maganizo anga kuti ndisamavutike ndi zinthu zolimbikitsa, ndipo ndinadzipeza kuti ndine womasuka ku zosokoneza zamaganizo. Maphunziro awa ndi njira yopezera ufulu ku mphamvu .zamaganizo ndi zofuna zawo zosatha

M'modzi mwa madokotala anali ndi mphamvu zamaganizo kwambiri kotero kuti anatha kuchita opaleshoni !yoopsa

Zachidziwikire, izi sizingatheke kwa malingaliro omwe ali mu ukapolo wa zokonda zakuthupi. Koma ndi maphunziro,

malingaliro amatha kukhala amphamvu komanso amphamvu. Munthu akamaphunzitsa ndi kuyeretsa kwambiri .malingaliro ake, amatha kuwalamulira kwambiri Mwana woleredwa kapena wosamalidwa bwino amavutika kwambiri ndi kuvulala ngakhale pang'ono, pomwe mwana wophunzitsidwa kupirira ndi kulimba mtima nthawi zambiri samabwerera m'mbuyo kapena kubwerera m'mbuyo .chifukwa cha ululu akakumana ndi kuvulala kwakukulu

Mafinya ochokera pansi pa mtima

Mphunzitsi: Paramhansa Yogananda

Kumasulira: Mahmoud Abbas Masoud

O mtendere wosatha

Nditetezeni ku mkwiyo waukulu womwe umagwedeza mitsempha yanga ndikuwotcha maselo anga a ubongo

Ndisiye chizolowezi chokwiya, chomwe chimandibweretsera chisoni ine ndi anzanga

Ambuye, ndisachite zinthu zodzikuza zomwe zimandisiyanitsa ndi chikondi cha okondedwa anga.

Ndisawonjezere mkwiyo wanga ndi mkwiyo wanga mwa kuwapatsa dala chilichonse chomwe chingawawonjezere mphamvu.

Inu Ambuye wa mtendere wopatulika, ndikadzapsa mtima ndi mkwiyo, ikani patsogolo panga galasi la chidzudzulo, momwe ndingaone kuipa kwanga, kobadwa ndi malingaliro opsinjika mtima!

Sindikufuna kuoneka woyipa pamaso pa ena, ndi nkhope yopotoka chifukwa cha mkwiyo waukulu

Ndidzathetsa mavuto a moyo ndi malingaliro ndi zochita zachikondi, osati ndi chidani ndi mkwiyo

Mundidalitse kuti ndichiritse mabala a mkwiyo mkati mwanga ndi mankhwala odzilemekeza, ndikuchiritsa zilonda za mkwiyo mwa ena ndi mankhwala ofatsa, kukoma mtima, ndi bata.

Kubwezeretsa Kuunika

Ambuye, kuwala kwa chikondi chanu kuwalire mofanana kwa onse a m'banja lanu lakumwamba popanda kupatulapo.

Anthu atayika poyera, ayamba kuchedwa kumvetsetsa, osatha kulandira kuwala kwanu, ndipo ndi mlandu wawo wokha. Tithandizeni kuchotsa chifunga cha zolakwika pagalasi la kumvetsetsa kwathu koona.

Kukana kwathu kwauzimu ndi kofooka komanso kofooka, choncho, Ambuye, tumizani mphamvu yanu m'matupi athu kuti tichotse nthunzi yakuda, yokhuthala yomwe yaphimba kuwonekera kwathu ndikuletsa kuyenda kwa kuwala kwanu kochiritsa.

O, ngati tikanakhala magalasi owoneka bwino, owala bwino omwe akuwonetsa chithunzi chanu choyera komanso chowala!

Ndiloleni ndidzipeze ndekha mwa aliyense

Ndiloleni ndizindikire kuti popanda chisomo ndi nzeru zanu, ndikanakhala wolumala, wakhate, kapena wakhungu. Ngakhale kuti zimenezo zikanakhala zomwe ndimayenera, ndikanalakalaka machiritso ndipo ndikanawafunafuna ndi changu.

Amayi Woyera, ndikaona anthu omwe ziwalo zawo zili zofooka kapena omwe ali ndi chisoni, ndiloleni ndimve kuti ndi mzimu wanu womwe ulipo womwe ukuvutika m'matupi ndi m'miyoyo yawo.

Mundidalitse kuti ndimve momwe abale anga onse akumvera, komanso kuti ndiziyesetsa kuwamasula ku mavuto awo monga momwe ndimadzimasulira ndekha.

Pamene ndikulakalaka, kulimbana, kulira, ndi kumwetulira ena, ndiyenera kudzipeza ndekha mwa aliyense

Khalani chizindikiro cha nzeru zanga

Ngati bwato la m'maganizo mwanga lifika pa miyala yoopsa ya zilakolako zadyera, loyendetsedwa ndi mphepo yamkuntho ya umbuli, ndiye mundichenjeze, O inu amene muli nyali ya nzeru za Mulungu.

Ndikufunafuna nthawi zonse gombe la chilungamo chanu ndi malo otetezeka a chitetezo chanu!

nyimbo za angelo

Ndodo yamatsenga ya kusinkhasinkha inakhudza mawu onse ndikuwasintha kukhala mawu oyamba a Om akuthamanga m'njira za nyenyezi, padziko lapansi komanso pakati pa madzi.

O Mzimu, dziwululeni kwa ine ndi mawu a Om: kuyitana kwa chilengedwe chonse kuti chipembedze ndi kuganizira

Minofu yonse ya thupi langa ndi mawaya onse a mitsempha yanga zimayimba nyimbo za angelo za Om mogwirizana

Pemphero la tsiku ndi tsiku lopempha chitsogozo choyera

Ambuye, ndidzagwiritsa ntchito chifuniro changa ndikugwira ntchito moona mtima komanso moona mtima, koma ndidzawongolera luntha langa, chifuniro changa, ndi zochita zanga m'njira yoyenera kuti ndichite zonse zomwe ndiyenera kuchita.

Fungo la ulemu

Ndikuyandikira ndi manja ogwidwa, mutu wowerama, ndi mtima wodzaza ndi fungo la ulemu

M'mitima ya olambira anu ndinatulutsa tanthauzo la chilakolako chonunkhira bwino ndipo ndinachisakaniza ndi madontho a mame m'maso mwanga.

Ndi madzi oyera amenewo ndidzakutsuka mapazi ako a pinki

Iwe ndiwe bambo anga ndi mayi anga, ndipo ine ndine mwana wako

Ndinu mphunzitsi wotsogolera amene ndimamvera mawu ake ndipo ndimatsatira malamulo ake mofunitsitsa.

Bwerani, O chisangalalo chaumulungu

O Amayi Wachilengedwe Chonse, khalani lawi lokhalo m'mitima yathu ndikuchotsa mdima wa miyoyo yathu

Ndipo m'misozi ya chikondi chathu pa inu, tsukani chikondi chathu pa zinthu za dziko lapansi

Ndipo m'chisangalalo cha mgwirizano wathu ndi inu, chotsani chisoni chathu ndi chisoni chathu kamodzi kokha

Pangani mitima yathu yaying'ono kukhala mtima waukulu womwe ungakwaniritse kupezeka kwanu konse

Ndipo pagalasi la umunthu wanu wodala, tiyeni tiwone tokha angwiro ndi oyera

Lawi la chikondi chathu pa inu lipitirire kupyola malawi a zilakolako zapadziko lapansi

Mayesero ambirimbiri amadzibisa ngati inu ndipo nthawi zonse amatinyenga

Bwerani, inu chimwemwe chenicheni! Lolani kuti ndikufunireni zonse zomwe ndikulakalaka

Khalani dziko lapansi lodekha mu usiku wanga wamdima wa kusadziwa, ndipo tengani dzanja langa ndi kundibwezera bwino ku malo anu otetezeka!

Lumbiro la wophunzira

Ndidzagonjetsa kunyada ndi kudzichepetsa

Ndipo chidani ndi chikondi

Chisangalalo kudzera mu bata

Kudzikonda kumalowedwa m'malo ndi kuwolowa manja

Ndipo choipa ndi chabwino

Kusadziwa zambiri,

Ndipo nkhawa, mu mtendere wa kulingalira, pa inu, Mulungu wanga

Nditetezeni ku choipa

Nditetezeni, Ambuye, kuti ndisamve choipa, kapena kuona choipa, kapena kulankhula choipa, kapena kupuma choipa, kapena kukhudza choipa, kapena kumva choipa.

Sindiganiza zoyipa, kapena kulota zoyipa

Pemphero la Kuwala Kwakukulu

Ambuye Wamkulu, Inu Mtima Wa Kukhalapo ndi Mzimu wa Chilengedwe Chonse, Inu Bwenzi la Anzanga! Ndiululireni zinsinsi za umunthu wanga Ndiphunzitseni momwe ndingakulambirireni mu bata, bata, ndi maso.

Mu mtendere wa moyo wanga, ndibatizeni kuti ndizindikire kukhalapo kwanu kosatha mkati mwanga ndi mozungulira ine.

Ndikulakalaka kwambiri kukudziwani, Inu amene mulibe wofanana nanu, Inu amene simungafanane nanu, Inu wapadera komanso waulemerero woyenera ulemu wonse ndi kuyamikiridwa!

Kukumbukira zakale

M'mawa wa kufika kwanu, maluwa a chilakolako changa adzaphuka n'kukhala maluwa atsopano

Ambuye, fulumizitsani tsiku limene ndidzaluka maluwa obiriwira a maluwa amenewo ndikuliyika pamapazi anu.

Pemphero musanadye

Ambuye, landirani chakudya ichi, muchiyeretse, ndipo musalole kuti kudya mopitirira muyeso kuipitse.

Chakudya chimabwera kwa ife kuchokera kwa inu ndipo cholinga chake ndi kuchirikiza thupi lanu. Mulidalitse ndi mzimu wanu kuti likhale mzimu wotichirikiza ndi kutilimbitsa.

Ndinu duwa langwiro la Mulungu, lodzaza ndi moyo, chisomo, ndi kukongola, ndipo ife ndife maluwa ake. Dzazani miyoyo yathu ndi fungo labwino la kukhalapo kwanu kopatsa.

Mphepo yathu yolakalaka

Tsegulani mphukira za mitima yathu ndikutulutsa fungo lawo lobisika kumbuyo kwa masamba a pinki kuti mphepo ya malingaliro athu auzimu inyamule fungo lonunkhira ndikuwapititsa ku kachisi wanu woyera.

Inu amene muyenera kulambira ndi kulemekeza kwambiri!

Tikufuna kuti mphepo yathu yolakalaka ipse pamapazi anu odala

Kunong'oneza kuchokera ku nthawi yamuyaya

Mawu osatha anandilankhula mofewa, motsika mtima, akuti:

"Ndakunong'oneza m'khutu nthawi zonse za tulo tako: 'Dzuka!' Ndipo tsopano wasiya tulo tako; ndikukuuza: Dzuka abale ako, gwira ntchito ndi ine, kuti onse amve mawu anga."

Kotero ndinalonjeza, ndikunena kuti:

"Ndidzachita zonse zomwe ndingathe kuti ndifalitse kuyitana kwanu ndikufalitsa uthenga wanu, ndipo ndikachoka pa thupi langa lapadziko lapansi ndidzabwereka mawu anu onse kuti ndilankhule ndi mitima yogwirizana: Mverani nyimbo zake zauzimu zotonthoza mwauzimu, chifukwa nthawi zonse amakuitanani."

Ndidzayembekezera abale ndi alongo anga onse osawerengeka pamene akuyenda pang'onopang'ono mu ulendo wautali, wautali kupita ku cholinga chodala cha kudzidziwa, ndipo kudzera mu 'Manong'onong'ono Ochokera Kumuyaya' ndidzawanong'oneza kuti: 'Dzukani, abale ndi alongo anga, ndipo tiyeni titsatire mawu Ake omwe amatiitana mosalekeza, ndipo tiyeni tibwerere limodzi ku nyumba yakumwamba'

Ndinu kasupe wa chikondi

Inu ndinu gwero la chikondi chakumwamba ndi chapadziko lapansi

Ndinu bambo amene amateteza ana ake komanso mayi amene amawasonyeza chikondi chosatha.

Ndiwe mwana wamng'ono amene amalankhula mawu achikondi kwa makolo ake

Ndinu mgwirizano wangwiro ndi kudzipereka pakati pa okondana

Mumayeretsa wantchito mwa kulemekeza mbuye wake ndikulimbitsa ubale wachikondi pakati pa mabwenzi.

Mwanditsuka ndi madzi a chikondi m'njira zonse, kotero ndayamba kukukondani ndi malingaliro onse mumtima mwanga komanso ndi chikondi chonse ndi chikhumbo mumtima mwanga, Inu amene muyenera chikondi chonse, kulambira ndi ulemu wonse!

Nyimbo ya Chikondi Chamuyaya

Ndimakonza zingwe za zeze wa mtima wanga kuti ndiyimbenso nyimbo yakale: Nkhani ya Chikondi Changa Choyamba

O Mzimu Waumulungu, kwa inu ndikupereka nyimbo zatsopano kuchokera kwa Namwali Soul: nyimbo zenizeni zosakanikirana ndi nyimbo za chikondi changa chosatha kwa inu

Mafunde a nyimbo zanga amavina motsatira kayimbidwe ka dziko lonse ka nyanja yanu yopanda malire, ndipo amandiyendetsa pamwamba pa mafunde a chisangalalo chachikulu kupita kugombe lanu lakutali kwambiri.

Inu nyimbo ya m'nyanja, bata ndi bata, ndiimbireni nyimbo yolakalaka mayi wamuyaya wa Mulungu ndi mawu otsika.

Nyimbo ya chikondi chosatha! Ndigwedezeni pabedi la nyimbo ndipo tulo tikometse maso anga pamene

ndikusangalala ndi mtendere pachifuwa cha amayi anga okondedwa a Mulungu.

Kuchokera m'chipinda chosungiramo zinthu zakale, ndinatenga chuma chopatulika, kuphatikizapo zikalata ndi malonjezo omwe munandipatsa, ndipo ndinawasintha ndi golide wachikondi. Ndi zimenezo, ndinamanga, pa malo aakulu a moyo wanga, nyumba yachifumu yokongola yoyenera mpando wanu wachifumu waulemerero. Ndipo tsopano ndikuyembekezera kufika kwanu.

Mlendo waulemerero ndi waulemerero wa Mulungu, tsopano ndikumva kuyandikira kwanu ku mpando wachifumu wa mtima wanga, wodzaza ndi chisangalalo chachikulu

Zidutswa za maloto anga a diamondi osweka, obisika pansi pa milu ya mdima wakale, zimawala chifukwa cha kuwala kwa ulendo wanu

Kuchokera mu chisangalalo changa, nyimbo zoyamika zopanda phokoso zikuyenda mosalekeza

Chonde landirani nkhata zaulemu zomwe ndakulukirani mwapadera kuchokera ku maluwa ndi maluwa a kudzipereka kwanga kosatha!

M'munda wa mtima wanga

Njuchi ya malingaliro anga ikuuluka kupita kumunda wobisika wa mtima wanga, ikuuluka ndi mphepo ya chikondi changa ndipo yokongoletsedwa ndi ngale za mame anu okoma

Ndakulimani maluwa okongola auzimu ndi maluwa achikasu a daffodils kuti ndichepetse misozi yanga ya kulapa, maluwa ofewa a violet okhala ndi malingaliro odzichepetsa, ndi maluwa akuluakulu a daisy kuti ndizindikire za mzimu.

Kwa inu, mitengo ya malingaliro anga imapereka zipatso zokoma za mapembedzero onunkhira, ndi manja odzichepetsa a nthambi zofewa, zouma

Ndipo m'munda wa mtima wanga, njuchi ya malingaliro anga ikuuluka, italedzera, pakati pa zopereka za timadzi tokoma tokha kwa inu

Tsegulani zitseko

Ambuye, pamene ndinali wakhungu sindinathe kupeza khomo limodzi lolowera kwa Inu

Mwachiritsa maso anga, ndipo tsopano ndapeza zitseko zotseguka kulikonse:

Mumtima mwa maluwa, pakati pa phokoso la ubwenzi, ndi kukumbukira mayesero okondedwa komanso abwino, kunong'oneza kulikonse kwa mapemphero anga kumatsegula njira yatsopano yopita ku kachisi wa kukhalapo kwanu kopanda malire!

Nyimbo ya moyo wanga

Mu kulira kwa vayolini, kulira kwa zeze, ndi kunong'oneza kwa malingaliro anga ophukira, ndinamva kufuula kwa nyimbo zanu. Kotero ndinajambula nsalu ya mawu a dziko lapansi ndipo ndinamvetsera, nditaledzera, mawu anu odabwitsa, O woyimba waumulungu.

O, nyimbo ya mzimu wanga wamatsenga, ndakumverani pomaliza

Mwandidzutsa ku tulo tanga takale

Ndipo pano ndikuyika maluwa a nyimbo ndi nyimbo zanga zolakalaka pa guwa lanu lopatulika ndikukulakalakani

Mtendere ukhale pa inu

Kupambana mwauzimu ndi kupambana kwakukulu

"Mukunyalanyaza maphunziro a filosofi m'mabuku anu. Zikuoneka kuti mukudalira 'nzeru' kuti zikuthandizeni kupambana mayeso popanda kuchita khama lofunikira. Koma pokhapokha mutaphunzira mwanjira yothandiza komanso yothandiza, ine ndekha ndidzaonetsetsa kuti mwalephera phunziroli."

Pulofesa Joshal, pulofesa ku Serampur College (India), anandilankhula mawu amphamvu awa Kulephera kwanga pa mayeso ake omaliza kunatanthauza kuti sindingathe kupita ku mayeso omaliza ku Calcutta University, yomwe idaphatikiza Serampur College ngati nthambi yake. Lamulo lokhazikika m'mayunivesite aku India ndilakuti wophunzira amene walephera phunziro lililonse pa mayeso omaliza a zaumunthu ayenera kubwereza chaka chotsatira m'maphunziro onse.

Aphunzitsi anga ku Serampur ankandichitira zinthu mokoma mtima komanso moseka, ponena kuti, "Mukanda (Paramhansa) ndi woledzera kwambiri ndi zauzimu" Izi zinandithandiza kupewa manyazi oyankha mafunso mkalasi, chifukwa anali ndi chidaliro kuti mayeso omaliza olembedwa anali okwanira kuchotsa dzina langa pamndandanda wa ophunzira omwe amafunsira maphunziro a digiri yoyamba. Koma ophunzira anzanga, ankangonditcha dzina loti "wodzipatula wosangalala kwambiri"

Ndinachita zinthu mwanzeru kuti ndilepheretse kuopseza kwa Pulofesa Joshail Lee kuti andilepheretse mu filosofi. Zotsatira zomaliza zisanalengezedwe, ndinapempha mnzanga wina kuti andiperekeze ku ofesi ya pulofesa, nati:

"Bwerani nane, chifukwa ndikufuna mboni, ndipo ndidzakhumudwa ngati sindinagonjetse pulofesayo"

Pulofesa anagwedeza mutu wake nditamufunsa giredi yomwe wapereka mayankho anga, ndipo ananena molimba mtima komanso mosangalala pamene ankafufuza mulu waukulu wa mapepala omwe anali pa desiki yake kuti: "Simuli m'gulu la opambana, chifukwa pepala lanu silili m'gulu la mapepala Mulimonsemo, mwalephera chifukwa simunapite ku mayeso."

Ndinamwetulira ndipo ndinati:

"Bwana, ndalemba mayeso, kodi mungandilole kuti ndifufuze pepala langa ndekha?"

Pulofesa, atasokonezeka maganizo, anandipatsa chilolezo, ndipo ndinatulutsa pepala langa mwachangu, lomwe ndinachotsa mosamala chilichonse chomwe chingandidziwitse dzina langa kupatulapo mawu achinsinsi Popeza pulofesa sanazindikire dzina langa, anandipatsa mayankho anga abwino kwambiri, ngakhale kuti analibe zolemba m'buku!

Atangozindikira chinyengo changa, anafuula kuti, "Mwayi woipa uwu!" Kenako anawonjezera kuti, "Mudzalephera mayeso anu omaliza."

Ponena za mayeso m'maphunziro ena, ndinalandira thandizo, makamaka kuchokera kwa msuweni wanga komanso bwenzi langa lapamtima Prabhas. Ndinavutika, ngakhale kuti ndinavutika kwambiri, m'mayeso omaliza otsalawo ndipo ndinapeza giredi yocheperako.

Tsopano, nditatha zaka zinayi ku koleji, ndinali woyenerera kulemba mayeso anga a digiri ya bachelor, mwayi womwe sindinali kuyembekezera. Mayeso omaliza ku Serampur College anali osavuta kwambiri poyerekeza ndi mayeso ovuta olowera ku Calcutta University omwe amafunika kuti munthu apeze digiri. Ndipotu, kupita kwanga

kwa tsiku ndi tsiku kwa mphunzitsi wanga, Sri Yuktiswar, kunandisiyira nthawi yochepa yoti ndiwonekere m'maholo a yunivesite. Kukhalapo kwanga kunali kodabwitsa kwambiri kwa anzanga akusukulu kuposa kusakhalapo kwanga!

Chizolowezi changa cha tsiku ndi tsiku chinali kukwera njinga yanga pafupifupi 9:30 koloko m'mawa kupita ku nyumba ya aphunzitsi anga, nditanyamula chopereka cha ku Sri Yuktiswar: maluwa ochepa ochokera m'munda wa hostel. Aphunzitsi anga ankandilandira bwino ndikundiitana ku chakudya chamasana, chomwe ndinachilandira mosangalala, ndikufunitsitsa kuthawa maganizo a ku yunivesite ndi maphunziro anga. Pambuyo pa maola angapo ndi Sri Yuktiswar, ndikumvetsera nzeru zake zachilendo kapena kuchita ntchito za nyumba ya aphunzitsi, ndinkachoka mosasamala pakati pausiku, ndikubwerera ku malo anga. Nthawi zina ndinkakhala usiku wonse ndi aphunzitsi anga, ndikusangalala kwambiri ndi zokambirana zake zowunikira, osazindikira kusintha kuchokera kumdima kupita ku mbandakucha.

Cha m'ma 11 koloko usiku wina, pamene ndinali pafupi kutuluka m'chipindamo, mphunzitsi anandifunsa mozama kuti:

"Mayeso a bachelor ayamba liti?"

Ndinayankha kuti: "Masiku asanu kuchokera pano, bwana"

Iye anati, "Ndikukhulupirira kuti mwakonzeka"

Ndinamva nkhawa komanso mantha aakulu, choncho ndinatsutsa kuti:

"Bwana, mukudziwa bwino kuti ndinkakhala nanu masiku anga onse, osati ndi aphunzitsi aku yunivesite, ndiye

ndingatani kuti ndizidzisewerets a nthabwala popita ku mayeso omaliza ovuta?"

Sri Yuktiswar anandiyang'ana mwachidwi ndipo anati mopanda chifundo koma molimba mtima: "Uyenera kupita ku mayeso kuti tisapatse abambo ako ndi ena mwayi wokudzudzula chifukwa chokonda moyo waunsembe kuposa yunivesite. Ndilonjeze kuti udzapita ku mayeso ndipo udzachita zonse zomwe ungathe kuti uyankhe mafunso."

Misozi sinali yolimba mtima, ndipo ndinamva kuti pempho la mphunzitsi silinali lomveka bwino ndipo nkhawa yake inabwera mochedwa Pakati pa kupuma movutikira ndi kulira, ndinati:

"Ndidzapezekapo ngati mukufuna, koma palibe nthawi yokwanira yokonzekera bwino" Ndipo ndinadziwonjezera kuti: "Ndidzadzaza masamba ndi ziphunzitso zanu poyankha mafunso!"

Nditalowa m’malo opatulika monga mwachizolowezi tsiku lotsatira, ndinapereka maluwa a maluwa mwaulemu komanso modandaula, ndipo Sri Yuktiswar anaseka chifukwa cha vuto langa ndipo anati:

"Kodi Mulungu anakukhumudwitsanipo pa mayeso kapena pa china chilichonse?"

Ndinayankha mwachidwi, pamene zokumbukira zabwino za thandizo la Mulungu zinandibwerera m'maganizo mwanga: "Ayi, Mulungu, bwana"

Mphunzitsiyo anapitiriza kuti: "Sikuti unali ulesi, koma chilakolako cha Mulungu chomwe chinakulepheretsani kufunafuna ulemu wa ku yunivesite."

Atakhala chete kwakanthawi, iye anagwira mawu akuti: “Aliyense amene amadalira Mulungu, Iye adzamukwanira”

“Choyamba funani ufumu wa Mulungu ndi chifuniro Chake, ndipo Mulungu adzakudalitsani ndi kukupatsani zonse zomwe mukufuna”

Ndinamva kulemera kwa nkhawa kukuchoka m'mapewa mwanga pamaso pa aphunzitsi. Titamaliza kudya chakudya chamasana msanga, aphunzitsi anatiuza kuti tibwerere ku nyumba yogona alendo, nati:

"Kodi mnzako Romesh akadali kukhalabe ku hostel?"

Ndinati, "Inde, bwana"

Iye anati, "Lumikizanani naye ndipo Mulungu adzamulimbikitsa kuti akuthandizeni ndi mayeso"

Ndinayankha kuti, "Ndidzatero bwana, koma Romesh ndi wotanganidwa kwambiri. Iye ndi wophunzira wolemekezeka m'gulu lathu ndipo ali ndi ntchito yolemera kwambiri yophunzirira kuposa ophunzira ena."

Aphunzitsi sanamvere zomwe ndinanena ndipo anati, "Romesh adzapeza nthawi yoti mupite, Mulungu akudalitseni."

Ndinakwera njinga yanga ndikubwerera. Munthu woyamba amene ndinakumana naye m'bwalo la hostel anali mphunzitsi wamkulu, Romesh. Monga ngati anali ndi nthawi yoti andithandize, anavomera pempho langa mwachangu, nati:

"Khalani otsimikiza, Mukanda, ndili pano kuti ndikuthandizeni"

Anakhala maola ambiri masana amenewo ndipo m'masiku otsatira anandiphunzitsa mitu yosiyanasiyana, kenako anandilangiza, nati:

"Ndikuganiza kuti mafunso ambiri m'mabuku a Chingerezi chaka chino adzakhala okhudza Childe Harold, ndipo tiyenera kupeza buku la mapu nthawi yomweyo"

Ndinapita mofulumira kunyumba kwa amalume anga ndipo ndinabwereka buku la mapu pomwe Romesh adalemba pa mapu a ku Ulaya malo omwe woyenda wachikondi wa Byron adapitako.

Gulu la anzathu ogwira nawo ntchito linasonkhana mozungulira ife kuti limvetsere phunzirolo, ndipo mmodzi wa iwo pomaliza anati:

"Romesh akukupatsani upangiri wolakwika, chifukwa 50% yokha ya mafunso nthawi zambiri amakhala okhudza mabuku, ndipo theka lina ndi lokhudza miyoyo ya olemba"

Koma nditakhala pansi tsiku lotsatira kuti ndichite mayeso a mabuku a Chingerezi ndikuyang'ana pepala la mafunso koyamba, misozi yoyamikira inatuluka m'maso mwanga ndipo inanyowetsa pepalalo. Woyang'anira anandiyandikira ndipo anandifunsa mwachifundo chifukwa chake, choncho ndinafotokoza:

"Aphunzitsi anga abwino ananeneratu kuti Romesh adzatha kundithandiza Taonani, mafunso omwe Romesh anandifunsa ndi omwewo omwe ali pa pepala la mayeso. Mwamwayi kwa ine, pali mafunso ochepa chaka chino okhudza olemba Chingerezi omwe miyoyo yawo ndi chinsinsi chobisika kwa ine!"

Nditabwerera, hostel inali phokoso lalikulu, ndipo anyamata omwewo omwe ankanyoza njira za Romesh tsopano anali kundiyamikira kwambiri. M'sabata ya mayeso, ndinakhala maola ambiri ndi Romesh, yemwe ankalemba mafunso omwe aphunzitsi ankayenera kuwafunsa tsiku ndi

tsiku. Mafunso a Romesh ankaonekera pamapepala a mayeso, pogwiritsa ntchito mawu ofanana.

Uthenga unafalikira ku yunivesite yonse kuti chinachake chofanana ndi chozizwitsa chikuchitika, ndipo kuti kupambana kwa "wodzipatula wosangalala" yemwe analibe maganizo tsopano kunali kotheka. Sindinayese kubisa chowonadi, ndipo aphunzitsi akumaloko analibe mphamvu zosintha mafunso omwe adafunsidwa ndi University of Calcutta.

Pamene ndinaganizira mozama za mayeso anga a mabuku a Chingerezi, ndinazindikira m'mawa wina kuti ndalakwitsa kwambiri. Funso limodzi linali ndi magawo awiri: (a) kapena (b) ndi (c) kapena (d) M'malo moyankha funso limodzi kuchokera ku gawo lililonse, ndinayankha mafunso onse awiri mu gawo loyamba, ndikunyalanyaza lachiwiri Popeza chigoli chapamwamba kwambiri chomwe ndidapeza papepalalo chinali 33, chomwe chinali ndi makiyi atatu ochepera pa giredi yocheperako ya 36, ndinathamangira kwa mphunzitsi, ndikudandaula za tsoka langa, ndikunena kuti:

"Mbuye wanga, ndachita tchimo losakhululukidwa, ndipo sindili woyenera madalitso a Mulungu omwe adabwera kwa ine kudzera mwa Romesh"

Aphunzitsi anandiyankha kuti: "Khala chete, Mukanda, ndipo khala chete"

Mawu a Sri Yuktiswar anali osangalatsa komanso osasamala. Kenako anakweza dzanja lake kumwamba nati, "Dzuwa ndi mwezi zikusinthana njira zawo mumlengalenga ndizotheka kwambiri kuposa momwe simungapezere digiri yanu ya ku yunivesite."

Ndinachoka ku nyumba ya amonke ndikumva bwino, ngakhale kuti kupambana kunkaoneka kosatheka m'masamu. Nthawi zoposa kamodzi, ndinayang'ana kumwamba ndi mantha ndipo ndinaona Mayi wa Tsiku atakhazikika bwino mumlengalenga wake wanthawi zonse!

Nditafika ku hostel, ndinamva mnzanga akunena kuti, "Ndinadziwitsidwa nthawi yomweyo kuti giredi yopambana mu English Literature yatsika koyamba chaka chino"

Ndinathamangira kuchipinda cha mnyamatayo ndili ndi nkhawa ndipo ndinafuna kudziwa zoona zake ndi mtima wonse. Anandifufuza nandiyankha, akuseka:

"Iwe, munthu wa tsitsi lalitali, n’chifukwa chiyani mwadzidzidzi chidwi chonsechi pa nkhani zamaphunziro? Ndipo n’chifukwa chiyani chisangalalo chonsechi pa mphindi yomaliza? Komabe giredi yopambana yachepetsedwa kale kufika pa 33 yokha"

Mphamvu zopanda malire za Sarah zinanditengera kuchipinda changa, komwe ndinagwada ndikuthokoza Mulungu chifukwa cha kuwerengera kwake kwangwiro ndi chisomo chake chopanda malire. Ndinamva mphamvu yauzimu ikunditsogolera bwino kudzera mwa Romesh. Mwadzidzidzi zinachitika pankhani ya mayeso anga a ku Bengali, Romesh, yemwe sanandithandize ndi phunziro limenelo, anandipempha kuti ndibwerere m'mawa wina pamene ndinali pafupi kutuluka mu hostel kupita ku holo yoyesera mayeso.

Mnzanga wina anandiuza kuti: "Romesh akukuyimbirani foni, musabwererenso chifukwa tidzachedwa."

Ndinanyalanyaza malangizo a mnzanga uja ndipo ndinabwerera mofulumira komwe kunali Romesh, yemwe anandiuza kuti:

"Mayeso a Chibengali nthawi zambiri amapambana mosavuta ndi ophunzira a Chibengali, koma ndinazindikira kuti chaka chino aphunzitsi akufuna 'kupha' ophunzira ndi mafunso ochokera m'mabuku olembedwa" Kenako mnzanga anandifotokozera mwachidule zochitika ziwiri kuchokera m'moyo wa Bahrul Uloom Vidya Sagar, munthu wodziwika bwino komanso wothandiza anthu wa m'zaka za m'ma 1800.

Ndinamuthokoza Romesh ndipo ndinakwera njinga yanga kupita ku bwalo la koleji. Pepala la mayeso a Chibengali linali monga momwe adafotokozera, lili ndi magawo awiri. Gawo loyamba linafunsa kuti: "Lembani ntchito ziwiri zachifundo zomwe Bahrul Uloom Vidya Sagar adachita" Nditatumiza chidziwitso chatsopanochi (kuchokera kwa Romesh) papepala, ndinamuyamika Mulungu chifukwa chomumvera nthawi yomaliza Ndikanakhalabe wosadziwa kukoma mtima kwa Bahrul Uloom kwa anthu (ndipo tsopano ndili m'gulu lawo, ndithudi!), sindikanatha kupambana mayeso a Chibengali.

Funso lachiwiri pa pepalalo linali lakuti: "Lembani nkhani mu Chibengali yokhudza moyo wa munthu amene anakulimbikitsani kwambiri" Sindikuyenera kukuuzani, owerenga okondedwa, amene ndinasankha pa phunziro langa Pamene ndinali kudzaza tsamba ndi tsamba ndi kuyamika mphunzitsi wanga, ndinamwetulira, ndikuzindikira zoona za mawu anga: "Ndidzadzaza masamba ndi ziphunzitso zanu!"

Sindinaone kufunika kopempha thandizo kwa Romesh pankhani ya filosofi. Ndinali ndi chidaliro mu maphunziro anga akuluakulu ku Sri Yuktiswar, ndipo ndinanyalanyaza molimba mtima mafotokozedwe a m'buku, ndipo filosofi inali giredi yapamwamba kwambiri yomwe ndinalandira. Zigoli zanga zonse m'maphunziro ena zinali zokwanira kuti ndipambane.

Ndizosangalatsa kunena pano kuti mnzanga wokondedwa Romesh adapambana mayeso bwino kwambiri

Nkhope ya abambo anga inamwetulira kwambiri pamene ndinamaliza maphunziro anga, ndipo anavomereza kuti, "Sindingathe kuganiza kuti wapambana, mwana wanga, umakhala nthawi yayitali ndi aphunzitsi ako" Zoonadi, aphunzitsi anga ankadziwa za kudzudzula kwa abambo anga kosalankhula.

Kwa zaka zambiri ndinkakayikira kuti tsiku lidzafika pamene ndidzawonjezera dzina la Bachelor pa dzina langa. Sindinkagwiritsa ntchito dzina limenelo kawirikawiri popanda kuganiza kuti ndi mphatso yopatulika yomwe ndinapatsidwa pazifukwa zodabwitsa. Nthawi zina ndimamva omaliza maphunziro a ku yunivesite akunena kuti ndi gawo laling'ono chabe la chidziwitso chomwe adapeza chomwe chinatsala nawo atamaliza maphunziro. Kuvomereza kumeneku kuchokera kwa iwo kumanditonthozanso chifukwa cha zofooka zanga zamaphunziro zomwe sindingathe kuzikana.

Pa tsiku limenelo mu June 1914, pamene ndinalandira digiri yanga kuchokera ku yunivesite ya Calcutta, ndinagwada pamaso pa mphunzitsi wanga kuti ndimuyamike chifukwa cha madalitso omwe anatuluka m'moyo wake ndi kuphimba moyo wanga. Anandidzutsa moseka nati:

"Dzuka, Mukanda Mulungu anakuona kuti n'kosavuta kukupangitsani kuti mukhale wophunzira ku koleji kusiyana ndi kukonzanso njira ya dzuwa ndi mwezi!"

la Zakale: Mbiri ya Moyo Wanu

Miyambi, ndakatulo ndi nkhani za aphunzitsi

Paramhansa Yogananda

Mphamvu yaumulungu imeneyo
Zidzakuthandizani ndi kukupatsani mphamvu
Monga momwe amandithandizira nthawi zonse
ndikundipatsa mphamvu
Ndikunena izi kuchokera mu zomwe ndakumana nazo
Ndikanapanda kukumana ndi zinthu izi m'moyo wanga
Pamene ndinatha kulankhula za izo
Ndimakhala ndi chikhulupiriro mwa Mulungu
Mulungu ndiye mphamvu yanga
Sindikhulupirira mphamvu ina iliyonse kupatula
mphamvu ya Mulungu
Ndipo ndikayang'ana kwambiri pa mphamvu yodala
imeneyo
Umakumana nane ndikugwira ntchito kudzera mwa ine

Nightingale wa Kumwamba
zaumulungu
Ine ndine nightingale wanu, ndikukwera kumwamba kwa
kukhalapo kwanu kwa chilengedwe chonse
Mukufunafuna nthawi zonse madontho a choonadi
chanu
Ndapemphera kwa inu ndi chidaliro chachikulu
Kuti mutumize mvula ya chifundo chanu kuchokera ku
mitambo yoopsa ya chete
Ndipo popeza ndinali ndi ludzu kwambiri
Ndinalandira mwachidwi mfundo zonse zopatulika
zokhudza inu
O, ndimafuna kumva kukhalapo kwanu mkati mwanga
!komanso mozungulira ine
Ludzu langa losatha linkatha pokhapokha mutakhudza
ndi kuziziritsa
Moyo wanga wosakhazikika ndi moyo wanga wodzaza
ndi chisangalalo
Nyengo ya kutaya mtima ndi kusowa chiyembekezo
yadutsa
Kuuma kwa mavuto kunatha ndi mvula ya mtendere
wanu
Ndipo tsopano ndikuyandama mwakachetechete
ndikukwera mmwamba, ndikuimba nyimbo zokhutitsidwa ndi
kukhutitsidwa
Ine ndine nightingale wanu amene amamwa madzi okha
a chitonthozo chanu
Kutsika kosalekeza kuchokera pamwamba pa moyo
wanu
* * *
"Mawu ofunikira kwa anthu ambiri m'moyo uno ndi "ine
Munthu wauzimu amaganizira ena monga momwe
amaganizira iyemwini
Anthu amene amangoganizira za iwo okha
.amadzibweretsera udani ndi mkwiyo wa ena

Anthu ozungulira iwo Koma iwo amene amaganizira za malingaliro ndi zokonda za ena amapeza kuti Ena amawaganizira ndipo amaganizira za momwe akumvera

Ngati pali anthu zana limodzi m'tawuni, ndipo aliyense akufuna kutenga

Wina aliyense adzakhala ndi otsutsa makumi asanu ndi anayi mphambu asanu ndi anayi. Koma ngati aliyense Ngati wina ayesa kuthandiza wina, ndiye kuti aliyense adzakhala ndi anzake makumi asanu ndi anayi mphambu .asanu ndi anayi

Ndakhala ndi moyo wotero ndipo sindinataye chilichonse pogawana zomwe ndili nazo ndi ena Zoonadi, zonse zomwe ndinapereka zandibwezera kawiri, mwa chisomo cha Mulungu Ndipo tsopano sindikufunanso

Palibe chifukwa, chifukwa zomwe ndili nazo mkati mwanga ndi zazikulu komanso zamtengo wapatali kuposa .chilichonse chomwe ndingaganizire

Dziko lapansi limandipatsa ine. Chimene munthu .amalimbikira ndi kupeza chimwemwe

Chisangalalo chikapezeka, kufunikira kwa zinthu zomwe zimatsogolera ku chimwemwecho kumatha

Chitsimikizo changa chokha m'dziko lino ndi momwe anthu amamvera bwino. Chuma chenicheni chili m'mitima ya .okondedwa ndi abwenzi

Tiyenera kuyesetsa kulumikizana ndi Mulungu m'moyo uno. Tapatsidwa moyo waumunthu, nzeru, ndi ufulu wosankha, motero tiyenera kugwiritsa ntchito mphatso izi .kuti tipeze Mulungu

Tikakhala odzikonda, timakhala osangalala. Ndipo ngati .titsatira njira imeneyi, ena adzakhudzidwa

Ena otizungulira amachita zinthu ngati ife ndipo .amayesetsa kutitsanzira. Izi ziyenera kuchotsedwa

Kudzikonda ndiye chifukwa chachikulu cha zoipa zonse za munthu payekha komanso za anthu
Kodi mavuto amayamba bwanji ndipo n’chifukwa chiyani?
Munthu aliyense amayesetsa - mwadala kapena mosadziwa - kuti afike pa chikhulupiriro chake chakuti ndi wosagonjetseka komanso wosafa. Mu zokhumba zawo zonse zakunja, kaya kudzera mu sayansi, malonda, mankhwala, kapena mbali ina iliyonse ya moyo, amafunafuna mtendere ndi chitetezo, ufulu ku mavuto, ndi chimwemwe chokhalitsa.
Zimenezo n’zabwino, kwenikweni ndi ufulu wake komanso cholowa chake chachilengedwe chimene Mlengi wake amamufunira, bola ngati iyenso akufuna madalitso omwewo kwa ena monga momwe amafunira iye mwini.
Kumbali imodzi, anthu ambiri amayesa kupeza cholowa chopanda malire komanso chosathacho kudzera m'njira zochepa komanso zochepera.
Zinthu zimene anthu akwaniritsa zikanawonjezeka komanso kukhala zofunika kwambiri ngati, kuwonjezera pa kupeza dziko lapansi, munthu akanayesetsa kufufuza mphamvu zauzimu ndi mphamvu zomwe zili mwa iye mwini!
Palibe kukayika kuti kupita patsogolo kwa zinthu zakuthupi n’kodabwitsa, koma palibe kupambana kwakunja kokha komwe kungapatse munthu chikhutiro chamkati ndi chitetezo chomwe amachifuna kwambiri.
Sayansi yathandiza kuthetsa miliri yambiri yomwe inali kuopseza mibadwo yakale ndipo yathandiza kupanga njira zapamwamba zopangira zinthu zomwe zingathetse njala ndi umphawi. Komabe, kukhala ndi thanzi labwino m'dziko lino kutengera zinthu zakuthupi n'kovuta.
Munthu amapita patsogolo pa ntchito inayake, koma amadabwa ndi mavuto osayembekezereka omwe amasokoneza zomwe wakwanitsa kuchita.
Izi sizikutanthauza kuti munthu sayenera kuyesa kupeza njira zothetsera mavuto ake kudzera m'njira zakunja, koma

cholinga chake ndi kukhala wolinganiza osati kutsamira .mbali imodzi poika ena pamavuto

Mulungu wapatsa munthu nzeru ndi mphamvu zodzifunira, ndipo izi ziyenera kugwiritsidwa ntchito pokonza mikhalidwe yake padziko lapansi. Ngakhale kuti kuyesayesa kwabwino kukuchitika, gwero lamkati la mphamvu ndi nzeru ziyenera kuzindikirika ndikugwirizana ndi gwero limenelo, chifukwa kulephera kugwirizana ndiye chifukwa cha mavuto .ndi zolakwa za munthu

Simungangokhala pansi ndi kuyembekezera kuti kupambana kudzagwera m'manja mwanu. Mukamaliza kukonza njira yanu ndikuyamba kuchita chifuniro chanu, muyenera kuchita khama, ndipo mudzapeza kuti chilichonse chomwe mukufuna kuti mupambane chidzabwera pang'onopang'ono kwa inu, ndipo chilichonse chidzakuyendetsani m'njira yoyenera. Chifuniro chanu, chodzazidwa ndi chifuniro cha Mulungu, chidzayankha mapemphero anu, chifukwa mukagwiritsa ntchito chifuniro chimenecho, mumatsegula chitseko chomwe mapemphero .anu adzaperekedwa

Anthu apeza ukatswiri mu sayansi, ukadaulo, zamankhwala, ndi madera ena, zomwe zimathandiza kuti apereke zinthu zosangalatsa komanso zosavuta. Komabe, izi sizikutanthauza kuti angathe kusiya Mlengi wawo. Apo ayi, zinthuzi zikanatha kutaya phindu lake, ndipo mavuto a chikhalidwe cha anthu, mabanja, ndale, ndi chilengedwe angayambe kuonekera ndikufalikira. Izi zili choncho chifukwa, podalira zinthu zakunja, anthu amataya nzeru zoyendetsera mphamvu zazikulu zomwe atulutsa kudzera mu njira ndi njira zasayansi. Chifukwa chake, moyo umakhala wovuta kwambiri moti umakhala wovuta kuthana nawo, komanso umakhala gwero la nkhawa komanso .kusatsimikizika

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Munthu ayenera kukhala ndi malingaliro ake onse, malingaliro ake, ndi luntha lake, ndikukhala maso ndi kusamala chilichonse chomuzungulira, monga wojambula zithunzi waluso amene amagwiritsa ntchito mwayi woyenera kwambiri kujambula zithunzi zodabwitsa kwambiri za malo okongola kwambiri.

Chimwemwe chenicheni cha munthu chimadalira kukhala wokonzeka nthawi zonse kuphunzira ndi kuchita zinthu moyenera komanso mwaulemu. Munthu akamadziwongolera kwambiri, amathandiza kwambiri kuti anthu omuzungulira apite patsogolo komanso akhale osangalala.

Ndi ochepa okha amene amafufuza momwe zinthu zilili ndi kusankha ngati akupita patsogolo kapena kumbuyo.

Monga anthu opatsidwa nzeru, nzeru, ndi kumvetsetsa, ntchito yathu yaikulu ndikugwiritsa ntchito makhalidwe amenewa moyenera kuti tidziwe ngati tikupita patsogolo kapena kubwerera m'mbuyo. Ngakhale titakumana ndi zolephera mobwerezabwereza, sitiyenera kutaya mtima kapena kutaya chiyembekezo. Kulephera kuyenera kukhala ngati chothandizira kukula kwathu mwakuthupi ndi mwauzimu.

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Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika panthawi inayake ndi malo enaake. Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe walankhula, zomwe zakhazikika m'nthaka ya chidziwitso chake, zikumera kukhala chomera ndikubala zipatso zamtundu womwewo monga malingaliro ndi zochitazo.

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Kukonzekera bwino kwambiri moyo wabwino

Ngati tikufuna kusangalala ndi moyo, nthawi yake ndi ino—osati mawa, osati chaka chamawa, ngakhale pambuyo pa moyo wina. Kukonzekera bwino kwambiri moyo wabwino

chaka chamawa ndikukhala moyo wopindulitsa, wogwirizana, komanso wopindulitsa chaka chino. Chikhulupiriro chathu m'moyo wamtsogolo wokhala ndi chipambano chachikulu ndi chimwemwe chachikulu sichili ndi phindu pokhapokha titachimasulira kukhala chochita tsopano. Lero liyenera kukhala tsiku lofunika kwambiri .komanso lopindulitsa kwambiri m'miyoyo yathu

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Anthu ofuna kukwatira ayenera kuphunzira kulamulira malingaliro awo ndi zilakolako zawo, ndipo masukulu ayenera kuphunzitsa luso limeneli, pamodzi ndi kukulitsa bata ndi kuganizira kwambiri. Mabanja ambiri osasangalala ndi mabanja osweka alipo chifukwa chakuti mbali yofunikayi imanyalanyazidwa, kunyumba ndi kusukulu. Kodi anthu awiri omwe ali ndi zilakolako ndi zilakolako zosalamulirika ?angakhale bwanji pamodzi mwamtendere ndi bata

Poyamba ukwati, okwatirana kumene amakhala ndi malingaliro ndi chisangalalo. Koma patapita kanthawi, pamene malingaliro amenewa akuyamba kuzimiririka, chibadwa chenicheni cha okwatiranawo chimayamba kuonekera, pamodzi ndi mikangano, kusagwirizana, mikangano, ndi kukhumudwa. Mtima umafuna chikondi chenicheni ndi ubwenzi, ndipo koposa zonse, umafunika bata ndi mtendere. Mtendere ukasweka ndi malingaliro .amphamvu, mzati wofunikira wa ukwatiwo umafooka

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Ziwalo ndi malingaliro a thupi zimafunikira dongosolo la mitsempha labwino kuti likhale ndi thanzi labwino, mphamvu, komanso kukhudzidwa. Kuti dongosolo la mitsempha likhale bwino, ndikofunikira kuti munthu asamavutike ndi malingaliro oipa monga mantha, mkwiyo, .umbombo, ndi nsanje

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Chimwemwe chanu ndicho kupambana kwanu, choncho musalole wina aliyense kukuchotserani chimwemwe chanu

Dzitetezeni kwa anthu amene amayesa kukuvutitsani
Ndili mwana, ndinkakwiya kwambiri ndi anthu amene ankafalitsa mabodza okhudza ine, koma pambuyo pake ndinazindikira kuti chikumbumtima changa n’chofunika kwambiri kuposa kuvomerezedwa ndi anthu.
Chikumbumtima ndi chidziwitso chachibadwa chomwe chimalemba mokhulupirika komanso molondola maganizo ndi zolinga za munthu. Chikumbumtima chikakhala choyera ndipo munthu akudziwa kuti akuchita zabwino, palibe chomwe chingamuwopseze. Chikumbumtima choyera ndi umboni wa chiyanjo cha Mulungu. Anthu omwe ali ndi chikumbumtima choyera amapeza chimwemwe m'miyoyo yawo ndipo amalandira madalitso ndi chiyanjo cha Mulungu.

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Mawu aliwonse omwe munthu amalankhula amakhudza ubongo ndi maganizo ake kwamuyaya. Mzimu wa munthu ukachoka m'thupi lake akamwalira, kulowa kwawo kudziko lina kudzadalira chiweruzo chomwe karma yawo (zotsatira za zochita zawo) zidzapereka chifukwa cha mawu abwino kapena oipa.
Mawu abwino ochokera mumtima wabwino amapereka zotsatira zabwino ku moyo, pomwe mawu oipa otsogozedwa ndi zizolowezi zoipa amasonkhanitsa karma yoipa kapena zotsatira zoyipa ku moyo.
Mawuwa amapangidwa ndi kugwedezeka katatu: kugwedezeka kwa causal kapena intellectual, kugwedezeka kwa kinetic kapena planetary, ndi kugwedezeka kwa thupi kapena kooneka.
Mawu oti "mtendere" ali ndi mawu atatu osiyana:
1 Kusinthasintha kwa ganizo kapena chifuniro pamene mawu oti "mtendere" anenedwa
2 Kugwedezeka kwa mphamvu mu ubongo, mawu, ndi lilime, koyendetsedwa ndi chifuniro, pamene mawu oti "mtendere" atchulidwa

Kugwedezeka kwa mawu ndi mphamvu ya mawu 3
"potchula mawu oti "mtendere
Chifukwa chake, liwu lililonse, labwino kapena loipa,
limasiya kugwedezeka kwake—ndiko kuti, zotsatira zake—pa
thupi kapena ubongo, ndi pa moyo mphamvu ndi nzeru mu
mawonekedwe a zilakolako ndi zikhumbo Pachifukwa ichi,
kugwedezeka kwa mawu onse kumasiya zizolowezi zabwino
.kapena zoipa m'maganizo
Iye amene achotsa zolinga zopotoza choonadi
amakhazikitsa mphamvu yaikulu mkati mwake kuti
.asapereke umboni wabodza ndipo mawu ake onse ndi oona
Ambuye, ndipatseni mphamvu kuti ndigwiritse ntchito
mawu anga kutumikira choonadi polankhula mawu okoma,
opindulitsa, komanso otsitsimula. Imbani nyimbo zanu
zosatha pa chitoliro cha moyo wanga kuti ndidalitsidwe ndi
.kugwedezeka kwa nyimbo zanu zopatulika
* * *
bulangeti loyandama
Tsiku lina, abwenzi awiri anali kuyenda m'mphepete
mwa mtsinje pamene anaona chomwe chinkaoneka ngati
bulangeti loyandama. Mmodzi wa iwo anadziponya
."mumtsinje ndikusambira mpaka atafika pa "bulangeti
Koma anachedwa kubwerera kubanki, ndipo mnzake
anaona kuti akuvutika kuthana ndi "bulangeti" ndipo ndicho
chifukwa chake anachedwa kubwerera, choncho
:anamukalipira, nati
?Bwanji osamusiya n’kubwerera
Bwenzi lake linayankha kuti: Ndicho chimene
ndikuyesera kuchita, koma bulangeti landigwira ndipo
.silikundilola kupita ndikubwerera
Modabwitsa kwambiri, anazindikira mochedwa kuti
chomwe ankaganiza kuti ndi bulangeti chinali
.chimbalangondo chosambira
Nkhaniyi ndi yothandiza komanso yogwira ntchito
m'mbali zambiri za moyo wa anthu. Ndikukhulupirira kuti

uthenga wake ndi wanzeru komanso wochenjeza kuti tisachite zinthu mwachangu zomwe zingakhale ndi .zotsatirapo zosasangalatsa

Bulangeti ili lingakhale lingaliro loyandama mumtsinje wa malingaliro lomwe, likamalizidwa, limasanduka chilakolako chovuta kwambiri chomwe chimakhala chovuta .kuchilamulira

Kapena kungakhale chizolowezi choipa chomwe, chikakhazikika muubongo, chimakhudza maziko ake ndikukulitsa mizu yake, kukhala gawo lofunikira la umunthu .wa munthu, kotero kuti amakhala mkaidi m'manja mwake

Kapena kungakhale mtundu wina wa chiyeso - ndalama zomwe sizili pa nthawi yake kapena zoyenera ndipo zimabweretsa kutayika kwakukulu, zakuthupi komanso .zamakhalidwe abwino

Kapena ikhoza kukhala mfundo yomwe imawoneka ngati yomveka bwino komanso yothandiza, kotero munthuyo amaitsatira ndikuzindikira, ikalowa m'thupi mwake, kuti .zenizeni zake ndizosiyana kwambiri ndi mawonekedwe ake

Kapena kungakhale chizolowezi kapena kuyenda ndi zotsatira zosayembekezereka

Kapena kulumpha mumdima

Chifukwa chake, kunanenedwa kuti: Ganizirani malo a .phazi lanu musanachitepo kanthu

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Mapeto a Ulendo

Kwa nthawi yayitali ndakumana ndi njira zokhotakhota za kukayika

Ndinadutsa zigwa zongopeka zomwe zinandisiyanitsa ndi inu kwa nthawi yayitali

Ndinadutsa m'zipululu zosawerengeka

Ndinatsatira zolinga zambiri

Pomaliza, ndinadzimasula

Kuchokera m'madzi odzaza ndi chisoni ndi chisangalalo

Kotero ndinamaliza ulendo wanga ndipo ndinafika
kumapeto kwa njira yanga
Ndipo tsopano ndikuyang'ana mosangalala ululu wanga
wakale
Kuchokera pathanthwe lililonse la mazunzo anga akale
Diso limatuluka misozi yachisangalalo
Ndipo m'madzi oyera amenewo
Kudzera m'misozi ya chikondi changa pa inu,
ndimadziyeretsa tsiku lililonse
* * *
Kale ndinali ndi nyali yobisika
Ndipo mwachidwi ndinali kutumiza kuwala kwachangu
kuzungulira ine
Mu bata la mdima wamkati
Nthawi zambiri ndinkaona nsomba zazing'ono ngati
malingaliro opanga zinthu zatsopano
Inagwidwa ndi kuwala kwadzidzidzi
Ndinagwiritsa ntchito izi ngati nyambo
Kugwira zolengedwa zazikulu mkati mwa
chikumbumtima changa
Koma ambiri a iwo anathawa
Kumbuyo kwa bwalo laling'ono la kuwala
Kuchokera kwa otsatira anu odzipereka
Nyimbo zambiri zasiliva ndi maloto agolide
Ndi ndalama za chikondi, ndinagula maukonde owala
komanso owala kuti ndizindikire za mzimu
Ndipo kuchokera pamenepo anapanga ukonde
wamphamvu wa nsalu yowala
Ndinadutsa nyanja ya nzeru zanu ndikukufunani
!Nsombazo zinali zambiri komanso zamtengo wapatali
Ndapeza malingaliro abwino komanso osangalatsa
Ndipo chuma cha zokumbukira zopatulika zotayika
,Komanso
ndidakupezani
!Ndipo ndakugwira, iwe chuma chamtengo wapatali

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M'masiku a chilimwe a moyo
Ndimasonkhanitsa timadzi tokoma ta malingaliro
Kuchokera ku maluwa a makhalidwe abwino okoma
Chomera m'minda ya anthu abwino
Ndipo ndinasunga mumtima mwanga
madzi osungunuka
Kuchokera ku maluwa apamwamba a kulekerera
Ndipo mphukira za kudzichepetsa ndi fungo lawo lofewa
Ndipo maluwa osowa a malingaliro a lotus ofewa
Ndipo pamene ikundithira pansi
Chipale chofewa, zokumana nazo za m'nyengo yozizira
Ndipo kulekanitsidwa kwapadziko lapansi kowawa
Ndikufuna chikondi ndi chitonthozo
Mu timadzi tokoma tomwe timasungidwa mu selo la
mtima wanga
Mu chipinda chodala chimenecho, pamaso panu
Nthawi zambiri ndimapeza njuchi yaumulungu
Imwani kukoma kwa zokhumba zanga zakale
Ndikumva bwino, ndikusangalala, komanso
ndikutonthozedwa

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Ndimakhulupirira ubale wa anthu, chikondi cha padziko lonse, kumvetsetsana, ndi mgwirizano pakati pa anthu kuti achepetse mavuto a moyo kwa wina ndi mnzake.

Zolinga zabwino padziko lonse lapansi ziyenera kuyambitsidwa m'dziko lino, ndipo malingaliro abwino ayenera kutsatiridwa omwe amakweza anthu kufika pamlingo wapamwamba, kuyeretsa malingaliro awo, kuchepetsa zilakolako zawo, ndikuwongolera maluso awo abwino.

Izi zitha kuchitika kudzera mu chitsanzo chauzimu ndi mfundo zabwino, osati kudzera mu mphamvu zankhanza ndi nkhondo zowononga. Mphamvu zandale ndi zoopsa popanda mfundo zauzimu zozitsogolera ndi kuzilamulira.

Ndikamanena za mfundo zauzimu, sindikutanthauza ziphunzitso zinazake, magulu achipembedzo, kapena zikhulupiriro zina, koma malamulo onse: malamulo a chilungamo ndi makhalidwe abwino omwe amagwira ntchito kwa aliyense ndikuwabweretsera ubwino, ubwino, ndi .mtendere

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N’chifukwa chiyani munthu amathera nthawi yake kufunafuna zinyenyeswazi za chikondi cha anthu ndi ndalama zochepa ndi chinthu ichi kapena icho, pamene angapeze chilichonse mwa Mulungu amene ndiye gwero la ?chikondi ndi mphamvu zonse

Sitiyenera kufunafuna Mulungu chifukwa cha umbombo wofuna mphamvu, koma chifukwa cha chilakolako cha chikondi. Kenako tidzapeza chuma chachikulu. Tikakonda Mulungu ndi chikondi chozama komanso chochokera pansi pa mtima, Iye amatiyankha, ndipo timamva chikondi chake .chikugunda m'mitima mwathu

Moyo umakhala wokoma kwambiri munthu akamaganizira za Mulungu Munthu akamaganizira kwambiri za moyo wauzimu panthawi yochita zinthu, mphamvu zake zoti amwetulire zimakhala zazikulu. Ndili mu ufumu umenewo tsopano ndi nthawi zonse—ndi chisangalalo cha Mulungu. Palibe chomwe chimandikhudza Kaya ndili ndekha kapena ndili ndi ena, chimwemwe cha Mulungu .chimakhalabe mkati mwanga nthawi zonse

Ndinatha kusunga kumwetulira kwanga ndipo kumwetulira komweko kuliponso mwa inu, chimwemwe ndi chisangalalo chomwecho cha moyo chili mwa inu. Simukuyenera kuzipeza, koma kungozibwezanso. Munazitaya kwakanthawi chifukwa cha kudzizindikira nokha .ndi mphamvu zanu, ndipo mutha kuzibwezanso

Aliyense amene amakhulupirira kuti zinthu zakuthupi, zomwe zingasangalale mwa kuona, kumva, kulawa, kununkhiza, ndi kukhudza, zimabweretsa chimwemwe

chenicheni, walakwitsa kwambiri. Mphamvu sizipereka chimwemwe; m'malo mwake, zimatilanda. Ngati mukhazikitsa zinthu zoti mukhale osangalala, monga kunena kuti, "Sindingakhale wosangalala pokhapokha nditawona nkhope imeneyo," simudzasangalalanso ndi chimwemwe choyera, chosasokonezeka, chifukwa zosangalatsa zomwe zimamveka zimakhala zakanthawi kochepa.

Masiku ndi zaka zimawononga kukongola kwa thupi Chilichonse m'dziko lapansi chimatsatira lamulo la kusintha. Chifukwa chake, ngakhale munthu ataona nkhope iliyonse yokongola padziko lapansi, kumva phokoso lililonse, ndikukhudza chilichonse chomwe akufuna, sangapezebe chimwemwe chenicheni. Komabe, angadzinyenge kuti akuganiza kuti ali osangalala.

Nthawi zina, munthu akachita khama kwambiri kuti apeze chinthu, sapeza chimwemwe m'chinthucho chokha. Komabe, munthu amapeza chikhutiro kuchokera ku khama lomwe wachita, motero amakhulupirira kuti ndi wosangalala. Koma kukhutira kwamtunduwu ndi kwakanthawi komanso kosakhalitsa.

Choncho n’kopanda phindu kufunafuna chimwemwe m’malingaliro. Chisangalalo chauzimu chiyenera kupezeka ndi kufotokozedwa m’mawu ndi nkhope. Munthu akachita izi, ngakhale kumwetulira pang’ono kudzaphimba aliyense womuzungulira ndi mphamvu yake yodabwitsa ya maginito, ndipo ena adzamva osangalala.

Koma Mulungu yekha ndi amene angasinthe mitima. Sitiyenera kudziona kuti ndife okhoza kuchita zabwino. Wochita zabwino yekhayo amene alipo ndi Mulungu. Dziko lino ndi lake. Ngati mukumva kukhalapo kwake ndikuzindikira kuti Iye ndiye wolamulira chilichonse, ndipo ngati mupereka chilichonse kwa Iye—ntchito zabwino ngakhale zoipa—mudzadabwa kupeza kuti zochita zanu zonse zidzasanduka ntchito zabwino.

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Nthawi imene timaganizira bwino za munthu wina, chidziwitso chathu chimakula ndipo malo athu amakula. Tikamaganizira za mnansi wathu ndi kumusonyeza chifundo, mbali ya umunthu wathu imapita kwa iye limodzi ndi lingaliro limenelo, ndipo si lingaliro lokhalo lokha lomwe likufunika, komanso kukonzekera kugwiritsa ntchito lingaliro limenelo.

Sitiyenera kuletsa aliyense m'gulu lathu la chikondi {ndipo mnansi wako ali ngati iwe} {mnansi wako kenako mnansi wako kenako mnansi wako}

Ukwati ndi phunziro la kudzipereka Anthu awiri amagawana moyo wina ndi mnzake, kenako ana amabwera ndipo makolo amagawana moyo nawo. Koma ndi kudzikonda kuganizira za banja lapafupi chifukwa okondedwa athu adzatisiya tsiku lina, ndipo ichi ndi chikumbutso chakuti cholinga cha ubale wa anthu ndikukulitsa chidziwitso cha kudzimana chifukwa cha ena ndikugawana nawo zinthu zakuthupi ndi malingaliro aubwenzi.

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Mukagona, mumachepetsa malingaliro ndi malingaliro, koma mukamachepetsa malingaliro ndi malingaliro mwanzeru kudzera mu kusinkhasinkha, chinthu choyamba chomwe mumakumana nacho ndi mtendere, ndipo minofu ya nkhope yokha imapanga kumwetulira komwe kumasonyeza mtendere wa mumtima.

Koma muyenera kuyang'ana kupyola mkhalidwe wamtendere kuti muwone chiyero cha moyo wanu Kuyera kumeneko, kopanda chilema komanso kosasokonezedwa ndi zolimbikitsa zamaganizo kapena zochita zokha

Zotsatira zake ndi malingaliro okhudzana ndi mphamvu ndipo momwe mumamvera ndiye chisangalalo chosatha.

Aneneri ndi oyera mtima amakhala ndi chisangalalo ichi m'mitima yawo nthawi zonse akumva chitetezo ndi bata lodala, sagwedezeka komanso sagonjetsedwa ndi mphepo

yamkuntho, ndipo nkhawa ndi mantha sizimawakhudza. Pogwiritsa ntchito luntha la kulingalira kapena kuzindikira, amatha kusanthula malingaliro awo kapena malingaliro a ena patebulo la maganizo pamene akusunga bata lawo ndi .bata

Mu chisangalalo cha mzimu, kuvutika maganizo kumatheratu, ndipo kuzindikira kwauzimu kumaonekera mwa wophunzira wosangalala, kukulitsa kulimba kwake mwa .iye mwini

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Kumwetulira kwenikweni ndi kumwetulira kwa chimwemwe chauzimu komwe kumapezeka poganizira ndi .kuganizira za Mulungu ndikumva kukhalapo kwake

Kumwetulira kwanga kumachokera ku chisangalalo chachikulu mkati mwanga—chisangalalo chomwe aliyense angachipeze. Chili ngati fungo lochokera mumtima mwa duwa lotuwa. Chisangalalo chachikulu ichi chimaitana ena .kuti adzilowetse m'madzi opatulika a chisangalalo

Pali zinthu zinayi zomwe munthu wamba amadziwa :bwino

Amasangalala kwambiri akakwaniritsa zomwe akufuna

Amamva kusasangalala ngati akulepheretsedwa kuchita zimenezo

Koma akakhala wosasangalala kapena wosavutika maganizo, amamva kutopa

Mwa kuthana ndi malingaliro awa kapena mkhalidwe wamaganizo wa chisangalalo, ululu, ndi kusungulumwa, .munthu amakhala ndi mtendere wamumtima

Mtendere ndi mkhalidwe wofunika kwambiri chifukwa chosakhala ndi chisoni, chisangalalo, ndi kusungulumwa. Mikhalidwe imeneyi imasintha nthawi zonse mkati mwa .moyo

Pambuyo poyenda ndi ululu ndi chisangalalo choopsa, kuphatikizapo kuvutika mobwerezabwereza

Pali chisangalalo poyandama pachifuwa cha nyanja yamtendere ya bata
Koma choposa mtendere ndi chisangalalo chauzimu, chisangalalo cha mzimu, chimwemwe chachikulu. Ndi chisangalalo chatsopano chomwe sichimatha koma .chimayenda ndi mzimu kwamuyaya
Chisangalalo chachikulu chimenecho chingapezeke .pokhapokha ngati Mulungu wationa
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Munthu aliyense ali ndi mphamvu zomwe sanazigwiritse ntchito. Ali ndi mphamvu zonse zofunika. Maganizo okha ndi amphamvu kwambiri, ndipo ayenera kumasulidwa ku .zizolowezi ndi malingaliro akale komanso oletsa
Mphamvu ya mapulaneti ndi nyenyezi pa moyo wa anthu imayambitsidwa ndi mphamvu zokopa ndi .kusokonezana pakati pa mapulaneti ndi matupi a anthu
Maganizo oipa amatsogolera mwiniwakeyo kumalo oipa komwe angathe kufotokoza maganizo ake monga momwe akufunira. Koma munthu akhoza kusintha maganizo ake ndi chidziwitso chake pogwiritsa ntchito mphamvu zake, motero .akhoza kusintha malo ake
Ngati munthu akhalabe pamalo oopsa kwa nthawi yayitali, malo amenewo amayamba kumukhudza mosazindikira. Pakapita nthawi, amataya ufulu wawo wosankha malo abwino komanso abwino ndipo amayamba kukhudzidwa ndi zinthu zoipa zomwe zimachitika pamalo .oipawo
Ponena za munthu amene ali ndi chifuniro champhamvu, amakhala mogwirizana ndi Mulungu ndipo sayembekezera kuti mapulaneti ndi nyenyezi zimupatse kumwetulira kwawo. M'malo mwake, amapitiriza ulendo wake ngati nyenyezi yowala, yosakhudzidwa kupatulapo nyenyezi yotsogolera ya Mulungu, yemwe ndi dzuwa la .dzuwa ndi Ambuye wa lamulo ndi miyoyo
Chimodzi mwa zosankha ziwiri

Kalekale, panali munthu wodzipereka kwambiri pagombe la mtsinje wodalitsidwa. Anakhala zaka zambiri za moyo wake akuganizira mozama, koma mwatsoka, khama lake silinaphule kanthu, ndipo sanasangalale ndi kukolola zokolola zambiri za mtendere, ngakhale kuti anayesetsa kufufuza ndi kufufuza zinsinsi za moyo ndi magwero a chimwemwe.

Ngakhale kuti mnzathu nthawi zonse anali wozunguliridwa ndi malo okongola akumwamba, miyoyo yachifundo, mabuku amtengo wapatali, ndi mabwalo okumbukira odala, komabe maganizo ake anapitiriza kuganizira njira zoyenera kwambiri zobera anthu ndi kuwavulaza.

Maganizo amenewo anali oposa mphamvu zake ndipo ankaoneka kuti amachokera ku zifukwa zakale za karmic. Pamene ankayesetsa kuchotsa maganizo osasangalatsa amenewo, ankamulowerera kwambiri, kusokoneza mtendere wake ndikumulanda mtendere.

Pomaliza, anadzilonjeza yekha, nati: "Ndipitiriza kupemphera ndi kupemphera, ndipo sindidzasiya mpaka nditamasuka ku malingaliro ovutitsa awa omwe amandipweteka pa mtendere wanga panthawi yosinkhasinkha."

Patadutsa ola limodzi, kenako awiri, ndipo maganizo oipa anabwera m'maganizo mwake ngati mphepo yamkuntho, akukhudza kapangidwe ka malingaliro ake ndikugwedeza mwamphamvu.

Pomaliza, atatha maola atatu akugwira ntchito mwakhama, maganizo ovutitsawo anatha mwadzidzidzi m'maganizo mwake, ndipo m'malo mwake, anaona m'masomphenya okongola woyera mtima wa Mulungu ataima pamaso pake m'thupi ndi mwazi.

Woyera woyera mtima wowalayo sanangooneka wamoyo koma analankhulanso mwachikondi kwambiri, nati:

Mwananga, mu thupi lako lakale unali wakuba wodziwa"
bwino ntchito wopanda nkhawa ina iliyonse kupatula
kugwirira ena ndikuwabera katundu wawo. Koma nthawi
yochepa chikumbumtima chako chisanamwalire chinadzuka
ndipo unatsimikiza mtima kudzikonza wekha ndipo
unalonjeza kuti udzasintha khalidwe lako lochititsa manyazi
ndikutsatira njira ya ubwino. Pachifukwa ichi unabadwira
m'moyo uno ndi kutsimikiza mtima kwamphamvu kwauzimu
kuti ukhale munthu wabwino, koma komabe
unabweretsanso maganizo oipa omwe anali maziko a moyo
".wako mu thupi lako lakale
Ndizomvetsa chisoni mwana wanga, kuti ukukhala mu"
nthawi zodalitsika izi, wozunguliridwa ndi mabwenzi abwino,
magulu okumbukira ndi kuganizira, komabe ngakhale
zonsezi, ukukhala mumdima wa nkhawa zamaganizo ndi
".malingaliro owononga komanso osokonezeka
Pambuyo pa kanthawi kochepa chete, mlondayo
:anapitiriza kulankhula kwake
Chifukwa chake, malinga ndi lamulo la chilengedwe"
chonse, ndipo chifukwa chakuti simunachite zonse zomwe
mungathe kuti mugwiritse ntchito mwayi wauzimu womwe
ulipo mu thupi ili, pokhapokha mutabwerezanso kulimbitsa
mtima kwanu posinkhasinkha tsopano, panthawi ya imfa
:mudzayenera kusankha pakati pa zinthu ziwiri
Kaya mungakhale kumwamba ndi zitsiru khumi kapena"
mungakhale ku gehena ndi munthu wanzeru mmodzi, ndi
"?chiyani chomwe mungakonde
:Wophunzirayo anayankha mosazengereza kuti
Iwe bwenzi la Mulungu, ndimakonda kukhala ku gehena"
ndi munthu mmodzi wanzeru chifukwa ndikudziwa
kuchokera mu zomwe ndakumana nazo kuti zitsiru khumi
zimapita ku gehena kuchokera ku paradaiso, pomwe
ndimakhulupirira mumtima mwanga ndipo ndikudziwa
motsimikiza kuti ngati ndili ndi munthu mmodzi wanzeru,

ngakhale pansi pa dziko lapansi adzandithandiza kusintha ".gehena kukhala paradaiso

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Anthu ambiri ali ngati agulugufe, amauluka ndi kuyenda uku ndi uku popanda kukwaniritsa cholinga chilichonse kapena kukwaniritsa cholinga chilichonse. Akaima, amakhala kwa kanthawi kochepa chabe, kenako amakopeka ndi zosangalatsa zina pofuna zosangalatsa komanso kuwononga nthawi. Ponena za njuchi, imagwira ntchito mwakhama ndipo imakonzekera nthawi zovuta, pomwe gulugufe amakhala ndi .moyo wa tsiku lake lokha

Nyengo yozizira ikafika, gulugufe amafa, pomwe njuchi imasangalala ndi zokolola zomwe inasonkhanitsa nthawi ya masika ndi chilimwe. Mofananamo, tiyenera kuphunzira kukhala ndi mtendere wamumtima ndi mphamvu zothana .ndi mavuto a moyo

milandu yamaganizo

Munthu sangakhalebe wonyamulidwa ndi mafunde a chisangalalo kwamuyaya, womizidwa pansi pa madzi odzaza ndi chisoni, kapena womira m'madzi akuya a kusowa .chochita

M'dziko lino lodziwika ndi zinthu ziwiri zosiyana, munthu wamba amakumana ndi zinthu zokwera ndi zotsika zomwe zimakwera ndi mafunde a chisangalalo ndikumira mu kuya kwa kusalabadira, ndikukankhidwa uku ndi uku ndi mafunde a chisoni chachikulu ndipo nthawi zambiri samakumana ndi .vuto lina la chidziwitso

Kulola zochitika kusokoneza maganizo a munthu mwanjira imeneyi kumatanthauza kusiya chifuniro chake kuti chikhale chosasinthika komanso chosinthasintha. Chomwe munthu amafunikira kuti akhale ndi moyo wopambana komanso wokhutiritsa ndi kukhazikika maganizo, ndipo izi zitha kuchitika pokhapokha poganizira mozama komanso .kulamulira mphamvu zake zamaganizo

Ngakhale chisoni chachikulu chimatha pakapita nthawi, kotero palibe chifukwa chokhalira ndi chisoni tsiku lililonse la moyo wathu. Kulira nthawi zonse chifukwa cha wokondedwa wathu amene wamwalira sikuthandiza iwowo kapena ife, .ndipo sikusintha chilichonse

Kukhala ndi maganizo odziona ngati wopanda pake kapena kudzilanga chifukwa cha zolakwa zakale sikuthandiza; m'malo mwake, kumapangitsa moyo kukhala .wosasangalatsa komanso kufooketsa luso la maganizo

Sitiyenera kudzilola kugwera mu dzenje la chizolowezi chosasangalatsa, chifukwa chimenecho ndi mkhalidwe wamaganizo womwe suli bwino, chifukwa umasokoneza malingaliro ndikuwotcha luso lobisika mu ng'anjo ya .kusasamala

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Mulungu amatitumizira maphunziro omwe timafunikira pamoyo kuti tiphunzire kuchokera kwa iwo ndikupeza kumvetsetsa ndi chidziwitso. Anthu omwe amapewa maphunziro awa pamapeto pake adzakakamizika .kuwaphunzira, ngakhale zitakhala nthawi yayitali bwanji

Mayeso aliwonse ndi bwenzi ngati tiphunzirapo kanthu, ndipo ndi wolamulira wankhanza ngati titawononga mwayiwo ndikuugwiritsa ntchito molakwika ndi kudandaula, .mkwiyo, komanso kusaganiza bwino

Tikakhala ndi kumvetsetsa bwino komanso malingaliro abwino pa moyo, zimakhala zokongola komanso zopanda .mavuto

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Palibe amene angandilamulire kapena kundichotsera chifuniro changa pokhapokha nditalola maganizo ndi zochita za ena kundikhudza

Ambuye, ndikuzindikira kuti ndili ndi mwayi wosatha wofufuza luso langa ndikupeza mphamvu zanga zauzimu. Ndidzasintha zinthu zakuthupi ndi zolinga zapamwamba,

ndipo ndidzadziwa kuti Mzimu wokhulupirika uli nane nthawi zonse.

Lero ndidzakhala ndi chiyembekezo, ndidzilekanitse ndi zinthu zosasangalatsa, ndikuchita zomwe zingapangitse thupi, malingaliro, ndi mzimu kukhala bwino komanso moyenera.

Kuvina kwa moyo ndi imfa kumakhalapo nthawi zonse, koma ndidzadzimasula kwamuyaya mwa kubwezeretsanso umunthu wanga wauzimu, ndipo ndikakumana ndi mkuntho wa mayesero ndi mavuto, ndidzakwera bwato langa lauzimu kudutsa nyanja ya moyo kupita kugombe lotetezeka, laumulungu.

Ndikagwira ntchito ndi kulenga, ndidzakumbukira kuti Mulungu akugwira ntchito kudzera mwa ine. Iye ndiye Ambuye wa chilengedwe chonse, ndipo ndimatha kulumikizana naye kudzera mu kusinkhasinkha kwakukulu.

Mulungu wanga wokondedwa, ndikuzindikira kuti maganizo anga adzandibweretsera kulephera kapena kupambana, kutengera lingaliro lomwe ndi lamphamvu kwambiri m'moyo wanga. Chifukwa chake, ndiyesetsa kukumbukira kuti Mumatambasula dzanja lanu lothandiza ndikukonza njira yopitira patsogolo. Masoka ndi mavuto akandigwera, ndidzaitana mphamvu zanga ndikulimbitsa kutsimikiza mtima kwanga kuti ndiwagonjetse.

Ndidzakhala woona mtima komanso woona mtima pochita zinthu ndi aliyense, ndipo ndidzafalitsa malingaliro achikondi ndi mafuno abwino. Kenako Mulungu adzandithandiza ndi mphamvu ndi nzeru zake.

Ambuye, ndidzagwiritsa ntchito mphamvu zanga ndi nzeru zanga kuti ndikwaniritse zinthu zazing'ono kaye, kenako ndidzapita patsogolo ku zinthu zazikulu.

Ngakhale zolinga zonse zakuthupi zitakwaniritsidwa, zimangobweretsa chimwemwe chosakwanira

Mwa kupeza Mulungu, ndidzapeza malo osungiramo zinthu zosangalatsa osatha omwe sasiya kuyenda

ndikuyenda m'minda yobiriwira komanso m'madambo a .moyo

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Mulungu ndiye chinthu chamtengo wapatali kwambiri m'moyo wanga; Iye amakhala pampando wachifumu wa chikumbumtima changa ndipo amandilimbikitsa ndi mawu anzeru

Amanditsogolera ku njira yomwe ndiyenera kuyendamo

Moyo wolinganizika

Izi zimaganizira malamulo onse aumulungu ndi achilengedwe

Zimaphatikiza zochita ndi bata

Zimabweretsa chimwemwe ndipo zimakwaniritsa tsogolo la anthu

Nyumba yodzaza ndi miyala yamtengo wapatali siingaoneke mumdima, motero kukhalapo kwa Mulungu sikungamveke malinga ngati usiku wa kusadziwa .ukulamulira

Ngati kudziwa kwathu Mulungu sikokwanira moti sitingathe kukwaniritsa ntchito zathu za tsiku ndi tsiku popanda Iye, ndiye kuti n’zoonekeratu kuti sitinamvepo .kugwirizana kulikonse pakati pa Mulungu ndi moyo

Tikakhala ndi cholinga chachikulu ndikuchiyika pamwamba pa lingaliro lotumikira ena, timadzithandiza .tokha pothandiza ena

Ambuye

Ndi kufalikira kwa kuwala kwa dzuwa kofunikira

Ndidzafalitsa chiyembekezo m'mitima ya anthu osauka ndi othawa kwawo

Yatsani nyali zodzidalira komanso zotsimikiza mtima

M'mitima ya iwo amene amaganiza kuti ndi olephera

Tikazindikira kuti moyo ndi sukulu yophunzirira ndi kukwaniritsa maudindo, komanso nthawi yomweyo ndi maloto osakhalitsa

Kenako tidzadziwa kuti Mulungu ali nafe

Moyo uyenera kukhazikika pa utumiki, chifukwa popanda cholinga chabwino chimenecho, maganizo omwe Mulungu adapatsa munthu sangakwaniritse cholinga chomwe adalengedwera.

Kugonjera Mulungu kumathandiza munthu kukwaniritsa ntchito zake zonse ndi chisangalalo ndi kuyamikira Mulungu, chifukwa ndi kugonjera kokha komwe timamva mtendere.

Ndidzatentha zofooka zanga zonse zamaganizo ndi zamakhalidwe abwino mu moto wa kutsimikiza mtima, chifukwa pokhapokha nditachotsa zofooka zimenezo, sindidzatha kuona lawi la Mulungu.

Ambuye

Lero nditsimikiza mtima kukwaniritsa zinthu zinazake, kenako ndidzachita zomwe ndakonza. Choyamba nditsimikiza kuti cholinga changa chili cholungama, kenako ndidzamva mphamvu zanu, ndipo ndi thandizo lanu ndi dalitso lanu, ndikwaniritse zomwe ndikufuna kuchita.

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Kudzitsimikizira kwina mu uinjiniya

Ndikudziwa motsimikiza kuti mphamvu ya Mulungu ndi yopanda malire, ndipo popeza Iye wandiikira kuwala kwake mkati mwanga, ndilinso ndi mphamvu zogonjetsa zopinga zonse ndi zopinga zomwe zimandiletsa.

Ndine njira yowonetsera nzeru ndi kukongola, motero ndidzapereka maganizo anga ndi zolinga zanga kuchita zabwino ndikutumikira anthu.

Lero ndiyang'anira maganizo ndi mawu anga

Kuti ikope zokha zomwe zili zokongola komanso zabwino

Ndidzaika ubwino patsogolo pa zochita zanga

Ndimagwiritsa ntchito kuganiza kwanga kolenga kuti ndipambane

Mu ntchito iliyonse yabwino komanso yopindulitsa ndimachita

Kuzindikira kuti Mulungu amandithandiza ngati ndidzithandiza ndekha

Lero ndidzalima munda wa moyo
Ndipo mubzalemo mbewu za nzeru, thanzi ndi chimwemwe
Ndidzayamika Mulungu pamene khama langa lidzapambana
Ndipo ndimapeza zomwe mtima wanga ukufuna
Lero ndithandiza anthu ovutitsa omwe ali pafupi nane ndi maganizo anga abwino, ndipo ndidzachotsa mdima wa nkhawa ndi kusamvana ndi kuwala kwa zilakolako zanga zabwino, chete komanso mosalekeza. Ndidzachita zonse zomwe ndingathe ndikugwiritsa ntchito mphamvu zomwe .Mulungu wandipatsa m'njira yoti ipindulitse ine ndi ena
Ndidzayamba ndi chikhulupiriro chonse mu mphamvu ya Wabwino Kwambiri kuti ndikapeze zomwe ndikufuna, ndikutsimikiza kuti Mulungu adzandithandiza ndikundipatsa .zabwino zake
Mphamvu za mdima zikangosonkhana kuti ziukire mtendere wanga wamkati, ndidzadzutsa mkati mwanga mphamvu za kuwala, choonadi, ndi kudziletsa kuti zithane .ndi mphamvu za mdima ndi kuzibalalitsa kwathunthu
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Mukayang'ana kuwala kwa dzuwa kudzera mu galasi lokulitsa pa malo ang'onoang'ono, kumatulutsa kutentha, ndipo kutenthako kumatha kuyatsa matabwa, nsalu, mapepala, ndi zinthu zina. Mofananamo, mukayang'ana bwino maganizo anu, mphamvu zake zokhazikika zimatha kuwotcha zoipa ndi mizu ya kukayikira kumbuyo kwa kulephera kulikonse ndikupangitsa kuwala kwa nzeru kuwala .kowala komanso kowala
Maganizo akagwirizana ndi Mulungu, gwero la zabwino zonse ndi chiyambi cha mphamvu zonse zodala, amazindikira kukhalapo kwa Mulungu ndipo amakhala ndi zinthu zonse za kupambana. Zinthu zimenezi zimagwirizana kwambiri ndi mphamvu yaikulu ya Mulungu, zomwe zimatha .kupanga mwayi watsopano wopambana m'munda uliwonse

Chakudya chamaginito

Anthu akamalankhula za chakudya kapena zakudya, nthawi zambiri amatanthauza chakudya chakuthupi chomwe chimadyedwa kuti chithandize thupi. Komabe, pali mitundu ina ya zakudya zomwe sizili zofunika kwambiri kuposa chakudya chakuthupi, ndipo nthawi zambiri zimakhala zofunika kwambiri. Pakati pa izi pali chakudya chamaganizo .kapena chauzimu

Zochita zamaganizo kapena kuganizira kwambiri za maganizo, nzeru ndi kuzindikira zauzimu

Chakudya chakuthupi chimalimbitsa maselo a thupi, pomwe chakudya chamaganizo chimadzaza malingaliro ndi malingaliro abwino, ndipo chakudya chanzeru chimabwezeretsa moyo ndikukulitsa luso lake. Chakudya chanzeru nthawi zambiri chimakhala ndi malingaliro omwe munthu amaganiza ndi omwe amalandira kuchokera kwa .ena kudzera mu kulumikizana ndi kuyanjana

Anthu odekha komanso akhalidwe labwino amathandiza .kuti maganizo athu akhale okongola komanso athanzi

Sikovuta kudziwa ngati munthu amatenga chakudya chake chanzeru kuchokera pamalo amtendere kapena osokoneza Nkhawa, kupsinjika maganizo, ndi chisokonezo zonse zimachokera ku kugwirizana ndi anthu olakwika, kaya abwenzi kapena achibale, zomwe zimapangitsa kuti munthu akhale ndi maganizo odandaula komanso kukhala ndi maganizo ovutitsa. Thupi limapeza mphamvu ndi mphamvu kuchokera ku chakudya chakuthupi, pomwe zakudya zamaginito zimapatsa thupi ndi malingaliro mphamvu zomwe zimagayidwa mosavuta kuposa zakudya zolimba ndi zamadzimadzi, zomwe sizingasinthidwe mosavuta kukhala .mphamvu yamoyo

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Mukatha kusintha umbuli kukhala nzeru

Kuchokera ku kufooka ndi kufooka kupita ku thanzi ndi mphamvu

Yendani molimba mtima komanso molimba mtima - ngakhale mutakhala nokha - panjira za moyo
Ndipo chisangalalo chamkati chokhala ndi chikumbumtima chamoyo komanso chosamala
Ndi chikhulupiriro chosagwedezeka mu chilungamo cha Mulungu ndi kupambana kwa choonadi pa bodza ndi zenizeni pa chinyengo
Ndipo mukamayesetsa tsiku lililonse kutulutsa malingaliro anu pamlingo wapamwamba komanso wokonzedwa bwino
Ali ndi mtima wokonda komanso woyamikira
Ndi zolinga zabwino kwa ena
Zakudya zanu zamaganizo ndi zamaginito
Ndipo kenako idzakukokerani chilichonse chokongola komanso chopindulitsa
Kuchokera ku zinthu, anthu, ndi zochitika
Akufunikira kwambiri kupitiriza ulendo wopita ku gombe la chitetezo ndi chitetezo
Ndipo chomaliza koma chocheperako
Mukamayesetsa kupeza zomwe mukufuna
Khalani okhutira ndi zomwe Mulungu amakupangitsani kukhala zosavuta, ndipo mudzakhala olemera mumzimu ndi okhutira kwambiri.
Iwo amene amakonda kwambiri dziko lino ndipo amalakalaka zofunkha zake
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Munthu akafuna Mulungu, amene ndiye bwenzi lokhalo kuposa mabwenzi onse, zimakhala zotheka kukhazikitsa ubwenzi weniweni m'maubwenzi onse a anthu: a m'banja, achibale, a m'banja, ndi auzimu.
Ubwenzi ndi chinthu chofunikira kwambiri muukwati, ndipo kugwirizana kwa nzeru ndi malingaliro, kukonda makhalidwe abwino, ndi chikondi chenicheni ndi ubwenzi ziyenera kuyikidwa patsogolo Anthu omwe amalephera

kusiyanitsa pakati pa chikondi chenicheni ndi kukonda thupi .amakhumudwa mobwerezabwereza

Ukwati ukakhala wokhazikika pa mfundo zabwino komanso ulemu, umakhala mgwirizano wosangalatsa komanso wopambana pakati pa anthu awiri okondana komanso ogwirizana omwe amachepetsa mavuto a moyo wawo ndikuchotsa nkhawa zokhala ndi chifundo komanso .kumvetsetsana

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Ngati mupanga dongo kukhala ngati mphika ndikuliphika mpaka litalimba, kenako n’kufuna kusintha dongo kukhala thireyi, simungathe. Komabe, mutha kupukuta mphikawo ndikuwonjezera ufa ku dongo latsopano, .kenako n’kugwiritsa ntchito kuti mupange thireyi

Mofananamo, ngati pali chizolowezi choipa chomwe chakhazikika muubongo ndipo tikufuna kuchisintha, choyamba tiyenera kugwiritsa ntchito mphamvu zathu zonse kuti tithetse chizolowezicho ndikuchisintha kukhala zochita zabwino komanso zofewa zomwe zingasinthidwe momwe .tikufunira

Chifuniro champhamvu chimatanthauza kutsimikiza mtima kolimba. Munthu akangodziuza yekha kuti, "Sindili womangidwa ndi chizolowezi chimenecho," ndipo amatanthauza zomwe akunena, chizolowezicho chimatha .ngati kuti sichinalipo

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Sindikakamiza aliyense kuti andipatse maganizo anga, komanso sindilola aliyense kuti andipatse maganizo ake kapena kundipangitsa kuchita chinthu chomwe ndikudziwa .kuti pansi pa mtima sindiyenera kuchita

Ndimaganizira mosamala zomwe ndikufuna kuchita, ndimayang'aniridwa ndi nzeru pa zomwe ndimachita, ndimatenga udindo pa zochita zanga, ndipo sindiimba mlandu wina aliyense pa zotsatira za zochita zanga

Kudziletsa kumeneku komwe ndaphunzira kwa mphunzitsi

wanga, ndakhala ndikukukonda nthawi zonse, ndipo .sindidzakusiya

Mphamvu yamaginito yapamwamba kwambiri

Yesu anati, “Funani Ufumu wa Mulungu choyamba, ”.ndipo zonse zidzapatsidwa kwa inu

Mulungu ndiye mphamvu yaikulu ya maginito kumbuyo kwa mphamvu zonse za chilengedwe Iye ndiye chikondi kumbuyo kwa chikondi chonse Iye ndiye mlengi wa chilengedwe komanso wojambula waumulungu kumbuyo kwa zaluso ndi chilengedwe chonse

Mukayang'ana kwambiri Mulungu: mphamvu yaikulu ya maginito yomwe ilipo, mumadzipatsa mphamvu ya maginito .yodala ndipo mutha kukopa chilichonse chomwe mukufuna

Ngati mumaganizira za Mulungu mozama, kumukonda ndi mtima wanu wonse, ndikumva mtendere wathunthu pamaso pake popanda kufuna china chilichonse, ndiye kuti mphamvu yokoka ya Mulungu idzakubweretserani zonse .zomwe mudalota ndi zina zambiri

"Kwa Mulungu Kumwamba"

Kupambana, moyo wabwino, kuchiritsidwa ku matenda osachiritsika, ndi zizolowezi zolamulira—zonsezi zitha kupezeka Ngati mwagwiritsa ntchito njira zonse zakuthupi ndi khama ndipo mwazipeza kuti sizikugwira ntchito, tsegulani chitseko chanu chamkati, ndipo mphamvu yauzimu idzatuluka, kuchotsa zofooka zonse, kulephera, ndi .kukhumudwa

Ngati mufunafuna thandizo la Mulungu mwa kusinkhasinkha mozama komanso mofatsa, mudzapeza mphamvu zauzimu zosatha. Mulungu ndi wopanda tsankho ndipo amayankha onse amene amafunafuna thandizo lake .moona mtima

Pamene ndinapeza Mulungu mwa ine ndekha, ndinamupeza kulikonse

Ndakhala ndikumulakalaka kwambiri kuyambira ndili mwana, ndipo nthawi ina ndili mnyamata ndinamulembera

kalata. Inde, ndinalemba kalata kwa Mulungu ndipo :ndinaitcha motere

Kwa Mulungu Kumwamba" ndipo ndinaiyika mu bokosi"

la makalata

Tikamalembera munthu wina, timayembekezera yankho

Pamene sindinalandire yankho, ndimagwetsa misozi yambiri

Koma yankholo linabwera kwa ine, osati kudzera m'mawu olembedwa papepala, koma m'masomphenya odabwitsa owala

Aliyense angalandire yankho kuchokera kwa Mulungu

ngati kuyesetsa kuli kozama ndipo khama likuchitika .mosalekeza

Ngati mufunsa mafunso anu kwa Mulungu, kuwafunsa

ndi mtima wonse, ndikuwatumiza kudzera pa positi yoganizira, ndiye kuti moona mtima komanso motsimikiza .mudzapeza yankho

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Pali njira yauzimu yomwe imayendetsa dongosolo la

mitsempha yomwe imalola anthu kufika pamlingo wapamwamba kwambiri wa kukula kwa chidziwitso. Ubongo wa munthu, wokulirapo kuposa ubongo wa nyama zambiri kupatula anamgumi ndi njovu, ndi wovuta kwambiri ndipo uli ndi mphamvu zambiri zoganiza. Izi zimapangitsa ubongo wa munthu kukhala chida choyenera kwa anthu, omwe ali ndi chidziwitso chapamwamba kwambiri kuposa zolengedwa zina. Kuzungulira kwa ubongo komwe kumakhala kovuta komanso kovuta kumathandiza anthu kuganizira mozama komanso mozama. Chifukwa chake, anthu okha ndi omwe amatha kufikira pamlingo wapamwamba wa kuzindikira, ndipo motero, kudziwa Mlengi wawo. Munthu wanzeru ndi amene amagwiritsa ntchito mphamvu zake zamaganizo potumikira ndi kupindulitsa anthu pazinthu zakuthupi, .zanzeru, ndi zauzimu

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Ndinakuyimbirani nyimbo

Sizinalankhulidwepo ndi munthu aliyense kale
Ndipo kwa inu ndikupereka nyimbo yanga yeniyeni
Chimene mtima wanga umasewera mkati mwa mtima wanga
Ndipo pa zingwe zake
Ndapanga nyimbo yoyamba iyi
Ndipo pano ndikupereka kwa inu ngati nsembe yoyera
Sindidzakupatsani nyimbo zouma, zanzeru
Kapena nyimbo zokongola zolembedwa ndi ena
Ndipo sindikupatsani china chilichonse koma
Nyimbo zosavuta, zopanda nzeru za mtima wanga
Sindidzayika maluwa obiriwira patsogolo panu
M'nyumba zagalasi
Ndipo wodzazidwa ndi malingaliro ndi zilakolako
M'malo mwake, ndikukupatsani maluwa akuthengo omwe angophuka kumene
M'minda ya chikhumbo changa
Ndipo wolimbikitsa moyo wanga
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Kuti ndikumvereni
Mngelo Woteteza
Masomphenya anga amkati agwirizana ndi wailesi
Ndi kukhudza pang'ono komanso mwachikondi
Nthawi zambiri ndimamvetsera ndikusinkhasinkha
Kwa nyimbo zokoma kwambiri za oyera mtima anu omwe ali pafupi nanu:
Kwa nyimbo zabwino kwambiri zauzimu
Ndipo zidutswa kuchokera ku zolengedwa za mtima wanga
Ndipo nyimbo yokoma yochokera ku chilakolako changa chakale cha inu
Moleza mtima komanso modekha, ndinasintha chizindikiro cha malingaliro anga amkati
Ndipo pamene tulo tinkalemera m'maso mwanga
Ndinatsala pang'ono kugona

Nyimbo yanu yeniyeni inandidutsa
Ndipo tsopano ndikufalitsa mawu osangalatsa kwambiri
Kuchokera ku nyimbo za chisangalalo chanu
Ndipo ndikuwonjezera mawu anga ku gulu la olambira anu
Nyimbo zikukulirakulira
Chilakolako ndi chilakolako zimakula kwambiri

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Aliyense amene atsatira njira yoipa yadyera, ena adzayesa kumulanda zonse zomwe ali nazo, koma ngati satero, ena adzamusonyeza kukoma mtima ndi chifundo.

Zimene munthu amakonza kapena kutumiza kwa ena—m'mawu, zochita, ndi maganizo—zidzawakokeranso kwa iwo mofanana ndi pamlingo womwewo. Chikhalidwe chawo chenicheni chidzawululidwa kudzera m'mawonekedwe awo a nkhope ndi zochita zawo. Ena adzamva kugwedezeka kapena mafunde awo amaganizo, ndipo momwe amachitira zinthu zidzagwirizana ndi mtundu wa kugwedezeka kumeneko—koipa kapena kwabwino.

Sitingathe kukhala ndi chilichonse chimene tili nacho chimene Mulungu watipatsa kuti tigwiritse ntchito kwakanthawi pamene tili padziko lapansi, ndipo posachedwa tidzayenera kusiya katundu wathu, kaya chifukwa cha ngozi, kuba, kukalamba, kapena imfa.

Motero, tikamayesetsa kusunga kapena kusunga chilichonse chifukwa chongofuna kukhala nacho, tikudzinyenga tokha.

Ngakhale matupi awa omwe takhalamo kwa zaka zambiri adzasiyidwa tsiku lina. Chifukwa chake, ndi kulakwitsa kudzikakamiza kukhulupirira kuti tili ndi zinthu zomwe, kwenikweni, sizingakhale nazo konse.

Tikapatsidwa chinthu, tiyenera kudziwa kuti ndi chathu kwa nthawi inayake, ndipo tiyenera kukhala okonzeka kuchigawana ndi ena.

Munthu akamafuna zambiri kuposa zomwe akufuna,
mavuto akuluakulu amamuyembekezera. Mosakayikira,
tiyenera kukhala ndi zosowa zofunika monga chakudya,
pogona, zovala, ndi chitetezo cha ndalama, koma
pofunafuna zinthu zimenezi, tiyenera kuchotsa zosowa
zosafunikira, zomwe ndikutanthauza zilakolako
zosalamulirika komanso chilakolako chachikulu chokhala ndi
.zambiri kuposa zomwe zimafunika

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Sitingakhale m'dziko lapansi ngati anthu paokha, koma
tiyenera kudalira anthu anzathu kuti tikhale ndi moyo
.ndikusangalala ndi moyo

Izi ndi zoona mwauzimu komanso mwakuthupi.
Sitingathe kukhala ndi moyo wabwino popanda kusinthana
.katundu ndi ntchito

Tikhoza kufulumizitsa kupita patsogolo kwathu
m'maganizo ndi mwauzimu mwa kugawana zomwe
takumana nazo komanso zomwe tapeza

Tikagwirizanitsa malingaliro athu a Kum'mawa,
Kumadzulo, Kumpoto, ndi Kum'mwera, tikhoza kukulitsa luso
.lathu ndikukulitsa luso lathu monga banja limodzi la anthu

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M'munda wa maloto anga ausiku
:Maluwa ambiri amatuluka
Maluwa osowa kwambiri ongopeka
Kumeneko kuwala kofunda kwa mapulaneti kumawala
Mphukira za chiyembekezo cha padziko lapansi
zikuphuka
Kufalitsa masamba owala
Kuchokera ku kafukufuku ndi kukhutira
Mu kuwala kwa maloto amenewo
Ndimaona nkhope za wokondedwa wanga woiwalika
Ndipo malingaliro okondedwa, obisika
Ndakhala ndikugona kwa nthawi yayitali
Nthaka ya osadziwa kanthu

Onse akudzuka atavala madiresi owala
Poyankha kuitana kwa angelo a maloto
Iye anaona kuuka kwa mayesero onse akale
Ambuye, mwatipatsa ufulu
Kuiwala mavuto athu a tsiku ndi tsiku
Popita kudziko la maloto usiku
Tithandizeni kudzuka nanu
Ndipo timapulumuka kwamuyaya ku chisoni ndi chisoni cha anthu

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!O pothawirapo pa Mulungu
Ndikusambira m'nyanja ya moyo
Ndikukankhidwa ndi mphepo yamkuntho ya mavuto
Kaya mukuyandama pa mafunde a chisangalalo
Kapena, nthawi ndi nthawi, kumira mu ululu waukulu
Ndikulakalaka kuthawa uwiri
Pofika m'mphepete mwa nyanja yanu yapamwamba komanso yokongola
Ndipo ndi mafunde onse a mapembedzero anga
Ndikuyandikira kwa inu, pothawirapo panga pokha
Sindidzasiya kuyesera
Chifukwa ndikudziwa kuti mukufunitsitsa kufika kwanga
!Akuyembekezera mwachidwi kubwerera kwanga
Ine ndine mbalame ya paradise: mbalame yakumwamba
Chomwe chinapangidwa ndi manja anu odala
Mwandikongoletsa ndi kukongola kwanu
Ndipo mitundu yokongola
Ndi pansi pa kukoma mtima ndi nthenga zagolide za kukula kwauzimu
Ndinakwera kwambiri
Mu mlengalenga wamdima komanso wachisoni wa moyo
Kufunafuna paradaiso
Nthenga zanga zowala zinali zitadetsedwa
Ndi madontho akuda a kutaya mtima
Bwerani, Mulungu wanga

Sambitsani mbalame yanu ya paradaiso
Ndi kuwala kwa nzeru
Ndipo madzi oyera, okoma a mtendere
Mzere wa mtendere wanga ndi nangula wa chimwemwe changa
Ngakhale ndimagwira ntchito mwakhama komanso mwakhama kuti ndikudziweni mwa kutsatira malamulo ndi malamulo anu, ndiyenera kuzindikira, Ambuye, kuti ndinu .pamwamba pa malamulo ndi malamulo onse
Amayi a Dziko Lonse, mumakhala mumtima mwa mayi aliyense waumunthu. Dzazani amayi onse ndi nzeru zanu ndi chifundo chanu kuti awonetse chikondi chanu chopanda .malire
Mulungu wanga wokondedwa, ndikudziwa kuti kukhalapo kwanu koyera kuli paliponse Monga momwe mafuta oyera amabisidwira mu azitona zosakanizidwa, momwemonso kukhalapo kwanu kodabwitsa kulipo m'chilengedwe chonse. Odala ndi iwo amene amagwiritsa ntchito kusinkhasinkha za Inu ndi kusinkhasinkha za Inu kuti .atulutse mafuta odala a kukhalapo kwanu kwaumulungu
Kudzera mu ntchito zabwino ndi malingaliro abwino opanga, ndidzasamalira mbewu ya kudzidziwa ndekha ndikuithirira ndi madzi oganizira ndi kulakalaka mpaka duwa la chikondi cha Mulungu litaphuka m'munda wa moyo .wanga
Dziko lapansi likuyesera kuletsa chikumbumtima changa ndi zingwe zamphamvu za zilakolako zazikulu, koma ndidzagwira ntchito yodula zingwe zimenezo ndi mpeni womvetsetsa ndi kuzindikira kuti chikumbumtima changa .chimasulidwe ndikuyamba kupita ku chisomo cha Mulungu
Mphamvu ya kuganiza, kulankhula, ndi kuchita zinthu imachokera kwa Inu, Mlengi wanga. Ndithandizeni kugwiritsa ntchito mphamvu imeneyi pa malingaliro abwino okha, mawu abwino, ndi zochita zabwino. Kudzera mu kusinkhasinkha, chikondi changa pa Inu chimakula mpaka

chimadzaza thupi langa lonse ndikuchotsa zopinga zonse ndi zopinga pa moyo wanga. Ndipo popeza ndinu Mlengi wa dziko lapansi lokongola ili, ntchito yanga yoyamba ndi kwa .Inu, osati kwa dziko lonyenga ili

Mikangano ndi chisokonezo zimayesa kundilepheretsa kuzindikira kukhalapo kwanu kodala, koma nthawi zonse mudzakhala, Ambuye, pakati pa mtendere wanga ndi .nangula wa chimwemwe changa

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Pali migodi ya chidziwitso ndi chuma cha nzeru zomwe zili mkati mwa munthu, zomwe zikuyembekezera kupezeka ndi kuwululidwa kudzera mu kuganizira mozama komanso .kufufuza mozama

Anthu amagwiritsa ntchito mphamvu zawo zobisika mosazindikira, kapena mosazindikira, pa chilichonse chimene amachita ndikupeza zotsatira zina, koma ngati adziwa momwe angagwiritsire ntchito mphamvuzo .ndikuzilamulira mwanzeru, adzachita zinthu zambiri zazikulu

Pamene moyo uli wodzaza ndi nzeru zachilengedwe, mphamvu zachilengedwe, chikondi cha ubwino, ndi chifuniro chabwino, ndiye kuti, monga momwe njuchi imafunira maluwa, kupambana, chitukuko, chidziwitso, ndi madalitso ena onse a moyo zidzakufunafunani, mwa chisomo cha .Mulungu

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Padziko lapansi lino, Mulungu amagwira ntchito yopezera ndi kukulitsa luso la anthu onse la kukhala ndi moyo wosangalala mwa kuyika malingaliro a ubale m'mitima ya anthu ndikukulitsa ulemu ndi kuyamikira ena m'miyoyo .ya wina ndi mnzake

Chifukwa chake, Iye - alemekezedwe - sanalole kuti mtundu uliwonse ukhale wangwiro mwa iwo wokha. M'malo mwake, anapatsa anthu a mtundu uliwonse luso lawo lapadera, ndipo anawasiyanitsa ndi luso lapadera kuti athe

kupereka chithandizo chapadera ku chitukuko cha dziko .lapansi

Mtendere padziko lapansi udzaphuka ndi kubereka zipatso pakati pa mitundu kudzera mu kusinthana kwawo komanga makhalidwe abwino ndi zabwino za aliyense Ngakhale tinganyalanyaze zofooka za mitundu ina, tiyenera kuona bwino makhalidwe awo abwino ndikutsanzira. Ndikofunikira kudziwa kuti mfundo zimenezi zakhala zikufotokozedwa mwa aneneri, atumwi, ndi oyera mtima m'mbiri yonse, omwe anali—ndipo akadali—zitsanzo zamoyo za ziphunzitso zopatulika kwambiri "Tanthauzo la "kudzikonda

Mphamvu zomwe zimachokera ku chidziwitso ndi mphamvu zochokera kwa Mulungu zimatiwonetsa dziko lapansi ndipo zimasonyeza mzimu ngati chinthu chosiyana .ndi gwero lake komanso kuchokera ku chilengedwe chonse Khola lakuthupi latsekera mzimu, lomwe ndi chiwonetsero cha mzimu wa chilengedwe chonse, ndipo lagonjetsedwa ndi kuiwala, kotero silikumbukiranso umunthu wake waumulungu, koma m'malo mwake limaona khola lake lakuthupi ngati lokha lenileni. Chifukwa chake, .limadzitengera lokha zonyansa zonse ndi zofooka za thupi

Muzochitika zotere, mzimu umatchedwa "ego," koma pamene ego uyu kapena munthu wamng'ono uyu, wodziletsa azindikira kuti kulumikizana kwake ndi thupi ndi kwakanthawi ndipo kuti uli ndi chinthu chosafa, ndiye kuti ukhoza kutchedwa mzimu. Ndipo pamene kuzindikira kwake kwa chibadwa chake chofunikira kumakhazikika, ndipo chidziwitso chake chikukula ndikukula, chimamva kuti chikugwirizana kwambiri ndi chidziwitso cha chilengedwe chonse ndipo kuti anthu onse ndi banja lake lapadziko lonse .lapansi

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Tiyeni tiyike mphatso zomwe sizimawonongeka Sichikhudzidwa ndi kuwonongeka

Kuchokera ku zolinga zabwino
ntchito zachifundo
Chikondi chopanda malire
Pansi pa mtengo wa anthu
Ndi nthambi zazitali
ndi nthambi zambiri
Zomwe zikuyimira mafuko
Mitundu ya anthu
Ngakhale kusiyana kwawo ndi kusiyanasiyana kwawo
Mulungu alandire ntchito zanu zabwino
Kutsogoleredwa ndi zolinga zabwino
Kudzuka kwachiwiri

Ndi inu, ndimamva ngati ndikudzuka kachiwiri kudziko lina. Nthawi ndi nthawi, ndimalota za dziko lapansi lino ndipo thupi langa lili mmenemo, koma ndimakhala maso ndi chisangalalo chosalekeza, ndipo maloto anga a masana a moyo wapadziko lapansi amanunkhira ndi fungo la .zokumbukira zomwe zabalalika ngati maluwa a duwa

Ndimadziona ndekha ndikuyenda m'malo osiyanasiyana a moyo, ndikukongoletsedwa ndi maloto komanso ndi zinthu zambiri zochokera ku zochitika zosiyanasiyana zokongola, ndikunyamula zokumbukira zogwedezeka za maloto anga apadziko lapansi kupita ku kudzuka kwamuyaya kwa .kumwamba

Ndachotsa minga ya maloto oipa m'munda wa moyo wanga ndipo ndabzala maluwa olimbikitsa mmenemo, komwe wokondedwa wanga wa chilengedwe chonse adzalandira chiitano changa, chonunkhira ndi musk wa chilakolako, ndi kunditengera naye kunyumba yakumwamba .yodzaza ndi chimwemwe chatsopano ndi madalitso osatha

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Chikondi cha Mulungu ndi changwiro komanso chofatsa, ndipo Iye amayankha aliyense amene amamufunira zabwino .kwambiri komanso zokhumba zake zenizeni

Anthu molakwika amakhulupirira kuti amakhala ndi moyo ndi chakudya, osati ndi mphamvu ya Mulungu Ambiri amamuitana ndi maganizo achangu, ngati nthenga mumphepo, akukhulupirira molakwika kuti Iye sayankha mapemphero awo Komabe, Iye amathandiza iwo amene amamukhulupirira, ngakhale osazindikira. Komabe, ambiri amakhalabe osamudziwa, poganiza kuti ali kutali nawo. Pamene kutsimikiza mtima sikulephera, kutsimikiza mtima sikufooka, ndipo pempho lochokera pansi pa mtima limapitirira mwakachetechete komanso molimba mtima, ndipo thandizo la Mulungu limafunidwa moona mtima ndi chiyembekezo, ngakhale pamene akukumana ndi zopinga za kufooka, nkhawa, zizolowezi zoipa, kapena maganizo osokonezeka, ndiye kuti thandizo lidzabwera, ndipo limodzi nalo, mpumulo

Mulungu amayankha mozama komanso chete pempho lililonse lochokera pansi pa mtima

Mtengo weniweni wa munthu

Kudzipereka ndi kukonzekera bwino ndizofunikira pa zomwe mukufuna kuchita Ngati mwatsimikiza mtima ndikupitirizabe kuyenda ngati muvi woyaka moto kapena nyali yoyaka moto, zopinga zonse zomwe zili panjira yanu .zidzayaka ndi kusanduka phulusa

Sankhani ntchito yomwe mukuganiza kuti simungathe kuchita, kenako yesetsani momwe mungathere kuti muikwaniritse Mukapambana, pitirizani kuchita chinthu chachikulu komanso chofunika kwambiri. Pitirizani kuphunzitsa mphamvu zanu mwanjira imeneyi, ndipo mudzaona zotsatira zake nokha. Ngati vuto ndi lalikulu kwambiri, pempherani modzipereka komanso ndi chikhulupiriro kwa Mulungu kuti akupatseni mphamvu .zoligonjetsa

Mphamvu yofuna iyenera kugwiritsidwa ntchito ngati mukufuna kuthetsa kulephera, ndipo kutsimikiza mtima kuyenera kukhala kolimba ngati mphepo yamkuntho

yamphamvu - mphepo yamkuntho yabwino - yomwe ilibe .chopinga chilichonse ndipo imawononga zoipa zokha

Sizikukhudza kuti munthu ndi ndani kapena kuti ali ndi mbiri yotani pagulu. Ubwino wake weniweni umadalira chifuniro chabwino chomwe ali nacho komanso momwe amagwiritsira ntchito chifuniro chimenecho pochita zabwino .ndikuthandiza osowa

Mphamvu yofuna kukhala ndi moyo ili mkati mwanu, ndipo ngati muigwiritsa ntchito bwino, mudzatha kuchita chilichonse

Ndi chifuniro chimene chimatsogolera munthu kuchoka pa chilakolako kupita ku chilakolako mpaka pamapeto pake chimamupangitsa kuyesetsa kwambiri kuti apambane pokwaniritsa chilakolako chachikulu: kudziwa iye mwini ndi .Mulungu

Mphamvu yofuna kukula mwa munthu mwachibadwa, pang'onopang'ono, koma kukula kwake kungapitirizidwe ndi .kuganiza bwino ndi kuchitapo kanthu koyenera

Kugwira lingaliro ndi chifuniro chachitsulo kumatanthauza kukwaniritsa lingaliro limenelo posachedwa kapena mtsogolo, chifukwa cha kutsimikiza mtima kosagwedezeka ndi kutsimikiza mtima kosadziwa kufooka .kapena kukhumudwa

Chifuniro cha munthu chimayendetsedwa ndi kusadziwa ndipo nthawi zambiri chimabweretsa zolakwika ndi kusasangalala. Koma chifunirocho chikatsogozedwa ndi nzeru ndi zochita zolungama, ndipo chikagwirizana ndi chifuniro cha Mulungu, ndiye kuti chimagwira ntchito .yopindulitsa ndi chimwemwe cha anthu

Kuphunzitsa chifuniro n'kofunika kwambiri kuti chigwirizane ndi chifuniro cha Mulungu. Chifunirocho chikakhala chozungulira nthawi zonse pa cholinga china chake, chimakhala chifuniro champhamvu komanso chogwira mtima. Ichi ndi chifuniro cha aneneri, anthu

akuluakulu, ndi omwe akwaniritsa zinthu zazikulu padziko .lapansi

Musanayambe kuchita chilichonse, ganizirani mosamala zomwe mukufuna kuchita. Onetsetsani kuti mugwiritsa ntchito mphamvu zanu kuti mukwaniritse zinthu zothandiza inuyo ndi ena. Ngati mugwiritsa ntchito mphamvu zanu .molakwika, zotsatira zake zidzakhala zoipa kwa inu

Musakhale ndi maganizo oipa; Mulungu wakupatsani chifuniro chogwiritsa ntchito ndikupambana nkhondo ya moyo. Kumbukirani kuti chifuniro cha Mulungu chili kumbuyo .kwanu

Kufunitsitsa kungathandize kusintha thupi. Simukusowa nthawi kuti musiye chizolowezi chomwe mwakhala nacho .kale bola ngati muli ndi mphamvu zokwanira

Pamene Ambuye Buddha ankafuna kuunikiridwa mwauzimu, anakhala pansi pa mtengo wa banyan (mkuyu wa ku India) ndipo anati chinachake chomwe chinachititsa :kuti

Pano ndikukhala pansi pa mtengo wa banyan
Ndipo ndikubwereza lumbiro ili moona mtima
Ngati sindikumvetsa chinsinsi cha kukhalapo
Ndipo ndidzapeza chuma chamtengo wapatali
kuchokera mu kafukufuku wanga
Sindidzasiya udindo wanga zivute zitani
Ngakhale mafupa ndi thupi langa zitasungunuka
!Ndidzakhala pansi kwamuyaya

Pomaliza, Gautama Buddha wounikiridwayo adakwaniritsa pempho lake laumulungu

Anapeza zomwe ankafuna
Zoonadi, chifuniro choterocho ndi chifuniro
Ogwirizana ndi chifuniro cha anthu onse

Mkati mwanu muli mphamvu ya chilengedwe yomwe imachirikiza thupi lanu kosatha. Komabe, pamene chinachake chichitika m'thupi, mumaiwala mphamvu imeneyo. Kugwiritsa ntchito chifuniro chanu pazifukwa

zolakwika kumatanthauza kutaya kulumikizana kwanu ndi mphamvu ya chilengedwe. Kuphunzitsa chifuniro chimenecho kumatanthauza kulumikizana ndi mphamvu .yaikulu ya moyo

Mphamvu yofuna iyenera kukhala yamoyo komanso yogwira ntchito mwakhama pa ntchito zabwino komanso .zopindulitsa komanso zabwino m'moyo

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Zizolowezi ndi zida zamaganizo zokha komanso njira zomwe zimathandiza kukwaniritsa ntchito zofunika mosavuta komanso mosavuta

Ambiri amalola zizolowezi za kufooka ndi kulephera kuzigwira ukapolo, ndipo munthu akhoza kudziteteza ngati akukhala moyo wosiyana, bola ngati akufunitsitsa kulimbana ndi zizolowezi zoipa mpaka atafika pa chitetezo ndi .m'mphepete mwa chigonjetso

Zilakolako zosalamulirika zimalimbikitsa zizolowezi zoipa mwa kuzilimbikitsa ndi kuzilungamitsa ndi ziyembekezo zabodza ndi malonjezo a chisangalalo ndi kukhutira kwakanthawi. Mu nthawi zofooka ndi chisokonezo, iwo omwe akufuna kuthana ndi zizolowezi zosalamulirikazi ayenera kufunafuna nzeru zawo kuti amvetse bwino momwe zilili .ndikuphunzira momwe angachitire nazo bwino

Zizolowezi zoipa zimakhala ndi zotsatirapo zoyipa komanso zipatso zowawa, zoopsa. Ngati sizisamalidwa, zizolowezi zowonongazi zimakula kwambiri, zomwe zimamugwira munthu mwamphamvu komanso zimamukopa kwambiri. Koma malingaliro akangozindikira kupanda pake ndi kuvulaza kwa zizolowezi zimenezi, zotsatira zake zimachepa ndipo pamapeto pake zimazimiririka m'moyo wa .munthu

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Malemba amatsimikizira kuti Mulungu amaposa nzeru ndi nzeru. Ngakhale ali ndi mphamvu, mphamvu zawo sizikwanira kumumvetsa kapena kumuzungulira. Chifukwa

chake, maganizo a munthu sangathe kupanga lingaliro lenileni la Mulungu, komanso sangathe kumvetsa chomwe .chilibe chiyambi ndi mapeto

Mukayang'ana Dzuwa kuchokera kutali kwambiri mumlengalenga, nyenyezi yaikuluyo imawoneka yaying'ono kwambiri kuposa Dziko Lapansi. Komabe, kukula kwa Dziko Lapansi ndi pafupifupi makilomita 7,900, pomwe kukula kwa Dzuwa ndi kwakukulu nthawi zana. Ngati mungayike dziko lathu lapansi patsogolo pa Dzuwa, lingawoneke laling'ono poyerekeza. Ndipo ngati tikuganiza kuti munda waukulu wa Dzuwa ukukulirakulira mpaka kulemera kwake kwakukulu kukukuta thambo lonse labuluu, thambo lomwe timaliwona ndi kachidutswa kakang'ono chabe, kachidutswa kakang'ono, ka thambo lopanda malire lomwe limazungulira chilengedwe chonse. Ngakhale Dzuwa litapitirira kukula .kosatha, silingathe kuphimba malo osatha

Chinyengo cha chilengedwe chonse cha kuchepa ndi kusatha chimalepheretsa maganizo kuti asamvetse kukula kwa chilengedwe chonse Kodi kusowa kumeneku ?kunachokera kuti, ndipo malire ake ali kuti

Yemwe sali pansi pa miyeso kapena miyeso, yemwe alibe malire kapena chiyambi, ndi Mulungu, amene ali paliponse ndipo amakhala kutali kwambiri mumlengalenga. Ali m'nyenyezi zakutali, ndipo amadziwa bwino malo aliwonse omwe ali, mosasamala kanthu kuti ndi .ang'onoang'ono kapena akuluakulu bwanji

Mulungu si maganizo chifukwa Iye ndiye Mlengi wa maganizo ndipo amaposa mphamvu zake; apo ayi, tingathe kumumvetsa kudzera mu maganizo. Komabe, tingamutche molondola komanso molondola kuti chidziwitso chaumulungu, chisangalalo chaumulungu, kapena kukhalapo .kwaumulungu; koma osati maganizo

Ngakhale kuti maganizo sangathe kumvetsa zonse zokhudza kukhalapo kwa Mulungu, komabe amatha kumva

kukhalapo kwa Mulungu. Kumva kukhalapo kwake ndi .kukuyeza ndi zinthu ziwiri zosiyana kwambiri

Mafunde sangathe kuyeza malo ozungulira, koma pali malo olumikizirana pakati pawo. Mofananamo, mfundo iyi ndi chidziwitso chapamwamba. Chidziwitso ichi chimatha kumva Mulungu, ndiko kuti, kumva kukhalapo Kwake. Tikakulitsa gawo la kulingalira wamba mpaka litalumikizana kwambiri ndi chidziwitso chapamwamba, timatha kumva .kukhalapo kwa Mulungu

Tatsika kuchokera ku mtheradi wopanda malire kupita ku Yoga yocheperako komanso yocheperako ndiko kukoka maganizo kuchoka ku zinthu zakunja kuti tiike patsogolo pa gwero lamkati la choonadi. Mwanjira imeneyi ndi momwe tingadziwire njira yomwe Mulungu anagwiritsa ntchito kuyika chidziwitso cha chilengedwe chonse m'zithunzi zocheperako .za chilengedwe chake ndi maiko omwe amakhalamo

Thupi la munthu ndilo lovuta kwambiri komanso lovuta kwambiri pa zolengedwa za Mulungu. Selo limodzi loyambirira, lopangidwa kuchokera ku kusakanikirana kwa umuna ndi dzira, limagawanika, ndipo kudzera mu kuchulukana kwa njira yogawayi, maselo mabiliyoni ambiri amamangidwa mozungulira kuti apange kapangidwe ka .thupi komwe kamasunga chidziwitso chathu chauzimu

Simungadziwe kuchuluka kwa mphamvu zomwe zimasungidwa ngakhale mu gramu imodzi ya nyama Ngati mphamvu imeneyo ikatulutsidwa, ma elekitironi osawerengeka akafalikira mumlengalenga wopanda malire Mphamvu ndi gawo la chidziwitso chomwe chili mkati mwa thupi zimaposa kumvetsetsa kwa anthu Ngakhale kuti kapangidwe kathu kooneka bwino kamapangidwa ndi mnofu, magazi, ndi fupa, kumbuyo kwa maselo ake okhuthala kuli mafunde amagetsi ndi ofunikira. Ndipo kumbuyo kwa mphamvu zobisika komanso zovuta izi kuli malingaliro ndi .malingaliro

Maganizo satha ndipo satha. Kuyambira pachiyambi cha nthawi, malingaliro opitilira malingaliro akhala akuzungulira mlengalenga. Maganizo ambiri ndi osatheka kuwalemba, koma ngati mutaganizira kuchuluka kwa malingaliro ndi malingaliro omwe adutsa m'maganizo mwanu ndikuwonetsedwa m'moyo wanu wonse, mudzapeza lingaliro .la malingaliro mamiliyoni ambiri omwe alipo

Yesani, ngati mungathe, kukumbukira malingaliro onse omwe munali nawo m'chaka chimodzi, kapena ngakhale tsiku limodzi lokha, kenako ganizirani kuchuluka kwa malingaliro omwe anthu onse adasonkhanitsa m'mbiri yonse, .mpaka lero Mulungu amawadziwa onse

Maganizo sangamvetse ngakhale zochitika zachilengedwe zobisika kwambiri Taganizirani kuchuluka kwa ma elekitironi omwe akuzungulira mumagetsi omwe akuyenda kudzera m'mababu amagetsi! Ma trilioni ambiri amavina pamodzi, ndikupanga kuwala komwe timawona Tinthu tating'onoting'onoti, tosaoneka ngakhale ndi maikulosikopu, timayenda kuchokera pamalo ena kupita kwina m'chilengedwe chonse m'masekondi ochepa chabe. Kuyesa kwa sayansi kumatsimikizira izi

Ngati mutayesa kuwerengera chiwerengero cha ma protoni ndi ma elekitironi omwe ali mu dziko lathu lapansi, ubongo ungapitirize kuwerengera kwa kanthawi kochepa kenako nkusiya. Zinthu zomwe zimawoneka m'maganizo .mwa wofufuzayo zikuwoneka zopanda malire

Koma pafika nthawi yomwe malingaliro amakhala osamveka bwino moti sangathe kuwamvetsa. Kuchokera pamlingo umenewo, wosatheka kulowa m'maganizo, Mulungu amatsanulira kuwala kwake kofunikira: kugwedezeka kwanzeru kwa chilengedwe komwe .kumamanga ndikuchirikiza chilengedwe chomaliza

ubwenzi

Kodi ubwenzi ndi chovala chodalitsidwa cholukidwa ndi ?ulusi wa mtima

Kapena ndi kuphatikizana kwa malingaliro awiri kukhala
?malingaliro amodzi akulu komanso otambasuka
Amayi ndi mwana wawo wamkazi, akasupe awiri
achikondi ochokera ku gwero limodzi
Kukulitsa kuyenda kwa chikondi ndikuthetsa ludzu la
?miyoyo youma
Kapena ndi duwa lokhalo pakati pa nthambi ziwiri
?zomwe zimamera pamunda wa kumvetsetsana kwaubwenzi
?Kapena ndi lingaliro limodzi m'matupi awiri
?Kodi ubwenzi ungayerekezeredwe ndi akavalo awiri
Ngakhale kuti mitundu yawo ndi yosiyana, amayendetsa
galimoto ya moyo pamodzi
Kufikira cholinga chapamwamba chokhala ndi
?masomphenya ogwirizana
Kodi ubwenzi umachokera pa kusalingana kapena
?kufanana
Kodi makoma ake amamangidwa ndi miyala yosiyana
?komanso yosiyana
Kodi akugwirizana ndi chabwino ndi choipa
?mosazindikira
Ndi kuyenda mwachangu ndi chimwemwe m'njira za
kusasamala ndi kupusa
Kupita ku phompho la kukhumudwa ndi
?kuthamangitsidwa kwa zinyengo
Ubwenzi ndi chomera cholemekezeka, chobala zipatso,
!komanso chopatulika
Anthu awiri akalonjeza kukhulupirika kosatha
Amayenda m'njira za moyo ngakhale kuti ali ndi
maganizo osiyana
Akasiyana maganizo ndi kuvomereza, amachita
.zimenezi mwachikondi ndi mwaulemu
Amathandizana ndipo amafunirana zabwino, monga
momwe amafunira okha
Amasangalala ndi kupambana kwa mnzake monga
momwe amasangalalira ndi zake

Kumene wokondedwa safuna chisangalalo kapena
chitonthozo powononga wokondedwa wake
Kenako m'munda wachifundo umenewo
Ubwenzi umakula ndi kuphuka, ndipo umadzazidwa ndi
fungo la chikondi ndi kukhulupirika
Chifukwa ubwenzi ndi chomera chosakanizidwa,
chobadwa kuchokera ku miyoyo iwiri
Fungo lake limachokera ku maluwa awiri osiyana
Ndipo anapitiliza ndi chikondi chosatha
Iye amene sagwedezeka ndi mavuto komanso wopanda
chilema
Ubwenzi umabadwa kuchokera mu mtima wa chikondi
chosamvetsetseka
Ndipo chuma cha malingaliro oyera chimatuluka
Imamera m'nthaka ya mgwirizano ndi kusagwirizana
Koma imagona pansi n’kuzizira ndipo imathera nthawi
yake ikudziwana mopitirira muyeso komanso popanda
kulemekezana
Imapuma mpweya wake womaliza pansi pa milu yambiri
ya zilakolako zadyera
Koma mtima wake wachifundo ukhoza kugonjetsedwa
ndi ziyembekezo ndi zofuna zake
Chinyengo ndi chinyengo
Inde, tizilombo timeneti tikugwira ntchito yawo pa
chomera chaubwenzi ndipo tikuluma mtima wake wa pinki
Ubwenzi, iwe chomera chakumwamba chomwe
chimaphuka bwino, malo abwino kwambiri ndi nthaka
yodzala ndi chikondi chopanda cholinga ndi chikhumbo,
komwe mabwenzi amayesetsa kumangana ndi kuthandizana
.ndikukonza njira yoti wina ndi mnzake apite panjira
Palibe chomwe chingathetse ludzu lanu, O bwenzi langa
Kunyalanyaza malingaliro ndi kulemekeza omwe ali
nawo
Palibe chomwe chimanyowetsa masamba anu ngati
kupopera koyera, kotentha

Kuchokera kumwamba kwa mitima yowona mtima, yachikondi
Ubwenzi weniweni
Kulikonse kumene maluwa anu a duwa amafalikira
Malo amenewo ndi opatulika
Imakhala kachisi wodalitsidwa
Imachezeredwa ndi wokhulupirira aliyense mwa
.Mulungu ndi chiyero cha moyo

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Ndidzayatsa kumwetulira ndipo mdima wa mavuto anga udzatha, ndipo ndidzaona mzimu wanga mu kuwala kwa kumwetulira kwanga kobisika kuseri kwa mdima wandiweyani wa zaka zambirimbiri
Ndikadzadzipeza ndekha, ndidzalowa m'mitima yonse, ndikunyamula nyali ya kumwetulira kwa moyo wanga
Mtima wanga udzayamba kumwetulira, kenako maso anga ndi nkhope yanga. Atomu iliyonse ya umunthu wanga .idzawala ndi kuwala kwa kumwetulira
Ndidzalowa mkati mwa mitima yachisoni ndikuyatsa moto wamphamvu womwe udzawononga chisoni chonse
Ine ndine lawi losagonjetseka la kumwetulira, ndidzadzitsitsimutsa ndi mphepo ya chisangalalo cha Mulungu, ndipo ndidzayaka mumdima wa malingaliro. Ndipo onse amene adzandikumana nane adzalandira chisangalalo .changa chopatulika
Ndidzanyamula miyuni yochiritsa ya kumwetulira kwanga ku mtima uliwonse. Choyamba ndidzamwetulira, ngakhale zitakhala zovuta, ndipo ndidzalimbikitsa anthu .ovutika komanso olira kuti amwetulire
Mu chisangalalo cha mitima yonse, ndimamva kulira kwa chisangalalo Chanu, Mulungu. Mu ubwenzi wa okhulupirika onse, ndimapeza chikondi Chanu.
Ndimasangalala ndipo mtima wanga umasangalala ndi kupambana ndi chitukuko cha abale ndi alongo anga, monga momwe ndimasangalalira ndikusangalala ndi kumasuka

kwanga ndi moyo wanga. Pamene ndikulimbikitsa nzeru ndi kumvetsetsa mwa ena, ndimachulukitsa chuma cha nzeru ndi chidziwitso changa. Mu chisangalalo cha onse, .ndimapeza chisangalalo changa

Palibe chomwe chingachotse kumwetulira kwanga

Kulephera, matenda, ndi imfa sizingandiopseze kapena kundifooketsa

Zoonadi, masoka ndi masoka sizingandivulaze chifukwa ndili ndi chimwemwe chosatha, chatsopano cha Mulungu .chomwe sichisintha ndipo sichingagonjetsedwe

Kumwetulira kwa Mulungu koyera, chete, kongoletsani nkhope yanga ndi kumwetulira mumtima mwanga

Ndidzayesa kukhala bilionea wa chisangalalo, chifukwa chuma changa chenicheni chili m'bokosi la kukhalapo kwanu kodala, Ambuye, ndipo motero ndidzakwaniritsa zosowa zanga za chipambano chauzimu ndi chuma chambiri nthawi .yomweyo

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Mtendere umayenda kuchokera mumtima mwanga

Zimandipyoza ngati mphepo yofewa

Mtendere umandiphimba ngati mafuta onunkhira

Mtendere umayenda mwa ine ngati mafunde a kuwala

Mtendere umachiritsa mtima wa nkhawa ndi nkhawa, ndipo umawotcha minga ya mantha ndi kusowa tulo

Mtendere umakula kwambiri - ngati moto waukulu - ndipo umadzaza moyo wanga wonse

Mtendere uli ngati nyanja, yodzaza malo ndi mlengalenga

Mtendere uli ngati magazi ofiira; umapuma moyo m'mitsempha ya malingaliro anga

Mtendere, ngati madzulo otseguka, umazungulira thupi langa losatha

Lawi la mtendere limachokera m'mabowo a thupi langa, komanso kuchokera ku chilengedwe chonse

Fungo la mtendere likufalikira m'minda ya maluwa

Vinyo wa mtendere nthawi zonse akutuluka
m'makanikidwe a mtima uliwonse
Mtendere ndi moyo wa miyala ndi mwezi, oyera mtima
ndi aneneri
Mtendere ndi madzi a kasupe a moyo
Madzi omwe amachokera mumtsuko wa chete
Zomwe ndimafufuza m'mabowo osawerengeka a
maatomu anga
* * *
Ndipemphera ndi mtima wonse mpaka mdima wa
kuganizira utayatsidwa ndi kuwala kwanu, Ambuye, lero
ndidzaulutsa nyimbo ya moyo wanga mlengalenga ndi
cholinga chachikulu, ndikuyembekeza kuti mudzayankha
.kudzera mwa wolandira mtendere wanga
Inu amene mulipo nthawi zonse, chisangalalo
!chotsitsimutsa nthawi zonse
Masulani malingaliro anga ku zolemetsa za kusasamala
ndi kuiwala
Ndiloleni ndimwe timadzi tokoma tomwe timakhala nanu
nthawi zonse
Pamene mtendere wanga wamkati ndi wakunja
ukukulirakulira, mtendere wanu umabwera kwa ine
Nthawi zonse ndimayesetsa kumvetsera mawu a mapazi
anu odabwitsa
Ngati ndikanakulandirani ngati chisangalalo chachikulu
cha kuganizira kwambiri
Ndikudziwa kuti zinthu zonse
Kulemera, thanzi, ndi nzeru zidzapatsidwa kwa ine
Ndithandizeni kukupezani
M'madzi akuya a moyo wanga, ndikumva ludzu la Inu
chikondi
Chikondi ndi fungo la maluwa otuwa
Ndipo nyimbo ya maluwa osalankhula
Kukondwerera kukongola kwa chilengedwe
Chikondi ndi nyimbo ya moyo yomwe imayimba moyo

Ndipo kuvina koyenera kwa mapulaneti
Mu ulendo wake wosatha wopita ku malo akuya
Ndi ludzu la maluwa kumwa kuwala kwa dzuwa
Ndipo imakula bwino ndipo imadyetsedwa ndi mankhwala oletsa moyo
Ndi chilakolako cha dziko lapansi
Kudyetsa mizu ya ludzu ndi mkaka wake
Ndipo kusamalira mitundu yonse ya moyo ndi tanthauzo la moyo
Ndi chifuniro champhamvu cha dzuwa
Kuti zamoyo zonse zikhale ndi moyo komanso zogwira ntchito
Ndi mphamvu yoyendetsera moyo
Kupereka chitetezo ndi chisamaliro kwa ana aang'ono
Ndi kumwetulira kosalakwa komwe kumabweretsa chikondi cha abambo pa mwana
Ndipo kugonjera kokhazikika m'mitima ya okonda
Kupereka chithandizo ndi chifundo kwaulere
Ndi kugunda kwa ubwenzi
Munthu amene amachiritsa mitima yosweka ndi kuchiritsa mabala
Ndi kuyitana mtima komwe sikungathe kufotokozedwa
Iye ndi wolemba ndakatulo wodzaza ndi chikondi kwa anthu
Munthu amene akuvutika ndi mavuto ake
Ndi bwalo la ubale wapamtima pakati pa anthu a m'banja limodzi
Kufutukuka ndi kufalikira nthawi zonse kupita ku malo akuluakulu
Ndipo minda yokulirapo
Ndi phokoso la moyo
M'maganizo otseguka
Ndipo thambo la mitima lodzaza ndi nyenyezi za malingaliro abwino

Chikondi ndiye chisangalalo cha moyo
Zimene miyoyo yachikondi imafuna
Ndipo amafunitsitsa kumufikira ndikulankhulana naye
Kuchokera m'zosungira zakale: Mawu okhudza
kupambana ndi anthu opambana
Mwana angaone kupambana ngati kukhala ndi
zoseweretsa zambiri ndi zidole, ndipo mwina ngakhale galimoto yaying'ono yokweramo. Mwana wosauka angaone kupambana ngati kukhala ndi ndalama zogulira chilichonse chomwe akufuna, pomwe mwana wolemera angaone kuti sakukhutira ndi zoseweretsa zake ndipo sangakhutire. Mwana wotere, wotanganidwa ndi kuchuluka kwa zinthu .zomwe ali nazo, angakhale wovuta kumusangalatsa
Pamene tikukula, timaseka zilakolako zathu zaubwana.
Ngakhale zinthu zambiri zomwe akuluakulu amafunafuna lero zimatayika kukongola kwawo mawa kapena tsiku .lotsatira, m'malo mwake zilakolako zatsopano
Ndikoyenera kuti munthu asiyanitse pakati pa zomwe
zili zofunika ndi zomwe sizili zofunika
Kupambana n'kofunika kwambiri kuti munthu akhale ndi
zinthu zofunika pa moyo: chakudya, pogona, thanzi, ndi zovala Ngati akusowa ngakhale pang'ono chabe mwa zinthu .zimenezi, amakhala pamavuto aakulu
Munthu ayenera kukhala wokhoza kupeza chitonthozo
ndi chimwemwe chochepa Kaya munthu ndi wauzimu kapena wokonda zinthu zakuthupi, palibe kusagwirizana kuti pali zosowa zina zofunika zomwe ziyenera kukwaniritsidwa kuti akhale ndi thanzi labwino lakuthupi Popanda kukhala wathanzi komanso wabwino (osachepera m'maganizo), .munthu sangapambane
Koma kodi kupambana kwenikweni n’chiyani? Ngati
munthu apeza chilichonse chimene akufuna pa moyo, adzamvabe kuti alibe kanthu chifukwa ndi mzimu, ndipo zinthu zakuthupi sizingamupatse chimwemwe, chomwe .choyamba ndi mkhalidwe wamaganizo

Tili ndi mphamvu zodzipangitsa kukhala osangalala, monga momwe tilili ndi mphamvu zodzipangitsa kukhala ovutika Chinsinsi cha kupambana ndi chimwemwe chili mwa inu. Mungakhale osangalala kwambiri m'nyumba mwanu modzichepetsa kuposa mfumu m'nyumba yake yachifumu yokongola. Anthu amene amapeza kupambana ndi chitukuko kunja kwawo sali opambana kwenikweni kapena osangalala. Izi sizikutanthauza kuti anthu ambiri ndi osasangalala; koma zikutanthauza kuti ngati mungathe kupeza chimwemwe m'moyo, kaya ndinu osauka kapena olemera, mupambana .mwanjira iliyonse

Chisangalalo chaching'ono chomwe chimasiya chisoni ndi chisoni chokha si chimwemwe chenicheni. Mu chipambano chenicheni, kukumbukira kukwaniritsa cholingacho kumakhalabe ndi moyo ngakhale chisangalalo choyamba cha kuchita bwino chitatha. Zinthu zonse zabwino zomwe munthu wachita ndi zomwe akupitiriza kuchita m'moyo wake zimakhalabe m'chikumbukiro chake kwamuyaya ngati chimwemwe chosatha. Ndicho .chipambano chenicheni chomwe munthu amapeza m'moyo

Kupambana si chinthu chophweka; sikungayesedwe ndi chuma cha munthu kapena katundu wake. Tanthauzo la kupambana ndi lozama kwambiri kuposa limenelo. Kupambana kwenikweni kungayesedwe ndi luso la munthu .lokhala wosangalala pazochitika zonse

Ngati chikumbumtima chanu chili choyera komanso chomasuka, ndipo simuli okonda aliyense kapena osalungama kwa aliyense, ndipo chifuniro chanu chili cholimba komanso chosinthasintha nthawi imodzi, ndipo muli ndi malingaliro osavuta komanso kuzindikira kolondola, ndipo mukakhala ndi mwayi wopeza zomwe mukufuna m'njira zolemekezeka komanso zovomerezeka, ndiye kuti .ndinu m'gulu la opambana

Mwana nthawi zambiri amakhutira ndi zinthu zing'onozing'ono, koma akakula amafuna kukhala ndi zinthu

zambiri, monga nyumba zogona ndi magalimoto, ngakhale .akudziwa kuti eni ake a zinthuzo sali okondwa kwenikweni

Kukhutira kumakhala m'moyo wosalira zambiri ndi malingaliro apamwamba Anthu amene amaika maganizo awo pa zolinga—dziko la malingaliro abwino—amasangalala kwambiri kuposa anthu amene amangoganizira zinthu zakuthupi okha. Anthu amene amaganizira kwambiri za chuma ndi zina zotero, anthu amene amaganizira kwambiri za zinthu zapamwamba (chifukwa chofuna kudzionetsera ndi .kudzionetsera), sakhala oyeretsedwa kwenikweni

Ndi chinthu chopindulitsa kwambiri kwa munthu kuwerenga mabuku ndi nkhani zothandiza m'malo mongotaya nthawi pa zinthu zosapindulitsa. Chofunika kwambiri kuposa kuwerenga ndi kuganizira za Mulungu, kuganizira za ukulu Wake, ndi kuyesetsa kumvetsetsa .zinsinsi zopanda malire komanso zopanda malire za moyo

Cholinga cha moyo ndi chakuti munthu adzidziwe yekha, kumva chilengedwe cha dziko lapansi chikugunda mumtima mwake, chikuyenda m'mitsempha yake, ndikudzaza umunthu wake ndi mtendere, chikondi, chimwemwe, ndi !bata ndipo ndicho chipambano chachikulu

Kukongola

Anthu owona amayamikira kukongola kulikonse Ena amachita ngati alibe maso; saona kapena kuzindikira chifukwa sangathe kuona chilichonse, ngakhale m'malo okongola

Mitundu yokongola kwambiri padziko lapansi imawoneka yoyipa komanso yokhuthala poyerekeza ndi mitundu yokongola ya dziko lapansi kapena la ethereal

Pa thupi, anthu apeza njira zosiyanasiyana zowonjezerera kuwona kwawo. Maso opanda kanthu amalandira mitundu yochepa; komabe, miyala ina yofiirira yopepuka imawonetsa mitundu yowala pansi pa kuwala kwa ultraviolet. Kuwala kumeneku kukatsekedwa, miyalayo .imabwereranso ku mtundu wake wakuda woyambirira

Mitundu yambiri m'dziko lapansi, monga buluu wa thambo, ndi malingaliro owoneka bwino omwe amapangidwa ndi kuwala kwa mitundu yosiyanasiyana ya tinthu tating'onoting'ono Popeza diso limatha kungoona kugwedezeka kochepa komwe kumapanga chilichonse m'chilengedwe chonse, anthu sangathe kuwona zinthu zobisika zomwe zimawazungulira. Ngati mutawaona, .mungadabwe ndi kukongola kwawo

Motero, diso kapena khutu sizingathe kuzindikira zonse zomwe zingatheke. Anthu sangathe kupuma fungo lonunkhira bwino kapena kuona mawonekedwe osawerengeka, zithunzi, ndi mawonekedwe osavuta omwe .akuyenda m'malo osiyanasiyana a ether

Anthu nthawi zambiri sangathe kuzindikira ngakhale zinthu zomwe zili m'munda wawo wa kuzindikira kwa mphamvu ya thupi

Pamene ndinapita ku Mexico ndikuona "minda yoyandama" ya Nyanja ya Zuquemilco, kukongola kwawo kunadzaza mtima wanga ndipo ndinamva kukongola ndi .ukulu wa wojambula waumulungu

Panali munthu wina amene ankaoneka kuti wakonda kwambiri kukongola kwachilengedwe kumeneko, koma maganizo amkati anandisonyeza kuti sankaona zimene ndinkaona. Ndinamufunsa za maganizo ake pa malo okongola amenewo, ndipo anayankha kuti: "Ndinkaganiza ".njira yothandiza yotulutsira madzi kuti ndilime malo ambiri

Iye anali kuona nyanjayo m'njira yakeyake. Choncho tonsefe timaona zinthu motsatira malingaliro athu ndi .tsankho lathu

Moyo uliwonse uli ndi kugwedezeka kosiyanasiyana kapena kusinthasintha kwa malingaliro, malingaliro, ndi malingaliro, zonse zomwe zimathandiza kupanga umunthu .kapena chidziwitso cha munthu

Munthu aliyense ali ndi mawonekedwe osiyana, kugwedezeka kosiyana. Chilichonse chimene munthu

wachita kuyambira ali mwana chimasungidwa muubongo ngati makapisozi opanikizika a zizolowezi ndi zilakolako. Ndipo popeza sitingathe kuwona makapisozi osaoneka awa, timadabwa ndi zochita za anthu, aliyense malinga ndi .zomwe akufuna

Anthu ena amatengeka mosavuta ndi chisangalalo popanda chifukwa chomveka, kapena maganizo awo opweteka m'njira zosamveka, ngakhale kuchokera kwa iwo okha. Ena nthawi zonse amakhala otanganidwa ndi kutsutsa, kufalitsa mphekesera, ndi kuulula ena, pomwe umunthu .wawo wamkati ukufunika chisamaliro ndi kuyeretsedwa

Zizolowezi zamaganizo zimenezi zimakwirira mzimu ndipo zimalepheretsa munthu kusonyeza zabwino za .umunthu wake wapamwamba

Anthu ndi ovuta komanso odziletsa! Munthu aliyense ndi nkhani yokhala ndi mitu yambiri, yokhala ndi zochitika .zolumikizana komanso zochitika zosiyanasiyana

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Maganizo olephera ayenera kuchotsedwa ndi malingaliro abwino opambana ndi chiyembekezo Mantha ayenera kuchepetsedwa mwa kusawakokomeza Chisoni chiyenera kuchotsedwa ndi kuwala kwa chimwemwe Mwano uyenera kugonjetsedwa ndi kukoma mtima ndi kuganizira Zachabechabe ziyenera kuchotsedwa ndi chikondi ndi ulemu Maganizo odwala ayenera kuchotsedwa pampando wa thanzi ndi malingaliro abwino ndi malingaliro olondola Kusokonezeka ndi nkhawa ziyenera kuchotsedwa ndi chikhulupiriro ndi kuyambitsa mphamvu za malingaliro Ufumu wamtendere uyenera kukhazikitsidwa mu moyo kuti ukhudze kukhalapo kodala ndikumva chitetezo chaumulungu

Perekani mzimu wopatsa

Ambuye, ndiloleni ndizindikire kuti zosangalatsa za malingaliro ndi zachiphamaso komanso zosakhalitsa Pamene chisangalalo cha moyo ndi chenicheni komanso chosinthika nthawi zonse

Mulungu ali pano. Iye si mawu okha amene timalankhula, koma ndi moyo weniweni komanso chinsinsi cha kukhalapo kwathu. Mwina sitingadziwe zonse zokhudza mphamvu zake zopanda malire, koma tingathe kumva .kukhalapo kwake ndikumva kukhalapo kwake

Mulungu ndiye bata la chilengedwe chonse momwe zinthu zonse zimaonekera komanso momwe malingaliro onse owunikira amatulukira. Chifukwa chake, ndiyesetsa .kuchita bata kuti ndimve kukhalapo kwake kosangalatsa

Lero ndidzakongoletsa malo opatulika a bata ndi maluwa a chikhumbo cha Mulungu ndikuitana Mulungu wa .chikondi ndi chisangalalo

Ndikupempha Mulungu kuti andidziwitse kudzera m'maso anga auzimu kuti ndione kuwala kwake kukufalikira .m'mbali zonse za chilengedwe chonse

Ndikudziwa kuti Mulungu amamva kunong'oneza kulikonse kwa chikhumbo changa Iye ndiye chikondi cha padziko lonse, ndipo kudzera mu chikondi cha Mulungu ndimatha kumupeza, chifukwa kudzera mu chikondi wofunafuna amayandikira kwa Mulungu ndikumwa .kuchokera ku akasupe a chisangalalo chopatulika

Ambuye, ndithandizeni kulimbitsa thupi langa ndi mphamvu yanu ya chilengedwe, kuchiritsa maganizo anga ndi cholinga ndi chiyembekezo, komanso kuchiritsa mzimu .wanga ndi malingaliro auzimu obadwa nawo posinkhasinkha

Mu moyo ndi mu imfa, m'zisoni ndi m'masautso, chikhulupiriro changa mwa Inu, Ambuye, chimakhalabe champhamvu komanso chosagwedezeka, cholimba komanso chosagwedezeka

Mpweya uliwonse wa kulakalaka kwanga ndi pemphero langa umatsegula zitseko ndi mawindo mumtima mwanga .omwe ndimadutsamo kupita ku chisangalalo cha Mulungu

Monga momwe dzuwa limawala m'misewu yotanganidwa kwambiri, momwemonso ndidzawona kuwala kwa chikondi cha Mulungu

Mu malo onse otanganidwa ndi zochita zanga za tsiku ndi tsiku, ndidalitseni, Ambuye, kuti ndidzutse mzimu wanga .ndi mbandakucha ndikuubweretsa ku khomo lanu lodala

Ambuye, ndipatseni mzimu wopatsa kuti ndigawane ndi ena zomwe ndili nazo, ndipo ndithandizeni kuwona m'nyanja yodekha ya malingaliro anga chithunzi cha mwezi wa moyo .wanga ukuwala ndi kuwala kwa kukhalapo kwanu

Lero ndilowa m'nyanja yozama ya kusinkhasinkha ndi kusinkhasinkha za Mulungu mpaka nditapeza ngale za nzeru .ndi chisangalalo chaumulungu

Ndidzakukondani, Ambuye, kuposa china chilichonse, chifukwa popanda inu sindingathe kukonda munthu aliyense .kapena china chilichonse

Mu kuya kwa mapiri ndi thambo lopanda phokoso, ndi mkati mwa moyo wanga ndi m'phanga la chete, ndimamva kukhalapo kwa Mulungu ndikumva chisangalalo Chake chosatha, ndipo ndimamwa kuchokera ku akasupe Ake oyera .omwe sasiya kapena kuuma kwamuyaya

Ndidzakulambirani, Ambuye

Inu amene chikondi chanu chili chofanana

Pampando wachifumu wa mtima wamtundu uliwonse

ndi wachikondi

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Ndalama sizitanthauza kuti munthu ali ndi kukoma kwabwino Anthu ambiri olemera amagula zinthu zomwe sakuzifuna, zomwe zimadzaza m'nyumba zawo m'milu yoipa komanso yopanda phindu. Simukusowa ndalama zambiri kuti nyumba ikhale yokongola; kukoma ndiye chinthu chofunikira kwambiri. Komabe, lingaliro lokongoletsa nyumba limakhudza anthu ena, zomwe zimawapangitsa kuti azingoganizira kwambiri zinthu zakuthupi ndikuchepetsa .kudzidalira kwawo

Aliyense amene akulemedwa ndi kukwera ndi kukakamiza ma bilu adzalakalaka moyo wosalira zambiri komanso ufulu womasuka ku mavuto azachuma. Koma ufulu

umenewo sudzabwera chifukwa chogonjera ku ulesi ndi kusachita chilichonse, kapena kusiya chilichonse popanda .chifukwa kapena nzeru

Nthawi ina munthu wina anataya mtima kwambiri ndipo :anati

Tsoka langa! Ndataya chuma changa ndipo mkazi" wanga wandisiya, choncho ndasankha kusiya chilichonse "ndikukhala mlendo

Munthu uyu, anzanga, sanasiye chilichonse, koma !m'malo mwake anasiya chilichonse

Kukhala ndi thanzi labwino m'maganizo ndi kukhutira ndi zinthu ziwiri zofunika kwambiri kuti munthu akhale ndi chimwemwe. Pambuyo pofufuza ndi kusankha zilakolako zonse, tinganene kuti: "Palibe vuto kupeza zosowa zakuthupi ".zofunika, ndipo kulephera kukhala nazo n'kosavomerezeka

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Kukhalapo kwa Mulungu kulipo mu nyenyezi, m'dziko labwino, mu kugunda kwa mtima, ndi mu kugunda kwa malingaliro Aliyense amene akupitiriza kuyenda panjira yopita ku cholinga chodala ndikuganizira za Mulungu ndi zodabwitsa zake adzamuona Iye mu chovala chagolide cha chilengedwe chonse—chovala cha kuwala chomwe chikufalikira kwamuyaya—ndipo adzamva kukhalapo Kwake kowala mu lingaliro lililonse labwino komanso lapamwamba .komanso mu kugunda kulikonse kwa mtima

Ambiri alankhula za Mulungu, ambiri amufunafuna, ndipo ambiri awerenga za Iye, koma ochepa akhudza kukhalapo Kwake. Anthu amene alawa chisangalalo Chake .ndi amene amamudziwa

Kuwotcha" mbewu za mabizinesi oyendetsedwa ndi" umbuli

Anthu amapanga tsogolo lawo kudzera mu chifuniro chawo, kutsimikiza tsogolo lawo kudzera mu zolinga zawo ndi zochita zawo. Mutha kudzimasula ku mavuto ngati mungasankhe kutero. Mulungu, amene umunthu wake ndi

chikondi, safuna kuti wokondedwa wake avutike ndi ululu chifukwa cha zochita zolakwika ndi kuganiza molakwika. Wapatsa anthu mphamvu yozindikira zinthu komanso ufulu wosankha. Komabe, chifukwa cha zisankho zolakwika ndi zisankho zopanda nzeru, anthu amabweretsa mavuto ndi .ululu pa iwo okha komanso kwa ena

Muyenera kukhala omasuka ndipo musalole wina aliyense kukulamulirani kapena kukulamulirani Musalole kuti malo anu okhala, miyambo, kapena miyambo yoipa ikulepheretseni ndi kulamulira moyo wanu Chitani zinthu mwanzeru, mverani chikumbumtima chanu, ndipo ganizirani zotsatira za zochita zanu musanayambe chilichonse Pewani kuvulaza ena chifukwa cha khalidwe lanu losayenera, ndipo funani thandizo ndi chitsogozo cha Mulungu

Malingana ngati munthu ali ngati nyama yolusa, nsanje, ndi kaduka, sali omasuka. Ayenera kukhala olamulira malingaliro ndi zochita zawo, ndikudzimasula ku zilakolako zowononga, zilakolako zosalamulirika, ndi zilakolako .zolakwika

Ngati muli oona mtima kwathunthu, nzeru zidzathandiza kuganiza kwanu, chilungamo chidzakutsogolerani pa chisankho chanu, ndipo kumvetsetsa kudzawunikira .maganizo anu

Mbewu za zochita zakale zoyendetsedwa ndi kusadziwa ziyenera "kukazingidwa" mu moto wa kusinkhasinkha ndi nzeru kuti zisathe kumera ndikukula kachiwiri. Iyi ndi njira .yopewera ndi kuletsa ziwopsezo zoopsa zachinyengo

Chinyengo cha chilengedwe chonse - kapena Satana - chimanyenga munthu ndi malonjezo abodza ndi mayesero okoka kuti atsatire chisangalalo cha thupi, ndipo chimalamulira mphamvu zake chifukwa amamulonjeza chisangalalo cha dziko lapansi chomwe chilibe zenizeni, motero amagwira ntchito molimbika kuti asalawe zipatso za chisangalalo chenicheni zomwe zilipo zambiri m'minda ya .moyo

Anzeru amadziwa kusiyana pakati pa choonadi ndi chinyengo ndipo ali ndi luso lozindikira zinthu Pamene akufufuza mozama za kuganiza, amazindikira bwino kufunika kwa ufulu wosankha komanso kufunika kogwiritsa ntchito ufulu wosankha kuti achite zabwino ndikupewa zochita zomwe zingabweretse zotsatirapo zoipa komanso .zotsatirapo zosasangalatsa

Kuganizira za tsiku ndi tsiku

Lero ndiphwanya chithunzi cha umbuli chomwe chimadetsa malo opatulika a moyo wanga, ndipo ndidzakumbukira kuti kuwala koyera kwambiri kwa Mulungu nthawi zonse kumawunikira pa umunthu wanga ndikuchotsa mdima wa chinyengo m'maganizo mwanga ndi m'moyo .wanga, ndipo Iye amene anandilenga sandisiya

Pansi pa mafunde onse a moyo pali nyanja yochuluka ya kukhalapo kwa Mulungu, ndipo kumbuyo kwa kugunda kulikonse kwa mtima kuli nyanja yopanda malire ya .malingaliro a chilengedwe chonse

Usiku uliwonse ndimadzilimbitsa mtima kuti sindili thupi M'malo mwake, mzimu umene umakhala m'thupi Ndipo kuti umunthu wanga wauzimu ndi wosatha wosafa

Ndikadzuka, ndidzakumbukira kutsimikiziranso Mu kapangidwe ka tulo ndidzachira ndikukonzanso mphamvu zanga, koma zimenezo sizokwanira, ndikufunika malo opumulirako bata ndi kuganizira komwe ndingathe kupumula tsiku lililonse kuti ndikafufuze malo a .chikumbumtima changa ndikupeza zinsinsi za mzimu wanga

Ndikudziwa motsimikiza kuti Mulungu sandisiya ngakhale mphindi imodzi, ndipo mosasamala kanthu za momwe zinthu zilili pa moyo wanga, ndimakhalabe wolemera mwa Mulungu chifukwa chisomo chake .chochuluka chimadutsa mwa ine nthawi zonse

Chikondi ndi kuitana kwa Mulungu chete kwa zamoyo zonse ndi zopanda moyo kuti zibwerere ku nyumba ya umodzi Wake.

Chikondi chimabadwira m'minda ya kupita patsogolo ndi kukonzanso, motero nthawi zonse ndimagwira ntchito yodzikonzanso ndikulimbikitsa mzimu wanga kuti upite patsogolo panjira yopambana.

Lero ndipewa zinthu ziwiri zopitirira muyeso: kudzikuza ndi zoipa, ndipo ndidzakumbukira kuti Mulungu amagwira ntchito kudzera mwa ine ndipo ngati ndikhudza kukhalapo kwake ndidzakhala wotetezeka ku zoipa zonse.

Ndikudziwa kuti cholinga cha moyo ndi chisangalalo, osati chisangalalo chodzikonda chomwe chimapatula ena, koma chisangalalo chomwe chimawaphatikizapo ndikukula mwamphamvu mwa kuwapangitsa kukhala osangalala.

Kumbuyo kwa mwezi kuli mwezi wathunthu waukulu kwambiri, kumbuyo kwa dzuwa kuli mphamvu ndi mphamvu za Mulungu, ndipo kumbuyo kwa maganizo a munthu kuli maganizo a anthu onse. Chifukwa chake, sindidziletsa ku "munthu wamng'ono: "kudzikuza

Ambuye, ngati tikukufunani ndi mitima yathu yonse, mudzatitsegulira zitseko ndi kutitumizira zonse zomwe tikufuna kuti tiyandikire kwa Inu ndikukudziwani.

Ndidzasunga maganizo anga otseguka komanso olandirira, kenako ndidzaona Mulungu m'zonse zabwino komanso zapamwamba, ndipo ndidzazindikira kuti ndili paubwenzi wolimba ndi kukhalapo kwake kodala.

Ndikatsegula maso anga ku chisangalalo choganizira, mdima udzatha ndipo kuwala kwa chikhulupiriro kudzanditengera ku ufumu wa kuunika kumene Mulungu akuyembekezera.

Ndidzakumbukira kuti kusadziwa ndiye gwero la matenda onse akuthupi, amisala, ndi auzimu. Chifukwa chake, ndidzachotsa mdima wa kusadziwa mwa kuwona kuwala kwa Mulungu.

Lero ndilumikizana ndi abwenzi a nzeru kudzera m'mabuku ndi ziphunzitso zawo. Ndilowa kudzera m'zitseko .zophunzirira mozama komanso moganizira

Ku dziko lodabwitsa komanso lodabwitsa la malingaliro, ndidzawerenga mabuku ndi zinthu zolimbikitsa zokhudza .Mulungu, gwero la kudzoza konse ndi malingaliro abwino

Mulungu watipatsa aliyense wa ife mphamvu yapadera yolenga chinthu chapadera chomwe palibe wina aliyense ali nacho. Ndi mphamvu yolenga zinthu, choncho ndichita zonse .zomwe ndingathe kuti ndikhale ndi mphamvu imeneyo

Mulungu wanga wokondedwa, ndikudziwa kuti ndili ndi mphamvu yaumulungu mkati mwanga, choncho ndidzachita ntchito zanga mosatopa, ndipo gulu la anthu oyenda m'moyo wanga lidzapitiriza ulendo wawo, podziwa kuti mphamvu zanu zopanda malire zolenga zimandithandiza, kukweza cholinga changa, ndi kulimbikitsa kutsimikiza .mtima kwanga

Lero ndiganiza mosamala ndisanachitepo kanthu. Chizolowezi ndi zotsatira za zochita zosiyanasiyana, ndipo zochita zimatha kuweruzidwa ndi momwe zimakhudzira maganizo, kotero ndichita zonse zomwe ndingathe kuti .ndidzipulumutse ku zizolowezi zoipa

Ambuye, ndithandizeni kulimbitsa chifuniro changa ndipo musalole zizolowezi kundigwira ukapolo. Nditsogolereni kuti ndidzitukule mwauzimu kudzera mu .chilango chamkati ndi chakunja

Palibe chitetezo popanda Mulungu Palibe chimwemwe popanda Iye Palibe chikondi popanda Iye Palibe mtendere popanda Iye Palibe moyo popanda Mulungu

Moni wanga kwa inu

Ndinatenga nyimbo kuchokera mu nyimbo

Ndipo malingaliro achifundo adabwera kuchokera mu ndakatulo ndi mavesi

Mankhwala oletsa ululu anatengedwa kuchokera mu timadzi tokoma

Ndipo anasonkhanitsa fungo la maluwa ndi maluwa a maluwa
Ndatenga malingaliro kuchokera m'maganizo onse
Ndipo ndinabweretsa mzimu kuchokera ku chikondi changa
Ndipo nyimbo za kumwamba zinalandiridwa
Ndipo ndinapeza mphamvu kuchokera ku moyo wonse
Ndataya chifundo chanu kuchokera ku mapemphero anga onse
Ndipo ndapanga chikondi chanu mumtima mwanga
Ndipo ndapeza tanthauzo la bata
Ndipo ndinatenga chikhumbo ndi chilakolako kuchokera mumphika wa kudzipereka kwanga
Ndipo ndawabweretsa onse kwa inu
?Bwanji osatuluka m'malo anu obisalamo
Ndipo munalandira zopereka zanga zochepa kuchokera ?kwa ine ndekha
Master Paramhansa Yogananda
Nkhani ya mphesa yakuda
Monga momwe mphunzitsi Paramhansa adanenera
Umboni wabwino nthawi zina umachokera ku zikhumbo zazing'ono
Tsiku lina, pamene ndinali ku Boston ndi mnzanga, ndinawona mphesa zambiri zakuda ndipo ndinkafuna kuzigula, koma zinagula $3 [zaka zoposa makumi asanu ndi awiri zapitazo], ndipo ndinamva wina akunena kuti, "Kodi "!?sakuwononga ndalama
Ndinaganiza zosagula mphesa, ndipo nditalandira chitsimikizo chamkati, ndinadziuza ndekha kuti: "Mulungu akudziwa kuti ndikufuna mphesa zimenezo ndipo ".adzandipatsanso mphesa
Patatha miyezi pafupifupi isanu ndi umodzi, madzulo ena ndinapita ku shopu ya zipatso ndikugula mphesa zofanana ndi zomwe ndinaziona kale, nditaiwala lonjezo lomwe ndinadzipangira ndekha kuti ndidikire mpaka

Mulungu atandipatsa mphesa Nthawi yomweyo ndinamva mawu a Mulungu mkati mwanga akuti, "Bwezeretsani "mphesa zimenezo

Ndinatembenuka ndipo ndinauza mwini sitolo kuti, "Ndipatseni vwende la honeydew m'malo mwa mphesa." Munthuyo anaoneka wosokonezeka, koma anachita monga .momwe ndinamupempha, ndipo ndinachoka ndi vwende

Nditafika kunyumba, ndinadabwa kupeza bokosi lomwe linali ndi mipukutu iwiri ya mphesa zakuda popanda chizindikiro, zomwe zinandipangitsa kufuna kudziwa amene anandipatsa. Kwa mwezi umodzi, ndinayesa kupeza kuti ndani, ndipo tsiku lina ndinamvanso mawu a Mulungu, akunditsimikizira kuti ndidzauzidwa. Madzulo ena, pamene ndinali kupereka nkhani, mmodzi mwa ophunzira omwe anali pamsonkhanowo anagwira chidwi changa, ndipo ndinamuuza kuti, "Mulungu akundiuza kuti ndiwe amene ".wandipatsa mphesa

Anayankha mokana, koma pambuyo pake anandiuza zomwe zinachitika, chifukwa pamene anali kusinkhasinkha anaona kuwala kwakukulu ndi dzanja litagwira mphesa zakuda, ndipo lingaliro lamphamvu kwambiri m'maganizo mwake linali lakuti apite kukagula mphesa zimenezo kwa .Yogananda

Anati anagula mphesa imodzi kenako ina, ngakhale kuti ankakhulupirirabe kuti masomphenyawo ayenera kuti anali malingaliro chabe. Kenako anapemphera [kuti adziwe chowonadi] ndipo zinamuonekera bwino kuti masomphenyawo anali oona ndipo anali ochokera kwa Mulungu amene ankafuna kuti agule mphesa zimenezo ndi .kundipatsa ine

Malo obisika omwe ndi ovuta kudzaza

Yakwana nthawi yoti munthu ayambitse mphamvu zomwe zimavumbula choonadi mkati mwake, chifukwa chimwemwe chikugwirizana ndi vumbulutso limenelo. Anthu amene akufuna kufika pamalo amenewo ayenera kuchita

khama ndi kudyetsa maganizo awo ndi malingaliro opanga kuti akhudze choonadi chimene Mulungu waika mwa iwo ndi kupindula ndi mphamvu zodalitsidwa zomwe zili m'thupi .lawo

Aliyense amene akufuna kukhutiritsa mphamvu zakuthupi popanda kulawa timadzi tokoma ta chimwemwe chauzimu kuchokera ku kasupe waumulungu, gwero la kukhutira konse ndi chisangalalo, amaika ndalama zotayika .ndipo zokolola zake zanzeru zidzakhala zochepa

Anthu amene akufuna kudziwa Mulungu adzalandira chifuniro chawo chifukwa Iye ndi wowolowa manja komanso wachifundo. Komabe, anthu ambiri amafunafuna zilakolako za dziko lapansi, kudzitonthoza ndi chisangalalo cha zinthu zakuthupi chomwe sichikhalitsa, ndipo amavutika chifukwa !chosachikwaniritsa kapena chifukwa chochikwaniritsa

Ngakhale anthu olemera pazachuma pamapeto pake adzamva kuti ali ndi vuto lalikulu m'miyoyo yawo, pomwe anthu omwe amagwirizanitsa miyoyo yawo ndi Mulungu ndi olemera, amphamvu, ndipo amasangalala ndi kukhutira ndi .chitukuko

Kunyalanyaza malangizo anzeru ndi kunyalanyaza mawu a chikumbumtima kumabweretsa njira zokhotakhota, zoterera, zoopsa, komanso zosasangalatsa, pomwe kutsatira njira yachilungamo kumabweretsa kumasuka ku unyolo ndikupeza mphamvu yochita zabwino, osati zomwe zimalamulidwa ndi chibadwa chosokeretsedwa ndi zizolowezi .zosokeretsa

Anthu amene akufunafuna chimwemwe angapindule ndi zimene anthu anzeru anakumana nazo omwe akumana ndi .mavuto m'moyo ndipo apeza njira zothetsera mavutowo

Ndithudi, aliyense amene akugwirizana ndi zolinga za Mulungu amasambira mu nyanja ya kukhutira ndi bata, .ndipo ali ndi mwayi weniweni

Aliyense amene amaganiza za Mulungu, Mulungu
amaganizira za iye, akudzaza moyo wake ndi madalitso
.ndikumupatsa kukoma kwa timadzi tokoma ta chimwemwe
Tiyeni tipemphere kwa Mulungu kuti alowe m'miyoyo
yathu
Zimadzutsa zilakolako zauzimu m'mitima mwathu
Zoonadi, mgwirizano waumulungu ndi chisangalalo
chomwe chimaposa zosangalatsa zina zonse
Wodala ndi iye amene angathe kukhudza mtima wa
chilengedwe chonse
Pamene wophunzira watopa ndi chikhumbo chofuna
kugwirizanitsa moyo wake
Ndi chidziwitso chapamwamba
Amaona kufunika kothawa zopinga zakuthupi
Kulumikizana ndi kugwedezeka kowonekera komanso
kochiritsa
Ndipo pamene chikhumbo chake chikhala chofunikira
kwambiri
Mulungu amatsegula njira mu moyo wake
Amapuma fungo lakumwamba
Ndipo kudzera mu izi, amaona kuwala kwa Mulungu
Ziyeso zotsika mtengo zimataya kukongola kwawo
Moyo wake umadzaza ndi malingaliro a kukoma kokoma
kwambiri
Ndipo pamene akutsogolera malingaliro ake ku gwero la
zipatso zokoma kwambiri za gnosis
Ndipo kuzindikira bwino kwa kukhalapo kwaulemerero
kwambiri
Iye amakhala m'dziko lino popanda kumangidwa nalo
Chimwemwe chake chimaposa cha munthu amene
wapeza chuma chamtengo wapatali
Ndiye ndani amene watsimikiza mtima kudziwa za ubale
?wake ndi iye
Kasupe wamoyo uja
Zimagwirizana kwathunthu ndi cholinga cha moyo

Khama lililonse limene amachita limalandira madalitso osawerengeka ndi chithandizo chochokera kwa Mulungu Iye amene sasiya kuganiza ndi kufunafuna chinsinsi cha zinsinsi

Saiwala cholinga chomwe akufuna

Mulungu apatse mphotho khama lake

Amamupatsa mphoto chifukwa cha khama lake

Ndipo adzapatsidwa chigonjetso choonekeratu

Magnetism: Kukula kwake, zopinga zake, ndi ubwino wake

Munthu akhoza kukhala ndi mphamvu yokoka yomwe akufuna, kaya kukopa mphamvu yayikulu ya Mulungu, kupeza mphamvu zamaganizo, kapena kukopa zofunikira pa .moyo watsiku ndi tsiku

Mulungu wapatsa anthu thupi, ndipo tiyenera kulisamalira. Anthu amene amalima ndi kugwiritsa ntchito mphamvu zawo zakuthupi kuti apeze zinthu zakuthupi ndi mphamvu zamaganizo adzanyengedwa. Komabe, iwo amene amalima mphamvu zawo zauzimu adzapeza mphamvu yodalitsikayo yosamalira zosowa zawo ndikukwaniritsa .zokhumba zawo zonse zakuthupi

Pali lamulo lapadziko lonse lomwe limagwira ntchito bwino, ndipo ndaliona m'moyo wanga ndipo ndatsimikiza kuti limagwira ntchito

Ndikofunikira kuti munthu akhale ndi thupi lamphamvu komanso lathanzi lomwe limamvera malamulo a maganizo. Tangoganizani munthu waulesi, wopanda chidwi akupita kuntchito popanda cholinga kapena mphamvu kenako ganizirani kavalo wokonzeka kuthamanga pabwalo la mpikisano akangolandira chizindikiro choti ayambe. Umu ndi .momwe thupi liyenera kukhalira

Nthawi zina timaona okalamba ena omwe ali ndi thanzi labwino komanso mphamvu zaunyamata. Matupi awo amawoneka achichepere komanso odzaza ndi mphamvu

yokoka, ndipo ngakhale ali ndi zaka zambiri, ali ndi umunthu wokongola.

Kugona pansi ndi kudzuka kumachotsa mphamvu Onani momwe anthu akukhala m'mipando yawo; ena amaoneka ofooka komanso ogona, kotero kuti nthawi yomweyo mumawaona, mumamva kutopa Ena amakhala pansi molunjika, ndipo mukudziwa kuti ali ndi mawonekedwe amphamvu; nthawi yomweyo mumawayang'ana, mumalumikizana nawo

Anthu amene amalola kukhala pansi mopanda kusamala amathandizira kupindika ndi kugwedezeka kwa msana chifukwa cha kaimidwe koipa. Mtundu uwu wa kukhala umakhudzanso mkhalidwe wamaganizo ndipo umalimbikitsa kuganiza molakwika Anthu amene amakhala molunjika komanso okhala ndi kaimidwe kabwino amakhala ndi chiyembekezo komanso chiyembekezo chabwino.

Anthu omwe sangathe kukhala pansi chifukwa cha zochitika zapadera angathe kulimbitsa chikhulupiriro chawo, kukhala ndi chiyembekezo chabwino, komanso kukhala ndi maganizo abwino.

Nthawi zonse muziganizira kwambiri chilichonse chimene mukuchita, ngakhale chitakhala chaching'ono kapena chosafunika, pamene mukusunga maganizo anu osinthasintha kuti muthe kusintha n’kuyamba kuchita zinthu zina ngati pakufunika kutero. Koma chofunika kwambiri, chitani chilichonse moganizira bwino, chifukwa izi zidzakulitsa kwambiri luso lanu lachikoka.

Amalonda ambiri opambana m'munda uliwonse amadziwa momwe angagwiritsire ntchito mphamvu ya maginito Kudziletsa kumapereka mphamvu ya maginito, monga momwe kulili kukhala ndi malingaliro abwinobwino osakhudzidwa ndi malingaliro ndi zilakolako. Zilakolako zamaganizo ziyenera kusinthidwa kukhala mphamvu—kukhala zochita zamaganizo—ndipo nzeru ziyenera

kulamulira malingaliro kuti mphamvu ya maginito iyi iwonetsedwe

Luntha lophatikizana ndi malingaliro limapanga mphamvu yokoka Munthu wokhala ndi mphamvu yokoka amalankhula molimba mtima Amalankhula mwanzeru, koma amaika mawu awo ndi malingaliro Tiyenera kukhala oona mtima pa chilichonse chimene timanena ndi kuchita, koma kuona mtima sikutanthauza kukhumudwitsa kapena kuchititsa manyazi ena

Ndiwo zamasamba ndi zipatso zimakhala ndi mphamvu ya maginito, makamaka zipatso, zomwe sizimalepheretsa kapena kulepheretsa kugaya chakudya. Mosiyana ndi zimenezi, kudya mapuloteni ndi starch mopitirira muyeso kumathandiza kuti poizoni achuluke m'thupi. Chiwalo chilichonse chodwala chimayambitsa kusalinganika m'thupi. M'mimba, makamaka, muyenera kukhala wathanzi komanso kugwira ntchito bwino; mwachitsanzo, mpweya m'mimba umayambitsa kusasangalala ndipo motero umakhudza .mphamvu yake ya maginito

Kudya chakudya chochuluka kumakhala ndi zotsatirapo zoipa, pomwe kusala kudya kungapangitse munthu kukhala ndi chikoka, monga momwe nthawi zina kumachitira osadya. Komabe, izi sizikutanthauza kudzipha ndi njala mpaka kuwononga thanzi la munthu. Anthu amene amadya nyama katatu patsiku amakhala ndi maso ofooka komanso chikoka chochepa. Komabe, kudya zakudya zoyenera zokha sikokwanira; kuganiza bwino, khalidwe labwino, ndi khalidwe .labwino m'moyo ndizofunikiranso

Ndikuyembekeza kulankhula nanu mtsogolomu za momwe mphamvu ya maginito imakhudzira ena komanso za .zinsinsi zake zina

Ndipo ndikukuonani mukuphuka m'munda wa chikondi changa

Ndikumva mkati mwa malingaliro anga

Ndikumva kukhalapo kwanu m'malingaliro anga akuya

Ndipo ndikukuonani mukuphuka m'munda wa chikondi changa
Ndidzazeni ndi fungo la kukhalapo kwanu
Ndisangalale ndi fungo lanu lodala
Bwerani kwa ine kuchokera kuseri kwa thambo ndi nyenyezi
Ndipo malingaliro ndi malingaliro
Ndiwonetseni nkhope yanu yoyera kwambiri
Ndiloleni ndizindikire kukhalapo kwanu mu moyo wanga
Ndipo iwo ozungulira ine
Kulikonse
Ndakhala ndikukufunani kuyambira kalekale
Panjira za zilakolako ndi zolinga
Ndipo tsopano ndazindikira kuti mumakhala mkati mwanga
Ndipo zimandilimbikitsa kwambiri maganizo anga
Musandibisirenso
Kumbuyo kwa maluwa a malingaliro
Maganizo ndi kugunda kwa mtima wa mzimu
Konzani moyo wanga ndi miyala yamtengo wapatali ya nzeru zanu
Ndipo ndipatseni mphepo ya chisangalalo Chanu
Chotsani mdima umene wakuphimbani
Ponena za kuona kwanga ndi kuzindikira kwanga
Inu amene muli kupitirira nyenyezi ndi thambo labuluu
Ndipo kupitirira zigawo za mlengalenga ndi zolengedwa zonse ndi zamoyo
Landirani kunong'oneza kwanga kwa chikondi
Ndilowetseni mu chikondi chanu, kuunika kwanu, ndi mtendere wanu
Kuwala kumeneko ndi chuma chamuyaya
Tsiku lidzafika pamene ndidzatsanzikana ndi dziko lino, koma bola ngati ndili padziko lapansi, chimwemwe changa chachikulu chili polankhula za zodabwitsa za Mulungu kwa iwo amene amandikhulupirira, ndipo chikhumbo changa chili

pakuwonjezera chikhumbo chawo cha kuunika kwaumulungu komwe kwandipatsa chitonthozo chosaneneka, ufulu, ndi .chitetezo

Mbiri ya chilengedwe chonse, m'zinthu zake zonse zazing'ono, yasungidwa m'malo obisika a muyaya. Umenewo ndi gawo lina. Pano m'dziko lino lochepa, timaona kutalika, m'lifupi, makulidwe, ndi kutalika, koma pali gawo lina kumene miyeso iyi siilipo. Chilichonse chili chowonekera bwino mumlengalenga wa ethereal—chilichonse ndi chidziwitso ndi kuzindikira. Kumva kukoma ndi kumva, monga momwe kulili fungo. Malingaliro athu, malingaliro, ndi matupi athu onse ndi chidziwitso. Ndipo monga momwe tingawonere, kumva, kununkhiza, kulawa, ndi kukhudza m'maloto, momwemonso tingathe kumva zonsezi ndi chidziwitso choyera, chowonekera kapena kumverera m'malo apamwamba. Izi ndi zomwe ndikuwona pakali pano pamene ndikulankhula panthawiyi. Sindili m'thupi ili; m'malo mwake, ndine gawo la zonse zomwe zilipo. Ndipo zinthu zomwe ndikuwona ndi zenizeni kwa ine monga momwe inu .mulili kwa ine

Munthu ayenera kudzuka kuti aone Mulungu kulikonse ndikudziwa kusiyana pakati pa maloto ndi zenizeni. Nthawi zambiri ndimaona zopanda malire pamalo omwe ndili, ndipo ndimaona malo amenewo opanda malire. Chilichonse chimabwereka moyo kuchokera ku gwero lamuyaya .limenelo

Ndili mwana, ndinkakhala pansi ndikupemphera usana ndi usiku, koma panalibe yankho Kumbali imodzi, ndinkaona anthu, ndipo kumbali inayo, muyaya, womwe sunkandilankhula Ngakhale ndimaganiza kuti ndinali ndekha ndipo aliyense wandisiya, Mulungu sanandisiye, chifukwa nthawi zonse anali nane mwachinsinsi—kumbuyo kwa malingaliro ndi malingaliro anga. Ndipo pamene ndinayamba kuona kuwala mkati mwanga, moyo wanga unadzazidwa modabwitsa ndi fungo lodala la Mulungu

Ndinkatha kuona mizu ya mitengo ndi madzi akutuluka m'mitengomo, ndipo ndinamva kuti ndili pafupi ndi Mulungu, amene ananditonthoza ndi kundithandiza mtima wanga. Ndinapemphera ndi kumuitana mobwerezabwereza, usana ndi usiku, ndipo pamene zinthu zinatayika kukongola ndi tanthauzo lake kwa ine, ndinasiya dziko lapansi ndi zonse zomwe zili mmenemo, kuphatikizapo chimwemwe, ndikuopa kuti lingakhale la zinthu zakuthupi. Kenako ndinapeza .Mulungu, amene ali nane tsopano, nthawi zonse

Dziko lapansi lingandisiye, koma Mulungu sadzandisiya ngakhale mphindi imodzi Mulungu ndiye chilichonse. Kholo ili ndi chilengedwe chozungulira chimayandama ngati zithunzi zoyenda pazenera la chidziwitso changa. Ndimayang'ana ndipo sindikuwona chilichonse koma mzimu woyera, kuwala kowonekera, ndi kuzindikira kofatsa. Chithunzi cha thupi langa, zithunzi za matupi anu, ndi zinthu zonse padziko lapansi zimachokera ku kuwala komweko kwaumulungu. .Ndipo ndikawona kuwalako, sindikuwona china chilichonse

Mukayang'ana pazenera, mumawona zithunzi zoyenda, koma mukayang'ana m'mbuyo (mu kanema wachikhalidwe), mumawona kuwala kokha kukuwala pazenera. Zimamveka .zosayembekezereka, koma ndi zoona

Ndinkalankhula za zinthu izi, koma tsopano sindilankhula ndi anthu osalabadira kapena osakhudzidwa. Koma Mulungu wandilola kuti ndilankhule nanu nthawi ino kuti mudziwe kuti palibe chinthu choyenera kukhala nacho .kupatula Mulungu

Chilichonse ndi cha kanthawi kochepa. Pemphererani .chomwe chilipo ndipo sichidzatha

Nayi maluwa achikondi

Chikondi chathu pa ena n'chotheka kuchipeza

Zikomo chifukwa cha dzanja lanu lokoma mtima

Pa mphamvu ya chikondi

Tilimbikitseni, choncho, kuti tikuwonetseni

Chikondi chathu chachikulu ndi chikhumbo chathu
!choyaka
Mwatipatsa abambo ndi amayi
Abale ndi alongo
abale ake
mnzanu
Ana ndi abwenzi
Mwina tidzaphunzira momwe tingakukondereni
Ndi mawu osiyanasiyana komanso kusiyana
kwachilengedwe kobisika
Kwa mitundu yonse ya ubale wa anthu
,Iwe wokondedwa kosatha
!O mnansi Wapamwamba Kwambiri
Ndiphunzitseni momwe ndingalukire maluwa
Kuchokera ku maluwa onse a chikondi cha anthu
Ndipo ndikuyika ngati chopereka m'kachisi wanu wodala
Koma ngati sindingathe
Kuyambira pokupatsani phukusi lonse
Chifukwa cha kuchuluka ndi kuphatikizika kwa
kukhulupirika
Ndisankha duwa limodzi
Limodzi mwa maluwa abwino kwambiri komanso
atsopano
Ndipo ndikuyiyika pa khomo lanu lodala
!Ndikukhulupirira kuti mudzalandira kuchokera kwa ine
Kupweteka kwa moyo ndi kugunda mwadzidzidzi
O Ambuye wa lamulo la chilengedwe chonse
Ndithandizeni kunyamula mabala ndi zipsera zanga
Wobadwa ndi masoka ndi mavuto
Zokongoletsa ndi mendulo za chilango
Ndapatsidwa kwa ine ndi dzanja la chilungamo Chanu
chaumulungu
Iye amene sadziwa tsankho
Lolani mavuto anga a tsiku ndi tsiku akhale ngati
mankhwala othana ndi chinyengo ndi chinyengo

Ndipo kundichotsera ziyembekezo zabodza za chisangalalo chabodza cha dziko lapansi
Ngati misozi yanga ndinkatulutsa chifukwa cha mwano wa ena
Tsukani mabala ndi zilema zobisika m'maganizo mwanga
Ndipo lolani kugunda kulikonse kwakuthwa kwa pickaxe ya chisokonezo kutseguke
Kuzama kwatsopano kwa nzeru ndi kumvetsetsa mkati mwanga
Ndikukhumba kuti mdima wa zinthu zakuthupi zimenezi undiopseze
Kuti ndithamangire kufunafuna malo oyera a chiyero chanu ndi kuwala kwanu kochiritsa
Kupweteka kwa moyo ndi kugunda mwadzidzidzi kumandikakamiza
Kuti ndilire, ndikukupemphani thandizo
Ndipo kuvumbulutsa zinthu zopweteka zomwe zinalembedwa m'nthaka ya moyo wanga
Ponena za akasupe odzaza ndi madzi a chitonthozo chanu
Zikanakhala kuti kuipa kwa ukali kunali mwa ena
Zimandikakamiza kudzikongoletsa ndi kufatsa ndi kukoma mtima
Ndipo mawu opweteka a anzanga andikumbutse kuti ndizigwiritsa ntchito mawu okoma okha
Ngakhale malingaliro oipa atandiponya miyala
Kotero ndiloleni ndiyankhe ndi zipolopolo zabwino zaubwenzi
Monga mtengo wa jasmine wobalalitsa maluwa ake onunkhira
Padzanja lomwe limagwetsa nkhwangwa pa thunthu lake
Choncho, ndiloleni ndimwaze maluwa a duwa la kulekerera

Kwa aliyense amene amandichitira zinthu mopanda chifundo komanso mwankhanza Momwe mungakhalire mwamtendere komanso mwamtendere m'dziko lino Moyo wapadziko lapansi uwu si umene ukuoneka. Musaudalire, chifukwa ndi wosakhazikika, wonyenga, komanso wodzaza ndi zokhumudwitsa komanso ziyembekezo zosweka. Ungwiro sungapezeke pano. Sindikufuna kukupatsani chithunzi chosatheka cha moyo. Dziko lino si paradaiso. Ndi malo oyesera mizimu kuti aone ngati angagonjetse zilakolako zoipa ndi zabwino ndikumupanga Iye—ndiko kuti, kumupanga Mulungu—chilakolako chawo chachikulu, kuti abwerere ku ufumu .Wake

Moyo uli wodzaza ndi mitundu yonse ya tsoka ndi nthabwala, masoka ndi zoseketsa. Ndi chiwonetsero chachikulu, chosinthasintha nthawi zonse, komanso chamitundu yambiri. Palibe zinthu ziwiri zofanana. Moyo wa munthu aliyense ndi wapadera. Aliyense ali ndi mawonekedwe osiyana, malingaliro osiyana, ndi zilakolako .zosiyana

Ngati titakumana ndi mayesero omwewo tsiku lililonse, tikanatopa ndi moyo Ngakhale Paradaiso, ngati ikanakhala yofanana nthawi zonse, sitikanailakalaka Timakonda kusiyanasiyana ndi kusiyanasiyana Ngati Paradaiso ikanakhala yosasangalatsa, oyera mtima a Mulungu ndi amuna oyera akanapemphera kuti abwerere ku Dziko Lapansi kuti akasangalale! Paradaiso imakonzedwanso nthawi zonse m'njira yosangalatsa kwambiri, pomwe Dziko Lapansi nthawi zambiri limakonzedwanso nthawi zonse, koma mwanjira yosasangalatsa komanso yosasangalatsa Komabe, ngakhale kuti moyo ndi wotopetsa komanso wovuta, anthu ambiri amauzolowera, akukhulupirira kuti palibe njira ina yokhalira moyo. Polephera kuyerekeza moyo uwu ndi moyo wauzimu, amalephera kuzindikira kuchuluka

kwa ululu ndi kutopa komwe kumabisika m'dziko lino .lapansi

M'malo mwake, moyo si weniweni Monga momwe mafilimu akale amatulutsidwira mobwerezabwereza, momwemonso zochitika zakale zomwezo .zimabwerezabwereza m'njira zosiyanasiyana

Ngakhale kuti moyo umapitirira kwamuyaya, mitu yomweyi yomwe imawonetsedwa m'mafilimu akale imabwerezedwanso imodzi ndi imodzi. Zoonadi, mbiri imadzibwereza yokha, ndipo anthu ndi zinthu zakale .m'nyumba zosungiramo zinthu zakale za nthawi

Kuti mulandire mokwanira zodabwitsa za moyo, muzilandire mopanda tsankho komanso mopanda tsankho. Munthu ayenera kukhala wolinganiza bwino pa chisangalalo ndi chisoni, phindu ndi kutayika, kupambana ndi kulephera kuti athe kuthana ndi mavuto a moyo molimba mtima .komanso modzidalira

Kusunga mtendere wamumtima ngakhale pazochitika zonse ndiyo njira yabwino kwambiri yogonjetsera zilakolako zonyenga Izi ndi zomwe ndinaphunzira kuchokera kwa anthu akuluakulu omwe sanakhudzidwe ndi kusintha kwa nthawi, okhazikika komanso osasintha mpaka kumapeto Ngakhale aneneri, akamazunzidwa, sanataye chidziwitso chawo chopatulika, komanso sanalole aliyense kuba chikondi cha Mulungu kwa iwo

Chimwemwe chauzimu ndi chitetezo chodala komanso linga lalikulu kwambiri kuposa zonse. Pakati pa mayesero ndi masautso, kumbukirani madalitso amene Mulungu .wakupatsani

Moyo wanu ndi kachisi wopatulika wa Mulungu Mdima wa kusadziwa suyenera kuloledwa kuipitsa malo oyera amenewo Ndikosangalatsa kwambiri kukhala m'maganizo mwa mzimu, wolemekezeka, wolemekezeka, wotetezeka, komanso wamtendere! Musaope chilichonse ndipo musadane ndi aliyense

Perekani chikondi chanu kwa aliyense. Imvani chikondi cha Mulungu ndikuona kukhalapo Kwake mwa anthu onse, ndipo lolani kuti chilakolako chanu chachikulu chikhale kukhalapo Kwake kosalekeza mumtima mwanu. Iyi ndiyo njira yokhala mwamtendere ndi bata m'dziko lino. Koma n'zovuta kulawa kukhutira kwamkati kumeneku bola ngati mphepo yamphamvu ya chilakolako ikuwomba m'malo otsetsereka a mtima ndikugwedeza mwamphamvu mitengo .yake

Zokhumba zimapangidwa ndi malo omwe munthu ali. Zimabadwa kuchokera ku malingaliro athu amalingaliro ndipo zimachepetsedwa ndi zofooka za malingaliro amenewo. Kupita ku chiwonetsero cha kumidzi kumakwaniritsa chikhumbo chofuna chisangalalo, koma titapita ku chiwonetsero chapamwamba kwambiri padziko lonse lapansi ndikuwona ziwonetsero zosiyanasiyana, chiwonetsero chaching'ono chimataya kukongola kwake ndi kukongola kwake. Chifukwa chake, choyamba tiyenera kukhala ndi chisangalalo cha kulumikizana ndi Mulungu kuti tiyerekeze chisangalalo chimenecho ndi zosangalatsa zochepa zapadziko lapansi. Kenako, zokhumba zidzakhala zapamwamba. Chikhumbo sichidzatha; nthawi yomweyo chimodzi chikakwaniritsidwa kuposa china chimatenga malo ake. Koma mukapeza Mulungu, zokhumba zanu zonse zimakwaniritsidwa. Ndiye bwanji osayamba kufunafuna kukwaniritsidwa kwa chikhumbo chachikulu chimenecho ndikupeza kuchokera ku dzanja la Mulungu lopatsa mphotho ?yabwino kwambiri komanso yokhalitsa

Mulungu akayankha pemphero la wofuna kudziwa Iye, zokhumba zake zina zonse zidzakwaniritsidwa nthawi .yomweyo komanso kwamuyaya

Golide wa nzeru ndi chitsulo cha mphamvu

Dziko lino silili langwiro. Ndi sukulu ya mayesero ndi ziyeso, ndipo kudzera mu mayesero awa timaphunzira maphunziro a moyo. Cholinga cha mayesero si kutigonjetsa,

koma kukulitsa mphamvu zathu. Ndi zotsatira za lamulo lachilengedwe la kusintha kwa zinthu ndi kupita patsogolo; ndikofunikira kuti tipite patsogolo ndikukwera kuchokera pamlingo wotsika kwambiri kupita pamlingo wapamwamba .kwambiri

Mulungu amatiyesa m'njira zonse kuti alimbikitse kutsimikiza mtima kwathu, osati kutiswa. Kusadziwa kumatiwononga ngati tiika chidaliro chathu chonse m'thupi. Anthu amene amapirira kufunafuna choonadi amapeza moyo .wosatha

Kodi cholinga cha kuvutika n’chiyani? Kuti tisavutikenso Dziko lino ndi ng’anjo yoyaka moto momwe miyoyo yathu imasungunuka mpaka golide wa nzeru ndi chitsulo cha .mphamvu ndi kukhazikika zitatuluka

Moyo nthawi zambiri umawoneka ngati masewera ovuta ndipo chifukwa chokhacho cha zimenezo ndi chakuti ndi maloto chabe osatha

Ichi ndichifukwa chake dziko lapansi ladzaza ndi kusiyana ndi kusalingana. Anthu ena ndi osauka ndipo ena .ndi olemera

Ena mwa iwo ndi athanzi, ena ndi odwala ndi zina zotero Munthu wakumana ndi zambiri m'mbuyomu ndipo adzakumana ndi zambiri mtsogolo, koma mfundo imeneyi .siyenera kumuopseza

Moyo ndi sewero la chilengedwe chonse, ndipo Mulungu watipatsa maudindo omwe tiyenera kuchita bwino, motsimikiza kuti bola ngati tichita zinthu mokhutira ndi kuganiza bwino, timagwirizana ndi Mlengi wathu ndipo sitiyenera kuopa chilichonse. Ichi ndi chitonthozo chachikulu .chomwe nzeru zimatipatsa

Nthawi zina zimakhala zosavuta kunena kuti chilengedwechi ndi maloto, koma tikakumana ndi zovuta zenizeni, zimakhala zovuta kuganiza kuti moyo uno ndi maloto. Ndikofunikira kukulitsa mphamvu ya kuganiza

kwathu kuti tizindikire kuti chilengedwechi chinachokera mu .malingaliro ndi chifuniro cha Mulungu

Ubale pakati pa maganizo ndi zinthu ndi wowonekera bwino, ndipo kuti tipambane bwino pamavuto a moyo, tiyenera kudzilimbitsa tokha mwakuthupi komanso mwanzeru. Tiyenera kukulitsa mphamvu zathu zopirira ndikukulitsa luso lathu lovomereza. Anthu omwe sangathe kupirira mavuto a moyo adzakhala opanda thandizo pamene mphepo yamkuntho yamkuntho ndi mphepo yamkuntho .yamkuntho yamkuntho

Chinsinsi cha chimwemwe, mphamvu, ndi thanzi chili mkati mwathu. Koma chomwe chimachitika nthawi zambiri ndi ichi: munthu amene wakhala ndi thanzi labwino kwa zaka zambiri kenako n’kudwala kwa miyezi isanu ndi umodzi angakhulupirire kuti sadzachira. Thupi siliyenera kutsimikizira maganizo a izi. Maganizo ayenera kutsimikizira thupi. Maganizo sayenera kusokonezedwa ndi momwe thupi lilili, ndipo tiyenera kumvetsetsa kuti thupi ndi malo okhala .mzimu, ndipo mzimu sayenera kukhudzidwa nalo

Mulungu watipatsa mphamvu zolamulira maganizo ndi matupi athu komanso kuti tisakhale ndi ululu ndi chisoni. Maganizo ndiye gwero la mavuto onse komanso gwero la chimwemwe. Zoonadi, anthu ndi amphamvu kuposa zokumana nazo zonse, ndipo ngakhale sitikudziwa tsopano, .tidzatero mtsogolo

Musanene kuti "Ndatha ndipo ndatha," chifukwa ili ndi lingaliro loipa lomwe limawononga maganizo. Anthu ena amaganiza kuti akayenda pang'ono adzatopa, kapena ngati sangathe kudya zakudya zina adzamva kupweteka ndi zina .zotero

Sitiyenera kulola maganizo athu kuganizira za matenda kapena zofooka, ndipo tidzaona kuti matupi athu amasintha kukhala abwino Kumbukirani kuti maganizo ndi omwe amachititsa thupi kukhala lofooka. Ngati maganizo ndi ofooka, thupi lidzakhala lofooka. Sitiyenera kutaya mtima

kapena kulira chifukwa dziko lapansi ndi labwino, ndipo .Mulungu nthawi zonse amakhala nafe

Nkhani yanga yokhala ndi maswiti ndi kugwiritsa ntchito mphamvu zanga

Ndikukuuzani za zomwe zinandichitikira ndili mwana wamng'ono

Choyamba, chifuniro cha mwana chimatchedwa kuti physiological, kapena physical; mwana akamalira, ndi chizindikiro chakuti akufuna chinachake. Amalira chifukwa cha vuto la thupi, kotero mtundu woyamba wa chifuniro ndi .physical

Kenako, mwanayo akakula ndi kugonjera chifuniro cha amayi ake, akuti mwanayo ali ndi "chifuniro chodzipangira yekha" chifukwa chifuniro cha mwanayo pa siteji iyi .chimatsogoleredwa ndi chifuniro cha amayi ake

Ndikukumbukira kuti pamene ndinali mu gawo la chifuniro chodziyimira pawokha, ndinkachita chilichonse chomwe amayi anga ankandipempha, ndipo dzina langa panthawiyo linali "mngelo". Koma tsiku lina mlezi wanga ananditenga mgalimoto kupita nane ku shopu, ndipo kumeneko ndinawona zidutswa za maswiti a lalanje, ndipo .zinandikopa chidwi ndipo zinandikopa mwanjira yachilendo

Ndinapempha mlezi wanga kuti andigulire zina, koma anakana, kotero sindinalankhule kalikonse ndipo tinabwerera .kunyumba

Ndinadya chakudya chamadzulo, kenako ndinaganizanso za mchere, choncho ndinauza amayi anga kuti ndikufuna maswiti a lalanje, ndipo anati, "Ayi pita "ukagone

Patapita kanthawi, ndinabwereza pempholi, ndikunena kuti, "Amayi, ndikufuna maswiti a lalanje." Amayi anga anayankha mwamphamvu komanso motsimikiza, "."Simudzawatenga, ndipo muyenera kugona

Kenako ndinafuula ndi mawu anga onse kuti, "Ndikufuna maswiti anga a lalanje!" ndipo ndinapitirizabe pempho langa

ndipo ndinapitirizabe kulimbika mpaka amayi anga atapita .kukadzutsa mwini sitolo kuti andibweretsere maswitiwo
Ndipo ndinamva kusangalala kwambiri Chifukwa chiyani? Chifukwa ndinagwiritsa ntchito chifuniro changa ndipo ndinapambana! Inde, ndinamva kudabwitsa chifukwa ndinagwiritsa ntchito chifuniro changa koyamba Koma tsiku lotsatira, dzina langa lodziwika linasintha kuchoka pa "mngelo" kukhala "wochita zoipa" chifukwa ndinagwiritsa .ntchito ufulu wanga ndipo ndinasankha njira yanga kamodzi
Nthawi iliyonse ndikafuna chinthu chopanda vuto, banja langa linkamvera, koma nthawi zonse ndinkamvetsera chifukwa cha zifukwa, ndipo ndikalakwitsa, nthawi zonse ndinkakhala wokonzeka kudzikonza. Koma ndikakhala wolondola, sindinkasintha maganizo anga, ngakhale banja .lonse litakana
Amayi ayenera kuphunzitsa ana awo mphamvu ya chifuniro osati kuwaletsa mwa kuwakaniza zokhumba zawo chifukwa chakuti ndi ana. Ngati ana akufuna kugwiritsa ntchito mphamvu yawo ya chifuniro m'njira yoyenera komanso yoyenera, sayenera kuonedwa ngati opulupudza. Ufulu wawo suyenera kuchepetsedwa, ndipo ayenera kulandira malangizo achikondi ndi omvetsetsa kuchokera kwa makolo awo okhudza zokhumba zawo zazing'ono. Ngati makolo akuganiza kuti angasunge nthawi pomenya ana awo, amangowononga nthawi. Ayenera kukambirana nkhani ndi mwana kenako osachitapo kanthu. Ana amafunika kumenyedwa pang'ono, mwamphamvu; izi zidzawathandiza .kuphunzira mwachangu
Makolo nthawi zambiri amakakamiza ana awo kuti achite chifuniro chawo. Mphamvu ya mwana iyenera kusamalidwa, ndipo ayenera kuchitiridwa mwachikondi, .momvetsetsana, komanso moleza mtima
Kutsatira mphamvu ya mwanayo yodziyimira payokha kumabwera "chifuniro chosazindikira" cha unyamata. Chifunirochi chili ngati mfuti yowombera zipolopolo

mlengalenga, osapanga chilichonse koma ma pop okwiyitsa. Achinyamata amawononga mphamvu ya chifuniro chawo .popanda phindu

Kenako pamabwera "chifuniro chofulumira," monga momwe mwana akafika msinkhu waunyamata, amamasula chifuniro chake kudzera mu zilakolako zosayembekezereka komanso khalidwe losasamala. Nthawi zambiri amaphunzira phunziro lawo pokhapokha atakumana ndi zoopsa ndi .kumenyedwa kowawa

Akuti njuchi imakopeka kwambiri ndi fungo la lotus kotero kuti imakhalabe mkati mwa duwa kwa nthawi yayitali, ikuyamwa timadzi tokoma. Pamene ikuchita izi, maluwa a .lotus amayandikira, ndipo imafa mkati mwa lotus

Kenako pali nswala ya m'madera akumpoto, italedzera ndi nyimbo za chitoliro. Pamene msaki akuimba chitoliro, nswala imabwera kwa iye ndipo imakumana ndi tsoka lake .loopsa

Palinso njovu zina zoweta (njovu zazikazi) zomwe .zimagwiritsidwa ntchito kukopa ndikusaka njovu zina

:Pachifukwa ichi, katswiri wafilosofi wamkulu anati

Njuchi ikukondwera ndi fungo lake

Ndipo nswala imapanga phokoso lolira mluzu

Njovu yomwe ili mu ukapolo yagwa

Chifukwa cha kukhudza kodzutsa

Koma bwanji za munthu amene ali ndi mphamvu zonsezo? Uphungu wa katswiri wa zafilosofi kwa iye ndi :wakuti

Musakhale kapolo wa malingaliro anu, ndipo musalole" "chilichonse kapena wina aliyense kukulamulirani

:Ine, ndikunena kuti

Kumbukirani kuti mphamvu zanu zonse zagwiritsidwa ntchito ndipo muyenera kumvera malamulo anu ndikutsatira .chifuniro chanu chodziwa bwino

Mkwiyo ndi kukumbukira kwa njovu

Anthu amene akufuna mtendere wamumtima ayenera kumvetsetsa momwe mkwiyo umayambitsidwira komanso momwe nthawi zambiri umabweretsera zotsatirapo zoopsa. Chifukwa cha kusalinganika kwamkati komwe kumachitika chifukwa cha mkwiyo, anthu ambiri asintha mosafuna .kukhala zigawenga ndi akupha

Kutsekereza zilakolako kumachititsa khungu maganizo Pamene chifunga cha zilakolako chigwira maganizo a munthu, amataya nzeru zake ndipo amachita zinthu .mosayenera kwa munthu wolemekezeka

Kutaya nzeru kumasokoneza kuzindikira kwachibadwa komwe ndi mphamvu yoyendetsera zochita zonse zabwino .ndi cholinga chabwino

Pamene chiwongolero cha galimoto yamaganizo ya moyo wa munthu chasweka, mosakayikira adzakhala ndi ngozi ndipo angapezeke ali mu ngalande ya ululu ndi .mavuto

Mwachitsanzo: Mwamuna akuyendetsa galimoto mosangalala, ndipo paulendo wopita ku paki, mkazi wake akumupempha kuti asinthe njira yopita kunyumba kwa makolo ake m'malo mwa paki, ndipo apa chimwemwe chake .chimasanduka mkwiyo

Ndasankha chitsanzo ichi chifukwa ndi chinthu chofala. Nthawi zambiri, zotsatira zake zimakhala kuti mwamuna akukana pempho la mkazi wake kapena akuvomereza ndi mkwiyo komanso kusakondwa, ndipo izi ndi zomwe zimachitika nthawi zambiri. Nthawi zonse, mkwiyo umayamba, mlengalenga umakhala wovuta, ndipo mtendere .umasokonekera

Nthawi zina, mkwiyo ukhoza kukhala tsoka kwa anthu omwe ali ndi mkwiyo. Mkwiyo ungakhudze kukumbukira, kapena dalaivala angaiwale kuyendetsa galimoto mosamala komanso mosamala, kapena angalephere kuwona zizindikiro za pamsewu, zomwe zingachititse ngozi kapena, Mulungu .aletse, imfa

Pomaliza, mkwiyo umatseka chiwongolero cha chifuniro mu galeta la moyo ndipo umalepheretsa kukwaniritsa .zolinga zake zakuthupi ndi zauzimu

kukumbukira njovu

Chiphunzitso chotchedwa "kukumbukira" ndi mphatso yochokera kwa Mulungu kwa anthu, ndipo ndi dalitso lalikulu bwanji! Kukumbukira kumaperekedwanso kwa nyama; popanda ichi, sizikanatha kuzindikira ana awo Nyama zina zili ndi zokumbukira zabwino kwambiri, monga momwe nkhani yotsatirayi yokhudza njovu ikusonyezera

Pamene njovu yaikulu inali kunyamula matabwa, monga momwe njovu zambiri zophunzitsidwa zimachitira kum'mawa, mnyamata wina anaiyandikira, anaibaya ndi .singano pa thunthu lake, ndipo anathawa

Chaka chapita kuchokera pamene zinachitika zimenezo, ndipo njovu yomweyo inakumana ndi mnyamata yemweyo. Izi zinapatsa njovuyo nthawi yabwino yobwezera. Inangozungulira thunthu lake ndi kumuponya mwamphamvu .mbali ina ya msewu. Choncho, nyama zili ndi zokumbukira

* * *

Ndalota maloto ambiri, ndipo tsopano ndadzuka Pa guwa la nsembe la moyo wanga, Ndikuyatsa moto wokumbukira Inu nthawi zonse, Mulungu wanga. Ndi maso omwe asiya kugona tulo, ndimayang'ana nkhope Yanu .yokongola ndikusangalala kuona kuwala kwake kopatulika

Ndipo mwa chisomo chanu ndazindikira kuti thanzi, .matenda, moyo, ndi imfa ndi maloto amitundu yonse

Ndamaliza buku la maloto lojambulidwa ndi mitundu yowala pa nsalu yowala ya zinyengo

Ndipo tsopano ndikukuonani ngati chowonadi chokhacho chomwe chilipo

Mulungu anandionetsa m'masomphenya amenewo

Chilengedwe chonse ndi chosatheka. Chomwe chili .kunja kwa chilengedwe ndicho chinsinsi chenicheni

Tsiku lina ndinali kuyenda pa malo opatulika ndikuyang'ana kuwala kwa dzuwa kondizungulira Pamene ndinali kutsika masitepe opita kugombe, ndinayima ndikuyang'ana magetsi amagetsi a masitepe, omwe anali akadali oyatsidwa, koma sindinathe kuwasiyanitsa chifukwa kuwala kwa Mulungu kunabwera kwa ine ndipo kunandikhudza kwambiri kotero kuti sindinathe kusiyanitsa .pakati pa kuwalako ndi magetsi ena osawala kwambiri {Allah ndiye kuunika kwa kumwamba ndi dziko lapansi} Ndipo kuunikako kumawala mumdima, ndipo mdima} {sunakuzindikire Sindinathe kuona dzuwa ndipo kenako ndinadziwa kuti kuwala kwa dzuwa ndi magetsi si zenizeni konse, pomwe .kuwala kwenikweni ndi kuwala kwa Mulungu

Mu masomphenya akulu amenewo, Mulungu anandionetsa maiko osiyanasiyana—mawonekedwe osatha a kuwala Kwake kwaumulungu—ndipo ndinazindikira kuti zinthu zomwe ndinaona zinali chabe mawu a chidziwitso Chake cha chilengedwe. Ngati tigwirizana Naye, tidzayenda mu kuwala Kwake kulikonse komwe tipita ndikumva .kukhalapo Kwake kulikonse komwe titembenukira Tikadziwa mzimu wa chilengedwe chonse ndi kuzindikira kuti, kwenikweni, ndife mizimu, ndiye kuti dziko lapansi, fumbi, mapiri, nyanja, ndi thambo zimasungunuka, ndipo .palibe chotsala koma Mulungu yekha

Ndipo umaona mapiri, ukuwaganiza kuti ndi .osasunthika, pomwe akudutsa ngati kudutsa kwa mitambo Kuphatikizika kwa chilichonse mu umunthu waumulungu ndi mkhalidwe womwe sungafotokozedwe m'mawu, chisangalalo chachikulu chomwe chimalawa ndi kukhutitsidwa kwathunthu kwa chikondi, chimwemwe ndi chidziwitso (chisangalalo cha wokhulupirira pokumana ndi Ambuye wake)

Chisangalalo chauzimu choterechi chingapezeke mwa kupanga mgwirizano woyenera pakati pa moyo weniweni ndi .kuganizira za Mulungu

Kuyeretsa nyumba yosungiramo zinthu zamaganizo Kudzifufuza n'kofunika kwambiri panjira Munthu akhoza kukhala wokwiya, wokwiya msanga, kapena wokwiya msanga. Ngati ndi choncho, makhalidwe amenewa omwe amasungidwa m'maganizo mwake ndi chifukwa cha zochita .zakale

Kuti tichotse malingaliro athu pa mipando yodzaza ndi zinthu zakale, tiyenera kuyamba ndi zochita zabwino komanso zomangirira ndikukulitsa chikondi kwa ena. Tikamakonda kwambiri anthu, nawonso adzatikonda kwambiri, ndipo tidzamva chikondi chawo. Koma ngati tiwadzudzula, ngakhale ife tokha, adzamva kudzudzulako ndi !kutibwezera

Tiyerekeze kuti mdani wanu wakale wamwalira, koma mudakali ndi mkwiyo ndi chidani kwa iye. Mudzavutika chifukwa cha kuwawa kumeneku, ndipo zotsatira zake zoipa zidzaonekera m'thupi lanu ndi m'maganizo mwanu. Ndi bwino kumukhululukira chifukwa cha Mulungu, chifukwa pochita izi mudzadzimasula ku zilakolako zoipa za kubwezera zomwe zimawononga mtendere wanu wamaganizo ndikuwononga mtendere wanu. Kusonkhanitsa chidani pa chidani, kapena kuyankha chidani ndi chidani, sikuti kungowonjezera chidani cha mdani wanu kwa inu komanso kumawononga thupi lanu ndi malingaliro anu. [Chifukwa chake khululukirani ndi chikhululukiro chabwino] Pamene ndinakhululukira ndipo sindinasunge) (chakukhosi ndi aliyense

Ndinadzichotsera nkhawa ya udani

Nthawi ndi nthawi, munthu ayenera kusiya chilichonse kuti akhale yekha, kuti aganizire za cholinga cha moyo Anthu ambiri amatsatira miyambo ndi mafashoni. Ndipotu,

sanakhalepo ndi moyo wawo, koma moyo wa dziko lapansi. ?Kodi akwaniritsa chiyani, ndipo afika pati

Chifukwa chake, ndi bwino kuti munthu nthawi zina adzichotsere kutanganidwa ndi ntchito za tsiku ndi tsiku kuti athetse mavuto a m'maganizo mwake ndikuyesera kumvetsetsa tanthauzo lake ndikutsimikiza cholinga chomwe .akufuna kukwaniritsa

Kumbukirani kuti umboni waukulu kwambiri womwe mungalandire ndi wa chikumbumtima chanu: mawu osalakwitsa komanso osalephera a moyo wanu. Chimene chikumbumtima chanu chimakuuzani ndi chomwe mulidi, .popanda kukongoletsa kapena kubisa

Taganizirani za mphamvu ya Yesu Khristu amene anati, “Atate, muwakhululukire, pakuti sadziwa kuchita chimene ”.sadziwa

Kumvera mawu a chikumbumtima chanu chowunikiridwa kudzakuunikirani njira yanu ndi madalitso m'moyo wanu Mukamva chilakolako champhamvu mumtima mwanu chokwaniritsa chilakolako, gwiritsani ntchito kuzindikira kwanu ndikudzifunsa kuti: "Kodi ndi chilakolako "?chabwino kapena choipa chomwe ndikufuna kukwaniritsa

Zinthu zambiri zimapangitsa anthu kukhala ndi zilakolako. Munthu akaona galimoto yatsopano, amafuna kukhala ndi yofanana nayo. Akaona nyumba yatsopano, amafuna kukhala ndi yofanana nayo. Mafashoni atsopano amatchuka, ndipo anthu amalakalaka kugula ndi kuvala !kalembedwe kameneka

Kodi zokhumba zimachokera kuti? Ndinakhala maola ambiri ndikuganizira izi Kodi mungagawane zokhumba zanu zonse m'magulu? Ndinatha kusankha zokhumba zanga zonse ndikusunga zabwino zokha. Ndipo nditapeza mgwirizano waumulungu, ndinapeza kuti zokhumba zanga zonse zabwino zakwaniritsidwa nthawi imodzi Lero munthu amalakalaka chinthu chimodzi, ndipo mawa mzimu wake .umalakalaka china chake

Maganizo ochokera kwa Mulungu Wamphamvuyonse sangakhutitsidwe ndi zinthu za dziko lino. Mulungu ndiye chuma chamtengo wapatali komanso chofunika kwambiri cha moyo, ndipo Iye yekha ndiye angathe kukhutiritsa .chilakolako cha mtima ndikukwaniritsa zokhumba za moyo

Kulowa m'nyumba yosungiramo zinthu zakuthambo yodzaza ndi zabwino

Mulungu ndiye gwero ndi gwero la nzeru zonse, wopanga mtendere, ndi nkhokwe ya chitukuko chonse ndi kuchuluka. Kuti tigwirizane ndi ubwino waumulungu womwe nthawi zonse umadzaza ndi ubwino, tiyenera kuchotsa m'miyoyo yathu, kamodzi kokha, malingaliro a kusowa ndi .kusowa

Maganizo a anthu onse ndi angwiro, osasowa kalikonse. Kuti munthu alowe m'nyumba yosungiramo zinthu zakaleyi yodzaza ndi madalitso amitundu yonse, ayenera kukhala ndi chidziwitso cha kuchuluka kwa zinthu ndikukhala ndi chiyembekezo nthawi zonse, ngakhale atakhala kuti sakudziwa komwe lira, pound, dinar, kapena dola ikubwerayi !imachokera

Ganizirani za kukoma mtima kwa Mulungu ngati mvula yotsitsimula komanso yochuluka, yomwe mungalandire m'chiwiya chilichonse chomwe muli nacho! Ngati muli ndi chikho, mudzachidzaza; ngati chiwiyacho chili chachikulu, mudzachidzazanso. Kodi mukugwiritsa ntchito chiwiya chotani kuti mulandire mphatso yakumwambayi? Chiwiya chanu chingakhale ndi zolakwika—mwina chodzaza ndi mabowo amisala ndi anzeru. Pankhaniyi, muyenera kuchikonza mwa kuchotsa mantha, chidani, kukayikira, ndi nsanje, komanso mwa kuchitsuka ndi madzi amtendere, bata, kuona mtima, ndi chikondi choyera, pokonzekera .kulandira chisomo chochuluka kuchokera kwa Wopatsa

Kuchuluka kwa Mulungu kumagwira ntchito motsatira malamulo a kutumikira ndi kupatsa. Perekani kaye, kenako landirani. Patsani anthu zabwino zanu, ndipo mudzalandira

zabwino kwambiri. Musayembekezere kupambana pa kuyesa kulikonse koyamba. Kuyesa kwina kungalephere, koma .kwina kudzapambananso

Kupambana ndi kulephera zimayenderana. Munthu sangakhalepo popanda winayo, ndipo mavuto kapena ntchito zofunika kwambiri ziyenera kuchitika poyang'anizana ndi zochita zokhazikika ndipo kuyesetsa kulikonse kuyenera .kuchitika kuti akwaniritse zomwe ziyenera kuchitika

Yesetsani ndi mphamvu ndi changu mpaka mutafika pamlingo womaliza. Palibe chifukwa cholephera kapena .kubwerera m'mbuyo

Ngati simungapeze njira, sizikutanthauza kuti muyenera kusiya kuyesa Ngati mwaphonya cholinga, funsani momwe mungafikire kumeneko, koma musasiye kuyesa Anthu ambiri amavomereza kulephera akangokumana ndi mavuto. Anthu omwe alephera ayenera kufunsa anthu opambana, osati ena omwe alephera ngati iwowo. Tiyeni titsimikize mtima kuti tipambane ndipo lolani mfundo imeneyi ikhale nzeru yathu .ya moyo

Nyimbo ya Chimwemwe

Nthawi yanga ikafika
Imfa imandigwira makutu
Ndidzamvera mawu a wokondedwa wanga wauzimu
Ndipo pamene woyimba womaliza andidula mpweya
Ndidzapuma fungo la kukhalapo kwake kwaumulungu
Ndipo pamene imfa itseka lilime langa
Ndidzalawa timadzi tokoma ta chikondi chake
Ndipo pamene imfa ikundipangitsa khungu kuona
Ndidzawona kuwala kwake komwe kulipo konse
Wovekedwa korona kulikonse
Ndipo pamene imfa inazizira magazi anga ndi kukhudza kwanga
Ndidzafunafuna kutentha pachifuwa cha wokondedwa wanga wa chilengedwe chonse
Ndipo pamene maso anga sakuwona pansi

Kuwala kwa maso anga kudzalowa
Amatembenuza chilichonse mozondoka ndikuwulula zinsinsi zake zobisika
Ndipo pamene makutu anga sakuthanso kumva
Ndidzamvetsera minong'onong'ono ya zinthu zonse zakale ndi zamakono
Ndipo zomwe zidzachitike m'masiku akubwerawa
Ndipo pamene mphuno yanga singathe kusangalala ndi fungo la dziko lapansi
Ndidzafufuza zinsinsi za mzimu mbali zonse
Pamene lilime silingathe kulawa
Ndidzakumbukira zinthu zonse zabwino ndi zodalitsika zomwe ndalawa
Ndipo pamene mphamvu yanga ya thupi ili itha
Thupi langa la cosmic lidzamva
Chinsinsi, kukhudza kwamatsenga kwa chilichonse apa ndi apo
Ndidzamva mafunde akuvina pamwamba pa nyanja
Ndipo thovu la cosmic likuthamangira mumlengalenga wopanda malire
Maselo a thupi adzawonongeka
Zoletsa zake zakanthawi zidzathetsedwa
Koma adzaukitsidwa ali moyo m'malawi a moto wosatha
Mudzaona chisangalalo ndipo mudzamva chisangalalo
Mudzalawa chimwemwe ndi kupuma fungo la chisangalalo
Ndipo mudzamva chisangalalo chosatha komanso chatsopano
Ndipo amavina ndi nyimbo za chisangalalo cha Mulungu
Lolani malingaliro aleke kuvina kwa mizimu chifukwa cha ululu ndi imfa
Ndipo kusintha kukhala malingaliro a chisangalalo chosatha
Mu ufumu wa kuwala, chimwemwe, ndi chisangalalo
:Njira ya moyo ndi iyi

Zopinga pakukula kwa maganizo ndi monga kudzikonda, kunyada, umbombo, mkwiyo, chidani, nsanje, ndi makhalidwe ena amdima omwe amatsogolera kapena kukakamiza munthu kukhala wosadziwa bwino. Chofunika kwambiri ndikutsatira njira yopita ku ufulu, chifukwa zilakolako za anthu zimayendetsedwa ndi zizolowezi zomwe zimakonzedwanso nthawi zonse ndipo zimaoneka zopanda malire. Zizolowezi zimenezi zimaika moyo m'ndende ndikuugwira, zomwe zimapangitsa kuti munthuyo asathe .kuyenda m'njira yomasuka komanso yomasuka

Njira ya moyo ndi iyi: mbali imodzi kuli chigwa chamdima cha umbuli, ndipo mbali inayo, kuwala kowala kwa nzeru Tikachita zinthu motsatira nzeru, timayenda .bwino panjira ya ufulu ndikupeza zomwe tikufuna

Chilengedwe chonse ndi chilengedwe cha chifuniro cha Mulungu, ndipo tikagwirizana ndi chifuniro chodala .chimenecho, zomwe timafunikira zimatifikira mosavuta

Sindikufunanso chilichonse chifukwa ndikudziwa kuti zomwe ndimaganiza zidzakwaniritsidwadi

Kukhala ndi nzeru zaumulungu ndi chikondi chaumulungu kumakwaniritsa zokhumba zonse za mtima, ndipo ndi mkhalidwe wodabwitsa komanso wodabwitsa bwanji womwe mawu sangafotokoze Mukazindikira kuti ndinu mwini wanu komanso tsogolo lanu mfumu ya mtendere ndi bata, simuopa chilichonse M'malo mwake, dziko lonse lapansi limagwira ntchito kuti likwaniritse zomwe .mukufuna ndi chifuniro ndi thandizo la Mulungu

Popeza Mulungu adalenga anthu m'chifaniziro Chake, iwo amene amamupeza Iye adzaona kuti Iye amawapatsa chilichonse chimene akufuna ndipo amawapatsa chimene akufuna. Koma malinga ngati anthu ali ndi chikhumbo ngakhale chochepa cholamulira ena kapena kusonyeza .mphamvu zake, sadzapeza ufulu mwa Mulungu

Kudziwa Mulungu kumayamba ndi kudzichepetsa, chikondi, ndi chisangalalo chauzimu. Mphamvu yeniyeni imabwera ndi kudziwa Mulungu.

Ngati funde laling'ono likanadziwa kuti nyanja yaikulu kumbuyo kwake imachirikiza, likanati, "Ndili m'modzi ndi nyanja." Tiyenera kuzindikira motsimikiza kuti nyanja ya Mulungu ili pamwamba pa chidziwitso chathu ndipo ili pafupi nafe, kotero palibe chifukwa choopa kapena kuda nkhawa.

Chikhalidwe chaumulungu ndi mtendere, kudzichepetsa, chikondi, kufalikira kwa chidziwitso, ndi chidziwitso chonse. Aliyense amene ali mu mgwirizano ndi Mulungu sadzafunika kudzitsimikizira yekha kapena kwa ena mphamvu zomwe ali nazo, chifukwa moyo wake umadziwa kuti Wamphamvuyonse amamuthandiza ndipo Mulungu amamuyang'anira ndi kumuteteza kulikonse ndi nthawi iliyonse yomwe ali.

Iwo amene amadziwa Mulungu ali maso mu umunthu wawo wauzimu ndipo ali ogona mu umunthu wawo wakuthupi. Amadziwa kuti angapeze chilichonse kuchokera mu chisomo Chake.

Motero, tiyenera kukhala oona mtima ndi kuyesetsa kudzilamulira, kuyesetsa kuthawa misampha ya dziko lapansi ndi mayesero ake onyenga, ndikugwiritsa ntchito nthawi yathu kuganiza bwino komanso moyenera ndikubzala mbewu zabwino m'nthaka ya dziko lino, kuti tisiye bwino kuposa momwe tinapezera.

Zitseko zidzatsegulidwa kwa ife ndipo njira zidzakonzedwa patsogolo pathu.

Moyo uyenera kuzungulira pa utumiki wodzipereka, chifukwa popanda cholinga ichi, chidziwitso chimene Mulungu anapatsa anthu sichidzafika pamlingo wake wonse. Tikatumikira ena ndikuiwala kudzikuza kwathu, tidzaona umunthu wathu waukulu—mzimu waumulungu.

Ntchito ndi yofunika kwambiri ndipo imalimbikitsa kwambiri luntha la munthu komanso luso lake. Komabe,

ngati cholinga chokha cha ntchito ndi kusonkhanitsa chuma, chimataya phindu lake ndipo chimakhala chopanda .tanthauzo

Ntchito ndi utumiki, ndipo chinthu choyenera kugulitsidwa chiyenera kukhala chapamwamba komanso chopindulitsa kwa ena. Tikamatumikira ena, timadzithandiza tokha mofanana, chifukwa iwo ndi othandizira kwa ife monga .momwe ifenso tili othandizira kwa iwo

Munthu wokhwima sachita zinthu popanda kuganizira bwino. Tikamapereka chithandizo, timalandiranso .chithandizo, ngakhale chitakhala chopanda phindu

Chifukwa chake, kutumikira ena powapatsa thandizo la ndalama, la zamaganizo, kapena la makhalidwe abwino .kumatanthauza kupeza chisangalalo cha maganizo

Utumiki uliwonse umene timapereka kwa anthu anzathu umatifikitsa pafupi ndi chidziwitso cha chilengedwe chonse. Munthu akasonyeza kudera nkhawa ndi ena, chidziwitso chake chimalumikizana ndi chake, pomwe chikondi chopanda malire chimakulitsa malire a chidziwitso mpaka .kufika pa chidziwitso cha chilengedwe chonse

Ngati tiganizira za chimwemwe cha abale athu, chimwemwe chathu chidzakhala chochuluka, ndipo ngati tipereka chikondi chathu kwa ena, adzamva mphamvu zake .ndipo adzasintha kukhala abwino

Kudziphatika mopanda nzeru ndi chidani chosayenera zonse ziwiri ndi zopinga zovulaza kuti tifike pamlingo wapamwamba wa chidziwitso Tiyenera kuphunzira kukonda .aliyense chifukwa tonse ndife ana a Mulungu

Chilichonse chimene timachita chiyenera kuchitika mwaufulu, ndipo tiyenera kukhala ndi cholinga chachikulu pa ntchito zathu. Munthu akakhala ndi chikhumbo chenicheni komanso mzimu wabwino wochita ntchito mwachikondi komanso mosangalala, popanda kutopa kapena kutopa, mphamvu ya chilengedwe imapita mosalekeza m'thupi lake, .m'maganizo mwake, ndi mu chifuniro chake

Iye amene salola lingaliro la kufooka ndi kutopa kulowa mu chikumbumtima chake amapatsa malo mphamvu zofatsa ndi mafunde a ntchito zofunika kuti alimbikitse mitsempha .yake ndikutsitsimutsa maselo ndi minofu ya thupi lake

Munthu akasowa chilakolako chochita chinachake, amamva kutopa kuyambira pachiyambi, koma akakhala ndi chilakolako, umunthu wake umadzaza ndi mphamvu ndi mphamvu. Anthu amene amachita ntchito zawo mwachidwi komanso mokhutira amapeza kuti mphamvu ya Mulungu .yosatha imawathandiza

Anthu ena amatanganidwa kwambiri ndi ntchito kotero kuti alibe nthawi yodzifufuza kapena kusangalala ndi moyo. Tikamagwira ntchito nthawi yomweyo tikuganizira zinthu zabwino, timamva mphamvu yobisika ikutithandiza .ndikutipatsa mphamvu zambiri

Ngati mtima uli woona mtima komanso woona mtima pochita ntchito, zitseko zidzatseguka kwa ife ndipo njira zidzakonzedwa patsogolo pathu

Tikupempha Mulungu Wamphamvuyonse kuti atidalitse kuti tikwaniritse ntchito yathu ndi chimwemwe ndi kukhutira mu fakitale ya moyo

Ndipo nzeru zake zitilimbikitse kuganiza kwathu

Ndipo mafunde a mphamvu zake amavina pa mitsinje ya zochita zathu za tsiku ndi tsiku

!Sindingathe kuona bwino ngati tambala wophedwa

Kuti tidziwe momwe tingasankhire bwino pazochitika zilizonse, tiyenera kutsogolera malingaliro athu ndi .mphamvu ya chidziwitso

Tonsefe tapatsidwa mphamvu yachisanu ndi chimodzi iyi, koma anthu ambiri saigwiritsa ntchito. M'malo mwake, amadalira malipoti ochokera ku mphamvu zisanu zotsika komanso zosadalirika, chifukwa mphamvu zisanuzo sizimatipatsa chidziwitso chotsimikizika chomwe tingadalire .kuti tipange zisankho zoyenera

Kuwonjezera pa mphamvu ndi mphamvu zawo zochepa, mphamvuzo - komanso pamodzi nazo, maganizo odzikuza - amatanthauzira zinthu malinga ndi zomwe amakonda ndi zomwe sakonda, osati malinga ndi zomwe zili zoona ndipo .pamapeto pake amatumikira zabwino za munthu

Popeza munthu amasankha zinthu pogwiritsa ntchito malipoti ochokera ku mphamvu zake komanso mfundo zomwe maganizo ake amamuuza, zomwe zimagwirizana ndi mphamvu zake, nthawi zambiri amadzipeza akuvutika ndi .zinthu zosayembekezereka

Ndikukhulupirira kuti tsiku lidzafika pamene dziko lonse lapansi lidzazindikira kufunika kotembenukira mkati mwa mtima kwa kanthawi tsiku lililonse, kufunafuna chitsogozo ndikupempha thandizo la Mulungu Munthu akachita izi, amakhala woganiza bwino, wodekha, komanso wozindikira bwino, pamene chidziwitso chake chikutseguka, zomwe zimamulola kuwona zinthu momveka bwino ndikupanga zisankho zoyenera. Amamasulidwanso ku zizolowezi zoletsa, zilakolako zosalamulirika, malingaliro opweteka, ndi zibwenzi zomwe zimamupangitsa kuchita zinthu mopupuluma .komanso popanda kuganizira mozama

Kuzindikira, monga kuzindikira, ndi khalidwe la moyo lomwe limathandiza munthu kudziwa chochita pakafunika kutero. Makhalidwe auzimu oterewa angakulitsidwe mwa .kulingalira bwino ndi kuganizira za Mulungu

Pamene zilakolako ndi malingaliro a munthu zikusokoneza chiweruzo chake, kuzindikira kumakhala kosaona, m'maganizo ndi mwauzimu. Pamene malingaliro akugonjetsa anthu, amavutika ndi chisokonezo ndi kusokonezeka, kusokonezeka ndi kusatha kuona bwino, !ngati tambala wophedwa

Maganizo amachititsa munthu kukhala ndi tsankho pa maganizo ndi malingaliro ake pa ena, ndipo amalepheretsa luso loganiza bwino ndi kuthana ndi vutoli mwanzeru .komanso mwanzeru

Tikaphunzira kulekanitsa mfundo ndi malingaliro athu, chiweruzo chathu sichidzakhudzidwanso kwambiri ndi zilakolako zathu. Ngati aliyense akanaphunzira izi, dziko lapansi likanakhala lomvetsetsana komanso lamtendere .kuposa momwe lilili panopa

Kuzindikira nthawi zambiri kumachokera mumtima. Mtima ukakhala wosakhazikika, umamupangitsa munthu kuganiza kuti chinachake sichili bwino komanso kukhala wosamala pochita zinthu ndi anthu ndi zochitika zina. Ngati mukumva mantha ndi chinthu china, kapena mukufuna .kudziwa njira yoti mutsatire, yang'anani pamtima panu

Nthawi iliyonse nkhawa zikakukulirakulirani ndipo mavuto akukuzungulirani, ikani maganizo anu pamtima panu ndipo yesani kuzindikira momwe mukumvera Khalani bata, ndipo mwadzidzidzi malingaliro akuya adzakukhudzani, ndipo Mulungu adzakuwonetsani, kudzera mu masomphenya anu amkati, sitepe yotsatira yomwe muyenera kuchita .panthawiyo

Kusintha kwa chibadwa cha maselo a ubongo

Ochiritsa kapena ansembe wamba alibe mphamvu zokhululukira machimo kapena kumasula ochimwa omwe amabwera kwa iwo kufunafuna uphungu, chifukwa chomwe angachite ndikuwapatsa mankhwala auzimu, palibe china chilichonse. Koma iwo amene amadziwa Mulungu afika pamlingo wapamwamba kwambiri wauzimu, kotero kuti sakhutira ndi kungopereka uphungu wauzimu kwa ochimwa, koma akhoza - mwa chisomo ndi thandizo la Mulungu - kuwadzaza ndi mphamvu yauzimu yomwe imawathandiza ku .zotsatira za zochita zawo zauchimo

Ntchito zonse zabwino ndi zoyipa zimakhala zobisika mu ubongo ndipo zimawoneka ngati zabwino kapena zoyipa .m'maganizo

Munthu amene ali ndi zizolowezi zoipa chifukwa chakuti maselo a muubongo wake ali ndi mphamvu ya zizolowezi zimenezo akhoza kudzimasula yekha mwa mphamvu zake

zonse, kusinkhasinkha, kupemphera moona mtima, ndi kutsimikizira kosalekeza mpaka zizolowezi zake zonse zosafunika zitasanduka zizolowezi zabwino za mtendere ndi .bata

Izi zimachitika pamene mphamvu ya moyo yoyendetsedwa bwino imagwira ntchito yosintha mawonekedwe osazolowereka a maselo a ubongo kuti maselowo adzazidwe ndi chilichonse chabwino, cholungama, .komanso chokongola

Izi zikutanthauza kuti maselo a muubongo odzazidwa ndi malingaliro abodza amatenthedwa ndi ntchito zofunika kwambiri akasonkhanitsidwa mwamphamvu muubongo ndikugwiritsidwa ntchito pazinthu zabwino komanso .zopindulitsa

Munthu amene ali ndi thupi lolimba amasunga ntchito yake yofunika kwambiri m'minofu ndi m'maganizo mwake, pomwe munthu amene ali ndi chilakolako chauzimu, amasunga minofu ndi thupi lake mumkhalidwe womasuka, ndipo maganizo ake amasiyana ndi mphamvu zake, kotero kuti mphamvu ya moyo imasiya kukhala mu dongosolo la mitsempha ndikukhazikika muubongo. Pachifukwa ichi, kusinkhasinkha ndi njira yothandiza kwambiri yopangira maselo a ubongo kukhala auzimu ndikuchotsa mizu ya .chizolowezi chilichonse chosafunikira m'maganizo

Chizolowezi ndi mphamvu, ndipo anthu amagwiritsa ntchito mphamvu imeneyo molakwika pochita zinthu zoipa .m'malo moigwiritsa ntchito m'ntchito zabwino

Kusadziwa, kusaganizira bwino, kulephera kusankha anthu abwino, ndi kunyalanyaza zochita zabwino nthawi zambiri zimatsogolera munthu ku misampha ya zizolowezi zoipa, zomwe zili ngati mchenga wothira madzi womwe umameza munthu amene akuyenda pa iwo motsutsana ndi .chifuniro chake

Mphamvu ya ubwenzi ndi yamphamvu kuposa :mphamvu ya chifuniro ndi kuganiza bwino

Musamachite ubwenzi ndi munthu woipa, chifukwa]
[munthu woipa angawononge khalidwe lanu
Anthu anzeru amachita zinthu mwanzeru popanda
khama, pomwe anthu okonda zoipa amaoneka kuti
akukakamizidwa kuchita zinthu zoipa komanso zonyansa
chifukwa cha chizolowezi chomwe chimawakakamiza kuchita
.tchimo ndi zoipa
Tikupempha Mulungu Wamphamvuyonse kuti atipatse
malingaliro abwino
Kuti tiwone ubwino ndi kukongola
Timasiyanitsa pakati pa zomwe zili zabwino ndi zomwe
zili zoipa
Ndipo kuti titembenukire kwa iye
Ndipo tikuyembekezera zimenezo
Gwero la zabwino zonse
Ndipo gwero la zabwino zonse
"Iwe phiri, palibe mphepo yomwe ingakugwedeze"
Munthu woganiza bwino amakhala wodekha komanso
wodekha akamachita ntchito zake, mosasamala kanthu kuti
apambana kapena alephera. Kupambana ndi kulephera
zidzachitika nthawi zosiyanasiyana, malinga ndi uwiri wa
thupi, malingaliro, ndi dziko lapansi. Munthu amene nthawi
zonse amakumbukira za chibadwa chake sakhudzidwa
kwambiri ndi zotsutsana ndipo sakhudzidwa kwambiri ndi
.malingaliro a dziko lapansi
Anthu amene akufuna kukhala ndi moyo wabwino mkati
mwa thupi sayenera kulola kuti aipitsidwe ndi chidziwitso
cha zinthu ziwiri chomwe chili m'thupi. Chizolowezi
choterocho mosakayikira n'chovuta chifukwa mzimu,
ukamvera thupi lomvera, umatenga makhalidwe ake abwino
ndi oipa. Kuti munthu amasulidwe ku kugwirizana ndi
kusintha kwa thupi, ayenera kudutsa chikumbumtima cha
.thupi, chomwe ndi gwero la mavuto onse
Anthu amene amakhala motsatira malamulo a zochitika
amasangalala ndi zosangalatsa ndi zokondweretsa ndipo

amalira chifukwa cha ululu ndi mavuto. Koma anthu amene ali ndi nzeru zokulirakulira amakhala chete komanso odekha, osagwedezeka ndi chisokonezo ndi mavuto omwe ndi maziko a moyo wamba [monga phiri losagwedezeka ndi mphepo]

Munthu woganiza bwino, ngakhale panthawi yachisoni ndi ululu, amakhala ndi mtendere wamumtima pazochitika zabwino ndi zoipa. Komanso, ali ndi luso lomvera ena chisoni, kumvetsetsa momwe akumvera, ndi kuwathandiza popanda kuvutika ndi nkhawa zawo. Motero, kudzera mu mphamvu zawo zamkati, amatha kutonthoza ena ndikuchepetsa chisoni chawo. Ndipo kudzera mu bata lawo ndi kulinganiza bwino, amaphunzitsa ena phunziro lofunika .kwambiri losagonja ku mkwiyo wowononga wamaganizo

Munthu wanzeru amaona mzimu waumulungu mwa aliyense, ndipo pamene wamasulidwa ku zilakolako zadyera, amalandira ndi kukhutitsidwa zonse zomwe zimabwera kwa iye kuchokera kwa Mulungu kuti akwaniritse zosowa za thupi, malingaliro, ndi moyo. Amamasulidwa ku zoletsa za ego ndipo samva udani kwa ena, komanso salemetsa maonekedwe ake ndi mawu ake ndi kugwedezeka koipa komwe kumasokoneza mtendere ndi bata la anthu, chifukwa amaona mzimu waumulungu womwe akufunafuna wobisika .mwa aliyense

Akafika pa cholinga chachikulu, kupambana ndi kulephera zimakhala chimodzimodzi kwa iye, pamene lingaliro lake la uwiri limazimiririka pamene akupeza .tanthauzo la umodzi wa chilengedwe chonse

Ngakhale kuti amachita ntchito yake chifukwa cha chikondi cha Mulungu ndi kutumikira anthu, iye amakhalabe .wogwirizana kwamuyaya

Kuti mupeze chimwemwe

Kuti munthu akhale ndi chimwemwe, ayenera kukhala ndi moyo wolamulidwa ndi kudziletsa. Anthu amene atsimikiza mtima kulamulira mikhalidwe yawo motsatira

malamulo apamwamba a moyo adzaona kuti mikhalidwe yawo imasintha moyenerera. Mavuto omwe timakumana nawo m'moyo uno amatilimbikitsa ndi kutilimbikitsa kuti .tichite khama kwambiri kuti tifike pamlingo wapamwamba

Ngati ndicho chimene mukufuna, tsatirani njira zomwe zikutsogolerani kumeneko, ndipo palibe amene adzatha .kukuletsani kapena kukuchotserani

Mulungu watipatsa nzeru, ndipo tiyenera kuyatsa mkati mwake kuwala kwa chikhulupiriro, chiyembekezo, ndi chisangalalo, ndikuchimasula momwe tingathere ku mayesero onse ovuta. Tiyeneranso kukulitsa mphamvu yakudzipereka kuti tilamulire zochitika zathu m'malo .molamulidwa nazo

Ndikofunikira kupanga mapulani abwino komanso abwino pa miyoyo yathu kuti tikwanitse kukwaniritsa zinthu zonse zabwino zomwe tikufuna kukwaniritsa komanso zomwe tikudziwa kuti tiyenera kuchita. Pamene tikukonzekera, kuyesetsa, ndi kugwira ntchito, tiyeni tikumbukire kuti ndi Mulungu, Wopatsa, amene amatipatsa thandizo ndi kutitsogolera ku zabwino. Pochita izi, tidzakhala ndi kutsimikiza mtima, kuleza mtima, kulimba mtima, .komanso kuona bwino

Tikukufunirani chipambano ndi chimwemwe kulikonse komwe muli padziko lapansi lalikulu la Mulungu

Zonsezi ndi zithunzi ndi zinthu zotsatizana

Minda ya maluwa

Zigwa za Misozi

Ndipo mame akumamatira ku masamba ofewa

Ndipo chisangalalo cha ubwana

ndi zilakolako zosalamulirika

Ndipo chisangalalo chachikulu m'kuchepa kwawo ndi kuyenda kwawo

Ndipo chisoni chachikulu pamtima

Ndipo makandulo akumwamba akuthwanima ndi kuzimiririka

Ndipo chizimezime cha kutengeka mtima chimatikopa
Kuchokera ku chinyengo mpaka ku chinyengo
Ndipo zikhumbo ndi chilakolako
Ndipo kugwira kolimba ngati kwa octopus
Ndipo kulira kwa mwana wakhanda
Mkokomo wa imfa
Ndipo chisangalalo cha thanzi labwino
Ndipo mphindi zochepa
Zonsezi ndi zowonera motsatizana ndi zithunzi
Pa chinsalu cha chidziwitso
Ambuye, ndithandizeni
Kuti ndikhale ndi makhalidwe abwino ndi makhalidwe abwino mkati mwanga
Ndipo kuti ndiphunzitse asilikali mtendere ndi kudziletsa mkati mwanga
Khalani mtsogoleri wake wotsogozedwa ndi Mulungu
Mu nkhondo yomaliza
Kutsutsa kusadziwa ndi kukana
Ndipo kukweza mbendera yanu yodala ndi zinthu
Mbendera ya choonadi ndi mfundo za chilungamo ndi ubwino
Kuuluka pamwamba pa zipilala za moyo wanga
Ndipo madera a moyo wanga
* * *

Chenjezo liyenera kugonjetsedwa kuposa mantha. Njira zodzitetezera ziyenera kutengedwa, ndipo kuyesetsa konse kuyenera kuchitidwa kuti athetse zomwe zimayambitsa matenda ndikudzipulumutsa ku mantha. Majeremusi ali paliponse kotero kuti ngati anthu atawaopa, sangathe kusangalala ndi moyo. Ngakhale kuti pali njira zonse zofunika zodzitetezera pa thanzi, ngati munthu atha kuyang'ana nyumba yake pansi pa maikulosikopu, angataye .chilakolako chawo cha kudya

Chilichonse chomwe mumaopa, chotsani maganizo anu pa icho Siyani kwa Mulungu ndipo limbitsani chidaliro chanu

mwa Iye Mavuto ambiri nthawi zambiri amayamba chifukwa cha nkhawa N’chifukwa chiyani mukuvutika pamene matenda sanakugwereni? Popeza matenda a anthu ambiri amachokera ku mantha, kusiya mantha kudzawamasula nthawi yomweyo, ndipo machiritso adzakhala nthawi yomweyo Usiku uliwonse, musanagone, dzitsimikizireni nokha kuti: "Mulungu ali ndi ine, ndipo aliyense amene ali ndi Mulungu naye saopa chilichonse." Muzizungulira ndi Mzimu wa Mulungu ndi mphamvu zake zakuthambo, mukukhulupirira kuti kachilombo kalikonse komwe kakukuukirani kadzagwetsedwa. Kubwerezabwereza "O Mulungu, Wamphamvuyonse" kapena "O Ambuye, Mthandizi" ndi chidaliro chonse chidzakutetezani, kukulimbitsani, ndikukupangitsani kukhala omasuka komanso athanzi. Mukakhala mogwirizana ndi Mulungu, choonadi chake chidzalowa mwa inu, ndipo mudzadziwa kuti mkati mwanu, ndinu mzimu wosakhudzidwa ndi mavuto ndi .wosawonongeka

Nthawi iliyonse mukachita mantha, ikani dzanja lanu pamtima panu, ndikulipukuta kuyambira kumanzere kupita kumanja pamene mukunena kuti: "Ambuye, chotsani mantha awa kwa ine ndipo mundimasulire maganizo anga ndi malingaliro anga ku zosokoneza zilizonse." Monga momwe pali njira zochotsera kusokonezedwa ndi wailesi, momwemonso, ngati nthawi zonse mupukuta mtima wanu kuchokera kumanzere kupita kumanja, ndipo ngati nthawi zonse mumayang'ana pa lingaliro lochotsa mantha mumtima mwanu, manthawo adzatha ndi thandizo la Mulungu, ndipo mudzamva chisangalalo chaumulungu chikudzaza thupi lanu .lonse

Mantha nthawi zonse amakhala ndi munthu, ndipo kuchotsa manthawo n'kotheka poganizira za Mulungu .ndikumva kukhalapo kwake

Khulupirirani Mulungu ndipo khalani oona mtima pa chilichonse chimene mumachita Pali anthu ambiri otsanzira;

musawonjezere dzina lanu pamndandanda wawo wautali. Yang'anirani zomwe mumachita ndipo chitani mwanjira yapadera yomwe palibe amene adachitapo kale. Munda uli wotseguka kuti mukhale ndi luso lolenga malinga ngati chilakolako chili choona mtima ndipo chifuniro chilipo. Chilengedwe chonse chimakuyankhani mukakhala .mogwirizana ndi Mulungu

Anthu nthawi zambiri amaika patsogolo, koma tiyenera kuganizira za ena ndi kuwathandiza momwe tingathere, kuwafunira zabwino monga momwe timafunira ife eni. Tikachita izi mofunitsitsa komanso ndi mtima wonse, timamva kuti chifundo chathu chikukulirakulira ndipo .chikondi pakati pa ife ndi ena chimakula ndikukula

Mu malo okhala ndi anthu 1,000, aliyense akanakhala bwino, munthu aliyense akanakhala ndi anzake 999. Koma aliyense m'malo amenewo akanakhala ngati mdani kwa ena, .munthu aliyense akanakhala ndi adani 999

Kuwala kwa mwezi ndi madera akutali osangalala

Madzulo akafika, sakanizani malingaliro anu ndi kuwala kwa mwezi

Tsukani chisoni chanu ndi kuwala kwake

Ndikumva kuwala kodabwitsa kukufalikira pang'onopang'ono pa thupi lanu

Ndipo pamwamba pa mitengo ndi madera akutali

Imani pamalo aakulu ndipo yang'anani ndi maso odekha

Ku kuwala kwa mwezi ndi mawonekedwe okongola omwe umawonetsa

Yang'anani m'mphepete mwa thambo lowala

Lolani malingaliro anu oganizira bwino apitirire malire a malingaliro

Kudziko la maloto agolide

Sinthani chidwi chanu kuchokera ku mawonekedwe omwe akuwonetsedwa ndi kuwala kwa mwezi

Ku nyenyezi zakutali ndi thambo lakutali

Bata lamuyaya kupitirira ether wamoyo

Kumene chilichonse chimadzaza ndi chikondi ndi moyo
Onani kuwala kwa mwezi kukukulirakulira
Osati Padziko Lapansi Pokha
M'malo mwake, mu ngodya iliyonse ya madera opanda
malire a malingaliro anu apamwamba
Ganizirani mozama kuti mufike kumayiko akutali
komanso osangalala
Miyeso ya chidziwitso chakuya chauzimu
Ndipo chilengedwe chonse chimaoneka ngati kuwala
kwa siliva
Ilibe malire ndi mapeto
* * *
Anthu amamangidwa ndi zizolowezi zoipa, ndipo
zizolowezi zimenezi zimakula nthawi zonse pamene
.zizolowezi zabwino zimafa ndi kutha
Alendo osalandiridwa atenga malo oyamba m'moyo wa
munthu, pomwe alendo olemekezeka amalandira chilichonse
kupatula kunyalanyazidwa ndi kunyalanyazidwa kuchokera
kwa iye, ndipo amachoka pakhomo pake ali okhumudwa
.komanso osweka mtima
Zizolowezi zabwino ziyenera kukulitsidwa ndi ntchito
zabwino, ndipo izi zimatsimikiziridwa ndi kukhala ndi anthu
abwino komanso zolemba zolimbikitsa, chifukwa mphamvu
.ya chilengedwe ndi yamphamvu kuposa chifuniro
Anthu amayendetsedwa ndi zinthu zakuthupi, ndipo
kuwala kwa kulingalira nthawi zonse kumalunjika kunja osati
mkati. Anthu amathamanga uku ndi uku, koma palibe malo
padziko lapansi omwe angawateteze kwa iwo eni ndi
chikumbumtima chawo; mphindi yodziganizira yokha
.ndiyofunikira
Ngati munthu apempherera kupambana pamene
maganizo ake nthawi imodzi akudzaza ndi malingaliro
olephera, chisokonezo, ndi kusasamala, ali ngati munthu
amene amatumiza wina ku ntchito koma n’kumuukira ndi
achifwamba panjira Achifwamba amene amaba kupambana

kwa munthu ndi zizolowezi zawo zoipa Munthu amatumiza mapemphero ake kwa Mulungu osatetezedwa, ndipo achifwamba a nkhawa ndi nkhawa amawaukira asanafike kwa Mulungu. Inde, Mulungu amamvetsera mapemphero chifukwa ali paliponse ndipo amadziwa zonse, koma nthawi zina, mapemphero sayankhidwa. N’chifukwa chiyani nthawi zina sayankhidwa? Yankho lili m’mbewu zoipa zomwe zimabisala m’nthaka ya maganizo osazindikira. Zizolowezi zoipa zimenezo, zomwe zinapangidwa kalekale komanso posachedwapa, zimakhala ngati chotchinga pakati pa munthu ndi Mulungu. Maganizo abwino ayenera kubzalidwa m’nthaka ya moyo kuti aphuke ndikukula pansi pa mikhalidwe yoyenera ndikubala zipatso. Munthu sangadalire kokha thanzi, chitukuko, ndi mikhalidwe yabwino, chifukwa izi ndi zakanthawi kochepa. Ndi nzeru kuyika ndalama mu .ufumu wa mzimu

Pali mphamvu zowononga zomwe zimagwira ntchito nthawi zonse mkati mwa moyo ndi mumtima mwa munthu, zomwe zimachokera ku zolakwa zakale. Chifukwa chake, munthu ayenera kukhala maso komanso osamala polimbana .ndi mphamvu zamphamvuzi

Aliyense amene amapemphera kuti apambane pamene nthawi yomweyo akuganiza kuti, "Sindikuganiza kuti ndipambana," sapambana Pemphero liyenera kuperekedwa ndi chikhulupiriro cholimba komanso mtima wodzichepetsa kuti kuwala kwa Mulungu kuwale ndipo madalitso .akumwamba atsike

Monga momwe kulili kosatheka kulankhula kudzera pafoni yosweka, momwemonso n'kosatheka kufalitsa mapemphero bwino kudzera mumtima wolemedwa ndi nkhawa, nkhawa, kusakhutira, ndi kukonda zinthu zosakhalitsa. Kudzera mu bata lalikulu ndi mgwirizano wabwino ndi kugwedezeka kokonzedwa bwino, malingaliro amatha kukonzedwa ndi kukonzedwa, kulandira kwake kwauzimu kumakulitsidwa, zomwe zimathandiza kutumiza

mauthenga ochokera pansi pa mtima kwa Mulungu moyenera komanso moyenera komanso kulandira yankho .Lake lodala

Ambuye, ndi manja anga atagwira pachifuwa panga, ndikukupatsani inu umunthu wanga wonse, ndipo ndikudzaza mapemphero anga ndi chikondi chachikulu. Mundipatse chikondi chosalakwa cha ana kwa Inu, ndipo mundithandize kumva kuyandikira kwanu kumbuyo kwa mawu a mapemphero anga. Ndiloleni ndimve kukhalapo kwanu m'malingaliro anga onse, ndipo ndiloleni ndizindikire kuti nzeru zanu zimathandizira kumvetsetsa kwanga ndi kuti moyo wanga ndi kuwala kwa kuwala kwanu ndi chiwonetsero .cha moyo wanu wachilengedwe chonse

Kawirikawiri ndi anthu osangalala kwambiri

Chimwemwe chenicheni cha munthu chimadalira kukhala wokonzeka nthawi zonse kuphunzira ndi kuchita zinthu moyenera komanso mwaulemu. Munthu akamadziwongolera kwambiri, amathandiza kwambiri kuti anthu omuzungulira apite patsogolo komanso akhale .osangalala

Chifukwa chachikulu cha ululu

Kulumikizana kwa umunthu wauzimu ndi thupi ndi malingaliro, ndi kuzindikira kwake kudzera mwa iwo, ndiye chifukwa chachikulu cha ululu wathu wonse, zofooka, zoletsa, zofooka, ndi zofooka. Chifukwa cha kulumikizana kumeneku, timakumana ndi chisangalalo monga momwe timamvera ululu ndi chisangalalo, mpaka kufika poti sitingathe kumva chisangalalo chaumulungu kapena .kuzindikira

Chipembedzo, kwenikweni, chimaphatikizapo kupewa ululu kosatha ndi kupeza chisangalalo chenicheni, kapena .Mulungu

Monga momwe chithunzi chenicheni cha dzuwa sichingawonekere bwino pamwamba pa madzi ogwedezeka, momwemonso chikhalidwe chenicheni, chodalitsidwa cha

mzimu wauzimu (chiwonetsero cha mzimu wonse) sichingamveke ndipo tanthauzo lake limagwidwa ndi mafunde a chipwirikiti ndi nkhawa zomwe zimachokera ku kudziwika kwa mzimu ndi momwe thupi ndi malingaliro .zimasinthira komanso kusintha

Monga momwe madzi ovunduka amasokonezera chithunzi chenicheni cha dzuwa, momwemonso maganizo ovutika amasokonezera chibadwa chamkati cha moyo chomwe chimakhala chosangalatsa nthawi zonse kudzera .mu chizindikiritso kapena mgwirizano umenewo

:M'mabuku a nzeru za Kum'mawa zalembedwa kuti

Ngati mungakhale pamwamba pa thupi ndi kuzindikira" kuti ndinu mzimu, mudzakhala ndi chisangalalo chosatha ndipo mudzakhala omasuka ku ululu uliwonse" {Ndipo nenani, "Mbuye wanga, ndiwonjezereni chidziwitso"} Ndipo mudzadziwa choonadi, ndipo choonadi} {chidzakumasulani

Ufulu umachokera mu kudzilamulira, chizolowezi chabwino ndiye bwenzi lalikulu kwambiri

Mawu amphamvu kwambiri a mphunzitsi wanga, Sri Yuktswarji, anali mawu atatu omwe nthawi zonse ankandiuza kuti: “ Phunzirani khalidwe labwino .” Sindingathe kumuyamikira chifukwa cha zimenezo, podziwa kuti nthawi .zina sizinali zosavuta kuchita bwino

Mukayenera kugonjetsa chinthu, muyenera kumvetsetsa chifukwa chake muyenera kuchigonjetsa. Simuyenera kungochisiya ndikudzipatula nacho, komanso muyenera kusiya kuchiganizira ndikuchotsa m'maganizo mwanu. Kuganiza molakwika ndi mdani woopsa amene ayenera .kugonjetsedwa

Ngati mutasintha maganizo anu kuchoka pa kuzindikira kwa malingaliro kupita ku kuzindikira kwauzimu, mudzapeza chipambano ndikubweretsa chimwemwe kwa inu nokha. Zokwaniritsa zili m'maganizo. Munthu ayenera kudzifunsa kuti: "Kodi ndine kapolo wa malingaliro anga kapena mbuye

wawo? Kodi ndine wolemera mu mtendere kapena wosauka "?mwauzimu

Munthu sayenera kukhala wozunzidwa ndi zinthu zopitirira muyeso. Sangalalani ndi zinthu, koma musalole kuti zikugwireni ukapolo. Khalani omasuka. Khalani okoma mtima, aubwenzi, osangalala, komanso osangalala, ndipo khalani mbuye wanu pazochitika zonse. Munthu sayenera kukhala kapolo wa malingaliro okha, koma ayenera kuchita zinthu mogwirizana ndi zikhulupiriro zabwino. Aliyense amene akufuna kupitirira zinthu ziwiri ndikupeza chidziwitso cha chilengedwe ayenera kukhala ndi kudziletsa ndikudziphunzitsa kupirira zinthu zonse ndi zochitika zonse .popanda kuvutika maganizo kapena kuvutika maganizo

Kuchita chilichonse chomwe munthu akufuna si ufulu, koma kugwiritsa ntchito molakwika ufulu Ufulu umachokera mu kutsatira lamulo la kudziletsa, kutanthauza kudziletsa Ufulu weniweni umatanthauza kuchita chilichonse motsogozedwa ndi nzeru Ufulu ndi wochepa komanso wosazama popanda kutsatira Mulungu ndi malamulo Ake

Miyoyo ya anthu ambiri imayendetsedwa ndi zilakolako, zilakolako, makhalidwe, zizolowezi, ndi zinthu zomwe .zimawakhudza pa chilengedwe ndi chikhalidwe cha anthu

Zizolowezi za thupi zikayamba kulamulira maganizo, zimakhala zovuta kuti thupi limvere malamulo a chifuniro Ichi ndichifukwa chake anthu onenepa amavutika kuchepetsa thupi, ngakhale akamatsatira zakudya. Maselo ozindikira apanga zizolowezi zawo ndipo sayankha mwachangu malamulo a maganizo. Komabe, ngati ataphunzitsidwa bwino, amatsatira malangizo a maganizo mofunitsitsa popanda kutsutsana ndi mphamvu zapamwamba zamaganizo—mphamvu zomwe zimatha kulamulira thupi ngati zitaphunzitsidwa bwino ndikuchitidwa .masewera olimbitsa thupi

Chizolowezi chabwino ndi bwenzi lanu lapamtima, pomwe chizolowezi choipa ndi mdani wobisika. Chifukwa

chake, munthu ayenera kusamala kuti asabwereze chizolowezi kapena zochita, chifukwa kubwerezabwereza kumasintha chinthu kukhala chizolowezi munthu asanachizindikire, ndipo chizolowezicho chimakhala chachibadwa. Komabe, chingasinthidwe kudzera mu zochita zabwino nthawi zonse komanso kuganiza bwino komanso .kolenga

Zizindikiro za dongosolo ndi kusasinthasintha kulikonse

Akatswiri akale oganiza bwino ankaganiza kuchokera pa zomwe adaziona kuti munthu aliyense ndi wosakaniza wa zinthu ndi maganizo, ndipo chifukwa cha zimenezi ankakhulupirira kuti pali mphamvu ziwiri zodziyimira .pawokha: chilengedwe ndi maganizo

Kenako anayamba kudzifunsa kuti: "N’chifukwa chiyani chilichonse m’chilengedwe chimakonzedwa mwanjira inayake? N’chifukwa chiyani dzanja limodzi la munthu silitali kuposa linzake? Ndipo n’chifukwa chiyani nyenyezi ndi mapulaneti sizimagundana mumlengalenga? Timaona zizindikiro za dongosolo ndi kusinthasintha m’chilengedwe "chonse kulikonse kumene tikuyang’ana

Kuchokera pa mfundo imeneyi, anatsimikiza kuti maganizo ndi zinthu sizingalekanitsidwe ndipo nthawi yomweyo zimakhala ndi ulamuliro wonse pa chilichonse cha izo, popeza payenera kukhala maganizo amodzi omwe amalamulira chilichonse

Chigamulochi mwachibadwa chimabweretsa lingaliro la Mulungu m'modzi yemwe ndiye chifukwa ndi chiyambi cha zinthu ndi malingaliro, amene alipo kudzera mwa iwo ndi kupitirira iwo. Iye amene amapeza nzeru zenizeni amamvetsetsa kuti chilichonse, m'malingaliro ake, ndi mzimu, ngakhale kuti mzimuwo waphimbidwa ndi .mawonekedwe ndipo wabisika kuti usawonekere

Iwo amene ali ndi chidziwitso chauzimu amaona kuwala .kwa Mulungu kukuonekera kulikonse

Funso ndi lakuti: Kodi ofufuzawo anatha bwanji kulipeza poyamba?

Choyamba, anatseka maso awo kuti athetse kukhudzana mwachindunji ndi dziko lapansi ndi zinthu, kuti athe kuyang'ana kwambiri pa kudziwa maganizo a dziko lonse lapansi ndi zinthu.

Iwo anamvetsa mwachibadwa kuti sakanatha kuzindikira kukhalapo kwa Mulungu m'chilengedwe kudzera mu malingaliro wamba a mphamvu zisanu. Motero, anafunafuna njira yodziwira kukhalapo kwake mwa iwo okha mwa kuyang'ana mozama komanso molondola pa izo.

Pomaliza, anatha kutseka ndi kutseka zitseko zonse ndi njira za mphamvu zisanu, osadalira chidziwitso cha zinthu zakuthupi kwakanthawi. Kenako dziko lamkati la mzimu linayamba kudziulula lokha kwa iwo ndikutseguka pamaso pawo. Kwa anthu akuluakulu omwe sanatope kufufuza kwawo, Mulungu potsiriza anadziulula yekha.

Ikani mphamvu ya Mulungu kumbuyo kwa khama lanu

Tsegulani mphamvu zanu zamkati kuti mupange zolinga zomangirira komanso zopindulitsa, ndipo mudzapeza zambiri

Pitirizani ndi kutsimikiza mtima kosalekeza, pogwiritsa ntchito chilichonse chomwe chingakuthandizeni kupambana. Dziphatikizeni ndi mphamvu ya mzimu wanu wolenga, ndipo mudzalumikizana ndi malingaliro opanda malire omwe angathe kukulimbikitsani ndikuthetsa mavuto anu onse.

Mphamvu idzayenda kwa inu mosalekeza kuchokera ku gwero lamphamvu la uzimu wanu, zomwe zingakuthandizeni kukwaniritsa zinthu zodabwitsa komanso zatsopano m'mbali iliyonse ya moyo.

Musanapange chisankho chilichonse chofunikira, khalani chete ndikupempha thandizo ndi madalitso a Mulungu. Kenako mudzazindikira kuti kumbuyo kwa mphamvu zanu kuli mphamvu ya Mulungu, kumbuyo kwa malingaliro anu kuli maganizo a Mulungu, ndipo kumbuyo kwa chifuniro chanu kuli chifuniro cha Mulungu. Malingana ngati Mulungu

akugwira ntchito nanu, khama lanu silidzakhala lopanda pake, kapena kulephera; m'malo mwake, mphamvu zanu zidzachulukira ndipo luso lanu lidzawonjezeka. Ndipo mukamaliza ntchito zanu potumikira Mulungu, mudzalandira .madalitso Ake

Ngati ntchito yanu m'moyo ndi yotsika, musapepese chifukwa cha ntchitoyo. Khalani onyada kuti mukukwaniritsa ntchito zomwe Mulungu wakupatsani. Akufuna kuti muchite gawo lanu momwe mungathere. Si aliyense amene angachite ntchito yofanana ndi yanu. Malinga ngati mugwira ntchito yokondweretsa Mulungu, mphamvu zonse za chilengedwe chonse zidzagwira ntchito mogwirizana kuti mukhale osangalala komanso kuti mukhale ndi moyo .wabwino

Mukatsimikizira kwa Mulungu kuti mumamufuna Iye kuposa china chilichonse, mudzagwirizana ndi chifuniro Chake. Ndipo mukamfunafuna mosalekeza, mosasamala kanthu za zopinga zomwe zikukulepheretsani, mukugwiritsa ntchito bwino chifuniro chanu chaumunthu, ndipo mukugwiritsanso ntchito lamulo la kupambana lodziwika kwa .anzeru akale ndi onse omwe apambanadi

Mphamvu yopatulika ya chilengedwe chonse ili pa inu malinga ngati mukuyesetsa kugwiritsa ntchito mphamvu yodala imeneyo kuti mupeze thanzi, chimwemwe, ndi mtendere. Mukakwaniritsa zolinga zabwinozi, mudzayenda panjira yodzidziwira nokha kupita ku nyumba yanu yeniyeni .mwa Mulungu

Chimwemwe ndiye muyeso wa kupambana

Choyamba, muyenera kuonetsetsa kuti cholinga chomwe mukufuna kukwaniritsa n'choyenera kuchikwaniritsa ndipo kuti kuchikwaniritsa kuyenera .kuonedwa ngati chipambano chenicheni

Kodi kupambana n'chiyani? Ngati muli ndi thanzi labwino komanso chuma koma muli ndi mavuto ndi aliyense (komanso inuyo), moyo wanu suli bwino Dziko lapansi

limakhala lopanda chiyembekezo ndipo moyo suli bwino ngati simukupeza chimwemwe Mukataya ndalama, mumataya chinthu chaching'ono Mukataya thanzi, mumataya chinthu chofunika kwambiri Koma mukataya mtendere ndi bata, mumataya chuma chamtengo wapatali kwambiri pa moyo

Choncho, kupambana kuyenera kuyezedwa ndi muyezo wa chisangalalo, ndi kuthekera kogwirizana ndi malamulo apadziko lonse. Kupambana sikuyezedwa ndi miyezo ya dziko monga thanzi, udindo, ndi mphamvu. Zinthu izi zokha sizibweretsa chisangalalo pokhapokha zitagwiritsidwa ntchito moyenera. Kuti izi zitheke, munthu ayenera kukhala .ndi nzeru ndi chikondi kwa Mulungu ndi anthu

Mulungu wakupatsani mphamvu yodzipatsa mphotho kapena kudzilanga nokha pogwiritsa ntchito kapena kugwiritsa ntchito molakwika malingaliro ndi chifuniro chanu. Ngati muphwanya malamulo a thanzi, chitukuko, ndi nzeru, mosakayikira mudzavutika ndi matenda, umphawi, ndi kusadziwa. Chifukwa chake, muyenera kulimbitsa maganizo anu ndikukana kunyamula zolemetsa zamaganizo ndi zamakhalidwe zomwe zasonkhanitsidwa m'zaka zapitazi. Yatsani milu yothayo mumoto wa zisankho zanu zodalitsika komanso ntchito zomanga, ndipo mudzafika pamlingo wa .ufulu

Chimwemwe chimadalira - pamlingo wina - pa zochitika zakunja, koma makamaka chimadalira momwe munthu alili. Kuti munthu akhale wosangalala, ayenera kukhala ndi thanzi labwino, maganizo abwino, moyo wopambana, ntchito yoyenera, mtima woyamikira, ndipo koposa zonse, nzeru ndi .chidziwitso cha Mulungu

Kutsimikiza mtima kukhala wosangalala kudzakuthandizani kwambiri Musayembekezere kuti zinthu zidzasintha, poganiza molakwika kuti mavuto anu ali kwina. Musalole kuti kusasangalala kukhale chizolowezi chozama kwambiri chomwe chimakhala chovuta kusiya, chomwe

chimapweteka maganizo anu nokha ndi omwe .akuzungulirani

Limodzi mwa madalitso akulu kwa inu ndi ena ndi kukhala osangalala komanso oyembekezera zabwino. Ngati muli ndi chimwemwe, mwapeza chilichonse. Chimwemwe chimatanthauza kukhala mogwirizana ndi Mulungu, ndipo .kusinkhasinkha kumakupatsani mwayi wopeza chimwemwe

Makhalidwe a maganizo: Kufulumizitsa kapena kuchedwetsa kupambana

Zizolowezi za munthu zili ndi mphamvu zofulumizitsa kapena kuchedwetsa kupambana kwake. Si zolimbikitsa kapena malingaliro anzeru, koma zizolowezi za munthu za .tsiku ndi tsiku zomwe zimamutsogolera pa moyo wake

Zizolowezi zamaganizo zili ngati maginito amaganizo, zomwe zimakopa zinthu zina, anthu, ndi zochitika. Zizolowezi zabwino zamaganizo zimakupatsani mwayi wabwino komanso wopindulitsa, pomwe zizolowezi zoipa zamaganizo zimakupangitsani kukhala pafupi ndi anthu omwe ali ndi .zizolowezi zadziko komanso zochitika zosafunikira

Mukhoza kuchepetsa zizolowezi zoipa ndikufooketsa mphamvu zake mwa kupewa chilichonse chomwe chingaziyambitse kapena kuzibwezeretsa, popanda kuziyang'ana nthawi zonse. Kenako, ganizirani za chizolowezi chabwino ndikuyesetsa kuchikulitsa nthawi zonse mpaka chitakhala gawo lofunika kwambiri pa moyo .wanu lomwe mungadalire ndi kudalira

Mkati mwathu, mphamvu ziwiri zotsutsana zimakangana nthawi zonse: imodzi yomwe imatilimbikitsa kuchita zomwe sitiyenera kuchita, ndi ina yomwe imatilimbikitsa kuchita zomwe tiyenera kuchita, ngakhale zitaoneka zovuta kwambiri. Liwu loyamba ndi liwu la choipa, lachiwiri ndi liwu .la chabwino, kapena Mulungu

Kudzera m'maphunziro ovuta a tsiku ndi tsiku mudzawona bwino kuti zizolowezi zoipa zimadyetsa mtengo wa zilakolako zakuthupi zosatha, pomwe zizolowezi zabwino

zimadyetsa mtengo wa ziyembekezo ndi zolinga .zapamwamba zauzimu

Muyenera kuyang'ana kwambiri pakukula bwino kwa mtengo wodalitsidwa wauzimu kuti tsiku lina mudzathe kukolola zipatso zokoma komanso zokhwima za kudzidziwa .nokha

Ngati mungathe kudzimasula ku zizolowezi zoipa zamtundu uliwonse, ndipo ngati mungathe kuchita zonse zabwino ndi zolemekezeka chifukwa chokonda ulemu ndi kukoma mtima osati chifukwa choipa chimabweretsa chisoni ndi chisoni, ndiye kuti mudzakula mumtima ndikupita .patsogolo panjira

Mudzakhala omasuka mukasiya zizolowezi zanu zoipa mwadala komanso mopanda dala. Mudzakhala omasuka pokhapokha mutakhala olamulira, okhoza kulamulira malingaliro anu, malingaliro anu, ndi chifuniro chanu chochita zomwe ziyenera kuchitika, ngakhale zitakhala zosemphana ndi zomwe mukufuna. Mu mphamvu ya kudziletsa ndi kudzilamulira nokha muli mbewu za ufulu .wosatha

Ndatchulapo zinthu zingapo zofunika kwambiri pa kupambana mpaka pano: kuganiza bwino, mphamvu yofuna kuchita chilichonse, kusanthula maganizo, kuchitapo kanthu, ndi kudziletsa Mabuku ambiri amatsindika chimodzi kapena zingapo mwa izi koma amalephera kuvomereza mphamvu yaumulungu yomwe ili m'zifukwa izi Kugwirizana ndi chifuniro cha Mulungu ndiye chinthu chofunikira kwambiri kuti munthu apambane

Chifuniro cha Mulungu ndi mphamvu imene imayendetsa dziko lapansi ndi chilichonse chomwe chili mmenemo, ndi chilengedwe chonse ndi chilichonse chomwe chili mmenemo. Chifuniro cha Mulungu ndicho chimayendetsa nyenyezi mumlengalenga, ndipo ndi chifuniro Chake chimene chimasunga mapulaneti m'njira

zawo ndikuwongolera kuzungulira kwa kubadwa, kukula, ndi .kuwonongeka kwa zamoyo zonse

Magazi a kulakalaka

Ambuye

Magazi a chilakolako changa ayake kwamuyaya pamaso panu odala

Chotsani, Mulungu wanga wokondedwa, chikondi changa kuchokera m'matope a dziko lapansi, ndipo kongoletsani nacho chifuwa cha kukumbukira kwanu .kosatha

Mu malo opatulika a kumwamba, ndikugwada pamaso panu, Mulungu wanga

Ndamva mawu anu m'fungo la maluwa a duwa

Ndipo ndinamva kukoma mtima kwanu m'maluŵa okongola

Ndipo m'kunong'oneza kwa zokhumba zanga, chikondi chanu chinali yankho

Ndikudziwa kuti Mulungu akhoza kudziwika kudzera mu kulingalira ndi kuzindikira kwina, koma osati kudzera mu .malingaliro osokonezeka komanso ovutitsidwa

Ndidzatsegula maso anga ku chisangalalo cha kusinkhasinkha ndikuona kuti mdima wonse watha. Ndidzadzimiza mu dziwe la mtendere waumulungu lobisika kuseri kwa makoma a kusinkhasinkha, ndipo ndidzayeretsa umunthu wanga wamkati mwa kusinkhasinkha kuti usawonongeke ndi zinthu zakunja zotsutsana. Ndipo ndidzalandira tsiku lililonse ndi kusinkhasinkha za .Wamphamvuyonse

Mu malo opatulika a chete, ndimapeza guwa lansembe la mtendere wanu

Ndipo pa guwa la mtendere ndimapeza chimwemwe chanu chotsitsimutsa nthawi zonse

Ndiloleni ndimve mawu anu, Ambuye, m'phanga la kusinkhasinkha, ndipo kenako ndidzapeza chisangalalo chamuyaya chakumwamba mkati mwanga. Mtendere

udzadzaza mtima wanga ndi kufalikira mumtima mwanga, .kaya ndili chete kapena ndikugwira ntchito
Nyenyezi iliyonse yowala, yowala m'mlengalenga, ndi ,lingaliro lililonse loyera, loyera
Ntchito iliyonse yabwino ndi yokongola idzakhala zenera .lomwe ndidzakuyang'anani, Mulungu wanga wokondedwa
Ndi cholinga changa chonse m'maganizo ndi kulakalaka kosatha, ndidzatumiza chidziwitso changa kudzera m'diso .lauzimu (pakati pa nsidze) ku ufumu wamuyaya
Ndidzamasula mzimu wanga ku ukapolo wa thupi ndikuusakaniza ndi nyanja yayikulu ya mzimu
Kufunika kwa psychoanalysis
Chinsinsi china cha kupambana ndi psychoanalysis
Kudziyesa ndi galasi momwe mungawonere kuya kobisika .kwa malingaliro anu komwe kukanakhala kobisika kwa inu
Dziwani mfundo zomwe mwalephera ndikusankha zizolowezi zanu zabwino ndi zoyipa komanso zomwe mumakonda
Gwiritsani ntchito kudzisanthula kuti mumvetse komwe muli tsopano, zomwe mukufuna kukwaniritsa, ndi zopinga zomwe zikukulepheretsani. Fotokozani ntchito yanu yeniyeni .ndikumvetsetsa cholinga chanu m'moyo
Yesetsani kukulitsa makhalidwe onse a khalidwe lenileni komanso labwino, losalemedwa ndi zokhumba ndi zokhumba. Mukasunga maganizo anu ogwirizana ndi Mulungu, mudzapita patsogolo mofulumira, mosamala, komanso molimba mtima panjira yopita ku cholinga chomwe mukufuna. Cholinga chanu chachikulu ndikupeza njira yopita kwa Mulungu. Koma palinso maudindo ndi maudindo oti .mukwaniritse m'dziko lino
Padziko lapansi timaoneka ngati alendo, ndipo tikamakonda Mulungu ndi pamene timakhala abale ndi .alongo
Mphamvu yodzipereka pamodzi ndi kuchitapo kanthu zidzakuthandizani kufotokoza zomwe mwalonjeza

ndikukwaniritsa mokwanira Kodi kuchitapo kanthu n'chiyani? Ndi luso lolenga mkati mwanu: kuwala kochokera kwa Mlengi wopanda malire komwe kungakupatseni mphamvu yolenga chinthu chomwe palibe wina aliyense adalengapo kale. Kumakulimbikitsani kuchita zinthu m'njira zatsopano komanso zolenga. Kupambana kwa munthu wokonda kuchitapo kanthu kungakhale kodabwitsa komanso kodabwitsa ngati nyenyezi yowombera. Mwa kupanga chinthu chomwe chikuwoneka ngati chopanda kanthu, zimasonyeza kuti zomwe zimawoneka zosatheka ndizotheka pamene anthu agwiritsa ntchito mphamvu ya mzimu wapamwamba wolenga. Kuchitapo kanthu ndi luso latsopano kumakupatsani mwayi wodziyimira nokha , mwaufulu komanso wodziyimira pawokha, ndipo ndi zina mwa .zizindikiro za kupambana

Chenjezo la Malingaliro Opambana

Tiyerekeze kuti mwalephera mpaka pano, ndi kupusa .kusiya kumenyana ndikuona kulephera ngati tsogolo

Ndi bwino kufa mukumenyana kusiyana ndi kusiya kuyesetsa bola ngati munthu angathe kuchita zambiri, chifukwa khama lake lidzapitirira mpaka moyo watsopano .ngakhale atamwalira

Kupambana ndi kulephera ndi zotsatira zabwino za zomwe mudachita kale, komanso zomwe mukuchita tsopano. Chifukwa chake, muyenera kukulitsa malingaliro a kupambana kuchokera ku zomwe mudakumana nazo kale ndikuwapatsa mphamvu kuti muthe kuwongolera malingaliro .a kulephera pamoyo wanu wamakono

Mavuto ndi mavuto omwe munthu wopambana amakumana nawo akhoza kukhala akulu kuposa omwe munthu wosapambana amakumana nawo. Komabe, oyambawo adadziphunzitsa okha kukana lingaliro la .kulephera kwathunthu komanso nthawi zonse

Muyenera kusintha maganizo anu kuchoka pa kukhumudwa ndi kutaya mtima kupita ku kupambana ndi

kupambana; kuchoka pa nkhawa kupita ku bata; kuchoka pa chisokonezo cha m'maganizo ndi nkhawa kupita ku kuganizira kwambiri za m'maganizo; kuchoka pa chisokonezo ndi chisokonezo kupita ku mtendere; komanso kuchoka pa mtendere kupita ku chisangalalo chauzimu chopatulika. Mukakhala ndi chidziwitso ichi, cholinga cha moyo wanu chidzakhala chitavekedwa ndi kupambana ndipo .chidzakwaniritsidwa bwino, mothandizidwa ndi Mulungu

Mphamvu ya kuganiza

Mumasonyeza kupambana kapena kulephera malinga ndi khalidwe ndi mtundu wa malingaliro anu achizolowezi Ndi chiyani chomwe chili ndi mphamvu kwambiri pa moyo wanu: malingaliro opambana kapena malingaliro ?olephera

Ngati maganizo anu nthawi zambiri amakhala oipa, nthawi zina maganizo abwino sangakhale okwanira kukopa chipambano. Koma ngati mukuganiza moona mtima, mudzapeza zomwe mukufuna ndikukwaniritsa cholinga .chanu, ngakhale mutamva kuti mwazunguliridwa ndi mdima

Inu nokha ndinu amene muli ndi udindo pa inu nokha

Palibe wina amene adzakuyankhani kapena kukuwerengerani mlandu pa Tsiku la Chiweruzo Ntchito yanu padziko lapansi, komwe zochita zanu zakuyikani (zotsatira za zochita zanu zakale), ingachitike ndi munthu mmodzi yekha: inu Ndipo ntchito yanu imaonedwa kuti ndi yopambana .pokhapokha ikatumikira munthu mnzako mwanjira ina

Musamangoganizira za vuto lililonse kapena kupitiriza kuliganizira. Lolani zinthu zipumule kwakanthawi, ndipo zitha kudzithetsa zokha. Koma musalole kuti zipumule kwa nthawi yayitali mpaka mutataya luso lanu lozindikira. M'malo mwake, gwiritsani ntchito nthawi izi zopumula kuti muwonjezere kusinkhasinkha kwanu ndikufikira malo opanda phokoso mkati mwanu. Mukakhala mogwirizana ndi inu nokha, mudzatha kuganiza bwino za chilichonse chomwe mumachita. Ngakhale malingaliro anu atayendayenda,

mudzatha kuwasonkhanitsa ndikuwagwirizanitsa. Luso lodala ili lokhala mogwirizana lingapezeke kudzera mu khama ndi .kuchita

Amayi, malinga ndi mphunzitsi Paramhansa Nkhani yomwe adapereka pa Tsiku la Amayi

Tiyeni titenge tsiku lino ngati lingaliro labwino kwa amayi onse abwino omwe alera ana awo mokoma mtima .komanso mwachikondi

Chikondi cha mayi sichinaperekedwe kwa ife kuti chitiwononge ndi chifundo ndi kusasamala, koma kuti chilimbikitse chikondi m'mitima mwathu kuti tifewetse mitima ya ena ndi kukoma mtima ndikumasula miyoyo yotopa ku nkhawa ndi zopinga za dziko lapansi. Anthu omwe akumira mu tsoka ndi chisoni, omwe akuvutika ndi mavuto ambiri ndi mavuto, akufunika kumvetsetsa kwathu kofatsa .ndi chifundo

Ndinalandira kuunikiridwa kwanga kwauzimu kudzera mu chikondi changa chachikulu kwa amayi anga; chikondi changa chenicheni kwa amayi anga chinali chifukwa chachikulu chomwe chinandipangitsa kukonda Mulungu kwambiri, chifukwa chikondi chimenecho chinandilimbikitsa kufunafuna gwero lake loyera, ndipo ndinachipeza mwa .Mulungu, gwero la zabwino zonse ndi makhalidwe abwino

Mayi ndi wachifundo komanso wokhululuka kuposa bambo. Mayi ndiye chitsanzo chabwino kwambiri cha chikondi cha Mulungu chopanda malire. Mulungu adalenga amayi kuti asonyeze chikondi chake kwa ife, kaya ndi .chifukwa kapena ayi

Ndimaona mkazi ngati chizindikiro cha umunthu cha umayi wa padziko lonse, ndipo chomwe ndimamukonda kwambiri ndi chikondi chake chenicheni cha umayi. Anthu amene amaona kukongola kwauzimu ndi tanthauzo lalikulu mwa mkazi amadzutsidwa ndi malingaliro abwino ndipo amapeza kuti atseguka kumadera akuluakulu ouziridwa. Chikondi cha padziko lonse chimalowa mumtima mwa

aliyense amene amalemekeza mkazi ndi kumuyamikira ndi .kumuchitira zabwino

Ngati Mulungu sanaike chikondi Chake m'mitima ya amayi, sakanatha kukonda ana awo. Komabe, ulemu umachokeranso ku njira imene chikondicho chimayendera. Anthu onse akuluakulu asonyeza chikondi chachikulu kwa .amayi awo

Nyumbayo yadzaza ndi kuwala, chimwemwe, ndi madalitso chifukwa cha kukhalapo kwa amayi. Tiyeni nthawi zonse tisunge lawi la chikondi cha amayi likuyaka kwambiri .m'mitima mwathu

Ndipo moni kwa amayi onse abwino padziko lonse lapansi

Ndipo kwa onse amene amawachitira zabwino

Powalemekeza ndi kuzindikira ubwino wawo

Kunong'oneza kwa Kuzama

Master Paramhansa Yogananda

Kumasulira: Mahmoud Masoud

Ndakhala nthawi yayitali pabedi la chilengedwe Chanu, zakale, zapano, ndi zamtsogolo, ndipo ine—mwana wamuyaya—ndinkada nkhawa komanso kusokonezeka. Ndinavutika mobwerezabwereza, koma sizinaphule kanthu, mpaka potsiriza ndinatha kulumpha kuchokera pabedi lozunguliridwa ndi zopinga za ubale wonyenga. Munandigwira m'manja Mwanu ndipo munandinyamula ndi nyimbo za mtendere wosatha. Ndine mwana wamuyaya—muyaya Wanu—ndipo ndimayika mutu wanga pachifuwa cha umunthu Wanu wonse.

Usadandaule, mwana wanga

Mu nthawi yovuta, ndinamva mawu anu akunena kuti: "Dzuwa la chitetezo changa liwale mofanana pa nthawi yanu yowala kwambiri komanso yamdima kwambiri"

Usadandaule, mwana wanga, koma khalani ndi chikhulupiriro ndi kumwetulira! Pakuti chisoni ndi kupanda chilungamo kwa moyo wodala. Lolani kuwala kwanga kochiritsa kuwale kudzera mu kumwetulira kwanu kowala. Chimwemwe chanu, mwana wanga, chimandibweretsera chimwemwe ndi chikhutiro.

Sangalalani nanu

M'miyoyo yambirimbiri, ndasewera nanu ndikuimba nyimbo zosawerengeka. Ndimakumbukirabe kukumbatirana kwanu nthawi iliyonse ndikabwerera kunyumba—kwa inu—pambuyo pa zaka mazana ambiri ndili kutali, kunjenjemera kwa kugawikana kundigunda. Ndipo pano ndili kachiwiri, pamaso panu kosatha, ndikusewera ndi kuseka nanu, ndikukuyimbirani nyimbo za chikondi changa chosatha.

Osati motsutsana ndi chifuniro changa, O Imfa

Sindidzatengedwa mokakamiza kuchokera padziko lapansi motsutsana ndi chifuniro changa ngati mwana wothawa wochokera kwa anzake. Ndimakonda Mulungu, ndipo Iye amandikonda; ndipo ndikachoka komaliza, ndidzakhala nditamaliza udindo uwu pa siteji ya nthawi—chinthu ichi chomwe Mulungu ankafuna kuti ndichite ngati kupitiriza kwa sewero lake la chilengedwe. Pochita gawo langa mu sewero la moyo, ndidzamwetulira ndipo ndidzalira: ndikusangalala ndi kukwaniritsidwa kwa zokhumba ndikumva chisoni chifukwa cha kusweka kwa ziyembekezo. Koma ndikamaliza udindo wanga, ngakhale utakhala wovuta komanso wotopetsa, ndidzachoka pa siteji ya padziko lapansi ndi mtima woseketsa. Ndidzapuma kwakanthawi m'kukumbatirana kwa mayi wa chilengedwe, ndikusangalala ndi chisangalalo chake, kenako ndidzabwerera padziko lapansi, osakokedwanso ndi zilakolako zakale zomwe zidabzalidwa mosasamala m'munda wachinyengo, koma

m'malo mwake poyankha pempho lake lofatsa komanso lachifundo.

Lotus Wokonda

Njuchi yanga yakhudzidwa ndi lotus wa mtima wanu wachikondi, Ambuye, womwe ndimamwa timadzi tokoma ta chikondi chanu chachikondi. Njuchi yanga yauzimu iyi imasonkhanitsa maluwa okha omwe amatulutsa fungo lanu lokoma. Ndinadzichotsera uchi wa zosangalatsa zakuthupi ndipo ndinauluka pamwamba pa minda yopanda kanthu ya malingaliro mpaka nditapeza lotus wa kuwala kwanu kopatulika. Ndinali njuchi yanu yoyendayenda m'minda ya thupi, yokokedwa ndi fungo la maluwa kupita ku zochitika zosawerengeka. Koma tsopano ndasiya kuyendayenda kwanga, chifukwa fungo lanu lodala lathetsa ludzu la moyo wanga ndipo lakwaniritsa chilakolako changa choyaka cha mafuta onunkhira kapena fungo lokoma.

Nkhalango yachinyengo ikuyaka moto

Ndinamva kukhala ndekha komanso kupsinjika maganizo m'nkhalango yachinyengo ndi chinyengo, kotero ndinayatsa mitolo ya kudziletsa, koma moto unayaka pang'onopang'ono ndipo wopanda moto ndinapemphera kuchokera pansi pa mtima wanga, ndipo Inu munabwera kwa ine, Ambuye, ndipo munayatsa zofooka zanga zina, ndipo malawi anafalikira mofulumira kudzera mu udzu wouma ndi nkhalango zachinyengo. Kenako anafika pamitengo yaminga ya zilakolako ndipo anakhudza mitengo yayitali ya kunyada ndi kudzikuza. Malilime a kuwala kwanu anadya nkhalango zazikulu za kusadziwa kwanga ndipo anawasandutsa phulusa. Ndikukuthokozani, Inu Wotentha Mulungu! Ndipo atumiki anu atembenukire kwa Inu m'pemphero ndi pemphero kuti akuthandizeni mwachangu ndi kuchiritsidwa mwachangu.

Nyimbo yanu yeniyeni

Kuti ndikumveni, Mngelo Woteteza, ndatsegula wailesi ya masomphenya anga amkati ndi chikondi chofewa. Nthawi zambiri posinkhasinkha, ndamvetsera nyimbo zokoma kwambiri za oyera mtima anu omwe ali pafupi nanu: nyimbo zauzimu zodabwitsa, nyimbo zobadwa mumtima mwanga, ndi nyimbo yokoma ya kulakalaka kwanga kwakale. Ndi kuleza mtima ndi bata, ndatsegula chida chamkati cha malingaliro anga, ndipo pamene tulo tinandilemera ndipo ndinali pafupi kugona, nyimbo yanu yeniyeni inadutsa mwa ine. Ndipo tsopano ndikufalitsa mawu osangalatsa a nyimbo zanu zosangalatsa ndikuwonjezera mawu anga kwa oimba anu, kuti nyimbozo zikule kwambiri ndipo kulakalaka ndi kulakalaka kuchuluke.

Ndidzasambira m'nyanja ya miyoyo

Mu mgwirizano ndi Inu, Mzimu Wodzaza Zonse, ndidzakhala kugunda kwa moyo wa dziko lapansi. Ndidzayandama m'nyanja ya miyoyo. Ndidzavina pa mafunde a malingaliro opatulika a anthu ndikuwatsanulira onse ndi chisangalalo chodala. Kuchokera ku Himalaya yakumwamba, ndidzatulutsa mtsinje wadziko lonse wa zikhumbo zapamwamba. Ndidzakhala misozi yonse yokhetsedwa chifukwa cha chifundo kwa ena. Ndidzakhalapo mu chete chagolide cha oyera mtima ndi ziyembekezo zowala za malingaliro abwino. Inu Wokwaniritsa Zokhumba zokhulupirika!

Pamene kuwala kwanga kosatha kukasakanikirana ndi kuwala kwanu kosatha, ndidzawala m'diso lililonse

Mtendere ukhale pa inu

Manong'onong'ono ndi malingaliro atsopano

M'masiku a chilimwe a moyo

Ndimasonkhanitsa timadzi tokoma ta malingaliro
Kuchokera ku maluwa a makhalidwe abwino okoma
Kukula m'minda ya miyoyo yabwino
Ndipo ndinasunga mumtima mwanga chinthu chosungunuka
Kuchokera ku maluwa apamwamba a kulekerera
Ndipo mphukira za kudzichepetsa ndi fungo lawo lofewa
Ndipo maluwa osowa a malingaliro a lotus ofewa
Ndipo pamene chipale chofewa cha zokumana nazo zozizira za m'nyengo yozizira chimandigwera
Ndipo kulekanitsidwa kwapadziko lapansi kowawa
Ndikufuna chikondi ndi chitonthozo
Mu timadzi tokoma tomwe timasungidwa mu selo la mtima wanga
Mu chipinda chodala chimenecho, pamaso panu
Nthawi zambiri ndimapeza njuchi yaumulungu
Imwani kukoma kwa zokhumba zanga zakale
Ndikumva bwino, ndikusangalala, komanso ndikutonthozedwa
Ndidzakhala mathithi a chisangalalo
Chisangalalo changa chimamvekanso mu kuyenda kosalekeza
Kumene mtsinje wamphamvu umapululutsa
Mitolo yolemera ya chisoni ndi nkhawa za ena
Ndidzathamanga mofulumira kwambiri
Malo osatha
Kuchokera ku miyoyo yovutika
Kuchotsa mantha ake
Ndipo ndidzathetsa mavuto ake
Ndidzakhala kuwala kwa mphezi
Mu usiku wamdima kwambiri
Kuwoneka bwino
Kukongola kwanu, kobisika kuyambira nthawi zakale
Kumbuyo kwa mdima wa maso osawona
Ine ndidzakhala kuwala kwa mwezi

Kuchotsa mdima padziko lapansi
Ndidzakhala kuwala
Wochotsa mdima wobisika
M'mbali mwa kuganiza kwa anthu
Mwa chisomo chanu, Ambuye
Silashy, nzeru yadzidzidzi
Zolakwa zomwe zimasonkhana kwa nthawi yayitali
komanso nthawi yayitali
Chikhutiro chimene chikondi chimabweretsa mu moyo
sichili m'malingaliro okhawo
Koma m'malo mwake mu chisangalalo chomwe
kumverera kumeneko kumabweretsa
Chifukwa chikondi chimabweretsa chisangalalo
Timakonda chikondi chifukwa chimatipatsa chimwemwe
chachikulu
Chikondi si cholinga; chimwemwe ndiye cholinga
Mulungu ndi wamuyaya komanso wopatsa chisangalalo
chosatha
Ndipo momwemonso chikhalidwe cha mzimu,
pachifukwa ichi amatsenga adayimba
Iwo amene aona choonadi ichi ndipo alawa chimwemwe
:chauzimu
Kuchokera ku chisangalalo tinachokera, m'chisangalalo"
"timakhala ndi moyo ndipo umunthu wathu umayandama
Ndipo tidzabwerera ku chisangalalo cha dziko lonse, kuti
" tidzasungunuke mu chisangalalo chimenecho tsiku lina
Malingaliro onse abwino monga chikondi ndi chifundo
Kulimba mtima, kudzipereka, ndi kudzichepetsa
n'zopanda phindu popanda chimwemwe
Chimwemwe chimatanthauza chisangalalo, ndipo ndi
chizindikiro cha chimwemwe chachikulu
Kapena kukhutitsidwa kwakukulu
Ndipo Ambuye wako adzakupatsani ndithu, ndipo}
{Sangalalani ndi kusangalala} {mudzakhuta

Ngakhale chimwemwe chingabwere chifukwa cha zochitika zina zakunja
Koma m'malingaliro ake enieni, sichimamangidwa ndi mikhalidwe
Kawirikawiri zimawoneka popanda zinthu zakuthupi
Nthawi zina mungadzuke m'mawa
Mukumva ngati mukupita kuuluka ndi chisangalalo
Ndipo mukakhala pansi mu bata la kusinkhasinkha, chimwemwe chimagunda mkati mwanu
Popanda alamu yakunja kumudzutsa
Ndi chisangalalo cha moyo chomwe sichingafanane nacho
Koma pamene chimwemwe chikugwirizana ndi zochitika zina
Sizimachokera ku mikhalidwe yomweyi
Ndipotu, zochitika zimenezo zinakhala njira yopezera chimwemwe
Chomwe poyamba chinali chobisika mu mzimu, ndinakumba ngati pickaxe mu nthaka ya mzimu
Ndipo kasupe wa chisangalalo unatulutsidwa kuchokera m'chitsime cha chisangalalo chobisika mkati mwa munthu
Chifukwa chake, m'zokumana nazo za anthu, nthawi zambiri pamakhala kufunika
Ku zochitika zina kuti abweretse chisangalalo chobisika mkati mwake
Chikondi ndi cha mtundu wa moyo, koma chimadalira chisangalalo
Palibe chikondi popanda chimwemwe
Kodi munthu angaganize za chikondi popanda chimwemwe? Ayi ndithu
Tikamalankhula za ululu umene chikondi chosabwezera chimabweretsa
Tikulankhula za chikhumbo chomwe sichinakwaniritsidwe

Koma chikondi chenicheni nthawi zonse chimayendera limodzi ndi chisangalalo
Maganizo anga ndi njuchi, amauluka
Ku munda wobisika wa mtima wanga
Yemwe akugwedezeka ndi mphepo ya chikondi changa
Wokongoletsedwa ndi ngale za mame, kukoma kwanu
Ndakulimani maluwa okongola kwambiri
Kuchokera ku tsankho lauzimu
ndi ma daffodils achikasu
Kuti ndilandire misozi ya kulapa kwanga
Ndipo ma violets ofewa, olota kudzichepetsa
Ndipo mtima wanga uli wotseguka kwambiri ku malingaliro a mzimu
Kwa inu ndikupereka mitengo ya malingaliro anga
Zipatso zokoma za mapembedzero onunkhira
Ndi manja odzichepetsa opangidwa ndi nthambi zofewa komanso zouma
Ndipo m'munda wa mtima wanga
Maganizo anga ali ngati njuchi ikungondizungulira
Woledzera pakati pa zopereka za timadzi tokoma tokha kwa inu
Dziko lonse laiwala tanthauzo lenileni la mawu oti ""chikondi
Chikondi chagwiritsidwa ntchito molakwika ndipo mtima wake wasweka ndi anthu ambiri kotero kuti ndi anthu ochepa okha omwe akudziwa tanthauzo la chikondi
Monga momwe mafuta amapezeka mu gawo lililonse la mtengo wa azitona, momwemonso chikondi chimafalikira mbali iliyonse ya chilengedwe. Koma chikondi n'chovuta kwambiri kuchifotokoza, chifukwa chomwe mawu sangafotokoze kukoma kwa lalanje; munthu ayenera kulawa chipatsocho kuti adziwe kukoma kwake. Chimodzimodzinso .ndi chikondi
Nonse mwakhala mukukumana ndi chikondi mwanjira ina m'mitima mwanu, motero muli ndi lingaliro la chibadwa

chake. Koma anthu onse sadziwa momwe angakulitsire, kuyeretsa, ndi kukulitsa chikondi kuti afikire chikondi cha .Mulungu

Pali kuwala kwa chikondi cha Mulungu m'mitima yambiri pachiyambi cha moyo, koma nthawi zambiri chimatayika .chifukwa munthu sadziwa momwe angachikulitsire

Anthu ambiri amakhulupirira kuti palibe chifukwa chofufuza mtundu wa chikondi. Amadziwa chikondi ngati momwe amamvera achibale awo, abwenzi awo, ndi ena omwe amawakonda kwambiri. Koma chikondi ndi choposa .pamenepo

Njira yokhayo yomwe ndingafotokozere chikondi chenicheni ndi kufotokoza momwe chimakhudzira. Ngati munthu angamve ngakhale kachidutswa kakang'ono ka ,chikondi cha Mulungu

Anadabwa kwambiri ndi chisangalalo chomwe chinaposa mphamvu zake zochiletsa

Tiyenera kukhala olimba pochita zabwino ndikuyesera kuthandiza ena. Munthu amene amangoganizira za iye mwini ndi banja lake sadzapeza chimwemwe chochuluka, ndipo ngati saganizira za wina amene akuvutika, amadzimana chimwemwe chomwe chimapangidwa mumtima mwa kupereka thandizo kwa osowa. Zotsatira zake, chotengera chake cha chimwemwe chidzakhalabe chaching'ono ndipo zomwe zili mkati mwake sizidzakhala .zokwanira

Kwa ine, ndalama zikutanthauza chinthu chimodzi: kuzigwiritsa ntchito pochita zabwino ndi kuthandiza ena

Anthu oona mtima, oona mtima, komanso ofunitsitsa kukhala mabwenzi anu chifukwa chokupatsani ulemu osati .chifukwa china chilichonse ndi ochepa padziko lapansi

Mabwenzi okhulupirika awa ndi chisangalalo cha dziko lapansi, ndipo ubwenzi weniweni ndi waukulu kuposa chuma .chilichonse padziko lapansi

Munthu amene amachita zinthu moona mtima ndi anthu adzapeza Mulungu. Ndipo amene ali ndi chikondi mumtima mwake adzadziwa ena, monga momwe munthu amaonera kudzera mu galasi loyera ndi kuzindikira zomwe zili mkati. Chidziwitso cha mtundu uwu cha ena chimachokera ku .kukonda Mulungu ndi kukonda ena ndi chikondi chomwecho

Anthu mamiliyoni ambiri amakopeka ndi zodabwitsa za malingaliro osazindikira zomwe zimachitika munthu akagona. Koma mukakhala ndi moyo wapamwamba, mutha kuwona kapena kudziwa zomwe mukufuna osati kudzera .m'malingaliro, koma kudzera mu zenizeni

Ndikhoza kukhala pampando uwu ndikuyang'ana kulikonse ndikuwona zomwe zikuchitika pamalopo

Nthawi zina ophunzira amakhala mu chikumbumtima chosazindikira, ndipo nthawi zina amakwera kupita ku chidziwitso chapamwamba. Ndipo pali osankhidwa ochepa omwe amatha kupitirira chidziwitso chapamwamba ndikupeza chidziwitso cha chilengedwe: ufumu wa mzimu .waumulungu, womwe ulibe chiyambi kapena chifukwa

Mu mkhalidwe wa chidziwitso chauzimu choyera, wofunafunayo safunikira kulingalira zinthu pasadakhale kuti azitha kuziona Akalumikizana ndi chidziwitso cha chilengedwe, chidziwitso chake chimakula ndikulumikizana ndi atomu iliyonse ya moyo, ndipo amazindikira bwino chilengedwe chonse ndi zamoyo zonse. Chidziwitso ichi ndi .kukulitsa chidziwitso chopanda malire

Aliyense amene akumva chikumbumtima chimenecho amamva kuti chilipo mu ulusi wa udzu ndi pamwamba pa mapiri, ndipo amamva selo lililonse la thupi lake ndi atomu .iliyonse ya mlengalenga

Kodi mukuganiza kuti ndinu thupi laling'ono, pomwe !?mkati mwanu muli dziko lalikulu

Koma chidziwitso cha chilengedwe chilinso choposa pamenepo. Pamene wofunafunayo akumva kukhalapo kwake

m'moyo wonse, amapeza chisangalalo chosatha ndi chikondi .chachikulu cha Mulungu
Ndipo ndi chikondi chanu, malingaliro anga agwira} ntchito, monga momwe zamoyo zanga zonse {zimadzadzidwira ndi kukongola kwanu
Zimagwirizana ndi kupezeka kulikonse kwa chidziwitso chaumulungu
Choncho khalani ndi ziyembekezo zabwino kwa Mulungu ndipo yembekezerani chisomo chake. Musataye mtima kuti !mukwaniritse cholinga chanu
Munthu sangakhale ndi Mulungu pongoganiza kuti .wapeza kuunikiridwa kwauzimu
Kudzikonza ndi kudzikonza bwino m'makhalidwe abwino ndizofunikira kwambiri kuti munthu akafike kumayiko apamwamba
Pali kusiyana kwakukulu pakati pa kudziwa Mulungu mwanjira yotheka ndi kudziwa Mulungu mwanjira yeniyeni. N'zotheka kumudziwa Iye kudzera mu kudzichepetsa, nzeru, kuona mtima, khalidwe labwino, ndi kufunitsitsa kuchokera .pansi pa mtima
Munthu wodzichepetsa ndi amene amazindikira Mulungu ndipo Mulungu amamuzindikira
Anthu amene amafufuza mozama za chidziwitso cha chilengedwe mwachibadwa amakhala ndi luso lapadera lauzimu ndi ulamuliro pa mphamvu zachilengedwe. Komabe, palibe amene amapeza chidziwitso chenicheni chaumulungu amene amagwiritsa ntchito mphamvu zake kudzitamandira .ndi kudzionetsera, popanda nzeru kapena nzeru
Anthu anzeru amazindikira kuti Mulungu ndiye yekha amene alipo ndipo modzichepetsa amabwezera kwa Iye .mphatso zapadera zomwe Iye wawapatsa
Kodi chilichonse chomwe chilipo si chozizwitsa? Ndipo kodi munthu, chifukwa cha kukhalapo kwake, nayenso si ?chozizwitsa

Ngati anthu sakhutira ndi zodabwitsa zonse zomwe Mulungu adalenga, n’chifukwa chiyani oyera mtima ayenera ?kuchita zodabwitsa zambiri

Oyera mtima olungama a Mulungu sachita chilichonse pokhapokha ngati Mulungu wawapempha kuti achite, ndipo nthawi zina pazifukwa zosamveka bwino komanso zovuta .kuzimvetsa

Ndidzafotokoza ndi chitsanzo momwe chidziwitso chapamwamba chimasiyanirana ndi chidziwitso cha subconscious

Chidziwitso chapamwamba ndi mkhalidwe umene mungathe - pamene muli maso, mukugona komanso mukuzindikira bwino - kuyambitsa kukhudzidwa kulikonse m'thupi mwa kufuna kwanu komanso popanda chilimbikitso .chilichonse chakunja

Mu dziko la malingaliro osazindikira (m'dziko la maloto), mutha kumwa chikho cha mkaka wotentha

Koma mayeso awa amaikidwa pa inu. Komabe, mu chidziwitso chapamwamba, mutha kukumana ndi chinthu chomwecho kapena china chilichonse mwadala komanso .mwadala

Ulendo ungawoneke wautali, koma ulendo wa makilomita chikwi umayamba ndi sitepe imodzi. Ndipo bola ngati munthu akukhalabe ndi chiyembekezo, palibe chopinga chomwe chingalepheretse cholinga chomwe .akufuna kukwaniritsa

Ndimakumbukirabe miyoyo yakale
Ndi komwe ndinakufunafuna
Ndipo ndikukumbukira masiku ambiri
Wokongoletsedwa ndi nyenyezi zowala
Ndipo mawonekedwe a m'mawa
Yemwe ali ndi kusalakwa kopanda mame
Ndipo maola ogwirizana a madzulo
Ndi kayimbidwe ka mabelu a gulu la nkhosa
Ndipo zaka zambiri zamtengo wapatali

Ndi maluwa ndi maluwa a masika
mphepo yachilimwe
malaya amvula owonekera bwino
Magulu a ayezi a diamondi
M'nyengo yozizira
?Ah, ndi kangati ndinayembekezera kufika kwanu
Ndi mtima ukuvina ndi chisangalalo
!Moyo wanga uli pafupi kutha ndi kulakalaka inu
Usiku uliwonse, tikagona tulo tokhatokha komanso topumula, timasangalala kulawa mtendere ndi chisangalalo Tikagona tulo tofa nato, Mulungu amatipangitsa kukhala ndi moyo wabwino komanso wamtendere, momwe timaiwala .mantha ndi nkhawa zonse za moyo uno
Mu kusinkhasinkha tikhoza kukhala ndi mkhalidwe wodala wamaganizo ngakhale titakhala maso, ndi kulawa .mtendere wochokera ku magawo ena
Chisangalalo cha Mulungu chikatsika, kupuma kwanga kumakhala bata, ndipo mzimu wanga umakwera, ndikumva chisangalalo cha anthu zikwizikwi nthawi imodzi, koma sinditaya mphamvu zanga zachizolowezi. Chidziwitso cha chilengedwechi chimasungidwa kwa iwo omwe amafufuza .mozama kuti apeze chidziwitso chapamwamba kwambiri
Munthu akadzazidwa ndi chisangalalo chachikulu cha Mulungu, thupi limakhala chete, mpweya umasiya kuyenda, malingaliro amakhala bata, ndipo pang'onopang'ono amazimiririka. Wosinkhasinkha amamva zenizeni za moyo wake ndi kuyandikira kwake kwa Mlengi, kotero amamwa kuchokera ku chisangalalo chaumulungu ndi kulawa chisangalalo cha chisangalalo chomwe vinyo wambiri .sangapatse
Munthu wamba amamva kugona pang'ono pakati pa kudzuka ndi kugona, akumva bwino kwakanthawi, koma kumva kumeneku kumatha msanga akamagona tulo tofa nato. Kugona sikutanthauza kutaya chidziwitso chonse

chifukwa, mukakhala maso, mumadziwa ngati tulo tanu tinali .topumula kapena ayi

Pali zinthu zambiri zogona—zina zopepuka, zina zakuya

Koma zochitika zauzimu zomwe munthu amakhala nazo ndi Mulungu ali mu mkhalidwe wozindikira zimakhala zosangalatsa komanso zotsitsimula kuposa chisangalalo chachikulu cha kugona kapena kugona (kugona tulo kapena kugona tulo tisanayambe kugona)

Ngakhale ngati simuli ofunika kwambiri kwa ine monga) (kumva ndi kuona kwanga

Maso anga sanaone kalikonse, ndipo makutu anga sanamve kalikonse

Pakuti iwe ndiwe wokoma kwambiri kuposa tulo m'maso mwanga

Ndipo chokoma mtima wanga kuposa chitetezo

Kupitirira zinsinsi ndi zinsinsi za tulo kuli zisangalalo zopatulika izi

Sitingathe kusangalatsa aliyense chifukwa sizingatheke ndimayesetsa kuti ndisakhumudwitse aliyense ndimayesetsa momwe ndingathere

Ndicho chokha chimene ndingathe kuchita

Tiyenera kufunafuna chisangalalo cha Mulungu choyamba. Cholinga changa chachikulu ndikukondweretsa Mulungu. Ndimagwiritsa ntchito manja anga kupemphera modzichepetsa pamaso pake, mapazi anga kumufunafuna kulikonse, ndi maganizo anga kuganiza za Iye ndi kuganizira .zodabwitsa zake

Mulungu ayenera kukhala pamalo oyamba m'mitima mwathu kuti timumve Iye monga mtendere, chikondi, .kumvetsetsa, kukoma mtima, chifundo, ndi nzeru

Izi, osati china chilichonse, ndi zomwe ndabwera kudzaziona ndikulankhula. Kuwonjezera pa kuganizira, .munthu ayenera kukhala ndi anzake abwino

Sitiyenera kuthamangira anthu, koma Mulungu

Ngati mukuona kuti malingaliro awa ndi othandiza, awaone ngati madalitso ochokera kwa Mulungu, chifukwa .ulemerero wonse upite kwa Iye

Uzani ena za izi; mwina adzapeza mmenemo zomwe mungapeze. Sitiyenera kuiwala kuthandiza osowa tsiku lililonse, momwe tingathere. Malinga ngati ndili ndi ndalama m'thumba mwanga, sindidzasiya kupereka, chifukwa .Mulungu ndiye gwero langa losatha komanso losatha

Tiyenera kumudziwa Mulungu monga momwe akuluakulu amachitira. Izi n'zotheka kudzera mu kuganizira .ndi khama lathu

Nthawi ina ndinali kuyenda kunja kwa nyumba yachifumu ndikuganizira za mphunzitsi wanga wamkulu, Sri .Yuktiswar, yemwe anamwalira zaka zingapo zapitazo

Ndinamva kumulakalaka kwambiri ndipo ndinali wachisoni kuti sanali nane kuti ndisangalale ndi kukongola ndi mlengalenga wa hermitage, ndipo mwadzidzidzi :anaonekera kwa ine kuchokera kumwamba nati

Kodi ukuganiza kuti ndiwe wekha amene ukusangalala" "!ndi malo okongola awa? Ine ndikusangalala nawo ngati iwe

Wofunafuna amene akufuna kugwirizana ndi Mulungu ayenera kuyesetsa tsiku ndi tsiku kusinkhasinkha ndi .kukonda Iye

Ndipo kondani aliyense ndi chikondi chimenecho

Iyi ndiyo njira yokhayo yopewera nkhondo Mgwirizano wauzimu ndi wofunikira, chifukwa popanda uzimu weniweni palibe chimwemwe cha munthu aliyense payekha kapena cha anthu onse. Kugwirizana kopatulika ndiye njira yokhayo yothetsera mavuto onse akuthupi, azachuma, a m'banja, a .makhalidwe abwino, ndi auzimu

Chimwemwe chimabwera chifukwa chodzimva pafupi ndi Mulungu. Anthu adzitsekera okha m'ndende ya umbuli, ndipo nthawi yakwana yoti amasuke m'ndende yochititsa manyazi iyi. Maganizo ayenera kuyang'ana kwa Mulungu .nthawi zonse, mosasamala kanthu za momwe zinthu zilili

Kenako mudzamva mtendere ndi chisangalalo chachikulu
Anthu amene amalakalaka Mulungu, kudzipereka kwa Iye, kulimbikitsana ndi kuunikirana, komanso kukumbukira Mulungu nthawi zonse ndi omwe ali osangalala padziko .lapansi komanso opambana chimwemwe cha moyo wosatha
Chilichonse chomwe chilipo ndi kugwedezeka ngati mafunde kotsogozedwa ndi maganizo a Mulungu. Kugwedezeka kwanzeru kumeneku ndi Mzimu Woyera, kapena Mzimu wokhulupirika, amene munthu angalankhule .naye kudzera mu pemphero ndi kusinkhasinkha
Mu bata la moyo wanu komanso mumtima mwanu, palibe mapeto a nkhani ya chikondi ndi mtheradi wopanda .malire
Koma n'kovuta kupeza Mulungu ngati tifunafuna .ndalama kaye
Tiyenera kupanga Mulungu kukhala gawo lofunika kwambiri m'miyoyo yathu, ndipo tidzakhala ndi zonse .zomwe tikufuna m'moyo uno
Aliyense amene amaika Mulungu pamalo ake okhazikika mumtima mwake, Mulungu adzamupatsa cholowa chake cha zinthu zabwino zapadziko lapansi ndi zakumwamba, ndipo adzamutsegulira malo akuluakulu omwe dzuwa la nzeru limawala, kuunikira njira zake ndikuchotsa mdima .womuzungulira
Mulungu ndiye chikondi chosatha, ndipo palibe chimwemwe kwa munthu pokhapokha ngati akukonda Mulungu monga momwe amakondera - osachepera - anthu ake okondedwa, chifukwa popanda Mulungu sitikanadziwa .mtundu wa chikondi kapena kulawa kukoma kwake
Tiyenera kuphunzira kugwiritsa ntchito chifuniro chathu ndikuyika maganizo athu kuti tifunefune Mulungu ndi mitima yathu yonse

Zochita za anthu zimayendetsedwa ndi zilakolako, ndipo zizolowezi zimenezo nthawi zonse zimamukakamiza kuchita zomwe sakufuna kuchita

Zoonadi, munthu ndiye mdani wake woipitsitsa, ngakhale sakudziwa. Sadziwa kukhala chete kapena kudzipereka nthawi kwa Mulungu, komabe amayembekezera kupeza chimwemwe ndikutsimikizira kulowa kwake mu Paradaiso nthawi yomweyo!

Chidziwitso choyera sichingapezeke mwa kungowerenga mabuku kapena kumvetsera maulaliki.

Kapena kungochita zabwino. Zonsezi n’zothandiza, mosakayikira, koma sizokwanira. Kulumikizana ndi Mulungu kumafuna kuganizira kwambiri komanso kuganizira mozama.

Moyo ndi maloto akulu

Tangoganizirani! Zaka makumi angapo kuchokera pano, kukhalapo kwathu kudzakhala maloto, ndipo chilichonse chomwe tikuchita tsopano chidzakhala gawo la maloto amenewo.

Ngakhale anthu akuluakulu a anthu akhala ngati anthu ongopeka chabe koma anthu akuluakulu amenewo anakwaniritsa cholinga chawo chachikulu chifukwa anafika pamlingo wapamwamba kwambiri ndipo anakhalabe amoyo mu mzimu, ndi chidziwitso chowonekera bwino cha zonse zomwe zikuchitika, chifukwa ali ogwirizana mu chidziwitso chaumulungu.

Aliyense amene amayesetsa kugwirizana nawo kudzera m'malingaliro ndi ziphunzitso zawo mosakayikira adzamva kupezeka kwawo, adzakopa madalitso awo, ndipo adzadziwa pansi pa mtima kuti akugwirizana nawodi.

Moyo ndi maloto aakulu Komabe, munthu akayang'ana thupi lake n’kulipeza lodzaza ndi moyo, amakhala ndi chikhulupiriro cholimba pa zenizeni za malotowo. Amakhulupirira kuti ayenera kukhala ndi ichi kapena icho kuti akhale osangalala.

Koma ngakhale atakwaniritsa zilakolako zambiri motani, sadzapeza chimwemwe kudzera mwa izo. Munthu akapeza zambiri, zilakolako zake zimawonjezeka. Zilakolako ziyenera kuyengedwa, ndipo moyo uyenera kukhala wosavuta ngati akufuna kukhala momasuka, mwamtendere, komanso .mokhutira mkati

Malemba amanena kuti munthu amene zilakolako zake zimapita mkati (ku moyo wake) ndi munthu wamtendere wamkati. Mu izi, ali ngati nyanja, yomwe sisintha kapena kuchepa, koma imakhala yodzaza ndi madzi omwe amalowamo mosalekeza. Koma munthu amene amapanga mabowo a chikhumbo m'malo osungira mtendere wake ndikulola madzi ofunikira kuti atuluke ndi kutayika sadziwa chilichonse chokhudza mtendere wauzimu ndi chisangalalo .chamkati

Tikufunika chitsogozo kuchokera kwa anthu odziwa Mulungu, omwe ali ndi luso lolankhulana naye ndipo .amamva kukhalapo kwake mwanzeru

Aneneri atipempha kuti tifunefune Mulungu mwamtendere wa mumtima

Mu moyo wokha, komwe mzimu wokhulupirika ndi chisangalalo chauzimu chapamwamba zimakhala

Anthu odziwa bwino ntchito yawo amathandizanso maganizo amenewa

Amagogomezera kufunika koganizira mozama

Kuzindikira umunthu wapamwamba mkati mwa moyo

Sindikufuna kuti anthu aziganiza kuti angapeze chidziwitso pongomvera ena kapena kuwerenga mabuku. .Ayenera kugwiritsa ntchito zomwe amawerenga ndi kumva

Kupita ku malo olambirira kuli bwino kuposa kukamba nkhani zopanda pake

Koma ngakhale m'malo olambirira, munthu ayenera kukhudza ndikumva kukhalapo kwa Mulungu mumtima .mwake

Kukwiya ndi kusanthula mwanzeru sikungatipatse chidziwitso chaumulungu chomwe miyoyo yathu imafuna .kupeza

Tikadzipereka tokha kwa Mulungu ndi kusiya zilakolako zathu zadyera komanso tikatsimikiza kuti Mulungu nthawi zonse ali nafe

Chimakhala m'miyoyo yathu ndipo chimatilimbikitsa ndi malingaliro ndi malingaliro abwino komanso aulemu. Tidzakhala ndi chimwemwe ndi ufulu, ndipo tidzaona .kutuluka kwa nzeru m'mwamba mwa mzimu

Mbewa yomwe inasanduka kambuku

Monga momwe ananenera wanzeru Paramhansa Yogananda

Kalekale, mkati mwa nkhalango, munkakhala nyumba ya hermitage yokhala ndi munthu woyera amene ankadziwa Mulungu. Munthu wodala uyu anali ndi nzeru zazikulu komanso mphamvu zodabwitsa, ndipo palibe amene .ankakhala pafupi naye kupatula mbewa yaying'ono, yofewa

Ophunzira ambiri ndi ena omwe ankafuna kuona woyera mtima analimba mtima kudzamuchezera, ngakhale kuti panali akambuku oopsa ndi zilombo zina zakuthengo, zomwe zinakopeka ndi chikondi chawo kwa iye. Iwo ankabweretsa maluwa ndi zipatso ngati zopereka. Onse omwe ankapita kwa woyera mtima anadabwa ndi mgwirizano wapafupi pakati pa iye ndi mbewa, ndipo ankaponya nyenyeswa zina .ku mbewa yofewa ya woyera mtimayo

Tsiku lina, pamene gulu la ophunzira linali kupita kwa mphunzitsi wawo pamalo ake obisika, mphaka anathamangitsa mbewa yomwe inabwera ikulira mapazi a munthu wanzeru, kufunafuna chitetezo. Nthawi yomweyo, pamaso pa ophunzira odabwa, woyera mtimayo anasintha mbewa yoopsayo kukhala mphaka wamkulu, woopsa! Mwa chozizwitsa china, mbewayo tsopano inayenda momasuka pakati pa amphaka, osavulazidwa. Anasangalala kwambiri ndi kusintha kumeneku, ndipo chinthu chokhacho chomwe

chinasokoneza mtendere wake chinali kunong'oneza kwa ophunzira, omwe anamuyang'ana maso ndi kumuloza, .akumutcha mphaka wochokera ku mbewa

Patapita nthawi, ophunzira omwewo anapitanso kukachezera aphunzitsi awo, ndipo gulu la mimbulu linali kuthamangitsa mbewa ya mphaka, yomwe inalira mokweza, ikupempha chitetezo pamapazi a woyera mtima. Woyerayo anamuuza kuti, "Khala mmbulu." Nthawi yomweyo, ophunzira odabwawo anaona mbewa ya mphaka ikusandulika mmbulu pamaso pawo. Mimbulu nayonso inadabwa ndi kusintha kumeneku kwa nyama yawo, koma inakhumudwa ndipo inabwerera ndi njala. Pomaliza, mbewa ya mmbulu inayendayenda momasuka ndi mimbulu ina, .kudya nayo ndi kuyang'ana nyama zazing'ono

Pa nthawi ina, ophunzira omwewo omwe adawona zozizwitsa ziwiri zapitazo anali kuphunzira ndi mphunzitsi wawo Pakati pa phunzirolo, adadabwa kuona kambuku wamkulu wa ku Bengal akuthamangitsa mbewa ya mmbulu, yomwe, monga mwachizolowezi, inali kuthamanga mofulumira kwambiri kupita kumapazi a mphunzitsi kufunafuna chitetezo. Aphunzitsi, pogwiritsanso ntchito mphamvu zake zodabwitsa, adayimitsa kambukuyo m'njira yake ndipo adalankhula ndi mmbulu wake wofewa, nati, "Mbewa yanga yokondedwa, ndi kupusa kwa ine kupitiriza kukutetezani kwa adani anu Kuyambira nthawi ino, ndikufuna kuti mukhale kambuku." Ophunzirawo atangokhala chete, anayamba kuseka ndi kunena wina ndi mnzake, "Mayiko abwino! Taonani kambuku woopsa wa woyera mtima! Ndi mbewa chabe yomwe woyera mtima "!wasintha kukhala kambuku

Patapita nthawi, alendo obwera ku hermitage anazindikira kuti kambuku woopsa amene ankateteza malowo kwenikweni anali mbewa yaying'ono chabe imene mphunzitsiyo anaikweza kufika pa udindo wa kambuku. Ophunzira achikulire ankatsimikizira atsopano ku

hermitageyo, kuwauza kuti: "Musaope kambuku, si kambuku kwenikweni, koma mbewa imene mphunzitsiyo anapereka ".chithunzi cha kambuku

Mbewa yovutitsa iyi pamapeto pake inatopa ndi manyazi a anthu onse ndipo inaganiza kuti: "Aa, ngati ndikanatha kupha woyera mtimayo, ndiye kuti ".ndikanachotsedwa chifukwa cha mavuto anga

Lingaliro limenelo litangomubwerera m'maganizo, anathamangira munthu wanzeruyo, akufuna kumupha. Koma munthu wanzeruyo anali kumudikirira, chifukwa anali kutsatira njira yake yoganizira ndipo ankadziwa zolinga zake, kotero nthawi yomweyo anadziwa zomwe zinali m'maganizo mwa kambuku wake wosamvera, ndipo anafuula kwa iye, ".nati: "Bwerera momwe unalili

Ndipo ndicho chimene chinachitika, pamene m’kuphethira kwa diso, kambuku wodzikuzayo !anasandukanso mbewa yoopsa

Aliyense amafuna ndalama zambiri kuposa wina. Ndipo akapeza ndalamazo, sakhutira chifukwa amapeza kuti wina .ndi wolemera kuposa iwo

Anthu amakhala mumkhalidwe wovuta womwe .amaupanga okha komanso wokwaniritsa zofuna zawo

Tiyenera kukhutira ndi zomwe tili nazo chifukwa zinthu zakuthupi sizibweretsa chimwemwe, koma nthawi zambiri zimawonjezera nkhawa za munthu ndikuwonjezera nkhawa .ndi mantha ake

Njira yopita kwa Mulungu ndiyo njira yosavuta komanso yosavuta, koma ndi ochepa okha omwe amaitsatira ngakhale kuti pali miyambo yambiri yachipembedzo ndi .miyambo yambiri

Ndi bwino kutembenukira mitima yathu kwa Mulungu ndikumupempha zomwe zili zabwino komanso zokhalitsa kwa ife

Zoonadi, Mulungu akutiyembekezera chifukwa akufuna kutiteteza ku zoipa ndi zoopsa. Akufuna kuti tikhale naye

m'mitima ndi m'maganizo mwathu chifukwa zinthu zotsika mtengo za dziko lino sizingakhutiritse chilakolako cha anthu .kapena kudzaza chosowa chauzimu

Zimene akumva mkati mwake

Mulungu amalankhula nafe nthawi zonse, koma ochepa amamva mawu ake

Mawu odekha amenewo nthawi zambiri amamizidwa ndi phokoso la malingaliro okweza ndi zilakolako zoonekeratu

Koma maganizo akachepa ndipo zokhumba zikachepa, timamva mawu a Mulungu momveka bwino, ngakhale kuti .ndi chete komanso opanda mphamvu

Zoonadi, Mulungu amachita chilichonse kuti athandize anthu; Iye amawatsegulira zitseko ndi kuwaunikira njira zawo

Kuti aone malo a mapazi ake, kuti asapunthwe kapena phazi lake kuterereka, koma anthu ambiri sazindikira izi

Dziko lonse lapansi ladzaza ndi chisokonezo ndi chisokonezo chifukwa cha zilakolako zadyera komanso zadyera zomwe zimayambitsa nkhondo Palibe china chomwe chimayambitsa nkhondo

Ngwazi yayikulu kwambiri pankhondo ya moyo ndi amene amadzigonjetsa yekha ndikugonjetsa zilakolako zake

Ndalama, kutchuka, zilakolako, ndi chilichonse chotsutsana ndi mfundo imeneyi n’chovulaza mtendere .wathu ndi chimwemwe chathu

Ngati anthu ataphunzira kuganizira nthawi zonse za makhalidwe enieni a moyo, angapeze chimwemwe chimene .akufuna

Koma amapatuka pa cholinga chawo ndipo .amatengedwa ndi mphamvu ya zilakolako zapadziko lapansi

Ndapeza kuti palibe chiyeso chomwe chingandichotse panjira yomwe ndasankha komanso njira yomwe ndatengera .ndekha

Ndikhoza kukopa anthu ambirimbiri ndi mphamvu imene Mulungu wandipatsa, koma zochita zimenezo .zingandivulaze

Mulimonsemo, sindikufuna kukopa anthu ambiri ndikukopa maganizo awo

Ndimangofuna kuona ophunzira oona mtima omwe ali olimba mtima mwa Mulungu

Anthu amene amakonda Mulungu adzasangalala ndi maganizo amenewa, ndipo anthu amene ali ndi changu .cholimba adzamva madalitso a Mulungu

Kupezeka kwake kumaonekera kudzera m'ziphunzitso izi

N’zosatheka kuti munthu anyenge Mulungu chifukwa Iye ndiye amene ali kumbuyo kwa maganizo ake ndipo amadziwa zomwe zikuchitika m’maganizo mwake ndi zomwe .akufuna

Akakana dziko lapansi ndi kufuna mgwirizano wauzimu, Mulungu adzabwera kwa iye

Chilakolako chimenecho chikakhazikika mumtima wa munthu amene akufuna, Mulungu amafika mumtimamo .ndipo amaudzaza ndi zabwino ndi madalitso

Zinthu zakuthupi zimangopereka mtendere wabodza komanso chisangalalo cha kanthawi. Cholinga chenicheni chokha cha munthu kukhala ndi moyo ndi kukhala .mogwirizana ndi Mlengi wake ndikupeza chiyanjo Chake

Pangano limenelo liyenera kukhala pangano losatha komanso pangano losasweka

Ambuye, ndipangeni kukhala wowonekera bwino ndi chiyero kuti ndiwonetse kuwala kwanu kochiritsa mkati mwanga

Khazikitsani galasi la malingaliro anga, lomwe likugwedezeka ndi nkhawa, kuti liwonetse nkhope yanu yopanda malire

Tsegulani mazenera a chikhulupiriro mumtima mwanga kuti ndipume fungo la mtendere wanu

Ndazindikira kuti cholinga chokha cha moyo ndi kudziwa Mulungu
Pali anthu omwe sangakhulupirire kuti kudziwa Mulungu ndiye cholinga chachikulu cha moyo Koma palibe amene angatsutse kuti cholinga cha moyo ndikupeza chimwemwe Ndipo ndikunena motsimikiza mtima kuti Mulungu ndiye chimwemwe chachikulu
Ndi chisangalalo chachikulu kwambiri
Ndi chikondi chenicheni cha anthu onse. Ndi chisangalalo chosatha chomwe sichimachoka m'miyoyo ya anthu omwe akugwirizana nacho. Ndiye bwanji sitikuyesera ?kupeza chisangalalo chachikulu chimenecho
Palibe wina amene angatipatse. Tiyenera kuisamalira .ndi kuikulitsa nthawi zonse mkati mwathu
Dziko lapansi nthawi zonse limayesetsa kupatsa anthu zosangalatsa zake, koma zosangalatsa zoterezo pamapeto pake zimapangitsa kuti anthu azidandaula, azimva kuwawa, komanso azimva chisoni. Ngakhale anthu omwe ali ndi mwayi waukulu, omwe akuwoneka kuti ali ndi chilichonse, sangakhalebe osangalala kwenikweni ndipo sadzakhutira ndi zinthu zapadziko lapansi kwa nthawi yayitali, chifukwa sizimathetsa ludzu lawo lenileni kapena kukhutiritsa njala .yawo yauzimu
Pamene tikuyang'ana kwambiri zinthu zakunja, .sitingathe kumva ulemerero wamkati
Zimene tingathe kuzipeza mwa kulawa chisangalalo chosatha cha mzimu wa Mulungu
Pamene tikuyang'ana kwambiri mkati, mavuto akunja amachepa. Ndi njira yofanana, koma anthu ambiri sazindikira choonadi ichi chifukwa cha mphamvu ya ubwenzi wa dziko lapansi, chikhalidwe chomwe amakhalamo, ndi .zizolowezi zoipa
Anthu amamuthandiza munthu kukhala wotanganidwa ndi zinthu zopanda pake popanda kumulola kuganizira za .choonadi chozama

Ngakhale malo auzimu ena amawachezera popanda chikhumbo chenicheni chofuna kupindula ndi malo awo .odalitsidwa

Sapindula kalikonse kuchokera ku maulendo amenewo Anthu amene akufuna kuona Mulungu adzamupeza .kulikonse. Makhalidwe a anthu ndi oipa komanso owononga

Chilombo cholusa chomwe chimawononga, kuwononga, kuwononga, ndi kuwononga

Yakwana nthawi yoti anthu aphunzire kukhala osangalala komanso okhutira ndi zomwe ali nazo

Sitiyenera kulakalaka china chilichonse kuposa chimene chimatifikira Mulungu ndi wowolowa manja; Iye amadziwa zomwe tikufunikira ndipo amatipatsa panthawi yake. Izi sizikutanthauza kuti tiyenera kudalira Mulungu popanda kuchita khama—ayi konse. Zimatanthauza kuti tiyenera kuchita zonse zomwe tingathe ndikusiya zina kwa Mulungu, amene sadzatilanda zomwe tikufunikira komanso zomwe .tiyenera

Njira yabwino kwambiri yokhalira osangalala kwamuyaya ndiyo kumva kukhalapo kwa Mulungu. Chikhumbo chathu chachikulu chiyenera kukhala kudziwa .Mulungu ndi kutsimikiza mtima kukhala naye

Mulungu ayenera kukhala woyamba komanso wapamwamba kwambiri m'malingaliro ndi m'malingaliro athu, ndipo tiyenera kumuwona Iye ngati mzati wamphamvu .komanso wokhazikika kwambiri m'miyoyo yathu

Mulungu, m'chifundo chake chachikulu

Amatipatsa chimwemwe ndi chilimbikitso

Ndipo zimatipatsa moyo weniweni

Nzeru yeniyeni

Ndipo chimwemwe chenicheni

Kumvetsetsa koona kudzera mu

Zochitika zosiyanasiyana za miyoyo yathu

Koma ulemerero wa Mulungu sunawululidwe

Kupatula mu mtendere wauzimu umene mzimu umamva

Ndipo pofuna kugwirizana nazo
Tili pamenepo maso ndi maso ndi choonadi
Kunja kwina, zinyengo zimakhala zamphamvu kwambiri
Ndi ochepa okha omwe amatha kuchotsa
Mphamvu ya chilengedwe chakunja
Dziko lapansi likupitiriza ndi zovuta zake zopanda malire
Ndipo zokumana nazo zake zosawerengeka
Liwu la Mulungu lili kumbuyo kwa maonekedwe a moyo
Nthawi zonse amatiitana ndipo amalankhula nafe
Kudzera m'maluwa ndi m'mabuku opatulika
Kuchokera ku chikumbumtima chathu
Ndipo kudzera mu zinthu zonse zokongola
Zomwe zimapangitsa moyo kukhala wofunika
Nightingale wa Kumwamba
Ine ndine nightingale wanu, ndikukwera kumwamba kwa kukhalapo kwanu kwa chilengedwe chonse, ndikufunafuna nthawi zonse madontho a mvula ya choonadi chanu
Ndapemphera kwa inu ndi chidaliro chachikulu kuti mundipatse mvula ya chifundo chanu kuchokera ku mitambo ya chete yoopsa
Ndipo popeza ndinali ndi ludzu kwambiri, ndinalandira mwachidwi mfundo zonse zopatulika zokhudza inu
O, ndimafuna kumva kukhalapo kwanu mkati mwanga !komanso mozungulira ine
Ludzu langa losatha linatha pokhapokha pamene kukhudza kwanu kunaziziritsa moyo wanga woyaka ndi moyo wanga woyaka ndi chilakolako ndi kulakalaka. Nyengo ya kutaya mtima ndi kusowa chiyembekezo yapita, ndipo kuuma kwa mavuto anga kwatha ndi mvula yamtendere .wanu
Ndipo tsopano ndikuyandama mwakachetechete ndikukwera mmwamba, ndikuimba nyimbo zokhutitsidwa ndi kukhutitsidwa

Ine ndine nightingale wanu amene amamwa madzi okha
a chitonthozo chanu omwe amayenda mosalekeza
kuchokera pamwamba pa moyo wanu
Umbombo wa munthu payekha, wa mafakitale, ndi
wandale, malingaliro okwiya omwe amayambitsidwa ndi
malingaliro onyenga akuti mtundu wina ndi wapamwamba
kuposa wina, komanso kugulitsa zikhulupiriro ndi ziphunzitso
zonse zapanga magawano ndi kusamvana pakati pa anthu
ndi mafuko, ndipo zagawa dziko lapansi ndi nkhondo.
Zotsatira zake, kuwonongeka kwachuma, kusadziwa
.zauzimu, ndi mavuto a anthu onse zikuchitika
Kukulitsa makhalidwe auzimu, kugwiritsa ntchito bwino
zinthu zakuthupi, ndi makhalidwe abwino a anthu—mtundu
umene timauona m'miyoyo ya anthu opambana—ndiye
maziko a moyo wachimwemwe ndipo kudzapanga anthu
.abwino kwambiri
Nthawi iliyonse, kulikonse
Tiyenera kutengera mfundo za kuganiza bwino,
.khalidwe labwino, komanso chifundo chenicheni kwa ena
Zoonadi, anthu amakwezedwa kudzera mu chilungamo,
chifundo, ndi chitukuko chofanana komanso cholinganizika
cha zinthu zakuthupi
Mbali za umunthu wake wauzimu, wamaganizo, ndi
wamakhalidwe abwino
Cholinga chachikulu cha anthu onse ndi kupeza
mtendere, kukhutira, chitetezo, chidziwitso, ndi kusafa
Ndipo mu chikhumbo ichi cha ungwiro chomwe
chabisika mkati mwathu muli chifaniziro cha Mulungu
Chithunzi chodalachi chikuyesera kudziulula chokha
kudzera mwa anthu omwe ali ogwirizana ndi umunthu wawo
.wapamwamba
Kuchuluka kwa anthu ndi lamulo la chilengedwe, ndipo
.umodzi umatsogolera ku mfundo yeniyeni

Ndi kulekana ndi kugawikana, dziko lapansi limakhala
ngati chidebe chowira ndi chodzaza ndi ululu ndi kuvutika
.chifukwa cha moto wa nkhondo ndi imfa
Moyo wabwino kwambiri womwe umagwirizanitsa
mitima, umagwirizanitsa miyoyo, ndi kuigwirizanitsa ndi
choonadi
Ndi njira yopita ku chimwemwe, mtendere, ndi muyaya
Palibe chomwe chingatipatse chikhutiro ndi kupukuta
.misozi ya mavuto m'maso mwathu kupatula Mulungu yekha
Moyo wa munthu ndi gawo losiyana ndi lonse ndipo
uyenera kubwerera ku lonse kuti ukhale wathunthu.
Kufunafuna kwathu chimwemwe kuyenera kutitsogolera kwa
.Mulungu, gwero la chimwemwe chonse
Ludzu lathu la chidziwitso liyenera kuzimitsidwa
kuchokera ku magwero a nzeru za Mulungu. Mtendere wathu
udzakhala wathunthu pokhapokha ngati ugwirizana ndi
.mtendere wosaneneka wa Mulungu
Kukhalapo kwathu kumafuna kukhalapo kwa Mulungu
kuti tikhale kwamuyaya, ndipo chidziwitso chathu chidzakula
ndikukula nthawi zonse chikakhudza ndikugwirizana ndi
chidziwitso cha chilengedwe. Chisangalalo chathu
chidzakhala chosatha ndipo chidzawonjezeka nthawi
mamiliyoni ambiri chikaphatikizidwa ndi chisangalalo
.chaumulungu
Mimba yomwe inaphedwa ndi umbombo
Nthawi ina, munthu wanzeru anadya ndi munthu
wosususka, ndipo munthu wanzeru anati: "Ndimakonda
"chakudya chabwino ichi
Koma sanadye kwambiri Ponena za munthu wosususka,
.sanalawepo chakudya chokoma chonchi m'moyo wake
Anapitiriza kudya mpaka anakhuta ndipo anamwalira
chifukwa cha kudya mopitirira muyeso. Moyo wanu ukhale
.wautali
Munthu wanzeru, wofuna kuchita zinthu mwadala
ankasangalala ndi chakudyacho, koma popanda chilakolako

cha thupi chomwe chinawononga wosusuka. Munthu wanzeruyo anali wogwirizana ndi mphamvu zauzimu zowonekera bwino zomwe zinkadyetsa moyo wake ndi kulimbitsa maselo a thupi lake, ndipo akadya, ankachita izi pang'onopang'ono kuti asalepheretse kapena kulepheretsa kuyenda kwa mphamvu zakuthambo zomwe ankadziwa .bwino kuti zimufikira

Sikofunikira kusiya chilichonse ndikukhala moyo wovuta kuti mukhale moyo wauzimu, koma ndikofunikira kukumbukira kuti munthu samakhala ndi moyo ndi mkate .wokha

Paradaiso wachikondi ndi kumwamba kwa chisangalalo
Mu kuwala kwa kuwala kwanu kodala, ndikupereka mapemphero a moyo wanga
Ndipo ndikukupemphani kuti mulandire chopereka chodzichepetsa cha mtima wanga
Sungani mizimu ya mdima kutali ndi ine
Ndiyang'aneni kuchokera m'maso akumwamba
Kuchokera mumtima mwanga ndi malingaliro anga
Ndionetseni chikondi changa pa inu m'kachisi
Mundipatse ulemelero kuti ndione zabwino
Ndimaganiza zinthu zabwino
Ndipo thandizani anthu abwino komanso abwino
Ndipo kuti ndikuganizireni
Inu amene muli gwero la zabwino zonse ndi chilungamo
Mwa chisomo chanu, ndidzachotsedwa m'malo opatulika a moyo wanga
Malingaliro onse otsutsana
Ndipo ndikumva kukoma mtima kwanu kodala mkati mwanga
Ndikhale ndi moyo m'paradaiso wachimwemwe
Malingaliro abwino ndi apamwamba amabwera kwa ine
Mundiwaze ndi fungo la chisangalalo chanu
Chikondi chanu choyera chindizinge nthawi zonse
Mundidalitse kuti ndikhale m'paradaiso wachikondi

Kusangalala ndi kukhalapo kwanu kwaumulungu
Ndipo mtendere wanu wakumwamba
Ndipo kuti ndizindikire kuti ndine mzimu wosafa
Ndipo ndimakhala ndi moyo ndi kuwala kwanu
Ndipo ndimakhala ndi moyo ndi madalitso anu
Mulungu wanga wokondedwa
Kuchokera ku Munda wa Mbandakucha
Ndidzakusankhirani maluwa owala
Kupereka ngati chopereka chodzichepetsa
Pa mapazi anu
Lolani nyenyezi yowala ya chikondi changa pa inu
Imapita patsogolo ndi mphamvu yowonjezereka
Kudzera mumlengalenga wodabwitsa
Ndipo kuiwala kwanga za inu
Ndipo imachotsa mdima wake
Musandiiwale
Ngakhale nditakuiwala
Ndikumbukireni
Ngakhale sindikutchulani
Mulungu ndiye chinthu chamtengo wapatali kwambiri m'moyo wanga
Iye ndiye wolamulira chikumbumtima changa
Ndipo mawu anzeru amandilimbikitsa
Amanditsogolera ku njira yoyenera
Chomwe ndiyenera kuchigwiritsa ntchito
Moyo wolinganizika
Izi zimaganizira malamulo onse aumulungu ndi achilengedwe
Zimaphatikiza zochita ndi bata
Zimabweretsa chimwemwe ndipo zimakwaniritsa tsogolo la anthu
Nyumba yodzaza ndi miyala yamtengo wapatali siingaoneke mumdima
Motero, kukhalapo kwa Mulungu sikungamveke
Bola usiku wa kusadziwa ukupitirirabe

Ngati kumvetsetsa kwathu Mulungu sikokwanira
Kotero kuti sitingathe kuchita ntchito zathu za tsiku ndi tsiku popanda
Mwachionekere, sitinamve kugwirizana kulikonse pakati pa Mulungu ndi moyo
Tikakhala ndi cholinga chachikulu ndipo timachiika .pamwamba pa lingaliro lotumikira ena
Timadzithandiza tokha pothandiza ena
Ambuye
Ndi kufalikira kwa kuwala kwa dzuwa kofunikira
Ndidzafalitsa chiyembekezo m'mitima ya anthu osauka ndi othawa kwawo
Yatsani nyali zodzidalira komanso zotsimikiza mtima
M'mitima ya iwo amene amaganiza kuti ndi olephera
Tikazindikira kuti moyo ndi sukulu yophunzirira ndi kukwaniritsa maudindo athu
Nthawi yomweyo, ndi maloto achidule
Kenako tidzadziwa kuti Mulungu ali nafe
Moyo uyenera kukhazikika pa utumiki
Popanda cholinga chabwino chimenecho
Maganizo omwe Mulungu adapatsa munthu sadzakwaniritsa
Cholinga chomwe chinapangidwira
Kumvera Mulungu kumathandiza munthu kukwaniritsa ntchito zake zonse
Ndi chisangalalo ndi chiyamiko kwa Mulungu
Kungodzipereka kokha ndi komwe tingapeze mtendere
Ndidzachotsa zofooka zonse zamaganizo ndi zamakhalidwe abwino
Mu moto wa kapangidwe
Chifukwa pokhapokha ngati nditachotsa zofooka zimenezo
Sindingathe kuwona lawi la Mulungu
Ambuye

Lero ndidzakhala wotsimikiza mtima kukwaniritsa zinthu zinazake
Kenako ndimachita zomwe ndinakonza
Choyamba ndionetsetsa kuti cholinga changa chili cholondola
Ndipo ndidzamva mphamvu zanu
Ndipo ndi thandizo lanu ndi dalitso lanu,
ndidzakwaniritsa zomwe ndikufuna kuchita
Kunong'oneza ndi Mphepo

Master Paramhansa Yogananda

Kumasulira: Mahmoud Abbas Masoud

Munthu wodzikuza pang'ono angayambe kuyendayenda, akunena monyada komanso monyada kuti: Ine ndine iwe!

Koma ndidzafunafuna kudziwa umunthu wanga weniweni, womwe uli ndi fungo lokoma ndi mitundu yonse ya maluwa a kukoma mtima ndi kudzichepetsa.

Mulungu, ndidziwitseni umunthu wanga weniweni, ndipo ndiloleni ndikumveni mukunong'oneza m'kati mwanga, mukunena kuti: Ine ndine chitsanzo chanu ndipo inu ndinu chifaniziro changa!

M'munda wa maloto a usiku

M'munda wa maloto anga ausiku, maluwa ambiri amatuluka: maluwa osowa kwambiri m'malingaliro mwanga. Kumeneko, komwe kuwala kofunda kwa mapulaneti kumawala, maluwa a ziyembekezo zapadziko lapansi amatseguka, kufalitsa maluwa owala okhutiritsa ndi okhutira.

Mu kuwala kwa maloto amenewo, ndikuona masomphenya a nkhope zokondedwa zomwe zaiwalika, ndi nymphs za malingaliro okondedwa omwe adabisika kalekale m'nthaka ya osadziwa kanthu—onse akukwera atavala zovala zowala.

Ndipo poyankha kuitana kwa angelo a maloto, ndikuona kuuka kwa mayesero onse akale.

Ambuye, mwatipatsa ufulu woiwala mavuto athu a tsiku ndi tsiku popita kudziko la maloto usiku. Tithandizeni kudzuka kwa inu ndikuthawa chisoni cha anthu kwamuyaya.

Mukuyembekezera kubwerera kwanga

O Pothawirapo Mulungu! Ndili m'nyanja ya moyo, ndikukankhidwa ndi mphepo yamkuntho ya mavuto Kaya ndikuyandama pa mafunde a chisangalalo kapena nthawi zina ndikumira mu chisoni chachikulu, ndikulakalaka kuthawa izi mwa kufika pagombe lanu lapamwamba komanso lopanda malire. Ndi kupuma kulikonse kwa pemphero langa, ndikuyandikira kwambiri kwa inu, pothawirapo panga pokha

Sindidzasiya kuyesa chifukwa ndikudziwa kuti mukufunitsitsa kubwera kwanga ndipo mukufunitsitsa kubwera kwanga!

mbalame ya paradaiso

Ine ndine mbalame ya ku paradaiso: mbalame yakumwamba yopangidwa ndi manja anu odala

Anandikongoletsa ndi chisomo ndi mitundu yokongola: ndi pansi pa kukoma mtima ndi nthenga zagolide za maluwa auzimu

Ndinakwera mmwamba mumlengalenga wamdima, wokwiyitsa wa moyo kufunafuna paradaiso wachimwemwe, ndipo nthenga zanga zowala zinali ndi madontho akuda a kutaya mtima

Bwerani, Mulungu wanga, ndipo tsukani mbalame ya paradaiso wanu ndi kuwala kwa nzeru ndi madzi oyera, okoma amtendere.

Wosema Waumulungu

Kugunda kulikonse kwa mtima wanga kukhale mawu atsopano mu ndakatulo ya chikondi changa chosatha kwa inu

Phokoso lililonse lomwe milomo yanga imalankhula lipereke kugwedezeka kodala kuchokera ku mawu anu oyera.

Maganizo anga onse adzazidwe ndi chisangalalo cha kukhalapo kwanu

Chifuniro changa chikhale ndi mphamvu zanu zaumulungu

Konzani malingaliro anga onse, mafotokozedwe anga, ndi zokhumba zanga ndi chisomo Chanu

Inu wosema wopatulika kwambiri, pangani moyo wanga momwe mukufunira, malinga ndi kapangidwe kanu kapadera.

Ndinu mtetezi wanga

Ambuye, ndithandizeni kuti ndisadzutse zilombo za mkwiyo ndi chilakolako m'miyoyo yosayeretsedwa. Koma ngati zindiukira, ndidzabisala m'phanga la miyala la chitetezo chanu mkati mwa moyo wanga.

O Mtetezi Waumulungu! Popanda Inu, sindidzapeza chitetezo, ngakhale m'malo otetezeka kwambiri a anthu. Khalani choteteza changa ndi chishango changa cholimba ku zipolopolo zophulika za mavuto. Ndipo mundidalitse, kuti ndichiritse—kudzera mu opaleshoni yoyera—onse omwe akuvutika ndi mabala ndi zipolopolo za moyo.

chisangalalo chopatulika

Pamene otsatira anu ali m'pemphero, ndimasonkhanitsa kuwala kwa chisangalalo chopatulika m'maso mwawo ndikusakaniza ndi changu changa chauzimu kuti ndiwapatse ngati chakumwa chotsitsimula ku malingaliro anga a

ludzu; kuti amwe mpaka atazimitsidwa, ndipo ululu wawo ndi mantha awo zimatha.

Ndipo kwa iwo amene akufuna chitonthozo ndi chitonthozo, ndikupereka chakumwa chamatsenga ichi m'makapu owonekera bwino a mtima wowona mtima komanso zolinga zabwino.

Aliyense amene amwa mankhwala okoma awa asangalale ndi chisangalalo chosatha, kuiwala mavuto awo ndikuchotsa ululu wawo!

Ndiyeretseni mu ng'anjo ya masoka

Chitsulo chosaphika cha moyo wanga chasungunuka mu ng'anjo ya masoka ndi mayesero, ndipo mabodza onse amayeretsedwa mu moto wa zokumana nazo zopatulika ndi zolinga.

Mlengi Waumulungu, ndipulumutseni ku kufooka kwaumunthu ndipo mundipatse chifuniro cholimba ngati chitsulo ndi kutsimikiza mtima kwauzimu ngati chitsulo cholimba. Mundithandize kusintha umunthu wanga woyeretsedwa kukhala zida zothandiza zodziletsa komanso kutsimikiza mtima kwenikweni.

Ndipo ndi lupanga lolimba m'maganizo, ndidzawononga adani anga amkati - zizolowezi zanga zoopsa - zomwe zimandidikirira ndikuyesera kundiletsa kuti ndisamaganizire za inu nokha nthawi zonse.

Khalani dzuwa langa ndi mwezi wanga

Ambuye, tumizani kuwala kwa nzeru zanu kuti kunditsogolere m'masiku anga osangalatsa a chipambano, ndi kuwala kwa mwezi wanu wachifundo kuti kuunikire njira zanga m'masiku anga amdima a chisoni.

Bwera kwa ine

Kodi mbandakucha wa tsiku limenelo udzatuluka, pamene kutchula dzina lanu lodala

kudzatulutsa misozi yambiri yomwe idzaphimba magombe a kusadziwa kwanga ndi kunyowetsa mtima wanga?

Kenako, m'nyanja ya misozi yanga yosonkhanitsidwa, maluwa a nzeru zopatulika adzaphuka, ndipo kuwala kwawo kudzachotsa mdima wanga kwamuyaya.

Inu Amayi wa chilengedwe chonse amene mumadziwa zonse, bwerani kwa ine, pakuti palibe chomwe chingachotse chisoni changa ndi kuchotsa mdima wanga kupatula nkhope ya chifundo chanu chonse ndi chifundo chanu chosatha.

Maubwenzi osasweka

Ndiphunzitseni, Ambuye, kuti ndipeze umodzi wanga ndi Inu mu mtendere wamumtima ndi phokoso la dziko lapansi. Sizikukhudza ngati ndazunguliridwa ndi chete kapena phokoso, bola ngati ndikumva kukhalapo kwanu kulikonse komanso nthawi zonse.

Kotero ndiloleni ndichite ntchito yanga mosangalala

Mumagwira ntchito mosatopa ndipo mumabweretsa kumwetulira kwa anthu ambirimbiri osangalala. Mundidalitse kuti ndikhale ndi kumwetulira kosatha ngati inu pamene ndikugwira ntchito mu fakitale ya moyo.

Mafunde a mphamvu zanu nthawi zonse azivina pamtsinje wa zochita zanga za tsiku ndi tsiku

Amayi Auzimu, monga momwe mumasangalalira kupanga maatomu, maluwa, ndi mlengalenga, ndiphunzitseni chinsinsi chogwira ntchito ndi kulenga ndi maganizo abwino komanso moyo wokhutira

Machiritso a maganizo, amaganizo, ndi akuthupi

Tithandizeni, inu mzimu wa chilengedwe, kuchiritsa thupi mwa kulipatsa mphamvu zanu za chilengedwe, kuchiritsa maganizo ndi chisangalalo ndi kuganizira kwambiri za maganizo, ndikuchiritsa moyo kuchokera ku chomwe chimayambitsa zonse - kusadziwa - pogwiritsa ntchito mankhwala othandiza kwambiri: kusinkhasinkha kopatulika tsiku ndi tsiku pa Mulungu

Chitsimikizo cha machiritso

O Mzimu Woyera, munalenga thupi langa, ndipo chifukwa chake ndi labwino komanso lathanzi chifukwa muli mkati mwake. Inu ndinu wangwiro, ndipo ndinalengedwa m'chifaniziro Chanu; chifukwa chake, ndili bwino komanso m'mikhalidwe yabwino kwambiri!

Chitsimikizo cha machiritso a ena

Ndinu chifaniziro cha Mulungu, ndipo mphamvu zake zosatha zimafalikira mu selo lililonse ndi minofu ya thupi lanu. Umunthu wanu wonse umagunda ndi kukhalapo kwake kwaumulungu; muli ndi thanzi labwino mwa chisomo chake.

Khalani kapitawo wa sitima yanga

Ambuye, khalani woyendetsa sitima yapamadzi ya zochita zanga za tsiku ndi tsiku, ndipo muitsogolere ku gombe lanu loyera, lomwe ndi malo otetezeka komanso opumulirako kwa otopa.

Moto wa kupusa kosokeretsedwa

Mu usiku wa zolakwa, tinatsata chisangalalo chosokeretsa cha thupi; ndipo pamene tinachoka panjira yopita patsogolo mwauzimu, tinagwa m'matope a kukhumudwa ndi kutayika.

Ambuye, Inu amene nthawi zonse mumakhala maso komanso osamala, musalole lawi la chitsiru lowala pamwamba pa madzi osaya a zilakolako ndi

zinyengo kutikopa kuti tilowe m'matope ndi misampha ya zosangalatsa zonyansa.

Ndife ana anu, tikulakalaka kufika kunyumba kwathu kwakumwamba. Tidalitseni kuti tikwaniritse cholinga chathu mwa kutsatira kuwala kwa mkati mwa Mzimu, komwe ndi nyali yanu yoyera, kutitsogolera ndi kutiitana kuti tiyende kupita ku gombe lanu lodala!

Ndamva mawu ako

M'miyoyo yambiri ndamva kunong'oneza kwako kofatsa kukunena kuti: Bwera kunyumba!

Koma zinatha ndipo zinatha pakati pa phokoso la zilakolako zosadalitsika

Ndasiya mizere yodzaza ya zilakolako ndipo ndikukuitanani ku malo obisalamo a mtima wanga

Ndikakhala pansi ndikusinkhasinkha za inu, kodi mudzachotsa mayesero apadziko lapansi omwe akadali m'mbali mwa kukumbukira kwanga?

Mu moyo wanga wonse, ndikulakalaka ndi mtima wanga wonse kumva mawu anu odala

Kandulo ya chikumbutso

Ndingasocheretse njira yanga ndikuyendayenda m'njira zamdima ndi m'misewu yamdima, koma inu amayi a chilengedwe, sungani nyali yopyapyala ya kukumbukira kuti mphepo ya kukayika ndi kusatsimikizika isakuzimitse.

Ndapempha zinthu zonse zapadziko lapansi koma pamapeto pake ndapeza kuti ndikulakalaka inu nokha, Amayi! Bwerani ndipo musandisiye!

Mdima umazimiririka kuwala kwanu kusanathe

O Mphunzitsi Waumulungu, ndiloleni ndizindikire kuti ngakhale mdima wa kusadziwa kwanga uli wakale ngati nthawi yeniyeniyo, ndi kuwala kwa kuwala kwanu mdimawo udzatha ngati kuti sunakhalepo!

Sewerani chitoliro cha moyo wanga

Ambuye wokonda, ndi manja anga thandizani ana anu

Lankhulani ndi mawu anga, ndipo gwiritsani ntchito maganizo anga kulimbikitsa ena

Pumirani ndi mpweya wanga, chifukwa ndinu nokha amene mungathe kuimba nyimbo zanu zosatha pa chitoliro cha moyo wanga

Ine ndine cheza chochokera ku moto wanu wa cosmic

Poyamba chilengedwe, pamene kuwala kwa chilengedwe kunatuluka pachifuwa chanu choyaka moto, ndinayimba ndi gulu la oimba a nyali zapadziko lapansi zomwe zinalengeza uthenga wabwino wa kutuluka kwa dziko lanu.

Ine ndine kuwala kwamuyaya kuchokera ku moto wanu wapadziko lapansi

Mtima Waumulungu wachikondi ndi woleza mtima! Ndithandizeni kukonzanso—kudzera mu kusinkhasinkha—pangano la chikondi ndi chiyanjano pakati pathu Ndiloleni ndizindikire kuti paulendo wanga wodala wopita ku kukula kopatulika—moyo pambuyo pa moyo—inu ndi mtsogoleri wanga wauzimu mwakhala, ndipo nthawi zonse mudzakhala, mabwenzi anga osatha komanso osatha

Kudziwa za chisangalalo

Inde, ndikanena kuti Mulungu ndi chisangalalo, ndikutanthauzanso kuti Iye alipo kwamuyaya ndipo amadziwa bwino za kukhalapo kwake kodala. Ndipo tikamalakalaka kukhala ndi chisangalalo chosatha kapena kukhalapo kwa Mulungu, timafuna kukhalapo

kosatha, kosasintha komanso kuzindikira kosalekeza kapena kumva chisangalalo chimenecho.

Tawonetsa m'maphunziro am'mbuyomu, kudzera m'malingaliro omveka bwino, kuti tonsefe - kuyambira apamwamba kwambiri mpaka otsika kwambiri - timafunafuna chimwemwe, ndipo nkhaniyi yakhala yovomerezeka poganizira zochita ndi zolinga za anthu.

Tiyeni tibwereze mfundo iyi pang'ono: Tiyerekeze kuti munthu wapamwamba angabwere kwa ife ndi kuuza anthu onse padziko lapansi kuti, "Inu anthu, ndidzakupatsani chisoni chosatha ndi ululu wosatha wokhalapo kwamuyaya. Kodi mudzawalandira?" Inde, palibe amene angalandire mphatso yotereyi, chifukwa aliyense amafuna chisangalalo chosatha chokhalapo kwamuyaya. Kuyang'ana zolinga za anthu kumasonyeza kuti munthu aliyense amafuna kukhala ndi chisangalalo.

Mofananamo, palibe amene amafuna kuwonongedwa kapena kudziwononga, chifukwa ngakhale kungoganiza chabe kumabweretsa mantha ndi mantha. Aliyense amafuna kukhala kosatha, koma ngati titapatsidwa moyo wosatha popanda kuzindikira kapena kuzindikira za kukhalapo kumeneko, tingakane. Palibe amene amafuna kukhala kosazindikira. Tonsefe timafuna kukhala ndi moyo kosatha.

Tsopano, Mulungu ndi chiyani? Ngati Mulungu anali chinthu china osati chisangalalo kapena chimwemwe chachikulu, ngati kulumikizana naye sikunatibweretsere chisangalalo, kapena ngati sikunachepetse ululu wathu, sitikanamulakalaka, kapena sitikanatembenukira kwa Iye Ngati Mulungu anali chinthu chopanda phindu kwa ife, sitikanafuna kuyandikira kwa Iye Kodi lingaliro la Ambuye amene

sitikumudziwa, amene sitingathe kumva kukhalapo kwake mkati mwathu kapena m'mbali zina za moyo wathu ndi lotani?

Kaya maganizo athu okhudza Mulungu ndi otani, monga: (Iye ndi wamkulu kapena Ali mkati mwathu ndi mozungulira ife), lingaliro limenelo limakhalabe lozunguliridwa ndi lophimbidwa ndi kusamveka bwino komanso chinsinsi pokhapokha ngati titamva kuti alipo.

Chifukwa cha chisokonezo ndi kusamveka bwino kumeneku pakumvetsetsa kwathu Mulungu ndi zomwe timakumana nazo pa Iye, timadzipeza kuti sitingathe kumvetsetsa kufunika kwake kwa ife ndi kufunika kwake pa chipembedzo. Maganizo osamveka bwinowa amalephera kupanga chikhumbo chokwanira mkati mwathu, motero sasintha miyoyo yathu kapena kukhudza khalidwe lathu, komanso satilimbikitsa kuchita khama lofunikira kuti tidziwe Mulungu.

Ndipo kodi chipembedzo cha dziko lonse chimati chiyani za Mulungu? Chimati umboni wa kukhalapo kwa Mulungu uli mwa ife tokha. Ndi chochitika chamkati. Muyenera kukumbukira mphindi imodzi m'moyo wanu, m'pemphero kapena pembedzero, pamene munamva kuti zofooka zakuthupi ndi zopinga zatha kapena pafupifupi, ndipo chikondi ndi chidani, chisangalalo ndi ululu zonse zinatha m'maganizo mwanu, ndipo chimwemwe chenicheni ndi mtendere zinatuluka mumtima mwanu, ndipo munasangalala ndi mtendere wosasokonezedwa ndi chisangalalo ndi kukhutira kulikonse.

Ngakhale kuti nthawi zambiri chokumana nacho chabwino chotere sichimaperekedwa kwa aliyense, palibe kukayika kuti aliyense wa ife, nthawi ina, kaya mu pemphero, kulambira, kapena kusinkhasinkha, wakumana ndi mphindi zochepa za chisangalalo

chauzimu ndi mtendere woyera. Kodi uwu si umboni wa kukhalapo kwa Mulungu? Ndi umboni wina uti womwe tingapereke wosonyeza kukhalapo kwa Mulungu ndi umunthu wake kuposa chimwemwe chenicheni chomwe timamva mkati mwathu panthawi ya pemphero lochokera pansi pa mtima kapena kulambira kochokera pansi pa mtima?

Ngakhale kuti pali umboni wa chilengedwe chonse wosonyeza kuti Mulungu alipo—kuyambira pa zotsatira mpaka pa chifukwa, kuyambira pa dziko lapansi mpaka kwa Mlengi wa dziko lapansi—palinso mkangano wa teleological (wokhudzana ndi kufunafuna cholinga cha chilengedwe), kuyambira pa mapulani a chilengedwe chonse ndi kusintha mpaka pa mapulani amenewo mpaka kwa Luntha la Chilengedwe Chonse, wopanga mapulani onse ndi kusintha. Palinso mkangano wa makhalidwe abwino: kuyambira pa chikumbumtima ndi kumva ungwiro mpaka kwa Munthu wosalakwa amene timayima pamaso pake, amene timayankha ntchito ndi maudindo athu. Komabe, ziyenera kuvomerezedwa kuti mkangano uwu ndi zotsatira za kulingalira kwanzeru, kosiyana muyeso, chifukwa sitingathe kukhala ndi chidziwitso chokwanira kapena chachindunji cha Mulungu kudzera mu mphamvu zochepa za malingaliro.

Luso la kuganiza, kapena nzeru, limapereka lingaliro logawanika komanso losalunjika la zinthu. Kuzindikira chinthu mwanzeru kumatanthauza kusachiwona pamene uli wogwirizana nacho, koma m'malo mwake kuchiwona uli wosiyana nacho. Komabe, nzeru ndi njira yolunjika yodziwira choonadi. Kudzera mu nzeru imeneyi, munthu akhoza kupeza chidziwitso chosangalatsa kapena chidziwitso chaumulungu.

Palibe kusagwirizana pankhani ya kukhalapo kwathunthu kwa chidziwitso chosangalatsa ndi chidziwitso cha Mulungu, chifukwa tikakhala ndi chidziwitso chosangalatsa, timamva kuti umunthu wathu kapena umunthu wathu wochepa wasinthidwa ndi kusinthidwa, ndipo kuti tadutsa uwiri wa chikondi ndi chidani, chisangalalo ndi ululu, kufika pamlingo pomwe mikhalidwe yochepa ya chidziwitso wamba imaonekera bwino. Timakumananso ndi kukula kwamkati ndi chifundo chokwanira pazinthu zonse. Mu mkhalidwe uwu, phokoso la dziko lapansi limatha, chisangalalo chimatha, ndipo mkati mwathu mumatuluka lingaliro la umodzi wa kukhalapo ndi masomphenya omveka bwino a kuwala kwa chilengedwe. Zonyansa zonse ndi zopatuka zimasungunuka kukhala zopanda pake, ndipo timamva ngati tasamukira kudziko lina: ku gwero la chisangalalo chosatha ndi muyaya wosatha wosangalatsa. Kodi ndiye kuti, chidziwitso chosangalatsa si chidziwitso cha Mulungu chomwe mikhalidwe yonse ya chidziwitso yomwe yatchulidwa pamwambapa imaonekera?

Choncho, n’zoonekeratu kuti Mulungu angaganizidwe ngati chisangalalo pokhapokha ngati timubweretsa m’dziko la mtendere ndi chisangalalo cha anthu. Kenako Mulungu sadzakhalanso lingaliro chabe loti lizitsatira mfundo zanzeru. Kodi lingaliro limeneli la Mulungu siliposa ena onse? Amadziulula yekha m’mitima mwathu ngati chisangalalo cha kuganizira, m’pemphero lozama ndi kulambira koona mtima. Wodala ndi amene ali ndi moyo wamtendere!

Ngati timvetsetsa Mulungu motere—ndiko kuti, monga chitsanzo cha chisangalalo—ndiye kuti tingapange chipembedzo kukhala chofunikira kwambiri kwa onse, chifukwa palibe amene angakane

kuti akufuna kupeza chisangalalo. Ndipo ngati wina akufuna kuchipeza kudzera munjira yoyenera, amaonedwa kuti ndi wachipembedzo chifukwa cha kuyandikira kwawo kwa Mulungu ndi kumudziwa kwawo Iye, monga momwe tafotokozera Mulungu ngati ali pafupi ndi mtima mwa chitsanzo cha chisangalalo.

Kumva chisangalalo kumeneku, kapena kuzindikira kwaumulungu, kungalowe m'zochita zathu zonse ndi makhalidwe athu ngati tilola. Ndipo ngati tingathe kuchisunga, tingathe kuweruza kufunika kwa chipembedzo kwa zochita ndi zolinga za munthu aliyense padziko lapansi.

Ngati tingazindikire, ngakhale kamodzi kokha, kuti kupeza chidziwitso chosangalatsa ndicho chipembedzo chathu, cholinga chathu, ndi cholinga chathu chachikulu, ndiye kuti kukayikira konse kokhudza tanthauzo la ziphunzitso zosiyanasiyana, malangizo, ndi zoletsa za zipembedzo zosiyanasiyana zapadziko lonse lapansi kungatha. Chilichonse chingatanthauzidwe potengera gawo la chitukuko lomwe ziphunzitsozo zidaperekedwa ndi kulengezedwa. Kuwala kwa chowonadi kudzawala, zinsinsi za kukhalapo zidzawululidwa, ndipo tsatanetsatane wa miyoyo yathu, ndi zochita zawo zosiyanasiyana ndi zolinga, zidzawunikiridwa. Tidzatha kusiyanitsa pakati pa zenizeni ndi chinyengo, kukhala maso ndi maloto. Tidzawonanso kupanda pake kwa miyambo ndi miyambo yomwe nthawi zambiri yasokeretsa anthu ndikukhazikitsa zopinga pakati pa anthu. Komanso, ngati chipembedzo chikamvedwa motere, palibe aliyense padziko lapansi—wachinyamata kapena wamkulu—amene sakanatha kuchichita, kaya anali wophunzira, wantchito, loya , dokotala, mainjiniya, kalipentala,

mphunzitsi, wantchito, wothandiza anthu, kapena udindo wake uliwonse m'moyo.

Ngati chipembedzo chikunena za kuchotsa kusowa ndi kupeza chisangalalo, ndiye ndani amene sangafune kukhala wachipembedzo, kapena amene sangayesetse kukhala wachipembedzo kwambiri ngati ataphunzitsidwa njira ndi njira zolondola?

Ndipo sikuyeneranso kuyang'ana kwambiri pa kuchuluka kwa zipembedzo. Aliyense padziko lapansi akhoza kukhala wachipembedzo m'njira yakeyake, ndipo angachite bwino kwambiri pogwiritsa ntchito njira zothandiza. Pano, palibe kusankhana chifukwa cha gulu kapena chikhulupiriro, gulu lachipembedzo, kavalidwe kapena nyengo, zaka kapena jenda, ntchito kapena udindo, chifukwa ichi ndi chipembedzo cha padziko lonse. Monga momwe Mulungu alili mzati wofunikira wa zipembedzo zonse ndi zikhulupiriro, kumuzindikira Iye ndi chisangalalo ndiye chinthu chofanana m'maganizo mwa aneneri a zipembedzo zonse. Sitiyenera kuganiza kuti lingaliro ili la Mulungu ndi losamveka kapena losagwirizana ndi ziyembekezo zathu zauzimu ndi zokhumba zathu.

Mulungu si cholengedwa ngati ife, chokhala ndi malire athu ndi masomphenya athu a anthu okhala ndi malire Kukhalapo kwathu, chidziwitso chathu, malingaliro athu, ndi luso lathu lolenga ndi mithunzi chabe ya chidziwitso chake ndi chisangalalo chake. Iye ndi kukhalapo kwathu konse komanso kopambana, pomwe kukhalapo kwathu, chidziwitso chathu, ndi malingaliro athu ndi ochepa komanso wamba. Zinthu izi ndi zopanda malire mu kukhalapo kwa Mulungu; ndithudi, ndi zopanda malire komanso zopanda malire.

Timamva Mulungu ali mu mtendere wangwiro, ndipo timamuzindikira kudzera mu chidziwitso

chosangalatsa Kodi pali umboni wina wotani wosonyeza kuti alipo? Mu mkhalidwe wa chisangalalo uwu, ziyembekezo zathu zauzimu ndi zokhumba zathu zimapeza kukwaniritsidwa ndi kukwaniritsidwa mwa Mulungu, monga momwe zokhumba zathu zimapezera chinthu kapena chinthu chopembedzedwa.

Mu chidziwitso cha chisangalalo timapambana chimwemwe ndi chisoni cha dziko lapansi, koma sitipitirira kufunika kokwaniritsa maudindo athu.

Munthu amene ali ndi chidziwitso chodzidalira amadziwa motsimikiza kuti Mulungu ndiye yekha amene alipo, chifukwa mphamvu zonse zopambana zimachokera kwa Iye. Tikakulitsa kudzipatula, kudzikuza pang'ono kumachepa, ndipo timamva kuti tikuchita maudindo athu omwe tapatsidwa pa siteji ya dziko lapansi popanda kukhudzidwa ndi maganizo ndi zinthu zabwino kapena zoyipa, ndi chikondi kapena chidani chogwirizana ndi maudindo awa. Seweroli la moyo silikhala ndi chiyambi kapena mapeto. Aliyense wa ife ayenera kuchita gawo lomwe tapatsidwa ndi Mtsogoleri Wamkulu wa Siteji popanda kudandaula kapena kukwiya, chifukwa chokonda seweroli ndi ulemu kwa Mtsogoleri. Amene apeza chidziwitso cha chisangalalo adzamva kuti dziko lapansi ndi siteji ndipo adzachita ntchito yawo momwe angathere komanso luso lawo la zaluso, nthawi zonse akukumbukira kuti akugwira ntchito motsogozedwa ndi Mtsogoleri Wamkulu wa Siteji: Mulungu Wamphamvuyonse, gwero la zabwino zonse ndi chisangalalo chomwe chilipo.

Mtendere ukhale pa inu

Mawonedwe a chidziwitso cha chilengedwe

Munthu amaoneka ngati mlendo amene amayenda yekha padziko lapansi
Anthu amene akuganiza kuti ndi ake si enieni
Mapeto athu amasankha njira za aliyense wa ife, ndipo palibe amene angalamulire kapena kukhala mwini wa munthu wina.
Komabe, sitili tokha m'dziko lino, chifukwa pali maubwenzi apamtima omwe ali ndi mizu yozama komanso yokhalitsa, yomwe timapeza chithandizo ndi chimwemwe.
Kodi anthu awa omwe ali pafupi nafe ndi ndani?
Sikuti nthawi zonse amakhala m'banja lathu, koma ndi anthu omwe timamva kuti ndife mabwenzi amphamvu.
Mwachitsanzo, pali anthu omwe mfundo zomwe ndimakhulupirira zakula mwa iwo. Amandiyamikira, ndipo ndimabwezera chikondi chawo ndi ulemu wawo, ndipo ndimamva kuti maubwenzi odala amatigwirizanitsa mu ubwino, chikondi, ndi mtendere.
Mwamuna ndi mkazi omwe amagwirizanitsa miyoyo yawo kuti athandizane ndikulimbikitsana ndi makhalidwe abwino ndi malingaliro abwino amamanga ukwati wawo pa maziko a chikondi chopanda malire.
Kukulitsa chikondi choyera komanso chopanda malire pakati pa mwamuna ndi mkazi, makolo ndi ana, bwenzi ndi bwenzi, ife eni ndi ena onse ndi phunziro lomwe tinabwera kudzaphunzira m'dziko lino.
Ukwati weniweni ndi malo oyesera kumene poizoni wa dyera, mkwiyo, ndi khalidwe loipa zimatsanuliridwa mu chubu choyesera cha kuleza mtima kuti zithetse ndikusintha mavuto amenewo ndi mphamvu yolimbikitsa ya chikondi ndi khama lokhazikika lochita zinthu mwaulemu ndi ulemu.
Ngati pali khalidwe linalake mwa mnzanu (A) lomwe limayambitsa khalidwe losayenera mwa mnzanu (B), ndiye kuti mnzanu (B) ayenera kuzindikira kuti pali chifukwa cha izi, chomwe ndi kuulula poizoni wobisika mkati mwake kuti

azindikire ndikuchotsa, motero kuyeretsa khalidwe lake ndi .umunthu wake

Chinthu chachikulu chomwe mwamuna ndi mkazi angafunire wina ndi mnzake ndi kutseguka kwauzimu, komwe kumabweretsa makhalidwe abwino monga .kumvetsetsana, kuleza mtima, kudera nkhawa, ndi chikondi

Koma ayenera kukumbukira kuti kukula kwauzimu sikungakakamizidwe ndi wina

Munthu akamaona chikondi mkati mwake ndikuchimasulira m'chilankhulo cha zochita zake, okondedwa ake adzamva chisonkhezero chake chabwino .ndipo adzabwezera chikondi ndi ulemu mofanana

Ngati okwatirana sakumvetsa cholinga chachikulu cha .ukwati, sangasangalale ndi moyo wabanja wosangalala

Kugonana mopitirira muyeso, kudziwana mopitirira muyeso, kupsetsana mtima, kukayikirana koipa, mawu ndi zochita zonyoza, kukangana pamaso pa ana, kupsa mtima, ndi kuimba mlandu mnzanu wina mavuto izi ndi zinthu .zomwe siziyenera kuloledwa kuwononga maziko a ukwati

Mwamuna ndi mkazi ayenera kukhala okhulupirika kwa wina ndi mnzake ndipo aliyense ayenera kuchita zonse zomwe angathe kuti mnzake akhale wosangalala m'njira .iliyonse yomwe angathe

Anthu okwatirana sayenera kusiyana chifukwa chakuti m'modzi mwa iwo alibe zilakolako zauzimu, koma m'malo mwake aliyense ayenera kukhala ndi chisonkhezero .chabwino kwa mnzake malinga ngati n'kotheka

Ukwati ndi malo abwino kwambiri ophunzirira chikondi ndi ulemu

Ndi sukulu yophunzitsa chifuniro chabwino, kuyeretsa chikondi ku zodetsa, ndi kusiya zinthu zodzikonda kuti .titumikire ndikusangalatsa ena

Mu moyo wabanja, ndikofunikira kulemekeza maganizo a munthu wina ndi kupewa kukangana ndi kukangana pa nkhani zazing'ono. Kulemekezana kumabweretsa

chimwemwe, pomwe kunyoza maganizo a munthu wina kumabweretsa kupsinjika maganizo, mkwiyo, komanso .kuwononga mlengalenga

Ukwati wopambana umadalira makhalidwe abwino auzimu ndi amaganizo monga chikondi chowala, kukoma mtima, kulolerana, chifundo, kumvetsetsana mwaubwenzi, .kutseguka maganizo, ndi malingaliro osavuta

Amuna ndi akazi ayenera kukondana osati kungoganizira nthawi zina, apo ayi adzadzipeza akulowera ku kusowa chochita, kukwiya, kapena kudana komanso .mwina kusudzulana

Chikondi ndi champhamvu kuposa kufooka kwa thupi kapena maganizo, choncho sichiyenera kumangidwa ndi .zinthu zomwe zili m'maganizo

Chikondi sichingachotsedwe kwa munthu wina mwa mphamvu, koma chingalandiridwe ngati mphatso yochokera .mumtima mpaka mumtima

Chikondi chimakula ndikukula bwino m'malo olekerera ndi kudalirana, ndipo chimafa mumkhalidwe wa nsanje ndi nsanje

Chikondi chimakhala pafupi - kutali ndipo chimafa muzozolowereka

Ndipo zina mwa zizindikiro zake ndi izi: Anakulengerani akazi ochokera mwa inu nokha kuti mukhazikike nawo; ndipo anaika pakati panu chikondi ndi chifundo. Ndithudi, .m'zimenezo muli zizindikiro kwa anthu oganizira

{ndipo awiriwa adzakhala thupi limodzi}

Chofunika choyamba komanso chofunikira kwambiri kuti banja likhale losangalala ndi umodzi wa mzimu - kufanana mu zilakolako zauzimu ndi zolinga, ndi chikhumbo chenicheni chokwaniritsa zolingazo kudzera mu kuphunzira, .khama, ndi kudziletsa

Okwatirana omwe ali ndi mzimu umodzi adzatha kupangitsa ukwati wawo kukhala wopambana ngakhale .zinthu zina sizikupezeka

Chofunika chachiwiri kuti ukwati ukhale wopambana ndi kufanana kwa nzeru, chikhalidwe, chilengedwe ndi zinthu zina.

Chofunika chachitatu komanso chosafunika kwambiri, ngakhale kuti nthawi zambiri chimakhala chofunika kwambiri pakati pa anthu osadziwa zambiri, ndi kukongola kwa thupi. Kukopa thupi kumataya kukongola kwake ndi mphamvu zake mwamsanga ngati chofunika choyamba kapena chachiwiri sichikwaniritsidwa.

* * *

Tiyenera kukhala otanganidwa m'dziko lino, ndikuchita ntchito zothandiza komanso zomanga. Koma tikamaliza ntchito zathu, tiyenera kupumula ndi kufunafuna mtendere mkati mwathu.

Tiyeneranso kukumbukira kuti mitsempha yathu imafuna mpumulo ndi bata kuti ibwezeretse mphamvu ndikupatsanso mphamvu.

Ngati tili ndi dongosolo lodekha la mitsempha, tidzapambana pa chilichonse chimene timachita, ndipo kuwonjezera apo, tidzakhala mogwirizana ndi ife eni komanso mogwirizana ndi Mulungu.

* * *

Iye anauza gulu la otsatira ake kuti:

Chikho cha moyo wanu chikusefukira ndi kudzazidwa ndi kukhalapo kwa Mulungu, koma chifukwa cha kusasamalira kwanu simukumva kukhalapo kodala kumeneko.

Mukamvetsera wailesi, mumamva kuti muli pafupi ndi Mulungu.

Ngati mudzaza botolo ndi madzi a m'nyanja, mutseke bwino ndi chokokera, kenako muiponye m'nyanja, madzi omwe ali mkati mwa botolo ndi madzi a m'nyanja sadzasakanikirana. Komabe, ngati muchotsa chokokera, nthawi yomweyo zidzasakanikirana.

Motero, tiyenera kuchotsa chivundikiro cha kusamvera ndi kusasamala m'botolo la chikumbumtima chathu .tisanayambe kukhudza kukhalapo kwa Mulungu

Kiyi ya Paradaiso ndi Chimwemwe

Mwamwayi, tingayambe nthawi iliyonse komanso kulikonse kuyang'ana kwambiri pakukula makhalidwe abwino omwe tilibe

Ngati tilibe mphamvu zodzifunira, tiyeni tiganizire kwambiri za nkhaniyi, ndipo mwa kuyesetsa mwakhama, .tidzatha kulimbitsa chifuniro chathu ndi thandizo la Mulungu

Ngati tikufuna kudzimasula ku mantha, tiyenera kuganizira za kulimba mtima, ndipo nthawi idzafika pamene .tidzamasulidwa ku mantha

Mwachidule, chomwe tiyenera kuchita ndikungosintha malingaliro ovutitsa omwe tikufuna kuchotsa ndi malingaliro abwino komanso olimbikitsa. Ichi ndiye chinsinsi cha paradaiso wachimwemwe ndi chipambano, ndipo chilipo kwa .aliyense amene akufuna kuchigwiritsa ntchito

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Ena angaganize kuti n'zosatheka kuyesa kugonjetsa chidani ndikulimbikitsa anthu ndi chikondi chaumulungu chomwe anzeru adachiwona ndi kulengeza, koma pali kufunika kwakukulu kosintha njira ndikuyika chikondi m'malo .mwa chidani

Malingaliro osakhulupirira Mulungu amalimbana ndi malamulo akumwamba ndipo amayesa kuchotsa malingaliro auzimu m'miyoyo ya anthu, ndipo dziko lapansi likuthamanga mofulumira komanso mopanda malire kupita .kumalo osadziwika

Poyesa kuletsa chimphepo champhamvu, nthawi zina tingaoneke ngati nyerere zazing'ono zomwe zikusambira m'nyanja, koma sitiyenera kunyalanyaza mphamvu zabwino zomwe Mulungu waika mwa munthu, komanso sitiyenera .kunyoza zomwe tingachite

Chinthu chokhacho chomwe chidzachotsa kuvutika kwa dziko lapansi—kuposa ndalama kapena njira ina iliyonse yakuthupi—ndi kusinkhasinkha ndi kutumiza mafunde a .chidziwitso chauzimu chomwe osinkhasinkha amamva

Tiyenera kufalitsa mauthenga a ubwino ndi ubwino ku dziko lapansi, kuyesetsa kumvetsetsa dongosolo la Mulungu pa anthu, ndikugwira ntchito mogwirizana ndi chifuniro .Chake chanzeru cha chilengedwe chonse

"Ndinamuuza kuti: "Dzuka

Ngati mudutsa muzokumana nazo zonse mukumwetulira ndi kudalira Mulungu, popanda kukayikira komwe kumakugwerani m'maganizo mwanu, mudzawona momwe .lamulo la Mulungu limagwirira ntchito

pamene ndinkakonzekera ,[M'zaka za m'ma 1920] ulendo wokaphunzitsa ku San Francisco, ndinali ndi $200 yokha kubanki, zomwe sizinali zokwanira kuyamba ulendowu, ndipo panali mabilu akuluakulu oti ndilipire, :choncho ndinati

Mulungu ali nane, wandipatsa ntchito iyi ndipo" adzandithandiza kuigwira, pakuti ntchito imene ndimagwira ndi ya Iye ndipo adzandithandizadi ndikundipangitsa zinthu ".kukhala zosavuta

Ngakhale dziko lonse litakusakani, ndipo mukudziwa motsimikiza kuti Mulungu ali nanu, malamulo Ake .adzakuchitirani zodabwitsa

Pamene mlembi wanga anabwera kwa ine ndipo ndinamuuza za ndalama zomwe ndinali nazo kubanki, .anadabwa kwambiri ndipo anagwa pansi

"Ndinamuuza kuti: "Dzuka

Iye anayankha, akunjenjemera: "Tipita kundende "!chifukwa sitingathe kulipira ngongole zomwe tili nazo

Ndinati, "Sitipita kundende m'masiku asanu ndi awiri tidzakhala ndi ndalama zonse zomwe tikufunikira paulendo "wophunzitsa uwu

Kukayikira kunali kwakukulu mkati mwake, pamene chikhulupiriro changa chinali cholimba Sindinkafuna ndalama kuti ndipeze phindu kapena cholinga chilichonse, koma kuti ndifalitse uthenga wa Mulungu. Mantha sanalowe mumtima mwanga ngakhale kuti ndinali ndi mavuto ambiri, ndipo ndinganene kuti mantha .amandiopa

Mukuopa chiyani? Palibe chomwe chiyenera kukuopsezani. Kambiranani ndi mavuto onse ndi chikhulupiriro chosagwedezeka mwa Mulungu, ndipo .chipambano chidzakhala chanu

Mtima ukakhazikika mwa Mulungu, munthu amatha kugonjetsa zopinga zonse ndi zopinga ndi thandizo la .Mulungu ndi madalitso ake

Mkati mwa sabata imeneyo, pamene ndinali kuyenda patsogolo pa Palace Hotel, mayi wina wachikulire anabwera "?kwa ine nati, "Kodi ndingalankhule nanu

Tinakambirana mawu ochepa, ndipo popanda mawu oyamba anati, "Ndili ndi ndalama zambiri, kodi "?ndingakuthandizeni

Ndinayankha kuti, "Sindikufuna ndalama zako, ndipo n’chifukwa chiyani ukundipatsa ndalama pamene "?sundidziwa

Iye anayankha kuti, "Koma ndikukudziwani, ndamva "zambiri zokhudza inu

Nthawi yomweyo ndinalemba cheke cha $27,000 (ndalama zambiri masiku amenewo), ndipo ndinaona dzanja .la Mulungu kumbuyo kwake

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Pokhapokha ngati munthu atakhala ndi chidziwitso chamkati kapena luso la chidziwitso chamkati, amapanga zisankho zolakwika, kusankha ogwira nawo ntchito osayenera, ndikuyamba kukhala ndi ubale wolakwika ndi .anthu

Popeza chiweruzo cha kuzindikira kwa malingaliro chimachokera makamaka pa chidziwitso chomwe malingaliro amalandira kudzera mu malingaliro, ngati malingaliro anyengedwa ndi mawonekedwe, munthu angakhulupirire kuti winawake ndi munthu wodabwitsa popanda kudziwa zomwe zili mkati mwake.

Kapena angaganize kuti wapeza mnzawo - kapena mnzawo wa moyo wonse - ndipo angalowe muukwati womwe ungamupangitse kukhala ndi moyo wosasangalala kapena kutha ndi chisudzulo.

Koma nzeru zakuya sizipanga zolakwa zotero; sizimayang'ana mphamvu ya maginito m'maso kapena nkhope yokongola ya munthu, koma m'malo mwake zimamva molondola ndikuzindikira mkati mwa mtima umunthu weniweni wa munthuyo.

Kukulitsa chilakolako chauzimu

Sindidzaiwala mawu omwe anandiuza ndi wogulitsa m'sitolo yayikulu komwe ndinapita kukagula jekete langa. Iye anati, "Bwana, sindikufuna kukugulitsani chilichonse, ndikungofuna kudziwa zomwe mukufuna."

Munthu wachifundo uja sanayese kundigulitsa jekete lake lokwera mtengo kwambiri, koma anandionetsa jekete lotsika mtengo lomwe linkandiyenera m'njira iliyonse.

Ndinasangalala kwambiri kupeza zomwe ndinkafuna pamtengo wabwino

Pochita izi, anandipeza ngati kasitomala wokhazikika wa kampani yake

Anthu ayenera kuyika chinthu chauzimu mu zolinga zawo zenizeni ndikuganizira zopereka chithandizo choyenera ku zosowa za anthu anzawo.

Sikokwanira kuti munthu apeze ndalama popereka chithandizo ndi kulandira ndalama pobwezera, koma m'malo mwake agwire ntchito kuti apeze ndalama ndikuzigwiritsa ntchito kukhazikitsa malo ndi mabungwe omwe amatumikira zosowa za anthu onse.

Munthu akapeza ndalama zambiri ndipo nthawi yomweyo akuthandiza anzake ndi antchito ake, chuma chake ndi chitukuko chake zimawonjezeka, motero amagwiritsa ntchito chuma chake kuthandiza ena kuti athe kudzithandiza okha. Ichi ndi chomwe ndimachitcha ""kukulitsa chilakolako chauzimu

Makolo olemera omwe amasiya ndalama zambiri kwa ana awo amalepheretsa kukula kwawo chifukwa cha kupambana komwe adzipangira okha ndipo amawalepheretsa kudzidalira komanso chisangalalo chopeza .bwino

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Mulungu wavumbulutsa choonadi chake m'njira zosiyanasiyana m'mabungwe osiyanasiyana, m'mitundu, ndi .m'maganizo mwa anthu

Kudzera mu kusiyanasiyana kwakukulu kumeneku, Mulungu watiikira chithunzi chosintha komanso chosiyanasiyana cha mphamvu yobisika ya munthu, ndipo ndi udindo wa munthu kuchotsa kuchokera ku mitundu yosiyanasiyanayi makhalidwe apamwamba komanso abwino kwambiri ndikuyika mwa iyemwini, m'dziko lake, komanso .m'dziko lake

Ndicho chimene anthu odziwa bwino ntchito amachita nthawi zonse ndi kulikonse

Ali patsogolo pa zaka mazana ambiri kuposa nthawi yawo, ndipo kudzera mu malingaliro awo otseguka komanso kuzindikira kwawo komwe kukukulirakulira, akuwonetsa maziko a choonadi chapadziko lonse, omwe ndi amuyaya .komanso osatha

Mfundo zimenezi ndi mfundo zofunika kwambiri pa luso lenileni la moyo wachimwemwe. Ndi mfundo zofunika kwambiri, zothandiza, komanso zofunika kwambiri kuti munthu aliyense apambane komanso akhale ndi .chimwemwe

Kusiyana pakati pa anthu, mayiko, mafuko ndi ziphunzitso zosiyana sikuyenera kupititsa patsogolo magawano pakati pa anthu, koma kukhale chitsanzo choyambirira choyerekeza ndi kusankha makhalidwe abwino ndi njira zomwe zimathandiza pakukula kwa munthu .wabwino komanso chikhalidwe cha anthu

Luso lodzidalira

Ndi ochepa okha amene angakhale osangalala opanda katundu, kapena opanda ndalama zokwanira komanso thanzi .labwino

Anthu ambiri amafunika zinthu zina kuti akhale osangalala, ndipo chimwemwe chawo chimadalira zochitika zakunja chifukwa maganizo sanaphunzitsidwe kuti .asangalale ndi chimwemwe chamkati chopanda malire

Munthu angaganize kuti adzakhala wosangalala— Mulungu akudalitseni—ngati apeza chilichonse chomwe akuganiza kuti akufunikira. Koma chilakolako chimabala chilakolako, ndipo aliyense amene akupitiriza kuchulukitsa chilakolako chake adzapeza chikhutiro kutali ndi iye monga .momwe Pleiades alili kutali ndi dziko lapansi

Musanagule chinthu, mumamva kuti simungathe kukhala nacho popanda icho ndipo muyenera kukhala nacho, mosasamala kanthu za mtengo wake. Koma mukakhala nacho, chilakolako chanu cha icho chimachepa pang'onopang'ono, ndipo mumayamba kuganizira za chinthu .chabwino, ndi zina zotero

Kupambana ndi luso lodzikhutiritsa: Pezani zomwe mukufunadi kenako khalani okhutira ndi zomwe muli nazo

Antchito ndi antchito ambiri amagwiritsa ntchito ndalama zawo pazinthu zosafunikira ndipo chifukwa cha .zimenezi akumira m'ngongole

Ndinkadziwa mwamuna ndi mkazi wake omwe ankakhala m'nyumba yokongola mumzinda. Nthawi iliyonse akaona chinthu chomwe akufuna, ankachigula nthawi yomweyo, ngakhale pang'onopang'ono. Koma pamapeto

pake, nyumba yawo yokongola inakhala chinthu choopsa .kwa iwo

Iwo sanathe kulipira ndalama zolipirira zinthu zomwe zinali m'nyumba mwawo, choncho ndinawauza nthawi ina kuti: "Zinthuzi si zanu ndipo simuli nazo, munazibwereka pang'onopang'ono. Ndiye bwanji osasintha miyoyo yanu popanda nkhawa zomwe zimawononga mtendere ndi "?chisangalalo chomwe muli nacho

Chifukwa cha ngongole zomwe adagwa nazo, pamapeto pake adataya chilichonse, zomwe zidawakakamiza kubwerera ku moyo wosalira zambiri ndikuyambiranso

Pali zilakolako zabwino ndi zokhumba zopanda phindu.

Zilakolako zathanzi komanso zamtengo wapatali zili ngati kavalo wobadwa bwino, yemwe, m'malo mokutsogolerani ku chigwa cha mdima, amakutengerani ku malo owala a chisangalalo ndi kukhutira. Ndi udindo wa munthu kusanthula zilakolako kuti adziwe ngati zingathandize .kusangalala kapena kutalikitsa munthu kutali nazo

Chilichonse chomwe chimakumasulani ku chuma ndikukubweretsani ku chimwemwe chenicheni ndi chikhumbo chabwino Dziwani kuti kupambana kwenikweni kumadalira kukhala ndi zikhumbo zabwino, osati kupeza .zinthu zomwe zingawononge ena

Chuma chopezedwa mwa njira zosayenera chingaoneke ngati chopambana, koma chuma chochuluka choterechi chimavutitsa moyo ndikuulanda mtendere. Chikumbumtima chovutitsidwa—pepani mawuwo—chili ngati nsapato yolimba yomwe ingawoneke yokongola koma ikukanikiza phazi nthawi iliyonse

Munthu amene ali ndi chikumbumtima choyera amakhala pamtendere ndi iye mwini, ndi ena, komanso ndi Mulungu. Ngati chikumbumtima chanu chili choyera, mutha kuyima nokha motsutsana ndi malingaliro a anthu padziko lonse lapansi, ndipo ngakhale mdima wokuzungulirani ukhale wochuluka bwanji, ndi thandizo la Mulungu,

mudzatha kupyoza mdimawo ndi kuwala kwa .chikumbumtima chanu chowunikiridwa

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Sitifunikira ulemu ndi kuyamikiridwa ndi anthu chifukwa chibadwa cha anthu n'chosakhazikika ndipo kukumbukira .kwa anthu n'kwakanthawi kochepa

Kuyamikira ndi kuvomereza kwa Mulungu ndi zomwe tiyenera kuyesetsa ndi kuzifunafuna mwakhama, chifukwa kufunika kwa munthu kumadalira kuvomerezedwa komwe amalandira kuchokera kwa woyesa mitima ndi wodziwa .zinsinsi

Ngati ndife oyera mtima komanso odzipereka kwa Mulungu, ndiye kuti ndicho chofunika kwambiri

Tikamachita zabwino, nthawi zina timavutika, koma kutopa, kusasangalala, kudziletsa, ndi kuphunzira maganizo sizili kanthu poyerekeza ndi chimwemwe chauzimu chomwe palibe ulemerero wapadziko lapansi womwe ungafanane .nacho

Chisangalalo cha omwe afika ndi chachikulu komanso chatsopano, ndipo cholinga cha moyo ndikufika pa chisangalalo chosatha ndipo lingaliro lililonse labwino limatibweretsa sitepe imodzi pafupi ndi cholinga chathu .chachikulu

Maganizo otere ali ngati mtsinje wopita ku nyanja ya moyo, komwe kuli mtendere, kukhutira, ndi chimwemwe .chamkati

kupambana

Ndadutsa m'nkhalango yowirira ya umbuli

Ndipo ndinapanga njira yowunikira mkati mwake

Choyamba ndinatchula zofooka ndi zofooka zina

Ndinatsatira ndi zitsamba za tsache la chikhumbo cha minga

Moto unakula kwambiri

Malawi a moto anakwera

Ndipo inafalikira kuti iwononge kudzikuza kodzikuza

Ndipo kusadziwa konse
Ndipo zilombo zankhanza, zoopsa za chilakolako zinatenthedwa
Pamene ndikupita njira yanga
Pakati pa phulusa la zolakwa zakale za anthu
Ndidzakonza njira kwa onse amene akufuna kudutsa m'nkhalango ya umbuli
* * *
Mu ubale wathu ndi ena, ndikofunikira kwambiri kuzindikira ndikuyamikira makhalidwe amkati omwe apanga m'miyoyo yawo.
Ngati muphunzira ena ndi maganizo otseguka, mudzatha kuwamvetsa ndikugwirizana nawo bwino, ndipo mudzatha kudziwa munthu amene mukuchita naye zinthu komanso momwe mungachitire naye.
Musalankhule ndi katswiri wa zamaganizo za mpikisano wa akavalo, kapena wasayansi za kusamalira nyumba
Tiyenera kudziwa zomwe zili zofunika kwa munthu winayo ndikulankhula naye za zimenezo, osati za ife tokha.
Mpikisano pakati pa amuna ndi akazi
Zikuoneka kuti mpikisano wakhalapo pakati pa amuna ndi akazi nthawi zonse, koma kwenikweni ndi ofanana, ndipo palibe amene ali wapamwamba kuposa wina.
Munthu ayenera kunyada ndi kufunika kwake kwa chibadwa, mphamvu zake zamakhalidwe abwino ndi makhalidwe ofunikira omwe Mulungu waika mwa iye.
Mwamunayo akunena kuti akazi ndi okonda kutengeka maganizo komanso opupuluma ndipo sangathe kuchita zinthu mwanzeru komanso mwanzeru.
Mkaziyo akudandaula kuti mwamunayo sangathe kumumvetsa ndi kuyamikira momwe akumvera
Koma akazi amatha kuganiza bwino, ngakhale kuti malingaliro ndi mphamvu yamphamvu kwambiri m'chilengedwe chawo.

Ndipo munthuyo amatha kumva ngakhale kuti nzeru ndi zomwe zimalamulira moyo wake
Cholinga chake ndi kupanga mgwirizano pakati pa kulingalira ndi malingaliro kuti pasakhale wina amene .angamugonjetse kapena kumulepheretsa kuchitapo kanthu
Kugwirizana kumeneku kungatheke mwa kuphunzira kuchokera kwa amuna ndi akazi kudzera mu ubwenzi ndi .kumvetsetsana
Mu owunikiridwa, timapeza kusakaniza kodabwitsa kwa makhalidwe a amuna ndi akazi. Ndipo tikafika pamlingo wabwino pakati pa kulingalira ndi malingaliro, taphunzira .maphunziro akuluakulu omwe tinadzera padziko lapansi
* * *
Kugunda kwauzimu
Ine ndine kuwala kwa dziko lapansi
Moyo wanga wofunikira si magazi ndi fupa
M'malo mwake, ndi kuwala kochokera ku dzuwa la Mulungu
Ndidzakulitsa luso loganizira kwambiri zinthu
Ndidzawerenga mabuku ndi zinthu zabwino
Ndipo ndidzalowa mu kuganiza mozama
Ndipo pamwamba pa zonse
Ndidzalowa m'nyanja ya moyo wanga
Ndipo ndimaganizira zinsinsi zomwe Mulungu wayika mkati mwake
Ndikukufunsani, Ambuye
Kuti ndipeze malingaliro mu ntchito yanga
Ndipo ntchito yomwe ndimaganizira
Kotero kuti moyo wanga wonse
Mphatso ya chikondi ndi kukhulupirika kwa inu
?Kodi ndingakupezani
?Kupatula m'malo opatulika a mtima wanga
Ndidzabzala maluwa a chikondi cha abale
Mu nthaka ya ubwenzi ndi kukhulupirika

Ambuye, tidzutseni ku tulo tathu tomwe timakhala nthawi yayitali
Tiyeni tizindikire kukhalapo kwanu komwe kumawonekera poganizira bwino
Ndipo kuwala m'miuni ya nzeru
Ndidzaziziritsa mu dziwe la chikondi cha Mulungu
Zobisika kuseri kwa makoma a malingaliro
Kodi moyo uwu umene ukuyenda m'mitsempha mwanga ndi wotani?
Kodi n'kololedwa kuti isakhale ndi gwero la Mulungu?
Lingaliro la kutulutsa mpweya
Ganizo lilibe malire kapena mapeto!
Mawu aliwonse abwino amaimira lingaliro la chilengedwe chonse, chifukwa mawu abwino ndi malingaliro oyera ali ndi gwero la Mulungu.
Pali mafunde ambiri a malingaliro abwino akuvina pachifuwa cha nyanja ya choonadi
Malingaliro athu anzeru a mgwirizano ndi mafunde mu nyanja ya kumvetsetsa ndi chidziwitso
Kodi tanthauzo la emanation ndi chiyani?
Ndi kukonzanso moyo ndi kukwera kufika pamlingo wapamwamba
Kodi kukwezedwa n’chiyani ndipo kukwezedwa bwanji?
Tiyenera kumvetsetsa tanthauzo la kukonzanso moyo.
Chilichonse chomwe chilipo chimadutsa mu ndondomeko ya kusintha ndi kusintha.
Kusintha kumeneku kungakhale kovulaza kapena kopindulitsa ku chinthu chomwe chikusinthidwacho
Mwachitsanzo, ngati nditenga galasi lodetsedwa ndikuligunda pansi mwamphamvu, lidzasintha, eti?
Koma kusintha koteroko sikupindulitsa; m'malo mwake, kumakhudza kuvulaza chinthu chomwe chinawonongedwa.
Koma ngati mutsuka galasi ndi kulipangitsa kukhala lowala komanso lowala, ndiye kuti kusinthako kudzakhala kopindulitsa.

Choncho, kutuluka kwa munthu kumatanthauza kusintha kulikonse kopindulitsa, kaya ku zinthu zakuthupi kapena kwa anthu ntchito yolenga

Pali magulu atatu a anthu omwe ali ndi mzimu wolenga:

Gulu lapadera - lapadera anthu apakati ndi gulu wamba

Pali ambiri omwe sagwera m'gulu lililonse mwa magulu awa

Munthu amakonda kudzifunsa kuti:

"Kodi ndayesa kupanga chinthu chatsopano komanso chapadera, chomwe chingandipindulitse ine ndi ena?"

Ndi pamenepa poyambira kuchita zinthu zolenga

Ngati sanaganizirepo zimenezo, ndiye kuti ndi m'modzi mwa anthu amene amakhulupirira kuti alibe luso lopanga zinthu zatsopano ngakhale kuti ali ndi zigawo zake, koma malingaliro omwe adalowa m'maganizo mwawo adawatsimikizira kuti pali mtunda wautali pakati pawo ndi luso lopanga zinthu zatsopano.

Iye amene amadutsa m'moyo ngati munthu woyenda tulo ayenera kudzidzutsa yekha, nadzitsimikizira yekha:

"Ndili ndi mphatso yayikulu kwambiri ya anthu, mzimu wolenga zinthu zatsopano"

Munthu aliyense ali ndi mphamvu komanso kuchitapo kanthu, zomwe zimamuthandiza kupanga chinthu chapadera. Komabe, mphamvu ya chilengedwe ili ngati hypnosis, ndipo chidziwitso chochepa cha anthu chikhoza kunyengedwa mosavuta ngati munthu sali tcheru komanso wolimbana ndi zinthu zoipa zachilengedwe.

Aliyense amene amadziuza yekha kuti, "Misewu yonse ndi yodzaza ndi anthu, ndiye phindu lanji loyesera?" amalola kugwera pansi pa mphamvu ya chinyengo ya chidziwitso cha dziko chomwe chimalepheretsa kutsimikiza mtima, ndipo izi

zikufotokoza chifukwa chake anthu ambiri sapambana mbali .zonse za moyo chifukwa alibe mzimu wolenga zinthu
Munthu ayenera kusintha moyo wake kuti ugwirizane ndi zomwe chikumbumtima chake chimamuuza komanso zomwe mtima wake umamuuza, osachita zinthu popanda .kuganizira bwino
Aliyense amene ali ndi chikhulupiriro cholimba mkati mwake, Mulungu adzawonjezera chikhulupiriro chake, mphamvu zake, ndi kutsimikiza mtima kwake kuti .akwaniritse zomwe akufuna m'moyo
Ndili ndi chidaliro cholimba mwa Mulungu ndi chikhulupiriro cholimba mu thandizo Lake, kotero Iye wandidalitsa ndi mphamvu yodala yauzimu, mphamvu yosagonjetseka yomwe nthawi zonse yandipatsa mwayi, yanditsegulira zitseko, ndi kundikonzera njira .zosawerengeka, mwa chisomo Chake
Chimwemwe chenicheni komanso chokhalitsa chili mwa Mulungu yekha
Chidziwitso cha Mulungu ndi chuma; aliyense amene wapeza sichifuna china chilichonse
Mwa Mulungu, osati mwa wina aliyense, muli chitetezo Iye ndiye pothawirapo pokhapo komanso pothawirapo ku .mantha ndi nkhawa zonse
Kupanda kutero, palibe chitetezo chenicheni padziko lapansi
Choncho, tiyenera kuyesetsa kumudziwa ndikulankhulana naye m'mawa ndi usiku, komanso pa ntchito zonse zomwe timachita komanso ntchito zomwe .timachita
Kulikonse kumene Mulungu ali, kulibe mantha kapena chisoni
Iwo amene amamudziwa sagwedezeka ndi zochitika zapadziko lapansi kapena kugwedezeka ndi masoka osiyanasiyana, chifukwa ali otetezeka chifukwa cha .kukhalapo kwa Mulungu ndi chitetezo chake kwa iwo

Pemphero
Ambuye
Ngakhale kuti kuwala kwa chikondi chanu nthawi zina kumazimitsidwa ndi zoipa za dziko lapansi
Koma tikugwira ntchito molimbika kuti tikuwonetseni kuwala kwanu
Kuwala kwa kuwala kwanu kodala kupitirire kuyenda
Imawala pakati pa mdima ndipo imachotsa kwathunthu
Ndikumva mphamvu yanu yaulemerero ikulowa mu umunthu wanga
Ndi thandizo lanu ndi madalitso anu, anthu okonda zabwino angathe
Kugonjetsa zoyipa za dziko lapansi
Ndipo chikondi chanu chidzakhalabe mphamvu yayikulu
Chomwe chiyenera kukhazikika m'maganizo ndi m'mitima
Kuthetsa nkhondo
Zosokoneza ndi chisokonezo
Ndikumva ululu wa anthu
Ndikufuna kuchita zonse zomwe ndingathe kuti ndichepetse mavuto a anthu
Tidalitseni, Ambuye, kuti tithe kukweza nyali za chikondi .chanu ndi kuwala kwanu
Kulikonse komwe titembenukira ndi kulikonse komwe tikupita
Ndikufuna kukhala ndi anthu amene amakukondani
Ndipo ndikufuna kusangalala kumva dzina lanu loyera kwambiri
Ndiwe chikondi choyamba ndi chomaliza mumtima mwanga
Dalitsani aliyense kuti amve chikondi chanu ndi ulemerero wanu
Tiyeni tisiye zolinga zopanda pake ndi maloto ongopeka
Tadzazidwa ndi chikondi chanu chodabwitsa

Ndikufuna kuuza ena za chikondi chanu ndi zodabwitsa zanu
Tiphunzitseni nthawi zonse kuzindikira chikondi chanu
Ndipo chikhumbo chofuna kukhudza kukhalapo kwanu kwa Mulungu
Tiyeni tisiye chilichonse chomwe chimatilepheretsa ndi kutilepheretsa kukhala kutali ndi Inu
Inu nokha ndinu choonadi chosatha, chosatha, komanso chenicheni
Palibe moyo popanda inu
Masulani aliyense monga momwe munandimasulira ine
Ndipo ndikukuthokozani kuchokera pansi pa mtima wanga
Kuti andipatse chisangalalo chodala ichi
Zomwe zimandiyendera usana ndi usiku
Ntchito yachete komanso chete chochita
Munthu sayenera kungogwiritsa ntchito nthawi yake pakupeza ndalama zokha, komanso pakuchita masewera olimbitsa thupi, kuwerenga, kusinkhasinkha, kukonda Mulungu, ndi kuchita zinthu modekha komanso .mosasokoneza
Tiyenera kuphunzira momwe tingakhalire otanganidwa mwakachetechete komanso otanganidwa mwakachetechete, komanso kuti zochita zathu za tsiku ndi tsiku zikhale ndi mtendere womwe umapezeka poganizira za Mulungu ndi .kudzifufuza
Tiyenera kukwaniritsa ntchito yathu chifukwa chokonda ntchito, ndikulandira zotsatira zake ndi kukhazikika maganizo, popanda kupangitsa kuti tipeputse kupambana .kapena kukhumudwa chifukwa cha kulephera
Tikupemphani, Ambuye, kuti mutithandize kukhala mwamtendere m'dziko limene choonadi chanu chili chitsogozo chathu, mtsogoleri, ndi mphunzitsi, kuti tikhale ndi moyo mwachikondi cha abale ndikukulitsa matupi athu, malingaliro, ndi miyoyo yathu moyenera, kuti mtendere

wanu wakumwamba uwululidwe kudzera m'miyoyo yathu ndi .zochita zathu za tsiku ndi tsiku

Popeza tadalitsidwa ndi thanzi labwino, luso, kuchita bwino, ndi nzeru, tiyeni tilimbikitse anthu anzathu kuti awonetse makhalidwe awo abwino komanso makhalidwe .awo abwino

Kuwala kwa chikondi chanu kuwalire pa guwa lansembe la chikhumbo chathu pa inu

Ndipo tiyeni tikhale ndi mphamvu zodzutsa chikondi chanu mumtima uliwonse

* * *

Mmodzi mwa ophunzirawo anafunsa za njira yabwino kwambiri yopezera mtendere wamumtima, ndipo :mphunzitsiyo anati

Yesetsani kutonthoza maganizo odetsa nkhawa omwe amatuluka mwachangu ndikuloza maganizowo mkati

Yesetsani kugwirizanitsa malingaliro ndi zokhumba zanu ndi mfundo zokwanira komanso zathunthu zomwe zilipo kale .mkati mwanu

Kenako mudzamva mgwirizano wokoma ukulowa mu umunthu wanu ndikuphimba moyo wanu ndi chilengedwe .chonse

Ngati ziyembekezo zanu ndi ziyembekezo zanu zikugwirizana ndi mgwirizano wachibadwa uwu, mudzayenda bwino komanso mosavuta m'njira za moyo ndikukwera .pamapiko a mtendere

Ndipo mmenemo muli kuzama ndi kukongola kwa moyo wa mzimu

* * *

Nthawi zina malingaliro amakhala othandiza kwambiri kuposa mawu

Ubongo wa munthu ndiye chotumizira ndi kulandira champhamvu kwambiri kuposa zonse

Ngati nthawi zonse mumapereka malingaliro abwino ndikuwalimbikitsa ndi mphamvu ya chikondi, malingaliro amenewo adzasiya chithunzi chabwino kwa ena.

Mofananamo, ngati mumasula maganizo odzaza ndi nsanje kapena chidani, ena adzalandira maganizo amenewo ndipo adzawayankha ndi maganizo ofanana.

Ndikupempha Mulungu kuti akuthandizeni ndi mphamvu ndi madalitso Ake

Mwachitsanzo, ngati mwamuna akusiya njira yoyenera, mkazi ayenera kupempha Mulungu kuti athandize mwamuna wake ndikuchotsa nsanje ndi mkwiyo mumtima mwake, ndikupangitsa mwamuna wake kuzindikira cholakwa chake ndikubwerera ku njira yoyenera.

Ngati pemphero ndi loona mtima ndipo zolinga zake ndi zoyera, kusintha komwe mukufuna kudzachitika ndi thandizo la Mulungu.

* * *

Nthawi zambiri ndagwiritsa ntchito mphamvu kuti ndigonjetse chizolowezi chomwe chinkafuna kundigwira

Pamene ndinali kudya mitundu ina ya chakudya ndipo ndinadzimva kuti ndikuletsedwa ndi chilakolako cha mitundu imeneyo, ndinasiya kudya zakudya zimenezo mpaka chilakolako cha zakudyazo chitachepa.

Pamene ndinapita ku Singapore, ndinapeza chipatso chokoma kumeneko, koma ndinadziyang'anira kuti ndisachifune, popeza ndinazindikira kuti pokhapokha ngati nditasamala ndikuchita zinthu zodzitetezera, ndimadzipeza ndikuchifuna m'mawa, masana, ndi usiku, ndipo mwanjira imeneyi timadziletsa tokha.

Ngakhale kuti ndinasangalala kwambiri ndi chipatsocho tsiku limenelo, sindinachiphonye ndipo sindinadandaule kuti sichinapezeke tsiku lotsatira.

Ngati tiganizira kwambiri zinthu zomwe timakonda, sitiyenera kuopa chilichonse. Tiyenera kusunga ufulu wathu patsogolo pa zonse.

Ngati ndinena kuti sindichita kanthu, chisankhocho ndi
?chomaliza ndipo sichingasinthe. Kodi si ufulu umenewo
Ndi bwino kwambiri kuchita zinthu osati mwa
chizolowezi kapena poyankha ena omwe akuyesera
!kutikopa, koma chifukwa nzeru ndi zomwe zimatilamulira
Nzeru ikamatilimbikitsa kuchita chinachake, palibe
chomwe chiyenera kutilepheretsa kuchita, bola ngati
.nzeruyo ikutitsogolera
Chizolowezi chopindulitsa chingathe kukhazikitsidwa ndi
mphamvu ndi nzeru. Ndili ndi kuthekera kokonda chilichonse
.chomwe nzeru ikupereka
Mapangidwe oyambirira kapena ma archetypes a anthu
ambiri akhala okhazikika kwambiri kotero kuti sangathe
kuwasintha, koma iwo omwe amasunga malingaliro awo
osinthika kudzera muulemu ndi kudziletsa amatha kusintha
.mosavuta kukhala abwino
Maganizo ayenera kukhala osinthika monga momwe
dongo limachitira Nzeru, ndipo umenewo ndi ufulu umene
.ndikufuna kuti ena azisangalala nawo
Munthu akamasulidwa ku ukapolo wa chizolowezi,
adzapeza kuti palibe chimwemwe chachikulu kuposa kuchita
.zinthu motsatira ufulu wosankha komanso kudzidalira
Munthu sayenera kulola kuti zinthu zimumenye ndi
kumumenya, koma ayenera kuchita zonse zomwe angathe
.kuti athetse mavutowo
Aliyense amene ali ndi chifuniro champhamvu
adzagonjetsa mavuto onse ndi thandizo la Mulungu
* * *
Chochita chilichonse chakuthupi chimakhala ndi
maganizo ofanana nacho
Timagwiritsa ntchito mphamvu zathu zakuthupi kuchita
zinthu zina, koma zochitazo zili ndi gwero la maganizo, ndipo
.zimatsogoleredwa ndi wotsogolera maganizo

Kuba ndi koipa; koma choipa chachikulu ndi kuba m'maganizo, komwe kumatsegula njira ya kuba mwakuthupi, .chifukwa maganizo ndiye amene amayambitsa vuto lenileni

Chochita chilichonse cholakwika chomwe munthu akufuna kupewa chiyenera kuchotsedwa m'maganizo .mwake

Ngati mumangoganizira za zochita zakuthupi zokha, zimakhala zovuta kwambiri kuti muzitha kulamulira thupi .lanu

Cholinga chiyenera kukhala pamaganizo ndi kukonza malingaliro olakwika, kenako zochitazo zidzathetsedwa .zokha komanso bwino komanso mopanda vuto

* * *

Mukakhala ndi mtendere
Mu kayendedwe kalikonse
Kuchokera ku mayendedwe a thupi lanu
Ndipo mumamva mtendere m'maganizo mwanu
Ndipo mu chifuniro chanu
Ndipo mu chikondi chanu
Ndipo akumva mtendere
Ndipo pamaso pa Mulungu
Mu zolinga zanu
Kumbukirani kuti inu
Moyo wanu wafika kwa Mulungu
Kuyamika, kudzudzula, ndi kuyamikira

Kunyoza kungakhale kwabwino pamene kumalimbikitsa munthu kuchita zabwino, koma kumakhala koipa pamene kumagwiritsidwa ntchito kubisa mabala auzimu, kuwapangitsa kuti ayambe kuipitsidwa motero .kumayambitsa matenda a umbuli mumtima

Anthu ambiri amakonda kutamandidwa, monga momwe ambiri amasangalalira kudya uchi osadziwa kuti wina wake ungakhale ndi poizoni

Kuwonjezera pa mawu okoma mtima a ena, maganizo athu nthawi zambiri amafotokoza zolakwa zathu zovulaza

ndikubisa ziphuphu zazikulu zamaganizo zomwe zingaphulike ndikuwononga moyo wonse wauzimu wa munthu.

Motero, kuyamikira kwa ena ndi kunong'oneza kwa maganizo athu omasuka kumasangalatsa kumva, ndipo nzeru zathu zimagwidwa ndi mawu oipa onyoza.

Pali ambiri omwe amawononga ndalama, nthawi, thanzi, komanso makhalidwe abwino mwadala komanso mwadala chifukwa cha mawu achinyengo ochokera kwa mabwenzi abodza.

Miyoyo yambiri yawonongeka chifukwa chosamvera uphungu wanzeru komanso chifukwa chakuti inagonja ku chiyeso cha kulankhula mokoma komwe kunali ndi chinyengo ndi nkhanza.

Kukhala ku gehena ndi munthu mmodzi woona mtima komanso wowongoka mtima kuli bwino kuposa kukhala ku paradaiso ndi anthu khumi olankhula momasuka komanso opanda cholinga. Anthu odzitukumula amasandutsa kumwamba kukhala gehena, pomwe mabwenzi abwino komanso okhulupirika amasandutsa gehena kukhala kumwamba.

Tiyenera kulankhula zoona nthawi zonse, ndipo nthawi yomweyo tiyenera kupewa kukhumudwitsa ena ndi mawu omwe angakhale oona koma okhwima ndipo sabweretsa zotsatira zabwino.

Mwachitsanzo, ngati mulankhula ndi munthu wakhungu mwa kunena kuti “Iwe munthu wakhungu,” zomwe mukunena zingakhale zoona, koma mtundu uwu wa kulankhula ndi wosafunika ndipo umayambitsa kupwetekedwa mtima, motero kalembedwe kotere kopweteka kuyenera kupewedwa.

Sikoyenera kudzudzula munthu amene sakufuna kudzudzulidwa, koma n'kothandiza kumvetsera kudzudzulidwa kokoma mtima, ndipo ndi bwino kuvomereza

kudzudzulidwa mwankhanza koma kolondola ndi
.kumwetulira komanso kuyamikira mwaubwenzi
Munthu wanzeru anali ndi mnzake amene
ankamudzudzula kwambiri, ndipo otsatira a munthu
wanzeruyo anakwiya ndi kudzudzula kumeneku Tsiku lina,
mmodzi mwa ophunzira ake anabwera kwa mphunzitsi wake
mosangalala nati kwa iye: "Kondwerani, mphunzitsi,
".chifukwa mdani wanu, wopeza zifukwa, wafa
Munthu wanzeru anagwetsa misozi nati, "O, ndataya
kwambiri! Wotsutsa wanga wauzimu wabwino kwambiri
"wamwalira, ndipo ndikumva kuti mtima wanga wasweka
Anthu ambiri sakonda kutsutsa kolimbikitsa komanso
kozindikira ndipo m'malo mwake amakonda kusiya
chilichonse chifukwa cha kuyamikira ndi kupewa mawu
.olondola a anthu anzeru ndi kuwona kwawo kolondola
:Munthu ayenera kudzifunsa nthawi ndi nthawi kuti
Kodi ndanyengedwa ndi mawu okoma ndipo ndalola"
manja achinyengo odzifunira okha kuti alepheretse nzeru
"!?zanga ndikupangitsa khungu kuzindikira kwanga
Nkhani ya Woyera ndi Mzimu wa Nthomba
Pamene m'modzi mwa oyera mtima olungama a
Mulungu anali kusinkhasinkha usiku kwambiri, chiwopsezo
choopsa cha nthomba chinaonekera kwa iye akulowa
:m'mudzi momwe ankakhala, kotero anafuula kuti
Khala kumene uli, mzimu, ndipo bwerera kumene"
unachokera. Usavulaze anthu okhala mumzinda umene
".ndimalambira Mulungu
Mzimu unayankha kuti, "Ndingotenga anthu atatu okha,
osati ena, motsatira lamulo la karma komanso pokwaniritsa
".ntchito yanga ya chilengedwe chonse
Mlondayo anavomereza monyinyirika zomwe
analongosolazo
Tsiku lotsatira anthu atatu anamwalira ndi nthomba,
ndipo tsiku lachitatu ena ambiri anamwalira, ndipo tsiku

lililonse pambuyo pake anthu ena akumudzi anagwidwa ndi .matendawa oopsa
Pokhulupirira kuti wagwidwa ndi chinyengo chachikulu, woyera mtimayo anaganizira mozama ndipo anaitana mzimuwo. Pamene unaonekera, woyera mtimayo :anaudzudzula, nati
Wandinyenga, Mzimu, ndipo sunanene zoona pamene" "unandiuza kuti utenga anthu atatu okha
Mzimu unayankha, "Ndikulumbira pa Mzimu Woyera kuti "ndanena zoona
Woyang'anira anati, "Munandilonjeza kuti mudzatenga "anthu atatu, koma matendawa apha anthu ambiri
Mzimu unayankha kuti: "Bwenzi la Mulungu, "ndangotenga atatu okha, ena onse anafa ndi mantha
Dziwani, abwenzi anga - Mulungu akuwonjezereni chidziwitso chanu - kuti mantha amapangitsa munthu kugwedezeka koipa, kumuzungulira mwanjira ina, kumukulunga ndi zingwe zosaoneka zomwe zimakhala zovuta kuchotsa, ndikumupangitsa kukhala wosavuta kulandira chilichonse choipa mwa ena omwe ali pafupi naye, .kotero amakhala wozunguliridwa ndi mafunde osavulaza
Pankhaniyi, amadzibweretsera matenda, kukhumudwa, kusowa chiyembekezo, kukayikira, kuvutika, chisoni, ndipo .mwina ngakhale imfa
Mphamvu Yofuna: Woyambitsa Zinthu Zapadziko Lonse
Kusuntha kulikonse m'thupi kumatanthauza kuyenda kwa chifuniro
Kudzera mu dongosolo la mphamvu ya chifuniro, mphamvu imatumizidwa ku thupi popanda waya pogwiritsa ntchito mphamvu yosungidwa muubongo ndi mphamvu .yanzeru ya chilengedwe yozungulira thupi
Mukatopa, mutha kupatsa thupi mphamvu mwa kudya, kupuma mpweya, kumwa madzi kapena zinthu zina .zamadzimadzi

Koma mukakankha manja ndi thupi lanu kuti munyamule katundu wolemera, mumabweretsa mphamvu m'thupi lanu kudzera mu mphamvu yosawoneka ya chifuniro Mukalimbitsa thupi ndi cholinga chozindikira (mpaka litagwedezeka popanda kupsinjika), mumakhudza mphamvu .ya chilengedwe ya Mulungu yopatsidwa nzeru

Umu ndi momwe tingapangire mphamvu kapena zochita m'thupi, osati kuchokera ku zinthu zakuthupi kunja kwa thupi, koma kuchokera ku gwero laumulungu lomwe lili .lobisika ndipo lilipo mkati ndi kunja kwa thupi

Kuti munthu apeze ndikupindula ndi mphamvu zakuthambo, choyamba ayenera kupeza mgwirizano womwe ukusowa pakati pa chidziwitso ndi zinthu, pakati pa thupi ndi mzimu. Ulalowu ungapezeke mwa kuyang'ana, kusinkhasinkha, ndikuzindikira mtundu weniweni wa umunthu ndi kulumikizana kwake ndi chidziwitso .chaumulungu

Moyo ndi karavani

Ambiri mwa omwe anali nafe chaka chatha sali nafe tsopano, ndipo ndani akudziwa omwe adzakhala pano chaka ?chamawa

Moyo umenewo ndi umenewo, ndipo ulendo wake ukupitirira. Ndi galimoto yomwe timayenda nayo kwa .kanthawi kochepa

Ena mwa anzathu agwera m'dzenje la kutayika, koma ululu umene akukumana nawo ukawakulira, adzayamba kufunafuna chitsogozo ndi malangizo kuchokera kwa Ambuye wa gulu la anthu, yemwenso ndi Ambuye wa dziko .lapansi: Mulungu Wamphamvuyonse

Ngakhale kuti tasiyana mu gulu ili, ndipo chinsinsi chikuzungulira chiyambi ndi mapeto, moyo ukadali ndi tanthauzo lalikulu: kutikumbutsa kufunika kofunafuna .Mulungu mwakhama

:Dziko lino lingathenso kuyerekezeredwa ndi sewero

Moyo uwu ndi nkhani yofotokozedwa ndi munthu, usiku"
"ndi chivundikiro ndipo usana ndi bwalo lamasewera
Ochita sewero sachokera pachabe. Pali malo kumbuyo
kwa siteji, ndipo maudindo awo atatha, ochita sewero sasiya
kukhala ndi moyo, koma m'malo mwake amasowa kuseri
.kwa nsalu ya ether pofunafuna mpumulo
Tili pano mogwirizana ndi dongosolo la Mtsogoleri wa
Zisudzo Zauzimu kuti tisewere maudindo athu kwakanthawi
.pa gawo ili la moyo kenako tichoke pamalopo
Sitimafa m'njira yachikhalidwe ya imfa, koma m'malo
mwake timasowa kuseri kwa chinsalu cha nthawi, malinga
.ndi malangizo a mkulu wa zisudzo zakuthambo
Tidzawonekera pa siteji ya moyo nthawi ndi nthawi
mpaka titadziwa bwino seweroli ndikuchita maudindo athu
.moyenera motsatira chifuniro cha Mulungu
Tikakonza magwiridwe antchito athu ndikutsatira
chifuniro cha Woyang'anira Wamkulu ndi Wokonza Zinthu
popanda kutaya kulimba mtima kapena kusokoneza
tsatanetsatane wa dongosolo loperekedwa ndi Mulungu,
sitidzafunikanso kuyesanso, koma tidzakhala mizati yosatha
mu dongosolo la kukhalapo kwamuyaya, okhalamo kosatha
.mu Ufumu wa Kumwamba
Adzakhala m'menemo kwamuyaya
Aliyense wopambana, ndidzamupanga kukhala mzati}
{m'kachisi wanga waumulungu, ndipo sadzatulukamonso
* * *
Poyamba ndinkakayikira kukhala mphunzitsi, chifukwa
zofunikira ndi zotsatira zake ndi zazikulu komanso zoopsa,
popeza mphunzitsi ayenera kukhala wodziwa kudzidzimutsa,
ndipo akangosokonezeka ndi kusokonezeka, sangathe
.kuthandiza anthu omwe akupempha thandizo lake
Mphunzitsi weniweni ayenera kukonda aliyense,
kumvetsetsa anthu, ndi kudziwa Mulungu
Pamene mphunzitsi wanga (Sri Yuktiswar) anandiuza
kuti udindo wanga m'moyo uno unali wa mphunzitsi

wauzimu, ndinapempha mphamvu zopanda malire za .Mulungu kuti zindithandize
Pamene ndinayamba kupereka nkhani, ndinapanga cholinga choti ndilankhule osati kuchokera ku chidziwitso cha mabuku ochokera ku maphunziro a chiphunzitso, koma kuchokera ku kudzoza kwamkati, podziwa bwino kuti mphamvu yolenga yomwe masika ake samatha ndipo gwero .lake silimatha lili kumbuyo kwa mawu anga onse
Mphamvu imeneyo yagwiritsidwanso ntchito m'madera ena kuthandiza ena pantchito yawo komanso m'njira .zosiyanasiyana
Ndagwiritsa ntchito malingaliro a munthu kuonetsa kusafa
Sindinanene kuti, "Ndichitireni ine, Ambuye," koma m'malo mwake, "Ndikufuna kuchita, Ambuye, ndipo ndikupemphani kuti munditsogolere, mundilimbikitse, "ndikundigwira dzanja
Munthu akhoza kuchita zinthu zazing'ono m'njira yapadera kwambiri
Ayenera kukhala waluso kwambiri pantchito yake, ndipo .asalole kuti moyo wake upitirire mwachizolowezi
Ndipo kuchita chinthu chothandiza chomwe palibe amene adachitapo kale chomwe chidzadabwitsa dziko lapansi
Ndipo kusonyeza kuti chinthu chaumulungu cholenga komanso chatsopano chimagwira ntchito kudzera mwa iye
Munthu ayenera kukhala ndi chikhumbo cholimba komanso kutsimikiza mtima kuyenda m'njira za moyo popanda kulola malingaliro a kulephera ndi zolakwa zakale .kukhala ngati zopinga panjira
Moyo ungakhale wamdima, mavuto angabwere ndipo mwayi ungatayike popanda kulandidwa, koma wophunzira sayenera kunena mumtima mwake kuti, "Mulungu wandisiya "ndipo tsogolo langa latsekedwa
?Ndani angathandize munthu ngati uyu

Banja la munthu lingamukane, mwayi ungamusiye - malinga ndi momwe akuonera - ndipo mphamvu za anthu ndi zachilengedwe zingamuchitire chiwembu, koma iye, mwa chisomo cha Mulungu ndi mzimu wa luso mkati mwake, akhoza kuletsa ziwopsezo zonse zotsutsana ndikuyenda .mopambana kupita ku paradaiso weniweni

Ngakhale mutagonjetsedwa ka 100, tsimikizani kuti mudzagonjetsa zovutazo ndikupambana korona wa .ulemerero

Kukhumudwa sikukhalitsa kwamuyaya, ndipo kukhumudwa ndi mayeso akanthawi

Mulungu akufuna kuti tipambane m'moyo ndikuwonetsa mphamvu zonse mkati mwathu, kuti tithe kuchita bwino .ntchito yathu yayikulu pa siteji ya moyo

Mu Gehena ndi Wanzeru

Kalekale, panali munthu wodzipereka kwambiri pagombe la mtsinje wodalitsidwa. Anakhala zaka zambiri za moyo wake akuganizira mozama, koma mwatsoka, khama lake silinaphule kanthu, ndipo sanasangalale ndi kukolola zokolola zambiri za mtendere, ngakhale kuti anayesetsa kufufuza ndi kufufuza zinsinsi za moyo ndi magwero a .chimwemwe

Ngakhale kuti mnzathu nthawi zonse anali wozunguliridwa ndi malo okongola akumwamba, miyoyo yachifundo, mabuku amtengo wapatali, ndi mabwalo okumbukira odala, komabe maganizo ake anapitiriza kuganizira njira zoyenera kwambiri zobera anthu ndi .kuwavulaza

Maganizo amenewo anali oposa mphamvu zake ndipo ankaoneka kuti amachokera ku zifukwa zakale za karmic. Pamene ankayesetsa kuchotsa maganizo osasangalatsa amenewo, ankamulowerera kwambiri, kusokoneza mtendere .wake ndikumulanda mtendere

Pomaliza, anadzilonjeza yekha, nati: "Ndipitiriza kupemphera ndi kupemphera, ndipo sindidzasiya mpaka

nditamasuka ku malingaliro ovutitsa awa omwe amandipweteka pa mtendere wanga panthawi ".yosinkhasinkha

Patadutsa ola limodzi, kenako awiri, ndipo maganizo oipa anabwera m'maganizo mwake ngati mphepo yamkuntho, akukhudza kapangidwe ka malingaliro ake .ndikugwedeza mwamphamvu

Pomaliza, atatha maola atatu akugwira ntchito mwakhama, maganizo ovutitsawo anatha mwadzidzidzi m'maganizo mwake, ndipo m'malo mwake, anaona m'masomphenya okongola woyera mtima wa Mulungu .ataima pamaso pake m'thupi ndi mwazi

Woyera woyera mtima wowalayo sanangooneka :wamoyo koma analankhulanso mwachikondi kwambiri, nati Mwananga, mu thupi lako lakale unali wakuba wodziwa" bwino ntchito wopanda nkhawa ina iliyonse kupatula kugwirira ena ndikuwabera katundu wawo. Koma nthawi yochepa chikumbumtima chako chisanamwalire chinadzuka ndipo unatsimikiza mtima kudzikonza wekha ndipo unalonjeza kuti udzasintha khalidwe lako lochititsa manyazi ndikutsatira njira ya ubwino. Pachifukwa ichi unabadwira m'moyo uno ndi kutsimikiza mtima kwamphamvu kwauzimu kuti ukhale munthu wabwino, koma komabe unabweretsanso maganizo oipa omwe anali maziko a moyo ".wako mu thupi lako lakale

Ndizomvetsa chisoni mwana wanga, kuti ukukhala mu" nthawi zodalitsika izi, wozunguliridwa ndi mabwenzi abwino, magulu okumbukira ndi kuganizira, komabe ngakhale zonsezi, ukukhala mumdima wa nkhawa zamaganizo ndi ".malingaliro owononga komanso osokonezeka

Pambuyo pa kanthawi kochepa chete, mlondayo :anapitiriza kulankhula kwake

Chifukwa chake, malinga ndi lamulo la chilengedwe" chonse, ndipo chifukwa chakuti simunachite zonse zomwe mungathe kuti mugwiritse ntchito mwayi wauzimu womwe

ulipo mu thupi ili, pokhapokha mutabwerezanso kulimbitsa mtima kwanu posinkhasinkha tsopano, panthawi ya imfa :mudzayenera kusankha pakati pa zinthu ziwiri

Kaya mungakhale kumwamba ndi zitsiru khumi kapena" mungakhale ku gehena ndi munthu wanzeru mmodzi, ndi "?chiyani chomwe mungakonde

:Wophunzirayo anayankha mosazengereza kuti

Iwe bwenzi la Mulungu, ndimakonda kukhala ku gehena" ndi munthu mmodzi wanzeru chifukwa ndikudziwa kuchokera mu zomwe ndakumana nazo kuti zitsiru khumi zimapita ku gehena kuchokera ku paradaiso, pomwe ndimakhulupirira mumtima mwanga ndipo ndikudziwa motsimikiza kuti ngati ndili ndi munthu mmodzi wanzeru, ngakhale pansi pa dziko lapansi adzandithandiza kusintha ".gehena kukhala paradaiso

Ufulu wa chizolowezi

Ambiri amaganiza kuti ayenera kudya nyama katatu patsiku, pomwe ena amakhulupirira kuti ayenera kudya ndiwo zamasamba ndi mtedza zokha ndipo adzadwala ngati !atasintha pang'ono zakudya zawo

Zikhulupiriro zotere ndi mtundu wa ukapolo. Munthu sayenera kulola zizolowezi zilizonse za moyo wake kumuletsa, koma ayenera kukhala ndi mphamvu yosintha zizolowezi zake malinga ndi zomwe nzeru ikupereka .komanso zomwe zili zoyenera

Tiyenera kuphunzira kukhala moyo wolungama, pogwiritsa ntchito mphamvu ya ufulu wosankha, motsogozedwa ndi chidziwitso cholondola

Munthu ayenera kugona pa matiresi ofewa usiku wina, .ndipo usiku wina pansi, ndi chitonthozo chomwecho

Kupulumuka kodabwitsa ku zoletsa za chizolowezi ndi ufulu umene anzeru amafuna

Anthu ena amakhulupirira kuti ufulu ndi kuchita chilichonse chimene munthu akufuna kuchita, ndipo ichi ndi .chimene ndimachitcha ufulu wa chikhumbo ndi malingaliro

Chifukwa cha malingaliro olakwika okhudza ufulu weniweni, makolo ena amapangitsa ana awo kukhala akapolo a zizolowezi zawo mwa kumvera zilakolako zawo popanda kuzindikira.

Pachifukwa ichi, mwanayo amakula akukhulupirira kuti bola ngati zokhumba zake zakwaniritsidwa, adzakhalabe wachimwemwe ndipo cholinga cha moyo ndicho kukwaniritsa zokhumba zake.

Koma pambuyo pake anazindikira kuti wanyengedwa. Dziko lakunja kwa nyumba ndi losiyana kwambiri ndi limene anawona ndi kuzolowera mkati mwa nyumbayo.

Sikophweka kukwaniritsa chilichonse chomwe munthu akufuna pa moyo wake! Ena angamukankhire pambali pakuchita khama kuti apeze zomwe akufuna, ndipo nayenso amakhala ndi mantha, mtima wouma kuti akwaniritse zomwe akufuna ndikukwaniritsa zomwe akufuna, akukhulupirira kuti kukwaniritsa zomwe akufuna ndiye cholinga chachikulu cha munthu, otsimikiza kuti dziko lino ndi zonse.

Makolo ayenera kukonzekeretsa ana awo ndi chifuniro champhamvu komanso chiweruzo chabwino kuti athe kuchita zinthu m'dziko lapansi popanda kutengera makhalidwe oipa a dzikolo.

* * *

Timatamanda ndi kuyamika Mulungu chifukwa cha mphatso ya chaka chatsopano chilichonse komanso chiyembekezo ndi malonjezo oti tikwaniritse zomwe zimatipatsa.

Palibe mphamvu yaikulu kuposa kupembedzera kochokera pansi pa mtima kuti tilumikizane ndi Mulungu, kuti tibweretse kusintha kwakukulu m'miyoyo ya anthu ndi m'mikhalidwe ya dziko lapansi, komanso kuti tipeze mtendere ndi ubale wa anthu.

Timapemphera kwa Mulungu kuti mapemphero ochokera pansi pa mtima, malingaliro apamwamba, ndi

chidziwitso chowonjezeka zisinthe kukhala mphamvu yauzimu yodalitsidwa yomwe imabweretsa kusintha .kwenikweni padziko lapansi

Tidalitseni, Ambuye, kuti titsogoleredwe ndi kuwala kwanu ndi nyali zounikira panjira, komanso kuti tidzutse chikondi chanu m'mitima yathu ndi m'mitima ya ena, ndikunyamula nyali za kuwala kwamoyo ndikugwiritsa ntchito maluso athu mu zomwe zimakusangalatsani .ndikupindulitsani anthu

Tithandizeni kudzipangira tokha njira zomwe mphamvu yanu ya chilengedwe ndi kuwala kotsogolera zingayendere kuti zithandize ena ndikuchepetsa mavuto awo, chifukwa chifukwa cha Inu tili ndi mphamvu zothandizira anthu ndi ife .tokha

Ndife odala kuti tithe kumvera chisoni anthu amene akuvutika

Timafalitsa malingaliro ndi zolinga zabwino padziko lonse lapansi

Mtendere ndi ubale zikhale zokumana nazo

Kuchokera m'mawu a mphunzitsi Paramhansa Yogananda

Anthu amadandaula za lingaliro losiya zinthu zina m'moyo, ngakhale kuti kwenikweni amasiya zinthu zambiri zamtengo wapatali, zomwe ndi mtendere wamumtima, ndipo nthawi zina amadzipereka okha kuti apeze ndalama, zomwe .zingawonongeke

Dziperekeni kwa Mulungu ndipo mudzapeza kuti moyo wanu wakhala ngati nyimbo yokongola komanso yosangalatsa

Chotsani maganizo anu m'dziko lino kupita ku ufumu .waukulu wa Mulungu womwe uli mkati mwanu

Mu sitima yamtendere mutha kupita kudziko lomwe silikutha maloto athu komwe kasupe waumulungu .umatuluka mosalekeza kuchokera pansi pa mtima ndi moyo

Ambuye, ndithandizeni kuchita gawo langa mu masewera a moyo mwanjira yomwe imakusangalatsani, kaya ndili wofooka kapena wamphamvu, wodwala kapena wathanzi, wotchuka kapena wosadziwika, wolemera kapena wosauka, podziwa kuti mumandikonda ndipo .simudzandisiya

Chuma chingachotsedwe kwa munthu, kapena chingachotsedwe, akachoka m'dziko lino, ndipo sangathe kuchitenga ndi iye. Phindu lake lenileni lili pakugwiritsa ntchito chumacho pa ntchito zabwino komanso kubweretsa chimwemwe kwa iye mwini ndi ena m'njira yomwe .imakondweretsa Mulungu ndi chikumbumtima cha munthu

Anthu amene amangoganizira za chitetezo chawo ndi chitonthozo chawo, kuiwala kapena kunyalanyaza zosowa za ena, kwenikweni akufunafuna umphawi womwe tsiku lina udzakhala wawo. Anthu amene amamatira ku chuma chawo m'malo mochigwiritsa ntchito pa ntchito zabwino samadzibweretsera chipambano m'moyo wawo wa pambuyo pa imfa koma amabadwa osauka, ndi zilakolako ndi zilakolako za olemera. Koma anthu amene amagawana chuma chawo ndi chipambano chawo ndi ena amakopa .zabwino ndi zambiri kulikonse kumene akupita

Mukapereka kwa anthu oyenerera, mudzapeza kuti Mulungu ali nanu nthawi zonse ndipo sadzakusiyani ndipo simudzasowa chilichonse. Tisaiwale kuti miyoyo yathu imathandizidwa mwachindunji ndi Mulungu ndipo tikazindikira kuti maganizo athu, zofuna zathu ndi zochita

zathu zonse zimadalira Mulungu ndipo zimapeza mphamvu zake kuchokera kwa Iye, ndiye kuti tidzalandira chitsogozo cholunjika kuchokera kwa Iye ndipo tidzazindikira kuti moyo .wathu ndi umodzi ndi moyo Wake wopanda malire

Kusinkhasinkha kumapereka umboni wa kukhalapo kwa Mulungu. Mafunde a malingaliro akachotsedwa m'dziwe la maganizo, chisangalalo chaumulungu chimatuluka mu mzimu. Chisangalalochi chilipo kale mkati mwa mzimu, .koma chili chophimbidwa

Ambuye Ndidzagwiritsa ntchito mphamvu zanga ndi nzeru zanga kuti ndikwaniritse zinthu zazing'ono kaye kenako ndikupita patsogolo pa zinthu zazikulu

Ngakhale zolinga zonse zakuthupi zitakwaniritsidwa, zimangopereka chisangalalo chosakwanira - ndipo popeza Mulungu ndidzapeza malo osungiramo chisangalalo chosatha Ndipo sichimasiya kuyenda ndi kuyenda M'minda ndi m'madambo obiriwira a moyo

Nyumba: Victory Square

Ngati munthu akukhala moyo wake wonse akutsata zosangalatsa zambiri, sadzadziwa kukoma kwa chimwemwe chenicheni. Munthu ayenera kukhala moyo wosalira zambiri ndikuyamba moyo mosavuta. Ndikoyenera kuti munthu azikhala yekha, akuganizira zochita zake nthawi ndi nthawi, ndikuchita mtendere wamumtima, womwe umabweretsa .machiritso, kutsitsimutsidwa, ndi mphamvu zatsopano

Ngati zosokoneza nthawi zonse zimakhalapo ndipo zinthu zina zimadzaza malingaliro, mitsempha imavutika chifukwa cha izi, mphamvu zambiri zofunika zidzatayika, ndipo moyo udzakhala wopsinjika komanso wovutika. Komanso, munthu sayenera kuda nkhawa kwambiri ndi kukonza ena; m'malo mwake, ayenera kudzikonza yekha .asanayese kukonza ena

Dziwani kuti nyumba ndi malo omenyera nkhondo abwino kwambiri. Munthu amene ali mngelo m'nyumba .mwake adzakhala mngelo kulikonse

Kukoma kwa mawu ndi mtendere womwe umaperekedwa ndi khalidwe labwino ndizofunikira kwambiri .m'nyumba kuposa kwina kulikonse

Monga momwe mdima sungakhalire kumene kuwala kumawala, momwemonso mdima wa matenda uyenera kuzimiririka pamene kuwala kwa Mulungu kumawala m'maselo a thupi, ndipo ndi ochepa okha amene .amazindikira choonadi ichi

Anthu akamamva chikhumbo chachikulu chofuna kuchira, amapemphera ndi mitima yovutika Kapena ndi chisoni, poganiza kuti Mulungu sadzamva mapemphero awo Kapena amapemphera koma sadikira Kuti adziwe ngati .mapemphero awo afika kwa Mulungu

Monga momwe munthu sangamvere nyimbo zomwe zimawulutsidwa mlengalenga pogwiritsa ntchito chipangizo cholandirira mawu cholakwika, momwemonso munthu sangamvetsere kugwedezeka kwa thanzi, mphamvu, ndi nzeru zochokera kwa Mulungu ndi chipangizo chauzimu chomwe sichikugwira ntchito bwino ndi mantha, nkhawa, ndi .mitundu yonse ya nkhawa, kukayikira, ndi kusatsimikizika

Tikumbukireni ndi kukuthokozani, Ambuye, nthawi ya kusowa ndi kulemera, mu matenda ndi thanzi, mu mdima ndi kuwala, ndi m'zochitika zonse Tikumbukireni ndi chiyamiko masiku abwino omwe mwatipatsa Tithandizeni kutsegula maso a chikhulupiriro kuti tiwone kuwala kwanu .kodala, komwe kumachiritsa matenda ndi matenda onse

Ine ndine kapitawo wa chombo changa cha malingaliro abwino, chifuniro changa chabwino, ndi ntchito yanga yopindulitsa komanso yopindulitsa. Ndidzayendetsa chombo cha moyo wanga, nthawi zonse ndimayang'ana dziko lowala la mtendere mumlengalenga mwa kuganizira kwambiri .zanga

Ndigwiritsa ntchito luso langa loganiza bwino kuti ndipambane pa chilichonse chimene ndimachita Mulungu adzandithandiza ngati nditayesetsanso kudzithandiza .ndekha

Lero ndidzalima munda wa moyo ndi khama latsopano ndikuubzala ndi mbewu za nzeru, thanzi, kukhutira, ndi chimwemwe. Ndidzathirira mbewuzo ndi chikhulupiriro ndi kudzidalira, ndipo ndidzayembekezera zabwino za Wamphamvuyonse kuti andipatse zokolola zolungama. Ngakhale sindidzakolola zomwe ndikuyembekezera, ndidzakhalabe woyamikira komanso woyamikira mtendere wamumtima womwe umabwera chifukwa choyesetsa kuchita .zonse zomwe ndingathe

Ndidzayamika Mulungu kuti nditha kupitiriza kuyesetsa mpaka nditapambana, mwa chisomo Chake Ndipo ndidzayamika Iye ndikakwaniritsa chikhumbo changa chachikulu. Ndidzayesetsa kuchita ntchito zabwino komanso .zoyenera zokha, kufunafuna chisangalalo cha Mulungu

Dziko lapansi lili ndi mphepo zamkuntho zachilengedwe ndi za anthu, ndipo Mulungu ndiye chishango champhamvu komanso malo otetezeka ku mphepo zamkuntho, mphepo zamkuntho, ndi zoipa za dziko lino. Kulikonse kumene Mulungu ali, palibe mantha kapena chisoni. Wokhulupirira weniweni amaima wolimba mtima ndi wonyada pankhondo ya moyo ndi kulimbana ndi zochitika, wotsimikiza kuti Mulungu ali naye, akumuteteza ku zoopsa ndipo samusiya ngakhale mphindi imodzi. Motero, mantha amatha mumtima mwake ndipo chitsimikizo chimamugwira, chitetezo chomwe .sichingaikidwe

Kusachita mantha kumatanthauza kukhala ndi chikhulupiriro mwa Mulungu ndi chitetezo chake, komanso kukhala ndi chikhulupiriro mu chilungamo chake, nzeru zake, chifundo chake, chikondi chake, ndi kupezeka kwake .kulikonse

Mantha amachotsa mphamvu zamaganizo za munthu, amaphimba malingaliro ake, ndipo amawononga kamvekedwe ka mtima. Komanso, mantha angayambitse kusokonezeka kwa thupi ndi matenda amisala. M'malo mokhala ndi nkhawa komanso kutsekeredwa m'maganizo, munthu ayenera kudzitsimikizira kuti ali otetezeka m'chitetezo cha Mulungu, Wowona Zonse, Womva Zonse, wotetezeka m'linga Lake losagonjetseka, komanso .wozunguliridwa ndi chifundo ndi chisamaliro Chake

Kaya m'nkhalango ya ku Africa, pankhondo, mukuvutika ndi matenda kapena umphawi, munthu ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa zilizonse ndipo limatha kuteteza iwo amene afuna chitetezo mwa Iye. Palibe njira yothandiza yotetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru pochita zinthu pamene nthawi yomweyo akukhulupirira thandizo la Mulungu. Chikhulupiriro sichitanthauza kukhala wosasamala kapena kuchita zinthu mopanda nzeru akakumana ndi mavuto. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye angathe kuthandiza m'mikhalidwe yovuta komanso yovuta ngati munthu atembenukira kwa Iye ndi mtima wake wonse, moyo wake wonse, ndi malingaliro ake .onse

Mavuto akabwera ngati chipale chofewa, sitiyenera kuwalola kuti alepheretse chifuniro chathu kapena kubisa masomphenya athu omveka bwino komanso njira yanzeru komanso yomveka bwino. M'malo mwake, tiyenera kusunga chikhulupiriro chathu mwa Mulungu ndi malingaliro athu achibadwa a chabwino ndi choipa, ndikuyesetsa kupeza njira yotulukira. Ndi thandizo la Mulungu, tidzaipeza. Pomaliza pake, zinthu zidzayenda bwino chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa anthu. Anthu omwe savomereza kusapeŵeka kwa

zochitika m'malo mwake ndipo m'malo mwake amayesetsa kulowa kupitirira chophimba ndi nzeru zawo ndi chikhulupiriro chawo adzapeza chitseko chotseguka kwa iwo —chitseko chomwe dzanja lililonse lokhulupirira .limagogodapo

Moyo uli ndi mdima, ndipo nthawi zina timapunthwa ndi kuzengereza kupita patsogolo Tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zamdima za moyo Mulungu ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lowala m'maola odzuka, nyali yowunikira chitsogozo, ndi nyenyezi yotsogolera kwa iwo oyenda m'nyanja za moyo wapadziko lapansi, wosakhalitsa

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho, tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

Kusiyana pakati pa kuganizira za m'maganizo ndi kudzifufuza zauzimu

Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso, amakhala ngati wolemba nkhani woyenda, akubwereza miyambi ndi mawu apamwamba, ndipo ena amawaona kuti ndi ophunzira komanso odziwa zambiri. Koma chidziwitso chotere sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, komanso sichikugwirizana ndi kukwaniritsa zauzimu. Mtundu uwu wa luntha kapena luntha umasunga "umwini" womangiriridwa ku malingaliro ozindikira, omwe amaletsedwa ndi mphamvu zakuthupi.

Chidziwitso cha chiphunzitso sichingapeze chidziwitso chaumulungu, ndipo ndibwino kuti munthu asawononge nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, kuti munthu asadzipeze atasochera m'nkhalango yowirira ya luntha, .osatha kupitirira dziko la chiphunzitso

Njira imeneyi sidzatsogolera ku kudziwa chowonadi chifukwa chowonadi chili kupitirira malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira iyi .amamangidwa ndi malingaliro awoawo

Ngati munthu agwiritsa ntchito mphamvu zake zamaganizo kuti apeze ndalama ndi zinthu zakuthupi zokha, chidziwitso chake chidzakokedwa kudziko lapansi la zinthu zakuthupi ndikukhala ndi zovuta zambiri. Chifukwa chake, anthu anzeru amanena kuti munthu sayenera kupereka mphamvu zonse zamaganizo zomwe Mulungu wawapatsa kuti azichita zinthu zosakhalitsa, kuti asadzitayike m'gulu la zinthu zakuthupi ndikudzipangira zoletsa zosafunikira. M'malo mwake, ayenera kugwiritsa ntchito mphamvu zake zamaganizo kuti apeze zofunikira pa moyo ndikuyesetsa kukulitsa mphamvu zake zamakhalidwe abwino kuti athe kusiyanitsa pakati pa chabwino ndi choipa, komanso pakati pa zomwe zili zoipa ndi zomwe zili zothandiza. Akakulitsa chidziwitso chawo chauzimu, adzatha kuzindikira Mulungu mkati mwawo ndikupeza choonadi chauzimu chobisika kuseri kwa zophimba zokhuthala za zinthu zakuthupi. .Mkhalidwe uwu umatchedwa kudzifufuza kwauzimu

Kaya nkhawa zathu zili zotani, Mulungu nthawi zonse ayenera kukhala patsogolo m'miyoyo yathu Chimodzi mwa zinthu zofunika kwambiri pakukula mwauzimu ndi kulumikizana kosalekeza komanso kochokera pansi pa mtima ndi Mulungu, komwe mudzawona kusintha

kodabwitsa komanso kwabwino komwe kudzakukhudzani .kwambiri

Munthu akafuna kuonera chiwonetsero, kapena kugula zovala zatsopano kapena galimoto yatsopano, kodi si zoona kuti maganizo ake amakhala otanganidwa nthawi zonse? Ponena za nkhani zimenezo ndi momwe angazikwaniritsire kapena kuzipeza? Sadzapuma mpaka atakwaniritsa zokhumba zake, ndipo adzapitiriza kugwira ntchito mosatopa .kuti akwaniritse zokhumba zimenezo

Motero, maganizo a munthu ayenera kuganizira za Mulungu. Kenako zilakolako zonse zazing'ono, zazing'ono zidzasinthidwa kukhala chilakolako champhamvu chofuna .kumva Mulungu ndikulankhulana naye

Pamene maganizo akunong'oneza Mulungu kunong'oneza kochokera pansi pa mtima, kochokera pansi pa mtima wofunitsitsa

Kuyimba kwa mzimu kudzakhudza mtima wa dziko lonse, ndipo yankho lidzabwera, kubweretsa chisangalalo .chachikulu

Kunong'oneza kwanzeru kumalimbikitsa mphamvu, mpaka mutakhala ndi mphamvu zokwanira kuti mukwaniritse cholinga chomwe mukufuna

Pamene maganizo ndi chifuniro cha munthu zikugwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu kumakhala kokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe .akugwirizana ndi chifuniro chapamwamba

Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu

akugwira ntchito, chilichonse chomwe ndimafuna chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

Chinsinsi cha kukula

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo zofunika kuchokera kwa iwo. Pakuti ululu uliwonse ndi kuvutika kulikonse komwe timakumana nako kuli ndi .tanthauzo komanso cholinga

Ngakhale kuti mayesero ndi ovuta, ali ngati moto umene umasungunula chitsulo, n’kuchisintha kukhala chitsulo chokongola, champhamvu, komanso chosinthasintha. Nzeru zomwe timapeza kudzera mu malawi oyaka a zokumana nazo ndi zodabwitsa kwambiri. Moyo umatiyeretsa, kusintha makhalidwe athu oyambira kukhala zinthu zamtengo wapatali, kutilola kukhala ndi miyoyo yoyera ngati miyala yamtengo wapatali, yolimba ngati chitsulo, koma yosinthasintha komanso yolimba, yopindika popanda .kusweka ndi mavuto ndi zovuta

Tikaona nkhope zopotoka ndi mkwiyo, zovulazidwa ndi nkhanza, maso awo amatipangitsa kulakalaka kuchotsa kuipa m'miyoyo yathu—moyo wosakhudzidwa ndi chilichonse kupatula zolinga zoipa ndi mkwiyo wozama womwe umabisa chithunzi chodala cha Mulungu mkati mwathu, monga momwe utsi umawonongera galasi. Zochita zopweteka za ena ziyenera kudzutsa mwa ife chikhumbo chowongolera khalidwe lathu ndi kudziletsa tokha, kuti tikhale olamulira zilakolako zathu zosalamulirika, osati .akapolo a izo

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mphepo yocheperako ikuyenda mwa iwo popanda kusokonezedwa, kudzazidwa ndi mtendere wambiri. Izi zili choncho chifukwa mphepoyo imalumikizidwa ndi gwero lake lapamwamba, loyenda nthawi zonse komanso lofikira miyoyo mogwirizana ndi iyo. Kenako adzatha kupereka .chimwemwe ichi kwa miyoyo yomwe ikufuna mtendere

Tsiku lililonse, munthu amayang'ana pagalasi kuti aone nkhope yake chifukwa akufuna kuoneka bwino kwa ena. Kodi chofunika kwambiri n'chiyani kuti aime tsiku ndi tsiku ndikuyang'ana pagalasi la kusanthula kwamkati kuti apeze zomwe zili pansi pa kuwala! Pakuti chilichonse chokongola kunja chimachokera ku umunthu wamkati. Ndipo palibe chomwe chimadetsa galasi loyera la mzimu monga kupotoza maganizo monga mkwiyo, mkwiyo, nsanje, ndi chidani. Aliyense amene amayesetsa kudzimasula ku zinthu izi, zachilendo ku mzimu, adzalola kuwala kwa kukongola .kwamkati kuwonekera kuchokera mkati

Kudzera mu kusanthula, tapeza kuti mavuto a anthu ali m'magulu atatu: pali mavuto ndi zovuta zomwe zimaukira thupi la munthu, zina zomwe zimaukira malingaliro, ndi gulu .lachitatu lomwe limatseka njira za mzimu

Matenda, ukalamba, ndi imfa ndi mavuto ndi zopinga zomwe thupi limakumana nazo Matenda amisala, komabe, amalowa m'maganizo kudzera mu chisoni, mantha, mkwiyo, zilakolako zoponderezedwa, mkwiyo, chidani, kukhudzidwa ndi malingaliro, kusokonezeka kwa mitsempha, ndi khansa yamisala yomwe imalepheretsa mphamvu zamaganizo Komabe, matenda owopsa kwambiri ndi matenda a mzimu,

omwe amaonekera mu umbuli, omwe matenda ena onse .amafalikira

Pali zabwino zambiri kuposa zoyipa padziko lapansi

Pamene kukayikira kukulowa, tiyenera kukumbukira miyoyo ya anthu akuluakulu. N’zoona kuti ndife anthu, koma Mulungu watipatsa mphamvu zodabwitsa zomwe sitimazigwiritsa ntchito kawirikawiri. Ndiye n’chifukwa chiyani timanjenjemera poopa ukalamba, matenda, ndi chisoni? Tiyenera kuchita zonse zomwe tingathe kuti tisamalire matupi athu, koma sitiyenera kugonja ku mantha .kapena kudzikwirira pansi pa umbuli wambiri

Thupi si munthu yense

Chabwino chimaposa choipa padziko lapansi chifukwa Mulungu ndiye mphamvu yaikulu. Koma choipa chikatigwera, timaganiza kuti tilibe mphamvu zochilamulira .kapena kuthawa

Mkuntho wa zoipa udzawomba, koma tikhoza kugonjetsa zotsatira zake ndikuzigonjetsa

Sitinapatsidwe moyo kuti tiwonongedwe nawo, koma kuti atipatse chidziwitso cha umuyaya, ndipo tiyenera .kukumbukira choonadi ichi

Popanda ufulu woganiza, munthu sangadziwonetse yekha m'njira yoyera, yodzipangira yekha, komanso yachibadwa. Kumbukirani kuti ndinu omasuka kwambiri. .Mphamvu ya chifuniro nthawi zonse imakhala yaulere

Ngati mugwiritsa ntchito mphamvu yanu moyenera, idzakupatsani karma yabwino, koma anthu ambiri safuna kusintha ndipo safuna kuyesetsa, kotero amagwa

akakumana ndi mavuto ndipo sangathe kukumana ndi .mavuto

Kuchita chilichonse chomwe munthu akufuna si ufulu, chifukwa anthu amamangidwa ndi zilakolako zawo, motero zochita zawo sizingatchedwe ufulu konse. Ufulu weniweni umatanthauza kuchita chilichonse ndi chifuniro chotsogozedwa ndi nzeru. Munthu akhoza kulamulira zotsatira za zochita zake zakale, zomwe mosakayikira zidzawatsatira, ngati ayambitsa chifuniro chake ndikuchigwiritsa ntchito pa ntchito zabwino komanso zopindulitsa. Ngati muchita zochita zanu ndi nzeru komanso ndi chifuniro, mphamvu za zochita zanu zoyipa zakale zidzafooka ndipo zizolowezi zomwe zimachokera ku zochita .zanu zabwino zidzalimbikitsidwa

Nthawi zonse timalakalaka zomwe tilibe ndipo timayamba kukonda zinthu zosafunikira. Tikangotenga chinthu, timataya ufulu wathu wosankha kwakanthawi. Monga momwe anthu akummawa amakhalira akapolo ndi miyambo yakale, momwemonso anthu akumadzulo amakhalira akapolo ndi miyambo yamakono. Timapanga .tsogolo lathu ndipo timamangidwa nalo

N’chifukwa chiyani mwana mmodzi amabadwira m’banja loipa pomwe wina amabadwira m’banja labwino? Aliyense wa iwo anagwiritsa ntchito ufulu wake kukhala ndi moyo mwanjira inayake m’mbuyomu (m’moyo wakale) ndipo .motero anadzibweretsera mavuto amenewo m’moyo uno

Palibe ufulu weniweni popanda Mulungu. Tiyenera kuganizira za Iye nthawi zonse. Kaya nkhawa ndi maganizo athu ndi otani, Mulungu ayenera kukhala pamalo oyamba m'mitima mwathu, ndipo tikagwirizana naye, tidzapatsidwa mphamvu zokwaniritsa zomwe tiyenera kuchita nthawi .iliyonse, ndi thandizo lake laumulungu

Malangizo kwa wophunzira

Mmodzi mwa ophunzirawo anafunsa mphunzitsi wa Paramhansa kuti amupatse upangiri woti adzithandize, iye anati: Ngati mukufuna kukondedwa Yambani kukonda ena .omwe akufuna chikondi chanu

Ndipo ngati mukuyembekezera kwa ena Khalani okhulupirika ndi okhulupirika kwa iwo kuti akhale okhulupirika kwa inu

Ngati mukufuna kuletsa ena kuchita zinthu zoipa komanso zachinyengo, musalole chinyengo kulowa m'maganizo mwanu, ndipo musachite zinthu zomwe .zingavulaze ena

Ngati mukufuna kuti ena akumvereni chisoni Yambani mwa kuwamvera chisoni, makamaka kwa omwe .akuzungulirani

Ngati mukufuna kuti ena akulemekezeni, muyenera .kulemekeza ana ndi akulu omwe

Ngati mukufuna mtendere kuchokera kwa ena, muyenera kukhala ndi moyo wogwirizana

Ngati mukufuna kuti anthu akhale achipembedzo, khalani auzimu ndipo ena aziona kuti ndinu chitsanzo .chabwino ndipo angakudalireni ndikukukhulupirirani

Mwachidule, chilichonse chimene mukufuna kuti ena achionetse. Khalidwe labwino ndi kusonyeza zimenezo m'moyo wanu choyamba, ndipo mudzapeza kuti anthu .adzakuchitirani chimodzimodzi

Ngati mungathe kuzindikira madera m'moyo wanu omwe akufunika kusintha popanda kukhumudwa kapena kukhala ndi vuto lodziona ngati wopanda pake, ndipo ngati nthawi zonse mumayesetsa kukulitsa khalidwe lanu, ndiye

kuti nthawi yomwe mumagwiritsa ntchito pa izi idzakhala yopindulitsa kwambiri kuposa momwe mungawonongere kufuna kuti ena adzikonze okha Chitsanzo chanu chabwino ndi khalidwe lanu labwino zili ndi mphamvu zambiri zosinthira ena kuposa zomwe mukufuna, mkwiyo, ndi mawu anu okha

Ambuye, Inu ndinu gwero la zabwino zonse ndi chiyambi cha mphamvu zonse. Tidalitseni kuti tiwonetsere madalitso Anu pa ife mu thanzi lathu, zolinga zathu zanzeru, ndi mawonekedwe athu auzimu. Inu ndinu kuwala kwa nyenyezi, mphamvu mu maatomu, kukoma mtima m'mitima, ndi kukongola m'choonadi. Tithandizeni kudzidzaza ndi mphamvu Yanu yapamwamba, nzeru Zanu zopanda malire, .ndi kukhulupirika Kwanu kopanda malire

Ambuye, tidziwitseni kuti Inu ndinu kasupe wa thanzi, nyanja ya moyo, ndi gwero la kumvetsetsa konse ndi chidziwitso. Timasuleni ku umbuli ndi zotsatira zake, ku mantha ndi nkhawa, ndipo lolani kuti kusefukira kwa nzeru .zanu kuchotse zinyalala zonse ndi zinyalala m'miyoyo yathu

Chotsani, Ambuye, zophimba zomwe zimabisa nkhope yanu kwa ife. Tikuoneni ngati kuwala kowala kwambiri, ngati dzuwa losawerengeka lomwe lili m'mwamba mwa miyoyo yathu. Tikumveni ngati mphamvu yokonzanso yomwe imauzira malingaliro athu, imadyetsa miyoyo yathu, .imachirikiza matupi athu, ndikukwaniritsa maloto athu

Ameni

Anthu ambiri sadziwa chifukwa chake Popeza ali padziko lapansi, amakhulupirira kuti cholinga cha moyo ndi kukwaniritsa zilakolako Kupeza zofunikira pa moyo Kufunafuna zosangalatsa ndi chikondi cha anthu, kenako .n’kudzipereka kwa woyitana womaliza

Anthu amayamba moyo wawo Olemba mapulogalamu ndi zilakolako ndi zokhumba zomwe sizinakwaniritsidwe kale Ndipo amayesa - ndi ufulu wochepa womwe adasiya - Mwa kutsanzira zokhumba ndi zochita za ena, ngati akugwirizana ndi amalonda, amafuna kukhala ngati iwo, ndipo ngati akugwirizana ndi ojambula, zaluso zimakhala chilichonse kwa iwo

Mulungu akufuna kuti tikhale ndi zochita m'dziko lino. Watipatsa njala yomwe imafuna kuti tigwire ntchito kuti tikwaniritse njalayo, koma kufunafuna chakudya, pogona, ndalama ndi katundu kumatanthauza kuti munthu amaiwala .gwero la chimwemwe chake

Ndi zoona kuti tiyenera kugwira ntchito kuti tipeze zosowa zathu ndikuyesetsa kukwaniritsa zolinga zathu zovomerezeka, koma choyamba, tiyenera kutsegula mitima yathu kwa Mulungu ndikupempha chitsogozo Chake ndi chivomerezo Chake pa zonse zomwe timachita. Kenako tidzapambanadi m'sukulu ya moyo, chifukwa tidzalandira malangizo athu kuchokera kwa Woyang'anira Wamkulu ndi Wopereka amene amadziwa zomwe tikufunikira komanso zomwe zili zabwino kwa ife. Chifukwa chake, tiyenera .kudalira Iye ndikugonjera chifuniro Chake chanzeru

Kuchokera ku nkhani za mphunzitsi Paramahansa

Pamene chimwemwe chamkati cha moyo chabisika ndi chisangalalo chaching'ono chaching'ono, kuwala kwagolide kwa mzimu kumachepa, ndipo mphamvu zowonekera za mzimu zimabisika kumbuyo kwa kuchuluka kwa zinthu. Pamene maganizo a munthu akokedwa ndi nsanje ndi nsanje, ndipo aphimbidwa ndi mitambo ya mantha ndi nkhawa, munthu amakhala wachisoni, wosauka, komanso wogonjetsedwa. Koma pamene munthu ayang'ana kwambiri chikondi, mtendere, ndi mgwirizano, amapeza chimwemwe .chachikulu

Moyo umamva chisangalalo ukasintha kuchoka ku zilakolako zakuthupi zosakanikirana ndi kuvutika ndi chisoni kupita ku makhalidwe abwino owonekera a mzimu, .odzazidwa ndi zosangalatsa zazikulu

Ngati mzimu ulowerera kwathunthu mu zosangalatsa za dziko lapansi, umakhala wopanda chidwi ndi kufunafuna zisangalalo zapamwamba komanso wosakhoza kupeza zosangalatsa zauzimu. Ambiri anganene kuti kusiya zosangalatsa zakuthupi n'kosatheka m'dziko lino kapena pokhala pakati pa anthu omwe maganizo awo amayang'ana kwambiri zinthu zakuthupi. Komabe, sikofunikira kwa munthu wamba kusiya dziko lapansi ndikubwerera kumapiri ndi nkhalango kuti akapeze bata ndi mtendere. M'malo mwake, ayenera kukhalabe m'dziko lino popanda kulola mafunde ake amphamvu kuwachotsa, kuti asagonjetsedwe .ndi mafunde amphamvu a moyo uno

Munthu sayenera kukhala ndi maganizo oipa pa zomwe zili pafupi naye, ndipo nthawi yomweyo sayenera kulola kuti kukonda chuma kusokoneze maso ake, kuti asataye umunthu wake wauzimu ndipo asathe kulawa chisangalalo .cha chisangalalo ndikuona kuwala kwa Mulungu
Moyo, ndi umunthu wake, zigawo zake, ndi zolinga zake, ndi nkhani yovuta kumvetsetsa koma yosatheka kuithetsa, ndipo ndi kuganiza kwathu kopita patsogolo, timathetsa .zinsinsi zake zina tsiku lililonse

Zipangizo zozikidwa pa mfundo zenizeni za sayansi m'nthawi ino ndizodabwitsa kwambiri, ndipo zinthu zomwe sayansi imabweretsa zimatipatsa masomphenya omveka bwino a njira zomwe moyo ungasinthire. Koma ngakhale kuti tili ndi zida zonse, zinthu zatsopano, ndi njira, tikuwonekabe ngati zidole m'manja mwa tsoka, ndipo njira yomwe ili patsogolo ikadali yayitali Tisanamasulidwe ku ulamuliro wa .chilengedwe

Ndithudi, kukhala motsatira malamulo a chilengedwe si ufulu Maganizo athu okondwa amadzazidwa ndi kumangidwa ndi kudzimva opanda thandizo pamene tikumva kuti ndife ozunzidwa ndi kusefukira kwa madzi, mphepo zamkuntho, kapena zivomezi, kapena pamene zochitika zimatitenga - popanda chifukwa chomveka - okondedwa athu omwe ali pafupi ndi mitima yathu. Kenako timazindikira kuti sitinapambane zambiri, ndipo sitinathe kugonjetsa mavuto. Ngakhale kuti timayesetsa kwambiri kuti moyo ukhale monga momwe tikufunira, zinthu zina zidzaonekera padziko lapansi, ndi zochitika zotsogozedwa ndi maganizo amphamvu omwe sitidziwa zambiri, akugwira ntchito mosasamala kanthu za malingaliro athu ndi chifuniro chathu. Chabwino kwambiri chomwe tingachite ndikugwira ntchito .ndikupanga kusintha

Timalima tirigu ndikupanga ufa, koma ndani adapanga mbewu yoyamba? Timadya mkate wopangidwa ndi ufa, koma ndani adapatsa matupi athu mphamvu yowugaya? ?Ndipo tingasinthe bwanji chakudya kukhala chakudya

Mu ngodya iliyonse ya moyo, zikuwoneka kuti pali dzanja la Mulungu lofunika kwambiri. Sitingathe kuyendetsa zinthu zathu popanda ilo, ndipo ndi zonse zomwe tili nazo. Sitikudziwa nthawi yomwe mtima udzasiya kugwira ntchito, chifukwa chake ndikofunikira kudalira molimba mtima mphamvu ya Mulungu yapamwamba kwambiri. Ndi kudalira umunthu wathu wapamwamba, wochokera ku mphamvu .zonse zomwe timatsanzira

Tiyenera kukhala ndi chikhulupiriro chopanda kudzikuza, ndikuyenda molimba mtima panjira za moyo

Popanda mantha ndi kunjenjemera, komanso popanda kupsinjika maganizo ndi kutsekeredwa m'ndende

Kuthana ndi ziwengo

Kugonjetsa kukhudzidwa ndi zinthu ndi luso losavuta, ndipo kulamulira kufulumira kwa munthu kuchitapo kanthu ndikofunikira kuti munthu akhale ndi umunthu wabwino .komanso wolinganizika bwino

Kuzindikira kumayambira pa kusamvetsetsana, kudziona ngati wopanda pake, kudzikuza kwambiri, ndi kudzikuza kwambiri

Munthu akaganiza kuti zakukhosi kwake zamupweteka, maganizo amenewo amakhazikika m'maganizo mwake, zomwe zimadzutsa mitsempha yake, yomwe kenako imakhala yolimba ndipo mkwiyo umayaka mumtima mwake chifukwa cha malingaliro ovulala. Komabe, anthu ena ali ndi mphamvu zolamulira zakukhosi kwawo, kotero zizindikiro zawo zakunja sizimawonekera ngakhale kuti ali ndi mkwiyo waukulu mkati mwawo. Ena amasonyeza mkwiyo wawo kudzera mu zochita zawo nthawi yomweyo, zomwe zimawonekera m'maso mwawo ndi nkhope zawo, komanso .kudzera mu mayankho achangu, olembedwa m'mawu

Kukonda kwambiri zinthu kumakhala ndi zotsatirapo zoopsa; kumawonjezera vutoli ndikupanga kusakhazikika .kosafunikira komwe kumakhudza ena

Kuyesetsa kuyenera kuchitika kuti munthu akhale wodziletsa komanso wodekha, zomwe zimathandiza kuti pakhale mtendere m'malo mokhala ndi nkhawa komanso kuthetsa utsi wa nkhawa. Anthu amene amachita zimenezi adzakhala olamulira tsogolo lawo ndipo adzalandira mphoto .yoyamikiridwa ndi kulemekezedwa ndi anthu owazungulira

Kuzindikira kwambiri ndi khalidwe lomwe anthu ambiri ali nalo, ndipo pamene malingaliro osamveka bwino amenewa ayamba, amaphimba nzeru ndi kuphimba maso a nzeru. Choyipa kwambiri n'chakuti, munthu amene ali ndi vuto la kukhudzidwa kwambiri amakhulupirira kuti

akuganiza, kumva, ndi kuchita zinthu mwangwiro, pomwe !kwenikweni khalidwe lake lingakhale lolakwika kotheratu

Anthu ambiri amakhulupirira kuti ayenera kudzimvera chisoni akamadzudzulidwa, ndipo kudzimvera chisoni kumawapatsa mpumulo. Koma mofanana ndi anthu omwe amamwa mankhwala osokoneza bongo, akamamwa kwambiri, chizolowezi chawo chimakhala champhamvu .kwambiri

Munthu wokhudzidwa kwambiri nthawi zambiri amavutika popanda chifukwa Nthawi zambiri, palibe amene amadziwa chomwe chimayambitsa kuvutika kwawo kapena mtundu wa madandaulo awo, zomwe zimapangitsa kuti azivutika kwambiri chifukwa chodzipatula. Palibe chomwe chingapezeke mwa kungoganizira mofatsa za mawu onyoza kapena odzudzula. Ndi bwino kuthana ndi zomwe zimayambitsa kukhudzidwa koteroko kudzera mu kusanthula .koyenera komanso kudziletsa

Mtundu uwu wa ziwengo zosafunikira uli ndi zotsatirapo zoopsa; umadya mtima ngati moto ndikuwononga minofu ya mtendere. Chifukwa chake, uyenera kuthetsedwa mwanzeru, .mwanzeru, komanso ndi chifuniro cholimba

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Ndimagwira ntchito mwakhama kuti nditumikire aliyense, koma ndikapita ndekha kuti ndikaganizire, sindilola aliyense kusokoneza malingaliro anga. Zinthu zina zingandilepheretse, koma nthawi yanga yokumana ndi Mulungu tsiku ndi tsiku siyenera kunyalanyazidwa kapena .kunyalanyazidwa

Musanachite chilichonse, imirirani kaye ndipo ganizirani mosamala zotsatira zake ndi momwe zimakhudzira maganizo anu, thupi, ndi moyo wanu. Zochita

zoyendetsedwa ndi kukakamizidwa si ufulu, chifukwa zochita zosemphana ndi malamulo a mgwirizano ndi kupita patsogolo zimaletsa munthu. Mosiyana ndi zimenezi, zochita zovomerezeka ndi kuzindikira komanso mogwirizana ndi chikumbumtima cha munthu ndi zabwino ndipo .zimabweretsa ufulu

Mukasankha kuchita chinthu chabwino, kapena kupewa kuchita choipa, ndipo mukutsatira chisankho chimenecho ndikuchitapo kanthu moyenera, dziwani kuti ufulu wanu ndi .wochuluka

Mulungu akufuna kuti tigwiritse ntchito ufulu wosankha umene tapatsidwa kuti timufunefune ndi kumupeza, koma .safuna kutikakamiza

Chikhumbo choyandikira Mulungu ndi kumudziwa sichibwera chokha, koma chiyenera kuyatsidwa ndi kusamalidwa Popanda chikhumbo chimenecho, moyo ulibe .phindu kapena kukoma

Lolani kuzindikira kwanu kwauzimu kutsogolere kuganiza kwanu ndipo kupambana kudzakutsatirani .kulikonse komwe mupita

Kwa Mulungu ndimapereka mawu anga, manja anga, mapazi anga, mtima wanga, thupi langa, malingaliro anga, chifuniro changa ndi chilichonse

Chikondi ndi chida chauzimu chomwe chimathetsa nkhondo zonse

Kupitirira dziko lino lapansi pali maiko opanda malire komwe tidzakumananso ndi anthu omwe tinkaganiza kuti .atisiya kwamuyaya

Moyo wa dziko lapansi uwu umasintha nthawi zonse, chisoni chimatsatira chisoni, malingaliro onyenga,

malingaliro onyenga, chiwanda ichi chomwe chimawonekera m'chipululu cha chidziwitso chathu chiyenera kutha, ndipo tiyenera kudzutsa ife eni enieni kuchokera pansi pa .zophimba za zinthu

Musayese kuyika ziyembekezo zanu pa moyo uno Kodi chitsimikizo chanu chili kuti? Mumakhala otetezeka ?pokhapokha mutathawira ku chidziwitso cha Mulungu

Moyo uli ngati golide wakale wobisika pansi pa nthaka. Dothi likachotsedwa mu golideyo ndipo likasambitsidwa ndi madzi oganizira, limawalanso ndi chiyero chonse komanso .kumveka bwino

Ambuye, tiyeni tiwone zabwino, tiganizire malingaliro abwino, ndikugwirizana ndi anthu a makhalidwe abwino. Tithandizeni kuganizira za Inu ndi kuganizira za Inu, Inu amene muli gwero la chilungamo chonse ndi chiyambi cha .zabwino zonse

Ufulu ku kufooka

Njira yabwino yogonjetsera kufooka ndikusiya kuganizira za kufookako; apo ayi, lingaliro la kufooka lidzagonjetsa chikumbumtima chanu ndikulamulira umunthu wanu wamkati. Tikabweretsa kuwala mwa ife tokha, mdima .udzatha ngati kuti sunakhalepo

Lingaliro limenelo limandilimbikitsa kwambiri

Pamene kuwala kukulowetsedwa m'phanga lomwe lakhala likubisika mu mdima kwa zaka zikwi zambiri, mdima umatha nthawi yomweyo Mofananamo, zofooka ndi zolakwika zimatha pamene tilola kuwala kwa Mulungu kulowa m'maganizo mwathu, ndipo mdima wa kusadziwa .sungakhalepo. Iyi ndi nzeru imene tiyenera kukhala nayo

Kuzengereza sikothandiza Gudumu la moyo silimasiya kuzungulira, ndipo masiku a moyo wathu amadutsa mwachangu Mphindi iliyonse yomwe timathera kuganiza bwino ndikuchita zinthu mwanzeru ndi ndalama zopambana .komanso zopindulitsa mu chisangalalo chathu

Anthu ambiri amakhala moyo wawo wonse akuganizira za ndalama, kugonana, ndi kutchuka, ndipo nthawi zambiri saganizira kwambiri zinthu zofunika zomwe zimawabweretsera mtendere wamumtima ndikukweza .chidziwitso chawo pamlingo wapamwamba

Kaya udindo wa munthu ukhale wochepa bwanji, amaonedwa kuti ndi wopambana pamaso pa Mulungu ngati akudziwa kugwiritsa ntchito nthawi yake mwanzeru .ndikuwongolera malingaliro ake m'njira yoyenera

Kuunika kwa Mulungu kukawalira munthu, samva kuti akusowa chilichonse chifukwa chimwemwe chomwe chimamudzaza chimakwaniritsa maloto ake onse ndipo chimamupangitsa kumva kuti ndi wolemera kwambiri kuposa olemera komanso wosangalala kwambiri kuposa osangalala .m'moyo uno

Ngalande ya Kuwala

Anthu amene kuzindikira kwawo kwauzimu kumadzutsidwa ndi malingaliro owunikira, ntchito zabwino, malingaliro abwino, ndi kuganizira mozama amatha kuzindikira kuchoka kwawo m'thupi panthawi yomaliza yochoka kudzera m'diso lauzimu. Paulendo wawo wapadziko lapansi, ochita yoga amaona ngalande ya diso lauzimu pamalire pakati pa zinthu ndi mzimu, ndipo panthawi yochoka Padziko Lapansi, amatha kulowa mu ngalande yowala iyi ndikuchoka padziko lapansi kupita ku dziko lopanda malire la Mulungu la kuwala, chimwemwe, .mtendere, ndi ufulu wokwanira

{Kuwala pa kuwala}

Nyali ya thupi ndi diso [lauzimu]

Ngati diso lako ndi limodzi

Ndipo thupi lako lonse lidzadzazidwa ndi kuwala

Ndipo kuunikako kumawala mumdima, ndipo mdima} {sunadziwe

Kukoma mtima ndi kumva chisoni cha ena, kuyandikira nawo, kulankhula nawo, kuyesetsa kuwatonthoza m'mavuto awo, kusangalala ndi chisangalalo chawo, ndikuchita zonse zomwe tingathe kuti tipewe mantha, zosowa, ndi nkhawa .kuchokera kwa iwo

Munthu amene ali ndi mzimu wodzipereka sachita zinthu motsatira kuwerengera ndi kuyembekezera kochepa, koma amagwiritsa ntchito nzeru zake ndi nzeru zake zabwino ndipo amapitiriza kudzithandiza yekha ndi ena, akuyamikira Mulungu chifukwa cha kupambana komwe wapeza. Ngati walephera kamodzi kapena kangapo, sakhumudwa, koma m'malo mwake amakhala wotsimikiza mtima, kuwirikiza kawiri khama lake ndikubwerezanso kuyesako, kufufuza malingaliro ndi njira zatsopano, kutsogoleredwa ndi kuwala kwa nzeru, ndikupempha thandizo la Mulungu mpaka atakwaniritsa cholinga chake .ndikukwaniritsa cholinga chake chabwino

Iye amene amagwira ntchito kuti asangalatse ena amasangalatsidwa ndi Mulungu ndi chitonthozo chamkati cha maganizo. Ndipo ngati ataya china chake chifukwa cha omwe akuyesera kuwathandiza, sakuona ngati kutayika chifukwa amalandira chisangalalo cha Mulungu ndi mtendere wamumtima. Amakhala moyo wokonda, kugwira ntchito, kupereka, ndi kubzala mbewu za ubwino ndi mtendere .m'minda ya anthu

Aliyense amene amaposa dziko lake laumwini m'malingaliro ndi m'malingaliro ake amakulitsa chidziwitso chake, amawonjezera chifundo chake, ndipo amamva kuti dziko lapansi ndi kwawo ndipo umunthu ndi banja lake. Amazindikira kuti cholinga cha kukhalapo kwake padziko lapansi ndi kudzisintha yekha asanayese kusintha ena, chifukwa aliyense amene amadzisintha yekha amathandiza ena kudzisintha okha kudzera mu chitsanzo cha moyo wake. Zochita zimakhala ndi mphamvu yaikulu komanso .zimakhudza kwambiri miyoyo ya ena kuposa mawu

Malo oimapo afupiafupi

:Kukongola kwa kuona mtima

Anthu ena amayesa kuthawa mavuto awo mwa kumwetulira, koma mtundu uwu wothawa umafuna chikumbumtima choyera, chopanda chinyengo ndi chinyengo. Munthu akamachita zinthu moona mtima ndi ena, ndikuchita zinthu mwaulemu komanso mwachilungamo, maso ake amakhala omveka bwino, ndipo kuwala kwapadera .kumatuluka mwa iwo—kuwala kosatha kwa kuona mtima

:Kuona Mtima

Anthu ena amanena zinthu zambiri chifukwa cha kuona mtima, koma simungathe kulankhula ndi aliyense za chilichonse Mukapereka uphungu ndi chitsogozo, ena samvetsa mawu anu ndipo sapindula chilichonse ndi zomwe mukunena; uku ndi kuwononga nthawi komanso ntchito yosayamikirika. Kukhala chete pazochitika zotere ndi golide, .koma izi sizikutanthauza kukhala chete pa zolakwa

:Kudzigwirizanitsa

Kudzigwirizanitsa ndi chinthu chabwino kwambiri Anthu ambiri amadziwa momwe zimakhalira zovuta kukhala mogwirizana ndi ena, koma kodi munaganizapo

zodzigwirizanitsa ndi inu nokha? N'zovuta kwambiri, koma n'zotheka Ngati mudzifufuza nokha, mudzapeza kuti nthawi zonse mumatsutsana ndi inu nokha Ngati simudzikonda nokha, simudzakonda wina aliyense Ndipo ngati munthu sakugwirizana ndi inu mwini, angakhale bwanji mogwirizana ndi ena?

Kudzidalira n'kofunika kwambiri kuti munthu akhale wogwirizana ndi dziko lapansi. Chifukwa chake, ndikofunikira kudziona kuti ndiwe wofunika komanso wodzikonda, chifukwa uyenera chikondi chimenecho. Munthu ayenera kudzikonda chifukwa Mulungu anatilenga ndipo anatipatsa mphamvu zabwino. Kukonda umunthu wamkati uwu, umunthu uwu wodzaza ndi makhalidwe abwino, kumalimbikitsa khalidwe labwino ndikuyeretsa malingaliro ku zodetsa ndi mtima ku zoyipa ndi mkwiyo.

Kulinganiza kampasi ya mabuku:

Munthu sanganyenge chikumbumtima chake, kulungamitsa zolakwa zake, kapena kuthawa zotsatira za khalidwe lolakwika, ngakhale atapita ku dziko lina. Zotsatira za zochita zake zimamutsatira, ndipo munthu ayenera kukonza njira yake ndikuwongolera kampasi yake ya makhalidwe abwino kuti singano yake nthawi zonse iloze njira yoyenera.

Anthu ena amakhala m'mikhalidwe yoipa kwambiri koma amakhala mogwirizana kwambiri ndi iwo okha, pomwe ena ali ndi mwayi uliwonse ndi chilichonse chomwe amafunikira koma amakhala m'mikangano yosatha ndi iwo okha. Chifukwa chake, munthu sayenera kudikira kuti zinthu zisinthe. Dzitsimikizireni kuti muli bwino ngakhale kuti muli m'dera lomwe mukukhala, zomwe zingakhale zosiyana ndi zomwe mukufuna.

Aliyense amene amadziika yekha pansi pa zovuta, amayembekezera kuti zinthu zisinthe, ndipo kudikira kwake .kudzakhala kwa nthawi yayitali

Akuti munthu ankalankhula bwino zilankhulo khumi ndi zisanu ndi zitatu, koma anali wosauka kwambiri moti sakanatha kugula nyale yoti awerengere. Choncho ankapita pakona n’kukhala pansi pa nyali ya mumsewu kuti akawerenge. Zoonadi, mphamvu yodzipereka imapanga njira, imapanga mwayi, imabwezeretsa chiyembekezo, imakwaniritsa ntchito, ndipo imakwaniritsa zokhumba ndi .maloto

Kulankhulana kwenikweni ndi anthu amene amadziwa Mulungu kungatheke mwa kulankhulana nawo, kuwerenga mozama zolemba zawo, kapena kuwaganizira mozama komanso mwaubwenzi. Mfundo yofunika kukumbukira ndi yogwirizana ndi chikumbumtima chawo, chomwe .chimagwirizana ndi Mulungu

Tikagwirizanitsa chikumbumtima chathu ndi miyoyo yayikulu yomwe imakonda Mulungu, mgwirizano uwu pang'onopang'ono umasintha miyoyo yathu m'njira yodabwitsa kwambiri. Kugwirizana kumeneku sikumaika chifuno ukapolo koma m'malo mwake kumakulitsa kukula kwake ndikulimbitsa mphamvu zake. Uku ndiko kusiyana pakati pa kukhala mogwirizana ndi anthu odzazidwa ndi kudzikuza komanso otanganidwa ndi zomwe angapeze, ndi kukhala mogwirizana ndi okonda Mulungu ndi anthu omwe cholinga chawo ndikupereka ndikudzutsa chikondi chaumulungu m'miyoyo ya iwo omwe ali mogwirizana nawo. Mphamvu ya anthu odala awa imatipangitsa kuti tigwirizane .kwambiri ndi mphamvu yaumulungu

Tiyenera kukumbukira kuti ngakhale tikuyesetsa kukwaniritsa zosowa zathu, tiyeneranso kuthandiza ena kupeza zomwe akufunikira ndikugawana ndi osauka zinthu

zabwino zomwe zimatichitikira. Tiyeni tikumbukire kuti ndife gawo lofunika kwambiri la banja lapadziko lonse lapansi .ndipo sitingakhale popanda banja lalikululi

Kodi moyo ukanakhala bwanji popanda akalipentala, opanga zinthu zatsopano, alimi, ndi ena? Kudzera mu kupereka ndi kulandira, ndi kusinthana mautumiki, Mulungu akufuna kuti tiganizire ndi kumvera ena chisoni. Ndi kulakwitsa kwakukulu kukhala wekha popanda kuganizira za ena. Tikamaganizira za chimwemwe chathu, tiyeneranso kuganizira za chimwemwe cha ena. Sitikuyenera kupereka zonse zomwe tili nazo kuti banja lapadziko lonse likhale labwino, chifukwa zimenezo sizingatheke. M'malo mwake, tiyenera kumvera ena chisoni ndi kuchita zomwe tingathe .kuti tiwathandize ndikuchepetsa mavuto awo

Pali ubale pakati pa kupambana ndi kukhutitsidwa kwa .moyo, mkati mwa malo omwe munthu amakhala

Kupambana kwenikweni ndi zotsatira za khalidwe logwirizana ndi mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika kwambiri la kukhutira kwaumwini. Aliyense amene amagwiritsa ntchito mfundo imeneyi pa moyo wake wakuthupi, wamaganizo, wamakhalidwe abwino, ndi wauzimu adzapeza kuti tanthauzo la kupambana limeneli ndi .lokwanira komanso lokwanira

Anthu amaganiza za kupambana m'njira zosiyanasiyana kutengera zolinga zawo m'moyo. Nthawi zina, ena amayerekezera kupambana ndi kuba, ponena zinthu monga, "Ndi wakuba wopambana!" Izi zikusonyeza kuti si kupambana konse komwe kuli kofunikira; kupambana .kwathu sikuyenera kuvulaza ena

Chiyeneretso china cha kupambana ndi kubweretsa mgwirizano ndi zotsatira zabwino, osati kwa ife tokha, .komanso tiyenera kugawana zabwinozo ndi ena

Kupambana pazachuma sikungotanthauza kusangalala ndi zomwe timayenera; kumatanthauzanso kukhala ndi udindo wothandiza ena kupanga moyo wabwino kwa iwo okha Aliyense amene ali ndi nzeru angapeze ndalama, koma ngati ali ndi chikondi mumtima mwake, sadzatha kugwiritsa ntchito ndalamazo modzikonda; m'malo mwake, .adzagawana zomwe ali nazo ndi ena

Ndalama zimakhala temberero m'manja mwa anthu ovutika komanso ouma mtima, koma ndi dalitso ndi mphatso kwa iwo omwe ali ndi manja opatsa komanso mitima .yabwino

Miyoyo yabwino imakopa miyoyo yabwino ndipo imakopeka nayo

Tiyenera kuphunzira kukonda mnansi wathu monga momwe timadzikondera tokha ndikukumbukira kuti tili pano m'moyo uno kwa kanthawi kochepa, kenako timapita kudziko lina lomwe mulingo wake umadalira mulingo wa malingaliro athu ndi mtundu wa zochita zathu panthawi ino .ya moyo wathu padziko lapansi

Kodi achibale athu enieni ndani? Kwa munthu wanzeru, aliyense ndi wachibale, ndipo aliyense ndi "mnansi" Zachidziwikire, munthu wanzeru amatha kuzindikira ndipo amamvetsetsa kuti ngakhale dzuwa limawala pa chidutswa cha malasha ndi diamondi, diamondi, mosiyana ndi malasha, ili ndi mphamvu yapadera yolandira ndikuwonetsa kuwala bwino. Munthu ayenera kufunafuna ubale ndi anthu omwe malingaliro ndi malingaliro awo ndi oyera ngati diamondi ndipo ayenera kupatula nthawi kuti apeze mabwenzi oona mtima. Anthu omwe amakhala moyo woyera komanso

wowona mtima adzakopa mabwenzi omwe amadziwika ndi ukhondo ndi kuwona mtima, pomwe iwo omwe amakhala ndi chibadwa choyipa popanda kuzindikira adzakopa mabwenzi .ofanana nawo

Ngati mumaona kuti mfundo zapamwamba ndi mfundo zapamwamba n’zofunika kwambiri, ndi bwino kupewa kuyanjana ndi anthu omwe sakhulupirira mfundozo komanso omwe amasokoneza maganizo ndi kusokoneza maganizo awo, kuti kugwedezeka kwawo kusachepetse mphamvu zanu. Nthawi yomweyo, musachotse aliyense m’gulu lanu la .chikondi

Kuphatikiza apo, munthu sayenera kungopereka chikondi, komanso kupanga mtendere, kuti kulikonse komwe akupita, apange mgwirizano ndi bata, kutsitsimula omwe ali pafupi naye ndi kukoma mtima kwawo. Palibe amene amafuna kuyandikira kanyimbi wonunkha—pepani mawuwo —aliyense amapewa. Mofananamo, munthu wamanjenje, wopupuluma, komanso wokonda mikangano amakwiyitsa ndi kuletsa ena. Tikufuna kukhala ngati maluwa otuwa omwe amatulutsa fungo labwino lomwe limasangalatsa mtima. Tiyeni tiyesetse kufalitsa fungo la mtendere ndi mphepo yaubwino kulikonse komwe tikupita komanso kulikonse .komwe timakhala

Ufumu wa Mulungu suli pakati pa mitambo kapena pamalo enaake mumlengalenga. Uli kuseri kwa mdima umene timawona tikatseka maso athu, ndipo tikamasinkhasinkha ndi kupemphera, diso la mzimu lomwe lili pamphumi limatseguka mkati mwathu, ndipo timaona kuwala kodala ndikumva chisangalalo chikulowa m'selo iliyonse ya thupi, ndipo timamva kuti chophimba chachotsedwa ndipo chitseko chobisika chatsegulidwa ku .ufumu wa Mulungu

Mulungu ndi chisangalalo chokhazikika, chisangalalo chomwe chili chonse. Tiyenera kumva chimodzimodzi ndi chisangalalo chomwe chili mkati mwathu ndipo .chimazungulira muyaya

Kupitirira malire ogwedezeka a zinthu zokhuthala kuli chidziwitso chopanda malire, chodzaza ndi zonse, chosalongosoka mu ulemerero wake wonse, kukula kwake, ndi malire ake. Uwu ndi ufumu wakumwamba, chisangalalo .chosatha, chopanda malire, komanso chosatha

Pamene malingaliro a mzimu akukulirakulira, ndipo umamva kupezeka kwake kulikonse, umalumikizana ndi .mzimu waumulungu

Ulemerero kwa Wosatha Wosatha, wokhala pampando wachifumu, komwe kumwamba kumakumana ndi nyanja, ndi ulemerero kwa Wosatha Wamkulu, wokhala pampando wachifumu pa mtendere mkati mwathu; poyang'ana kwambiri Wosatha mkati, tikhoza kulandira mphamvu zake .zopanda malire

Chidziwitso chopezeka powerenga mabuku kapena kuchokera kwa anthu ndi chidziwitso chochepa, pomwe chidziwitso chopezeka mwachindunji kuchokera kwa Mulungu chimapereka mphamvu ya nzeru, ulemerero wa .chitsimikizo, bata la mtima, ndi mtendere wa moyo

Ambuye, ndiphunzitseni kupemphera mozama komanso kuphatikiza kusinkhasinkha ndi zokhumba zochokera pansi pa mtima ndipo lolani mtima wanga uyeretsedwe tsiku ndi .tsiku ndi chikondi changa choyera pa Inu

Kumasuka ku zoletsa za karma

kaya ndi maganizo kapena thupi, kudziwa kapena , kusadziwa, kumakhudza kwambiri moyo wa munthu. Zochita

zakale sizomwe zimachitika masiku, miyezi, kapena zaka .zapitazo zokha, komanso zochita za moyo wakale

Munali akufa, ndipo Iye anakupatsani moyo; kenako adzakupatsani imfa, kenako adzakupatsani moyo kachiwiri; .kenako mudzabwezedwa kwa Iye

Zotsatira zabwino ndi zoyipa za zochita za munthu M'moyo wake wamakono, zizindikirozi zimasungidwabe mu chikumbumtima chosazindikira kapena chosazindikira, ndipo zotsatira zomwe munthu amanyamula (kapena zomwe mzimu wake umanyamula) kuchokera ku thupi lakale zimakhala ngati mbewu mu chikumbumtima chosazindikira, kuyembekezera mikhalidwe yoyenera Kumera ndikukula panthawi inayake ya karmic Lamulo la karma, lomwe limalinganiza zinthu, limaphatikizapo kuchitapo kanthu ndi kuchitapo kanthu, chifukwa ndi zotsatira, kubzala ndi kukolola

Munthu aliyense amapanga tsogolo lake kudzera m'malingaliro ndi zochita zake, ndipo mphamvu zomwe amatulutsa, kaya mwanzeru kapena mopusa, zimabwerera kwa iwo monga poyambira, monga momwe bwalo limathera lokha molondola [Funso ndilakuti] wofunafuna wofunitsitsa ayenera kukumana—motsutsana ndi chifuniro chake—zotsatira zosapeŵeka za zochita zake zakale, kapena chomwe chimatchedwa kukonzedweratu? Yankho ndilakuti ayi Mulungu ndiye lamulo ndi chikondi, ndipo wofunafuna amene amatembenukira kwa Iye ndi chikhumbo chenicheni ndi chikhulupiriro chonse, amagwirizanitsa zochita zake ndi lamulo la Mulungu, ndi kufunafuna chikondi cha Mulungu chopanda malire mosakayikira adzalandira madalitso aumulungu omwe amapeputsa zolemetsa zolemera .ndikukonza mikhalidwe

Mulungu anatiika m'dziko lino lodzaza ndi zinyengo, ndipo Iye amadziwa kuvutika kwathu ndi mayesero ndi

mavuto omwe timakumana nawo Anthu amakulitsa mdima wamkati wa kusadziwa kwauzimu akamadziona kuti akumira mu uchimo ndipo alibe mphamvu zothawira kuzama kwake. Ndi bwino kuti ayese kudzikonza okha, kufunafuna thandizo ndi chifundo kuchokera mumtima wa chifundo cha Mulungu, kuyembekezera chikhululukiro kuchokera kwa Mulungu .wachikondi, wachifundo, ndi wokhululukira

Tikazindikira ubale wathu wapafupi ndi Mulungu, ndi karma iti yomwe ingatimange? Musalole wina aliyense kukutsimikizirani kuti ululu wanu ndi zovuta zanu ndi zotsatira za karma yanu. Monga mzimu womwe uli mu umunthu wanu, mulibe karma. M'malo mwake, muyenera kuzindikira chowonadi ichi mwa kudzitsimikizira nokha kuti ndinu amodzi ndi umunthu wa moyo, kuwala, ndi mphamvu zakuthambo. Ngati muzindikira izi, mulibe choopa, ndipo Mulungu adzatsegula zitseko zambiri kwa inu ndikukupatsani .mwayi wambiri

Ngati simukusangalala ndi momwe moyo wanu ukuyendera, sinthani maganizo anu ndikulimbitsa mphamvu .zanu ndipo mudzamva kusiyana kwanu nokha

Palibe chifukwa choti anthu azilira ndi kulira chifukwa cha zomwe adaphonya, kapena kunena kuti mavuto awo ndi olakwika chifukwa cha zolakwa zomwe adachita m'moyo uno kapena m'mbuyomu, chifukwa uwu ndi mtundu wa kunyalanyaza kwauzimu. Ayenera kuchitapo kanthu ndikuchotsa udzu m'munda wa moyo, kenako maluwa okoma komanso owala kwambiri adzaphuka ndi kubereka zipatso zokoma komanso zofunika kwambiri. Mwa chisomo .Chake, Wam'mwambamwamba

Kugonjera Mulungu sikutanthauza kusagwiritsa ntchito chifuniro chathu kukonza zinthu zathu ndikudikira kuti Mulungu akonze mavuto athu popanda khama lililonse,

chifukwa Mulungu amathandiza anthu amene .amadzithandiza okha

Mfundo ndi yakuti tiphunzire momwe tingapitire kwa Mulungu kuti atsogolere chifuniro chathu ndikudalitsa ndi kulimbitsa khama lathu loyenera. Tikagonjetsa chopinga cha kusafuna kudzipereka, timapeza mwa Mulungu chitetezo chomwe palibe aliyense padziko lapansi angatipatse, ndipo timapezanso mphamvu zomwe palibe mayeso omwe .angagonjetse

Aliyense akhoza kukhazikitsa ubale wapadera ndi Mulungu ngati akudziwa momwe angatsegulire mtima wawo kwa Mulungu ndikulakalaka kukhalapo Kwake kwaumulungu, .komwe kumabweretsa chimwemwe ndi chitsimikizo

Munthu akamamva kufunikira kwakukulu kwa Mulungu, podziwa kuti sangachite popanda Iye, adzapeza kuti Mulungu amayankha mwanjira ina. Koma choyamba ayenera kukulitsa malingaliro amphamvu amenewo, chifukwa yankho .silidzabwera mwadzidzidzi

Ngati sitipatsa Mulungu malo oyamba m'miyoyo yathu, malingaliro athu adzakhala oda nkhawa komanso osokonezeka, ndipo sitidzatha kuthana ndi mavuto osatha a .moyo mwanzeru komanso moyenera

Ndipo njira yopezera chikhumbo chimenecho ndi iti? Nthawi iliyonse tikakumana ndi mavuto kapena mavuto, komanso nthawi iliyonse tikamamva kulemera m'mitima mwathu, tiyenera kutembenukira kwa Mulungu ndikupempha thandizo Lake, podziwa kuti aliyense amene amakonda Mulungu Ndipo amasunga m'maganizo ndi mumtima mwake. Mkhalidwe wake udzasintha kukhala .wabwino

Tikasonkhezera ndi kusonkhezera ether Ndi mapemphero athu ochokera pansi pa mtima ndi mapempho ochokera pansi pa mtima Tidzatulutsa tanthauzo la yankho la Mulungu lomwe lili ndi chakudya, machiritso, ndi .chimwemwe

Kwa iwo amene amalakalaka chakudya chauzimu, zokhumudwitsa ndi zolephera zakale sizili zofunika. Maphunziro angaphunzire kuchokera kwa iwo, ndipo munthu angayesenso, kubwereza kuyesa kuyambira pachiyambi. Kupambana kudzatsimikizika, mothandizidwa ndi Mulungu, kwa onse omwe sataya mtima chifukwa cha kulephera, omwe cholinga chawo sichinafooke chifukwa cha masoka, ndipo amakhulupirira ndi chikhulupiriro chosasunthika kuti Mulungu amathandiza iwo omwe amapirira Iwo omwe ali panjira yoyenera, ndipo amawapatsa chiyembekezo, mphamvu, ndi chiyembekezo, mpaka atakwaniritsa cholinga .chawo chachikulu ndi kukwaniritsa cholinga cha moyo

Lingaliro ndi mphamvu ngati magetsi, ndi mkhalidwe wamaganizo. Limabwerera ku kuganiza ndi momwe .limaganizira

Magetsi ndi opindulitsa komanso owopsa; aliyense amene akugwiritsa ntchito mwanzeru amawagwiritsa ntchito. Apo ayi, angamuphe ndi magetsi. Ndipo anaganizanso kuti ngati atsogoleredwa m'njira zoyenera, amabweretsa chisangalalo kwa mwiniwake, apo ayi .amamubweretsera mavuto

Ganizo lili ngati kavalo wakuthengo, koma kulilamulira sikophweka, ndipo kuganiza bwino ndi njira imodzi .yowongolera kuganiza

Kuganiza bwino ndi bwenzi lapamtima Ndipo maganizo odwala ndi mdani wokhazikika

Kuganiza bwino kumakopa mtendere ndi chitetezo, pomwe kuganiza kosayenera kumawombera mivi yakupha yomwe imabwerera kwa mwiniwake kawiri. Chifukwa chake, mwambi wakuti, "Mphotho ndi yofanana ndi ntchito" Malinga ngati munthu atumiza zolinga zabwino, malingaliro ake adzasanduka nyali, kuunikira zipinda za moyo ndikuthamangitsa milu ya mdima, kuti amve chitonthozo chachikulu, ndipo maso ake awala ndi kumwetulira kokhutiritsa! Kumwetulira kukhalebe m'maso mwanu Ndipo .mtendere ukhale pa inu

Moyo uli ngati mphero yomwe imapera Mbewu za mayeso opindulitsa ndi kuyesa, kuti apange mkate wa moyo. Uli ngati msewu wokhotakhota, wokhala ndi maluwa obiriwira mbali zonse ziwiri, agulugufe owala, ndi mitengo yokhala ndi zipatso zokoma pa nthambi zawo, koma nthawi zambiri sitimayima. Tiyeni tisangalale ndi kuwona kwake ndikusangalala ndi kukoma kwake; ndithudi, nthawi zambiri timakhala pamavuto. Kuti tifike kumadera akuluakulu, timaganiza kuti pali malo okongola kwambiri kuposa omwe tidawona. Koma pamene tikuchoka pang'onopang'ono. Panjira zamaluwa, zobala zipatso, timapeza mitengo yakuda kuposa yatsopano, kenako maluwawo amatha. Ndipo pamodzi ndi iwo, agulugufe ndi zipatso, kenako tidzipeza .tokha m'chipululu chopanda kanthu

Moyo wa munthu uli ngati madzi a m'nyanja, omwe amayeretsedwa ndikukhala atsopano. Mukangokwera kumwamba, zimakhala ngati maloto am'mawa, omwe amawala kwambiri ndi ukalamba, chifukwa zinthu zimawoneka zomveka bwino komanso zosiyana. Zili ngati ulendo womwe malo amasintha pamene tikuyenda mtunda wautali. Kenako malo omwewo amasintha pamene .tikuyandikira, ndi zina zotero

Moyo sukhumudwitsa anzeru, chifukwa amachita nawo mwaluso ndipo amasangalala nawo Popanda kuwalola kuti awalamulire ndi kuwalanda ufulu wawo. Mwachitsanzo, amasangalala ndi madzi. Amamwa ndi kusamba mmenemo, koma salola kuti amire mmenemo. Amasangalala ndi zovala zomwe amakonda. Popanda kutsatira kwambiri miyambo ndi zinthu zomwe zimaonedwa ngati zapamwamba. Amasangalala kudya popanda kulola kuti munthu adye mopitirira muyeso, chifukwa kudya mopitirira muyeso kumafooketsa thupi. Ndipo kumawononga malingaliro. Ndipo adzawononga kwathunthu. Chifukwa chake, munthu ayenera kusangalala ndi moyo koma popanda kutopa ndi malingaliro .kudzera m'madzi

Kukhala bwino ndi ena Sizitanthauza kuvomerezana nawo pa chilichonse, kapena kusiya malingaliro abwino chifukwa cha iwo, chifukwa kalembedwe kameneka kotsatizana ndi kosafunika ndipo sikugwirizana ndi choonadi. Okonzanso zinthu ndi anthu akuluakulu sanagwirizane ndi anthu ambiri ozungulira iwo, komabe anagwira mwamphamvu malingaliro awo, chifukwa anazindikira kuti .zomwe anali kuchita zinali zolondola kwambiri

Choyamba, munthu ayenera kukhala mogwirizana ndi Mulungu, kenako ndi chikumbumtima chake, kenako ndi .anthu

Mfundoyi siyenera kusokonezedwa ndipo osagwiritsa ntchito zolinga zobisika kuti akwaniritse cholinga china .chake, chifukwa zimenezo sizoyenera anthu otsatira mfundo

Ndani angachite zinthu zomwe zimakondweretsa Mulungu? Musamavulaze ena, chifukwa alibe chochita nazo mantha. Ngati njira imeneyi siikhutiritsa ena, munthu amakhala womasuka mkati mwake ndikumva mtendere wamumtima womwe umamupangitsa kukhala wopanda .chiyanjo cha anthu

Mphamvu ndi chikhumbo cha moyo Potembenukira kwa Mulungu Zimatchedwa mphamvu ya magnetism yauzimu Ndipo ndi mphamvu ya magnetism iyi, moyo umakopa madalitso ndi kugwedezeka kwabwino ndi zochitika zonse zabwino za anthu zomwe zimamukumbutsa za ubwino ndi chilungamo

mphamvu yauzimu ya maginito Ndi mphamvu yomwe imakopa ndi kukokera munthu kwa iyemwini Mabwenzi abwino Ndi zinthu zofunika komanso zofunika Ndi kumvetsetsa zinthu mwanzeru Mphamvu iyi imachokera ku mphamvu yokoka ya maginito ya Mulungu

Kandulo ya Mtendere

Tengani mphika wamaganizo Dzazani ndi mtendere wanu

Tengani botolo la malingaliro anga. Dzazeni ndi chifundo .chanu

Tengani dengu langa lopanda kanthu la moyo wanu. .Dzazeni ndi zipatso za nzeru zanu

Thirani madzi a chikondi chanu mu moyo wanga. .Ndidzawathira m'makapu a moyo wa ludzu

Gwetsani makoma a dyera. Mundilowetse m'malo anu .onse

Kuwala kwa mbandakucha wa chikondi

Muloleni ayang'ane kuchokera mumtima mwanga

Zimandikumbutsa kuwala kwa dzuwa kwa chikondi chanu

Kufalikira pa thambo la moyo wanga

Kuwala kowala kwa chikondi chanu kwawala

Pa ine ndekha, ndipo ndinaunikiridwa

Kuwala kwanu kunadzaza malo anga auzimu

Inu ndinu moyo umene umachirikiza thupi langa

Ndipo mzimu umene umandilimbikitsa maganizo

Ndipo nzeru zomwe zimachotsa umbuli wanga

Ndimayatsa kandulo kakang'ono ka chikondi changa

Kuwerenga buku lagolide

Yasungidwa mkati mwanga kuyambira nthawi zakale

Chikondi chanu chinalipo ndipo chidakalipobe

Kandulo yosaoneka ya mtendere

Chimene chimachotsa mdima ndikundiwonetsa mauthenga anu

Blogu ili pamasamba a mitima

Ulemerero wanu uwululidwe, O Ambuye

Kuwala kwa nzeru zanu kuchotse

Kusadziwa, kusagwirizana, ndi nsanje

Kuchokera m'mphepete mwa dziko lapansi kwamuyaya

Sinthani kufooka kwathu kukhala mphamvu

Ndipo tinafooka kuti titsimikize mtima

Limbitsani matupi athu ndi magetsi ofunikira

Ndipo dzazani malingaliro ndi moyo ndi kuwala kwanu kochiritsa

Tigwireni dzanja lathu kuti tisamire m'madzi osamvera

Inu, ndipo mudzaze miyoyo yathu ndi chikondi ndi nzeru

zanu. Tiloleni timve kuti tili pafupi kwambiri ndi Inu ndipo .dzuwa la chifundo chanu limatiwalira nthawi zonse

Ndimayika maluwa a malingaliro anga onyodola komanso amphamvu

Mu kapangidwe ka bata

Fungo lake lopanda phokoso limayimba

Ndipo amaimba za ulemerero wanu

Ndipo ndi kuwala kwa kuwala kwanu koyera

Ndikuona kukongola kwa moyo wanu

Maloto anga osangalatsa akwaniritsidwa

Pamene kuwala kwanu kukuwalira mu moyo wanga

Zophimba zikuyaka ndi moto wa nzeru

Ndikuona ulemerero wanu, ndipo chimwemwe changa chikuwonjezeka

Mulungu akuunikireni ndi kuwala kwake

Ndipo moni wochokera ku mzimu kwa inu

Pali zofunikira zambiri zomwe dziko lapansi limatikakamiza ndipo limatitsimikizira kufunika kwake kwakukulu komanso kuti sizingatheke kukhala popanda izo kapena kukhala ndi moyo wopanda izo. Koma chofunika chachikulu chiyenera kukhala kupeza mtendere wa Mulungu, umene magwero ake sauma ndipo kasupe wake sauma, ndipo umapangitsa chilichonse m'moyo kukhala chokoma .ndi chotanthauzo

Tiyeni tikumbukire kuti Mulungu ndiye maziko a umunthu wathu, ndipo chikondi ndiye zenera lomwe timayang'ana nkhope Yake yaulemerero. Aliyense amene

akufuna kumva kukhalapo kwa Mulungu ndi kusamalira chilakolako chachikulucho m'maganizo ndi m'zochita zake, Mulungu adzayankha pempho lawo ndi kuwathandiza kugwetsa zophimba zomwe zimawalepheretsa kuwona .kuwala kodala

Aliyense amene watsimikiza mtima kupita patsogolo pa njirayo sadzalepheretsedwa ndi chilichonse, ndipo chopinga chilichonse sichidzamulepheretsa mpaka atakwaniritsa .cholinga chake ndikukwaniritsa zomwe mtima wake ukufuna

Ngale Zauzimu ndi Zamtengo Wapatali

Anthu amene amaulula zofooka za ena ndi kuwachititsa manyazi ndi mkwiyo ali kutali ndi nzeru ndi kuganiza bwino. Tiyenera kunyoza tchimolo, osati wochimwayo, chifukwa ndi m'bale wathu mu mzimu, ngakhale kuti ndi mdima wa kusadziwa womwe umamuzungulira. Cholinga cha chiweruzo chiyenera kukhala kuchiritsa, osati kuseka ndi kuvulaza. Tiyenera kuchitira m'bale wathu wochimwayo monga momwe tingafunire kuchitiridwa tikanakhala kuti tili pamalo .pake komanso pa mkhalidwe wake

Aliyense amene abisa zolakwa za m'bale wake padziko .lapansi, Mulungu adzabisa zolakwa zake pa Tsiku Lomaliza

Monga momwe timaweruzira ena, lamulo lauzimu limatiweruza mofanana. Sitiyenera kuyembekezera zambiri kuchokera kwa ena, komanso sitiyenera kuyembekezera zotsatira zabwino kuchokera kwa aliyense, ngakhale .atakhala kuti akuchita zonse zomwe angathe

Munthu angagwe ndi kupunthwa, koma adzakhalabe wotetezeka bola ngati achita zonse zomwe angathe kuti akwerenso makwerero a makhalidwe abwino ndi .chilungamo

Tsiku lililonse tiyenera kuyesetsa kulimbikitsa mzimu wa wodwalayo mwakuthupi, m'maganizo, kapena mwauzimu m'malo omwe tikukhala, monga momwe timadzithandizira .tokha kapena achibale athu

Aliyense amene akuyesera kuyambira lero kukhala motsatira malamulo a Mulungu - m'malo mwa moyo wakale wodzikonda womwe umabweretsa mavuto ndi mavuto - adzapeza kuti ngakhale udindo wake utakhala wochepa bwanji m'moyo, umakhalabe wofunika bola ngati akuchita ntchito yake mokwanira motsatira malangizo a wotsogolera sewero la chilengedwe chonse komanso mbuye wa tsogolo .lathu lonse: Mulungu Wamphamvuyonse

Tikamacheza ndi ena moona mtima, mwachikondi chenicheni, komanso moganizira za momwe tikumvera, tidzabweretsa mabwenzi abwino m'miyoyo yathu popanda zokonda zathu kapena kuwerengera kodzikonda komwe kulibe kuganizira kalikonse; apo ayi, sitidzatha kuzindikira .mabwenzi athu enieni

Ndikofunikira kuchotsa chinyengo ndi kunamizira, .ndikuchita zinthu mwanjira yomwe siivulaza ena mwadala

Anzanu sayenera kukwiya, kunyozedwa, kapena kukwiyitsidwa, komanso sayenera kupatsidwa chifukwa chilichonse chokhalira ndi malingaliro oipa kwa ife Anzanu sayenera kuchitiridwa nkhanza, kuzunzidwa, kapena kupatsidwa uphungu wosapemphedwa pokhapokha ngati atapemphedwa. Uphungu ukapemphedwa, uyenera kuperekedwa moona mtima komanso mwachifundo, popanda kuopa zotsatirapo. Anzanu amathandizana kudzera .mu kutsutsana kolimbikitsa komanso kwa abale

Zochitika zovuta m'moyo sizibweretsa chilema pa chifuniro chathu ndi kutigonjetsa, koma zimatilimbikitsa kutsimikiza mtima kwathu ndikulimbitsa chikhulupiriro

chathu mwa Mulungu ndi kudzidalira kwathu Anthu ena amakhulupirira molakwika kuti zochitika ndi zovuta izi ndi mphamvu zowononga zosagonjetseka, motero amasiya. Maganizo abwino ndi ofunikira kuti tiyambe kugwira ntchito mwamphamvu kuti tithane bwino ndi moyo ndi mayesero .ake

Ngati munthu sapikisana ndi munthu wamphamvu kuposa iye mwini, sadzakhala wolimba Mofananamo, tikakumana ndi mavuto athu molimba mtima komanso molimba mtima, timakhala olimba mtima komanso olimba .mtima

Maganizo athu ndi gawo lofunika kwambiri la chidziwitso cha Mulungu chonse Pansi pa mafunde a chidziwitso chathu pali nyanja ya chidziwitso chake chopanda malire. Pamene mafundewo amaiwala kuti ndi gawo la nyanja yayikulu, amadzipatula okha ku mphamvu ya nyanja. Zotsatira zake, maganizo a anthu amafooka chifukwa cha zofooka zakuthupi ndipo sathanso kugwira ntchito yopindulitsa komanso kupanga zinthu zambiri. Maganizo akamasuntha fumbi la kusadziwa ndikudula maunyolo omwe amamanga mphamvu zawo, adzakhala ndi luso lopanga zinthu zatsopano komanso .kuyanjana bwino ndi moyo

Mukagwira mwamphamvu lingaliro linalake ndikulidzaza ndi chifuniro champhamvu, lingaliro limenelo limasintha kukhala mphamvu yogwira ntchito. Ndipo pamene lingaliro limakhala logwira ntchito, limatha kupanga malo oyenera opambana, malinga ndi mapu osawoneka omwe .adajambulidwa m'maganizo

Anthu amalephera chifukwa amagonja ku mavuto a moyo popanda kuwatsutsa, m'malo mowatsutsa popanda .kuwatsutsa

Ndikofunikira kuchita masewera olimbitsa thupi ndikuyambitsa mphamvu

Anthu amene amalowa m’malo opatulika a mtendere amatha kulankhulana mwauzimu ndi miyoyo ina yomwe imakonda Mulungu, ndipo amatha kumvetsetsa chilankhulo .cha maluwa ndi zamoyo zonse

Ambuye, khalani Mfumu yokhayo yoikidwa pampando wachifumu pa chikondi changa ndi chikhumbo changa

Anthu amene amasinkhasinkha amakhala ndi mtendere wamumtima, ndipo mtendere wamumtima umenewu uyenera kusungidwa ngakhale ali ndi anthu ena. Zimene munthu amaphunzira posinkhasinkha ziyenera kuchitika pa zochita zake za tsiku ndi tsiku komanso pochita zinthu ndi ena, popanda kulola aliyense kusokoneza mtendere wake .kapena mtendere wake

Mukafuna kupanga chizolowezi chabwino kapena kuchotsa chizolowezi choipa, yang'anani kwambiri maselo a ubongo komwe kuli njira zosiyanasiyana za zizolowezi

Kuti mukhazikitse chizolowezi chabwino, choyamba khalani chete ndikusinkhasinkha, kupempha thandizo la Mulungu. Yang'anani maganizo anu pakati pa mphamvu ya chifuniro, yomwe ili pamphumi pakati pa nsidze zanu, ndikutsimikiza mwamphamvu chizolowezi chomwe mukufuna kuyika muubongo wanu. Mukafuna kuchotsa zizolowezi zoipa, yang'ananinso chidwi chanu pa malo awa a mphamvu ya chifuniro ndikutsimikiza mwamphamvu kuti mizere yonse yomwe zizolowezizo zakhazikika ikuchotsedwa. Ndi cholinga ndi mphamvu ya chifuniro, mutha kuchotsa ngakhale mizere yozama kwambiri ya zizolowezi zakale zozika mizu Dzitsimikizireni mobwerezabwereza kuti muli ndi mphamvu zokwanira zochotsera zizolowezi zoipa m'dera .laubongo

Nthawi yoyenera kwambiri yotsimikizira izi ndi m'mawa .kwambiri pamene chifuniro ndi chisamaliro zili maso

Pitirizani kudzitsimikizira nokha kuti muli omasuka ku zilakolako zonse ndipo tsiku lina mudzapeza kuti - Ndi thandizo la Mulungu - mwadzimasula kale ku chizolowezi .chomwe munkafuna kuchisiya

Chilichonse chomwe mukuopa, chotsani maganizo anu pa icho ndipo musiyire Mulungu Limbitsani chikhulupiriro chanu mwa Mulungu ndipo khulupirirani kuti Iye akhoza kukuthandizani

Mavuto ambiri amachokera ku nkhawa ndi nkhawa. N’chifukwa chiyani muyenera kuvutika pamene zomwe mumaopa sizinachitike? Tangoganizirani kuwala koteteza kwa Mulungu kukuzungulirani mbali zonse, ndipo mudzamva .chitetezo chake chodabwitsa

Popeza nkhawa zathu zambiri zimachokera ku mantha, ngati tichotsa mantha m'miyoyo yathu, tidzamva omasuka ndipo machiritso adzakhala nthawi yomweyo. Usiku uliwonse, musanagone, tsimikizani kuti Mulungu ali nanu, .akukutetezani ndi kukusamalirani

Mu sewero la chilengedwe chonseli, anthu amitundu yonse amachita sewero la nkhani ya moyo pa siteji ya nthawi. Tiyenera kumvetsetsa tanthauzo la moyo popanda kutanganidwa kwambiri ndi kapena kuganizira kwambiri za .maudindo athu osakhalitsa

Kaonedwe kathu ka moyo nthawi zambiri kamakhala kolakwika komanso kosiyana chifukwa timayang'ana ndi maso adyera komanso malo ochepa. Tikayang'ana ndi maso .a moyo, tikanaona zinthu mosiyana kwambiri

Tikatsegula diso la nzeru, timaona kuwala kwa Mulungu kozungulira zonse, ndipo m'kuunika kumeneko timazindikira

umunthu wathu wauzimu, womwe ndi chiwonetsero cha umunthu wa chilengedwe chonse womwe umafalikira tinthu .tonse ndi mbali zina za chilengedwe chonse

Zoonadi zauzimu zimatizungulira, zikugogoda pa zitseko za maso athu otsekedwa, kutilimbikitsa kuti tiwone kuwala m'malo mwa mdima, kuti tichite zinthu mwanzeru m'malo mwa kusadziwa, kuti tidzaze mitima yathu ndi chikondi m'malo mwa chidani, ndi kugwirizana pokhazikitsa mtendere ndikubweretsa kuchuluka ndi chitetezo padziko lathu. Tikachita zimenezo, kusadziwa kudzatha, kusiyana kwa zinthu kudzatha, tidzaona umodzi mu kalembera, ndipo .tidzakhala ogwirizana kwambiri ndi chifuniro cha Mulungu

Ubale wathu ndi Mulungu si wozizira kapena wopanda chikondi, monga momwe ulili pakati pa olemba ntchito ndi wantchito. Ife ndife banja lake, chisamaliro chake pa ife chimakhala chokhazikika, ndipo amatimvera nthawi zonse. Ndife gawo lofunika kwambiri la umunthu wake, ndipo ubale .wathu ndi Iye ndi wamoyo komanso wamphamvu

Mlengi wathu watipatsa chuma chosatha cha chikondi, kumvetsetsa, nzeru, ubwino, ndi mphamvu zauzimu, koma ambiri a ife tawononga chuma ichi pa chilichonse chimene Mulungu akufuna kuti tikhale nacho mwamtendere, mwamtendere, komanso mogwirizana, monga momwe ziyenera kukhalira banja labwino komanso lachikondi, koma umbombo ndi kuwerengera kwadyera kwakhazikika .m'mitima mwathu ndipo kwabzala kusamvana pakati pathu

Mulungu amafuna kuti tikhale ambuye, koma tasankha kukhala akapolo

Munthu wachoka kutali ndi kwawo kumwamba ndipo wataya paradaiso wamkati womva pafupi ndi Mulungu ndi Mulungu pafupi naye, ndipo sadzatha kupeza paradaiso .ameneyo popanda khama lake

Mulungu anatilenga m'chifaniziro Chake, koma chowonadi ichi chatha m'maganizo mwathu. Tagonjera ku chinyengo chakuti tsogolo lathu ndi mavuto ndipo tsogolo lathu ndi chiwonongeko. Tiyenera kuchotsa chophimba cha chinyengo ndi lupanga lanzeru kuti tiwone chowonadi .chowala kumbuyo kwake

Kodi ndife ndani ndipo umunthu wathu weniweni ndi ?wotani

Anthu ali ndi kusiyana koonekeratu, kaya m'maganizo mwawo kapena m'maganizo mwawo, maudindo awo m'moyo, ntchito ndi zochita zomwe amachita, kapena zilakolako zomwe amamva. Koma pansi pa kusiyana konseku pali zinthu ziwiri zomwe munthu aliyense amafuna komanso zomwe amafunikira popanda kupatulapo. Chimodzi ndi ufulu ku mitundu yonse ya ululu ndi zosowa. China ndi chimwemwe chokwanira komanso chokhalitsa—kukhutira kwathunthu, komwe mtendere, chikondi, nzeru, ndi .chimwemwe zimakhala

Zoonadi, chimene anthu amayesetsa kupeza ndi Mulungu, kaya agwiritse ntchito dzina limenelo kapena ayi. Anzeru amati Mulungu ndiye maziko a chisangalalo ndi mzimu wa chisangalalo. Ndipo munthu sangasangalale mokwanira pokhapokha atachokera ku gwero la chilengedwe. Iyi ndi mfundo yofunika kwambiri yomvetsetsa .momwe munthu alili

?Koma kodi anthu amafufuza kuti zomwe akufuna

Amachifunafuna m'zinthu zapadziko lapansi zokha: m'zinthu zomwe ali nazo, m'mikhalidwe yakunja, ndi m'maubwenzi ndi anthu ena. Koma n'zosatheka kuchipeza mu chilichonse, aliyense, kapena m'mikhalidwe ina iliyonse .m'dziko lino, poganizira za chilengedwe

Chilengedwe chimachokera pa mfundo ya uwiri. N'zosatheka kukhala ndi chithunzi cha mtundu umodzi wokha, chifukwa palibe njira yochitira popanda chotsutsana nacho. Mofananamo, n'zosatheka kuti mbali iliyonse ya moyo ikhalepo yokhayokha kuchokera ku uwiri. Komabe, tikayang'ana zilakolako zomwe zimalimbikitsa anthu, timapeza kuti aliyense wa ife amalakalaka zinthu zabwino, zosangalatsa, zokongola, komanso zabwino zokha, popanda chikhumbo chothana ndi chilichonse chosasangalatsa .kapena chosafunikira. Koma zimenezo sizingatheke

Mu dziko lino la zinthu ziwiri, palibe chisangalalo popanda ululu, palibe kuwala popanda mdima, palibe chabwino popanda choipa, palibe moyo popanda imfa. Mbali ziwiri za ndalama sizingalekanitsidwe. Izi zikutanthauza kuti zomwe timalakalaka mkati mwathu sitingazipeze kuchokera .ku dziko lino

Anthu amafufuza—inde, amafufuza ndi mphamvu zawo zonse—koma sangathe kupeza zomwe akufuna, zomwe zimapangitsa kutaya mtima ndi kusowa chiyembekezo Izi sizimangobweretsa kutaya mtima kokha komanso mkwiyo waukulu ndi mkwiyo waukulu, ndipo motero amachita zachiwawa Zonsezi zimachitika chifukwa sakufuna zomwe akufuna pamalo oyenera, ndipo chifukwa chake, sapeza zomwe mitima yawo ikufuna

Anthu masiku ano sadziwa zambiri za tanthauzo ndi cholinga cha moyo, motero amavutika ndi chisokonezo ndi .kusokonezeka maganizo

Mwachibadwa, anthu ndi zolengedwa zoyendetsedwa ndi cholinga Ngati alibe cholinga m'moyo, ndipo ngati malingaliro awo, mphamvu zawo, chifuniro chawo, ndi malingaliro awo sizikutsogoleredwa m'njira yabwino komanso yomanga, adzatembenukira ku njira zowononga monga kumwa mowa mopitirira muyeso ndi mankhwala

osokoneza bongo, kugwiritsa ntchito chiwawa, ndi zina zotero. Cholinga chachikulu cha moyo ndi kudziwa Mulungu ndipo ndi udindo wa anthu onse kugwirizanitsa maudindo awo ndi zochita zawo zakunja kudzera mu zochita zolungama, malingaliro abwino, malingaliro abwino, ndi njira .zabwino zoyankhulirana malingaliro awo

Mbali ziwirizi za chibadwa chathu—mbali yamkati kapena yauzimu ndi mbali yakunja—sizikutsutsana ngati zitamveka bwino. M'malo mwake, zimathandizana ndipo zimatithandiza kukulitsa ndi kukulitsa luso lathu lakuthupi, .lamaganizo, lamaganizo, ndi lauzimu

Anthu amakhala m'malo opanda kanthu, opanda kusonkhezeredwa ndi nzeru kapena kusonkhezeredwa ndi maganizo. Amamva kutopa chifukwa chosowa cholinga komanso kusakhala ndi chilichonse chomwe chingapatse miyoyo yawo phindu ndi tanthauzo. Munthu wamba akhoza kuchita zinthu ngati kuti ali ndi thanzi labwino m'maganizo ?ndi m'maganizo, koma kodi ali okondwa

Cholinga chachikulu cha moyo ndikudziwa kuti ndife ndani komanso kuti ndife ndani kwenikweni. Ngati tipereka chisamaliro chakuya cha moyo kwa iwo, mosakayikira tidzamva chisangalalo, chifukwa chisangalalo cha anthu chimagwirizana ndi kulumikizana ndi umunthu wawo wauzimu, womwe popanda iwo munthu sakhalapo kapena .kukhalapo

Kuopa kulephera kapena matenda kumakula mwa kuganizira nthawi zonse za izi mpaka lingaliro la kulephera litalowa m'maganizo ozindikira kupita ku chidziwitso chapamwamba kenako n’kufika pa chidziwitso chapamwamba. Kenako, mantha, omwe ali m'maganizo ozindikira komanso ozindikira apamwamba, amayamba kuchulukana ndikukula mpaka atadzaza maganizo ozindikira ndi udzu wa mantha womwe sungathe kuchotsedwa

mosavuta monga momwe lingaliro loyamba limakhalira pamene limamera. Udzu wovulazawu pamapeto pake umabala zipatso zakupha komanso zoopsa. Mwamwayi, mizu yake imatha kuchotsedwa mkati mwa kuyang'ana kwambiri kulimba mtima ndikukhazikitsa chikhulupiriro cholimba mwa Mulungu ndi kuti Iye amatha kuthandiza omwe akufuna .kudzithandiza okha ndikuwateteza ku mavuto

Kalekale, thovu laling'ono linkayandama pamwamba pa nyanja, likuopa mphepo yamkuntho ndi mphezi, pamene anamva mawu akumunong'oneza kuti: "Thovu laling'ono la "?moyo, vuto lako ndi chiyani

Kodi simukudziwa kuti ndinu mbali ya nyanja ya moyo? Kachidutswa kakang'ono kaja kanayang'ana mozungulira ?ndipo kanazindikira mfundo imeneyi

Chikumbumtima cha anthu chimayandama ngati thovu laling'ono Pamwamba pa nyanja ya chidziwitso cha chilengedwe, ndikuganiza kuti ndi thovu lakanthawi, kunjenjemera ndi mantha a matenda, umphawi, ndi imfa. Kodi thovu, mumaopa nyanja? Yang'anani mozungulira, yang'anani mosamala Sinthani malingaliro anu kuchokera pamalo omwe muli nawo kupita ku ufumu wopanda malire wa Mulungu. Fufuzani mozama, kulitsani kumvetsetsa kwanu, kuti mudziwe ndikutsimikiza kuti ndinu amodzi ndi nyanja yake yayikulu, ndipo Mulungu ali nanu. .Amakutetezani, amakuchirikizani, tsopano ndi kwamuyaya

Kupewa misampha ndi misampha

Nthawi iliyonse mukamva chilakolako champhamvu mumtima mwanu chikukulimbikitsani kuchikwaniritsa, gwiritsani ntchito kuzindikira ndikudzifunsa kuti, "Kodi ichi ndi chilakolako chabwino chomwe chingakwaniritsidwe, kapena chilakolako choipa chomwe sichiyenera kulemekezedwa?" Zilakolako zakuthupi zosapatsa thanzi

zimalimbikitsa zizolowezi zathu zoipa mwa kutipatsa ziyembekezo zabodza ndi chisangalalo chabodza. M'zochitika zotere, mphamvu ya kuzindikira iyenera kugwiritsidwa ntchito kuti iwulule chowonadi. Zizolowezi zoipa pamapeto pake zimapangitsa kuti munthu asasangalale. Pamene chikhalidwe chawo chenicheni chavumbulidwa, chimakhala chopanda mphamvu zogwirira munthu m'misampha ya kuvutika ndi misampha ya mavuto.

Kuganizira ndi nkhani

Mu moyo ndi mu imfa, m'zisoni ndi m'masautso, chikhulupiriro changa mwa Inu, Ambuye, chimakhalabe champhamvu komanso chosagwedezeka, cholimba komanso chosagwedezeka

Mpweya uliwonse wa kulakalaka kwanga ndi pemphero langa umatsegula zitseko ndi mawindo mumtima mwanga omwe ndimadutsamo kupita ku chisangalalo cha Mulungu.

Monga momwe dzuwa limawala m'malo odzaza anthu ambiri, momwemonso ndidzawona kuwala kwa chikondi cha Mulungu m'mbali zonse za moyo wanga ndi zochita zanga za tsiku ndi tsiku.

Ndidalitseni, Ambuye, kuti ndidzutse moyo wanga ndi mbandakucha ndikuufikitsa ku khomo lanu lodala.

Nkhani ya nswala ya musk

Musk ndi chinthu chamtengo wapatali chokhala ndi fungo lamphamvu, chomwe chimapezeka m'mitsempha ya nswala ya musk yomwe imakhala kumapiri a Himalaya.

Nswala ikafika msinkhu winawake, musk wokongolayo umayamba kutuluka mobisa kuchokera m'mitsempha mwake, ndipo nswalayo imasokonezeka ndi fungo lokongola

limenelo ndipo imayamba kuvina ndikufunafuna komwe .kumachokera fungo lokoma limenelo

Imayenda kuchokera pamalo ena kupita kwina, ikununkhiza pakati pa miyala ndi pansi pa mitengo, kufunafuna kulikonse komwe kumachokera fungo .losangalatsa limenelo

Pomaliza pake, amakwiya kwambiri ndipo amavutika maganizo kwambiri akasowa chonena ndipo sakupeza .chomwe akufuna ndi chilakolako ndi chilakolako

Poyesa komaliza kufika komwe musk umachokera, umadumpha kuchokera m'mapiri aatali a miyala kupita ku chigwa chakuya kuti ukakumane ndi tsoka lake ndikukumana ndi imfa yake, pomwe asodzi amatha kuigwira .ndikutulutsa musk sac kapena gland kuchokera mmenemo

Pachifukwa ichi, m'modzi mwa olemba ndakatulo odziwa :bwino ntchito yake adatchula mawu akuti

!Nswala ya musk, chitsiru iwe

N’chifukwa chiyani mukuvutika? N’chifukwa chiyani ?simugona

Musk uyu ulipo

!Ndi thumba lako la m'mimba, chitsiru iwe

Ngakhale mutakhudza ndi mphuno yanu

Kuchokera kwa inu kumabwera fungo lachinsinsi

Ukanapambana zomwe unkayembekezera

Ndipo munakhala popanda kugwiritsa ntchito ndalama

Kodi simukuganiza, anzanga, kuti anthu ambiri amachita zinthu ngati nswala za musk? Nthawi zonse amakhala ?akufunafuna chimwemwe kulikonse komwe ali kunja kwawo

Inde, amafunafuna chimwemwe posewera, ndipo amadzipereka okha kutopa m'zilakolako ndi zilakolako. Amakwera njira zoterera za chuma mpaka pamapeto pake amalumpha kuchokera kumapiri a ziyembekezo zazikulu kupita ku miyala ya kukhumudwa ndi kulephera pamene sangathe kupeza chimwemwe chenicheni chosungidwa .mkati mwa mitima yawo

Ngati titayang'ana kwambiri, ndi kuganizira mozama, tidzapeza mu mtendere wa moyo gwero la chimwemwe .chenicheni komanso chokhalitsa chomwe timachifuna

Sitiyenera kukhala ngati nswala ya musk, yomwe ikuwonongeka pofunafuna chimwemwe m'malo olakwika. M'malo mwake, tiyenera kukhala maso ndikuyesera kupeza .chimwemwe mkati mwathu, osati kunja kwa ife eni

Nkhani ya Batani

Munthu wina anabwera kwa ine nati akudwala matenda :a mtima osatha, ndipo anawonjezera kuti

Ndayesa zinthu zambiri, koma sindingathe kuchotsa" "ululu wamtima

Nditaganiza modekha, ndinamupempha kuti :andibweretsere lumo. Anandiyang'ana monjenjemera nati

"?Kodi mukufuna kunditsegula mtima wanga, bwana"

Ndinaseka ndipo ndinayankha kuti, "Ine sindine dokotala Kodi munamvapo za munthu amene amagwiritsa ntchito "!?lumo pochita opaleshoni

Pomaliza, anabweretsa lumo monyinyirika, choncho ndinadula batani limodzi pa jekete lake ndipo ndinamuuza kuti asasoke batani lina pamalo pake, komanso kuti asaike dzanja lake pamalo pomwe batanilo linalibe. Ndinamuuzanso

kuti abwerere kwa ine patatha milungu iwiri, ndipo .ndimayembekezera kuti adzachira panthawiyo

Munthuyo anaseka nati, "Ndidzachita monga mwandipempha chifukwa ndikukukhulupirirani, koma ndikuganiza kuti ndi mankhwala achilendo kwambiri omwe "!ndapatsidwapo

Patapita milungu iwiri anabwera kwa ine akuthamanga :nati, modabwa

Akatswiri ananditsimikizira kuti ndachiritsidwa matenda" a mtima. Ndiye, chifukwa cha Mulungu, munachita chiyani? "?Kodi munatulutsa genie pa batani

Ndinayankha ndikumwetulira kuti: "Inde! Dzanja lanu linkasewera ndi batani nthawi zonse, ndipo batanilo "linkagwirizana ndi mtima

Batani limenelo linali genie lomwe linkakupwetekani mtima. Kotero ndinadula batanilo ndipo ndinakuuzani kuti musalowetse kapena kuyika dzanja lanu pamtima wanu. Mwanjira imeneyo, mtima wanu unamasuka ku kupsinjika !ndipo unasiya kukupwetekani

Chilichonse chikuyenda mwachangu, ndipo anthu ali otanganidwa ndi zinthu zambiri. Mwachibadwa, ndi bwino kukolola zinthu zabwino kwambiri padziko lapansi kusiyana ndi kutaya nthawi, kulola nyengo kukupitirirani n’kutha opanda kanthu. Koma chimene munthu ayenera kukolola ndicho chokolola chamtengo wapatali kwambiri m’moyo: kuyandikira kwa Mulungu ndi kumudziwa Iye. Njira yokhayo yopezera chimwemwe chenicheni ndi kuchita chinachake .m’dziko lino komanso kupambana mwauzimu

Anthu amene amadziwa Mulungu sayamba ntchito zawo za tsiku ndi tsiku asanaganizire za Mulungu ndi kupatsa

maganizo ndi matupi awo mphamvu yodalitsidwa ya .Mulungu

Zofuna zambiri za dziko lapansi zingalepheretse anthu ofuna zolinga zawo zauzimu ndi kuwachotsa panjira yomwe asankha. Koma anthu omwe ali ndi chikhumbo cholimba salola chilichonse kuwapatutsa; amapitirizabe ndi chikhumbo .mosasamala kanthu za zovuta kapena zovuta

Kaya dziko lapansi litipatse chiyani, silidzakhutiritsa chilakolako cha mitima yathu, yomwe imalakalaka chinthu chokhazikika, chofunika kwambiri, komanso chamtengo wapatali kuposa zonse zomwe chuma ndi chuma cha dziko .lapansi chili nazo

Munthu akamwalira—mukhale ndi moyo wautali—palibe mphamvu padziko lapansi imene ingamuchitire chilichonse Ndani angatithandize tikachoka m’dziko lino? Chifukwa chake, tiyenera kukumbukira nthawi zonse kuti dziko lino ndi malo oimapo kwakanthawi paulendo wathu wopita kunyumba kwathu kumwamba, komwe tidzakhala kosatha .pamaso pa Wachifundo Chambiri

Kulemera kwambiri sikutsimikizira thanzi, mtendere, ndi kuchita bwino, koma kupeza mtendere ndi kuchita bwino kudzatsogolera ku chipambano choyenera pamlingo .wauzimu ndi zakuthupi

Anthu ambiri amakula ndi luso la maganizo kuti apeze chipambano cha zinthu zakuthupi. Koma munthu akamadzilamulira yekha ndikugwiritsa ntchito mphamvu zake zamaganizo ndikuchita zinthu mogwirizana ndi dongosolo la Mulungu, moyo wake udzadalitsidwa, ndipo adzalawa timadzi ta mzimu ali padziko lapansi. Sadzakhalanso mkaidi wa zizolowezi ndi zilakolako, koma chidziwitso chake chidzasandulika kukhala mtima wa kukhalapo kwa Mulungu, ndipo adzakhala kumeneko

akusangalala ndi zosangalatsa zatsopano zomwe .sizingafotokozedwe

Thupi ndiye pharmacy yabwino kwambiri

Ofufuza zachipatala apeza kuti tikamakhala ndi chisangalalo chachikulu, thupi limapanga mankhwala ochepetsa nkhawa ndi zinthu zina zochepetsa kupsinjika maganizo zomwe zimakhala zamphamvu komanso zogwira mtima monga momwe madokotala amanenera. Thupi ndi pharmacy yayikulu kwambiri padziko lonse lapansi, yomwe imatha kupanga chinthu choyenera panthawi yoyenera tikamagwirizana ndi mgwirizano wauzimu womwe Mulungu .waika mkati mwathu

Sikuti kupsinjika konse kuli kovulaza; kupsinjika kumadzutsa mphamvu yofunika yomwe imayenda m'thupi lathu ndipo kumalimbikitsa kuchita zinthu ndi kuyenda. Kafukufuku wasonyeza kuti kupsinjika koyenera kumakhala .kopindulitsa

Koma vuto limabwera pamene kupsinjika maganizo kukupitirira mulingo woyenera

Aliyense wa ife ali ndi malire ake pa kupsinjika maganizo, ndipo malire amenewo akapitirira, timakhala ndi nkhawa kwambiri kuposa momwe tiyenera kukhalira, ndipo sitingadziwe mpaka mavuto atayamba kuonekera m'thupi, .m'maganizo, ndi m'maganizo

Moyo ndi Mulungu ndi chisangalalo ndi chimwemwe, pomwe popanda Mulungu pali nkhawa, chisokonezo, mavuto, komanso tsoka. Ndiye kodi tingapeze bwanji mtendere ndi bata m'moyo wolamulidwa ndi masoka ndi ?masoka, ndikubweretsa chisangalalo padziko lapansi

Chofunika choyamba ndikudziwa mavuto a moyo .pamene tikulamulidwa nawo

Mulungu ndi Wanzeru Zonse komanso Wodziwa Zonse, ndipo watipatsa matupi athu zizindikiro monga chitonthozo, kusasangalala, bata, ndi nkhawa, ndipo tiyenera kulabadira zizindikiro izi Pali nzeru zaumulungu mkati mwa matupi athu zomwe zimayesa kutiuza zinazake, ndipo tiyenera kumvetsera mauthenga awa panthawi ya nkhawa kapena kupuma Mukamva kupsinjika, ikani maganizo anu pa gawo la thupi lanu lomwe likukumana ndi kupsinjika, kenako pumirani mpweya wozama, ndipo nthawi yomweyo, chepetsani pang'onopang'ono gawolo mpaka litagwedezeka Kenako pumulani ndikumasula kupsinjika Izi zithandiza kusunga mphamvu ndi moyo wabwino m'thupi ndikuliteteza .ku zotsatira zoyipa za kupsinjika

Tingathenso kuthana ndi kupsinjika maganizo mwa kupuma. Mukamva mantha kapena malingaliro ena oipa, pumirani pang'onopang'ono, mozama, komanso mozungulira kangapo, kulola thupi lanu kupumula nthawi iliyonse yopuma. Izi zidzakuthandizani kuchepetsa kugunda kwa mtima wanu, kubwezeretsa kuyenda kwa magazi mwachibadwa, kuthandizira kuyenda kwa mphamvu zofunika kudzera m'mitsempha yanu, komanso kukuthandizani kutonthoza maganizo anu ndikuchotsa .malingaliro anu

Moyo si vuto ladzidzidzi; ndi mawonekedwe okongola a Mulungu, ndipo tiyenera kusangalala nawo. Tiyeni tikumbukire kuti kumwetulira ndi mphamvu; ngati sitikugwiritsa ntchito, timataya gawo lofunika kwambiri pa .moyo

Anthu ndi mizimu yokhala ndi malingaliro ndi malingaliro, ndipo ali ndi thupi lomwe amavala ngati chovala kapena malaya akunja. Koma bola ngati tikukhala pamlingo wa thupi ndi malingaliro okha, tidzagwa pansi pa

chisonkhezero choipa cha kupsinjika maganizo ndi kupsinjika .maganizo

Tikamagwirizana ndi chibadwa chathu chofunikira, chomwe ndi mzimu, chimwemwe cha mzimu chimalowa mumtima ndikusintha kukhala chikondi. Kumva chikondi ichi, cholumikizidwa ndi mtendere ndi bata la moyo, ndikuchita zinthu ndi kuyanjana motsatira mphamvu zake zogwirizana, ndiyo njira yoyenera kwambiri yokhalira mwachibadwa m'dziko lodzaza ndi mikangano ndi zotsutsana. Kugwirizana .ndi chimwemwe ichi ndiye yankho la mavuto a moyo

Chidziwitso: Ponena za mawu akuti: "Thupi limapanga mankhwala oletsa kupsinjika maganizo ndi zinthu zina zomwe zimachepetsa kupsinjika maganizo, zomwe sizili zamphamvu komanso zogwira mtima kuposa zomwe madokotala amalangiza," uwu si upangiri woti usamaperekedwe kwa upangiri wachipatala ndi mankhwala, .chifukwa chake ndikofunikira kufotokoza momveka bwino

Ma equation a maginito

Munthu wokhala ndi mtima wolimba komanso zizolowezi zoipa + munthu wachifundo koma wofooka = mphamvu yoipa imapambana kukoma mtima

Munthu wofooka wokhala ndi zizolowezi zoipa + munthu wokonda kwambiri wokhala ndi zizolowezi zabwino = mphamvu yabwino ya maginito imagonjetsa woipayo

Mphamvu ya maginito yofooka yauzimu + biomagnetism yoipa = mphamvu ya maginito yoipa kwambiri

Mphamvu ya makhalidwe abwino + mphamvu ya makhalidwe abwino yofooka = mphamvu ya makhalidwe abwino yowonjezereka

Munthu wokwiya komanso wachiwawa + munthu wofatsa komanso wachifundo = mphamvu ya mkwiyo imapambana kufatsa

Khalidwe lamphamvu, lolinganizika, komanso lodekha + khalidwe lomwe nthawi zina limapangitsa kuti munthu asakhutire = mphamvu ya bata imapambana

Kulephera kosalekeza + kulephera kochepa = mphamvu ya maginito yolephera

Kupambana kwabwino kwambiri + kupambana pang'ono = kupambana kwakukulu

Kugwedezeka kwamphamvu kwa kulephera + kugwedezeka kwamphamvu kwa kupambana = mphamvu ya maginito yolephera kapena mphamvu ya maginito .yopambana, kutengera malo ndi momwe zinthu zilili

Maganizo amphamvu, abwino + kusadziwa konse = kuchenjera ndi luso kapena kusadziwa ndi kupusa

Mphamvu yauzimu yodabwitsa + mphamvu yothandiza kwambiri = Mphamvu yauzimu yodabwitsa - mphamvu yothandiza kwambiri

Ngati anthu akanatha kuona zamoyo zambirimbiri za m’mapulaneti mu ether yowazungulira, mwina ena akanayesa kupeza okondedwa awo omwe anamwalira Mulungu watsegula maso anga auzimu, ndipo ndikuona miyoyo yambiri yomwe yachoka padziko lapansi. Mwa kuyang’ana kwambiri pa diso lauzimu (pakati pa mphumi), munthu akhoza kuona ndi masomphenya amkati dziko lowala lokhala ndi miyoyo yonse yabwino yomwe yakwera .kupita ku ether kupita kwa Wachifundo Chambiri

Mwa anthu, mtima umagwira ntchito ngati wolandila opanda waya ndipo diso lauzimu ngati chotumizira.

Ngakhale simungawaone okondedwa anu omwe anamwalira, ngati muika maganizo anu pamtima mofatsa, mutha kumva kukhalapo kwa okondedwa anu omwe tsopano akukhala m'matupi achilengedwe, akusangalala ndi mtendere ndi chitetezo cha Mulungu ndikusangalala ndi ufulu wawo ku zoletsa za thupi, kotero mumapeza chitonthozo mu .mtendere wawo ndipo mtima wanu umatsimikizika za iwo

Ndikatchula dzina la Mulungu, umunthu wanga wonse umasungunuka kukhala chisangalalo chachikulu. Koma mkhalidwe umenewu unabwera kwa ine pambuyo poyesetsa kwambiri. Poyamba, sindinali munthu wolakalaka, chifukwa maganizo anga anali kuyendayenda. Koma tsopano, ndikangoyang'ana kwambiri zauzimu—malo pakati pa nsidze—malingaliro onse amatha, kupuma kumatha kokha, mtima umasiya kugunda, chisokonezo cha maganizo chimatha, ndipo mkhalidwe wogwera pa moyo, kotero kuti ndimasangalala ndi uzimu ndipo ndimakhala ndi .chisangalalo chaumulungu

Mawu agolide

Chimwemwe ndi ufulu wanga, cholowa changa, ndi chuma changa chobisika cha Mulungu. Nditsogolereni kuti ndipeze mkati mwanga chuma chomwe chimaposa maloto a .mafumu

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Moyo ndi kayendedwe kanzeru kokhala ndi kayimbidwe kokhazikika. Umapangidwa m'zinthu zopanda moyo, kapena umatenga mawonekedwe amoyo komanso oyenda. Moyo uli .ndi zonse ndipo umalowerera chilichonse

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O wokondedwa kwambiri, Ndiwe moyo Ndiwe cholinga changa ndi chikhumbo changa

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Mundipangire duwa lokongola m'munda wanu wakumwamba, kapena mkanda wowala mu mkanda wanu wachikondi wowala, kapena mundipatse ulemu waukulu: .malo ang'onoang'ono kwambiri mumtima mwanu

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Kulikonse kumene ena amayamikira khama langa pochita zabwino, ndi komwe ndingapereke chithandizo .chabwino kwambiri

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Tiyeni tiluke kapeti yagolide ya maloto okhala ndi ulusi wa silika wa zikumbutso zokoma ndi malingaliro abwino

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Chikondi chili ngati pepala lopaka utoto lomwe limapukuta malingaliro ndikuchotsa nkhanza pa khalidwe

* * *

Miliri, masoka, ndi kusintha kwachiwawa m'chilengedwe komwe kumabweretsa chiwonongeko, chiwonongeko, ndi kuvulaza kwakukulu si " malamulo a Mulungu" Masoka awa amachokera ku malingaliro ndi zochita za anthu Kulikonse komwe kuyanjana kwabwino ndi koipa padziko lonse lapansi kwasokonezedwa ndi kusonkhana kwa mafunde owopsa ndi kugwedezeka komwe kumachitika chifukwa cha zolinga zoyipa za anthu ndi zolakwa, chisokonezo chimalamulira .ndipo chiwonongeko chachikulu chimayamba

* * *

Ndidzatenga zabwino kwambiri kuchokera kwa anthu onse, ndipo ndidzayamikira makhalidwe abwino a mitundu .yonse popanda kuyang'ana kwambiri zolakwa zawo

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Monga momwe timasamalirira kufunika kwa zakudya zomwe timadya tsiku ndi tsiku, tiyeneranso kusamala ndi zakudya zamaganizo zomwe timapatsa maganizo athu tsiku .lililonse

* * *

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mtsinje wochepa ukuyenda mwa iwo popanda kusokonezedwa, kudzazidwa kwawo ndi bata lalikulu. Izi zili choncho chifukwa mtsinje uwu umalumikizidwa ndi gwero lake lapamwamba, kuyenda kosalekeza komwe kumafikira miyoyo mogwirizana ndi gwero limenelo, kuwalola kupereka .chimwemwe kwa iwo omwe akulakalaka mtendere

* * *

Ndi mawu angati abwino ochokera mumtima omwe achotsa chisoni chambiri ndipo ndi mawu angati anzeru omwe awunikira njira zamdima ndi nyali zachisangalalo ndi !bata

* * *

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo zofunika kuchokera kwa iwo. Pakuti ululu uliwonse ndi kuvutika kulikonse komwe timakumana nako kuli ndi .tanthauzo komanso cholinga

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Ngakhale kuti mayesowa ndi ovuta, ali ngati moto womwe umasungunula chitsulo kuti chikhale chitsulo chokongola, cholimba, komanso chogwiritsidwa ntchito .m'njira zosiyanasiyana

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Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu akugwira ntchito, chilichonse chomwe ndimafuna chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda

mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

* * *

Pamene maganizo akunong'oneza Mulungu mokweza komanso mokweza kuchokera pansi pa mtima wa munthu wofunitsitsa, kuyitana kwa mzimu kudzakhudza mtima wa munthu aliyense, ndipo yankho lidzabwera, kubweretsa chisangalalo chachikulu. Kunong'oneza kwanzeru kumeneku kumakulitsa chifuniro mpaka chitakhala ndi mphamvu .zofunikira kuti chikwaniritse cholinga chomwe chikufunidwa

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Maganizo ndi chifuniro cha munthu zikakhala zogwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu ndikokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe akugwirizana ndi chifuniro .chapamwamba

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Munthu sayenera kugwiritsa ntchito mphamvu zonse zamaganizo zomwe Mulungu wawapatsa kufunafuna zinthu zosakhalitsa, kuopera kuti angadzitayike m'mavuto a kukonda chuma ndikudzipangira zoletsa zosafunikira. M'malo mwake, ayenera kugwiritsa ntchito mphamvu zake zamaganizo kuti apeze zofunika pa moyo ndikuyesetsa kukulitsa mphamvu zake zamakhalidwe abwino kuti athe kusiyanitsa pakati pa chabwino ndi choipa, komanso pakati .pa zomwe zili zoipa ndi zomwe zili zabwino

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Chowonadi chili pamwamba pa malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira imeneyi amamangidwa ndi malingaliro awoawo

* * *

Tsegulani, Ambuye, zipata za mtendere ndipo tetezani malo opatulika a malingaliro anga auzimu ku ziwopsezo za kunong'onezana koipa. Ndipo lolani maluwa a zokhumba

zanga aphuke m'munda wa mtima wanga pamene .ndikuyembekezera mbandakucha wa kubwera kwanu

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Chidziwitso cha chiphunzitso sichingapeze chidziwitso chaumulungu, ndipo ndibwino kuti munthu asagwiritse ntchito nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, apo ayi munthu adzadzipeza yekha pakati pa nkhalango zodzaza ndi .nzeru ndipo sangathe kupitirira malire a ziphunzitso

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Chimwemwe ndi chipatso cha kupambana kwa maganizo pa zochitika zosakhazikika za moyo

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Iye amene Mulungu amamuzindikira akhoza kusadziwika ndi dziko lapansi

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Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso [popanda mayeso enieni], adzakhala ngati chipangizo chojambulira chomwe chimabwereza miyambi ndi kubwereza mawu apamwamba, ndipo ena amamuona ngati katswiri wophunzira, koma chidziwitso choterocho sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, .komanso sichikugwirizana ndi kufika pa uzimu

* * *

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho, tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

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Tsegulani mitima yanu ku kutsanulira kwa Mulungu kuti kuyende mwa inu ndikudzaza miyoyo yanu ndi madalitso .auzimu ndi ubwino

* * *

Kaya mugwire ntchito yanji komanso zomwe mungachite, kumbukirani nthawi zonse kuti Mulungu ndiye gwero lomwe limakupatsani mphamvu zonse zomwe .mukufunikira kuti mugwire ntchito ndikukwaniritsa

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Ndiloleni ndikukumbukireni, Ambuye, mu umphawi ndi chitukuko, mu matenda ndi thanzi, mu umbuli ndi nzeru, ndipo ndiloleni ndione kuwala kwanu kodala komwe .kumapereka ubwino ndi machiritso nthawi yomweyo

* * *

Mu malingaliro anga ndekha, ndikulakalaka kumva mawu anu odala. Chotsani kwa ine mawu okhwima, apadziko lapansi obisika m'maganizo mwanga. Ndikufuna kumvetsera mawu anu odekha komanso okoma mtima kwamuyaya mu .mtendere wa moyo wanga

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Moyo uli ndi mdima, ndipo nthawi zina timapunthwa ndi kuzengereza kupita patsogolo Tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zamdima za moyo Iye ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lowala m'maola odzuka, nyali yowala ya chitsogozo, ndi nyenyezi yotsogolera kwa iwo oyenda m'nyanja za moyo wa padziko .lapansi, wosakhalitsa

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Yakwana nthawi yoti munthu adzuke kuchokera ku tulo toyiwala kupita ku kudzuka kwa mzimu

* * *

Tikukupemphani, Ambuye, kuti mukweze chidziwitso chathu kuchokera ku kuya kwa kusadziwa ndi malingaliro

opapatiza, ocheperako kupita ku malire a mtendere, kuwala, .chikondi, ndi chifundo cha anthu onse

* * *

Zinthu zidzayenda bwino pamapeto pake chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa munthu, ndipo aliyense amene sakukhulupirira kuti vutoli silingatheke ndipo akuyesera kulowa ndi malingaliro ake ndi chikhulupiriro chake ku zomwe zili kuseri kwa chophimba adzatsegulidwa chitseko kwa iye amene [akugogodwa ndi dzanja lililonse lokhulupirira]

* * *

Chikhulupiriro sichitanthauza kukhala wosasamala kapena kusachita zinthu mwanzeru ndi zochitika. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye amene angathe kumuthandiza pazochitika zovuta komanso zovuta ngati atembenukira kwa Iye ndi mtima wake wonse, moyo .wake wonse, ndi malingaliro ake onse

* * *

Ngati malingaliro athu akanatiuza choonadi chonse, tikanaona Dziko Lapansi ngati mitsinje ya ma elekitironi, .ndipo tikanaona fumbi lililonse ngati kuwala kozungulira

* * *

Anthu amene amaphunzira zinthu kuchokera ku zinthu zina kupita ku zinthu zina amamvetsa bwino chinyengo .ndipo amadziwa tanthauzo la choonadi

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Kaya munthu ali m'nkhalango za ku Africa, pankhondo, akuvutika ndi matenda kapena umphawi, ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa ndipo limatha kuteteza iwo amene afuna .chitetezo mwa Iye

Palibe njira yothandiza yodzitetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru pochita zinthu ndi nthawi yomweyo kukhala ndi chikhulupiriro chonse mu thandizo la .Mulungu

* * *

Chikondi chomwe chimakhala m'mitima ya zolengedwa zonse—chikondi cha amayi onse, abambo, abwenzi, ndi .okondedwa—chimachokera ku chikondi cha Mulungu

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Kusiyanitsa pakati pa ntchito zazikulu ndi zazing'ono kuyenera kupangidwa, kuika patsogolo zofunika kwambiri kuposa zofunika zokha. Komanso, palibe ntchito yomwe iyenera kutsutsana ndi ina. Malemba amatiuza kuti ntchito ina ikasemphana ndi ina, ndi umboni wakuti si ntchito .yeniyeni

* * *

Pamene kuwala kwa dzuwa kukufalikira, ndidzafalitsa kuwala kwa chiyembekezo m'mitima ya osauka ndi osiyidwa [amene anthu asiya], ndipo ndidzaika kutsimikiza mtima kwatsopano m'mitima ya iwo amene akuganiza kuti ndi .olephera

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira ake kuti: "Musachotse aliyense m'gulu la chikondi chanu. Sungani aliyense mumtima mwanu ndipo adzakusungani ".mumtima mwawo

* * *

Ambuye, ndithandizeni kuti nthawi zonse ndigwiritse ntchito chifuniro changa kuti ndichite zinthu zabwino komanso zabwino

Ndithandizeni kuti ndigwirizane ndi chifuniro Chanu kuti maganizo anga onse agwirizane ndi zolinga zanu ndipo .akhale ogwirizana ndi chifuniro Chanu

Anandithandiza kudzutsa mphamvu yobisika, yodalitsika mkati mwanga kuti ndithe kugonjetsa mavuto ndi mayesero onse.

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Dzukani ku umunthu wauzimu wolimba mtima komanso wodzichepetsa - womwe umaphatikiza mphamvu za mikango ndi kufatsa kwa nkhunda

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Sindidzavutitsidwa ndi kutsutsidwa kowawa, kapena kutamandidwa ndi kunyoza kwambiri. Cholinga changa chokha ndicho kuchita chifuniro chanu, Ambuye, ndikupeza chisomo chanu.

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Simungathe kulingalira za chisangalalo chachikulu chomwe chidzakudzazani mukadzamva kukhalapo kwa Mulungu. Moyo wanu udzaledzera ndi chikondi chopanda malire cha Mulungu. Ndi chikondi chomwe chimaposa chikondi chilichonse cha anthu nthawi mamiliyoni ambiri—chikondi chomwe chimakwaniritsa zokhumba zanu zonse ndikudzaza mtima wanu ndi chisangalalo ndi kukhutira.

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Kudzera mu kuyang'ana mkati, mutha kukhala ndi chisangalalo chauzimu mwachindunji mkati mwanu ndi mozungulira inu. Ngati mukulitsa chidziwitso ichi, umunthu wanu udzakula bwino, ndipo mudzakhala ndi mphamvu yokoka kwa anthu ndi zolengedwa zina.

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Inu Mtetezi Wamkulu, sindikusamala ngati nditaya chilichonse chifukwa cha tsogolo langa, lomwe ndidapanga ndekha, koma ndikukupemphani, pothawirapo panga pokha, kuti muteteze nyali ya chikondi changa pa inu ku mphepo ya kusamvera ndi kuiwala.

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Tiyeni timwe madzi oyera, otsitsimula amtendere ochokera m'magwero abwino, olimbikitsidwa ndi kutsimikiza

mtima kwathu kuganiza bwino ndikukhala ndi chiyembekezo .chabwino

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Chikumbumtima ndi lingaliro lachibadwa lomwe limavumbula umunthu weniweni wa munthu ndi zolinga zake. Chikumbumtima chanu chikakhala choyera, ndipo mukudziwa kuti mukuchita zabwino, mulibe choopa. Chikumbumtima choyera ndi umboni wa khalidwe labwino lochokera kwa Mulungu. Kumasulidwa m'khoti chifukwa cha chikumbumtima kumatanthauza kukhala ndi chimwemwe .ndi kulandira madalitso a Mulungu

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Yesani kuchita zinthu molimba mtima komanso zosangalatsa zomwe anthu ambiri sachita, ndipo perekani chikondi ndi mtendere kwa iwo omwe ena .amawanyalanyaza

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Mphunzitsi Paramahansa anauza mmodzi wa ophunzira :ake kuti

Ngati simutaya nthawi mukukulitsa malingaliro, palibe" kuchuluka kwa chuma chomwe chingakukhutiritseni. Kulima kumeneku si kuzunza koma kuphunzitsa chidziwitso kuti chilimbikitse malingaliro ndi zochita zomwe zimabweretsa ".chimwemwe

Chimwemwe chanu ndi kupambana kwanu, choncho musalole kuti wina akubereni Dzitetezeni kwa anthu amene amayesa kukuvutitsani Ndili mnyamata, ndinkataya mtima nthawi iliyonse anthu ena akamafalitsa mabodza okhudza ine. Pambuyo pake, ndinazindikira kuti mtendere wanga wa mumtima ndi wofunika kwambiri kuposa kuvomerezedwa ndi .anthu kapena kusilira kwawo

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Ngati mukanadziwa nkhani ya chikondi cha Mulungu chomwe olambira ena amakumana nacho ndi Mulungu! Palibe china chilichonse chomwe chingafanane ndi chisangalalo chimenecho ndinkadziwa woyera mtima amene nthawi zonse ankakhudzidwa ndi chikondi cha Mulungu, ndipo nkhope yake inali yowala ngati chikondi choyera Diso la Mulungu nthawi zonse limakhala pa iwo amene .amamukonda, ndipo samawasiya ngakhale mphindi imodzi

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Ndi ochepa okha omwe ali ndi chidwi chokulitsa mphamvu zawo zamaganizo ndi zauzimu

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Musalole kuti mulowe pansi pa kuzengereza. Imirirani kuchokera ku tulo ta zinthu wamba zosasangalatsa ndikuyamba moyo wabwino kumene kuli kupambana, .chimwemwe, ndi mtendere

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Mkati mwanu muli kuthekera kwakukulu komwe kukuyembekezerani kuyikidwa, ndipo ndinu nokha amene mungathe kuyambitsa ndikupindula nako

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Kumasuka ku zizolowezi zoipa ndi zilakolako zoipa kumabweretsa chimwemwe chachikulu kuposa kupambana pa zinthu zakuthupi

Kupambana m'mabuku kumabweretsa chisangalalo chamaganizo chomwe zinthu zakunja sizingachotse kwa inu

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Mukhoza kuthera nthawi yanu yonse mukusonkhanitsa ndalama, koma ndalama zimenezo sizingakupatseni mtendere ndi chitetezo chokhalitsa chomwe mukufuna. M'malo mwake, zidzakubweretserani chisoni chachikulu chifukwa chimwemwe ndi mtendere zimakhala m'maganizo, .osati m'zinthu zokha

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Musalole kuti zofooka zilowe m'maganizo mwanu, ndipo samalani mukamacheza ndi anthu omwe ali ndi malingaliro oipa komanso osasangalala, kuti maganizo awo ofooka asalowe m'maganizo mwanu, pokhapokha ngati maganizo anu afika pamlingo winawake kotero kuti malingaliro a ena sangawafooketse, koma m'malo mwake, amatha kulimbitsa .maganizo a ena ndikuwonjezera kudzidalira kwawo

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Mulungu ndiye amene amatsogolera, ndipo sitiyenera kuyamba kapena kutha tsiku lathu popanda kuganizira za Iye. Tiyenera kukumbukira kuti popanda mphamvu ndi mphamvu zomwe timalandira kuchokera kwa Mulungu, sitingathe kuchita ntchito zathu zilizonse. Uwu ndi udindo .wathu waukulu kwa Iye

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Pali njira yowunikira ndi kuweruza miyambo ndi miyambo Poyamba, miyambo iliyonse inali ndi zifukwa. Ngati tikupeza kuti zifukwazo zikadali zoona, ndiye kuti miyamboyo ili ndi tanthauzo komanso phindu. Komabe, si nzeru kutsatira miyambo mwachimbulimbuli. Tiyenera kudziwa chomwe chili choyenera ndikuchitsatira, kuzindikira chomwe chingatibweretsere chimwemwe kenako .n’kuchigwiritsa ntchito

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Mukaona anthu ambiri akusowa chimwemwe kapena kupambana, musaganize kuti ndicho tsogolo lawo. Mutha kudzipangira chilichonse chomwe mukufuna. Kupambana kwanu kwamkati ndi komwe kumakupangitsani kukhala .opambana

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Ngati mulibe chilichonse mwa inu nokha, simudzakhala okondwa Koma ngati mulibe chilichonse chozungulira inu ndipo muli okondwa mwa inu nokha, mosakayikira mupambana. Chifukwa chake, n'zosatheka kuweruza anthu .kutengera momwe zinthu zilili kunja

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Pakati pa khamu lalikulu la anthu, pakhoza kukhala munthu amene wafika pamlingo wapamwamba wauzimu ndipo amasangalala ndi mtendere wamumtima komanso .chimwemwe chauzimu chachikulu

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Ndikudziwa motsimikiza kuti chilichonse chomwe ndikufuna chidzabwera kwa ine, ndipo chifukwa chake sindidandaula za zomwe zili mtsogolo. Izi si kudzitamandira kapena kunyengerera, chifukwa ndakhala ndikuwona ntchito ndi mphamvu yodala imeneyo m'moyo wanga nthawi .zambiri

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Kaya ndikuyandama pamwamba pa zamoyo kapena kumira m'nyanja, ndikudziwa kuti ndili ndi Mulungu ndipo Iye ali ndi ine, ndipo palibe chomwe chingandivulaze. Chidziwitsochi chandipatsa chisangalalo chosaneneka .komanso chachikulu

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Palibe kukayika kuti kugula chinthu chatsopano ndi chinthu chosangalatsa. Koma pakapita nthawi, chisangalalo chimenecho chimatha pang'onopang'ono, ndipo mungatayike chidwi nacho konse, kuiwala za icho ndi kulakalaka china. Komabe, bilu ya chinthucho sidzaiwalika, !makamaka ngati munachigula pang'onopang'ono

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Munthu ayenera kulamulira moyo wake ndi kuupanga kukhala wosalira zambiri momwe angathere. Ayenera kusunga ndalama zina pa zinthu zofunika komanso zadzidzidzi, kuika patsogolo kusunga ndalama m'malo mogula zinthu zapamwamba, ndi kuthandiza ena momwe angathere. Mukathandiza ena, thandizo lidzabwera kwa inu

mwanjira ina, ndipo simudzasowa chilichonse ndipo .simudzasowa chilichonse

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Mu chisangalalo cha mitima yonse, ndimamva kulira kwa chisangalalo Chanu, Ambuye, ndipo mu ubwenzi wa okhulupirika onse, ndimamva chikondi Chanu ndimasangalala ndipo mtima wanga umakondwera ndi kupambana ndi chitukuko cha anzanga, monga momwe ndimasangalalira ndi moyo wanga wabwino komanso kumasuka kwanga Pamene ndikulimbikitsa nzeru mwa ena, ndimachulukitsa chuma cha nzeru zanga, ndipo mu chisangalalo cha onse, ndimapeza changa

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Mdani wamkulu wa chimwemwe ndi kubwereka ndalama kuti agule zinthu zapamwamba Anthu amakhulupirira molakwika kuti sangakhale osangalala pokhapokha atapeza chinthu china chake. Koma ngakhale atapeza chinthucho, sadzapeza chimwemwe chenicheni, ngakhale chisangalalo cha kanthawi. Kodi cholinga chofunafuna chisangalalo cha padziko lapansi chomwe chimalonjeza kusweka kokha n'chiyani? Anthu ayenera kukhala moyo wosalira zambiri, osafunikira zinthu zambiri zomwe zimafuna chisamaliro .chokhazikika

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Paradaiso wanga ali mkati mwanga Pamene ndikusangalala ndi madalitso a Mulungu, ndimamuyamika, ndipo chimwemwe changa chamkati chimakula Popanda kukhutira kwamkati, ngakhale zosangalatsa zapadziko lapansi ndi chisangalalo zimakhala gehena, ndazindikira kuti popanda chimwemwe chamkati chimenecho, katundu wa maudindo omwe ndapatsidwa akanandilanda mtendere .wanga ndikundilanda chimwemwe changa

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Ngati chuma chikugwirizana ndi matenda ndi mavuto, zotsatira zake zidzakhala zambiri Ukhondo ndi chisamaliro

chaumoyo ndi zina mwa mphamvu za Kumadzulo Tizilombo toopsa ndi majeremusi oopsa amalamulidwa bwino m'maiko otukuka, pomwe ali ambiri m'maiko ena. Koma kuchotsa tizilomboti si chinthu chofunika kwambiri, chifukwa mitundu ina ya mavuto ilipo m'maiko otukuka, monga kulipira ngongole zovuta komanso mavuto azachuma chifukwa cha njira zogulira pang'onopang'ono—mavuto omwe .amasokoneza tulo ndikuwononga mtendere wamumtima

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Ndife gawo lofunika kwambiri la chidziwitso chomwechi .chomwe chilengedwe chachikuluchi chinachokera

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Kodi munayamba mwawonapo gulu la nkhosa? Ngati imodzi mwa izo ilumpha, gulu lonselo limatsanzira mosazengereza Anthu ambiri ali ngati amenewo Winawake angabwere ndi lingaliro kapena kuyambitsa njira yatsopano, ndipo ena nthawi yomweyo amalowa m'gululi ndikulitsanzira. Njira imeneyi yakhalapo kwa mibadwomibadwo. Mtundu uliwonse uli ndi miyambo yake, ndipo sitinganene kuti yonse ndi yolondola kapena yolondola. Koma ndani akudziwa? Mwina miyambo ina ndi .yopanda tanthauzo komanso yopanda phindu

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Pamene mphepo yamkuntho ya malingaliro ichepa, timalowa mu ufumu wa mtendere ndi kukhudza kukhalapo .kwa Mulungu

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Ganizirani za Mulungu, kapena malo okongola omwe amalimbikitsa mtendere, kapena chochitika chosangalatsa komanso chosangalatsa Kuchita zinthu mwanzeru komanso mwamtendere kumalimbitsa mtima komanso kumatsitsimula

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Tikukhala m'dziko lodzaza ndi chisokonezo. Mungaganize kuti ndalama zimatanthauza chisangalalo, koma mukapeza, mumapeza kuti simukusangalala.

Mungapeze chuma ndipo—Mulungu alepheretse—kutaya thanzi lanu. Kapena mungakhale ndi thanzi labwino ndikutaya ndalama zanu. Kapena mungakhale ndi chuma komanso thanzi lanu koma mukuvutika ndi mavuto ambiri ndi ena, kupereka kukoma mtima koma kungokumana ndi mkwiyo ndi chidani. Popanda Mulungu, palibe chilichonse .m'moyo uno chomwe chingakukhutiritseni

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Dziko lapansi lasanduka chipinda chozunzira anthu omwe sadziwa dongosolo la Mulungu. Koma mukamaona zokumana nazo za moyo ngati aphunzitsi anu ndikuphunzira kuchokera kwa iwo za chikhalidwe chenicheni cha dziko lino ndi udindo wanu mu sewero la chilengedwe, zokumana nazo zimenezo zimakhala kuunika kwamtengo wapatali panjira .yopita ku chisangalalo chosatha ndi chimwemwe

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Kumeneko, kupitirira mdima wosadetsedwa, bata lopanda phokoso, ndi kusakhalapo kopanda chilengedwe, kuli umunthu wosatha, womwe ndi chiyambi cha kukhalapo ndi gwero la mphamvu zonse ndi zamoyo, zooneka ndi .zosaoneka

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Mulungu sanalenge dziko lapansi lino kuti tidye, tigone, ndi kufa, koma kuti tidziwe chifuniro Chake ndikumvetsa cholinga cha kukhalapo kwathu Anthu ochepa anzeru amvetsetsa tanthauzo la dongosolo la chilengedwe chonse, koma anthu ambiri ndi akhungu ndipo sadziwa cholinga .chimenecho

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Ndalama sizinali cholinga changa m'moyo; cholinga changa chinali kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu anatsegula zitseko zambiri za .mwayi kuti ndidzisamalire ndikukwaniritsa ntchito yanga

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Mulungu adalenga chilengedwechi kuti chizigwira ntchito motsatira lamulo lokhazikika komanso losasintha Ngati tiphwanya malamulo aliwonse a chilengedwe chonsewa, timadzilanga tokha Munthu amene amadumpha kuchokera padenga la nyumba yayitali adzaswa mafupa ake. Chifukwa chake, sitinganyalanyaze lamulo la mphamvu .yokoka popanda kuvutika ndi zotsatira zake

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Tikayang'ana mozama za chitukuko cha dziko lapansi ndi kufufuza zinsinsi zobisika za chitukuko chakale, chithunzi chachikulu chimaonekera, chokhala ndi mizere yolumikizana, mitu yosiyanasiyana, ndi tsatanetsatane wolondola, ndipo timapeza kuti munthu ndi munthu payekha komanso .wokonda anthu nthawi imodzi

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Ngati Mulungu amafuna kuti tizikhala ndi moyo wodziwa zinthu zakuthupi zokha, tikanakhutira ndi zinthu zakuthupi .ndi kukhutira ndi njira za dziko lapansi

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Kuwala kwa chiyero, mtendere, ndi chisangalalo kupitirira maloto kumawala ndikuvina m'kuya kwathu kofunikira

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Ndi chochitika chilichonse chomwe chimawonekera kumwamba kwa miyoyo yathu paulendo wathu wapadziko lapansi, tiyenera kuphunzira momwe tingakulitsire chidziwitso chathu komanso momwe tingamvetsetse bwino zomwe zimatizungulira kapena zomwe timakumana nazo, kenako tidzakhala ndi moyo wabwino komanso wogwirizana .bwino ndi anthu komanso moyo wathu

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Anthu ambiri amatsanzira ena. Munthu ayenera kukhala woyambirira komanso wolenga, komanso wodziwa zonse .zomwe amachita

Kum'mawa, cholinga chachikulu chakhala kukulitsa chimwemwe chauzimu, pomwe zinthu zakuthupi m'moyo nthawi zambiri zimanyalanyazidwa Kumadzulo, kuli zinthu zina zosangalatsa zakuthupi koma chimwemwe chamaganizo chochepa kwambiri Chomwe chikufunika ndi kulinganiza pakati pa ziwirizi, chifukwa kuyang'ana mbali imodzi yokha ya moyo kumabweretsa kusalinganika .komanso kulephera kuthana ndi zosowa za moyo mwanzeru

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Chimwemwe chachikulu - pambuyo pa chisangalalo chaumulungu - ndi chakuti munthu akhale pamtendere ndi achibale ake apamtima omwe ayenera kukhala nawo tsiku .lililonse pachaka

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Anthu amawononga nthawi yambiri akuchita zinthu mwachangu komanso mopupuluma popanda kuchita zambiri. Ochepa amaima kaye kuti aganizire ndikuyesera .kumvetsetsa zomwe moyo umapereka

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Tiyenera kugwira ntchito yomanga nyumba zamkati zanzeru m'minda yamtendere yomwe imakula ndi kuwala .ndi maluwa osawerengeka a makhalidwe abwino auzimu

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Mgwirizano wamkati ndi gwero lamphamvu kwambiri ndipo umapanga mphamvu zongowonjezwdwanso

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Poyang'ana moyo, munthu amapeza kuti kupambana sikophweka Moyo nthawi zambiri umakhala wovuta komanso wosakhululuka, ndipo tiyenera kuyesetsa kuti tipeze zofunika pa moyo. Ganizirani za khama lofunika kuti thupi lanu likhale lathanzi komanso lopanda matenda! Ngakhale mutapambana pa izi, kupambana kumeneko ndi kwakanthawi. Thupi—mukhale ndi moyo wautali—lidzaikidwa

m'manda. Kufunika kumafuna kulimbana ndi mphamvu zambiri, zamkati ndi zakunja, kuti mukwaniritse zomwe mukufuna. Mphamvu izi zimagwira ntchito mosatopa kuti zikulepheretseni kukwaniritsa chilichonse chofunikira .kwambiri

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Yesetsani kukhala chete pazochitika zonse, ndipo lolani mbewu ya mtendere wanu iphuke ndi chisangalalo ndi .kumwetulira kokhutiritsa

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Ngakhale oyera mtima akuluakulu sapeza chipulumutso chathunthu pokhapokha atagawana chipambano chawo ndi ena, ndiko kuti, zokumana nazo zawo zauzimu ndi chidziwitso chapamwamba, mwa kuwathandiza kupeza .chidziwitso choyera

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Pachifukwa ichi, iwo amene afika pamlingo umenewo ndikufika pamlingo umenewo amakhala ofunitsitsa kupereka kumvetsetsa kwa iwo amene akufunikira. Ngati mukufuna kupambana kwenikweni, simungotsimikizira chimwemwe .chanu chokha komanso cha ena

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Aliyense wanzeru akhoza kupeza ndalama Koma ngati ali ndi chikondi mumtima mwake, sangagwiritse ntchito ndalamazo pazifukwa zadyera; m'malo mwake, adzagawana ndi ena Ndalama ndi temberero ndi tsoka m'manja mwa odzikonda ndi osowa, komanso dalitso ndi mphatso m'manja .mwa anthu amtima wabwino komanso opatsa

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Wina angasankhe kukhala chete kwa nthawi yayitali, osalankhula ndi abale ake panthawiyo. Ngakhale kuti munthuyu angapeze mtendere wamumtima chifukwa cha zimenezi, khalidwe lake ndi lodzikonda komanso lowononga chimwemwe cha banja lake. Sangaganizidwe kuti ndi

opambanadi pokhapokha ngati okondedwa awo nawonso .apindula ndi zomwe akwaniritsa

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Mofananamo, kupambana pa zinthu zakuthupi sikuti ndi ufulu wathu wosangalala tokha, komanso ndi udindo wathu kwa ena powathandiza kukonza zinthu zawo zakuthupi ndi .moyo wawo

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Ndatetezedwa kuseri kwa makoma a chikumbumtima changa choyera. Ndatentha zakale zamdima ndipo ndimangoganizira za lero

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Lero ndazindikira kuti ndine mmodzi wa iwo amene ali ndi kuwala kwa zabwino kwambiri ndipo ndine nyali kwa iwo .amene akulimbana ndi mafunde a nyanja ya chisoni

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Anthu ali ndi malingaliro ndi malingaliro osiyanasiyana okhudza kupambana, kutengera zomwe akufuna pa moyo. Sizachilendo kumva anthu ena akuyerekeza kupambana ndi kuba, akunena zinthu monga, "Anali wakuba wopambana!" Izi zikugogomezera kuti kupambana m'mitundu yonse ndi mitundu yake ndikofunikira ndipo kumafunidwa. Komabe, .kupambana kwathu sikuyenera kuvulaza ena

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Palinso njira ina yoti tipambane: pamene titha kubweretsa zotsatira zabwino komanso zogwirizana kwa ife eni, tiyeneranso kuphatikiza ena mu kupambana kwathu .ndikugawana nawo zipatso zake

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Kupambana kumatanthauza kukhutira ndi kukhutira kwa munthu mkati mwa malo ake Kupambana kwenikweni ndi zotsatira za zochita zozikidwa pa mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika la chisangalalo cha munthu. Ngati tigwiritsa ntchito mfundo imeneyi pa moyo wathu wakuthupi,

wanzeru, wamakhalidwe abwino, ndi wauzimu, tidzakhala .ndi tanthauzo lathunthu komanso lokwanira la kupambana

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Pano m'dziko lino lochepa, timaona kutalika, m'lifupi, ndi kuchulukana, koma pali mulingo wina kumene miyeso siilipo; chilichonse chili chowonekera bwino komanso chowonekera —chilichonse ndi chidziwitso ndi kuzindikira Kumva kukoma ndi kuzindikira, monganso kununkhiza Kumverera kwathu, malingaliro, ndi matupi athu ndi mkhalidwe wa chidziwitso Monga momwe timaonera, kumva, kununkhiza, kulawa, ndi kukhudza m'maloto, momwemonso, pamlingo wapamwamba, kodi timakumana ndi malingaliro onsewa ?kudzera mu chidziwitso choyera

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Ambuye, tisangalatseni mwa kumva kuyandikira kwanu, timasuleni ku zilakolako, ndipo tipatseni chimwemwe chamkati chomwe sichimakhudzidwa ndi zomwe zachitika pa .moyo ndi zochitika zake zosintha

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Pamene maganizo athu akugwirizana ndi malingaliro apamwamba, chidziwitso chauzimu chimadzuka mkati mwathu ndipo timakumana ndi zodabwitsa zodabwitsa za .nzeru ndi chikondi cha Mulungu

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Ngati timakonda Mulungu kwathunthu ndikutembenukira kwa Iye ndi malingaliro ndi mitima yathu yonse, tidzamva kuti tili pafupi naye ndipo tidzapeza kuti Iye .ndiye malo abwino kwambiri otetezeka m'moyo

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Mu malo ooneka ngati opanda kanthu komanso opanda kanthu, pali kulumikizana kwa chilengedwe chonse ndi moyo wosatha womwe umatigwirizanitsa ndi zinthu zonse zamoyo ndi zopanda moyo m'chilengedwe chonse, mafunde a moyo .waukulu akuyenda mu chilichonse chomwe chilipo

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Umuyaya ndiye malo athu enieni komanso malo athu okhalamo kosatha, ndipo kukhala kwathu m'matupi awa ndi moyo wakanthawi, ngati kupuma kwakanthawi kwa gulu la anthu oyenda m'chipululu.

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Tikagwirizana ndi mphamvu zolenga za mzimu, tidzalumikizana ndi malingaliro apadziko lonse lapansi komanso opanda malire omwe angathe kutitsogolera ndikuthetsa mavuto athu. Mphamvu yolenga idzatifikira mosalekeza kuchokera ku gwero lalikulu la umunthu wathu, zomwe zimatithandiza kuti tipambane pa ntchito zathu zonse.

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Chikondi chimakula ndikukula bwino m'malo okhulupirirana, kulolerana, ndi kulemekezana

* * *

Ambuye, tidalitseni ndi kuwala kwa malingaliro oyera ndi zizolowezi zabwino, kotero kuti ngati mdima wa zizolowezi zoipa ndi malingaliro opotoka utifikira, udzachotsedwa nthawi yomweyo. Tithandizeni kukukondani ndi chikondi chachikulu kotero kuti zinyengo zakuthupi kapena mayesero adziko lapansi sizingatigwire kapena kutilanda malingaliro ndi mitima yathu.

* * *

Zinthu zomwe zimapezeka mosavuta sizimakhala zamtengo wapatali. Timadziwa izi pophunzira miyoyo ya amuna ndi akazi olemekezeka komanso momwe adakhalira opambana pokulitsa luso lawo, kukwaniritsa maudindo awo, kumanga makhalidwe awo abwino, kuphunzira mozama, komanso kupewa kudzikonda. Koma zotsatira zomwe adapeza komanso zomwe adakwaniritsa zinali zazikulu kwambiri kuposa khama lomwe adagwiritsa ntchito.

* * *

Ufulu weniweni uli mu ufulu wosankha wotsogozedwa ndi nzeru ndipo umathandizidwa ndi kumvetsetsa, kulondola, ndi chifuniro chokhazikika

* * *

Mukadzutsa chifuniro chanu, kutsimikiza mtima kwanu, ndi kuzindikira kwanu, mphamvu zosaoneka zimatulutsidwa kuchokera ku chidziwitso chapamwamba—kudzera mu chidziwitso cha mzimu—kuti zikuthandizeni ndikuwunikira njira zopita ku chitonthozo chamaganizo ndi chimwemwe, .mothandizidwa ndi Mulungu

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Munthu ayenera kutsegula njira za moyo wake kudzera mu khama lake Palibe amene amasankha mwadala kuvutika ndi chisoni m'malo mwa mtendere ndi chimwemwe Kusadziwa ndiye muzu wa kuvutika ndipo chopinga chomwe chiyenera kuchotsedwa ndikuchotsedwa Kusadziwa ndi udzu woopsa, wozika mizu, womwe umamera m'munda wa anthu ndikuchotsa zomera zabwino komanso zopindulitsa

* * *

Kusadziwa kuyenera kugonjetsedwa ndi chifuniro chosagwedezeka ndi kutsimikiza mtima. Dothi la maganizo liyenera kulimidwa ndi chidwi chachikulu [pa zabwino], ndi mbewu zabwino zothiriridwa ndi madzi a chikhulupiriro. Pamene kuwala kwachikondi ndi kofunda kukuwalira, mbewu ya ubwino idzakula ndikugonjetsa udzu ndi zomera zoyabwa, .chifukwa mdima sungakhalepo pamene pali kuwala

* * *

Zosangalatsa za zinthu zakuthupi zimazimiririka ndi kutha, koma chisangalalo cha Mulungu sichimazimiririka. Ndi chisangalalo cha Mulungu chomwe sichingathe .kufotokozedwa

* * *

Sitiyenera kugwiritsa ntchito njira zolakwika kuti tipeze chimwemwe, komanso sitiyenera kusiya mtendere ndi chuma chauzimu chomwe tili nacho mkati mwathu pofunafuna chitonthozo chabodza komanso moyo wowala womwe ungapachikidwa patsogolo pathu chifukwa cha zochita ndi makhalidwe oipa omwe ali ndi zotsatirapo .zowononga

* * *

Bata ndiye kamera yabwino kwambiri yojambulira kukhalapo kwa Mulungu. Kudzera mu lens ya bata loyera komanso lolunjika bwino, chithunzi chodala chidzawonekera .bwino kwambiri

* * *

Ndipotu, nzeru zonse zili mwa inu nokha ndipo chomwe mukufunikira ndikudziwa bwino za izo

* * *

Kukhutira kwenikweni kuli mu kudzikonza, kotero kuti ena akufuneni m'malo mofunafuna inu. Chikondi ndi ubwenzi ziyenera kuperekedwa mwaulere, popanda kuyembekezera kapena kufuna. Chiyembekezo chimangobweretsa mavuto ndi kusasangalala. Ngakhale pamene mukuyesetsa kudzikonza, munthu ayenera kukhala yekha, wotetezeka komanso wamtendere mkati mwa linga la makhalidwe .abwino ndi kudziona kuti ndi wofunika

* * *

Mathithi a chisangalalo ndi chiyembekezo atuluke nthawi zonse mumtima mwanga, ndipo madzi awo otsitsimula akhudze onse omwe ndikumana nawo

* * *

Chimwemwe chauzimu chimapanga mumtima chikhumbo chothandiza ena m'njira iliyonse, ndipo chimakulitsa luso loyamikira zosangalatsa zabwino zomwe zimatsogolera ku chimwemwe, motero kuchepetsa .chilakolako cha zosangalatsa zopanda pake

* * *

Kaya udindo wanu ndi wochepa bwanji, umakhalabe wofunikira monga momwe maudindo akuluakulu amathandizira kuti sewero la cosmic lipambane lomwe .mizimu imachita pa siteji ya moyo

* * *

Chikumbumtima chonse ndi chidziwitso chopanda malire, chomwe chimadzikonzanso nthawi zonse ndipo luso lake silimatha, ndipo kudzera mwa inu chimayesa .kufotokoza mbali yapadera ya icho chokha

* * *

Ngati mulawa chikondi cha Mulungu ngakhale kamodzi, simudzachisiya chifukwa palibe china chonga icho .m'chilengedwe chonse

* * *

Anthu amene amadziwa Mulungu afika pamlingo wapamwamba kwambiri wauzimu, kotero kuti sakhutira ndi kungopereka uphungu wauzimu kwa ochimwa, koma akhoza - mwa chisomo ndi thandizo la Mulungu - kuwapatsa mphamvu yauzimu yomwe imawathandiza ku zotsatira za .zochita zawo zauchimo

* * *

Ntchito zonse zabwino ndi zoyipa zimakhala zobisika mu ubongo ndipo zimawoneka ngati zabwino kapena zoyipa .m'maganizo

* * *

Munthu amene ali ndi zizolowezi zoipa chifukwa chakuti maselo a muubongo wake ali ndi mphamvu ya zizolowezi zimenezo akhoza kudzimasula yekha mwa mphamvu, kusinkhasinkha, kupemphera moona mtima, ndi kutsimikizira kosalekeza mpaka zizolowezi zake zonse zosafunika zitasanduka zizolowezi zabwino za mtendere ndi bata. Izi zimachitika pamene mphamvu ya moyo yoyendetsedwa bwino imagwira ntchito yosintha mawonekedwe osazolowereka a maselo a muubongo, kuti

maselo amenewo adzazidwe ndi zabwino zonse, zabwino, .komanso zokongola

* * *

Kumvetsetsa ndi diso lamkati, masomphenya a moyo, ndi telesikopu ya mtima. Ndi mgwirizano pakati pa bata la .maganizo ndi chiyero cha chikumbumtima

* * *

Tsiku lililonse timaona zochitika zosiyanasiyana, ndipo tsiku lililonse limabweretsa phunziro latsopano loti tiphunzire. Akuyembekezeka kuti munthu adzaphunzira phunziroli poganizira cholinga chachikulu cha kukhalapo kwake: kuzindikira komwe adachokera komanso maziko a .moyo wake

* * *

Tiyeni tigwire ntchito kuti tiiwale chisoni cha m'mbuyomu ndipo titsimikize kuti sitidzachiganizira mozama. Ndi kutsimikiza mtima kosalekeza komanso chifuniro chogwira ntchito, tiyeni tikonzenso miyoyo yathu, tiwonjezere kupambana kwathu, ndikukulitsa mwa ife tokha .makhalidwe abwino ndi makhalidwe abwino

* * *

Aliyense amene amaulula zofooka za ena ndikuwachititsa manyazi ndi mkwiyo sali wanzeru komanso .woganiza bwino

* * *

Mawu a nthawi zonse ndi malo onse

Iwo amene ali mu mgwirizano ndi Mulungu amaona kukongola kodabwitsa ndipo amamva kukoma kokoma .kwambiri komwe sikungamveke mwanjira ina iliyonse

Pamene moyo wanga unafuulira kwa Inu, mitambo ya chete Chanu inaphulika, Mulungu, ndipo mvula ya chifundo Chanu inagwa mwamphamvu mpaka inakhala kusefukira kwa chisomo Chanu Mtsinje wanu wodalitsika unaphimba magombe a moyo wanga, ndipo moyo wanga unalowa

m'madzi amuyaya, ndipo thovu la moyo wanga waung'ono .linasungunuka m'nyanja ya moyo Wanu wonse
Mlangizi wanga anandiphunzitsa momwe ndingagwiritsire ntchito chisel ya nzeru kuti ndipange kachisi .woyenera kukhalapo kwa Mulungu
Ngati mukufuna kukwaniritsa cholinga chabwino, yambani mwa kupanga chitsanzo cha maganizo. Tsopano mutha kukhazikitsa njira iliyonse mu chikumbumtima chanu ngati mubzala lingaliro lolimba m'maganizo mwanu; ndiye kuti umunthu wanu wonse udzagwirizana ndi lingaliro .limenelo, ndipo zochita zanu zidzagwirizana nalo
Mukakhudza mtima wa Mulungu, mavuto anu adzatha, chikondi chidzadzaza mtima wanu, ndipo zochitika zabwino zauzimu zidzavina ngati akasupe oyera m'minda ya .malingaliro anu
Mitambo yambiri imayesa kukubisani ndi kukubisani kwa ine, koma kudzera mu mame a misozi yolakalaka, dzina lanu lodala limaoneka kwa ine likuwala ndi zilembo zagolide .zowala kuchokera kuseri kwa makatani ndi zophimba zonse

Chiyero cha chikumbumtima chimatanthauza kuchita zinthu momasuka ndi choonadi
Pali zosowa zofunika kwambiri ndipo zomwe ena amaona kuti ndi "zofunikira" zomwe kwenikweni sizofunikira komanso zosafunikira. Moyo uyenera kukhala wosavuta poganizira zosowa zofunika kwambiri ndikuchotsa zinthu .zosafunikira zapamwamba
Ubwenzi wanu ndi wapamwamba bwanji, ndipo nthaka yanu ndi yachonde komanso yopatulika bwanji! Chikondi ndiye chakudya chanu ndipo kukhulupirika ndiye chakumwa chanu
Anthu awiri akamayenda mogwirizana ngakhale kuti ali ndi kusiyana, amagwirizanitsidwa ndi cholinga chimodzi: kupeza mtendere ndi bata la moyo m'chikondi choyera ndi

kukhulupirika kwa onse ndipo pamene wokonda safuna kusangalala ndi wokondedwa wake, m'munda wachifundo, maluwa onunkhira a ubwenzi amaphuka ndi kufalitsa fungo .lawo lokoma

Dziko lapansi limaphunzitsa maganizo athu mwanjira ina, kutipangitsa kuzolowera zinthu zambiri kotero kuti timayamba kuganiza kuti chisangalalo sichingapezeke popanda izo. Koma moyo, makamaka miyoyo ya ana, iyenera kukhala yosavuta; apo ayi, moyo udzawaphunzitsa .kudzera mu zokhumudwitsa zowawa

Chowonadi ndi cholondola komanso chenicheni kuposa kungoganiza chabe kapena kungoganiza chabe, koma zomwe timaganiza kapena kuganiza nthawi zina zimatha kuchitikadi

Kuganiza ndi chinthu chofunikira kwambiri pakupanga malingaliro. Komabe, malingaliro ayenera kukula ndikusintha kukhala chitsimikizo cholimba, ndipo izi sizingatheke .popanda mphamvu yamphamvu yofuna kuchita chilichonse

Ngati muganiza chinthu ndi mphamvu zanu zonse, malingaliro anu adzasintha kukhala chikhulupiriro chanu, ndipo pamene mungathe kusunga chikhulupiriro chimenecho

Ngakhale pali malingaliro onse otsutsana, kutsimikiza mtima kwanu kudzaonekeradi

Munthu ayenera kuphunzira kudziyimira pawokha, wothandizidwa ndi makhalidwe ake abwino komanso .kudziona kuti ndi wofunika

Chimwemwe chauzimu ndi chisangalalo chatsopano ndipo chimawonekera kwambiri mwa iwo omwe amaganizira mozama za Mulungu. Ndi chisangalalo chomwe chimathandiza kupanga zisankho zoyenera ndikuchita zinthu zoyenera, ndipo chikapezeka, zilakolako ndi zilakolako zoipa zimatha chifukwa zimataya kukongola kwawo poyerekeza .ndi chisangalalo chauzimu

Mlengi wathu Wamphamvuyonse watipatsa moyo, mphamvu, ndi nzeru, ndipo ndi udindo wathu kumupatsa Iye

chisamaliro chathu ndi kukweza mitima yathu kwa Iye mwachikondi, chiyamiko, ndi kuzindikira chisomo ndi .kukoma mtima Kwake

Ndithandizeni, Mulungu, kuti ndisayatse moto wa mkwiyo, kuti ndisayatse moto wa mkwiyo, malo obiriwira a mtendere mkati mwanga ndi mwa ena. Ndithandizeni kuzimitsa moto wa mkwiyo ndi mvula ya chikondi changa .yomwe imagwa nthawi zonse

Nyanja ya kufatsa kwanga ndi mtendere wanga zikhale bata komanso bata, zosasokonezedwa ndi mphepo yamkuntho yosakhutira yomwe imabweretsa mavuto okha

Kuchita zinthu chifukwa chodziona kuti ndi udindo, kapena kusiya zofuna zanu potumikira ndi kukonda munthu wina, kuli bwino kwambiri kuposa kuchita zimenezo chifukwa .cha mantha

Ngakhale munthu akasiya kuswa malamulo a Mulungu, ayenera kutero chifukwa chokonda Mulungu, osati chifukwa .choopa chilango Chake

Chilichonse chimene mumaopa, chotsani maganizo anu pa icho. Siyani m'manja mwa Mulungu ndipo limbitsani .chidaliro chanu mwa Iye

Mantha nthawi zonse amakhala ndi munthu, ndipo kuchotsa manthawo n'kotheka poganizira za Mulungu .ndikumva kukhalapo kwake

Poyamba zingakhale zovuta kuyenda m'njira za makhalidwe abwino, koma ndi njira zodalitsika zomwe zimatsogolera ku mtendere wamumtima ndi chimwemwe .chenicheni

Ulemerero wa Mulungu uwale pa ngodya iliyonse ya miyoyo yathu, chikondi chake chikhale m'mitima mwathu, .ndipo kuunika kwake kudzaze chidziwitso chathu

O wokondedwa wanga, maluwa amaphuka ndipo nyengo zimasintha, ndipo zonse zimalankhula za inu. Mwezi wathunthu umavumbula mawonekedwe a kumwetulira kwanu, ndipo dzuwa limanyamula nyali yanu yakumwamba.

Ndikusambira m'nyanja ya misozi, yodzaza ndi kulakalaka kwanu. M'masamba a mitengo ndi mitsempha ya anthu mumayenda moyo wanu ndi mphamvu zanu, ndipo ndikumva kugunda kwa mtima wanu wakumwamba kugunda .mkati mwanga

Ndikamva kukhalapo kwanu, ndimamva ngati ndili maso m'dziko lina, ndipo nthawi ndi nthawi ndimalota za dziko lapansi lino ndi thupi laling'ono ili—langa ndimakhala maso m'chisangalalo chosatha, ndipo maloto anga a moyo wapadziko lapansi amanunkhira bwino ndi zokumbukira zosangalatsa za nthawi yanga yodzuka ndi inu. Ndachotsa udzu wa maloto oipa m'munda wa maloto anga ndipo m'malo mwake ndabzala maluwa a kudzoza kwanga, komwe fungo la chikhumbo changa lidzakukokerani, ndipo mudzabwera kudzanditenga nanu kupita ku thambo la .chisangalalo chosatha

Mulungu, ndipangeni kukhala wowonekera bwino ndi woyera mtima kuti ndibweretse kuwala kwanu kochiritsa mkati mwanga

Khazikitsani galasi logwedezeka la malingaliro anga kuti liwonetse nkhope yanu yopanda malire

Tsegulani mazenera a chikhulupiriro kuti ndipume fungo la mtendere wanu

Inu amene muli wowala mwa Inu nokha, Inu Mfumu amene simukumvetsa tanthauzo lake, yang'anani ndi maso anga amene akukulakalakani, kuti ndisaone chilichonse .kupatula Inu

Kumbuyo kwa zochitika zonse ndi mawonekedwe a moyo kuli mawu opanda phokoso a Mulungu, amene nthawi zonse amatiitana kudzera m'maluwa, m'mabuku opatulika, m'chikumbumtima chathu, ndi zinthu zonse zokongola .zomwe zimapangitsa moyo kukhala wofunika

Khama lililonse limene wofunafunayo amachita kuti akafike pamlingo wauzimu limawerengedwa ndi Mulungu

chifukwa cha iye ndipo limalipidwa bwino chifukwa cha .zimenezo

Tikupemphani, Ambuye, kuti muunikire maganizo athu ndi kuunika kwa choonadi chanu, kuti mitima yathu igunde ndi chikondi chanu, ndi kudzaza miyoyo yathu ndi .chimwemwe chanu ndi kuchuluka kwa chisomo chanu

Kuchokera ku thambo lowonekera lomwe malingaliro sangalowemo, Mulungu amatsanulira kuwala kwake kosatha. Ndipo kuchokera ku malingaliro a chilengedwe chonse kumabwera zolimbikitsa zazikulu ndi mphamvu zodala, ndipo ntchito yolenga imapita m'maganizo otseguka komanso .ogwirizana

Mukapeza kuti moyo wanu, mtima wanu, kuwala kulikonse kwa kudzoza, thambo labuluu, nyenyezi zowala, mapiri, dziko lapansi, mbalame, ndi maluwa zonse zalumikizidwa pamodzi ndi ulusi umodzi wa kayendedwe ka chilengedwe, chisangalalo chauzimu, ndi mgwirizano wa chilengedwe chonse ndiye mudzazindikira kuti zonse ndi mafunde pachifuwa cha nyanja yaumulungu yomwe ilibe .gombe

Ngati tiiwala Mlengi wathu, tiyenera kuvutika. Tiyenera kuzindikira kuti Mulungu ndi wokondedwa wathu ndipo amatikonda, ndipo chidziwitso ichi chidzatimasula ku mavuto .ndi kuvutika kwathu

Wokonda Mulungu weniweni sasiya kumufunafuna, ngakhale atalephera kumupeza atayesa kangapo. Monga momwe mafunde ayenera kubwerera pakati pa nyanja pambuyo poti mphepo yamkuntho yatha, momwemonso wofunafuna moona mtima; ali ndi chikhulupiriro chobisika chakuti zopinga zidzasweka ndipo mosakayikira adzagwirizana ndi nyanja yakumwamba posachedwa—nyanja yopanda malire yomwe anachokera ndi yomwe .amabwerera

Pamene maganizo nthawi zonse amaganizira za wokondedwa wa Mulungu, mtima umaimba nyimbo za chisangalalo ndi chimwemwe

Kubadwa kwauzimu ndi kutuluka kwa munthu kuchokera pa zomwe ali pano kupita ku zomwe adzakhala .mtsogolo

Munthu sangabise umunthu wake weniweni kwa ena, kugwedezeka kwa malingaliro ake kudzaonekera m'makhalidwe ake ndipo kudzaonekera kudzera mu zochita .zake

Pali ambiri omwe ali ndi lingaliro lolakwika pa ufulu; amaona kuti ufulu ndi kuchita chilichonse chomwe munthu akufuna kuchita, ndipo ine ndimatcha ufulu uwu ufulu wa .zomwe akufuna

Chifukwa chosamvetsetsa bwino tanthauzo lenileni la ufulu, makolo ena amaika ana awo muukapolo ku miyambo mwa kukwaniritsa zomwe akufuna nthawi yomweyo. Mwanayo amakula akukhulupirira kuti bola ngati zomwe akufuna zakwaniritsidwa, amakhala osangalala, ndipo cholinga cha moyo ndikukwaniritsa zomwe akufuna. Komabe, pambuyo pake amapeza kuti anali olakwika , chifukwa dziko lakunja ndi losiyana kwambiri ndi moyo wapakhomo, ndipo amaphunzira kuti kukwaniritsa zomwe akufuna sikophweka! Ena angawakankhire pambali ndikuwanyalanyaza pofunafuna zomwe akufuna. Chifukwa chake, mwanayo amakhala wouma mtima komanso wopanda mphamvu m'maganizo chifukwa cha chilakolako chachikulu chokwaniritsa zomwe akufuna. Chifukwa chake, makolo ayenera kuthandiza ana awo kukulitsa chifuniro chawo ndi kuzindikira kuti athe kukhala m'dziko lapansi .popanda kugwa mu misampha ndi misampha yake

Amayi akuti, "Muphunzitseni mwachikondi" Inde, kuchitira ana mwachikondi nthawi zambiri kumakhala bwino, koma kukoma kwambiri kumawononga mano, ndipo mofananamo, kuwasamalira kwambiri kumawononga ana.

Kulimba mtima ndi kutsimikiza mtima n'kofunika, koma ngati mwana akuchitiridwa nkhanza ndi kulangidwa mwankhanza chifukwa cha kulakwitsa, zotsatira zake zidzakhala zoopsa. Payenera kukhala kulinganiza momwe ana amachitiridwa ndi kuchitiridwa ; bambo aliyense ayenera kuchepetsa khalidwe lake ndi chikondi ndi chifundo, ndipo mayi aliyense ayenera .kuwonjezera chikondi chake ndi nzeru ndi nzeru

Munthu ayenera kukhala ndi chikondi chokhazikika komanso kulakalaka Mulungu. Ndayesa ntchito zambiri, koma kaya ntchito yanga ndi yotani, maganizo anga nthawi .zonse amakhala ndi Mulungu

Tiyenera kusangalala ndi chilengedwe ichi, koma popanda kuchilola kuti chitipangitse kukhala akapolo. Ndipo zomwe zandichitikira zandiphunzitsa kuti chisangalalo .chopeza Mulungu n'chosayerekezeka

Munthu asanayambe ntchito zazikulu, ayenera kukhala chete, kutonthoza maganizo ndi malingaliro, kusinkhasinkha mozama, ndikupempha thandizo la Mulungu kuti apeze .chitsogozo chauzimu ndi malangizo abwino

Ndiloleni ndizindikire kuti kumwetulira pankhope ya m'bandakucha, pamilomo ya maluwa, ndi pankhope za .amuna ndi akazi olemekezeka ndiko kumwetulira kwanu

Sindidzakhudzidwa ndi zithunzi zotsatizana za mavuto, tsoka, matenda, kapena zopinga zilizonse zosayembekezereka chifukwa ndikuzindikira kuti chidziwitso chophunzitsidwa bwino chogwirizana ndi chidziwitso cha chilengedwe sichimavutika ndi zolephera ndi .zokhumudwitsa

Ufulu umatanthauza kuthekera kochita zinthu motsatira nzeru, osati motsatira zilakolako, zizolowezi, ndi zokhumba. Kumvera dyera kumabweretsa ukapolo, pomwe kugonjera ku zolimbikitsa za mzimu kumabweretsa kumasuka ku .zoletsa

Sizikusiyana kwa ine kaya ndikukhala m'nyumba yachifumu yapamwamba kapena m'nyumba yonyozeka, bola .ngati Mulungu ali nane

Ndigwiritsa ntchito ndalama zanga zomwe ndapeza moona mtima kuti ndikhale moyo wosalira zambiri, osati moyo wolemera kwambiri

Kudzera mu chikhulupiriro mwa Mulungu ndi kugwiritsa ntchito mphamvu ya chifuniro, munthu amatha kugonjetsa matenda, kulephera, ndi kusadziwa, bola ngati kugwedezeka kwa chifuniro kuli kolimba kuposa kugwedezeka kwa matenda akuthupi kapena amisala. Matendawa akakula, chifuniro chiyenera kukhala champhamvu komanso chotsimikizika, komanso chikhulupiriro chimalimba komanso .cholimba, kuti tikwaniritse zomwe tikufuna

Mundilimbikitse, Ambuye, kuti ndiike chidaliro changa mwa Inu nokha, osati njira zodzitetezera za anthu. Musalole mantha ndi nkhawa kulepheretsa mphamvu zanga zopanda malire kuti ndikumane ndi mayesero aliwonse a moyo. Musalole kuti ndiganizire ngozi, masoka, ndi mavuto chifukwa choopa kuwonekera kwenikweni kudzera mu malingaliro ndi malingaliro. Ndipo mulole kuti ndizindikire, Ambuye, kuti kaya ndili maso kapena ndili mtulo, ndili maso kapena nditasochera m'maloto a masana, ndili moyo kapena ndikufa, Kukhalapo kwanu koteteza kumandizungulira ndi .kunditeteza

Anzeru amati: Chipatso cha ntchito zabwino zotsogozedwa ndi chikondi cha Mulungu ndi ubwino wake ndi mgwirizano ndi chiyero. Chipatso cha ntchito zotsogozedwa ndi zilakolako ndi zolinga zadyera ndi ululu ndi kuvutika. .Chipatso cha ntchito zoipa ndi umbuli ndi kupusa

Mabasa abwino amabweretsa chimwemwe, pomwe machitidwe adziko lapansi otsogozedwa ndi kudzikonda amabweretsa mavuto ndi ululu. Komabe, kupitiriza kuchita zoipa kumawononga luso la munthu lozindikira ndi .kumvetsetsa

Ngati mukufuna kukhala mwamtendere ndi mogwirizana, zolinga zanu ziyenera kukhala zabwino, ndipo muyenera kufalitsa malingaliro a kukoma mtima ndi chikondi. Ngati mukukhala moyo wabwino, mudzathandiza .ena kudzera mu chitsanzo chanu ndi khalidwe lanu labwino

Nthawi yomwe ndikumva nkhawa komanso kusokonezeka maganizo, ndidzakhala chete ndikuganizira mpaka nditakhazikikanso, ndipo tsiku lililonse ndimayamba kuganizira za Mulungu ndikupempha thandizo ndi chitsogozo .Chake

Tsimikizani kuti musalole udzu wovuta wa chidani kukula ndikulowa m'munda wa moyo wanu, munda wodzaza ndi makhalidwe abwino a mzimu wabwino. Ndipo mukakulitsa kwambiri makhalidwe onunkhira awa, ofanana ndi duwa, Mulungu adzakuwululirani chinsinsi chachikulu cha .moyo mkati mwanu

Cholinga cha moyo ndikupeza mtendere, kukhutira, kusafa, chitetezo, ndi chidziwitso cha choonadi, ndipo pakati pa zilakolako izi zomwe zimatilimbikitsa mkati mwathu pali .umulungu womwe uli mkati mwathu

Ndipeze ufulu wanga mwa Inu, Ambuye, ndi kuzindikira kuti kwathu kwenikweni ndi kukhalapo kwanu konse ndipo ndine gawo lofunika kwambiri la chidziwitso chanu cha .chilengedwe chonse

Nyanja yayikulu, yopatulika, lolani mitsinje ya zilakolako zanga, yoyenda m'zipululu za zopinga ndi zopinga, potsiriza isakanizike mu kuya kwanu kwakukulu9

Kuli linga la Mulungu lokha ndi komwe timapeza chitetezo, ndipo palibe malo otetezeka kuposa kumva pafupi .ndi Mulungu ndikukhudza kukhalapo kwake

Popeza anthu amalamulidwa ndi zizolowezi zomwe zimapanga zilakolako zawo, zizolowezi zawo, makhalidwe awo, ndi zilakolako zawo, ngati zizolowezizo zili zoipa, khalidwe lawo limakhala loipa ndipo zochita zawo zimakhala zoipa. Chifukwa chake, ndibwino kuti tiziika patsogolo

zizolowezi zabwino, chifukwa zimatsogolera zochita zathu ndi malingaliro athu ku zolinga zabwino ndikutipatsa thanzi .ndi chimwemwe

Kulikonse komwe kuli miyoyo yachisoni ndi yovutika, ndimapeza chitonthozo powatumikira ndi kuwatonthoza. Ndidzachita zonse zomwe ndingathe kuti ndibweretse chisangalalo kwa ena ndipo ndidzawamvera chisoni ngati .kuti ndi ine ndekha

Luso la maganizo lilipo mwa anthu, koma anthu ambiri sali okhwima mokwanira, ndipo kulephera kukulitsa luso limeneli kumabweretsa zotsatirapo zoopsa. Monga thupi, maganizo amafunika kudya bwino komanso kuchita masewera olimbitsa thupi kuti akhale ndi thanzi labwino .komanso mphamvu

Daimondi imalandira ndi kuwonetsa kuwala, ndipo miyoyo yoyera, yowonekera bwino yomwe imadziwa Mulungu ndi kuwala ndi kukhalapo kwake imalandiranso .kuwalako

Ambuye, Inu ndinu chuma chenicheni m'moyo, ndipo pokupezani Inu choyamba ndidzapeza mwa Inu chilichonse chomwe ndikufuna

Anthu nthawi zambiri amangoganizira za chakudya, mpweya, ndi kuwala kwa dzuwa kuti akhale ndi thanzi labwino, koma nthawi zina thanzi limachepa ngakhale kuti pali zinthu zambiri zakunja. Pamenepo pamafunika kubwezeretsanso mphamvu zomwe thupi limasunga .kuchokera mkati

Ngati bwato la m'maganizo mwanga lifika pa miyala ya zilakolako zadyera zomwe zimaphatikizapo zoopsa ndi zoopsa, zoyendetsedwa ndi mphepo yamkuntho ya umbuli, ndiye kuti, O Mulungu wanga, khalani nyali yanga ndipo nthawi zonse munditsogolere ku gombe la chilungamo .Chanu ndi ubwino Wanu

Lingaliro lili ngati lawi lomwe mphamvu yake yokhazikika iyenera kugwiritsidwa ntchito kuwotcha zopinga .zomwe zimalepheretsa kukwaniritsa zomwe mukufuna

Mulungu amapezeka kudzera mu chikondi cha Mulungu chosatha. Tikamakonda Mulungu kuposa mphatso zake, adzabwera kwa ife. Watipatsa ufulu wosankha ndi mphamvu yosankha kuti tithe kusiyanitsa pakati pa mphatso za dziko lapansi zosakhalitsa ndi zosafunika ndi mphatso yoyandikira .kwa Iye ndi chisangalalo cha kukhalapo kwake kodala

Tinapatsidwa chikumbutso kuti tithe kuchita zinthu zabwino mpaka titakumbukira zabwino kwambiri: Mulungu Mphepo ya chikondi chanu ikuyenda mwa ine, Ambuye!

Ndipo masamba a moyo wanga akuvina ndi chisangalalo pa kubwera kwanu. Kugwedezeka kwawo kosangalatsa kumadutsa mlengalenga, kuitana otopa kuti apumule .mumthunzi wa mtendere wanga wauzimu

Mavuto a moyo si cholinga chake kuti ativulaze; m'malo mwake, mavuto ndi matenda zimatipatsa maphunziro. Zokumana nazo zathu zopweteka sizikutanthauza kutiwononga, koma kutiyeretsa ndikufulumizitsa kubwerera kwathu ku gwero lathu loyera—Mulungu—yemwe amagwira ntchito m'njira iliyonse kuti atithandize ndikutibwezeretsa ku .nyumba yathu yakumwamba

Kusatha ndi kwawo kwenikweni, ndipo ulendo wathu wopita padziko lapansi lino ndi m'matupi awa uli ngati .ulendo wa visa wa kanthawi kochepa

Ambuye, ndikudziwa kuti kutamandidwa sikundikweza, komanso kudzudzulidwa sikundichepetsa. Ndili monga momwe ndiliri pamaso pa chikumbumtima changa ndipo pamaso pa Inu ndipitiliza kuyenda panjira iyi, ndikuchita zonse zomwe ndingathe kuti nditumikire aliyense ndikuyesetsa kupeza chiyanjo Chanu—ndi mmenemo muli .chimwemwe changa

Ndiwe cholengedwa chapadera ndipo umunthu wako ndi wodabwitsa, choncho dziwani umunthu wanu weniweni

Mukadzafika, maluwa a chilakolako changa adzaphuka .n’kukhala maluwa onunkhira bwino komanso okongola
Ambuye, fulumizitsani kubwera kwa tsiku limenelo pamene ndidzaluka mkanda wa maluwa oumawo ndikuuyika .pa khomo lanu lodala
M'malo moyesetsa nthawi zonse kudzikondweretsa yekha, ayeneranso kuyesa kubweretsa chimwemwe kwa ena Akamayesa kupereka chithandizo chauzimu, chanzeru, kapena chakuthupi kwa ena, adzapeza kuti zosowa zake zakwaniritsidwa ndipo chikho cha moyo wake chidzadzaza .ndi chimwemwe
Iwo amene adzapambana mdima padziko lapansi adzakhala ndi kuwala kwa ulemerero ngati gawo lawo ndipo .adzasangalala ndi mtendere wamumtima ndi chimwemwe
Ambuye, falitsani nthawi zonse mbewu za madalitso Anu m'nthaka ya mtima wanga, zolimidwa ndi pemphero, kuti zikule kukhala mitengo yamthunzi yomwe nthambi zake zimabala zipatso zokoma komanso zokoma kwambiri .zodzidziwitsa
Nthawi zambiri timakhalabe mu ululu popanda kuyesetsa kusintha, ndipo ndichifukwa chake sitipeza mtendere ndi chikhutiro chokhalitsa Ngati titapirira ndikuchita khama, tingathe kuthana ndi mavuto onse Tiyenera kuyesetsa kuchoka pamavuto kupita ku chimwemwe, komanso kuchoka pa kutaya mtima kupita ku kulimba mtima
O Chikondi Chaumulungu, gwirizanitsani chikondi changa ndi chikondi Chanu, phatikizani moyo wanga ndi chisangalalo Chanu, malingaliro anga ndi chidziwitso Chanu cha chilengedwe chonse, ndipo thetsani ludzu langa .kuchokera ku kasupe wa chisangalalo Chanu chosatha
Mtima wa munthu wofunafuna choonadi nthawi zonse umanong'oneza kuti: "Mulungu wanga ndi wokondedwa wanga, sindikufuna kukhudzidwa ndi chisokonezo cha dziko lonyenga ili, ndipo chomwe ndikufuna ndikudzutsa chikondi

Chanu m'mitima ya anthu. Mtima wanga, moyo wanga, thupi langa, maganizo anga, ndi zonse zomwe ndili nazo ndi zanu, Ambuye." Wofunafunayo amafika kwa Mulungu ndipo .amamudziwa Iye

Ambuye, tipatseni kumvetsetsa kwatsopano komanso koona kwa ubale. Tiyeni tisiye nkhondo ndikuchiritsa mabala a mitundu ndi mankhwala achikondi ndi chitonthozo .chosatha cha kumvetsetsa kwachifundo

Tidalitseni kuti timasulidwe ku chikoka cha umbombo, ulamuliro wa chinyengo, ndi ulamuliro wa zinyengo, ndipo mutithandize kumanga dziko latsopano momwe matenda, umbuli, ndi njala zili ngati maloto chabe a zakale .zosasangalatsa komanso zomvetsa chisoni

Tiyeni tithetse mavuto onse osati ndi nzeru za m’nkhalango, koma ndi kumvetsetsa, choonadi, ndi chikhulupiriro chosagwedezeka mwa Inu ndi chilungamo .Chanu cha Mulungu

Moyo watigwirizanitsa pano kwa kanthawi, kenako tidzapita njira zathu zosiyana. Koma ngati chikondi cha Mulungu chili mkati mwathu, sizili kanthu kuti tipita kuti, chifukwa ngakhale titasochera bwanji, tidzakhalabe mkati mwa bwalo la chikondi cha Mulungu ndipo .sitidzalekanitsidwa kwenikweni

Ambuye, ndipangeni kukhala chiwombankhanga chauzimu chomwe chikukwera pamwamba pa njira zochepetsera malingaliro ndi zochita zankhanza

Ndiitaneni kuti ndifike kumadera okwera kwambiri, kupitirira kugwedezeka kwamphamvu kwa dziko lapansi ndi mitambo yomwe imatseka kuwala kwa dzuwa

Ndiloleni nditenge mapiko abwino kuti ndikhale ndi moyo wabwino, ndipo ndiloleni ndikwere kumwamba kwakutali pamwamba pa mphepo zamkuntho ndi mphepo zamkuntho, komwe kuli malo otseguka komanso malingaliro .abwino kwambiri

Mtendere umabwera tikatsegula mitima yathu kuti tikonde ndi kukoma mtima. Anthu amene ali ndi mitima yachikondi komanso ochita ntchito zabwino amakhala ndi mtendere chifukwa umakhala mkati mwawo. Mtendere ndi malo opatulika a kumwamba ndi maziko a moyo .wachimwemwe

Tiyenera kuganizira nthawi zonse za kukongola kwaumulungu komwe kuseri kwa maluwa, kuwala kwa dziko lapansi komwe kuseri kwa dzuwa, ndi moyo waukulu womwe .umawala m'diso lililonse

Munthu akakhala wokoma mtima komanso wolemekeza ena, komanso wobwezera ulemu, nthawi zonse .amayamikiridwa ndi kulemekezedwa

Ndidzafalitsa chikondi changa kwa ena kuti nditsegule chipata choti chikondi cha Mulungu chibwere kwa ine .ndikukhala mumtima mwanga

Ambuye, ndiloleni ndikhale nyali kwa iwo amene akumira mu chisoni chachikulu. Ndithandizeni kubweretsa chimwemwe kwa ena poyamikira chimwemwe chauzimu .chimene mwandipatsa

Ndidzasungunula chidani mu moto wa chikondi changa, ndipo ndidzakhululukira ena ndikupereka chikondi kwa .mitima yonse ya ludzu

Chikondi chenicheni ndi chikondi chomwe chimakondwera ndi chitonthozo cha wokondedwa

Mutiunikire, Ambuye, ndipo chikondi chanu chidzaze .mitima yathu kwamuyaya

Kukhala ndi mzimu wochita zinthu mwanzeru kumatanthauza kukhala ndi mphamvu ya malingaliro opanga zinthu zomwe zimathandiza munthu kupanga chinthu chomwe palibe amene adachitapo kale. Munthu aliyense amabadwa ndi mphatso imeneyi yomwe Mulungu .wamupatsa

Chikondi chachikulu kwambiri ndi chikondi cha Mulungu, chomwe chimapangitsa moyo kukhala wokongola kwambiri

kuposa mawu. Mukamva Mulungu ali nanu, akubwera kwa inu kulikonse komwe muli ndikutsogolerani, chikondi cha .Mulungu chimayamba

Mphamvu ya choonadi imatsutsana ndi mphepo

Ambuye, ndikakumana ndi mavuto akanthawi, ndiloleni ndikumbukire madalitso anu ambiri omwe mudandipatsa kale, podziwa kuti thandizo lanu silindisiya ndipo chisamaliro chanu chili nane nthawi zonse. Kwa Inu ndikupereka chiyamiko changa chochokera pansi pa mtima chifukwa cha madalitso onse omwe amandidzera kuchokera m'dzanja lanu .lokoma mtima

Madontho a chikondi amawala m'miyoyo yabwino, ndipo Mulungu amapezeka kokha m'nyanja ya chikondi

Kumvetsetsa ndi nyali yomwe imaunikira njira ya munthu ndikumupangitsa kuti apambane

Mu masika, Mulungu amakongoletsa chilengedwe ndi maluwa okongola kwambiri ndi zovala zokongola komanso .mitundu yowala

Mtendere ndiye mlaliki woyamba kulengeza za kufika kwa Mulungu Pambuyo pake, mtendere umasanduka kuwala kowala kuposa chimwemwe chosatha

Ndikalowa mkati mwa nyanja ya kusinkhasinkha, ndimamva kugwedezeka kodala mkati mwanga ndipo "ndimamva mawu onong'oneza akuti, "Ndili pafupi

Munthu ayenera kutembenukira mkati, kumene mzimu umadziwonetsera. Kuchokera pansi pa moyo kumachokera .zochitika zonse za moyo wamkati

Pamene mzimu udzizindikira wokha ndi chidziwitso chaumulungu, umamva chisangalalo chachikulu ndi kufutukuka mu malo opanda malire

Ngati mugwiritsa ntchito njira zonse zakunja ndi zinthu zomwe muli nazo, kuwonjezera pa luso lanu lachibadwa, kuti mugonjetse zopinga zonse zomwe zingakulepheretseni, mudzakulitsa mphamvu zomwe Mulungu wakupatsani:

mphamvu zopanda malire zomwe zimachokera pansi pa .mtima wanu
Chikondi chimayenda panjira yagolide yopita kwa Mulungu
Ndidzafalitsa mafuno abwino ndi zolinga zabwino kulikonse komwe mdima wa kusamvetsetsana walowa
Pamene mavuto akukuukirani, koma mukukana kusiya kuyesetsa, ngakhale pali zopinga ndi zopinga zonse, Mulungu adzayankha nadzakudalitsani ndi kupambana pa .khama lanu
Ambuye, ndidzathyola duwa la chilakolako m'munda wa mtima wanga ndikuliyika ngati chopereka cha chikondi pa khomo lanu loyera
Popeza malingaliro ndi mawu athu ndi mbewu zomwe zidzatibweretsera zokolola zamtsogolo, ndiyamba lero kudzaza chikumbumtima changa ndi malingaliro abwino .komanso abwino
Ndimauluka ndi kuuluka m'mlengalenga wa chidziwitso changa mmwamba ndi pansi, kumpoto ndi kumanja, mkati ndi kunja ndi kulikonse kuti ndipeze kuti mu ngodya iliyonse .ya mlengalenga ndinali ndipo ndili pamaso pa Mulungu
Khalani ndi moyo mphindi iliyonse mukuzindikira ubale wanu ndi Mtheradi wopanda malire. Palibe malire a chidziwitso chanu, ndipo zinthu zonse zimawala ngati .nyenyezi kumwamba mwa umunthu wanu
Kudzipatula, kapena kusadziphatika, ndi njira yanzeru imene wofunafunayo amatsatira, kukwera mofunitsitsa pamwamba pa zinthu zazing'ono chifukwa cha zazikulu. Sadzimangirira ku zosangalatsa zakuthupi zosakhalitsa pofuna chimwemwe chamkati chatsopano. Kudzipatula si mapeto okha, koma kumatsegula njira yoti mzimu utulukire .makhalidwe abwino ndi mphamvu zauzimu
Wopambana wauzimu akupita patsogolo ndi mapazi olimba mtima panjira za moyo

Munthu ayenera kugwiritsa ntchito bwino moyo wake wamakono, ndikutsegula mazenera a mtima wake ndikudzutsa ndi kutsitsimutsa mphamvu za mzimu wake zomwe sizinali kugona.

Kumbuyo kwa zigoba za kusintha ndi kusinthika kuli kukhalapo kwa Mulungu. Ndipo aliyense amene angathe kukhazikika pagalasi la malingaliro ake ndikuletsa kuti lisagwedezeke, adzawona mugalasi loyera nkhope ya wokondedwa wa chilengedwe chonse.

Chikondi ndi champhamvu kuposa imfa ndi kuwonongeka kwa nthawi

Kudzisanthula ndi chinsinsi cha kupambana, ndipo kusinkhasinkha ndi galasi lomwe timawona ngodya zamkati zomwe zikanabisika kuti tisazione. Tiyenera kuzindikira zofooka zathu, kusiyanitsa pakati pa zizolowezi zabwino ndi zoyipa, ndikuzindikira zopinga zomwe zingatilepheretse kupita patsogolo ndi kupambana.

Ndinu wodabwitsa bwanji, O bwenzi! Inu amene mumatunga madzi ochokera ku nkhawa yochokera pansi pa mtima, komanso amene masamba ake amanyowa ndi mame a kukoma kwamkati ndi kwakunja kochokera pansi pa mtima woona mtima komanso wokhulupirika.

Ndinaonapo nyerere yaying'ono ikuyesera kukwera mulu wa mchenga, ndipo ndinadzifunsa ndekha kuti: nyerere iyenera kuti ikuganiza kuti ikukwera mapiri a Himalaya! Mulu wa mchenga mwina unaoneka waukulu kwa nyerere, koma osati kwa ine. Mofananamo, zaka zathu zambirimbiri za dzuwa zitha kukhala zosakwana mphindi imodzi m'maganizo mwa Mulungu.

<u>Tiyenera kudziphunzitsa tokha kuganizira zinthu zazikulu monga muyaya ndi zopanda malire.</u>

Ndinayendayenda m'dziko lopanda malire ndipo ndinaona chifunga chowala m'dziko la kuwala, ndipo mu kuwalako kwamoyo ndinawerenga matanthauzo a zinsinsi zolembedwa pamasamba a nthawi.

Mukagona, mumakhala chete ndi malingaliro. Koma mukamakhala chete ndi malingaliro anu kudzera mu kusinkhasinkha, chinthu choyamba chomwe mumakumana nacho ndi mtendere, ndipo minofu yanu ya nkhope imapanga kumwetulira komwe kumawonetsa mtendere wamumtima. Koma muyenera kuyang'ana kupitirira mtenderewu kuti muzindikire chiyero cha mzimu wanu—chiyero chosadetsedwa ndi zolimbikitsa zamaganizo kapena zochita zokha ku malingaliro okhudzana ndi malingaliro. Mkhalidwe womwe mumakumana nawo ndi wa chisangalalo .chosatha, chokhazikika

Ngati muyika mbale ya madzi pansi pa kuwala kwa mwezi kenako n’kuisuntha, mupanga chithunzi cholakwika cha mwezi. Madzi akakhazikika m’mbale, kuwunikira kumakhala koonekera bwino. Nthawi imene madzi m’mbale amakhala chete ndipo amawonetsa nkhope ya mwezi momveka bwino, ingayerekezeredwe ndi mkhalidwe wa mtendere woganizira ndi mkhalidwe wa bata lalikulu. Mu mtendere woganizira, mafunde onse a malingaliro ndi malingaliro amasiya kutuluka m’maganizo. Ndipo mu mkhalidwe wozama uwu wa mtendere, munthu woganizira, mu mtendere umenewo, amaona mwezi wathunthu wa .kukhalapo kwaumulungu ukuonekera m’nyanja ya mzimu

Pali zinthu zinayi zomwe munthu wamba amazidziwa bwino: chisangalalo akakwaniritsa chikhumbo chake, kusasangalala akachikana, kusungulumwa akasasangalala kapena kukhumudwa, ndi mtendere akagonjetsa malingaliro awa kapena malingaliro a chisangalalo, ululu, ndi .kusungulumwa

Mtendere ndi mkhalidwe wofunika kwambiri, wochokera ku kusakhalapo kwa chisoni ndi chisangalalo, komanso kusakhalapo kwa kusowa chochita. Makhalidwe amenewa nthawi zonse amasintha ndi kufalikira pamwamba pa moyo. Pambuyo poyenda m'mafunde ovutitsa a ululu ndi chisangalalo, kuphatikizapo kugwera mobwerezabwereza mu

kutopa, pali chisangalalo poyandama pa nyanja yamtendere. Koma mtendere ndi wofunika kwambiri kuposa mtendere—chisangalalo cha moyo—chisangalalo chachikulu. Ndi chisangalalo chosatha chomwe sichimatha koma chimakhala ndi moyo kwamuyaya. Chisangalalo chachikuluchi chingapezeke kokha mwa kuzindikira kukhalapo kwa .Mulungu

Kumwetulira kwenikweni ndi kumwetulira kwa chimwemwe chauzimu komwe kumapezeka poganizira ndi .kuganizira za Mulungu ndikumva kukhalapo kwake

Kumwetulira kwanga kumachokera ku chisangalalo chachikulu mkati mwanga—chisangalalo chomwe aliyense angachipeze. Chili ngati fungo lochokera mumtima mwa duwa lotuwa. Chisangalalo chachikulu ichi chimaitana ena .kuti adzilowetse m'madzi opatulika a chisangalalo

Mu kuwala kwa chikhululukiro chodala, mdima wa chidani womwe unasonkhanitsidwa kwa zaka zambiri umatha

Mulungu amakwaniritsa mwachangu zosowa zilizonse za olambira ake chifukwa adzimasula okha ku zolinga zadyera zomwe zimalepheretsa khama ndi kukhumudwitsa .ziyembekezo

Iye amene Mulungu amamuteteza, palibe chomwe chingamuwononge

Sitili tokha m'dziko lino, chifukwa Mulungu ali nafe, ndipo pali ubale wokhalitsa, wapamtima, komanso .waubwenzi womwe umatipatsa chithandizo ndi chimwemwe

Inu nyenyezi yowala ya chitsogozo kumwamba kwa nzeru, kuwala kwanu kowala kumandiitana kuti ndifufuze malo anu odalitsika, ndipo mbalame yanga yolakalaka imathamanga mofulumira kwambiri, ikulowa mumlengalenga wodzaza ndi mdima, woyendetsedwa ndi kulakalaka inu ndi kusangalala ndi kuwala kwanu kopatulika .kwambiri

Umunthu wa munthu umayamba kukula ndikukula pamene munthu akumva - kudzera mu malingaliro amkati, achilengedwe - kuti si thupi lenileni lokhalo koma mphamvu yauzimu yosatha mkati mwa thupi.

Pamene mtima wa wophunzira udzadzaza ndi chikondi cha Mulungu, nkhope yake idzawala ndi kumwetulira kwa mtendere ndi nzeru, ndipo kusadziwa komwe kumaphimba moyo wake kudzasweka ndi kuzimiririka kwathunthu.

Mukayang'ana duwa kapena mtengo, mumadziwa kuti mitundu yokongola iyi ya zamoyo sinakhalepo yokha Mulungu ndiye amene anazipanga ndi kuzipatsa fungo labwino komanso kukongola kwakukulu.

Nthawi zonse chitani ntchito zanu, zazing'ono ndi zazikulu, mosamala kwambiri, pokumbukira kuti Mulungu amatsogolera mapazi anu ndipo amalimbitsa khama lanu kuti mukwaniritse zolinga zanu zabwino.

Munthu akalumikizana ndi umunthu wake wauzimu, nthawi zakale zomwe zaiwalika kale komanso mphamvu zosafa za mzimu zimabwerera ku chidziwitso chake. Mu kusinkhasinkha, munthu amakumbukira kuti ndi mzimu wosafa, osati thupi losafa.

Kulikonse kumene timapeza anthu, abwino ndi oipa, omwe akufunafuna chimwemwe mwanjira yawoyawo Palibe amene amafuna kudzivulaza. Nanga n’chifukwa chiyani anthu ena amachita zinthu zomwe zimawabweretsera ululu ndi chisoni? Chifukwa zochita zimenezo zimayendetsedwa ndi kusadziwa ndi chinyengo.

Tikupemphani, Ambuye, kuti mutiunikire ndi kuunika kwa nzeru zanu ndi kutichotsera mdima wa kusadziwa ndi chinyengo.

Munthu wozindikira ayenera kukhala wosamala m'malo mochita mantha, ndipo ayenera kukulitsa mkati mwake lingaliro la kulimba mtima popanda kusasamala komanso kupupuluma kuti asadziike pangozi pazinthu zomwe zingayambitse mantha ndi nkhawa.

Nzeru sizidalira kulowetsedwa kwa chidziwitso kuchokera kunja, koma mphamvu ya kuvomereza kwamkati, komwe kumatsimikiza kuchuluka kwa chidziwitso chenicheni chomwe chingapezeke komanso liwiro lomwe chidziwitsocho chingapezeke.

Dziko lino ndi malo chabe omwe timachita maudindo athu motsogozedwa ndi Mtsogoleri Waumulungu. Tiyenera kuchita bwino mosasamala kanthu za mtundu wa maudindo omwe tapatsidwa, nthawi zonse kukumbukira kuti chibadwa chathu chofunikira ndi chisangalalo chosatha.

Wanzeru kwambiri ndi amene amafuna kudziwa Mulungu, ndipo wopambana kwambiri ndi amene wapeza Mulungu.

O Mulungu Wokondedwa, mukhale pamalo oyamba m'miyoyo yathu, chikondi chanu chochiritsa chidzaze mitima yathu, ndipo kuwala kwanu kodala kuchotse mdima wa nkhawa m'miyoyo yathu.

Ufulu umatanthauza kuchita zinthu motsatira chikumbumtima, osati motsatira malamulo a chizolowezi ndi chilakolako. Kumvera dyera ndi zofuna zake kumabweretsa zoletsa, pomwe kumvera malangizo a nzeru kumapereka ufulu ku zoletsa zimenezo.

Mtendere wa mumtima ungapezeke mwa kukulitsa makhalidwe abwino mwanzeru komanso mwadala, omwe, akakula mokwanira, sangachotsedwe kwa mwiniwake pokhapokha ngati atasankha kuwasiya mwa kufuna kwake.

Anthu ambiri amafuna chimwemwe pogwiritsa ntchito njira zolakwika. Ena amakhulupirira kuti akhoza kuwirikiza kawiri chimwemwe chawo mwa kutsatira makhalidwe oipa ndi zochita zosayenera zomwe zimawoneka ngati zikuwapatsa malonjezo okongola a chimwemwe chodzaza ndi chisangalalo chokhalitsa, ndipo amanyengedwa ndi malonjezo abodza amenewo, chifukwa kukoma kwa chisangalalo chenicheni sikungasangalalidwe ndi mabodza abodza ndi zochita zolakwika.

Mphindi iliyonse ndi yamuyaya chifukwa umuyaya ukhoza kupezeka mkati mwa mphindi imeneyo Masiku, mphindi, ndi maola ndi mawindo omwe tingathe kuwona umuyaya Moyo ndi waufupi, koma nthawi imodzi wopanda malire komanso wopanda malire. Mzimu ndi wosafa, ndipo mkati mwa gawo lalifupi ili la moyo wa munthu, tiyenera kugwiritsa ntchito bwino mwayi uliwonse womwe ulipo .komanso mwayi uliwonse womwe ulipo

Mawu auzimu ali ngati mbewu zomwe zimafuna nthaka yachonde kuti ziphuke, zikule, ziphuke, ndikubala zipatso Kukula mwauzimu kumafuna kudziganizira, kusintha zinthu zofunika pa moyo, kuzindikira ndi kuchotsa zizolowezi zoipa, ndikutsatira malamulo azaumoyo mogwirizana ndi kusintha kwa kumvetsetsa kwauzimu ndi kukula kwa .mphamvu zamaganizo

Wophunzira akalawa chimwemwe cha Mulungu, adzapeza kuti Mulungu wakhala weniweni kwa iye kuposa china chilichonse, ndipo adzazindikira kuti kukhudza kukhalapo kwa Mulungu ndi chisangalalo chomwe palibe .chisangalalo chamalingaliro chomwe chingafanane nacho

Mulungu amagwira ntchito yodzutsa chidziwitso chauzimu cha munthu ndikutsogolera chifuniro chake m'njira yoyenera kudzera mu kukongola kwa makhalidwe abwino, ukulu wa kulolerana, ukulu wa nzeru, ndi ulemerero wa .chisangalalo chauzimu

Sindidzaona ena ngati alendo chifukwa ndimaona kuti aliyense ndi m'bale wanga kapena mlongo wanga. Ndidzapangitsa moyo wanga kukhala wopambana komanso wokhutiritsa kuti ndithandize ena kupambana ndi kukwaniritsa. Ndidzamvera ena chisoni ndi kuwasonyeza chifundo pamene ndikudzionetsera. Ndidzakonda Mulungu monga momwe aneneri ndi oyera mtima adamukondera, ndipo ndidzataya kudzikonda m'chitsime cha chikondi .changa kwa ena

Kupitirira moyo wa padziko lapansi waufupi uwu, womwe ungafe, kuli moyo wosatha, wosasintha. Thupi limapangidwa ndi zinthu zomwe zimawonongeka ndi kuwonongeka, koma kupitirira moyo waufupi uwu kuli moyo wosatha, wakumwamba pamaso pa Mulungu. Chifukwa chake, sitiyenera kungoyang'ana thupi losatha ili, ndipo iwo amene akulifuna ayenera kupirira mayesero ake ndikukhala .olamulira ake

Lero ndiyesetsa kuthandiza osowa ndikupereka zomwe ndingathe kwa anjala

Ndili wotetezeka mu chitetezo cha Mulungu ndipo kumbuyo kwa makoma a chikumbumtima changa choyera ndine mmodzi wa iwo amene ali ndi kuwala kwa ubwino komwe kumatsogolera zombo za miyoyo yomwe ikukankhidwa uku ndi uku ndi mafunde a chisoni mu nyanja .ya chisokonezo ndi nkhawa

Lero ndikumva Mulungu ali mu mtendere womwe umanjenjemera mkati mwanga ndikusuntha zingwe za mtima wanga

Ndidzachita zonse zomwe ndingathe kuti ndisangalatse ena, monga momwe ndimayesetsa kudzisangalalira ndekha, ndipo kudzera mu chimwemwe changa chauzimu ndidzatumikira aliyense m'nyumba ya chikondi cha Mulungu ndipo sindidzaopa china chilichonse koma ine ndekha ngati .nditayesa kunyenga chikumbumtima changa

Kuchokera m'minda ya moyo

Mukufuna kupita kwinakwake, ndipo mumadzithamangira kuti mukafike kumeneko mwachangu Mukafika, mumapeza kuti simukusangalala ndi malowo chifukwa cha chidwi, nkhawa, komanso mwina chisokonezo chomwe mukumva. M'malo mwake, yesani kukhala bata, bata, komanso oganiza bwino. Ngati maganizo anu akuyang'ana pa nkhawa ndi kusokonezeka, aletseni .mwamphamvu mpaka atakhazikikanso

Chisangalalo chimakhudza kwambiri kayendetsedwe ka mitsempha chifukwa chimatumiza mphamvu zambiri ku ziwalo zina za thupi pomwe ena amalephera gawo lawo lachilengedwe. Kusalinganika kumeneku pakugawa mphamvu ndiko kumayambitsa mantha Thupi lodekha komanso lomasuka limachepetsa mitsempha ndikulimbikitsa .thanzi la maganizo

Mogwirizana ndi Mulungu, masomphenya amkati amayamba kuonekera pang'onopang'ono Munthu ayenera kukhala ndi chikhulupiriro chonse kuti Mulungu adzayankha pemphero lililonse lochokera pansi pa mtima Aliyense amene amatembenukira kwa Iye kufunafuna kuunikiridwa adzatsegulidwa masomphenya ake ndipo maganizo ndi .mtima wake zidzaunikiridwa

Kuzindikira kukayamba, kumaonekera ngati kumva komwe kumawoneka ngati kukuchokera mumtima, kumva komveka bwino komanso kolondola. Kudzera mukumva kumeneku, wofunafunayo amapeza kukhudzika kosagwedezeka ndi chitsogozo chabwino kuti atsatire njira yoyenera, ndipo pang'onopang'ono amayamba kuzindikira .ndikukhulupirira kumva kumeneku

Izi sizikutanthauza kusiya kuganiza konse; kuganiza modekha, kopanda tsankho kumabweretsanso kuzindikira Kuganiza mwamaganizo, koyendetsedwa ndi kudzikuza ndi kudziona ngati wofunika, kumabweretsa kusamvetsetsana .ndi malingaliro olakwika

Kanani kukayika kowononga ndi zikhulupiriro zabodza ndi mtima wonse, ndipo tembenuzirani mtima wanu ndi moyo wanu ku dziko la chikhulupiriro ndi kudalira Mulungu kwathunthu. Mu bata la kuganizira, chikumbumtima chanu chidzatha kuyang'ana pa choonadi ndi kumvetsetsa kolondola. Mu chochitika ichi, chikhulupiriro chimakula ndi kufutukuka, ndipo kudzera mu chidziwitso, mudzakumana ndi zomwe diso silinawonepo, khutu silinamvepo, ndipo .maganizo a munthu sadaganizirepo

Mpweya uliwonse wa kulakalaka kwanga ndi pemphero langa umatsegula zitseko ndi mawindo mumtima mwanga .omwe ndimadutsamo kupita ku chisangalalo cha Mulungu

Monga momwe dzuwa limawala m'misewu yotanganidwa kwambiri, momwemonso ndidzawona kuwala kwa chikondi cha Mulungu m'malo onse odzaza anthu omwe .ndimachita tsiku ndi tsiku

Mundidalitse, Ambuye, kuti ndidzutse moyo wanga ndi .mbandakucha ndikuufikitsa ku khomo lanu lodala

Ambuye, ndipatseni mzimu wopatsa kuti ndigawane ndi ena zomwe ndili nazo, ndipo ndithandizeni kuwona m'nyanja yodekha ya malingaliro anga chithunzi cha mwezi wa moyo .wanga ukuwala ndi kuwala kwa kukhalapo kwanu

Lero ndilowa m'nyanja yozama ya kusinkhasinkha ndi kusinkhasinkha za Mulungu mpaka nditapeza ngale za nzeru .ndi chisangalalo chaumulungu

Ndidzakukondani, Ambuye, kuposa china chilichonse, chifukwa popanda inu sindingathe kukonda munthu aliyense .kapena china chilichonse

Mu kuya kwa mapiri ndi thambo lopanda phokoso, ndi mkati mwa moyo wanga ndi m'phanga la chete, ndimamva kukhalapo kwa Mulungu ndikumva chisangalalo Chake chosatha, ndipo ndimamwa kuchokera ku akasupe Ake oyera .omwe sasiya kapena kuuma kwamuyaya

Ndikukukondani ndi kukulambirani, Ambuye, amene chikondi chanu chimalamulira kwambiri mu mtima uliwonse .wachikondi ndi wachifundo

Winawake anafunsa mphunzitsi Paramahansa kuti amusonyeze njira yopangira umunthu wokongola komanso wosangalatsa, ndipo iye anati: Muyenera kukhalapo m'maganizo mwanu mukamacheza ndi ena chifukwa kusakhalapo maganizo kumawononga kwambiri khalidwe lanu kuposa china chilichonse. Inde, sindikunena za kusakhalapo maganizo kwa anthu akuluakulu, omwe nthawi .zambiri maganizo awo amakhala m'nkhani zazikulu

Khalani maso nthawi zonse ndipo dziwani, ndipo mudzakhala maginito okongola

Palibe amene amakonda kunyalanyazidwa Tonsefe timafuna kuti malingaliro athu aganiziridwe ndi kuganiziridwa, ndipo mofananamo, tiyenera kuganizira malingaliro a ena ndikuwasonyeza kuganizira kuti tipeze mgwirizano ndi kumvetsetsana. Kuti muchite izi, muyenera kukhala maso, kuzindikira, komanso kusamala ndi aliyense .amene akuzungulirani

Akufa alibe mphamvu zonyoza ena, koma amene sakuwamvera ali ndi mphamvu

Mukakhala ndi ena, lankhulani nawo mosamala, mwamphamvu, komanso mwachidwi, koma pewani kulankhula za inu nokha

Aliyense amafuna kulankhula za iye mwini, koma ndi njira yofooka. Lolani ena alankhule za iye mwini ngati akufuna; mvetserani zomwe akunena. Lolani alankhule za mavuto awo, zomwe akwaniritsa, ndi malingaliro awo, koma lolani mphamvu yanu ya maginito ikulankhuleni. Kuwala kwa nyali kukulankhulani momveka bwino; lolani kugwedezeka .kwanu chete kukulankhuleni momveka bwino

Mulungu anandionetsa m'masomphenya kuti anthu amene amafa kunkhondo amalota imfa moyipa, koma anthu abwino akangodzuka m'thupi lawo amadzuka ngati kuti achoka ku maloto oipa ndipo amasangalala kumasuka ku .maloto oipawo

Zonse zomwe timakumana nazo pa moyo wathu ndi gawo la maloto a chilengedwe chonse. Anthu adapanga maloto oopsa a nkhondo, koma ozunzidwa ndi maloto oipawa atachoka m'matupi awo, amazindikira kuti linali loto loopsa lomwe adadzukamo, ndipo amamvetsetsa kuti .sanafe. Ichi ndi chowonadi chozama cha chilengedwe

Ngati munthu akudziwa kuti akulota, sakanavutika ndi maloto ovutitsa. Koma ngati adzikwaniritsa yekha m'maloto ndipo wina akupha, imfa ya malotowo imawoneka ngati vuto

lenileni komanso loopsa mpaka atadzuka n’kuzindikira kuti .sizinali zenizeni

Izi zikugwiranso ntchito ku mkhalidwe wa imfa

Tikangochoka m'thupi lathu, timazindikira kuti chikumbumtima chathu sichinafe, koma kuti tamasulidwa ku thupi ndi zopinga zake zakuthupi ndi zofooka zake, ndipo mu .ufulu umenewo muli ufulu waukulu

Sitiyenera kupempha imfa, koma m'malo mwake

tikonzekeretse chikumbumtima chathu mwa kukhala mogwirizana ndi Mulungu ndikusinkhasinkha za Iye, kuti imfa .ikafika nthawi yake tiziiona ngati maloto chabe

Nditha kuwona momwe moyo ndi imfa zilili nthawi

iliyonse ndikafuna Chifukwa chake, sindiona thupi ili kukhala lofunika kwambiri

Pali physiology yauzimu yomwe ili pansi pa dongosolo la

mitsempha lomwe limalola anthu kufika pamlingo .wapamwamba kwambiri wa chitukuko cha chidziwitso

Ubongo wa munthu, womwe ndi waukulu kuposa

ubongo wa nyama zambiri kupatula anamgumi ndi njovu, ndi wovuta kwambiri ndipo uli ndi mphamvu zambiri zoganizira. Izi zimapangitsa ubongo wa munthu kukhala chida choyenera kwa anthu, omwe ali ndi chidziwitso chapamwamba kuposa zolengedwa zina. Kuzungulira kwa ubongo komwe kumakhala kovuta komanso kovuta kumathandiza anthu kuganiza mozama komanso mozama. Choncho, anthu okha ndi omwe angathe kufika pamlingo wapamwamba wa kuzindikira, ndipo motero, kudziwa Mlengi wake. Munthu wanzeru ndi amene amagwiritsa ntchito luso lake la nzeru potumikira ndi kupindulitsa anthu pamlingo .wakuthupi, wanzeru, ndi wauzimu

Nyengo yozizira inafika itavala chovala chake chozizira,

choyera, chonga duwa

Zokhumba zanga za chisangalalo cha chilimwe zatha

Ndinauzidwa kuti ndifunefune kutentha kwa mtima

wanu wachifundo

Ndipo pamene masika anaonekera, akuvina,
okongoletsedwa ndi maluwa amitundu yonse
Ndinunkhiza fungo la minda ndi zitunda, ndinauzidwa
kuti ndikukondeni, Mulungu wanga
Ndipo chilimwe chinafika, chikuimba nyimbo zake
zobiriwira m'masamba ofewa, phokoso la mitengo ya
msondodzi, ndi phokoso la mitengo ya paini
Iye anandiuza kuti ndikuuzeni
Ngakhale dothi lofewa komanso lofewa linakhudza
mapazi anga othamanga
Ndipo adawapempha kuti afike ku malo anu opatulika
omwe alipo onse
Fungo lofewa linandiuza kuti nditsatire njira yake
Ku kachisi wanu woyera mkati mwa maluwa
ogwedezeka ndi basil
Ndipo mbalame zinandiuza kuti ndikuimbireni nyimbo
ngati iwo
Ndipo mphepo yowomba pamwamba pa mitsinje ndi
mitsinje
Ndinadzutsa thovu la chikondi changa pa iwe, ndipo
linayamba kuseketsa pamwamba pa chifuwa chako
chachikulu
Ndipo ndi ulusi wopindika wa udzu, ndinaphunzira
kupindika
Ndikugwadirani, O Ambuye
Ndipo zofukizazo zinandidziwitsanso za fungo labwino la
.mafuta anu onunkhira
Ndipo ndingasunge bwanji mtima wanga wodzaza ndi
fungo lanu lopatulika pamaso pa mpando wanu wachifumu
?wopanda malire
Ndipo miyala yaying'ono, chete, yoleza mtima inandiuza
kuti ndikuoneni ngakhale mwa iwo omwe amayesa
kundibera chimwemwe

Zaka zomwe ndinayiwala zinandipempha kuti nditumize uthenga wachikondi kwa anthu anzanga womwe umaperekedwa mu mphindi iliyonse ndi sekondi iliyonse.

Ndipo lingaliro lililonse linandiuza kuti ndikufune mumtima mwake

Chikondi changa chinandilimbikitsa kukonda zonse zomwe zilipo kudzera mwa inu

Ndipo chikondi changa chinandinong'oneza kuti, "Ndikondeni ndi mphamvu zonse zomwe ndili nazo, Mulungu wanga"

Nthawi ina ndinagona pabedi la udzu ndi maluwa ndipo ndinalota kuti chilichonse chomwe chinalipo chinali chokongola komanso chosangalatsa

Mutu wanga unali pa udzu wautali, wobiriwira, komanso wokhuthala, womwe unandipangitsa kuti ndizimva mphepo yokhala ndi fungo labwino.

Kenako ndinakakamizidwa kugwira dzanja langa ndi thupi langa, ndipo ndinadabwa ndi ukulu wa Mlengi wake. Inde, ndinadabwa kuti ine, amene ndikutsimikiza za zenizeni za thupi langa, tsiku lina ndidzalisiya kuti lipumule padziko lapansi thupi ili lomwe lidzakhala lozizira, lotumbululuka, komanso losayenda panthawi ya imfa, pomwe tsopano likuwoneka lodzaza ndi moyo ndipo lili ndi malingaliro ambirimbiri, malingaliro mamiliyoni ambiri, ndi malingaliro mabiliyoni ambiri.

Thupi ili ndi gawo lomwe mitu ya moyo imatseguka, komwe maluwa a kumwetulira amaphuka, kenako kutsatiridwa ndi kubwera kosatha kwa imfa. Pano, pakati pa mnofu, mafupa, ndi magazi, komanso kumbuyo kwa chigoba chokongola cha khungu, mimbulu ya matenda ndi zilombo zokhumba zimabisala. Ndipo pano, pansi pa thupi, pali njira yachinsinsi yopita ku ufumu wa kuwala. Thupi ili lidzafota ndi kuzimiririka pamene mbuye wake—moyo—adzalisiya mosasinthika. Ndipo bwanji osatero? Pakuti pamene mbuye wowunikira wa malo okhala akuthupi amatopa ndi kukhala

m'nyumba yamatope, yosweka ya zinthu, yomangidwa ndi zingwe za mitsempha zomwe zimafuna chisamaliro chosalekeza, amapeza chitonthozo m'nyumba ina m'ngodya ina ya dziko lapansi la Mulungu—m'malo ena okhalapo kwathunthu komwe fungo la chisangalalo limafalikira .kulikonse komanso kosatha

Mzimu wosafa umachita gawo la moyo ndi imfa ndi kumwetulira kosatha, kenako umachoka kupita ku kwawo .kosatha

Kodi owonera mafilimu ayenera kukhalabe mu cinema kwamuyaya seweroli likatha? Ndithudi si anthu ayenera kubwerera kwawo Mofananamo, miyoyo imabwera kuno kudzasangalala ndi sewero la cinema la moyo, kenako n’kuchoka n’kubwerera kachiwiri. Amakonda kuonera mafilimu ndi masewero, ndipo akatopa ndi zisudzo zomwe analota, ndipo aphunzira bwino maphunziro omwe Mulungu akufuna kuti aphunzire, amabwerera kamodzi kokha ku malo .a chisangalalo chosatha

Ngati makhalidwe abwino sakhazikitsidwa pa chilungamo, mipata imatseguka yomwe imatsegula mavuto ndi mavuto. Ngati makhalidwe abwino akhazikitsidwa pa dyera, mikangano yoopsa, ndi mpikisano waukulu, zotsatira zake zidzakhala zodetsedwa chifukwa zolinga zake ndi .zodetsedwa, ndipo ndalama sizidzadalitsidwa pankhaniyi

Munthu ayenera kuyeretsa chikumbumtima chake ku dyera ndipo asayese kudzilemeretsa powononga ena. Kukhutira kwenikweni ndi kwauzimu, osati kwa zinthu zakuthupi, ndipo phindu lenileni m'moyo ndi kukhala ndi .chuma cha nzeru, chidziwitso, ndi chikondi cha Mulungu

Tiyenera kukhala moyo wosalira zambiri ndipo nthawi zonse timayesetsa kuthandiza ena ndikuwongolera momwe zinthu zilili. Koma cholinga chabwino ichi sichigwirizana ndi .kudzikonda ndi umbombo popanda kuganizira za ena

Anthu amene ali ndi maganizo a dziko lapansi ndi osalinganizika ndipo motero saonedwa kuti ndi opambana.

Moyo wosalira zambiri ndi luso lodabwitsa komanso chizindikiro cha kupambana. Anthu amene cholinga chawo chokha ndi kupeza ndalama sadzapeza chisomo kwa .Mulungu

N’zoona kuti Mulungu anatiikira njala kuti tigwire ntchito ndi kusamalira matupi athu, koma kusamalira thupi si cholinga chokha cha moyo. Cholinga chake ndi chachikulu kwambiri kuposa kuganizira zinthu zakuthupi kapena zakuthupi, ngakhale zitakhala zodabwitsa bwanji, .zaulemerero, komanso zokongola bwanji

Mmodzi mwa ophunzira anafunsa Mphunzitsi Paramahansa momwe angadziwire kukhalapo kwa Mulungu. Iye anayankha kuti, "Usiku uliwonse, musanagone, sinkhasinkhani mpaka mutamva kuti chikumbumtima chanu chalowa m'dziko la malingaliro ndikulowa mu gawo lina. Komabe, si zonse izi. Pambuyo potembenuza maganizo anu mkati, chilakolako chiyenera kukwera, ndipo zilakolako ziyenera kuthamanga ngati kusefukira kwa Mulungu. Pamene wophunzirayo adzipereka kwathunthu kwa Mulungu, mwadzidzidzi amamva kuti wakhudza kukhalapo Kwake kodala ndipo wamuzindikira. Adzawona kuwala kwakukulu kowala kwambiri, ndipo angaone angelo ndi miyoyo yabwino. Kapena angamve fungo lokoma lakumwamba, ndipo kenako adzadziwa kuti Mulungu wamuyankha, ndipo nzeru zake zidzatsegulidwa, ndipo Mulungu adzamuwululira zinsinsi za moyo. Kapena angadzazidwe ndi mtendere waukulu panthawi yosinkhasinkha. Ngati apitiriza kusinkhasinkha ndipo Mulungu amupatsa chikondi Chake chachikulu, adzamva chisangalalo chaumulungu chosaneneka. Wodala ndi iye amene wapatsidwa mwayi ".wosangalala uwu

Chikondi cha Mulungu chimatsegula chipata cha kumwamba, chomwe chimalowetsa munthu wofunafunayo .pamaso pa Mulungu

Ngati munthu apempha Mulungu, wachifundo ndi wanzeru, kuti amupatse mkate wa moyo wosatha, sadzamupatsa mwala wa kusadziwa zinthu zakuthupi. Ngati wolambira akufuna chakudya cha nzeru, Mulungu sadzamupatsa njoka yachinyengo. Ngati wolambira apempha Mulungu kuti amupatse chimwemwe cha Mulungu chomwe chimathetsa ludzu lonse, sadzamupatsa chinkhanira cha nkhawa ndi kuvutika maganizo. Ngati anthu onyengedwa amadziwa kupatsa ana awo mphatso zabwino, nanga bwanji Ambuye—gwero la zabwino zonse ndi chimwemwe—adzapereka chidziwitso chauzimu ndi kuunika !kwa iwo amene amamukonda

Mulungu amapereka nzeru zapamwamba kwambiri ndi chidziwitso chachikulu kwa iwo amene amazifunafuna, ndipo amadzipereka kwa wofunafuna moona mtima amene salandira cholowa m'malo. Iye amene amafunafuna Mulungu ndi mtima wake wonse ndi moyo wake wonse ndiye wanzeru kwambiri kuposa onse, komanso munthu wokondedwa kwambiri kwa Mulungu. Ndipo chilakolako cha wolambira chikakula, amalandira yankho losowa komanso lokondedwa kuchokera kwa Mulungu ndipo amamva chisangalalo chapadera cha chikondi chomwe chimachitikira anthu .okonda Wokondedwayo

Munthu wanzeru amene amachita gawo lake mu maloto a chilengedwe chonsechi ndi chidziwitso chauzimu ndi chikhumbo chowonjezeka chaumulungu ali pafupi ndi Mulungu ndipo ndi wokondedwa kwa Iye. Ali ndi chikondi chenicheni ndipo amakonda Mulungu popanda zolinga zadyera komanso popanda zinthu zina, monga kunena, mwachitsanzo, "O Ambuye, ndidzakulambirani pokhapokha ".mutandipatsa thanzi labwino, ndalama, ndi moyo wabwino

Pakati pa anzeru ndi Mulungu pali chikondi chakuya, chogwirizana chomwe chilibe malire komanso chosatha Ngati wina apempha Mulungu chinthu china chake, Mulungu

amadziwa bwino kuti munthuyo ali ndi chidwi kwambiri ndi .mphatso zake kuposa Iye

Sikolakwika kuti munthu apemphere kuti zosowa zake zikwaniritsidwe, koma akapempha kuti adziwe Mulungu ndikuona kuwala kwa nkhope Yake yaulemerero, sayenera kulakalaka phindu lililonse kuchokera pamenepo, kapena malingaliro awo sayenera kungokhala pa mphatso zokha, koma m'malo mwake kwa Wopereka Iyemwini. Wofunafunayo akatha kuchita izi moona mtima, adzalandira mphatso zina zonse kuchokera ku gwero la kuwolowa manja .ndi nyanja ya madalitso

Mmodzi mwa ophunzirawo anafunsa mphunzitsi Paramahansa kuti amupatse upangiri wa momwe angakhalire pazochitika zina ndi momwe angachitire ndi ena, :ndipo iye anati

Tsatirani choonadi ndipo musachipatuke, ndipo pewani kunena chilichonse chomwe chingakupwetekeni kapena kuvulazani ena, ngakhale chitakhala choona , bola ngati simukuchoka mu mzimu wa choonadi. Komabe, simuyenera kuchita zinthu mopitirira muyeso ndikuyamba kunama kuti .mupewe kunena zoona zopweteka

Khalani oona mtima kwa inu nokha ndi ena popanda kuganizira kwambiri zosafunikira. Lankhulani zoona ndipo pewani kunena zinthu zomwe zingapweteke kapena kuvulaza aliyense. Musaulule zinsinsi zanu zonse m'dzina la kuona mtima ndi kuwonekera poyera, chifukwa ngati muulula zofooka zanu, adzayesa kukupwetekani kapena kukusekani nthawi iliyonse akafuna. N'chifukwa chiyani muwapatse chida chomwe angagwiritse ntchito polimbana ?nanu

Lankhulani ndi kuchita zinthu m'njira yomwe imabweretsa chimwemwe ndi mtendere kwa inu nokha ndi ena

Ndikofunikira kukhala ndi kuzindikira kwauzimu kuti mudziwe kusiyana pakati pa chowonadi chomwe

chimabweretsa zabwino ndi kubwereza mfundo popanda kuganizira zotsatira zake, chifukwa zinthu zimaweruzidwa malinga ndi mapeto ake. Sikoyenera kunena chilichonse chomwe mukudziwa, komanso sikoyenera kuzemba ndi kubisa nkhani zomwe ena ayenera kudziwa kuti .ziwathandize

Ngati mulibe kuzindikira kwathunthu, ndi bwino kukhala chete polankhula mpaka mutamvetsetsa bwino chowonadi .ndi zotsatira zabwino kwa onse

Pitirizani kuganizira za Mulungu ndikupempha thandizo ndi chitsogozo Chake, ndipo luntha lanu lidzatsegulidwa kuti .muwone zinthu bwino ndipo mudzatha kusiyanitsa bwino

Kupatsa maselo a thupi mphamvu ya unyamata

Mphamvu ya chilengedwe imalowa m'thupi nthawi zonse komanso popanda kusokonezedwa, koma anthu ambiri sadziwa za mphamvu zambirizi. Anthu amene amamva mphamvuyi amakumana ndi mphamvu zambiri m'maselo awo komanso mphamvu yotsitsimula yomwe .imawapatsa mphamvu zatsopano

Chilengedwe chonse chimagwadira Ambuye wa Chilengedwe Chonse pomulemekeza, ndipo mphamvu Yake imadutsa mu anthu. Vuto lili m'kulephera kukulitsa mgwirizano wamphamvu pakati pa anthu ndi gwero la mphamvu zonse. Timakhala ndi moyo mwachindunji ndi mphamvu ya Mulungu, ndipo mphamvu zina zonse sizigwira .ntchito popanda mphamvu ya Mulungu yochirikiza

Chakudya, mpweya, ndi kuwala kwa dzuwa—zinthu zimenezi zingatipatse thanzi labwino, koma tiyenera kumvetsetsa momwe tingapezere thanzi lathunthu kuchokera ku magwero a Infinite Source Material ali ngati mabatire ang'onoang'ono omwe pamapeto pake amatha mphamvu, pomwe Infinite Source ndi jenereta yamphamvu yomwe mphamvu zake sizimachepa, zomwe zimapatsa moyo mphamvu, chimwemwe, ndi mphamvu nthawi zonse.

Chifukwa chake, ndikofunikira kwambiri kudalira Infinite .Source momwe tingathere

Munthu amene akufuna ayenera kuphunzira njira yoyenera yopindulira ndi chakudya chofunikiracho kuchokera ku gwero lake, ndipo ayenera kuzindikira kuti lingaliro ndi lenileni, chifukwa zochitika zonse zachilengedwe ndi chitsanzo cha lingaliro laumulungu chifukwa Mulungu .anaganiza za dziko lapansi asanalilenge

Ambiri amakhulupirira kuti lingaliro ndi chipatso cha thupi, koma kapangidwe ka thupi kolondola kwambiri, ndi mgwirizano wodabwitsa pakati pa ziwalo zake ndi ziwalo zake, zimasonyeza bwino kuti thupi ndi lopangidwa ndi .maganizo apamwamba kwambiri a chilengedwe chonse

Maganizo ndiye chinthu chachikulu chomwe chimalamulira thupi, ndipo ndikofunikira kwambiri kuti munthu apewe malingaliro amisala okhudza zofooka za anthu monga matenda, kufooka, ukalamba, ndi kukhumudwa, ndikudzitsimikizira kuti ntchito yosatha imayenda mwa iye, ndipo ntchito imeneyi ili ndi nzeru ndipo imatha kupatsa maselo a thupi thanzi labwino komanso .mphamvu za unyamata

Lingaliro ndi ubongo, malingaliro, ndi zomverera za selo lililonse lamoyo; lili ndi mphamvu yosunga thupi kukhala logwira ntchito komanso latcheru kapena lofooka komanso lofooka Lingaliro ndi mbuye, ndipo maselo a thupi ndi omwe ali pansi pake, akumvera malamulo ndi zoletsa za mbuye wawo wamkulu: lingaliro

Timasamala kwambiri za mtundu wa chakudya chomwe timadya tsiku ndi tsiku, ndipo mofananamo tiyeneranso kusamala za mtundu wa chakudya chanzeru ndi chamaganizo chomwe timapatsa maganizo athu tsiku .lililonse

Katswiri wa sayansi ya zinthu zamoyo akunena kuti thupi si mafunde amagetsi koma mafunde a chidziwitso .choyandama m'nyanja ya chidziwitso chaumulungu

Tsiku lililonse tiyenera kulimbitsa mphamvu zathu zakuthupi, kuwonjezera mphamvu zathu zamaganizo, ndikudzidziwa bwino ife eni ake kudzera mu kusinkhasinkha, kuganiza bwino, ndi ntchito yabwino komanso yopindulitsa .yomwe imapindulitsa thupi, malingaliro, ndi mzimu pamodzi

Mulungu wandidalitsa ndi chisangalalo m'zaka zonsezi za moyo wanga Kaya anthu akuona kumwetulira kwa chisangalalo pankhope panga kapena ayi, chisangalalo cha Mulungu chili nane nthawi zonse ndipo sichindisiya. Mtsinje waukulu wa chisangalalo umayenda mosalekeza pansi pa mchenga wa chidziwitso changa ndipo umatuluka ngati .akasupe odalitsika omwe amathirira minda ya moyo wanga

Zovuta zadzidzidzi za moyo sizingasokoneze mtendere wanga, kapena chiyembekezo cha imfa sichingandichotsere .chimwemwe chauzimu chomwe ndikumva

Zinali zovuta kuti mkhalidwe umenewo ukhale wokhazikika komanso wosasinthika, koma zipatso za mzimu zomwe ndimasangalala nazo tsopano ndikugawana ndi ena .zinali zoyenera khama langa lonse

Ndimaganiza ndi kuchita zinthu motsogozedwa ndi mzimu wa Mulungu. Ndalama sizinakhale cholinga changa m'moyo, koma m'malo mwake kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu wanditsegulira zitseko zambiri zabwino kuti ndidzichirikize ndikukwaniritsa ntchito yanga. Ndipo nthawi iliyonse ndikafuna thandizo, .Mulungu amapereka nthawi yomweyo

Chikhumbo changa chokha ndicho kukutumikirani, ndipo ndicho chifukwa chake ndili pano

Mphamvu ya Mulungu ikugwiranso ntchito m'miyoyo yanu. Mudzaona choonadi ichi nokha chikhulupiriro chanu chikalimbikitsidwa ndipo mudzazindikira kuti chuma chenicheni sichimachokera ku kupambana kwa zinthu .zakuthupi koma kwa Wamphamvuyonse

Ngakhale moyo umawoneka wosayembekezereka, wosasinthika, komanso wachinsinsi, wodzaza ndi kukayikira

komanso mitundu yonse ya mavuto ndi zovuta, timakhalabe pansi pa chitetezo cha Mulungu nthawi zonse. Sitiyenera kukokomeza zinthu kapena kutaya bata lathu poyang'anizana ndi zochitika, chifukwa ngati tilola mantha kutigonjetsa, timapereka mphamvu ku choipa ndikukulitsa mizu yake, yomwe imakula ndikukula m'nthaka ya mantha .ndi nkhawa

Sitiyenera kuyembekezera kupeza chimwemwe ndi mtendere wosatha m'mayesero a moyo; m'malo mwake, tiyenera kuzifunafuna ndi kuzipeza mkati mwathu. Kenako, zilizonse zomwe timakumana nazo, tidzazithana nazo monga momwe timaonera zomwe wina wakumana nazo mufilimu, .kaya zosangalatsa kapena zopweteka

Munthu akhoza kusintha zonse zomwe anakumana nazo kukhala mayesero opweteka komanso osasangalatsa ngati alola maganizo ake kutero. Angakhale ndi thanzi labwino koma osazindikira kufunika kwake. Koma ngati adwala, adzadzichepetsa ndi kuyamikira madalitso a moyo wabwino. Tiyenera kuvomereza chisomo cha Mulungu ndikumuyamika chifukwa cha madalitso omwe watipatsa popanda kudikira kuti mavuto atipangitse kuyamikira ndi kuzindikira chisomo .chake

Moyo uyenera kukhala wosakanikirana ndi kusinkhasinkha ndi kuchitapo kanthu Munthu akataya kulinganiza bwino maganizo ake, amakhala pachiwopsezo cha nkhawa, mitambo ya chisoni, ndi ululu. Ndipo ngati ayesa kuswa malamulo a thanzi, chitukuko, ndi nzeru, .mosakayikira adzavutika ndi matenda, umphawi, ndi umbuli

Tiyenera kusunga zolinga zathu kukhala zoyera, zolinga zathu zikhale zoyera, ndikuchita zinthu m'njira yomwe imatibweretsera mtendere wamumtima, osalola kuti zinthu za m'moyo zisokoneze mtendere wathu ndikuwononga .chimwemwe chathu

Komanso limbitsani nzeru zathu ndikukana katundu wa kufooka kwa nzeru ndi makhalidwe abwino komwe

kwachokera kwa zaka zambiri. Zonyansa izi ziyenera kutenthedwa ndi moto wa kutsimikiza mtima kwatsopano ndi kuchitapo kanthu kopindulitsa Ndi njira yomangayi, munthu wodziperekadi akhoza kufika pamlingo wa kumasulidwa ndi .ufulu

Malamulo osatha a chisangalalo

Ankanena kuti m'nthawi ya golide ya mmodzi mwa olamulira olungama a ku India, palibe chochitika, imfa isanakwane, kapena masoka achilengedwe omwe adasokoneza mtendere ndi mgwirizano wathunthu wa ufumu .wake

Pamene achibale akukhala ndi umphumphu waukulu, banja lililonse lidzakhala ndi mgwirizano, thanzi labwino, ndi chikondi chochuluka. Koma pamene achibale akuchitirana dyera loipa, banja lidzadzaza ndi kusamvana ndi chidani. Izi zikugwiranso ntchito kwa mitundu. Anthu akakhala ndi umphumphu ndi umphumphu, adzaona Ufumu wa Mulungu .padziko lapansi

Nthawi ndi yochepa Lero tili pano, mawa tidzachoka Kufunafuna Mulungu ndi mwayi wapamwamba kwambiri wa anthu. Tiyenera kugwiritsa ntchito bwino ufulu umene Mulungu watipatsa m'moyo uno ndi kuugwiritsa ntchito .mwanzeru kuti tithe kuona choonadi chauzimu chosatha

Uchimo ndi chilichonse chomwe chimayambitsa ululu ndi kuvutika kwa munthu. Ubwino ndi umene umamupangitsa kukhala wosangalala kwamuyaya. Ngati munthu alibe mgwirizano wauzimu m'maganizo mwake ndi mtendere mkati mwake, nyumba yatsopano, galimoto yatsopano, kapena china chilichonse chatsopano sichingathe kubweretsa chimwemwe ndi bata ku moyo wake; m'malo mwake, kuzunzika kwawo kwamkati kudzakhalabe ngakhale .atapeza zinthu zatsopanozo ndi zina zambiri

Chimwemwe chenicheni chili mu kuthekera kokana zochitika ndi kupirira mayesero onse akunja. Chimapezeka pamene mungathe kupirira ululu wowawa ndi mavuto ovuta

omwe amayamba chifukwa cha tsankho ndi kuyesera kwa ena kukuvulazani ndi kukuikani m'misampha, ndipo mumayankha zolakwa zawo mwachikondi ndi kukhululukira. Mukatha kusunga mtendere wanu wa mumtima ngakhale mutakumana ndi zowawa za zochitika zakunja, ndiye kuti .mudzalawa chimwemwe

Malemba Opatulika amanena kuti iwo amene amanyalanyaza malamulo a Mulungu ndikutsatira zilakolako zawo zopusa ndi zokhumba zawo sadzapeza chimwemwe kapena kukwaniritsa cholinga chawo chachikulu. Amalimbikitsa wofunafuna choonadi kuti apange Malemba Oyera kukhala kuwala kwawo kowatsogolera ndi woweruza posankha zomwe ziyenera kuchitika ndi zomwe ziyenera kupewedwa, ndi kuzindikira zinthu ndikuchita zinthu .motsatira nzeru

Anthu odzidalira ndi omwe amachita zinthu mwachilungamo. Chimwemwe chimachokera ku malingaliro oyera ndi zochita zolungama. Ngati muli osangalala tsopano, mudzakhala osangalala mtsogolo, pano komanso m'dziko .lotsatira

Tiyenera kusonkhanitsa zokolola zabwino mwa kusonkhanitsa zipatso za nzeru pamene dzuwa la mwayi womwe ulipo likuwalira. Mwa kuyankhula kwina, tiyenera .kugwiritsa ntchito mwayi nthawi isanathe

ngati Gwiritsani ntchito mwayiwu, chifukwa) (simugwiritsa ntchito mwayiwu, udzakhala wokhumudwitsa

Mulungu watipatsa malamulo auzimu otchedwa malamulo Koma malamulo awa amanyalanyazidwa ndipo amaswedwa tsiku lililonse komanso kulikonse Pokhapokha anthu atamvetsa tanthauzo lake lauzimu, nthawi zonse amadandaula za iwo ndikuwasiya Malamulo awa ndi malamulo osatha omwe amavomerezedwa ndi zipembedzo zonse za Abrahamu Komabe, malembawa nthawi zambiri amalephera kufotokoza mbali zamaganizo za malamulo awa ndi ubwino wotsatira malamulowa Anthu amalandira

malamulo awa m'malo olambirira koma amalephera kuwatsatira kunja kwa iwo, zomwe zimatsimikizira izi ponena kuti malamulo awa ndi osagwira ntchito, osamveka, komanso osagwirizana ndi nthawi Komabe, kuphwanya malamulo awa ndiye chifukwa chachikulu cha mavuto onse padziko lapansi

Koma kodi ubwino wa malamulo amenewo ndi wotani ?ndipo ubwino wake uli kuti

Mabuku opatulika amalangiza munthu kuganizira za Mulungu, kumiza maganizo ake mwa Iye, kupereka zinthu zonse kwa Iye, ndi kumulambira Iye ndi kulambira koona mtima, kosasakaniza chinyengo komanso kopanda banga la .chinyengo

Kudziwa Mulungu kuyenera kukhala cholinga chachikulu cha moyo Ntchito za dziko lapansi sizingakwaniritsidwe popanda mphamvu imene Mulungu wapereka kwa anthu Kuchita ntchito wamba uku ukuiwala Mulungu ndi kulakwitsa komanso tchimo

Uchimo umatanthauza kusadziwa: kuchita zinthu mosiyana ndi ubwino waukulu wa munthu

N’chifukwa chiyani anthu amamva chisoni ndi chisoni? Chifukwa chakuti sanachite zinthu moona mtima chifukwa .Mulungu sanali woyamba m’mitima yawo

Palibe chilichonse m'moyo wa munthu chomwe chiyenera kuonedwa kuti n'chofunika kwambiri kuposa Mulungu. Ngati munthu amasamaladi za Mulungu ndikukwaniritsa udindo wake wauzimu kwa Iye, zinthu zidzasintha m'njira iliyonse, ndipo adzamva kuti ndi .otetezeka ngakhale zinthu zitavuta bwanji

Munthu akangoyamba kulambira chuma, ndalama, kutchuka, kapena china chilichonse kupatula Mulungu, chimwemwe chimakhala chawo. Anthu amene amaika maganizo awo onse pa zinthu zimenezi kwenikweni amalambira zimenezo, ndipo chifukwa chake sayandikira kwa Mulungu koma m'malo mwake amachoka kwa Iye. Koma

anthu amene amaganizira za Mulungu, amaganizira za Iye, ndi kulankhulana naye mumtima mwawo amayandikira kwa Iye ndipo amasangalala mumtima mwawo mukulankhulana .naye chete

Mulungu yekha ndiye angathe kukwaniritsa maloto a anthu ndi ziyembekezo za chimwemwe chosatha. Chifukwa chake, palibe chomwe chiyenera kuloledwa kutenga malo a .Mulungu mumtima mwa munthu

Pali zizindikiro zopatulika zomwe zingathandize wofunafuna kukumbukira Mulungu ndi kuyandikira kwa Iye. Komabe, ngati munthu ayamba kulambira zizindikiro zimenezi, kuvulala kwake kudzaposa ubwino wake. Kulambira kuyenera kuperekedwa kwa Mulungu yekha, .chifukwa palibe china chilichonse choyenera kulambiridwa

Kaya kulambira kotsatira miyambo kuli kotani, Mulungu amavomereza bola ngati wolambirayo akuchita zimenezi ndi chidziwitso chauzimu komanso kufunitsitsa Iye. Komabe, anthu ambiri samvetsa tanthauzo la kulambira, ndipo maganizo ndi mitima yawo imachoka kwa Mulungu kupita ku .miyambo, motero sapindula kwambiri ndi kulambira kwawo

Olambira oona salola kuti chidziwitso chawo chikhale chokhazikika pa chifaniziro kapena mawonekedwe aliwonse, koma amaika chidwi chawo chachikulu ndi chidwi chawo chonse pa mzimu waumulungu womwe uli kumbuyo kwa .zithunzi ndi mawonekedwe onse

Mulungu ndi wokwanira komanso wopanda malire, ndipo palibe chifaniziro kapena chifaniziro chomwe chingamulowemo

Tinganene kuti Mulungu amadziwonetsera mwa aliyense amene amamukonda moona mtima ndipo ali mogwirizana ndi Iye, chifukwa Iye alipo paliponse ndipo motero alipo mwa aliyense Komabe, si aliyense amene ali ndi mphamvu zowonetsera kukhalapo kwa Mulungu. Dzuwa limawala mofanana pa malasha ndi diamondi, koma diamondi imalandira ndi kuwonetsa kuwala kwa dzuwa, pomwe

malasha sangathe Mofananamo, anthu onse amamizidwa mu kuwala kwa Mulungu, koma ochepa okha ndi omwe amatha kulandira kuwalako ndikukuwonetsa m'maganizo ndi zochita zawo. Kuti achite izi, ayenera kudziyeretsa okha kudzera mu kusinkhasinkha komanso kutsatira ziphunzitso .ndi malamulo a Mulungu

Tikamatchula dzina la Mulungu, tiyenera kudziwa bwino zomwe tikunena. Ngati mutaona maganizo a anthu panthawi yopemphera, mungapeze kuti ambiri akuganiza chilichonse kupatula Mulungu, ngakhale kuti akulankhula dzina Lake! Pemphero lotere ndi lopanda phindu komanso lopanda .phindu

Tikamapemphera, tiyenera kuyesetsa kuyang'ana kwambiri Mulungu, osati kungobwerezabwereza dzina Lake lodala pamene tikulola maganizo athu kuyendayenda. M'modzi mwa azakhali anga ankakonda kupemphera mapemphero awo pa mikanda yopempherera, yomwe nthawi zambiri sankatha kuwapeza. Koma tsiku lina anandiuza kuti ngakhale kuti ankachita chizolowezi chopempherachi kwa zaka makumi anayi, Mulungu sanayankhe mapemphero ake. N'zosadabwitsa! ."Mapemphero" ake anali chizolowezi chodetsa nkhawa

Tikamapemphera, sitiyenera kuganizira china chilichonse koma Mulungu yekha. Tiyenera kuyesetsa kukhala oona mtima polambira ndi kudzipereka popemphera. Kugwiritsa ntchito mikanda yopempherera ndi kutchula dzina la Mulungu nthawi zonse n'kovomerezeka bwino ngati chizolowezicho chimachokera mumtima ndipo chimathandizidwa ndi kuwona mtima ndi malingaliro olunjika. Komabe, chizolowezichi chikhoza kukhala chokha .pakapita nthawi

Tiyenera kunong'oneza dzina la Mulungu m'mitima mwathu, pa rozari ya kulakalaka ndi chikondi chaumulungu; uku ndi kulambira koona komwe kumakhudza mtima wa Mulungu. Kutchula dzina la Mulungu mozizira komanso

mopanda ulemu ndi mwano komanso kusalemekeza. Munthu akamapemphera, mtima wake ndi maganizo ake ziyenera kudzazidwa ndi chikondi cha Mulungu. Kuchita masewera olimbitsa thupi a yoga kumatithandiza kuyandikira kwa Mulungu, gwero lalikulu la ulemerero ndi ulemerero, .komanso kumatithandiza kuganizira ndi kulankhulana naye

Ndikofunikira kupatula tsiku limodzi pa sabata kuti mupumule mwauzimu (ngati n'kotheka) kuti muganizire za Mulungu ndikukhala ndi mtendere wamumtima. Nthawi yogwiritsidwa ntchito mwanjira imeneyi idzakhala mankhwala otonthoza mavuto ndi nkhawa zomwe .mumakumana nazo mkati mwa sabata yonse

Aliyense amafunika kukhala tsiku limodzi sabata iliyonse ali payekha kapena "kupumula mwauzimu" kuti achiritse mabala ndi ululu wawo wamaganizo Pamene tsiku limenelo lidzakhala la mtendere, chisangalalo, ndi kukhutira, .mudzaliyembekezera mwachidwi sabata ndi sabata

Kukhala wekha ndiye mtengo wa ukulu Mudzadabwa ndi zotsatira zabwino zomwe zidzapezeke m'maganizo mwanu, thupi lanu, ndi moyo wanu kudzera mu kubwerera kwauzimu kumeneku ndi kulumikizana ndi mzimu wanu komanso ndi Mulungu. Ngati mukufuna kukhala ndi chimwemwe chenicheni, muyenera kudzimiza mu nyanja yamtendere wa Mulungu m'mawa kwambiri mukadzuka, komanso .musanagone usiku

Anzeru aku India amalangiza osati tsiku limodzi lokha lokha lokha lokha lokha lokhala paokha, komanso amagogomezera kufunika kosinkhasinkha mwakachetechete nthawi zinayi tsiku lililonse. M'bandakucha, asanadzuke ndi kuonana ndi aliyense, munthu ayenera kusangalala ndi bata ndi mtendere. Masana, munthu ayenera kutonthoza maganizo ake asanadye nkhomaliro, ndikusangalalanso ndi nthawi yamtendere asanadye chakudya chamadzulo. Pomaliza, asanagone usiku, munthu ayenera kulowa mumtendere .kachiwiri

Anthu amene amasunga chete mosamala akakhala okha komanso nthawi zonse zinayi izi za tsiku ndi tsiku adzamva kuti ali paubwenzi ndi Mulungu. Anthu amene sangathe kusunga nthawi zonsezi ayenera kuthera maola osachepera a m'mawa ndi madzulo. Pochita zimenezi, miyoyo yawo idzasinthidwa kukhala yabwino, ndipo adzakhala ndi chimwemwe; zomwe akumana nazo ndiye umboni wabwino .kwambiri

Ngati mupitiriza kulemba ndi kusaina macheke popanda kuyika ndalama zokwanira kubweza akaunti yanu ya banki, ndalama zanu zidzatha. Chimodzimodzinso ndi moyo wanu. Popanda kusunga mtendere nthawi zonse mu akaunti yanu ya moyo, mphamvu zanu zidzatha, mtendere wanu udzatha, ndipo chimwemwe chanu chidzatha. Mwachidule, pamapeto pake mudzavutika ndi mavuto amaganizo, amaganizo, akuthupi, komanso auzimu. Koma kusinkhasinkha mozama tsiku ndi tsiku pa Mulungu kudzakwaniritsa zofooka zomwe .zili mu moyo wanu

Wofunafuna Mulungu wodzipereka amasinkhasinkha tsiku ndi tsiku, kulankhulana ndi Mulungu ndi chikondi chonse ndi chikhumbo chonse mumtima mwake, kumupempha kuti adziwulule yekha Ngati ndinu wokonda Mulungu ndipo mukufunitsitsa kuona kukhalapo Kwake, muyenera kumiza maganizo ndi thupi lanu mu mtendere Wake, ndipo moyo wanu udzakusangalatsani, ndipo zinthu zanu zidzayenda bwino m'njira zambiri. Munthu wodekha nthawi zambiri salakwitsa ndipo amapambana pamene .anthu ambiri amalephera

Iwo amene saganizira za Mulungu kapena kumusamalira amakhala okhumudwa komanso omvetsa chisoni. Amakwiya .msanga ndipo amakhala makina oyendera

Dzuwa la nzeru ndi mtendere lidzatuluka mumlengalenga wa bata ndipo lidzaphimba moyo wanu ndi kuwala kwake kochiritsa bola ngati muchita khama lauzimu .ndikupereka malo oyamba kwa Mulungu mumtima mwanu

Tsiku losinkhasinkha liyeneranso kukhala tsiku lopumula m'maganizo ndi mwakuthupi komanso kulimbikitsa mtendere wamumtima. Ntchito iliyonse yomwe imabweretsa .nzeru ndi mtendere ndi ntchito yodalitsidwa patsikulo

Ponena za kulemekeza makolo, mabuku opatulika amalimbikitsa kuwachitira zabwino: “Lemekeza atate wako ”ndi amako” ndi “Khalani okoma mtima kwa makolo

Abambo ndi amayi aumunthu ayenera kulemekezedwa monga oimira Mulungu, amene anawapatsa mphatso yolenga anthu. Mayi ndiye chitsanzo cha chikondi choyera cha Mulungu, chifukwa mayi wachikondi amakhululukira kulikonse komwe wina sangachite. Atate ndiye chisonyezero .cha nzeru ndi chitetezo cha Mulungu kwa ana ake

Munthu sayenera kukonda abambo ake ndi amayi ake kupatula Mulungu, koma monga chisonyezero cha chikondi chimenecho. Mtetezi ndi wanzeru. Mzimu wapamwamba waumulungu umakhala bambo ndi mayi kuti athandize mwana, chifukwa chake uyenera kulemekezedwa mwa .makolo

Malemba amatilangizanso kuti tisaphe chifukwa cha kupha, chifukwa munthu amakhala wakupha. Munthu sayenera kupha munthu wina mumphindi yachisoni. Komabe, ngati okondedwa ake akuopsezedwa, munthu ayenera kumenyana kuti ateteze anthu omwe Mulungu wawapatsa, chifukwa ndi udindo wopatulika kuteteza banja .lake ndi dziko lake

Ponena za lamulo loletsa chigololo, cholinga chabwino kwambiri cha kugonana chiyenera kukhala kubereka ana olengedwa m'chifaniziro cha Mulungu ndi kusonyeza chikondi choyera chomwe okwatirana amamva omwe amaona Mulungu mwa wina ndi mnzake. Anthu omwe amakhala ndi moyo wokhawokha, osaganizira za chikondi chenicheni kapena cholinga chapamwamba chomwe chilakolako chogonana chinapangidwira, amachita chigololo motsatira lamulo ili. Pankhaniyi, sasiyana ndi nyama zomwe

zimakhutiritsa chilakolako chawo chogonana kenako n’kupita .patsogolo

Mulungu adalenga chilakolako cholenga ichi mwa amuna ndi akazi kuti abereke ndi kusonyeza chikondi chenicheni m'banja, ndipo sichiyenera kugwiritsidwa ntchito molakwika mwanjira ina, koma m'malo mwake chisandulike .kukhala ntchito yopatulika ndi chidziwitso

Ngati mungathe kulamulira ndikugawa mphamvu zogonana mkati mwanu, mudzatha kukulitsa luso lamphamvu la maganizo polemba, kujambula, kapena .kuwulula maluso obisika m'njira zina zambiri

Ndipo mukadzatha kulamulira ndikusintha zochita zanu zauzimu, mudzakhala ndi mtendere waukulu, chikondi .chachikulu, ndi chimwemwe chauzimu chowonjezeka

Oyera mtima ndi atsogoleri auzimu omwe asintha machitidwe awo ogonana mwauzimu ndi zimphona zomwe zimatha kuchita zodabwitsa komanso zodabwitsa padziko .lapansi komanso pofunafuna choonadi mopanda nzeru

Motero, kugwiritsa ntchito kwambiri chilakolako chogonana ndiko kukweza mphamvu zake, kutanthauza kuti, kupititsa mphamvu zake ku cholinga chapamwamba kuti awonetse nzeru, malingaliro apamwamba, ndi malingaliro auzimu Munthu sayenera kusangalala ndi malingaliro ogonana kapena kulakalaka zomwe siziloledwa Munthu akadziletsa mwanjira imeneyi, adzakhala ndi malingaliro .abwino pa kugonana ndi cholinga chake chapamwamba

Kukhala kapolo wa nkhani zogonana kumatanthauza kutaya thanzi, kudziletsa, ndi mtendere wamumtima, ndipo mwachidule, zinthu zonse zomwe zimapangitsa munthu kukhala ndi chimwemwe

Mabuku opatulika amatilimbikitsanso kuti tisabe Ngati gulu la anthu chikwi likanaberana, aliyense adzakhala ndi adani 999 Chifukwa chake, munthu sayenera kuphwanya ufulu wa ena, kapena kulanda malo awo, mtendere, chikondi, ulemu, kapena chilichonse mwa zinthu zawo

zakuthupi kapena zauzimu. Ngati simukufuna kutenga zomwe si zanu, zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu. Kuba kumayambira m'maganizo mwa munthu akayamba kudera ena nsanje. Mbewu za zilakolako zoipa ziyenera kuchotsedwa m'maganizo. Kukoma mtima kwauzimu ndi njira. Kenako, munthu amakoka zinthu zambiri, ndipo madalitso adzabwera kwa iye kuchokera ku magwero omwe amadziwa komanso omwe sadziwa. Ndi lamulo la Mulungu losalephera. Ponena za akuba ndi anthu odzikonda, amakhala moyo wawo wonse akufunafuna zinthu zakuthupi, maso awo nthawi zonse pa zomwe ena ali nazo, .ngakhale ndalama zawo zitadzaza ndi golide

Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe Chimwemwe chimabwera pokhapokha ngati munthu akugwirizana ndi ena. Chimachitika munthu akamamva zosowa za ena ngati kuti ndi zake ndipo amagwirira ntchito .ena monga momwe amagwirira ntchito yekha

Lamulo lina lofunika ndi kupewa kupereka umboni wabodza Kuvulaza aliyense mwa kupotoza chowonadi ndi njira ina yowonongera mgwirizano wa anthu Ngati munthu akufuna kuchitiridwa bwino, ayenera kuchitira ena moyenera Chowonadi chiyenera kunenedwa nthawi zonse, koma payenera kukhala kusiyana pakati pa kunena zoona ndi kungonena zoona. Kutchula munthu ngati wolumala kapena wakhungu n'kopweteka komanso kosathandiza; munthu ayenera kuganizira za malingaliro a ena ndikupewa kuwachititsa manyazi. Mofananamo, kuulula chowonadi chomwe chingapereke munthu popanda cholinga chabwino n'kolakwika. Kumbali ina, munthu sayenera kunama kuti apewe kunena zoona; m'malo mwake, munthu akhoza kukhala chete pazochitika zina kuti apewe kuchititsa .manyazi kapena kuvulaza ena

Munthu ayenera kusamala ndi nsanje, matenda oopsa omwe amaluma mtendere wa moyo Munthu akamalakalaka

kwambiri zinthu za ena, amakhala ndi chisoni chachikulu komanso mavuto ambiri. Munthu wansanje amakhala ndi moyo wovuta, osadziwa kukoma kwa mtendere. Ndi bwino kuti adzilemekeze, adzidalire, komanso afune chuma chauzimu chamkati.

Ulemu wa munthu ndi kufunika kwake kwa mkati n’zoposa chilichonse chimene angafune kapena chimene akufuna kukhala nacho. Mulungu amaonekera mwa munthu aliyense m’njira imene sionekera mwa munthu wina aliyense. Nkhope yawo ndi yosiyana ndi ya munthu wina aliyense, ndipo moyo wawo ndi wosiyana ndi wa munthu wina aliyense, chifukwa mkati mwawo muli chuma chachikulu kwambiri cha chilengedwe chonse—ndipo chuma chachikulu chimenecho ndi Mulungu.

Sitikuvutika ndi zakale

Munthu akakhala ndi chikhulupiriro choyenera ndikuchita zinthu moyenera, amakhala wosangalala kuposa anthu opanda chikhulupiriro ndipo sachita ntchito zawo pankhondo ya moyo.

Chikhulupiriro cholimba ndi zochita zolungama (zothandizidwa ndi zolinga zabwino ndi zolinga zabwino) nthawi zonse zimapezeka kulikonse komwe kuli chimwemwe, ndipo zimatayika kulikonse komwe kulibe chimwemwe Kuchokera pa izi, tingathe kunena kuti ndi zinthu ziwiri zofunika kwambiri kuti munthu akhale ndi chimwemwe, zomwe sizingapezeke popanda izo. Amene akufuna chimwemwe amafunika kukhala ndi zinthu ziwiri zofunika kwambiri izi, zomwe ndi maziko ake ndi mizati.

Anthu sangathe kulamulira—pakufuna kwawo—zigawo zopanda malire za chilengedwe chonse, komanso sangathe kuzisintha kapena kuzichotsa Zigawozi zimalukidwa mozama ndi kapangidwe ka moyo wa munthu, ndipo anthu sangathe kugwira ntchito padera ndi iwo Komabe, amatha kulamulira maganizo awo kuti agwirizane ndi zigawozi

Musamuvulaze

Makolo athu anali osangalala kuposa ife osati chifukwa chakuti anali ndi zinthu zambiri za dziko lapansi ndi zosangalatsa kuposa ifeyo panopa, kapena chifukwa chakuti sanali ndi mavuto ambiri a moyo, koma chifukwa chakuti anali ndi maganizo abwino omwe ankawapatsa chitonthozo, .mtendere, kukhutira, komanso chimwemwe mwachidule

Sanadalire zinthu zakunja kuti akhale ndi chimwemwe, komanso sanagonjere zinthu zakunja zomwe zikanawalanda chimwemwecho. Malingaliro awo a chitonthozo, mtendere, chimwemwe, ndi kukhutira anali achibadwa, abwinobwino, athanzi, komanso okhalitsa. Ifenso tiyenera kukulitsa malingaliro amenewa ngati tikufuna kukhala ndi chimwemwe. Ndipo ndani pakati pathu amene safuna ?kukhala nacho

Tsogolo ndi zotsatira za kugwiritsa ntchito ufulu wosankha wakale kapena ufulu wosankha. Kudzera mu machitidwe athu akale a ufulu wosankha, tabweretsa ndipo tikupitiriza kudzibweretsera tsoka ndi tsogolo. Komabe, sitili omangidwa ndi zakale, komanso sitikukakamizidwa kwamuyaya ndi zotsatira za zochita zathu. Tikhoza kugwetsa zomwe tabzala ndikuchotsa zomwe talemba ngati tikufuna ndikuyesetsa kukonza njira yathu ndikukweza ubwino wa zokolola zathu. Ngati tichotsa mbewu za zochita zomwe zili ndi zotsatirapo zowawa ndikubzala m'malo mwake mbewu zoyenera kwambiri chikhalidwe cha moyo, tidzakolola zipatso za chimwemwe kuchokera ku mbewu zabwino zomwe zabzalidwa m'nthaka ya moyo. Tiyenera kugwiritsa ntchito ufulu wosankha tsopano, tsopano osati mawa, ngati tikufuna kupeza chimwemwe chachikulu kapena kuchepetsa .kuvutika ndi ululu

Chifukwa chake, zinthu zomwe zimapangitsa munthu kukhala wachimwemwe zili mwa iye, ndipo chomwe ayenera kuchita ndikungoganizira mozama za equation yomwe siilakwitsa, ndipo zotsatira zake zidzakhala zabwino kwa iye ngati apanga mayeso abwino kwambiri ndikuthana nawo.

Koma munthu amene ali ndi chifuniro champhamvu amakhala wogwirizana ndi Mulungu

Mphamvu yokhazikika ya malingaliro

Mukayang'ana kuwala kwa dzuwa Mwa kuyang'ana lenzi yokulitsa pamalo ang'onoang'ono, imapanga kutentha, ndipo kutenthako kumatha kuyatsa matabwa Nsalu, mapepala, ndi zina zotero Mofananamo, mukayang'ana kwambiri malingaliro anu Mphamvu zake zokhazikika Kuwotcha zoipa ndi mizu ya kukayika, chifukwa cha kulephera konse, ndikupangitsa kuwala kwa nzeru kuwala ndi kuwala ndi kuwala

Pamene lingaliro likugwirizana ndi Mulungu, gwero la ubwino wonse ndi chiyambi cha mphamvu zonse zodala, amazindikira kukhalapo kwa Mulungu ndipo amakhala ndi zinthu zonse za kupambana. Zinthu zimenezi zimagwirizana kwambiri ndi mphamvu yaikulu ya Mulungu, zomwe zimatha .kupanga zifukwa zatsopano zopambana m'munda uliwonse

Mulungu alemekeze ntchito zabwino ndi zabwino zomwe amachita komanso azichita bwino

Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika panthawi inayake ndi pamalo enaake. Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe ananena, zomwe zinamera mizu m'nthaka ya chidziwitso chawo, kumera kukhala chomera ndikubala zipatso zomwe zimasonyeza makhalidwe enieni a malingaliro .ndi zochita zimenezo

Mukayang'ana dzuwa lomwe lili kutali kwambiri mumlengalenga, nyenyezi yaikuluyo imawoneka yaying'ono kwambiri kuposa Dziko Lapansi. Komabe, kukula kwa Dziko Lapansi kuli pafupifupi makilomita 7,900, pomwe kukula kwa dzuwa kuli kokulirapo ka 100. Ngati mungayike dziko lathu lapansi patsogolo pa dzuwa, lingawoneke ngati kadontho kakang'ono poyerekeza ndi dzuwa. Tangoganizirani thambo

lalikulu la dzuwa likukulirakulira mpaka kulemera kwake kwakukulu kukukuta thambo lonse labuluu. Thambo lomwe timaliona ndi chidutswa chaching'ono, kachidutswa kakang'ono, ka mlengalenga wopanda malire komwe kamazungulira chilengedwe chonse. Ngakhale dzuwa litapitiriza kukula mpaka kukhala lopanda malire, silingathe kuphimba zopanda malire. Chinyengo ichi cha chilengedwe chonse cha kuchepa ndi malire chimalepheretsa malingaliro kumvetsetsa kukula kwa chilengedwe chonse, chiyambi .chake, ndi malire ake

Iye amene sagonjera ku miyeso ndi miyeso, amene alibe malire kapena chiyambi, ndiye Mulungu, amene ali paliponse ndipo ali m'malo akutali kwambiri a mlengalenga. Ali m'nyenyezi zakutali, monga momwe alili mkati mwanu ndi mkati mwanga , ndipo amadziwa bwino malo aliwonse omwe alimo. Kaya ndi ang'onoang'ono kapena akuluakulu bwanji. "Kuchokera m'buku lakuti "Cholinga Chachikulu cha Munthu

Mapemphero

Ambuye

Tengani dzanja langa kuchokera mumdima kupita ku kuwala

O bata la chilengedwe

Ndikumva mawu anu m'kulira kwa mitsinje ndi phokoso la mbalame za usiku

Mu kulira kwa mphepo, phokoso la mafunde, ndi mabingu a kugwedezeka

Ambuye wokondedwa

Sindikukulambirani ndi mawu, koma ndi mtima wofuna .kukukondani

Ndiloleni ndione malo anu aakulu

Kukhalapo kwanu kosalekeza kumbuyo kwa chilichonse

Mwina ndidzazindikira kuti ndine gawo la moyo wanu .wosasintha kwamuyaya

Nyanja yosefukira

Ndikanakonda kuti mitsinje yozungulira ya zilakolako
zanga ikadatha kuyenda m'zipululu za zopinga ndi zopinga
Pomaliza, chisokonezo chanu chachikulu chasokonekera
Ndithandizeni kumvera mawu anu, Ambuye
Phokoso la chilengedwe chonse lomwe kugwedezeka
kwa chilengedwe chonse kunachokera
Ndiloleni ndione kukhalapo kwanu kudzera mu mawu
odala (Om - Amen)
nyimbo Yoyera kwa mawu onse odala
Kukulitsa chidziwitso changa pamene ndikumvetsera
nyimbo za moyo
Ndiloleni ndimve ngati nyanja ya cosmic
Ndipo mayendedwe a thupi akuvina pachifuwa pake
Lolani mawu opatulika kwambiri amveke mkati mwanga
Kukulitsa chidziwitso changa kuyambira thupi mpaka
chilengedwe chonse
Ndiloleni ndimve chisangalalo chosatha, chodzaza ndi
zonse
Kuphulika kuchokera ku nyanja ya kuwala kodzaza ndi
madzi
O mphamvu zopanda malire
Nzeru yosatha
Limbitsani moyo wanga ndi kugwedezeka kwanu
kwauzimu
O liwu la mawu odala a cosmic
Konzani zolakwa zanga
Ndikufuna
Tengani dzanja langa kuchokera mumdima kupita ku
kuwala
Nthawi iliyonse ndikaganizira za Inu, Ambuye,
chikhumbo choyaka chimabadwa mkati mwanga, kugwedeza
malingaliro anga ndikuyenda kuchokera mumtima mwanga
kupita ku selo lililonse m'thupi langa, ndikulipatsa chikondi
.chaumulungu

Chikhumbo changa chachikulu ndikufika pamtima panu ndikusangalala ndi kukhalapo kwanu

Ndipo mwadzidzidzi chitseko cha moyo chimatseguka, ndipo ndadzazidwa ndi chisangalalo poona kuwala kwanu !kowala

Zakale sizikudziwika kwa anthu ambiri, kupatulapo anthu ochepa osankhidwa odziwa bwino ntchito. Komabe, kusadziwa kwathu zakale kulinso ndi phindu kwa ife. Pakuti tikanadziwa zonse zomwe tachita m'moyo uno ndi m'miyoyo yakale, tikadagwidwa ndi kuchuluka kwa zochita zathu ndikusokonezeka kwambiri. Inde, chifuniro chathu chingalepheretsedwe ndi mantha, zomwe zingatipangitse kuti tisapitirize kuchita zinthu zathu ndikutisiya titataya mtima. Ngakhale m'moyo uno wapadziko lapansi, kuiwala ndi dalitso lochokera kwa Mulungu, loletsa kukumbukira zakale, makamaka zowawa ndi zopweteka, kuti zisapitirire .kuwononga malingaliro ndi malingaliro athu

Koma mwamwayi, kuwala kwaumulungu komwe kuli mkati mwathu nthawi zonse kumawala ndi chiyembekezo komanso chikhumbo chopitiliza ulendo wosatha wa moyo. Tiyenera kuyamika Mulungu chifukwa cha madalitso awiriwa: .kuiwala zakale ndikuyembekezera tsogolo

Sitiyenera kuganiza kuti tsogolo limaika zopinga pa ufulu wosankha Komabe, tiyenera kuchita zonse zomwe tingathe kuti tipewe zinthu zoipa zomwe anthu ambiri amati ndi tsogolo ndi tsogolo, ndikugwiritsa ntchito ufulu wathu wosankha malinga ndi zikhulupiriro zathu zamkati, bola ngati zikhulupiriro zimenezi zimachokera pa chikhulupiriro cholimba komanso zozikidwa pa malamulo a Mulungu, omwe popanda iwo munthu sangasangalale ndi chimwemwe .chenicheni

Tikayamba ntchito, sitiyenera kuopa mavuto, koma tiyenera kukhala ndi chiyembekezo mpaka pamlingo waukulu, ndi chikhulupiriro chonse kuti palibe chomwe

chingalepheretse kugwiritsa ntchito chifuniro chathu .ndikugwiritsa ntchito ufulu wathu wosankha

Ngati talephera kukwaniritsa cholinga chathu, ndikovomerezeka kuvomereza mosapita m'mbali kuti panali zopinga zomwe tinapanga zomwe zinatilepheretsa kukwaniritsa cholinga chathu. Tiyenera kupirira ndikuwonjezera khama lathu kuti tikwaniritse cholinga chathu. Tiyeneranso kudzitsimikizira tokha kuti ngakhale zopinga ndi zovuta zitakhala zolimba komanso zoopsa bwanji, tili ndi mphamvu zokwanira kuzichotsa ndikuzigonjetsa. Ngakhale titalephera ngakhale titayesetsa bwanji, palibe chifukwa chotaya mtima ndi kukhumudwa, bola ngati tikumvetsa kuti chifuniro cha munthu chili champhamvu kuposa tsogolo, lomwe ndi lopangidwa ndi ife tokha. Chifukwa chake, sitiyenera kusiya kuyesera, ngakhale titalephera kangati, chifukwa nthawi zonse pali zitseko zotseguka. Tiyenera kungopitiriza kuyesetsa ndikubwereza kuyesa mpaka titapambana. Mulungu adzatipatsa thandizo bola ngati tidalira Iye ndikuyesetsa. Iye amene akuyenda panjira adzafika komwe akupita, ndipo iye amene amadalira .Mulungu sadzakhumudwa

Munthu akafuna chinachake, ndipo chilakolako chimenecho chili champhamvu komanso chachangu, chilakolako chimenecho sichichoka m'maganizo mwake, kulikonse komwe akupita komanso kulikonse komwe akuyang'ana, ndipo chilichonse chomwe angachite ndi nkhawa zake. Kudzera mu ntchito yake yosalekeza komanso yopitilira, chilakolako chimenecho chimakhala ndi kutsimikiza mtima kwakukulu komanso mphamvu. Kunong'oneza kwanzeru kumeneku kumakhala kwamphamvu komanso kogwira mtima kuposa kupemphera mwamwambo, komwe sikupitirira kusuntha milomo. Ichi ndi chimene okonda Mulungu amachita; amanong'oneza chikondi chawo kwa Mulungu mosalekeza, ndipo kunong'oneza kwawo kumakhala kochokera pansi pa mtima

komanso kosamveka, pa zochita zawo zonse za tsiku ndi tsiku. Kunong'oneza kumeneku sikuwasokoneza, komanso sikutsutsana ndi ntchito zawo zina. Pamene chilakolako chawo cha Mulungu chikukula, chikondi chawo kwa Iye chimalimba ndikukula, mpaka atakhudza kukhalapo Kwake ndikuwona kuwala Kwake ndi diso la moyo, akumva chisangalalo chachikulu ndikumva mtendere woposa .kufotokozedwa

Mulungu amatipatsa maphunziro omwe timafunikira pamoyo wathu kuti tipindule nawo ndikupeza kumvetsetsa ndi kudziwa. Aliyense amene amapewa maphunziro amenewo adzakakamizika kuwaphunzira Kaya zitenga .nthawi yayitali bwanji

Mayeso aliwonse ndi abwino ngati tiphunzirapo kanthu, ndipo ndi olamulira ankhanza ngati titawononga mwayiwu ndikuugwiritsa ntchito molakwika kudzera mu kudandaula, .mkwiyo, komanso kusaganiza bwino

Tikakhala ndi kumvetsetsa bwino komanso malingaliro abwino pa moyo, zimakhala zokongola Ndipo wopanda mavuto

milandu yamaganizo

Munthu sangakhalebe wonyamulidwa ndi mafunde a chisangalalo kwamuyaya, kapena kumizidwa pansi pa madzi odzaza ndi chisoni, kapena kumizidwa m'kuya kwa kusowa chochita. M'dziko lino lodziwika ndi zinthu ziwiri zosiyana, Munthu wamba amakumana ndi zovuta ndi zovuta. Amadzuka ndi chisangalalo chachikulu ndipo amalowa mu kuya kwa kusakhudzidwa, ndipo amakankhidwa ndi mafunde amphamvu achisoni. Ndipo nthawi zambiri sadziwa za mkhalidwe wina uliwonse wa chidziwitso. Kulola zochitika kuti zisokoneze malingaliro mwanjira imeneyi. Kumatanthauza kupereka chifuniro cha munthu ku tsogolo .losakhazikika komanso losakhazikika

Chomwe munthu amafunikira kuti akhale ndi moyo wopambana komanso wokhutiritsa ndi kukhala ndi maganizo abwino

Izi zitha kuchitika pokhapokha poganizira kwambiri za .maganizo. Kulamulira luso la maganizo

Ngakhale chisoni chachikulu chimachira pakapita nthawi, kotero palibe chifukwa choganizira za chisoni tsiku lililonse la moyo wathu. Chisoni chokhalitsa chifukwa cha wokondedwa wathu sichithandiza iye kapena ife, ndipo sichisintha chilichonse m'chowonadi. Kukhala ndi vuto lodziona ngati wopanda pake kapena kudzilanga Kuganizira zolakwa zakale kapena zolephera n'kopanda phindu Kumangopangitsa moyo kukhala wosasangalatsa komanso kulepheretsa luso la maganizo

Sitiyenera kudzilola kugwera mu dzenje la chizolowezi chosasangalatsa, chifukwa chimenecho ndi mkhalidwe wamaganizo womwe suli bwino, chifukwa umadetsa nkhawa maganizo ndikuwotcha luso lobisika mu ng'anjo ya .kusasamala

Kulephera kuyenera kuchotsedwa mizu yake, ndipo minda ya moyo iyenera kulimidwa mwakhama komanso modzipereka ndikufesedwa mbewu zabwino kuti tikolole .zipatso zambiri ndi thandizo la Mulungu

Chitsulo mu Chaka cha Siliva

Ndinaitanidwa ku chikondwerero cha chikondwerero cha siliva cha banja lomwe linkaoneka ngati limodzi mwa mabanja osangalala kwambiri, koma nditangolowa m'nyumba mwawo ndinamva kuti pali vuto. Ndinapempha ophunzira anga awiri kuti aone momwe amachitirana madzulo, ndipo pambuyo pake anandiuza kuti mwamuna ndi mkazi wake akumwetulirana pamaso pa ena ndipo amalankhulana ndi mawu okoma kwambiri monga "Inde, wokondedwa wanga" ndi "Zachidziwikire, wokondedwa wanga," ndi mawu ena ochezeka. Koma akangoganiza kuti .ali okha, amakangana ndi kulankhulana mawu opweteka

Ndinalankhula nawo ndipo ndinati: Munandiitana kuti ndipite ku phwando lanu, koma mlengalenga ndi wovuta ndipo ndikumva kuti pali kusamvana kwakukulu m'nyumba muno, ndipo zikuwoneka kuti pali chitsulo chambiri mu .chikondwerero cha siliva ichi

Poyamba, anakhumudwa, koma pambuyo pake anavomereza kuti ndinali wolondola ndipo anapepesa. Anapitiriza nati: Kodi mumapindula chiyani mukamakangana ?nthawi zonse

Zikuoneka kuti mukukhala limodzi kuti musunge mbiri yanu monga banja langwiro, koma muyenera kukhala choncho ndi wina ndi mnzake ndikukhala mwamtendere ndi mogwirizana kuti mukhale osangalala komanso kuti mukhale .ndi mtendere wamumtima

Chakudya chamaginito

Anthu akamalankhula za chakudya kapena zakudya, nthawi zambiri amatanthauza chakudya chakuthupi chomwe chimadyedwa kuti chithandize thupi. Komabe, pali mitundu ina ya zakudya zomwe sizili zofunika kwambiri kuposa chakudya chakuthupi, ndipo nthawi zambiri zimakhala zofunika kwambiri, monga chakudya chanzeru kapena chauzimu. Kuchita zinthu m'maganizo kapena kuganizira .kwambiri za maganizo, nzeru ndi kuzindikira zauzimu

Chakudya chakuthupi chimalimbitsa maselo a thupi, pomwe chakudya chanzeru chimadzaza malingaliro ndi malingaliro abwino, ndipo chakudya chanzeru .chimatsitsimutsa moyo ndikukulitsa luso lake

Chakudya cha nzeru nthawi zambiri chimakhala ndi malingaliro omwe munthu amaganiza ndi omwe amalandira .kuchokera kwa ena kudzera mu kulumikizana nawo

Anthu odekha komanso akhalidwe labwino amathandiza .kuti maganizo athu akhale okongola komanso athanzi

N'zosavuta kudziwa ngati munthu amatenga chakudya chake cha nzeru kuchokera pamalo amtendere kapena osokoneza Nkhawa, kuvutika maganizo, ndi chisokonezo

zonse zimachokera ku kugwirizana ndi anthu olakwika, kaya abwenzi kapena achibale. Izi zimayambitsa maganizo odetsa nkhawa komanso kukhumudwa

Thupi limatenga mphamvu ndi mphamvu kuchokera ku zakudya zakuthupi, pomwe zakudya zamaginito zimapatsa thupi ndi malingaliro mphamvu zomwe zimagayidwa mosavuta kuposa zakudya zolimba ndi zamadzimadzi, zomwe sizingasinthidwe mosavuta kukhala mphamvu .yamoyo

Pamene mungathe kusintha umbuli kukhala nzeru, kufooka ndi kufooka kukhala thanzi ndi mphamvu, ndikuyenda molimba mtima komanso molimba mtima - ngakhale nokha - panjira za moyo, ndikukhala ndi chisangalalo chamkati pokhala ndi chikumbumtima chamoyo komanso chosamala, ndi chikhulupiriro chosagwedezeka mu chilungamo cha Mulungu ndi kupambana kwa chabwino pa .choipa ndi chowonadi pa chinyengo

Ndipo mukamayesetsa tsiku lililonse kumasula malingaliro anu ku milingo yapamwamba komanso yowongoka, ndipo muli ndi mtima wachikondi komanso woyamikira, komanso zolinga zabwino kwa ena, thanzi lanu la nzeru lidzakhala lokongola, ndipo mudzakopa nokha zonse zokongola komanso zothandiza, kuchokera ku zinthu, anthu ndi zochitika, zomwe zimafunika kuti mupitirize ulendo .wopita kugombe la chitetezo ndi chitetezo

Mukayesetsa kupeza zomwe mukufuna, ndikukhutira ndi zomwe Mulungu amapereka, mudzakhala olemera mumzimu komanso okhutira kuposa anthu omwe amakonda kwambiri chuma cha dziko lapansi komanso okonda zosangalatsa zake .zosakhalitsa

Munthu akafuna Mulungu, amene ndiye bwenzi lenileni lokha, kuposa mabwenzi onse, zimakhala zotheka kukhazikitsa ubwenzi weniweni m'maubwenzi onse a anthu: .a m'banja, achibale, a m'banja, ndi auzimu

Ubwenzi ndi chinthu chofunikira kwambiri m'banja,
ndipo ubwenzi wapamtima ndi wamaganizo uyenera
kuperekedwa patsogolo, kukondana ndi makhalidwe abwino,
.komanso chikondi chenicheni ndi ubwenzi
Anthu omwe satha kusiyanitsa pakati pa chikondi
chenicheni ndi chilakolako cha kugonana nthawi ndi nthawi
.amakhumudwa
Ukwati ukakhazikitsidwa pa mfundo zabwino komanso
ulemu, umakhala mgwirizano wosangalatsa komanso
wopambana pakati pa miyoyo iwiri yokondana. Ndipo
amagwirira ntchito limodzi kuti achepetse mavuto a moyo
kwa wina ndi mnzake, ndikuchotsa nkhawa zokhala ndi
.chifundo komanso kumvetsetsana
Palibe amene angandilamulire kapena kundichotsera
chifuniro changa, pokhapokha nditalola maganizo ndi zochita
.za ena kundikhudza
Ambuye, ndikudziwa kuti ndili ndi mwayi wosatha
patsogolo panga kuti ndifufuze luso langa ndikupeza
mphamvu zanga zauzimu, ndidzasintha zinthu zakuthupi
ndikukhala ndi zolinga zapamwamba. Ndipo ndidzazindikira
kuti mzimu wokhulupirika uli ndi ine nthawi zonse
Lero ndidzadzaza malingaliro anga ndi chiyembekezo,
ndidzipatula ku zochitika zosasangalatsa, ndipo ndidzachita
zomwe zingasamalire thupi, malingaliro, ndi mzimu mwanjira
.yoyenera komanso yokhazikika
Kuvina kwa moyo ndi imfa kumakhalapo nthawi zonse,
koma ndidzadzimasula kwamuyaya poteteza umunthu
wanga wauzimu Ndipo pamene mphepo yamkuntho ya
mayesero ndi mavuto idzandigwera, ndidzayenda m'chombo
cha moyo wanga Kudutsa nyanja ya moyo Kupita kugombe
lotetezeka, laumulungu
Ndikagwira ntchito ndi kulenga ndidzakumbukira kuti
Mulungu amagwira ntchito kudzera mwa ine; Iye ndiye
Ambuye wa chilengedwe chonse. Ndipo ndimatha
.kulumikizana naye mwa kusinkhasinkha mozama za Iye

Mulungu wanga wokondedwa, ndikuzindikira kuti malingaliro anga adzandibweretsera kulephera kapena kupambana, kutengera lingaliro lomwe ndi lamphamvu kwambiri m'moyo wanga. Chifukwa chake, ndiyesetsa kukumbukira kuti mukundithandiza ndipo .zimandikonzekeretsa pazifukwa zopambana

Masoka ndi mavuto akamandigwera, ndidzakweza mtima wanga ndikulimbitsa kutsimikiza mtima kwanga kuti ndiwagonjetse. Ndidzakhala woona mtima komanso woona mtima muzochita zanga komanso pochita zinthu ndi aliyense, ndipo ndidzamasula malingaliro achikondi ndi mafuno abwino. Kenako Mulungu adzandithandiza ndi .mphamvu zake ndi nzeru zake

Ambuye, ndidzagwiritsa ntchito mphamvu zanga ndi nzeru zanga kuti ndikwaniritse zinthu zazing'ono kaye, .kenako ndipitirire ku zinthu zazikulu

Ngakhale zolinga zonse zakuthupi zitakwaniritsidwa, zimangobweretsa chisangalalo chosakwanira, ndipo kupeza Mulungu ndiye chisangalalo chenicheni chokhacho ndidzapeza malo osungiramo chisangalalo chosatha Ndipo sichimasiya kuyenda ndi kuthamanga, m'minda ya moyo ndi .m'madambo ake obiriwira

Mawu agolide

Chimwemwe ndi ufulu wanga, cholowa changa, ndi chuma changa chobisika cha Mulungu. Nditsogolereni, Ambuye, kuti ndipeze mkati mwanga chuma choposa maloto .a mafumu

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Mulungu wokhala m'mitima amaunikira mwa ophunzira ake - kuchokera mu chifundo chake ndi chifundo chake - nyali zowala za nzeru zomwe zimachotsa mdima wa kusadziwa

* * *

Moyo ndi kayendedwe kanzeru kokhala ndi kayimbidwe kokhazikika. Umapangidwa m'zinthu zopanda moyo, kapena

umatenga mawonekedwe amoyo komanso oyenda. Moyo uli .ndi zonse ndipo umalowerera chilichonse

* * *

O wokondedwa kwambiri, Inu ndinu moyo weniweni, Inu ndinu cholinga changa ndi chikhumbo changa. Mundipangire duwa lokongola m'munda wanu wakumwamba, kapena mkanda wowala mu mkanda wa chikondi chanu chowala, kapena mundipatse ulemu waukulu: malo ang'onoang'ono .mumtima mwanu

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Kulikonse kumene ena amayamikira khama langa pochita zabwino, ndi komwe ndingapereke chithandizo .chabwino kwambiri

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Tiyeni tiluke kapeti yagolide ya maloto okhala ndi ulusi wa silika wa zikumbutso zokoma ndi malingaliro abwino

* * *

Maganizo opanda kanthu [opanda malingaliro abwino komanso olimbikitsa] ndi fakitale ya mavuto, nkhawa, kutaya mtima, ndi kusowa chiyembekezo

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Ngati chikondi cha padziko lonse chikhazikika mumtima mwanu, chidzakubweretserani chimwemwe chosatha komanso chatsopano chomwe palibe china chilichonse chingakupatseni

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Maluwa a moyo omwe akutuluka m'munda wa dziko lapansi ndi okongola kwambiri komanso osangalatsa kuwaona. Koma chokongola kwambiri komanso chokongola kwambiri ndi kasupe wa kukongola ndi nzeru komwe kulipo kwinakwake, komwe tinachokera ndipo komwe tidzabwerera .ndikusakanikirananso

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Wophunzira akadzuka m'mawa, amadzitsimikizira yekha kuti: “Ine sindiri thupi, ndine mzimu wosaoneka… Ine ndine chimwemwe… Ine ndine kuwala… Ine ndine nzeru… Ine ndine chikondi Ndipo ngakhale ndikukhala m'thupi ili, mzimu ”wanga ndi wosafa ndipo sukhudzidwa ndi kuvunda

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Monga momwe mame amathandizira maluwa kuphuka ndi kukula, kukoma mtima kumalimbitsa ubwenzi ndi kukulitsa

* * *

Pali mafunde omwe amawonekera pamwamba pa nyanja ndi mafunde omwe amasowa m'kuya kwake; m'zochitika zonse ziwiri, amakhala mkati mwa nyanja ndipo ali ndi imodzi. Mofananamo, anthu omwe amayandama panthawi ya "moyo" pamwamba pa nyanja ya chilengedwe chonse kapena omwe amasowa mkati mwake pa "imfa" .alinso mkati mwa nyanja yamuyaya

* * *

Kuwunikira kwa mwezi sikuoneka bwino m'madzi ogwedezeka, koma pamwamba pa madzi pakakhazikika, kuwunikira kwa mwezi kumakhala koonekera bwino. Chimodzimodzinso ndi maganizo: pamene kuli bata, mutha kuwona nkhope ya moyo wanu momveka bwino komanso .molondola

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Tumizani, Ambuye, kuwala kwa dzuwa la nzeru zanu kuti kunditsogolere m'masiku anga osangalatsa a chipambano, ndi kuwala kwa mwezi wathunthu wa chifundo .chanu pamene ndikuyenda mu usiku wamdima wa chisoni

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Kusinkhasinkha ndi njira yomwe mumalumikizirana ndi malingaliro a anthu onse, ndipo mukagwirizana ndi chidziwitso chopanda malire chimenecho mudzatha kudziwa .zinsinsi zonse za chilengedwe

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Chikhumbo choyandikira Mulungu ndi kumudziwa sichibwera chokha, koma chiyenera kukulitsidwa, ndipo .moyo ulibe phindu popanda chikhumbo chimenecho

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Moyo wapadziko lapansi ndi malo osakhalitsa, ndipo ntchito yaikulu ya anthu ndikumvetsa cholinga ndi cholinga cha ulendowu. Cholinga chimenecho ndi kudziwa Mulungu, .ndipo sichingakhale china chilichonse

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Mtendere wanu ndi chuma chanu chamtengo wapatali, .choncho musalole aliyense kukulandani chuma chimenecho

* * *

Phunzirani kukhala nokha, otetezeka komanso otetezeka m'linga la makhalidwe abwino ndi kudziona kuti ndinu ofunika

* * *

Chilichonse chilipo chifukwa Mulungu alipo Ndipo chifukwa Iye alipo, inunso mulipo Chifukwa cha kukhalapo Kwake, mumasangalala ndi chitonthozo ndi zosangalatsa za moyo. Chifukwa chake, kuyamikira kwanu Mulungu kuyenera .kukhala kwakukulu

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Mabuku abwino akhoza kukhala chete, aulemu, komanso abwenzi olemekezeka. Musasiye mabuku awa munthawi zovuta, chifukwa sadzakusiyani, mosiyana ndi .abwenzi enieni omwe angakusiyeni

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Aliyense amene ali ndi thanzi labwino, moyo wabwino, komanso maganizo abwino, koma alibe chimwemwe, sanapambane mu moyo. Mukanena moona mtima kuti, "Ndili wokondwa, ndipo palibe amene angandichotsere chimwemwe," mwapeza chithunzi cha Mulungu mwa inu .nokha

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Tsindikani bata ndi mtendere, ndipo tumizani malingaliro achikondi ndi zolinga zabwino zokha ngati mukufuna kukhala mwamtendere ndi mogwirizana Khalani moyo wozikidwa pa chilungamo ndi chipembedzo, ndipo onse omwe miyoyo yawo ikugwirizana ndi yanu adzapindula .kokha pokhala nanu

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Ngati mulibe anzanu, kapena ngati anzanu akuwononga nthawi yanu, kapena ngati simukugwirizana nawo, lolani mabuku [ndi zipangizo] zomwe zili ndi nzeru zikhale anzanu, chifukwa mungathe kudutsa m'mapepala awo kupita kudziko .la malingaliro odabwitsa komanso osangalatsa

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Kupeza Mulungu kumatanthauza kupeza chilichonse chomwe mtima ukufuna, ndipo kukhala wauzimu kumatanthauza kutsegula zitseko za thanzi, chimwemwe, .ndi chipambano

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Mkati mwathu muli mphamvu ya Mulungu yomwe imapanga ndi kuchirikiza moyo wonse ndipo ikuyembekezera kuyatsidwa

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Kuwerenga ndi ntchito yopindulitsa kwambiri yamaganizo; kumaphunzitsa ubongo ndipo kumaupangitsa kukhala wosinthasintha. Kuwerenga kwa ola limodzi kapena awiri tsiku lililonse kudzapatsa aliyense chidziwitso chosiyanasiyana mkati mwa zaka zingapo, malinga ngati asankha mabuku ofunika. Musawononge nthawi kapena kuvulaza luso lanu lamaganizo powerenga mabuku otsika mtengo kapena mabuku osafunikira omwe alibe cholinga .kapena tanthauzo

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Anthu omwe ali ndi zilakolako za anthu adzapeza m'mabuku ofunika mphamvu zatsopano zothandizira anthu

kudzera m'maphunziro omwe ali m'mabuku olembedwa ndi .amuna ndi akazi olemekezeka komanso aluso

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Kuwerenga ndi ntchito yopindulitsa kwambiri yamaganizo; kumaphunzitsa ubongo ndipo kumaupangitsa kukhala wosinthasintha. Kuwerenga kwa ola limodzi kapena awiri tsiku lililonse kudzapatsa aliyense chidziwitso chosiyanasiyana mkati mwa zaka zingapo, malinga ngati asankha mabuku ofunika. Musawononge nthawi kapena kuvulaza luso lanu lamaganizo powerenga mabuku otsika mtengo kapena mabuku osafunikira omwe alibe cholinga .kapena tanthauzo

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Kudzikonda ndi kudzikuza ziyenera kuchotsedwa .chifukwa ndizo zopinga zazikulu pa chidziwitso chauzimu

* * *

Popanda kudziwa Mulungu, dziko lino limawoneka lodzaza ndi mikangano, chiwawa, ndi zokhumudwitsa zopweteka. Chimwemwe chimapezeka mukumva kuti muli pafupi ndi Mulungu

* * *

Iwo amene amadziwa Mulungu amakhala ndi chimwemwe ndi chisangalalo chosatha m'mitima yawo. Chifukwa amamva chitetezo ndi bata lodalitsidwa, mphepo yamkuntho ya mkwiyo singathe kuwagwedeza, ndipo .mantha sangalowe m'mitima yawo

* * *

Mabuku abwino ndi mabwenzi anu apamtima; kudzera mwa iwo, mutha kumva anthu abwino akulankhula nanu mofatsa, kukutonthozani ndikupereka upangiri wabwino kwambiri. Kulephera kukhala ndi chilakolako chenicheni chowerenga mabuku abwino kumatanthauza kutaya cholowa .cha mibadwomibadwo

* * *

Popanda thandizo la Mulungu, anthu adzalephera, chifukwa mphamvu ndi nzeru zofunika kuti apambane pankhondo ya moyo zimachokera ku gwero lopanda malire. Munthu akanyalanyaza Mulungu, amadula chingwe chomwe chimamupatsa thandizo ndi chithandizo chofunikira kuti .apambane

Ofunafuna amene amagogoda pakhomo la mwayi wauzimu adzapeza kuti khomo latsegulidwa kwa iwo chifukwa Mulungu amathandiza iwo amene amadzithandiza .okha

Ukakhala mogwirizana ndi Mulungu, chilengedwe chonse chimakhala mogwirizana ndi iwe

* * *

Chikondi chili ngati pepala lopaka utoto lomwe limapukuta malingaliro ndikuchotsa nkhanza pa khalidwe

* * *

Mukapeza Mulungu mwadzidzidzi kulikonse, ndipo akabwera kwa inu, kukulimbikitsani, ndikukutsogolerani, .nkhani ya chikondi cha Mulungu imakhala itayamba

* * *

Chikondi chiwale m'mitima ndikutumiza kuwala kochiritsa kwa ena

* * *

Yesetsani kudziwa Mulungu muli achinyamata komanso amphamvu, chifukwa mu ukalamba ndi matenda simungathenso kumufunafuna. Anthu akayamba kumvetsetsa tanthauzo lenileni la moyo, thupi lawo limakhala lofooka, ndipo amakhala moyo wawo wonse akusamalira mphamvu zawo zakuthupi zosalimba m'malo .mofunafuna choonadi

* * *

Ndidzatenga zabwino kwambiri kuchokera kwa anthu onse, ndipo ndidzayamikira makhalidwe abwino a mitundu .yonse popanda kuyang'ana kwambiri zolakwa zawo

* * *

Monga momwe timasamalirira kufunika kwa zakudya zomwe timadya tsiku ndi tsiku, tiyeneranso kusamala ndi zakudya zamaganizo zomwe timapatsa maganizo athu tsiku lililonse.

* * *

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mtsinje wochepa ukuyenda mwa iwo popanda kusokonezedwa, kudzazidwa kwawo ndi bata lalikulu. Izi zili choncho chifukwa mtsinje uwu umalumikizidwa ndi gwero lake lapamwamba, kuyenda kosalekeza komwe kumafikira miyoyo mogwirizana ndi gwero limenelo, kuwalola kupereka chimwemwe kwa iwo omwe akulakalaka mtendere.

* * *

Ndi mawu angati abwino ochokera mumtima omwe achotsa chisoni chambiri ndipo ndi mawu angati anzeru omwe awunikira njira zamdima ndi nyali zachisangalalo ndi bata!

* * *

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo zofunika kuchokera kwa iwo. Kupweteka kulikonse ndi mavuto omwe timakumana nawo ali ndi tanthauzo komanso cholinga. Ngakhale kuti izi ndi zovuta, zili ngati moto womwe umasungunula chitsulo, n’kuchisintha kukhala chitsulo chokongola, champhamvu, komanso chogwiritsidwa ntchito m’njira zosiyanasiyana.

* * *

Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu akugwira ntchito, chilichonse chomwe ndimafuna

chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

* * *

Pamene maganizo akunong'oneza Mulungu mokweza komanso mokweza kuchokera pansi pa mtima wa munthu wofunitsitsa, kuyitana kwa mzimu kudzakhudza mtima wa munthu aliyense, ndipo yankho lidzabwera, kubweretsa chisangalalo chachikulu. Kunong'oneza kwanzeru kumeneku kumakulitsa chifuniro mpaka chitakhala ndi mphamvu .zofunikira kuti chikwaniritse cholinga chomwe chikufunidwa

* * *

Maganizo ndi chifuniro cha munthu zikakhala zogwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu ndikokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe akugwirizana ndi chifuniro .chapamwamba

* * *

Kaya nkhawa zathu zili zotani, Mulungu ayenera kukhala woyamba m'miyoyo yathu Chimodzi mwa zinthu zofunika kwambiri pakukula mwauzimu ndi kunong'oneza Mulungu mochokera pansi pa mtima, komwe mudzakumana ndi .kusintha kwakukulu komwe kudzakusangalatsani kwambiri

* * *

Munthu sayenera kugwiritsa ntchito mphamvu zake zonse zamaganizo zomwe Mulungu wamupatsa kufunafuna zinthu zosakhalitsa, apo ayi adzadzitaya yekha mu zovuta za kukonda chuma ndikudzipangira zoletsa ndi zolepheretsa zomwe sazifuna. M'malo mwake, ayenera kugwiritsa ntchito mphamvu zake zamaganizo kuti apeze zofunikira pa moyo ndikuyesetsa kukulitsa luso lake lauzimu kuti asiyanitse chabwino ndi choipa, komanso pakati pa zoipa ndi .zopindulitsa

* * *

Chowonadi chili pamwamba pa malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira imeneyi amamangidwa ndi malingaliro awoawo

* * *

Tsegulani, Ambuye, zipata za mtendere ndipo tetezani malo opatulika a malingaliro anga auzimu ku ziwopsezo za kunong'onezana koipa. Ndipo lolani maluwa a zokhumba zanga aphuke m'munda wa mtima wanga pamene .ndikuyembekezera mbandakucha wa kubwera kwanu

* * *

Chidziwitso cha chiphunzitso sichingathe kupeza * chidziwitso chaumulungu, ndipo ndibwino kuti munthu asawononge nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, apo ayi munthu adzadzipeza yekha pakati pa nkhalango zodzaza ndi .nzeru ndipo sangathe kupitirira malire a ziphunzitso

* * *

Chimwemwe ndi chipatso cha kupambana kwa maganizo pa zochitika zosakhazikika za moyo

* * *

Iye amene Mulungu amamuzindikira akhoza kusadziwika ndi dziko lapansi

* * *

Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso [popanda mayeso enieni], adzakhala ngati chipangizo chojambulira chomwe chimabwereza miyambi ndi kubwereza mawu apamwamba, ndipo ena amamuona ngati katswiri wophunzira, koma chidziwitso choterocho sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, .komanso sichikugwirizana ndi kufika pa uzimu

* * *

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho,

tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

* * *

Tsegulani mitima yanu ku kutsanulira kwa Mulungu kuti kuyende mwa inu ndikudzaza miyoyo yanu ndi madalitso .auzimu ndi ubwino

* * *

Kaya mugwire ntchito yanji komanso zomwe mungachite, kumbukirani nthawi zonse kuti Mulungu ndiye gwero lomwe limakupatsani mphamvu zonse zomwe .mukufunikira kuti mugwire ntchito ndikukwaniritsa

* * *

Ndiloleni ndikukumbukireni, Ambuye, mu umphawi ndi * chitukuko, mu matenda ndi thanzi, mu umbuli ndi nzeru, ndipo ndiloleni ndione kuwala kwanu kodala komwe .kumapereka ubwino ndi machiritso nthawi yomweyo

* * *

Mu malingaliro anga ndekha, ndikulakalaka kumva mawu anu odala. Chotsani kwa ine mawu okhwima, apadziko lapansi obisika m'maganizo mwanga. Ndikufuna kumvetsera mawu anu odekha komanso okoma mtima kwamuyaya mu .mtendere wa moyo wanga

* * *

Moyo uli mumdima, ndipo tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zake zamdima. Iye ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lounikira nthawi ya kudzuka, nyali yowunikira, ndi Nyenyezi ya Kumpoto kwa iwo .oyenda m'nyanja za moyo wapadziko lapansi, wosakhalitsa

* * *

Yakwana nthawi yoti anthu adzuke ku tulo tawo toyiwala kupita ku kudzuka kwauzimu. Tikukupemphani, Ambuye, kuti mukweze chidziwitso chathu kuchokera ku kuya kwa kusamvera ndi kuganiza mopapatiza, kocheperako kupita ku .mtendere, kuwala, chikondi, ndi chifundo cha anthu onse

* * *

Zinthu zidzayenda bwino pamapeto pake chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa munthu, ndipo aliyense amene sakukhulupirira kuti vutoli ndi losatha ndipo akuyesera kulowa ndi maganizo ake ndi chikhulupiriro chake ku zomwe .zili kunja kwa chophimba adzatsegulidwa chitseko

* * *

Chikhulupiriro sichitanthauza kukhala wosasamala kapena kusachita zinthu mwanzeru ndi zochitika. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye amene angathe kumuthandiza pazochitika zovuta ngati atembenukira kwa Iye ndi mtima wake wonse, moyo wake .wonse, ndi malingaliro ake onse

* * *

Ngati malingaliro athu akanatha kutiuza choonadi chonse, tikanaona dziko lapansi ngati mitsinje ya ma elekitironi, ndi fumbi lililonse ngati kuwala kozungulira . Anthu amene amalowa m'dziko la zinthu zakuthupi kupita ku zauzimu amamvetsa chikhalidwe cha chinyengo ndipo .amadziwa tanthauzo la choonadi

* * *

Kaya ali m'nkhalango ya ku Africa, pankhondo, akuvutika ndi matenda kapena umphawi, munthu ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa zilizonse ndipo limatha kuteteza iwo omwe akufuna chitetezo mwa Iye. Palibe njira yothandiza yotetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru

pochita zinthu pamene nthawi yomweyo akudalira thandizo .la Mulungu

* * *

Chikondi chomwe chimakhala m'mitima ya zolengedwa zonse—chikondi cha amayi onse, abambo, abwenzi, ndi .okondedwa—chimachokera ku chikondi cha Mulungu

* * *

Kusiyanitsa pakati pa ntchito zazikulu ndi zazing'ono kuyenera kupangidwa, kuika patsogolo zofunika kwambiri kuposa zofunika zokha. Komanso, palibe ntchito yomwe iyenera kutsutsana ndi ina. Malemba amatiuza kuti ntchito ina ikasemphana ndi ina, ndi umboni wakuti si ntchito .yeniyeni

* * *

Pamene kuwala kwa dzuwa kukufalikira, ndidzafalitsa kuwala kwa chiyembekezo m'mitima ya osauka ndi osiyidwa [amene anthu asiya], ndipo ndidzaika kutsimikiza mtima kwatsopano m'mitima ya iwo amene akuganiza kuti ndi .olephera

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira :ake kuti

Musachotse aliyense mu gulu lanu la chikondi. Sungani" aliyense mumtima mwanu ndipo adzakusungani mu mtima ".mwawo

* * *

Ambuye, ndithandizeni kuti nthawi zonse ndigwiritse ntchito chifuniro changa kuti ndichite zinthu zabwino komanso zabwino

Ndithandizeni kuti ndigwirizane ndi chifuniro Chanu kuti maganizo anga onse agwirizane ndi zolinga zanu ndipo .akhale ogwirizana ndi chifuniro Chanu

Anandithandiza kudzutsa mphamvu yobisika, yodalitsika mkati mwanga kuti ndithe kugonjetsa mavuto ndi mayesero .onse

* * *

Dzukani ku umunthu wauzimu wolimba mtima komanso wodzichepetsa - womwe umaphatikiza mphamvu za mikango ndi kufatsa kwa nkhunda

* * *

Sindidzasamala ndi kudzudzula kowawa, konama, kapena kutamanda ndi kuyamikira kwambiri. Cholinga changa chokha ndicho kuchita chifuniro chanu, Ambuye, .ndikupeza chisomo chanu

* * *

Simungathe kulingalira za chisangalalo chachikulu chomwe chidzakudzazani mukadzamva kukhalapo kwa Mulungu. Moyo wanu udzaledzera ndi chikondi chopanda malire cha Mulungu. Ndi chikondi choposa chikondi chilichonse cha munthu—chikondi chomwe chimakwaniritsa zokhumba zanu zonse ndikudzaza mtima wanu ndi .chisangalalo ndi kukhutira

* * *

Kudzera mu kuyang'ana mkati, mutha kukhala ndi chisangalalo chauzimu mwachindunji mkati mwanu ndi mozungulira inu. Ngati mukulitsa chidziwitso ichi, umunthu wanu udzakula bwino, ndipo mudzakhala ndi mphamvu .yokoka kwa anthu ndi zolengedwa zina

* * *

Inu Mtetezi Wamkulu, sindikusamala ngati nditaya chilichonse chifukwa cha tsogolo langa, lomwe ndidapanga ndekha, koma ndikukupemphani, pothawirapo panga pokha, kuti muteteze nyali ya chikondi changa pa inu ku mphepo ya .kusamvera ndi kuiwala

* * *

Tiyeni timwe madzi oyera, otsitsimula amtendere ochokera m'magwero abwino, olimbikitsidwa ndi kutsimikiza mtima kwathu kuganiza bwino ndikukhala ndi chiyembekezo .chabwino

* * *

Chikumbumtima ndi lingaliro lachibadwa lomwe limavumbula umunthu weniweni wa munthu ndi zolinga zake. Chikumbumtima chanu chikakhala choyera, ndipo mukudziwa kuti mukuchita zabwino, mulibe choopa. Chikumbumtima choyera ndi umboni wa khalidwe labwino lochokera kwa Mulungu. Kumasulidwa m'khoti chifukwa cha chikumbumtima kumatanthauza kukhala ndi chimwemwe .ndi kulandira madalitso a Mulungu

* * *

Yesani kuchita zinthu molimba mtima komanso zosangalatsa zomwe anthu ambiri sachita, ndipo perekani chikondi ndi mtendere kwa iwo omwe ena .amawanyalanyaza

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira :ake kuti

Ngati simutaya nthawi mukukulitsa malingaliro, palibe" kuchuluka kwa chuma chomwe chingakukhutiritseni. Kulima kumeneku si kuzunza koma kuphunzitsa chidziwitso kuti chilimbikitse malingaliro ndi zochita zomwe zimabweretsa ".chimwemwe

***

Chimwemwe chanu ndi kupambana kwanu, choncho musalole kuti wina akubereni Dzitetezeni kwa anthu amene amayesa kukuvutitsani Ndili mnyamata, ndinkataya mtima nthawi iliyonse anthu ena akamafalitsa mabodza okhudza ine. Pambuyo pake, ndinazindikira kuti mtendere wanga wa mumtima ndi wofunika kwambiri kuposa kuvomerezedwa ndi .anthu kapena kusilira kwawo

* * *

Ngati mukanadziwa nkhani ya chikondi cha Mulungu chomwe olambira ena amakumana nacho ndi Mulungu! Palibe china chilichonse chomwe chingafanane ndi chisangalalo chimenecho, ndimadziwa woyera mtima amene nthawi zonse ankakhudzidwa ndi chikondi cha Mulungu,

ndipo nkhope yake inali yowala ngati chikondi choyera. Diso la Mulungu nthawi zonse limakhala pa iwo amene .amamukonda, ndipo samawasiya ngakhale mphindi imodzi

* * *

Ndi ochepa okha omwe ali ndi chidwi chokulitsa mphamvu zawo zamaganizo ndi zauzimu

* * *

Musalole kuti mulowe pansi pa kuzengereza. Imirirani kuchokera ku tulo ta zinthu wamba zosasangalatsa ndikuyamba moyo wabwino kumene kuli kupambana, .chimwemwe, ndi mtendere

* * *

Mkati mwanu muli kuthekera kwakukulu komwe kukuyembekezerani kuyikidwa, ndipo ndinu nokha amene mungathe kuyambitsa ndikupindula nako

* * *

Kumasuka ku zizolowezi zoipa ndi zilakolako zoipa kumabweretsa chisangalalo chachikulu kuposa kupambana kwa zinthu zakuthupi. Mu chipambano cha nzeru muli thanzi labwino la maganizo lomwe zinthu zakunja sizingachotse. Mutha kuthera nthawi yanu yonse mukusonkhanitsa chuma, koma chuma chimenecho sichidzakupatsani mtendere ndi chitetezo chokhalitsa chomwe mukufuna. M'malo mwake, chidzakubweretserani chisoni chachikulu chifukwa chisangalalo chenicheni ndi mtendere zimakhala .m'maganizo, osati m'zinthu zakuthupi

Mukakhazikika mu umunthu wanu weniweni, mumakwaniritsa ntchito iliyonse ndikusangalala ndi zinthu .zonse zabwino ndi chisangalalo cha Mulungu

* * *

Musalole kuti zofooka zilowe m'maganizo mwanu, ndipo samalani mukamacheza ndi anthu omwe ali ndi malingaliro oipa komanso osasangalala, kuti maganizo awo ofooka asalowe m'maganizo mwanu, pokhapokha ngati maganizo anu afika pamlingo winawake kotero kuti malingaliro a ena

sangawafooketse, koma m'malo mwake, amatha kulimbitsa .maganizo a ena ndikuwonjezera kudzidalira kwawo

* * *

Mulungu ndiye amene amatsogolera, ndipo sitiyenera kuyamba kapena kutha tsiku lathu popanda kuganizira za Iye. Tiyenera kukumbukira kuti popanda mphamvu ndi mphamvu zomwe timalandira kuchokera kwa Mulungu, sitingathe kuchita chilichonse. Chifukwa chake, ntchito yathu .yaikulu ndi kwa Iye

* * *

Pali njira yowunikira ndi kuweruza miyambo ndi miyambo Poyamba, miyambo iliyonse inali ndi zifukwa Ngati tikupeza kuti zifukwazo zikadalipo, ndiye kuti mwambowo uli ndi tanthauzo komanso phindu Komabe, si nzeru kutsatira miyambo mwachimbulimbuli Tiyenera kudziwa choonadi ndikuchitsatira, kuzindikira zomwe zingatibweretsere chimwemwe kenako n’kuchigwiritsa ntchito

* * *

Mukaona anthu ambiri akusowa chimwemwe kapena kupambana, musaganize kuti ndicho tsogolo lawo. Mutha kudzipangira chilichonse chomwe mukufuna. Kupambana kwanu kwamkati ndi komwe kumakupangitsani kukhala .opambana

* * *

Ngati mulibe chilichonse mwa inu nokha, simudzakhala okondwa Koma ngati mulibe chilichonse chozungulira inu ndipo muli okondwa mwa inu nokha, mosakayikira mupambana. Chifukwa chake, n'zosatheka kuweruza anthu .kutengera momwe zinthu zilili kunja

* * *

Pakati pa khamu lalikulu la anthu, pakhoza kukhala munthu amene wafika pamlingo wapamwamba wauzimu ndipo amasangalala ndi mtendere wamumtima komanso .chimwemwe chauzimu chachikulu

* * *

Ndikudziwa motsimikiza kuti chilichonse chomwe ndikufuna chidzabwera kwa ine, ndipo chifukwa chake sindidandaula za zomwe zili mtsogolo. Izi si kudzitamandira kapena kunyengerera, chifukwa ndakhala ndikuwona ntchito ndi mphamvu yodala imeneyo m'moyo wanga nthawi zambiri.

* * *

Kaya ndikuyandama pamwamba pa zamoyo kapena kumira m'nyanja, ndikudziwa kuti ndili ndi Mulungu ndipo Iye ali ndi ine, ndipo palibe chomwe chingandivulaze. Chidziwitsochi chandipatsa chisangalalo chosaneneka komanso chachikulu.

* * *

Palibe kukayika kuti kugula chinthu chatsopano ndi chinthu chosangalatsa. Koma pakapita nthawi, chisangalalo chimenecho chimatha pang'onopang'ono, ndipo mungatayike chidwi nacho konse, kuiwala za icho ndi kulakalaka china. Komabe, bilu ya chinthucho sidzaiwalika, makamaka ngati munachigula pang'onopang'ono!

* * *

Munthu ayenera kulamulira moyo wake ndi kuupanga kukhala wosalira zambiri momwe angathere. Ayenera kusunga ndalama zina pa zinthu zofunika komanso zadzidzidzi, kuika patsogolo kusunga ndalama m'malo mogula zinthu zapamwamba, ndi kuthandiza ena momwe angathere. Mukathandiza ena, thandizo lidzabwera kwa inu mwanjira ina, ndipo simudzasowa chilichonse ndipo simudzasowa chilichonse.

* * *

Mu chisangalalo cha mitima yonse, ndimamva kulira kwa chisangalalo Chanu, Ambuye, ndipo mu ubwenzi wa okhulupirika onse, ndimamva chikondi Chanu ndimasangalala ndipo mtima wanga umakondwera ndi kupambana ndi chitukuko cha anzanga, monga momwe ndimasangalalira ndi moyo wanga wabwino komanso

kumasuka kwanga Pamene ndikulimbikitsa nzeru mwa ena, ndimachulukitsa chuma cha nzeru zanga, ndipo mu chisangalalo cha onse, ndimapeza changa

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Mdani wamkulu wa chimwemwe ndi kubwereka ndalama kuti agule zinthu zapamwamba Anthu amakhulupirira molakwika kuti sangakhale osangalala pokhapokha atapeza chinthu china chake. Koma ngakhale atapeza chinthucho, sadzapeza chimwemwe chenicheni, ngakhale chisangalalo cha kanthawi. Kodi cholinga chofunafuna chisangalalo cha padziko lapansi chomwe chimalonjeza kusweka kokha n'chiyani? Anthu ayenera kukhala moyo wosalira zambiri, osafunikira zinthu zambiri zomwe zimafuna chisamaliro .chokhazikika

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Paradaiso wanga ali mkati mwanga Pamene ndikusangalala ndi madalitso a Mulungu, ndimamuyamika, ndipo chimwemwe changa chamkati chimakula Popanda kukhutira kwamkati, ngakhale zosangalatsa zapadziko lapansi ndi zosangalatsa zimakhala gehena, ndazindikira kuti popanda chimwemwe chamkati chimenecho, katundu wa maudindo omwe ndapatsidwa akanandilanda mtendere .wanga ndikundilanda chimwemwe changa

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Ngati chuma chikugwirizana ndi matenda ndi mavuto, zotsatira zake zidzakhala zambiri Ukhondo ndi chisamaliro chaumoyo ndi zina mwa mphamvu za Kumadzulo Tizilombo toopsa ndi majeremusi oopsa amalamulidwa bwino m'maiko otukuka, pomwe ali ambiri m'maiko ena. Koma kuchotsa tizilomboti si chinthu chofunika kwambiri, chifukwa mitundu ina ya mavuto ilipo m'maiko otukuka, monga kulipira ngongole zovuta komanso mavuto azachuma chifukwa cha njira zogulira pang'onopang'ono—mavuto omwe .amasokoneza tulo ndikuwononga mtendere wamumtima

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Ndife gawo lofunika kwambiri la chidziwitso chomwechi .chomwe chilengedwe chachikuluchi chinachokera

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Kodi munayamba mwawonapo gulu la nkhosa? Ngati imodzi mwa izo ilumpha, gulu lonselo limatsanzira mosazengereza Anthu ambiri ali ngati amenewo Winawake angabwere ndi lingaliro kapena kuyambitsa njira yatsopano, ndipo ena nthawi yomweyo amalowa m'gululi ndikulitsanzira. Njira imeneyi yakhalapo kwa mibadwomibadwo. Mtundu uliwonse uli ndi miyambo yake, ndipo sitinganene kuti yonse ndi yolondola kapena yolondola. Koma ndani akudziwa? Mwina miyambo ina ndi .yopanda tanthauzo komanso yopanda phindu

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Pamene mphepo yamkuntho ya malingaliro ichepa, timalowa mu ufumu wa mtendere ndi kukhudza kukhalapo .kwa Mulungu

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Ganizirani za Mulungu, kapena malo okongola omwe amalimbikitsa mtendere, kapena chochitika chosangalatsa komanso chosangalatsa Kuchita zinthu mwanzeru komanso mwamtendere kumalimbitsa mtima komanso kumatsitsimula

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Tikukhala m'dziko lodzaza ndi chisokonezo. Mungaganize kuti ndalama zimatanthauza chisangalalo, koma mukapeza, mumapeza kuti simukusangalala. Mungapeze chuma ndikutaya thanzi lanu (Mulungu alepheretse) Kapena mungakhale ndi thanzi labwino ndikutaya ndalama zanu. Kapena mungakhale ndi chuma komanso thanzi koma mukuvutika ndi mavuto ambiri ndi ena, kupereka kukoma mtima koma kungokumana ndi chidani ndi mkwiyo. Popanda Mulungu, palibe chilichonse .m'moyo uno chomwe chingakukhutiritseni

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Dziko lapansi lasanduka chipinda chozunzira anthu omwe sadziwa dongosolo la Mulungu. Koma mukamaona zokumana nazo za moyo ngati aphunzitsi anu ndikuphunzira kuchokera kwa iwo za chikhalidwe chenicheni cha dziko lino ndi udindo wanu mu sewero la chilengedwe, zokumana nazo zimenezo zimakhala kuunika kwamtengo wapatali panjira .yopita ku chisangalalo chosatha ndi chimwemwe

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Kumeneko, kupitirira mdima wosadetsedwa, bata lopanda phokoso, ndi kusakhalapo kopanda chilengedwe, kuli umunthu wosatha, womwe ndi chiyambi cha kukhalapo ndi gwero la mphamvu zonse ndi zamoyo, zooneka ndi .zosaoneka

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Mulungu sanalenge dziko lapansi lino kuti tidye, tigone, ndi kufa, koma kuti tidziwe chifuniro Chake ndikumvetsa cholinga cha kukhalapo kwathu Anthu ochepa anzeru amvetsetsa tanthauzo la dongosolo la chilengedwe chonse, koma anthu ambiri ndi akhungu ndipo sadziwa cholinga .chimenecho

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Ndalama sizinali cholinga changa m'moyo; cholinga changa chinali kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu anatsegula zitseko zambiri za .mwayi kuti ndidzisamalire ndikukwaniritsa ntchito yanga

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Mulungu adalenga chilengedwechi kuti chizigwira ntchito motsatira lamulo lokhazikika komanso losasintha Ngati tiphwanya malamulo aliwonse a chilengedwe chonsewa, timadzilanga tokha Munthu amene amadumpha kuchokera padenga la nyumba yayitali adzaswa mafupa ake. Chifukwa chake, sitinganyalanyaze lamulo la mphamvu .yokoka popanda kuvutika ndi zotsatira zake

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Tikayang'ana mozama za chitukuko cha dziko lapansi ndi kufufuza zinsinsi zobisika za chitukuko chakale, chithunzi chachikulu chimaonekera, chokhala ndi mizere yolumikizana, mitu yosiyanasiyana, ndi tsatanetsatane wolondola, ndipo timapeza kuti munthu ndi munthu payekha komanso .wokonda anthu nthawi imodzi

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Ngati Mulungu amafuna kuti tizikhala ndi moyo wodziwa zinthu zakuthupi zokha, tikanakhutira ndi zinthu zakuthupi .ndi kukhutira ndi njira za dziko lapansi

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Kuwala kwa chiyero, mtendere, ndi chisangalalo kupitirira maloto kumawala ndikuvina m'kuya kwathu kofunikira

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Ndi chochitika chilichonse chomwe chimawonekera kumwamba kwa miyoyo yathu paulendo wathu wapadziko lapansi, tiyenera kuphunzira momwe tingakulitsire chidziwitso chathu komanso momwe tingamvetsetse bwino zomwe zimatizungulira kapena zomwe timakumana nazo, kenako tidzakhala ndi moyo wabwino komanso kuchita .bwino ndi anthu komanso moyo wathu

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Anthu ambiri amatsanzira ena. Munthu ayenera kukhala woyambirira komanso wolenga, komanso wodziwa zonse .zomwe amachita

Kum'mawa, cholinga chachikulu chakhala kukulitsa chimwemwe chauzimu, pomwe zinthu zakuthupi m'moyo nthawi zambiri zimanyalanyazidwa Kumadzulo, kuli zinthu zina zosangalatsa zakuthupi koma chimwemwe chamaganizo chochepa kwambiri Chomwe chikufunika ndi kulinganiza pakati pa ziwirizi, chifukwa kuyang'ana mbali imodzi yokha ya moyo kumabweretsa kusalinganika .komanso kulephera kuthana ndi zosowa za moyo mwanzeru

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Chimwemwe chachikulu - pambuyo pa chisangalalo chaumulungu - ndi chakuti munthu akhale pamtendere ndi achibale ake apamtima omwe ayenera kukhala nawo tsiku .lililonse pachaka

Anthu amataya nthawi yambiri akuchita zinthu mwachangu komanso mopupuluma popanda kuchita zambiri. Ochepa amaima kaye kuti aganizire ndikuyesera .kumvetsetsa zomwe moyo umapereka

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Tiyenera kugwira ntchito yomanga nyumba zamkati zanzeru m'minda yamtendere yomwe imakula ndi kuwala .ndi maluwa osawerengeka a makhalidwe abwino auzimu

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Mgwirizano wamkati ndi gwero lamphamvu kwambiri ndipo umapanga mphamvu zongowonjezwdwanso

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Poyang'ana moyo, munthu amapeza kuti kupambana sikophweka Moyo nthawi zambiri umakhala wovuta komanso wosakhululuka, ndipo tiyenera kuyesetsa kuti tipeze zofunika pa moyo. Ganizirani za khama lofunika kuti thupi lanu likhale lathanzi komanso lopanda matenda! Ngakhale mutapambana pa izi, kupambana kumeneko ndi kwakanthawi. Thupi—mukhale ndi moyo wautali—lidzaikidwa m'manda. Kufunika kumafuna kulimbana ndi mphamvu zambiri, zamkati ndi zakunja, kuti mukwaniritse zomwe mukufuna. Mphamvu izi zimagwira ntchito mosatopa kuti zikulepheretseni kukwaniritsa chilichonse chofunikira .kwambiri

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Yesetsani kukhala chete pazochitika zonse, ndipo lolani mbewu ya mtendere wanu iphuke ndi chisangalalo ndi .kumwetulira kokhutiritsa

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Ngakhale oyera mtima akuluakulu sapeza chipulumutso chathunthu pokhapokha atagawana chipambano chawo—

zokumana nazo zawo zauzimu ndi chidziwitso chawo chapamwamba—ndi ena mwa kuwathandiza kufika pa kumvetsetsa kwauzimu. Ichi ndichifukwa chake iwo amene afika pamlingo wotere ndi kufika pamlingo wotere amakhala ofunitsitsa kupereka kumvetsetsa kwa iwo amene akufunikira. Ngati mukufuna kupambana kwenikweni, simudzapeza chimwemwe chanu chokha komanso .chimwemwe cha ena

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Aliyense wanzeru akhoza kupeza ndalama Koma ngati ali ndi chikondi mumtima mwake, sangagwiritse ntchito ndalamazo pazifukwa zadyera; m'malo mwake, adzagawana ndi ena Ndalama ndi temberero ndi tsoka m'manja mwa odzikonda ndi osowa, komanso dalitso ndi mphatso m'manja .mwa anthu amtima wabwino komanso opatsa

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Wina angasankhe kukhala chete kwa nthawi yayitali, osalankhula ndi banja lake Ngakhale munthu uyu angapeze mtendere wamumtima, khalidwe lake ndi lodzikonda komanso lowononga chimwemwe cha banja lake. Sangaganizidwe kuti ndi opambanadi pokhapokha ngati okondedwa awo nawonso apindula ndi zomwe akwaniritsa. Mofananamo, kupambana mwakuthupi sikungokhudza ufulu wathu wosangalala ndi chuma chokha; kumaphatikizaponso udindo wathu kwa ena wowathandiza kukonza zachuma ndi .moyo wawo

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Ndatetezedwa kuseri kwa makoma a chikumbumtima changa choyera. Ndatentha zakale zamdima ndipo ndimangoganizira za lero

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Lero ndazindikira kuti ndine mmodzi wa iwo amene ali ndi kuwala kwa zabwino kwambiri ndipo ndine nyali kwa iwo .amene akulimbana ndi mafunde a nyanja ya chisoni

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Anthu ali ndi malingaliro ndi malingaliro osiyanasiyana okhudza kupambana, kutengera zomwe akufuna pa moyo. Sizachilendo kumva anthu ena akuyerekeza kupambana ndi kuba, akunena zinthu monga, "Anali wakuba wopambana!" Izi zikugogomezera kuti kupambana m'mitundu yonse ndi mitundu yake ndikofunikira ndipo kumafunidwa. Komabe, .kupambana kwathu sikuyenera kuvulaza ena

Palinso njira ina yoti tipambane: pamene titha kubweretsa zotsatira zabwino komanso zogwirizana kwa ife eni, tiyeneranso kuphatikiza ena mu kupambana kwathu .ndikugawana nawo zipatso zake

Kupambana kumatanthauza kukhutira ndi kukhutira kwa munthu mkati mwa malo ake Kupambana kwenikweni ndi zotsatira za zochita zozikidwa pa mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika la chisangalalo cha munthu. Ngati tigwiritsa ntchito mfundo imeneyi pa moyo wathu wakuthupi, wanzeru, wamakhalidwe abwino, ndi wauzimu, tidzakhala .ndi tanthauzo lathunthu komanso lokwanira la kupambana

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Pano m'dziko lino lochepa, timaona kutalika, m'lifupi, ndi kuchulukana, koma pali mulingo wina kumene miyeso siilipo; chilichonse chili chowonekera bwino komanso chowonekera —chilichonse ndi chidziwitso ndi kuzindikira Kumva kukoma ndi kuzindikira, monganso kununkhiza Kumverera kwathu, malingaliro, ndi matupi athu ndi mkhalidwe wa chidziwitso Monga momwe timaonera, kumva, kununkhiza, kulawa, ndi kukhudza m'maloto, momwemonso, pamlingo wapamwamba, kodi timakumana ndi malingaliro onsewa ?kudzera mu chidziwitso choyera

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Ambuye, tisangalatseni mwa kumva kuyandikira kwanu, timasuleni ku zilakolako, ndipo tipatseni chimwemwe chamkati chomwe sichimakhudzidwa ndi zomwe zachitika pa .moyo ndi zochitika zake zosintha

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Pamene maganizo athu akugwirizana ndi malingaliro apamwamba, chidziwitso chauzimu chimadzuka mkati mwathu ndipo timakumana ndi zodabwitsa zodabwitsa za .nzeru ndi chikondi cha Mulungu

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Ngati timakonda Mulungu kwathunthu ndikutembenukira kwa Iye ndi malingaliro ndi mitima yathu yonse, tidzamva kuti tili pafupi naye ndipo tidzapeza kuti Iye .ndiye malo abwino kwambiri otetezeka m'moyo

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Mu mlengalenga waukulu komanso wopanda kanthu, muli kulumikizana kwa chilengedwe chonse ndi moyo wosatha womwe umatigwirizanitsa ndi zinthu zonse zamoyo ndi zopanda moyo m'chilengedwe chonse—mafunde a moyo wapamwamba kwambiri omwe akuyenda m'chilengedwe chonse. Kwamuyaya ndiye kwawo kwenikweni komanso malo athu okhalamo kosatha, ndipo kukhala kwathu m'matupi awa ndi kwakanthawi, ngati kupuma kwakanthawi .kwa gulu la anthu oyenda kudutsa m'chipululu

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Tikagwirizana ndi mphamvu zolenga za mzimu, tidzalumikizana ndi malingaliro apadziko lonse lapansi komanso opanda malire omwe angathe kutitsogolera ndikuthetsa mavuto athu. Mphamvu yolenga idzatifikira mosalekeza kuchokera ku gwero lalikulu la umunthu wathu, zomwe zimatithandiza kuti tipambane pa ntchito zathu .zonse

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Chikondi chimakula ndikukula bwino m'malo okhulupirirana, kulolerana, ndi kulemekezana

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Ambuye, tidalitseni ndi kuwala kwa malingaliro oyera ndi zizolowezi zabwino, kotero kuti ngati mdima wa zizolowezi zoipa ndi malingaliro opotoka utifikira,

udzachotsedwa nthawi yomweyo. Tithandizeni kukukondani ndi chikondi chachikulu kotero kuti zinyengo zakuthupi kapena mayesero adziko lapansi sizingatigwire kapena .kutilanda malingaliro ndi mitima yathu

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Zinthu zomwe zimapezeka mosavuta sizimakhala zamtengo wapatali. Timadziwa izi pophunzira miyoyo ya amuna ndi akazi olemekezeka komanso momwe adakhalira opambana pokulitsa luso lawo, kukwaniritsa ntchito zawo, kumanga makhalidwe awo abwino, maphunziro awo ozama, komanso kupewa kudzikonda. Zotsatira zomwe adapeza komanso zomwe adakwaniritsa zinali zazikulu kwambiri .kuposa khama lomwe adachita

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Ufulu weniweni uli mu ufulu wosankha wotsogozedwa ndi nzeru ndipo umathandizidwa ndi kumvetsetsa, kulondola, ndi chifuniro chokhazikika

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Mukadzutsa chifuniro chanu, kutsimikiza mtima kwanu, ndi kuzindikira kwanu, mphamvu zosaoneka zimatulutsidwa kuchokera ku chidziwitso chapamwamba—kudzera mu chidziwitso cha mzimu—kuti zikuthandizeni ndikuwunikira njira zopita ku chitonthozo chamaganizo ndi chimwemwe, .mothandizidwa ndi Mulungu

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Munthu ayenera kutsegula njira za moyo wake kudzera mu khama lake Palibe amene amasankha mwadala kuvutika ndi chisoni m'malo mwa mtendere ndi chimwemwe Kusadziwa ndiye muzu wa kuvutika ndipo chopinga chomwe chiyenera kuchotsedwa ndikuchotsedwa Kusadziwa ndi udzu woopsa, wozika mizu mozama, womwe umamera m'munda wa anthu, kuphimba zomera zabwino komanso zopindulitsa Kusadziwa kuyenera kugonjetsedwa ndi chifuniro chosagwedezeka ndi kutsimikiza mtima kolimba Dothi la maganizo liyenera kulimidwa ndi cholinga chenicheni cha

maganizo [pa zabwino] ndipo mbewu zabwino zimathiriridwa ndi madzi a chikhulupiriro Pamene kuwala kwachikondi ndi kofunda kukuwalira, mbewu ya ubwino idzakula ndikugonjetsa udzu ndi udzu, chifukwa mdima sungakhalepo pamaso pa kuwala

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Zosangalatsa za zinthu zakuthupi zimazimiririka ndi kutha, koma chisangalalo cha Mulungu sichimazimiririka. Ndi chisangalalo cha Mulungu chomwe sichingathe .kufotokozedwa

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Sitiyenera kugwiritsa ntchito njira zolakwika kuti tipeze chimwemwe, komanso sitiyenera kusiya mtendere ndi chuma chauzimu chomwe tili nacho mkati mwathu pofunafuna chitonthozo chabodza komanso moyo wowala womwe ungapachikidwa patsogolo pathu chifukwa cha zochita ndi makhalidwe oipa omwe ali ndi zotsatirapo .zowononga

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Bata ndiye kamera yabwino kwambiri yojambulira kukhalapo kwa Mulungu. Kudzera mu lens ya bata loyera komanso lolunjika bwino, chithunzi chodala chidzawonekera .bwino kwambiri

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Ndipotu, nzeru zonse zili mwa inu nokha ndipo chomwe mukufunikira ndikudziwa bwino za izo

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Kukhutira kumadalira kudzikonza, kotero kuti ena amakufunani m'malo mofunafuna iwo. Chikondi ndi ubwenzi ziyenera kuperekedwa popanda kuyembekezera kapena kufuna kubwezera, chifukwa kuyembekezera kumabweretsa mkwiyo ndi mkwiyo Ngakhale pamene mukuyesetsa kudzikonza, munthu ayenera kukhala yekha, wotetezeka komanso wamtendere mkati mwa linga la makhalidwe .abwino ndi kudziona kuti ndi wofunika

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Mathithi a chisangalalo ndi chiyembekezo atuluke nthawi zonse mumtima mwanga, ndipo madzi awo otsitsimula akhudze onse omwe ndikumana nawo

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Chimwemwe chauzimu chimapanga mumtima chikhumbo chothandiza ena m'njira iliyonse, ndipo chimakulitsa luso loyamikira zosangalatsa zabwino zomwe zimatsogolera ku chimwemwe, motero kuchepetsa .chilakolako cha zosangalatsa zopanda pake

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Kaya udindo wanu ndi wochepa bwanji, umakhalabe wofunikira monga momwe maudindo akuluakulu amathandizira kuti sewero la cosmic lipambane lomwe .mizimu imachita pa siteji ya moyo

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Chikumbumtima cha chilengedwe chonse ndi chidziwitso chathunthu, chopanda malire, chomwe chimadzikonzanso nthawi zonse komanso chosatha mu luso lake, ndipo kudzera mwa inu chimayesetsa kusonyeza mbali .yapadera ya icho chokha

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Ngati mulawa chikondi cha Mulungu ngakhale kamodzi, simudzachisiya chifukwa palibe china chonga icho .m'chilengedwe chonse

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Anthu amene amadziwa Mulungu afika pamlingo wapamwamba kwambiri wauzimu, kotero kuti sakhutira ndi kungopereka uphungu wauzimu kwa ochimwa, koma akhoza - mwa chisomo ndi thandizo la Mulungu - kuwapatsa mphamvu yauzimu yomwe imawathandiza ku zotsatira za .zochita zawo zauchimo

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Zochita zonse zabwino ndi zoyipa zimakhala mkati mwa maselo a ubongo ndipo zimaonekera ngati zizolowezi

zabwino kapena zoyipa kapena zizolowezi m'maganizo. Munthu amene akuvutika ndi zizolowezi zoipa chifukwa chakuti maselo a ubongo wake ali ndi mphamvu ya zizolowezi zimenezo akhoza kudzimasula yekha mwa mphamvu, kusinkhasinkha, kupemphera moona mtima, ndi kutsimikizira kosalekeza mpaka zizolowezi zake zonse zosafunika zitasanduka zizolowezi zabwino za mtendere ndi bata. Izi zimachitika pamene mphamvu ya moyo yoyendetsedwa bwino imagwira ntchito yosintha mawonekedwe osazolowereka a maselo a ubongo, kotero kuti maselowo adzazidwe ndi zonse zabwino, zabwino, .komanso zokongola

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Kumvetsetsa ndi diso lamkati, masomphenya a moyo, ndi telesikopu ya mtima. Ndi mgwirizano pakati pa bata la .maganizo ndi chiyero cha chikumbumtima

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Tsiku lililonse timaona zochitika zosiyanasiyana, ndipo tsiku lililonse limabweretsa phunziro latsopano loti tiphunzire. Munthu akuyembekezeka kuphunzira phunziroli poganizira cholinga chachikulu cha kukhalapo kwake: kuzindikira komwe adachokera komanso maziko a moyo .wake

Tiyeni tigwire ntchito kuti tiiwale chisoni cha m'mbuyomu ndipo titsimikize kuti sitidzachiganizira mozama. Ndi kutsimikiza mtima kosalekeza komanso chifuniro chogwira ntchito, tiyeni tikonzenso miyoyo yathu, tiwonjezere kupambana kwathu, ndikukulitsa mwa ife tokha .makhalidwe abwino ndi makhalidwe abwino

Mulungu ndiye mphamvu yanga ndipo sindikhulupirira mphamvu ina iliyonse

Menyani nkhondo za moyo ndipo pitirizani mpaka kumapeto, osataya mtima Musanene kuti, "Sindingathe kupeza njira, choncho ndisiya kuyesera" Pemphani malangizo ngati mwalakwitsa, koma musasiye kuyesera

Ambiri amavomereza kugonjetsedwa akakumana ndi zopinga Iwo omwe alephera ayenera kugwirizana ndi anthu opambana, osati olephera Khalani otsimikiza mtima kuti mupambane; lolani zimenezo zikhale nzeru zanu m'moyo Tsiku lililonse tiyenera kulimbitsa mphamvu zathu zakuthupi, kuwonjezera mphamvu zathu zamaganizo, ndikudzidziwa bwino ife eni ake kudzera mu kusinkhasinkha, kuganiza bwino, ndi ntchito yabwino komanso yopindulitsa .yomwe imapindulitsa thupi, malingaliro, ndi mzimu pamodzi Mukafuna kukhazikitsa chizolowezi chabwino kapena kusiya choipa, yang'anani kwambiri maselo a ubongo komwe machitidwe a zizolowezi zosiyanasiyana amakhala. Kuti mukhazikitse chizolowezi chabwino, choyamba khalani chete .ndikusinkhasinkha, kupempha chitsogozo cha Mulungu Ikani maganizo anu pa malo okhazikika pamphumi panu, pakati pa nsidze zanu, ndipo tsimikizani mwamphamvu chizolowezi chomwe mukufuna kuyika muubongo wanu. Mukafuna kuchotsa zizolowezi zoipa, ikaninso chidwi chanu pa malo okhazikika pa chifuniro ndipo tsimikizani mwamphamvu kuti mizere yonse yomwe .yakhazikika pa zizolowezizo ikuchotsedwa Ndi cholinga ndi kudzipereka, mutha kuchotsa ngakhale mizere yozama ya zizolowezi zakale zomwe zidakhazikika

Dzitsimikizireni mobwerezabwereza kuti muli ndi mphamvu zochotsera zizolowezi zoipa muubongo wanu. Nthawi yabwino yotsimikizira izi ndi m'mawa kwambiri pamene mphamvu zanu zodziletsa komanso zomwe mumayang'ana kwambiri zili pachimake. Pitirizani kudzitsimikizira kuti muli omasuka ku zolamula zonse, ndipo tsiku lina mudzapeza—ndi thandizo la Mulungu—kuti .mwadzimasuladi ku chizolowezi chomwe mukufuna kusiya Chilichonse chomwe mukuopa, chichotseni m'maganizo mwanu ndipo chisiyeni kwa Mulungu Limbitsani

chikhulupiriro chanu mwa Mulungu ndipo khulupirirani kuti Iye akhoza kukuthandizani, ndipo dziwani kuti mavuto ambiri .amachokera ku nkhawa ndi nkhawa

N’chifukwa chiyani muyenera kuvutika tsopano pamene chinthu chomwe mukuchiopa sichinachitike? Popeza mavuto athu ambiri amachokera ku mantha, ngati tichotsa mantha m’miyoyo yathu tidzamva omasuka ndipo machiritso .adzachitika nthawi yomweyo

Usiku uliwonse, musanagone, dzitsimikizireni kuti Mulungu ali nanu, akukutetezani ndi kukusamalirani. Onani kuwala kwake koteteza kukuzungulirani kuchokera mbali .zonse, ndipo mudzamva chitetezo chake chodabwitsa

Mu seweroli la chilengedwe chonse, anthu amitundu .yonse amachita sewero la moyo pa siteji ya nthawi

Tiyenera kumvetsetsa tanthauzo la moyo popanda kutanganidwa kwambiri ndi ntchito zathu zakanthawi kapena kuganizira kwambiri za maudindo athu akanthawi. Kumvetsetsa kwathu moyo nthawi zambiri kumakhala kolakwika komanso kolakwika chifukwa timakuona kudzera mu maso adyera komanso malingaliro ochepa; ngati titayang'ana ndi maso a mzimu, tikanawona zinthu mosiyana .kwambiri

Tikatsegula diso la nzeru, timaona kuwala kwa Mulungu kozungulira zonse, ndipo m'kuunika kumeneko timazindikira umunthu wathu wauzimu, womwe ndi chiwonetsero cha umunthu wa chilengedwe chonse womwe umafalikira tinthu .tonse ndi mbali zina za chilengedwe chonse

Zoonadi zauzimu zimatizungulira, zikugogoda pa zitseko za maso athu otsekedwa, kutilimbikitsa kuti tiwone kuwala m'malo mwa mdima, kuti tichite zinthu mwanzeru m'malo mwa kusadziwa, kuti tidzaze mitima yathu ndi chikondi m'malo mwa chidani, ndi kugwirizana pokhazikitsa mtendere ndikubweretsa kuchuluka ndi chitetezo padziko lathu.

Tikachita izi, kusadziwa kudzatha, kusiyana kwa dziko lapansi kudzatha, tidzaona umodzi m'kusiyana, ndipo .tidzakhala ogwirizana kwambiri ndi chifuniro cha Mulungu

Ubale wathu ndi Mulungu si wozizira kapena wopanda chikondi, monga momwe ulili pakati pa wolemba ntchito ndi wantchito. Ndife ana Ake, ndipo chisamaliro Chake pa ife chimakhala chokhazikika; Amatimvera nthawi zonse. Ndife gawo lofunika kwambiri la umunthu Wake, ndipo ubale wathu ndi Iye ndi wamoyo komanso wamphamvu. Watipatsa chuma chosatha cha chikondi, kumvetsetsa, kuzindikira, chifuniro chabwino, ndi mphamvu zauzimu, koma ambiri a .ife tawononga chuma ichi pachabe

Mulungu akufuna kuti tikhale otetezeka, mwamtendere, komanso mogwirizana mwaubwenzi, monga momwe ziyenera kukhalira ndi mamembala a banja labwino komanso lachikondi, koma umbombo ndi kuwerengera kwadyera kwamera ndi kuzika mizu m'miyoyo ya anthu ndipo .kwayambitsa kugawikana pakati pa banja

Mulungu akufuna kuti tikhale ambuye, koma tasankha kukhala akapolo Anthu achoka kutali ndi kwawo kumwamba ndipo ataya paradaiso wamkati womva pafupi ndi Mulungu ndi Mulungu pafupi nafe, ndipo sadzatha kupeza paradaisoyo popanda khama lathu Mulungu anatilenga m'chifaniziro .Chake, koma chowonadi ichi chathawa m'maganizo mwathu

Tadzipereka ku chinyengo chakuti tsogolo lathu ndi mavuto ndipo tsogolo lathu ndi chiwonongeko, ndipo tiyenera kung'amba chophimba cha chinyengo ndi lupanga lanzeru kuti tiwone chowonadi chowala kuseri kwa .chophimbacho

Mulungu wandidalitsa ndi chisangalalo m'zaka zonsezi za moyo wanga Kaya anthu akuona kumwetulira kwa chisangalalo pankhope panga kapena ayi, chisangalalo cha Mulungu chili nane nthawi zonse ndipo sichindisiya. Mtsinje waukulu wa chisangalalo umayenda nthawi zonse pansi pa

mchenga wa chidziwitso changa ndipo umatuluka ngati .akasupe odalitsika omwe amathirira minda ya moyo wanga
Zovuta zadzidzidzi za moyo sizingasokoneze mtendere wanga, kapena chiyembekezo cha imfa sichingandichotsere .chimwemwe chauzimu chomwe ndikumva
Zinali zovuta kuti mkhalidwe umenewo ukhale wokhazikika komanso wosasinthika, koma zipatso za mzimu zomwe ndimasangalala nazo tsopano ndikugawana ndi ena .zinali zoyenera khama langa lonse
Ndimaganiza ndi kuchita zinthu motsogozedwa ndi mzimu wa Mulungu. Ndalama sizinakhale cholinga changa m'moyo, koma m'malo mwake kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu wanditsegulira zitseko zambiri zabwino kuti ndidzichirikize ndikukwaniritsa ntchito yanga. Ndipo nthawi iliyonse ndikafuna thandizo, .Mulungu amapereka nthawi yomweyo
Chikhumbo changa chokha ndicho kukutumikirani, ndipo ndicho chifukwa chake ndili pano
Mphamvu ya Mulungu ikugwiranso ntchito m'miyoyo yanu. Mudzaona choonadi ichi nokha chikhulupiriro chanu chikalimbikitsidwa ndipo mudzazindikira kuti chuma chenicheni sichimachokera ku kupambana kwa zinthu .zakuthupi koma kwa Wamphamvuyonse
Mphindi iliyonse yomwe mumakhala ndi Mulungu idzakhala yopindulitsa kwambiri, ndipo chilichonse chomwe mumachita chifukwa cha chikondi ndi kukondweretsa .Mulungu chidzalembedwa kwa inu m'mbiri ya muyaya
Khalani nokha m'maganizo anu akuya ndipo sangalalani ndi mtendere wochokera ku kasupe wa chete
Ngati tifesa ntchito zabwino, timakolola chimwemwe ndi madalitso, ndipo ngati tifesa ntchito zoipa, timakolola .mitundu yosiyanasiyana ya mavuto ndi mavuto
Ntchito iliyonse yabwino ili ngati pickaxe yomwe timakumba nayo mu nthaka ya chidziwitso kuti tipeze kasupe wa chisangalalo cha Mulungu

Phunzirani kulowa mu nyanja ya kudzifufuza ndi kufufuza, kaya pankhani ya mabuku abwino, zikhulupiriro, mavuto, nzeru, kapena chisangalalo chamkati, pozindikira kuti kukhala wekha wamba [woganizira] ndiye mtengo wa .chisangalalo chenicheni

Ngakhale moyo umawoneka wosayembekezereka, wosasinthika, komanso wachinsinsi, wodzaza ndi kukayikira komanso mitundu yonse ya mavuto ndi zovuta, timakhalabe pansi pa chitetezo cha Mulungu nthawi zonse. Sitiyenera kukokomeza zinthu kapena kutaya bata lathu poyang'anizana ndi zochitika, chifukwa ngati tilola mantha kutigonjetsa, timapereka mphamvu ku choipa ndikukulitsa mizu yake, yomwe imakula ndikukula m'nthaka ya mantha .ndi nkhawa

Dzifunseni usiku uliwonse: Kodi mwakhala ndi nthawi yochuluka bwanji ndi Mulungu, mwaganizira mozama bwanji, mwakwaniritsa zinthu zotani, mwachitira ena zinthu zotani, ?komanso mwalamulira zilakolako zanu mozama bwanji

Sitiyenera kuyembekezera kupeza chimwemwe ndi mtendere wosatha m'mayesero a moyo; m'malo mwake, tiyenera kuzifunafuna ndi kuzipeza mkati mwathu. Kenako, zilizonse zomwe timakumana nazo, tidzazithana nazo monga momwe timaonera zomwe wina wakumana nazo mufilimu, .kaya zosangalatsa kapena zopweteka

Munthu akhoza kusintha zonse zomwe anakumana nazo kukhala zovuta komanso zomvetsa chisoni ngati alola maganizo ake kutero. Angakhale ndi thanzi labwino koma osazindikira kufunika kwake. Koma ngati adwala, adzadzichepetsa ndikuyamikira madalitso a moyo wabwino. Tiyenera kuvomereza chisomo cha Mulungu ndikumuyamika chifukwa cha madalitso omwe watipatsa popanda kudikira kuti mavuto atipangitse kuyamikira ndi kuzindikira chisomo .chake

Moyo uyenera kukhala wosakanikirana ndi kusinkhasinkha ndi kuchitapo kanthu Munthu akataya

kulinganiza bwino maganizo ake, amakhala pachiwopsezo cha nkhawa, mitambo ya chisoni, ndi ululu. Ndipo ngati ayesa kuswa malamulo a thanzi, chitukuko, ndi nzeru, .mosakayikira adzavutika ndi matenda, umphawi, ndi umbuli

Tiyenera kusunga zolinga zathu kukhala zoyera, zolinga zathu zikhale zoyera, ndikuchita zinthu m'njira yomwe imatibweretsera mtendere wamumtima, osalola kuti zinthu za m'moyo zisokoneze mtendere wathu ndikuwononga .chimwemwe chathu

Mitima yachisoni ndi malingaliro osweka zimandikopa, ngakhale zitali kutali bwanji

Wonjezerani malire a ufumu wanu wowala wa chikondi kuti pang'onopang'ono muphatikizepo banja lanu, anansi anu, dera lanu, dziko lanu, ndi mayiko ndi zolengedwa zonse .zodziwa bwino ntchito yanu

Tiyeneranso kulimbitsa nzeru zathu ndikukana katundu wa kufooka kwa nzeru ndi makhalidwe abwino komwe kwachokera kwa zaka zambiri. Zonyansa zimenezi ziyenera kutenthedwa ndi moto wa kutsimikiza mtima kwatsopano ndi kuchitapo kanthu kopindulitsa. Ndi njira yomanga imeneyi, munthu wodziperekadi akhoza kufika pamlingo wa ufulu ndi .ufulu

Yambitsani mphamvu zopanda malire zomwe zili mkati mwanu kuti muthe kusewera gawo lanu lolemekezeka pa siteji ya moyo

Munthu akangoyamba kulambira chuma, ndalama, kutchuka, kapena china chilichonse kupatula Mulungu, chimwemwe chimakhala chawo. Anthu amene amaika maganizo awo onse pa zinthu zimenezi kwenikweni amalambira zimenezo, ndipo chifukwa chake sayandikira kwa Mulungu koma m'malo mwake amachoka kwa Iye. Koma anthu amene amaganizira za Mulungu, amaganizira za Iye, ndi kulankhulana naye mumtima mwawo amayandikira kwa

Iye ndipo amasangalala mumtima mwawo mukulankhulana .naye chete

Mulungu yekha ndiye angathe kukwaniritsa maloto a anthu ndi ziyembekezo za chimwemwe chosatha. Chifukwa chake, palibe chomwe chiyenera kuloledwa kutenga malo a .Mulungu mumtima

Pali zizindikiro zopatulika zomwe zingathandize wofunafuna kukumbukira Mulungu ndi kuyandikira kwa Iye. Komabe, ngati munthu ayamba kulambira zizindikiro zimenezi, kuvulala kwake kudzaposa ubwino wake. Kulambira kuyenera kuperekedwa kwa Mulungu yekha, .chifukwa palibe china chilichonse choyenera kulambiridwa

Kaya kulambira kotsatira miyambo kuli kotani, Mulungu amavomereza bola ngati wolambirayo akuchita zimenezi ndi chidziwitso chauzimu komanso kufunitsitsa Iye. Komabe, anthu ambiri samvetsa tanthauzo la kulambira, ndipo maganizo ndi mitima yawo imachoka kwa Mulungu kupita ku .miyambo, motero sapindula kwambiri ndi kulambira kwawo

Olambira oona salola kuti chidziwitso chawo chikhale chokhazikika pa chifaniziro kapena mawonekedwe aliwonse, koma amaika chidwi chawo chachikulu ndi chidwi chawo chonse pa mzimu waumulungu womwe uli kumbuyo kwa .zithunzi ndi mawonekedwe onse

Mulungu ndi wokwanira komanso wopanda malire, ndipo palibe chifaniziro kapena chifaniziro chomwe chingamulowemo

Tinganene kuti Mulungu amadziwonetsera mwa aliyense amene amamukonda moona mtima ndipo ali mogwirizana ndi Iye, chifukwa alipo paliponse ndipo motero alipo mwa aliyense Komabe, si aliyense amene ali ndi mphamvu zowonetsera kukhalapo kwa Mulungu. Dzuwa limawala mofanana pa malasha ndi diamondi, koma diamondi imalandira ndi kuwonetsa kuwala kwa dzuwa, pomwe malasha sangathe

Mofananamo, anthu onse amamizidwa mu kuwala kwa Mulungu, koma ochepa okha ndi omwe amatha kulandira kuwalako ndikukuwonetsa m'maganizo ndi zochita zawo. Kuti achite izi, ayenera kudziyeretsa okha mwa kusinkhasinkha komanso kutsatira ziphunzitso ndi malamulo .a Mulungu

Tikamatchula dzina la Mulungu, tiyenera kudziwa bwino zomwe tikunena. Ngati mutaona maganizo a anthu panthawi yopemphera, mungapeze kuti ambiri akuganiza chilichonse kupatula Mulungu, ngakhale kuti akulankhula dzina Lake! Pemphero lotere ndi lopanda phindu komanso lopanda .phindu

Tikamapemphera, tiyenera kuyesetsa kuyang'ana kwambiri Mulungu, osati kungobwerezabwereza dzina Lake lodala pamene tikulola maganizo athu kuyendayenda. M'modzi mwa azakhali anga ankakonda kupemphera mapemphero awo pa mikanda yopempherera, yomwe nthawi zambiri sankatha kuwapeza. Koma tsiku lina anandiuza kuti ngakhale kuti ankachita chizolowezi chopempherachi kwa zaka makumi anayi, Mulungu sanayankhe mapemphero ake. N'zosadabwitsa! ."Mapemphero" ake anali chizolowezi chodetsa nkhawa

Tikamapemphera, sitiyenera kuganizira china chilichonse koma Mulungu yekha. Tiyenera kuyesetsa kukhala oona mtima polambira ndi kudzipereka popemphera. Kugwiritsa ntchito mikanda yopempherera ndi kutchula dzina la Mulungu nthawi zonse n'kovomerezeka bwino ngati chizolowezicho chimachokera mumtima ndipo chimathandizidwa ndi kuwona mtima ndi malingaliro olunjika. Komabe, chizolowezichi chikhoza kukhala chokha .pakapita nthawi

Tiyenera kunong'oneza dzina la Mulungu m'mitima mwathu, ndi chikhumbo ndi chikondi chaumulungu; uku ndi kulambira koona komwe kumakhudza mtima wa Mulungu. Kutchula dzina la Mulungu mozizira komanso mopanda nzeru

ndi mwano komanso mopanda ulemu. Munthu akamapemphera, mtima ndi maganizo ake ziyenera .kudzazidwa ndi chikondi cha Mulungu

Ambuye, Inu ndinu Nyenyezi Yakumpoto Yakumwamba imene maganizo anga oyendayenda amatsogoleredwa nayo mu nyanja yodzaza ndi mayesero ndi masautso

Kuchita masewera olimbitsa thupi a yoga kumathandiza kuyandikira kwa Mulungu, gwero lalikulu la ulemerero ndi ulemerero, monga momwe kumathandizira kuganizira za .Mulungu ndikulankhulana naye

Ndikofunikira kupatula tsiku limodzi pa sabata kuti mupumule mwauzimu (ngati n'kotheka) kuti muganizire za Mulungu ndikukhala ndi mtendere wamumtima. Nthawi yogwiritsidwa ntchito mwanjira imeneyi idzakhala mankhwala otonthoza mavuto ndi nkhawa zomwe .mumakumana nazo mkati mwa sabata yonse

Aliyense amafunika kukhala tsiku limodzi sabata iliyonse ali payekha kapena "kupumula mwauzimu" kuti achiritse mabala ndi ululu wawo wamaganizo Pamene tsiku limenelo lidzakhala la mtendere, chisangalalo, ndi kukhutira, .mudzaliyembekezera mwachidwi sabata ndi sabata

Kukhala wekha ndiye mtengo wa ukulu Mudzadabwa ndi zotsatira zabwino zomwe zidzapezeke m'maganizo mwanu, thupi lanu, ndi moyo wanu kudzera mu kubwerera kwauzimu kumeneku ndi kulumikizana ndi mzimu wanu komanso ndi Mulungu. Ngati mukufuna kukhala ndi chimwemwe chenicheni, muyenera kudzimiza mu nyanja yamtendere wa Mulungu m'mawa kwambiri mukadzuka, komanso .musanagone usiku

Anzeru aku India amalangiza osati tsiku limodzi lokha lokha lokha lokha lokhala paokha, komanso amagogomezera kufunika kosinkhasinkha mwakachetechete nthawi zinayi tsiku lililonse. M'bandakucha, asanadzuke ndi kuonana ndi aliyense, munthu ayenera kusangalala ndi bata ndi mtendere. Masana, munthu ayenera kutonthoza maganizo

ake asanadye nkhomaliro, ndikusangalalanso ndi nthawi yamtendere asanadye chakudya chamadzulo. Pomaliza, asanagone usiku, munthu ayenera kulowa mumtendere .kachiwiri

Anthu amene amasunga chete mosamala akakhala okha komanso nthawi zonse zinayi izi za tsiku ndi tsiku adzakumana ndi mgwirizano ndi Mulungu. Anthu amene sangathe kusunga nthawi zonsezi ayenera kudzipereka maola osachepera a m'mawa ndi madzulo pa izi. Mwa kuchita zimenezi, miyoyo yawo idzasinthidwa kukhala yabwino, ndipo adzakhala ndi chimwemwe chenicheni; .zomwe akumana nazo ndiye umboni wabwino kwambiri

Ngati mupitiriza kulemba ndi kusaina macheke popanda kuyika ndalama zokwanira kubweza akaunti yanu ya banki, ndalama zanu zidzatha. Chimodzimodzinso ndi moyo wanu. Popanda kusunga mtendere nthawi zonse mu akaunti yanu ya moyo, mphamvu zanu zidzatha, mtendere wanu udzatha, ndipo chimwemwe chanu chidzatha. Mwachidule, pamapeto pake mudzavutika ndi mavuto amaganizo, amaganizo, akuthupi, komanso auzimu. Koma kusinkhasinkha mozama tsiku ndi tsiku pa Mulungu kudzadzaza akaunti yanu .yamaganizo

Wofunafuna Mulungu wodzipereka amasinkhasinkha tsiku ndi tsiku, kulankhulana ndi Mulungu ndi chikondi chonse ndi chikhumbo chonse mumtima mwake, kumupempha kuti adziwulule yekha. Ngati ndinu wokonda Mulungu ndipo mukufunitsitsa kuona kukhalapo kwake, muyenera kumiza maganizo ndi thupi lanu mu mtendere wake, ndipo moyo wanu udzakusangalatsani, ndipo zinthu .zanu zidzayenda bwino m'njira zambiri

Munthu wodekha salakwitsa kawirikawiri, ndipo amapambana pamene ena ambirimbiri amalephera

Iwo amene saganizira za Mulungu kapena kumusamalira amakhala okhumudwa komanso omvetsa chisoni. Amakwiya .msanga ndipo amakhala makina oyendera

Dzuwa la nzeru ndi mtendere lidzatuluka mumlengalenga wa bata ndipo lidzakuyeretsani mu kuwala kwake kochiritsa malinga ngati muchita khama lauzimu .ndikupereka malo oyamba kwa Mulungu mumtima mwanu

Mwezi umodzi umawala kwambiri kuposa nyenyezi zonse pamodzi. Dzuwa, lomwe limawoneka laling'ono, limachotsa mdima kuchokera kudera lalikulu kuposa lokha nthawi mamiliyoni ambiri. Mofananamo, munthu wabwino, mwa kukhalapo padziko lapansi, amatulutsa kugwedezeka komwe kumatsutsana ndi kusokoneza kugwedezeka .kwakukulu komwe kumachokera kwa anthu oipa

Tsiku losinkhasinkha liyeneranso kukhala tsiku lopumula m'maganizo ndi mwakuthupi komanso kulimbikitsa mtendere wamumtima. Ntchito iliyonse yomwe imabweretsa .nzeru ndi mtendere ndi ntchito yodalitsidwa patsikulo

Ponena za kulemekeza makolo, mabuku opatulika amalimbikitsa kuwachitira zabwino: “Lemekeza atate wako ”ndi amako” ndi “Khalani okoma mtima kwa makolo

Makolo aumunthu ayenera kulemekezedwa monga oimira Mulungu, amene anawapatsa mphatso yolenga anthu. Mayi ndiye chitsanzo cha chikondi choyera cha Mulungu, chifukwa mayi wachikondi amakhululukira kulikonse komwe wina sangachite. Atate ndiye chiwonetsero cha nzeru za .Mulungu ndi mtetezi wa ana Ake

Munthu sayenera kukonda atate wake ndi amayi ake kupatula Mulungu, koma monga chisonyezero cha chikondi Chake choteteza ndi chanzeru. Mzimu waumulungu wapamwamba umakhala bambo ndi mayi kuti athandize mwana; chifukwa chake, uyenera kulemekezedwa mwa .makolo

Malemba amatilangizanso kuti tisaphe chifukwa cha kupha, chifukwa munthu amakhala wakupha. Munthu sayenera kupha munthu wina mumphindi yachisoni. Komabe, ngati okondedwa ake akuopsezedwa, munthu ayenera kumenyana kuti ateteze anthu omwe Mulungu

wawapatsa, chifukwa ndi udindo wopatulika kuteteza banja .lake ndi dziko lake

Ponena za lamulo loletsa chigololo, cholinga chabwino kwambiri cha kugonana chiyenera kukhala kubereka ana olengedwa m'chifaniziro cha Mulungu ndi kusonyeza chikondi choyera chomwe okwatirana amamva omwe amaona Mulungu mwa wina ndi mnzake. Anthu omwe amakhala ndi moyo wokhawokha, osaganizira za chikondi chenicheni kapena cholinga chapamwamba chomwe chilakolako chogonana chinapangidwira, amachita chigololo motsatira lamulo ili. Pankhaniyi, sasiyana ndi nyama zomwe zimakhutiritsa chilakolako chawo chogonana kenako n’kupita .patsogolo

Mulungu adalenga chilakolako cholenga ichi mwa amuna ndi akazi kuti abereke ndi kusonyeza chikondi chenicheni m'banja, ndipo sichiyenera kugwiritsidwa ntchito molakwika mwanjira ina, koma m'malo mwake chisandulike .kukhala ntchito yopatulika ndi chidziwitso

Ngati mungathe kulamulira ndikugawa mphamvu zogonana mkati mwanu, mudzatha kukulitsa luso lamphamvu la maganizo polemba, kujambula, kapena .kuwulula maluso obisika m'njira zina zambiri

Ndipo mukadzatha kulamulira ndikusintha zochita zanu zauzimu, mudzakhala ndi mtendere waukulu, chikondi .chachikulu, ndi chimwemwe chauzimu chowonjezeka

Oyera mtima ndi atsogoleri auzimu omwe asintha machitidwe awo ogonana mwauzimu ndi zimphona zomwe zimatha kuchita zodabwitsa komanso zodabwitsa padziko .lapansi komanso pofunafuna choonadi mopanda nzeru

Motero, kugwiritsa ntchito kwambiri chilakolako chogonana ndiko kukweza mphamvu zake, kutanthauza kuti, kupititsa mphamvu zake ku cholinga chapamwamba kuti awonetse nzeru, malingaliro apamwamba, ndi mfundo zauzimu Munthu sayenera kusangalala ndi malingaliro ogonana kapena kulakalaka zomwe siziloledwa. Kudziletsa

kwamtunduwu kukakwaniritsidwa, munthu adzakhala ndi malingaliro abwino pa kugonana ndi cholinga chake .chapamwamba

Kukhala kapolo wa nkhani zogonana kumatanthauza kutaya thanzi, kudziletsa, ndi mtendere wamumtima, ndipo mwachidule, zinthu zonse zomwe zimapangitsa munthu kukhala ndi chimwemwe

Mabuku opatulika amatilimbikitsanso kuti tisabe Ngati gulu la anthu chikwi likanaberana, aliyense adzakhala ndi adani 999 Chifukwa chake, munthu sayenera kuphwanya ufulu wa ena, kapena kulanda malo awo, mtendere, chikondi, ulemu, kapena chilichonse mwa zinthu zawo zakuthupi kapena zauzimu Ngati simukufuna kutenga zomwe si zanu, zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu Kuba kumayambira m'maganizo munthu akayamba kuchitira nsanje ena Mbewu za zilakolako zoipa ziyenera kuchotsedwa m'maganizo Kukoma mtima kwauzimu ndiyo njira Kenako, munthu adzakopa chuma mwachibadwa, ndipo madalitso adzabwera kwa iye kuchokera ku magwero omwe amadziwa ndi magwero omwe sadziwa Ili ndi lamulo la Mulungu losalephera Ponena za akuba ndi anthu odzikonda, amakhala moyo wawo wonse akufunafuna zinthu zakuthupi, maso awo nthawi zonse pa zomwe ena ali nazo, ngakhale ndalama zawo zitadzaza ndi golide

Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe

Chimwemwe chimabwera pokhapokha ngati munthu akugwirizana ndi ena. Chimachitika munthu akamamva zosowa za ena ngati kuti ndi zake ndipo amagwirira ntchito .ena monga momwe amagwirira ntchito yekha

Lamulo lina lofunika ndi kupewa kupereka umboni wabodza Kuvulaza munthu mwa kupotoza chowonadi ndi njira ina yowonongera mgwirizano wa anthu Ngati munthu akufuna kuchitiridwa bwino, ayenera kuchitira ena

moyenera. Chowonadi chiyenera kunenedwa nthawi zonse, koma kusiyana kuyenera kupangidwa pakati pa kunena chowonadi ndi kungonena zoona. Kutchula munthu ngati wolumala kapena wakhungu n'kopweteka komanso kovulaza; munthu ayenera kuganizira za malingaliro a ena ndikupewa kuwachititsa manyazi. Mofananamo, kuulula chowonadi chomwe chingapereke munthu popanda cholinga chabwino nakonso n'kolakwika. Kumbali ina, munthu sayenera kunama kuti apewe kunena zoona; m'malo mwake, munthu akhoza kukhala chete pazochitika zina kuti apewe .kuchititsa manyazi kapena kuvulaza ena

Munthu ayenera kusamala ndi nsanje, matenda oopsa omwe amaluma mtendere wa moyo Munthu akamalakalaka kwambiri zinthu za ena, amakhala ndi chisoni chachikulu komanso mavuto ambiri. Munthu wansanje amakhala ndi moyo wovuta, osadziwa kukoma kwa mtendere. Ndi bwino kuti adzilemekeze, adzidalire, komanso afune chuma .chauzimu chamkati

Ulemu wa munthu ndi kufunika kwake kwa mkati n’zoposa chilichonse chimene angafune kapena chimene akufuna kukhala nacho. Mulungu amaonekera mwa munthu aliyense m’njira imene sionekera mwa munthu wina aliyense. Nkhope yawo si yofanana ndi ya wina aliyense, ndipo moyo wawo si wofanana ndi wa wina aliyense, chifukwa mkati mwawo muli chuma chachikulu kwambiri cha chilengedwe chonse—ndipo chuma chachikulu chimenecho .ndi Mulungu

Tikufuna kuti miyoyo yathu iwonekere ndikukula ndi ntchito zabwino, ikhale ndi fungo lokoma la chisangalalo ndi chimwemwe, ndikukhala ndi moyo kosatha m'chikumbukiro .cha iwo omwe amatiyamikira

Munthu akakhala ndi chikhulupiriro choyenera ndikuchita zinthu moyenera, amakhala wosangalala kuposa

anthu opanda chikhulupiriro ndipo sachita ntchito zawo .pankhondo ya moyo

Chikhulupiriro cholimba ndi zochita zolungama (zothandizidwa ndi zolinga zabwino ndi zolinga zabwino) nthawi zonse zimapezeka kulikonse komwe kuli chimwemwe, ndipo zimatayika kulikonse komwe kulibe chimwemwe Kuchokera pa izi, tingathe kunena kuti ndi zinthu ziwiri zofunika kwambiri kuti munthu akhale ndi chimwemwe, zomwe sizingapezeke popanda izo. Amene akufuna chimwemwe amafunika kukhala ndi zinthu ziwiri .zofunika kwambiri izi, zomwe ndi maziko ake ndi mizati

Anthu sangathe kulamulira, kusintha, kapena kufufuta zinthu zopanda malire za chilengedwe chonse mwakufuna kwawo. Zinthuzi zimalumikizidwa mozama ndi moyo wa munthu, ndipo anthu sangathe kugwira ntchito padera. Komabe, anthu amatha kulamulira maganizo awo kuti .agwirizane ndi zinthuzi ndikupewa kuvulala nazo

Makolo athu anali osangalala kuposa ife osati chifukwa chakuti anali ndi zinthu zambiri za dziko lapansi ndi zosangalatsa kuposa ifeyo panopa, kapena chifukwa chakuti sanali ndi mavuto ambiri a moyo, koma chifukwa chakuti anali ndi maganizo abwino omwe ankawapatsa chitonthozo, .mtendere, kukhutira, komanso chimwemwe mwachidule

Sanadalire zinthu zakunja kuti akhale ndi chimwemwe, komanso sanagonjere zinthu zakunja zomwe zikanawalanda chimwemwecho. Malingaliro awo a chitonthozo, mtendere, chimwemwe, ndi kukhutira anali achibadwa, abwinobwino, athanzi, komanso okhalitsa. Ifenso tiyenera kukulitsa malingaliro amenewa ngati tikufuna kukhala ndi chimwemwe. Ndipo ndani pakati pathu amene safuna ?kukhala nacho

Tsogolo ndi zotsatira za kugwiritsa ntchito ufulu wosankha wakale. Kudzera mu machitidwe athu akale a ufulu wosankha, tabweretsa ndipo tikupitiriza kudzibweretsera tsoka ndi tsogolo. Komabe, sitili omangidwa ndi zakale, komanso sitikhala oletsedwa ndi zotsatira za zochita zathu. Tikhoza kugwetsa zomwe tabzala ndikuchotsa zomwe talemba ngati tikufuna ndikuyesetsa kukonza njira .yathu ndikukweza ubwino wa zokolola zathu

Ngati tichotsa mbewu za zochita zomwe zimakhala ndi zotsatirapo zowawa ndikubzala m'malo mwake mbewu zoyenera kwambiri chibadwa cha mzimu, tidzakolola zipatso za chimwemwe kuchokera ku mbewu zabwino zomwe zabzalidwa m'nthaka ya mzimu. Tiyenera kugwiritsa ntchito ufulu wosankha tsopano, tsopano osati mawa, ngati tikufuna kupeza chimwemwe chachikulu kapena kuchepetsa kuvutika .ndi ululu

Chifukwa chake, zinthu zomwe zimapangitsa munthu kukhala wachimwemwe zili mwa iye, ndipo chomwe ayenera kuchita ndikungoganizira mozama za equation yomwe siilakwitsa, ndipo zotsatira zake zidzakhala zabwino kwa iye .ngati apanga mayeso abwino kwambiri ndikuthana nawo

Ambuye, moyo wanga udzazidwe ndi mphamvu zanu, mtima wanga udzazidwe ndi kukhalapo kwanu kotonthoza ndi chifundo, maganizo anga adzazidwe ndi nzeru zanu, ndipo moyo wanga udzazidwe ndi chidziwitso chanu .chaumulungu

M'nthaka ya mitima yanu, mbewu za chikondi zimamera. Thirirani mbewu zimenezo ndi madzi a chikondi .cha padziko lonse ndi chifundo cha padziko lonse

Mphamvu ya maganizo ndi yopanda malire ndipo, ngati muganizira mozama za nkhani iliyonse, mudzapeza yankho .la funso lililonse lokhudzana ndi nkhaniyo

Ngati munthu adzipereka ntchito ndi zochita zake zonse kutumikira ena ndikuzikwaniritsa ndi maganizo okhutira, .ndiye kuti ayenera kuganiziridwa ndi kuyamikiridwa

Sitiyenera kukhala ndi mbali imodzi. M'malo mwake, tiyenera kulinganiza zochita zathu ndikuyika patsogolo ntchito ndi maudindo athu, malinga ndi kufunika kwa .chilichonse

Udindo ndi ntchito imene munthu amachita mosangalala osati chifukwa cha phindu la zinthu zakuthupi, ndipo udindo wauzimu ndi wamakhalidwe abwino uyenera kukhala .woyamba m'moyo

Munthu aliyense ali ndi mphamvu zomwe sanazigwiritse ntchito. Ali ndi mphamvu zonse zofunika. Maganizo okha ndi amphamvu kwambiri, ndipo ayenera kumasulidwa ku .zizolowezi ndi malingaliro akale komanso oletsa

Mphamvu ya mapulaneti ndi nyenyezi pa moyo wa anthu imayambitsidwa ndi mphamvu zokopa ndi .kusokonezana pakati pa mapulaneti ndi matupi a anthu

Maganizo oipa amatsogolera munthu kumalo oipa komwe angathe kudziwonetsera malinga ndi zomwe akufuna Komabe, munthu akhoza kusintha maganizo ake ndi chidziwitso chake pogwiritsa ntchito mphamvu ya chifuniro, ndipo motero, malo ake Ngati munthu akhalabe m'malo oipa kwa nthawi yayitali, malo amenewo amayamba kumukhudza mosazindikira Pakapita nthawi, amataya ufulu wawo wosankha malo abwino komanso abwino ndikukhala pansi pa zisonkhezero zoipa za malo oipa amenewo. Koma anthu omwe ali ndi mphamvu ya chifuniro champhamvu, kumbali .ina, amagwirizana ndi Mulungu

Mphamvu yokhazikika ya malingaliro

Mukayang'ana kuwala kwa dzuwa kudzera mu galasi lokulitsa pa mfundo yaying'ono, kumatulutsa kutentha, ndipo kutenthako kumatha kuyatsa matabwa, nsalu, mapepala, ndi zina zambiri. Mofananamo, mukayang'ana bwino maganizo anu, mphamvu zake zokhazikika zimatha kuwotcha mizu ya

kukayikira kumbuyo kwa kulephera kulikonse ndikulola .kuwala kwa nzeru kuwala kwambiri

Maganizo akagwirizana ndi Mulungu, gwero la zabwino zonse ndi chiyambi cha mphamvu zonse zodala, amazindikira kukhalapo kwa Mulungu ndipo amakhala ndi zinthu zonse za kupambana. Zinthu zimenezi zimagwirizana kwambiri ndi mphamvu yaikulu ya Mulungu, zomwe zimatha .kupanga mwayi watsopano wopambana m'munda uliwonse

Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika panthawi inayake ndi pamalo enaake. Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe ananena, zomwe zinamera mizu m'nthaka ya chidziwitso chawo, kumera kukhala chomera ndikubala zipatso zomwe zimasonyeza makhalidwe enieni a malingaliro .ndi zochita zimenezo

Mayesero ndi mavuto sizibwera kudzaswa munthu kapena kulepheretsa chifuniro chake, koma kuti zimuthandize kuzindikira ukulu wa Mulungu ndi kulemekeza malamulo Ake, omwe angawathandize kupeza chimwemwe chenicheni. Mulungu satumiza mayesero awa ovuta chifukwa chakuti ndi opangidwa ndi anthu. Chomwe chikufunika kwa anthu ndi kudzutsa chidziwitso chawo kuchokera ku tulo ta kusamvera ndi kutuluka mu mdima wa kusadziwa kupita ku .kuwala kwa chidziwitso

Nthawi zambiri, malingaliro athu amatilonjeza zosangalatsa zakanthawi kochepa koma pamapeto pake amatibweretsera ululu ndi kuvutika kwa nthawi yayitali. Ubwino weniweni ndi chisangalalo, komabe, zimalonjeza zochepa, koma pamapeto pake zimatipatsa chisangalalo choyera komanso chokhalitsa. Ichi ndichifukwa chake ndimaona chisangalalo chamkati, chokhalitsa kukhala chisangalalo chenicheni, ndi zosangalatsa zakanthawi .kochepa kukhala zosangalatsa chabe

Mukayang'ana dzuwa kuchokera kutali kwambiri mumlengalenga, nyenyezi yaikuluyo imaoneka yaying'ono kwambiri kuposa Dziko Lapansi

Komabe, kukula kwa dziko lapansi ndi pafupifupi makilomita 7,900, pomwe kukula kwa dzuwa ndi kwakukulu nthawi zana kuposa kwa dziko lapansi. Ngati mungayike dziko lathu lapansi patsogolo pa dzuwa, lingawoneke ngati .kadontho kakang'ono poyerekeza ndi dzuwa

Tiyerekeze kuti mphamvu yaikulu ya dzuwa ikukula ndikukula mpaka thunthu lake lalikulu litameza thambo lonse labuluu. Thambo limene tikuliona ndi gawo laling'ono chabe, kwenikweni kachidutswa kakang'ono, ka mlengalenga komwe kakuzungulira chilengedwe chonse .chopanda malire

Ngakhale dzuwa litapitirira kukula ndi kutambasuka mumlengalenga kwamuyaya, silingathe kuphimba zinthu .zopanda malire

Chinyengo cha chilengedwe chonse cha kuchepa ndi malire chimalepheretsa malingaliro kuzindikira kukula kwa chilengedwe chonsecho

Kodi kusakhalapo konseku kunachokera kuti, ndipo ?malire ake ndi ati

Iye amene sali pansi pa miyeso, amene alibe malire kapena chiyambi, ndiye Mulungu, amene ali paliponse ndipo amakhala kutali kwambiri mumlengalenga. Ali mu nyenyezi zakutali, monga momwe zilili mkati mwanu ndi mkati mwanga, amadziwa bwino malo aliwonse omwe ali, mosasamala kanthu kuti ndi ang'onoang'ono kapena akulu .bwanji

Zakale sizikudziwika kwa anthu ambiri, kupatulapo anthu ochepa osankhidwa odziwa bwino ntchito. Komabe, kusadziwa kwathu zakale kulinso ndi phindu kwa ife. Pakuti tikanadziwa zonse zomwe tachita m'moyo uno ndi m'miyoyo yakale, tikadagwidwa ndi kuchuluka kwa zochita zathu ndikusokonezeka kwambiri. Chifuniro chathu chingalepheretsedwe ndi mantha, zomwe zingatipangitse kuti tisapitirize kuchita zinthu zathu ndikusiya titataya mtima. Ngakhale m'moyo uno wapadziko lapansi, kuiwala ndi dalitso lochokera kwa Mulungu, lomwe limaletsa malingaliro ndi malingaliro athu kuti asakhudzidwe ndi zokumbukira zakale, makamaka zowawa komanso zopweteka. Mwamwayi, kuwala kwaumulungu mkati mwathu nthawi zonse kumawala ndi chiyembekezo komanso chikhumbo chopitiliza ulendo wosatha wa moyo. Tiyenera kuyamika Mulungu chifukwa cha madalitso awiriwa: .kuthekera koiwala zakale ndi chiyembekezo chamtsogolo

Sitiyenera kuganiza kuti tsogolo limaika zopinga pa ufulu wosankha Komabe, tiyenera kuchita zonse zomwe tingathe kuti tipewe zinthu zoipa zomwe anthu ambiri amati ndi tsogolo ndi tsogolo, ndikugwiritsa ntchito ufulu wathu wosankha malinga ndi zikhulupiriro zathu zamkati, bola ngati zikhulupiriro zimenezi zimachokera pa chikhulupiriro cholimba komanso zozikidwa pa malamulo a Mulungu, omwe popanda iwo munthu sangasangalale ndi chimwemwe .chenicheni

Tikayamba kuchitapo kanthu, sitiyenera kuopa mavuto, koma tiyenera kukhala ndi chiyembekezo mpaka pamlingo waukulu, ndi chikhulupiriro chonse kuti palibe chomwe chingalepheretse kugwiritsa ntchito chifuniro chathu .ndikugwiritsa ntchito ufulu wosankha

Anthu nthawi zambiri amakhala ngati tsamba loyandama pamwamba pa mtsinje, ndipo ayenera kudzitulutsa okha mumsewu wa zizolowezi zomwe zimawatsogolera ku mathithi achinyengo ndi chiwonongeko. Anthu ambiri amaoneka osayanjanitsika ndipo amalola kuti .atengedwe ndi msewuwo

Ngati talephera kukwaniritsa cholinga chathu, ndikovomerezeka kuvomereza mosapita m'mbali kuti panali zopinga zomwe tinapanga zomwe zinatilepheretsa kukwaniritsa cholinga chathu. Tiyenera kupirira ndikuwonjezera khama lathu kuti tikwaniritse zomwe tikufuna. Tiyeneranso kudzitsimikizira kuti ngakhale zopinga ndi zovuta zitakhala zolimba komanso zoopsa bwanji, tili ndi mphamvu zozigonjetsa. Ngakhale titalephera ngakhale titayesetsa bwanji, palibe chifukwa chotaya mtima kapena kukhumudwa, bola ngati tikumvetsa kuti chifuniro cha munthu chili champhamvu kuposa tsogolo, lomwe ndi lopangidwa ndi ife tokha. Chifukwa chake, sitiyenera kusiya kuyesera, ngakhale titalephera kangati, chifukwa nthawi zonse pali zitseko zotseguka. Tiyenera kungopitiriza kuyesetsa ndikubwereza kuyesa mpaka titapambana. Mulungu adzatipatsa thandizo bola ngati tidalira Iye ndikuyesetsa kuchita khama lofunikira. [Iye amene akuyenda panjira adzafika komwe akupita, ndipo iye amene amadalira Mulungu sadzakhumudwa]

Munthu akamafuna chinthu mwamphamvu komanso mosalekeza, chilakolako chimenecho sichichoka m'maganizo mwake, kulikonse komwe akupita komanso chilichonse chomwe angachite. Kudzera mu ntchito yake yosalekeza komanso yosatopa, chilakolako chimenecho chimakhala ndi

kutsimikiza mtima kwakukulu ndi mphamvu. Kunong'ona kwamkati kumeneku kuli ndi mphamvu komanso kogwira mtima kuposa kupemphera mwamwambo, komwe kumangosuntha milomo. Umu ndi momwe iwo amene amakonda Mulungu amachitira zinthu. Amanong'ona chikondi chawo kwa Iye mosalekeza, kunong'ona kwawo kochokera pansi pa mtima kumakhala kosamveka pa zochita zawo za tsiku ndi tsiku. Kunong'ona kumeneku kochokera pansi pa mtima sikuwasokoneza kapena kutsutsana ndi ntchito zawo zina. Pamene chilakolako chawo cha Mulungu chikukula, chikondi chawo kwa Iye chimakula ndikukula, mpaka atawona kukhalapo Kwake ndikuwona kuwala Kwake ndi diso la moyo. Amalawa chimwemwe chachikulu .ndikumva mtendere woposa kufotokozedwa

Mulungu amatipatsa maphunziro omwe timafunikira pamoyo wathu kuti tipindule nawo ndikupeza kumvetsetsa ndi chidziwitso. Aliyense amene amapewa maphunziro amenewo adzakakamizika kuwaphunzira ngakhale zitakhala .nthawi yayitali bwanji

Mayeso aliwonse ndi bwenzi ngati tiphunzirapo kanthu, ndipo ndi wolamulira wankhanza ngati titawononga mwayiwo ndikuugwiritsa ntchito molakwika ndi kudandaula, .mkwiyo, komanso kusaganiza bwino

Tikakhala ndi kumvetsetsa bwino komanso malingaliro abwino pa moyo, zimakhala zokongola komanso zopanda .mavuto

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milandu yamaganizo

Munthu sangakhalebe wonyamulidwa ndi mafunde a chisangalalo kwamuyaya, womizidwa m'madzi odzaza ndi chisoni, kapena womizidwa m'kuya kwa kusungulumwa. M'dziko lino la zinthu ziwiri zotsutsana, munthu wamba amakumana ndi zovuta—kukwera ndi mafunde a chisangalalo, kumira mu phompho la kusasamala, ndi kukankhidwa ndi mafunde amphamvu a chisoni—osakumana .ndi vuto lina lililonse la chidziwitso

Kulola zochitika kusokoneza maganizo a munthu mwanjira imeneyi kumatanthauza kusiya chifuniro chake kuti chikhale chosasinthika komanso chosinthasintha. Chomwe munthu amafunikira kuti akhale ndi moyo wopambana komanso wokhutiritsa ndi kukhazikika maganizo, ndipo izi zitha kuchitika pokhapokha poganizira mozama komanso .kulamulira mphamvu zake zamaganizo

Ngakhale chisoni chachikulu chimatha pakapita nthawi, kotero palibe chifukwa chokhalira ndi chisoni tsiku lililonse la moyo wathu. Kulira nthawi zonse chifukwa cha imfa ya wokondedwa sikuthandiza iwo kapena ife, ndipo sikusintha chilichonse. Mofananamo, kukhala ndi vuto lodziona ngati wopanda pake kapena kudzilanga chifukwa cha zolakwa zakale kapena zolephera sikuthandiza; kumangopangitsa moyo kukhala wosasangalatsa komanso kulepheretsa .mphamvu zamaganizo

Sitiyenera kudzilola kugwera mu dzenje la chizolowezi chosasangalatsa, chifukwa chimenecho ndi mkhalidwe wamaganizo womwe suli bwino, chifukwa umasokoneza malingaliro ndikuwotcha luso lobisika mu ng'anjo ya .kusasamala

Kulephera kuyenera kuchotsedwa mizu yake, ndipo minda ya moyo iyenera kulimidwa mwakhama komanso modzipereka ndikufesedwa mbewu zabwino kuti tikolole .zipatso zambiri, mothandizidwa ndi Mulungu
Chitani chinthu chomwe palibe amene adachitapo kale— chinthu chomwe chidzadabwitsa dziko lapansi Onetsani kuti mphamvu ya Mulungu yolenga ikugwira ntchito kudzera mwa inu

Anthu odekha komanso akhalidwe labwino amathandiza kuti maganizo athu akhale okongola komanso athanzi. Sikovuta kudziwa ngati munthu amatenga chakudya chake chanzeru kuchokera pamalo amtendere kapena osokoneza. Nkhawa, kupsinjika maganizo, ndi chisokonezo zonse zimachokera ku kugwirizana ndi anthu olakwika, kaya abwenzi kapena achibale, zomwe zimapangitsa kuti munthu akhale ndi maganizo oda nkhawa komanso kukhala ndi .maganizo ovutitsa

Thupi limatenga mphamvu ndi zochita kuchokera ku zakudya zakuthupi, pomwe zakudya zamaginito zimapatsa thupi ndi malingaliro mphamvu zomwe zimakhala zosavuta kugaya kuposa zakudya zolimba komanso zamadzimadzi zomwe sizingasinthidwe mosavuta kukhala mphamvu .yamoyo

Mukatha kusintha umbuli kukhala nzeru, kufooka ndi kufooka kukhala thanzi ndi mphamvu, ndikuyenda molimba mtima komanso molimba mtima—ngakhale nokha—m'njira za moyo, ndikupeza chisangalalo chamkati pokhala ndi chikumbumtima chamoyo komanso chosamala, ndi chikhulupiriro chosagwedezeka mu chilungamo cha Mulungu ndi kupambana kwa chabwino pa cholakwika ndi chowonadi pa chinyengo, ndipo mukamayesetsa tsiku lililonse kukweza malingaliro anu kufika pamlingo wapamwamba komanso woyeretsedwa, ndikukhala ndi mtima wachikondi ndi woyamikira komanso zolinga zabwino kwa ena, chakudya chanu chanzeru chidzakhala chokongola, ndipo mudzakopa nokha zonse zokongola komanso zopindulitsa—zinthu, anthu, ndi zochitika—zomwe ndizofunikira kuti mupitirize ulendo wanu wopita kugombe la chitetezo ndi chitetezo. Ndipo pomaliza, mukamayesetsa kupeza zomwe mukufuna ndikukhutira ndi zomwe Mulungu amapereka, mudzakhala olemera mumzimu ndi okhutira kuposa omwe amadyedwa ndi zilakolako zadziko lapansi komanso okonda zosangalatsa .zake zakanthawi

Chifundo ndi mlatho womwe umalumikiza moyo uliwonse ndi miyoyo ina Chifundo ndi chipata cholowera mumtima uliwonse

Munthu akafuna Mulungu, yemwe ndiye bwenzi lenileni lokha kuposa ena onse, zimakhala zotheka kukhazikitsa ubwenzi weniweni m'maubwenzi onse a anthu—ubwenzi wa m'banja, wachibale, wa m'banja, ndi wauzimu ndi chinthu chofunikira kwambiri m'maubwenzi a m'banja, ndipo kuyandikana kwa nzeru ndi malingaliro, kukondana mwauzimu, ndi chikondi chenicheni ziyenera kukhala

patsogolo. Anthu omwe amalephera kusiyanitsa pakati pa chikondi chenicheni ndi kukondana kwenikweni .amakhumudwa mobwerezabwereza

Ukwati ukakhala wokhazikika pa mfundo zabwino komanso ulemu, umakhala mgwirizano wosangalatsa komanso wopambana pakati pa anthu awiri okondana komanso ogwirizana omwe amachepetsa mavuto a moyo wawo ndikuchotsa nkhawa zokhala ndi chifundo komanso .kumvetsetsana

Palibe amene angandilamulire kapena kundichotsera chifuniro changa pokhapokha nditalola maganizo ndi zochita za ena kundikhudza
Ngati mungoganizira zinthu zofunika, mudzaona chilichonse kuchokera ku zinthu zakuthupi. Koma mukangokweza chikumbumtima chanu kufika pa kuzindikira zinthu zauzimu, mudzaona kuwala kwa Mulungu kukufalikira kudutsa zinthu zonse, ndipo mudzaona chilichonse .kuchokera ku malingaliro auzimu

Ambuye, ndikuzindikira kuti ndili ndi mwayi wosatha wofufuza luso langa ndikupeza mphamvu zanga zauzimu. Lero ndidzadzaza malingaliro anga ndi chiyembekezo ndikudzipatula ku zochitika zosasangalatsa. Ndidzachita zomwe zidzasamalira thupi langa, malingaliro anga, ndi .mzimu wanga mwanjira yoyenera komanso yogwirizana

Ndidzasintha zinthu zakuthupi ndi zinthu zapamwamba
Ndipo ndidzazindikira kuti mzimu wokhulupirika uli ndi ine nthawi zonse

Kuvina kwa moyo ndi imfa kumakhalapo nthawi zonse, koma ndidzadzimasula kwamuyaya mwa kupulumutsa umunthu wanga wauzimu. Ndipo ndikakumana ndi mkuntho wa mayesero ndi mavuto, ndidzakwera bwato langa lauzimu kudutsa nyanja ya moyo kupita kugombe lotetezeka, .laumulungu

Ndikagwira ntchito ndi kulenga, ndidzakumbukira kuti Mulungu akugwira ntchito kudzera mwa ine. Iye ndiye Ambuye wa chilengedwe chonse, ndipo ndimatha .kulumikizana naye kudzera mu kuganizira mozama za Iye

Mulungu wanga wokondedwa, ndikuzindikira kuti malingaliro anga adzandibweretsera kulephera kapena kupambana, kutengera lingaliro lomwe ndi lamphamvu kwambiri m'moyo wanga. Ndipo ndidzayesetsa kukumbukira kuti mukutambasula dzanja lanu lothandiza ndikukonza njira .yoti ndipambane

Masoka ndi mavuto akamandigwera, ndidzalimbitsa mtima wanga ndikulimbitsa kutsimikiza mtima kwanga kuti ndiwagonjetse. Ndidzakhala woona mtima komanso woona mtima pochita zinthu ndi aliyense, ndipo ndidzafalitsa malingaliro achikondi ndi mafuno abwino. Kenako Mulungu .adzandithandiza ndi mphamvu zake ndi nzeru zake

Matenda auzimu ndi chithandizo chawo
Master Paramhansa Yogananda

Yesani kuganiza za gulu la anthu omwe ali osiyana
:kwambiri komanso osagwirizana
Limodzi lokhala ndi mutu waung'ono kukula kwa
!nyemba ndi thupi lalikulu kukula kwa ngamila
Wina ali ndi dzanja lamphamvu ngati la Samson kapena
!Hercules ndi thupi ngati la mwana wakhanda
Ndipo chachitatu chili ndi mutu wa njovu yaikulu ndi
!thupi la mbewa yofooka
Kodi chochitika chimenecho sichingakhale chodabwitsa
ndi chodabwitsa kwa inu, kapena chomvetsa chisoni
komanso chomvetsa chisoni, ngati mwadzidzidzi mutaona
gulu la zolengedwa zimenezo zokhala ndi mawonekedwe
?achilendo komanso osagwirizana
Tsopano taganizirani gulu lina la anthu omwe ali ndi
mawonekedwe abwinobwino komanso owoneka bwino, koma
.osakhazikika m'maganizo komanso osokonezeka maganizo
Monga momwe zovala zimabisira mabala, zilonda, ndi
zilema zina zakuthupi, momwemonso thupi lamphamvu,
lathanzi komanso nkhope yokongola, yowala zimabisira
.matenda ambiri amisala ndi zilema zobadwa nazo
Ngati mungakumane ndi gulu lalikulu la anthu wamba
omwe amadziwika ndi maonekedwe awo okongola komanso
thanzi lawo labwino, ndipo ngati mungathe kuwona matupi
awo amisala ndi masomphenya anu auzimu, kudabwa
kumeneku kungakhale kodabwitsa, ndipo mungakhumudwe
.kwambiri ndi zomwe mungapeze
:Mukhoza kuona matupi awo amaganizo motere
Maganizo amaimiridwa ndi mutu, mphamvu ndi
malingaliro zimaimiridwa ndi thupi, ndipo chifuniro
chimaimiridwa ndi manja ndi mapazi zomwe zonse ndi
.zachilendo, zodwala, komanso zopunduka
Mudzapeza kuti ena ali ndi mutu waung'ono wokhala ndi
nzeru zosakwanira, wokhala ndi thupi lofooka lodzaza ndi
.zolinga zadyera komanso zilakolako za thupi

Mudzapezanso kuti anthu ena ali ndi thupi lopanda kumva komanso mphamvu, ngakhale kuti ali ndi mkono .wokhwima komanso wogwira ntchito bwino

Ena akhoza kukhala ndi ubongo waukulu komanso wolenga, koma chifundo chawo ndi mphamvu zawo zamaganizo zimachepa ndipo sizikuyenda bwino. Palinso gulu lina la anthu omwe ali ndi thupi labwino komanso lamaganizo, koma mphamvu zawo zodziletsa komanso .kudziletsa kwawo zimakhala zofooka kapena zofooka

Ndipo mndandanda wa zomwe zawonedwa ukupitirirabe !Mukhale ndi moyo wautali

Kusokonezeka kwa maganizo kosawerengeka m'matupi amaganizo omwe sakukula bwino mbali zina ndikukula mopitirira muyeso mwa ena kulipodi - ngakhale kuti kumabisika - mwa anthu. Kumawabweretsera ululu wamaganizo ndipo kumawalepheretsa kuwonetsa maluso .ndi luso lawo monga momwe ziyenera kuwonetsedwera

Kuthana ndi matenda ena amisala pano kungathandize kuzindikira zomwe zimayambitsa mavuto onse a anthu, kuti adziwike kwa onse omwe akuvutika nawo, ngakhale mosazindikira, kuti athe kumvetsetsa mtundu wa zolakwikazo, zizindikiro zake, ndi kulowa kwawo mwakachetechete mu psyche, kuti athe kuletsa chiwonongeko chawo chokulirapo cha mtendere ndi .chisangalalo

chisoni chauzimu

Matendawa ndi ofala pakati pa anthu omwe sachita zinthu mwanzeru komanso mwakuthupi chifukwa chodziona kuti ndi otanganidwa kwambiri ndi zinthu zauzimu. Anthu ovutikawa amanyalanyaza ntchito zazikulu ndi zazing'ono za moyo wakuthupi chifukwa chodziona ngati akutumikira Mulungu, motero amadzivumbulutsira kwa Satana, amene angawavulaze kwambiri. Amavutika ndi maganizo oipa komanso kusayamikira chilichonse chopindulitsa kapena chokongola chowazungulira. Uwu ndi matenda opatsirana,

ndipo onse omwe ali ndi zolinga zauzimu ayenera kusamala nawo ndikudzimasula ku matendawo mwa kusunga mphamvu zawo zamoyo nthawi zonse komanso chitetezo chawo chamthupi chili cholimba kudzera mu kuganiza bwino, kukhala ndi chiyembekezo, komanso kugwira ntchito .yathanzi komanso yopindulitsa

kusagaya chakudya chauzimu

Izi zimachitika chifukwa cha kumwa mankhwala osokoneza bongo ambiri opangidwa kale omwe adalembedwa pansi pa mayina owala, ndipo amaperekedwa ngati mabuku abodza auzimu ndi maphunziro a "madokotala .auzimu" omwe ali ndi luso la chinyengo ndi matsenga

Matendawa samangopha njala yauzimu yofuna kudziwa zoona, komanso amawononga luso losiyanitsa pakati pa .chabwino ndi choipa, chopindulitsa ndi chovulaza

Iye amene nthawi zonse amadya malingaliro a zaumulungu ndi kudya chilichonse chomwe chimagwera m'manja mwake sadzangodya mopitirira muyeso komanso adzadya malingaliro oopsa pamodzi ndi othandiza, zomwe zimamubweretsera kusadya bwino m'mimba mwa nzeru .komanso imfa yauzimu pang'onopang'ono

Kuphunzira mopitirira muyeso komanso mosalekeza malingaliro osiyanasiyana auzimu ndi afilosofi, popanda kuzindikira kapena kuyesetsa kuwasinkhasinkha ndikuwafufuza kudzera mu zomwe adakumana nazo kuti atsimikizire kuti ndi zoona, pamapeto pake kumabweretsa kukayikira, kusalabadira, ndi kusakhulupirira mfundo ndi .malamulo onse auzimu

Chilakolako ndi kukhudzika

Anthu omwe ali ndi matendawa amakhala moyo wopanda phindu komanso wopanda phindu chifukwa ali ndi ndalama zambiri komanso nthawi yambiri, komanso chifukwa choti alibe cholinga komanso kumvetsetsa bwino .moyo

Anthu awa amatsogoleredwa ndi zilakolako zawo; amachita chilichonse chomwe chimabwera m'maganizo mwawo ndi kuwasangalatsa. Amadzaza miyoyo yawo ndi mabuku otsika mtengo, osafunika, mafilimu okopa chidwi, ndi zosangalatsa zopanda pake. Sadziwa kuti akudwala matendawa mpaka atakumana ndi mantha aakulu kapena kusokonezeka kwa mitsempha—ndiko kuti, pambuyo poti .kuwonongeka kwachitika

chimfine cha m'maganizo

Matendawa ali ndi dzina lina: kutaya mtima Munthu sadziwa nthawi yomwe adzakumane ndi zizindikiro zake zovutitsa monga kusowa chiyembekezo, kusalolera, nkhawa, ndi kuleza mtima. Choyipa kwambiri n'chakuti nthawi zambiri amakhala nthawi yayitali, ndipo anthu omwe akudwala matendawa nthawi zambiri amabwereranso mosavuta, ngakhale atakhala kuti akukhulupirira kuti achira .mwachangu

Matenda amisala

Matendawa amayamba chifukwa choganizira kwambiri za nkhawa za dziko lapansi. Anthu omwe akudwala matendawa nthawi zambiri amanyalanyaza kugwiritsa ntchito chida cha mphamvu zawo ndipo motero amagonjera mantha awo osalekeza m'malo molimbana nawo molimba .mtima ndikuwachotsa ali aang'ono

kugwirizana kwachilendo kwa maganizo

Anthu omwe ali ndi matendawa amakhala ndi mbali imodzi pakufuna kwawo chimwemwe. Amakhulupirira kuti chimwemwe chili m'kusonkhanitsa chuma, kupeza kutchuka, kapena kukhala ndi thanzi kapena mphamvu, amasiya chilichonse—thanzi, mbiri yabwino, mtendere wamumtima, ulemu, ndi ulemu—pa guwa la nsembe la cholinga chawo chachikulu. Mochedwa kwambiri, amazindikira kuti moyo wokhazikika, womwe umalemekeza malamulo a chilengedwe ndi malangizo a Mulungu, ndikugwirizanitsa zochita ndi bata,

ndi womwe ungabweretse chimwemwe chenicheni .ndikukwaniritsa cholinga cha moyo wabwino

Anthu omwe ali ndi vuto la kusagwirizana ndi zinthu zakuthupi amaganizira kwambiri za kulakalaka zinthu mopanda malire, zomwe zimapangitsa kuti ayambe kuona moyo molakwika komanso molakwika. Mwachitsanzo, munthu wamalonda anapambana kwambiri ndipo anapeza chuma chambiri, koma asanasangalale ndi chuma chake, anavutika ndi mantha chifukwa cha nkhawa komanso .mantha, ndipo anamwalira ali wosweka mtima

Ena amakhulupirira kuti chilichonse n'chololedwa kuti akwaniritse cholingacho. Chifukwa cha chisokonezochi, amalephera kukwaniritsa cholinga chawo chenicheni ndipo sangathe kupeza ngakhale chikhutiro chochepa, ngakhale atakhala ndi zinthu zomwe akhala akuzifuna, chifukwa chibadwa cha anthu ndi chachikulu komanso chamitundu yambiri ndipo chimafuna chitukuko chogwirizana pamlingo .uliwonse

Kugwirana ndi mzimu wakhungu

Kukonda kwambiri zikhulupiriro zina kumachokera ku kumamatira ku malingaliro ndi malingaliro enaake popanda kuwafunsa kapena kuwafufuza, motero kumabweretsa mkwiyo ndi chidani mwa iwo omwe ali ndi vutoli ku lingaliro lililonse labwino lauzimu kapena lingaliro lotseguka komanso lomasuka. Kudzipatula kumeneku kumabweretsa kupandukira malamulo a Mulungu, omwe amaonekera mu luso la nzeru, thanzi labwino, thanzi la maganizo ndi thupi, .komanso chikondi ndi ulemu kwa anthu amitundu yonse

Kuphunzitsa mfundo zauzimu

Popeza matenda akuthupi ndi owoneka, opweteka, komanso osasangalatsa, amatilimbikitsa kuti tiwatsutse mwachangu, zomwe zimatipangitsa kuyesetsa kuwathetsa kudzera m'njira zosiyanasiyana zochiritsira, kuyambira

kuchita masewera olimbitsa thupi ndi zakudya zabwino mpaka mankhwala ndi mankhwala osiyanasiyana. Komabe, matenda amisala, ngakhale kuti ndi omwe amachititsa ululu ndi mantha onse a anthu, sapewedwa kapena kuchiritsidwa .mwachangu, ndipo amaloledwa kuwononga miyoyo yathu

Aphunzitsi, aphunzitsi a maphunziro olimbitsa thupi, alaliki, osintha zinthu, madokotala, ndi opanga malamulo adzatha kutsogolera patsogolo akayamba kuphunzira, kuyambira pa iwo okha, kenako n’kuphunzitsa ena njira zoyenera zokulitsa chibadwa cha anthu m’njira yoyenera komanso yogwirizana, mogwirizana ndi malamulo a moyo ndi mfundo za moyo wathanzi. Iyi ndi maphunziro othandiza kwambiri komanso chikhalidwe cha anthu chomwe anthu .padziko lonse lapansi amafunikira

Masukulu a maphunziro amaona kuti n'zosatheka kuphunzitsa mfundo zauzimu m'masukulu aboma chifukwa cha chisokonezo chomwe chikuwoneka pakati pa mfundozi ndi ziphunzitso zosiyanasiyana zachipembedzo. Komabe, ngati mabungwewa akuyang'ana kwambiri mfundo za mtendere, chikondi, utumiki, chikhulupiriro, kutseguka maganizo, ndi kuvomereza ena—zomwe ndi zinthu zauzimu zokhazikika—ndipo apanga njira zothandiza zophunzitsira mfundozi m'nthaka yachonde ya maganizo ndi miyoyo ya ana, yankho lomveka bwino komanso lovomerezeka la vuto loganiziridwa komanso loganiziridwali lingapezeke. Ndi kulakwitsa kwakukulu kunyalanyaza nkhaniyi chifukwa cha .zovuta zomwe zikuwonekera kuti zikugwirizana nayo

Ambiri mwa omaliza maphunziro aku koleji amachoka ku yunivesite mitu yawo ikuluikulu komanso yotupa chifukwa cha zomwe zili m'mabuku kotero kuti sangathe kuyenda m'njira za moyo, chifukwa mphamvu zawo zodziletsa komanso kudziletsa kwawo zatsala pang'ono kuthetsedwa ndi kunyalanyazidwa ndi kusagwiritsidwa ntchito. Chifukwa chake, mumawawona akuchita zinthu mosasamala komanso moipiraipira, akuthamangira kuphompho la maukwati

osalingana, akugwiritsa ntchito molakwika kugonana kwawo, kufunafuna ndalama, ndikulephera pantchito zawo chifukwa sanaphunzire kugwiritsa ntchito bwino mpeni wakuthwa wa nzeru zawo zophunzitsidwa. Zotsatira zake, amadzicheka .okha ndikudzivulaza okha

Chodabwitsa n'chakuti, achinyamata ambiri amaoneka kuti amasangalala kuchita zinthu zomwe zimawabweretsera mavuto ndi ululu Ena amagwiritsa ntchito kuba ndi kuchita zinthu zina zoipa, ngakhale zaupandu, popanda choletsa kapena choletsa. Amene amalephera kupewa kufalikira kwa makhalidwe oipa m'dera amalimbikitsa khalidwe lolakwika la ena. Munthu aliyense wa chikumbumtima ndi chikhulupiriro chenicheni ayenera kukhala chitsanzo chabwino kwa ena pankhani ya umphumphu, kuona mtima, ulemu, ndi kudzilemekeza. Masukulu, makoleji, mayunivesite, ndi mabungwe a anthu sapereka njira zokwanira zasayansi zochepetsera upandu pothetsa zomwe zimayambitsa, .zomwe zimapezeka makamaka m'maganizo

Masukulu apadera ayeneranso kukhazikitsidwa kuti aphunzitse luso la moyo wachimwemwe ndi wopambana, kukulitsa luso la munthu ndikuwonjezera luso lake .lodziyimira pawokha

Masukulu otere adzakhala ngati minda ndi mapaki kumene maganizo a achinyamata amakula ndikukula. Aphunzitsi ayenera kusankhidwa mosamala ndikutsimikiziridwa kuti makolo ndi anthu ammudzi agwirizane. Masukulu awa athandiza kupanga anthu bwino. Tiyenera kukumbukira kuti chakudya chauzimu cha munthu akamakula chimatsimikizira thanzi lake komanso kuthekera .kwake kukula mtsogolo

Njira zophunzitsira zamaganizo ndi zakuthupi zomwe zimagwiritsidwa ntchito m'masukulu amakono mosakayikira ndizopindulitsa, koma zilibe maziko auzimu Popanda kukula .kwa khalidwe labwino, kukula sikudzakhala kokwanira

Sayansi ya kukula kwa thupi, maganizo, ndi uzimu iyenera kuphunzitsidwa kwa achinyamata omwe malingaliro awo akadali ofewa komanso osinthasintha ndipo mphamvu .zawo sizinagwiritsidwe ntchito m'njira zina

Pambuyo pa maphunziro athunthu, ophunzira a masukulu amenewo ayenera kuyesedwa mosalekeza, ndipo ziphaso zomwe adzalandira zidzakhala thanzi labwino, mbiri yabwino, kuchita bwino, chuma chakuthupi ndi chauzimu, .chimwemwe, kupambana, ndi kudzidalira

Zotsatira za mayeso omaliza kumapeto kwa ulendo wapadziko lapansi zidzatsimikiziridwa malinga ndi kuchuluka kwa zomwe munthu wakwanitsa m'maganizo ndi mwauzimu komanso ziphaso zomwe wapeza panthawi ya mayeso .ang'onoang'ono nthawi yonse ya moyo wake

Iwo amene apambana pa mayeso omaliza komanso aakulu kwambiri awa adzalandira satifiketi yopatulika yodzidalira komanso chikumbumtima chomasuka, choyera, .komanso chachimwemwe

Ndipo madalitso olembedwa kosatha patsamba la mzimu

Mphoto yosowa iyi sidzasokonezedwa ndi njenjete

Ndipo manja a akuba sadzafika pamenepo

Kapena nthawi idzachotsa

Idzakhala ngati pasipoti

Kuti mukhale membala wolemekezeka mu Gulu la Righteous

Kodi chimwemwe chili kuti?

Mulungu, mwa chifundo chake chachikulu, amatipatsa chisangalalo ndi chilimbikitso chake

Ndipo zimatipatsa moyo weniweni

Nzeru yeniyeni

Ndipo chimwemwe chenicheni

Kumvetsetsa kwenikweni kumabwera kudzera mu zochitika zosiyanasiyana za moyo wathu

Koma ulemerero wa Mulungu umaonekera kokha mu mtendere wauzimu umene mzimu umakumana nawo komanso mu kuyesetsa kwa mtima wonse kugwirizana ndi Iye. Pamenepo, timayima maso ndi maso ndi choonadi. Kunja, zinyengo ndi zamphamvu kwambiri, ndipo ndi ochepa okha omwe angathawe mphamvu ya chilengedwe chakunja. Dziko lapansi likupitirizabe ndi zovuta zake zosatha komanso mayesero osawerengeka. Mawu a Mulungu ali kumbuyo kwa maonekedwe a moyo, nthawi zonse amatiitana ndi kulankhula nafe kuchokera ku maluwa, malemba, chikumbumtima chathu, komanso kudzera mu zinthu zonse zokongola zomwe zimapangitsa moyo kukhala woyenera kukhalamo.

Pamene tikuyang'ana kwambiri zinthu zakunja, sitingathe kuona ulemerero wamkati; ndipo pamene tikuyang'ana kwambiri mkati, mavuto akunja amachepa. Ndi njira yofanana koma anthu ambiri sazindikira choonadi ichi chifukwa cha mphamvu ya ubwenzi wa dziko lapansi, chikhalidwe chomwe amakhalamo, ndi zizolowezi zoipa. Chikhalidwe chimamupangitsa munthu kukhala wotanganidwa ndi zinthu zosafunikira, zomwe zimamulepheretsa kuganizira za choonadi chakuya.

Ngakhale malo auzimu ena amawachezera popanda chikhumbo chenicheni chofuna kupindula ndi malo awo odalitsidwa, kotero samapeza phindu lililonse kuchokera ku maulendo amenewo.

Aliyense amene akufuna kuona Mulungu adzamupeza kulikonse. Zizolowezi za anthu ndi zowononga, zolusa, komanso zolusa; zimawononga, zimawononga, ndi kuwononga. Nthawi yakwana yoti anthu aphunzire kukhala osangalala komanso

okhutira ndi zomwe ali nazo. Sitiyenera kulakalaka china chilichonse kuposa zomwe zimatibweretsera Mulungu ndi wowolowa manja; Amadziwa zomwe timafunikira ndipo amatipatsa panthawi yake. Izi sizikutanthauza kuti tiyenera kudalira Mulungu popanda kuchita khama. Sizikutanthauza kuti tiyenera kuchita zonse zomwe tingathe ndikusiya zina kwa Mulungu, yemwe sadzatilanda zomwe timafunikira komanso zomwe timayenera.

Njira yabwino kwambiri yokhalira osangalala kwamuyaya ndiyo kumva kukhalapo kwa Mulungu. Chikhumbo chathu chachikulu chiyenera kukhala kudziwa Mulungu ndi kutsimikiza mtima kukhala naye. Mulungu ayenera kukhala woyamba m'maganizo ndi m'malingaliro athu, ndipo tiyenera kumuona ngati mzati wamphamvu kwambiri komanso wokhazikika m'miyoyo yathu.

(Chifukwa chake gwirani mwamphamvu chingwe cha Mulungu, funafunani pothawirapo mwa Iye)

Pakuti iye ndiye mzati ngati zipilala zina zonse zikulephera

Ndazindikira kuti cholinga chokha cha moyo ndi kudziwa Mulungu Pali anthu amene sangakhulupirire kuti kupeza Mulungu ndiye cholinga chachikulu cha moyo Koma palibe amene angakane kuti cholinga cha moyo ndi kupeza chimwemwe Ndipo ndikunena motsimikiza kuti Mulungu ndiye chimwemwe chachikulu Iye ndiye chisangalalo chachikulu Iye ndiye chikondi chathunthu, cha padziko lonse lapansi Iye ndiye chisangalalo chosatha chomwe sichimachoka m'miyoyo ya iwo omwe ali mu mgwirizano ndi Iye Ndiye bwanji sitiyesetsa kupeza chimwemwe changwirocho? Palibe wina aliyense amene angatipatse. Tiyenera kuchikulitsa nthawi zonse mkati mwathu. Mphamvu za chilengedwe

zimayesetsa mosalekeza kupatsa anthu zosangalatsa za dziko lapansi, koma zosangalatsa zoterezo pamapeto pake zimapangitsa kuti anthu azidandaula, azimva chisoni, komanso azidandaula. Ngakhale munthu wamwayi kwambiri, amene akuwoneka kuti ali ndi chilichonse, angakhalebe wosasangalala kwenikweni. Sadzakhutira ndi zinthu zapadziko lapansi kwa nthawi yayitali chifukwa zinthuzi sizithetsa ludzu lawo lenileni kapena kukhutiritsa njala yawo yauzimu.

Chuma chimangopereka mtendere wabodza komanso chisangalalo cha kanthawi kochepa. Dziko lonse lapansi ladzaza ndi chisokonezo ndi chisokonezo, cholimbikitsidwa ndi zilakolako zadyera komanso zadyera zomwe zimayambitsa nkhondo. Palibe china chilichonse chomwe chimayambitsa nkhondo.

Ngwazi yeniyeni pankhondo ya moyo ndi amene amadzigonjetsa yekha ndikugonjetsa zilakolako zake Ndalama, kutchuka, chilakolako, ndi chilichonse chomwe chimatsutsana ndi mfundo imeneyi zimawononga mtendere ndi chimwemwe chathu. Ngati anthu aphunzira kuganiza nthawi zonse mogwirizana ndi mfundo zenizeni za moyo, angapeze chimwemwe chomwe akufuna, koma amachoka pa cholinga chawo ndipo amachotsedwa ndi mphamvu ya zilakolako zapadziko lapansi. Ndapeza kuti palibe chiyeso chomwe chingandichotse panjira yomwe ndasankha ndikutsata ndekha.

Ndikhoza kukopa anthu ambirimbiri ndi mphamvu imene Mulungu wandipatsa, koma njira imeneyo ingakhale yoipa kwa ine. Mulimonsemo, sindikufuna kukopa anthu ambirimbiri ndi kuwakopa maganizo. Ndikufuna kungoona ophunzira oona mtima okhazikika mwa Mulungu. Anthu okonda Mulungu

adzasangalala ndi malingaliro amenewa, ndipo amene changu chawo chikupitirira adzamva madalitso a Mulungu ndi kukhalapo kwake kudzera m’ziphunzitso zimenezi.

N'zosatheka kuti munthu anyenge Mulungu, chifukwa Iye amakhalapo nthawi zonse, akudziwa zomwe zili m'maganizo mwawo ndi zomwe akufuna Akasiya dziko lapansi ndikulakalaka mgwirizano wauzimu, Mulungu adzabwera kwa iwo Pamene chilakolako chimenecho chikhazikika mumtima mwa munthu amene akuchifuna, Mulungu amabwera mumtima umenewo ndikuudzaza ndi zabwino ndi madalitso. Chinthu chokhacho choyenera kukhala nacho ndikukhala mogwirizana ndi Mulungu ndikupeza chiyanjo Chake. Kugwirizana kumeneko kuyenera kukhala pangano losatha komanso lonjezo losasweka (iwo amene amasunga pangano la Mulungu ndipo saliswa)

Aliyense amafuna chuma chochuluka kuposa ena Ngakhale atachipeza, amakhalabe osakhutira, pozindikira kuti wina ndi wolemera Anthu amakhala m'mavuto odzibweretsera okha, olimbikitsidwa ndi zilakolako zawo Tiyenera kukhutira ndi zomwe tili nazo Zinthu zakuthupi sizibweretsa chimwemwe; m'malo mwake, nthawi zambiri zimawonjezera nkhawa, nkhawa, ndi mantha

Njira yopita kwa Mulungu ndiyo njira yosavuta komanso yosavuta, koma ochepa amaitsatira ngakhale pali miyambo ndi miyambo yambiri yachipembedzo. Ndi bwino kutembenuza mitima yathu kwa Mulungu ndikumupempha zomwe zili zabwino komanso zokhalitsa kwa ife. Zoonadi, Mulungu akutiyembekezera chifukwa akufuna kutiteteza ku zoyipa ndi zoopsa. Akufuna kuti tikhale naye m'mitima ndi m'maganizo mwathu chifukwa

zinthu zotsika mtengo za dziko lino sizingakwaniritse chikhumbo cha anthu kapena kudzaza kusowa kwauzimu komwe timamva mkati mwathu. Mulungu nthawi zonse amalankhula nafe, koma ochepa amamva mawu Ake. Mawu odekha amenewo nthawi zambiri amamizidwa ndi phokoso la malingaliro okweza ndi zilakolako zoonekeratu. Koma maganizo akachepa ndipo zilakolako zikachepa, timamva mawu a Mulungu momveka bwino, ngakhale ali chete komanso ofooka. Zoonadi, Mulungu amachita chilichonse kuti athandize anthu, kutsegula zitseko ndi kuunikira njira kuti tiwone komwe tiyenera kupita, kuti tisapunthwe kapena kutsetsereka. Koma anthu ambiri sazindikira chowonadi ichi.

Sindikufuna kuti anthu aziganiza kuti angapeze chidziwitso pongomvera ena kapena kuwerenga mabuku. Ayenera kugwiritsa ntchito zomwe amawerenga ndi kumva. Kupita ku malo opembedzera n'kwabwino kuposa kukhala panyumba ndikumvetsera nkhani zopanda pake. Koma ngakhale m'malo opembedzera, munthu ayenera kumva kukhalapo kwa Mulungu mumtima mwake ndikudziwa momwe angachitire. Kukwiya ndi kusanthula mwanzeru sikungatipatse chidziwitso chomwe miyoyo yathu imalakalaka.

Tikadzipereka tokha kwa Mulungu ndikusiya zilakolako zathu zadyera, ndipo tikakhala otsimikiza kuti Mulungu nthawi zonse ali nafe, akukhala m'miyoyo yathu ndikutilimbikitsa ndi malingaliro ndi malingaliro abwino komanso abwino, tidzakhala ndi chimwemwe ndi ufulu, ndipo tidzaona kutuluka kwa nzeru m'mwamba mwa mzimu.

Tangoganizirani! Zaka makumi angapo kuchokera pano, kukhalapo kwathu kudzakhala maloto, ndipo chilichonse chomwe tidzachita tsopano chidzakhala

gawo la maloto amenewo Ngakhale anthu akuluakulu a anthu adzakhala zinthu zongopeka chabe za chidziwitso cha anthu. Koma anthu akuluakulu amenewo anakwaniritsa cholinga chawo chachikulu chifukwa anafika pamlingo wapamwamba kwambiri ndipo amakhalabe amoyo mu mzimu, akudziwa bwino zonse zomwe zikuchitika, chifukwa ali ogwirizana mu chidziwitso chaumulungu. Aliyense amene amayesetsa kugwirizana nawo kudzera m'malingaliro ndi ziphunzitso zawo mosakayikira adzamva kukhalapo kwawo, kulandira madalitso awo, ndikudziwa mozama kuti ali mu mgwirizano nawo.

Moyo ndi maloto aakulu. Komabe, mukayang'ana thupi lanu tsopano ndikuona kuti lili ndi moyo wodzaza ndi moyo, mumatsimikiza mtima kuti malotowa ndi oona. Mukuganiza kuti muyenera kupeza ichi kapena icho kuti mukhale osangalala. Koma ngakhale mutakwaniritsa zilakolako zingati, simudzapeza chimwemwe kudzera mwa izo. Munthu akapeza zambiri, ndiye kuti amalakalaka kwambiri. Zokhumba ziyenera kusefedwa, ndipo moyo uyenera kukhala wosavuta ngati akufuna kukhala ndi moyo wabwino, bata, komanso wokhutira mkati.

Malemba amanena kuti munthu amene zilakolako zake zimapita mkati (ku moyo wake) ndi munthu wamtendere wamkati. Mu izi, ali ngati nyanja, yomwe sisintha kapena kuchepa, koma imakhala yodzaza ndi madzi omwe amalowamo mosalekeza. Koma munthu amene amapanga mabowo a chikhumbo m'malo osungira mtendere wake ndikulola madzi ofunikira kuti atuluke ndi kutayika sadziwa chilichonse chokhudza mtendere wauzimu ndi chisangalalo chamkati.

Tikufunika chitsogozo kuchokera kwa iwo omwe amadziwa Mulungu, omwe ali ndi kuthekera

kolankhulana naye ndikumva kukhalapo kwake mwanzeru. Aneneri atipempha kuti tifunefune Mulungu mumtendere wamkati, m'moyo wokhawokha momwe mzimu wokhulupirika ndi chisangalalo chauzimu chapamwamba zimakhala. Aphunzitsi ophunzitsidwa bwino aku India amavomerezanso malingaliro awa ndikugogomezera kufunika kosinkhasinkha mozama kuti tizindikire Umulungu Wathu mkati mwa mzimu.

Chilichonse chomwe chilipo ndi kugwedezeka ngati mafunde kotsogozedwa ndi maganizo a Mulungu. Kugwedezeka kwanzeru kumeneku ndi Mzimu Woyera, kapena Mzimu wokhulupirika, amene munthu angalankhule naye kudzera mu pemphero ndi kusinkhasinkha.

Mu bata la moyo wanu ndi mumtima mwanu, chikondi ndi Wamtheradi ndi Wosatha sichidzatha. Koma n'zovuta kupeza Mulungu ngati tifunafuna ndalama choyamba. Tiyenera kupanga Mulungu kukhala gawo lofunika kwambiri m'miyoyo yathu, kenako tidzakhala ndi zonse zomwe tikufuna m'moyo uno. Aliyense amene amapatsa Mulungu malo okhazikika mumtima mwake, Mulungu adzawapatsa gawo lalikulu la madalitso a dziko lapansi ndi kumwamba, ndipo adzawatsegulira malo akuluakulu omwe dzuwa la nzeru limawala, kuunikira njira zawo ndikuchotsa mdima wowazungulira. Mulungu ndiye wokonda kosatha, ndipo palibe chimwemwe kwa anthu pokhapokha ngati akukonda Mulungu monga momwe amakondera—osachepera—okondedwa awo okondedwa, chifukwa popanda Mulungu, sitikanadziwa tanthauzo la chikondi, kapena kulawa kukoma kwake.

Tiyenera kuphunzira kugwiritsa ntchito chifuniro chathu ndi kuyika maganizo athu kufunafuna Mulungu

ndi mitima yathu yonse Zochita za anthu zimalamulidwa ndi zilakolako, ndipo zizolowezi zimenezi nthawi zonse zimatikakamiza kuchita zomwe sitikufuna kuchita Zoonadi, munthu ndi mdani wake, wosadziwa zimenezo Sadziwa kukhala chete, komanso sapereka nthawi kwa Mulungu, komabe amafuna chisangalalo ndi kulowa mu Paradaiso mosazengereza Chidziwitso chopatulika sichingapezeke mwa kungowerenga mabuku, kumvetsera maulaliki, kapena kuchita ntchito zabwino Zonsezi mosakayikira ndi zothandiza, koma sizokwanira Kufikira Mulungu kumafuna kusamala kwambiri ndi kuganizira mozama

Tiyenera kufunafuna chiyanjo cha Mulungu choyamba. Sitingathe kukondweretsa aliyense, chifukwa sizingatheke. Ndimayesetsa kusakhumudwitsa aliyense. Ndimachita zomwe ndingathe, ndipo ndicho chokhacho chomwe ndingathe kuchita. Cholinga changa chokha ndikukondweretsa Mulungu. Ndimagwiritsa ntchito manja anga kupemphera modzichepetsa pamaso pake, mapazi anga kumufunafuna kulikonse, ndi malingaliro anga kuganizira za Iye ndikuganizira zodabwitsa zake. Mulungu ayenera kukhala pamalo oyamba m'mitima mwathu kuti timudziwe monga mtendere, chikondi, kumvetsetsa, kukoma mtima, chifundo, ndi nzeru. Ichi, osati china chilichonse, ndi chimene ndabwera kudzachitira umboni ndikulankhula nanu.

Kuwonjezera pa kusinkhasinkha, munthu ayenera kukhala ndi ubale wabwino. Sitiyenera kutsata anthu, koma Mulungu. Ngati mupeza phindu m'malingaliro awa, onani kuti ndi madalitso ochokera kwa Mulungu, chifukwa ulemerero wonse ndi wake. Gawani ndi ena kuti apeze mwa iwo zomwe mumapeza (Ndipo ponena za chisomo cha Ambuye wanu, lankhulani za icho)

Ndipo musaiwale kuthandiza wina tsiku lililonse malinga ndi luso lanu. Malingana ngati ndili ndi ndalama m'thumba mwanga, sindidzasiya kupereka, chifukwa gwero langa losatha komanso loyenda nthawi zonse ndi Mulungu.

Pomaliza, tiyenera kudziwa Mulungu monga momwe akuluakulu amachitira. Izi n'zotheka kudzera mu kuganizira ndi khama lathu.

Tsiku lina, ndinali kuyenda kunja kwa nyumba yachifumu, ndikuganizira za mphunzitsi wanga wamkulu, Sri Yuktiswar, yemwe anamwalira zaka zingapo ndisanamve kumulakalaka kwambiri ndipo ndinali wachisoni kuti sanali nane kuti ndisangalale ndi kukongola ndi mlengalenga wa nyumba yachifumuyo. Mwadzidzidzi, anaonekera kwa ine kuchokera kumwamba nati, "Kodi ukuganiza kuti ndiwe wekha amene ukusangalala ndi malo okongola awa? Ine ndikusangalala nawo ngati iwe!"

Wofunafuna mgwirizano ndi Mulungu ayenera kuyesetsa tsiku ndi tsiku kusinkhasinkha ndi kumukonda, ndikupereka chikondi chimenecho kwa onse. Iyi ndiyo njira yokhayo yopewera mikangano. Kugwirizana kwauzimu ndikofunikira Popanda uzimu weniweni, palibe chimwemwe cha munthu aliyense payekha kapena cha anthu onse. Kugwirizana kopatulika ndiye njira yokhayo yothetsera mavuto onse akuthupi, azachuma, abanja, a makhalidwe abwino, ndi auzimu.

Chimwemwe chimabwera chifukwa chodzimva pafupi ndi Mulungu Anthu adzitsekera okha m'ndende ya umbuli, ndipo nthawi yakwana yoti amasuke m'ndende yochititsa manyazi iyi. Maganizo ayenera kutembenukira kwa Mulungu nthawi zonse, kaya zinthu zili bwanji, ndipo kenako mudzakhala ndi mtendere ndi chimwemwe chachikulu.

Anthu amene amalakalaka Mulungu ndi kudzipereka kwa Iye, kulimbikitsana ndi kuunikirana, komanso kukumbukira Mulungu nthawi zonse, ndi omwe ali osangalala padziko lapansi komanso opambana chimwemwe cha moyo wosatha.

Mtendere ukhale pa inu

Katani idzadzuka ndi kuchotsedwa

Aliyense wa ife analengedwa m'chifaniziro cha Mulungu. Tinachokera ku Mzimu Wake waumulungu, ndipo umunthu Wake umakhala mkati mwathu mu chiyero chake chonse, ulemerero, ndi chisangalalo chopambana. Cholowa chopatulika ichi ndi linga losagonjetseka. Kuti munthu adzitsutse yekha ngati wochimwa, akuyendayenda m'njira za uchimo, ndi chimodzi mwa machimo akuluakulu kuposa onse. Pakuti pochita izi, amadzitsutsira okha kuti asakhale ndi mphamvu, asakhale ndi chiyembekezo, komanso asamathe kukwera kumwamba. N'zoona kuti munthu angachite zinthu zosemphana ndi malamulo achilengedwe ndi aumulungu, koma ayenera kusintha nthawi yomweyo njira yake ndikutembenukira ku njira yoyenera. Mu chibadwa chake choyera, munthu ndi kachisi wopatulika, ndipo Mzimu .waumulungu umakhala mkati mwake

Tiyenera kukumbukira nthawi zonse kuti Mulungu amatikonda kwathunthu komanso mopanda malire. Koma popeza watipatsa chisankho chokwanira choti timuyandikire kapena kumusiya, amayembekezera kuti tisonyeze .chikhumbo chathu cha chikondi chake asanabwere kwa ife

Nthawi ina ndinamva mawu ake akunong'oneza pamene ndinali kusinkhasinkha: "Ukunena kuti sindili nawe, koma sunayang'ane mkati sindikusiya ngakhale mphindi imodzi. Lowani m'kachisi wa moyo ndipo mudzandiona. Pakuti

nthawi zonse ndili pano, kuti ndikulandireni ndikukupatsani ".moni wachikondi cha Mulungu

Kuona mtima kwakukulu n'kofunika kwambiri panjira yauzimu. Mu chiyero ndi choonadi, mbandakucha wa moyo umaonekera

Nzeru zathu zaumunthu sizili kanthu poyerekeza ndi Mulungu. Njira yokhayo yomwe tingayandikire kwa Iye ndi .kumupatsa chikondi chomwecho chimene amatipatsa

Aliyense pamapeto pake adzapeza chipulumutso, koma amene akulephera panjira amagwa mu phompho la kusowa chidwi Kusasamala kumatilepheretsa kuzindikira kufunika kofunikira kopeza Mulungu pakali pano, panthawi ino Dziko Lathu lalikulu, loyandama mumlengalenga, ndi umunthu wathu, sizinapatsidwe kwa ife kuti tikhale zaka zingapo pano kenako n’kutha kukhala opanda kanthu M’malo mwake, tikuyenera kuganizira mozama ndikumvetsa chinsinsi cha kukhalapo Kukhala ndi moyo popanda kumvetsetsa cholinga cha moyo ndi chitsiru, chitsiru, komanso kutaya nthawi Zinsinsi za moyo zimatizungulira mbali zonse, ndipo Mulungu watipatsa nzeru kuti tipeze mayankho awo

Mu kufunafuna kwanga chikondi chokhalitsa, ndinazindikira kuti Mulungu amandikonda m'njira zonse zomwe ndingaganizire. Amandikonda monga mayi, bambo, .komanso bwenzi

Ndinafunafuna bwenzi lamuyaya limenelo kuposa ,mabwenzi onse

Ndipo za wokondedwa wamkulu amene tsopano ndikumuona akuwala mu mtundu uliwonse ndi nkhope yachikondi. Bwenzi la Mulungu silinandikhumudwitsepo, .ndipo silinandikhumudwitsepo

Mulungu ndiye amene ali kumbuyo kwa zonse zomwe zilipo. Tiyenera kulemekeza ndi kuchitira makolo athu mokoma mtima, koma tiyenera kukonda Mulungu ndi mitima

yathu yonse ndi miyoyo yathu yonse. Tiyenera kuzindikira kufunika kolumikizana ndi Iye, popanda kuwononga nthawi .ina iliyonse

Tikagona, sitidziwa ngati tidzadzuka kapena ayi. Timachoka padziko lapansi pano mmodzi ndi mmodzi. Koma lingaliro ili siliyenera kuyambitsa nkhawa. Tikafa, timaitanidwa kuti tibadwenso padziko lapansi, kuyamba .moyo watsopano kuchokera pamene tinasiyira m'moyo uno

Ndimaona moyo ngati kupangika ndi kusungunuka kwa mafunde pamwamba pa nyanja. Mafunde a anthu amakwera kuchokera pamwamba pa nyanja yaumulungu pa kubadwa kwake, ndipo pa imfa, amakhala mumtima mwa Mulungu. Ndamvetsa chowonadi ichi ndipo ndikudziwa kuti sindimafa kwenikweni, ngakhale nditafa thupi. Kaya ndikupumula m'nyanja ya mzimu waumulungu kapena ndikudzuka m'thupi lanyama, ndine mmodzi ndi nyanja yakumwamba. Chimwemwe chachikulu sichingapezeke padziko lapansi. Nthawi yomweyo, sitifunikira kuthawira m'nkhalango kufunafuna cholinga. Tikhoza kupeza Mulungu m'nkhalango .iyi ya moyo watsiku ndi tsiku—mkati mwa denga la chete

Anthu akhoza kuchita zolakwa zambiri, koma amapangidwa m'chifaniziro cha mzimu waumulungu Mulungu adalenga dziko lonyenga ili la zosangalatsa zapadziko lapansi pa cholinga chimodzi chokha: kuti anthu azindikire kuti ndi nkhani yachilengedwe, kusiya malingaliro onyenga, ndikukonda Mulungu yekha Ichi ndi chowonadi, ndipo sichingakhale mwanjira ina Nchifukwa chiyani Mulungu anatilenga kuti tizikonda abale athu koma kuwaona akuchoka kwa ife mmodzi ndi mmodzi? Zochitika izi zimachitika kuti zitipangitse kuzindikira kuti ndi Mulungu amene amatikondadi, kuposa onse omwe timawakonda

Moyo ndi mndandanda wa zithunzi zosuntha, koma chowonadi ichi n'chovuta kuchimvetsa chifukwa malingaliro onyenga amaoneka enieni ndipo zenizeni zimaoneka ngati malingaliro onyenga. Dziko lapansi limazimiririka usiku

uliwonse tikamagona, mwina kuti timvetse kuti chilengedwe .chenicheni si chenicheni

Phunziro ili la tulo silibwera kudzatiopseza, koma kutipangitsa kulakalaka choonadi cha Mulungu Palibe chomwe chingakhutiritse moyo kupatula Mulungu ndi chikondi chake Mzimu wa Mulungu ndiye choonadi chosayerekezeka Palibe chinthu chonga chosatheka, ndipo chomwe chili chenicheni sichingakhale chosatheka Anzeru amamvetsetsa choonadi chowala ichi

Zaka zambiri za miyoyo yathu zapita, ndipo zatsala zaka, masabata, masiku, ndi maola okha. N’chifukwa chiyani tikuwononga nthawi pa zinthu zosapindulitsa? Tiyenera kulakalaka kulumikizana ndi Mulungu usana ndi usiku, ndikukhala oona mtima ndi chikhumbochi nthawi yoikika ya moyo wathu isanathe ndipo titachoka padziko lapansi .popanda kuchita chilichonse chochititsa chidwi

Pa nthawi yomweyo, ndinaona kuwala kwakukulu kwa Mulungu kukuphimba chilengedwe chonse. Chimwemwe !chachikulu! Kuwala kodabwitsa bwanji

Mulungu wanga, ndikukuthokozani ndipo ndikugwadirani chifukwa cha madalitso ambiri awa akumva kukhalapo .kwanu

Madalitso kwa aliyense mofanana, kuti tizindikire kuti Inu ndinu choonadi chenicheni m'chilengedwe chonse ndipo Inu ndinu cholinga chathu chachikulu, chomwe palibe .cholinga china choposa icho

Tiyenera kumukonda ndikulankhula naye sekondi iliyonse ya moyo wathu—ntchito ndi kupuma, kuyenda ndi bata—ndi kupemphera kwakukulu ndi kulakalaka kwakukulu. Kenako tidzaona chophimba cha chinyengo chikukwera ndikutha Mulungu ali nafe mu mphindi iliyonse ya moyo wathu. Anthu amene amaganizira ndi kugwirizana naye amamuona Iye mu kukongola kwa maluwa, ulemu wa miyoyo yachifundo, malingaliro abwino komanso aulemu, ndi maloto okongola. Pomaliza, Iye adzatuluka kuseri kwa

zophimba zokhuthala kuti akauze aliyense wofunafuna :moona mtima kuti

Takhala tikusiyana kwa nthawi yayitali chifukwa" ndimafuna kuti undipatse chikondi chako mwakufuna kwako. Ndinakulenga m'chifaniziro changa, ndipo ndinadikira mpaka utagwiritsa ntchito ufulu wako ndikundipatsa chikondi chako ".mwakufuna kwako

Tiyenera kupempha Mulungu kuti atipatse mphatso yosatha komanso yokhalitsa ya chikondi Chake chaumulungu. Koma ndani angapeze Mulungu wachikondi uyu popanda khama? Ngati muchita khama lonse, zonse zili kwa Mulungu ndi mtsogoleri wanu wauzimu. Sindipempha chilichonse kwa ine ndekha, chifukwa ulemu wonse ndi wa Mulungu, gwero la zabwino zonse ndi chisomo. Chisomo Chake chikhale nanu, kuzindikira Kwake kukhale nanu, ndipo muzindikire kuchuluka kwa kukhalapo Kwake mkati mwanu .ndi mozungulira inu

Mulungu satiyankha nthawi yomweyo chifukwa chakuti timazengereza kusonyeza momwe timamufunira. Sitiyenera kuopa kumuyandikira, koma m'malo mwake tizimuona ngati wathu, Wokondedwa wathu, ndikumufunafuna mosalekeza ndi malingaliro athu, zochita zathu, mitima yathu, ndi malingaliro athu, ndipo tidzamupeza Iye ngati pothawirapo .pachitetezo ndi mtendere m'moyo uno

Ambuye, ndikukupatsani maluwa awa a miyoyo yabwino, kuti akometse kachisi wa kukhalapo kwanu. Tsatirani miyoyo iyi, yomwe ndi banja lanu ndi okondedwa anu. Timayimba dzina lanu lodala. Chotsani mdima wa kusadziwa ndi kuwala kwanu koyera. Chotsani mdima m'maganizo mwathu ndi kuwala kowala, kopanda malire kwa umunthu wanu. Ife ndife anu, kaya zinthu zili bwanji, dziwululeni kwa ife, Ambuye wa Ufumu ndi Wachifundo. Dalitsani aliyense wa ife. Landirani kunong'oneza kwa malingaliro athu olakalaka ndi kugunda kwa mitima yathu yachikondi. Kwa inu timapereka chikondi chonse, ulemu, ndi

chikhumbo, chifukwa ndinu Okondedwa athu ndi zonse .zomwe tili nazo m'chilengedwechi

Tidalitseni ndi chisomo chanu Gwetsani makoma a chikhumbo chomwe chimatilekanitsa ndi Inu Khalani Mfumu yaumulungu yoikidwa pampando wachifumu pa zokhumba zathu zonse Kuwala kwa ulemerero wanu kufalikira padziko lonse lapansi. Tidalitseni tonse. Tidzazeni ndi fungo la kukhalapo kwanu. Ndipo tidziwitseni kuti mwakhala nafe nthawi zonse, muli nafe tsopano, ndipo mudzakhala nafe .kwamuyaya

Tikukuthokozani chifukwa cha chisomo ndi chikondi chomwe mwapereka kwa otsatira anu odzipereka omwe amalakalaka kuyandikira kwanu ndipo akuyembekezera mwachidwi kukhalapo kwanu. Tikukhulupirira kuti gulu la ophunzira anu lidzakula kuti tikondwerere kukhalapo kwanu .kodala ndikusangalala ndi kuyandikira kwanu

Tidalitseni kuti titsegule mitima yathu kwa wina ndi mnzake ndikuyeretsa zolinga zathu, kuti tikhale oyenera chitetezo ndi chisamaliro chanu. Dziwululeni nokha, mkati ndi kunja. Tigwirizanitseni tonse, ndipo poganizira umodzi .umenewo, tiyeni tizindikire kukhalapo kwanu kwapadera

Ndi mtima wathu wogwirizana komanso kufunitsitsa kwa miyoyo yathu yogwirizana, tikugwada pamaso panu, kufunafuna thandizo lanu, chitsogozo chanu, ndi kuzindikira .nthawi zonse za kukhalapo kwanu m'miyoyo yathu

Moto wosatha wa chikondi uyake mowala m'mitima mwathu, ndipo timve kuyandikira kwanu kwa ife tsopano ndi !kwamuyaya, Ambuye wathu, O wokondedwa wathu

Chikhumbo Chapamwamba ndi Makapisozi Amaganizo

Ulemerero wa Mulungu ndi waukulu. Iye ndiye maziko a choonadi ndipo amapezeka m'moyo uno. M'mitima ya anthu muli mapemphero ndi mapembedzero ambiri: a ndalama, kutchuka, thanzi—mapemphero amitundu yonse. Koma pemphero

lomwe liyenera kukhala loyamba mumtima uliwonse ndi la kumva kukhalapo kwa Mulungu. Pamene tikuyenda m'njira za moyo chete ndi motsimikiza, tiyenera kuzindikira kuti Mulungu ndiye cholinga chachikulu chomwe chingatikhutiritse ndikukwaniritsa zokhumba zathu, chifukwa mwa Mulungu muli yankho la zokhumba zonse za mtima.

Pamene simungathe kukwaniritsa chikhumbo chanu kudzera mu khama lanu, mumatembenukira kwa Mulungu m'pemphero. Motero, pemphero lililonse limene mumapereka limavumbula chikhumbo chobisika mkati mwanu. Koma mukapeza Mulungu, zikhumbo zonse zimatha, ndipo zikhumbo zonse zimakwaniritsidwa.

Zilakolako za dziko lapansi zimachokera ku malingaliro olakwika okhudza cholinga cha moyo Dziko lapansi lino si kwawo kwenikweni Malemba amatiuza kuti ndife a Mulungu, kuti tinalengedwa m'chifaniziro Chake, ndipo chifuniro Chake ndi chakuti tibwerere ku chiyambi chathu chaumulungu. Chomwe anthu sadziwa n'chakuti pokhapokha atabwerera ku gwero lake laumulungu, adzakakamizika kulimbana kuti akwaniritse zilakolako zambiri. Tangoganizani zimenezo! N'zoona kuti anthu sangalephere kukhala ndi zilakolako, ndipo palibe cholakwika ndi kukhala nazo. Komabe, zilakolako zambiri za anthu zimalepheretsa kukwaniritsidwa kwa chilakolako chachikulu chobwerera kwa Mulungu. Motero, zimawononga chisangalalo cha anthu. Pokhapokha anthu akafuna Mulungu ndi kumupeza, adzapitirizabe kulakalaka chilichonse chimene akuganiza kuti chingawabweretsere chisangalalo. Koma kukwaniritsidwa kwa zilakolako zonse nthawi yomweyo kumabwera kokha kwa iwo amene amapeza Mulungu.

Pali magulu awiri a zilakolako: zomwe zimatithandiza kupeza Mulungu, ndi zomwe zimatilepheretsa kumupeza Iye. Mwachitsanzo, ngati wina wakulakwirani, mungamve chikhumbo chofuna kubwezera. Komabe, ngati mugonjetsa chikhumbochi pogwiritsa ntchito mphamvu yapamwamba komanso yovomerezeka ya chikondi, mudzakhala mutagwiritsa ntchito chida chomwe chingakuthandizeni kupeza Mulungu. Zilakolako zonse ziyenera kukwaniritsidwa m'njira yabwino, chifukwa zikakwaniritsidwa kudzera m'njira za dziko lapansi, zilakolako zimachulukana, limodzi ndi mavuto ndi kuvutika. Ngati tiphunzira kupereka zokhumba zathu zonse kwa Mulungu, Iye adzagwira ntchito kuti akwaniritse zokhumba zathu zabwino ndikuchotsa zovulaza komanso zowononga zathu. Palibe chitetezo chachikulu kuposa chikumbumtima choyera, ndipo palibe chitetezo chabwino kwambiri pa zilakolako za moyo kuposa kukhala ndi zilakolako zabwino komanso zapamwamba.

Tikazindikira kuti chifaniziro changwiro cha Mulungu chili mkati mwathu, zokhumba zathu zonse zimakwaniritsidwa. Mu chidziwitso chopatulikacho, chomwe chimaposa chuma chonse cha dziko lapansi ndi chuma, simudzagwedezeka ngakhale mutapatsidwa dziko lonse lapansi. Kutamandidwa sikudzakupangitsani kudzikuza, kapena kukuimbani mlandu, chifukwa mudzalawa chimwemwe cha Mulungu mkati mwanu, ndipo chimenecho chidzakhala chinthu chofunika kwambiri pa moyo wanu.

Choyamba tiyenera kupempha chitsogozo cha Mulungu poyesa kukwaniritsa zokhumba zathu zovomerezeka, ndipo ndiyo njira yabwino kwambiri yopezera mayankho a mapemphero athu onse. Koma

pemphero liyenera kuchotsedwa m'pemphero. Njira yakale yopempherera iyenera kusintha, ndipo tiyenera kutembenukira kwa Mulungu ndi chidaliro chonse ndi chikhulupiriro chosagwedezeka kuti Iye amatimva ndipo adzatipatsa zopempha zathu. Mulungu safuna kuti tisiye chifuniro chathu—ngakhale pamene tikupemphera kwa Iye—chifukwa chifuniro chimenecho ndi mphatso yamtengo wapatali kwambiri yomwe talandira kuchokera ku dzanja Lake lachisomo, ufulu wopatulika umene Iye anafuna kwa ife kuyambira pamene tinalengedwa.

Mwachibadwa, munthu ayenera kusiyanitsa pakati pa mapemphero ndi zilakolako zomveka ndi zopanda nzeru. Kumbukirani kuti chilakolako ndi mphamvu; ngati mumamatira ku chilakolako—kaya chabwino kapena choipa, chopindulitsa kapena chovulaza—ndipo mukukhala nacho usana ndi usiku, pamapeto pake chidzachitika. Chifukwa chake, munthu ayenera kusamala ndi kupewa kusunga zilakolako zovulaza, chifukwa zidzakwaniritsidwa ndipo zidzabweretsa mavuto aakulu ndi chisoni chosaneneka.

Pakapita nthawi, mudzapeza kuti ngakhale kuti zokhumba zanu zakwaniritsidwa, mtima wanu umakhalabe wopanda kanthu, ndipo mudzakumana ndi kupanduka kwamkati Tangoganizani kuti dongosolo lanu logaya chakudya ndi lofooka, koma mukulakalaka zakudya zokazinga. Inde, mudzamva kupweteka nthawi iliyonse mukazidya, ngakhale mutakhala ndi chisangalalo pamene mukuchita zinthu. Ndipo motero, mudzamva ngati mwalakwitsa. Nzeru ilamula kugwiritsa ntchito kuzindikira kusiyanitsa pakati pa zilakolako zabwino ndi zoipa, ndipo izi zikakwaniritsidwa, zilakolako zolakwikazo siziyenera kukwaniritsidwa. Anthu ali ndi mphamvu

yamkati ya kuzindikira ndipo ayenera kuigwiritsa ntchito nthawi zonse, kutsogolera miyoyo yawo motsatira malangizo a chikumbumtima, omwe ndi mawu a Mulungu.

Zilakolako zosakwaniritsidwa zimakhalabe mumtima. Kodi pali vuto lotani ngati mukuzisunga mmenemo? Yankho lake ndi ili:

Chilakolako chilichonse chimapangidwa ndi mphamvu zenizeni: zabwino kapena zoyipa, kapena zonse ziwiri Munthu akafa—Mulungu amuchitire chifundo—mphamvu zimenezi sizimafa ngakhale thupi litawonongeka ndi kuonongeka. M'malo mwake, zimatsagana ndi mzimu kulikonse komwe ukupita mu mawonekedwe a makapisozi auzimu okhazikika. Munthu akabadwanso mwatsopano, makapisozi kapena mapiritsi amisala awa amaonekera ngati zizolowezi za khalidwe. Motero, munthu amene wamwalira ali chidakwa amabweretsa chilakolako cha mowa akabadwanso, ndipo chilakolakochi chimapitirira mpaka atagonjetsa chilakolako cha mowa. Izi zikugwiranso ntchito pazinthu zina.

Ngakhale ana aang'ono kwambiri amasonyeza makhalidwe omwe amachokera m'miyoyo yakale Ana ena amavutika ndi mkwiyo waukulu Ena amakhala ndi mkwiyo woipa Inde, Mulungu sanawalenge motere Zilakolako zosakwaniritsidwa kuchokera m'miyoyo yakale zapanga zizolowezi zamaganizo izi, ndipo chifukwa cha izo, moyo umawoneka wachilendo pang'ono, ngakhale kuti wapangidwa m'chifaniziro choyera cha Mulungu Ngati chithunzi cha Mulungu chasokonekera mkati mwa munthu m'moyo uno, kaya ndi mkwiyo, mantha, kapena chilakolako, ndipo makhalidwe awa sagonjetsedwa tsopano, ndiye kuti adzabadwanso nawo (kapena adzabadwanso nawo), akunyamula katundu wa zizolowezi zosautsa izi

mpaka atazigonjetsa m'thupi ili kapena mtsogolo Palibe njira yothawiramo mpaka atagonjetsedwa

Chifukwa chake, ndi bwino kukwaniritsa zokhumba zonse tsopano kapena kuzigonjetsa.

Njira yabwino kwambiri yochotsera zilakolako zotere kamodzi kokha ndikukhala ndi chisangalalo chapamwamba cha Mulungu. Apo ayi, zilakolako zoletsedwazi ndi zilakolako zosakwaniritsidwa zidzazunza ndi kuzunza moyo.

Munthu ayenera kuzindikira, kudzera mu kuzindikira ndi nzeru, kuti Mulungu yekha ndiye angathe kupereka chimwemwe choyera komanso chokhalitsa.

Nthawi zambiri, zilakolako zimakhala zobisika mumtima mwa munthu wosadziwa. Mungaganize kuti zatha, koma sizinathe; ichi ndi chimodzi mwa zinsinsi za moyo, chomwe ndi chinsinsi chachikulu.

Koma chinsinsichi chimatha tikamafufuza moyo ndikuganizira tanthauzo lake. Ngati mutakhala chete kwa kanthawi kochepa tsiku lililonse ndikudzifufuza nokha, mungapeze kuti muli ndi zilakolako zambiri zomwe sizinakwaniritsidwe. Zilakolako zimenezi zili ngati tizilombo toyambitsa matenda tomwe munthu amanyamula kulikonse komwe akupita, m'moyo uno komanso wotsatira.

Njira yabwino kwambiri yopitira patsogolo ndiyo kuzindikira—kudzera mu chisankho chanzeru—zilakolako zoipa m'moyo uno ndikuyang'ana khama lanu pakukwaniritsa zilakolako zanu zabwino Ngati mukumva chilakolako chofuna kudzipha kapena kuchita chilichonse cholakwika, muyenera kuchotsa chilakolako chimenecho tsopano Dzitsimikizireni nokha, m'malingaliro ndi zochita, kuti muli ndi kuwala kwaumulungu mkati mwa moyo wanu, ndipo kumbukirani kuti munalengedwa m'chifaniziro cha

Wamphamvuyonse, ndipo chifukwa chake muli ndi mphamvu yoposa chibadwa chanu chakuthupi ndi zizolowezi zanu.

Musamakonde kwambiri zinthu zapamwamba koma musamakonde kwambiri zilakolako, ndipo mudzapambana nkhondo ya moyo Ngati mukuvutika ndi ululu wosatha, yesetsani momwe mungathere kudzipatula ku chidziwitso chakuthupi Kudzera mu kuzindikira, mutha kugonjetsa malingaliro Kuzindikira mwanzeru ndi moto womwe umawotcha zilakolako zovulaza ndi zilakolako zowononga, kuzisandutsa phulusa

Ndi chizolowezi cha anthu kusunga zinthu zakale, zosweka, komanso zosafunikira pakona ya nyumba, ndi kukonza ndi kuyeretsa nyumbayo nthawi ndi nthawi. Mofananamo, pakona ya malingaliro anu osazindikira muli zilakolako zambiri zomwe zingakupwetekeni mobisa, zomwe zingakubweretsereni mavuto aakulu tsiku lina ngati simukuzigwira bwino.

Kudzisanthula n'kofunika kwambiri panjira yauzimu. Mutha kukhala ndi chidani, kukwiya msanga, kapena kukwiya msanga. Ngati ndi choncho, makhalidwe amenewa omwe amasungidwa mumtima mwanu ndi chifukwa cha zochita zanu zakale. Kuti muchotse maganizo anu pa mipando yodzaza ndi zinthu zakale, muyenera kuyamba ndi zochita zabwino komanso zomangirira ndikukulitsa chikondi kwa ena. Mukakonda anthu kwambiri, iwonso adzakukondani kwambiri, ndipo mudzamva chikondi chawo. Koma ngati muwadzudzula, ngakhale kwa inu nokha, adzamva kudzudzulidwako ndikukubwezerani!

Tiyerekeze kuti mdani wakale wamwalira, koma mukumusungirabe mkwiyo ndi chidani. Mudzavutika chifukwa cha kuwawa kumeneku, ndipo zotsatira zake

zoipa zidzaonekera m'thupi ndi m'maganizo mwanu. Ndi bwino kumukhululukira chifukwa cha Mulungu, chifukwa pochita zimenezi, mudzadzimasula ku zilakolako zoipa za kubwezera zomwe zimawononga mtendere wanu wa mumtima ndikuwononga mtendere wanu. Kusonkhanitsa chidani pa chidani, kapena kuyankha chidani ndi chidani, sikuti kungowonjezera chidani cha mdani wanu kwa inu komanso kumawononga thupi lanu ndi malingaliro anu. Chifukwa chake khululukirani ndi chikhululukiro chabwino.

Nthawi ndi nthawi, munthu ayenera kusiya chilichonse kuti akhale yekha, kuti aganizire za cholinga cha moyo Anthu ambiri amatsatira miyambo ndi mafashoni. Ndipotu, sanakhalepo ndi moyo wawo, koma moyo wa dziko lapansi. Kodi akwaniritsa chiyani, ndipo afika pati?

Chifukwa chake, ndi bwino kuti munthu nthawi zina adzichotsere kutanganidwa ndi ntchito za tsiku ndi tsiku kuti athetse mavuto a m'maganizo mwake ndikuyesera kumvetsetsa tanthauzo lake ndikutsimikiza cholinga chomwe akufuna kukwaniritsa.

Kumbukirani kuti umboni waukulu kwambiri womwe mungalandire ndi wa chikumbumtima chanu: mawu osalakwitsa komanso osalephera a moyo wanu. Chimene chikumbumtima chanu chimakuuzani ndi chomwe mulidi, popanda kukongoletsa kapena kubisa.

Taganizirani za mphamvu ya Yesu Khristu amene anati, “Atate, muwakhululukire, pakuti sadziwa kuchita chimene sadziwa.”

Ndipo ganizirani za Mneneri Wamkulu amene anati: “Kodi sindikukuuzani zomwe zimakweza udindo wa munthu?” Iwo anati: “Inde, Mtumiki wa Mulungu”

Iye anati: “Khalani oleza mtima ndi amene sakudziwani, perekani kwa amene sakukufunirani, sungani ubale ndi amene akudulani ubale, ndipo khululukirani amene akukuchimwirani.”

Kumvera mawu a chikumbumtima chanu chowunikiridwa kudzakuunikirani njira yanu ndi madalitso m'moyo wanu Mukamva chilakolako champhamvu mumtima mwanu chokwaniritsa chilakolako, gwiritsani ntchito kuzindikira kwanu ndikudzifunsa kuti: "Kodi ndi chilakolako chabwino kapena choipa chomwe ndikufuna kukwaniritsa?"

Zinthu zambiri zimapangitsa anthu kukhala ndi zilakolako. Munthu akaona galimoto yatsopano, amafuna kukhala ndi yofanana nayo. Akaona nyumba yatsopano, amafuna kukhala ndi yofanana nayo. Mafashoni atsopano amatchuka, ndipo anthu amalakalaka kugula ndi kuvala kalembedwe kameneka!

Kodi zokhumba zimachokera kuti? Ndinakhala maola ambiri ndikuganizira izi Kodi mungagawane zokhumba zanu zonse m'magulu? Ndinatha kuzisankha zonse ndikusunga zabwino zokha. Ndipo pamene ndinapeza chiyanjano chaumulungu, ndinapeza kuti zokhumba zanga zonse zabwino zakwaniritsidwa nthawi imodzi Lero mukulakalaka chinachake, ndipo mawa moyo wanu ukulakalaka china chake Maganizo anu, omwe amachokera kwa Mulungu Wamphamvuyonse, sangakhutitsidwe ndi zinthu za dziko lino, ndipo sizidzakhutitsidwa, chifukwa, bwenzi langa lokondedwa, mwataya chuma chamtengo wapatali komanso chamtengo wapatali kwambiri cha moyo wanu, amene yekha ali ndi mphamvu zokhutiritsa chilakolako chanu ndikukwaniritsa zokhumba zanu Chuma chotayikacho ndi Mulungu.

N’zoona kuti pali zilakolako zina zabwino kapena zofunika, ndipo muyenera kuyesetsa kuzikwaniritsa. Koma pamene mukuyesetsa kukwaniritsa zilakolako zanu zazing’ono, musaiwale choyamba kukwaniritsa chilakolako chanu chachikulu kwa Mulungu. Kutsimikiza kuti zilakolako zazing’ono ndi ntchito ziyenera kukwaniritsidwa kaye ndi chinyengo komanso chinyengo. Ndimakumbukirabe pachiyambi cha ulendo wanga wauzimu kuti ndinali wozengereza ndipo sindinkasinkhasinkha nthawi zonse, ngakhale kuti ndinkadziuza kuti ndizipeza nthawi yochita zimenezo. Chaka chonse chinadutsa motere ndisanazindikire kuti sindinakwaniritse zomwe ndinalonjeza ndekha. Nthawi yomweyo ndinalumbira ndekha kuti chinthu choyamba chimene ndingachite m’mawa chinali kusamba kenako n’kusinkhasinkha za Mulungu. Ntchito za tsiku ndi tsiku zinali zambiri panthawiyo, ndipo sizinali zophweka kuzithawa, ngakhale kwa kanthawi kochepa. Chifukwa chake, ndinaganiza zochita ntchito zanga zauzimu kaye. Ndipo motero, ndinaphunzira phunziro lalikulu: udindo wanga kwa Mulungu umabwera kaye, ndipo pamenepo ndimangochita ntchito zina zosafunika kwenikweni.

N’chifukwa chiyani Mulungu ayenera kutsegulira anthu zipata zamuyaya ngati anthu amaika patsogolo ntchito zina ndi zinthu zina kuposa Mulungu? Mulungu waika mapiko auzimu mkati mwathu ndipo amayembekezera kuti tikwere m’malo mwa mzimu Mapiko awa ndi zilakolako zathu zauzimu, malingaliro athu apamwamba, ndi chikhumbo chathu chochokera pansi pa mtima cha gwero lathu lauzimu

Tiyeni tifunefune Mulungu choyamba Si nzeru kupatsa ntchito zapadziko lapansi kufunika kwakukulu, chifukwa Azrael akhoza kuitana mzimu

nthawi iliyonse, kenako ntchito zonse, malonjezano, nkhawa, ndi maudindo zidzatha ndipo zidzatha kamodzi kokha. Ndiye n’chifukwa chiyani tiyenera kumamatira kwambiri ku moyo?

Munthu amaganiza kuti akusangalala ndi chitetezo ndi mtendere wamumtima, kenako mwadzidzidzi wataya wokondedwa wake, kapena wataya thanzi lake kapena ntchito yake, ndipo chitetezo ndi mtendere wamumtima zimatayika!

Chikondi changa pa amayi anga chinali chachikulu bwanji! Ndinkaganiza kuti adzakhala nane nthawi zonse, koma mwadzidzidzi ndinapeza kuti anandisiya ndili mwana! Sitiyenera kuopa imfa, koma tiyenera kukhala okonzeka kuiopa.

Moyo si mmene ukuonekera Musaike chidaliro chanu mwa iwo, chifukwa ndi wosakhazikika, wonyenga, komanso wodzaza ndi zokhumudwitsa komanso ziyembekezo zosweka Ungwiro sungapezeke pano Sindikufuna kukupatsani chithunzi chosatheka cha moyo Dziko lino si paradaiso Ndi malo oyeretsera mizimu komwe Mulungu amayesa miyoyo kuti aone ngati ingagonjetse zilakolako zoipa ndi zabwino ndikumupanga Iye—ndiko kuti, kupanga Mulungu—chilakolako chawo chachikulu, kuti abwerere ku ufumu Wake

Moyo uli wodzaza ndi mitundu yonse ya masoka ndi nthabwala, masoka ndi chisangalalo Ndi chokongoletsera chachikulu, chosinthasintha nthawi zonse, komanso chowala cha mitundu yosawerengeka Palibe zinthu ziwiri zofanana Moyo wa munthu aliyense ndi wapadera Munthu aliyense ali ndi mawonekedwe osiyana, malingaliro osiyana, ndi zilakolako zosiyana Ngati tinkakumana ndi mayesero omwewo tsiku lililonse, tikanatopa ndi kutopa Ngakhale Paradaiso, ngati nthawi zonse ikanakhala

yofanana, ikadataya kukongola kwake Timakonda mitundu yosiyanasiyana ndi kusiyanasiyana Lingaliro lachikhalidwe la Paradaiso ndi lolakwika kotheratu Ngati likanakhala lotopetsadi, oyera mtima ndi amuna oyera a Mulungu akanapemphera kuti abwerere ku Dziko Lapansi kuti akasangalale okha! Paradaiso nthawi zonse amakonzedwanso mwanjira yosangalatsa kwambiri, pomwe Dziko Lapansi nthawi zambiri limakonzedwanso, koma mwanjira yotopetsa komanso yosasangalatsa

Komabe, ngakhale kuti moyo ndi wotopetsa komanso wovuta, anthu ambiri amauzolowera, akukhulupirira kuti palibe njira ina yokhalira moyo. Polephera kuyerekeza moyo uwu ndi moyo wauzimu, amalephera kuzindikira kuchuluka kwa ululu ndi kutopa komwe kumabisika m'dziko lino lapansi.

Zoona zake, moyo si weniweni Ndi zosangalatsa chabe, palibe china Monga momwe mafilimu akale amatulutsidwiranso mobwerezabwereza, momwemonso zochitika zakale zomwezo zimabwerezabwereza m'njira zosiyanasiyana. Ndipo ngakhale kuti moyo ukupitirizabe, mitu yomweyi yomwe imaperekedwa m'mafilimu akale imabwerezedwanso imodzi pambuyo pa ina. Zoonadi, mbiri imadzibwereza yokha, ndipo anthu ndi zinthu zakale chabe m'nyumba zosungiramo zinthu zakale za nthawi.

Kulola moyo kutulutsa zodabwitsa zake, kuzilandira ndi chisangalalo, mwachilungamo, komanso modzipereka, osakhudzidwa ndi malingaliro, ngati kuti mukuonera kanema. Kuseka kochokera pansi pa mtima ndi mankhwala abwino kwambiri a mavuto onse a anthu.

Muyenera kuyang'ana moyo mosavuta komanso momasuka. Izi ndi zomwe ndinaphunzira kwa

mphunzitsi wanga. Poyamba maphunziro anga auzimu m'nyumba yake, ndinagwira ntchito zanga ndi nkhope yokwiya, osamwetulira. Tsiku lina mphunzitsi wanga anazindikira izi ndipo anati, "Mulungu akalola, zonse zili bwino! Kodi muli pa maliro? Kodi simukudziwa kuti kupeza Mulungu kumatanthauza kubisa nkhawa ndikubisa chisoni chonse? Musatenge moyo mozama kwambiri."

Anandiphunzitsa kuti ndi udindo wa munthu kukweza maganizo ake pamwamba pa zosokoneza ndi mavuto onse a padziko lapansi kuti apeze ufulu wonse mwa Mulungu.

Munthu ayenera kukhala wolinganiza bwino pa chisangalalo ndi chisoni, phindu ndi kutayika, chipambano ndi kulephera kuti athe kulimbana ndi mavuto a moyo molimba mtima komanso modzidalira.

Kusunga mtendere wamumtima ngakhale pazochitika zonse ndiyo njira yabwino kwambiri yogonjetsera zilakolako zonyenga Izi ndi zomwe ndinaphunzira kwa akuluakulu omwe sanakhudzidwe ndi kusintha kwa nthawi, koma anakhalabe olimba mtima komanso osasintha mpaka kumapeto Ngakhale aneneri, pamene ankazunzidwa, sanataye chidziwitso chawo chopatulika, komanso sanalole aliyense kuba chikondi cha Mulungu kwa iwo Chisangalalo chauzimu ndicho chitetezo chodala komanso linga lalikulu kwambiri pakati pa mayesero ndi mavuto, kumbukirani madalitso omwe Mulungu wakupatsani Moyo wanu ndi kachisi wopatulika wa Mulungu Musalole mdima wa kusadziwa kuipitsa malo oyera amenewo Ndikosangalatsa kwambiri kukhala mu mkhalidwe wozindikira zauzimu, wolemekezeka, wolemekezeka, wotetezeka, komanso wamtendere! Musaope chilichonse ndipo musadane ndi aliyense Perekani chikondi chanu kwa aliyense Imvani chikondi

cha Mulungu ndikuwona kukhalapo Kwake mwa anthu onse, ndipo lolani chilakolako chanu chachikulu chikhale kukhalapo Kwake kosatha mumtima mwanu Iyi ndiyo njira yokhala mumtendere ndi bata m'dziko lino Koma n'kovuta kulawa kudzikhutitsa uku bola ngati mphepo zamphamvu za zilakolako zikuwomba m'malo opumulira a mtima ndikugwedeza mitengo yake mwamphamvu

Zokhumba zimapangidwa ndi malo omwe munthu ali. Zimabadwa kuchokera ku malingaliro athu amalingaliro ndipo zimachepetsedwa ndi zofooka za malingaliro amenewo. Kupita ku chiwonetsero chakumidzi kumakwaniritsa chikhumbo cha chisangalalo, koma titapita ku chiwonetsero chapamwamba kwambiri padziko lonse lapansi ndikuwona ziwonetsero zosiyanasiyana, chiwonetsero chaching'ono chimataya kukongola kwake ndi kukongola kwake. Chifukwa chake, choyamba tiyenera kukhala ndi chisangalalo cha kulumikizana ndi Mulungu kuti tiyerekeze chisangalalo chimenecho ndi zosangalatsa zochepa zapadziko lapansi. Kenako, zokhumba zidzakhala zapamwamba. Chikhumbo sichidzatha; chikhumbo chimodzi chikakwaniritsidwa, china chimatenga malo ake. Koma mukapeza Mulungu, zokhumba zanu zonse zimakwaniritsidwa. "Funani ufumu wa Mulungu choyamba ndi chilungamo chake, ndipo zinthu zonsezi zidzapatsidwa kwa inu (Ndipo chomwe chili ndi Mulungu ndi chabwino komanso chokhalitsa)" Ndiye bwanji osafunafuna choyamba kukwaniritsidwa kwa chikhumbo chachikulu chimenecho ndikupeza kuchokera ku dzanja la Mulungu lokoma mtima zabwino kwambiri komanso zokhalitsa?

Mulungu akayankha pemphero la wofuna kudziwa Iye, zokhumba zake zina zonse zidzakwaniritsidwa nthawi yomweyo komanso kwamuyaya.

Anthu ena amaganiza kuti alibe zilakolako Chabwino!

Ndaona zomwe zimachitika nthawi zambiri anthu akapita kumsika. Sangakhale ndi chilakolako chenicheni chogula, koma mwadzidzidzi chinachake chimawagwira maso ndipo amaganiza kuti, "Inde, ndiyenera kugula!"

Ngakhale atapanda kugula nthawi yomweyo, imakhala m'maganizo mwawo usana ndi usiku mpaka atagula, ngakhale atabwereka ndalama. Amasangalala nazo kwakanthawi, koma pang'onopang'ono kukongola kwake kumachepa ndipo chisangalalo chokhala nacho chimachepa, kotero amalakalaka china chake, ndi zina zotero.

Nthawi zina timakumana ndi munthu amene amati: "Aa, ndikanakhala ndi ndalama zoti ndiziti (kapena galimoto yapadera kapena dziwe losambira kapena kapena)" ndipo chilakolako chimenecho chikangokwaniritsidwa, chilakolako china chimabuka cha chinthu chatsopano.

Zilakolako za anthu ndi zopanda ungwiro, motero sizingathe kupeza chimwemwe chathunthu kwa eni ake.

Dziko lapansi lidzayesa kukulepheretsani kukumbukira kuti chilakolako chokhacho chofunikira ndikupeza Mulungu. Koma muyenera kudzikumbutsa izi tsiku lililonse. Munthu akasankha kusiya kusuta fodya, kusiya kudya mopitirira muyeso, kusiya kunama, kapena kusiya kuchita chinyengo, ayenera kukhala otsimikiza pa chisankho chake osagwedezeka. Malo oipa amachotsa ndi kufooketsa chifuniro, kupanga zilakolako zabodza mwa munthu.

Zimatengera zabwino kwambiri kwa iwo ndikuwapatsa zoyipa kwambiri. Anthu omwe amakhala ndi akuba amakhulupirira kuti ndiyo njira yokhayo yokhalira moyo. Koma kuyanjana ndi anthu abwino kumatsogolera malingaliro ku zinthu zapamwamba, kotero kuti zilakolako zabodza sizingayesenso munthu. Chilichonse m'moyo uno chimatha kusintha ndi kusinthasintha. Koma mphindi zochepa zoganizira mozama kapena kuphunzira ndikuganizira nkhani zoyera zauzimu zidzakhala gwero la chilimbikitso, kunyamula wofunafuna mofunitsitsa kudutsa nyanja yachinyengo ndi chinyengo kupita kugombe laumulungu komwe "kutopa sikudzawakhudza mmenemo, ndipo sadzachotsedwa mmenemo."

(Kupuma kwakukulu kwakonzedwa kwa iwo omwe adagwira ntchito molimbika, ndipo amene sanasiye kufunafuna choonadi ndiye wapambana)

Chimwemwe chenicheni chimakhala pakulakalaka Mulungu ndi kuganiza za Iye nthawi zonse. Ndi chipiriro, nthawi imabwera pamene lingaliro limenelo limakhala lolimba komanso losagwedezeka kotero kuti palibe vuto lakuthupi, lamaganizo, kapena lamaganizo lomwe lingasinthe kuzindikira kwanu kwa Mulungu. Kodi sizodabwitsa kukhala ndi kuzindikira kwa Mulungu, kuganiza za Iye ndi kumumva nthawi zonse, ndikukhalabe m'malo opatulika a kukhalapo kwake kosatha, komwe imfa kapena china chilichonse sichingakuba mtendere wanu wamkati? (Amene akhulupirira ndipo mitima yawo imapumula pokumbukira Mulungu. Ndithudi, pokumbukira Mulungu mitima imapumula)

Mukapanda kukhudzidwa ndi zilakolako zonse, mumasangalala ndi kukhalapo kwamuyaya.

Moyo ndi wachilendo kwenikweni, chifukwa chilichonse chimasintha Chifukwa chake, munthu sayenera kumangirira chombo cha chisangalalo pamchenga wosuntha wa moyo uno Nthawi yathu ipita, ndipo zomwe tikuziona tsopano tsiku lina zidzapita Kusintha ndikovomerezeka bola ngati simungalole kuti kukupwetekeni Ndipo zikakupwetekani, chisokonezo chamkati chomwe mumakumana nacho ndi uthenga kwa inu kuti musakhale ndi zilakolako Mukakhala otetezeka mu mzimu waumulungu, mumasangalala ndi chilichonse popanda kudzidalira Chifukwa chake, kuyesetsa kumudziwa Iye ndikofunikira kwambiri kwa iwo omwe amasamala; apo ayi, moyo udzakhala wokhumudwitsa kwambiri, wophwanya ziyembekezo mwanjira yoopsa

Pamene ndinabwerera ku India mu 1935, ndinkayembekezera kupita ku malo omwe ndimakonda ndili mwana, koma nditafika, ndinapeza kuti chilichonse chasintha Gawo la moyo linali litakonzedwanso mwanjira ina Chisoni chachikulu ndi kudabwa kunabwera pamene ndinapita ku nyumba yanga yakale ku Aykapur, komwe ndinkasewera ndikuonera mbalame Mtengo umodzi wokha womwe unatsala mwa zonse zomwe ndimakumbukira Moyo ndi umenewo! Zinthu zodziwika bwino komanso zokondedwa zimachoka pamaso pathu chimodzi ndi chimodzi Ndinali wokonzeka kupereka chilichonse kuti ndione nyumba yathu monga momwe inalili ndili mwana. Komabe, Mulungu anakwaniritsa zomwe ndinkafuna, chifukwa pambuyo pake ndinawona nyumbayo m'masomphenya, komwe tinkasambira m'dziwe, kenako ndinakwera mmwamba, ndinagona pabedi, ndikudya mango, monga momwe ndinkachitira zaka zambiri zapitazo

Zokhumba ziyenera kufufuzidwa ndi kufufuzidwa mosamala kwambiri, kusankhidwa bwino, ndipo zabwino zokha ndizo zisungidwe, ndipo ngakhale zokhumba zabwinozo siziloledwa kuletsa chilakolako chofunika kwambiri cha Mulungu.

Chilakolako chimenecho chiyenera kukhalabe chamoyo ndi choyaka, ndipo sichiyenera kuloledwa kuzimiririka kapena kuzimiririka Munthu amakhala pansi pa chinyengo chachikulu akapempha Mulungu kuti akwaniritse zokhumba zake zapadziko lapansi koma samupempha kuti adziwulule kwa iye Tangoganizani mwana amene nthawi zonse amafuna kuti makolo ake amupatse zopempha zake, ndipo mwanjira ina samazifunsa kapena kuziganizira. Kumeneko ndi kusayamika ndi kukana kukoma mtima kwawo, ndipo mmenemo pali phunziro kwa iwo amene amaganizira.

<u>Buku la moyo ili likagwiritsidwa ntchito, munthu adzalandira chidziwitso chauzimu chokha chomwe wapeza panthawi ya moyo wake padziko lapansi. Chifukwa chake, Mulungu ayenera kukhalapo nthawi zonse m'maganizo mwa munthu, kumupempha nthawi zonse komanso osamuiwala ngati munthu akudera nkhawa kwambiri za tsogolo lake lauzimu.</u> Tikamalumikizana ndi Mulungu, tidzapeza kuti zokhumba zonse zikukwaniritsidwa mwanjira yachinsinsi. Koma choyamba tiyenera kufunafuna Mulungu ndi wowolowa manja ndipo watipatsa chilichonse, koma tidzamupeza pokhapokha ngati sitikukhutira ndi mphatso zake koma titembenukira kwa Woperekayo. Tidzamudziwa malinga ngati tili oona mtima pakufunafuna kwathu, ofunitsitsa kuyandikira kwa Iye ndikukhala ndi mwayi wodalitsidwa.

Cholepheretsa chachikulu chomwe munthu amakumana nacho ndi iye mwini Akamayesa kukhala chete ndikuganizira zauzimu, maganizo a dziko amabuka mwadzidzidzi, kuwasokoneza ndikuwalepheretsa kukwaniritsa cholinga chawo. Ayenera kudziphunzitsa okha kulamulira maganizo ndi matupi awo, ndipo potero, adzanyamula paradaiso wonyamulika mkati mwa moyo wawo. Mu moyo kapena imfa, kumwamba kapena ku gehena, chimwemwe chachikulu chimenecho chidzawatsagana nawo.

Tiyenera kupemphera kwa Mulungu mozama, kutsanulira chikhumbo chathu chachikulu, kumupempha m'chilankhulo cha mtima, chilakolako cha moyo, ndi kunong'oneza kwa chikumbumtima, kuti atimve ndi kutiyankha. Koma ngati munthu apemphera mopanda mtima ndipo nthawi yomweyo akuganizira zina—chinthu chimene Mulungu akudziwa kuti si nkhani yaikulu ya munthuyo—Iye sadzayankha.

Choyamba tiyenera kukhala ndi Mulungu Nthawi ndi ino. Sitiyenera kudikira, chifukwa zinyengo ndi zamphamvu kwambiri. Moyo umatha msanga, ndipo ndi manyazi kuchoka m'dziko lino osadziwa cholinga cha moyo. Tiyenera kuganizira nthawi iliyonse yomwe tili ndi nthawi yopuma. Ngakhale mapemphero anu sanayankhidwe poyamba, musataye mtima ndi chifundo cha Mulungu, koma pitirizani kupemphera. Pempherani moona mtima ndipo khulupirirani kuti pemphero lanu lidzayankhidwa.

Ndaona umboni waukulu kwambiri wa momwe Mulungu amayankhira pemphero m'moyo wanga. Koma kuyankha koteroko kumafuna khama, chifukwa palibe chofunika chomwe chimabwera popanda kuyesetsa. Kusinkhasinkha ndikofunikira kuti tiwulule zinsinsi za moyo ndikulowa mu ufumu wa Mulungu.

Zizolowezi zoipa ndi zosokoneza zina zidzayesa kufooketsa khama lanu ndikufooketsa kutsimikiza mtima kwanu. Koma ngati mukufuna kukhala osangalala, pitirizani kuganizira za Mulungu, ndipo mudzamupeza Iye pafupi nanu.

Zilakolako za zosangalatsa zapadziko lapansi zimapangitsa kukoka kwa maginito komwe kumakoka munthu padziko lapansi, moyo pambuyo pa moyo Kubwerera ku thupi kumakhala kosafunikira kwa iwo omwe apeza zilakolako zawo mwa Mulungu Nthawi iliyonse akafuna kukwaniritsa chilakolako chilichonse, amachiganizira, ndipo chimaonekera pamaso pawo Amayi anga anaonekera kwa ine atamwalira, ndipo ndinatonthozedwa ndi kuwaona ndipo ndinayamika Mulungu chifukwa cha ubwino wake Zoonadi, Iye ndi Wopatsa Kwambiri ndi Wachifundo Kwambiri Amakwaniritsa zilakolako zathu kuti asonyeze chikondi Chake ndi kuyamikira kwa ife pamene timupatsa Iye malo oyamba m'mitima yathu

Munthu akafika kwa Mulungu, amakhala mbuye wa moyo ndi tsogolo. Sitiyenera kupuma mpaka kukhalapo kwa Mulungu kukhazikike m'miyoyo yathu. Iye adzatipatsa zonse zomwe timalakalaka ndipo adzatiyesa.

Mayesero ndi zopinga panjira yauzimu ndi zambiri komanso zazikulu, koma pamene tikudutsa m'mayesero amenewo ndikugonjetsa zopingazo, tiyenera kunena kuti: “Ambuye, mwayankha mapemphero anga ndipo mwakwaniritsa zokhumba zanga zazikulu, kotero mtima wanga wadzaza ndi kukhalapo Kwanu ndipo moyo wanga wawala ndi kuwala Kwanu”

Mtendere ukhale pa inu

Kuchokera m'mawu a mphunzitsi Paramhansa Yogananda

Anthu amadandaula za lingaliro losiya zinthu zina m'moyo, ngakhale kuti kwenikweni amasiya zinthu zambiri zamtengo wapatali, zomwe ndi mtendere wamumtima, ndipo nthawi zina amadzipereka okha kuti apeze ndalama, zomwe .zingawonongeke

Dziperekeni kwa Mulungu ndipo mudzapeza kuti moyo wanu wakhala ngati nyimbo yokongola komanso yosangalatsa

Chotsani maganizo anu m'dziko lino kupita ku ufumu .waukulu wa Mulungu womwe uli mkati mwanu

Mu sitima yamtendere mutha kupita kudziko lomwe silikutha maloto athu komwe kasupe waumulungu .umatuluka mosalekeza kuchokera pansi pa mtima ndi moyo

Ambuye, ndithandizeni kuchita gawo langa mu masewera a moyo mwanjira yomwe imakusangalatsani, kaya ndili wofooka kapena wamphamvu, wodwala kapena wathanzi, wotchuka kapena wosadziwika, wolemera kapena wosauka, podziwa kuti mumandikonda ndipo .simudzandisiya

Chuma chingachotsedwe kwa munthu, kapena chingachotsedwe, akachoka m'dziko lino, ndipo sangathe kuchitenga ndi iye. Phindu lake lenileni lili pakugwiritsa ntchito chumacho pa ntchito zabwino komanso kubweretsa chimwemwe kwa iye mwini ndi ena m'njira yomwe .imakondweretsa Mulungu ndi chikumbumtima cha munthu

Anthu amene amangoganizira za chitetezo chawo ndi chitonthozo chawo, kuiwala kapena kunyalanyaza zosowa za

ena, kwenikweni akufunafuna umphawi womwe tsiku lina udzakhala wawo. Anthu amene amamatira ku chuma chawo m'malo mochigwiritsa ntchito pa ntchito zabwino samadzibweretsera chipambano m'moyo wawo wa pambuyo pa imfa koma amabadwa osauka, ndi zilakolako ndi zilakolako za olemera. Koma anthu amene amagawana chuma chawo ndi chipambano chawo ndi ena amakopa .zabwino ndi zambiri kulikonse kumene akupita

Mukapereka kwa anthu oyenerera, mudzapeza kuti Mulungu ali nanu nthawi zonse ndipo sadzakusiyani ndipo simudzasowa chilichonse. Tisaiwale kuti miyoyo yathu imathandizidwa mwachindunji ndi Mulungu ndipo tikazindikira kuti maganizo athu, zofuna zathu ndi zochita zathu zonse zimadalira Mulungu ndipo zimapeza mphamvu zake kuchokera kwa Iye, ndiye kuti tidzalandira chitsogozo cholunjika kuchokera kwa Iye ndipo tidzazindikira kuti moyo .wathu ndi umodzi ndi moyo Wake wopanda malire

Kusinkhasinkha kumapereka umboni wa kukhalapo kwa Mulungu. Mafunde a malingaliro akachotsedwa m'dziwe la maganizo, chisangalalo chaumulungu chimatuluka mu mzimu. Chisangalalochi chilipo kale mkati mwa mzimu, .koma chili chophimbidwa

Ambuye Ndidzagwiritsa ntchito mphamvu zanga ndi nzeru zanga kuti ndikwaniritse zinthu zazing'ono kaye kenako ndikupita patsogolo pa zinthu zazikulu

Ngakhale zolinga zonse zakuthupi zitakwaniritsidwa, zimangopereka chisangalalo chosakwanira - ndipo popeza Mulungu ndidzapeza malo osungiramo chisangalalo chosatha Ndipo sichimasiya kuyenda ndi kuyenda M'minda ndi m'madambo obiriwira a moyo

Nyumba: Victory Square

Ngati munthu akukhala moyo wake wonse akutsata zosangalatsa zambiri, sadzadziwa kukoma kwa chimwemwe chenicheni. Munthu ayenera kukhala moyo wosalira zambiri

ndikuyamba moyo mosavuta. Ndikoyenera kuti munthu azikhala yekha, akuganizira zochita zake nthawi ndi nthawi, ndikuchita mtendere wamumtima, womwe umabweretsa .machiritso, kutsitsimutsidwa, ndi mphamvu zatsopano

Ngati zosokoneza nthawi zonse zimakhalapo ndipo zinthu zina zimadzaza malingaliro, mitsempha imavutika chifukwa cha izi, mphamvu zambiri zofunika zidzatayika, ndipo moyo udzakhala wopsinjika komanso wovutika. Komanso, munthu sayenera kuda nkhawa kwambiri ndi kukonza ena; m'malo mwake, ayenera kudzikonza yekha .asanayese kukonza ena

Dziwani kuti nyumba ndi malo omenyera nkhondo abwino kwambiri. Munthu amene ali mngelo m'nyumba .mwake adzakhala mngelo kulikonse

Kukoma kwa mawu ndi mtendere womwe umaperekedwa ndi khalidwe labwino ndizofunikira kwambiri .m'nyumba kuposa kwina kulikonse

Monga momwe mdima sungakhalire kumene kuwala kumawala, momwemonso mdima wa matenda uyenera kuzimiririka pamene kuwala kwa Mulungu kumawala m'maselo a thupi, ndipo ndi ochepa okha amene .amazindikira choonadi ichi

Anthu akamamva chikhumbo chachikulu chofuna kuchira, amapemphera ndi mitima yovutika Kapena ndi chisoni, poganiza kuti Mulungu sadzamva mapemphero awo Kapena amapemphera koma sadikira Kuti adziwe ngati .mapemphero awo afika kwa Mulungu

Monga momwe munthu sangamvere nyimbo zomwe zimawulutsidwa mlengalenga pogwiritsa ntchito chipangizo cholandirira mawu cholakwika, momwemonso munthu sangamvetsere kugwedezeka kwa thanzi, mphamvu, ndi nzeru zochokera kwa Mulungu ndi chipangizo chauzimu chomwe sichikugwira ntchito bwino ndi mantha, nkhawa, ndi .mitundu yonse ya nkhawa, kukayikira, ndi kusatsimikizika

Tikumbukireni ndi kukuthokozani, Ambuye, nthawi ya kusowa ndi kulemera, mu matenda ndi thanzi, mu mdima ndi kuwala, ndi m'zochitika zonse Tikumbukireni ndi chiyamiko masiku abwino omwe mwatipatsa Tithandizeni kutsegula maso a chikhulupiriro kuti tiwone kuwala kwanu .kodala, komwe kumachiritsa matenda ndi matenda onse

Ine ndine kapitawo wa chombo changa cha malingaliro abwino, chifuniro changa chabwino, ndi ntchito yanga yopindulitsa komanso yopindulitsa. Ndidzayendetsa chombo cha moyo wanga, nthawi zonse ndimayang'ana dziko lowala la mtendere mumlengalenga mwa kuganizira kwambiri .zanga

Ndigwiritsa ntchito luso langa loganiza bwino kuti ndipambane pa chilichonse chimene ndimachita Mulungu adzandithandiza ngati nditayesetsanso kudzithandiza .ndekha

Lero ndidzalima munda wa moyo ndi khama latsopano ndikuubzala ndi mbewu za nzeru, thanzi, kukhutira, ndi chimwemwe. Ndidzathirira mbewuzo ndi chikhulupiriro ndi kudzidalira, ndipo ndidzayembekezera zabwino za Wamphamvuyonse kuti andipatse zokolola zolungama. Ngakhale sindidzakolola zomwe ndikuyembekezera, ndidzakhalabe woyamikira komanso woyamikira mtendere wamumtima womwe umabwera chifukwa choyesetsa kuchita .zonse zomwe ndingathe

Ndidzayamika Mulungu kuti nditha kupitiriza kuyesetsa mpaka nditapambana, mwa chisomo Chake Ndipo ndidzayamika Iye ndikakwaniritsa chikhumbo changa chachikulu. Ndidzayesetsa kuchita ntchito zabwino komanso .zoyenera zokha, kufunafuna chisangalalo cha Mulungu

Dziko lapansi lili ndi mphepo zamkuntho zachilengedwe ndi za anthu, ndipo Mulungu ndiye chishango champhamvu komanso malo otetezeka ku mphepo zamkuntho, mphepo zamkuntho, ndi zoipa za dziko lino. Kulikonse kumene Mulungu ali, palibe mantha kapena chisoni. Wokhulupirira

weniweni amaima wolimba mtima ndi wonyada pankhondo ya moyo ndi kulimbana ndi zochitika, wotsimikiza kuti Mulungu ali naye, akumuteteza ku zoopsa ndipo samusiya ngakhale mphindi imodzi. Motero, mantha amatha mumtima mwake ndipo chitsimikizo chimamugwira, chitetezo chomwe .sichingaikidwe

Kusachita mantha kumatanthauza kukhala ndi chikhulupiriro mwa Mulungu ndi chitetezo chake, komanso kukhala ndi chikhulupiriro mu chilungamo chake, nzeru zake, chifundo chake, chikondi chake, ndi kupezeka kwake .kulikonse

Mantha amachotsa mphamvu zamaganizo za munthu, amaphimba malingaliro ake, ndipo amawononga kamvekedwe ka mtima. Komanso, mantha angayambitse kusokonezeka kwa thupi ndi matenda amisala. M'malo mokhala ndi nkhawa komanso kutsekeredwa m'maganizo, munthu ayenera kudzitsimikizira kuti ali otetezeka m'chitetezo cha Mulungu, Wowona Zonse, Womva Zonse, wotetezeka m'linga Lake losagonjetseka, komanso .wozunguliridwa ndi chifundo ndi chisamaliro Chake

Kaya m'nkhalango ya ku Africa, pankhondo, mukuvutika ndi matenda kapena umphawi, munthu ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa zilizonse ndipo limatha kuteteza iwo amene afuna chitetezo mwa Iye. Palibe njira yothandiza yotetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru pochita zinthu pamene nthawi yomweyo akukhulupirira thandizo la Mulungu. Chikhulupiriro sichitanthauza kukhala wosasamala kapena kuchita zinthu mopanda nzeru akakumana ndi mavuto. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye angathe kuthandiza m'mikhalidwe yovuta komanso yovuta ngati munthu atembenukira kwa Iye ndi

mtima wake wonse, moyo wake wonse, ndi malingaliro ake .onse

Mavuto akabwera ngati chipale chofewa, sitiyenera kuwalola kuti alepheretse chifuniro chathu kapena kubisa masomphenya athu omveka bwino komanso njira yanzeru komanso yomveka bwino. M'malo mwake, tiyenera kusunga chikhulupiriro chathu mwa Mulungu ndi malingaliro athu achibadwa a chabwino ndi choipa, ndikuyesetsa kupeza njira yotulukira. Ndi thandizo la Mulungu, tidzaipeza. Pomaliza pake, zinthu zidzayenda bwino chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa anthu. Anthu omwe savomereza kusapeŵeka kwa zochitika m'malo mwake ndipo m'malo mwake amayesetsa kulowa kupitirira chophimba ndi nzeru zawo ndi chikhulupiriro chawo adzapeza chitseko chotseguka kwa iwo —chitseko chomwe dzanja lililonse lokhulupirira .limagogodapo

Moyo uli ndi mdima, ndipo nthawi zina timapunthwa ndi kuzengereza kupita patsogolo Tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zamdima za moyo Mulungu ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lowala m'maola odzuka, nyali yowunikira chitsogozo, ndi nyenyezi yotsogolera kwa iwo oyenda m'nyanja za moyo wapadziko lapansi, wosakhalitsa

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho, tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu

ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

Kusiyana pakati pa kuganizira za m'maganizo ndi kudzifufuza zauzimu

Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso, amakhala ngati wolemba nkhani woyenda, akubwereza miyambi ndi mawu apamwamba, ndipo ena amawaona kuti ndi ophunzira komanso odziwa zambiri. Koma chidziwitso chotere sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, komanso sichikugwirizana ndi kukwaniritsa zauzimu. Mtundu uwu wa luntha kapena luntha umasunga "umwini" womangiriridwa ku malingaliro ozindikira, omwe amaletsedwa ndi mphamvu zakuthupi. Chidziwitso cha chiphunzitso sichingapeze chidziwitso chaumulungu, ndipo ndibwino kuti munthu asawononge nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, kuti munthu asadzipeze atasochera m'nkhalango yowirira ya luntha, .osatha kupitirira dziko la chiphunzitso

Njira imeneyi sidzatsogolera ku kudziwa chowonadi chifukwa chowonadi chili kupitirira malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira iyi .amamangidwa ndi malingaliro awoawo

Ngati munthu agwiritsa ntchito mphamvu zake zamaganizo kuti apeze ndalama ndi zinthu zakuthupi zokha, chidziwitso chake chidzakokedwa kudziko lapansi la zinthu zakuthupi ndikukhala ndi zovuta zambiri. Chifukwa chake, anthu anzeru amanena kuti munthu sayenera kupereka mphamvu zonse zamaganizo zomwe Mulungu wawapatsa kuti azichita zinthu zosakhalitsa, kuti asadzitayike m'gulu la zinthu zakuthupi ndikudzipangira zoletsa zosafunikira. M'malo mwake, ayenera kugwiritsa ntchito mphamvu zake zamaganizo kuti apeze zofunikira pa moyo ndikuyesetsa

kukulitsa mphamvu zake zamakhalidwe abwino kuti athe kusiyanitsa pakati pa chabwino ndi choipa, komanso pakati pa zomwe zili zoipa ndi zomwe zili zothandiza. Akakulitsa chidziwitso chawo chauzimu, adzatha kuzindikira Mulungu mkati mwawo ndikupeza choonadi chauzimu chobisika kuseri kwa zophimba zokhuthala za zinthu zakuthupi. .Mkhalidwe uwu umatchedwa kudzifufuza kwauzimu

Kaya nkhawa zathu zili zotani, Mulungu nthawi zonse ayenera kukhala patsogolo m'miyoyo yathu Chimodzi mwa zinthu zofunika kwambiri pakukula mwauzimu ndi kulumikizana kosalekeza komanso kochokera pansi pa mtima ndi Mulungu, komwe mudzawona kusintha kodabwitsa komanso kwabwino komwe kudzakukhudzani .kwambiri

Munthu akafuna kuonera chiwonetsero, kapena kugula zovala zatsopano kapena galimoto yatsopano, kodi si zoona kuti maganizo ake amakhala otanganidwa nthawi zonse? Ponena za nkhani zimenezo ndi momwe angazikwaniritsire kapena kuzipeza? Sadzapuma mpaka atakwaniritsa zokhumba zake, ndipo adzapitiriza kugwira ntchito mosatopa .kuti akwaniritse zokhumba zimenezo

Motero, maganizo a munthu ayenera kuganizira za Mulungu. Kenako zilakolako zonse zazing'ono, zazing'ono zidzasinthidwa kukhala chilakolako champhamvu chofuna .kumva Mulungu ndikulankhulana naye

Pamene maganizo akunong'oneza Mulungu kunong'oneza kochokera pansi pa mtima, kochokera pansi pa mtima wofunitsitsa

Kuyimba kwa mzimu kudzakhudza mtima wa dziko lonse, ndipo yankho lidzabwera, kubweretsa chisangalalo .chachikulu

Kunong'oneza kwanzeru kumalimbikitsa mphamvu, mpaka mutakhala ndi mphamvu zokwanira kuti mukwaniritse cholinga chomwe mukufuna

Pamene maganizo ndi chifuniro cha munthu zikugwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu kumakhala kokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe .akugwirizana ndi chifuniro chapamwamba

Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu akugwira ntchito, chilichonse chomwe ndimafuna chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

Chinsinsi cha kukula

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo zofunika kuchokera kwa iwo. Pakuti ululu uliwonse ndi kuvutika kulikonse komwe timakumana nako kuli ndi .tanthauzo komanso cholinga

Ngakhale kuti mayesero ndi ovuta, ali ngati moto umene umasungunula chitsulo, n’kuchisintha kukhala chitsulo chokongola, champhamvu, komanso chosinthasintha. Nzeru zomwe timapeza kudzera mu malawi oyaka a zokumana nazo ndi zodabwitsa kwambiri. Moyo umatiyeretsa, kusintha makhalidwe athu oyambira kukhala zinthu zamtengo wapatali, kutilola kukhala ndi miyoyo yoyera ngati miyala yamtengo wapatali, yolimba ngati chitsulo, koma

yosinthasintha komanso yolimba, yopindika popanda .kusweka ndi mavuto ndi zovuta

Tikaona nkhope zopotoka ndi mkwiyo, zovulazidwa ndi nkhanza, maso awo amatipangitsa kulakalaka kuchotsa kuipa m'miyoyo yathu—moyo wosakhudzidwa ndi chilichonse kupatula zolinga zoipa ndi mkwiyo wozama womwe umabisa chithunzi chodala cha Mulungu mkati mwathu, monga momwe utsi umawonongera galasi. Zochita zopweteka za ena ziyenera kudzutsa mwa ife chikhumbo chowongolera khalidwe lathu ndi kudziletsa tokha, kuti tikhale olamulira zilakolako zathu zosalamulirika, osati .akapolo a izo

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mphepo yocheperako ikuyenda mwa iwo popanda kusokonezedwa, kudzazidwa ndi mtendere wambiri. Izi zili choncho chifukwa mphepoyo imalumikizidwa ndi gwero lake lapamwamba, loyenda nthawi zonse komanso lofikira miyoyo mogwirizana ndi iyo. Kenako adzatha kupereka .chimwemwe ichi kwa miyoyo yomwe ikufuna mtendere

Tsiku lililonse, munthu amayang'ana pagalasi kuti aone nkhope yake chifukwa akufuna kuoneka bwino kwa ena. Kodi chofunika kwambiri n'chiyani kuti aime tsiku ndi tsiku ndikuyang'ana pagalasi la kusanthula kwamkati kuti apeze zomwe zili pansi pa kuwala! Pakuti chilichonse chokongola kunja chimachokera ku umunthu wamkati. Ndipo palibe chomwe chimadetsa galasi loyera la mzimu monga kupotoza maganizo monga mkwiyo, mkwiyo, nsanje, ndi chidani. Aliyense amene amayesetsa kudzimasula ku zinthu izi,

zachilendo ku mzimu, adzalola kuwala kwa kukongola .kwamkati kuwonekera kuchokera mkati

Kudzera mu kusanthula, tapeza kuti mavuto a anthu ali m'magulu atatu: pali mavuto ndi zovuta zomwe zimaukira thupi la munthu, zina zomwe zimaukira malingaliro, ndi gulu .lachitatu lomwe limatseka njira za mzimu

Matenda, ukalamba, ndi imfa ndi mavuto ndi zopinga zomwe thupi limakumana nazo Matenda amisala, komabe, amalowa m'maganizo kudzera mu chisoni, mantha, mkwiyo, zilakolako zoponderezedwa, mkwiyo, chidani, kukhudzidwa ndi malingaliro, kusokonezeka kwa mitsempha, ndi khansa yamisala yomwe imalepheretsa mphamvu zamaganizo Komabe, matenda owopsa kwambiri ndi matenda a mzimu, omwe amaonekera mu umbuli, omwe matenda ena onse .amafalikira

Pali zabwino zambiri kuposa zoyipa padziko lapansi

Pamene kukayikira kukulowa, tiyenera kukumbukira miyoyo ya anthu akuluakulu. N’zoona kuti ndife anthu, koma Mulungu watipatsa mphamvu zodabwitsa zomwe sitimazigwiritsa ntchito kawirikawiri. Ndiye n’chifukwa chiyani timanjenjemera poopa ukalamba, matenda, ndi chisoni? Tiyenera kuchita zonse zomwe tingathe kuti tisamalire matupi athu, koma sitiyenera kugonja ku mantha .kapena kudzikwirira pansi pa umbuli wambiri

Thupi si munthu yense

Chabwino chimaposa choipa padziko lapansi chifukwa Mulungu ndiye mphamvu yaikulu. Koma choipa chikatigwera, timaganiza kuti tilibe mphamvu zochilamulira .kapena kuthawa

Mkuntho wa zoipa udzawomba, koma tikhoza kugonjetsa zotsatira zake ndikuzigonjetsa

Sitinapatsidwe moyo kuti tiwonongedwe nawo, koma kuti atipatse chidziwitso cha umuyaya, ndipo tiyenera .kukumbukira choonadi ichi

Popanda ufulu woganiza, munthu sangadziwonetse yekha m'njira yoyera, yodzipangira yekha, komanso yachibadwa. Kumbukirani kuti ndinu omasuka kwambiri. .Mphamvu ya chifuniro nthawi zonse imakhala yaulere

Ngati mugwiritsa ntchito mphamvu yanu moyenera, idzakupatsani karma yabwino, koma anthu ambiri safuna kusintha ndipo safuna kuyesetsa, kotero amagwa akakumana ndi mavuto ndipo sangathe kukumana ndi .mavuto

Kuchita chilichonse chomwe munthu akufuna si ufulu, chifukwa anthu amamangidwa ndi zilakolako zawo, motero zochita zawo sizingatchedwe ufulu konse. Ufulu weniweni umatanthauza kuchita chilichonse ndi chifuniro chotsogozedwa ndi nzeru. Munthu akhoza kulamulira zotsatira za zochita zake zakale, zomwe mosakayikira zidzawatsatira, ngati ayambitsa chifuniro chake ndikuchigwiritsa ntchito pa ntchito zabwino komanso zopindulitsa. Ngati muchita zochita zanu ndi nzeru komanso ndi chifuniro, mphamvu za zochita zanu zoyipa zakale zidzafooka ndipo zizolowezi zomwe zimachokera ku zochita .zanu zabwino zidzalimbikitsidwa

Nthawi zonse timalakalaka zomwe tilibe ndipo timayamba kukonda zinthu zosafunikira. Tikangotenga chinthu, timataya ufulu wathu wosankha kwakanthawi. Monga momwe anthu akummawa amakhalira akapolo ndi miyambo yakale, momwemonso anthu akumadzulo

amakhalira akapolo ndi miyambo yamakono. Timapanga .tsogolo lathu ndipo timamangidwa nalo

N’chifukwa chiyani mwana mmodzi amabadwira m’banja loipa pomwe wina amabadwira m’banja labwino? Aliyense wa iwo anagwiritsa ntchito ufulu wake kukhala ndi moyo mwanjira inayake m’mbuyomu (m’moyo wakale) ndipo .motero anadzibweretsera mavuto amenewo m’moyo uno

Palibe ufulu weniweni popanda Mulungu. Tiyenera kuganizira za Iye nthawi zonse. Kaya nkhawa ndi maganizo athu ndi otani, Mulungu ayenera kukhala pamalo oyamba m'mitima mwathu, ndipo tikagwirizana naye, tidzapatsidwa mphamvu zokwaniritsa zomwe tiyenera kuchita nthawi .iliyonse, ndi thandizo lake laumulungu

Malangizo kwa wophunzira

Mmodzi mwa ophunzirawo anafunsa mphunzitsi wa Paramhansa kuti amupatse upangiri woti adzithandize, iye anati: Ngati mukufuna kukondedwa Yambani kukonda ena .omwe akufuna chikondi chanu

Ndipo ngati mukuyembekezera kwa ena Khalani okhulupirika ndi okhulupirika kwa iwo kuti akhale okhulupirika kwa inu

Ngati mukufuna kuletsa ena kuchita zinthu zoipa komanso zachinyengo, musalole chinyengo kulowa m'maganizo mwanu, ndipo musachite zinthu zomwe .zingavulaze ena

Ngati mukufuna kuti ena akumvereni chisoni Yambani mwa kuwamvera chisoni, makamaka kwa omwe .akuzungulirani

Ngati mukufuna kuti ena akulemekezeni, muyenera .kulemekeza ana ndi akulu omwe

Ngati mukufuna mtendere kuchokera kwa ena, muyenera kukhala ndi moyo wogwirizana

Ngati mukufuna kuti anthu akhale achipembedzo, khalani auzimu ndipo ena aziona kuti ndinu chitsanzo .chabwino ndipo angakudalireni ndikukukhulupirirani

Mwachidule, chilichonse chimene mukufuna kuti ena achionetse. Khalidwe labwino ndi kusonyeza zimenezo m'moyo wanu choyamba, ndipo mudzapeza kuti anthu .adzakuchitirani chimodzimodzi

Ngati mungathe kuzindikira madera m'moyo wanu omwe akufunika kusintha popanda kukhumudwa kapena kukhala ndi vuto lodziona ngati wopanda pake, ndipo ngati nthawi zonse mumayesetsa kukulitsa khalidwe lanu, ndiye kuti nthawi yomwe mumagwiritsa ntchito pa izi idzakhala yopindulitsa kwambiri kuposa momwe mungawonongere kufuna kuti ena adzikonze okha Chitsanzo chanu chabwino ndi khalidwe lanu labwino zili ndi mphamvu zambiri zosinthira ena kuposa zomwe mukufuna, mkwiyo, ndi mawu anu okha

Ambuye, Inu ndinu gwero la zabwino zonse ndi chiyambi cha mphamvu zonse. Tidalitseni kuti tiwonetsere madalitso Anu pa ife mu thanzi lathu, zolinga zathu zanzeru, ndi mawonekedwe athu auzimu. Inu ndinu kuwala kwa nyenyezi, mphamvu mu maatomu, kukoma mtima m'mitima, ndi kukongola m'choonadi. Tithandizeni kudzidzaza ndi mphamvu Yanu yapamwamba, nzeru Zanu zopanda malire, .ndi kukhulupirika Kwanu kopanda malire

Ambuye, tidziwitseni kuti Inu ndinu kasupe wa thanzi, nyanja ya moyo, ndi gwero la kumvetsetsa konse ndi chidziwitso. Timasuleni ku umbuli ndi zotsatira zake, ku mantha ndi nkhawa, ndipo lolani kuti kusefukira kwa nzeru .zanu kuchotse zinyalala zonse ndi zinyalala m'miyoyo yathu

Chotsani, Ambuye, zophimba zomwe zimabisa nkhope yanu kwa ife. Tikuoneni ngati kuwala kowala kwambiri, ngati dzuwa losawerengeka lomwe lili m'mwamba mwa miyoyo yathu. Tikumveni ngati mphamvu yokonzanso yomwe imauzira malingaliro athu, imadyetsa miyoyo yathu, .imachirikiza matupi athu, ndikukwaniritsa maloto athu

Ameni

Anthu ambiri sadziwa chifukwa chake Popeza ali padziko lapansi, amakhulupirira kuti cholinga cha moyo ndi kukwaniritsa zilakolako Kupeza zofunikira pa moyo Kufunafuna zosangalatsa ndi chikondi cha anthu, kenako .n’kudzipereka kwa woyitana womaliza

Anthu amayamba moyo wawo Olemba mapulogalamu ndi zilakolako ndi zokhumba zomwe sizinakwaniritsidwe kale Ndipo amayesa - ndi ufulu wochepa womwe adasiya - Mwa kutsanzira zokhumba ndi zochita za ena, ngati akugwirizana ndi amalonda, amafuna kukhala ngati iwo, ndipo ngati akugwirizana ndi ojambula, zaluso zimakhala chilichonse kwa iwo

Mulungu akufuna kuti tikhale ndi zochita m'dziko lino. Watipatsa njala yomwe imafuna kuti tigwire ntchito kuti tikwaniritse njalayo, koma kufunafuna chakudya, pogona, ndalama ndi katundu kumatanthauza kuti munthu amaiwala .gwero la chimwemwe chake

Ndi zoona kuti tiyenera kugwira ntchito kuti tipeze zosowa zathu ndikuyesetsa kukwaniritsa zolinga zathu zovomerezeka, koma choyamba, tiyenera kutsegula mitima yathu kwa Mulungu ndikupempha chitsogozo Chake ndi chivomerezo Chake pa zonse zomwe timachita. Kenako tidzapambanadi m'sukulu ya moyo, chifukwa tidzalandira malangizo athu kuchokera kwa Woyang'anira Wamkulu ndi Wopereka amene amadziwa zomwe tikufunikira komanso

zomwe zili zabwino kwa ife. Chifukwa chake, tiyenera .kudalira Iye ndikugonjera chifuniro Chake chanzeru

Kuchokera ku nkhani za mphunzitsi Paramahansa

Pamene chimwemwe chamkati cha moyo chabisika ndi chisangalalo chaching'ono chaching'ono, kuwala kwagolide kwa mzimu kumachepa, ndipo mphamvu zowonekera za mzimu zimabisika kumbuyo kwa kuchuluka kwa zinthu. Pamene maganizo a munthu akokedwa ndi nsanje ndi nsanje, ndipo aphimbidwa ndi mitambo ya mantha ndi nkhawa, munthu amakhala wachisoni, wosauka, komanso wogonjetsedwa. Koma pamene munthu ayang'ana kwambiri chikondi, mtendere, ndi mgwirizano, amapeza chimwemwe .chachikulu

Moyo umamva chisangalalo ukasintha kuchoka ku zilakolako zakuthupi zosakanikirana ndi kuvutika ndi chisoni kupita ku makhalidwe abwino owonekera a mzimu, .odzazidwa ndi zosangalatsa zazikulu

Ngati mzimu ulowerera kwathunthu mu zosangalatsa za dziko lapansi, umakhala wopanda chidwi ndi kufunafuna zisangalalo zapamwamba komanso wosakhoza kupeza zosangalatsa zauzimu. Ambiri anganene kuti kusiya zosangalatsa zakuthupi n'kosatheka m'dziko lino kapena pokhala pakati pa anthu omwe maganizo awo amayang'ana kwambiri zinthu zakuthupi. Komabe, sikofunikira kwa munthu wamba kusiya dziko lapansi ndikubwerera kumapiri ndi nkhalango kuti akapeze bata ndi mtendere. M'malo mwake, ayenera kukhalabe m'dziko lino popanda kulola mafunde ake amphamvu kuwachotsa, kuti asagonjetsedwe .ndi mafunde amphamvu a moyo uno

Munthu sayenera kukhala ndi maganizo oipa pa zomwe zili pafupi naye, ndipo nthawi yomweyo sayenera kulola kuti kukonda chuma kusokoneze maso ake, kuti asataye

umunthu wake wauzimu ndipo asathe kulawa chisangalalo .cha chisangalalo ndikuona kuwala kwa Mulungu

Moyo, ndi umunthu wake, zigawo zake, ndi zolinga zake, ndi nkhani yovuta kumvetsetsa koma yosatheka kuithetsa, ndipo ndi kuganiza kwathu kopita patsogolo, timathetsa .zinsinsi zake zina tsiku lililonse

Zipangizo zozikidwa pa mfundo zenizeni za sayansi m'nthawi ino ndizodabwitsa kwambiri, ndipo zinthu zomwe sayansi imabweretsa zimatipatsa masomphenya omveka bwino a njira zomwe moyo ungasinthire. Koma ngakhale kuti tili ndi zida zonse, zinthu zatsopano, ndi njira, tikuwonekabe ngati zidole m'manja mwa tsoka, ndipo njira yomwe ili patsogolo ikadali yayitali Tisanamasulidwe ku ulamuliro wa .chilengedwe

Ndithudi, kukhala motsatira malamulo a chilengedwe si ufulu Maganizo athu okondwa amadzazidwa ndi kumangidwa ndi kudzimva opanda thandizo pamene tikumva kuti ndife ozunzidwa ndi kusefukira kwa madzi, mphepo zamkuntho, kapena zivomezi, kapena pamene zochitika zimatitenga - popanda chifukwa chomveka - okondedwa athu omwe ali pafupi ndi mitima yathu. Kenako timazindikira kuti sitinapambane zambiri, ndipo sitinathe kugonjetsa mavuto. Ngakhale kuti timayesetsa kwambiri kuti moyo ukhale monga momwe tikufunira, zinthu zina zidzaonekera padziko lapansi, ndi zochitika zotsogozedwa ndi maganizo amphamvu omwe sitidziwa zambiri, akugwira ntchito mosasamala kanthu za malingaliro athu ndi chifuniro chathu. Chabwino kwambiri chomwe tingachite ndikugwira ntchito .ndikupanga kusintha

Timalima tirigu ndikupanga ufa, koma ndani adapanga mbewu yoyamba? Timadya mkate wopangidwa ndi ufa, koma ndani adapatsa matupi athu mphamvu yowugaya? ?Ndipo tingasinthe bwanji chakudya kukhala chakudya

Mu ngodya iliyonse ya moyo, zikuwoneka kuti pali dzanja la Mulungu lofunika kwambiri. Sitingathe kuyendetsa zinthu zathu popanda ilo, ndipo ndi zonse zomwe tili nazo. Sitikudziwa nthawi yomwe mtima udzasiya kugwira ntchito, chifukwa chake ndikofunikira kudalira molimba mtima mphamvu ya Mulungu yapamwamba kwambiri. Ndi kudalira umunthu wathu wapamwamba, wochokera ku mphamvu .zonse zomwe timatsanzira

Tiyenera kukhala ndi chikhulupiriro chopanda kudzikuza, ndikuyenda molimba mtima panjira za moyo

Popanda mantha ndi kunjenjemera, komanso popanda kupsinjika maganizo ndi kutsekeredwa m'ndende

Kuthana ndi ziwengo

Kugonjetsa kukhudzidwa ndi zinthu ndi luso losavuta, ndipo kulamulira kufulumira kwa munthu kuchitapo kanthu ndikofunikira kuti munthu akhale ndi umunthu wabwino .komanso wolinganizika bwino

Kuzindikira kumayambira pa kusamvetsetsana, kudziona ngati wopanda pake, kudzikuza kwambiri, ndi kudzikuza kwambiri

Munthu akaganiza kuti zakukhosi kwake zamupweteka, maganizo amenewo amakhazikika m'maganizo mwake, zomwe zimadzutsa mitsempha yake, yomwe kenako imakhala yolimba ndipo mkwiyo umayaka mumtima mwake chifukwa cha malingaliro ovulala. Komabe, anthu ena ali ndi mphamvu zolamulira zakukhosi kwawo, kotero zizindikiro zawo zakunja sizimawonekera ngakhale kuti ali ndi mkwiyo waukulu mkati mwawo. Ena amasonyeza mkwiyo wawo kudzera mu zochita zawo nthawi yomweyo, zomwe zimawonekera m'maso mwawo ndi nkhope zawo, komanso .kudzera mu mayankho achangu, olembedwa m'mawu

Kukonda kwambiri zinthu kumakhala ndi zotsatirapo zoopsa; kumawonjezera vutoli ndikupanga kusakhazikika .kosafunikira komwe kumakhudza ena

Kuyesetsa kuyenera kuchitika kuti munthu akhale wodziletsa komanso wodekha, zomwe zimathandiza kuti pakhale mtendere m'malo mokhala ndi nkhawa komanso kuthetsa utsi wa nkhawa. Anthu amene amachita zimenezi adzakhala olamulira tsogolo lawo ndipo adzalandira mphoto .yoyamikiridwa ndi kulemekezedwa ndi anthu owazungulira

Kuzindikira kwambiri ndi khalidwe lomwe anthu ambiri ali nalo, ndipo pamene malingaliro osamveka bwino amenewa ayamba, amaphimba nzeru ndi kuphimba maso a nzeru. Choyipa kwambiri n'chakuti, munthu amene ali ndi vuto la kukhudzidwa kwambiri amakhulupirira kuti akuganiza, kumva, ndi kuchita zinthu mwangwiro, pomwe !kwenikweni khalidwe lake lingakhale lolakwika kotheratu

Anthu ambiri amakhulupirira kuti ayenera kudzimvera chisoni akamadzudzulidwa, ndipo kudzimvera chisoni kumawapatsa mpumulo. Koma mofanana ndi anthu omwe amamwa mankhwala osokoneza bongo, akamamwa kwambiri, chizolowezi chawo chimakhala champhamvu .kwambiri

Munthu wokhudzidwa kwambiri nthawi zambiri amavutika popanda chifukwa Nthawi zambiri, palibe amene amadziwa chomwe chimayambitsa kuvutika kwawo kapena mtundu wa madandaulo awo, zomwe zimapangitsa kuti azivutika kwambiri chifukwa chodzipatula. Palibe chomwe chingapezeke mwa kungoganizira mofatsa za mawu onyoza kapena odzudzula. Ndi bwino kuthana ndi zomwe zimayambitsa kukhudzidwa koteroko kudzera mu kusanthula .koyenera komanso kudziletsa

Mtundu uwu wa ziwengo zosafunikira uli ndi zotsatirapo zoopsa; umadya mtima ngati moto ndikuwononga minofu ya mtendere. Chifukwa chake, uyenera kuthetsedwa mwanzeru, .mwanzeru, komanso ndi chifuniro cholimba

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Ndimagwira ntchito mwakhama kuti nditumikire aliyense, koma ndikapita ndekha kuti ndikaganizire, sindilola aliyense kusokoneza malingaliro anga. Zinthu zina zingandilepheretse, koma nthawi yanga yokumana ndi Mulungu tsiku ndi tsiku siyenera kunyalanyazidwa kapena .kunyalanyazidwa

Musanachite chilichonse, imirirani kaye ndipo ganizirani mosamala zotsatira zake ndi momwe zimakhudzira maganizo anu, thupi, ndi moyo wanu. Zochita zoyendetsedwa ndi kukakamizidwa si ufulu, chifukwa zochita zosemphana ndi malamulo a mgwirizano ndi kupita patsogolo zimaletsa munthu. Mosiyana ndi zimenezi, zochita zovomerezeka ndi kuzindikira komanso mogwirizana ndi chikumbumtima cha munthu ndi zabwino ndipo .zimabweretsa ufulu

Mukasankha kuchita chinthu chabwino, kapena kupewa kuchita choipa, ndipo mukutsatira chisankho chimenecho ndikuchitapo kanthu moyenera, dziwani kuti ufulu wanu ndi .wochuluka

Mulungu akufuna kuti tigwiritse ntchito ufulu wosankha umene tapatsidwa kuti timufunefune ndi kumupeza, koma .safuna kutikakamiza

Chikhumbo choyandikira Mulungu ndi kumudziwa sichibwera chokha, koma chiyenera kuyatsidwa ndi kusamalidwa Popanda chikhumbo chimenecho, moyo ulibe .phindu kapena kukoma

Lolani kuzindikira kwanu kwauzimu kutsogolere kuganiza kwanu ndipo kupambana kudzakutsatirani .kulikonse komwe mupita

Kwa Mulungu ndimapereka mawu anga, manja anga, mapazi anga, mtima wanga, thupi langa, malingaliro anga, chifuniro changa ndi chilichonse

Chikondi ndi chida chauzimu chomwe chimathetsa nkhondo zonse

Kupitirira dziko lino lapansi pali maiko opanda malire komwe tidzakumananso ndi anthu omwe tinkaganiza kuti .atisiya kwamuyaya

Moyo wa dziko lapansi uwu umasintha nthawi zonse, chisoni chimatsatira chisoni, malingaliro onyenga, malingaliro onyenga, chiwanda ichi chomwe chimawonekera m'chipululu cha chidziwitso chathu chiyenera kutha, ndipo tiyenera kudzutsa ife eni enieni kuchokera pansi pa .zophimba za zinthu

Musayese kuyika ziyembekezo zanu pa moyo uno Kodi chitsimikizo chanu chili kuti? Mumakhala otetezeka ?pokhapokha mutathawira ku chidziwitso cha Mulungu

Moyo uli ngati golide wakale wobisika pansi pa nthaka. Dothi likachotsedwa mu golideyo ndipo likasambitsidwa ndi madzi oganizira, limawalanso ndi chiyero chonse komanso .kumveka bwino

Ambuye, tiyeni tiwone zabwino, tiganizire malingaliro abwino, ndikugwirizana ndi anthu a makhalidwe abwino. Tithandizeni kuganizira za Inu ndi kuganizira za Inu, Inu amene muli gwero la chilungamo chonse ndi chiyambi cha .zabwino zonse

Ufulu ku kufooka

Njira yabwino yogonjetsera kufooka ndikusiya kuganizira za kufookako; apo ayi, lingaliro la kufooka lidzagonjetsa chikumbumtima chanu ndikulamulira umunthu wanu wamkati. Tikabweretsa kuwala mwa ife tokha, mdima .udzatha ngati kuti sunakhalepo

Lingaliro limenelo limandilimbikitsa kwambiri

Pamene kuwala kukulowetsedwa m'phanga lomwe lakhala likubisika mu mdima kwa zaka zikwi zambiri, mdima umatha nthawi yomweyo Mofananamo, zofooka ndi zolakwika zimatha pamene tilola kuwala kwa Mulungu kulowa m'maganizo mwathu, ndipo mdima wa kusadziwa .sungakhalepo. Iyi ndi nzeru imene tiyenera kukhala nayo

Kuzengereza sikothandiza Gudumu la moyo silimasiya kuzungulira, ndipo masiku a moyo wathu amadutsa mwachangu Mphindi iliyonse yomwe timathera kuganiza bwino ndikuchita zinthu mwanzeru ndi ndalama zopambana .komanso zopindulitsa mu chisangalalo chathu

Anthu ambiri amakhala moyo wawo wonse akuganizira za ndalama, kugonana, ndi kutchuka, ndipo nthawi zambiri saganizira kwambiri zinthu zofunika zomwe zimawabweretsera mtendere wamumtima ndikukweza .chidziwitso chawo pamlingo wapamwamba

Kaya udindo wa munthu ukhale wochepa bwanji, amaonedwa kuti ndi wopambana pamaso pa Mulungu ngati akudziwa kugwiritsa ntchito nthawi yake mwanzeru .ndikuwongolera malingaliro ake m'njira yoyenera

Kuunika kwa Mulungu kukawalira munthu, samva kuti akusowa chilichonse chifukwa chimwemwe chomwe chimamudzaza chimakwaniritsa maloto ake onse ndipo chimamupangitsa kumva kuti ndi wolemera kwambiri kuposa

olemera komanso wosangalala kwambiri kuposa osangalala .m'moyo uno

Ngalande ya Kuwala

Anthu amene kuzindikira kwawo kwauzimu kumadzutsidwa ndi malingaliro owunikira, ntchito zabwino, malingaliro abwino, ndi kuganizira mozama amatha kuzindikira kuchoka kwawo m'thupi panthawi yomaliza yochoka kudzera m'diso lauzimu. Paulendo wawo wapadziko lapansi, ochita yoga amaona ngalande ya diso lauzimu pamalire pakati pa zinthu ndi mzimu, ndipo panthawi yochoka Padziko Lapansi, amatha kulowa mu ngalande yowala iyi ndikuchoka padziko lapansi kupita ku dziko lopanda malire la Mulungu la kuwala, chimwemwe, .mtendere, ndi ufulu wokwanira

{Kuwala pa kuwala}

Nyali ya thupi ndi diso [lauzimu]

Ngati diso lako ndi limodzi

Ndipo thupi lako lonse lidzadzazidwa ndi kuwala

Ndipo kuunikako kumawala mumdima, ndipo mdima} {sunadziwe

Kukoma mtima ndi kumva chisoni cha ena, kuyandikira nawo, kulankhula nawo, kuyesetsa kuwatonthoza m'mavuto awo, kusangalala ndi chisangalalo chawo, ndikuchita zonse zomwe tingathe kuti tipewe mantha, zosowa, ndi nkhawa .kuchokera kwa iwo

Munthu amene ali ndi mzimu wodzipereka sachita zinthu motsatira kuwerengera ndi kuyembekezera kochepa, koma amagwiritsa ntchito nzeru zake ndi nzeru zake zabwino ndipo amapitiriza kudzithandiza yekha ndi ena, akuyamikira Mulungu chifukwa cha kupambana komwe

wapeza. Ngati walephera kamodzi kapena kangapo, sakhumudwa, koma m'malo mwake amakhala wotsimikiza mtima, kuwirikiza kawiri khama lake ndikubwerezanso kuyesako, kufufuza malingaliro ndi njira zatsopano, kutsogoleredwa ndi kuwala kwa nzeru, ndikupempha thandizo la Mulungu mpaka atakwaniritsa cholinga chake .ndikukwaniritsa cholinga chake chabwino

Iye amene amagwira ntchito kuti asangalatse ena amasangalatsidwa ndi Mulungu ndi chitonthozo chamkati cha maganizo. Ndipo ngati ataya china chake chifukwa cha omwe akuyesera kuwathandiza, sakuona ngati kutayika chifukwa amalandira chisangalalo cha Mulungu ndi mtendere wamumtima. Amakhala moyo wokonda, kugwira ntchito, kupereka, ndi kubzala mbewu za ubwino ndi mtendere .m'minda ya anthu

Aliyense amene amaposa dziko lake laumwini m'malingaliro ndi m'malingaliro ake amakulitsa chidziwitso chake, amawonjezera chifundo chake, ndipo amamva kuti dziko lapansi ndi kwawo ndipo umunthu ndi banja lake. Amazindikira kuti cholinga cha kukhalapo kwake padziko lapansi ndi kudzisintha yekha asanayese kusintha ena, chifukwa aliyense amene amadzisintha yekha amathandiza ena kudzisintha okha kudzera mu chitsanzo cha moyo wake. Zochita zimakhala ndi mphamvu yaikulu komanso .zimakhudza kwambiri miyoyo ya ena kuposa mawu

Malo oimapo afupiafupi

:Kukongola kwa kuona mtima

Anthu ena amayesa kuthawa mavuto awo mwa kumwetulira, koma mtundu uwu wothawa umafuna chikumbumtima choyera, chopanda chinyengo ndi chinyengo. Munthu akamachita zinthu moona mtima ndi ena, ndikuchita zinthu mwaulemu komanso mwachilungamo,

maso ake amakhala omveka bwino, ndipo kuwala kwapadera .kumatuluka mwa iwo—kuwala kosatha kwa kuona mtima

:Kuona Mtima

Anthu ena amanena zinthu zambiri chifukwa cha kuona mtima, koma simungathe kulankhula ndi aliyense za chilichonse Mukapereka uphungu ndi chitsogozo, ena samvetsa mawu anu ndipo sapindula chilichonse ndi zomwe mukunena; uku ndi kuwononga nthawi komanso ntchito yosayamikiridwa. Kukhala chete pazochitika zotere ndi .golide, koma izi sizikutanthauza kukhala chete pa zolakwa

:Kudzigwirizanitsa

Kudzigwirizanitsa ndi chinthu chabwino kwambiri Anthu ambiri amadziwa momwe zimakhalira zovuta kukhala mogwirizana ndi ena, koma kodi munaganizapo zodzigwirizanitsa ndi inu nokha? N'zovuta kwambiri, koma n'zotheka Ngati mudzifufuza nokha, mudzapeza kuti nthawi zonse mumatsutsana ndi inu nokha Ngati simudzikonda nokha, simudzakonda wina aliyense Ndipo ngati munthu sakugwirizana ndi inu mwini, angakhale bwanji mogwirizana ?ndi ena

Kudzidalira n'kofunika kwambiri kuti munthu akhale wogwirizana ndi dziko lapansi. Chifukwa chake, ndikofunikira kudziona kuti ndiwe wofunika komanso wodzikonda, chifukwa uyenera chikondi chimenecho. Munthu ayenera kudzikonda chifukwa Mulungu anatilenga ndipo anatipatsa mphamvu zabwino. Kukonda umunthu wamkati uwu, umunthu uwu wodzaza ndi makhalidwe abwino, kumalimbikitsa khalidwe labwino ndikuyeretsa malingaliro .ku zodetsa ndi mtima ku zoyipa ndi mkwiyo

:Kulinganiza kampasi ya mabuku

Munthu sanganyenge chikumbumtima chake, kulungamitsa zolakwa zake, kapena kuthawa zotsatira za khalidwe lolakwika, ngakhale atapita ku dziko lina. Zotsatira za zochita zake zimamutsatira, ndipo munthu ayenera kukonza njira yake ndikuwongolera kampasi yake ya makhalidwe abwino kuti singano yake nthawi zonse iloze njira yoyenera.

Anthu ena amakhala m'mikhalidwe yoipa kwambiri koma amakhala mogwirizana kwambiri ndi iwo okha, pomwe ena ali ndi mwayi uliwonse ndi chilichonse chomwe amafunikira koma amakhala m'mikangano yosatha ndi iwo okha. Chifukwa chake, munthu sayenera kudikira kuti zinthu zisinthe. Dzitsimikizireni kuti muli bwino ngakhale kuti muli m'dera lomwe mukukhala, zomwe zingakhale zosiyana ndi zomwe mukufuna.

Aliyense amene amadziika yekha pansi pa zovuta, amayembekezera kuti zinthu zisinthe, ndipo kudikira kwake kudzakhala kwa nthawi yayitali.

Akuti munthu ankalankhula bwino zilankhulo khumi ndi zisanu ndi zitatu, koma anali wosauka kwambiri moti sakanatha kugula nyale yoti awerengere. Choncho ankapita pakona n’kukhala pansi pa nyali ya mumsewu kuti akawerenge. Zoonadi, mphamvu yodzipereka imapanga njira, imapanga mwayi, imabwezeretsa chiyembekezo, imakwaniritsa ntchito, ndipo imakwaniritsa zokhumba ndi maloto.

Kulankhulana kwenikweni ndi anthu amene amadziwa Mulungu kungatheke mwa kulankhulana nawo, kuwerenga mozama zolemba zawo, kapena kuwaganizira mozama komanso mwaubwenzi. Mfundo yofunika kukumbukira ndi yogwirizana ndi chikumbumtima chawo, chomwe chimagwirizana ndi Mulungu.

Tikagwirizanitsa chikumbumtima chathu ndi miyoyo yayikulu yomwe imakonda Mulungu, mgwirizano uwu pang'onopang'ono umasintha miyoyo yathu m'njira yodabwitsa kwambiri. Kugwirizana kumeneku sikumaika chifuno ukapolo koma m'malo mwake kumakulitsa kukula kwake ndikulimbitsa mphamvu zake. Uku ndiko kusiyana pakati pa kukhala mogwirizana ndi anthu odzazidwa ndi kudzikuza komanso otanganidwa ndi zomwe angapeze, ndi kukhala mogwirizana ndi okonda Mulungu ndi anthu omwe cholinga chawo ndikupereka ndikudzutsa chikondi chaumulungu m'miyoyo ya iwo omwe ali mogwirizana nawo. Mphamvu ya anthu odala awa imatipangitsa kuti tigwirizane .kwambiri ndi mphamvu yaumulungu

Tiyenera kukumbukira kuti ngakhale tikuyesetsa kukwaniritsa zosowa zathu, tiyeneranso kuthandiza ena kupeza zomwe akufunikira ndikugawana ndi osauka zinthu zabwino zomwe zimatichitikira. Tiyeni tikumbukire kuti ndife gawo lofunika kwambiri la banja lapadziko lonse lapansi .ndipo sitingakhale popanda banja lalikululi

Kodi moyo ukanakhala bwanji popanda akalipentala, opanga zinthu zatsopano, alimi, ndi ena? Kudzera mu kupereka ndi kulandira, ndi kusinthana mautumiki, Mulungu akufuna kuti tiganizire ndi kumvera ena chisoni. Ndi kulakwitsa kwakukulu kukhala wekha popanda kuganizira za ena. Tikamaganizira za chimwemwe chathu, tiyeneranso kuganizira za chimwemwe cha ena. Sitikuyenera kupereka zonse zomwe tili nazo kuti banja lapadziko lonse likhale labwino, chifukwa zimenezo sizingatheke. M'malo mwake, tiyenera kumvera ena chisoni ndi kuchita zomwe tingathe .kuti tiwathandize ndikuchepetsa mavuto awo

Pali ubale pakati pa kupambana ndi kukhutitsidwa kwa .moyo, mkati mwa malo omwe munthu amakhala

Kupambana kwenikweni ndi zotsatira za khalidwe logwirizana ndi mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika kwambiri la kukhutira kwaumwini. Aliyense amene amagwiritsa ntchito mfundo imeneyi pa moyo wake wakuthupi, wamaganizo, wamakhalidwe abwino, ndi wauzimu adzapeza kuti tanthauzo la kupambana limeneli ndi .lokwanira komanso lokwanira

Anthu amaganiza za kupambana m'njira zosiyanasiyana kutengera zolinga zawo m'moyo. Nthawi zina, ena amayerekezera kupambana ndi kuba, ponena zinthu monga, "Ndi wakuba wopambana!" Izi zikusonyeza kuti si kupambana konse komwe kuli kofunikira; kupambana .kwathu sikuyenera kuvulaza ena

Chiyeneretso china cha kupambana ndi kubweretsa mgwirizano ndi zotsatira zabwino, osati kwa ife tokha, .komanso tiyenera kugawana zabwinozo ndi ena

Kupambana pazachuma sikungotanthauza kusangalala ndi zomwe timayenera; kumatanthauzanso kukhala ndi udindo wothandiza ena kupanga moyo wabwino kwa iwo okha Aliyense amene ali ndi nzeru angapeze ndalama, koma ngati ali ndi chikondi mumtima mwake, sadzatha kugwiritsa ntchito ndalamazo modzikonda; m'malo mwake, .adzagawana zomwe ali nazo ndi ena

Ndalama zimakhala temberero m'manja mwa anthu ovutika komanso ouma mtima, koma ndi dalitso ndi mphatso kwa iwo omwe ali ndi manja opatsa komanso mitima .yabwino

Miyoyo yabwino imakopa miyoyo yabwino ndipo imakopeka nayo

Tiyenera kuphunzira kukonda mnansi wathu monga momwe timadzikondera tokha ndikukumbukira kuti tili pano m'moyo uno kwa kanthawi kochepa, kenako timapita kudziko lina lomwe mulingo wake umadalira mulingo wa malingaliro athu ndi mtundu wa zochita zathu panthawi ino .ya moyo wathu padziko lapansi

Kodi achibale athu enieni ndani? Kwa munthu wanzeru, aliyense ndi wachibale, ndipo aliyense ndi "mnansi" Zachidziwikire, munthu wanzeru amatha kuzindikira ndipo amamvetsetsa kuti ngakhale dzuwa limawala pa chidutswa cha malasha ndi diamondi, diamondi, mosiyana ndi malasha, ili ndi mphamvu yapadera yolandira ndikuwonetsa kuwala bwino. Munthu ayenera kufunafuna ubale ndi anthu omwe malingaliro ndi malingaliro awo ndi oyera ngati diamondi ndipo ayenera kupatula nthawi kuti apeze mabwenzi oona mtima. Anthu omwe amakhala moyo woyera komanso wowona mtima adzakopa mabwenzi omwe amadziwika ndi ukhondo ndi kuwona mtima, pomwe iwo omwe amakhala ndi chibadwa choyipa popanda kuzindikira adzakopa mabwenzi .ofanana nawo

Ngati mumaona kuti mfundo zapamwamba ndi mfundo zapamwamba n’zofunika kwambiri, ndi bwino kupewa kuyanjana ndi anthu omwe sakhulupirira mfundozo komanso omwe amasokoneza maganizo ndi kusokoneza maganizo awo, kuti kugwedezeka kwawo kusachepetse mphamvu zanu. Nthawi yomweyo, musachotse aliyense m’gulu lanu la .chikondi

Kuphatikiza apo, munthu sayenera kungopereka chikondi, komanso kupanga mtendere, kuti kulikonse komwe akupita, apange mgwirizano ndi bata, kutsitsimula omwe ali pafupi naye ndi kukoma mtima kwawo. Palibe amene amafuna kuyandikira kanyimbi wonunkha—pepani mawuwo —aliyense amapewa. Mofananamo, munthu wamanjenje,

wopupuluma, komanso wokonda mikangano amakwiyitsa ndi kuletsa ena. Tikufuna kukhala ngati maluwa otuwa omwe amatulutsa fungo labwino lomwe limasangalatsa mtima. Tiyeni tiyesetse kufalitsa fungo la mtendere ndi mphepo yaubwino kulikonse komwe tikupita komanso kulikonse komwe timakhala.

Ufumu wa Mulungu suli pakati pa mitambo kapena pamalo enaake mumlengalenga. Uli kuseri kwa mdima umene timawona tikatseka maso athu, ndipo tikamasinkhasinkha ndi kupemphera, diso la mzimu lomwe lili pamphumi limatseguka mkati mwathu, ndipo timaona kuwala kodala ndikumva chisangalalo chikulowa m'selo iliyonse ya thupi, ndipo timamva kuti chophimba chachotsedwa ndipo chitseko chobisika chatsegulidwa ku ufumu wa Mulungu.

Mulungu ndi chisangalalo chokhazikika, chisangalalo chomwe chili chonse. Tiyenera kumva chimodzimodzi ndi chisangalalo chomwe chili mkati mwathu ndipo chimazungulira muyaya.

Kupitirira malire ogwedezeka a zinthu zokhuthala kuli chidziwitso chopanda malire, chodzaza ndi zonse, chosalongosoka mu ulemerero wake wonse, kukula kwake, ndi malire ake. Uwu ndi ufumu wakumwamba, chisangalalo chosatha, chopanda malire, komanso chosatha.

Pamene malingaliro a mzimu akukulirakulira, ndipo umamva kupezeka kwake kulikonse, umalumikizana ndi mzimu waumulungu.

Ulemerero kwa Wosatha Wosatha, wokhala pampando wachifumu, komwe kumwamba kumakumana ndi nyanja, ndi ulemerero kwa Wosatha Wamkulu, wokhala pampando wachifumu pa mtendere mkati mwathu; poyang'ana

kwambiri Wosatha mkati, tikhoza kulandira mphamvu zake .zopanda malire

Chidziwitso chopezeka powerenga mabuku kapena kuchokera kwa anthu ndi chidziwitso chochepa, pomwe chidziwitso chopezeka mwachindunji kuchokera kwa Mulungu chimapereka mphamvu ya nzeru, ulemerero wa .chitsimikizo, bata la mtima, ndi mtendere wa moyo

Ambuye, ndiphunzitseni kupemphera mozama komanso kuphatikiza kusinkhasinkha ndi zokhumba zochokera pansi pa mtima ndipo lolani mtima wanga uyeretsedwe tsiku ndi .tsiku ndi chikondi changa choyera pa Inu

Kumasuka ku zoletsa za karma

kaya ndi maganizo kapena thupi, kudziwa kapena , kusadziwa, kumakhudza kwambiri moyo wa munthu. Zochita zakale sizomwe zimachitika masiku, miyezi, kapena zaka .zapitazo zokha, komanso zochita za moyo wakale

Munali akufa, ndipo Iye anakupatsani moyo; kenako adzakupatsani imfa, kenako adzakupatsani moyo kachiwiri; .kenako mudzabwezedwa kwa Iye

Zotsatira zabwino ndi zoyipa za zochita za munthu M'moyo wake wamakono, zizindikirozi zimasungidwabe mu chikumbumtima chosazindikira kapena chosazindikira, ndipo zotsatira zomwe munthu amanyamula (kapena zomwe mzimu wake umanyamula) kuchokera ku thupi lakale zimakhala ngati mbewu mu chikumbumtima chosazindikira, kuyembekezera mikhalidwe yoyenera Kumera ndikukula panthawi inayake ya karmic Lamulo la karma, lomwe limalinganiza zinthu, limaphatikizapo kuchitapo kanthu ndi kuchitapo kanthu, chifukwa ndi zotsatira, kubzala ndi kukolola

Munthu aliyense amapanga tsogolo lake kudzera m'malingaliro ndi zochita zake, ndipo mphamvu zomwe amatulutsa, kaya mwanzeru kapena mopusa, zimabwerera kwa iwo monga poyambira, monga momwe bwalo limathera lokha molondola [Funso ndilakuti] wofunafuna wofunitsitsa ayenera kukumana—motsutsana ndi chifuniro chake—zotsatira zosapeŵeka za zochita zake zakale, kapena chomwe chimatchedwa kukonzedweratu? Yankho ndilakuti ayi Mulungu ndiye lamulo ndi chikondi, ndipo wofunafuna amene amatembenukira kwa Iye ndi chikhumbo chenicheni ndi chikhulupiriro chonse, amagwirizanitsa zochita zake ndi lamulo la Mulungu, ndi kufunafuna chikondi cha Mulungu chopanda malire mosakayikira adzalandira madalitso aumulungu omwe amapeputsa zolemetsa zolemera .ndikukonza mikhalidwe

Mulungu anatiika m'dziko lino lodzaza ndi zinyengo, ndipo Iye amadziwa kuvutika kwathu ndi mayesero ndi mavuto omwe timakumana nawo Anthu amakulitsa mdima wamkati wa kusadziwa kwauzimu akamadziona kuti akumira mu uchimo ndipo alibe mphamvu zothawira kuzama kwake. Ndi bwino kuti ayese kudzikonza okha, kufunafuna thandizo ndi chifundo kuchokera mumtima wa chifundo cha Mulungu, kuyembekezera chikhululukiro kuchokera kwa Mulungu .wachikondi, wachifundo, ndi wokhululukira

Tikazindikira ubale wathu wapafupi ndi Mulungu, ndi karma iti yomwe ingatimange? Musalole wina aliyense kukutsimikizirani kuti ululu wanu ndi zovuta zanu ndi zotsatira za karma yanu. Monga mzimu womwe uli mu umunthu wanu, mulibe karma. M'malo mwake, muyenera kuzindikira chowonadi ichi mwa kudzitsimikizira nokha kuti ndinu amodzi ndi umunthu wa moyo, kuwala, ndi mphamvu zakuthambo. Ngati muzindikira izi, mulibe choopa, ndipo Mulungu adzatsegula zitseko zambiri kwa inu ndikukupatsani .mwayi wambiri

Ngati simukusangalala ndi momwe moyo wanu ukuyendera, sinthani maganizo anu ndikulimbitsa mphamvu .zanu ndipo mudzamva kusiyana kwanu nokha

Palibe chifukwa choti anthu azilira ndi kulira chifukwa cha zomwe adaphonya, kapena kunena kuti mavuto awo ndi olakwika chifukwa cha zolakwa zomwe adachita m'moyo uno kapena m'mbuyomu, chifukwa uwu ndi mtundu wa kunyalanyaza kwauzimu. Ayenera kuchitapo kanthu ndikuchotsa udzu m'munda wa moyo, kenako maluwa okoma komanso owala kwambiri adzaphuka ndi kubereka zipatso zokoma komanso zofunika kwambiri. Mwa chisomo .Chake, Wam'mwambamwamba

Kugonjera Mulungu sikutanthauza kusagwiritsa ntchito chifuniro chathu kukonza zinthu zathu ndikudikira kuti Mulungu akonze mavuto athu popanda khama lililonse, chifukwa Mulungu amathandiza anthu amene .amadzithandiza okha

Mfundo ndi yakuti tiphunzire momwe tingapitire kwa Mulungu kuti atsogolere chifuniro chathu ndikudalitsa ndi kulimbitsa khama lathu loyenera. Tikagonjetsa chopinga cha kusafuna kudzipereka, timapeza mwa Mulungu chitetezo chomwe palibe aliyense padziko lapansi angatipatse, ndipo timapezanso mphamvu zomwe palibe mayeso omwe .angagonjetse

Aliyense akhoza kukhazikitsa ubale wapadera ndi Mulungu ngati akudziwa momwe angatsegulire mtima wawo kwa Mulungu ndikulakalaka kukhalapo Kwake kwaumulungu, .komwe kumabweretsa chimwemwe ndi chitsimikizo

Munthu akamamva kufunikira kwakukulu kwa Mulungu, podziwa kuti sangachite popanda Iye, adzapeza kuti Mulungu amayankha mwanjira ina. Koma choyamba ayenera

kukulitsa malingaliro amphamvu amenewo, chifukwa yankho .silidzabwera mwadzidzidzi

Ngati sitipatsa Mulungu malo oyamba m'miyoyo yathu, malingaliro athu adzakhala oda nkhawa komanso osokonezeka, ndipo sitidzatha kuthana ndi mavuto osatha a .moyo mwanzeru komanso moyenera

Ndipo njira yopezera chikhumbo chimenecho ndi iti? Nthawi iliyonse tikakumana ndi mavuto kapena mavuto, komanso nthawi iliyonse tikamamva kulemera m'mitima mwathu, tiyenera kutembenukira kwa Mulungu ndikupempha thandizo Lake, podziwa kuti aliyense amene amakonda Mulungu Ndipo amasunga m'maganizo ndi mumtima mwake. Mkhalidwe wake udzasintha kukhala .wabwino

Tikasonkhezera ndi kusonkhezera ether Ndi mapemphero athu ochokera pansi pa mtima ndi mapempho ochokera pansi pa mtima Tidzatulutsa tanthauzo la yankho la Mulungu lomwe lili ndi chakudya, machiritso, ndi .chimwemwe

Kwa iwo amene amalakalaka chakudya chauzimu, zokhumudwitsa ndi zolephera zakale sizili zofunika. Maphunziro angaphunzire kuchokera kwa iwo, ndipo munthu angayesenso, kubwereza kuyesa kuyambira pachiyambi. Kupambana kudzatsimikizika, mothandizidwa ndi Mulungu, kwa onse omwe sataya mtima chifukwa cha kulephera, omwe cholinga chawo sichinafooke chifukwa cha masoka, ndipo amakhulupirira ndi chikhulupiriro chosasunthika kuti Mulungu amathandiza iwo omwe amapirira Iwo omwe ali panjira yoyenera, ndipo amawapatsa chiyembekezo, mphamvu, ndi chiyembekezo, mpaka atakwaniritsa cholinga .chawo chachikulu ndi kukwaniritsa cholinga cha moyo

Lingaliro ndi mphamvu ngati magetsi, ndi mkhalidwe wamaganizo. Limabwerera ku kuganiza ndi momwe .limaganizira

Magetsi ndi opindulitsa komanso owopsa; aliyense amene akugwiritsa ntchito mwanzeru amawagwiritsa ntchito. Apo ayi, angamuphe ndi magetsi. Ndipo anaganizanso kuti ngati atsogoleredwa m'njira zoyenera, amabweretsa chisangalalo kwa mwiniwake, apo ayi .amamubweretsera mavuto

Ganizo lili ngati kavalo wakuthengo, koma kulilamulira sikophweka, ndipo kuganiza bwino ndi njira imodzi .yowongolera kuganiza

Kuganiza bwino ndi bwenzi lapamtima Ndipo maganizo odwala ndi mdani wokhazikika

Kuganiza bwino kumakopa mtendere ndi chitetezo, pomwe kuganiza kosayenera kumawombera mivi yakupha yomwe imabwerera kwa mwiniwake kawiri. Chifukwa chake, mwambi wakuti, "Mphotho ndi yofanana ndi ntchito" Malinga ngati munthu atumiza zolinga zabwino, malingaliro ake adzasanduka nyali, kuunikira zipinda za moyo ndikuthamangitsa milu ya mdima, kuti amve chitonthozo chachikulu, ndipo maso ake awala ndi kumwetulira kokhutiritsa! Kumwetulira kukhalebe m'maso mwanu Ndipo .mtendere ukhale pa inu

Moyo uli ngati mphero yomwe imapera Mbewu za mayeso opindulitsa ndi kuyesa, kuti apange mkate wa moyo. Uli ngati msewu wokhotakhota, wokhala ndi maluwa obiriwira mbali zonse ziwiri, agulugufe owala, ndi mitengo yokhala ndi zipatso zokoma pa nthambi zawo, koma nthawi zambiri sitimayima. Tiyeni tisangalale ndi kuwona kwake ndikusangalala ndi kukoma kwake; ndithudi, nthawi zambiri timakhala pamavuto. Kuti tifike kumadera akuluakulu,

timaganiza kuti pali malo okongola kwambiri kuposa omwe tidawona. Koma pamene tikuchoka pang'onopang'ono. Panjira zamaluwa, zobala zipatso, timapeza mitengo yakuda kuposa yatsopano, kenako maluwawo amatha. Ndipo pamodzi ndi iwo, agulugufe ndi zipatso, kenako tidzipeza .tokha m'chipululu chopanda kanthu

Moyo wa munthu uli ngati madzi a m'nyanja, omwe amayeretsedwa ndikukhala atsopano. Mukangokwera kumwamba, zimakhala ngati maloto am'mawa, omwe amawala kwambiri ndi ukalamba, chifukwa zinthu zimawoneka zomveka bwino komanso zosiyana. Zili ngati ulendo womwe malo amasintha pamene tikuyenda mtunda wautali. Kenako malo omwewo amasintha pamene .tikuyandikira, ndi zina zotero

Moyo sukhumudwitsa anzeru, chifukwa amachita nawo mwaluso ndipo amasangalala nawo Popanda kuwalola kuti awalamulire ndi kuwalanda ufulu wawo. Mwachitsanzo, amasangalala ndi madzi. Amamwa ndi kusamba mmenemo, koma salola kuti amire mmenemo. Amasangalala ndi zovala zomwe amakonda. Popanda kutsatira kwambiri miyambo ndi zinthu zomwe zimaonedwa ngati zapamwamba. Amasangalala kudya popanda kulola kuti munthu adye mopitirira muyeso, chifukwa kudya mopitirira muyeso kumafooketsa thupi. Ndipo kumawononga malingaliro. Ndipo adzawononga kwathunthu. Chifukwa chake, munthu ayenera kusangalala ndi moyo koma popanda kutopa ndi malingaliro .kudzera m'madzi

Kukhala bwino ndi ena Sizitanthauza kuvomerezana nawo pa chilichonse, kapena kusiya malingaliro abwino chifukwa cha iwo, chifukwa kalembedwe kameneka kotsatizana ndi kosafunika ndipo sikugwirizana ndi choonadi. Okonzanso zinthu ndi anthu akuluakulu sanagwirizane ndi anthu ambiri ozungulira iwo, komabe anagwira

mwamphamvu malingaliro awo, chifukwa anazindikira kuti .zomwe anali kuchita zinali zolondola kwambiri

Choyamba, munthu ayenera kukhala mogwirizana ndi Mulungu, kenako ndi chikumbumtima chake, kenako ndi .anthu

Mfundoyi siyenera kusokonezedwa ndipo osagwiritsa ntchito zolinga zobisika kuti akwaniritse cholinga china .chake, chifukwa zimenezo sizoyenera anthu otsatira mfundo

Ndani angachite zinthu zomwe zimakondweretsa Mulungu? Musamavulaze ena, chifukwa alibe chochita nazo mantha. Ngati njira imeneyi siikhutiritsa ena, munthu amakhala womasuka mkati mwake ndikumva mtendere wamumtima womwe umamupangitsa kukhala wopanda .chiyanjo cha anthu

Mphamvu ndi chikhumbo cha moyo Potembenukira kwa Mulungu Zimatchedwa mphamvu ya magnetism yauzimu Ndipo ndi mphamvu ya magnetism iyi, moyo umakopa madalitso ndi kugwedezeka kwabwino ndi zochitika zonse zabwino za anthu zomwe zimamukumbutsa za ubwino ndi chilungamo

mphamvu yauzimu ya maginito Ndi mphamvu yomwe imakopa ndi kukokera munthu kwa iyemwini Mabwenzi abwino Ndi zinthu zofunika komanso zofunika Ndi kumvetsetsa zinthu mwanzeru Mphamvu iyi imachokera ku mphamvu yokoka ya maginito ya Mulungu

Kandulo ya Mtendere

Tengani mphika wamaganizo Dzazani ndi mtendere wanu

Tengani botolo la malingaliro anga. Dzazeni ndi chifundo .chanu

Tengani dengu langa lopanda kanthu la moyo wanu.
.Dzazeni ndi zipatso za nzeru zanu

Thirani madzi a chikondi chanu mu moyo wanga.
.Ndidzawathira m'makapu a moyo wa ludzu

Gwetsani makoma a dyera. Mundilowetse m'malo anu
.onse

Kuwala kwa mbandakucha wa chikondi

Muloleni ayang'ane kuchokera mumtima mwanga

Zimandikumbutsa kuwala kwa dzuwa kwa chikondi
chanu

Kufalikira pa thambo la moyo wanga

Kuwala kowala kwa chikondi chanu kwawala

Pa ine ndekha, ndipo ndinaunikiridwa

Kuwala kwanu kunadzaza malo anga auzimu

Inu ndinu moyo umene umachirikiza thupi langa

Ndipo mzimu umene umandilimbikitsa maganizo

Ndipo nzeru zomwe zimachotsa umbuli wanga

Ndimayatsa kandulo kakang'ono ka chikondi changa

Kuwerenga buku lagolide

Yasungidwa mkati mwanga kuyambira nthawi zakale

Chikondi chanu chinalipo ndipo chidakalipobe

Kandulo yosaoneka ya mtendere

Chimene chimachotsa mdima ndikundiwonetsa
mauthenga anu

Blogu ili pamasamba a mitima

Ulemerero wanu uwululidwe, O Ambuye

Kuwala kwa nzeru zanu kuchotse

Kusadziwa, kusagwirizana, ndi nsanje

Kuchokera m'mphepete mwa dziko lapansi kwamuyaya

Sinthani kufooka kwathu kukhala mphamvu

Ndipo tinafooka kuti titsimikize mtima

Limbitsani matupi athu ndi magetsi ofunikira

Ndipo dzazani malingaliro ndi moyo ndi kuwala kwanu kochiritsa

Tigwireni dzanja lathu kuti tisamire m'madzi osamvera Inu, ndipo mudzaze miyoyo yathu ndi chikondi ndi nzeru zanu. Tiloleni timve kuti tili pafupi kwambiri ndi Inu ndipo .dzuwa la chifundo chanu limatiwalira nthawi zonse

Ndimayika maluwa a malingaliro anga onyodola komanso amphamvu

Mu kapangidwe ka bata

Fungo lake lopanda phokoso limayimba

Ndipo amaimba za ulemerero wanu

Ndipo ndi kuwala kwa kuwala kwanu koyera

Ndikuona kukongola kwa moyo wanu

Maloto anga osangalatsa akwaniritsidwa

Pamene kuwala kwanu kukuwalira mu moyo wanga

Zophimba zikuyaka ndi moto wa nzeru

Ndikuona ulemerero wanu, ndipo chimwemwe changa chikuwonjezeka

Mulungu akuunikireni ndi kuwala kwake

Ndipo moni wochokera ku mzimu kwa inu

Pali zofunikira zambiri zomwe dziko lapansi limatikakamiza ndipo limatitsimikizira kufunika kwake kwakukulu komanso kuti sizingatheke kukhala popanda izo kapena kukhala ndi moyo wopanda izo. Koma chofunika chachikulu chiyenera kukhala kupeza mtendere wa Mulungu, umene magwero ake sauma ndipo kasupe wake sauma, ndipo umapangitsa chilichonse m'moyo kukhala chokoma .ndi chotanthauzo

Tiyeni tikumbukire kuti Mulungu ndiye maziko a umunthu wathu, ndipo chikondi ndiye zenera lomwe timayang'ana nkhope Yake yaulemerero. Aliyense amene akufuna kumva kukhalapo kwa Mulungu ndi kusamalira chilakolako chachikulucho m'maganizo ndi m'zochita zake, Mulungu adzayankha pempho lawo ndi kuwathandiza kugwetsa zophimba zomwe zimawalepheretsa kuwona .kuwala kodala

Aliyense amene watsimikiza mtima kupita patsogolo pa njirayo sadzalepheretsedwa ndi chilichonse, ndipo chopinga chilichonse sichidzamulepheretsa mpaka atakwaniritsa .cholinga chake ndikukwaniritsa zomwe mtima wake ukufuna

Ngale Zauzimu ndi Zamtengo Wapatali

Anthu amene amaulula zofooka za ena ndi kuwachititsa manyazi ndi mkwiyo ali kutali ndi nzeru ndi kuganiza bwino. Tiyenera kunyoza tchimolo, osati wochimwayo, chifukwa ndi m'bale wathu mu mzimu, ngakhale kuti ndi mdima wa kusadziwa womwe umamuzungulira. Cholinga cha chiweruzo chiyenera kukhala kuchiritsa, osati kuseka ndi kuvulaza.

Tiyenera kuchitira m'bale wathu wochimwayo monga momwe tingafunire kuchitiridwa tikanakhala kuti tili pamalo .pake komanso pa mkhalidwe wake

Aliyense amene abisa zolakwa za m'bale wake padziko .lapansi, Mulungu adzabisa zolakwa zake pa Tsiku Lomaliza

Monga momwe timaweruzira ena, lamulo lauzimu limatiweruza mofanana. Sitiyenera kuyembekezera zambiri kuchokera kwa ena, komanso sitiyenera kuyembekezera zotsatira zabwino kuchokera kwa aliyense, ngakhale .atakhala kuti akuchita zonse zomwe angathe

Munthu angagwe ndi kupunthwa, koma adzakhalabe wotetezeka bola ngati achita zonse zomwe angathe kuti akwerenso makwerero a makhalidwe abwino ndi .chilungamo

Tsiku lililonse tiyenera kuyesetsa kulimbikitsa mzimu wa wodwalayo mwakuthupi, m'maganizo, kapena mwauzimu m'malo omwe tikukhala, monga momwe timadzithandizira .tokha kapena achibale athu

Aliyense amene akuyesera kuyambira lero kukhala motsatira malamulo a Mulungu - m'malo mwa moyo wakale wodzikonda womwe umabweretsa mavuto ndi mavuto - adzapeza kuti ngakhale udindo wake utakhala wochepa bwanji m'moyo, umakhalabe wofunika bola ngati akuchita ntchito yake mokwanira motsatira malangizo a wotsogolera sewero la chilengedwe chonse komanso mbuye wa tsogolo .lathu lonse: Mulungu Wamphamvuyonse

Tikamacheza ndi ena moona mtima, mwachikondi chenicheni, komanso moganizira za momwe tikumvera, tidzabweretsa mabwenzi abwino m'miyoyo yathu popanda zokonda zathu kapena kuwerengera kodzikonda komwe

kulibe kuganizira kalikonse; apo ayi, sitidzatha kuzindikira .mabwenzi athu enieni

Ndikofunikira kuchotsa chinyengo ndi kunamizira, .ndikuchita zinthu mwanjira yomwe siivulaza ena mwadala

Anzanu sayenera kukwiya, kunyozedwa, kapena kukwiyitsidwa, komanso sayenera kupatsidwa chifukwa chilichonse chokhalira ndi malingaliro oipa kwa ife Anzanu sayenera kuchitiridwa nkhanza, kuzunzidwa, kapena kupatsidwa uphungu wosapemphedwa pokhapokha ngati atapemphedwa. Uphungu ukapemphedwa, uyenera kuperekedwa moona mtima komanso mwachifundo, popanda kuopa zotsatirapo. Anzanu amathandizana kudzera .mu kutsutsana kolimbikitsa komanso kwa abale

Zochitika zovuta m'moyo sizibweretsa chilema pa chifuniro chathu ndi kutigonjetsa, koma zimatilimbikitsa kutsimikiza mtima kwathu ndikulimbitsa chikhulupiriro chathu mwa Mulungu ndi kudzidalira kwathu Anthu ena amakhulupirira molakwika kuti zochitika ndi zovuta izi ndi mphamvu zowononga zosagonjetseka, motero amasiya. Maganizo abwino ndi ofunikira kuti tiyambe kugwira ntchito mwamphamvu kuti tithane bwino ndi moyo ndi mayesero .ake

Ngati munthu sapikisana ndi munthu wamphamvu kuposa iye mwini, sadzakhala wolimba Mofananamo, tikakumana ndi mavuto athu molimba mtima komanso molimba mtima, timakhala olimba mtima komanso olimba .mtima

Maganizo athu ndi gawo lofunika kwambiri la chidziwitso cha Mulungu chonse Pansi pa mafunde a chidziwitso chathu pali nyanja ya chidziwitso chake chopanda malire. Pamene mafundewo amaiwala kuti ndi gawo la nyanja yayikulu, amadzipatula okha ku mphamvu ya nyanja. Zotsatira zake,

maganizo a anthu amafooka chifukwa cha zofooka zakuthupi ndipo sathanso kugwira ntchito yopindulitsa komanso kupanga zinthu zambiri. Maganizo akamasuntha fumbi la kusadziwa ndikudula maunyolo omwe amamanga mphamvu zawo, adzakhala ndi luso lopanga zinthu zatsopano komanso .kuyanjana bwino ndi moyo

Mukagwira mwamphamvu lingaliro linalake ndikulidzaza ndi chifuniro champhamvu, lingaliro limenelo limasintha kukhala mphamvu yogwira ntchito. Ndipo pamene lingaliro limakhala logwira ntchito, limatha kupanga malo oyenera opambana, malinga ndi mapu osawoneka omwe .adajambulidwa m'maganizo

Anthu amalephera chifukwa amagonja ku mavuto a moyo popanda kuwatsutsa, m'malo mowatsutsa popanda .kuwatsutsa

Ndikofunikira kuchita masewera olimbitsa thupi ndikuyambitsa mphamvu

Anthu amene amalowa m’malo opatulika a mtendere amatha kulankhulana mwauzimu ndi miyoyo ina yomwe imakonda Mulungu, ndipo amatha kumvetsetsa chilankhulo .cha maluwa ndi zamoyo zonse

Ambuye, khalani Mfumu yokhayo yoikidwa pampando wachifumu pa chikondi changa ndi chikhumbo changa

Anthu amene amasinkhasinkha amakhala ndi mtendere wamumtima, ndipo mtendere wamumtima umenewu uyenera kusungidwa ngakhale ali ndi anthu ena. Zimene munthu amaphunzira posinkhasinkha ziyenera kuchitika pa zochita zake za tsiku ndi tsiku komanso pochita zinthu ndi ena, popanda kulola aliyense kusokoneza mtendere wake .kapena mtendere wake

Mukafuna kupanga chizolowezi chabwino kapena kuchotsa chizolowezi choipa, yang'anani kwambiri maselo a ubongo komwe kuli njira zosiyanasiyana za zizolowezi

Kuti mukhazikitse chizolowezi chabwino, choyamba khalani chete ndikusinkhasinkha, kupempha thandizo la Mulungu. Yang'anani maganizo anu pakati pa mphamvu ya chifuniro, yomwe ili pamphumi pakati pa nsidze zanu, ndikutsimikiza mwamphamvu chizolowezi chomwe mukufuna kuyika muubongo wanu. Mukafuna kuchotsa zizolowezi zoipa, yang'ananinso chidwi chanu pa malo awa a mphamvu ya chifuniro ndikutsimikiza mwamphamvu kuti mizere yonse yomwe zizolowezizo zakhazikika ikuchotsedwa. Ndi cholinga ndi mphamvu ya chifuniro, mutha kuchotsa ngakhale mizere yozama kwambiri ya zizolowezi zakale zozika mizu Dzitsimikizireni mobwerezabwereza kuti muli ndi mphamvu zokwanira zochotsera zizolowezi zoipa m'dera .laubongo

Nthawi yoyenera kwambiri yotsimikizira izi ndi m'mawa .kwambiri pamene chifuniro ndi chisamaliro zili maso

Pitirizani kudzitsimikizira nokha kuti muli omasuka ku zilakolako zonse ndipo tsiku lina mudzapeza kuti - Ndi thandizo la Mulungu - mwadzimasula kale ku chizolowezi .chomwe munkafuna kuchisiya

Chilichonse chomwe mukuopa, chotsani maganizo anu pa icho ndipo musiyire Mulungu Limbitsani chikhulupiriro chanu mwa Mulungu ndipo khulupirirani kuti Iye akhoza kukuthandizani

Mavuto ambiri amachokera ku nkhawa ndi nkhawa. N’chifukwa chiyani muyenera kuvutika pamene zomwe mumaopa sizinachitike? Tangoganizirani kuwala koteteza kwa Mulungu kukuzungulirani mbali zonse, ndipo mudzamva .chitetezo chake chodabwitsa

Popeza nkhawa zathu zambiri zimachokera ku mantha, ngati tichotsa mantha m'miyoyo yathu, tidzamva omasuka ndipo machiritso adzakhala nthawi yomweyo. Usiku uliwonse, musanagone, tsimikizani kuti Mulungu ali nanu, .akukutetezani ndi kukusamalirani

Mu sewero la chilengedwe chonseli, anthu amitundu yonse amachita sewero la nkhani ya moyo pa siteji ya nthawi. Tiyenera kumvetsetsa tanthauzo la moyo popanda kutanganidwa kwambiri ndi kapena kuganizira kwambiri za .maudindo athu osakhalitsa

Kaonedwe kathu ka moyo nthawi zambiri kamakhala kolakwika komanso kosiyana chifukwa timayang'ana ndi maso adyera komanso malo ochepa. Tikayang'ana ndi maso .a moyo, tikanaona zinthu mosiyana kwambiri

Tikatsegula diso la nzeru, timaona kuwala kwa Mulungu kozungulira zonse, ndipo m'kuunika kumeneko timazindikira umunthu wathu wauzimu, womwe ndi chiwonetsero cha umunthu wa chilengedwe chonse womwe umafalikira tinthu .tonse ndi mbali zina za chilengedwe chonse

Zoonadi zauzimu zimatizungulira, zikugogoda pa zitseko za maso athu otsekedwa, kutilimbikitsa kuti tiwone kuwala m'malo mwa mdima, kuti tichite zinthu mwanzeru m'malo mwa kusadziwa, kuti tidzaze mitima yathu ndi chikondi m'malo mwa chidani, ndi kugwirizana pokhazikitsa mtendere ndikubweretsa kuchuluka ndi chitetezo padziko lathu. Tikachita zimenezo, kusadziwa kudzatha, kusiyana kwa zinthu kudzatha, tidzaona umodzi mu kalembera, ndipo .tidzakhala ogwirizana kwambiri ndi chifuniro cha Mulungu

Ubale wathu ndi Mulungu si wozizira kapena wopanda chikondi, monga momwe ulili pakati pa olemba ntchito ndi wantchito. Ife ndife banja lake, chisamaliro chake pa ife chimakhala chokhazikika, ndipo amatimvera nthawi zonse.

Ndife gawo lofunika kwambiri la umunthu wake, ndipo ubale .wathu ndi Iye ndi wamoyo komanso wamphamvu

Mlengi wathu watipatsa chuma chosatha cha chikondi, kumvetsetsa, nzeru, ubwino, ndi mphamvu zauzimu, koma ambiri a ife tawononga chuma ichi pa chilichonse chimene Mulungu akufuna kuti tikhale nacho mwamtendere, mwamtendere, komanso mogwirizana, monga momwe ziyenera kukhalira banja labwino komanso lachikondi, koma umbombo ndi kuwerengera kwadyera kwakhazikika .m'mitima mwathu ndipo kwabzala kusamvana pakati pathu

Mulungu amafuna kuti tikhale ambuye, koma tasankha kukhala akapolo

Munthu wachoka kutali ndi kwawo kumwamba ndipo wataya paradaiso wamkati womva pafupi ndi Mulungu ndi Mulungu pafupi naye, ndipo sadzatha kupeza paradaiso .ameneyo popanda khama lake

Mulungu anatilenga m'chifaniziro Chake, koma chowonadi ichi chatha m'maganizo mwathu. Tagonjera ku chinyengo chakuti tsogolo lathu ndi mavuto ndipo tsogolo lathu ndi chiwonongeko. Tiyenera kuchotsa chophimba cha chinyengo ndi lupanga lanzeru kuti tiwone chowonadi .chowala kumbuyo kwake

Kodi ndife ndani ndipo umunthu wathu weniweni ndi ?wotani

Anthu ali ndi kusiyana koonekeratu, kaya m'maganizo mwawo kapena m'maganizo mwawo, maudindo awo m'moyo, ntchito ndi zochita zomwe amachita, kapena zilakolako zomwe amamva. Koma pansi pa kusiyana konseku pali zinthu ziwiri zomwe munthu aliyense amafuna komanso zomwe amafunikira popanda kupatulapo. Chimodzi ndi ufulu ku mitundu yonse ya ululu ndi zosowa. China ndi

chimwemwe chokwanira komanso chokhalitsa—kukhutira kwathunthu, komwe mtendere, chikondi, nzeru, ndi .chimwemwe zimakhala

Zoonadi, chimene anthu amayesetsa kupeza ndi Mulungu, kaya agwiritse ntchito dzina limenelo kapena ayi. Anzeru amati Mulungu ndiye maziko a chisangalalo ndi mzimu wa chisangalalo. Ndipo munthu sangasangalale mokwanira pokhapokha atachokera ku gwero la chilengedwe. Iyi ndi mfundo yofunika kwambiri yomvetsetsa .momwe munthu alili

?Koma kodi anthu amafufuza kuti zomwe akufuna

Amachifunafuna m'zinthu zapadziko lapansi zokha: m'zinthu zomwe ali nazo, m'mikhalidwe yakunja, ndi m'maubwenzi ndi anthu ena. Koma n'zosatheka kuchipeza mu chilichonse, aliyense, kapena m'mikhalidwe ina iliyonse .m'dziko lino, poganizira za chilengedwe

Chilengedwe chimachokera pa mfundo ya uwiri. N'zosatheka kukhala ndi chithunzi cha mtundu umodzi wokha, chifukwa palibe njira yochitira popanda chotsutsana nacho. Mofananamo, n'zosatheka kuti mbali iliyonse ya moyo ikhalepo yokhayokha kuchokera ku uwiri. Komabe, tikayang'ana zilakolako zomwe zimalimbikitsa anthu, timapeza kuti aliyense wa ife amalakalaka zinthu zabwino, zosangalatsa, zokongola, komanso zabwino zokha, popanda chikhumbo chothana ndi chilichonse chosasangalatsa .kapena chosafunikira. Koma zimenezo sizingatheke

Mu dziko lino la zinthu ziwiri, palibe chisangalalo popanda ululu, palibe kuwala popanda mdima, palibe chabwino popanda choipa, palibe moyo popanda imfa. Mbali ziwiri za ndalama sizingalekanitsidwe. Izi zikutanthauza kuti zomwe timalakalaka mkati mwathu sitingazipeze kuchokera .ku dziko lino

Anthu amafufuza—inde, amafufuza ndi mphamvu zawo zonse—koma sangathe kupeza zomwe akufuna, zomwe zimapangitsa kutaya mtima ndi kusowa chiyembekezo Izi sizimangobweretsa kutaya mtima kokha komanso mkwiyo waukulu ndi mkwiyo waukulu, ndipo motero amachita zachiwawa Zonsezi zimachitika chifukwa sakufuna zomwe akufuna pamalo oyenera, ndipo chifukwa chake, sapeza zomwe mitima yawo ikufuna

Anthu masiku ano sadziwa zambiri za tanthauzo ndi cholinga cha moyo, motero amavutika ndi chisokonezo ndi .kusokonezeka maganizo

Mwachibadwa, anthu ndi zolengedwa zoyendetsedwa ndi cholinga Ngati alibe cholinga m'moyo, ndipo ngati malingaliro awo, mphamvu zawo, chifuniro chawo, ndi malingaliro awo sizikutsogoleredwa m'njira yabwino komanso yomanga, adzatembenukira ku njira zowononga monga kumwa mowa mopitirira muyeso ndi mankhwala osokoneza bongo, kugwiritsa ntchito chiwawa, ndi zina zotero. Cholinga chachikulu cha moyo ndi kudziwa Mulungu ndipo ndi udindo wa anthu onse kugwirizanitsa maudindo awo ndi zochita zawo zakunja kudzera mu zochita zolungama, malingaliro abwino, malingaliro abwino, ndi njira .zabwino zoyankhulirana malingaliro awo

Mbali ziwirizi za chibadwa chathu—mbali yamkati kapena yauzimu ndi mbali yakunja—sizikutsutsana ngati zitamveka bwino. M'malo mwake, zimathandizana ndipo zimatithandiza kukulitsa ndi kukulitsa luso lathu lakuthupi, .lamaganizo, lamaganizo, ndi lauzimu

Anthu amakhala m'malo opanda kanthu, opanda kusonkhezeredwa ndi nzeru kapena kusonkhezeredwa ndi maganizo. Amamva kutopa chifukwa chosowa cholinga komanso kusakhala ndi chilichonse chomwe chingapatse miyoyo yawo phindu ndi tanthauzo. Munthu wamba akhoza

kuchita zinthu ngati kuti ali ndi thanzi labwino m'maganizo ?ndi m'maganizo, koma kodi ali okondwa

Cholinga chachikulu cha moyo ndikudziwa kuti ndife ndani komanso kuti ndife ndani kwenikweni. Ngati tipereka chisamaliro chakuya cha moyo kwa iwo, mosakayikira tidzamva chisangalalo, chifukwa chisangalalo cha anthu chimagwirizana ndi kulumikizana ndi umunthu wawo wauzimu, womwe popanda iwo munthu sakhalapo kapena .kukhalapo

Kuopa kulephera kapena matenda kumakula mwa kuganizira nthawi zonse za izi mpaka lingaliro la kulephera litalowa m'maganizo ozindikira kupita ku chidziwitso chapamwamba kenako n’kufika pa chidziwitso chapamwamba. Kenako, mantha, omwe ali m'maganizo ozindikira komanso ozindikira apamwamba, amayamba kuchulukana ndikukula mpaka atadzaza maganizo ozindikira ndi udzu wa mantha womwe sungathe kuchotsedwa mosavuta monga momwe lingaliro loyamba limakhalira pamene limamera. Udzu wovulazawu pamapeto pake umabala zipatso zakupha komanso zoopsa. Mwamwayi, mizu yake imatha kuchotsedwa mkati mwa kuyang'ana kwambiri kulimba mtima ndikukhazikitsa chikhulupiriro cholimba mwa Mulungu ndi kuti Iye amatha kuthandiza omwe akufuna .kudzithandiza okha ndikuwateteza ku mavuto

Kalekale, thovu laling'ono linkayandama pamwamba pa nyanja, likuopa mphepo yamkuntho ndi mphezi, pamene anamva mawu akumunong'oneza kuti: "Thovu laling'ono la "?moyo, vuto lako ndi chiyani

Kodi simukudziwa kuti ndinu mbali ya nyanja ya moyo? Kachidutswa kakang'ono kaja kanayang'ana mozungulira ?ndipo kanazindikira mfundo imeneyi

Chikumbumtima cha anthu chimayandama ngati thovu laling'ono Pamwamba pa nyanja ya chidziwitso cha chilengedwe, ndikuganiza kuti ndi thovu lakanthawi, kunjenjemera ndi mantha a matenda, umphawi, ndi imfa. Kodi thovu, mumaopa nyanja? Yang'anani mozungulira, yang'anani mosamala Sinthani malingaliro anu kuchokera pamalo omwe muli nawo kupita ku ufumu wopanda malire wa Mulungu. Fufuzani mozama, kulitsani kumvetsetsa kwanu, kuti mudziwe ndikutsimikiza kuti ndinu amodzi ndi nyanja yake yayikulu, ndipo Mulungu ali nanu. .Amakutetezani, amakuchirikizani, tsopano ndi kwamuyaya

Kupewa misampha ndi misampha

Nthawi iliyonse mukamva chilakolako champhamvu mumtima mwanu chikukulimbikitsani kuchikwaniritsa, gwiritsani ntchito kuzindikira ndikudzifunsa kuti, "Kodi ichi ndi chilakolako chabwino chomwe chingakwaniritsidwe, kapena chilakolako choipa chomwe sichiyenera kulemekezedwa?" Zilakolako zakuthupi zosapatsa thanzi zimalimbikitsa zizolowezi zathu zoipa mwa kutipatsa ziyembekezo zabodza ndi chisangalalo chabodza. M'zochitika zotere, mphamvu ya kuzindikira iyenera kugwiritsidwa ntchito kuti iwulule chowonadi. Zizolowezi zoipa pamapeto pake zimapangitsa kuti munthu asasangalale. Pamene chikhalidwe chawo chenicheni chavumbulidwa, chimakhala chopanda mphamvu zogwirira .munthu m'misampha ya kuvutika ndi misampha ya mavuto

Kuganizira ndi nkhani

Mu moyo ndi mu imfa, m'zisoni ndi m'masautso, chikhulupiriro changa mwa Inu, Ambuye, chimakhalabe champhamvu komanso chosagwedezeka, cholimba komanso chosagwedezeka

Mpweya uliwonse wa kulakalaka kwanga ndi pemphero langa umatsegula zitseko ndi mawindo mumtima mwanga .omwe ndimadutsamo kupita ku chisangalalo cha Mulungu

Monga momwe dzuwa limawala m'malo odzaza anthu ambiri, momwemonso ndidzawona kuwala kwa chikondi cha Mulungu m'mbali zonse za moyo wanga ndi zochita zanga za .tsiku ndi tsiku

Mundidalitse, Ambuye, kuti ndidzutse moyo wanga ndi .mbandakucha ndikuufikitsa ku khomo lanu lodala

Nkhani ya nswala ya musk

Musk ndi chinthu chamtengo wapatali chokhala ndi fungo lamphamvu, chomwe chimapezeka m'mitsempha ya .nswala ya musk yomwe imakhala kumapiri a Himalaya

Nswala ikafika msinkhu winawake, musk wokongolayo umayamba kutuluka mobisa kuchokera m'mitsempha mwake, ndipo nswalayo imasokonezeka ndi fungo lokongola limenelo ndipo imayamba kuvina ndikufunafuna komwe .kumachokera fungo lokoma limenelo

Imayenda kuchokera pamalo ena kupita kwina, ikununkhiza pakati pa miyala ndi pansi pa mitengo, kufunafuna kulikonse komwe kumachokera fungo .losangalatsa limenelo

Pomaliza pake, amakwiya kwambiri ndipo amavutika maganizo kwambiri akasowa chonena ndipo sakupeza .chomwe akufuna ndi chilakolako ndi chilakolako

Poyesa komaliza kufika komwe musk umachokera, umadumpha kuchokera m'mapiri aatali a miyala kupita ku chigwa chakuya kuti ukakumane ndi tsoka lake ndikukumana ndi imfa yake, pomwe asodzi amatha kuigwira .ndikutulutsa musk sac kapena gland kuchokera mmenemo

Pachifukwa ichi, m'modzi mwa olemba ndakatulo odziwa bwino ntchito yake adatchula mawu akuti:

Nswala ya musk, chitsiru iwe!

N’chifukwa chiyani mukuvutika? N’chifukwa chiyani simugona?

Musk uyu ulipo

Ndi thumba lako la m'mimba, chitsiru iwe!

Ngakhale mutakhudza ndi mphuno yanu

Kuchokera kwa inu kumabwera fungo lachinsinsi

Ukanapambana zomwe unkayembekezera

Ndipo munakhala popanda kugwiritsa ntchito ndalama

Kodi simukuganiza, anzanga, kuti anthu ambiri amachita zinthu ngati nswala za musk? Nthawi zonse amakhala akufunafuna chimwemwe kulikonse komwe ali kunja kwawo?

Inde, amafunafuna chimwemwe posewera, ndipo amadzipereka okha kutopa m'zilakolako ndi zilakolako. Amakwera njira zoterera za chuma mpaka pamapeto pake amalumpha kuchokera kumapiri a ziyembekezo zazikulu kupita ku miyala ya kukhumudwa ndi kulephera pamene sangathe kupeza chimwemwe chenicheni chosungidwa mkati mwa mitima yawo.

Ngati titayang'ana kwambiri, ndi kuganizira mozama, tidzapeza mu mtendere wa moyo gwero la chimwemwe chenicheni komanso chokhalitsa chomwe timachifuna.

Sitiyenera kukhala ngati nswala ya musk, yomwe ikuwonongeka pofunafuna chimwemwe m'malo olakwika. M'malo mwake, tiyenera kukhala maso ndikuyesera kupeza chimwemwe mkati mwathu, osati kunja kwa ife eni.

Nkhani ya Batani

Munthu wina anabwera kwa ine nati akudwala matenda
:a mtima osatha, ndipo anawonjezera kuti

Ndayesa zinthu zambiri, koma sindingathe kuchotsa"
"ululu wamtima

Nditaganiza modekha, ndinamupempha kuti
:andibweretsere lumo. Anandiyang'ana monjenjemera nati

"?Kodi mukufuna kunditsegula mtima wanga, bwana"

Ndinaseka ndipo ndinayankha kuti, "Ine sindine dokotala
Kodi munamvapo za munthu amene amagwiritsa ntchito
"!?lumo pochita opaleshoni

Pomaliza, anabweretsa lumo monyinyirika, choncho
ndinadula batani limodzi pa jekete lake ndipo ndinamuuza
kuti asasoke batani lina pamalo pake, komanso kuti asaike
dzanja lake pamalo pomwe batanilo linalibe. Ndinamuuzanso
kuti abwerere kwa ine patatha milungu iwiri, ndipo
.ndimayembekezera kuti adzachira panthawiyo

Munthuyo anaseka nati, "Ndidzachita monga
mwandipempha chifukwa ndikukukhulupirirani, koma
ndikuganiza kuti ndi mankhwala achilendo kwambiri omwe
"!ndapatsidwapo

Patapita milungu iwiri anabwera kwa ine akuthamanga
:nati, modabwa

Akatswiri ananditsimikizira kuti ndachiritsidwa matenda"
a mtima. Ndiye, chifukwa cha Mulungu, munachita chiyani?
"?Kodi munatulutsa genie pa batani

Ndinayankha ndikumwetulira kuti: "Inde! Dzanja lanu
linkasewera ndi batani nthawi zonse, ndipo batanilo
"linkagwirizana ndi mtima

Batani limenelo linali genie lomwe linkakupwetekani mtima. Kotero ndinadula batanilo ndipo ndinakuuzani kuti musalowetse kapena kuyika dzanja lanu pamtima wanu. Mwanjira imeneyo, mtima wanu unamasuka ku kupsinjika !ndipo unasiya kukupwetekani

Chilichonse chikuyenda mwachangu, ndipo anthu ali otanganidwa ndi zinthu zambiri. Mwachibadwa, ndi bwino kukolola zinthu zabwino kwambiri padziko lapansi kusiyana ndi kutaya nthawi, kulola nyengo kukupitirirani n’kutha opanda kanthu. Koma chimene munthu ayenera kukolola ndicho chokolola chamtengo wapatali kwambiri m’moyo: kuyandikira kwa Mulungu ndi kumudziwa Iye. Njira yokhayo yopezera chimwemwe chenicheni ndi kuchita chinachake .m’dziko lino komanso kupambana mwauzimu

Anthu amene amadziwa Mulungu sayamba ntchito zawo za tsiku ndi tsiku asanaganizire za Mulungu ndi kupatsa maganizo ndi matupi awo mphamvu yodalitsidwa ya .Mulungu

Zofuna zambiri za dziko lapansi zingalepheretse anthu ofuna zolinga zawo zauzimu ndi kuwachotsa panjira yomwe asankha. Koma anthu omwe ali ndi chikhumbo cholimba salola chilichonse kuwapatutsa; amapitirizabe ndi chikhumbo .mosasamala kanthu za zovuta kapena zovuta

Kaya dziko lapansi litipatse chiyani, silidzakhutiritsa chilakolako cha mitima yathu, yomwe imalakalaka chinthu chokhazikika, chofunika kwambiri, komanso chamtengo wapatali kuposa zonse zomwe chuma ndi chuma cha dziko .lapansi chili nazo

Munthu akamwalira—mukhale ndi moyo wautali—palibe mphamvu padziko lapansi imene ingamuchitire chilichonse Ndani angatithandize tikachoka m’dziko lino? Chifukwa chake, tiyenera kukumbukira nthawi zonse kuti dziko lino ndi

malo oimapo kwakanthawi paulendo wathu wopita kunyumba kwathu kumwamba, komwe tidzakhala kosatha .pamaso pa Wachifundo Chambiri

Kulemera kwambiri sikutsimikizira thanzi, mtendere, ndi kuchita bwino, koma kupeza mtendere ndi kuchita bwino kudzatsogolera ku chipambano choyenera pamlingo .wauzimu ndi zakuthupi

Anthu ambiri amakula ndi luso la maganizo kuti apeze chipambano cha zinthu zakuthupi. Koma munthu akamadzilamulira yekha ndikugwiritsa ntchito mphamvu zake zamaganizo ndikuchita zinthu mogwirizana ndi dongosolo la Mulungu, moyo wake udzadalitsidwa, ndipo adzalawa timadzi ta mzimu ali padziko lapansi. Sadzakhalanso mkaidi wa zizolowezi ndi zilakolako, koma chidziwitso chake chidzasandulika kukhala mtima wa kukhalapo kwa Mulungu, ndipo adzakhala kumeneko akusangalala ndi zosangalatsa zatsopano zomwe .sizingafotokozedwe

Thupi ndiye pharmacy yabwino kwambiri

Ofufuza zachipatala apeza kuti tikamakhala ndi chisangalalo chachikulu, thupi limapanga mankhwala ochepetsa nkhawa ndi zinthu zina zochepetsa kupsinjika maganizo zomwe zimakhala zamphamvu komanso zogwira mtima monga momwe madokotala amanenera. Thupi ndi pharmacy yayikulu kwambiri padziko lonse lapansi, yomwe imatha kupanga chinthu choyenera panthawi yoyenera tikamagwirizana ndi mgwirizano wauzimu womwe Mulungu .waika mkati mwathu

Sikuti kupsinjika konse kuli kovulaza; kupsinjika kumadzutsa mphamvu yofunika yomwe imayenda m'thupi lathu ndipo kumalimbikitsa kuchita zinthu ndi kuyenda.

Kafukufuku wasonyeza kuti kupsinjika koyenera kumakhala .kopindulitsa

Koma vuto limabwera pamene kupsinjika maganizo kukupitirira mulingo woyenera

Aliyense wa ife ali ndi malire ake pa kupsinjika maganizo, ndipo malire amenewo akapitirira, timakhala ndi nkhawa kwambiri kuposa momwe tiyenera kukhalira, ndipo sitingadziwe mpaka mavuto atayamba kuonekera m'thupi, .m'maganizo, ndi m'maganizo

Moyo ndi Mulungu ndi chisangalalo ndi chimwemwe, pomwe popanda Mulungu pali nkhawa, chisokonezo, mavuto, komanso tsoka. Ndiye kodi tingapeze bwanji mtendere ndi bata m'moyo wolamulidwa ndi masoka ndi ?masoka, ndikubweretsa chisangalalo padziko lapansi

Chofunika choyamba ndikudziwa mavuto a moyo .pamene tikulamulidwa nawo

Mulungu ndi Wanzeru Zonse komanso Wodziwa Zonse, ndipo watipatsa matupi athu zizindikiro monga chitonthozo, kusasangalala, bata, ndi nkhawa, ndipo tiyenera kulabadira zizindikiro izi Pali nzeru zaumulungu mkati mwa matupi athu zomwe zimayesa kutiuza zinazake, ndipo tiyenera kumvetsera mauthenga awa panthawi ya nkhawa kapena kupuma Mukamva kupsinjika, ikani maganizo anu pa gawo la thupi lanu lomwe likukumana ndi kupsinjika, kenako pumirani mpweya wozama, ndipo nthawi yomweyo, chepetsani pang'onopang'ono gawolo mpaka litagwedezeka Kenako pumulani ndikumasula kupsinjika Izi zithandiza kusunga mphamvu ndi moyo wabwino m'thupi ndikuliteteza .ku zotsatira zoyipa za kupsinjika

Tingathenso kuthana ndi kupsinjika maganizo mwa kupuma. Mukamva mantha kapena malingaliro ena oipa,

pumirani pang'onopang'ono, mozama, komanso mozungulira kangapo, kulola thupi lanu kupumula nthawi iliyonse yopuma. Izi zidzakuthandizani kuchepetsa kugunda kwa mtima wanu, kubwezeretsa kuyenda kwa magazi mwachibadwa, kuthandizira kuyenda kwa mphamvu zofunika kudzera m'mitsempha yanu, komanso kukuthandizani kutonthoza maganizo anu ndikuchotsa .malingaliro anu

Moyo si vuto ladzidzidzi; ndi mawonekedwe okongola a Mulungu, ndipo tiyenera kusangalala nawo. Tiyeni tikumbukire kuti kumwetulira ndi mphamvu; ngati sitikugwiritsa ntchito, timataya gawo lofunika kwambiri pa .moyo

Anthu ndi mizimu yokhala ndi malingaliro ndi malingaliro, ndipo ali ndi thupi lomwe amavala ngati chovala kapena malaya akunja. Koma bola ngati tikukhala pamlingo wa thupi ndi malingaliro okha, tidzagwa pansi pa chisonkhezero choipa cha kupsinjika maganizo ndi kupsinjika .maganizo

Tikamagwirizana ndi chibadwa chathu chofunikira, chomwe ndi mzimu, chimwemwe cha mzimu chimalowa mumtima ndikusintha kukhala chikondi. Kumva chikondi ichi, cholumikizidwa ndi mtendere ndi bata la moyo, ndikuchita zinthu ndi kuyanjana motsatira mphamvu zake zogwirizana, ndiyo njira yoyenera kwambiri yokhalira mwachibadwa m'dziko lodzaza ndi mikangano ndi zotsutsana. Kugwirizana .ndi chimwemwe ichi ndiye yankho la mavuto a moyo

Chidziwitso: Ponena za mawu akuti: "Thupi limapanga mankhwala oletsa kupsinjika maganizo ndi zinthu zina zomwe zimachepetsa kupsinjika maganizo, zomwe sizili zamphamvu komanso zogwira mtima kuposa zomwe madokotala amalangiza," uwu si upangiri woti

usamaperekedwe kwa upangiri wachipatala ndi mankhwala, .chifukwa chake ndikofunikira kufotokoza momveka bwino

Ma equation a maginito

Munthu wokhala ndi mtima wolimba komanso zizolowezi zoipa + munthu wachifundo koma wofooka = mphamvu yoipa imapambana kukoma mtima

Munthu wofooka wokhala ndi zizolowezi zoipa + munthu wokonda kwambiri wokhala ndi zizolowezi zabwino = mphamvu yabwino ya maginito imagonjetsa woipayo

Mphamvu ya maginito yofooka yauzimu + biomagnetism yoipa = mphamvu ya maginito yoipa kwambiri

Mphamvu ya makhalidwe abwino + mphamvu ya makhalidwe abwino yofooka = mphamvu ya makhalidwe abwino yowonjezereka

Munthu wokwiya komanso wachiwawa + munthu wofatsa komanso wachifundo = mphamvu ya mkwiyo imapambana kufatsa

Khalidwe lamphamvu, lolinganizika, komanso lodekha + khalidwe lomwe nthawi zina limapangitsa kuti munthu asakhutire = mphamvu ya bata imapambana

Kulephera kosalekeza + kulephera kochepa = mphamvu ya maginito yolephera

Kupambana kwabwino kwambiri + kupambana pang'ono = kupambana kwakukulu

Kugwedezeka kwamphamvu kwa kulephera + kugwedezeka kwamphamvu kwa kupambana = mphamvu ya maginito yolephera kapena mphamvu ya maginito .yopambana, kutengera malo ndi momwe zinthu zilili

Maganizo amphamvu, abwino + kusadziwa konse = kuchenjera ndi luso kapena kusadziwa ndi kupusa

Mphamvu yauzimu yodabwitsa + mphamvu yothandiza kwambiri = Mphamvu yauzimu yodabwitsa - mphamvu yothandiza kwambiri

Ngati anthu akanatha kuona zamoyo zambirimbiri za m’mapulaneti mu ether yowazungulira, mwina ena akanayesa kupeza okondedwa awo omwe anamwalira Mulungu watsegula maso anga auzimu, ndipo ndikuona miyoyo yambiri yomwe yachoka padziko lapansi. Mwa kuyang’ana kwambiri pa diso lauzimu (pakati pa mphumi), munthu akhoza kuona ndi masomphenya amkati dziko lowala lokhala ndi miyoyo yonse yabwino yomwe yakwera .kupita ku ether kupita kwa Wachifundo Chambiri

Mwa anthu, mtima umagwira ntchito ngati wolandila opanda waya ndipo diso lauzimu ngati chotumizira. Ngakhale simungawaone okondedwa anu omwe anamwalira, ngati muika maganizo anu pamtima mofatsa, mutha kumva kukhalapo kwa okondedwa anu omwe tsopano akukhala m'matupi achilengedwe, akusangalala ndi mtendere ndi chitetezo cha Mulungu ndikusangalala ndi ufulu wawo ku zoletsa za thupi, kotero mumapeza chitonthozo mu .mtendere wawo ndipo mtima wanu umatsimikizika za iwo

Ndikatchula dzina la Mulungu, umunthu wanga wonse umasungunuka kukhala chisangalalo chachikulu. Koma mkhalidwe umenewu unabwera kwa ine pambuyo poyesetsa kwambiri. Poyamba, sindinali munthu wolakalaka, chifukwa maganizo anga anali kuyendayenda. Koma tsopano, ndikangoyang'ana kwambiri zauzimu—malo pakati pa nsidze—malingaliro onse amatha, kupuma kumatha kokha, mtima umasiya kugunda, chisokonezo cha maganizo chimatha, ndipo mkhalidwe wogwera pa moyo, kotero kuti

ndimasangalala ndi uzimu ndipo ndimakhala ndi .chisangalalo chaumulungu

Mawu agolide

Chimwemwe ndi ufulu wanga, cholowa changa, ndi chuma changa chobisika cha Mulungu. Nditsogolereni kuti ndipeze mkati mwanga chuma chomwe chimaposa maloto a .mafumu

* * *

Moyo ndi kayendedwe kanzeru kokhala ndi kayimbidwe kokhazikika. Umapangidwa m'zinthu zopanda moyo, kapena umatenga mawonekedwe amoyo komanso oyenda. Moyo uli .ndi zonse ndipo umalowerera chilichonse

* * *

O wokondedwa kwambiri, Ndiwe moyo Ndiwe cholinga changa ndi chikhumbo changa

* * *

Mundipangire duwa lokongola m'munda wanu wakumwamba, kapena mkanda wowala mu mkanda wanu wachikondi wowala, kapena mundipatse ulemu waukulu: .malo ang'onoang'ono kwambiri mumtima mwanu

* * *

Kulikonse kumene ena amayamikira khama langa pochita zabwino, ndi komwe ndingapereke chithandizo .chabwino kwambiri

* * *

Tiyeni tiluke kapeti yagolide ya maloto okhala ndi ulusi wa silika wa zikumbutso zokoma ndi malingaliro abwino

* * *

Chikondi chili ngati pepala lopaka utoto lomwe limapukuta malingaliro ndikuchotsa nkhanza pa khalidwe

* * *

Miliri, masoka, ndi kusintha kwachiwawa m'chilengedwe komwe kumabweretsa chiwonongeko, chiwonongeko, ndi kuvulaza kwakukulu si " malamulo a Mulungu" Masoka awa

amachokera ku malingaliro ndi zochita za anthu Kulikonse komwe kuyanjana kwabwino ndi koipa padziko lonse lapansi kwasokonezedwa ndi kusonkhana kwa mafunde owopsa ndi kugwedezeka komwe kumachitika chifukwa cha zolinga zoyipa za anthu ndi zolakwa, chisokonezo chimalamulira .ndipo chiwonongeko chachikulu chimayamba

* * *

Ndidzatenga zabwino kwambiri kuchokera kwa anthu onse, ndipo ndidzayamikira makhalidwe abwino a mitundu .yonse popanda kuyang'ana kwambiri zolakwa zawo

* * *

Monga momwe timasamalirira kufunika kwa zakudya zomwe timadya tsiku ndi tsiku, tiyeneranso kusamala ndi zakudya zamaganizo zomwe timapatsa maganizo athu tsiku .lililonse

* * *

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mtsinje wochepa ukuyenda mwa iwo popanda kusokonezedwa, kudzazidwa kwawo ndi bata lalikulu. Izi zili choncho chifukwa mtsinje uwu umalumikizidwa ndi gwero lake lapamwamba, kuyenda kosalekeza komwe kumafikira miyoyo mogwirizana ndi gwero limenelo, kuwalola kupereka .chimwemwe kwa iwo omwe akulakalaka mtendere

* * *

Ndi mawu angati abwino ochokera mumtima omwe achotsa chisoni chambiri ndipo ndi mawu angati anzeru omwe awunikira njira zamdima ndi nyali zachisangalalo ndi !bata

* * *

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo

zofunika kuchokera kwa iwo. Pakuti ululu uliwonse ndi kuvutika kulikonse komwe timakumana nako kuli ndi .tanthauzo komanso cholinga

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Ngakhale kuti mayesowa ndi ovuta, ali ngati moto womwe umasungunula chitsulo kuti chikhale chitsulo chokongola, cholimba, komanso chogwiritsidwa ntchito .m'njira zosiyanasiyana

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Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu akugwira ntchito, chilichonse chomwe ndimafuna chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

* * *

Pamene maganizo akunong'oneza Mulungu mokweza komanso mokweza kuchokera pansi pa mtima wa munthu wofunitsitsa, kuyitana kwa mzimu kudzakhudza mtima wa munthu aliyense, ndipo yankho lidzabwera, kubweretsa chisangalalo chachikulu. Kunong'oneza kwanzeru kumeneku kumakulitsa chifuniro mpaka chitakhala ndi mphamvu .zofunikira kuti chikwaniritse cholinga chomwe chikufunidwa

* * *

<u>Maganizo ndi chifuniro cha munthu zikakhala zogwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu ndikokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe akugwirizana ndi chifuniro .chapamwamba</u>

* * *

Munthu sayenera kugwiritsa ntchito mphamvu zonse zamaganizo zomwe Mulungu wawapatsa kufunafuna zinthu

zosakhalitsa, kuopera kuti angadzitayike m'mavuto a kukonda chuma ndikudzipangira zoletsa zosafunikira. M'malo mwake, ayenera kugwiritsa ntchito mphamvu zake zamaganizo kuti apeze zofunika pa moyo ndikuyesetsa kukulitsa mphamvu zake zamakhalidwe abwino kuti athe kusiyanitsa pakati pa chabwino ndi choipa, komanso pakati .pa zomwe zili zoipa ndi zomwe zili zabwino

* * *

Chowonadi chili pamwamba pa malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira imeneyi amamangidwa ndi malingaliro awoawo

* * *

Tsegulani, Ambuye, zipata za mtendere ndipo tetezani malo opatulika a malingaliro anga auzimu ku ziwopsezo za kunong'onezana koipa. Ndipo lolani maluwa a zokhumba zanga aphuke m'munda wa mtima wanga pamene .ndikuyembekezera mbandakucha wa kubwera kwanu

* * *

Chidziwitso cha chiphunzitso sichingapeze chidziwitso chaumulungu, ndipo ndibwino kuti munthu asagwiritse ntchito nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, apo ayi munthu adzadzipeza yekha pakati pa nkhalango zodzaza ndi .nzeru ndipo sangathe kupitirira malire a ziphunzitso

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Chimwemwe ndi chipatso cha kupambana kwa maganizo pa zochitika zosakhazikika za moyo

* * *

Iye amene Mulungu amamuzindikira akhoza kusadziwika ndi dziko lapansi

* * *

Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso [popanda mayeso enieni], adzakhala ngati chipangizo chojambulira chomwe chimabwereza miyambi ndi kubwereza mawu apamwamba, ndipo ena amamuona

ngati katswiri wophunzira, koma chidziwitso choterocho sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, .komanso sichikugwirizana ndi kufika pa uzimu

* * *

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho, tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

* * *

Tsegulani mitima yanu ku kutsanulira kwa Mulungu kuti kuyende mwa inu ndikudzaza miyoyo yanu ndi madalitso .auzimu ndi ubwino

* * *

Kaya mugwire ntchito yanji komanso zomwe mungachite, kumbukirani nthawi zonse kuti Mulungu ndiye gwero lomwe limakupatsani mphamvu zonse zomwe .mukufunikira kuti mugwire ntchito ndikukwaniritsa

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Ndiloleni ndikukumbukireni, Ambuye, mu umphawi ndi chitukuko, mu matenda ndi thanzi, mu umbuli ndi nzeru, ndipo ndiloleni ndione kuwala kwanu kodala komwe .kumapereka ubwino ndi machiritso nthawi yomweyo

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Mu malingaliro anga ndekha, ndikulakalaka kumva mawu anu odala. Chotsani kwa ine mawu okhwima, apadziko lapansi obisika m'maganizo mwanga. Ndikufuna kumvetsera mawu anu odekha komanso okoma mtima kwamuyaya mu .mtendere wa moyo wanga

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Moyo uli ndi mdima, ndipo nthawi zina timapunthwa ndi kuzengereza kupita patsogolo Tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zamdima za moyo Iye ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lowala m'maola odzuka, nyali yowala ya chitsogozo, ndi nyenyezi yotsogolera kwa iwo oyenda m'nyanja za moyo wa padziko .lapansi, wosakhalitsa

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Yakwana nthawi yoti munthu adzuke kuchokera ku tulo toyiwala kupita ku kudzuka kwa mzimu

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Tikukupemphani, Ambuye, kuti mukweze chidziwitso chathu kuchokera ku kuya kwa kusadziwa ndi malingaliro opapatiza, ocheperako kupita ku malire a mtendere, kuwala, .chikondi, ndi chifundo cha anthu onse

* * *

Zinthu zidzayenda bwino pamapeto pake chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa munthu, ndipo aliyense amene sakukhulupirira kuti vutoli silingatheke ndipo akuyesera kulowa ndi malingaliro ake ndi chikhulupiriro chake ku zomwe zili kuseri kwa chophimba adzatsegulidwa chitseko kwa iye amene [akugogodwa ndi dzanja lililonse lokhulupirira]

* * *

Chikhulupiriro sichitanthauza kukhala wosasamala kapena kusachita zinthu mwanzeru ndi zochitika. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye amene angathe kumuthandiza pazochitika zovuta komanso zovuta ngati atembenukira kwa Iye ndi mtima wake wonse, moyo .wake wonse, ndi malingaliro ake onse

* * *

Ngati malingaliro athu akanatiuza choonadi chonse, tikanaona Dziko Lapansi ngati mitsinje ya ma elekitironi, .ndipo tikanaona fumbi lililonse ngati kuwala kozungulira

* * *

Anthu amene amaphunzira zinthu kuchokera ku zinthu zina kupita ku zinthu zina amamvetsa bwino chinyengo .ndipo amadziwa tanthauzo la choonadi

* * *

Kaya munthu ali m'nkhalango za ku Africa, pankhondo, akuvutika ndi matenda kapena umphawi, ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa ndipo limatha kuteteza iwo amene afuna .chitetezo mwa Iye

Palibe njira yothandiza yodzitetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru pochita zinthu ndi nthawi yomweyo kukhala ndi chikhulupiriro chonse mu thandizo la .Mulungu

* * *

Chikondi chomwe chimakhala m'mitima ya zolengedwa zonse—chikondi cha amayi onse, abambo, abwenzi, ndi .okondedwa—chimachokera ku chikondi cha Mulungu

* * *

Kusiyanitsa pakati pa ntchito zazikulu ndi zazing'ono kuyenera kupangidwa, kuika patsogolo zofunika kwambiri kuposa zofunika zokha. Komanso, palibe ntchito yomwe iyenera kutsutsana ndi ina. Malemba amatiuza kuti ntchito ina ikasemphana ndi ina, ndi umboni wakuti si ntchito .yeniyeni

* * *

Pamene kuwala kwa dzuwa kukufalikira, ndidzafalitsa kuwala kwa chiyembekezo m'mitima ya osauka ndi osiyidwa [amene anthu asiya], ndipo ndidzaika kutsimikiza mtima

kwatsopano m'mitima ya iwo amene akuganiza kuti ndi .olephera

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira ake kuti: "Musachotse aliyense m'gulu la chikondi chanu. Sungani aliyense mumtima mwanu ndipo adzakusungani ".mumtima mwawo

* * *

Ambuye, ndithandizeni kuti nthawi zonse ndigwiritse ntchito chifuniro changa kuti ndichite zinthu zabwino komanso zabwino

Ndithandizeni kuti ndigwirizane ndi chifuniro Chanu kuti maganizo anga onse agwirizane ndi zolinga zanu ndipo .akhale ogwirizana ndi chifuniro Chanu

Anandithandiza kudzutsa mphamvu yobisika, yodalitsika mkati mwanga kuti ndithe kugonjetsa mavuto ndi mayesero .onse

* * *

Dzukani ku umunthu wauzimu wolimba mtima komanso wodzichepetsa - womwe umaphatikiza mphamvu za mikango ndi kufatsa kwa nkhunda

* * *

Sindidzavutitsidwa ndi kutsutsidwa kowawa, kapena kutamandidwa ndi kunyoza kwambiri. Cholinga changa chokha ndicho kuchita chifuniro chanu, Ambuye, ndikupeza .chisomo chanu

* * *

Simungathe kulingalira za chisangalalo chachikulu chomwe chidzakudzazani mukadzamva kukhalapo kwa Mulungu. Moyo wanu udzaledzera ndi chikondi chopanda malire cha Mulungu. Ndi chikondi chomwe chimaposa chikondi chilichonse cha anthu nthawi mamiliyoni ambiri—chikondi chomwe chimakwaniritsa zokhumba zanu zonse .ndikudzaza mtima wanu ndi chisangalalo ndi kukhutira

* * *

Kudzera mu kuyang'ana mkati, mutha kukhala ndi chisangalalo chauzimu mwachindunji mkati mwanu ndi mozungulira inu. Ngati mukulitsa chidziwitso ichi, umunthu wanu udzakula bwino, ndipo mudzakhala ndi mphamvu .yokoka kwa anthu ndi zolengedwa zina

* * *

Inu Mtetezi Wamkulu, sindikusamala ngati nditaya chilichonse chifukwa cha tsogolo langa, lomwe ndidapanga ndekha, koma ndikukupemphani, pothawirapo panga pokha, kuti muteteze nyali ya chikondi changa pa inu ku mphepo ya .kusamvera ndi kuiwala

* * *

Tiyeni timwe madzi oyera, otsitsimula amtendere ochokera m'magwero abwino, olimbikitsidwa ndi kutsimikiza mtima kwathu kuganiza bwino ndikukhala ndi chiyembekezo .chabwino

* * *

Chikumbumtima ndi lingaliro lachibadwa lomwe limavumbula umunthu weniweni wa munthu ndi zolinga zake. Chikumbumtima chanu chikakhala choyera, ndipo mukudziwa kuti mukuchita zabwino, mulibe choopa. Chikumbumtima choyera ndi umboni wa khalidwe labwino lochokera kwa Mulungu. Kumasulidwa m'khoti chifukwa cha chikumbumtima kumatanthauza kukhala ndi chimwemwe .ndi kulandira madalitso a Mulungu

* * *

Yesani kuchita zinthu molimba mtima komanso zosangalatsa zomwe anthu ambiri sachita, ndipo perekani chikondi ndi mtendere kwa iwo omwe ena .amawanyalanyaza

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira :ake kuti

Ngati simutaya nthawi mukukulitsa malingaliro, palibe" kuchuluka kwa chuma chomwe chingakukhutiritseni. Kulima

kumeneku si kuzunza koma kuphunzitsa chidziwitso kuti chilimbikitse malingaliro ndi zochita zomwe zimabweretsa ".chimwemwe

Chimwemwe chanu ndi kupambana kwanu, choncho musalole kuti wina akubereni Dzitetezeni kwa anthu amene amayesa kukuvutitsani Ndili mnyamata, ndinkataya mtima nthawi iliyonse anthu ena akamafalitsa mabodza okhudza ine. Pambuyo pake, ndinazindikira kuti mtendere wanga wa mumtima ndi wofunika kwambiri kuposa kuvomerezedwa ndi .anthu kapena kusilira kwawo

* * *

Ngati mukanadziwa nkhani ya chikondi cha Mulungu chomwe olambira ena amakumana nacho ndi Mulungu! Palibe china chilichonse chomwe chingafanane ndi chisangalalo chimenecho ndinkadziwa woyera mtima amene nthawi zonse ankakhudzidwa ndi chikondi cha Mulungu, ndipo nkhope yake inali yowala ngati chikondi choyera Diso la Mulungu nthawi zonse limakhala pa iwo amene .amamukonda, ndipo samawasiya ngakhale mphindi imodzi

* * *

Ndi ochepa okha omwe ali ndi chidwi chokulitsa mphamvu zawo zamaganizo ndi zauzimu

* * *

Musalole kuti mulowe pansi pa kuzengereza. Imirirani kuchokera ku tulo ta zinthu wamba zosasangalatsa ndikuyamba moyo wabwino kumene kuli kupambana, .chimwemwe, ndi mtendere

* * *

Mkati mwanu muli kuthekera kwakukulu komwe kukuyembekezerani kuyikidwa, ndipo ndinu nokha amene mungathe kuyambitsa ndikupindula nako

* * *

Kumasuka ku zizolowezi zoipa ndi zilakolako zoipa kumabweretsa chimwemwe chachikulu kuposa kupambana pa zinthu zakuthupi

Kupambana m'mabuku kumabweretsa chisangalalo chamaganizo chomwe zinthu zakunja sizingachotse kwa inu

* * *

Mukhoza kuthera nthawi yanu yonse mukusonkhanitsa ndalama, koma ndalama zimenezo sizingakupatseni mtendere ndi chitetezo chokhalitsa chomwe mukufuna. M'malo mwake, zidzakubweretserani chisoni chachikulu chifukwa chimwemwe ndi mtendere zimakhala m'maganizo, .osati m'zinthu zokha

* * *

Musalole kuti zofooka zilowe m'maganizo mwanu, ndipo samalani mukamacheza ndi anthu omwe ali ndi malingaliro oipa komanso osasangalala, kuti maganizo awo ofooka asalowe m'maganizo mwanu, pokhapokha ngati maganizo anu afika pamlingo winawake kotero kuti malingaliro a ena sangawafooketse, koma m'malo mwake, amatha kulimbitsa .maganizo a ena ndikuwonjezera kudzidalira kwawo

* * *

Mulungu ndiye amene amatsogolera, ndipo sitiyenera kuyamba kapena kutha tsiku lathu popanda kuganizira za Iye. Tiyenera kukumbukira kuti popanda mphamvu ndi mphamvu zomwe timalandira kuchokera kwa Mulungu, sitingathe kuchita ntchito zathu zilizonse. Uwu ndi udindo .wathu waukulu kwa Iye

* * *

Pali njira yowunikira ndi kuweruza miyambo ndi miyambo Poyamba, miyambo iliyonse inali ndi zifukwa. Ngati tikupeza kuti zifukwazo zikadali zoona, ndiye kuti miyamboyo ili ndi tanthauzo komanso phindu. Komabe, si nzeru kutsatira miyambo mwachimbulimbuli. Tiyenera kudziwa chomwe chili choyenera ndikuchitsatira, kuzindikira

chomwe chingatibweretsere chimwemwe kenako .n’kuchigwiritsa ntchito

* * *

Mukaona anthu ambiri akusowa chimwemwe kapena kupambana, musaganize kuti ndicho tsogolo lawo. Mutha kudzipangira chilichonse chomwe mukufuna. Kupambana kwanu kwamkati ndi komwe kumakupangitsani kukhala .opambana

* * *

Ngati mulibe chilichonse mwa inu nokha, simudzakhala okondwa Koma ngati mulibe chilichonse chozungulira inu ndipo muli okondwa mwa inu nokha, mosakayikira mupambana. Chifukwa chake, n'zosatheka kuweruza anthu .kutengera momwe zinthu zilili kunja

* * *

Pakati pa khamu lalikulu la anthu, pakhoza kukhala munthu amene wafika pamlingo wapamwamba wauzimu ndipo amasangalala ndi mtendere wamumtima komanso .chimwemwe chauzimu chachikulu

* * *

Ndikudziwa motsimikiza kuti chilichonse chomwe ndikufuna chidzabwera kwa ine, ndipo chifukwa chake sindidandaula za zomwe zili mtsogolo. Izi si kudzitamandira kapena kunyengerera, chifukwa ndakhala ndikuwona ntchito ndi mphamvu yodala imeneyo m'moyo wanga nthawi .zambiri

* * *

Kaya ndikuyandama pamwamba pa zamoyo kapena kumira m'nyanja, ndikudziwa kuti ndili ndi Mulungu ndipo Iye ali ndi ine, ndipo palibe chomwe chingandivulaze. Chidziwitsochi chandipatsa chisangalalo chosaneneka .komanso chachikulu

* * *

Palibe kukayika kuti kugula chinthu chatsopano ndi chinthu chosangalatsa. Koma pakapita nthawi, chisangalalo

chimenecho chimatha pang'onopang'ono, ndipo mungatayike chidwi nacho konse, kuiwala za icho ndi kulakalaka china. Komabe, bilu ya chinthucho sidzaiwalika, !makamaka ngati munachigula pang'onopang'ono

* * *

Munthu ayenera kulamulira moyo wake ndi kuupanga kukhala wosalira zambiri momwe angathere. Ayenera kusunga ndalama zina pa zinthu zofunika komanso zadzidzidzi, kuika patsogolo kusunga ndalama m'malo mogula zinthu zapamwamba, ndi kuthandiza ena momwe angathere. Mukathandiza ena, thandizo lidzabwera kwa inu mwanjira ina, ndipo simudzasowa chilichonse ndipo .simudzasowa chilichonse

* * *

Mu chisangalalo cha mitima yonse, ndimamva kulira kwa chisangalalo Chanu, Ambuye, ndipo mu ubwenzi wa okhulupirika onse, ndimamva chikondi Chanu ndimasangalala ndipo mtima wanga umakondwera ndi kupambana ndi chitukuko cha anzanga, monga momwe ndimasangalalira ndi moyo wanga wabwino komanso kumasuka kwanga Pamene ndikulimbikitsa nzeru mwa ena, ndimachulukitsa chuma cha nzeru zanga, ndipo mu chisangalalo cha onse, ndimapeza changa

* * *

Mdani wamkulu wa chimwemwe ndi kubwereka ndalama kuti agule zinthu zapamwamba Anthu amakhulupirira molakwika kuti sangakhale osangalala pokhapokha atapeza chinthu china chake. Koma ngakhale atapeza chinthucho, sadzapeza chimwemwe chenicheni, ngakhale chisangalalo cha kanthawi. Kodi cholinga chofunafuna chisangalalo cha padziko lapansi chomwe chimalonjeza kusweka kokha n'chiyani? Anthu ayenera kukhala moyo wosalira zambiri,

osafunikira zinthu zambiri zomwe zimafuna chisamaliro .chokhazikika

* * *

Paradaiso wanga ali mkati mwanga Pamene ndikusangalala ndi madalitso a Mulungu, ndimamuyamika, ndipo chimwemwe changa chamkati chimakula Popanda kukhutira kwamkati, ngakhale zosangalatsa zapadziko lapansi ndi chisangalalo zimakhala gehena, ndazindikira kuti popanda chimwemwe chamkati chimenecho, katundu wa maudindo omwe ndapatsidwa akanandilanda mtendere .wanga ndikundilanda chimwemwe changa

* * *

Ngati chuma chikugwirizana ndi matenda ndi mavuto, zotsatira zake zidzakhala zambiri Ukhondo ndi chisamaliro chaumoyo ndi zina mwa mphamvu za Kumadzulo Tizilombo toopsa ndi majeremusi oopsa amalamulidwa bwino m'maiko otukuka, pomwe ali ambiri m'maiko ena. Koma kuchotsa tizilomboti si chinthu chofunika kwambiri, chifukwa mitundu ina ya mavuto ilipo m'maiko otukuka, monga kulipira ngongole zovuta komanso mavuto azachuma chifukwa cha njira zogulira pang'onopang'ono—mavuto omwe .amasokoneza tulo ndikuwononga mtendere wamumtima

* * *

Ndife gawo lofunika kwambiri la chidziwitso chomwechi .chomwe chilengedwe chachikuluchi chinachokera

* * *

Kodi munayamba mwawonapo gulu la nkhosa? Ngati imodzi mwa izo ilumpha, gulu lonselo limatsanzira mosazengereza Anthu ambiri ali ngati amenewo Winawake angabwere ndi lingaliro kapena kuyambitsa njira yatsopano, ndipo ena nthawi yomweyo amalowa m'gululi ndikulitsanzira. Njira imeneyi yakhalapo kwa mibadwomibadwo. Mtundu uliwonse uli ndi miyambo yake, ndipo sitinganene kuti yonse ndi yolondola kapena

yolondola. Koma ndani akudziwa? Mwina miyambo ina ndi .yopanda tanthauzo komanso yopanda phindu

* * *

Pamene mphepo yamkuntho ya malingaliro ichepa, timalowa mu ufumu wa mtendere ndi kukhudza kukhalapo .kwa Mulungu

* * *

Ganizirani za Mulungu, kapena malo okongola omwe amalimbikitsa mtendere, kapena chochitika chosangalatsa komanso chosangalatsa Kuchita zinthu mwanzeru komanso mwamtendere kumalimbitsa mtima komanso kumatsitsimula

* * *

Tikukhala m'dziko lodzaza ndi chisokonezo. Mungaganize kuti ndalama zimatanthauza chisangalalo, koma mukapeza, mumapeza kuti simukusangalala. Mungapeze chuma ndipo—Mulungu alepheretse—kutaya thanzi lanu. Kapena mungakhale ndi thanzi labwino ndikutaya ndalama zanu. Kapena mungakhale ndi chuma komanso thanzi lanu koma mukuvutika ndi mavuto ambiri ndi ena, kupereka kukoma mtima koma kungokumana ndi mkwiyo ndi chidani. Popanda Mulungu, palibe chilichonse .m'moyo uno chomwe chingakukhutiritseni

* * *

Dziko lapansi lasanduka chipinda chozunzira anthu omwe sadziwa dongosolo la Mulungu. Koma mukamaona zokumana nazo za moyo ngati aphunzitsi anu ndikuphunzira kuchokera kwa iwo za chikhalidwe chenicheni cha dziko lino ndi udindo wanu mu sewero la chilengedwe, zokumana nazo zimenezo zimakhala kuunika kwamtengo wapatali panjira .yopita ku chisangalalo chosatha ndi chimwemwe

* * *

Kumeneko, kupitirira mdima wosadetsedwa, bata lopanda phokoso, ndi kusakhalapo kopanda chilengedwe, kuli umunthu wosatha, womwe ndi chiyambi cha kukhalapo

ndi gwero la mphamvu zonse ndi zamoyo, zooneka ndi .zosaoneka

* * *

Mulungu sanalenge dziko lapansi lino kuti tidye, tigone, ndi kufa, koma kuti tidziwe chifuniro Chake ndikumvetsa cholinga cha kukhalapo kwathu Anthu ochepa anzeru amvetsetsa tanthauzo la dongosolo la chilengedwe chonse, koma anthu ambiri ndi akhungu ndipo sadziwa cholinga .chimenecho

* * *

Ndalama sizinali cholinga changa m'moyo; cholinga changa chinali kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu anatsegula zitseko zambiri za .mwayi kuti ndidzisamalire ndikukwaniritsa ntchito yanga

* * *

Mulungu adalenga chilengedwechi kuti chizigwira ntchito motsatira lamulo lokhazikika komanso losasintha Ngati tiphwanya malamulo aliwonse a chilengedwe chonsewa, timadzilanga tokha Munthu amene amadumpha kuchokera padenga la nyumba yayitali adzaswa mafupa ake. Chifukwa chake, sitinganyalanyaze lamulo la mphamvu .yokoka popanda kuvutika ndi zotsatira zake

* * *

Tikayang'ana mozama za chitukuko cha dziko lapansi ndi kufufuza zinsinsi zobisika za chitukuko chakale, chithunzi chachikulu chimaonekera, chokhala ndi mizere yolumikizana, mitu yosiyanasiyana, ndi tsatanetsatane wolondola, ndipo timapeza kuti munthu ndi munthu payekha komanso .wokonda anthu nthawi imodzi

* * *

Ngati Mulungu amafuna kuti tizikhala ndi moyo wodziwa zinthu zakuthupi zokha, tikanakhutira ndi zinthu zakuthupi .ndi kukhutira ndi njira za dziko lapansi

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Kuwala kwa chiyero, mtendere, ndi chisangalalo kupitirira maloto kumawala ndikuvina m'kuya kwathu kofunikira

* * *

Ndi chochitika chilichonse chomwe chimawonekera kumwamba kwa miyoyo yathu paulendo wathu wapadziko lapansi, tiyenera kuphunzira momwe tingakulitsire chidziwitso chathu komanso momwe tingamvetsetse bwino zomwe zimatizungulira kapena zomwe timakumana nazo, kenako tidzakhala ndi moyo wabwino komanso wogwirizana .bwino ndi anthu komanso moyo wathu

* * *

Anthu ambiri amatsanzira ena. Munthu ayenera kukhala woyambirira komanso wolenga, komanso wodziwa zonse .zomwe amachita

Kum'mawa, cholinga chachikulu chakhala kukulitsa chimwemwe chauzimu, pomwe zinthu zakuthupi m'moyo nthawi zambiri zimanyalanyazidwa Kumadzulo, kuli zinthu zina zosangalatsa zakuthupi koma chimwemwe chamaganizo chochepa kwambiri Chomwe chikufunika ndi kulinganiza pakati pa ziwirizi, chifukwa kuyang'ana mbali imodzi yokha ya moyo kumabweretsa kusalinganika .komanso kulephera kuthana ndi zosowa za moyo mwanzeru

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Chimwemwe chachikulu - pambuyo pa chisangalalo chaumulungu - ndi chakuti munthu akhale pamtendere ndi achibale ake apamtima omwe ayenera kukhala nawo tsiku .lililonse pachaka

* * *

Anthu amawononga nthawi yambiri akuchita zinthu mwachangu komanso mopupuluma popanda kuchita zambiri. Ochepa amaima kaye kuti aganizire ndikuyesera .kumvetsetsa zomwe moyo umapereka

* * *

Tiyenera kugwira ntchito yomanga nyumba zamkati zanzeru m'minda yamtendere yomwe imakula ndi kuwala .ndi maluwa osawerengeka a makhalidwe abwino auzimu

* * *

Mgwirizano wamkati ndi gwero lamphamvu kwambiri ndipo umapanga mphamvu zongowonjezwdwanso

* * *

Poyang'ana moyo, munthu amapeza kuti kupambana sikophweka Moyo nthawi zambiri umakhala wovuta komanso wosakhululuka, ndipo tiyenera kuyesetsa kuti tipeze zofunika pa moyo. Ganizirani za khama lofunika kuti thupi lanu likhale lathanzi komanso lopanda matenda! Ngakhale mutapambana pa izi, kupambana kumeneko ndi kwakanthawi. Thupi—mukhale ndi moyo wautali—lidzaikidwa m'manda. Kufunika kumafuna kulimbana ndi mphamvu zambiri, zamkati ndi zakunja, kuti mukwaniritse zomwe mukufuna. Mphamvu izi zimagwira ntchito mosatopa kuti zikulepheretseni kukwaniritsa chilichonse chofunikira .kwambiri

* * *

Yesetsani kukhala chete pazochitika zonse, ndipo lolani mbewu ya mtendere wanu iphuke ndi chisangalalo ndi .kumwetulira kokhutiritsa

* * *

Ngakhale oyera mtima akuluakulu sapeza chipulumutso chathunthu pokhapokha atagawana chipambano chawo ndi ena, ndiko kuti, zokumana nazo zawo zauzimu ndi chidziwitso chapamwamba, mwa kuwathandiza kupeza .chidziwitso choyera

* * *

Pachifukwa ichi, iwo amene afika pamlingo umenewo ndikufika pamlingo umenewo amakhala ofunitsitsa kupereka kumvetsetsa kwa iwo amene akufunikira. Ngati mukufuna

kupambana kwenikweni, simungotsimikizira chimwemwe .chanu chokha komanso cha ena

* * *

Aliyense wanzeru akhoza kupeza ndalama Koma ngati ali ndi chikondi mumtima mwake, sangagwiritse ntchito ndalamazo pazifukwa zadyera; m'malo mwake, adzagawana ndi ena Ndalama ndi temberero ndi tsoka m'manja mwa odzikonda ndi osowa, komanso dalitso ndi mphatso m'manja .mwa anthu amtima wabwino komanso opatsa

* * *

Wina angasankhe kukhala chete kwa nthawi yayitali, osalankhula ndi abale ake panthawiyo. Ngakhale kuti munthuyu angapeze mtendere wamumtima chifukwa cha zimenezi, khalidwe lake ndi lodzikonda komanso lowononga chimwemwe cha banja lake. Sangaganizidwe kuti ndi opambanadi pokhapokha ngati okondedwa awo nawonso .apindula ndi zomwe akwaniritsa

* * *

Mofananamo, kupambana pa zinthu zakuthupi sikuti ndi ufulu wathu wosangalala tokha, komanso ndi udindo wathu kwa ena powathandiza kukonza zinthu zawo zakuthupi ndi .moyo wawo

* * *

Ndatetezedwa kuseri kwa makoma a chikumbumtima changa choyera. Ndatentha zakale zamdima ndipo ndimangoganizira za lero

* * *

Lero ndazindikira kuti ndine mmodzi wa iwo amene ali ndi kuwala kwa zabwino kwambiri ndipo ndine nyali kwa iwo .amene akulimbana ndi mafunde a nyanja ya chisoni

* * *

Anthu ali ndi malingaliro ndi malingaliro osiyanasiyana okhudza kupambana, kutengera zomwe akufuna pa moyo. Sizachilendo kumva anthu ena akuyerekeza kupambana ndi kuba, akunena zinthu monga, "Anali wakuba wopambana!"

Izi zikugogomezera kuti kupambana m'mitundu yonse ndi mitundu yake ndikofunikira ndipo kumafunidwa. Komabe, .kupambana kwathu sikuyenera kuvulaza ena

* * *

Palinso njira ina yoti tipambane: pamene titha kubweretsa zotsatira zabwino komanso zogwirizana kwa ife eni, tiyeneranso kuphatikiza ena mu kupambana kwathu .ndikugawana nawo zipatso zake

* * *

Kupambana kumatanthauza kukhutira ndi kukhutira kwa munthu mkati mwa malo ake Kupambana kwenikweni ndi zotsatira za zochita zozikidwa pa mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika la chisangalalo cha munthu. Ngati tigwiritsa ntchito mfundo imeneyi pa moyo wathu wakuthupi, wanzeru, wamakhalidwe abwino, ndi wauzimu, tidzakhala .ndi tanthauzo lathunthu komanso lokwanira la kupambana

* * *

Pano m'dziko lino lochepa, timaona kutalika, m'lifupi, ndi kuchulukana, koma pali mulingo wina kumene miyeso siilipo; chilichonse chili chowonekera bwino komanso chowonekera —chilichonse ndi chidziwitso ndi kuzindikira Kumva kukoma ndi kuzindikira, monganso kununkhiza Kumverera kwathu, malingaliro, ndi matupi athu ndi mkhalidwe wa chidziwitso Monga momwe timaonera, kumva, kununkhiza, kulawa, ndi kukhudza m'maloto, momwemonso, pamlingo wapamwamba, kodi timakumana ndi malingaliro onsewa ?kudzera mu chidziwitso choyera

* * *

Ambuye, tisangalatseni mwa kumva kuyandikira kwanu, timasuleni ku zilakolako, ndipo tipatseni chimwemwe chamkati chomwe sichimakhudzidwa ndi zomwe zachitika pa .moyo ndi zochitika zake zosintha

* * *

Pamene maganizo athu akugwirizana ndi malingaliro apamwamba, chidziwitso chauzimu chimadzuka mkati mwathu ndipo timakumana ndi zodabwitsa zodabwitsa za .nzeru ndi chikondi cha Mulungu

* * *

Ngati timakonda Mulungu kwathunthu ndikutembenukira kwa Iye ndi malingaliro ndi mitima yathu yonse, tidzamva kuti tili pafupi naye ndipo tidzapeza kuti Iye .ndiye malo abwino kwambiri otetezeka m'moyo

* * *

Mu malo ooneka ngati opanda kanthu komanso opanda kanthu, pali kulumikizana kwa chilengedwe chonse ndi moyo wosatha womwe umatigwirizanitsa ndi zinthu zonse zamoyo ndi zopanda moyo m'chilengedwe chonse, mafunde a moyo .waukulu akuyenda mu chilichonse chomwe chilipo

* * *

Umuyaya ndiye malo athu enieni komanso malo athu okhalamo kosatha, ndipo kukhala kwathu m'matupi awa ndi moyo wakanthawi, ngati kupuma kwakanthawi kwa gulu la .anthu oyenda m'chipululu

* * *

Tikagwirizana ndi mphamvu zolenga za mzimu, tidzalumikizana ndi malingaliro apadziko lonse lapansi komanso opanda malire omwe angathe kutitsogolera ndikuthetsa mavuto athu. Mphamvu yolenga idzatifikira mosalekeza kuchokera ku gwero lalikulu la umunthu wathu, zomwe zimatithandiza kuti tipambane pa ntchito zathu .zonse

* * *

Chikondi chimakula ndikukula bwino m'malo okhulupirirana, kulolerana, ndi kulemekezana

* * *

Ambuye, tidalitseni ndi kuwala kwa malingaliro oyera ndi zizolowezi zabwino, kotero kuti ngati mdima wa zizolowezi zoipa ndi malingaliro opotoka utifikira,

udzachotsedwa nthawi yomweyo. Tithandizeni kukukondani ndi chikondi chachikulu kotero kuti zinyengo zakuthupi kapena mayesero adziko lapansi sizingatigwire kapena .kutilanda malingaliro ndi mitima yathu

* * *

Zinthu zomwe zimapezeka mosavuta sizimakhala zamtengo wapatali. Timadziwa izi pophunzira miyoyo ya amuna ndi akazi olemekezeka komanso momwe adakhalira opambana pokulitsa luso lawo, kukwaniritsa maudindo awo, kumanga makhalidwe awo abwino, kuphunzira mozama, komanso kupewa kudzikonda. Koma zotsatira zomwe adapeza komanso zomwe adakwaniritsa zinali zazikulu .kwambiri kuposa khama lomwe adagwiritsa ntchito

* * *

Ufulu weniweni uli mu ufulu wosankha wotsogozedwa ndi nzeru ndipo umathandizidwa ndi kumvetsetsa, kulondola, ndi chifuniro chokhazikika

* * *

Mukadzutsa chifuniro chanu, kutsimikiza mtima kwanu, ndi kuzindikira kwanu, mphamvu zosaoneka zimatulutsidwa kuchokera ku chidziwitso chapamwamba—kudzera mu chidziwitso cha mzimu—kuti zikuthandizeni ndikuwunikira njira zopita ku chitonthozo chamaganizo ndi chimwemwe, .mothandizidwa ndi Mulungu

* * *

Munthu ayenera kutsegula njira za moyo wake kudzera mu khama lake Palibe amene amasankha mwadala kuvutika ndi chisoni m'malo mwa mtendere ndi chimwemwe Kusadziwa ndiye muzu wa kuvutika ndipo chopinga chomwe chiyenera kuchotsedwa ndikuchotsedwa Kusadziwa ndi udzu woopsa, wozika mizu, womwe umamera m'munda wa anthu ndikuchotsa zomera zabwino komanso zopindulitsa

* * *

Kusadziwa kuyenera kugonjetsedwa ndi chifuniro chosagwedezeka ndi kutsimikiza mtima. Dothi la maganizo

liyenera kulimidwa ndi chidwi chachikulu [pa zabwino], ndi mbewu zabwino zothiriridwa ndi madzi a chikhulupiriro. Pamene kuwala kwachikondi ndi kofunda kukuwalira, mbewu ya ubwino idzakula ndikugonjetsa udzu ndi zomera zoyabwa, .chifukwa mdima sungakhalepo pamene pali kuwala

* * *

Zosangalatsa za zinthu zakuthupi zimazimiririka ndi kutha, koma chisangalalo cha Mulungu sichimazimiririka. Ndi chisangalalo cha Mulungu chomwe sichingathe .kufotokozedwa

* * *

Sitiyenera kugwiritsa ntchito njira zolakwika kuti tipeze chimwemwe, komanso sitiyenera kusiya mtendere ndi chuma chauzimu chomwe tili nacho mkati mwathu pofunafuna chitonthozo chabodza komanso moyo wowala womwe ungapachikidwa patsogolo pathu chifukwa cha zochita ndi makhalidwe oipa omwe ali ndi zotsatirapo .zowononga

* * *

Bata ndiye kamera yabwino kwambiri yojambulira kukhalapo kwa Mulungu. Kudzera mu lens ya bata loyera komanso lolunjika bwino, chithunzi chodala chidzawonekera .bwino kwambiri

* * *

Ndipotu, nzeru zonse zili mwa inu nokha ndipo chomwe mukufunikira ndikudziwa bwino za izo

* * *

Kukhutira kwenikweni kuli mu kudzikonza, kotero kuti ena akufuneni m'malo mofunafuna inu. Chikondi ndi ubwenzi ziyenera kuperekedwa mwaulere, popanda kuyembekezera kapena kufuna. Chiyembekezo chimangobweretsa mavuto ndi kusasangalala. Ngakhale pamene mukuyesetsa kudzikonza, munthu ayenera kukhala yekha, wotetezeka

komanso wamtendere mkati mwa linga la makhalidwe .abwino ndi kudziona kuti ndi wofunika

* * *

Mathithi a chisangalalo ndi chiyembekezo atuluke nthawi zonse mumtima mwanga, ndipo madzi awo otsitsimula akhudze onse omwe ndikumana nawo

* * *

Chimwemwe chauzimu chimapanga mumtima chikhumbo chothandiza ena m'njira iliyonse, ndipo chimakulitsa luso loyamikira zosangalatsa zabwino zomwe zimatsogolera ku chimwemwe, motero kuchepetsa .chilakolako cha zosangalatsa zopanda pake

* * *

Kaya udindo wanu ndi wochepa bwanji, umakhalabe wofunikira monga momwe maudindo akuluakulu amathandizira kuti sewero la cosmic lipambane lomwe .mizimu imachita pa siteji ya moyo

* * *

Chikumbumtima chonse ndi chidziwitso chopanda malire, chomwe chimadzikonzanso nthawi zonse ndipo luso lake silimatha, ndipo kudzera mwa inu chimayesa .kufotokoza mbali yapadera ya icho chokha

* * *

Ngati mulawa chikondi cha Mulungu ngakhale kamodzi, simudzachisiya chifukwa palibe china chonga icho .m'chilengedwe chonse

* * *

Anthu amene amadziwa Mulungu afika pamlingo wapamwamba kwambiri wauzimu, kotero kuti sakhutira ndi kungopereka uphungu wauzimu kwa ochimwa, koma akhoza - mwa chisomo ndi thandizo la Mulungu - kuwapatsa mphamvu yauzimu yomwe imawathandiza ku zotsatira za .zochita zawo zauchimo

* * *

Ntchito zonse zabwino ndi zoyipa zimakhala zobisika mu ubongo ndipo zimawoneka ngati zabwino kapena zoyipa .m'maganizo

* * *

Munthu amene ali ndi zizolowezi zoipa chifukwa chakuti maselo a muubongo wake ali ndi mphamvu ya zizolowezi zimenezo akhoza kudzimasula yekha mwa mphamvu, kusinkhasinkha, kupemphera moona mtima, ndi kutsimikizira kosalekeza mpaka zizolowezi zake zonse zosafunika zitasanduka zizolowezi zabwino za mtendere ndi bata. Izi zimachitika pamene mphamvu ya moyo yoyendetsedwa bwino imagwira ntchito yosintha mawonekedwe osazolowereka a maselo a muubongo, kuti maselo amenewo adzazidwe ndi zabwino zonse, zabwino, .komanso zokongola

* * *

Kumvetsetsa ndi diso lamkati, masomphenya a moyo, ndi telesikopu ya mtima. Ndi mgwirizano pakati pa bata la .maganizo ndi chiyero cha chikumbumtima

* * *

Tsiku lililonse timaona zochitika zosiyanasiyana, ndipo tsiku lililonse limabweretsa phunziro latsopano loti tiphunzire. Munthu akuyembekezeka kuphunzira phunziroli poganizira cholinga chachikulu cha kukhalapo kwake: kuzindikira komwe adachokera komanso maziko a moyo .wake

* * *

Tiyeni tigwire ntchito kuti tiiwale chisoni cha m'mbuyomu ndipo titsimikize kuti sitidzachiganizira mozama. Ndi kutsimikiza mtima kosalekeza komanso chifuniro chogwira ntchito, tiyeni tikonzenso miyoyo yathu, tiwonjezere kupambana kwathu, ndikukulitsa mwa ife tokha .makhalidwe abwino ndi makhalidwe abwino

* * *

Aliyense amene amaulula zofooka za ena ndikuwachititsa manyazi ndi mkwiyo sali wanzeru komanso woganiza bwino.

* * *

Mawu a nthawi zonse ndi malo onse

Iwo amene ali mu mgwirizano ndi Mulungu amaona kukongola kodabwitsa ndipo amamva kukoma kokoma kwambiri komwe sikungamveke mwanjira ina iliyonse.

Pamene moyo wanga unafuulira kwa Inu, mitambo ya chete Chanu inaphulika, Mulungu, ndipo mvula ya chifundo Chanu inagwa mwamphamvu mpaka inakhala kusefukira kwa chisomo Chanu Mtsinje wanu wodalitsika unaphimba magombe a moyo wanga, ndipo moyo wanga unalowa m'madzi amuyaya, ndipo thovu la moyo wanga waung'ono linasungunuka m'nyanja ya moyo Wanu wonse.

Mlangizi wanga anandiphunzitsa momwe ndingagwiritsire ntchito chisel ya nzeru kuti ndipange kachisi woyenera kukhalapo kwa Mulungu.

Ngati mukufuna kukwaniritsa cholinga chabwino, yambani mwa kupanga chitsanzo cha maganizo. Tsopano mutha kukhazikitsa njira iliyonse mu chikumbumtima chanu ngati mubzala lingaliro lolimba m'maganizo mwanu; ndiye kuti umunthu wanu wonse udzagwirizana ndi lingaliro limenelo, ndipo zochita zanu zidzagwirizana nalo.

Mukakhudza mtima wa Mulungu, mavuto anu adzatha, chikondi chidzadzaza mtima wanu, ndipo zochitika zabwino zauzimu zidzavina ngati akasupe oyera m'minda ya malingaliro anu.

Mitambo yambiri imayesa kukubisani ndi kukubisani kwa ine, koma kudzera mu mame a misozi yolakalaka, dzina lanu lodala limaoneka kwa ine likuwala ndi zilembo zagolide zowala kuchokera kuseri kwa makatani ndi zophimba zonse.

Chiyero cha chikumbumtima chimatanthauza kuchita zinthu momasuka ndi choonadi

Pali zosowa zofunika kwambiri ndipo zomwe ena amaona kuti ndi "zofunikira" zomwe kwenikweni sizofunikira komanso zosafunikira. Moyo uyenera kukhala wosavuta poganizira zosowa zofunika kwambiri ndikuchotsa zinthu zosafunikira zapamwamba.

Ubwenzi wanu ndi wapamwamba bwanji, ndipo nthaka yanu ndi yachonde komanso yopatulika bwanji! Chikondi ndiye chakudya chanu ndipo kukhulupirika ndiye chakumwa chanu

Anthu awiri akamayenda mogwirizana ngakhale kuti ali ndi kusiyana, amagwirizanitsidwa ndi cholinga chimodzi: kupeza mtendere ndi bata la moyo m'chikondi choyera ndi kukhulupirika kwa onse ndipo pamene wokonda safuna kusangalala ndi wokondedwa wake, m'munda wachifundo, maluwa onunkhira a ubwenzi amaphuka ndi kufalitsa fungo lawo lokoma.

Dziko lapansi limaphunzitsa maganizo athu mwanjira ina, kutipangitsa kuzolowera zinthu zambiri kotero kuti timayamba kuganiza kuti chisangalalo sichingapezeke popanda izo. Koma moyo, makamaka miyoyo ya ana, iyenera kukhala yosavuta; apo ayi, moyo udzawaphunzitsa kudzera mu zokhumudwitsa zowawa.

Chowonadi ndi cholondola komanso chenicheni kuposa kungoganiza chabe kapena kungoganiza chabe, koma zomwe timaganiza kapena kuganiza nthawi zina zimatha kuchitikadi

Kuganiza ndi chinthu chofunikira kwambiri pakupanga malingaliro. Komabe, malingaliro ayenera kukula ndikusintha kukhala chitsimikizo cholimba, ndipo izi sizingatheke popanda mphamvu yamphamvu yofuna kuchita chilichonse.

Ngati muganiza chinthu ndi mphamvu zanu zonse, malingaliro anu adzasintha kukhala chikhulupiriro chanu, ndipo pamene mungathe kusunga chikhulupiriro chimenecho

Ngakhale pali malingaliro onse otsutsana, kutsimikiza mtima kwanu kudzaonekeradi

Munthu ayenera kuphunzira kudziyimira pawokha, wothandizidwa ndi makhalidwe ake abwino komanso .kudziona kuti ndi wofunika

Chimwemwe chauzimu ndi chisangalalo chatsopano ndipo chimawonekera kwambiri mwa iwo omwe amaganizira mozama za Mulungu. Ndi chisangalalo chomwe chimathandiza kupanga zisankho zoyenera ndikuchita zinthu zoyenera, ndipo chikapezeka, zilakolako ndi zilakolako zoipa zimatha chifukwa zimataya kukongola kwawo poyerekeza .ndi chisangalalo chauzimu

Mlengi wathu Wamphamvuyonse watipatsa moyo, mphamvu, ndi nzeru, ndipo ndi udindo wathu kumupatsa Iye chisamaliro chathu ndi kukweza mitima yathu kwa Iye mwachikondi, chiyamiko, ndi kuzindikira chisomo ndi .kukoma mtima Kwake

Ndithandizeni, Mulungu, kuti ndisayatse moto wa mkwiyo, kuti ndisayatse moto wa mkwiyo, malo obiriwira a mtendere mkati mwanga ndi mwa ena. Ndithandizeni kuzimitsa moto wa mkwiyo ndi mvula ya chikondi changa .yomwe imagwa nthawi zonse

Nyanja ya kufatsa kwanga ndi mtendere wanga zikhale bata komanso bata, zosasokonezedwa ndi mphepo yamkuntho yosakhutira yomwe imabweretsa mavuto okha

Kuchita zinthu chifukwa chodziona kuti ndi udindo, kapena kusiya zofuna zanu potumikira ndi kukonda munthu wina, kuli bwino kwambiri kuposa kuchita zimenezo chifukwa .cha mantha

Ngakhale munthu akasiya kuswa malamulo a Mulungu, ayenera kutero chifukwa chokonda Mulungu, osati chifukwa .choopa chilango Chake

Chilichonse chimene mumaopa, chotsani maganizo anu pa icho. Siyani m'manja mwa Mulungu ndipo limbitsani .chidaliro chanu mwa Iye

Mantha nthawi zonse amakhala ndi munthu, ndipo kuchotsa manthawo n'kotheka poganizira za Mulungu .ndikumva kukhalapo kwake

Poyamba zingakhale zovuta kuyenda m'njira za makhalidwe abwino, koma ndi njira zodalitsika zomwe zimatsogolera ku mtendere wamumtima ndi chimwemwe .chenicheni

Ulemerero wa Mulungu uwale pa ngodya iliyonse ya miyoyo yathu, chikondi chake chikhale m'mitima mwathu, .ndipo kuunika kwake kudzaze chidziwitso chathu

O wokondedwa wanga, maluwa amaphuka ndipo nyengo zimasintha, ndipo zonse zimalankhula za inu. Mwezi wathunthu umavumbula mawonekedwe a kumwetulira kwanu, ndipo dzuwa limanyamula nyali yanu yakumwamba. Ndikusambira m'nyanja ya misozi, yodzaza ndi kulakalaka kwanu. M'masamba a mitengo ndi mitsempha ya anthu mumayenda moyo wanu ndi mphamvu zanu, ndipo ndikumva kugunda kwa mtima wanu wakumwamba kugunda .mkati mwanga

Ndikamva kukhalapo kwanu, ndimamva ngati ndili maso m'dziko lina, ndipo nthawi ndi nthawi ndimalota za dziko lapansi lino ndi thupi laling'ono ili—langa ndimakhala maso m'chisangalalo chosatha, ndipo maloto anga a moyo wapadziko lapansi amanunkhira bwino ndi zokumbukira zosangalatsa za nthawi yanga yodzuka ndi inu. Ndachotsa udzu wa maloto oipa m'munda wa maloto anga ndipo m'malo mwake ndabzala maluwa a kudzoza kwanga, komwe fungo la chikhumbo changa lidzakukokerani, ndipo mudzabwera kudzanditenga nanu kupita ku thambo la .chisangalalo chosatha

Mulungu, ndipangeni kukhala wowonekera bwino ndi woyera mtima kuti ndibweretse kuwala kwanu kochiritsa mkati mwanga

Khazikitsani galasi logwedezeka la malingaliro anga kuti liwonetse nkhope yanu yopanda malire

Tsegulani mazenera a chikhulupiriro kuti ndipume fungo la mtendere wanu

Inu amene muli wowala mwa Inu nokha, Inu Mfumu amene simukumvetsa tanthauzo lake, yang'anani ndi maso anga amene akukulakalakani, kuti ndisaone chilichonse .kupatula Inu

Kumbuyo kwa zochitika zonse ndi mawonekedwe a moyo kuli mawu opanda phokoso a Mulungu, amene nthawi zonse amatiitana kudzera m'maluwa, m'mabuku opatulika, m'chikumbumtima chathu, ndi zinthu zonse zokongola .zomwe zimapangitsa moyo kukhala wofunika

Khama lililonse limene wofunafunayo amachita kuti akafike pamlingo wauzimu limawerengedwa ndi Mulungu chifukwa cha iye ndipo limalipidwa bwino chifukwa cha .zimenezo

Tikupemphani, Ambuye, kuti muunikire maganizo athu ndi kuunika kwa choonadi chanu, kuti mitima yathu igunde ndi chikondi chanu, ndi kudzaza miyoyo yathu ndi .chimwemwe chanu ndi kuchuluka kwa chisomo chanu

Kuchokera ku thambo lowonekera lomwe malingaliro sangalowemo, Mulungu amatsanulira kuwala kwake kosatha. Ndipo kuchokera ku malingaliro a chilengedwe chonse kumabwera zolimbikitsa zazikulu ndi mphamvu zodala, ndipo ntchito yolenga imapita m'maganizo otseguka komanso .ogwirizana

Mukapeza kuti moyo wanu, mtima wanu, kuwala kulikonse kwa kudzoza, thambo labuluu, nyenyezi zowala, mapiri, dziko lapansi, mbalame, ndi maluwa zonse zalumikizidwa pamodzi ndi ulusi umodzi wa kayendedwe ka chilengedwe, chisangalalo chauzimu, ndi mgwirizano wa chilengedwe chonse ndiye mudzazindikira kuti zonse ndi mafunde pachifuwa cha nyanja yaumulungu yomwe ilibe .gombe

Ngati tiiwala Mlengi wathu, tiyenera kuvutika. Tiyenera kuzindikira kuti Mulungu ndi wokondedwa wathu ndipo

amatikonda, ndipo chidziwitso ichi chidzatimasula ku mavuto .ndi kuvutika kwathu

Wokonda Mulungu weniweni sasiya kumufunafuna, ngakhale atalephera kumupeza atayesa kangapo. Monga momwe mafunde ayenera kubwerera pakati pa nyanja pambuyo poti mphepo yamkuntho yatha, momwemonso wofunafuna moona mtima; ali ndi chikhulupiriro chobisika chakuti zopinga zidzasweka ndipo mosakayikira adzagwirizana ndi nyanja yakumwamba posachedwa—nyanja yopanda malire yomwe anachokera ndi yomwe .amabwerera

Pamene maganizo nthawi zonse amaganizira za wokondedwa wa Mulungu, mtima umaimba nyimbo za chisangalalo ndi chimwemwe

Kubadwa kwauzimu ndi kutuluka kwa munthu kuchokera pa zomwe ali pano kupita ku zomwe adzakhala .mtsogolo

Munthu sangabise umunthu wake weniweni kwa ena, kugwedezeka kwa malingaliro ake kudzaonekera m'makhalidwe ake ndipo kudzaonekera kudzera mu zochita .zake

Pali ambiri omwe ali ndi lingaliro lolakwika pa ufulu; amaona kuti ufulu ndi kuchita chilichonse chomwe munthu akufuna kuchita, ndipo ine ndimatcha ufulu uwu ufulu wa .zomwe akufuna

Chifukwa chosamvetsetsa bwino tanthauzo lenileni la ufulu, makolo ena amaika ana awo muukapolo ku miyambo mwa kukwaniritsa zomwe akufuna nthawi yomweyo. Mwanayo amakula akukhulupirira kuti bola ngati zomwe akufuna zakwaniritsidwa, amakhala osangalala, ndipo cholinga cha moyo ndikukwaniritsa zomwe akufuna. Komabe, pambuyo pake amapeza kuti anali olakwika , chifukwa dziko lakunja ndi losiyana kwambiri ndi moyo wapakhomo, ndipo amaphunzira kuti kukwaniritsa zomwe akufuna sikophweka! Ena angawakankhire pambali

ndikuwanyalanyaza pofunafuna zomwe akufuna. Chifukwa chake, mwanayo amakhala wouma mtima komanso wopanda mphamvu m'maganizo chifukwa cha chilakolako chachikulu chokwaniritsa zomwe akufuna. Chifukwa chake, makolo ayenera kuthandiza ana awo kukulitsa chifuniro chawo ndi kuzindikira kuti athe kukhala m'dziko lapansi popanda kugwa mu misampha ndi misampha yake.

Amayi akuti, "Muphunzitseni mwachikondi" Inde, kuchitira ana mwachikondi nthawi zambiri kumakhala bwino, koma kukoma kwambiri kumawononga mano, ndipo mofananamo, kuwasamalira kwambiri kumawononga ana. Kulimba mtima ndi kutsimikiza mtima n'kofunika, koma ngati mwana akuchitiridwa nkhanza ndi kulangidwa mwankhanza chifukwa cha kulakwitsa, zotsatira zake zidzakhala zoopsa. Payenera kukhala kulinganiza momwe ana amachitiridwa ndi kuchitiridwa; bambo aliyense ayenera kuchepetsa khalidwe lake ndi chikondi ndi chifundo, ndipo mayi aliyense ayenera kuwonjezera chikondi chake ndi nzeru ndi nzeru.

Munthu ayenera kukhala ndi chikondi chokhazikika komanso kulakalaka Mulungu. Ndayesa ntchito zambiri, koma kaya ntchito yanga ndi yotani, maganizo anga nthawi zonse amakhala ndi Mulungu.

Tiyenera kusangalala ndi chilengedwe ichi, koma popanda kuchilola kuti chitipangitse kukhala akapolo. Ndipo zomwe zandichitikira zandiphunzitsa kuti chisangalalo chopeza Mulungu n'chosayerekezeka.

Munthu asanayambe ntchito zazikulu, ayenera kukhala chete, kutonthoza maganizo ndi malingaliro, kusinkhasinkha mozama, ndikupempha thandizo la Mulungu kuti apeze chitsogozo chauzimu ndi malangizo abwino.

Ndiloleni ndizindikire kuti kumwetulira pankhope ya m'bandakucha, pamilomo ya maluwa, ndi pankhope za amuna ndi akazi olemekezeka ndiko kumwetulira kwanu.

Sindidzakhudzidwa ndi zithunzi zotsatizana za mavuto, tsoka, matenda, kapena zopinga zilizonse

zosayembekezereka chifukwa ndikuzindikira kuti chidziwitso chophunzitsidwa bwino chogwirizana ndi chidziwitso cha chilengedwe sichimavutika ndi zolephera ndi .zokhumudwitsa

Ufulu umatanthauza kuthekera kochita zinthu motsatira nzeru, osati motsatira zilakolako, zizolowezi, ndi zokhumba. Kumvera dyera kumabweretsa ukapolo, pomwe kugonjera ku zolimbikitsa za mzimu kumabweretsa kumasuka ku .zoletsa

Sizikusiyana kwa ine kaya ndikukhala m'nyumba yachifumu yapamwamba kapena m'nyumba yonyozeka, bola .ngati Mulungu ali nane

Ndigwiritsa ntchito ndalama zanga zomwe ndapeza moona mtima kuti ndikhale moyo wosalira zambiri, osati moyo wolemera kwambiri

Kudzera mu chikhulupiriro mwa Mulungu ndi kugwiritsa ntchito mphamvu ya chifuniro, munthu amatha kugonjetsa matenda, kulephera, ndi kusadziwa, bola ngati kugwedezeka kwa chifuniro kuli kolimba kuposa kugwedezeka kwa matenda akuthupi kapena amisala. Matendawa akakula, chifuniro chiyenera kukhala champhamvu komanso chotsimikizika, komanso chikhulupiriro chimalimba komanso .cholimba, kuti tikwaniritse zomwe tikufuna

Mundilimbikitse, Ambuye, kuti ndiike chidaliro changa mwa Inu nokha, osati njira zodzitetezera za anthu. Musalole mantha ndi nkhawa kulepheretsa mphamvu zanga zopanda malire kuti ndikumane ndi mayesero aliwonse a moyo. Musalole kuti ndiganizire ngozi, masoka, ndi mavuto chifukwa choopa kuwonekera kwenikweni kudzera mu malingaliro ndi malingaliro. Ndipo mulole kuti ndizindikire, Ambuye, kuti kaya ndili maso kapena ndili mtulo, ndili maso kapena nditasochera m'maloto a masana, ndili moyo kapena ndikufa, Kukhalapo kwanu koteteza kumandizungulira ndi .kunditeteza

Anzeru amati: Chipatso cha ntchito zabwino zotsogozedwa ndi chikondi cha Mulungu ndi ubwino wake ndi mgwirizano ndi chiyero. Chipatso cha ntchito zotsogozedwa ndi zilakolako ndi zolinga zadyera ndi ululu ndi kuvutika. .Chipatso cha ntchito zoipa ndi umbuli ndi kupusa

Mabasa abwino amabweretsa chimwemwe, pomwe machitidwe adziko lapansi otsogozedwa ndi kudzikonda amabweretsa mavuto ndi ululu. Komabe, kupitiriza kuchita zoipa kumawononga luso la munthu lozindikira ndi .kumvetsetsa

Ngati mukufuna kukhala mwamtendere ndi mogwirizana, zolinga zanu ziyenera kukhala zabwino, ndipo muyenera kufalitsa malingaliro a kukoma mtima ndi chikondi. Ngati mukukhala moyo wabwino, mudzathandiza .ena kudzera mu chitsanzo chanu ndi khalidwe lanu labwino

Nthawi yomwe ndikumva nkhawa komanso kusokonezeka maganizo, ndidzakhala chete ndikuganizira mpaka nditakhazikikanso, ndipo tsiku lililonse ndimayamba kuganizira za Mulungu ndikupempha thandizo ndi chitsogozo .Chake

Tsimikizani kuti musalole udzu wovuta wa chidani kukula ndikulowa m'munda wa moyo wanu, munda wodzaza ndi makhalidwe abwino a mzimu wabwino. Ndipo mukakulitsa kwambiri makhalidwe onunkhira awa, ofanana ndi duwa, Mulungu adzakuwululirani chinsinsi chachikulu cha .moyo mkati mwanu

Cholinga cha moyo ndikupeza mtendere, kukhutira, kusafa, chitetezo, ndi chidziwitso cha choonadi, ndipo pakati pa zilakolako izi zomwe zimatilimbikitsa mkati mwathu pali .umulungu womwe uli mkati mwathu

Ndipeze ufulu wanga mwa Inu, Ambuye, ndi kuzindikira kuti kwathu kwenikweni ndi kukhalapo kwanu konse ndipo ndine gawo lofunika kwambiri la chidziwitso chanu cha .chilengedwe chonse

Nyanja yayikulu, yopatulika, lolani mitsinje ya zilakolako zanga, yoyenda m'zipululu za zopinga ndi zopinga, potsiriza isakanizike mu kuya kwanu kwakukulu9

Kuli linga la Mulungu lokha ndi komwe timapeza chitetezo, ndipo palibe malo otetezeka kuposa kumva pafupi .ndi Mulungu ndikukhudza kukhalapo kwake

Popeza anthu amalamulidwa ndi zizolowezi zomwe zimapanga zilakolako zawo, zizolowezi zawo, makhalidwe awo, ndi zilakolako zawo, ngati zizolowezizo zili zoipa, khalidwe lawo limakhala loipa ndipo zochita zawo zimakhala zoipa. Chifukwa chake, ndibwino kuti tiziika patsogolo zizolowezi zabwino, chifukwa zimatsogolera zochita zathu ndi malingaliro athu ku zolinga zabwino ndikutipatsa thanzi .ndi chimwemwe

Kulikonse komwe kuli miyoyo yachisoni ndi yovutika, ndimapeza chitonthozo powatumikira ndi kuwatonthoza. Ndidzachita zonse zomwe ndingathe kuti ndibweretse chisangalalo kwa ena ndipo ndidzawamvera chisoni ngati .kuti ndi ine ndekha

Luso la maganizo lilipo mwa anthu, koma anthu ambiri sali okhwima mokwanira, ndipo kulephera kukulitsa luso limeneli kumabweretsa zotsatirapo zoopsa. Monga thupi, maganizo amafunika kudya bwino komanso kuchita masewera olimbitsa thupi kuti akhale ndi thanzi labwino .komanso mphamvu

Daimondi imalandira ndi kuwonetsa kuwala, ndipo miyoyo yoyera, yowonekera bwino yomwe imadziwa Mulungu ndi kuwala ndi kukhalapo kwake imalandiranso .kuwalako

Ambuye, Inu ndinu chuma chenicheni m'moyo, ndipo pokupezani Inu choyamba ndidzapeza mwa Inu chilichonse chomwe ndikufuna

Anthu nthawi zambiri amangoganizira za chakudya, mpweya, ndi kuwala kwa dzuwa kuti akhale ndi thanzi labwino, koma nthawi zina thanzi limachepa ngakhale kuti

pali zinthu zambiri zakunja. Pamenepo pamafunika kubwezeretsanso mphamvu zomwe thupi limasunga .kuchokera mkati

Ngati bwato la m'maganizo mwanga lifika pa miyala ya zilakolako zadyera zomwe zimaphatikizapo zoopsa ndi zoopsa, zoyendetsedwa ndi mphepo yamkuntho ya umbuli, ndiye kuti, O Mulungu wanga, khalani nyali yanga ndipo nthawi zonse munditsogolere ku gombe la chilungamo .Chanu ndi ubwino Wanu

Lingaliro lili ngati lawi lomwe mphamvu yake yokhazikika iyenera kugwiritsidwa ntchito kuwotcha zopinga .zomwe zimalepheretsa kukwaniritsa zomwe mukufuna

Mulungu amapezeka kudzera mu chikondi cha Mulungu chosatha. Tikamakonda Mulungu kuposa mphatso zake, adzabwera kwa ife. Watipatsa ufulu wosankha ndi mphamvu yosankha kuti tithe kusiyanitsa pakati pa mphatso za dziko lapansi zosakhalitsa ndi zosafunika ndi mphatso yoyandikira .kwa Iye ndi chisangalalo cha kukhalapo kwake kodala

Tinapatsidwa chikumbutso kuti tithe kuchita zinthu zabwino mpaka titakumbukira zabwino kwambiri: Mulungu Mphepo ya chikondi chanu ikuyenda mwa ine, Ambuye!

Ndipo masamba a moyo wanga akuvina ndi chisangalalo pa kubwera kwanu. Kugwedezeka kwawo kosangalatsa kumadutsa mlengalenga, kuitana otopa kuti apumule .mumthunzi wa mtendere wanga wauzimu

Mavuto a moyo si cholinga chake kuti ativulaze; m'malo mwake, mavuto ndi matenda zimatipatsa maphunziro. Zokumana nazo zathu zopweteka sizikutanthauza kutiwononga, koma kutiyeretsa ndikufulumizitsa kubwerera kwathu ku gwero lathu loyera—Mulungu—yemwe amagwira ntchito m'njira iliyonse kuti atithandize ndikutibwezeretsa ku .nyumba yathu yakumwamba

Kusatha ndi kwawo kwenikweni, ndipo ulendo wathu wopita padziko lapansi lino ndi m'matupi awa uli ngati .ulendo wa visa wa kanthawi kochepa

Ambuye, ndikudziwa kuti kutamandidwa sikundikweza, komanso kudzudzulidwa sikundichepetsa. Ndili monga momwe ndiliri pamaso pa chikumbumtima changa ndipo pamaso pa Inu ndipitiliza kuyenda panjira iyi, ndikuchita zonse zomwe ndingathe kuti nditumikire aliyense ndikuyesetsa kupeza chiyanjo Chanu—ndi mmenemo muli chimwemwe changa.

Ndiwe cholengedwa chapadera ndipo umunthu wako ndi wodabwitsa, choncho dziwani umunthu wanu weniweni Mukadzafika, maluwa a chilakolako changa adzaphuka n’kukhala maluwa onunkhira bwino komanso okongola.

Ambuye, fulumizitsani kubwera kwa tsiku limenelo pamene ndidzaluka mkanda wa maluwa oumawo ndikuuyika pa khomo lanu lodala.

M'malo moyesetsa nthawi zonse kudzikondweretsa yekha, ayeneranso kuyesa kubweretsa chimwemwe kwa ena Akamayesa kupereka chithandizo chauzimu, chanzeru, kapena chakuthupi kwa ena, adzapeza kuti zosowa zake zakwaniritsidwa ndipo chikho cha moyo wake chidzadzaza ndi chimwemwe.

Iwo amene adzapambana mdima padziko lapansi adzakhala ndi kuwala kwa ulemerero ngati gawo lawo ndipo adzasangalala ndi mtendere wamumtima ndi chimwemwe.

Ambuye, falitsani nthawi zonse mbewu za madalitso Anu m'nthaka ya mtima wanga, zolimidwa ndi pemphero, kuti zikule kukhala mitengo yamthunzi yomwe nthambi zake zimabala zipatso zokoma komanso zokoma kwambiri zodzidziwitsa.

Nthawi zambiri timakhalabe mu ululu popanda kuyesetsa kusintha, ndipo ndichifukwa chake sitipeza mtendere ndi chikhutiro chokhalitsa Ngati titapirira ndikuchita khama, tingathe kuthana ndi mavuto onse Tiyenera kuyesetsa kuchoka pamavuto kupita ku chimwemwe, komanso kuchoka pa kutaya mtima kupita ku kulimba mtima

O Chikondi Chaumulungu, gwirizanitsani chikondi changa ndi chikondi Chanu, phatikizani moyo wanga ndi chisangalalo Chanu, malingaliro anga ndi chidziwitso Chanu cha chilengedwe chonse, ndipo thetsani ludzu langa .kuchokera ku kasupe wa chisangalalo Chanu chosatha

Mtima wa munthu wofunafuna choonadi nthawi zonse umanong'oneza kuti: "Mulungu wanga ndi wokondedwa wanga, sindikufuna kukhudzidwa ndi chisokonezo cha dziko lonyenga ili, ndipo chomwe ndikufuna ndikudzutsa chikondi Chanu m'mitima ya anthu. Mtima wanga, moyo wanga, thupi langa, maganizo anga, ndi zonse zomwe ndili nazo ndi zanu, Ambuye." Wofunafunayo amafika kwa Mulungu ndipo .amamudziwa Iye

Ambuye, tipatseni kumvetsetsa kwatsopano komanso koona kwa ubale. Tiyeni tisiye nkhondo ndikuchiritsa mabala a mitundu ndi mankhwala achikondi ndi chitonthozo .chosatha cha kumvetsetsa kwachifundo

Tidalitseni kuti timasulidwe ku chikoka cha umbombo, ulamuliro wa chinyengo, ndi ulamuliro wa zinyengo, ndipo mutithandize kumanga dziko latsopano momwe matenda, umbuli, ndi njala zili ngati maloto chabe a zakale .zosasangalatsa komanso zomvetsa chisoni

Tiyeni tithetse mavuto onse osati ndi nzeru za m’nkhalango, koma ndi kumvetsetsa, choonadi, ndi chikhulupiriro chosagwedezeka mwa Inu ndi chilungamo .Chanu cha Mulungu

Moyo watigwirizanitsa pano kwa kanthawi, kenako tidzapita njira zathu zosiyana. Koma ngati chikondi cha Mulungu chili mkati mwathu, sizili kanthu kuti tipita kuti, chifukwa ngakhale titasochera bwanji, tidzakhalabe mkati mwa bwalo la chikondi cha Mulungu ndipo .sitidzalekanitsidwa kwenikweni

Ambuye, ndipangeni kukhala chiwombankhanga chauzimu chomwe chikukwera pamwamba pa njira zochepetsera malingaliro ndi zochita zankhanza

Ndiitaneni kuti ndifike kumadera okwera kwambiri, kupitirira kugwedezeka kwamphamvu kwa dziko lapansi ndi mitambo yomwe imatseka kuwala kwa dzuwa

Ndiloleni nditenge mapiko abwino kuti ndikhale ndi moyo wabwino, ndipo ndiloleni ndikwere kumwamba kwakutali pamwamba pa mphepo zamkuntho ndi mphepo zamkuntho, komwe kuli malo otseguka komanso malingaliro abwino kwambiri.

Mtendere umabwera tikatsegula mitima yathu kuti tikonde ndi kukoma mtima. Anthu amene ali ndi mitima yachikondi komanso ochita ntchito zabwino amakhala ndi mtendere chifukwa umakhala mkati mwawo. Mtendere ndi malo opatulika a kumwamba ndi maziko a moyo wachimwemwe.

Tiyenera kuganizira nthawi zonse za kukongola kwaumulungu komwe kuseri kwa maluwa, kuwala kwa dziko lapansi komwe kuseri kwa dzuwa, ndi moyo waukulu womwe umawala m'diso lililonse.

Munthu akakhala wokoma mtima komanso wolemekeza ena, komanso wobwezera ulemu, nthawi zonse amayamikiridwa ndi kulemekezedwa.

Ndidzafalitsa chikondi changa kwa ena kuti nditsegule chipata choti chikondi cha Mulungu chibwere kwa ine ndikukhala mumtima mwanga.

Ambuye, ndiloleni ndikhale nyali kwa iwo amene akumira mu chisoni chachikulu. Ndithandizeni kubweretsa chimwemwe kwa ena poyamikira chimwemwe chauzimu chimene mwandipatsa.

Ndidzasungunula chidani mu moto wa chikondi changa, ndipo ndidzakhululukira ena ndikupereka chikondi kwa mitima yonse ya ludzu.

Chikondi chenicheni ndi chikondi chomwe chimakondwera ndi chitonthozo cha wokondedwa

Mutiunikire, Ambuye, ndipo chikondi chanu chidzaze mitima yathu kwamuyaya.

Kukhala ndi mzimu wochita zinthu mwanzeru kumatanthauza kukhala ndi mphamvu ya malingaliro opanga zinthu zomwe zimathandiza munthu kupanga chinthu chomwe palibe amene adachitapo kale. Munthu aliyense amabadwa ndi mphatso imeneyi yomwe Mulungu .wamupatsa

Chikondi chachikulu kwambiri ndi chikondi cha Mulungu, chomwe chimapangitsa moyo kukhala wokongola kwambiri kuposa mawu. Mukamva Mulungu ali nanu, akubwera kwa inu kulikonse komwe muli ndikutsogolerani, chikondi cha .Mulungu chimayamba

Mphamvu ya choonadi imatsutsana ndi mphepo

Ambuye, ndikakumana ndi mavuto akanthawi, ndiloleni ndikumbukire madalitso anu ambiri omwe mudandipatsa kale, podziwa kuti thandizo lanu silindisiya ndipo chisamaliro chanu chili nane nthawi zonse. Kwa Inu ndikupereka chiyamiko changa chochokera pansi pa mtima chifukwa cha madalitso onse omwe amandidzera kuchokera m'dzanja lanu .lokoma mtima

Madontho a chikondi amawala m'miyoyo yabwino, ndipo Mulungu amapezeka kokha m'nyanja ya chikondi

Kumvetsetsa ndi nyali yomwe imaunikira njira ya munthu ndikumupangitsa kuti apambane

Mu masika, Mulungu amakongoletsa chilengedwe ndi maluwa okongola kwambiri ndi zovala zokongola komanso .mitundu yowala

Mtendere ndiye mlaliki woyamba kulengeza za kufika kwa Mulungu Pambuyo pake, mtendere umasanduka kuwala kowala kuposa chimwemwe chosatha

Ndikalowa mkati mwa nyanja ya kusinkhasinkha, ndimamva kugwedezeka kodala mkati mwanga ndipo "ndimamva mawu onong'oneza akuti, "Ndili pafupi

Munthu ayenera kutembenukira mkati, kumene mzimu umadziwonetsera. Kuchokera pansi pa moyo kumachokera .zochitika zonse za moyo wamkati

Pamene mzimu udzizindikira wokha ndi chidziwitso chaumulungu, umamva chisangalalo chachikulu ndi kufutukuka mu malo opanda malire

Ngati mugwiritsa ntchito njira zonse zakunja ndi zinthu zomwe muli nazo, kuwonjezera pa luso lanu lachibadwa, kuti mugonjetse zopinga zonse zomwe zingakulepheretseni, mudzakulitsa mphamvu zomwe Mulungu wakupatsani: mphamvu zopanda malire zomwe zimachokera pansi pa .mtima wanu

Chikondi chimayenda panjira yagolide yopita kwa Mulungu

Ndidzafalitsa mafuno abwino ndi zolinga zabwino kulikonse komwe mdima wa kusamvetsetsana walowa

Pamene mavuto akukuukirani, koma mukukana kusiya kuyesetsa, ngakhale pali zopinga ndi zopinga zonse, Mulungu adzayankha nadzakudalitsani ndi kupambana pa .khama lanu

Ambuye, ndidzathyola duwa la chilakolako m'munda wa mtima wanga ndikuliyika ngati chopereka cha chikondi pa khomo lanu loyera

Popeza malingaliro ndi mawu athu ndi mbewu zomwe zidzatibweretsera zokolola zamtsogolo, ndiyamba lero kudzaza chikumbumtima changa ndi malingaliro abwino .komanso abwino

Ndimauluka ndi kuuluka m'mlengalenga wa chidziwitso changa mmwamba ndi pansi, kumpoto ndi kumanja, mkati ndi kunja ndi kulikonse kuti ndipeze kuti mu ngodya iliyonse .ya mlengalenga ndinali ndipo ndili pamaso pa Mulungu

Khalani ndi moyo mphindi iliyonse mukuzindikira ubale wanu ndi Mtheradi wopanda malire. Palibe malire a chidziwitso chanu, ndipo zinthu zonse zimawala ngati .nyenyezi kumwamba mwa umunthu wanu

Kudzipatula, kapena kusadziphatika, ndi njira yanzeru imene wofunafunayo amatsatira, kukwera mofunitsitsa pamwamba pa zinthu zazing'ono chifukwa cha zazikulu.

Sadzimangirira ku zosangalatsa zakuthupi zosakhalitsa pofuna chimwemwe chamkati chatsopano. Kudzipatula si mapeto okha, koma kumatsegula njira yoti mzimu utulukire .makhalidwe abwino ndi mphamvu zauzimu

Wopambana wauzimu akupita patsogolo ndi mapazi olimba mtima panjira za moyo

Munthu ayenera kugwiritsa ntchito bwino moyo wake wamakono, ndikutsegula mazenera a mtima wake ndikudzutsa ndi kutsitsimutsa mphamvu za mzimu wake .zomwe sizinali kugona

Kumbuyo kwa zigoba za kusintha ndi kusinthika kuli kukhalapo kwa Mulungu. Ndipo aliyense amene angathe kukhazikika pagalasi la malingaliro ake ndikuletsa kuti lisagwedezeke, adzawona mugalasi loyera nkhope ya .wokondedwa wa chilengedwe chonse

Chikondi ndi champhamvu kuposa imfa ndi kuwonongeka kwa nthawi

Kudzisanthula ndi chinsinsi cha kupambana, ndipo kusinkhasinkha ndi galasi lomwe timawona ngodya zamkati zomwe zikanabisika kuti tisazione. Tiyenera kuzindikira zofooka zathu, kusiyanitsa pakati pa zizolowezi zabwino ndi zoyipa, ndikuzindikira zopinga zomwe zingatilepheretse .kupita patsogolo ndi kupambana

Ndinu wodabwitsa bwanji, O bwenzi! Inu amene mumatunga madzi ochokera ku nkhawa yochokera pansi pa mtima, komanso amene masamba ake amanyowa ndi mame a kukoma kwamkati ndi kwakunja kochokera pansi pa mtima .woona mtima komanso wokhulupirika

Ndinaonapo nyerere yaying'ono ikuyesera kukwera mulu wa mchenga, ndipo ndinadzifunsa ndekha kuti: nyerere iyenera kuti ikuganiza kuti ikukwera mapiri a Himalaya! Mulu wa mchenga mwina unaoneka waukulu kwa nyerere, koma osati kwa ine. Mofananamo, zaka zathu zambirimbiri za dzuwa zitha kukhala zosakwana mphindi imodzi m'maganizo .mwa Mulungu

Tiyenera kudziphunzitsa tokha kuganizira zinthu .zazikulu monga muyaya ndi zopanda malire

Ndinayendayenda m'dziko lopanda malire ndipo ndinaona chifunga chowala m'dziko la kuwala, ndipo mu kuwalako kwamoyo ndinawerenga matanthauzo a zinsinsi .zolembedwa pamasamba a nthawi

Mukagona, mumakhala chete ndi malingaliro. Koma mukamakhala chete ndi malingaliro anu kudzera mu kusinkhasinkha, chinthu choyamba chomwe mumakumana nacho ndi mtendere, ndipo minofu yanu ya nkhope imapanga kumwetulira komwe kumawonetsa mtendere wamumtima. Koma muyenera kuyang'ana kupitirira mtenderewu kuti muzindikire chiyero cha mzimu wanu—chiyero chosadetsedwa ndi zolimbikitsa zamaganizo kapena zochita zokha ku malingaliro okhudzana ndi malingaliro. Mkhalidwe womwe mumakumana nawo ndi wa chisangalalo .chosatha, chokhazikika

Ngati muyika mbale ya madzi pansi pa kuwala kwa mwezi kenako n’kuisuntha, mupanga chithunzi cholakwika cha mwezi. Madzi akakhazikika m’mbale, kuwunikira kumakhala koonekera bwino. Nthawi imene madzi m’mbale amakhala chete ndipo amawonetsa nkhope ya mwezi momveka bwino, ingayerekezeredwe ndi mkhalidwe wa mtendere woganizira ndi mkhalidwe wa bata lalikulu. Mu mtendere woganizira, mafunde onse a malingaliro ndi malingaliro amasiya kutuluka m’maganizo. Ndipo mu mkhalidwe wozama uwu wa mtendere, munthu woganizira, mu mtendere umenewo, amaona mwezi wathunthu wa .kukhalapo kwaumulungu ukuonekera m’nyanja ya mzimu

Pali zinthu zinayi zomwe munthu wamba amazidziwa bwino: chisangalalo akakwaniritsa chikhumbo chake, kusasangalala akachikana, kusungulumwa akasasangalala kapena kukhumudwa, ndi mtendere akagonjetsa malingaliro awa kapena malingaliro a chisangalalo, ululu, ndi .kusungulumwa

Mtendere ndi mkhalidwe wofunika kwambiri, wochokera ku kusakhalapo kwa chisoni ndi chisangalalo, komanso kusakhalapo kwa kusowa chochita. Makhalidwe amenewa nthawi zonse amasintha ndi kufalikira pamwamba pa moyo. Pambuyo poyenda m'mafunde ovutitsa a ululu ndi chisangalalo, kuphatikizapo kugwera mobwerezabwereza mu kutopa, pali chisangalalo poyandama pa nyanja yamtendere. Koma mtendere ndi wofunika kwambiri kuposa mtendere—chisangalalo cha moyo—chisangalalo chachikulu. Ndi chisangalalo chosatha chomwe sichimatha koma chimakhala ndi moyo kwamuyaya. Chisangalalo chachikuluchi chingapezeke kokha mwa kuzindikira kukhalapo kwa .Mulungu

Kumwetulira kwenikweni ndi kumwetulira kwa chimwemwe chauzimu komwe kumapezeka poganizira ndi .kuganizira za Mulungu ndikumva kukhalapo kwake

Kumwetulira kwanga kumachokera ku chisangalalo chachikulu mkati mwanga—chisangalalo chomwe aliyense angachipeze. Chili ngati fungo lochokera mumtima mwa duwa lotuwa. Chisangalalo chachikulu ichi chimaitana ena .kuti adzilowetse m'madzi opatulika a chisangalalo

Mu kuwala kwa chikhululukiro chodala, mdima wa chidani womwe unasonkhanitsidwa kwa zaka zambiri umatha

Mulungu amakwaniritsa mwachangu zosowa zilizonse za olambira ake chifukwa adzimasula okha ku zolinga zadyera zomwe zimalepheretsa khama ndi kukhumudwitsa .ziyembekezo

Iye amene Mulungu amamuteteza, palibe chomwe chingamuwononge

Sitili tokha m'dziko lino, chifukwa Mulungu ali nafe, ndipo pali ubale wokhalitsa, wapamtima, komanso .waubwenzi womwe umatipatsa chithandizo ndi chimwemwe

Inu nyenyezi yowala ya chitsogozo kumwamba kwa nzeru, kuwala kwanu kowala kumandiitana kuti ndifufuze

malo anu odalitsika, ndipo mbalame yanga yolakalaka imathamanga mofulumira kwambiri, ikulowa mumlengalenga wodzaza ndi mdima, woyendetsedwa ndi kulakalaka inu ndi kusangalala ndi kuwala kwanu kopatulika .kwambiri

Umunthu wa munthu umayamba kukula ndikukula pamene munthu akumva - kudzera mu malingaliro amkati, achilengedwe - kuti si thupi lenileni lokhalo koma mphamvu .yauzimu yosatha mkati mwa thupi

Pamene mtima wa wophunzira udzadzaza ndi chikondi cha Mulungu, nkhope yake idzawala ndi kumwetulira kwa mtendere ndi nzeru, ndipo kusadziwa komwe kumaphimba .moyo wake kudzasweka ndi kuzimiririka kwathunthu

Mukayang'ana duwa kapena mtengo, mumadziwa kuti mitundu yokongola iyi ya zamoyo sinakhalepo yokha Mulungu ndiye amene anazipanga ndi kuzipatsa fungo .labwino komanso kukongola kwakukulu

Nthawi zonse chitani ntchito zanu, zazing'ono ndi zazikulu, mosamala kwambiri, pokumbukira kuti Mulungu amatsogolera mapazi anu ndipo amalimbitsa khama lanu .kuti mukwaniritse zolinga zanu zabwino

Munthu akalumikizana ndi umunthu wake wauzimu, nthawi zakale zomwe zaiwalika kale komanso mphamvu zosafa za mzimu zimabwerera ku chidziwitso chake. Mu kusinkhasinkha, munthu amakumbukira kuti ndi mzimu .wosafa, osati thupi losafa

Kulikonse kumene timapeza anthu, abwino ndi oipa, omwe akufunafuna chimwemwe mwanjira yawoyawo Palibe amene amafuna kudzivulaza. Nanga n’chifukwa chiyani anthu ena amachita zinthu zomwe zimawabweretsera ululu ndi chisoni? Chifukwa zochita zimenezo zimayendetsedwa .ndi kusadziwa ndi chinyengo

Tikupemphani, Ambuye, kuti mutiunikire ndi kuunika kwa nzeru zanu ndi kutichotsera mdima wa kusadziwa ndi .chinyengo

Munthu wozindikira ayenera kukhala wosamala m'malo mochita mantha, ndipo ayenera kukulitsa mkati mwake lingaliro la kulimba mtima popanda kusasamala komanso kupupuluma kuti asadziike pangozi pazinthu zomwe zingayambitse mantha ndi nkhawa.

Nzeru sizidalira kulowetsedwa kwa chidziwitso kuchokera kunja, koma mphamvu ya kuvomereza kwamkati, komwe kumatsimikiza kuchuluka kwa chidziwitso chenicheni chomwe chingapezeke komanso liwiro lomwe chidziwitsocho chingapezeke.

Dziko lino ndi malo chabe omwe timachita maudindo athu motsogozedwa ndi Mtsogoleri Waumulungu. Tiyenera kuchita bwino mosasamala kanthu za mtundu wa maudindo omwe tapatsidwa, nthawi zonse kukumbukira kuti chibadwa chathu chofunikira ndi chisangalalo chosatha.

Wanzeru kwambiri ndi amene amafuna kudziwa Mulungu, ndipo wopambana kwambiri ndi amene wapeza Mulungu.

O Mulungu Wokondedwa, mukhale pamalo oyamba m'miyoyo yathu, chikondi chanu chochiritsa chidzaze mitima yathu, ndipo kuwala kwanu kodala kuchotse mdima wa nkhawa m'miyoyo yathu.

Ufulu umatanthauza kuchita zinthu motsatira chikumbumtima, osati motsatira malamulo a chizolowezi ndi chilakolako. Kumvera dyera ndi zofuna zake kumabweretsa zoletsa, pomwe kumvera malangizo a nzeru kumapereka ufulu ku zoletsa zimenezo.

Mtendere wa mumtima ungapezeke mwa kukulitsa makhalidwe abwino mwanzeru komanso mwadala, omwe, akakula mokwanira, sangachotsedwe kwa mwiniwake pokhapokha ngati atasankha kuwasiya mwa kufuna kwake.

Anthu ambiri amafuna chimwemwe pogwiritsa ntchito njira zolakwika. Ena amakhulupirira kuti akhoza kuwirikiza kawiri chimwemwe chawo mwa kutsatira makhalidwe oipa ndi zochita zosayenera zomwe zimawoneka ngati

zikuwapatsa malonjezo okongola a chimwemwe chodzaza ndi chisangalalo chokhalitsa, ndipo amanyengedwa ndi malonjezo abodza amenewo, chifukwa kukoma kwa chisangalalo chenicheni sikungasangalalidwe ndi mabodza .abodza ndi zochita zolakwika

Mphindi iliyonse ndi yamuyaya chifukwa umuyaya ukhoza kupezeka mkati mwa mphindi imeneyo Masiku, mphindi, ndi maola ndi mawindo omwe tingathe kuwona umuyaya Moyo ndi waufupi, koma nthawi imodzi wopanda malire komanso wopanda malire. Mzimu ndi wosafa, ndipo mkati mwa gawo lalifupi ili la moyo wa munthu, tiyenera kugwiritsa ntchito bwino mwayi uliwonse womwe ulipo .komanso mwayi uliwonse womwe ulipo

Mawu auzimu ali ngati mbewu zomwe zimafuna nthaka yachonde kuti ziphuke, zikule, ziphuke, ndikubala zipatso Kukula mwauzimu kumafuna kudziganizira, kusintha zinthu zofunika pa moyo, kuzindikira ndi kuchotsa zizolowezi zoipa, ndikutsatira malamulo azaumoyo mogwirizana ndi kusintha kwa kumvetsetsa kwauzimu ndi kukula kwa .mphamvu zamaganizo

Wophunzira akalawa chimwemwe cha Mulungu, adzapeza kuti Mulungu wakhala weniweni kwa iye kuposa china chilichonse, ndipo adzazindikira kuti kukhudza kukhalapo kwa Mulungu ndi chisangalalo chomwe palibe .chisangalalo chamalingaliro chomwe chingafanane nacho

Mulungu amagwira ntchito yodzutsa chidziwitso chauzimu cha munthu ndikutsogolera chifuniro chake m'njira yoyenera kudzera mu kukongola kwa makhalidwe abwino, ukulu wa kulolerana, ukulu wa nzeru, ndi ulemerero wa .chisangalalo chauzimu

Sindidzaona ena ngati alendo chifukwa ndimaona kuti aliyense ndi m'bale wanga kapena mlongo wanga. Ndidzapangitsa moyo wanga kukhala wopambana komanso wokhutiritsa kuti ndithandize ena kupambana ndi kukwaniritsa. Ndidzamvera ena chisoni ndi kuwasonyeza

chifundo pamene ndikudzionetsera. Ndidzakonda Mulungu monga momwe aneneri ndi oyera mtima adamukondera, ndipo ndidzataya kudzikonda m'chitsime cha chikondi changa kwa ena.

Kupitirira moyo wa padziko lapansi waufupi uwu, womwe ungafe, kuli moyo wosatha, wosasintha. Thupi limapangidwa ndi zinthu zomwe zimawonongeka ndi kuwonongeka, koma kupitirira moyo waufupi uwu kuli moyo wosatha, wakumwamba pamaso pa Mulungu. Chifukwa chake, sitiyenera kungoyang'ana thupi losatha ili, ndipo iwo amene akulifuna ayenera kupirira mayesero ake ndikukhala olamulira ake.

Lero ndiyesetsa kuthandiza osowa ndikupereka zomwe ndingathe kwa anjala

Ndili wotetezeka mu chitetezo cha Mulungu ndipo kumbuyo kwa makoma a chikumbumtima changa choyera ndine mmodzi wa iwo amene ali ndi kuwala kwa ubwino komwe kumatsogolera zombo za miyoyo yomwe ikukankhidwa uku ndi uku ndi mafunde a chisoni mu nyanja ya chisokonezo ndi nkhawa.

Lero ndikumva Mulungu ali mu mtendere womwe umanjenjemera mkati mwanga ndikusuntha zingwe za mtima wanga

Ndidzachita zonse zomwe ndingathe kuti ndisangalatse ena, monga momwe ndimayesetsa kudzisangalalira ndekha, ndipo kudzera mu chimwemwe changa chauzimu ndidzatumikira aliyense m'nyumba ya chikondi cha Mulungu ndipo sindidzaopa china chilichonse koma ine ndekha ngati nditayesa kunyenga chikumbumtima changa.

Kuchokera m'minda ya moyo

Mukufuna kupita kwinakwake, ndipo mumadzithamangira kuti mukafike kumeneko mwachangu Mukafika, mumapeza kuti simukusangalala ndi malowo chifukwa cha chidwi, nkhawa, komanso mwina chisokonezo

chomwe mukumva. M'malo mwake, yesani kukhala bata, bata, komanso oganiza bwino. Ngati maganizo anu akuyang'ana pa nkhawa ndi kusokonezeka, aletseni .mwamphamvu mpaka atakhazikikanso

Chisangalalo chimakhudza kwambiri kayendetsedwe ka mitsempha chifukwa chimatumiza mphamvu zambiri ku ziwalo zina za thupi pomwe ena amalephera gawo lawo lachilengedwe. Kusalinganika kumeneku pakugawa mphamvu ndiko kumayambitsa mantha Thupi lodekha komanso lomasuka limachepetsa mitsempha ndikulimbikitsa .thanzi la maganizo

Mogwirizana ndi Mulungu, masomphenya amkati amayamba kuonekera pang'onopang'ono Munthu ayenera kukhala ndi chikhulupiriro chonse kuti Mulungu adzayankha pemphero lililonse lochokera pansi pa mtima Aliyense amene amatembenukira kwa Iye kufunafuna kuunikiridwa adzatsegulidwa masomphenya ake ndipo maganizo ndi .mtima wake zidzaunikiridwa

Kuzindikira kukayamba, kumaonekera ngati kumva komwe kumawoneka ngati kukuchokera mumtima, kumva komveka bwino komanso kolondola. Kudzera mukumva kumeneku, wofunafunayo amapeza kukhudzika kosagwedezeka ndi chitsogozo chabwino kuti atsatire njira yoyenera, ndipo pang'onopang'ono amayamba kuzindikira .ndikukhulupirira kumva kumeneku

Izi sizikutanthauza kusiya kuganiza konse; kuganiza modekha, kopanda tsankho kumabweretsanso kuzindikira Kuganiza mwamaganizo, koyendetsedwa ndi kudzikuza ndi kudziona ngati wofunika, kumabweretsa kusamvetsetsana .ndi malingaliro olakwika

Kanani kukayika kowononga ndi zikhulupiriro zabodza ndi mtima wonse, ndipo tembenuzirani mtima wanu ndi moyo wanu ku dziko la chikhulupiriro ndi kudalira Mulungu kwathunthu. Mu bata la kuganizira, chikumbumtima chanu chidzatha kuyang'ana pa choonadi ndi kumvetsetsa

kolondola. Mu chochitika ichi, chikhulupiriro chimakula ndi kufutukuka, ndipo kudzera mu chidziwitso, mudzakumana ndi zomwe diso silinawonepo, khutu silinamvepo, ndipo .maganizo a munthu sadaganizirepo

Mpweya uliwonse wa kulakalaka kwanga ndi pemphero langa umatsegula zitseko ndi mawindo mumtima mwanga .omwe ndimadutsamo kupita ku chisangalalo cha Mulungu

Monga momwe dzuwa limawala m'misewu yotanganidwa kwambiri, momwemonso ndidzawona kuwala kwa chikondi cha Mulungu m'malo onse odzaza anthu omwe .ndimachita tsiku ndi tsiku

Mundidalitse, Ambuye, kuti ndidzutse moyo wanga ndi .mbandakucha ndikuufikitsa ku khomo lanu lodala

Ambuye, ndipatseni mzimu wopatsa kuti ndigawane ndi ena zomwe ndili nazo, ndipo ndithandizeni kuwona m'nyanja yodekha ya malingaliro anga chithunzi cha mwezi wa moyo .wanga ukuwala ndi kuwala kwa kukhalapo kwanu

Lero ndilowa m'nyanja yozama ya kusinkhasinkha ndi kusinkhasinkha za Mulungu mpaka nditapeza ngale za nzeru .ndi chisangalalo chaumulungu

Ndidzakukondani, Ambuye, kuposa china chilichonse, chifukwa popanda inu sindingathe kukonda munthu aliyense .kapena china chilichonse

Mu kuya kwa mapiri ndi thambo lopanda phokoso, ndi mkati mwa moyo wanga ndi m'phanga la chete, ndimamva kukhalapo kwa Mulungu ndikumva chisangalalo Chake chosatha, ndipo ndimamwa kuchokera ku akasupe Ake oyera .omwe sasiya kapena kuuma kwamuyaya

Ndikukukondani ndi kukulambirani, Ambuye, amene chikondi chanu chimalamulira kwambiri mu mtima uliwonse .wachikondi ndi wachifundo

Winawake anafunsa mphunzitsi Paramahansa kuti amusonyeze njira yopangira umunthu wokongola komanso wosangalatsa, ndipo iye anati: Muyenera kukhalapo m'maganizo mwanu mukamacheza ndi ena chifukwa

kusakhalapo maganizo kumawononga kwambiri khalidwe lanu kuposa china chilichonse. Inde, sindikunena za kusakhalapo maganizo kwa anthu akuluakulu, omwe nthawi .zambiri maganizo awo amakhala m'nkhani zazikulu

Khalani maso nthawi zonse ndipo dziwani, ndipo mudzakhala maginito okongola

Palibe amene amakonda kunyalanyazidwa Tonsefe timafuna kuti malingaliro athu aganiziridwe ndi kuganiziridwa, ndipo mofananamo, tiyenera kuganizira malingaliro a ena ndikuwasonyeza kuganizira kuti tipeze mgwirizano ndi kumvetsetsana. Kuti muchite izi, muyenera kukhala maso, kuzindikira, komanso kusamala ndi aliyense .amene akuzungulirani

Akufa alibe mphamvu zonyoza ena, koma amene sakuwamvera ali ndi mphamvu

Mukakhala ndi ena, lankhulani nawo mosamala, mwamphamvu, komanso mwachidwi, koma pewani kulankhula za inu nokha

Aliyense amafuna kulankhula za iye mwini, koma ndi njira yofooka. Lolani ena alankhule za iye mwini ngati akufuna; mvetserani zomwe akunena. Lolani alankhule za mavuto awo, zomwe akwaniritsa, ndi malingaliro awo, koma lolani mphamvu yanu ya maginito ikulankhuleni. Kuwala kwa nyali kukulankhulani momveka bwino; lolani kugwedezeka .kwanu chete kukulankhuleni momveka bwino

Mulungu anandionetsa m'masomphenya kuti anthu amene amafa kunkhondo amalota imfa moyipa, koma anthu abwino akangodzuka m'thupi lawo amadzuka ngati kuti achoka ku maloto oipa ndipo amasangalala kumasuka ku .maloto oipawo

Zonse zomwe timakumana nazo pa moyo wathu ndi gawo la maloto a chilengedwe chonse. Anthu adapanga maloto oopsa a nkhondo, koma ozunzidwa ndi maloto oipawa atachoka m'matupi awo, amazindikira kuti linali loto

loopsa lomwe adadzukamo, ndipo amamvetsetsa kuti .sanafe. Ichi ndi chowonadi chozama cha chilengedwe

Ngati munthu akudziwa kuti akulota, sakanavutika ndi maloto ovutitsa. Koma ngati adzikwaniritsa yekha m'maloto ndipo wina akupha, imfa ya malotowo imawoneka ngati vuto lenileni komanso loopsa mpaka atadzuka n’kuzindikira kuti .sizinali zenizeni

Izi zikugwiranso ntchito ku mkhalidwe wa imfa

Tikangochoka m'thupi lathu, timazindikira kuti chikumbumtima chathu sichinafe, koma kuti tamasulidwa ku thupi ndi zopinga zake zakuthupi ndi zofooka zake, ndipo mu .ufulu umenewo muli ufulu waukulu

Sitiyenera kupempha imfa, koma m'malo mwake tikonzekeretse chikumbumtima chathu mwa kukhala mogwirizana ndi Mulungu ndikusinkhasinkha za Iye, kuti imfa .ikafika nthawi yake tiziiona ngati maloto chabe

Nditha kuwona momwe moyo ndi imfa zilili nthawi iliyonse ndikafuna Chifukwa chake, sindiona thupi ili kukhala lofunika kwambiri

Pali physiology yauzimu yomwe ili pansi pa dongosolo la mitsempha lomwe limalola anthu kufika pamlingo .wapamwamba kwambiri wa chitukuko cha chidziwitso

Ubongo wa munthu, womwe ndi waukulu kuposa ubongo wa nyama zambiri kupatula anamgumi ndi njovu, ndi wovuta kwambiri ndipo uli ndi mphamvu zambiri zoganizira. Izi zimapangitsa ubongo wa munthu kukhala chida choyenera kwa anthu, omwe ali ndi chidziwitso chapamwamba kuposa zolengedwa zina. Kuzungulira kwa ubongo komwe kumakhala kovuta komanso kovuta kumathandiza anthu kuganiza mozama komanso mozama. Choncho, anthu okha ndi omwe angathe kufika pamlingo wapamwamba wa kuzindikira, ndipo motero, kudziwa Mlengi wake. Munthu wanzeru ndi amene amagwiritsa ntchito luso lake la nzeru potumikira ndi kupindulitsa anthu pamlingo .wakuthupi, wanzeru, ndi wauzimu

Nyengo yozizira inafika itavala chovala chake chozizira, choyera, chonga duwa
Zokhumba zanga za chisangalalo cha chilimwe zatha
Ndinauzidwa kuti ndifunefune kutentha kwa mtima wanu wachifundo
Ndipo pamene masika anaonekera, akuvina, okongoletsedwa ndi maluwa amitundu yonse
Ndinunkhiza fungo la minda ndi zitunda, ndinauzidwa kuti ndikukondeni, Mulungu wanga
Ndipo chilimwe chinafika, chikuimba nyimbo zake zobiriwira m'masamba ofewa, phokoso la mitengo ya msondodzi, ndi phokoso la mitengo ya paini
Iye anandiuza kuti ndikuuzeni
Ngakhale dothi lofewa komanso lofewa linakhudza mapazi anga othamanga
Ndipo adawapempha kuti afike ku malo anu opatulika omwe alipo onse
Fungo lofewa linandiuza kuti nditsatire njira yake
Ku kachisi wanu woyera mkati mwa maluwa ogwedezeka ndi basil
Ndipo mbalame zinandiuza kuti ndikuimbireni nyimbo ngati iwo
Ndipo mphepo yowomba pamwamba pa mitsinje ndi mitsinje
Ndinadzutsa thovu la chikondi changa pa iwe, ndipo linayamba kuseketsa pamwamba pa chifuwa chako chachikulu
Ndipo ndi ulusi wopindika wa udzu, ndinaphunzira kupindika
Ndikugwadirani, O Ambuye
Ndipo zofukizazo zinandidziwitsanso za fungo labwino la .mafuta anu onunkhira
Ndipo ndingasunge bwanji mtima wanga wodzaza ndi fungo lanu lopatulika pamaso pa mpando wanu wachifumu ?wopanda malire

Ndipo miyala yaying'ono, chete, yoleza mtima inandiuza kuti ndikuoneni ngakhale mwa iwo omwe amayesa kundibera chimwemwe

Zaka zomwe ndinayiwala zinandipempha kuti nditumize uthenga wachikondi kwa anthu anzanga womwe umaperekedwa mu mphindi iliyonse ndi sekondi iliyonse.

Ndipo lingaliro lililonse linandiuza kuti ndikufune mumtima mwake

Chikondi changa chinandilimbikitsa kukonda zonse zomwe zilipo kudzera mwa inu

Ndipo chikondi changa chinandinong'oneza kuti, "Ndikondeni ndi mphamvu zonse zomwe ndili nazo, Mulungu wanga"

Nthawi ina ndinagona pabedi la udzu ndi maluwa ndipo ndinalota kuti chilichonse chomwe chinalipo chinali chokongola komanso chosangalatsa

Mutu wanga unali pa udzu wautali, wobiriwira, komanso wokhuthala, womwe unandipangitsa kuti ndizimva mphepo yokhala ndi fungo labwino.

Kenako ndinakakamizidwa kugwira dzanja langa ndi thupi langa, ndipo ndinadabwa ndi ukulu wa Mlengi wake. Inde, ndinadabwa kuti ine, amene ndikutsimikiza za zenizeni za thupi langa, tsiku lina ndidzalisiya kuti lipumule padziko lapansi thupi ili lomwe lidzakhala lozizira, lotumbululuka, komanso losayenda panthawi ya imfa, pomwe tsopano likuwoneka lodzaza ndi moyo ndipo lili ndi malingaliro ambirimbiri, malingaliro mamiliyoni ambiri, ndi malingaliro mabiliyoni ambiri.

Thupi ili ndi gawo lomwe mitu ya moyo imatseguka, komwe maluwa a kumwetulira amaphuka, kenako kutsatiridwa ndi kubwera kosatha kwa imfa. Pano, pakati pa mnofu, mafupa, ndi magazi, komanso kumbuyo kwa chigoba chokongola cha khungu, mimbulu ya matenda ndi zilombo zokhumba zimabisala. Ndipo pano, pansi pa thupi, pali njira yachinsinsi yopita ku ufumu wa kuwala. Thupi ili lidzafota ndi

kuzimiririka pamene mbuye wake—moyo—adzalisiya mosasinthika. Ndipo bwanji osatero? Pakuti pamene mbuye wowunikira wa malo okhala akuthupi amatopa ndi kukhala m'nyumba yamatope, yosweka ya zinthu, yomangidwa ndi zingwe za mitsempha zomwe zimafuna chisamaliro chosalekeza, amapeza chitonthozo m'nyumba ina m'ngodya ina ya dziko lapansi la Mulungu—m'malo ena okhalapo kwathunthu komwe fungo la chisangalalo limafalikira .kulikonse komanso kosatha

Mzimu wosafa umachita gawo la moyo ndi imfa ndi kumwetulira kosatha, kenako umachoka kupita ku kwawo .kosatha

Kodi owonera mafilimu ayenera kukhalabe mu cinema kwamuyaya seweroli likatha? Ndithudi si anthu ayenera kubwerera kwawo Mofananamo, miyoyo imabwera kuno kudzasangalala ndi sewero la cinema la moyo, kenako n’kuchoka n’kubwerera kachiwiri. Amakonda kuonera mafilimu ndi masewero, ndipo akatopa ndi zisudzo zomwe analota, ndipo aphunzira bwino maphunziro omwe Mulungu akufuna kuti aphunzire, amabwerera kamodzi kokha ku malo .a chisangalalo chosatha

Ngati makhalidwe abwino sakhazikitsidwa pa chilungamo, mipata imatseguka yomwe imatsegula mavuto ndi mavuto. Ngati makhalidwe abwino akhazikitsidwa pa dyera, mikangano yoopsa, ndi mpikisano waukulu, zotsatira zake zidzakhala zodetsedwa chifukwa zolinga zake ndi .zodetsedwa, ndipo ndalama sizidzadalitsidwa pankhaniyi

Munthu ayenera kuyeretsa chikumbumtima chake ku dyera ndipo asayese kudzilemeretsa powononga ena. Kukhutira kwenikweni ndi kwauzimu, osati kwa zinthu zakuthupi, ndipo phindu lenileni m'moyo ndi kukhala ndi .chuma cha nzeru, chidziwitso, ndi chikondi cha Mulungu

Tiyenera kukhala moyo wosalira zambiri ndipo nthawi zonse timayesetsa kuthandiza ena ndikuwongolera momwe

zinthu zilili. Koma cholinga chabwino ichi sichigwirizana ndi .kudzikonda ndi umbombo popanda kuganizira za ena

Anthu amene ali ndi maganizo a dziko lapansi ndi osalinganizika ndipo motero saonedwa kuti ndi opambana. Moyo wosalira zambiri ndi luso lodabwitsa komanso chizindikiro cha kupambana. Anthu amene cholinga chawo chokha ndi kupeza ndalama sadzapeza chisomo kwa .Mulungu

N’zoona kuti Mulungu anatiikira njala kuti tigwire ntchito ndi kusamalira matupi athu, koma kusamalira thupi si cholinga chokha cha moyo. Cholinga chake ndi chachikulu kwambiri kuposa kuganizira zinthu zakuthupi kapena zakuthupi, ngakhale zitakhala zodabwitsa bwanji, .zaulemerero, komanso zokongola bwanji

Mmodzi mwa ophunzira anafunsa Mphunzitsi Paramahansa momwe angadziwire kukhalapo kwa Mulungu. Iye anayankha kuti, "Usiku uliwonse, musanagone, sinkhasinkhani mpaka mutamva kuti chikumbumtima chanu chalowa m'dziko la malingaliro ndikulowa mu gawo lina. Komabe, si zonse izi. Pambuyo potembenuza maganizo anu mkati, chilakolako chiyenera kukwera, ndipo zilakolako ziyenera kuthamanga ngati kusefukira kwa Mulungu. Pamene wophunzirayo adzipereka kwathunthu kwa Mulungu, mwadzidzidzi amamva kuti wakhudza kukhalapo Kwake kodala ndipo wamuzindikira. Adzawona kuwala kwakukulu kowala kwambiri, ndipo angaone angelo ndi miyoyo yabwino. Kapena angamve fungo lokoma lakumwamba, ndipo kenako adzadziwa kuti Mulungu wamuyankha, ndipo nzeru zake zidzatsegulidwa, ndipo Mulungu adzamuwululira zinsinsi za moyo. Kapena angadzazidwe ndi mtendere waukulu panthawi yosinkhasinkha. Ngati apitiriza kusinkhasinkha ndipo Mulungu amupatsa chikondi Chake chachikulu, adzamva chisangalalo chaumulungu chosaneneka. Wodala ndi iye amene wapatsidwa mwayi ".wosangalala uwu

Chikondi cha Mulungu chimatsegula chipata cha kumwamba, chomwe chimalowetsa munthu wofunafunayo .pamaso pa Mulungu

Ngati munthu apempha Mulungu, wachifundo ndi wanzeru, kuti amupatse mkate wa moyo wosatha, sadzamupatsa mwala wa kusadziwa zinthu zakuthupi. Ngati wolambira akufuna chakudya cha nzeru, Mulungu sadzamupatsa njoka yachinyengo. Ngati wolambira apempha Mulungu kuti amupatse chimwemwe cha Mulungu chomwe chimathetsa ludzu lonse, sadzamupatsa chinkhanira cha nkhawa ndi kuvutika maganizo. Ngati anthu onyengedwa amadziwa kupatsa ana awo mphatso zabwino, nanga bwanji Ambuye—gwero la zabwino zonse ndi chimwemwe—adzapereka chidziwitso chauzimu ndi kuunika !kwa iwo amene amamukonda

Mulungu amapereka nzeru zapamwamba kwambiri ndi chidziwitso chachikulu kwa iwo amene amazifunafuna, ndipo amadzipereka kwa wofunafuna moona mtima amene salandira cholowa m'malo. Iye amene amafunafuna Mulungu ndi mtima wake wonse ndi moyo wake wonse ndiye wanzeru kwambiri kuposa onse, komanso munthu wokondedwa kwambiri kwa Mulungu. Ndipo chilakolako cha wolambira chikakula, amalandira yankho losowa komanso lokondedwa kuchokera kwa Mulungu ndipo amamva chisangalalo chapadera cha chikondi chomwe chimachitikira anthu .okonda Wokondedwayo

Munthu wanzeru amene amachita gawo lake mu maloto a chilengedwe chonsechi ndi chidziwitso chauzimu ndi chikhumbo chowonjezeka chaumulungu ali pafupi ndi Mulungu ndipo ndi wokondedwa kwa Iye. Ali ndi chikondi chenicheni ndipo amakonda Mulungu popanda zolinga zadyera komanso popanda zinthu zina, monga kunena, mwachitsanzo, "O Ambuye, ndidzakulambirani pokhapokha ".mutandipatsa thanzi labwino, ndalama, ndi moyo wabwino

Pakati pa anzeru ndi Mulungu pali chikondi chakuya, chogwirizana chomwe chilibe malire komanso chosatha Ngati wina apempha Mulungu chinthu china chake, Mulungu amadziwa bwino kuti munthuyo ali ndi chidwi kwambiri ndi .mphatso zake kuposa Iye

Sikolakwika kuti munthu apemphere kuti zosowa zake zikwaniritsidwe, koma akapempha kuti adziwe Mulungu ndikuona kuwala kwa nkhope Yake yaulemerero, sayenera kulakalaka phindu lililonse kuchokera pamenepo, kapena malingaliro awo sayenera kungokhala pa mphatso zokha, koma m'malo mwake kwa Wopereka Iyemwini. Wofunafunayo akatha kuchita izi moona mtima, adzalandira mphatso zina zonse kuchokera ku gwero la kuwolowa manja .ndi nyanja ya madalitso

Mmodzi mwa ophunzirawo anafunsa mphunzitsi Paramahansa kuti amupatse upangiri wa momwe angakhalire pazochitika zina ndi momwe angachitire ndi ena, :ndipo iye anati

Tsatirani choonadi ndipo musachipatuke, ndipo pewani kunena chilichonse chomwe chingakupwetekeni kapena kuvulazani ena, ngakhale chitakhala choona , bola ngati simukuchoka mu mzimu wa choonadi. Komabe, simuyenera kuchita zinthu mopitirira muyeso ndikuyamba kunama kuti .mupewe kunena zoona zopweteka

Khalani oona mtima kwa inu nokha ndi ena popanda kuganizira kwambiri zosafunikira. Lankhulani zoona ndipo pewani kunena zinthu zomwe zingapweteke kapena kuvulaza aliyense. Musaulule zinsinsi zanu zonse m'dzina la kuona mtima ndi kuwonekera poyera, chifukwa ngati muulula zofooka zanu, adzayesa kukupwetekani kapena kukusekani nthawi iliyonse akafuna. N'chifukwa chiyani muwapatse chida chomwe angagwiritse ntchito polimbana ?nanu

Lankhulani ndi kuchita zinthu m'njira yomwe imabweretsa chimwemwe ndi mtendere kwa inu nokha ndi ena

Ndikofunikira kukhala ndi kuzindikira kwauzimu kuti mudziwe kusiyana pakati pa chowonadi chomwe chimabweretsa zabwino ndi kubwereza mfundo popanda kuganizira zotsatira zake, chifukwa zinthu zimaweruzidwa malinga ndi mapeto ake. Sikoyenera kunena chilichonse chomwe mukudziwa, komanso sikoyenera kuzemba ndi kubisa nkhani zomwe ena ayenera kudziwa kuti ziwathandize.

Ngati mulibe kuzindikira kwathunthu, ndi bwino kukhala chete polankhula mpaka mutamvetsetsa bwino chowonadi ndi zotsatira zabwino kwa onse.

Pitirizani kuganizira za Mulungu ndikupempha thandizo ndi chitsogozo Chake, ndipo luntha lanu lidzatsegulidwa kuti muwone zinthu bwino ndipo mudzatha kusiyanitsa bwino.

Kupatsa maselo a thupi mphamvu ya unyamata

Mphamvu ya chilengedwe imalowa m'thupi nthawi zonse komanso popanda kusokonezedwa, koma anthu ambiri sadziwa za mphamvu zambirizi. Anthu amene amamva mphamvuyi amakumana ndi mphamvu zambiri m'maselo awo komanso mphamvu yotsitsimula yomwe imawapatsa mphamvu zatsopano.

Chilengedwe chonse chimagwadira Ambuye wa Chilengedwe Chonse pomulemekeza, ndipo mphamvu Yake imadutsa mu anthu. Vuto lili m'kulephera kukulitsa mgwirizano wamphamvu pakati pa anthu ndi gwero la mphamvu zonse. Timakhala ndi moyo mwachindunji ndi mphamvu ya Mulungu, ndipo mphamvu zina zonse sizigwira ntchito popanda mphamvu ya Mulungu yochirikiza.

Chakudya, mpweya, ndi kuwala kwa dzuwa—zinthu zimenezi zingatipatse thanzi labwino, koma tiyenera kumvetsetsa momwe tingapezere thanzi lathunthu kuchokera ku magwero a Infinite Source Material ali ngati

mabatire ang'onoang'ono omwe pamapeto pake amatha mphamvu, pomwe Infinite Source ndi jenereta yamphamvu yomwe mphamvu zake sizimachepa, zomwe zimapatsa moyo mphamvu, chimwemwe, ndi mphamvu nthawi zonse. Chifukwa chake, ndikofunikira kwambiri kudalira Infinite .Source momwe tingathere

Munthu amene akufuna ayenera kuphunzira njira yoyenera yopindulira ndi chakudya chofunikiracho kuchokera ku gwero lake, ndipo ayenera kuzindikira kuti lingaliro ndi lenileni, chifukwa zochitika zonse zachilengedwe ndi chitsanzo cha lingaliro laumulungu chifukwa Mulungu .anaganiza za dziko lapansi asanalilenge

Ambiri amakhulupirira kuti lingaliro ndi chipatso cha thupi, koma kapangidwe ka thupi kolondola kwambiri, ndi mgwirizano wodabwitsa pakati pa ziwalo zake ndi ziwalo zake, zimasonyeza bwino kuti thupi ndi lopangidwa ndi .maganizo apamwamba kwambiri a chilengedwe chonse

Maganizo ndiye chinthu chachikulu chomwe chimalamulira thupi, ndipo ndikofunikira kwambiri kuti munthu apewe malingaliro amisala okhudza zofooka za anthu monga matenda, kufooka, ukalamba, ndi kukhumudwa, ndikudzitsimikizira kuti ntchito yosatha imayenda mwa iye, ndipo ntchito imeneyi ili ndi nzeru ndipo imatha kupatsa maselo a thupi thanzi labwino komanso .mphamvu za unyamata

Lingaliro ndi ubongo, malingaliro, ndi zomverera za selo lililonse lamoyo; lili ndi mphamvu yosunga thupi kukhala logwira ntchito komanso latcheru kapena lofooka komanso lofooka Lingaliro ndi mbuye, ndipo maselo a thupi ndi omwe ali pansi pake, akumvera malamulo ndi zoletsa za mbuye wawo wamkulu: lingaliro

Timasamala kwambiri za mtundu wa chakudya chomwe timadya tsiku ndi tsiku, ndipo mofananamo tiyeneranso kusamala za mtundu wa chakudya chanzeru ndi

chamaganizo chomwe timapatsa maganizo athu tsiku .lililonse

Katswiri wa sayansi ya zinthu zamoyo akunena kuti thupi si mafunde amagetsi koma mafunde a chidziwitso .choyandama m'nyanja ya chidziwitso chaumulungu

Tsiku lililonse tiyenera kulimbitsa mphamvu zathu zakuthupi, kuwonjezera mphamvu zathu zamaganizo, ndikudzidziwa bwino ife eni ake kudzera mu kusinkhasinkha, kuganiza bwino, ndi ntchito yabwino komanso yopindulitsa .yomwe imapindulitsa thupi, malingaliro, ndi mzimu pamodzi

Mulungu wandidalitsa ndi chisangalalo m'zaka zonsezi za moyo wanga Kaya anthu akuona kumwetulira kwa chisangalalo pankhope panga kapena ayi, chisangalalo cha Mulungu chili nane nthawi zonse ndipo sichindisiya. Mtsinje waukulu wa chisangalalo umayenda mosalekeza pansi pa mchenga wa chidziwitso changa ndipo umatuluka ngati .akasupe odalitsika omwe amathirira minda ya moyo wanga

Zovuta zadzidzidzi za moyo sizingasokoneze mtendere wanga, kapena chiyembekezo cha imfa sichingandichotsere .chimwemwe chauzimu chomwe ndikumva

Zinali zovuta kuti mkhalidwe umenewo ukhale wokhazikika komanso wosasinthika, koma zipatso za mzimu zomwe ndimasangalala nazo tsopano ndikugawana ndi ena .zinali zoyenera khama langa lonse

Ndimaganiza ndi kuchita zinthu motsogozedwa ndi mzimu wa Mulungu. Ndalama sizinakhale cholinga changa m'moyo, koma m'malo mwake kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu wanditsegulira zitseko zambiri zabwino kuti ndidzichirikize ndikukwaniritsa ntchito yanga. Ndipo nthawi iliyonse ndikafuna thandizo, .Mulungu amapereka nthawi yomweyo

Chikhumbo changa chokha ndicho kukutumikirani, ndipo ndicho chifukwa chake ndili pano

Mphamvu ya Mulungu ikugwiranso ntchito m'miyoyo yanu. Mudzaona choonadi ichi nokha chikhulupiriro chanu

chikalimbikitsidwa ndipo mudzazindikira kuti chuma chenicheni sichimachokera ku kupambana kwa zinthu .zakuthupi koma kwa Wamphamvuyonse

Ngakhale moyo umawoneka wosayembekezereka, wosasinthika, komanso wachinsinsi, wodzaza ndi kukayikira komanso mitundu yonse ya mavuto ndi zovuta, timakhalabe pansi pa chitetezo cha Mulungu nthawi zonse. Sitiyenera kukokomeza zinthu kapena kutaya bata lathu poyang'anizana ndi zochitika, chifukwa ngati tilola mantha kutigonjetsa, timapereka mphamvu ku choipa ndikukulitsa mizu yake, yomwe imakula ndikukula m'nthaka ya mantha .ndi nkhawa

Sitiyenera kuyembekezera kupeza chimwemwe ndi mtendere wosatha m'mayesero a moyo; m'malo mwake, tiyenera kuzifunafuna ndi kuzipeza mkati mwathu. Kenako, zilizonse zomwe timakumana nazo, tidzazithana nazo monga momwe timaonera zomwe wina wakumana nazo mufilimu, .kaya zosangalatsa kapena zopweteka

Munthu akhoza kusintha zonse zomwe anakumana nazo kukhala mayesero opweteka komanso osasangalatsa ngati alola maganizo ake kutero. Angakhale ndi thanzi labwino koma osazindikira kufunika kwake. Koma ngati adwala, adzadzichepetsa ndi kuyamikira madalitso a moyo wabwino. Tiyenera kuvomereza chisomo cha Mulungu ndikumuyamika chifukwa cha madalitso omwe watipatsa popanda kudikira kuti mavuto atipangitse kuyamikira ndi kuzindikira chisomo .chake

Moyo uyenera kukhala wosakanikirana ndi kusinkhasinkha ndi kuchitapo kanthu Munthu akataya kulinganiza bwino maganizo ake, amakhala pachiwopsezo cha nkhawa, mitambo ya chisoni, ndi ululu. Ndipo ngati ayesa kuswa malamulo a thanzi, chitukuko, ndi nzeru, .mosakayikira adzavutika ndi matenda, umphawi, ndi umbuli

Tiyenera kusunga zolinga zathu kukhala zoyera, zolinga zathu zikhale zoyera, ndikuchita zinthu m'njira yomwe

imatibweretsera mtendere wamumtima, osalola kuti zinthu za m'moyo zisokoneze mtendere wathu ndikuwononga .chimwemwe chathu

Komanso limbitsani nzeru zathu ndikukana katundu wa kufooka kwa nzeru ndi makhalidwe abwino komwe kwachokera kwa zaka zambiri. Zonyansa izi ziyenera kutenthedwa ndi moto wa kutsimikiza mtima kwatsopano ndi kuchitapo kanthu kopindulitsa Ndi njira yomangayi, munthu wodziperekadi akhoza kufika pamlingo wa kumasulidwa ndi .ufulu

Malamulo osatha a chisangalalo

Ankanena kuti m'nthawi ya golide ya mmodzi mwa olamulira olungama a ku India, palibe chochitika, imfa isanakwane, kapena masoka achilengedwe omwe adasokoneza mtendere ndi mgwirizano wathunthu wa ufumu .wake

Pamene achibale akukhala ndi umphumphu waukulu, banja lililonse lidzakhala ndi mgwirizano, thanzi labwino, ndi chikondi chochuluka. Koma pamene achibale akuchitirana dyera loipa, banja lidzadzaza ndi kusamvana ndi chidani. Izi zikugwiranso ntchito kwa mitundu. Anthu akakhala ndi umphumphu ndi umphumphu, adzaona Ufumu wa Mulungu .padziko lapansi

Nthawi ndi yochepa Lero tili pano, mawa tidzachoka Kufunafuna Mulungu ndi mwayi wapamwamba kwambiri wa anthu. Tiyenera kugwiritsa ntchito bwino ufulu umene Mulungu watipatsa m'moyo uno ndi kuugwiritsa ntchito .mwanzeru kuti tithe kuona choonadi chauzimu chosatha

Uchimo ndi chilichonse chomwe chimayambitsa ululu ndi kuvutika kwa munthu. Ubwino ndi umene umamupangitsa kukhala wosangalala kwamuyaya. Ngati munthu alibe mgwirizano wauzimu m'maganizo mwake ndi mtendere mkati mwake, nyumba yatsopano, galimoto yatsopano, kapena china chilichonse chatsopano sichingathe kubweretsa chimwemwe ndi bata ku moyo wake; m'malo

mwake, kuzunzika kwawo kwamkati kudzakhalabe ngakhale .atapeza zinthu zatsopanozo ndi zina zambiri

Chimwemwe chenicheni chili mu kuthekera kokana zochitika ndi kupirira mayesero onse akunja. Chimapezeka pamene mungathe kupirira ululu wowawa ndi mavuto ovuta omwe amayamba chifukwa cha tsankho ndi kuyesera kwa ena kukuvulazani ndi kukuikani m'misampha, ndipo mumayankha zolakwa zawo mwachikondi ndi kukhululukira. Mukatha kusunga mtendere wanu wa mumtima ngakhale mutakumana ndi zowawa za zochitika zakunja, ndiye kuti .mudzalawa chimwemwe

Malemba Opatulika amanena kuti iwo amene amanyalanyaza malamulo a Mulungu ndikutsatira zilakolako zawo zopusa ndi zokhumba zawo sadzapeza chimwemwe kapena kukwaniritsa cholinga chawo chachikulu. Amalimbikitsa wofunafuna choonadi kuti apange Malemba Oyera kukhala kuwala kwawo kowatsogolera ndi woweruza posankha zomwe ziyenera kuchitika ndi zomwe ziyenera kupewedwa, ndi kuzindikira zinthu ndikuchita zinthu .motsatira nzeru

Anthu odzidalira ndi omwe amachita zinthu mwachilungamo. Chimwemwe chimachokera ku malingaliro oyera ndi zochita zolungama. Ngati muli osangalala tsopano, mudzakhala osangalala mtsogolo, pano komanso m'dziko .lotsatira

Tiyenera kusonkhanitsa zokolola zabwino mwa kusonkhanitsa zipatso za nzeru pamene dzuwa la mwayi womwe ulipo likuwalira. Mwa kuyankhula kwina, tiyenera .kugwiritsa ntchito mwayi nthawi isanathe

ngati Gwiritsani ntchito mwayiwu, chifukwa) (simugwiritsa ntchito mwayiwu, udzakhala wokhumudwitsa

Mulungu watipatsa malamulo auzimu otchedwa malamulo Koma malamulo awa amanyalanyazidwa ndipo amaswedwa tsiku lililonse komanso kulikonse Pokhapokha anthu atamvetsa tanthauzo lake lauzimu, nthawi zonse

amadandaula za iwo ndikuwasiya Malamulo awa ndi malamulo osatha omwe amavomerezedwa ndi zipembedzo zonse za Abrahamu Komabe, malembawa nthawi zambiri amalephera kufotokoza mbali zamaganizo za malamulo awa ndi ubwino wotsatira malamulowa Anthu amalandira malamulo awa m'malo olambirira koma amalephera kuwatsatira kunja kwa iwo, zomwe zimatsimikizira izi ponena kuti malamulo awa ndi osagwira ntchito, osamveka, komanso osagwirizana ndi nthawi Komabe, kuphwanya malamulo awa ndiye chifukwa chachikulu cha mavuto onse padziko lapansi

Koma kodi ubwino wa malamulo amenewo ndi wotani ?ndipo ubwino wake uli kuti

Mabuku opatulika amalangiza munthu kuganizira za Mulungu, kumiza maganizo ake mwa Iye, kupereka zinthu zonse kwa Iye, ndi kumulambira Iye ndi kulambira koona mtima, kosasakaniza chinyengo komanso kopanda banga la .chinyengo

Kudziwa Mulungu kuyenera kukhala cholinga chachikulu cha moyo Ntchito za dziko lapansi sizingakwaniritsidwe popanda mphamvu imene Mulungu wapereka kwa anthu Kuchita ntchito wamba uku ukuiwala Mulungu ndi kulakwitsa komanso tchimo

Uchimo umatanthauza kusadziwa: kuchita zinthu mosiyana ndi ubwino waukulu wa munthu

N’chifukwa chiyani anthu amamva chisoni ndi chisoni?

Chifukwa chakuti sanachite zinthu moona mtima chifukwa .Mulungu sanali woyamba m’mitima yawo

Palibe chilichonse m'moyo wa munthu chomwe chiyenera kuonedwa kuti n'chofunika kwambiri kuposa Mulungu. Ngati munthu amasamaladi za Mulungu ndikukwaniritsa udindo wake wauzimu kwa Iye, zinthu zidzasintha m'njira iliyonse, ndipo adzamva kuti ndi .otetezeka ngakhale zinthu zitavuta bwanji

Munthu akangoyamba kulambira chuma, ndalama, kutchuka, kapena china chilichonse kupatula Mulungu, chimwemwe chimakhala chawo. Anthu amene amaika maganizo awo onse pa zinthu zimenezi kwenikweni amalambira zimenezo, ndipo chifukwa chake sayandikira kwa Mulungu koma m'malo mwake amachoka kwa Iye. Koma anthu amene amaganizira za Mulungu, amaganizira za Iye, ndi kulankhulana naye mumtima mwawo amayandikira kwa Iye ndipo amasangalala mumtima mwawo mukulankhulana .naye chete

Mulungu yekha ndiye angathe kukwaniritsa maloto a anthu ndi ziyembekezo za chimwemwe chosatha. Chifukwa chake, palibe chomwe chiyenera kuloledwa kutenga malo a .Mulungu mumtima

Pali zizindikiro zopatulika zomwe zingathandize wofunafuna kukumbukira Mulungu ndi kuyandikira kwa Iye. Komabe, ngati munthu ayamba kulambira zizindikiro zimenezi, kuvulala kwake kudzaposa ubwino wake. Kulambira kuyenera kuperekedwa kwa Mulungu yekha, .chifukwa palibe china chilichonse choyenera kulambiridwa

Kaya kulambira kotsatira miyambo kuli kotani, Mulungu amavomereza bola ngati wolambirayo akuchita zimenezi ndi chidziwitso chauzimu komanso kufunitsitsa Iye. Komabe, anthu ambiri samvetsa tanthauzo la kulambira, ndipo maganizo ndi mitima yawo imachoka kwa Mulungu kupita ku .miyambo, motero sapindula kwambiri ndi kulambira kwawo

Olambira oona salola kuti chidziwitso chawo chikhale chokhazikika pa chifaniziro kapena mawonekedwe aliwonse, koma amaika chidwi chawo chachikulu ndi chidwi chawo chonse pa mzimu waumulungu womwe uli kumbuyo kwa .zithunzi ndi mawonekedwe onse

Mulungu ndi wokwanira komanso wopanda malire, ndipo palibe chifaniziro kapena chifaniziro chomwe chingamulowemo

Tinganene kuti Mulungu amadziwonetsera mwa aliyense amene amamukonda moona mtima ndipo ali mogwirizana ndi Iye, chifukwa Iye alipo paliponse ndipo motero alipo mwa aliyense Komabe, si aliyense amene ali ndi mphamvu zowonetsera kukhalapo kwa Mulungu. Dzuwa limawala mofanana pa malasha ndi diamondi, koma diamondi imalandira ndi kuwonetsa kuwala kwa dzuwa, pomwe malasha sangathe Mofananamo, anthu onse amamizidwa mu kuwala kwa Mulungu, koma ochepa okha ndi omwe amatha kulandira kuwalako ndikukuwonetsa m'maganizo ndi zochita zawo. Kuti achite izi, ayenera kudziyeretsa okha kudzera mu kusinkhasinkha komanso kutsatira ziphunzitso .ndi malamulo a Mulungu

Tikamatchula dzina la Mulungu, tiyenera kudziwa bwino zomwe tikunena. Ngati mutaona maganizo a anthu panthawi yopemphera, mungapeze kuti ambiri akuganiza chilichonse kupatula Mulungu, ngakhale kuti akulankhula dzina Lake! Pemphero lotere ndi lopanda phindu komanso lopanda .phindu

Tikamapemphera, tiyenera kuyesetsa kuyang'ana kwambiri Mulungu, osati kungobwerezabwereza dzina Lake lodala pamene tikulola maganizo athu kuyendayenda. M'modzi mwa azakhali anga ankakonda kupemphera mapemphero awo pa mikanda yopempherera, yomwe nthawi zambiri sankatha kuwapeza. Koma tsiku lina anandiuza kuti ngakhale kuti ankachita chizolowezi chopempherachi kwa zaka makumi anayi, Mulungu sanayankhe mapemphero ake. N'zosadabwitsa! ."Mapemphero" ake anali chizolowezi chodetsa nkhawa

Tikamapemphera, sitiyenera kuganizira china chilichonse koma Mulungu yekha. Tiyenera kuyesetsa kukhala oona mtima polambira ndi kudzipereka popemphera. Kugwiritsa ntchito mikanda yopempherera ndi kutchula dzina la Mulungu nthawi zonse n'kovomerezeka bwino ngati chizolowezicho chimachokera mumtima ndipo

chimathandizidwa ndi kuwona mtima ndi malingaliro olunjika. Komabe, chizolowezichi chikhoza kukhala chokha .pakapita nthawi

Tiyenera kunong'oneza dzina la Mulungu m'mitima mwathu, pa rozari ya kulakalaka ndi chikondi chaumulungu; uku ndi kulambira koona komwe kumakhudza mtima wa Mulungu. Kutchula dzina la Mulungu mozizira komanso mopanda ulemu ndi mwano komanso kusalemekeza. Munthu akamapemphera, mtima wake ndi maganizo ake ziyenera kudzazidwa ndi chikondi cha Mulungu. Kuchita masewera olimbitsa thupi a yoga kumatithandiza kuyandikira kwa Mulungu, gwero lalikulu la ulemerero ndi ulemerero, .komanso kumatithandiza kuganizira ndi kulankhulana naye

Ndikofunikira kupatula tsiku limodzi pa sabata kuti mupumule mwauzimu (ngati n'kotheka) kuti muganizire za Mulungu ndikukhala ndi mtendere wamumtima. Nthawi yogwiritsidwa ntchito mwanjira imeneyi idzakhala mankhwala otonthoza mavuto ndi nkhawa zomwe .mumakumana nazo mkati mwa sabata yonse

Aliyense amafunika kukhala tsiku limodzi sabata iliyonse ali payekha kapena "kupumula mwauzimu" kuti achiritse mabala ndi ululu wawo wamaganizo Pamene tsiku limenelo lidzakhala la mtendere, chisangalalo, ndi kukhutira, .mudzaliyembekezera mwachidwi sabata ndi sabata

Kukhala wekha ndiye mtengo wa ukulu Mudzadabwa ndi zotsatira zabwino zomwe zidzapezeke m'maganizo mwanu, thupi lanu, ndi moyo wanu kudzera mu kubwerera kwauzimu kumeneku ndi kulumikizana ndi mzimu wanu komanso ndi Mulungu. Ngati mukufuna kukhala ndi chimwemwe chenicheni, muyenera kudzimiza mu nyanja yamtendere wa Mulungu m'mawa kwambiri mukadzuka, komanso .musanagone usiku

Anzeru aku India amalangiza osati tsiku limodzi lokha lokha lokha lokha lokhala paokha, komanso amagogomezera kufunika kosinkhasinkha mwakachetechete nthawi zinayi

tsiku lililonse. M'bandakucha, asanadzuke ndi kuonana ndi aliyense, munthu ayenera kusangalala ndi bata ndi mtendere. Masana, munthu ayenera kutonthoza maganizo ake asanadye nkhomaliro, ndikusangalalanso ndi nthawi yamtendere asanadye chakudya chamadzulo. Pomaliza, asanagone usiku, munthu ayenera kulowa mumtendere .kachiwiri

Anthu amene amasunga chete mosamala akakhala okha komanso nthawi zonse zinayi izi za tsiku ndi tsiku adzamva kuti ali paubwenzi ndi Mulungu. Anthu amene sangathe kusunga nthawi zonsezi ayenera kuthera maola osachepera a m'mawa ndi madzulo. Pochita zimenezi, miyoyo yawo idzasinthidwa kukhala yabwino, ndipo adzakhala ndi chimwemwe; zomwe akumana nazo ndiye umboni wabwino .kwambiri

Ngati mupitiriza kulemba ndi kusaina macheke popanda kuyika ndalama zokwanira kubweza akaunti yanu ya banki, ndalama zanu zidzatha. Chimodzimodzinso ndi moyo wanu. Popanda kusunga mtendere nthawi zonse mu akaunti yanu ya moyo, mphamvu zanu zidzatha, mtendere wanu udzatha, ndipo chimwemwe chanu chidzatha. Mwachidule, pamapeto pake mudzavutika ndi mavuto amaganizo, amaganizo, akuthupi, komanso auzimu. Koma kusinkhasinkha mozama tsiku ndi tsiku pa Mulungu kudzakwaniritsa zofooka zomwe .zili mu moyo wanu

Wofunafuna Mulungu wodzipereka amasinkhasinkha tsiku ndi tsiku, kulankhulana ndi Mulungu ndi chikondi chonse ndi chikhumbo chonse mumtima mwake, kumupempha kuti adziwulule yekha Ngati ndinu wokonda Mulungu ndipo mukufunitsitsa kuona kukhalapo Kwake, muyenera kumiza maganizo ndi thupi lanu mu mtendere Wake, ndipo moyo wanu udzakusangalatsani, ndipo zinthu zanu zidzayenda bwino m'njira zambiri. Munthu wodekha nthawi zambiri salakwitsa ndipo amapambana pamene .anthu ambiri amalephera

Iwo amene saganizira za Mulungu kapena kumusamalira amakhala okhumudwa komanso omvetsa chisoni. Amakwiya .msanga ndipo amakhala makina oyendera

Dzuwa la nzeru ndi mtendere lidzatuluka mumlengalenga wa bata ndipo lidzaphimba moyo wanu ndi kuwala kwake kochiritsa bola ngati muchita khama lauzimu .ndikupereka malo oyamba kwa Mulungu mumtima mwanu

Tsiku losinkhasinkha liyeneranso kukhala tsiku lopumula m'maganizo ndi mwakuthupi komanso kulimbikitsa mtendere wamumtima. Ntchito iliyonse yomwe imabweretsa .nzeru ndi mtendere ndi ntchito yodalitsidwa patsikulo

Ponena za kulemekeza makolo, mabuku opatulika amalimbikitsa kuwachitira zabwino: “Lemekeza atate wako ”ndi amako” ndi “Khalani okoma mtima kwa makolo

Abambo ndi amayi aumunthu ayenera kulemekezedwa monga oimira Mulungu, amene anawapatsa mphatso yolenga anthu. Mayi ndiye chitsanzo cha chikondi choyera cha Mulungu, chifukwa mayi wachikondi amakhululukira kulikonse komwe wina sangachite. Atate ndiye chisonyezero .cha nzeru ndi chitetezo cha Mulungu kwa ana ake

Munthu sayenera kukonda abambo ake ndi amayi ake kupatula Mulungu, koma monga chisonyezero cha chikondi chimenecho. Mtetezi ndi wanzeru. Mzimu wapamwamba waumulungu umakhala bambo ndi mayi kuti athandize mwana, chifukwa chake uyenera kulemekezedwa mwa .makolo

Malemba amatilangizanso kuti tisaphe chifukwa cha kupha, chifukwa munthu amakhala wakupha. Munthu sayenera kupha munthu wina mumphindi yachisoni. Komabe, ngati okondedwa ake akuopsezedwa, munthu ayenera kumenyana kuti ateteze anthu omwe Mulungu wawapatsa, chifukwa ndi udindo wopatulika kuteteza banja .lake ndi dziko lake

Ponena za lamulo loletsa chigololo, cholinga chabwino kwambiri cha kugonana chiyenera kukhala kubereka ana

olengedwa m'chifaniziro cha Mulungu ndi kusonyeza chikondi choyera chomwe okwatirana amamva omwe amaona Mulungu mwa wina ndi mnzake. Anthu omwe amakhala ndi moyo wokhawokha, osaganizira za chikondi chenicheni kapena cholinga chapamwamba chomwe chilakolako chogonana chinapangidwira, amachita chigololo motsatira lamulo ili. Pankhaniyi, sasiyana ndi nyama zomwe zimakhutiritsa chilakolako chawo chogonana kenako n’kupita .patsogolo

Mulungu adalenga chilakolako cholenga ichi mwa amuna ndi akazi kuti abereke ndi kusonyeza chikondi chenicheni m'banja, ndipo sichiyenera kugwiritsidwa ntchito molakwika mwanjira ina, koma m'malo mwake chisandulike .kukhala ntchito yopatulika ndi chidziwitso

Ngati mungathe kulamulira ndikugawa mphamvu zogonana mkati mwanu, mudzatha kukulitsa luso lamphamvu la maganizo polemba, kujambula, kapena .kuwulula maluso obisika m'njira zina zambiri

Ndipo mukadzatha kulamulira ndikusintha zochita zanu zauzimu, mudzakhala ndi mtendere waukulu, chikondi .chachikulu, ndi chimwemwe chauzimu chowonjezeka

Oyera mtima ndi atsogoleri auzimu omwe asintha machitidwe awo ogonana mwauzimu ndi zimphona zomwe zimatha kuchita zodabwitsa komanso zodabwitsa padziko .lapansi komanso pofunafuna choonadi mopanda nzeru

Motero, kugwiritsa ntchito kwambiri chilakolako chogonana ndiko kukweza mphamvu zake, kutanthauza kuti, kupititsa mphamvu zake ku cholinga chapamwamba kuti awonetse nzeru, malingaliro apamwamba, ndi malingaliro auzimu Munthu sayenera kusangalala ndi malingaliro ogonana kapena kulakalaka zomwe siziloledwa Munthu akadziletsa mwanjira imeneyi, adzakhala ndi malingaliro .abwino pa kugonana ndi cholinga chake chapamwamba

Kukhala kapolo wa nkhani zogonana kumatanthauza kutaya thanzi, kudziletsa, ndi mtendere wamumtima, ndipo

mwachidule, zinthu zonse zomwe zimapangitsa munthu kukhala ndi chimwemwe

Mabuku opatulika amatilimbikitsanso kuti tisabe Ngati gulu la anthu chikwi likanaberana, aliyense adzakhala ndi adani 999 Chifukwa chake, munthu sayenera kuphwanya ufulu wa ena, kapena kulanda malo awo, mtendere, chikondi, ulemu, kapena chilichonse mwa zinthu zawo zakuthupi kapena zauzimu. Ngati simukufuna kutenga zomwe si zanu, zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu. Kuba kumayambira m'maganizo mwa munthu akayamba kudera ena nsanje. Mbewu za zilakolako zoipa ziyenera kuchotsedwa m'maganizo. Kukoma mtima kwauzimu ndi njira. Kenako, munthu amakoka zinthu zambiri, ndipo madalitso adzabwera kwa iye kuchokera ku magwero omwe amadziwa komanso omwe sadziwa. Ndi lamulo la Mulungu losalephera. Ponena za akuba ndi anthu odzikonda, amakhala moyo wawo wonse akufunafuna zinthu zakuthupi, maso awo nthawi zonse pa zomwe ena ali nazo, .ngakhale ndalama zawo zitadzaza ndi golide

Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe

Chimwemwe chimabwera pokhapokha ngati munthu akugwirizana ndi ena. Chimachitika munthu akamamva zosowa za ena ngati kuti ndi zake ndipo amagwirira ntchito .ena monga momwe amagwirira ntchito yekha

Lamulo lina lofunika ndi kupewa kupereka umboni wabodza Kuvulaza aliyense mwa kupotoza chowonadi ndi njira ina yowonongera mgwirizano wa anthu Ngati munthu akufuna kuchitiridwa bwino, ayenera kuchitira ena moyenera

Chowonadi chiyenera kunenedwa nthawi zonse, koma payenera kukhala kusiyana pakati pa kunena zoona ndi kungonena zoona. Kutchula munthu ngati wolumala kapena wakhungu n'kopweteka komanso kosathandiza; munthu ayenera kuganizira za malingaliro a ena ndikupewa kuwachititsa manyazi. Mofananamo, kuulula chowonadi

chomwe chingapereke munthu popanda cholinga chabwino n'kolakwika. Kumbali ina, munthu sayenera kunama kuti apewe kunena zoona; m'malo mwake, munthu akhoza kukhala chete pazochitika zina kuti apewe kuchititsa .manyazi kapena kuvulaza ena

Munthu ayenera kusamala ndi nsanje, matenda oopsa omwe amaluma mtendere wa moyo Munthu akamalakalaka kwambiri zinthu za ena, amakhala ndi chisoni chachikulu komanso mavuto ambiri. Munthu wansanje amakhala ndi moyo wovuta, osadziwa kukoma kwa mtendere. Ndi bwino kuti adzilemekeze, adzidalire, komanso afune chuma .chauzimu chamkati

Ulemu wa munthu ndi kufunika kwake kwa mkati n’zoposa chilichonse chimene angafune kapena chimene akufuna kukhala nacho. Mulungu amaonekera mwa munthu aliyense m’njira imene sionekera mwa munthu wina aliyense. Nkhope yawo ndi yosiyana ndi ya munthu wina aliyense, ndipo moyo wawo ndi wosiyana ndi wa munthu wina aliyense, chifukwa mkati mwawo muli chuma chachikulu kwambiri cha chilengedwe chonse—ndipo chuma .chachikulu chimenecho ndi Mulungu

Sitikuvutika ndi zakale

Munthu akakhala ndi chikhulupiriro choyenera ndikuchita zinthu moyenera, amakhala wosangalala kuposa anthu opanda chikhulupiriro ndipo sachita ntchito zawo .pankhondo ya moyo

Chikhulupiriro cholimba ndi zochita zolungama (zothandizidwa ndi zolinga zabwino ndi zolinga zabwino) nthawi zonse zimapezeka kulikonse komwe kuli chimwemwe, ndipo zimatayika kulikonse komwe kulibe chimwemwe Kuchokera pa izi, tingathe kunena kuti ndi zinthu ziwiri zofunika kwambiri kuti munthu akhale ndi chimwemwe, zomwe sizingapezeke popanda izo. Amene akufuna chimwemwe amafunika kukhala ndi zinthu ziwiri .zofunika kwambiri izi, zomwe ndi maziko ake ndi mizati

Anthu sangathe kulamulira—pakufuna kwawo—zigawo zopanda malire za chilengedwe chonse, komanso sangathe kuzisintha kapena kuzichotsa Zigawozi zimalukidwa mozama ndi kapangidwe ka moyo wa munthu, ndipo anthu sangathe kugwira ntchito padera ndi iwo Komabe, amatha kulamulira maganizo awo kuti agwirizane ndi zigawozi

Musamuvulaze

Makolo athu anali osangalala kuposa ife osati chifukwa chakuti anali ndi zinthu zambiri za dziko lapansi ndi zosangalatsa kuposa ifeyo panopa, kapena chifukwa chakuti sanali ndi mavuto ambiri a moyo, koma chifukwa chakuti anali ndi maganizo abwino omwe ankawapatsa chitonthozo, .mtendere, kukhutira, komanso chimwemwe mwachidule

Sanadalire zinthu zakunja kuti akhale ndi chimwemwe, komanso sanagonjere zinthu zakunja zomwe zikanawalanda chimwemwecho. Malingaliro awo a chitonthozo, mtendere, chimwemwe, ndi kukhutira anali achibadwa, abwinobwino, athanzi, komanso okhalitsa. Ifenso tiyenera kukulitsa malingaliro amenewa ngati tikufuna kukhala ndi chimwemwe. Ndipo ndani pakati pathu amene safuna ?kukhala nacho

Tsogolo ndi zotsatira za kugwiritsa ntchito ufulu wosankha wakale kapena ufulu wosankha. Kudzera mu machitidwe athu akale a ufulu wosankha, tabweretsa ndipo tikupitiriza kudzibweretsera tsoka ndi tsogolo. Komabe, sitili omangidwa ndi zakale, komanso sitikukakamizidwa kwamuyaya ndi zotsatira za zochita zathu. Tikhoza kugwetsa zomwe tabzala ndikuchotsa zomwe talemba ngati tikufuna ndikuyesetsa kukonza njira yathu ndikukweza ubwino wa zokolola zathu. Ngati tichotsa mbewu za zochita zomwe zili ndi zotsatirapo zowawa ndikubzala m'malo mwake mbewu zoyenera kwambiri chikhalidwe cha moyo, tidzakolola zipatso za chimwemwe kuchokera ku mbewu zabwino zomwe zabzalidwa m'nthaka ya moyo. Tiyenera kugwiritsa ntchito ufulu wosankha tsopano, tsopano osati mawa, ngati

tikufuna kupeza chimwemwe chachikulu kapena kuchepetsa .kuvutika ndi ululu

Chifukwa chake, zinthu zomwe zimapangitsa munthu kukhala wachimwemwe zili mwa iye, ndipo chomwe ayenera kuchita ndikungoganizira mozama za equation yomwe siilakwitsa, ndipo zotsatira zake zidzakhala zabwino kwa iye ngati apanga mayeso abwino kwambiri ndikuthana nawo. Koma munthu amene ali ndi chifuniro champhamvu amakhala wogwirizana ndi Mulungu

Mphamvu yokhazikika ya malingaliro

Mukayang'ana kuwala kwa dzuwa Mwa kuyang'ana lenzi yokulitsa pamalo ang'onoang'ono, imapanga kutentha, ndipo kutenthako kumatha kuyatsa matabwa Nsalu, mapepala, ndi zina zotero Mofananamo, mukayang'ana kwambiri malingaliro anu Mphamvu zake zokhazikika Kuwotcha zoipa ndi mizu ya kukayika, chifukwa cha kulephera konse, ndikupangitsa kuwala kwa nzeru kuwala ndi kuwala ndi kuwala

Pamene lingaliro likugwirizana ndi Mulungu, gwero la ubwino wonse ndi chiyambi cha mphamvu zonse zodala, amazindikira kukhalapo kwa Mulungu ndipo amakhala ndi zinthu zonse za kupambana. Zinthu zimenezi zimagwirizana kwambiri ndi mphamvu yaikulu ya Mulungu, zomwe zimatha .kupanga zifukwa zatsopano zopambana m'munda uliwonse

Mulungu alemekeze ntchito zabwino ndi zabwino zomwe amachita komanso azichita bwino

Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika panthawi inayake ndi pamalo enaake. Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe ananena, zomwe zinamera mizu m'nthaka ya chidziwitso chawo, kumera kukhala chomera ndikubala zipatso zomwe zimasonyeza makhalidwe enieni a malingaliro .ndi zochita zimenezo

Mukayang'ana dzuwa lomwe lili kutali kwambiri mumlengalenga, nyenyezi yaikuluyo imawoneka yaying'ono kwambiri kuposa Dziko Lapansi. Komabe, kukula kwa Dziko Lapansi kuli pafupifupi makilomita 7,900, pomwe kukula kwa dzuwa kuli kokulirapo ka 100. Ngati mungayike dziko lathu lapansi patsogolo pa dzuwa, lingawoneke ngati kadontho kakang'ono poyerekeza ndi dzuwa. Tangoganizirani thambo lalikulu la dzuwa likukulirakulira mpaka kulemera kwake kwakukulu kukukuta thambo lonse labuluu. Thambo lomwe timaliona ndi chidutswa chaching'ono, kachidutswa kakang'ono, ka mlengalenga wopanda malire komwe kamazungulira chilengedwe chonse. Ngakhale dzuwa litapitiriza kukula mpaka kukhala lopanda malire, silingathe kuphimba zopanda malire. Chinyengo ichi cha chilengedwe chonse cha kuchepa ndi malire chimalepheretsa malingaliro kumvetsetsa kukula kwa chilengedwe chonse, chiyambi .chake, ndi malire ake

Iye amene sagonjera ku miyeso ndi miyeso, amene alibe malire kapena chiyambi, ndiye Mulungu, amene ali paliponse ndipo ali m'malo akutali kwambiri a mlengalenga. Ali m'nyenyezi zakutali, monga momwe alili mkati mwanu ndi mkati mwanga , ndipo amadziwa bwino malo aliwonse omwe alimo. Kaya ndi ang'onoang'ono kapena akuluakulu bwanji. "Kuchokera m'buku lakuti "Cholinga Chachikulu cha Munthu

Mapemphero

Ambuye

Tengani dzanja langa kuchokera mumdima kupita ku kuwala

O bata la chilengedwe

Ndikumva mawu anu m'kulira kwa mitsinje ndi phokoso la mbalame za usiku

Mu kulira kwa mphepo, phokoso la mafunde, ndi mabingu a kugwedezeka

Ambuye wokondedwa

Sindikukulambirani ndi mawu, koma ndi mtima wofuna .kukukondani
Ndiloleni ndione malo anu aakulu
Kukhalapo kwanu kosalekeza kumbuyo kwa chilichonse
Mwina ndidzazindikira kuti ndine gawo la moyo wanu .wosasintha kwamuyaya
Nyanja yosefukira
Ndikanakonda kuti mitsinje yozungulira ya zilakolako
zanga ikadatha kuyenda m'zipululu za zopinga ndi zopinga
Pomaliza, chisokonezo chanu chachikulu chasokonekera
Ndithandizeni kumvera mawu anu, Ambuye
Phokoso la chilengedwe chonse lomwe kugwedezeka kwa chilengedwe chonse kunachokera
Ndiloleni ndione kukhalapo kwanu kudzera mu mawu odala (Om - Amen)
nyimbo Yoyera kwa mawu onse odala
Kukulitsa chidziwitso changa pamene ndikumvetsera nyimbo za moyo
Ndiloleni ndimve ngati nyanja ya cosmic
Ndipo mayendedwe a thupi akuvina pachifuwa pake
Lolani mawu opatulika kwambiri amveke mkati mwanga
Kukulitsa chidziwitso changa kuyambira thupi mpaka chilengedwe chonse
Ndiloleni ndimve chisangalalo chosatha, chodzaza ndi zonse
Kuphulika kuchokera ku nyanja ya kuwala kodzaza ndi madzi
O mphamvu zopanda malire
Nzeru yosatha
Limbitsani moyo wanga ndi kugwedezeka kwanu kwauzimu
O liwu la mawu odala a cosmic
Konzani zolakwa zanga
Ndikufuna

Tengani dzanja langa kuchokera mumdima kupita ku kuwala

Nthawi iliyonse ndikaganizira za Inu, Ambuye, chikhumbo choyaka chimabadwa mkati mwanga, kugwedeza malingaliro anga ndikuyenda kuchokera mumtima mwanga kupita ku selo lililonse m'thupi langa, ndikulipatsa chikondi .chaumulungu

Chikhumbo changa chachikulu ndikufika pamtima panu ndikusangalala ndi kukhalapo kwanu

Ndipo mwadzidzidzi chitseko cha moyo chimatseguka, ndipo ndadzazidwa ndi chisangalalo poona kuwala kwanu !kowala

Zakale sizikudziwika kwa anthu ambiri, kupatulapo anthu ochepa osankhidwa odziwa bwino ntchito. Komabe, kusadziwa kwathu zakale kulinso ndi phindu kwa ife. Pakuti tikanadziwa zonse zomwe tachita m'moyo uno ndi m'miyoyo yakale, tikadagwidwa ndi kuchuluka kwa zochita zathu ndikusokonezeka kwambiri. Inde, chifuniro chathu chingalepheretsedwe ndi mantha, zomwe zingatipangitse kuti tisapitirize kuchita zinthu zathu ndikutisiya titataya mtima. Ngakhale m'moyo uno wapadziko lapansi, kuiwala ndi dalitso lochokera kwa Mulungu, loletsa kukumbukira zakale, makamaka zowawa ndi zopweteka, kuti zisapitirire .kuwononga malingaliro ndi malingaliro athu

Koma mwamwayi, kuwala kwaumulungu komwe kuli mkati mwathu nthawi zonse kumawala ndi chiyembekezo komanso chikhumbo chopitiliza ulendo wosatha wa moyo. Tiyenera kuyamika Mulungu chifukwa cha madalitso awiriwa: .kuiwala zakale ndikuyembekezera tsogolo

Sitiyenera kuganiza kuti tsogolo limaika zopinga pa ufulu wosankha Komabe, tiyenera kuchita zonse zomwe tingathe kuti tipewe zinthu zoipa zomwe anthu ambiri amati ndi tsogolo ndi tsogolo, ndikugwiritsa ntchito ufulu wathu wosankha malinga ndi zikhulupiriro zathu zamkati, bola ngati zikhulupiriro zimenezi zimachokera pa chikhulupiriro

cholimba komanso zozikidwa pa malamulo a Mulungu, omwe popanda iwo munthu sangasangalale ndi chimwemwe .chenicheni

Tikayamba ntchito, sitiyenera kuopa mavuto, koma tiyenera kukhala ndi chiyembekezo mpaka pamlingo waukulu, ndi chikhulupiriro chonse kuti palibe chomwe chingalepheretse kugwiritsa ntchito chifuniro chathu .ndikugwiritsa ntchito ufulu wathu wosankha

Ngati talephera kukwaniritsa cholinga chathu, ndikovomerezeka kuvomereza mosapita m'mbali kuti panali zopinga zomwe tinapanga zomwe zinatilepheretsa kukwaniritsa cholinga chathu. Tiyenera kupirira ndikuwonjezera khama lathu kuti tikwaniritse cholinga chathu. Tiyeneranso kudzitsimikizira tokha kuti ngakhale zopinga ndi zovuta zitakhala zolimba komanso zoopsa bwanji, tili ndi mphamvu zokwanira kuzichotsa ndikuzigonjetsa. Ngakhale titalephera ngakhale titayesetsa bwanji, palibe chifukwa chotaya mtima ndi kukhumudwa, bola ngati tikumvetsa kuti chifuniro cha munthu chili champhamvu kuposa tsogolo, lomwe ndi lopangidwa ndi ife tokha. Chifukwa chake, sitiyenera kusiya kuyesera, ngakhale titalephera kangati, chifukwa nthawi zonse pali zitseko zotseguka. Tiyenera kungopitiriza kuyesetsa ndikubwereza kuyesa mpaka titapambana. Mulungu adzatipatsa thandizo bola ngati tidalira Iye ndikuyesetsa. Iye amene akuyenda panjira adzafika komwe akupita, ndipo iye amene amadalira .Mulungu sadzakhumudwa

Munthu akafuna chinachake, ndipo chilakolako chimenecho chili champhamvu komanso chachangu, chilakolako chimenecho sichichoka m'maganizo mwake, kulikonse komwe akupita komanso kulikonse komwe akuyang'ana, ndipo chilichonse chomwe angachite ndi nkhawa zake. Kudzera mu ntchito yake yosalekeza komanso yopitilira, chilakolako chimenecho chimakhala ndi kutsimikiza mtima kwakukulu komanso mphamvu.

Kunong'oneza kwanzeru kumeneku kumakhala kwamphamvu komanso kogwira mtima kuposa kupemphera mwamwambo, komwe sikupitirira kusuntha milomo. Ichi ndi chimene okonda Mulungu amachita; amanong'oneza chikondi chawo kwa Mulungu mosalekeza, ndipo kunong'oneza kwawo kumakhala kochokera pansi pa mtima komanso kosamveka, pa zochita zawo zonse za tsiku ndi tsiku. Kunong'oneza kumeneku sikuwasokoneza, komanso sikutsutsana ndi ntchito zawo zina. Pamene chilakolako chawo cha Mulungu chikukula, chikondi chawo kwa Iye chimalimba ndikukula, mpaka atakhudza kukhalapo Kwake ndikuwona kuwala Kwake ndi diso la moyo, akumva chisangalalo chachikulu ndikumva mtendere woposa .kufotokozedwa

Mulungu amatipatsa maphunziro omwe timafunikira pamoyo wathu kuti tipindule nawo ndikupeza kumvetsetsa ndi kudziwa. Aliyense amene amapewa maphunziro amenewo adzakakamizika kuwaphunzira Kaya zitenga .nthawi yayitali bwanji

Mayeso aliwonse ndi abwino ngati tiphunzirapo kanthu, ndipo ndi olamulira ankhanza ngati titawononga mwayiwu ndikuugwiritsa ntchito molakwika kudzera mu kudandaula, .mkwiyo, komanso kusaganiza bwino

Tikakhala ndi kumvetsetsa bwino komanso malingaliro abwino pa moyo, zimakhala zokongola Ndipo wopanda mavuto

milandu yamaganizo

Munthu sangakhalebe wonyamulidwa ndi mafunde a chisangalalo kwamuyaya, kapena kumizidwa pansi pa madzi odzaza ndi chisoni, kapena kumizidwa m'kuya kwa kusowa chochita. M'dziko lino lodziwika ndi zinthu ziwiri zosiyana, Munthu wamba amakumana ndi zovuta ndi zovuta. Amadzuka ndi chisangalalo chachikulu ndipo amalowa mu kuya kwa kusakhudzidwa, ndipo amakankhidwa ndi mafunde amphamvu achisoni. Ndipo nthawi zambiri sadziwa za

mkhalidwe wina uliwonse wa chidziwitso. Kulola zochitika kuti zisokoneze malingaliro mwanjira imeneyi. Kumatanthauza kupereka chifuniro cha munthu ku tsogolo .losakhazikika komanso losakhazikika

Chomwe munthu amafunikira kuti akhale ndi moyo wopambana komanso wokhutiritsa ndi kukhala ndi maganizo abwino

Izi zitha kuchitika pokhapokha poganizira kwambiri za .maganizo. Kulamulira luso la maganizo

Ngakhale chisoni chachikulu chimachira pakapita nthawi, kotero palibe chifukwa choganizira za chisoni tsiku lililonse la moyo wathu. Chisoni chokhalitsa chifukwa cha wokondedwa wathu sichithandiza iye kapena ife, ndipo sichisintha chilichonse m'chowonadi. Kukhala ndi vuto lodziona ngati wopanda pake kapena kudzilanga Kuganizira zolakwa zakale kapena zolephera n'kopanda phindu Kumangopangitsa moyo kukhala wosasangalatsa komanso kulepheretsa luso la maganizo

Sitiyenera kudzilola kugwera mu dzenje la chizolowezi chosasangalatsa, chifukwa chimenecho ndi mkhalidwe wamaganizo womwe suli bwino, chifukwa umadetsa nkhawa maganizo ndikuwotcha luso lobisika mu ng'anjo ya .kusasamala

Kulephera kuyenera kuchotsedwa mizu yake, ndipo minda ya moyo iyenera kulimidwa mwakhama komanso modzipereka ndikufesedwa mbewu zabwino kuti tikolole .zipatso zambiri ndi thandizo la Mulungu

Chitsulo mu Chaka cha Siliva

Ndinaitanidwa ku chikondwerero cha chikondwerero cha siliva cha banja lomwe linkaoneka ngati limodzi mwa mabanja osangalala kwambiri, koma nditangolowa m'nyumba mwawo ndinamva kuti pali vuto. Ndinapempha ophunzira anga awiri kuti aone momwe amachitirana madzulo, ndipo pambuyo pake anandiuza kuti mwamuna ndi mkazi wake akumwetulirana pamaso pa ena ndipo

amalankhulana ndi mawu okoma kwambiri monga "Inde, wokondedwa wanga" ndi "Zachidziwikire, wokondedwa wanga," ndi mawu ena ochezeka. Koma akangoganiza kuti .ali okha, amakangana ndi kulankhulana mawu opweteka

Ndinalankhula nawo ndipo ndinati: Munandiitana kuti ndipite ku phwando lanu, koma mlengalenga ndi wovuta ndipo ndikumva kuti pali kusamvana kwakukulu m'nyumba muno, ndipo zikuwoneka kuti pali chitsulo chambiri mu .chikondwerero cha siliva ichi

Poyamba, anakhumudwa, koma pambuyo pake anavomereza kuti ndinali wolondola ndipo anapepesa. Anapitiriza nati: Kodi mumapindula chiyani mukamakangana ?nthawi zonse

Zikuoneka kuti mukukhala limodzi kuti musunge mbiri yanu monga banja langwiro, koma muyenera kukhala choncho ndi wina ndi mnzake ndikukhala mwamtendere ndi mogwirizana kuti mukhale osangalala komanso kuti mukhale .ndi mtendere wamumtima

Chakudya chamaginito

Anthu akamalankhula za chakudya kapena zakudya, nthawi zambiri amatanthauza chakudya chakuthupi chomwe chimadyedwa kuti chithandize thupi. Komabe, pali mitundu ina ya zakudya zomwe sizili zofunika kwambiri kuposa chakudya chakuthupi, ndipo nthawi zambiri zimakhala zofunika kwambiri, monga chakudya chanzeru kapena chauzimu. Kuchita zinthu m'maganizo kapena kuganizira .kwambiri za maganizo, nzeru ndi kuzindikira zauzimu

Chakudya chakuthupi chimalimbitsa maselo a thupi, pomwe chakudya chanzeru chimadzaza malingaliro ndi malingaliro abwino, ndipo chakudya chanzeru .chimatsitsimutsa moyo ndikukulitsa luso lake

Chakudya cha nzeru nthawi zambiri chimakhala ndi malingaliro omwe munthu amaganiza ndi omwe amalandira .kuchokera kwa ena kudzera mu kulumikizana nawo

Anthu odekha komanso akhalidwe labwino amathandiza .kuti maganizo athu akhale okongola komanso athanzi

N'zosavuta kudziwa ngati munthu amatenga chakudya chake cha nzeru kuchokera pamalo amtendere kapena osokoneza Nkhawa, kuvutika maganizo, ndi chisokonezo zonse zimachokera ku kugwirizana ndi anthu olakwika, kaya abwenzi kapena achibale. Izi zimayambitsa maganizo odetsa nkhawa komanso kukhumudwa

Thupi limatenga mphamvu ndi mphamvu kuchokera ku zakudya zakuthupi, pomwe zakudya zamaginito zimapatsa thupi ndi malingaliro mphamvu zomwe zimagayidwa mosavuta kuposa zakudya zolimba ndi zamadzimadzi, zomwe sizingasinthidwe mosavuta kukhala mphamvu .yamoyo

Pamene mungathe kusintha umbuli kukhala nzeru, kufooka ndi kufooka kukhala thanzi ndi mphamvu, ndikuyenda molimba mtima komanso molimba mtima - ngakhale nokha - panjira za moyo, ndikukhala ndi chisangalalo chamkati pokhala ndi chikumbumtima chamoyo komanso chosamala, ndi chikhulupiriro chosagwedezeka mu chilungamo cha Mulungu ndi kupambana kwa chabwino pa .choipa ndi chowonadi pa chinyengo

Ndipo mukamayesetsa tsiku lililonse kumasula malingaliro anu ku milingo yapamwamba komanso yowongoka, ndipo muli ndi mtima wachikondi komanso woyamikira, komanso zolinga zabwino kwa ena, thanzi lanu la nzeru lidzakhala lokongola, ndipo mudzakopa nokha zonse zokongola komanso zothandiza, kuchokera ku zinthu, anthu ndi zochitika, zomwe zimafunika kuti mupitirize ulendo .wopita kugombe la chitetezo ndi chitetezo

Mukayesetsa kupeza zomwe mukufuna, ndikukhutira ndi zomwe Mulungu amapereka, mudzakhala olemera mumzimu komanso okhutira kuposa anthu omwe amakonda kwambiri chuma cha dziko lapansi komanso okonda zosangalatsa zake .zosakhalitsa

Munthu akafuna Mulungu, amene ndiye bwenzi lenileni lokha, kuposa mabwenzi onse, zimakhala zotheka kukhazikitsa ubwenzi weniweni m'maubwenzi onse a anthu: .a m'banja, achibale, a m'banja, ndi auzimu

Ubwenzi ndi chinthu chofunikira kwambiri m'banja, ndipo ubwenzi wapamtima ndi wamaganizo uyenera kuperekedwa patsogolo, kukondana ndi makhalidwe abwino, .komanso chikondi chenicheni ndi ubwenzi

Anthu omwe satha kusiyanitsa pakati pa chikondi chenicheni ndi chilakolako cha kugonana nthawi ndi nthawi .amakhumudwa

Ukwati ukakhazikitsidwa pa mfundo zabwino komanso ulemu, umakhala mgwirizano wosangalatsa komanso wopambana pakati pa miyoyo iwiri yokondana. Ndipo amagwirira ntchito limodzi kuti achepetse mavuto a moyo kwa wina ndi mnzake, ndikuchotsa nkhawa zokhala ndi .chifundo komanso kumvetsetsana

Palibe amene angandilamulire kapena kundichotsera chifuniro changa, pokhapokha nditalola maganizo ndi zochita .za ena kundikhudza

Ambuye, ndikudziwa kuti ndili ndi mwayi wosatha patsogolo panga kuti ndifufuze luso langa ndikupeza mphamvu zanga zauzimu, ndidzasintha zinthu zakuthupi ndikukhala ndi zolinga zapamwamba. Ndipo ndidzazindikira kuti mzimu wokhulupirika uli ndi ine nthawi zonse

Lero ndidzadzaza malingaliro anga ndi chiyembekezo, ndidzipatula ku zochitika zosasangalatsa, ndipo ndidzachita zomwe zingasamalire thupi, malingaliro, ndi mzimu mwanjira .yoyenera komanso yokhazikika

Kuvina kwa moyo ndi imfa kumakhalapo nthawi zonse, koma ndidzadzimasula kwamuyaya poteteza umunthu wanga wauzimu Ndipo pamene mphepo yamkuntho ya mayesero ndi mavuto idzandigwera, ndidzayenda m'chombo cha moyo wanga Kudutsa nyanja ya moyo Kupita kugombe lotetezeka, laumulungu

Ndikagwira ntchito ndi kulenga ndidzakumbukira kuti Mulungu amagwira ntchito kudzera mwa ine; Iye ndiye Ambuye wa chilengedwe chonse. Ndipo ndimatha .kulumikizana naye mwa kusinkhasinkha mozama za Iye

Mulungu wanga wokondedwa, ndikuzindikira kuti malingaliro anga adzandibweretsera kulephera kapena kupambana, kutengera lingaliro lomwe ndi lamphamvu kwambiri m'moyo wanga. Chifukwa chake, ndiyesetsa kukumbukira kuti mukundithandiza ndipo .zimandikonzekeretsa pazifukwa zopambana

Masoka ndi mavuto akamandigwera, ndidzakweza mtima wanga ndikulimbitsa kutsimikiza mtima kwanga kuti ndiwagonjetse. Ndidzakhala woona mtima komanso woona mtima muzochita zanga komanso pochita zinthu ndi aliyense, ndipo ndidzamasula malingaliro achikondi ndi mafuno abwino. Kenako Mulungu adzandithandiza ndi .mphamvu zake ndi nzeru zake

Ambuye, ndidzagwiritsa ntchito mphamvu zanga ndi nzeru zanga kuti ndikwaniritse zinthu zazing'ono kaye, .kenako ndipitirire ku zinthu zazikulu

Ngakhale zolinga zonse zakuthupi zitakwaniritsidwa, zimangobweretsa chisangalalo chosakwanira, ndipo kupeza Mulungu ndiye chisangalalo chenicheni chokhacho ndidzapeza malo osungiramo chisangalalo chosatha Ndipo sichimasiya kuyenda ndi kuthamanga, m'minda ya moyo ndi .m'madambo ake obiriwira

Mawu agolide

Chimwemwe ndi ufulu wanga, cholowa changa, ndi chuma changa chobisika cha Mulungu. Nditsogolereni, Ambuye, kuti ndipeze mkati mwanga chuma choposa maloto .a mafumu

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Mulungu wokhala m'mitima amaunikira mwa ophunzira ake - kuchokera mu chifundo chake ndi chifundo chake -

nyali zowala za nzeru zomwe zimachotsa mdima wa kusadziwa

* * *

Moyo ndi kayendedwe kanzeru kokhala ndi kayimbidwe kokhazikika. Umapangidwa m'zinthu zopanda moyo, kapena umatenga mawonekedwe amoyo komanso oyenda. Moyo uli .ndi zonse ndipo umalowerera chilichonse

* * *

O wokondedwa kwambiri, Inu ndinu moyo weniweni, Inu ndinu cholinga changa ndi chikhumbo changa. Mundipangire duwa lokongola m'munda wanu wakumwamba, kapena mkanda wowala mu mkanda wa chikondi chanu chowala, kapena mundipatse ulemu waukulu: malo ang'onoang'ono .mumtima mwanu

* * *

Kulikonse kumene ena amayamikira khama langa pochita zabwino, ndi komwe ndingapereke chithandizo .chabwino kwambiri

* * *

Tiyeni tiluke kapeti yagolide ya maloto okhala ndi ulusi wa silika wa zikumbutso zokoma ndi malingaliro abwino

* * *

Maganizo opanda kanthu [opanda malingaliro abwino komanso olimbikitsa] ndi fakitale ya mavuto, nkhawa, kutaya mtima, ndi kusowa chiyembekezo

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Ngati chikondi cha padziko lonse chikhazikika mumtima mwanu, chidzakubweretserani chimwemwe chosatha komanso chatsopano chomwe palibe china chilichonse chingakupatseni

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Maluwa a moyo omwe akutuluka m'munda wa dziko lapansi ndi okongola kwambiri komanso osangalatsa kuwaona. Koma chokongola kwambiri komanso chokongola kwambiri ndi kasupe wa kukongola ndi nzeru komwe kulipo

kwinakwake, komwe tinachokera ndipo komwe tidzabwerera .ndikusakanikirananso

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Wophunzira akadzuka m'mawa, amadzitsimikizira yekha kuti: “Ine sindiri thupi, ndine mzimu wosaoneka… Ine ndine chimwemwe… Ine ndine kuwala… Ine ndine nzeru… Ine ndine chikondi Ndipo ngakhale ndikukhala m'thupi ili, mzimu ”wanga ndi wosafa ndipo sukhudzidwa ndi kuvunda

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Monga momwe mame amathandizira maluwa kuphuka ndi kukula, kukoma mtima kumalimbitsa ubwenzi ndi kukulitsa

* * *

Pali mafunde omwe amawonekera pamwamba pa nyanja ndi mafunde omwe amasowa m'kuya kwake; m'zochitika zonse ziwiri, amakhala mkati mwa nyanja ndipo ali ndi imodzi. Mofananamo, anthu omwe amayandama panthawi ya "moyo" pamwamba pa nyanja ya chilengedwe chonse kapena omwe amasowa mkati mwake pa "imfa" .alinso mkati mwa nyanja yamuyaya

* * *

Kuwunikira kwa mwezi sikuoneka bwino m'madzi ogwedezeka, koma pamwamba pa madzi pakakhazikika, kuwunikira kwa mwezi kumakhala koonekera bwino. Chimodzimodzinso ndi maganizo: pamene kuli bata, mutha kuwona nkhope ya moyo wanu momveka bwino komanso .molondola

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Tumizani, Ambuye, kuwala kwa dzuwa la nzeru zanu kuti kunditsogolere m'masiku anga osangalatsa a chipambano, ndi kuwala kwa mwezi wathunthu wa chifundo .chanu pamene ndikuyenda mu usiku wamdima wa chisoni

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Kusinkhasinkha ndi njira yomwe mumalumikizirana ndi malingaliro a anthu onse, ndipo mukagwirizana ndi chidziwitso chopanda malire chimenecho mudzatha kudziwa .zinsinsi zonse za chilengedwe

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Chikhumbo choyandikira Mulungu ndi kumudziwa sichibwera chokha, koma chiyenera kukulitsidwa, ndipo .moyo ulibe phindu popanda chikhumbo chimenecho

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Moyo wapadziko lapansi ndi malo osakhalitsa, ndipo ntchito yaikulu ya anthu ndikumvetsa cholinga ndi cholinga cha ulendowu. Cholinga chimenecho ndi kudziwa Mulungu, .ndipo sichingakhale china chilichonse

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Mtendere wanu ndi chuma chanu chamtengo wapatali, .choncho musalole aliyense kukulandani chuma chimenecho

* * *

Phunzirani kukhala nokha, otetezeka komanso otetezeka m'linga la makhalidwe abwino ndi kudziona kuti ndinu ofunika

* * *

Chilichonse chilipo chifukwa Mulungu alipo Ndipo chifukwa Iye alipo, inunso mulipo Chifukwa cha kukhalapo Kwake, mumasangalala ndi chitonthozo ndi zosangalatsa za moyo. Chifukwa chake, kuyamikira kwanu Mulungu kuyenera .kukhala kwakukulu

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Mabuku abwino akhoza kukhala chete, aulemu, komanso abwenzi olemekezeka. Musasiye mabuku awa munthawi zovuta, chifukwa sadzakusiyani, mosiyana ndi .abwenzi enieni omwe angakusiyeni

***

Aliyense amene ali ndi thanzi labwino, moyo wabwino, komanso maganizo abwino, koma alibe chimwemwe, sanapambane mu moyo. Mukanena moona mtima kuti, "Ndili

wokondwa, ndipo palibe amene angandichotsere chimwemwe," mwapeza chithunzi cha Mulungu mwa inu .nokha

***

Tsindikani bata ndi mtendere, ndipo tumizani malingaliro achikondi ndi zolinga zabwino zokha ngati mukufuna kukhala mwamtendere ndi mogwirizana Khalani moyo wozikidwa pa chilungamo ndi chipembedzo, ndipo onse omwe miyoyo yawo ikugwirizana ndi yanu adzapindula .kokha pokhala nanu

***

Ngati mulibe anzanu, kapena ngati anzanu akuwononga nthawi yanu, kapena ngati simukugwirizana nawo, lolani mabuku [ndi zipangizo] zomwe zili ndi nzeru zikhale anzanu, chifukwa mungathe kudutsa m'mapepala awo kupita kudziko .la malingaliro odabwitsa komanso osangalatsa

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Kupeza Mulungu kumatanthauza kupeza chilichonse chomwe mtima ukufuna, ndipo kukhala wauzimu kumatanthauza kutsegula zitseko za thanzi, chimwemwe, .ndi chipambano

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Mkati mwathu muli mphamvu ya Mulungu yomwe imapanga ndi kuchirikiza moyo wonse ndipo ikuyembekezera kuyatsidwa

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Kuwerenga ndi ntchito yopindulitsa kwambiri yamaganizo; kumaphunzitsa ubongo ndipo kumaupangitsa kukhala wosinthasintha. Kuwerenga kwa ola limodzi kapena awiri tsiku lililonse kudzapatsa aliyense chidziwitso chosiyanasiyana mkati mwa zaka zingapo, malinga ngati asankha mabuku ofunika. Musawononge nthawi kapena kuvulaza luso lanu lamaganizo powerenga mabuku otsika mtengo kapena mabuku osafunikira omwe alibe cholinga .kapena tanthauzo

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Anthu omwe ali ndi zilakolako za anthu adzapeza m'mabuku ofunika mphamvu zatsopano zothandizira anthu kudzera m'maphunziro omwe ali m'mabuku olembedwa ndi .amuna ndi akazi olemekezeka komanso aluso

* * *

Kuwerenga ndi ntchito yopindulitsa kwambiri yamaganizo; kumaphunzitsa ubongo ndipo kumaupangitsa kukhala wosinthasintha. Kuwerenga kwa ola limodzi kapena awiri tsiku lililonse kudzapatsa aliyense chidziwitso chosiyanasiyana mkati mwa zaka zingapo, malinga ngati asankha mabuku ofunika. Musawononge nthawi kapena kuvulaza luso lanu lamaganizo powerenga mabuku otsika mtengo kapena mabuku osafunikira omwe alibe cholinga .kapena tanthauzo

* * *

Kudzikonda ndi kudzikuza ziyenera kuchotsedwa .chifukwa ndizo zopinga zazikulu pa chidziwitso chauzimu

* * *

Popanda kudziwa Mulungu, dziko lino limawoneka lodzaza ndi mikangano, chiwawa, ndi zokhumudwitsa zopweteka. Chimwemwe chimapezeka mukumva kuti muli pafupi ndi Mulungu

* * *

Iwo amene amadziwa Mulungu amakhala ndi chimwemwe ndi chisangalalo chosatha m'mitima yawo. Chifukwa amamva chitetezo ndi bata lodalitsidwa, mphepo yamkuntho ya mkwiyo singathe kuwagwedeza, ndipo .mantha sangalowe m'mitima yawo

* * *

Mabuku abwino ndi mabwenzi anu apamtima; kudzera mwa iwo, mutha kumva anthu abwino akulankhula nanu mofatsa, kukutonthozani ndikupereka upangiri wabwino kwambiri. Kulephera kukhala ndi chilakolako chenicheni

chowerenga mabuku abwino kumatanthauza kutaya cholowa .cha mibadwomibadwo

* * *

Popanda thandizo la Mulungu, anthu adzalephera, chifukwa mphamvu ndi nzeru zofunika kuti apambane pankhondo ya moyo zimachokera ku gwero lopanda malire. Munthu akanyalanyaza Mulungu, amadula chingwe chomwe chimamupatsa thandizo ndi chithandizo chofunikira kuti .apambane

Ofunafuna amene amagogoda pakhomo la mwayi wauzimu adzapeza kuti khomo latsegulidwa kwa iwo chifukwa Mulungu amathandiza iwo amene amadzithandiza .okha

Ukakhala mogwirizana ndi Mulungu, chilengedwe chonse chimakhala mogwirizana ndi iwe

* * *

Chikondi chili ngati pepala lopaka utoto lomwe limapukuta malingaliro ndikuchotsa nkhanza pa khalidwe

* * *

Mukapeza Mulungu mwadzidzidzi kulikonse, ndipo akabwera kwa inu, kukulimbikitsani, ndikukutsogolerani, .nkhani ya chikondi cha Mulungu imakhala itayamba

* * *

Chikondi chiwale m'mitima ndikutumiza kuwala kochiritsa kwa ena

* * *

Yesetsani kudziwa Mulungu muli achinyamata komanso amphamvu, chifukwa mu ukalamba ndi matenda simungathenso kumufunafuna. Anthu akayamba kumvetsetsa tanthauzo lenileni la moyo, thupi lawo limakhala lofooka, ndipo amakhala moyo wawo wonse akusamalira mphamvu zawo zakuthupi zosalimba m'malo .mofunafuna choonadi

* * *

Ndidzatenga zabwino kwambiri kuchokera kwa anthu onse, ndipo ndidzayamikira makhalidwe abwino a mitundu .yonse popanda kuyang'ana kwambiri zolakwa zawo

* * *

Monga momwe timasamalirira kufunika kwa zakudya zomwe timadya tsiku ndi tsiku, tiyeneranso kusamala ndi zakudya zamaganizo zomwe timapatsa maganizo athu tsiku .lililonse

* * *

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mtsinje wochepa ukuyenda mwa iwo popanda kusokonezedwa, kudzazidwa kwawo ndi bata lalikulu. Izi zili choncho chifukwa mtsinje uwu umalumikizidwa ndi gwero lake lapamwamba, kuyenda kosalekeza komwe kumafikira miyoyo mogwirizana ndi gwero limenelo, kuwalola kupereka .chimwemwe kwa iwo omwe akulakalaka mtendere

* * *

Ndi mawu angati abwino ochokera mumtima omwe achotsa chisoni chambiri ndipo ndi mawu angati anzeru omwe awunikira njira zamdima ndi nyali zachisangalalo ndi !bata

* * *

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo zofunika kuchokera kwa iwo. Kupweteka kulikonse ndi mavuto omwe timakumana nawo ali ndi tanthauzo komanso cholinga. Ngakhale kuti izi ndi zovuta, zili ngati moto womwe umasungunula chitsulo, n’kuchisintha kukhala chitsulo chokongola, champhamvu, komanso chogwiritsidwa ntchito .m’njira zosiyanasiyana

* * *

Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu akugwira ntchito, chilichonse chomwe ndimafuna chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

* * *

Pamene maganizo akunong'oneza Mulungu mokweza komanso mokweza kuchokera pansi pa mtima wa munthu wofunitsitsa, kuyitana kwa mzimu kudzakhudza mtima wa munthu aliyense, ndipo yankho lidzabwera, kubweretsa chisangalalo chachikulu. Kunong'oneza kwanzeru kumeneku kumakulitsa chifuniro mpaka chitakhala ndi mphamvu .zofunikira kuti chikwaniritse cholinga chomwe chikufunidwa

* * *

Maganizo ndi chifuniro cha munthu zikakhala zogwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu ndikokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe akugwirizana ndi chifuniro .chapamwamba

* * *

Kaya nkhawa zathu zili zotani, Mulungu ayenera kukhala woyamba m'miyoyo yathu Chimodzi mwa zinthu zofunika kwambiri pakukula mwauzimu ndi kunong'oneza Mulungu mochokera pansi pa mtima, komwe mudzakumana ndi .kusintha kwakukulu komwe kudzakusangalatsani kwambiri

* * *

Munthu sayenera kugwiritsa ntchito mphamvu zake zonse zamaganizo zomwe Mulungu wamupatsa kufunafuna zinthu zosakhalitsa, apo ayi adzadzitaya yekha mu zovuta za kukonda chuma ndikudzipangira zoletsa ndi zolepheretsa zomwe sazifuna. M'malo mwake, ayenera kugwiritsa ntchito

mphamvu zake zamaganizo kuti apeze zofunikira pa moyo ndikuyesetsa kukulitsa luso lake lauzimu kuti asiyanitse chabwino ndi choipa, komanso pakati pa zoipa ndi .zopindulitsa

* * *

Chowonadi chili pamwamba pa malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira imeneyi amamangidwa ndi malingaliro awoawo

* * *

Tsegulani, Ambuye, zipata za mtendere ndipo tetezani malo opatulika a malingaliro anga auzimu ku ziwopsezo za kunong'onezana koipa. Ndipo lolani maluwa a zokhumba zanga aphuke m'munda wa mtima wanga pamene .ndikuyembekezera mbandakucha wa kubwera kwanu

* * *

Chidziwitso cha chiphunzitso sichingathe kupeza * chidziwitso chaumulungu, ndipo ndibwino kuti munthu asawononge nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, apo ayi munthu adzadzipeza yekha pakati pa nkhalango zodzaza ndi .nzeru ndipo sangathe kupitirira malire a ziphunzitso

* * *

Chimwemwe ndi chipatso cha kupambana kwa maganizo pa zochitika zosakhazikika za moyo

* * *

Iye amene Mulungu amamuzindikira akhoza kusadziwika ndi dziko lapansi

* * *

Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso [popanda mayeso enieni], adzakhala ngati chipangizo chojambulira chomwe chimabwereza miyambi ndi kubwereza mawu apamwamba, ndipo ena amamuona ngati katswiri wophunzira, koma chidziwitso choterocho sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, .komanso sichikugwirizana ndi kufika pa uzimu

* * *

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho, tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

* * *

Tsegulani mitima yanu ku kutsanulira kwa Mulungu kuti kuyende mwa inu ndikudzaza miyoyo yanu ndi madalitso .auzimu ndi ubwino

* * *

Kaya mugwire ntchito yanji komanso zomwe mungachite, kumbukirani nthawi zonse kuti Mulungu ndiye gwero lomwe limakupatsani mphamvu zonse zomwe .mukufunikira kuti mugwire ntchito ndikukwaniritsa

* * *

Ndiloleni ndikukumbukireni, Ambuye, mu umphawi ndi * chitukuko, mu matenda ndi thanzi, mu umbuli ndi nzeru, ndipo ndiloleni ndione kuwala kwanu kodala komwe .kumapereka ubwino ndi machiritso nthawi yomweyo

* * *

Mu malingaliro anga ndekha, ndikulakalaka kumva mawu anu odala. Chotsani kwa ine mawu okhwima, apadziko lapansi obisika m'maganizo mwanga. Ndikufuna kumvetsera mawu anu odekha komanso okoma mtima kwamuyaya mu .mtendere wa moyo wanga

* * *

Moyo uli mumdima, ndipo tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zake zamdima. Iye ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lounikira nthawi ya

kudzuka, nyali yowunikira, ndi Nyenyezi ya Kumpoto kwa iwo .oyenda m'nyanja za moyo wapadziko lapansi, wosakhalitsa

* * *

Yakwana nthawi yoti anthu adzuke ku tulo tawo toyiwala kupita ku kudzuka kwauzimu. Tikukupemphani, Ambuye, kuti mukweze chidziwitso chathu kuchokera ku kuya kwa kusamvera ndi kuganiza mopapatiza, kocheperako kupita ku .mtendere, kuwala, chikondi, ndi chifundo cha anthu onse

* * *

Zinthu zidzayenda bwino pamapeto pake chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa munthu, ndipo aliyense amene sakukhulupirira kuti vutoli ndi losatha ndipo akuyesera kulowa ndi maganizo ake ndi chikhulupiriro chake ku zomwe .zili kunja kwa chophimba adzatsegulidwa chitseko

* * *

Chikhulupiriro sichitanthauza kukhala wosasamala kapena kusachita zinthu mwanzeru ndi zochitika. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye amene angathe kumuthandiza pazochitika zovuta ngati atembenukira kwa Iye ndi mtima wake wonse, moyo wake .wonse, ndi malingaliro ake onse

* * *

Ngati malingaliro athu akanatha kutiuza choonadi chonse, tikanaona dziko lapansi ngati mitsinje ya ma elekitironi, ndi fumbi lililonse ngati kuwala kozungulira . Anthu amene amalowa m'dziko la zinthu zakuthupi kupita ku zauzimu amamvetsa chikhalidwe cha chinyengo ndipo .amadziwa tanthauzo la choonadi

* * *

Kaya ali m'nkhalango ya ku Africa, pankhondo, akuvutika ndi matenda kapena umphawi, munthu ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa zilizonse ndipo limatha kuteteza iwo omwe

akufuna chitetezo mwa Iye. Palibe njira yothandiza yotetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru pochita zinthu pamene nthawi yomweyo akudalira thandizo la Mulungu.

* * *

Chikondi chomwe chimakhala m'mitima ya zolengedwa zonse—chikondi cha amayi onse, abambo, abwenzi, ndi okondedwa—chimachokera ku chikondi cha Mulungu.

* * *

Kusiyanitsa pakati pa ntchito zazikulu ndi zazing'ono kuyenera kupangidwa, kuika patsogolo zofunika kwambiri kuposa zofunika zokha. Komanso, palibe ntchito yomwe iyenera kutsutsana ndi ina. Malemba amatiuza kuti ntchito ina ikasemphana ndi ina, ndi umboni wakuti si ntchito yeniyeni.

* * *

Pamene kuwala kwa dzuwa kukufalikira, ndidzafalitsa kuwala kwa chiyembekezo m'mitima ya osauka ndi osiyidwa [amene anthu asiya], ndipo ndidzaika kutsimikiza mtima kwatsopano m'mitima ya iwo amene akuganiza kuti ndi olephera.

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira ake kuti:

"Musachotse aliyense mu gulu lanu la chikondi. Sungani aliyense mumtima mwanu ndipo adzakusungani mu mtima mwawo."

* * *

Ambuye, ndithandizeni kuti nthawi zonse ndigwiritse ntchito chifuniro changa kuti ndichite zinthu zabwino komanso zabwino

Ndithandizeni kuti ndigwirizane ndi chifuniro Chanu kuti maganizo anga onse agwirizane ndi zolinga zanu ndipo akhale ogwirizana ndi chifuniro Chanu.

Anandithandiza kudzutsa mphamvu yobisika, yodalitsika mkati mwanga kuti ndithe kugonjetsa mavuto ndi mayesero onse.

* * *

Dzukani ku umunthu wauzimu wolimba mtima komanso wodzichepetsa - womwe umaphatikiza mphamvu za mikango ndi kufatsa kwa nkhunda

* * *

Sindidzasamala ndi kudzudzula kowawa, konama, kapena kutamanda ndi kuyamikira kwambiri. Cholinga changa chokha ndicho kuchita chifuniro chanu, Ambuye, ndikupeza chisomo chanu.

* * *

Simungathe kulingalira za chisangalalo chachikulu chomwe chidzakudzazani mukadzamva kukhalapo kwa Mulungu. Moyo wanu udzaledzera ndi chikondi chopanda malire cha Mulungu. Ndi chikondi choposa chikondi chilichonse cha munthu—chikondi chomwe chimakwaniritsa zokhumba zanu zonse ndikudzaza mtima wanu ndi chisangalalo ndi kukhutira.

* * *

Kudzera mu kuyang'ana mkati, mutha kukhala ndi chisangalalo chauzimu mwachindunji mkati mwanu ndi mozungulira inu. Ngati mukulitsa chidziwitso ichi, umunthu wanu udzakula bwino, ndipo mudzakhala ndi mphamvu yokoka kwa anthu ndi zolengedwa zina.

* * *

Inu Mtetezi Wamkulu, sindikusamala ngati nditaya chilichonse chifukwa cha tsogolo langa, lomwe ndidapanga ndekha, koma ndikukupemphani, pothawirapo panga pokha, kuti muteteze nyali ya chikondi changa pa inu ku mphepo ya kusamvera ndi kuiwala.

* * *

Tiyeni timwe madzi oyera, otsitsimula amtendere ochokera m'magwero abwino, olimbikitsidwa ndi kutsimikiza

mtima kwathu kuganiza bwino ndikukhala ndi chiyembekezo .chabwino

* * *

Chikumbumtima ndi lingaliro lachibadwa lomwe limavumbula umunthu weniweni wa munthu ndi zolinga zake. Chikumbumtima chanu chikakhala choyera, ndipo mukudziwa kuti mukuchita zabwino, mulibe choopa. Chikumbumtima choyera ndi umboni wa khalidwe labwino lochokera kwa Mulungu. Kumasulidwa m'khoti chifukwa cha chikumbumtima kumatanthauza kukhala ndi chimwemwe .ndi kulandira madalitso a Mulungu

* * *

Yesani kuchita zinthu molimba mtima komanso zosangalatsa zomwe anthu ambiri sachita, ndipo perekani chikondi ndi mtendere kwa iwo omwe ena .amawanyalanyaza

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira :ake kuti

Ngati simutaya nthawi mukukulitsa malingaliro, palibe" kuchuluka kwa chuma chomwe chingakukhutiritseni. Kulima kumeneku si kuzunza koma kuphunzitsa chidziwitso kuti chilimbikitse malingaliro ndi zochita zomwe zimabweretsa ".chimwemwe

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Chimwemwe chanu ndi kupambana kwanu, choncho musalole kuti wina akubereni Dzitetezeni kwa anthu amene amayesa kukuvutitsani Ndili mnyamata, ndinkataya mtima nthawi iliyonse anthu ena akamafalitsa mabodza okhudza ine. Pambuyo pake, ndinazindikira kuti mtendere wanga wa mumtima ndi wofunika kwambiri kuposa kuvomerezedwa ndi .anthu kapena kusilira kwawo

* * *

Ngati mukanadziwa nkhani ya chikondi cha Mulungu chomwe olambira ena amakumana nacho ndi Mulungu!

Palibe china chilichonse chomwe chingafanane ndi chisangalalo chimenecho, ndimadziwa woyera mtima amene nthawi zonse ankakhudzidwa ndi chikondi cha Mulungu, ndipo nkhope yake inali yowala ngati chikondi choyera. Diso la Mulungu nthawi zonse limakhala pa iwo amene .amamukonda, ndipo samawasiya ngakhale mphindi imodzi

* * *

Ndi ochepa okha omwe ali ndi chidwi chokulitsa mphamvu zawo zamaganizo ndi zauzimu

* * *

Musalole kuti mulowe pansi pa kuzengereza. Imirirani kuchokera ku tulo ta zinthu wamba zosasangalatsa ndikuyamba moyo wabwino kumene kuli kupambana, .chimwemwe, ndi mtendere

* * *

Mkati mwanu muli kuthekera kwakukulu komwe kukuyembekezerani kuyikidwa, ndipo ndinu nokha amene mungathe kuyambitsa ndikupindula nako

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Kumasuka ku zizolowezi zoipa ndi zilakolako zoipa kumabweretsa chisangalalo chachikulu kuposa kupambana kwa zinthu zakuthupi. Mu chipambano cha nzeru muli thanzi labwino la maganizo lomwe zinthu zakunja sizingachotse. Mutha kuthera nthawi yanu yonse mukusonkhanitsa chuma, koma chuma chimenecho sichidzakupatsani mtendere ndi chitetezo chokhalitsa chomwe mukufuna. M'malo mwake, chidzakubweretserani chisoni chachikulu chifukwa chisangalalo chenicheni ndi mtendere zimakhala .m'maganizo, osati m'zinthu zakuthupi

Mukakhazikika mu umunthu wanu weniweni, mumakwaniritsa ntchito iliyonse ndikusangalala ndi zinthu .zonse zabwino ndi chisangalalo cha Mulungu

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Musalole kuti zofooka zilowe m'maganizo mwanu, ndipo samalani mukamacheza ndi anthu omwe ali ndi malingaliro

oipa komanso osasangalala, kuti maganizo awo ofooka asalowe m'maganizo mwanu, pokhapokha ngati maganizo anu afika pamlingo winawake kotero kuti malingaliro a ena sangawafooketse, koma m'malo mwake, amatha kulimbitsa .maganizo a ena ndikuwonjezera kudzidalira kwawo

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Mulungu ndiye amene amatsogolera, ndipo sitiyenera kuyamba kapena kutha tsiku lathu popanda kuganizira za Iye. Tiyenera kukumbukira kuti popanda mphamvu ndi mphamvu zomwe timalandira kuchokera kwa Mulungu, sitingathe kuchita chilichonse. Chifukwa chake, ntchito yathu .yaikulu ndi kwa Iye

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Pali njira yowunikira ndi kuweruza miyambo ndi miyambo Poyamba, miyambo iliyonse inali ndi zifukwa Ngati tikupeza kuti zifukwazo zikadalipo, ndiye kuti mwambowo uli ndi tanthauzo komanso phindu Komabe, si nzeru kutsatira miyambo mwachimbulimbuli Tiyenera kudziwa choonadi ndikuchitsatira, kuzindikira zomwe zingatibweretsere chimwemwe kenako n’kuchigwiritsa ntchito

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Mukaona anthu ambiri akusowa chimwemwe kapena kupambana, musaganize kuti ndicho tsogolo lawo. Mutha kudzipangira chilichonse chomwe mukufuna. Kupambana kwanu kwamkati ndi komwe kumakupangitsani kukhala .opambana

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Ngati mulibe chilichonse mwa inu nokha, simudzakhala okondwa Koma ngati mulibe chilichonse chozungulira inu ndipo muli okondwa mwa inu nokha, mosakayikira mupambana. Chifukwa chake, n'zosatheka kuweruza anthu .kutengera momwe zinthu zilili kunja

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Pakati pa khamu lalikulu la anthu, pakhoza kukhala munthu amene wafika pamlingo wapamwamba wauzimu

ndipo amasangalala ndi mtendere wamumtima komanso .chimwemwe chauzimu chachikulu

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Ndikudziwa motsimikiza kuti chilichonse chomwe ndikufuna chidzabwera kwa ine, ndipo chifukwa chake sindidandaula za zomwe zili mtsogolo. Izi si kudzitamandira kapena kunyengerera, chifukwa ndakhala ndikuwona ntchito ndi mphamvu yodala imeneyo m'moyo wanga nthawi .zambiri

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Kaya ndikuyandama pamwamba pa zamoyo kapena kumira m'nyanja, ndikudziwa kuti ndili ndi Mulungu ndipo Iye ali ndi ine, ndipo palibe chomwe chingandivulaze. Chidziwitsochi chandipatsa chisangalalo chosaneneka .komanso chachikulu

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Palibe kukayika kuti kugula chinthu chatsopano ndi chinthu chosangalatsa. Koma pakapita nthawi, chisangalalo chimenecho chimatha pang'onopang'ono, ndipo mungatayike chidwi nacho konse, kuiwala za icho ndi kulakalaka china. Komabe, bilu ya chinthucho sidzaiwalika, !makamaka ngati munachigula pang'onopang'ono

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Munthu ayenera kulamulira moyo wake ndi kuupanga kukhala wosalira zambiri momwe angathere. Ayenera kusunga ndalama zina pa zinthu zofunika komanso zadzidzidzi, kuika patsogolo kusunga ndalama m'malo mogula zinthu zapamwamba, ndi kuthandiza ena momwe angathere. Mukathandiza ena, thandizo lidzabwera kwa inu mwanjira ina, ndipo simudzasowa chilichonse ndipo .simudzasowa chilichonse

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Mu chisangalalo cha mitima yonse, ndimamva kulira kwa chisangalalo Chanu, Ambuye, ndipo mu ubwenzi wa okhulupirika onse, ndimamva chikondi Chanu

ndimasangalala ndipo mtima wanga umakondwera ndi kupambana ndi chitukuko cha anzanga, monga momwe ndimasangalalira ndi moyo wanga wabwino komanso kumasuka kwanga Pamene ndikulimbikitsa nzeru mwa ena, ndimachulukitsa chuma cha nzeru zanga, ndipo mu chisangalalo cha onse, ndimapeza changa

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Mdani wamkulu wa chimwemwe ndi kubwereka ndalama kuti agule zinthu zapamwamba Anthu amakhulupirira molakwika kuti sangakhale osangalala pokhapokha atapeza chinthu china chake. Koma ngakhale atapeza chinthucho, sadzapeza chimwemwe chenicheni, ngakhale chisangalalo cha kanthawi. Kodi cholinga chofunafuna chisangalalo cha padziko lapansi chomwe chimalonjeza kusweka kokha n'chiyani? Anthu ayenera kukhala moyo wosalira zambiri, osafunikira zinthu zambiri zomwe zimafuna chisamaliro .chokhazikika

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Paradaiso wanga ali mkati mwanga Pamene ndikusangalala ndi madalitso a Mulungu, ndimamuyamika, ndipo chimwemwe changa chamkati chimakula Popanda kukhutira kwamkati, ngakhale zosangalatsa zapadziko lapansi ndi zosangalatsa zimakhala gehena, ndazindikira kuti popanda chimwemwe chamkati chimenecho, katundu wa maudindo omwe ndapatsidwa akanandilanda mtendere .wanga ndikundilanda chimwemwe changa

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Ngati chuma chikugwirizana ndi matenda ndi mavuto, zotsatira zake zidzakhala zambiri Ukhondo ndi chisamaliro chaumoyo ndi zina mwa mphamvu za Kumadzulo Tizilombo toopsa ndi majeremusi oopsa amalamulidwa bwino m'maiko otukuka, pomwe ali ambiri m'maiko ena. Koma kuchotsa tizilomboti si chinthu chofunika kwambiri, chifukwa mitundu ina ya mavuto ilipo m'maiko otukuka, monga kulipira ngongole zovuta komanso mavuto azachuma chifukwa cha

njira zogulira pang'onopang'ono—mavuto omwe .amasokoneza tulo ndikuwononga mtendere wamumtima

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Ndife gawo lofunika kwambiri la chidziwitso chomwechi .chomwe chilengedwe chachikuluchi chinachokera

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Kodi munayamba mwawonapo gulu la nkhosa? Ngati imodzi mwa izo ilumpha, gulu lonselo limatsanzira mosazengereza Anthu ambiri ali ngati amenewo Winawake angabwere ndi lingaliro kapena kuyambitsa njira yatsopano, ndipo ena nthawi yomweyo amalowa m'gululi ndikulitsanzira. Njira imeneyi yakhalapo kwa mibadwomibadwo. Mtundu uliwonse uli ndi miyambo yake, ndipo sitinganene kuti yonse ndi yolondola kapena yolondola. Koma ndani akudziwa? Mwina miyambo ina ndi .yopanda tanthauzo komanso yopanda phindu

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Pamene mphepo yamkuntho ya malingaliro ichepa, timalowa mu ufumu wa mtendere ndi kukhudza kukhalapo .kwa Mulungu

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Ganizirani za Mulungu, kapena malo okongola omwe amalimbikitsa mtendere, kapena chochitika chosangalatsa komanso chosangalatsa Kuchita zinthu mwanzeru komanso mwamtendere kumalimbitsa mtima komanso kumatsitsimula

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Tikukhala m'dziko lodzaza ndi chisokonezo. Mungaganize kuti ndalama zimatanthauza chisangalalo, koma mukapeza, mumapeza kuti simukusangalala. Mungapeze chuma ndikutaya thanzi lanu (Mulungu alepheretse) Kapena mungakhale ndi thanzi labwino ndikutaya ndalama zanu. Kapena mungakhale ndi chuma komanso thanzi koma mukuvutika ndi mavuto ambiri ndi ena, kupereka kukoma mtima koma kungokumana ndi

chidani ndi mkwiyo. Popanda Mulungu, palibe chilichonse .m'moyo uno chomwe chingakukhutiritseni

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Dziko lapansi lasanduka chipinda chozunzira anthu omwe sadziwa dongosolo la Mulungu. Koma mukamaona zokumana nazo za moyo ngati aphunzitsi anu ndikuphunzira kuchokera kwa iwo za chikhalidwe chenicheni cha dziko lino ndi udindo wanu mu sewero la chilengedwe, zokumana nazo zimenezo zimakhala kuunika kwamtengo wapatali panjira .yopita ku chisangalalo chosatha ndi chimwemwe

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Kumeneko, kupitirira mdima wosadetsedwa, bata lopanda phokoso, ndi kusakhalapo kopanda chilengedwe, kuli umunthu wosatha, womwe ndi chiyambi cha kukhalapo ndi gwero la mphamvu zonse ndi zamoyo, zooneka ndi .zosaoneka

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Mulungu sanalenge dziko lapansi lino kuti tidye, tigone, ndi kufa, koma kuti tidziwe chifuniro Chake ndikumvetsa cholinga cha kukhalapo kwathu Anthu ochepa anzeru amvetsetsa tanthauzo la dongosolo la chilengedwe chonse, koma anthu ambiri ndi akhungu ndipo sadziwa cholinga .chimenecho

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Ndalama sizinali cholinga changa m'moyo; cholinga changa chinali kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu anatsegula zitseko zambiri za .mwayi kuti ndidzisamalire ndikukwaniritsa ntchito yanga

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Mulungu adalenga chilengedwechi kuti chizigwira ntchito motsatira lamulo lokhazikika komanso losasintha Ngati tiphwanya malamulo aliwonse a chilengedwe chonsewa, timadzilanga tokha Munthu amene amadumpha kuchokera padenga la nyumba yayitali adzaswa mafupa ake.

Chifukwa chake, sitinganyalanyaze lamulo la mphamvu .yokoka popanda kuvutika ndi zotsatira zake

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Tikayang'ana mozama za chitukuko cha dziko lapansi ndi kufufuza zinsinsi zobisika za chitukuko chakale, chithunzi chachikulu chimaonekera, chokhala ndi mizere yolumikizana, mitu yosiyanasiyana, ndi tsatanetsatane wolondola, ndipo timapeza kuti munthu ndi munthu payekha komanso .wokonda anthu nthawi imodzi

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Ngati Mulungu amafuna kuti tizikhala ndi moyo wodziwa zinthu zakuthupi zokha, tikanakhutira ndi zinthu zakuthupi .ndi kukhutira ndi njira za dziko lapansi

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Kuwala kwa chiyero, mtendere, ndi chisangalalo kupitirira maloto kumawala ndikuvina m'kuya kwathu kofunikira

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Ndi chochitika chilichonse chomwe chimawonekera kumwamba kwa miyoyo yathu paulendo wathu wapadziko lapansi, tiyenera kuphunzira momwe tingakulitsire chidziwitso chathu komanso momwe tingamvetsetse bwino zomwe zimatizungulira kapena zomwe timakumana nazo, kenako tidzakhala ndi moyo wabwino komanso kuchita .bwino ndi anthu komanso moyo wathu

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Anthu ambiri amatsanzira ena. Munthu ayenera kukhala woyambirira komanso wolenga, komanso wodziwa zonse .zomwe amachita

Kum'mawa, cholinga chachikulu chakhala kukulitsa chimwemwe chauzimu, pomwe zinthu zakuthupi m'moyo nthawi zambiri zimanyalanyazidwa Kumadzulo, kuli zinthu zina zosangalatsa zakuthupi koma chimwemwe chamaganizo chochepa kwambiri Chomwe chikufunika ndi kulinganiza pakati pa ziwirizi, chifukwa kuyang'ana mbali

imodzi yokha ya moyo kumabweretsa kusalinganika .komanso kulephera kuthana ndi zosowa za moyo mwanzeru

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Chimwemwe chachikulu - pambuyo pa chisangalalo chaumulungu - ndi chakuti munthu akhale pamtendere ndi achibale ake apamtima omwe ayenera kukhala nawo tsiku .lililonse pachaka

Anthu amataya nthawi yambiri akuchita zinthu mwachangu komanso mopupuluma popanda kuchita zambiri. Ochepa amaima kaye kuti aganizire ndikuyesera .kumvetsetsa zomwe moyo umapereka

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Tiyenera kugwira ntchito yomanga nyumba zamkati zanzeru m'minda yamtendere yomwe imakula ndi kuwala .ndi maluwa osawerengeka a makhalidwe abwino auzimu

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Mgwirizano wamkati ndi gwero lamphamvu kwambiri ndipo umapanga mphamvu zongowonjezwdwanso

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Poyang'ana moyo, munthu amapeza kuti kupambana sikophweka Moyo nthawi zambiri umakhala wovuta komanso wosakhululuka, ndipo tiyenera kuyesetsa kuti tipeze zofunika pa moyo. Ganizirani za khama lofunika kuti thupi lanu likhale lathanzi komanso lopanda matenda! Ngakhale mutapambana pa izi, kupambana kumeneko ndi kwakanthawi. Thupi—mukhale ndi moyo wautali—lidzaikidwa m'manda. Kufunika kumafuna kulimbana ndi mphamvu zambiri, zamkati ndi zakunja, kuti mukwaniritse zomwe mukufuna. Mphamvu izi zimagwira ntchito mosatopa kuti zikulepheretseni kukwaniritsa chilichonse chofunikira .kwambiri

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Yesetsani kukhala chete pazochitika zonse, ndipo lolani mbewu ya mtendere wanu iphuke ndi chisangalalo ndi .kumwetulira kokhutiritsa

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Ngakhale oyera mtima akuluakulu sapeza chipulumutso chathunthu pokhapokha atagawana chipambano chawo—zokumana nazo zawo zauzimu ndi chidziwitso chawo chapamwamba—ndi ena mwa kuwathandiza kufika pa kumvetsetsa kwauzimu. Ichi ndichifukwa chake iwo amene afika pamlingo wotere ndi kufika pamlingo wotere amakhala ofunitsitsa kupereka kumvetsetsa kwa iwo amene akufunikira. Ngati mukufuna kupambana kwenikweni, simudzapeza chimwemwe chanu chokha komanso .chimwemwe cha ena

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Aliyense wanzeru akhoza kupeza ndalama Koma ngati ali ndi chikondi mumtima mwake, sangagwiritse ntchito ndalamazo pazifukwa zadyera; m'malo mwake, adzagawana ndi ena Ndalama ndi temberero ndi tsoka m'manja mwa odzikonda ndi osowa, komanso dalitso ndi mphatso m'manja .mwa anthu amtima wabwino komanso opatsa

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Wina angasankhe kukhala chete kwa nthawi yayitali, osalankhula ndi banja lake Ngakhale munthu uyu angapeze mtendere wamumtima, khalidwe lake ndi lodzikonda komanso lowononga chimwemwe cha banja lake. Sangaganizidwe kuti ndi opambanadi pokhapokha ngati okondedwa awo nawonso apindula ndi zomwe akwaniritsa. Mofananamo, kupambana mwakuthupi sikungokhudza ufulu wathu wosangalala ndi chuma chokha; kumaphatikizaponso udindo wathu kwa ena wowathandiza kukonza zachuma ndi .moyo wawo

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Ndatetezedwa kuseri kwa makoma a chikumbumtima changa choyera. Ndatentha zakale zamdima ndipo ndimangoganizira za lero

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Lero ndazindikira kuti ndine mmodzi wa iwo amene ali ndi kuwala kwa zabwino kwambiri ndipo ndine nyali kwa iwo .amene akulimbana ndi mafunde a nyanja ya chisoni

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Anthu ali ndi malingaliro ndi malingaliro osiyanasiyana okhudza kupambana, kutengera zomwe akufuna pa moyo. Sizachilendo kumva anthu ena akuyerekeza kupambana ndi kuba, akunena zinthu monga, "Anali wakuba wopambana!" Izi zikugogomezera kuti kupambana m'mitundu yonse ndi mitundu yake ndikofunikira ndipo kumafunidwa. Komabe, .kupambana kwathu sikuyenera kuvulaza ena

Palinso njira ina yoti tipambane: pamene titha kubweretsa zotsatira zabwino komanso zogwirizana kwa ife eni, tiyeneranso kuphatikiza ena mu kupambana kwathu .ndikugawana nawo zipatso zake

Kupambana kumatanthauza kukhutira ndi kukhutira kwa munthu mkati mwa malo ake Kupambana kwenikweni ndi zotsatira za zochita zozikidwa pa mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika la chisangalalo cha munthu. Ngati tigwiritsa ntchito mfundo imeneyi pa moyo wathu wakuthupi, wanzeru, wamakhalidwe abwino, ndi wauzimu, tidzakhala .ndi tanthauzo lathunthu komanso lokwanira la kupambana

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Pano m'dziko lino lochepa, timaona kutalika, m'lifupi, ndi kuchulukana, koma pali mulingo wina kumene miyeso siilipo; chilichonse chili chowonekera bwino komanso chowonekera —chilichonse ndi chidziwitso ndi kuzindikira Kumva kukoma ndi kuzindikira, monganso kununkhiza Kumverera kwathu, malingaliro, ndi matupi athu ndi mkhalidwe wa chidziwitso Monga momwe timaonera, kumva, kununkhiza, kulawa, ndi kukhudza m'maloto, momwemonso, pamlingo wapamwamba, kodi timakumana ndi malingaliro onsewa ?kudzera mu chidziwitso choyera

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Ambuye, tisangalatseni mwa kumva kuyandikira kwanu, timasuleni ku zilakolako, ndipo tipatseni chimwemwe chamkati chomwe sichimakhudzidwa ndi zomwe zachitika pa .moyo ndi zochitika zake zosintha

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Pamene maganizo athu akugwirizana ndi malingaliro apamwamba, chidziwitso chauzimu chimadzuka mkati mwathu ndipo timakumana ndi zodabwitsa zodabwitsa za .nzeru ndi chikondi cha Mulungu

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Ngati timakonda Mulungu kwathunthu ndikutembenukira kwa Iye ndi malingaliro ndi mitima yathu yonse, tidzamva kuti tili pafupi naye ndipo tidzapeza kuti Iye .ndiye malo abwino kwambiri otetezeka m'moyo

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Mu mlengalenga waukulu komanso wopanda kanthu, muli kulumikizana kwa chilengedwe chonse ndi moyo wosatha womwe umatigwirizanitsa ndi zinthu zonse zamoyo ndi zopanda moyo m'chilengedwe chonse—mafunde a moyo wapamwamba kwambiri omwe akuyenda m'chilengedwe chonse. Kwamuyaya ndiye kwawo kwenikweni komanso malo athu okhalamo kosatha, ndipo kukhala kwathu m'matupi awa ndi kwakanthawi, ngati kupuma kwakanthawi .kwa gulu la anthu oyenda kudutsa m'chipululu

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Tikagwirizana ndi mphamvu zolenga za mzimu, tidzalumikizana ndi malingaliro apadziko lonse lapansi komanso opanda malire omwe angathe kutitsogolera ndikuthetsa mavuto athu. Mphamvu yolenga idzatifikira mosalekeza kuchokera ku gwero lalikulu la umunthu wathu, zomwe zimatithandiza kuti tipambane pa ntchito zathu .zonse

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Chikondi chimakula ndikukula bwino m'malo okhulupirirana, kulolerana, ndi kulemekezana

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Ambuye, tidalitseni ndi kuwala kwa malingaliro oyera ndi zizolowezi zabwino, kotero kuti ngati mdima wa zizolowezi zoipa ndi malingaliro opotoka utifikira, udzachotsedwa nthawi yomweyo. Tithandizeni kukukondani ndi chikondi chachikulu kotero kuti zinyengo zakuthupi kapena mayesero adziko lapansi sizingatigwire kapena .kutilanda malingaliro ndi mitima yathu

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Zinthu zomwe zimapezeka mosavuta sizimakhala zamtengo wapatali. Timadziwa izi pophunzira miyoyo ya amuna ndi akazi olemekezeka komanso momwe adakhalira opambana pokulitsa luso lawo, kukwaniritsa ntchito zawo, kumanga makhalidwe awo abwino, maphunziro awo ozama, komanso kupewa kudzikonda. Zotsatira zomwe adapeza komanso zomwe adakwaniritsa zinali zazikulu kwambiri .kuposa khama lomwe adachita

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Ufulu weniweni uli mu ufulu wosankha wotsogozedwa ndi nzeru ndipo umathandizidwa ndi kumvetsetsa, kulondola, ndi chifuniro chokhazikika

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Mukadzutsa chifuniro chanu, kutsimikiza mtima kwanu, ndi kuzindikira kwanu, mphamvu zosaoneka zimatulutsidwa kuchokera ku chidziwitso chapamwamba—kudzera mu chidziwitso cha mzimu—kuti zikuthandizeni ndikuwunikira njira zopita ku chitonthozo chamaganizo ndi chimwemwe, .mothandizidwa ndi Mulungu

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Munthu ayenera kutsegula njira za moyo wake kudzera mu khama lake Palibe amene amasankha mwadala kuvutika ndi chisoni m'malo mwa mtendere ndi chimwemwe Kusadziwa ndiye muzu wa kuvutika ndipo chopinga chomwe chiyenera kuchotsedwa ndikuchotsedwa Kusadziwa ndi udzu woopsa, wozika mizu mozama, womwe umamera m'munda

wa anthu, kuphimba zomera zabwino komanso zopindulitsa Kusadziwa kuyenera kugonjetsedwa ndi chifuniro chosagwedezeka ndi kutsimikiza mtima kolimba Dothi la maganizo liyenera kulimidwa ndi cholinga chenicheni cha maganizo [pa zabwino] ndipo mbewu zabwino zimathiriridwa ndi madzi a chikhulupiriro Pamene kuwala kwachikondi ndi kofunda kukuwalira, mbewu ya ubwino idzakula ndikugonjetsa udzu ndi udzu, chifukwa mdima sungakhalepo pamaso pa kuwala

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Zosangalatsa za zinthu zakuthupi zimazimiririka ndi kutha, koma chisangalalo cha Mulungu sichimazimiririka. Ndi chisangalalo cha Mulungu chomwe sichingathe .kufotokozedwa

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Sitiyenera kugwiritsa ntchito njira zolakwika kuti tipeze chimwemwe, komanso sitiyenera kusiya mtendere ndi chuma chauzimu chomwe tili nacho mkati mwathu pofunafuna chitonthozo chabodza komanso moyo wowala womwe ungapachikidwa patsogolo pathu chifukwa cha zochita ndi makhalidwe oipa omwe ali ndi zotsatirapo .zowononga

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Bata ndiye kamera yabwino kwambiri yojambulira kukhalapo kwa Mulungu. Kudzera mu lens ya bata loyera komanso lolunjika bwino, chithunzi chodala chidzawonekera .bwino kwambiri

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Ndipotu, nzeru zonse zili mwa inu nokha ndipo chomwe mukufunikira ndikudziwa bwino za izo

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Kukhutira kumadalira kudzikonza, kotero kuti ena amakufunani m'malo mofunafuna iwo. Chikondi ndi ubwenzi ziyenera kuperekedwa popanda kuyembekezera kapena kufuna kubwezera, chifukwa kuyembekezera kumabweretsa

mkwiyo ndi mkwiyo Ngakhale pamene mukuyesetsa kudzikonza, munthu ayenera kukhala yekha, wotetezeka komanso wamtendere mkati mwa linga la makhalidwe .abwino ndi kudziona kuti ndi wofunika

* * *

Mathithi a chisangalalo ndi chiyembekezo atuluke nthawi zonse mumtima mwanga, ndipo madzi awo otsitsimula akhudze onse omwe ndikumana nawo

* * *

Chimwemwe chauzimu chimapanga mumtima chikhumbo chothandiza ena m'njira iliyonse, ndipo chimakulitsa luso loyamikira zosangalatsa zabwino zomwe zimatsogolera ku chimwemwe, motero kuchepetsa .chilakolako cha zosangalatsa zopanda pake

* * *

Kaya udindo wanu ndi wochepa bwanji, umakhalabe wofunikira monga momwe maudindo akuluakulu amathandizira kuti sewero la cosmic lipambane lomwe .mizimu imachita pa siteji ya moyo

* * *

Chikumbumtima cha chilengedwe chonse ndi chidziwitso chathunthu, chopanda malire, chomwe chimadzikonzanso nthawi zonse komanso chosatha mu luso lake, ndipo kudzera mwa inu chimayesetsa kusonyeza mbali .yapadera ya icho chokha

* * *

Ngati mulawa chikondi cha Mulungu ngakhale kamodzi, simudzachisiya chifukwa palibe china chonga icho .m'chilengedwe chonse

* * *

Anthu amene amadziwa Mulungu afika pamlingo wapamwamba kwambiri wauzimu, kotero kuti sakhutira ndi kungopereka uphungu wauzimu kwa ochimwa, koma akhoza - mwa chisomo ndi thandizo la Mulungu - kuwapatsa

mphamvu yauzimu yomwe imawathandiza ku zotsatira za .zochita zawo zauchimo

* * *

Zochita zonse zabwino ndi zoyipa zimakhala mkati mwa maselo a ubongo ndipo zimaonekera ngati zizolowezi zabwino kapena zoyipa kapena zizolowezi m'maganizo. Munthu amene akuvutika ndi zizolowezi zoipa chifukwa chakuti maselo a ubongo wake ali ndi mphamvu ya zizolowezi zimenezo akhoza kudzimasula yekha mwa mphamvu, kusinkhasinkha, kupemphera moona mtima, ndi kutsimikizira kosalekeza mpaka zizolowezi zake zonse zosafunika zitasanduka zizolowezi zabwino za mtendere ndi bata. Izi zimachitika pamene mphamvu ya moyo yoyendetsedwa bwino imagwira ntchito yosintha mawonekedwe osazolowereka a maselo a ubongo, kotero kuti maselowo adzazidwe ndi zonse zabwino, zabwino, .komanso zokongola

* * *

Kumvetsetsa ndi diso lamkati, masomphenya a moyo, ndi telesikopu ya mtima. Ndi mgwirizano pakati pa bata la .maganizo ndi chiyero cha chikumbumtima

* * *

Tsiku lililonse timaona zochitika zosiyanasiyana, ndipo tsiku lililonse limabweretsa phunziro latsopano loti tiphunzire. Munthu akuyembekezeka kuphunzira phunziroli poganizira cholinga chachikulu cha kukhalapo kwake: kuzindikira komwe adachokera komanso maziko a moyo .wake

Tiyeni tigwire ntchito kuti tiiwale chisoni cha m'mbuyomu ndipo titsimikize kuti sitidzachiganizira mozama. Ndi kutsimikiza mtima kosalekeza komanso chifuniro chogwira ntchito, tiyeni tikonzenso miyoyo yathu, tiwonjezere kupambana kwathu, ndikukulitsa mwa ife tokha .makhalidwe abwino ndi makhalidwe abwino

Mulungu ndiye mphamvu yanga ndipo sindikhulupirira mphamvu ina iliyonse
Menyani nkhondo za moyo ndipo pitirizani mpaka kumapeto, osataya mtima Musanene kuti, "Sindingathe kupeza njira, choncho ndisiya kuyesera" Pemphani malangizo ngati mwalakwitsa, koma musasiye kuyesera Ambiri amavomereza kugonjetsedwa akakumana ndi zopinga Iwo omwe alephera ayenera kugwirizana ndi anthu opambana, osati olephera Khalani otsimikiza mtima kuti mupambane; lolani zimenezo zikhale nzeru zanu m'moyo
Tsiku lililonse tiyenera kulimbitsa mphamvu zathu zakuthupi, kuwonjezera mphamvu zathu zamaganizo, ndikudzidziwa bwino ife eni ake kudzera mu kusinkhasinkha, kuganiza bwino, ndi ntchito yabwino komanso yopindulitsa .yomwe imapindulitsa thupi, malingaliro, ndi mzimu pamodzi
Mukafuna kukhazikitsa chizolowezi chabwino kapena kusiya choipa, yang'anani kwambiri maselo a ubongo komwe machitidwe a zizolowezi zosiyanasiyana amakhala. Kuti mukhazikitse chizolowezi chabwino, choyamba khalani chete .ndikusinkhasinkha, kupempha chitsogozo cha Mulungu
Ikani maganizo anu pa malo okhazikika pamphumi panu, pakati pa nsidze zanu, ndipo tsimikizani mwamphamvu chizolowezi chomwe mukufuna kuyika muubongo wanu. Mukafuna kuchotsa zizolowezi zoipa, ikaninso chidwi chanu pa malo okhazikika pa chifuniro ndipo tsimikizani mwamphamvu kuti mizere yonse yomwe .yakhazikika pa zizolowezizo ikuchotsedwa
Ndi cholinga ndi kudzipereka, mutha kuchotsa ngakhale mizere yozama ya zizolowezi zakale zomwe zidakhazikika

Dzitsimikizireni mobwerezabwereza kuti muli ndi mphamvu zochotsera zizolowezi zoipa muubongo wanu. Nthawi yabwino yotsimikizira izi ndi m'mawa kwambiri pamene mphamvu zanu zodziletsa komanso zomwe

mumayang'ana kwambiri zili pachimake. Pitirizani kudzitsimikizira kuti muli omasuka ku zolamula zonse, ndipo tsiku lina mudzapeza—ndi thandizo la Mulungu—kuti .mwadzimasuladi ku chizolowezi chomwe mukufuna kusiya

Chilichonse chomwe mukuopa, chichotseni m'maganizo mwanu ndipo chisiyeni kwa Mulungu Limbitsani chikhulupiriro chanu mwa Mulungu ndipo khulupirirani kuti Iye akhoza kukuthandizani, ndipo dziwani kuti mavuto ambiri .amachokera ku nkhawa ndi nkhawa

N’chifukwa chiyani muyenera kuvutika tsopano pamene chinthu chomwe mukuchiopa sichinachitike? Popeza mavuto athu ambiri amachokera ku mantha, ngati tichotsa mantha m’miyoyo yathu tidzamva omasuka ndipo machiritso .adzachitika nthawi yomweyo

Usiku uliwonse, musanagone, dzitsimikizireni kuti Mulungu ali nanu, akukutetezani ndi kukusamalirani. Onani kuwala kwake koteteza kukuzungulirani kuchokera mbali .zonse, ndipo mudzamva chitetezo chake chodabwitsa

Mu seweroli la chilengedwe chonse, anthu amitundu .yonse amachita sewero la moyo pa siteji ya nthawi

Tiyenera kumvetsetsa tanthauzo la moyo popanda kutanganidwa kwambiri ndi ntchito zathu zakanthawi kapena kuganizira kwambiri za maudindo athu akanthawi. Kumvetsetsa kwathu moyo nthawi zambiri kumakhala kolakwika komanso kolakwika chifukwa timakuona kudzera mu maso adyera komanso malingaliro ochepa; ngati titayang'ana ndi maso a mzimu, tikanawona zinthu mosiyana .kwambiri

Tikatsegula diso la nzeru, timaona kuwala kwa Mulungu kozungulira zonse, ndipo m'kuunika kumeneko timazindikira umunthu wathu wauzimu, womwe ndi chiwonetsero cha umunthu wa chilengedwe chonse womwe umafalikira tinthu .tonse ndi mbali zina za chilengedwe chonse

Zoonadi zauzimu zimatizungulira, zikugogoda pa zitseko za maso athu otsekedwa, kutilimbikitsa kuti tiwone kuwala m'malo mwa mdima, kuti tichite zinthu mwanzeru m'malo mwa kusadziwa, kuti tidzaze mitima yathu ndi chikondi m'malo mwa chidani, ndi kugwirizana pokhazikitsa mtendere ndikubweretsa kuchuluka ndi chitetezo padziko lathu. Tikachita izi, kusadziwa kudzatha, kusiyana kwa dziko lapansi kudzatha, tidzaona umodzi m'kusiyana, ndipo .tidzakhala ogwirizana kwambiri ndi chifuniro cha Mulungu

Ubale wathu ndi Mulungu si wozizira kapena wopanda chikondi, monga momwe ulili pakati pa wolemba ntchito ndi wantchito. Ndife ana Ake, ndipo chisamaliro Chake pa ife chimakhala chokhazikika; Amatimvera nthawi zonse. Ndife gawo lofunika kwambiri la umunthu Wake, ndipo ubale wathu ndi Iye ndi wamoyo komanso wamphamvu. Watipatsa chuma chosatha cha chikondi, kumvetsetsa, kuzindikira, chifuniro chabwino, ndi mphamvu zauzimu, koma ambiri a .ife tawononga chuma ichi pachabe

Mulungu akufuna kuti tikhale otetezeka, mwamtendere, komanso mogwirizana mwaubwenzi, monga momwe ziyenera kukhalira ndi mamembala a banja labwino komanso lachikondi, koma umbombo ndi kuwerengera kwadyera kwamera ndi kuzika mizu m'miyoyo ya anthu ndipo .kwayambitsa kugawikana pakati pa banja

Mulungu akufuna kuti tikhale ambuye, koma tasankha kukhala akapolo Anthu achoka kutali ndi kwawo kumwamba ndipo ataya paradaiso wamkati womva pafupi ndi Mulungu ndi Mulungu pafupi nafe, ndipo sadzatha kupeza paradaisoyo popanda khama lathu Mulungu anatilenga m'chifaniziro .Chake, koma chowonadi ichi chathawa m'maganizo mwathu

Tadzipereka ku chinyengo chakuti tsogolo lathu ndi mavuto ndipo tsogolo lathu ndi chiwonongeko, ndipo tiyenera kung'amba chophimba cha chinyengo ndi lupanga lanzeru kuti tiwone chowonadi chowala kuseri kwa .chophimbacho

Mulungu wandidalitsa ndi chisangalalo m'zaka zonsezi za moyo wanga Kaya anthu akuona kumwetulira kwa chisangalalo pankhope panga kapena ayi, chisangalalo cha Mulungu chili nane nthawi zonse ndipo sichindisiya. Mtsinje waukulu wa chisangalalo umayenda nthawi zonse pansi pa mchenga wa chidziwitso changa ndipo umatuluka ngati akasupe odalitsika omwe amathirira minda ya moyo wanga.

Zovuta zadzidzidzi za moyo sizingasokoneze mtendere wanga, kapena chiyembekezo cha imfa sichingandichotsere chimwemwe chauzimu chomwe ndikumva.

Zinali zovuta kuti mkhalidwe umenewo ukhale wokhazikika komanso wosasinthika, koma zipatso za mzimu zomwe ndimasangalala nazo tsopano ndikugawana ndi ena zinali zoyenera khama langa lonse.

Ndimaganiza ndi kuchita zinthu motsogozedwa ndi mzimu wa Mulungu. Ndalama sizinakhale cholinga changa m'moyo, koma m'malo mwake kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu wanditsegulira zitseko zambiri zabwino kuti ndidzichirikize ndikukwaniritsa ntchito yanga. Ndipo nthawi iliyonse ndikafuna thandizo, Mulungu amapereka nthawi yomweyo.

Chikhumbo changa chokha ndicho kukutumikirani, ndipo ndicho chifukwa chake ndili pano

Mphamvu ya Mulungu ikugwiranso ntchito m'miyoyo yanu. Mudzaona choonadi ichi nokha chikhulupiriro chanu chikalimbikitsidwa ndipo mudzazindikira kuti chuma chenicheni sichimachokera ku kupambana kwa zinthu zakuthupi koma kwa Wamphamvuyonse.

Mphindi iliyonse yomwe mumakhala ndi Mulungu idzakhala yopindulitsa kwambiri, ndipo chilichonse chomwe mumachita chifukwa cha chikondi ndi kukondweretsa Mulungu chidzalembedwa kwa inu m'mbiri ya muyaya.

Khalani nokha m'maganizo anu akuya ndipo sangalalani ndi mtendere wochokera ku kasupe wa chete

Ngati tifesa ntchito zabwino, timakolola chimwemwe ndi madalitso, ndipo ngati tifesa ntchito zoipa, timakolola .mitundu yosiyanasiyana ya mavuto ndi mavuto

Ntchito iliyonse yabwino ili ngati pickaxe yomwe timakumba nayo mu nthaka ya chidziwitso kuti tipeze kasupe wa chisangalalo cha Mulungu

Phunzirani kulowa mu nyanja ya kudzifufuza ndi kufufuza, kaya pankhani ya mabuku abwino, zikhulupiriro, mavuto, nzeru, kapena chisangalalo chamkati, pozindikira kuti kukhala wekha wamba [woganizira] ndiye mtengo wa .chisangalalo chenicheni

Ngakhale moyo umawoneka wosayembekezereka, wosasinthika, komanso wachinsinsi, wodzaza ndi kukayikira komanso mitundu yonse ya mavuto ndi zovuta, timakhalabe pansi pa chitetezo cha Mulungu nthawi zonse. Sitiyenera kukokomeza zinthu kapena kutaya bata lathu poyang'anizana ndi zochitika, chifukwa ngati tilola mantha kutigonjetsa, timapereka mphamvu ku choipa ndikukulitsa mizu yake, yomwe imakula ndikukula m'nthaka ya mantha .ndi nkhawa

Dzifunseni usiku uliwonse: Kodi mwakhala ndi nthawi yochuluka bwanji ndi Mulungu, mwaganizira mozama bwanji, mwakwaniritsa zinthu zotani, mwachitira ena zinthu zotani, ?komanso mwalamulira zilakolako zanu mozama bwanji

Sitiyenera kuyembekezera kupeza chimwemwe ndi mtendere wosatha m'mayesero a moyo; m'malo mwake, tiyenera kuzifunafuna ndi kuzipeza mkati mwathu. Kenako, zilizonse zomwe timakumana nazo, tidzazithana nazo monga momwe timaonera zomwe wina wakumana nazo mufilimu, .kaya zosangalatsa kapena zopweteka

Munthu akhoza kusintha zonse zomwe anakumana nazo kukhala zovuta komanso zomvetsa chisoni ngati alola maganizo ake kutero. Angakhale ndi thanzi labwino koma osazindikira kufunika kwake. Koma ngati adwala, adzadzichepetsa ndikuyamikira madalitso a moyo wabwino.

Tiyenera kuvomereza chisomo cha Mulungu ndikumuyamika chifukwa cha madalitso omwe watipatsa popanda kudikira kuti mavuto atipangitse kuyamikira ndi kuzindikira chisomo .chake

Moyo uyenera kukhala wosakanikirana ndi kusinkhasinkha ndi kuchitapo kanthu Munthu akataya kulinganiza bwino maganizo ake, amakhala pachiwopsezo cha nkhawa, mitambo ya chisoni, ndi ululu. Ndipo ngati ayesa kuswa malamulo a thanzi, chitukuko, ndi nzeru, .mosakayikira adzavutika ndi matenda, umphawi, ndi umbuli

Tiyenera kusunga zolinga zathu kukhala zoyera, zolinga zathu zikhale zoyera, ndikuchita zinthu m'njira yomwe imatibweretsera mtendere wamumtima, osalola kuti zinthu za m'moyo zisokoneze mtendere wathu ndikuwononga .chimwemwe chathu

Mitima yachisoni ndi malingaliro osweka zimandikopa, ngakhale zitali kutali bwanji

Wonjezerani malire a ufumu wanu wowala wa chikondi kuti pang'onopang'ono muphatikizepo banja lanu, anansi anu, dera lanu, dziko lanu, ndi mayiko ndi zolengedwa zonse .zodziwa bwino ntchito yanu

Tiyeneranso kulimbitsa nzeru zathu ndikukana katundu wa kufooka kwa nzeru ndi makhalidwe abwino komwe kwachokera kwa zaka zambiri. Zonyansa zimenezi ziyenera kutenthedwa ndi moto wa kutsimikiza mtima kwatsopano ndi kuchitapo kanthu kopindulitsa. Ndi njira yomanga imeneyi, munthu wodziperekadi akhoza kufika pamlingo wa ufulu ndi .ufulu

Yambitsani mphamvu zopanda malire zomwe zili mkati mwanu kuti muthe kusewera gawo lanu lolemekezeka pa siteji ya moyo

Munthu akangoyamba kulambira chuma, ndalama, kutchuka, kapena china chilichonse kupatula Mulungu,

chimwemwe chimakhala chawo. Anthu amene amaika maganizo awo onse pa zinthu zimenezi kwenikweni amalambira zimenezo, ndipo chifukwa chake sayandikira kwa Mulungu koma m'malo mwake amachoka kwa Iye. Koma anthu amene amaganizira za Mulungu, amaganizira za Iye, ndi kulankhulana naye mumtima mwawo amayandikira kwa Iye ndipo amasangalala mumtima mwawo mukulankhulana .naye chete

Mulungu yekha ndiye angathe kukwaniritsa maloto a anthu ndi ziyembekezo za chimwemwe chosatha. Chifukwa chake, palibe chomwe chiyenera kuloledwa kutenga malo a .Mulungu mumtima

Pali zizindikiro zopatulika zomwe zingathandize wofunafuna kukumbukira Mulungu ndi kuyandikira kwa Iye. Komabe, ngati munthu ayamba kulambira zizindikiro zimenezi, kuvulala kwake kudzaposa ubwino wake. Kulambira kuyenera kuperekedwa kwa Mulungu yekha, .chifukwa palibe china chilichonse choyenera kulambiridwa

Kaya kulambira kotsatira miyambo kuli kotani, Mulungu amavomereza bola ngati wolambirayo akuchita zimenezi ndi chidziwitso chauzimu komanso kufunitsitsa Iye. Komabe, anthu ambiri samvetsa tanthauzo la kulambira, ndipo maganizo ndi mitima yawo imachoka kwa Mulungu kupita ku .miyambo, motero sapindula kwambiri ndi kulambira kwawo

Olambira oona salola kuti chidziwitso chawo chikhale chokhazikika pa chifaniziro kapena mawonekedwe aliwonse, koma amaika chidwi chawo chachikulu ndi chidwi chawo chonse pa mzimu waumulungu womwe uli kumbuyo kwa .zithunzi ndi mawonekedwe onse

Mulungu ndi wokwanira komanso wopanda malire, ndipo palibe chifaniziro kapena chifaniziro chomwe chingamulowemo

Tinganene kuti Mulungu amadziwonetsera mwa aliyense amene amamukonda moona mtima ndipo ali mogwirizana ndi Iye, chifukwa alipo paliponse ndipo motero alipo mwa

aliyense Komabe, si aliyense amene ali ndi mphamvu zowonetsera kukhalapo kwa Mulungu. Dzuwa limawala mofanana pa malasha ndi diamondi, koma diamondi imalandira ndi kuwonetsa kuwala kwa dzuwa, pomwe malasha sangathe

Mofananamo, anthu onse amamizidwa mu kuwala kwa Mulungu, koma ochepa okha ndi omwe amatha kulandira kuwalako ndikukuwonetsa m'maganizo ndi zochita zawo. Kuti achite izi, ayenera kudziyeretsa okha mwa kusinkhasinkha komanso kutsatira ziphunzitso ndi malamulo .a Mulungu

Tikamatchula dzina la Mulungu, tiyenera kudziwa bwino zomwe tikunena. Ngati mutaona maganizo a anthu panthawi yopemphera, mungapeze kuti ambiri akuganiza chilichonse kupatula Mulungu, ngakhale kuti akulankhula dzina Lake! Pemphero lotere ndi lopanda phindu komanso lopanda .phindu

Tikamapemphera, tiyenera kuyesetsa kuyang'ana kwambiri Mulungu, osati kungobwerezabwereza dzina Lake lodala pamene tikulola maganizo athu kuyendayenda. M'modzi mwa azakhali anga ankakonda kupemphera mapemphero awo pa mikanda yopempherera, yomwe nthawi zambiri sankatha kuwapeza. Koma tsiku lina anandiuza kuti ngakhale kuti ankachita chizolowezi chopempherachi kwa zaka makumi anayi, Mulungu sanayankhe mapemphero ake. N'zosadabwitsa! ."Mapemphero" ake anali chizolowezi chodetsa nkhawa

Tikamapemphera, sitiyenera kuganizira china chilichonse koma Mulungu yekha. Tiyenera kuyesetsa kukhala oona mtima polambira ndi kudzipereka popemphera. Kugwiritsa ntchito mikanda yopempherera ndi kutchula dzina la Mulungu nthawi zonse n'kovomerezeka bwino ngati chizolowezicho chimachokera mumtima ndipo chimathandizidwa ndi kuwona mtima ndi malingaliro

olunjika. Komabe, chizolowezichi chikhoza kukhala chokha .pakapita nthawi

Tiyenera kunong'oneza dzina la Mulungu m'mitima mwathu, ndi chikhumbo ndi chikondi chaumulungu; uku ndi kulambira koona komwe kumakhudza mtima wa Mulungu. Kutchula dzina la Mulungu mozizira komanso mopanda nzeru ndi mwano komanso mopanda ulemu. Munthu akamapemphera, mtima ndi maganizo ake ziyenera .kudzazidwa ndi chikondi cha Mulungu

Ambuye, Inu ndinu Nyenyezi Yakumpoto Yakumwamba imene maganizo anga oyendayenda amatsogoleredwa nayo mu nyanja yodzaza ndi mayesero ndi masautso

Kuchita masewera olimbitsa thupi a yoga kumathandiza kuyandikira Mulungu, gwero lalikulu la ulemerero ndi ulemerero, monga momwe kumathandizira kuganizira za .Mulungu ndikulankhulana naye

Ndikofunikira kupatula tsiku limodzi pa sabata kuti mupumule mwauzimu (ngati n'kotheka) kuti muganizire za Mulungu ndikukhala ndi mtendere wamumtima. Nthawi yogwiritsidwa ntchito mwanjira imeneyi idzakhala mankhwala otonthoza mavuto ndi nkhawa zomwe .mumakumana nazo mkati mwa sabata yonse

Aliyense amafunika kukhala tsiku limodzi sabata iliyonse ali payekha kapena "kupumula mwauzimu" kuti achiritse mabala ndi ululu wawo wamaganizo Pamene tsiku limenelo lidzakhala la mtendere, chisangalalo, ndi kukhutira, .mudzaliyembekezera mwachidwi sabata ndi sabata

Kukhala wekha ndiye mtengo wa ukulu Mudzadabwa ndi zotsatira zabwino zomwe zidzapezeke m'maganizo mwanu, thupi lanu, ndi moyo wanu kudzera mu kubwerera kwauzimu kumeneku ndi kulumikizana ndi mzimu wanu komanso ndi Mulungu. Ngati mukufuna kukhala ndi chimwemwe chenicheni, muyenera kudzimiza mu nyanja yamtendere wa Mulungu m'mawa kwambiri mukadzuka, komanso .musanagone usiku

Anzeru aku India amalangiza osati tsiku limodzi lokha lokha lokha lokha lokhala paokha, komanso amagogomezera kufunika kosinkhasinkha mwakachetechete nthawi zinayi tsiku lililonse. M'bandakucha, asanadzuke ndi kuonana ndi aliyense, munthu ayenera kusangalala ndi bata ndi mtendere. Masana, munthu ayenera kutonthoza maganizo ake asanadye nkhomaliro, ndikusangalalanso ndi nthawi yamtendere asanadye chakudya chamadzulo. Pomaliza, asanagone usiku, munthu ayenera kulowa mumtendere .kachiwiri

Anthu amene amasunga chete mosamala akakhala okha komanso nthawi zonse zinayi izi za tsiku ndi tsiku adzakumana ndi mgwirizano ndi Mulungu. Anthu amene sangathe kusunga nthawi zonsezi ayenera kudzipereka maola osachepera a m'mawa ndi madzulo pa izi. Mwa kuchita zimenezi, miyoyo yawo idzasinthidwa kukhala yabwino, ndipo adzakhala ndi chimwemwe chenicheni; .zomwe akumana nazo ndiye umboni wabwino kwambiri

Ngati mupitiriza kulemba ndi kusaina macheke popanda kuyika ndalama zokwanira kubweza akaunti yanu ya banki, ndalama zanu zidzatha. Chimodzimodzinso ndi moyo wanu. Popanda kusunga mtendere nthawi zonse mu akaunti yanu ya moyo, mphamvu zanu zidzatha, mtendere wanu udzatha, ndipo chimwemwe chanu chidzatha. Mwachidule, pamapeto pake mudzavutika ndi mavuto amaganizo, amaganizo, akuthupi, komanso auzimu. Koma kusinkhasinkha mozama tsiku ndi tsiku pa Mulungu kudzadzaza akaunti yanu .yamaganizo

Wofunafuna Mulungu wodzipereka amasinkhasinkha tsiku ndi tsiku, kulankhulana ndi Mulungu ndi chikondi chonse ndi chikhumbo chonse mumtima mwake, kumupempha kuti adziwulule yekha. Ngati ndinu wokonda Mulungu ndipo mukufunitsitsa kuona kukhalapo kwake, muyenera kumiza maganizo ndi thupi lanu mu mtendere

wake, ndipo moyo wanu udzakusangalatsani, ndipo zinthu .zanu zidzayenda bwino m'njira zambiri

Munthu wodekha salakwitsa kawirikawiri, ndipo amapambana pamene ena ambirimbiri amalephera Iwo amene saganizira za Mulungu kapena kumusamalira amakhala okhumudwa komanso omvetsa chisoni. Amakwiya .msanga ndipo amakhala makina oyendera

Dzuwa la nzeru ndi mtendere lidzatuluka mumlengalenga wa bata ndipo lidzakuyeretsani mu kuwala kwake kochiritsa malinga ngati muchita khama lauzimu .ndikupereka malo oyamba kwa Mulungu mumtima mwanu

Mwezi umodzi umawala kwambiri kuposa nyenyezi zonse pamodzi. Dzuwa, lomwe limawoneka laling'ono, limachotsa mdima kuchokera kudera lalikulu kuposa lokha nthawi mamiliyoni ambiri. Mofananamo, munthu wabwino, mwa kukhalapo padziko lapansi, amatulutsa kugwedezeka komwe kumatsutsana ndi kusokoneza kugwedezeka .kwakukulu komwe kumachokera kwa anthu oipa

Tsiku losinkhasinkha liyeneranso kukhala tsiku lopumula m'maganizo ndi mwakuthupi komanso kulimbikitsa mtendere wamumtima. Ntchito iliyonse yomwe imabweretsa .nzeru ndi mtendere ndi ntchito yodalitsidwa patsikulo

Ponena za kulemekeza makolo, mabuku opatulika amalimbikitsa kuwachitira zabwino: “Lemekeza atate wako ”ndi amako” ndi “Khalani okoma mtima kwa makolo

Makolo aumunthu ayenera kulemekezedwa monga oimira Mulungu, amene anawapatsa mphatso yolenga anthu. Mayi ndiye chitsanzo cha chikondi choyera cha Mulungu, chifukwa mayi wachikondi amakhululukira kulikonse komwe wina sangachite. Atate ndiye chiwonetsero cha nzeru za .Mulungu ndi mtetezi wa ana Ake

Munthu sayenera kukonda atate wake ndi amayi ake kupatula Mulungu, koma monga chisonyezero cha chikondi Chake choteteza ndi chanzeru. Mzimu waumulungu wapamwamba umakhala bambo ndi mayi kuti athandize

mwana; chifukwa chake, uyenera kulemekezedwa mwa .makolo

Malemba amatilangizanso kuti tisaphe chifukwa cha kupha, chifukwa munthu amakhala wakupha. Munthu sayenera kupha munthu wina mumphindi yachisoni. Komabe, ngati okondedwa ake akuopsezedwa, munthu ayenera kumenyana kuti ateteze anthu omwe Mulungu wawapatsa, chifukwa ndi udindo wopatulika kuteteza banja .lake ndi dziko lake

Ponena za lamulo loletsa chigololo, cholinga chabwino kwambiri cha kugonana chiyenera kukhala kubereka ana olengedwa m'chifaniziro cha Mulungu ndi kusonyeza chikondi choyera chomwe okwatirana amamva omwe amaona Mulungu mwa wina ndi mnzake. Anthu omwe amakhala ndi moyo wokhawokha, osaganizira za chikondi chenicheni kapena cholinga chapamwamba chomwe chilakolako chogonana chinapangidwira, amachita chigololo motsatira lamulo ili. Pankhaniyi, sasiyana ndi nyama zomwe zimakhutiritsa chilakolako chawo chogonana kenako n’kupita .patsogolo

Mulungu adalenga chilakolako cholenga ichi mwa amuna ndi akazi kuti abereke ndi kusonyeza chikondi chenicheni m'banja, ndipo sichiyenera kugwiritsidwa ntchito molakwika mwanjira ina, koma m'malo mwake chisandulike .kukhala ntchito yopatulika ndi chidziwitso

Ngati mungathe kulamulira ndikugawa mphamvu zogonana mkati mwanu, mudzatha kukulitsa luso lamphamvu la maganizo polemba, kujambula, kapena .kuwulula maluso obisika m'njira zina zambiri

Ndipo mukadzatha kulamulira ndikusintha zochita zanu zauzimu, mudzakhala ndi mtendere waukulu, chikondi .chachikulu, ndi chimwemwe chauzimu chowonjezeka

Oyera mtima ndi atsogoleri auzimu omwe asintha machitidwe awo ogonana mwauzimu ndi zimphona zomwe

zimatha kuchita zodabwitsa komanso zodabwitsa padziko .lapansi komanso pofunafuna choonadi mopanda nzeru
Motero, kugwiritsa ntchito kwambiri chilakolako chogonana ndiko kukweza mphamvu zake, kutanthauza kuti, kupititsa mphamvu zake ku cholinga chapamwamba kuti awonetse nzeru, malingaliro apamwamba, ndi mfundo zauzimu Munthu sayenera kusangalala ndi malingaliro ogonana kapena kulakalaka zomwe siziloledwa. Kudziletsa kwamtunduwu kukakwaniritsidwa, munthu adzakhala ndi malingaliro abwino pa kugonana ndi cholinga chake .chapamwamba
Kukhala kapolo wa nkhani zogonana kumatanthauza kutaya thanzi, kudziletsa, ndi mtendere wamumtima, ndipo mwachidule, zinthu zonse zomwe zimapangitsa munthu kukhala ndi chimwemwe
Mabuku opatulika amatilimbikitsanso kuti tisabe Ngati gulu la anthu chikwi likanaberana, aliyense adzakhala ndi adani 999 Chifukwa chake, munthu sayenera kuphwanya ufulu wa ena, kapena kulanda malo awo, mtendere, chikondi, ulemu, kapena chilichonse mwa zinthu zawo zakuthupi kapena zauzimu Ngati simukufuna kutenga zomwe si zanu, zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu Kuba kumayambira m'maganizo munthu akayamba kuchitira nsanje ena Mbewu za zilakolako zoipa ziyenera kuchotsedwa m'maganizo Kukoma mtima kwauzimu ndiyo njira Kenako, munthu adzakopa chuma mwachibadwa, ndipo madalitso adzabwera kwa iye kuchokera ku magwero omwe amadziwa ndi magwero omwe sadziwa Ili ndi lamulo la Mulungu losalephera Ponena za akuba ndi anthu odzikonda, amakhala moyo wawo wonse akufunafuna zinthu zakuthupi, maso awo nthawi zonse pa zomwe ena ali nazo, ngakhale ndalama zawo zitadzaza ndi golide
Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe

Chimwemwe chimabwera pokhapokha ngati munthu akugwirizana ndi ena. Chimachitika munthu akamamva zosowa za ena ngati kuti ndi zake ndipo amagwirira ntchito .ena monga momwe amagwirira ntchito yekha

Lamulo lina lofunika ndi kupewa kupereka umboni wabodza Kuvulaza munthu mwa kupotoza chowonadi ndi njira ina yowonongera mgwirizano wa anthu Ngati munthu akufuna kuchitiridwa bwino, ayenera kuchitira ena moyenera. Chowonadi chiyenera kunenedwa nthawi zonse, koma kusiyana kuyenera kupangidwa pakati pa kunena chowonadi ndi kungonena zoona. Kutchula munthu ngati wolumala kapena wakhungu n'kopweteka komanso kovulaza; munthu ayenera kuganizira za malingaliro a ena ndikupewa kuwachititsa manyazi. Mofananamo, kuulula chowonadi chomwe chingapereke munthu popanda cholinga chabwino nakonso n'kolakwika. Kumbali ina, munthu sayenera kunama kuti apewe kunena zoona; m'malo mwake, munthu akhoza kukhala chete pazochitika zina kuti apewe .kuchititsa manyazi kapena kuvulaza ena

Munthu ayenera kusamala ndi nsanje, matenda oopsa omwe amaluma mtendere wa moyo Munthu akamalakalaka kwambiri zinthu za ena, amakhala ndi chisoni chachikulu komanso mavuto ambiri. Munthu wansanje amakhala ndi moyo wovuta, osadziwa kukoma kwa mtendere. Ndi bwino kuti adzilemekeze, adzidalire, komanso afune chuma .chauzimu chamkati

Ulemu wa munthu ndi kufunika kwake kwa mkati n’zoposa chilichonse chimene angafune kapena chimene akufuna kukhala nacho. Mulungu amaonekera mwa munthu aliyense m’njira imene sionekera mwa munthu wina aliyense. Nkhope yawo si yofanana ndi ya wina aliyense, ndipo moyo wawo si wofanana ndi wa wina aliyense, chifukwa mkati mwawo muli chuma chachikulu kwambiri cha chilengedwe chonse—ndipo chuma chachikulu chimenecho .ndi Mulungu

Tikufuna kuti miyoyo yathu iwonekere ndikukula ndi ntchito zabwino, ikhale ndi fungo lokoma la chisangalalo ndi chimwemwe, ndikukhala ndi moyo kosatha m'chikumbukiro .cha iwo omwe amatiyamikira

Munthu akakhala ndi chikhulupiriro choyenera ndikuchita zinthu moyenera, amakhala wosangalala kuposa anthu opanda chikhulupiriro ndipo sachita ntchito zawo .pankhondo ya moyo

Chikhulupiriro cholimba ndi zochita zolungama (zothandizidwa ndi zolinga zabwino ndi zolinga zabwino) nthawi zonse zimapezeka kulikonse komwe kuli chimwemwe, ndipo zimatayika kulikonse komwe kulibe chimwemwe Kuchokera pa izi, tingathe kunena kuti ndi zinthu ziwiri zofunika kwambiri kuti munthu akhale ndi chimwemwe, zomwe sizingapezeke popanda izo. Amene akufuna chimwemwe amafunika kukhala ndi zinthu ziwiri .zofunika kwambiri izi, zomwe ndi maziko ake ndi mizati

Anthu sangathe kulamulira, kusintha, kapena kufufuta zinthu zopanda malire za chilengedwe chonse mwakufuna kwawo. Zinthuzi zimalumikizidwa mozama ndi moyo wa munthu, ndipo anthu sangathe kugwira ntchito padera. Komabe, anthu amatha kulamulira maganizo awo kuti .agwirizane ndi zinthuzi ndikupewa kuvulala nazo

Makolo athu anali osangalala kuposa ife osati chifukwa chakuti anali ndi zinthu zambiri za dziko lapansi ndi zosangalatsa kuposa ifeyo panopa, kapena chifukwa chakuti sanali ndi mavuto ambiri a moyo, koma chifukwa chakuti anali ndi maganizo abwino omwe ankawapatsa chitonthozo, .mtendere, kukhutira, komanso chimwemwe mwachidule

Sanadalire zinthu zakunja kuti akhale ndi chimwemwe, komanso sanagonjere zinthu zakunja zomwe zikanawalanda chimwemwecho. Malingaliro awo a chitonthozo, mtendere, chimwemwe, ndi kukhutira anali achibadwa, abwinobwino,

athanzi, komanso okhalitsa. Ifenso tiyenera kukulitsa malingaliro amenewa ngati tikufuna kukhala ndi chimwemwe. Ndipo ndani pakati pathu amene safuna ?kukhala nacho

Tsogolo ndi zotsatira za kugwiritsa ntchito ufulu wosankha wakale. Kudzera mu machitidwe athu akale a ufulu wosankha, tabweretsa ndipo tikupitiriza kudzibweretsera tsoka ndi tsogolo. Komabe, sitili omangidwa ndi zakale, komanso sitikhala oletsedwa ndi zotsatira za zochita zathu. Tikhoza kugwetsa zomwe tabzala ndikuchotsa zomwe talemba ngati tikufuna ndikuyesetsa kukonza njira .yathu ndikukweza ubwino wa zokolola zathu

Ngati tichotsa mbewu za zochita zomwe zimakhala ndi zotsatirapo zowawa ndikubzala m'malo mwake mbewu zoyenera kwambiri chibadwa cha mzimu, tidzakolola zipatso za chimwemwe kuchokera ku mbewu zabwino zomwe zabzalidwa m'nthaka ya mzimu. Tiyenera kugwiritsa ntchito ufulu wosankha tsopano, tsopano osati mawa, ngati tikufuna kupeza chimwemwe chachikulu kapena kuchepetsa kuvutika .ndi ululu

Chifukwa chake, zinthu zomwe zimapangitsa munthu kukhala wachimwemwe zili mwa iye, ndipo chomwe ayenera kuchita ndikungoganizira mozama za equation yomwe siilakwitsa, ndipo zotsatira zake zidzakhala zabwino kwa iye .ngati apanga mayeso abwino kwambiri ndikuthana nawo

Ambuye, moyo wanga udzazidwe ndi mphamvu zanu, mtima wanga udzazidwe ndi kukhalapo kwanu kotonthoza ndi chifundo, maganizo anga adzazidwe ndi nzeru zanu, ndipo moyo wanga udzazidwe ndi chidziwitso chanu .chaumulungu

M'nthaka ya mitima yanu, mbewu za chikondi zimamera. Thirirani mbewu zimenezo ndi madzi a chikondi .cha padziko lonse ndi chifundo cha padziko lonse

Mphamvu ya maganizo ndi yopanda malire ndipo, ngati muganizira mozama za nkhani iliyonse, mudzapeza yankho la funso lililonse lokhudzana ndi nkhaniyo.

Ngati munthu adzipereka ntchito ndi zochita zake zonse kutumikira ena ndikuzikwaniritsa ndi maganizo okhutira, ndiye kuti ayenera kuganiziridwa ndi kuyamikiridwa.

Sitiyenera kukhala ndi mbali imodzi. M'malo mwake, tiyenera kulinganiza zochita zathu ndikuyika patsogolo ntchito ndi maudindo athu, malinga ndi kufunika kwa chilichonse.

Udindo ndi ntchito imene munthu amachita mosangalala osati chifukwa cha phindu la zinthu zakuthupi, ndipo udindo wauzimu ndi wamakhalidwe abwino uyenera kukhala woyamba m'moyo.

Munthu aliyense ali ndi mphamvu zomwe sanazigwiritse ntchito. Ali ndi mphamvu zonse zofunika. Maganizo okha ndi amphamvu kwambiri, ndipo ayenera kumasulidwa ku zizolowezi ndi malingaliro akale komanso oletsa.

Mphamvu ya mapulaneti ndi nyenyezi pa moyo wa anthu imayambitsidwa ndi mphamvu zokopa ndi kusokonezana pakati pa mapulaneti ndi matupi a anthu.

Maganizo oipa amatsogolera munthu kumalo oipa komwe angathe kudziwonetsera malinga ndi zomwe akufuna Komabe, munthu akhoza kusintha maganizo ake ndi chidziwitso chake pogwiritsa ntchito mphamvu ya chifuniro, ndipo motero, malo ake Ngati munthu akhalabe m'malo oipa kwa nthawi yayitali, malo amenewo amayamba kumukhudza mosazindikira Pakapita nthawi, amataya ufulu wawo wosankha malo abwino komanso abwino ndikukhala pansi pa zisonkhezero zoipa za malo oipa amenewo. Koma anthu omwe ali ndi mphamvu ya chifuniro champhamvu, kumbali ina, amagwirizana ndi Mulungu.

Mphamvu yokhazikika ya malingaliro

Mukayang'ana kuwala kwa dzuwa kudzera mu galasi lokulitsa pa mfundo yaying'ono, kumatulutsa kutentha, ndipo kutenthako kumatha kuyatsa matabwa, nsalu, mapepala, ndi zina zambiri. Mofananamo, mukayang'ana bwino maganizo anu, mphamvu zake zokhazikika zimatha kuwotcha mizu ya kukayikira kumbuyo kwa kulephera kulikonse ndikulola .kuwala kwa nzeru kuwala kwambiri

Maganizo akagwirizana ndi Mulungu, gwero la zabwino zonse ndi chiyambi cha mphamvu zonse zodala, amazindikira kukhalapo kwa Mulungu ndipo amakhala ndi zinthu zonse za kupambana. Zinthu zimenezi zimagwirizana kwambiri ndi mphamvu yaikulu ya Mulungu, zomwe zimatha .kupanga mwayi watsopano wopambana m'munda uliwonse

Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika panthawi inayake ndi pamalo enaake. Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe ananena, zomwe zinamera mizu m'nthaka ya chidziwitso chawo, kumera kukhala chomera ndikubala zipatso zomwe zimasonyeza makhalidwe enieni a malingaliro .ndi zochita zimenezo

Mayesero ndi mavuto sizibwera kudzaswa munthu kapena kulepheretsa chifuniro chake, koma kuti zimuthandize kuzindikira ukulu wa Mulungu ndi kulemekeza malamulo Ake, omwe angawathandize kupeza chimwemwe chenicheni. Mulungu satumiza mayesero awa ovuta chifukwa chakuti ndi opangidwa ndi anthu. Chomwe chikufunika kwa anthu ndi kudzutsa chidziwitso chawo kuchokera ku tulo ta kusamvera ndi kutuluka mu mdima wa kusadziwa kupita ku .kuwala kwa chidziwitso

Nthawi zambiri, malingaliro athu amatilonjeza zosangalatsa zakanthawi kochepa koma pamapeto pake amatibweretsera ululu ndi kuvutika kwa nthawi yayitali. Ubwino weniweni ndi chisangalalo, komabe, zimalonjeza zochepa, koma pamapeto pake zimatipatsa chisangalalo

choyera komanso chokhalitsa. Ichi ndichifukwa chake ndimaona chisangalalo chamkati, chokhalitsa kukhala chisangalalo chenicheni, ndi zosangalatsa zakanthawi .kochepa kukhala zosangalatsa chabe

Mukayang'ana dzuwa kuchokera kutali kwambiri mumlengalenga, nyenyezi yaikuluyo imaoneka yaying'ono kwambiri kuposa Dziko Lapansi

Komabe, kukula kwa dziko lapansi ndi pafupifupi makilomita 7,900, pomwe kukula kwa dzuwa ndi kwakukulu nthawi zana kuposa kwa dziko lapansi. Ngati mungayike dziko lathu lapansi patsogolo pa dzuwa, lingawoneke ngati .kadontho kakang'ono poyerekeza ndi dzuwa

Tiyerekeze kuti mphamvu yaikulu ya dzuwa ikukula ndikukula mpaka thunthu lake lalikulu litameza thambo lonse labuluu. Thambo limene tikuliona ndi gawo laling'ono chabe, kwenikweni kachidutswa kakang'ono, ka mlengalenga komwe kakuzungulira chilengedwe chonse .chopanda malire

Ngakhale dzuwa litapitirira kukula ndi kutambasuka mumlengalenga kwamuyaya, silingathe kuphimba zinthu .zopanda malire

Chinyengo cha chilengedwe chonse cha kuchepa ndi malire chimalepheretsa malingaliro kuzindikira kukula kwa chilengedwe chonsecho

Kodi kusakhalapo konseku kunachokera kuti, ndipo ?malire ake ndi ati

Iye amene sali pansi pa miyeso, amene alibe malire kapena chiyambi, ndiye Mulungu, amene ali paliponse ndipo amakhala kutali kwambiri mumlengalenga. Ali mu nyenyezi zakutali, monga momwe zilili mkati mwanu ndi mkati mwanga, amadziwa bwino malo aliwonse omwe ali,

mosasamala kanthu kuti ndi ang'onoang'ono kapena akulu .bwanji

Zakale sizikudziwika kwa anthu ambiri, kupatulapo anthu ochepa osankhidwa odziwa bwino ntchito. Komabe, kusadziwa kwathu zakale kulinso ndi phindu kwa ife. Pakuti tikanadziwa zonse zomwe tachita m'moyo uno ndi m'miyoyo yakale, tikadagwidwa ndi kuchuluka kwa zochita zathu ndikusokonezeka kwambiri. Chifuniro chathu chingalepheretsedwe ndi mantha, zomwe zingatipangitse kuti tisapitirize kuchita zinthu zathu ndikusiya titataya mtima. Ngakhale m'moyo uno wapadziko lapansi, kuiwala ndi dalitso lochokera kwa Mulungu, lomwe limaletsa malingaliro ndi malingaliro athu kuti asakhudzidwe ndi zokumbukira zakale, makamaka zowawa komanso zopweteka. Mwamwayi, kuwala kwaumulungu mkati mwathu nthawi zonse kumawala ndi chiyembekezo komanso chikhumbo chopitiliza ulendo wosatha wa moyo. Tiyenera kuyamika Mulungu chifukwa cha madalitso awiriwa: .kuthekera koiwala zakale ndi chiyembekezo chamtsogolo

Sitiyenera kuganiza kuti tsogolo limaika zopinga pa ufulu wosankha Komabe, tiyenera kuchita zonse zomwe tingathe kuti tipewe zinthu zoipa zomwe anthu ambiri amati ndi tsogolo ndi tsogolo, ndikugwiritsa ntchito ufulu wathu wosankha malinga ndi zikhulupiriro zathu zamkati, bola ngati zikhulupiriro zimenezi zimachokera pa chikhulupiriro cholimba komanso zozikidwa pa malamulo a Mulungu, omwe popanda iwo munthu sangasangalale ndi chimwemwe .chenicheni

Tikayamba kuchitapo kanthu, sitiyenera kuopa mavuto, koma tiyenera kukhala ndi chiyembekezo mpaka pamlingo waukulu, ndi chikhulupiriro chonse kuti palibe chomwe chingalepheretse kugwiritsa ntchito chifuniro chathu .ndikugwiritsa ntchito ufulu wosankha

Anthu nthawi zambiri amakhala ngati tsamba loyandama pamwamba pa mtsinje, ndipo ayenera kudzitulutsa okha mumsewu wa zizolowezi zomwe zimawatsogolera ku mathithi achinyengo ndi chiwonongeko. Anthu ambiri amaoneka osayanjanitsika ndipo amalola kuti .atengedwe ndi msewuwo

Ngati talephera kukwaniritsa cholinga chathu, ndikovomerezeka kuvomereza mosapita m'mbali kuti panali zopinga zomwe tinapanga zomwe zinatilepheretsa kukwaniritsa cholinga chathu. Tiyenera kupirira ndikuwonjezera khama lathu kuti tikwaniritse zomwe tikufuna. Tiyeneranso kudzitsimikizira kuti ngakhale zopinga ndi zovuta zitakhala zolimba komanso zoopsa bwanji, tili ndi mphamvu zozigonjetsa. Ngakhale titalephera ngakhale titayesetsa bwanji, palibe chifukwa chotaya mtima kapena kukhumudwa, bola ngati tikumvetsa kuti chifuniro cha munthu chili champhamvu kuposa tsogolo, lomwe ndi lopangidwa ndi ife tokha. Chifukwa chake, sitiyenera kusiya kuyesera, ngakhale titalephera kangati, chifukwa nthawi zonse pali zitseko zotseguka. Tiyenera kungopitiriza kuyesetsa ndikubwereza kuyesa mpaka titapambana. Mulungu adzatipatsa thandizo bola ngati tidalira Iye ndikuyesetsa kuchita khama lofunikira. [Iye amene akuyenda panjira adzafika komwe akupita, ndipo iye amene amadalira Mulungu sadzakhumudwa]

Munthu akamafuna chinthu mwamphamvu komanso mosalekeza, chilakolako chimenecho sichichoka m'maganizo mwake, kulikonse komwe akupita komanso chilichonse chomwe angachite. Kudzera mu ntchito yake yosalekeza komanso yosatopa, chilakolako chimenecho chimakhala ndi kutsimikiza mtima kwakukulu ndi mphamvu. Kunong'ona kwamkati kumeneku kuli ndi mphamvu komanso kogwira mtima kuposa kupemphera mwamwambo, komwe kumangosuntha milomo. Umu ndi momwe iwo amene amakonda Mulungu amachitira zinthu. Amanong'ona chikondi chawo kwa Iye mosalekeza, kunong'ona kwawo kochokera pansi pa mtima kumakhala kosamveka pa zochita zawo za tsiku ndi tsiku. Kunong'ona kumeneku kochokera pansi pa mtima sikuwasokoneza kapena kutsutsana ndi ntchito zawo zina. Pamene chilakolako chawo cha Mulungu chikukula, chikondi chawo kwa Iye chimakula ndikukula, mpaka atawona kukhalapo Kwake ndikuwona kuwala Kwake ndi diso la moyo. Amalawa chimwemwe chachikulu .ndikumva mtendere woposa kufotokozedwa

Mulungu amatipatsa maphunziro omwe timafunikira pamoyo wathu kuti tipindule nawo ndikupeza kumvetsetsa ndi chidziwitso. Aliyense amene amapewa maphunziro amenewo adzakakamizika kuwaphunzira ngakhale zitakhala .nthawi yayitali bwanji

Mayeso aliwonse ndi bwenzi ngati tiphunzirapo kanthu, ndipo ndi wolamulira wankhanza ngati titawononga mwayiwo ndikuugwiritsa ntchito molakwika ndi kudandaula, .mkwiyo, komanso kusaganiza bwino

Tikakhala ndi kumvetsetsa bwino komanso malingaliro abwino pa moyo, zimakhala zokongola komanso zopanda .mavuto

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milandu yamaganizo

Munthu sangakhalebe wonyamulidwa ndi mafunde a chisangalalo kwamuyaya, womizidwa m'madzi odzaza ndi chisoni, kapena womizidwa m'kuya kwa kusungulumwa. M'dziko lino la zinthu ziwiri zotsutsana, munthu wamba amakumana ndi zovuta—kukwera ndi mafunde a chisangalalo, kumira mu phompho la kusasamala, ndi kukankhidwa ndi mafunde amphamvu a chisoni—osakumana .ndi vuto lina lililonse la chidziwitso

Kulola zochitika kusokoneza maganizo a munthu mwanjira imeneyi kumatanthauza kusiya chifuniro chake kuti chikhale chosasinthika komanso chosinthasintha. Chomwe munthu amafunikira kuti akhale ndi moyo wopambana komanso wokhutiritsa ndi kukhazikika maganizo, ndipo izi zitha kuchitika pokhapokha poganizira mozama komanso .kulamulira mphamvu zake zamaganizo

Ngakhale chisoni chachikulu chimatha pakapita nthawi, kotero palibe chifukwa chokhalira ndi chisoni tsiku lililonse la moyo wathu. Kulira nthawi zonse chifukwa cha imfa ya wokondedwa sikuthandiza iwo kapena ife, ndipo sikusintha chilichonse. Mofananamo, kukhala ndi vuto lodziona ngati

wopanda pake kapena kudzilanga chifukwa cha zolakwa zakale kapena zolephera sikuthandiza; kumangopangitsa moyo kukhala wosasangalatsa komanso kulepheretsa .mphamvu zamaganizo

Sitiyenera kudzilola kugwera mu dzenje la chizolowezi chosasangalatsa, chifukwa chimenecho ndi mkhalidwe wamaganizo womwe suli bwino, chifukwa umasokoneza malingaliro ndikuwotcha luso lobisika mu ng'anjo ya .kusasamala

Kulephera kuyenera kuchotsedwa mizu yake, ndipo minda ya moyo iyenera kulimidwa mwakhama komanso modzipereka ndikufesedwa mbewu zabwino kuti tikolole .zipatso zambiri, mothandizidwa ndi Mulungu
Chitani chinthu chomwe palibe amene adachitapo kale— chinthu chomwe chidzadabwitsa dziko lapansi Onetsani kuti mphamvu ya Mulungu yolenga ikugwira ntchito kudzera mwa inu

Anthu odekha komanso akhalidwe labwino amathandiza kuti maganizo athu akhale okongola komanso athanzi. Sikovuta kudziwa ngati munthu amatenga chakudya chake chanzeru kuchokera pamalo amtendere kapena osokoneza. Nkhawa, kupsinjika maganizo, ndi chisokonezo zonse zimachokera ku kugwirizana ndi anthu olakwika, kaya abwenzi kapena achibale, zomwe zimapangitsa kuti munthu akhale ndi maganizo oda nkhawa komanso kukhala ndi .maganizo ovutitsa

Thupi limatenga mphamvu ndi zochita kuchokera ku zakudya zakuthupi, pomwe zakudya zamaginito zimapatsa thupi ndi malingaliro mphamvu zomwe zimakhala zosavuta kugaya kuposa zakudya zolimba komanso zamadzimadzi zomwe sizingasinthidwe mosavuta kukhala mphamvu .yamoyo

Mukatha kusintha umbuli kukhala nzeru, kufooka ndi kufooka kukhala thanzi ndi mphamvu, ndikuyenda molimba mtima komanso molimba mtima—ngakhale nokha—m'njira za moyo, ndikupeza chisangalalo chamkati pokhala ndi chikumbumtima chamoyo komanso chosamala, ndi chikhulupiriro chosagwedezeka mu chilungamo cha Mulungu ndi kupambana kwa chabwino pa cholakwika ndi chowonadi pa chinyengo, ndipo mukamayesetsa tsiku lililonse kukweza malingaliro anu kufika pamlingo wapamwamba komanso woyeretsedwa, ndikukhala ndi mtima wachikondi ndi woyamikira komanso zolinga zabwino kwa ena, chakudya chanu chanzeru chidzakhala chokongola, ndipo mudzakopa nokha zonse zokongola komanso zopindulitsa—zinthu, anthu, ndi zochitika—zomwe ndizofunikira kuti mupitirize ulendo wanu wopita kugombe la chitetezo ndi chitetezo. Ndipo pomaliza, mukamayesetsa kupeza zomwe mukufuna ndikukhutira ndi zomwe Mulungu amapereka, mudzakhala olemera mumzimu ndi okhutira kuposa omwe amadyedwa ndi zilakolako zadziko lapansi komanso okonda zosangalatsa .zake zakanthawi

Chifundo ndi mlatho womwe umalumikiza moyo uliwonse ndi miyoyo ina Chifundo ndi chipata cholowera mumtima uliwonse

Munthu akafuna Mulungu, yemwe ndiye bwenzi lenileni lokha kuposa ena onse, zimakhala zotheka kukhazikitsa ubwenzi weniweni m'maubwenzi onse a anthu—ubwenzi wa m'banja, wachibale, wa m'banja, ndi wauzimu ndi chinthu chofunikira kwambiri m'maubwenzi a m'banja, ndipo kuyandikana kwa nzeru ndi malingaliro, kukondana mwauzimu, ndi chikondi chenicheni ziyenera kukhala patsogolo. Anthu omwe amalephera kusiyanitsa pakati pa chikondi chenicheni ndi kukondana kwenikweni .amakhumudwa mobwerezabwereza

Ukwati ukakhala wokhazikika pa mfundo zabwino komanso ulemu, umakhala mgwirizano wosangalatsa komanso wopambana pakati pa anthu awiri okondana komanso ogwirizana omwe amachepetsa mavuto a moyo wawo ndikuchotsa nkhawa zokhala ndi chifundo komanso .kumvetsetsana

Palibe amene angandilamulire kapena kundichotsera chifuniro changa pokhapokha nditalola maganizo ndi zochita za ena kundikhudza
Ngati mungoganizira zinthu zofunika, mudzaona chilichonse kuchokera ku zinthu zakuthupi. Koma mukangokweza chikumbumtima chanu kufika pa kuzindikira zinthu zauzimu, mudzaona kuwala kwa Mulungu kukufalikira kudutsa zinthu zonse, ndipo mudzaona chilichonse .kuchokera ku malingaliro auzimu

Ambuye, ndikuzindikira kuti ndili ndi mwayi wosatha wofufuza luso langa ndikupeza mphamvu zanga zauzimu. Lero ndidzadzaza malingaliro anga ndi chiyembekezo ndikudzipatula ku zochitika zosasangalatsa. Ndidzachita

zomwe zidzasamalira thupi langa, malingaliro anga, ndi .mzimu wanga mwanjira yoyenera komanso yogwirizana

Ndidzasintha zinthu zakuthupi ndi zinthu zapamwamba Ndipo ndidzazindikira kuti mzimu wokhulupirika uli ndi ine nthawi zonse

Kuvina kwa moyo ndi imfa kumakhalapo nthawi zonse, koma ndidzadzimasula kwamuyaya mwa kupulumutsa umunthu wanga wauzimu. Ndipo ndikakumana ndi mkuntho wa mayesero ndi mavuto, ndidzakwera bwato langa lauzimu kudutsa nyanja ya moyo kupita kugombe lotetezeka, .laumulungu

Ndikagwira ntchito ndi kulenga, ndidzakumbukira kuti Mulungu akugwira ntchito kudzera mwa ine. Iye ndiye Ambuye wa chilengedwe chonse, ndipo ndimatha .kulumikizana naye kudzera mu kuganizira mozama za Iye

Mulungu wanga wokondedwa, ndikuzindikira kuti malingaliro anga adzandibweretsera kulephera kapena kupambana, kutengera lingaliro lomwe ndi lamphamvu kwambiri m'moyo wanga. Ndipo ndidzayesetsa kukumbukira kuti mukutambasula dzanja lanu lothandiza ndikukonza njira .yoti ndipambane

Masoka ndi mavuto akamandigwera, ndidzalimbitsa mtima wanga ndikulimbitsa kutsimikiza mtima kwanga kuti ndiwagonjetse. Ndidzakhala woona mtima komanso woona mtima pochita zinthu ndi aliyense, ndipo ndidzafalitsa

malingaliro achikondi ndi mafuno abwino. Kenako Mulungu .adzandithandiza ndi mphamvu zake ndi nzeru zake

Matenda auzimu ndi chithandizo chawo
Master Paramhansa Yogananda

Yesani kuganiza za gulu la anthu omwe ali osiyana :kwambiri komanso osagwirizana
Limodzi lokhala ndi mutu waung'ono kukula kwa !nyemba ndi thupi lalikulu kukula kwa ngamila
Wina ali ndi dzanja lamphamvu ngati la Samson kapena !Hercules ndi thupi ngati la mwana wakhanda
Ndipo chachitatu chili ndi mutu wa njovu yaikulu ndi !thupi la mbewa yofooka
Kodi chochitika chimenecho sichingakhale chodabwitsa ndi chodabwitsa kwa inu, kapena chomvetsa chisoni komanso chomvetsa chisoni, ngati mwadzidzidzi mutaona gulu la zolengedwa zimenezo zokhala ndi mawonekedwe ?achilendo komanso osagwirizana
Tsopano taganizirani gulu lina la anthu omwe ali ndi mawonekedwe abwinobwino komanso owoneka bwino, koma .osakhazikika m'maganizo komanso osokonezeka maganizo
Monga momwe zovala zimabisira mabala, zilonda, ndi zilema zina zakuthupi, momwemonso thupi lamphamvu, lathanzi komanso nkhope yokongola, yowala zimabisira .matenda ambiri amisala ndi zilema zobadwa nazo
Ngati mungakumane ndi gulu lalikulu la anthu wamba omwe amadziwika ndi maonekedwe awo okongola komanso thanzi lawo labwino, ndipo ngati mungathe kuwona matupi awo amisala ndi masomphenya anu auzimu, kudabwa kumeneku kungakhale kodabwitsa, ndipo mungakhumudwe .kwambiri ndi zomwe mungapeze
:Mukhoza kuona matupi awo amaganizo motere

Maganizo amaimiridwa ndi mutu, mphamvu ndi malingaliro zimaimiridwa ndi thupi, ndipo chifuniro chimaimiridwa ndi manja ndi mapazi zomwe zonse ndi .zachilendo, zodwala, komanso zopunduka

Mudzapeza kuti ena ali ndi mutu waung'ono wokhala ndi nzeru zosakwanira, wokhala ndi thupi lofooka lodzaza ndi .zolinga zadyera komanso zilakolako za thupi

Mudzapezanso kuti anthu ena ali ndi thupi lopanda kumva komanso mphamvu, ngakhale kuti ali ndi mkono .wokhwima komanso wogwira ntchito bwino

Ena akhoza kukhala ndi ubongo waukulu komanso wolenga, koma chifundo chawo ndi mphamvu zawo zamaganizo zimachepa ndipo sizikuyenda bwino. Palinso gulu lina la anthu omwe ali ndi thupi labwino komanso lamaganizo, koma mphamvu zawo zodziletsa komanso .kudziletsa kwawo zimakhala zofooka kapena zofooka

Ndipo mndandanda wa zomwe zawonedwa ukupitirirabe !Mukhale ndi moyo wautali

Kusokonezeka kwa maganizo kosawerengeka m'matupi amaganizo omwe sakukula bwino mbali zina ndikukula mopitirira muyeso mwa ena kulipodi - ngakhale kuti kumabisika - mwa anthu. Kumawabweretsera ululu wamaganizo ndipo kumawalepheretsa kuwonetsa maluso .ndi luso lawo monga momwe ziyenera kuwonetsedwera

Kuthana ndi matenda ena amisala pano kungathandize kuzindikira zomwe zimayambitsa mavuto onse a anthu, kuti adziwike kwa onse omwe akuvutika nawo, ngakhale mosazindikira, kuti athe kumvetsetsa mtundu wa zolakwikazo, zizindikiro zake, ndi kulowa kwawo mwakachetechete mu psyche, kuti athe kuletsa chiwonongeko chawo chokulirapo cha mtendere ndi .chisangalalo

chisoni chauzimu

Matendawa ndi ofala pakati pa anthu omwe sachita zinthu mwanzeru komanso mwakuthupi chifukwa chodziona

kuti ndi otanganidwa kwambiri ndi zinthu zauzimu. Anthu ovutikawa amanyalanyaza ntchito zazikulu ndi zazing'ono za moyo wakuthupi chifukwa chodziona ngati akutumikira Mulungu, motero amadzivumbulutsira kwa Satana, amene angawavulaze kwambiri. Amavutika ndi maganizo oipa komanso kusayamikira chilichonse chopindulitsa kapena chokongola chowazungulira. Uwu ndi matenda opatsirana, ndipo onse omwe ali ndi zolinga zauzimu ayenera kusamala nawo ndikudzimasula ku matendawo mwa kusunga mphamvu zawo zamoyo nthawi zonse komanso chitetezo chawo chamthupi chili cholimba kudzera mu kuganiza bwino, kukhala ndi chiyembekezo, komanso kugwira ntchito .yathanzi komanso yopindulitsa

kusagaya chakudya chauzimu

Izi zimachitika chifukwa cha kumwa mankhwala osokoneza bongo ambiri opangidwa kale omwe adalembedwa pansi pa mayina owala, ndipo amaperekedwa ngati mabuku abodza auzimu ndi maphunziro a "madokotala .auzimu" omwe ali ndi luso la chinyengo ndi matsenga

Matendawa samangopha njala yauzimu yofuna kudziwa zoona, komanso amawononga luso losiyanitsa pakati pa .chabwino ndi choipa, chopindulitsa ndi chovulaza

Iye amene nthawi zonse amadya malingaliro a zaumulungu ndi kudya chilichonse chomwe chimagwera m'manja mwake sadzangodya mopitirira muyeso komanso adzadya malingaliro oopsa pamodzi ndi othandiza, zomwe zimamubweretsera kusadya bwino m'mimba mwa nzeru .komanso imfa yauzimu pang'onopang'ono

Kuphunzira mopitirira muyeso komanso mosalekeza malingaliro osiyanasiyana auzimu ndi afilosofi, popanda kuzindikira kapena kuyesetsa kuwasinkhasinkha ndikuwafufuza kudzera mu zomwe adakumana nazo kuti atsimikizire kuti ndi zoona, pamapeto pake kumabweretsa kukayikira, kusalabadira, ndi kusakhulupirira mfundo ndi .malamulo onse auzimu

Chilakolako ndi kukhudzika

Anthu omwe ali ndi matendawa amakhala moyo wopanda phindu komanso wopanda phindu chifukwa ali ndi ndalama zambiri komanso nthawi yambiri, komanso chifukwa choti alibe cholinga komanso kumvetsetsa bwino moyo.

Anthu awa amatsogoleredwa ndi zilakolako zawo; amachita chilichonse chomwe chimabwera m'maganizo mwawo ndi kuwasangalatsa. Amadzaza miyoyo yawo ndi mabuku otsika mtengo, osafunika, mafilimu okopa chidwi, ndi zosangalatsa zopanda pake. Sadziwa kuti akudwala matendawa mpaka atakumana ndi mantha aakulu kapena kusokonezeka kwa mitsempha—ndiko kuti, pambuyo poti kuwonongeka kwachitika.

chimfine cha m'maganizo

Matendawa ali ndi dzina lina: kutaya mtima Munthu sadziwa nthawi yomwe adzakumane ndi zizindikiro zake zovutitsa monga kusowa chiyembekezo, kusalolera, nkhawa, ndi kuleza mtima. Choyipa kwambiri n'chakuti nthawi zambiri amakhala nthawi yayitali, ndipo anthu omwe akudwala matendawa nthawi zambiri amabwereranso mosavuta, ngakhale atakhala kuti akukhulupirira kuti achira mwachangu.

Matenda amisala

Matendawa amayamba chifukwa choganizira kwambiri za nkhawa za dziko lapansi. Anthu omwe akudwala matendawa nthawi zambiri amanyalanyaza kugwiritsa ntchito chida cha mphamvu zawo ndipo motero amagonjera mantha awo osalekeza m'malo molimbana nawo molimba mtima ndikuwachotsa ali aang'ono.

kugwirizana kwachilendo kwa maganizo

Anthu omwe ali ndi matendawa amakhala ndi mbali imodzi pakufuna kwawo chimwemwe. Amakhulupirira kuti chimwemwe chili m'kusonkhanitsa chuma, kupeza kutchuka, kapena kukhala ndi thanzi kapena mphamvu, amasiya

chilichonse—thanzi, mbiri yabwino, mtendere wamumtima, ulemu, ndi ulemu—pa guwa la nsembe la cholinga chawo chachikulu. Mochedwa kwambiri, amazindikira kuti moyo wokhazikika, womwe umalemekeza malamulo a chilengedwe ndi malangizo a Mulungu, ndikugwirizanitsa zochita ndi bata, ndi womwe ungabweretse chimwemwe chenicheni .ndikukwaniritsa cholinga cha moyo wabwino

Anthu omwe ali ndi vuto la kusagwirizana ndi zinthu zakuthupi amaganizira kwambiri za kulakalaka zinthu mopanda malire, zomwe zimapangitsa kuti ayambe kuona moyo molakwika komanso molakwika. Mwachitsanzo, munthu wamalonda anapambana kwambiri ndipo anapeza chuma chambiri, koma asanasangalale ndi chuma chake, anavutika ndi mantha chifukwa cha nkhawa komanso .mantha, ndipo anamwalira ali wosweka mtima

Ena amakhulupirira kuti chilichonse n'chololedwa kuti akwaniritse cholingacho. Chifukwa cha chisokonezochi, amalephera kukwaniritsa cholinga chawo chenicheni ndipo sangathe kupeza ngakhale chikhutiro chochepa, ngakhale atakhala ndi zinthu zomwe akhala akuzifuna, chifukwa chibadwa cha anthu ndi chachikulu komanso chamitundu yambiri ndipo chimafuna chitukuko chogwirizana pamlingo .uliwonse

Kugwirana ndi mzimu wakhungu

Kukonda kwambiri zikhulupiriro zina kumachokera ku kumamatira ku malingaliro ndi malingaliro enaake popanda kuwafunsa kapena kuwafufuza, motero kumabweretsa mkwiyo ndi chidani mwa iwo omwe ali ndi vutoli ku lingaliro lililonse labwino lauzimu kapena lingaliro lotseguka komanso lomasuka. Kudzipatula kumeneku kumabweretsa kupandukira malamulo a Mulungu, omwe amaonekera mu luso la nzeru, thanzi labwino, thanzi la maganizo ndi thupi, .komanso chikondi ndi ulemu kwa anthu amitundu yonse

Kuphunzitsa mfundo zauzimu

Popeza matenda akuthupi ndi owoneka, opweteka, komanso osasangalatsa, amatilimbikitsa kuti tiwatsutse mwachangu, zomwe zimatipangitsa kuyesetsa kuwathetsa kudzera m'njira zosiyanasiyana zochiritsira, kuyambira kuchita masewera olimbitsa thupi ndi zakudya zabwino mpaka mankhwala ndi mankhwala osiyanasiyana. Komabe, matenda amisala, ngakhale kuti ndi omwe amachititsa ululu ndi mantha onse a anthu, sapewedwa kapena kuchiritsidwa .mwachangu, ndipo amaloledwa kuwononga miyoyo yathu

Aphunzitsi, aphunzitsi a maphunziro olimbitsa thupi, alaliki, osintha zinthu, madokotala, ndi opanga malamulo adzatha kutsogolera patsogolo akayamba kuphunzira, kuyambira pa iwo okha, kenako n’kuphunzitsa ena njira zoyenera zokulitsa chibadwa cha anthu m’njira yoyenera komanso yogwirizana, mogwirizana ndi malamulo a moyo ndi mfundo za moyo wathanzi. Iyi ndi maphunziro othandiza kwambiri komanso chikhalidwe cha anthu chomwe anthu .padziko lonse lapansi amafunikira

Masukulu a maphunziro amaona kuti n'zosatheka kuphunzitsa mfundo zauzimu m'masukulu aboma chifukwa cha chisokonezo chomwe chikuwoneka pakati pa mfundozi ndi ziphunzitso zosiyanasiyana zachipembedzo. Komabe, ngati mabungwewa akuyang'ana kwambiri mfundo za mtendere, chikondi, utumiki, chikhulupiriro, kutseguka maganizo, ndi kuvomereza ena—zomwe ndi zinthu zauzimu zokhazikika—ndipo apanga njira zothandiza zophunzitsira mfundozi m'nthaka yachonde ya maganizo ndi miyoyo ya ana, yankho lomveka bwino komanso lovomerezeka la vuto loganiziridwa komanso loganiziridwali lingapezeke. Ndi kulakwitsa kwakukulu kunyalanyaza nkhaniyi chifukwa cha .zovuta zomwe zikuwonekera kuti zikugwirizana nayo

Ambiri mwa omaliza maphunziro aku koleji amachoka ku yunivesite mitu yawo ikuluikulu komanso yotupa chifukwa cha zomwe zili m'mabuku kotero kuti sangathe kuyenda

m'njira za moyo, chifukwa mphamvu zawo zodziletsa komanso kudziletsa kwawo zatsala pang'ono kuthetsedwa ndi kunyalanyazidwa ndi kusagwiritsidwa ntchito. Chifukwa chake, mumawawona akuchita zinthu mosasamala komanso moipiraipira, akuthamangira kuphompho la maukwati osalingana, akugwiritsa ntchito molakwika kugonana kwawo, kufunafuna ndalama, ndikulephera pantchito zawo chifukwa sanaphunzire kugwiritsa ntchito bwino mpeni wakuthwa wa nzeru zawo zophunzitsidwa. Zotsatira zake, amadzicheka .okha ndikudzivulaza okha

Chodabwitsa n'chakuti, achinyamata ambiri amaoneka kuti amasangalala kuchita zinthu zomwe zimawabweretsera mavuto ndi ululu Ena amagwiritsa ntchito kuba ndi kuchita zinthu zina zoipa, ngakhale zaupandu, popanda choletsa kapena choletsa. Amene amalephera kupewa kufalikira kwa makhalidwe oipa m'dera amalimbikitsa khalidwe lolakwika la ena. Munthu aliyense wa chikumbumtima ndi chikhulupiriro chenicheni ayenera kukhala chitsanzo chabwino kwa ena pankhani ya umphumphu, kuona mtima, ulemu, ndi kudzilemekeza. Masukulu, makoleji, mayunivesite, ndi mabungwe a anthu sapereka njira zokwanira zasayansi zochepetsera upandu pothetsa zomwe zimayambitsa, .zomwe zimapezeka makamaka m'maganizo

Masukulu apadera ayeneranso kukhazikitsidwa kuti aphunzitse luso la moyo wachimwemwe ndi wopambana, kukulitsa luso la munthu ndikuwonjezera luso lake .lodziyimira pawokha

Masukulu otere adzakhala ngati minda ndi mapaki kumene maganizo a achinyamata amakula ndikukula. Aphunzitsi ayenera kusankhidwa mosamala ndikutsimikiziridwa kuti makolo ndi anthu ammudzi agwirizane. Masukulu awa athandiza kupanga anthu bwino. Tiyenera kukumbukira kuti chakudya chauzimu cha munthu akamakula chimatsimikizira thanzi lake komanso kuthekera .kwake kukula mtsogolo

Njira zophunzitsira zamaganizo ndi zakuthupi zomwe zimagwiritsidwa ntchito m'masukulu amakono mosakayikira ndizopindulitsa, koma zilibe maziko auzimu Popanda kukula .kwa khalidwe labwino, kukula sikudzakhala kokwanira

Sayansi ya kukula kwa thupi, maganizo, ndi uzimu iyenera kuphunzitsidwa kwa achinyamata omwe malingaliro awo akadali ofewa komanso osinthasintha ndipo mphamvu .zawo sizinagwiritsidwe ntchito m'njira zina

Pambuyo pa maphunziro athunthu, ophunzira a masukulu amenewo ayenera kuyesedwa mosalekeza, ndipo ziphaso zomwe adzalandira zidzakhala thanzi labwino, mbiri yabwino, kuchita bwino, chuma chakuthupi ndi chauzimu, .chimwemwe, kupambana, ndi kudzidalira

Zotsatira za mayeso omaliza kumapeto kwa ulendo wapadziko lapansi zidzatsimikiziridwa malinga ndi kuchuluka kwa zomwe munthu wakwanitsa m'maganizo ndi mwauzimu komanso ziphaso zomwe wapeza panthawi ya mayeso .ang'onoang'ono nthawi yonse ya moyo wake

Iwo amene apambana pa mayeso omaliza komanso aakulu kwambiri awa adzalandira satifiketi yopatulika yodzidalira komanso chikumbumtima chomasuka, choyera, .komanso chachimwemwe

Ndipo madalitso olembedwa kosatha patsamba la mzimu

Mphoto yosowa iyi sidzasokonezedwa ndi njenjete

Ndipo manja a akuba sadzafika pamenepo

Kapena nthawi idzachotsa

Idzakhala ngati pasipoti

Kuti mukhale membala wolemekezeka mu Gulu la Righteous

Kodi chimwemwe chili kuti?

Mulungu, mwa chifundo chake chachikulu, amatipatsa chisangalalo ndi chilimbikitso chake

Ndipo zimatipatsa moyo weniweni

Nzeru yeniyeni

Ndipo chimwemwe chenicheni

Kumvetsetsa kwenikweni kumabwera kudzera mu zochitika zosiyanasiyana za moyo wathu

Koma ulemerero wa Mulungu umaonekera kokha mu mtendere wauzimu umene mzimu umakumana nawo komanso mu kuyesetsa kwa mtima wonse kugwirizana ndi Iye. Pamenepo, timayima maso ndi maso ndi choonadi. Kunja, zinyengo ndi zamphamvu kwambiri, ndipo ndi ochepa okha omwe angathawe mphamvu ya chilengedwe chakunja. Dziko lapansi likupitirizabe ndi zovuta zake zosatha komanso mayesero osawerengeka. Mawu a Mulungu ali kumbuyo kwa maonekedwe a moyo, nthawi zonse amatiitana ndi kulankhula nafe kuchokera ku maluwa, malemba, chikumbumtima chathu, komanso kudzera mu zinthu zonse zokongola zomwe zimapangitsa moyo kukhala woyenera kukhalamo.

Pamene tikuyang'ana kwambiri zinthu zakunja, sitingathe kuona ulemerero wamkati; ndipo pamene tikuyang'ana kwambiri mkati, mavuto akunja amachepa. Ndi njira yofanana koma anthu ambiri sazindikira choonadi ichi chifukwa cha mphamvu ya ubwenzi wa dziko lapansi, chikhalidwe chomwe amakhalamo, ndi zizolowezi zoipa. Chikhalidwe chimamupangitsa munthu kukhala wotanganidwa ndi zinthu zosafunikira, zomwe zimamulepheretsa kuganizira za choonadi chakuya.

Ngakhale malo auzimu ena amawachezera popanda chikhumbo chenicheni chofuna kupindula ndi malo awo odalitsidwa, kotero samapeza phindu lililonse kuchokera ku maulendo amenewo.

Aliyense amene akufuna kuona Mulungu adzamupeza kulikonse. Zizolowezi za anthu ndi

zowononga, zolusa, komanso zolusa; zimawononga, zimawononga, ndi kuwononga. Nthawi yakwana yoti anthu aphunzire kukhala osangalala komanso okhutira ndi zomwe ali nazo. Sitiyenera kulakalaka china chilichonse kuposa zomwe zimatibweretsera Mulungu ndi wowolowa manja; Amadziwa zomwe timafunikira ndipo amatipatsa panthawi yake. Izi sizikutanthauza kuti tiyenera kudalira Mulungu popanda kuchita khama. Sizikutanthauza kuti tiyenera kuchita zonse zomwe tingathe ndikusiya zina kwa Mulungu, yemwe sadzatilanda zomwe timafunikira komanso zomwe timayenera.

Njira yabwino kwambiri yokhalira osangalala kwamuyaya ndiyo kumva kukhalapo kwa Mulungu. Chikhumbo chathu chachikulu chiyenera kukhala kudziwa Mulungu ndi kutsimikiza mtima kukhala naye. Mulungu ayenera kukhala woyamba m'maganizo ndi m'malingaliro athu, ndipo tiyenera kumuona ngati mzati wamphamvu kwambiri komanso wokhazikika m'miyoyo yathu.

(Chifukwa chake gwirani mwamphamvu chingwe cha Mulungu, funafunani pothawirapo mwa Iye)

Pakuti iye ndiye mzati ngati zipilala zina zonse zikulephera

Ndazindikira kuti cholinga chokha cha moyo ndi kudziwa Mulungu Pali anthu amene sangakhulupirire kuti kupeza Mulungu ndiye cholinga chachikulu cha moyo Koma palibe amene angakane kuti cholinga cha moyo ndi kupeza chimwemwe Ndipo ndikunena motsimikiza kuti Mulungu ndiye chimwemwe chachikulu Iye ndiye chisangalalo chachikulu Iye ndiye chikondi chathunthu, cha padziko lonse lapansi Iye ndiye chisangalalo chosatha chomwe sichimachoka m'miyoyo ya iwo omwe ali mu mgwirizano ndi Iye Ndiye bwanji sitiyesetsa kupeza

chimwemwe changwirocho? Palibe wina aliyense amene angatipatse. Tiyenera kuchikulitsa nthawi zonse mkati mwathu. Mphamvu za chilengedwe zimayesetsa mosalekeza kupatsa anthu zosangalatsa za dziko lapansi, koma zosangalatsa zoterezo pamapeto pake zimapangitsa kuti anthu azidandaula, azimva chisoni, komanso azidandaula. Ngakhale munthu wamwayi kwambiri, amene akuwoneka kuti ali ndi chilichonse, angakhalebe wosasangalala kwenikweni. Sadzakhutira ndi zinthu zapadziko lapansi kwa nthawi yayitali chifukwa zinthuzi sizithetsa ludzu lawo lenileni kapena kukhutiritsa njala yawo yauzimu.

Chuma chimangopereka mtendere wabodza komanso chisangalalo cha kanthawi kochepa. Dziko lonse lapansi ladzaza ndi chisokonezo ndi chisokonezo, cholimbikitsidwa ndi zilakolako zadyera komanso zadyera zomwe zimayambitsa nkhondo. Palibe china chilichonse chomwe chimayambitsa nkhondo.

Ngwazi yeniyeni pankhondo ya moyo ndi amene amadzigonjetsa yekha ndikugonjetsa zilakolako zake Ndalama, kutchuka, chilakolako, ndi chilichonse chomwe chimatsutsana ndi mfundo imeneyi zimawononga mtendere ndi chimwemwe chathu. Ngati anthu aphunzira kuganiza nthawi zonse mogwirizana ndi mfundo zenizeni za moyo, angapeze chimwemwe chomwe akufuna, koma amachoka pa cholinga chawo ndipo amachotsedwa ndi mphamvu ya zilakolako zapadziko lapansi. Ndapeza kuti palibe chiyeso chomwe chingandichotse panjira yomwe ndasankha ndikutsata ndekha.

Ndikhoza kukopa anthu ambirimbiri ndi mphamvu imene Mulungu wandipatsa, koma njira imeneyo ingakhale yoipa kwa ine. Mulimonsemo, sindikufuna

kukopa anthu ambirimbiri ndi kuwakopa maganizo. Ndikufuna kungoona ophunzira oona mtima okhazikika mwa Mulungu. Anthu okonda Mulungu adzasangalala ndi malingaliro amenewa, ndipo amene changu chawo chikupitirira adzamva madalitso a Mulungu ndi kukhalapo kwake kudzera m'ziphunzitso zimenezi.

N'zosatheka kuti munthu anyenge Mulungu, chifukwa Iye amakhalapo nthawi zonse, akudziwa zomwe zili m'maganizo mwawo ndi zomwe akufuna Akasiya dziko lapansi ndikulakalaka mgwirizano wauzimu, Mulungu adzabwera kwa iwo Pamene chilakolako chimenecho chikhazikika mumtima mwa munthu amene akuchifuna, Mulungu amabwera mumtima umenewo ndikuudzaza ndi zabwino ndi madalitso. Chinthu chokhacho choyenera kukhala nacho ndikukhala mogwirizana ndi Mulungu ndikupeza chiyanjo Chake. Kugwirizana kumeneko kuyenera kukhala pangano losatha komanso lonjezo losasweka (iwo amene amasunga pangano la Mulungu ndipo saliswa)

Aliyense amafuna chuma chochuluka kuposa ena Ngakhale atachipeza, amakhalabe osakhutira, pozindikira kuti wina ndi wolemera Anthu amakhala m'mavuto odzibweretsera okha, olimbikitsidwa ndi zilakolako zawo Tiyenera kukhutira ndi zomwe tili nazo Zinthu zakuthupi sizibweretsa chimwemwe; m'malo mwake, nthawi zambiri zimawonjezera nkhawa, nkhawa, ndi mantha

Njira yopita kwa Mulungu ndiyo njira yosavuta komanso yosavuta, koma ochepa amaitsatira ngakhale pali miyambo ndi miyambo yambiri yachipembedzo. Ndi bwino kutembenuza mitima yathu kwa Mulungu ndikumupempha zomwe zili zabwino komanso zokhalitsa kwa ife. Zoonadi,

Mulungu akutiyembekezera chifukwa akufuna kutiteteza ku zoyipa ndi zoopsa. Akufuna kuti tikhale naye m'mitima ndi m'maganizo mwathu chifukwa zinthu zotsika mtengo za dziko lino sizingakwaniritse chikhumbo cha anthu kapena kudzaza kusowa kwauzimu komwe timamva mkati mwathu. Mulungu nthawi zonse amalankhula nafe, koma ochepa amamva mawu Ake. Mawu odekha amenewo nthawi zambiri amamizidwa ndi phokoso la malingaliro okweza ndi zilakolako zoonekeratu. Koma maganizo akachepa ndipo zilakolako zikachepa, timamva mawu a Mulungu momveka bwino, ngakhale ali chete komanso ofooka. Zoonadi, Mulungu amachita chilichonse kuti athandize anthu, kutsegula zitseko ndi kuunikira njira kuti tiwone komwe tiyenera kupita, kuti tisapunthwe kapena kutsetsereka. Koma anthu ambiri sazindikira chowonadi ichi.

Sindikufuna kuti anthu aziganiza kuti angapeze chidziwitso pongomvera ena kapena kuwerenga mabuku. Ayenera kugwiritsa ntchito zomwe amawerenga ndi kumva. Kupita ku malo opembedzera n'kwabwino kuposa kukhala panyumba ndikumvetsera nkhani zopanda pake. Koma ngakhale m'malo opembedzera, munthu ayenera kumva kukhalapo kwa Mulungu mumtima mwake ndikudziwa momwe angachitire. Kukwiya ndi kusanthula mwanzeru sikungatipatse chidziwitso chomwe miyoyo yathu imalakalaka.

Tikadzipereka tokha kwa Mulungu ndikusiya zilakolako zathu zadyera, ndipo tikakhala otsimikiza kuti Mulungu nthawi zonse ali nafe, akukhala m'miyoyo yathu ndikutilimbikitsa ndi malingaliro ndi malingaliro abwino komanso abwino, tidzakhala ndi chimwemwe ndi ufulu, ndipo tidzaona kutuluka kwa nzeru m'mwamba mwa mzimu.

Tangoganizirani! Zaka makumi angapo kuchokera pano, kukhalapo kwathu kudzakhala maloto, ndipo chilichonse chomwe tidzachita tsopano chidzakhala gawo la maloto amenewo Ngakhale anthu akuluakulu a anthu adzakhala zinthu zongopeka chabe za chidziwitso cha anthu. Koma anthu akuluakulu amenewo anakwaniritsa cholinga chawo chachikulu chifukwa anafika pamlingo wapamwamba kwambiri ndipo amakhalabe amoyo mu mzimu, akudziwa bwino zonse zomwe zikuchitika, chifukwa ali ogwirizana mu chidziwitso chaumulungu. Aliyense amene amayesetsa kugwirizana nawo kudzera m'malingaliro ndi ziphunzitso zawo mosakayikira adzamva kukhalapo kwawo, kulandira madalitso awo, ndikudziwa mozama kuti ali mu mgwirizano nawo.

Moyo ndi maloto aakulu. Komabe, mukayang'ana thupi lanu tsopano ndikuona kuti lili ndi moyo wodzaza ndi moyo, mumatsimikiza mtima kuti malotowa ndi oona. Mukuganiza kuti muyenera kupeza ichi kapena icho kuti mukhale osangalala. Koma ngakhale mutakwaniritsa zilakolako zingati, simudzapeza chimwemwe kudzera mwa izo. Munthu akapeza zambiri, ndiye kuti amalakalaka kwambiri. Zokhumba ziyenera kusefedwa, ndipo moyo uyenera kukhala wosavuta ngati akufuna kukhala ndi moyo wabwino, bata, komanso wokhutira mkati.

Malemba amanena kuti munthu amene zilakolako zake zimapita mkati (ku moyo wake) ndi munthu wamtendere wamkati. Mu izi, ali ngati nyanja, yomwe sisintha kapena kuchepa, koma imakhala yodzaza ndi madzi omwe amalowamo mosalekeza. Koma munthu amene amapanga mabowo a chikhumbo m'malo osungira mtendere wake ndikulola madzi ofunikira kuti atuluke ndi kutayika sadziwa chilichonse

chokhudza mtendere wauzimu ndi chisangalalo chamkati.

Tikufunika chitsogozo kuchokera kwa iwo omwe amadziwa Mulungu, omwe ali ndi kuthekera kolankhulana naye ndikumva kukhalapo kwake mwanzeru. Aneneri atipempha kuti tifunefune Mulungu mumtendere wamkati, m'moyo wokhawokha momwe mzimu wokhulupirika ndi chisangalalo chauzimu chapamwamba zimakhala. Aphunzitsi ophunzitsidwa bwino aku India amavomerezanso malingaliro awa ndikugogomezera kufunika kosinkhasinkha mozama kuti tizindikire Umulungu Wathu mkati mwa mzimu.

Chilichonse chomwe chilipo ndi kugwedezeka ngati mafunde kotsogozedwa ndi maganizo a Mulungu. Kugwedezeka kwanzeru kumeneku ndi Mzimu Woyera, kapena Mzimu wokhulupirika, amene munthu angalankhule naye kudzera mu pemphero ndi kusinkhasinkha.

Mu bata la moyo wanu ndi mumtima mwanu, chikondi ndi Wamtheradi ndi Wosatha sichidzatha. Koma n'zovuta kupeza Mulungu ngati tifunafuna ndalama choyamba. Tiyenera kupanga Mulungu kukhala gawo lofunika kwambiri m'miyoyo yathu, kenako tidzakhala ndi zonse zomwe tikufuna m'moyo uno. Aliyense amene amapatsa Mulungu malo okhazikika mumtima mwake, Mulungu adzawapatsa gawo lalikulu la madalitso a dziko lapansi ndi kumwamba, ndipo adzawatsegulira malo akuluakulu omwe dzuwa la nzeru limawala, kuunikira njira zawo ndikuchotsa mdima wowazungulira. Mulungu ndiye wokonda kosatha, ndipo palibe chimwemwe kwa anthu pokhapokha ngati akukonda Mulungu monga momwe amakondera—osachepera—okondedwa awo okondedwa, chifukwa popanda Mulungu,

sitikanadziwa tanthauzo la chikondi, kapena kulawa kukoma kwake.

Tiyenera kuphunzira kugwiritsa ntchito chifuniro chathu ndi kuyika maganizo athu kufunafuna Mulungu ndi mitima yathu yonse Zochita za anthu zimalamulidwa ndi zilakolako, ndipo zizolowezi zimenezi nthawi zonse zimatikakamiza kuchita zomwe sitikufuna kuchita Zoonadi, munthu ndi mdani wake, wosadziwa zimenezo Sadziwa kukhala chete, komanso sapereka nthawi kwa Mulungu, komabe amafuna chisangalalo ndi kulowa mu Paradaiso mosazengereza Chidziwitso chopatulika sichingapezeke mwa kungowerenga mabuku, kumvetsera maulaliki, kapena kuchita ntchito zabwino Zonsezi mosakayikira ndi zothandiza, koma sizokwanira Kufikira Mulungu kumafuna kusamala kwambiri ndi kuganizira mozama

Tiyenera kufunafuna chiyanjo cha Mulungu choyamba. Sitingathe kukondweretsa aliyense, chifukwa sizingatheke. Ndimayesetsa kusakhumudwitsa aliyense. Ndimachita zomwe ndingathe, ndipo ndicho chokhacho chomwe ndingathe kuchita. Cholinga changa chokha ndikukondweretsa Mulungu. Ndimagwiritsa ntchito manja anga kupemphera modzichepetsa pamaso pake, mapazi anga kumufunafuna kulikonse, ndi malingaliro anga kuganizira za Iye ndikuganizira zodabwitsa zake. Mulungu ayenera kukhala pamalo oyamba m'mitima mwathu kuti timudziwe monga mtendere, chikondi, kumvetsetsa, kukoma mtima, chifundo, ndi nzeru. Ichi, osati china chilichonse, ndi chimene ndabwera kudzachitira umboni ndikulankhula nanu.

Kuwonjezera pa kusinkhasinkha, munthu ayenera kukhala ndi ubale wabwino. Sitiyenera kutsata anthu, koma Mulungu. Ngati mupeza phindu m'malingaliro

awa, onani kuti ndi madalitso ochokera kwa Mulungu, chifukwa ulemerero wonse ndi wake. Gawani ndi ena kuti apeze mwa iwo zomwe mumapeza (Ndipo ponena za chisomo cha Ambuye wanu, lankhulani za icho) Ndipo musaiwale kuthandiza wina tsiku lililonse malinga ndi luso lanu. Malingana ngati ndili ndi ndalama m'thumba mwanga, sindidzasiya kupereka, chifukwa gwero langa losatha komanso loyenda nthawi zonse ndi Mulungu.

Pomaliza, tiyenera kudziwa Mulungu monga momwe akuluakulu amachitira. Izi n'zotheka kudzera mu kuganizira ndi khama lathu.

Tsiku lina, ndinali kuyenda kunja kwa nyumba yachifumu, ndikuganizira za mphunzitsi wanga wamkulu, Sri Yuktiswar, yemwe anamwalira zaka zingapo ndisanamve kumulakalaka kwambiri ndipo ndinali wachisoni kuti sanali nane kuti ndisangalale ndi kukongola ndi mlengalenga wa nyumba yachifumuyo. Mwadzidzidzi, anaonekera kwa ine kuchokera kumwamba nati, "Kodi ukuganiza kuti ndiwe wekha amene ukusangalala ndi malo okongola awa? Ine ndikusangalala nawo ngati iwe!"

Wofunafuna mgwirizano ndi Mulungu ayenera kuyesetsa tsiku ndi tsiku kusinkhasinkha ndi kumukonda, ndikupereka chikondi chimenecho kwa onse. Iyi ndiyo njira yokhayo yopewera mikangano. Kugwirizana kwauzimu ndikofunikira Popanda uzimu weniweni, palibe chimwemwe cha munthu aliyense payekha kapena cha anthu onse. Kugwirizana kopatulika ndiye njira yokhayo yothetsera mavuto onse akuthupi, azachuma, abanja, a makhalidwe abwino, ndi auzimu.

Chimwemwe chimabwera chifukwa chodzimva pafupi ndi Mulungu Anthu adzitsekera okha m'ndende ya umbuli, ndipo nthawi yakwana yoti amasuke

m'ndende yochititsa manyazi iyi. Maganizo ayenera kutembenukira kwa Mulungu nthawi zonse, kaya zinthu zili bwanji, ndipo kenako mudzakhala ndi mtendere ndi chimwemwe chachikulu.

Anthu amene amalakalaka Mulungu ndi kudzipereka kwa Iye, kulimbikitsana ndi kuunikirana, komanso kukumbukira Mulungu nthawi zonse, ndi omwe ali osangalala padziko lapansi komanso opambana chimwemwe cha moyo wosatha.

Mtendere ukhale pa inu

Katani idzadzuka ndi kuchotsedwa

Aliyense wa ife analengedwa m'chifaniziro cha Mulungu. Tinachokera ku Mzimu Wake waumulungu, ndipo umunthu Wake umakhala mkati mwathu mu chiyero chake chonse, ulemerero, ndi chisangalalo chopambana. Cholowa chopatulika ichi ndi linga losagonjetseka. Kuti munthu adzitsutse yekha ngati wochimwa, akuyendayenda m'njira za uchimo, ndi chimodzi mwa machimo akuluakulu kuposa onse. Pakuti pochita izi, amadzitsutsira okha kuti asakhale ndi mphamvu, asakhale ndi chiyembekezo, komanso asamathe kukwera kumwamba. N'zoona kuti munthu angachite zinthu zosemphana ndi malamulo achilengedwe ndi aumulungu, koma ayenera kusintha nthawi yomweyo njira yake ndikutembenukira ku njira yoyenera. Mu chibadwa chake choyera, munthu ndi kachisi wopatulika, ndipo Mzimu .waumulungu umakhala mkati mwake

Tiyenera kukumbukira nthawi zonse kuti Mulungu amatikonda kwathunthu komanso mopanda malire. Koma popeza watipatsa chisankho chokwanira choti timuyandikire kapena kumusiya, amayembekezera kuti tisonyeze .chikhumbo chathu cha chikondi chake asanabwere kwa ife

Nthawi ina ndinamva mawu ake akunong'oneza pamene ndinali kusinkhasinkha: "Ukunena kuti sindili nawe, koma sunayang'ane mkati sindikusiya ngakhale mphindi imodzi. Lowani m'kachisi wa moyo ndipo mudzandiona. Pakuti nthawi zonse ndili pano, kuti ndikulandireni ndikukupatsani ".moni wachikondi cha Mulungu

Kuona mtima kwakukulu n'kofunika kwambiri panjira yauzimu. Mu chiyero ndi choonadi, mbandakucha wa moyo umaonekera

Nzeru zathu zaumunthu sizili kanthu poyerekeza ndi Mulungu. Njira yokhayo yomwe tingayandikire kwa Iye ndi .kumupatsa chikondi chomwecho chimene amatipatsa

Aliyense pamapeto pake adzapeza chipulumutso, koma amene akulephera panjira amagwa mu phompho la kusowa chidwi Kusasamala kumatilepheretsa kuzindikira kufunika kofunikira kopeza Mulungu pakali pano, panthawi ino Dziko Lathu lalikulu, loyandama mumlengalenga, ndi umunthu wathu, sizinapatsidwe kwa ife kuti tikhale zaka zingapo pano kenako n’kutha kukhala opanda kanthu M’malo mwake, tikuyenera kuganizira mozama ndikumvetsa chinsinsi cha kukhalapo Kukhala ndi moyo popanda kumvetsetsa cholinga cha moyo ndi chitsiru, chitsiru, komanso kutaya nthawi Zinsinsi za moyo zimatizungulira mbali zonse, ndipo Mulungu watipatsa nzeru kuti tipeze mayankho awo

Mu kufunafuna kwanga chikondi chokhalitsa, ndinazindikira kuti Mulungu amandikonda m'njira zonse zomwe ndingaganizire. Amandikonda monga mayi, bambo, .komanso bwenzi

Ndinafunafuna bwenzi lamuyaya limenelo kuposa ,mabwenzi onse

Ndipo za wokondedwa wamkulu amene tsopano ndikumuona akuwala mu mtundu uliwonse ndi nkhope

yachikondi. Bwenzi la Mulungu silinandikhumudwitsepo, .ndipo silinandikhumudwitsepo

Mulungu ndiye amene ali kumbuyo kwa zonse zomwe zilipo. Tiyenera kulemekeza ndi kuchitira makolo athu mokoma mtima, koma tiyenera kukonda Mulungu ndi mitima yathu yonse ndi miyoyo yathu yonse. Tiyenera kuzindikira kufunika kolumikizana ndi Iye, popanda kuwononga nthawi .ina iliyonse

Tikagona, sitidziwa ngati tidzadzuka kapena ayi. Timachoka padziko lapansi pano mmodzi ndi mmodzi. Koma lingaliro ili siliyenera kuyambitsa nkhawa. Tikafa, timaitanidwa kuti tibadwenso padziko lapansi, kuyamba .moyo watsopano kuchokera pamene tinasiyira m'moyo uno

Ndimaona moyo ngati kupangika ndi kusungunuka kwa mafunde pamwamba pa nyanja. Mafunde a anthu amakwera kuchokera pamwamba pa nyanja yaumulungu pa kubadwa kwake, ndipo pa imfa, amakhala mumtima mwa Mulungu. Ndamvetsa chowonadi ichi ndipo ndikudziwa kuti sindimafa kwenikweni, ngakhale nditafa thupi. Kaya ndikupumula m'nyanja ya mzimu waumulungu kapena ndikudzuka m'thupi lanyama, ndine mmodzi ndi nyanja yakumwamba. Chimwemwe chachikulu sichingapezeke padziko lapansi. Nthawi yomweyo, sitifunikira kuthawira m'nkhalango kufunafuna cholinga. Tikhoza kupeza Mulungu m'nkhalango .iyi ya moyo watsiku ndi tsiku—mkati mwa denga la chete

Anthu akhoza kuchita zolakwa zambiri, koma amapangidwa m'chifaniziro cha mzimu waumulungu Mulungu adalenga dziko lonyenga ili la zosangalatsa zapadziko lapansi pa cholinga chimodzi chokha: kuti anthu azindikire kuti ndi nkhani yachilengedwe, kusiya malingaliro onyenga, ndikukonda Mulungu yekha Ichi ndi chowonadi, ndipo sichingakhale mwanjira ina Nchifukwa chiyani Mulungu anatilenga kuti tizikonda abale athu koma kuwaona akuchoka kwa ife mmodzi ndi mmodzi? Zochitika izi

zimachitika kuti zitipangitse kuzindikira kuti ndi Mulungu amene amatikondadi, kuposa onse omwe timawakonda Moyo ndi mndandanda wa zithunzi zosuntha, koma chowonadi ichi n'chovuta kuchimvetsa chifukwa malingaliro onyenga amaoneka enieni ndipo zenizeni zimaoneka ngati malingaliro onyenga. Dziko lapansi limazimiririka usiku uliwonse tikamagona, mwina kuti timvetse kuti chilengedwe .chenicheni si chenicheni

Phunziro ili la tulo silibwera kudzatiopseza, koma kutipangitsa kulakalaka choonadi cha Mulungu Palibe chomwe chingakhutiritse moyo kupatula Mulungu ndi chikondi chake Mzimu wa Mulungu ndiye choonadi chosayerekezeka Palibe chinthu chonga chosatheka, ndipo chomwe chili chenicheni sichingakhale chosatheka Anzeru amamvetsetsa choonadi chowala ichi

Zaka zambiri za miyoyo yathu zapita, ndipo zatsala zaka, masabata, masiku, ndi maola okha. N’chifukwa chiyani tikuwononga nthawi pa zinthu zosapindulitsa? Tiyenera kulakalaka kulumikizana ndi Mulungu usana ndi usiku, ndikukhala oona mtima ndi chikhumbochi nthawi yoikika ya moyo wathu isanathe ndipo titachoka padziko lapansi .popanda kuchita chilichonse chochititsa chidwi

Pa nthawi yomweyo, ndinaona kuwala kwakukulu kwa Mulungu kukuphimba chilengedwe chonse. Chimwemwe !chachikulu! Kuwala kodabwitsa bwanji Mulungu wanga, ndikukuthokozani ndipo ndikugwadirani chifukwa cha madalitso ambiri awa akumva kukhalapo .kwanu

Madalitso kwa aliyense mofanana, kuti tizindikire kuti Inu ndinu choonadi chenicheni m'chilengedwe chonse ndipo Inu ndinu cholinga chathu chachikulu, chomwe palibe .cholinga china choposa icho

Tiyenera kumukonda ndikulankhula naye sekondi iliyonse ya moyo wathu—ntchito ndi kupuma, kuyenda ndi bata—ndi kupemphera kwakukulu ndi kulakalaka kwakukulu.

Kenako tidzaona chophimba cha chinyengo chikukwera ndikutha Mulungu ali nafe mu mphindi iliyonse ya moyo wathu. Anthu amene amaganizira ndi kugwirizana naye amamuona Iye mu kukongola kwa maluwa, ulemu wa miyoyo yachifundo, malingaliro abwino komanso aulemu, ndi maloto okongola. Pomaliza, Iye adzatuluka kuseri kwa zophimba zokhuthala kuti akauze aliyense wofunafuna :moona mtima kuti

Takhala tikusiyana kwa nthawi yayitali chifukwa" ndimafuna kuti undipatse chikondi chako mwakufuna kwako. Ndinakulenga m'chifaniziro changa, ndipo ndinadikira mpaka utagwiritsa ntchito ufulu wako ndikundipatsa chikondi chako ".mwakufuna kwako

Tiyenera kupempha Mulungu kuti atipatse mphatso yosatha komanso yokhalitsa ya chikondi Chake chaumulungu. Koma ndani angapeze Mulungu wachikondi uyu popanda khama? Ngati muchita khama lonse, zonse zili kwa Mulungu ndi mtsogoleri wanu wauzimu. Sindipempha chilichonse kwa ine ndekha, chifukwa ulemu wonse ndi wa Mulungu, gwero la zabwino zonse ndi chisomo. Chisomo Chake chikhale nanu, kuzindikira Kwake kukhale nanu, ndipo muzindikire kuchuluka kwa kukhalapo Kwake mkati mwanu .ndi mozungulira inu

Mulungu satiyankha nthawi yomweyo chifukwa chakuti timazengereza kusonyeza momwe timamufunira. Sitiyenera kuopa kumuyandikira, koma m'malo mwake tizimuona ngati wathu, Wokondedwa wathu, ndikumufunafuna mosalekeza ndi malingaliro athu, zochita zathu, mitima yathu, ndi malingaliro athu, ndipo tidzamupeza Iye ngati pothawirapo .pachitetezo ndi mtendere m'moyo uno

Ambuye, ndikukupatsani maluwa awa a miyoyo yabwino, kuti akometse kachisi wa kukhalapo kwanu. Tsatirani miyoyo iyi, yomwe ndi banja lanu ndi okondedwa anu. Timayimba dzina lanu lodala. Chotsani mdima wa kusadziwa ndi kuwala kwanu koyera. Chotsani mdima

m'maganizo mwathu ndi kuwala kowala, kopanda malire kwa umunthu wanu. Ife ndife anu, kaya zinthu zili bwanji, dziwululeni kwa ife, Ambuye wa Ufumu ndi Wachifundo. Dalitsani aliyense wa ife. Landirani kunong'oneza kwa malingaliro athu olakalaka ndi kugunda kwa mitima yathu yachikondi. Kwa inu timapereka chikondi chonse, ulemu, ndi chikhumbo, chifukwa ndinu Okondedwa athu ndi zonse .zomwe tili nazo m'chilengedwechi

Tidalitseni ndi chisomo chanu Gwetsani makoma a chikhumbo chomwe chimatilekanitsa ndi Inu Khalani Mfumu yaumulungu yoikidwa pampando wachifumu pa zokhumba zathu zonse Kuwala kwa ulemerero wanu kufalikira padziko lonse lapansi. Tidalitseni tonse. Tidzazeni ndi fungo la kukhalapo kwanu. Ndipo tidziwitseni kuti mwakhala nafe nthawi zonse, muli nafe tsopano, ndipo mudzakhala nafe .kwamuyaya

Tikukuthokozani chifukwa cha chisomo ndi chikondi chomwe mwapereka kwa otsatira anu odzipereka omwe amalakalaka kuyandikira kwanu ndipo akuyembekezera mwachidwi kukhalapo kwanu. Tikukhulupirira kuti gulu la ophunzira anu lidzakula kuti tikondwerere kukhalapo kwanu .kodala ndikusangalala ndi kuyandikira kwanu

Tidalitseni kuti titsegule mitima yathu kwa wina ndi mnzake ndikuyeretsa zolinga zathu, kuti tikhale oyenera chitetezo ndi chisamaliro chanu. Dziwululeni nokha, mkati ndi kunja. Tigwirizanitseni tonse, ndipo poganizira umodzi .umenewo, tiyeni tizindikire kukhalapo kwanu kwapadera

Ndi mtima wathu wogwirizana komanso kufunitsitsa kwa miyoyo yathu yogwirizana, tikugwada pamaso panu, kufunafuna thandizo lanu, chitsogozo chanu, ndi kuzindikira .nthawi zonse za kukhalapo kwanu m'miyoyo yathu

Moto wosatha wa chikondi uyake mowala m'mitima mwathu, ndipo timve kuyandikira kwanu kwa ife tsopano ndi !kwamuyaya, Ambuye wathu, O wokondedwa wathu

Chikhumbo Chapamwamba ndi Makapisozi Amaganizo

Ulemerero wa Mulungu ndi waukulu. Iye ndiye maziko a choonadi ndipo amapezeka m'moyo uno. M'mitima ya anthu muli mapemphero ndi mapembedzero ambiri: a ndalama, kutchuka, thanzi—mapemphero amitundu yonse. Koma pemphero lomwe liyenera kukhala loyamba mumtima uliwonse ndi la kumva kukhalapo kwa Mulungu. Pamene tikuyenda m'njira za moyo chete ndi motsimikiza, tiyenera kuzindikira kuti Mulungu ndiye cholinga chachikulu chomwe chingatikhutiritse ndikukwaniritsa zokhumba zathu, chifukwa mwa Mulungu muli yankho la zokhumba zonse za mtima.

Pamene simungathe kukwaniritsa chikhumbo chanu kudzera mu khama lanu, mumatembenukira kwa Mulungu m'pemphero. Motero, pemphero lililonse limene mumapereka limavumbula chikhumbo chobisika mkati mwanu. Koma mukapeza Mulungu, zikhumbo zonse zimatha, ndipo zikhumbo zonse zimakwaniritsidwa.

Zilakolako za dziko lapansi zimachokera ku malingaliro olakwika okhudza cholinga cha moyo Dziko lapansi lino si kwawo kwenikweni Malemba amatiuza kuti ndife a Mulungu, kuti tinalengedwa m'chifaniziro Chake, ndipo chifuniro Chake ndi chakuti tibwerere ku chiyambi chathu chaumulungu. Chomwe anthu sadziwa n'chakuti pokhapokha atabwerera ku gwero lake laumulungu, adzakakamizika kulimbana kuti akwaniritse zilakolako zambiri. Tangoganizani zimenezo! N'zoona kuti anthu sangalephere kukhala ndi zilakolako, ndipo palibe cholakwika ndi kukhala nazo. Komabe, zilakolako zambiri za anthu zimalepheretsa kukwaniritsidwa kwa chilakolako chachikulu chobwerera kwa Mulungu. Motero, zimawononga chisangalalo cha anthu. Pokhapokha

anthu akafuna Mulungu ndi kumupeza, adzapitirizabe kulakalaka chilichonse chimene akuganiza kuti chingawabweretsere chisangalalo. Koma kukwaniritsidwa kwa zilakolako zonse nthawi yomweyo kumabwera kokha kwa iwo amene amapeza Mulungu.

Pali magulu awiri a zilakolako: zomwe zimatithandiza kupeza Mulungu, ndi zomwe zimatilepheretsa kumupeza Iye. Mwachitsanzo, ngati wina wakulakwirani, mungamve chikhumbo chofuna kubwezera. Komabe, ngati mugonjetsa chikhumbochi pogwiritsa ntchito mphamvu yapamwamba komanso yovomerezeka ya chikondi, mudzakhala mutagwiritsa ntchito chida chomwe chingakuthandizeni kupeza Mulungu. Zilakolako zonse ziyenera kukwaniritsidwa m'njira yabwino, chifukwa zikakwaniritsidwa kudzera m'njira za dziko lapansi, zilakolako zimachulukana, limodzi ndi mavuto ndi kuvutika. Ngati tiphunzira kupereka zokhumba zathu zonse kwa Mulungu, Iye adzagwira ntchito kuti akwaniritse zokhumba zathu zabwino ndikuchotsa zovulaza komanso zowononga zathu. Palibe chitetezo chachikulu kuposa chikumbumtima choyera, ndipo palibe chitetezo chabwino kwambiri pa zilakolako za moyo kuposa kukhala ndi zilakolako zabwino komanso zapamwamba.

Tikazindikira kuti chifaniziro changwiro cha Mulungu chili mkati mwathu, zokhumba zathu zonse zimakwaniritsidwa. Mu chidziwitso chopatulikacho, chomwe chimaposa chuma chonse cha dziko lapansi ndi chuma, simudzagwedezeka ngakhale mutapatsidwa dziko lonse lapansi. Kutamandidwa sikudzakupangitsani kudzikuza, kapena kukuimbani mlandu, chifukwa mudzalawa chimwemwe cha Mulungu mkati mwanu, ndipo chimenecho

chidzakhala chinthu chofunika kwambiri pa moyo wanu.

Choyamba tiyenera kupempha chitsogozo cha Mulungu poyesa kukwaniritsa zokhumba zathu zovomerezeka, ndipo ndiyo njira yabwino kwambiri yopezera mayankho a mapemphero athu onse. Koma pemphero liyenera kuchotsedwa m'pemphero. Njira yakale yopempherera iyenera kusintha, ndipo tiyenera kutembenukira kwa Mulungu ndi chidaliro chonse ndi chikhulupiriro chosagwedezeka kuti Iye amatimva ndipo adzatipatsa zopempha zathu. Mulungu safuna kuti tisiye chifuniro chathu—ngakhale pamene tikupemphera kwa Iye—chifukwa chifuniro chimenecho ndi mphatso yamtengo wapatali kwambiri yomwe talandira kuchokera ku dzanja Lake lachisomo, ufulu wopatulika umene Iye anafuna kwa ife kuyambira pamene tinalengedwa.

Mwachibadwa, munthu ayenera kusiyanitsa pakati pa mapemphero ndi zilakolako zomveka ndi zopanda nzeru. Kumbukirani kuti chilakolako ndi mphamvu; ngati mumamatira ku chilakolako—kaya chabwino kapena choipa, chopindulitsa kapena chovulaza—ndipo mukukhala nacho usana ndi usiku, pamapeto pake chidzachitika. Chifukwa chake, munthu ayenera kusamala ndi kupewa kusunga zilakolako zovulaza, chifukwa zidzakwaniritsidwa ndipo zidzabweretsa mavuto aakulu ndi chisoni chosaneneka.

Pakapita nthawi, mudzapeza kuti ngakhale kuti zokhumba zanu zakwaniritsidwa, mtima wanu umakhalabe wopanda kanthu, ndipo mudzakumana ndi kupanduka kwamkati Tangoganizani kuti dongosolo lanu logaya chakudya ndi lofooka, koma mukulakalaka zakudya zokazinga. Inde, mudzamva kupweteka nthawi iliyonse mukazidya, ngakhale

mutakhala ndi chisangalalo pamene mukuchita zinthu. Ndipo motero, mudzamva ngati mwalakwitsa. Nzeru ilamula kugwiritsa ntchito kuzindikira kusiyanitsa pakati pa zilakolako zabwino ndi zoipa, ndipo izi zikakwaniritsidwa, zilakolako zolakwikazo siziyenera kukwaniritsidwa. Anthu ali ndi mphamvu yamkati ya kuzindikira ndipo ayenera kuigwiritsa ntchito nthawi zonse, kutsogolera miyoyo yawo motsatira malangizo a chikumbumtima, omwe ndi mawu a Mulungu.

Zilakolako zosakwaniritsidwa zimakhalabe mumtima. Kodi pali vuto lotani ngati mukuzisunga mmenemo? Yankho lake ndi ili:

Chilakolako chilichonse chimapangidwa ndi mphamvu zenizeni: zabwino kapena zoyipa, kapena zonse ziwiri Munthu akafa—Mulungu amuchitire chifundo—mphamvu zimenezi sizimafa ngakhale thupi litawonongeka ndi kuonongeka. M'malo mwake, zimatsagana ndi mzimu kulikonse komwe ukupita mu mawonekedwe a makapisozi auzimu okhazikika. Munthu akabadwanso mwatsopano, makapisozi kapena mapiritsi amisala awa amaonekera ngati zizolowezi za khalidwe. Motero, munthu amene wamwalira ali chidakwa amabweretsa chilakolako cha mowa akabadwanso, ndipo chilakolakochi chimapitirira mpaka atagonjetsa chilakolako cha mowa. Izi zikugwiranso ntchito pazinthu zina.

Ngakhale ana aang'ono kwambiri amasonyeza makhalidwe omwe amachokera m'miyoyo yakale Ana ena amavutika ndi mkwiyo waukulu Ena amakhala ndi mkwiyo woipa Inde, Mulungu sanawalenge motere Zilakolako zosakwaniritsidwa kuchokera m'miyoyo yakale zapanga zizolowezi zamaganizo izi, ndipo chifukwa cha izo, moyo umawoneka wachilendo pang'ono, ngakhale kuti wapangidwa m'chifaniziro

choyera cha Mulungu Ngati chithunzi cha Mulungu chasokonekera mkati mwa munthu m'moyo uno, kaya ndi mkwiyo, mantha, kapena chilakolako, ndipo makhalidwe awa sagonjetsedwa tsopano, ndiye kuti adzabadwanso nawo (kapena adzabadwanso nawo), akunyamula katundu wa zizolowezi zosautsa izi mpaka atazigonjetsa m'thupi ili kapena mtsogolo Palibe njira yothawiramo mpaka atagonjetsedwa

Chifukwa chake, ndi bwino kukwaniritsa zokhumba zonse tsopano kapena kuzigonjetsa.

Njira yabwino kwambiri yochotsera zilakolako zotere kamodzi kokha ndikukhala ndi chisangalalo chapamwamba cha Mulungu. Apo ayi, zilakolako zoletsedwazi ndi zilakolako zosakwaniritsidwa zidzazunza ndi kuzunza moyo.

Munthu ayenera kuzindikira, kudzera mu kuzindikira ndi nzeru, kuti Mulungu yekha ndiye angathe kupereka chimwemwe choyera komanso chokhalitsa.

Nthawi zambiri, zilakolako zimakhala zobisika mumtima mwa munthu wosadziwa. Mungaganize kuti zatha, koma sizinathe; ichi ndi chimodzi mwa zinsinsi za moyo, chomwe ndi chinsinsi chachikulu.

Koma chinsinsichi chimatha tikamafufuza moyo ndikuganizira tanthauzo lake. Ngati mutakhala chete kwa kanthawi kochepa tsiku lililonse ndikudzifufuza nokha, mungapeze kuti muli ndi zilakolako zambiri zomwe sizinakwaniritsidwe. Zilakolako zimenezi zili ngati tizilombo toyambitsa matenda tomwe munthu amanyamula kulikonse komwe akupita, m'moyo uno komanso wotsatira.

Njira yabwino kwambiri yopitira patsogolo ndiyo kuzindikira—kudzera mu chisankho chanzeru—zilakolako zoipa m'moyo uno ndikuyang'ana khama lanu pakukwaniritsa zilakolako zanu zabwino Ngati

mukumva chilakolako chofuna kudzipha kapena kuchita chilichonse cholakwika, muyenera kuchotsa chilakolako chimenecho tsopano Dzitsimikizireni nokha, m'malingaliro ndi zochita, kuti muli ndi kuwala kwaumulungu mkati mwa moyo wanu, ndipo kumbukirani kuti munalengedwa m'chifaniziro cha Wamphamvuyonse, ndipo chifukwa chake muli ndi mphamvu yoposa chibadwa chanu chakuthupi ndi zizolowezi zanu.

Musamakonde kwambiri zinthu zapamwamba koma musamakonde kwambiri zilakolako, ndipo mudzapambana nkhondo ya moyo Ngati mukuvutika ndi ululu wosatha, yesetsani momwe mungathere kudzipatula ku chidziwitso chakuthupi Kudzera mu kuzindikira, mutha kugonjetsa malingaliro Kuzindikira mwanzeru ndi moto womwe umawotcha zilakolako zovulaza ndi zilakolako zowononga, kuzisandutsa phulusa

Ndi chizolowezi cha anthu kusunga zinthu zakale, zosweka, komanso zosafunikira pakona ya nyumba, ndi kukonza ndi kuyeretsa nyumbayo nthawi ndi nthawi. Mofananamo, pakona ya malingaliro anu osazindikira muli zilakolako zambiri zomwe zingakupwetekeni mobisa, zomwe zingakubweretsereni mavuto aakulu tsiku lina ngati simukuzigwira bwino.

Kudzisanthula n'kofunika kwambiri panjira yauzimu. Mutha kukhala ndi chidani, kukwiya msanga, kapena kukwiya msanga. Ngati ndi choncho, makhalidwe amenewa omwe amasungidwa mumtima mwanu ndi chifukwa cha zochita zanu zakale. Kuti muchotse maganizo anu pa mipando yodzaza ndi zinthu zakale, muyenera kuyamba ndi zochita zabwino komanso zomangirira ndikukulitsa chikondi kwa ena. Mukakonda anthu kwambiri, iwonso

adzakukondani kwambiri, ndipo mudzamva chikondi chawo. Koma ngati muwadzudzula, ngakhale kwa inu nokha, adzamva kudzudzulidwako ndikukubwezerani!

Tiyerekeze kuti mdani wakale wamwalira, koma mukumusungirabe mkwiyo ndi chidani. Mudzavutika chifukwa cha kuwawa kumeneku, ndipo zotsatira zake zoipa zidzaonekera m'thupi ndi m'maganizo mwanu. Ndi bwino kumukhululukira chifukwa cha Mulungu, chifukwa pochita zimenezi, mudzadzimasula ku zilakolako zoipa za kubwezera zomwe zimawononga mtendere wanu wa mumtima ndikuwononga mtendere wanu. Kusonkhanitsa chidani pa chidani, kapena kuyankha chidani ndi chidani, sikuti kungowonjezera chidani cha mdani wanu kwa inu komanso kumawononga thupi lanu ndi malingaliro anu. Chifukwa chake khululukirani ndi chikhululukiro chabwino.

Nthawi ndi nthawi, munthu ayenera kusiya chilichonse kuti akhale yekha, kuti aganizire za cholinga cha moyo Anthu ambiri amatsatira miyambo ndi mafashoni. Ndipotu, sanakhalepo ndi moyo wawo, koma moyo wa dziko lapansi. Kodi akwaniritsa chiyani, ndipo afika pati?

Chifukwa chake, ndi bwino kuti munthu nthawi zina adzichotsere kutanganidwa ndi ntchito za tsiku ndi tsiku kuti athetse mavuto a m'maganizo mwake ndikuyesera kumvetsetsa tanthauzo lake ndikutsimikiza cholinga chomwe akufuna kukwaniritsa.

Kumbukirani kuti umboni waukulu kwambiri womwe mungalandire ndi wa chikumbumtima chanu: mawu osalakwitsa komanso osalephera a moyo wanu. Chimene chikumbumtima chanu chimakuuzani ndi chomwe mulidi, popanda kukongoletsa kapena kubisa.

Taganizirani za mphamvu ya Yesu Khristu amene anati, “Atate, muwakhululukire, pakuti sadziwa kuchita chimene sadziwa.”

Ndipo ganizirani za Mneneri Wamkulu amene anati: “Kodi sindikukuuzani zomwe zimakweza udindo wa munthu?” Iwo anati: “Inde, Mtumiki wa Mulungu” Iye anati: “Khalani oleza mtima ndi amene sakudziwani, perekani kwa amene sakukufunirani, sungani ubale ndi amene akudulani ubale, ndipo khululukirani amene akukuchimwirani.”

Kumvera mawu a chikumbumtima chanu chowunikiridwa kudzakuunikirani njira yanu ndi madalitso m'moyo wanu Mukamva chilakolako champhamvu mumtima mwanu chokwaniritsa chilakolako, gwiritsani ntchito kuzindikira kwanu ndikudzifunsa kuti: "Kodi ndi chilakolako chabwino kapena choipa chomwe ndikufuna kukwaniritsa?"

Zinthu zambiri zimapangitsa anthu kukhala ndi zilakolako. Munthu akaona galimoto yatsopano, amafuna kukhala ndi yofanana nayo. Akaona nyumba yatsopano, amafuna kukhala ndi yofanana nayo. Mafashoni atsopano amatchuka, ndipo anthu amalakalaka kugula ndi kuvala kalembedwe kameneka!

Kodi zokhumba zimachokera kuti? Ndinakhala maola ambiri ndikuganizira izi Kodi mungagawane zokhumba zanu zonse m'magulu? Ndinatha kuzisankha zonse ndikusunga zabwino zokha. Ndipo pamene ndinapeza chiyanjano chaumulungu, ndinapeza kuti zokhumba zanga zonse zabwino zakwaniritsidwa nthawi imodzi Lero mukulakalaka chinachake, ndipo mawa moyo wanu ukulakalaka china chake Maganizo anu, omwe amachokera kwa Mulungu Wamphamvuyonse, sangakhutitsidwe ndi zinthu za dziko lino, ndipo sizidzakhutitsidwa,

chifukwa, bwenzi langa lokondedwa, mwataya chuma chamtengo wapatali komanso chamtengo wapatali kwambiri cha moyo wanu, amene yekha ali ndi mphamvu zokhutiritsa chilakolako chanu ndikukwaniritsa zokhumba zanu Chuma chotayikacho ndi Mulungu.

N’zoona kuti pali zilakolako zina zabwino kapena zofunika, ndipo muyenera kuyesetsa kuzikwaniritsa. Koma pamene mukuyesetsa kukwaniritsa zilakolako zanu zazing’ono, musaiwale choyamba kukwaniritsa chilakolako chanu chachikulu kwa Mulungu. Kutsimikiza kuti zilakolako zazing’ono ndi ntchito ziyenera kukwaniritsidwa kaye ndi chinyengo komanso chinyengo. Ndimakumbukirabe pachiyambi cha ulendo wanga wauzimu kuti ndinali wozengereza ndipo sindinkasinkhasinkha nthawi zonse, ngakhale kuti ndinkadziuza kuti ndizipeza nthawi yochita zimenezo. Chaka chonse chinadutsa motere ndisanazindikire kuti sindinakwaniritse zomwe ndinalonjeza ndekha. Nthawi yomweyo ndinalumbira ndekha kuti chinthu choyamba chimene ndingachite m’mawa chinali kusamba kenako n’kusinkhasinkha za Mulungu. Ntchito za tsiku ndi tsiku zinali zambiri panthawiyo, ndipo sizinali zophweka kuzithawa, ngakhale kwa kanthawi kochepa. Chifukwa chake, ndinaganiza zochita ntchito zanga zauzimu kaye. Ndipo motero, ndinaphunzira phunziro lalikulu: udindo wanga kwa Mulungu umabwera kaye, ndipo pamenepo ndimangochita ntchito zina zosafunika kwenikweni.

N’chifukwa chiyani Mulungu ayenera kutsegulira anthu zipata zamuyaya ngati anthu amaika patsogolo ntchito zina ndi zinthu zina kuposa Mulungu? Mulungu waika mapiko auzimu mkati mwathu ndipo amayembekezera kuti tikwere m’malo mwa mzimu

Mapiko awa ndi zilakolako zathu zauzimu, malingaliro athu apamwamba, ndi chikhumbo chathu chochokera pansi pa mtima cha gwero lathu lauzimu

Tiyeni tifunefune Mulungu choyamba Si nzeru kupatsa ntchito zapadziko lapansi kufunika kwakukulu, chifukwa Azrael akhoza kuitana mzimu nthawi iliyonse, kenako ntchito zonse, malonjezano, nkhawa, ndi maudindo zidzatha ndipo zidzatha kamodzi kokha. Ndiye n'chifukwa chiyani tiyenera kumamatira kwambiri ku moyo?

Munthu amaganiza kuti akusangalala ndi chitetezo ndi mtendere wamumtima, kenako mwadzidzidzi wataya wokondedwa wake, kapena wataya thanzi lake kapena ntchito yake, ndipo chitetezo ndi mtendere wamumtima zimatayika!

Chikondi changa pa amayi anga chinali chachikulu bwanji! Ndinkaganiza kuti adzakhala nane nthawi zonse, koma mwadzidzidzi ndinapeza kuti anandisiya ndili mwana! Sitiyenera kuopa imfa, koma tiyenera kukhala okonzeka kuiopa.

Moyo si mmene ukuonekera Musaike chidaliro chanu mwa iwo, chifukwa ndi wosakhazikika, wonyenga, komanso wodzaza ndi zokhumudwitsa komanso ziyembekezo zosweka Ungwiro sungapezeke pano Sindikufuna kukupatsani chithunzi chosatheka cha moyo Dziko lino si paradaiso Ndi malo oyeretsera mizimu komwe Mulungu amayesa miyoyo kuti aone ngati ingagonjetse zilakolako zoipa ndi zabwino ndikumupanga Iye—ndiko kuti, kupanga Mulungu—chilakolako chawo chachikulu, kuti abwerere ku ufumu Wake

Moyo uli wodzaza ndi mitundu yonse ya masoka ndi nthabwala, masoka ndi chisangalalo Ndi chokongoletsera chachikulu, chosinthasintha nthawi zonse, komanso chowala cha mitundu yosawerengeka

Palibe zinthu ziwiri zofanana Moyo wa munthu aliyense ndi wapadera Munthu aliyense ali ndi mawonekedwe osiyana, malingaliro osiyana, ndi zilakolako zosiyana Ngati tinkakumana ndi mayesero omwewo tsiku lililonse, tikanatopa ndi kutopa Ngakhale Paradaiso, ngati nthawi zonse ikanakhala yofanana, ikadataya kukongola kwake Timakonda mitundu yosiyanasiyana ndi kusiyanasiyana Lingaliro lachikhalidwe la Paradaiso ndi lolakwika kotheratu Ngati likanakhala lotopetsadi, oyera mtima ndi amuna oyera a Mulungu akanapemphera kuti abwerere ku Dziko Lapansi kuti akasangalale okha! Paradaiso nthawi zonse amakonzedwanso mwanjira yosangalatsa kwambiri, pomwe Dziko Lapansi nthawi zambiri limakonzedwanso, koma mwanjira yotopetsa komanso yosasangalatsa

Komabe, ngakhale kuti moyo ndi wotopetsa komanso wovuta, anthu ambiri amauzolowera, akukhulupirira kuti palibe njira ina yokhalira moyo. Polephera kuyerekeza moyo uwu ndi moyo wauzimu, amalephera kuzindikira kuchuluka kwa ululu ndi kutopa komwe kumabisika m'dziko lino lapansi.

Zoona zake, moyo si weniweni Ndi zosangalatsa chabe, palibe china Monga momwe mafilimu akale amatulutsidwiranso mobwerezabwereza, momwemonso zochitika zakale zomwezo zimabwerezabwereza m'njira zosiyanasiyana. Ndipo ngakhale kuti moyo ukupitirizabe, mitu yomweyi yomwe imaperekedwa m'mafilimu akale imabwerezedwanso imodzi pambuyo pa ina. Zoonadi, mbiri imadzibwereza yokha, ndipo anthu ndi zinthu zakale chabe m'nyumba zosungiramo zinthu zakale za nthawi.

Kulola moyo kutulutsa zodabwitsa zake, kuzilandira ndi chisangalalo, mwachilungamo,

komanso modzipereka, osakhudzidwa ndi malingaliro, ngati kuti mukuonera kanema. Kuseka kochokera pansi pa mtima ndi mankhwala abwino kwambiri a mavuto onse a anthu.

Muyenera kuyang'ana moyo mosavuta komanso momasuka. Izi ndi zomwe ndinaphunzira kwa mphunzitsi wanga. Poyamba maphunziro anga auzimu m'nyumba yake, ndinagwira ntchito zanga ndi nkhope yokwiya, osamwetulira. Tsiku lina mphunzitsi wanga anazindikira izi ndipo anati, "Mulungu akalola, zonse zili bwino! Kodi muli pa maliro? Kodi simukudziwa kuti kupeza Mulungu kumatanthauza kubisa nkhawa ndikubisa chisoni chonse? Musatenge moyo mozama kwambiri."

Anandiphunzitsa kuti ndi udindo wa munthu kukweza maganizo ake pamwamba pa zosokoneza zonse zapadziko lapansi ndi mavuto kuti apeze ufulu wonse mwa Mulungu.

Munthu ayenera kukhala wolinganiza bwino pa chisangalalo ndi chisoni, phindu ndi kutayika, chipambano ndi kulephera kuti athe kulimbana ndi mavuto a moyo molimba mtima komanso modzidalira.

Kusunga mtendere wamumtima ngakhale pazochitika zonse ndiyo njira yabwino kwambiri yogonjetsera zilakolako zonyenga Izi ndi zomwe ndinaphunzira kwa akuluakulu omwe sanakhudzidwe ndi kusintha kwa nthawi, koma anakhalabe olimba mtima komanso osasintha mpaka kumapeto Ngakhale aneneri, pamene ankazunzidwa, sanataye chidziwitso chawo chopatulika, komanso sanalole aliyense kuba chikondi cha Mulungu kwa iwo Chisangalalo chauzimu ndicho chitetezo chodala komanso linga lalikulu kwambiri pakati pa mayesero ndi mavuto, kumbukirani madalitso omwe Mulungu wakupatsani Moyo wanu ndi kachisi wopatulika wa Mulungu

Musalole mdima wa kusadziwa kuipitsa malo oyera amenewo Ndikosangalatsa kwambiri kukhala mu mkhalidwe wozindikira zauzimu, wolemekezeka, wolemekezeka, wotetezeka, komanso wamtendere! Musaope chilichonse ndipo musadane ndi aliyense Perekani chikondi chanu kwa aliyense Imvani chikondi cha Mulungu ndikuwona kukhalapo Kwake mwa anthu onse, ndipo lolani chilakolako chanu chachikulu chikhale kukhalapo Kwake kosatha mumtima mwanu Iyi ndiyo njira yokhala mumtendere ndi bata m'dziko lino Koma n'kovuta kulawa kudzikhutitsa uku bola ngati mphepo zamphamvu za zilakolako zikuwomba m'malo opumulira a mtima ndikugwedeza mitengo yake mwamphamvu

Zokhumba zimapangidwa ndi malo omwe munthu ali. Zimabadwa kuchokera ku malingaliro athu amalingaliro ndipo zimachepetsedwa ndi zofooka za malingaliro amenewo. Kupita ku chiwonetsero chakumidzi kumakwaniritsa chikhumbo cha chisangalalo, koma titapita ku chiwonetsero chapamwamba kwambiri padziko lonse lapansi ndikuwona ziwonetsero zosiyanasiyana, chiwonetsero chaching'ono chimataya kukongola kwake ndi kukongola kwake. Chifukwa chake, choyamba tiyenera kukhala ndi chisangalalo cha kulumikizana ndi Mulungu kuti tiyerekeze chisangalalo chimenecho ndi zosangalatsa zochepa zapadziko lapansi. Kenako, zokhumba zidzakhala zapamwamba. Chikhumbo sichidzatha; chikhumbo chimodzi chikakwaniritsidwa, china chimatenga malo ake. Koma mukapeza Mulungu, zokhumba zanu zonse zimakwaniritsidwa. "Funani ufumu wa Mulungu choyamba ndi chilungamo chake, ndipo zinthu zonsezi zidzapatsidwa kwa inu (Ndipo chomwe chili ndi Mulungu ndi chabwino komanso chokhalitsa)" Ndiye bwanji osafunafuna

choyamba kukwaniritsidwa kwa chikhumbo chachikulu chimenecho ndikupeza kuchokera ku dzanja la Mulungu lokoma mtima zabwino kwambiri komanso zokhalitsa?

Mulungu akayankha pemphero la wofuna kudziwa Iye, zokhumba zake zina zonse zidzakwaniritsidwa nthawi yomweyo komanso kwamuyaya.

Anthu ena amaganiza kuti alibe zilakolako Chabwino!

Ndaona zomwe zimachitika nthawi zambiri anthu akapita kumsika. Sangakhale ndi chilakolako chenicheni chogula, koma mwadzidzidzi chinachake chimawagwira maso ndipo amaganiza kuti, "Inde, ndiyenera kugula!"

Ngakhale atapanda kugula nthawi yomweyo, imakhala m'maganizo mwawo usana ndi usiku mpaka atagula, ngakhale atabwereka ndalama. Amasangalala nazo kwakanthawi, koma pang'onopang'ono kukongola kwake kumachepa ndipo chisangalalo chokhala nacho chimachepa, kotero amalakalaka china chake, ndi zina zotero.

Nthawi zina timakumana ndi munthu amene amati: "Aa, ndikanakhala ndi ndalama zoti ndiziti (kapena galimoto yapadera kapena dziwe losambira kapena kapena)" ndipo chilakolako chimenecho chikangokwaniritsidwa, chilakolako china chimabuka cha chinthu chatsopano.

Zilakolako za anthu ndi zopanda ungwiro, motero sizingathe kupeza chimwemwe chathunthu kwa eni ake.

Dziko lapansi lidzayesa kukulepheretsani kukumbukira kuti chilakolako chokhacho chofunikira ndikupeza Mulungu. Koma muyenera kudzikumbutsa izi tsiku lililonse. Munthu akasankha kusiya kusuta fodya, kusiya kudya mopitirira muyeso, kusiya

kunama, kapena kusiya kuchita chinyengo, ayenera kukhala otsimikiza pa chisankho chake osagwedezeka. Malo oipa amachotsa ndi kufooketsa chifuniro, kupanga zilakolako zabodza mwa munthu. Zimatengera zabwino kwambiri kwa iwo ndikuwapatsa zoyipa kwambiri. Anthu omwe amakhala ndi akuba amakhulupirira kuti ndiyo njira yokhayo yokhalira moyo. Koma kuyanjana ndi anthu abwino kumatsogolera malingaliro ku zinthu zapamwamba, kotero kuti zilakolako zabodza sizingayesenso munthu. Chilichonse m'moyo uno chimatha kusintha ndi kusinthasintha. Koma mphindi zochepa zoganizira mozama kapena kuphunzira ndikuganizira nkhani zoyera zauzimu zidzakhala gwero la chilimbikitso, kunyamula wofunafuna mofunitsitsa kudutsa nyanja yachinyengo ndi chinyengo kupita kugombe laumulungu komwe "kutopa sikudzawakhudza mmenemo, ndipo sadzachotsedwa mmenemo."

(Kupuma kwakukulu kwakonzedwa kwa iwo omwe adagwira ntchito molimbika, ndipo amene sanasiye kufunafuna choonadi ndiye wapambana)

Chimwemwe chenicheni chimakhala pakulakalaka Mulungu ndi kuganiza za Iye nthawi zonse. Ndi chipiriro, nthawi imabwera pamene lingaliro limenelo limakhala lolimba komanso losagwedezeka kotero kuti palibe vuto lakuthupi, lamaganizo, kapena lamaganizo lomwe lingasinthe kuzindikira kwanu kwa Mulungu. Kodi sizodabwitsa kukhala ndi kuzindikira kwa Mulungu, kuganiza za Iye ndi kumumva nthawi zonse, ndikukhalabe m'malo opatulika a kukhalapo kwake kosatha, komwe imfa kapena china chilichonse sichingakuba mtendere wanu wamkati? (Amene akhulupirira ndipo mitima yawo imapumula

pokumbukira Mulungu. Ndithudi, pokumbukira Mulungu mitima imapumula)

Mukapanda kukhudzidwa ndi zilakolako zonse, mumasangalala ndi kukhalapo kwamuyaya.

Moyo ndi wachilendo kwenikweni, chifukwa chilichonse chimasintha Chifukwa chake, munthu sayenera kumangirira chombo cha chisangalalo pamchenga wosuntha wa moyo uno Nthawi yathu ipita, ndipo zomwe tikuziona tsopano tsiku lina zidzapita Kusintha ndikovomerezeka bola ngati simungalole kuti kukupwetekeni Ndipo zikakupwetekani, chisokonezo chamkati chomwe mumakumana nacho ndi uthenga kwa inu kuti musakhale ndi zilakolako Mukakhala otetezeka mu mzimu waumulungu, mumasangalala ndi chilichonse popanda kudzidalira Chifukwa chake, kuyesetsa kumudziwa Iye ndikofunikira kwambiri kwa iwo omwe amasamala; apo ayi, moyo udzakhala wokhumudwitsa kwambiri, wophwanya ziyembekezo mwanjira yoopsa

Pamene ndinabwerera ku India mu 1935, ndinkayembekezera kupita ku malo omwe ndimakonda ndili mwana, koma nditafika, ndinapeza kuti chilichonse chasintha Gawo la moyo linali litakonzedwanso mwanjira ina Chisoni chachikulu ndi kudabwa kunabwera pamene ndinapita ku nyumba yanga yakale ku Aykapur, komwe ndinkasewera ndikuonera mbalame Mtengo umodzi wokha womwe unatsala mwa zonse zomwe ndimakumbukira Moyo ndi umenewo! Zinthu zodziwika bwino komanso zokondedwa zimachoka pamaso pathu chimodzi ndi chimodzi Ndinali wokonzeka kupereka chilichonse kuti ndione nyumba yathu monga momwe inalili ndili mwana. Komabe, Mulungu anakwaniritsa zomwe ndinkafuna, chifukwa pambuyo pake ndinawona nyumbayo m'masomphenya, komwe tinkasambira

m'dziwe, kenako ndinakwera mmwamba, ndinagona pabedi, ndikudya mango, monga momwe ndinkachitira zaka zambiri zapitazo

Zokhumba ziyenera kufufuzidwa ndi kufufuzidwa mosamala kwambiri, kusankhidwa bwino, ndipo zabwino zokha ndi zomwe ziyenera kusungidwa, ndipo ngakhale zokhumba zabwinozo siziloledwa kuletsa chilakolako chofunika kwambiri cha Mulungu.

Chilakolako chimenecho chiyenera kukhalabe chamoyo ndi choyaka, ndipo sichiyenera kuloledwa kuzimiririka kapena kuzimiririka Munthu amakhala pansi pa chinyengo chachikulu akapempha Mulungu kuti akwaniritse zokhumba zake zapadziko lapansi koma samupempha kuti adziwulule kwa iye Tangoganizani mwana amene nthawi zonse amafuna kuti makolo ake amupatse zopempha zake, ndipo mwanjira ina samazifunsa kapena kuziganizira. Kumeneko ndi kusayamika ndi kukana kukoma mtima kwawo, ndipo mmenemo pali phunziro kwa iwo amene amaganizira.

<u>Buku la moyo ili likagwiritsidwa ntchito, munthu adzalandira chidziwitso chauzimu chokha chomwe wapeza panthawi ya moyo wake padziko lapansi. Chifukwa chake, Mulungu ayenera kukhalapo nthawi zonse m'maganizo mwa munthu, kumupempha nthawi zonse komanso osamuiwala ngati munthu akudera nkhawa kwambiri za tsogolo lake lauzimu.</u> Tikamalumikizana ndi Mulungu, tidzapeza kuti zokhumba zonse zikukwaniritsidwa mwanjira yachinsinsi. Koma choyamba tiyenera kufunafuna Mulungu ndi wowolowa manja ndipo watipatsa chilichonse, koma tidzamupeza pokhapokha ngati sitikukhutira ndi mphatso zake koma titembenukira kwa Woperekayo. Tidzamudziwa malinga ngati tili oona mtima pakufunafuna kwathu, ofunitsitsa

kuyandikira kwa Iye ndikukhala ndi mwayi wodalitsidwa.

Cholepheretsa chachikulu chomwe munthu amakumana nacho ndi iye mwini Akamayesa kukhala chete ndikuganizira zauzimu, maganizo a dziko amabuka mwadzidzidzi, kuwasokoneza ndikuwalepheretsa kukwaniritsa cholinga chawo. Ayenera kudziphunzitsa okha kulamulira maganizo ndi matupi awo, ndipo potero, adzanyamula paradaiso wonyamulika mkati mwa moyo wawo. Mu moyo kapena imfa, kumwamba kapena ku gehena, chimwemwe chachikulu chimenecho chidzawatsagana nawo.

Tiyenera kupemphera kwa Mulungu mozama, kutsanulira chikhumbo chathu chachikulu, kumupempha m'chilankhulo cha mtima, chilakolako cha moyo, ndi kunong'oneza kwa chikumbumtima, kuti atimve ndi kutiyankha. Koma ngati munthu apemphera mopanda mtima ndipo nthawi yomweyo akuganizira zina—chinthu chimene Mulungu akudziwa kuti si nkhani yaikulu ya munthuyo—Iye sadzayankha.

Choyamba tiyenera kukhala ndi Mulungu Nthawi ndi ino. Sitiyenera kudikira, chifukwa zinyengo ndi zamphamvu kwambiri. Moyo umatha msanga, ndipo ndi manyazi kuchoka m'dziko lino osadziwa cholinga cha moyo. Tiyenera kuganizira nthawi iliyonse yomwe tili ndi nthawi yopuma. Ngakhale mapemphero anu sanayankhidwe poyamba, musataye mtima ndi chifundo cha Mulungu, koma pitirizani kupemphera. Pempherani moona mtima ndipo khulupirirani kuti pemphero lanu lidzayankhidwa.

Ndaona umboni waukulu kwambiri wa momwe Mulungu amayankhira pemphero m'moyo wanga. Koma kuyankha koteroko kumafuna khama, chifukwa palibe chofunika chomwe chimabwera popanda

kuyesetsa. Kusinkhasinkha ndikofunikira kuti tiwulule zinsinsi za moyo ndikulowa mu ufumu wa Mulungu.

Zizolowezi zoipa ndi zosokoneza zina zidzayesa kufooketsa khama lanu ndikufooketsa kutsimikiza mtima kwanu. Koma ngati mukufuna kukhala osangalala, pitirizani kuganizira za Mulungu, ndipo mudzamupeza Iye pafupi nanu.

Zilakolako za zosangalatsa zapadziko lapansi zimapangitsa kukoka kwa maginito komwe kumakoka munthu padziko lapansi, moyo pambuyo pa moyo Kubwerera ku thupi kumakhala kosafunikira kwa iwo omwe apeza zilakolako zawo mwa Mulungu Nthawi iliyonse akafuna kukwaniritsa chilakolako chilichonse, amachiganizira, ndipo chimaonekera pamaso pawo Amayi anga anaonekera kwa ine atamwalira, ndipo ndinatonthozedwa ndi kuwaona ndipo ndinayamika Mulungu chifukwa cha ubwino wake Zoonadi, Iye ndi Wopatsa Kwambiri ndi Wachifundo Kwambiri Amakwaniritsa zilakolako zathu kuti asonyeze chikondi Chake ndi kuyamikira kwa ife pamene timupatsa Iye malo oyamba m'mitima yathu

<u>Munthu akafika kwa Mulungu, amakhala mbuye wa moyo ndi tsogolo.</u> Sitiyenera kupuma mpaka kukhalapo kwa Mulungu kukhazikike m'miyoyo yathu. Iye adzatipatsa zonse zomwe timalakalaka ndipo adzatiyesa.

Mayesero ndi zopinga panjira yauzimu ndi zambiri komanso zazikulu, koma pamene tikudutsa m'mayesero amenewo ndikugonjetsa zopingazo, tiyenera kunena kuti: “Ambuye, mwayankha mapemphero anga ndipo mwakwaniritsa zokhumba zanga zazikulu, kotero mtima wanga wadzaza ndi kukhalapo Kwanu ndipo moyo wanga wawala ndi kuwala Kwanu”

Mtendere ukhale pa inu

Kuchokera m'mawu a mphunzitsi Paramhansa Yogananda

Anthu amadandaula za lingaliro losiya zinthu zina m'moyo, ngakhale kuti kwenikweni amasiya zinthu zambiri zamtengo wapatali, zomwe ndi mtendere wamumtima, ndipo nthawi zina amadzipereka okha kuti apeze ndalama, zomwe .zingawonongeke

Dziperekeni kwa Mulungu ndipo mudzapeza kuti moyo wanu wakhala ngati nyimbo yokongola komanso yosangalatsa

Chotsani maganizo anu m'dziko lino kupita ku ufumu .waukulu wa Mulungu womwe uli mkati mwanu

Mu sitima yamtendere mutha kupita kudziko lomwe silikutha maloto athu komwe kasupe waumulungu .umatuluka mosalekeza kuchokera pansi pa mtima ndi moyo

Ambuye, ndithandizeni kuchita gawo langa mu masewera a moyo mwanjira yomwe imakusangalatsani, kaya ndili wofooka kapena wamphamvu, wodwala kapena wathanzi, wotchuka kapena wosadziwika, wolemera kapena wosauka, podziwa kuti mumandikonda ndipo .simudzandisiya

Chuma chingachotsedwe kwa munthu, kapena chingachotsedwe, akachoka m'dziko lino, ndipo sangathe kuchitenga ndi iye. Phindu lake lenileni lili pakugwiritsa ntchito chumacho pa ntchito zabwino komanso kubweretsa chimwemwe kwa iye mwini ndi ena m'njira yomwe .imakondweretsa Mulungu ndi chikumbumtima cha munthu

Anthu amene amangoganizira za chitetezo chawo ndi chitonthozo chawo, kuiwala kapena kunyalanyaza zosowa za

ena, kwenikweni akufunafuna umphawi womwe tsiku lina udzakhala wawo. Anthu amene amamatira ku chuma chawo m'malo mochigwiritsa ntchito pa ntchito zabwino samadzibweretsera chipambano m'moyo wawo wa pambuyo pa imfa koma amabadwa osauka, ndi zilakolako ndi zilakolako za olemera. Koma anthu amene amagawana chuma chawo ndi chipambano chawo ndi ena amakopa .zabwino ndi zambiri kulikonse kumene akupita

Mukapereka kwa anthu oyenerera, mudzapeza kuti Mulungu ali nanu nthawi zonse ndipo sadzakusiyani ndipo simudzasowa chilichonse. Tisaiwale kuti miyoyo yathu imathandizidwa mwachindunji ndi Mulungu ndipo tikazindikira kuti maganizo athu, zofuna zathu ndi zochita zathu zonse zimadalira Mulungu ndipo zimapeza mphamvu zake kuchokera kwa Iye, ndiye kuti tidzalandira chitsogozo cholunjika kuchokera kwa Iye ndipo tidzazindikira kuti moyo .wathu ndi umodzi ndi moyo Wake wopanda malire

Kusinkhasinkha kumapereka umboni wa kukhalapo kwa Mulungu. Mafunde a malingaliro akachotsedwa m'dziwe la maganizo, chisangalalo chaumulungu chimatuluka mu mzimu. Chisangalalochi chilipo kale mkati mwa mzimu, .koma chili chophimbidwa

Ambuye Ndidzagwiritsa ntchito mphamvu zanga ndi nzeru zanga kuti ndikwaniritse zinthu zazing'ono kaye kenako ndikupita patsogolo pa zinthu zazikulu

Ngakhale zolinga zonse zakuthupi zitakwaniritsidwa, zimangopereka chisangalalo chosakwanira - ndipo popeza Mulungu ndidzapeza malo osungiramo chisangalalo chosatha Ndipo sichimasiya kuyenda ndi kuyenda M'minda ndi m'madambo obiriwira a moyo

Nyumba: Victory Square

Ngati munthu akukhala moyo wake wonse akutsata zosangalatsa zambiri, sadzadziwa kukoma kwa chimwemwe chenicheni. Munthu ayenera kukhala moyo wosalira zambiri

ndikuyamba moyo mosavuta. Ndikoyenera kuti munthu azikhala yekha, akuganizira zochita zake nthawi ndi nthawi, ndikuchita mtendere wamumtima, womwe umabweretsa .machiritso, kutsitsimutsidwa, ndi mphamvu zatsopano

Ngati zosokoneza nthawi zonse zimakhalapo ndipo zinthu zina zimadzaza malingaliro, mitsempha imavutika chifukwa cha izi, mphamvu zambiri zofunika zidzatayika, ndipo moyo udzakhala wopsinjika komanso wovutika. Komanso, munthu sayenera kuda nkhawa kwambiri ndi kukonza ena; m'malo mwake, ayenera kudzikonza yekha .asanayese kukonza ena

Dziwani kuti nyumba ndi malo omenyera nkhondo abwino kwambiri. Munthu amene ali mngelo m'nyumba .mwake adzakhala mngelo kulikonse

Kukoma kwa mawu ndi mtendere womwe umaperekedwa ndi khalidwe labwino ndizofunikira kwambiri .m'nyumba kuposa kwina kulikonse

Monga momwe mdima sungakhalire kumene kuwala kumawala, momwemonso mdima wa matenda uyenera kuzimiririka pamene kuwala kwa Mulungu kumawala m'maselo a thupi, ndipo ndi ochepa okha amene .amazindikira choonadi ichi

Anthu akamamva chikhumbo chachikulu chofuna kuchira, amapemphera ndi mitima yovutika Kapena ndi chisoni, poganiza kuti Mulungu sadzamva mapemphero awo Kapena amapemphera koma sadikira Kuti adziwe ngati .mapemphero awo afika kwa Mulungu

Monga momwe munthu sangamvere nyimbo zomwe zimawulutsidwa mlengalenga pogwiritsa ntchito chipangizo cholandirira mawu cholakwika, momwemonso munthu sangamvetsere kugwedezeka kwa thanzi, mphamvu, ndi nzeru zochokera kwa Mulungu ndi chipangizo chauzimu chomwe sichikugwira ntchito bwino ndi mantha, nkhawa, ndi .mitundu yonse ya nkhawa, kukayikira, ndi kusatsimikizika

Tikumbukireni ndi kukuthokozani, Ambuye, nthawi ya kusowa ndi kulemera, mu matenda ndi thanzi, mu mdima ndi kuwala, ndi m'zochitika zonse Tikumbukireni ndi chiyamiko masiku abwino omwe mwatipatsa Tithandizeni kutsegula maso a chikhulupiriro kuti tiwone kuwala kwanu .kodala, komwe kumachiritsa matenda ndi matenda onse

Ine ndine kapitawo wa chombo changa cha malingaliro abwino, chifuniro changa chabwino, ndi ntchito yanga yopindulitsa komanso yopindulitsa. Ndidzayendetsa chombo cha moyo wanga, nthawi zonse ndimayang'ana dziko lowala la mtendere mumlengalenga mwa kuganizira kwambiri .zanga

Ndigwiritsa ntchito luso langa loganiza bwino kuti ndipambane pa chilichonse chimene ndimachita Mulungu adzandithandiza ngati nditayesetsanso kudzithandiza .ndekha

Lero ndidzalima munda wa moyo ndi khama latsopano ndikuubzala ndi mbewu za nzeru, thanzi, kukhutira, ndi chimwemwe. Ndidzathirira mbewuzo ndi chikhulupiriro ndi kudzidalira, ndipo ndidzayembekezera zabwino za Wamphamvuyonse kuti andipatse zokolola zolungama. Ngakhale sindidzakolola zomwe ndikuyembekezera, ndidzakhalabe woyamikira komanso woyamikira mtendere wamumtima womwe umabwera chifukwa choyesetsa kuchita .zonse zomwe ndingathe

Ndidzayamika Mulungu kuti nditha kupitiriza kuyesetsa mpaka nditapambana, mwa chisomo Chake Ndipo ndidzayamika Iye ndikakwaniritsa chikhumbo changa chachikulu. Ndidzayesetsa kuchita ntchito zabwino komanso .zoyenera zokha, kufunafuna chisangalalo cha Mulungu

Dziko lapansi lili ndi mphepo zamkuntho zachilengedwe ndi za anthu, ndipo Mulungu ndiye chishango champhamvu komanso malo otetezeka ku mphepo zamkuntho, mphepo zamkuntho, ndi zoipa za dziko lino. Kulikonse kumene Mulungu ali, palibe mantha kapena chisoni. Wokhulupirira

weniweni amaima wolimba mtima ndi wonyada pankhondo ya moyo ndi kulimbana ndi zochitika, wotsimikiza kuti Mulungu ali naye, akumuteteza ku zoopsa ndipo samusiya ngakhale mphindi imodzi. Motero, mantha amatha mumtima mwake ndipo chitsimikizo chimamugwira, chitetezo chomwe .sichingaikidwe

Kusachita mantha kumatanthauza kukhala ndi chikhulupiriro mwa Mulungu ndi chitetezo chake, komanso kukhala ndi chikhulupiriro mu chilungamo chake, nzeru zake, chifundo chake, chikondi chake, ndi kupezeka kwake .kulikonse

Mantha amachotsa mphamvu zamaganizo za munthu, amaphimba malingaliro ake, ndipo amawononga kamvekedwe ka mtima. Komanso, mantha angayambitse kusokonezeka kwa thupi ndi matenda amisala. M'malo mokhala ndi nkhawa komanso kutsekeredwa m'maganizo, munthu ayenera kudzitsimikizira kuti ali otetezeka m'chitetezo cha Mulungu, Wowona Zonse, Womva Zonse, wotetezeka m'linga Lake losagonjetseka, komanso .wozunguliridwa ndi chifundo ndi chisamaliro Chake

Kaya m'nkhalango ya ku Africa, pankhondo, mukuvutika ndi matenda kapena umphawi, munthu ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa zilizonse ndipo limatha kuteteza iwo amene afuna chitetezo mwa Iye. Palibe njira yothandiza yotetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru pochita zinthu pamene nthawi yomweyo akukhulupirira thandizo la Mulungu. Chikhulupiriro sichitanthauza kukhala wosasamala kapena kuchita zinthu mopanda nzeru akakumana ndi mavuto. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye angathe kuthandiza m'mikhalidwe yovuta komanso yovuta ngati munthu atembenukira kwa Iye ndi

mtima wake wonse, moyo wake wonse, ndi malingaliro ake .onse

Mavuto akabwera ngati chipale chofewa, sitiyenera kuwalola kuti alepheretse chifuniro chathu kapena kubisa masomphenya athu omveka bwino komanso njira yanzeru komanso yomveka bwino. M'malo mwake, tiyenera kusunga chikhulupiriro chathu mwa Mulungu ndi malingaliro athu achibadwa a chabwino ndi choipa, ndikuyesetsa kupeza njira yotulukira. Ndi thandizo la Mulungu, tidzaipeza. Pomaliza pake, zinthu zidzayenda bwino chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa anthu. Anthu omwe savomereza kusapeŵeka kwa zochitika m'malo mwake ndipo m'malo mwake amayesetsa kulowa kupitirira chophimba ndi nzeru zawo ndi chikhulupiriro chawo adzapeza chitseko chotseguka kwa iwo —chitseko chomwe dzanja lililonse lokhulupirira .limagogodapo

Moyo uli ndi mdima, ndipo nthawi zina timapunthwa ndi kuzengereza kupita patsogolo Tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zamdima za moyo Mulungu ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lowala m'maola odzuka, nyali yowunikira chitsogozo, ndi nyenyezi yotsogolera kwa iwo oyenda m'nyanja za moyo wapadziko lapansi, wosakhalitsa

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho, tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu

ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

Kusiyana pakati pa kuganizira za m'maganizo ndi kudzifufuza zauzimu

Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso, amakhala ngati wolemba nkhani woyenda, akubwereza miyambi ndi mawu apamwamba, ndipo ena amawaona kuti ndi ophunzira komanso odziwa zambiri. Koma chidziwitso chotere sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, komanso sichikugwirizana ndi kukwaniritsa zauzimu. Mtundu uwu wa luntha kapena luntha umasunga "umwini" womangiriridwa ku malingaliro ozindikira, omwe amaletsedwa ndi mphamvu zakuthupi. Chidziwitso cha chiphunzitso sichingapeze chidziwitso chaumulungu, ndipo ndibwino kuti munthu asawononge nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, kuti munthu asadzipeze atasochera m'nkhalango yowirira ya luntha, .osatha kupitirira dziko la chiphunzitso

Njira imeneyi sidzatsogolera ku kudziwa chowonadi chifukwa chowonadi chili kupitirira malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira iyi .amamangidwa ndi malingaliro awoawo

Ngati munthu agwiritsa ntchito mphamvu zake zamaganizo kuti apeze ndalama ndi zinthu zakuthupi zokha, chidziwitso chake chidzakokedwa kudziko lapansi la zinthu zakuthupi ndikukhala ndi zovuta zambiri. Chifukwa chake, anthu anzeru amanena kuti munthu sayenera kupereka mphamvu zonse zamaganizo zomwe Mulungu wawapatsa kuti azichita zinthu zosakhalitsa, kuti asadzitayike m'gulu la zinthu zakuthupi ndikudzipangira zoletsa zosafunikira. M'malo mwake, ayenera kugwiritsa ntchito mphamvu zake zamaganizo kuti apeze zofunikira pa moyo ndikuyesetsa

kukulitsa mphamvu zake zamakhalidwe abwino kuti athe kusiyanitsa pakati pa chabwino ndi choipa, komanso pakati pa zomwe zili zoipa ndi zomwe zili zothandiza. Akakulitsa chidziwitso chawo chauzimu, adzatha kuzindikira Mulungu mkati mwawo ndikupeza choonadi chauzimu chobisika kuseri kwa zophimba zokhuthala za zinthu zakuthupi. .Mkhalidwe uwu umatchedwa kudzifufuza kwauzimu

Kaya nkhawa zathu zili zotani, Mulungu nthawi zonse ayenera kukhala patsogolo m'miyoyo yathu Chimodzi mwa zinthu zofunika kwambiri pakukula mwauzimu ndi kulumikizana kosalekeza komanso kochokera pansi pa mtima ndi Mulungu, komwe mudzawona kusintha kodabwitsa komanso kwabwino komwe kudzakukhudzani .kwambiri

Munthu akafuna kuonera chiwonetsero, kapena kugula zovala zatsopano kapena galimoto yatsopano, kodi si zoona kuti maganizo ake amakhala otanganidwa nthawi zonse? Ponena za nkhani zimenezo ndi momwe angazikwaniritsire kapena kuzipeza? Sadzapuma mpaka atakwaniritsa zokhumba zake, ndipo adzapitiriza kugwira ntchito mosatopa .kuti akwaniritse zokhumba zimenezo

Motero, maganizo a munthu ayenera kuganizira za Mulungu. Kenako zilakolako zonse zazing'ono, zazing'ono zidzasinthidwa kukhala chilakolako champhamvu chofuna .kumva Mulungu ndikulankhulana naye

Pamene maganizo akunong'oneza Mulungu kunong'oneza kochokera pansi pa mtima, kochokera pansi pa mtima wofunitsitsa

Kuyimba kwa mzimu kudzakhudza mtima wa dziko lonse, ndipo yankho lidzabwera, kubweretsa chisangalalo .chachikulu

Kunong'oneza kwanzeru kumalimbikitsa mphamvu, mpaka mutakhala ndi mphamvu zokwanira kuti mukwaniritse cholinga chomwe mukufuna

Pamene maganizo ndi chifuniro cha munthu zikugwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu kumakhala kokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe .akugwirizana ndi chifuniro chapamwamba

Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu akugwira ntchito, chilichonse chomwe ndimafuna chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

Chinsinsi cha kukula

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo zofunika kuchokera kwa iwo. Pakuti ululu uliwonse ndi kuvutika kulikonse komwe timakumana nako kuli ndi .tanthauzo komanso cholinga

Ngakhale kuti mayesero ndi ovuta, ali ngati moto umene umasungunula chitsulo, n’kuchisintha kukhala chitsulo chokongola, champhamvu, komanso chosinthasintha. Nzeru zomwe timapeza kudzera mu malawi oyaka a zokumana nazo ndi zodabwitsa kwambiri. Moyo umatiyeretsa, kusintha makhalidwe athu oyambira kukhala zinthu zamtengo wapatali, kutilola kukhala ndi miyoyo yoyera ngati miyala yamtengo wapatali, yolimba ngati chitsulo, koma

yosinthasintha komanso yolimba, yopindika popanda .kusweka ndi mavuto ndi zovuta

Tikaona nkhope zopotoka ndi mkwiyo, zovulazidwa ndi nkhanza, maso awo amatipangitsa kulakalaka kuchotsa kuipa m'miyoyo yathu—moyo wosakhudzidwa ndi chilichonse kupatula zolinga zoipa ndi mkwiyo wozama womwe umabisa chithunzi chodala cha Mulungu mkati mwathu, monga momwe utsi umawonongera galasi. Zochita zopweteka za ena ziyenera kudzutsa mwa ife chikhumbo chowongolera khalidwe lathu ndi kudziletsa tokha, kuti tikhale olamulira zilakolako zathu zosalamulirika, osati .akapolo a izo

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mphepo yocheperako ikuyenda mwa iwo popanda kusokonezedwa, kudzazidwa ndi mtendere wambiri. Izi zili choncho chifukwa mphepoyo imalumikizidwa ndi gwero lake lapamwamba, loyenda nthawi zonse komanso lofikira miyoyo mogwirizana ndi iyo. Kenako adzatha kupereka .chimwemwe ichi kwa miyoyo yomwe ikufuna mtendere

Tsiku lililonse, munthu amayang'ana pagalasi kuti aone nkhope yake chifukwa akufuna kuoneka bwino kwa ena. Kodi chofunika kwambiri n'chiyani kuti aime tsiku ndi tsiku ndikuyang'ana pagalasi la kusanthula kwamkati kuti apeze zomwe zili pansi pa kuwala! Pakuti chilichonse chokongola kunja chimachokera ku umunthu wamkati. Ndipo palibe chomwe chimadetsa galasi loyera la mzimu monga kupotoza maganizo monga mkwiyo, mkwiyo, nsanje, ndi chidani. Aliyense amene amayesetsa kudzimasula ku zinthu izi,

zachilendo ku mzimu, adzalola kuwala kwa kukongola .kwamkati kuwonekera kuchokera mkati

Kudzera mu kusanthula, tapeza kuti mavuto a anthu ali m'magulu atatu: pali mavuto ndi zovuta zomwe zimaukira thupi la munthu, zina zomwe zimaukira malingaliro, ndi gulu .lachitatu lomwe limatseka njira za mzimu

Matenda, ukalamba, ndi imfa ndi mavuto ndi zopinga zomwe thupi limakumana nazo Matenda amisala, komabe, amalowa m'maganizo kudzera mu chisoni, mantha, mkwiyo, zilakolako zoponderezedwa, mkwiyo, chidani, kukhudzidwa ndi malingaliro, kusokonezeka kwa mitsempha, ndi khansa yamisala yomwe imalepheretsa mphamvu zamaganizo Komabe, matenda owopsa kwambiri ndi matenda a mzimu, omwe amaonekera mu umbuli, omwe matenda ena onse .amafalikira

Pali zabwino zambiri kuposa zoyipa padziko lapansi

Pamene kukayikira kukulowa, tiyenera kukumbukira miyoyo ya anthu akuluakulu. N’zoona kuti ndife anthu, koma Mulungu watipatsa mphamvu zodabwitsa zomwe sitimazigwiritsa ntchito kawirikawiri. Ndiye n’chifukwa chiyani timanjenjemera poopa ukalamba, matenda, ndi chisoni? Tiyenera kuchita zonse zomwe tingathe kuti tisamalire matupi athu, koma sitiyenera kugonja ku mantha .kapena kudzikwirira pansi pa umbuli wambiri

Thupi si munthu yense

Chabwino chimaposa choipa padziko lapansi chifukwa Mulungu ndiye mphamvu yaikulu. Koma choipa chikatigwera, timaganiza kuti tilibe mphamvu zochilamulira .kapena kuthawa

Mkuntho wa zoipa udzawomba, koma tikhoza kugonjetsa zotsatira zake ndikuzigonjetsa

Sitinapatsidwe moyo kuti tiwonongedwe nawo, koma kuti atipatse chidziwitso cha umuyaya, ndipo tiyenera .kukumbukira choonadi ichi

Popanda ufulu woganiza, munthu sangadziwonetse yekha m'njira yoyera, yodzipangira yekha, komanso yachibadwa. Kumbukirani kuti ndinu omasuka kwambiri. .Mphamvu ya chifuniro nthawi zonse imakhala yaulere

Ngati mugwiritsa ntchito mphamvu yanu moyenera, idzakupatsani karma yabwino, koma anthu ambiri safuna kusintha ndipo safuna kuyesetsa, kotero amagwa akakumana ndi mavuto ndipo sangathe kukumana ndi .mavuto

Kuchita chilichonse chomwe munthu akufuna si ufulu, chifukwa anthu amamangidwa ndi zilakolako zawo, motero zochita zawo sizingatchedwe ufulu konse. Ufulu weniweni umatanthauza kuchita chilichonse ndi chifuniro chotsogozedwa ndi nzeru. Munthu akhoza kulamulira zotsatira za zochita zake zakale, zomwe mosakayikira zidzawatsatira, ngati ayambitsa chifuniro chake ndikuchigwiritsa ntchito pa ntchito zabwino komanso zopindulitsa. Ngati muchita zochita zanu ndi nzeru komanso ndi chifuniro, mphamvu za zochita zanu zoyipa zakale zidzafooka ndipo zizolowezi zomwe zimachokera ku zochita .zanu zabwino zidzalimbikitsidwa

Nthawi zonse timalakalaka zomwe tilibe ndipo timayamba kukonda zinthu zosafunikira. Tikangotenga chinthu, timataya ufulu wathu wosankha kwakanthawi. Monga momwe anthu akummawa amakhalira akapolo ndi miyambo yakale, momwemonso anthu akumadzulo

amakhalira akapolo ndi miyambo yamakono. Timapanga .tsogolo lathu ndipo timamangidwa nalo

N’chifukwa chiyani mwana mmodzi amabadwira m’banja loipa pomwe wina amabadwira m’banja labwino? Aliyense wa iwo anagwiritsa ntchito ufulu wake kukhala ndi moyo mwanjira inayake m’mbuyomu (m’moyo wakale) ndipo .motero anadzibweretsera mavuto amenewo m’moyo uno

Palibe ufulu weniweni popanda Mulungu. Tiyenera kuganizira za Iye nthawi zonse. Kaya nkhawa ndi maganizo athu ndi otani, Mulungu ayenera kukhala pamalo oyamba m'mitima mwathu, ndipo tikagwirizana naye, tidzapatsidwa mphamvu zokwaniritsa zomwe tiyenera kuchita nthawi .iliyonse, ndi thandizo lake laumulungu

Malangizo kwa wophunzira

Mmodzi mwa ophunzirawo anafunsa mphunzitsi wa Paramhansa kuti amupatse upangiri woti adzithandize, iye anati: Ngati mukufuna kukondedwa Yambani kukonda ena .omwe akufuna chikondi chanu

Ndipo ngati mukuyembekezera kwa ena Khalani okhulupirika ndi okhulupirika kwa iwo kuti akhale okhulupirika kwa inu

Ngati mukufuna kuletsa ena kuchita zinthu zoipa komanso zachinyengo, musalole chinyengo kulowa m'maganizo mwanu, ndipo musachite zinthu zomwe .zingavulaze ena

Ngati mukufuna kuti ena akumvereni chisoni Yambani mwa kuwamvera chisoni, makamaka kwa omwe .akuzungulirani

Ngati mukufuna kuti ena akulemekezeni, muyenera .kulemekeza ana ndi akulu omwe

Ngati mukufuna mtendere kuchokera kwa ena, muyenera kukhala ndi moyo wogwirizana

Ngati mukufuna kuti anthu akhale achipembedzo, khalani auzimu ndipo ena aziona kuti ndinu chitsanzo .chabwino ndipo angakudalireni ndikukukhulupirirani

Mwachidule, chilichonse chimene mukufuna kuti ena achionetse. Khalidwe labwino ndi kusonyeza zimenezo m'moyo wanu choyamba, ndipo mudzapeza kuti anthu .adzakuchitirani chimodzimodzi

Ngati mungathe kuzindikira madera m'moyo wanu omwe akufunika kusintha popanda kukhumudwa kapena kukhala ndi vuto lodziona ngati wopanda pake, ndipo ngati nthawi zonse mumayesetsa kukulitsa khalidwe lanu, ndiye kuti nthawi yomwe mumagwiritsa ntchito pa izi idzakhala yopindulitsa kwambiri kuposa momwe mungawonongere kufuna kuti ena adzikonze okha Chitsanzo chanu chabwino ndi khalidwe lanu labwino zili ndi mphamvu zambiri zosinthira ena kuposa zomwe mukufuna, mkwiyo, ndi mawu anu okha

Ambuye, Inu ndinu gwero la zabwino zonse ndi chiyambi cha mphamvu zonse. Tidalitseni kuti tiwonetsere madalitso Anu pa ife mu thanzi lathu, zolinga zathu zanzeru, ndi mawonekedwe athu auzimu. Inu ndinu kuwala kwa nyenyezi, mphamvu mu maatomu, kukoma mtima m'mitima, ndi kukongola m'choonadi. Tithandizeni kudzidzaza ndi mphamvu Yanu yapamwamba, nzeru Zanu zopanda malire, .ndi kukhulupirika Kwanu kopanda malire

Ambuye, tidziwitseni kuti Inu ndinu kasupe wa thanzi, nyanja ya moyo, ndi gwero la kumvetsetsa konse ndi chidziwitso. Timasuleni ku umbuli ndi zotsatira zake, ku mantha ndi nkhawa, ndipo lolani kuti kusefukira kwa nzeru .zanu kuchotse zinyalala zonse ndi zinyalala m'miyoyo yathu

Chotsani, Ambuye, zophimba zomwe zimabisa nkhope yanu kwa ife. Tikuoneni ngati kuwala kowala kwambiri, ngati dzuwa losawerengeka lomwe lili m'mwamba mwa miyoyo yathu. Tikumveni ngati mphamvu yokonzanso yomwe imauzira malingaliro athu, imadyetsa miyoyo yathu, .imachirikiza matupi athu, ndikukwaniritsa maloto athu

Ameni

Anthu ambiri sadziwa chifukwa chake Popeza ali padziko lapansi, amakhulupirira kuti cholinga cha moyo ndi kukwaniritsa zilakolako Kupeza zofunikira pa moyo Kufunafuna zosangalatsa ndi chikondi cha anthu, kenako .n’kudzipereka kwa woyitana womaliza

Anthu amayamba moyo wawo Olemba mapulogalamu ndi zilakolako ndi zokhumba zomwe sizinakwaniritsidwe kale Ndipo amayesa - ndi ufulu wochepa womwe adasiya - Mwa kutsanzira zokhumba ndi zochita za ena, ngati akugwirizana ndi amalonda, amafuna kukhala ngati iwo, ndipo ngati akugwirizana ndi ojambula, zaluso zimakhala chilichonse kwa iwo

Mulungu akufuna kuti tikhale ndi zochita m'dziko lino. Watipatsa njala yomwe imafuna kuti tigwire ntchito kuti tikwaniritse njalayo, koma kufunafuna chakudya, pogona, ndalama ndi katundu kumatanthauza kuti munthu amaiwala .gwero la chimwemwe chake

Ndi zoona kuti tiyenera kugwira ntchito kuti tipeze zosowa zathu ndikuyesetsa kukwaniritsa zolinga zathu zovomerezeka, koma choyamba, tiyenera kutsegula mitima yathu kwa Mulungu ndikupempha chitsogozo Chake ndi chivomerezo Chake pa zonse zomwe timachita. Kenako tidzapambanadi m'sukulu ya moyo, chifukwa tidzalandira malangizo athu kuchokera kwa Woyang'anira Wamkulu ndi Wopereka amene amadziwa zomwe tikufunikira komanso

zomwe zili zabwino kwa ife. Chifukwa chake, tiyenera .kudalira Iye ndikugonjera chifuniro Chake chanzeru

Kuchokera ku nkhani za mphunzitsi Paramahansa

Pamene chimwemwe chamkati cha moyo chabisika ndi chisangalalo chaching'ono chaching'ono, kuwala kwagolide kwa mzimu kumachepa, ndipo mphamvu zowonekera za mzimu zimabisika kumbuyo kwa kuchuluka kwa zinthu. Pamene maganizo a munthu akokedwa ndi nsanje ndi nsanje, ndipo aphimbidwa ndi mitambo ya mantha ndi nkhawa, munthu amakhala wachisoni, wosauka, komanso wogonjetsedwa. Koma pamene munthu ayang'ana kwambiri chikondi, mtendere, ndi mgwirizano, amapeza chimwemwe .chachikulu

Moyo umamva chisangalalo ukasintha kuchoka ku zilakolako zakuthupi zosakanikirana ndi kuvutika ndi chisoni kupita ku makhalidwe abwino owonekera a mzimu, .odzazidwa ndi zosangalatsa zazikulu

Ngati mzimu ulowerera kwathunthu mu zosangalatsa za dziko lapansi, umakhala wopanda chidwi ndi kufunafuna zisangalalo zapamwamba komanso wosakhoza kupeza zosangalatsa zauzimu. Ambiri anganene kuti kusiya zosangalatsa zakuthupi n'kosatheka m'dziko lino kapena pokhala pakati pa anthu omwe maganizo awo amayang'ana kwambiri zinthu zakuthupi. Komabe, sikofunikira kwa munthu wamba kusiya dziko lapansi ndikubwerera kumapiri ndi nkhalango kuti akapeze bata ndi mtendere. M'malo mwake, ayenera kukhalabe m'dziko lino popanda kulola mafunde ake amphamvu kuwachotsa, kuti asagonjetsedwe .ndi mafunde amphamvu a moyo uno

Munthu sayenera kukhala ndi maganizo oipa pa zomwe zili pafupi naye, ndipo nthawi yomweyo sayenera kulola kuti kukonda chuma kusokoneze maso ake, kuti asataye

umunthu wake wauzimu ndipo asathe kulawa chisangalalo .cha chisangalalo ndikuona kuwala kwa Mulungu

Moyo, ndi umunthu wake, zigawo zake, ndi zolinga zake, ndi nkhani yovuta kumvetsetsa koma yosatheka kuithetsa, ndipo ndi kuganiza kwathu kopita patsogolo, timathetsa .zinsinsi zake zina tsiku lililonse

Zipangizo zozikidwa pa mfundo zenizeni za sayansi m'nthawi ino ndizodabwitsa kwambiri, ndipo zinthu zomwe sayansi imabweretsa zimatipatsa masomphenya omveka bwino a njira zomwe moyo ungasinthire. Koma ngakhale kuti tili ndi zida zonse, zinthu zatsopano, ndi njira, tikuwonekabe ngati zidole m'manja mwa tsoka, ndipo njira yomwe ili patsogolo ikadali yayitali Tisanamasulidwe ku ulamuliro wa .chilengedwe

Ndithudi, kukhala motsatira malamulo a chilengedwe si ufulu Maganizo athu okondwa amadzazidwa ndi kumangidwa ndi kudzimva opanda thandizo pamene tikumva kuti ndife ozunzidwa ndi kusefukira kwa madzi, mphepo zamkuntho, kapena zivomezi, kapena pamene zochitika zimatitenga - popanda chifukwa chomveka - okondedwa athu omwe ali pafupi ndi mitima yathu. Kenako timazindikira kuti sitinapambane zambiri, ndipo sitinathe kugonjetsa mavuto. Ngakhale kuti timayesetsa kwambiri kuti moyo ukhale monga momwe tikufunira, zinthu zina zidzaonekera padziko lapansi, ndi zochitika zotsogozedwa ndi maganizo amphamvu omwe sitidziwa zambiri, akugwira ntchito mosasamala kanthu za malingaliro athu ndi chifuniro chathu. Chabwino kwambiri chomwe tingachite ndikugwira ntchito .ndikupanga kusintha

Timalima tirigu ndikupanga ufa, koma ndani adapanga mbewu yoyamba? Timadya mkate wopangidwa ndi ufa, koma ndani adapatsa matupi athu mphamvu yowugaya? ?Ndipo tingasinthe bwanji chakudya kukhala chakudya

Mu ngodya iliyonse ya moyo, zikuwoneka kuti pali dzanja la Mulungu lofunika kwambiri. Sitingathe kuyendetsa zinthu zathu popanda ilo, ndipo ndi zonse zomwe tili nazo. Sitikudziwa nthawi yomwe mtima udzasiya kugwira ntchito, chifukwa chake ndikofunikira kudalira molimba mtima mphamvu ya Mulungu yapamwamba kwambiri. Ndi kudalira umunthu wathu wapamwamba, wochokera ku mphamvu .zonse zomwe timatsanzira

Tiyenera kukhala ndi chikhulupiriro chopanda kudzikuza, ndikuyenda molimba mtima panjira za moyo

Popanda mantha ndi kunjenjemera, komanso popanda kupsinjika maganizo ndi kutsekeredwa m'ndende

Kuthana ndi ziwengo

Kugonjetsa kukhudzidwa ndi zinthu ndi luso losavuta, ndipo kulamulira kufulumira kwa munthu kuchitapo kanthu ndikofunikira kuti munthu akhale ndi umunthu wabwino .komanso wolinganizika bwino

Kuzindikira kumayambira pa kusamvetsetsana, kudziona ngati wopanda pake, kudzikuza kwambiri, ndi kudzikuza kwambiri

Munthu akaganiza kuti zakukhosi kwake zamupweteka, maganizo amenewo amakhazikika m'maganizo mwake, zomwe zimadzutsa mitsempha yake, yomwe kenako imakhala yolimba ndipo mkwiyo umayaka mumtima mwake chifukwa cha malingaliro ovulala. Komabe, anthu ena ali ndi mphamvu zolamulira zakukhosi kwawo, kotero zizindikiro zawo zakunja sizimawonekera ngakhale kuti ali ndi mkwiyo waukulu mkati mwawo. Ena amasonyeza mkwiyo wawo kudzera mu zochita zawo nthawi yomweyo, zomwe zimawonekera m'maso mwawo ndi nkhope zawo, komanso .kudzera mu mayankho achangu, olembedwa m'mawu

Kukonda kwambiri zinthu kumakhala ndi zotsatirapo zoopsa; kumawonjezera vutoli ndikupanga kusakhazikika .kosafunikira komwe kumakhudza ena

Kuyesetsa kuyenera kuchitika kuti munthu akhale wodziletsa komanso wodekha, zomwe zimathandiza kuti pakhale mtendere m'malo mokhala ndi nkhawa komanso kuthetsa utsi wa nkhawa. Anthu amene amachita zimenezi adzakhala olamulira tsogolo lawo ndipo adzalandira mphoto .yoyamikiridwa ndi kulemekezedwa ndi anthu owazungulira

Kuzindikira kwambiri ndi khalidwe lomwe anthu ambiri ali nalo, ndipo pamene malingaliro osamveka bwino amenewa ayamba, amaphimba nzeru ndi kuphimba maso a nzeru. Choyipa kwambiri n'chakuti, munthu amene ali ndi vuto la kukhudzidwa kwambiri amakhulupirira kuti akuganiza, kumva, ndi kuchita zinthu mwangwiro, pomwe !kwenikweni khalidwe lake lingakhale lolakwika kotheratu

Anthu ambiri amakhulupirira kuti ayenera kudzimvera chisoni akamadzudzulidwa, ndipo kudzimvera chisoni kumawapatsa mpumulo. Koma mofanana ndi anthu omwe amamwa mankhwala osokoneza bongo, akamamwa kwambiri, chizolowezi chawo chimakhala champhamvu .kwambiri

Munthu wokhudzidwa kwambiri nthawi zambiri amavutika popanda chifukwa Nthawi zambiri, palibe amene amadziwa chomwe chimayambitsa kuvutika kwawo kapena mtundu wa madandaulo awo, zomwe zimapangitsa kuti azivutika kwambiri chifukwa chodzipatula. Palibe chomwe chingapezeke mwa kungoganizira mofatsa za mawu onyoza kapena odzudzula. Ndi bwino kuthana ndi zomwe zimayambitsa kukhudzidwa koteroko kudzera mu kusanthula .koyenera komanso kudziletsa

Mtundu uwu wa ziwengo zosafunikira uli ndi zotsatirapo zoopsa; umadya mtima ngati moto ndikuwononga minofu ya mtendere. Chifukwa chake, uyenera kuthetsedwa mwanzeru, .mwanzeru, komanso ndi chifuniro cholimba

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Ndimagwira ntchito mwakhama kuti nditumikire aliyense, koma ndikapita ndekha kuti ndikaganizire, sindilola aliyense kusokoneza malingaliro anga. Zinthu zina zingandilepheretse, koma nthawi yanga yokumana ndi Mulungu tsiku ndi tsiku siyenera kunyalanyazidwa kapena .kunyalanyazidwa

Musanachite chilichonse, imirirani kaye ndipo ganizirani mosamala zotsatira zake ndi momwe zimakhudzira maganizo anu, thupi, ndi moyo wanu. Zochita zoyendetsedwa ndi kukakamizidwa si ufulu, chifukwa zochita zosemphana ndi malamulo a mgwirizano ndi kupita patsogolo zimaletsa munthu. Mosiyana ndi zimenezi, zochita zovomerezeka ndi kuzindikira komanso mogwirizana ndi chikumbumtima cha munthu ndi zabwino ndipo .zimabweretsa ufulu

Mukasankha kuchita chinthu chabwino, kapena kupewa kuchita choipa, ndipo mukutsatira chisankho chimenecho ndikuchitapo kanthu moyenera, dziwani kuti ufulu wanu ndi .wochuluka

Mulungu akufuna kuti tigwiritse ntchito ufulu wosankha umene tapatsidwa kuti timufunefune ndi kumupeza, koma .safuna kutikakamiza

Chikhumbo choyandikira Mulungu ndi kumudziwa sichibwera chokha, koma chiyenera kuyatsidwa ndi kusamalidwa Popanda chikhumbo chimenecho, moyo ulibe .phindu kapena kukoma

Lolani kuzindikira kwanu kwauzimu kutsogolere kuganiza kwanu ndipo kupambana kudzakutsatirani .kulikonse komwe mupita

Kwa Mulungu ndimapereka mawu anga, manja anga, mapazi anga, mtima wanga, thupi langa, malingaliro anga, chifuniro changa ndi chilichonse

Chikondi ndi chida chauzimu chomwe chimathetsa nkhondo zonse

Kupitirira dziko lino lapansi pali maiko opanda malire komwe tidzakumananso ndi anthu omwe tinkaganiza kuti .atisiya kwamuyaya

Moyo wa dziko lapansi uwu umasintha nthawi zonse, chisoni chimatsatira chisoni, malingaliro onyenga, malingaliro onyenga, chiwanda ichi chomwe chimawonekera m'chipululu cha chidziwitso chathu chiyenera kutha, ndipo tiyenera kudzutsa ife eni enieni kuchokera pansi pa .zophimba za zinthu

Musayese kuyika ziyembekezo zanu pa moyo uno Kodi chitsimikizo chanu chili kuti? Mumakhala otetezeka ?pokhapokha mutathawira ku chidziwitso cha Mulungu

Moyo uli ngati golide wakale wobisika pansi pa nthaka. Dothi likachotsedwa mu golideyo ndipo likasambitsidwa ndi madzi oganizira, limawalanso ndi chiyero chonse komanso .kumveka bwino

Ambuye, tiyeni tiwone zabwino, tiganizire malingaliro abwino, ndikugwirizana ndi anthu a makhalidwe abwino. Tithandizeni kuganizira za Inu ndi kuganizira za Inu, Inu amene muli gwero la chilungamo chonse ndi chiyambi cha .zabwino zonse

Ufulu ku kufooka

Njira yabwino yogonjetsera kufooka ndikusiya kuganizira za kufookako; apo ayi, lingaliro la kufooka lidzagonjetsa chikumbumtima chanu ndikulamulira umunthu wanu wamkati. Tikabweretsa kuwala mwa ife tokha, mdima .udzatha ngati kuti sunakhalepo

Lingaliro limenelo limandilimbikitsa kwambiri

Pamene kuwala kukulowetsedwa m'phanga lomwe lakhala likubisika mu mdima kwa zaka zikwi zambiri, mdima umatha nthawi yomweyo Mofananamo, zofooka ndi zolakwika zimatha pamene tilola kuwala kwa Mulungu kulowa m'maganizo mwathu, ndipo mdima wa kusadziwa .sungakhalepo. Iyi ndi nzeru imene tiyenera kukhala nayo

Kuzengereza sikothandiza Gudumu la moyo silimasiya kuzungulira, ndipo masiku a moyo wathu amadutsa mwachangu Mphindi iliyonse yomwe timathera kuganiza bwino ndikuchita zinthu mwanzeru ndi ndalama zopambana .komanso zopindulitsa mu chisangalalo chathu

Anthu ambiri amakhala moyo wawo wonse akuganizira za ndalama, kugonana, ndi kutchuka, ndipo nthawi zambiri saganizira kwambiri zinthu zofunika zomwe zimawabweretsera mtendere wamumtima ndikukweza .chidziwitso chawo pamlingo wapamwamba

Kaya udindo wa munthu ukhale wochepa bwanji, amaonedwa kuti ndi wopambana pamaso pa Mulungu ngati akudziwa kugwiritsa ntchito nthawi yake mwanzeru .ndikuwongolera malingaliro ake m'njira yoyenera

Kuunika kwa Mulungu kukawalira munthu, samva kuti akusowa chilichonse chifukwa chimwemwe chomwe chimamudzaza chimakwaniritsa maloto ake onse ndipo chimamupangitsa kumva kuti ndi wolemera kwambiri kuposa

olemera komanso wosangalala kwambiri kuposa osangalala .m'moyo uno

Ngalande ya Kuwala

Anthu amene kuzindikira kwawo kwauzimu kumadzutsidwa ndi malingaliro owunikira, ntchito zabwino, malingaliro abwino, ndi kuganizira mozama amatha kuzindikira kuchoka kwawo m'thupi panthawi yomaliza yochoka kudzera m'diso lauzimu. Paulendo wawo wapadziko lapansi, ochita yoga amaona ngalande ya diso lauzimu pamalire pakati pa zinthu ndi mzimu, ndipo panthawi yochoka Padziko Lapansi, amatha kulowa mu ngalande yowala iyi ndikuchoka padziko lapansi kupita ku dziko lopanda malire la Mulungu la kuwala, chimwemwe, .mtendere, ndi ufulu wokwanira

{Kuwala pa kuwala}

Nyali ya thupi ndi diso [lauzimu]

Ngati diso lako ndi limodzi

Ndipo thupi lako lonse lidzadzazidwa ndi kuwala

Ndipo kuunikako kumawala mumdima, ndipo mdima} {sunadziwe

Kukoma mtima ndi kumva chisoni cha ena, kuyandikira nawo, kulankhula nawo, kuyesetsa kuwatonthoza m'mavuto awo, kusangalala ndi chisangalalo chawo, ndikuchita zonse zomwe tingathe kuti tipewe mantha, zosowa, ndi nkhawa .kuchokera kwa iwo

Munthu amene ali ndi mzimu wodzipereka sachita zinthu motsatira kuwerengera ndi kuyembekezera kochepa, koma amagwiritsa ntchito nzeru zake ndi nzeru zake zabwino ndipo amapitiriza kudzithandiza yekha ndi ena, akuyamikira Mulungu chifukwa cha kupambana komwe

wapeza. Ngati walephera kamodzi kapena kangapo, sakhumudwa, koma m'malo mwake amakhala wotsimikiza mtima, kuwirikiza kawiri khama lake ndikubwerezanso kuyesako, kufufuza malingaliro ndi njira zatsopano, kutsogoleredwa ndi kuwala kwa nzeru, ndikupempha thandizo la Mulungu mpaka atakwaniritsa cholinga chake .ndikukwaniritsa cholinga chake chabwino

Iye amene amagwira ntchito kuti asangalatse ena amasangalatsidwa ndi Mulungu ndi chitonthozo chamkati cha maganizo. Ndipo ngati ataya china chake chifukwa cha omwe akuyesera kuwathandiza, sakuona ngati kutayika chifukwa amalandira chisangalalo cha Mulungu ndi mtendere wamumtima. Amakhala moyo wokonda, kugwira ntchito, kupereka, ndi kubzala mbewu za ubwino ndi mtendere .m'minda ya anthu

Aliyense amene amaposa dziko lake laumwini m'malingaliro ndi m'malingaliro ake amakulitsa chidziwitso chake, amawonjezera chifundo chake, ndipo amamva kuti dziko lapansi ndi kwawo ndipo umunthu ndi banja lake. Amazindikira kuti cholinga cha kukhalapo kwake padziko lapansi ndi kudzisintha yekha asanayese kusintha ena, chifukwa aliyense amene amadzisintha yekha amathandiza ena kudzisintha okha kudzera mu chitsanzo cha moyo wake. Zochita zimakhala ndi mphamvu yaikulu komanso .zimakhudza kwambiri miyoyo ya ena kuposa mawu

Malo oimapo afupiafupi

:Kukongola kwa kuona mtima

Anthu ena amayesa kuthawa mavuto awo mwa kumwetulira, koma mtundu uwu wothawa umafuna chikumbumtima choyera, chopanda chinyengo ndi chinyengo. Munthu akamachita zinthu moona mtima ndi ena, ndikuchita zinthu mwaulemu komanso mwachilungamo,

maso ake amakhala omveka bwino, ndipo kuwala kwapadera .kumatuluka mwa iwo—kuwala kosatha kwa kuona mtima

:Kuona Mtima

Anthu ena amanena zinthu zambiri chifukwa cha kuona mtima, koma simungathe kulankhula ndi aliyense za chilichonse Mukapereka uphungu ndi chitsogozo, ena samvetsa mawu anu ndipo sapindula chilichonse ndi zomwe mukunena; uku ndi kuwononga nthawi komanso ntchito yosayamikiridwa. Kukhala chete pazochitika zotere ndi .golide, koma izi sizikutanthauza kukhala chete pa zolakwa

:Kudzigwirizanitsa

Kudzigwirizanitsa ndi chinthu chabwino kwambiri Anthu ambiri amadziwa momwe zimakhalira zovuta kukhala mogwirizana ndi ena, koma kodi munaganizapo zodzigwirizanitsa ndi inu nokha? N'zovuta kwambiri, koma n'zotheka Ngati mudzifufuza nokha, mudzapeza kuti nthawi zonse mumatsutsana ndi inu nokha Ngati simudzikonda nokha, simudzakonda wina aliyense Ndipo ngati munthu sakugwirizana ndi inu mwini, angakhale bwanji mogwirizana ?ndi ena

Kudzidalira n'kofunika kwambiri kuti munthu akhale wogwirizana ndi dziko lapansi. Chifukwa chake, ndikofunikira kudziona kuti ndiwe wofunika komanso wodzikonda, chifukwa uyenera chikondi chimenecho. Munthu ayenera kudzikonda chifukwa Mulungu anatilenga ndipo anatipatsa mphamvu zabwino. Kukonda umunthu wamkati uwu, umunthu uwu wodzaza ndi makhalidwe abwino, kumalimbikitsa khalidwe labwino ndikuyeretsa malingaliro .ku zodetsa ndi mtima ku zoyipa ndi mkwiyo

:Kulinganiza kampasi ya mabuku

Munthu sanganyenge chikumbumtima chake, kulungamitsa zolakwa zake, kapena kuthawa zotsatira za khalidwe lolakwika, ngakhale atapita ku dziko lina. Zotsatira za zochita zake zimamutsatira, ndipo munthu ayenera kukonza njira yake ndikuwongolera kampasi yake ya makhalidwe abwino kuti singano yake nthawi zonse iloze njira yoyenera.

Anthu ena amakhala m'mikhalidwe yoipa kwambiri koma amakhala mogwirizana kwambiri ndi iwo okha, pomwe ena ali ndi mwayi uliwonse ndi chilichonse chomwe amafunikira koma amakhala m'mikangano yosatha ndi iwo okha. Chifukwa chake, munthu sayenera kudikira kuti zinthu zisinthe. Dzitsimikizireni kuti muli bwino ngakhale kuti muli m'dera lomwe mukukhala, zomwe zingakhale zosiyana ndi zomwe mukufuna.

Aliyense amene amadziika yekha pansi pa zovuta, amayembekezera kuti zinthu zisinthe, ndipo kudikira kwake kudzakhala kwa nthawi yayitali.

Akuti munthu ankalankhula bwino zilankhulo khumi ndi zisanu ndi zitatu, koma anali wosauka kwambiri moti sakanatha kugula nyale yoti awerengere. Choncho ankapita pakona n’kukhala pansi pa nyali ya mumsewu kuti akawerenge. Zoonadi, mphamvu yodzipereka imapanga njira, imapanga mwayi, imabwezeretsa chiyembekezo, imakwaniritsa ntchito, ndipo imakwaniritsa zokhumba ndi maloto.

Kulankhulana kwenikweni ndi anthu amene amadziwa Mulungu kungatheke mwa kulankhulana nawo, kuwerenga mozama zolemba zawo, kapena kuwaganizira mozama komanso mwaubwenzi. Mfundo yofunika kukumbukira ndi yogwirizana ndi chikumbumtima chawo, chomwe chimagwirizana ndi Mulungu.

Tikagwirizanitsa chikumbumtima chathu ndi miyoyo yayikulu yomwe imakonda Mulungu, mgwirizano uwu pang'onopang'ono umasintha miyoyo yathu m'njira yodabwitsa kwambiri. Kugwirizana kumeneku sikumaika chifuno ukapolo koma m'malo mwake kumakulitsa kukula kwake ndikulimbitsa mphamvu zake. Uku ndiko kusiyana pakati pa kukhala mogwirizana ndi anthu odzazidwa ndi kudzikuza komanso otanganidwa ndi zomwe angapeze, ndi kukhala mogwirizana ndi okonda Mulungu ndi anthu omwe cholinga chawo ndikupereka ndikudzutsa chikondi chaumulungu m'miyoyo ya iwo omwe ali mogwirizana nawo. Mphamvu ya anthu odala awa imatipangitsa kuti tigwirizane .kwambiri ndi mphamvu yaumulungu

Tiyenera kukumbukira kuti ngakhale tikuyesetsa kukwaniritsa zosowa zathu, tiyeneranso kuthandiza ena kupeza zomwe akufunikira ndikugawana ndi osauka zinthu zabwino zomwe zimatichitikira. Tiyeni tikumbukire kuti ndife gawo lofunika kwambiri la banja lapadziko lonse lapansi .ndipo sitingakhale popanda banja lalikululi

Kodi moyo ukanakhala bwanji popanda akalipentala, opanga zinthu zatsopano, alimi, ndi ena? Kudzera mu kupereka ndi kulandira, ndi kusinthana mautumiki, Mulungu akufuna kuti tiganizire ndi kumvera ena chisoni. Ndi kulakwitsa kwakukulu kukhala wekha popanda kuganizira za ena. Tikamaganizira za chimwemwe chathu, tiyeneranso kuganizira za chimwemwe cha ena. Sitikuyenera kupereka zonse zomwe tili nazo kuti banja lapadziko lonse likhale labwino, chifukwa zimenezo sizingatheke. M'malo mwake, tiyenera kumvera ena chisoni ndi kuchita zomwe tingathe .kuti tiwathandize ndikuchepetsa mavuto awo

Pali ubale pakati pa kupambana ndi kukhutitsidwa kwa .moyo, mkati mwa malo omwe munthu amakhala

Kupambana kwenikweni ndi zotsatira za khalidwe logwirizana ndi mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika kwambiri la kukhutira kwaumwini. Aliyense amene amagwiritsa ntchito mfundo imeneyi pa moyo wake wakuthupi, wamaganizo, wamakhalidwe abwino, ndi wauzimu adzapeza kuti tanthauzo la kupambana limeneli ndi .lokwanira komanso lokwanira

Anthu amaganiza za kupambana m'njira zosiyanasiyana kutengera zolinga zawo m'moyo. Nthawi zina, ena amayerekezera kupambana ndi kuba, ponena zinthu monga, "Ndi wakuba wopambana!" Izi zikusonyeza kuti si kupambana konse komwe kuli kofunikira; kupambana .kwathu sikuyenera kuvulaza ena

Chiyeneretso china cha kupambana ndi kubweretsa mgwirizano ndi zotsatira zabwino, osati kwa ife tokha, .komanso tiyenera kugawana zabwinozo ndi ena

Kupambana pazachuma sikungotanthauza kusangalala ndi zomwe timayenera; kumatanthauzanso kukhala ndi udindo wothandiza ena kupanga moyo wabwino kwa iwo okha Aliyense amene ali ndi nzeru angapeze ndalama, koma ngati ali ndi chikondi mumtima mwake, sadzatha kugwiritsa ntchito ndalamazo modzikonda; m'malo mwake, .adzagawana zomwe ali nazo ndi ena

Ndalama zimakhala temberero m'manja mwa anthu ovutika komanso ouma mtima, koma ndi dalitso ndi mphatso kwa iwo omwe ali ndi manja opatsa komanso mitima .yabwino

Miyoyo yabwino imakopa miyoyo yabwino ndipo imakopeka nayo

Tiyenera kuphunzira kukonda mnansi wathu monga momwe timadzikondera tokha ndikukumbukira kuti tili pano m'moyo uno kwa kanthawi kochepa, kenako timapita kudziko lina lomwe mulingo wake umadalira mulingo wa malingaliro athu ndi mtundu wa zochita zathu panthawi ino .ya moyo wathu padziko lapansi

Kodi achibale athu enieni ndani? Kwa munthu wanzeru, aliyense ndi wachibale, ndipo aliyense ndi "mnansi" Zachidziwikire, munthu wanzeru amatha kuzindikira ndipo amamvetsetsa kuti ngakhale dzuwa limawala pa chidutswa cha malasha ndi diamondi, diamondi, mosiyana ndi malasha, ili ndi mphamvu yapadera yolandira ndikuwonetsa kuwala bwino. Munthu ayenera kufunafuna ubale ndi anthu omwe malingaliro ndi malingaliro awo ndi oyera ngati diamondi ndipo ayenera kupatula nthawi kuti apeze mabwenzi oona mtima. Anthu omwe amakhala moyo woyera komanso wowona mtima adzakopa mabwenzi omwe amadziwika ndi ukhondo ndi kuwona mtima, pomwe iwo omwe amakhala ndi chibadwa choyipa popanda kuzindikira adzakopa mabwenzi .ofanana nawo

Ngati mumaona kuti mfundo zapamwamba ndi mfundo zapamwamba n’zofunika kwambiri, ndi bwino kupewa kuyanjana ndi anthu omwe sakhulupirira mfundozo komanso omwe amasokoneza maganizo ndi kusokoneza maganizo awo, kuti kugwedezeka kwawo kusachepetse mphamvu zanu. Nthawi yomweyo, musachotse aliyense m’gulu lanu la .chikondi

Kuphatikiza apo, munthu sayenera kungopereka chikondi, komanso kupanga mtendere, kuti kulikonse komwe akupita, apange mgwirizano ndi bata, kutsitsimula omwe ali pafupi naye ndi kukoma mtima kwawo. Palibe amene amafuna kuyandikira kanyimbi wonunkha—pepani mawuwo —aliyense amapewa. Mofananamo, munthu wamanjenje,

wopupuluma, komanso wokonda mikangano amakwiyitsa ndi kuletsa ena. Tikufuna kukhala ngati maluwa otuwa omwe amatulutsa fungo labwino lomwe limasangalatsa mtima. Tiyeni tiyesetse kufalitsa fungo la mtendere ndi mphepo yaubwino kulikonse komwe tikupita komanso kulikonse komwe timakhala.

Ufumu wa Mulungu suli pakati pa mitambo kapena pamalo enaake mumlengalenga. Uli kuseri kwa mdima umene timawona tikatseka maso athu, ndipo tikamasinkhasinkha ndi kupemphera, diso la mzimu lomwe lili pamphumi limatseguka mkati mwathu, ndipo timaona kuwala kodala ndikumva chisangalalo chikulowa m'selo iliyonse ya thupi, ndipo timamva kuti chophimba chachotsedwa ndipo chitseko chobisika chatsegulidwa ku ufumu wa Mulungu.

Mulungu ndi chisangalalo chokhazikika, chisangalalo chomwe chili chonse. Tiyenera kumva chimodzimodzi ndi chisangalalo chomwe chili mkati mwathu ndipo chimazungulira muyaya.

Kupitirira malire ogwedezeka a zinthu zokhuthala kuli chidziwitso chopanda malire, chodzaza ndi zonse, chosalongosoka mu ulemerero wake wonse, kukula kwake, ndi malire ake. Uwu ndi ufumu wakumwamba, chisangalalo chosatha, chopanda malire, komanso chosatha.

Pamene malingaliro a mzimu akukulirakulira, ndipo umamva kupezeka kwake kulikonse, umalumikizana ndi mzimu waumulungu.

Ulemerero kwa Wosatha Wosatha, wokhala pampando wachifumu, komwe kumwamba kumakumana ndi nyanja, ndi ulemerero kwa Wosatha Wamkulu, wokhala pampando wachifumu pa mtendere mkati mwathu; poyang'ana

kwambiri Wosatha mkati, tikhoza kulandira mphamvu zake .zopanda malire

Chidziwitso chopezeka powerenga mabuku kapena kuchokera kwa anthu ndi chidziwitso chochepa, pomwe chidziwitso chopezeka mwachindunji kuchokera kwa Mulungu chimapereka mphamvu ya nzeru, ulemerero wa .chitsimikizo, bata la mtima, ndi mtendere wa moyo

Ambuye, ndiphunzitseni kupemphera mozama komanso kuphatikiza kusinkhasinkha ndi zokhumba zochokera pansi pa mtima ndipo lolani mtima wanga uyeretsedwe tsiku ndi .tsiku ndi chikondi changa choyera pa Inu

Kumasuka ku zoletsa za karma

kaya ndi maganizo kapena thupi, kudziwa kapena , kusadziwa, kumakhudza kwambiri moyo wa munthu. Zochita zakale sizomwe zimachitika masiku, miyezi, kapena zaka .zapitazo zokha, komanso zochita za moyo wakale

Munali akufa, ndipo Iye anakupatsani moyo; kenako adzakupatsani imfa, kenako adzakupatsani moyo kachiwiri; .kenako mudzabwezedwa kwa Iye

Zotsatira zabwino ndi zoyipa za zochita za munthu M'moyo wake wamakono, zizindikirozi zimasungidwabe mu chikumbumtima chosazindikira kapena chosazindikira, ndipo zotsatira zomwe munthu amanyamula (kapena zomwe mzimu wake umanyamula) kuchokera ku thupi lakale zimakhala ngati mbewu mu chikumbumtima chosazindikira, kuyembekezera mikhalidwe yoyenera Kumera ndikukula panthawi inayake ya karmic Lamulo la karma, lomwe limalinganiza zinthu, limaphatikizapo kuchitapo kanthu ndi kuchitapo kanthu, chifukwa ndi zotsatira, kubzala ndi kukolola

Munthu aliyense amapanga tsogolo lake kudzera m'malingaliro ndi zochita zake, ndipo mphamvu zomwe amatulutsa, kaya mwanzeru kapena mopusa, zimabwerera kwa iwo monga poyambira, monga momwe bwalo limathera lokha molondola [Funso ndilakuti] wofunafuna wofunitsitsa ayenera kukumana—motsutsana ndi chifuniro chake—zotsatira zosapeŵeka za zochita zake zakale, kapena chomwe chimatchedwa kukonzedweratu? Yankho ndilakuti ayi Mulungu ndiye lamulo ndi chikondi, ndipo wofunafuna amene amatembenukira kwa Iye ndi chikhumbo chenicheni ndi chikhulupiriro chonse, amagwirizanitsa zochita zake ndi lamulo la Mulungu, ndi kufunafuna chikondi cha Mulungu chopanda malire mosakayikira adzalandira madalitso aumulungu omwe amapeputsa zolemetsa zolemera .ndikukonza mikhalidwe

Mulungu anatiika m'dziko lino lodzaza ndi zinyengo, ndipo Iye amadziwa kuvutika kwathu ndi mayesero ndi mavuto omwe timakumana nawo Anthu amakulitsa mdima wamkati wa kusadziwa kwauzimu akamadziona kuti akumira mu uchimo ndipo alibe mphamvu zothawira kuzama kwake. Ndi bwino kuti ayese kudzikonza okha, kufunafuna thandizo ndi chifundo kuchokera mumtima wa chifundo cha Mulungu, kuyembekezera chikhululukiro kuchokera kwa Mulungu .wachikondi, wachifundo, ndi wokhululukira

Tikazindikira ubale wathu wapafupi ndi Mulungu, ndi karma iti yomwe ingatimange? Musalole wina aliyense kukutsimikizirani kuti ululu wanu ndi zovuta zanu ndi zotsatira za karma yanu. Monga mzimu womwe uli mu umunthu wanu, mulibe karma. M'malo mwake, muyenera kuzindikira chowonadi ichi mwa kudzitsimikizira nokha kuti ndinu amodzi ndi umunthu wa moyo, kuwala, ndi mphamvu zakuthambo. Ngati muzindikira izi, mulibe choopa, ndipo Mulungu adzatsegula zitseko zambiri kwa inu ndikukupatsani .mwayi wambiri

Ngati simukusangalala ndi momwe moyo wanu ukuyendera, sinthani maganizo anu ndikulimbitsa mphamvu .zanu ndipo mudzamva kusiyana kwanu nokha

Palibe chifukwa choti anthu azilira ndi kulira chifukwa cha zomwe adaphonya, kapena kunena kuti mavuto awo ndi olakwika chifukwa cha zolakwa zomwe adachita m'moyo uno kapena m'mbuyomu, chifukwa uwu ndi mtundu wa kunyalanyaza kwauzimu. Ayenera kuchitapo kanthu ndikuchotsa udzu m'munda wa moyo, kenako maluwa okoma komanso owala kwambiri adzaphuka ndi kubereka zipatso zokoma komanso zofunika kwambiri. Mwa chisomo .Chake, Wam'mwambamwamba

Kugonjera Mulungu sikutanthauza kusagwiritsa ntchito chifuniro chathu kukonza zinthu zathu ndikudikira kuti Mulungu akonze mavuto athu popanda khama lililonse, chifukwa Mulungu amathandiza anthu amene .amadzithandiza okha

Mfundo ndi yakuti tiphunzire momwe tingapitire kwa Mulungu kuti atsogolere chifuniro chathu ndikudalitsa ndi kulimbitsa khama lathu loyenera. Tikagonjetsa chopinga cha kusafuna kudzipereka, timapeza mwa Mulungu chitetezo chomwe palibe aliyense padziko lapansi angatipatse, ndipo timapezanso mphamvu zomwe palibe mayeso omwe .angagonjetse

Aliyense akhoza kukhazikitsa ubale wapadera ndi Mulungu ngati akudziwa momwe angatsegulire mtima wawo kwa Mulungu ndikulakalaka kukhalapo Kwake kwaumulungu, .komwe kumabweretsa chimwemwe ndi chitsimikizo

Munthu akamamva kufunikira kwakukulu kwa Mulungu, podziwa kuti sangachite popanda Iye, adzapeza kuti Mulungu amayankha mwanjira ina. Koma choyamba ayenera

kukulitsa malingaliro amphamvu amenewo, chifukwa yankho .silidzabwera mwadzidzidzi

Ngati sitipatsa Mulungu malo oyamba m'miyoyo yathu, malingaliro athu adzakhala oda nkhawa komanso osokonezeka, ndipo sitidzatha kuthana ndi mavuto osatha a .moyo mwanzeru komanso moyenera

Ndipo njira yopezera chikhumbo chimenecho ndi iti? Nthawi iliyonse tikakumana ndi mavuto kapena mavuto, komanso nthawi iliyonse tikamamva kulemera m'mitima mwathu, tiyenera kutembenukira kwa Mulungu ndikupempha thandizo Lake, podziwa kuti aliyense amene amakonda Mulungu Ndipo amasunga m'maganizo ndi mumtima mwake. Mkhalidwe wake udzasintha kukhala .wabwino

Tikasonkhezera ndi kusonkhezera ether Ndi mapemphero athu ochokera pansi pa mtima ndi mapempho ochokera pansi pa mtima Tidzatulutsa tanthauzo la yankho la Mulungu lomwe lili ndi chakudya, machiritso, ndi .chimwemwe

Kwa iwo amene amalakalaka chakudya chauzimu, zokhumudwitsa ndi zolephera zakale sizili zofunika. Maphunziro angaphunzire kuchokera kwa iwo, ndipo munthu angayesenso, kubwereza kuyesa kuyambira pachiyambi. Kupambana kudzatsimikizika, mothandizidwa ndi Mulungu, kwa onse omwe sataya mtima chifukwa cha kulephera, omwe cholinga chawo sichinafooke chifukwa cha masoka, ndipo amakhulupirira ndi chikhulupiriro chosasunthika kuti Mulungu amathandiza iwo omwe amapirira Iwo omwe ali panjira yoyenera, ndipo amawapatsa chiyembekezo, mphamvu, ndi chiyembekezo, mpaka atakwaniritsa cholinga .chawo chachikulu ndi kukwaniritsa cholinga cha moyo

Lingaliro ndi mphamvu ngati magetsi, ndi mkhalidwe wamaganizo. Limabwerera ku kuganiza ndi momwe .limaganizira

Magetsi ndi opindulitsa komanso owopsa; aliyense amene akugwiritsa ntchito mwanzeru amawagwiritsa ntchito. Apo ayi, angamuphe ndi magetsi. Ndipo anaganizanso kuti ngati atsogoleredwa m'njira zoyenera, amabweretsa chisangalalo kwa mwiniwake, apo ayi .amamubweretsera mavuto

Ganizo lili ngati kavalo wakuthengo, koma kulilamulira sikophweka, ndipo kuganiza bwino ndi njira imodzi .yowongolera kuganiza

Kuganiza bwino ndi bwenzi lapamtima Ndipo maganizo odwala ndi mdani wokhazikika

Kuganiza bwino kumakopa mtendere ndi chitetezo, pomwe kuganiza kosayenera kumawombera mivi yakupha yomwe imabwerera kwa mwiniwake kawiri. Chifukwa chake, mwambi wakuti, "Mphotho ndi yofanana ndi ntchito" Malinga ngati munthu atumiza zolinga zabwino, malingaliro ake adzasanduka nyali, kuunikira zipinda za moyo ndikuthamangitsa milu ya mdima, kuti amve chitonthozo chachikulu, ndipo maso ake awala ndi kumwetulira kokhutiritsa! Kumwetulira kukhalebe m'maso mwanu Ndipo .mtendere ukhale pa inu

Moyo uli ngati mphero yomwe imapera Mbewu za mayeso opindulitsa ndi kuyesa, kuti apange mkate wa moyo. Uli ngati msewu wokhotakhota, wokhala ndi maluwa obiriwira mbali zonse ziwiri, agulugufe owala, ndi mitengo yokhala ndi zipatso zokoma pa nthambi zawo, koma nthawi zambiri sitimayima. Tiyeni tisangalale ndi kuwona kwake ndikusangalala ndi kukoma kwake; ndithudi, nthawi zambiri timakhala pamavuto. Kuti tifike kumadera akuluakulu,

timaganiza kuti pali malo okongola kwambiri kuposa omwe tidawona. Koma pamene tikuchoka pang'onopang'ono. Panjira zamaluwa, zobala zipatso, timapeza mitengo yakuda kuposa yatsopano, kenako maluwawo amatha. Ndipo pamodzi ndi iwo, agulugufe ndi zipatso, kenako tidzipeza .tokha m'chipululu chopanda kanthu

Moyo wa munthu uli ngati madzi a m'nyanja, omwe amayeretsedwa ndikukhala atsopano. Mukangokwera kumwamba, zimakhala ngati maloto am'mawa, omwe amawala kwambiri ndi ukalamba, chifukwa zinthu zimawoneka zomveka bwino komanso zosiyana. Zili ngati ulendo womwe malo amasintha pamene tikuyenda mtunda wautali. Kenako malo omwewo amasintha pamene .tikuyandikira, ndi zina zotero

Moyo sukhumudwitsa anzeru, chifukwa amachita nawo mwaluso ndipo amasangalala nawo Popanda kuwalola kuti awalamulire ndi kuwalanda ufulu wawo. Mwachitsanzo, amasangalala ndi madzi. Amamwa ndi kusamba mmenemo, koma salola kuti amire mmenemo. Amasangalala ndi zovala zomwe amakonda. Popanda kutsatira kwambiri miyambo ndi zinthu zomwe zimaonedwa ngati zapamwamba. Amasangalala kudya popanda kulola kuti munthu adye mopitirira muyeso, chifukwa kudya mopitirira muyeso kumafooketsa thupi. Ndipo kumawononga malingaliro. Ndipo adzawononga kwathunthu. Chifukwa chake, munthu ayenera kusangalala ndi moyo koma popanda kutopa ndi malingaliro .kudzera m'madzi

Kukhala bwino ndi ena Sizitanthauza kuvomerezana nawo pa chilichonse, kapena kusiya malingaliro abwino chifukwa cha iwo, chifukwa kalembedwe kameneka kotsatizana ndi kosafunika ndipo sikugwirizana ndi choonadi. Okonzanso zinthu ndi anthu akuluakulu sanagwirizane ndi anthu ambiri ozungulira iwo, komabe anagwira

mwamphamvu malingaliro awo, chifukwa anazindikira kuti .zomwe anali kuchita zinali zolondola kwambiri

Choyamba, munthu ayenera kukhala mogwirizana ndi Mulungu, kenako ndi chikumbumtima chake, kenako ndi .anthu

Mfundoyi siyenera kusokonezedwa ndipo osagwiritsa ntchito zolinga zobisika kuti akwaniritse cholinga china .chake, chifukwa zimenezo sizoyenera anthu otsatira mfundo

Ndani angachite zinthu zomwe zimakondweretsa Mulungu? Musamavulaze ena, chifukwa alibe chochita nazo mantha. Ngati njira imeneyi siikhutiritsa ena, munthu amakhala womasuka mkati mwake ndikumva mtendere wamumtima womwe umamupangitsa kukhala wopanda .chiyanjo cha anthu

Mphamvu ndi chikhumbo cha moyo Potembenukira kwa Mulungu Zimatchedwa mphamvu ya magnetism yauzimu Ndipo ndi mphamvu ya magnetism iyi, moyo umakopa madalitso ndi kugwedezeka kwabwino ndi zochitika zonse zabwino za anthu zomwe zimamukumbutsa za ubwino ndi chilungamo

mphamvu yauzimu ya maginito Ndi mphamvu yomwe imakopa ndi kukokera munthu kwa iyemwini Mabwenzi abwino Ndi zinthu zofunika komanso zofunika Ndi kumvetsetsa zinthu mwanzeru Mphamvu iyi imachokera ku mphamvu yokoka ya maginito ya Mulungu

Kandulo ya Mtendere

Tengani mphika wamaganizo Dzazani ndi mtendere wanu

Tengani botolo la malingaliro anga. Dzazeni ndi chifundo .chanu

Tengani dengu langa lopanda kanthu la moyo wanu.
.Dzazeni ndi zipatso za nzeru zanu

Thirani madzi a chikondi chanu mu moyo wanga.
.Ndidzawathira m'makapu a moyo wa ludzu

Gwetsani makoma a dyera. Mundilowetse m'malo anu
.onse

Kuwala kwa mbandakucha wa chikondi

Muloleni ayang'ane kuchokera mumtima mwanga

Zimandikumbutsa kuwala kwa dzuwa kwa chikondi
chanu

Kufalikira pa thambo la moyo wanga

Kuwala kowala kwa chikondi chanu kwawala

Pa ine ndekha, ndipo ndinaunikiridwa

Kuwala kwanu kunadzaza malo anga auzimu

Inu ndinu moyo umene umachirikiza thupi langa

Ndipo mzimu umene umandilimbikitsa maganizo

Ndipo nzeru zomwe zimachotsa umbuli wanga

Ndimayatsa kandulo kakang'ono ka chikondi changa

Kuwerenga buku lagolide

Yasungidwa mkati mwanga kuyambira nthawi zakale

Chikondi chanu chinalipo ndipo chidakalipobe

Kandulo yosaoneka ya mtendere

Chimene chimachotsa mdima ndikundiwonetsa
mauthenga anu

Blogu ili pamasamba a mitima

Ulemerero wanu uwululidwe, O Ambuye

Kuwala kwa nzeru zanu kuchotse

Kusadziwa, kusagwirizana, ndi nsanje

Kuchokera m'mphepete mwa dziko lapansi kwamuyaya

Sinthani kufooka kwathu kukhala mphamvu

Ndipo tinafooka kuti titsimikize mtima

Limbitsani matupi athu ndi magetsi ofunikira

Ndipo dzazani malingaliro ndi moyo ndi kuwala kwanu kochiritsa

Tigwireni dzanja lathu kuti tisamire m'madzi osamvera Inu, ndipo mudzaze miyoyo yathu ndi chikondi ndi nzeru zanu. Tiloleni timve kuti tili pafupi kwambiri ndi Inu ndipo .dzuwa la chifundo chanu limatiwalira nthawi zonse

Ndimayika maluwa a malingaliro anga onyodola komanso amphamvu

Mu kapangidwe ka bata

Fungo lake lopanda phokoso limayimba

Ndipo amaimba za ulemerero wanu

Ndipo ndi kuwala kwa kuwala kwanu koyera

Ndikuona kukongola kwa moyo wanu

Maloto anga osangalatsa akwaniritsidwa

Pamene kuwala kwanu kukuwalira mu moyo wanga

Zophimba zikuyaka ndi moto wa nzeru

Ndikuona ulemerero wanu, ndipo chimwemwe changa chikuwonjezeka

Mulungu akuunikireni ndi kuwala kwake

Ndipo moni wochokera ku mzimu kwa inu

Pali zofunikira zambiri zomwe dziko lapansi limatikakamiza ndipo limatitsimikizira kufunika kwake kwakukulu komanso kuti sizingatheke kukhala popanda izo kapena kukhala ndi moyo wopanda izo. Koma chofunika chachikulu chiyenera kukhala kupeza mtendere wa Mulungu, umene magwero ake sauma ndipo kasupe wake sauma, ndipo umapangitsa chilichonse m'moyo kukhala chokoma .ndi chotanthauzo

Tiyeni tikumbukire kuti Mulungu ndiye maziko a umunthu wathu, ndipo chikondi ndiye zenera lomwe timayang'ana nkhope Yake yaulemerero. Aliyense amene akufuna kumva kukhalapo kwa Mulungu ndi kusamalira chilakolako chachikulucho m'maganizo ndi m'zochita zake, Mulungu adzayankha pempho lawo ndi kuwathandiza kugwetsa zophimba zomwe zimawalepheretsa kuwona .kuwala kodala

Aliyense amene watsimikiza mtima kupita patsogolo pa njirayo sadzalepheretsedwa ndi chilichonse, ndipo chopinga chilichonse sichidzamulepheretsa mpaka atakwaniritsa .cholinga chake ndikukwaniritsa zomwe mtima wake ukufuna

Ngale Zauzimu ndi Zamtengo Wapatali

Anthu amene amaulula zofooka za ena ndi kuwachititsa manyazi ndi mkwiyo ali kutali ndi nzeru ndi kuganiza bwino. Tiyenera kunyoza tchimolo, osati wochimwayo, chifukwa ndi m'bale wathu mu mzimu, ngakhale kuti ndi mdima wa kusadziwa womwe umamuzungulira. Cholinga cha chiweruzo chiyenera kukhala kuchiritsa, osati kuseka ndi kuvulaza.

Tiyenera kuchitira m'bale wathu wochimwayo monga momwe tingafunire kuchitiridwa tikanakhala kuti tili pamalo .pake komanso pa mkhalidwe wake

Aliyense amene abisa zolakwa za m'bale wake padziko .lapansi, Mulungu adzabisa zolakwa zake pa Tsiku Lomaliza

Monga momwe timaweruzira ena, lamulo lauzimu limatiweruza mofanana. Sitiyenera kuyembekezera zambiri kuchokera kwa ena, komanso sitiyenera kuyembekezera zotsatira zabwino kuchokera kwa aliyense, ngakhale .atakhala kuti akuchita zonse zomwe angathe

Munthu angagwe ndi kupunthwa, koma adzakhalabe wotetezeka bola ngati achita zonse zomwe angathe kuti akwerenso makwerero a makhalidwe abwino ndi .chilungamo

Tsiku lililonse tiyenera kuyesetsa kulimbikitsa mzimu wa wodwalayo mwakuthupi, m'maganizo, kapena mwauzimu m'malo omwe tikukhala, monga momwe timadzithandizira .tokha kapena achibale athu

Aliyense amene akuyesera kuyambira lero kukhala motsatira malamulo a Mulungu - m'malo mwa moyo wakale wodzikonda womwe umabweretsa mavuto ndi mavuto - adzapeza kuti ngakhale udindo wake utakhala wochepa bwanji m'moyo, umakhalabe wofunika bola ngati akuchita ntchito yake mokwanira motsatira malangizo a wotsogolera sewero la chilengedwe chonse komanso mbuye wa tsogolo .lathu lonse: Mulungu Wamphamvuyonse

Tikamacheza ndi ena moona mtima, mwachikondi chenicheni, komanso moganizira za momwe tikumvera, tidzabweretsa mabwenzi abwino m'miyoyo yathu popanda zokonda zathu kapena kuwerengera kodzikonda komwe

kulibe kuganizira kalikonse; apo ayi, sitidzatha kuzindikira .mabwenzi athu enieni

Ndikofunikira kuchotsa chinyengo ndi kunamizira, .ndikuchita zinthu mwanjira yomwe siivulaza ena mwadala

Anzanu sayenera kukwiya, kunyozedwa, kapena kukwiyitsidwa, komanso sayenera kupatsidwa chifukwa chilichonse chokhalira ndi malingaliro oipa kwa ife Anzanu sayenera kuchitiridwa nkhanza, kuzunzidwa, kapena kupatsidwa uphungu wosapemphedwa pokhapokha ngati atapemphedwa. Uphungu ukapemphedwa, uyenera kuperekedwa moona mtima komanso mwachifundo, popanda kuopa zotsatirapo. Anzanu amathandizana kudzera .mu kutsutsana kolimbikitsa komanso kwa abale

Zochitika zovuta m'moyo sizibweretsa chilema pa chifuniro chathu ndi kutigonjetsa, koma zimatilimbikitsa kutsimikiza mtima kwathu ndikulimbitsa chikhulupiriro chathu mwa Mulungu ndi kudzidalira kwathu Anthu ena amakhulupirira molakwika kuti zochitika ndi zovuta izi ndi mphamvu zowononga zosagonjetseka, motero amasiya. Maganizo abwino ndi ofunikira kuti tiyambe kugwira ntchito mwamphamvu kuti tithane bwino ndi moyo ndi mayesero .ake

Ngati munthu sapikisana ndi munthu wamphamvu kuposa iye mwini, sadzakhala wolimba Mofananamo, tikakumana ndi mavuto athu molimba mtima komanso molimba mtima, timakhala olimba mtima komanso olimba .mtima

Maganizo athu ndi gawo lofunika kwambiri la chidziwitso cha Mulungu chonse Pansi pa mafunde a chidziwitso chathu pali nyanja ya chidziwitso chake chopanda malire. Pamene mafundewo amaiwala kuti ndi gawo la nyanja yayikulu, amadzipatula okha ku mphamvu ya nyanja. Zotsatira zake,

maganizo a anthu amafooka chifukwa cha zofooka zakuthupi ndipo sathanso kugwira ntchito yopindulitsa komanso kupanga zinthu zambiri. Maganizo akamasuntha fumbi la kusadziwa ndikudula maunyolo omwe amamanga mphamvu zawo, adzakhala ndi luso lopanga zinthu zatsopano komanso .kuyanjana bwino ndi moyo

Mukagwira mwamphamvu lingaliro linalake ndikulidzaza ndi chifuniro champhamvu, lingaliro limenelo limasintha kukhala mphamvu yogwira ntchito. Ndipo pamene lingaliro limakhala logwira ntchito, limatha kupanga malo oyenera opambana, malinga ndi mapu osawoneka omwe .adajambulidwa m'maganizo

Anthu amalephera chifukwa amagonja ku mavuto a moyo popanda kuwatsutsa, m'malo mowatsutsa popanda .kuwatsutsa

Ndikofunikira kuchita masewera olimbitsa thupi ndikuyambitsa mphamvu

Anthu amene amalowa m’malo opatulika a mtendere amatha kulankhulana mwauzimu ndi miyoyo ina yomwe imakonda Mulungu, ndipo amatha kumvetsetsa chilankhulo .cha maluwa ndi zamoyo zonse

Ambuye, khalani Mfumu yokhayo yoikidwa pampando wachifumu pa chikondi changa ndi chikhumbo changa

Anthu amene amasinkhasinkha amakhala ndi mtendere wamumtima, ndipo mtendere wamumtima umenewu uyenera kusungidwa ngakhale ali ndi anthu ena. Zimene munthu amaphunzira posinkhasinkha ziyenera kuchitika pa zochita zake za tsiku ndi tsiku komanso pochita zinthu ndi ena, popanda kulola aliyense kusokoneza mtendere wake .kapena mtendere wake

Mukafuna kupanga chizolowezi chabwino kapena kuchotsa chizolowezi choipa, yang'anani kwambiri maselo a ubongo komwe kuli njira zosiyanasiyana za zizolowezi

Kuti mukhazikitse chizolowezi chabwino, choyamba khalani chete ndikusinkhasinkha, kupempha thandizo la Mulungu. Yang'anani maganizo anu pakati pa mphamvu ya chifuniro, yomwe ili pamphumi pakati pa nsidze zanu, ndikutsimikiza mwamphamvu chizolowezi chomwe mukufuna kuyika muubongo wanu. Mukafuna kuchotsa zizolowezi zoipa, yang'ananinso chidwi chanu pa malo awa a mphamvu ya chifuniro ndikutsimikiza mwamphamvu kuti mizere yonse yomwe zizolowezizo zakhazikika ikuchotsedwa. Ndi cholinga ndi mphamvu ya chifuniro, mutha kuchotsa ngakhale mizere yozama kwambiri ya zizolowezi zakale zozika mizu Dzitsimikizireni mobwerezabwereza kuti muli ndi mphamvu zokwanira zochotsera zizolowezi zoipa m'dera .laubongo

Nthawi yoyenera kwambiri yotsimikizira izi ndi m'mawa .kwambiri pamene chifuniro ndi chisamaliro zili maso

Pitirizani kudzitsimikizira nokha kuti muli omasuka ku zilakolako zonse ndipo tsiku lina mudzapeza kuti - Ndi thandizo la Mulungu - mwadzimasula kale ku chizolowezi .chomwe munkafuna kuchisiya

Chilichonse chomwe mukuopa, chotsani maganizo anu pa icho ndipo musiyire Mulungu Limbitsani chikhulupiriro chanu mwa Mulungu ndipo khulupirirani kuti Iye akhoza kukuthandizani

Mavuto ambiri amachokera ku nkhawa ndi nkhawa. N’chifukwa chiyani muyenera kuvutika pamene zomwe mumaopa sizinachitike? Tangoganizirani kuwala koteteza kwa Mulungu kukuzungulirani mbali zonse, ndipo mudzamva .chitetezo chake chodabwitsa

Popeza nkhawa zathu zambiri zimachokera ku mantha, ngati tichotsa mantha m'miyoyo yathu, tidzamva omasuka ndipo machiritso adzakhala nthawi yomweyo. Usiku uliwonse, musanagone, tsimikizani kuti Mulungu ali nanu, .akukutetezani ndi kukusamalirani

Mu sewero la chilengedwe chonseli, anthu amitundu yonse amachita sewero la nkhani ya moyo pa siteji ya nthawi. Tiyenera kumvetsetsa tanthauzo la moyo popanda kutanganidwa kwambiri ndi kapena kuganizira kwambiri za .maudindo athu osakhalitsa

Kaonedwe kathu ka moyo nthawi zambiri kamakhala kolakwika komanso kosiyana chifukwa timayang'ana ndi maso adyera komanso malo ochepa. Tikayang'ana ndi maso .a moyo, tikanaona zinthu mosiyana kwambiri

Tikatsegula diso la nzeru, timaona kuwala kwa Mulungu kozungulira zonse, ndipo m'kuunika kumeneko timazindikira umunthu wathu wauzimu, womwe ndi chiwonetsero cha umunthu wa chilengedwe chonse womwe umafalikira tinthu .tonse ndi mbali zina za chilengedwe chonse

Zoonadi zauzimu zimatizungulira, zikugogoda pa zitseko za maso athu otsekedwa, kutilimbikitsa kuti tiwone kuwala m'malo mwa mdima, kuti tichite zinthu mwanzeru m'malo mwa kusadziwa, kuti tidzaze mitima yathu ndi chikondi m'malo mwa chidani, ndi kugwirizana pokhazikitsa mtendere ndikubweretsa kuchuluka ndi chitetezo padziko lathu. Tikachita zimenezo, kusadziwa kudzatha, kusiyana kwa zinthu kudzatha, tidzaona umodzi mu kalembera, ndipo .tidzakhala ogwirizana kwambiri ndi chifuniro cha Mulungu

Ubale wathu ndi Mulungu si wozizira kapena wopanda chikondi, monga momwe ulili pakati pa olemba ntchito ndi wantchito. Ife ndife banja lake, chisamaliro chake pa ife chimakhala chokhazikika, ndipo amatimvera nthawi zonse.

Ndife gawo lofunika kwambiri la umunthu wake, ndipo ubale .wathu ndi Iye ndi wamoyo komanso wamphamvu

Mlengi wathu watipatsa chuma chosatha cha chikondi, kumvetsetsa, nzeru, ubwino, ndi mphamvu zauzimu, koma ambiri a ife tawononga chuma ichi pa chilichonse chimene Mulungu akufuna kuti tikhale nacho mwamtendere, mwamtendere, komanso mogwirizana, monga momwe ziyenera kukhalira banja labwino komanso lachikondi, koma umbombo ndi kuwerengera kwadyera kwakhazikika .m'mitima mwathu ndipo kwabzala kusamvana pakati pathu

Mulungu amafuna kuti tikhale ambuye, koma tasankha kukhala akapolo

Munthu wachoka kutali ndi kwawo kumwamba ndipo wataya paradaiso wamkati womva pafupi ndi Mulungu ndi Mulungu pafupi naye, ndipo sadzatha kupeza paradaiso .ameneyo popanda khama lake

Mulungu anatilenga m'chifaniziro Chake, koma chowonadi ichi chatha m'maganizo mwathu. Tagonjera ku chinyengo chakuti tsogolo lathu ndi mavuto ndipo tsogolo lathu ndi chiwonongeko. Tiyenera kuchotsa chophimba cha chinyengo ndi lupanga lanzeru kuti tiwone chowonadi .chowala kumbuyo kwake

Kodi ndife ndani ndipo umunthu wathu weniweni ndi ?wotani

Anthu ali ndi kusiyana koonekeratu, kaya m'maganizo mwawo kapena m'maganizo mwawo, maudindo awo m'moyo, ntchito ndi zochita zomwe amachita, kapena zilakolako zomwe amamva. Koma pansi pa kusiyana konseku pali zinthu ziwiri zomwe munthu aliyense amafuna komanso zomwe amafunikira popanda kupatulapo. Chimodzi ndi ufulu ku mitundu yonse ya ululu ndi zosowa. China ndi

chimwemwe chokwanira komanso chokhalitsa—kukhutira kwathunthu, komwe mtendere, chikondi, nzeru, ndi .chimwemwe zimakhala

Zoonadi, chimene anthu amayesetsa kupeza ndi Mulungu, kaya agwiritse ntchito dzina limenelo kapena ayi. Anzeru amati Mulungu ndiye maziko a chisangalalo ndi mzimu wa chisangalalo. Ndipo munthu sangasangalale mokwanira pokhapokha atachokera ku gwero la chilengedwe. Iyi ndi mfundo yofunika kwambiri yomvetsetsa .momwe munthu alili

?Koma kodi anthu amafufuza kuti zomwe akufuna

Amachifunafuna m'zinthu zapadziko lapansi zokha: m'zinthu zomwe ali nazo, m'mikhalidwe yakunja, ndi m'maubwenzi ndi anthu ena. Koma n'zosatheka kuchipeza mu chilichonse, aliyense, kapena m'mikhalidwe ina iliyonse .m'dziko lino, poganizira za chilengedwe

Chilengedwe chimachokera pa mfundo ya uwiri. N'zosatheka kukhala ndi chithunzi cha mtundu umodzi wokha, chifukwa palibe njira yochitira popanda chotsutsana nacho. Mofananamo, n'zosatheka kuti mbali iliyonse ya moyo ikhalepo yokhayokha kuchokera ku uwiri. Komabe, tikayang'ana zilakolako zomwe zimalimbikitsa anthu, timapeza kuti aliyense wa ife amalakalaka zinthu zabwino, zosangalatsa, zokongola, komanso zabwino zokha, popanda chikhumbo chothana ndi chilichonse chosasangalatsa .kapena chosafunikira. Koma zimenezo sizingatheke

Mu dziko lino la zinthu ziwiri, palibe chisangalalo popanda ululu, palibe kuwala popanda mdima, palibe chabwino popanda choipa, palibe moyo popanda imfa. Mbali ziwiri za ndalama sizingalekanitsidwe. Izi zikutanthauza kuti zomwe timalakalaka mkati mwathu sitingazipeze kuchokera .ku dziko lino

Anthu amafufuza—inde, amafufuza ndi mphamvu zawo zonse—koma sangathe kupeza zomwe akufuna, zomwe zimapangitsa kutaya mtima ndi kusowa chiyembekezo Izi sizimangobweretsa kutaya mtima kokha komanso mkwiyo waukulu ndi mkwiyo waukulu, ndipo motero amachita zachiwawa Zonsezi zimachitika chifukwa sakufuna zomwe akufuna pamalo oyenera, ndipo chifukwa chake, sapeza zomwe mitima yawo ikufuna

Anthu masiku ano sadziwa zambiri za tanthauzo ndi cholinga cha moyo, motero amavutika ndi chisokonezo ndi .kusokonezeka maganizo

Mwachibadwa, anthu ndi zolengedwa zoyendetsedwa ndi cholinga Ngati alibe cholinga m'moyo, ndipo ngati malingaliro awo, mphamvu zawo, chifuniro chawo, ndi malingaliro awo sizikutsogoleredwa m'njira yabwino komanso yomanga, adzatembenukira ku njira zowononga monga kumwa mowa mopitirira muyeso ndi mankhwala osokoneza bongo, kugwiritsa ntchito chiwawa, ndi zina zotero. Cholinga chachikulu cha moyo ndi kudziwa Mulungu ndipo ndi udindo wa anthu onse kugwirizanitsa maudindo awo ndi zochita zawo zakunja kudzera mu zochita zolungama, malingaliro abwino, malingaliro abwino, ndi njira .zabwino zoyankhulirana malingaliro awo

Mbali ziwirizi za chibadwa chathu—mbali yamkati kapena yauzimu ndi mbali yakunja—sizikutsutsana ngati zitamveka bwino. M'malo mwake, zimathandizana ndipo zimatithandiza kukulitsa ndi kukulitsa luso lathu lakuthupi, .lamaganizo, lamaganizo, ndi lauzimu

Anthu amakhala m'malo opanda kanthu, opanda kusonkhezeredwa ndi nzeru kapena kusonkhezeredwa ndi maganizo. Amamva kutopa chifukwa chosowa cholinga komanso kusakhala ndi chilichonse chomwe chingapatse miyoyo yawo phindu ndi tanthauzo. Munthu wamba akhoza

kuchita zinthu ngati kuti ali ndi thanzi labwino m'maganizo ?ndi m'maganizo, koma kodi ali okondwa

Cholinga chachikulu cha moyo ndikudziwa kuti ndife ndani komanso kuti ndife ndani kwenikweni. Ngati tipereka chisamaliro chakuya cha moyo kwa iwo, mosakayikira tidzamva chisangalalo, chifukwa chisangalalo cha anthu chimagwirizana ndi kulumikizana ndi umunthu wawo wauzimu, womwe popanda iwo munthu sakhalapo kapena .kukhalapo

Kuopa kulephera kapena matenda kumakula mwa kuganizira nthawi zonse za izi mpaka lingaliro la kulephera litalowa m'maganizo ozindikira kupita ku chidziwitso chapamwamba kenako n’kufika pa chidziwitso chapamwamba. Kenako, mantha, omwe ali m'maganizo ozindikira komanso ozindikira apamwamba, amayamba kuchulukana ndikukula mpaka atadzaza maganizo ozindikira ndi udzu wa mantha womwe sungathe kuchotsedwa mosavuta monga momwe lingaliro loyamba limakhalira pamene limamera. Udzu wovulazawu pamapeto pake umabala zipatso zakupha komanso zoopsa. Mwamwayi, mizu yake imatha kuchotsedwa mkati mwa kuyang'ana kwambiri kulimba mtima ndikukhazikitsa chikhulupiriro cholimba mwa Mulungu ndi kuti Iye amatha kuthandiza omwe akufuna .kudzithandiza okha ndikuwateteza ku mavuto

Kalekale, thovu laling'ono linkayandama pamwamba pa nyanja, likuopa mphepo yamkuntho ndi mphezi, pamene anamva mawu akumunong'oneza kuti: "Thovu laling'ono la "?moyo, vuto lako ndi chiyani

Kodi simukudziwa kuti ndinu mbali ya nyanja ya moyo? Kachidutswa kakang'ono kaja kanayang'ana mozungulira ?ndipo kanazindikira mfundo imeneyi

Chikumbumtima cha anthu chimayandama ngati thovu laling'ono Pamwamba pa nyanja ya chidziwitso cha chilengedwe, ndikuganiza kuti ndi thovu lakanthawi, kunjenjemera ndi mantha a matenda, umphawi, ndi imfa. Kodi thovu, mumaopa nyanja? Yang'anani mozungulira, yang'anani mosamala Sinthani malingaliro anu kuchokera pamalo omwe muli nawo kupita ku ufumu wopanda malire wa Mulungu. Fufuzani mozama, kulitsani kumvetsetsa kwanu, kuti mudziwe ndikutsimikiza kuti ndinu amodzi ndi nyanja yake yayikulu, ndipo Mulungu ali nanu. .Amakutetezani, amakuchirikizani, tsopano ndi kwamuyaya

Kupewa misampha ndi misampha

Nthawi iliyonse mukamva chilakolako champhamvu mumtima mwanu chikukulimbikitsani kuchikwaniritsa, gwiritsani ntchito kuzindikira ndikudzifunsa kuti, "Kodi ichi ndi chilakolako chabwino chomwe chingakwaniritsidwe, kapena chilakolako choipa chomwe sichiyenera kulemekezedwa?" Zilakolako zakuthupi zosapatsa thanzi zimalimbikitsa zizolowezi zathu zoipa mwa kutipatsa ziyembekezo zabodza ndi chisangalalo chabodza. M'zochitika zotere, mphamvu ya kuzindikira iyenera kugwiritsidwa ntchito kuti iwulule chowonadi. Zizolowezi zoipa pamapeto pake zimapangitsa kuti munthu asasangalale. Pamene chikhalidwe chawo chenicheni chavumbulidwa, chimakhala chopanda mphamvu zogwirira .munthu m'misampha ya kuvutika ndi misampha ya mavuto

Kuganizira ndi nkhani

Mu moyo ndi mu imfa, m'zisoni ndi m'masautso, chikhulupiriro changa mwa Inu, Ambuye, chimakhalabe champhamvu komanso chosagwedezeka, cholimba komanso chosagwedezeka

Mpweya uliwonse wa kulakalaka kwanga ndi pemphero langa umatsegula zitseko ndi mawindo mumtima mwanga .omwe ndimadutsamo kupita ku chisangalalo cha Mulungu

Monga momwe dzuwa limawala m'malo odzaza anthu ambiri, momwemonso ndidzawona kuwala kwa chikondi cha Mulungu m'mbali zonse za moyo wanga ndi zochita zanga za .tsiku ndi tsiku

Mundidalitse, Ambuye, kuti ndidzutse moyo wanga ndi .mbandakucha ndikuufikitsa ku khomo lanu lodala

Nkhani ya nswala ya musk

Musk ndi chinthu chamtengo wapatali chokhala ndi fungo lamphamvu, chomwe chimapezeka m'mitsempha ya .nswala ya musk yomwe imakhala kumapiri a Himalaya

Nswala ikafika msinkhu winawake, musk wokongolayo umayamba kutuluka mobisa kuchokera m'mitsempha mwake, ndipo nswalayo imasokonezeka ndi fungo lokongola limenelo ndipo imayamba kuvina ndikufunafuna komwe .kumachokera fungo lokoma limenelo

Imayenda kuchokera pamalo ena kupita kwina, ikununkhiza pakati pa miyala ndi pansi pa mitengo, kufunafuna kulikonse komwe kumachokera fungo .losangalatsa limenelo

Pomaliza pake, amakwiya kwambiri ndipo amavutika maganizo kwambiri akasowa chonena ndipo sakupeza .chomwe akufuna ndi chilakolako ndi chilakolako

Poyesa komaliza kufika komwe musk umachokera, umadumpha kuchokera m'mapiri aatali a miyala kupita ku chigwa chakuya kuti ukakumane ndi tsoka lake ndikukumana ndi imfa yake, pomwe asodzi amatha kuigwira .ndikutulutsa musk sac kapena gland kuchokera mmenemo

Pachifukwa ichi, m'modzi mwa olemba ndakatulo odziwa bwino ntchito yake adatchula mawu akuti:

Nswala ya musk, chitsiru iwe!

N’chifukwa chiyani mukuvutika? N’chifukwa chiyani simugona?

Musk uyu ulipo

Ndi thumba lako la m'mimba, chitsiru iwe!

Ngakhale mutakhudza ndi mphuno yanu

Kuchokera kwa inu kumabwera fungo lachinsinsi

Ukanapambana zomwe unkayembekezera

Ndipo munakhala popanda kugwiritsa ntchito ndalama

Kodi simukuganiza, anzanga, kuti anthu ambiri amachita zinthu ngati nswala za musk? Nthawi zonse amakhala akufunafuna chimwemwe kulikonse komwe ali kunja kwawo?

Inde, amafunafuna chimwemwe posewera, ndipo amadzipereka okha kutopa m'zilakolako ndi zilakolako. Amakwera njira zoterera za chuma mpaka pamapeto pake amalumpha kuchokera kumapiri a ziyembekezo zazikulu kupita ku miyala ya kukhumudwa ndi kulephera pamene sangathe kupeza chimwemwe chenicheni chosungidwa mkati mwa mitima yawo.

Ngati titayang'ana kwambiri, ndi kuganizira mozama, tidzapeza mu mtendere wa moyo gwero la chimwemwe chenicheni komanso chokhalitsa chomwe timachifuna.

Sitiyenera kukhala ngati nswala ya musk, yomwe ikuwonongeka pofunafuna chimwemwe m'malo olakwika. M'malo mwake, tiyenera kukhala maso ndikuyesera kupeza chimwemwe mkati mwathu, osati kunja kwa ife eni.

Nkhani ya Batani

Munthu wina anabwera kwa ine nati akudwala matenda
:a mtima osatha, ndipo anawonjezera kuti

Ndayesa zinthu zambiri, koma sindingathe kuchotsa"
"ululu wamtima

Nditaganiza modekha, ndinamupempha kuti
:andibweretsere lumo. Anandiyang'ana monjenjemera nati

"?Kodi mukufuna kunditsegula mtima wanga, bwana"

Ndinaseka ndipo ndinayankha kuti, "Ine sindine dokotala
Kodi munamvapo za munthu amene amagwiritsa ntchito
"!?lumo pochita opaleshoni

Pomaliza, anabweretsa lumo monyinyirika, choncho
ndinadula batani limodzi pa jekete lake ndipo ndinamuuza
kuti asasoke batani lina pamalo pake, komanso kuti asaike
dzanja lake pamalo pomwe batanilo linalibe. Ndinamuuzanso
kuti abwerere kwa ine patatha milungu iwiri, ndipo
.ndimayembekezera kuti adzachira panthawiyo

Munthuyo anaseka nati, "Ndidzachita monga
mwandipempha chifukwa ndikukukhulupirirani, koma
ndikuganiza kuti ndi mankhwala achilendo kwambiri omwe
"!ndapatsidwapo

Patapita milungu iwiri anabwera kwa ine akuthamanga
:nati, modabwa

Akatswiri ananditsimikizira kuti ndachiritsidwa matenda"
a mtima. Ndiye, chifukwa cha Mulungu, munachita chiyani?
"?Kodi munatulutsa genie pa batani

Ndinayankha ndikumwetulira kuti: "Inde! Dzanja lanu
linkasewera ndi batani nthawi zonse, ndipo batanilo
"linkagwirizana ndi mtima

Batani limenelo linali genie lomwe linkakupwetekani mtima. Kotero ndinadula batanilo ndipo ndinakuuzani kuti musalowetse kapena kuyika dzanja lanu pamtima wanu. Mwanjira imeneyo, mtima wanu unamasuka ku kupsinjika !ndipo unasiya kukupwetekani

Chilichonse chikuyenda mwachangu, ndipo anthu ali otanganidwa ndi zinthu zambiri. Mwachibadwa, ndi bwino kukolola zinthu zabwino kwambiri padziko lapansi kusiyana ndi kutaya nthawi, kulola nyengo kukupitirirani n’kutha opanda kanthu. Koma chimene munthu ayenera kukolola ndicho chokolola chamtengo wapatali kwambiri m’moyo: kuyandikira kwa Mulungu ndi kumudziwa Iye. Njira yokhayo yopezera chimwemwe chenicheni ndi kuchita chinachake .m’dziko lino komanso kupambana mwauzimu

Anthu amene amadziwa Mulungu sayamba ntchito zawo za tsiku ndi tsiku asanaganizire za Mulungu ndi kupatsa maganizo ndi matupi awo mphamvu yodalitsidwa ya .Mulungu

Zofuna zambiri za dziko lapansi zingalepheretse anthu ofuna zolinga zawo zauzimu ndi kuwachotsa panjira yomwe asankha. Koma anthu omwe ali ndi chikhumbo cholimba salola chilichonse kuwapatutsa; amapitirizabe ndi chikhumbo .mosasamala kanthu za zovuta kapena zovuta

Kaya dziko lapansi litipatse chiyani, silidzakhutiritsa chilakolako cha mitima yathu, yomwe imalakalaka chinthu chokhazikika, chofunika kwambiri, komanso chamtengo wapatali kuposa zonse zomwe chuma ndi chuma cha dziko .lapansi chili nazo

Munthu akamwalira—mukhale ndi moyo wautali—palibe mphamvu padziko lapansi imene ingamuchitire chilichonse Ndani angatithandize tikachoka m’dziko lino? Chifukwa chake, tiyenera kukumbukira nthawi zonse kuti dziko lino ndi

malo oimapo kwakanthawi paulendo wathu wopita kunyumba kwathu kumwamba, komwe tidzakhala kosatha .pamaso pa Wachifundo Chambiri

Kulemera kwambiri sikutsimikizira thanzi, mtendere, ndi kuchita bwino, koma kupeza mtendere ndi kuchita bwino kudzatsogolera ku chipambano choyenera pamlingo .wauzimu ndi zakuthupi

Anthu ambiri amakula ndi luso la maganizo kuti apeze chipambano cha zinthu zakuthupi. Koma munthu akamadzilamulira yekha ndikugwiritsa ntchito mphamvu zake zamaganizo ndikuchita zinthu mogwirizana ndi dongosolo la Mulungu, moyo wake udzadalitsidwa, ndipo adzalawa timadzi ta mzimu ali padziko lapansi. Sadzakhalanso mkaidi wa zizolowezi ndi zilakolako, koma chidziwitso chake chidzasandulika kukhala mtima wa kukhalapo kwa Mulungu, ndipo adzakhala kumeneko akusangalala ndi zosangalatsa zatsopano zomwe .sizingafotokozedwe

Thupi ndiye pharmacy yabwino kwambiri

Ofufuza zachipatala apeza kuti tikamakhala ndi chisangalalo chachikulu, thupi limapanga mankhwala ochepetsa nkhawa ndi zinthu zina zochepetsa kupsinjika maganizo zomwe zimakhala zamphamvu komanso zogwira mtima monga momwe madokotala amanenera. Thupi ndi pharmacy yayikulu kwambiri padziko lonse lapansi, yomwe imatha kupanga chinthu choyenera panthawi yoyenera tikamagwirizana ndi mgwirizano wauzimu womwe Mulungu .waika mkati mwathu

Sikuti kupsinjika konse kuli kovulaza; kupsinjika kumadzutsa mphamvu yofunika yomwe imayenda m'thupi lathu ndipo kumalimbikitsa kuchita zinthu ndi kuyenda.

Kafukufuku wasonyeza kuti kupsinjika koyenera kumakhala .kopindulitsa

Koma vuto limabwera pamene kupsinjika maganizo kukupitirira mulingo woyenera

Aliyense wa ife ali ndi malire ake pa kupsinjika maganizo, ndipo malire amenewo akapitirira, timakhala ndi nkhawa kwambiri kuposa momwe tiyenera kukhalira, ndipo sitingadziwe mpaka mavuto atayamba kuonekera m'thupi, .m'maganizo, ndi m'maganizo

Moyo ndi Mulungu ndi chisangalalo ndi chimwemwe, pomwe popanda Mulungu pali nkhawa, chisokonezo, mavuto, komanso tsoka. Ndiye kodi tingapeze bwanji mtendere ndi bata m'moyo wolamulidwa ndi masoka ndi ?masoka, ndikubweretsa chisangalalo padziko lapansi

Chofunika choyamba ndikudziwa mavuto a moyo .pamene tikulamulidwa nawo

Mulungu ndi Wanzeru Zonse komanso Wodziwa Zonse, ndipo watipatsa matupi athu zizindikiro monga chitonthozo, kusasangalala, bata, ndi nkhawa, ndipo tiyenera kulabadira zizindikiro izi Pali nzeru zaumulungu mkati mwa matupi athu zomwe zimayesa kutiuza zinazake, ndipo tiyenera kumvetsera mauthenga awa panthawi ya nkhawa kapena kupuma Mukamva kupsinjika, ikani maganizo anu pa gawo la thupi lanu lomwe likukumana ndi kupsinjika, kenako pumirani mpweya wozama, ndipo nthawi yomweyo, chepetsani pang'onopang'ono gawolo mpaka litagwedezeka Kenako pumulani ndikumasula kupsinjika Izi zithandiza kusunga mphamvu ndi moyo wabwino m'thupi ndikuliteteza .ku zotsatira zoyipa za kupsinjika

Tingathenso kuthana ndi kupsinjika maganizo mwa kupuma. Mukamva mantha kapena malingaliro ena oipa,

pumirani pang'onopang'ono, mozama, komanso mozungulira kangapo, kulola thupi lanu kupumula nthawi iliyonse yopuma. Izi zidzakuthandizani kuchepetsa kugunda kwa mtima wanu, kubwezeretsa kuyenda kwa magazi mwachibadwa, kuthandizira kuyenda kwa mphamvu zofunika kudzera m'mitsempha yanu, komanso kukuthandizani kutonthoza maganizo anu ndikuchotsa .malingaliro anu

Moyo si vuto ladzidzidzi; ndi mawonekedwe okongola a Mulungu, ndipo tiyenera kusangalala nawo. Tiyeni tikumbukire kuti kumwetulira ndi mphamvu; ngati sitikugwiritsa ntchito, timataya gawo lofunika kwambiri pa .moyo

Anthu ndi mizimu yokhala ndi malingaliro ndi malingaliro, ndipo ali ndi thupi lomwe amavala ngati chovala kapena malaya akunja. Koma bola ngati tikukhala pamlingo wa thupi ndi malingaliro okha, tidzagwa pansi pa chisonkhezero choipa cha kupsinjika maganizo ndi kupsinjika .maganizo

Tikamagwirizana ndi chibadwa chathu chofunikira, chomwe ndi mzimu, chimwemwe cha mzimu chimalowa mumtima ndikusintha kukhala chikondi. Kumva chikondi ichi, cholumikizidwa ndi mtendere ndi bata la moyo, ndikuchita zinthu ndi kuyanjana motsatira mphamvu zake zogwirizana, ndiyo njira yoyenera kwambiri yokhalira mwachibadwa m'dziko lodzaza ndi mikangano ndi zotsutsana. Kugwirizana .ndi chimwemwe ichi ndiye yankho la mavuto a moyo

Chidziwitso: Ponena za mawu akuti: "Thupi limapanga mankhwala oletsa kupsinjika maganizo ndi zinthu zina zomwe zimachepetsa kupsinjika maganizo, zomwe sizili zamphamvu komanso zogwira mtima kuposa zomwe madokotala amalangiza," uwu si upangiri woti

usamaperekedwe kwa upangiri wachipatala ndi mankhwala, .chifukwa chake ndikofunikira kufotokoza momveka bwino

Ma equation a maginito

Munthu wokhala ndi mtima wolimba komanso zizolowezi zoipa + munthu wachifundo koma wofooka = mphamvu yoipa imapambana kukoma mtima

Munthu wofooka wokhala ndi zizolowezi zoipa + munthu wokonda kwambiri wokhala ndi zizolowezi zabwino = mphamvu yabwino ya maginito imagonjetsa woipayo

Mphamvu ya maginito yofooka yauzimu + biomagnetism yoipa = mphamvu ya maginito yoipa kwambiri

Mphamvu ya makhalidwe abwino + mphamvu ya makhalidwe abwino yofooka = mphamvu ya makhalidwe abwino yowonjezereka

Munthu wokwiya komanso wachiwawa + munthu wofatsa komanso wachifundo = mphamvu ya mkwiyo imapambana kufatsa

Khalidwe lamphamvu, lolinganizika, komanso lodekha + khalidwe lomwe nthawi zina limapangitsa kuti munthu asakhutire = mphamvu ya bata imapambana

Kulephera kosalekeza + kulephera kochepa = mphamvu ya maginito yolephera

Kupambana kwabwino kwambiri + kupambana pang'ono = kupambana kwakukulu

Kugwedezeka kwamphamvu kwa kulephera + kugwedezeka kwamphamvu kwa kupambana = mphamvu ya maginito yolephera kapena mphamvu ya maginito .yopambana, kutengera malo ndi momwe zinthu zilili

Maganizo amphamvu, abwino + kusadziwa konse = kuchenjera ndi luso kapena kusadziwa ndi kupusa

Mphamvu yauzimu yodabwitsa + mphamvu yothandiza kwambiri = Mphamvu yauzimu yodabwitsa - mphamvu yothandiza kwambiri

Ngati anthu akanatha kuona zamoyo zambirimbiri za m’mapulaneti mu ether yowazungulira, mwina ena akanayesa kupeza okondedwa awo omwe anamwalira Mulungu watsegula maso anga auzimu, ndipo ndikuona miyoyo yambiri yomwe yachoka padziko lapansi. Mwa kuyang’ana kwambiri pa diso lauzimu (pakati pa mphumi), munthu akhoza kuona ndi masomphenya amkati dziko lowala lokhala ndi miyoyo yonse yabwino yomwe yakwera .kupita ku ether kupita kwa Wachifundo Chambiri

Mwa anthu, mtima umagwira ntchito ngati wolandila opanda waya ndipo diso lauzimu ngati chotumizira. Ngakhale simungawaone okondedwa anu omwe anamwalira, ngati muika maganizo anu pamtima mofatsa, mutha kumva kukhalapo kwa okondedwa anu omwe tsopano akukhala m'matupi achilengedwe, akusangalala ndi mtendere ndi chitetezo cha Mulungu ndikusangalala ndi ufulu wawo ku zoletsa za thupi, kotero mumapeza chitonthozo mu .mtendere wawo ndipo mtima wanu umatsimikizika za iwo

Ndikatchula dzina la Mulungu, umunthu wanga wonse umasungunuka kukhala chisangalalo chachikulu. Koma mkhalidwe umenewu unabwera kwa ine pambuyo poyesetsa kwambiri. Poyamba, sindinali munthu wolakalaka, chifukwa maganizo anga anali kuyendayenda. Koma tsopano, ndikangoyang'ana kwambiri zauzimu—malo pakati pa nsidze—malingaliro onse amatha, kupuma kumatha kokha, mtima umasiya kugunda, chisokonezo cha maganizo chimatha, ndipo mkhalidwe wogwera pa moyo, kotero kuti

ndimasangalala ndi uzimu ndipo ndimakhala ndi .chisangalalo chaumulungu

Mawu agolide

Chimwemwe ndi ufulu wanga, cholowa changa, ndi chuma changa chobisika cha Mulungu. Nditsogolereni kuti ndipeze mkati mwanga chuma chomwe chimaposa maloto a .mafumu

* * *

Moyo ndi kayendedwe kanzeru kokhala ndi kayimbidwe kokhazikika. Umapangidwa m'zinthu zopanda moyo, kapena umatenga mawonekedwe amoyo komanso oyenda. Moyo uli .ndi zonse ndipo umalowerera chilichonse

* * *

O wokondedwa kwambiri, Ndiwe moyo Ndiwe cholinga changa ndi chikhumbo changa

* * *

Mundipangire duwa lokongola m'munda wanu wakumwamba, kapena mkanda wowala mu mkanda wanu wachikondi wowala, kapena mundipatse ulemu waukulu: .malo ang'onoang'ono kwambiri mumtima mwanu

* * *

Kulikonse kumene ena amayamikira khama langa pochita zabwino, ndi komwe ndingapereke chithandizo .chabwino kwambiri

* * *

Tiyeni tiluke kapeti yagolide ya maloto okhala ndi ulusi wa silika wa zikumbutso zokoma ndi malingaliro abwino

* * *

Chikondi chili ngati pepala lopaka utoto lomwe limapukuta malingaliro ndikuchotsa nkhanza pa khalidwe

* * *

Miliri, masoka, ndi kusintha kwachiwawa m'chilengedwe komwe kumabweretsa chiwonongeko, chiwonongeko, ndi kuvulaza kwakukulu si " malamulo a Mulungu" Masoka awa

amachokera ku malingaliro ndi zochita za anthu Kulikonse komwe kuyanjana kwabwino ndi koipa padziko lonse lapansi kwasokonezedwa ndi kusonkhana kwa mafunde owopsa ndi kugwedezeka komwe kumachitika chifukwa cha zolinga zoyipa za anthu ndi zolakwa, chisokonezo chimalamulira .ndipo chiwonongeko chachikulu chimayamba

* * *

Ndidzatenga zabwino kwambiri kuchokera kwa anthu onse, ndipo ndidzayamikira makhalidwe abwino a mitundu .yonse popanda kuyang'ana kwambiri zolakwa zawo

* * *

Monga momwe timasamalirira kufunika kwa zakudya zomwe timadya tsiku ndi tsiku, tiyeneranso kusamala ndi zakudya zamaganizo zomwe timapatsa maganizo athu tsiku .lililonse

* * *

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mtsinje wochepa ukuyenda mwa iwo popanda kusokonezedwa, kudzazidwa kwawo ndi bata lalikulu. Izi zili choncho chifukwa mtsinje uwu umalumikizidwa ndi gwero lake lapamwamba, kuyenda kosalekeza komwe kumafikira miyoyo mogwirizana ndi gwero limenelo, kuwalola kupereka .chimwemwe kwa iwo omwe akulakalaka mtendere

* * *

Ndi mawu angati abwino ochokera mumtima omwe achotsa chisoni chambiri ndipo ndi mawu angati anzeru omwe awunikira njira zamdima ndi nyali zachisangalalo ndi !bata

* * *

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo

zofunika kuchokera kwa iwo. Pakuti ululu uliwonse ndi kuvutika kulikonse komwe timakumana nako kuli ndi .tanthauzo komanso cholinga

* * *

Ngakhale kuti mayesowa ndi ovuta, ali ngati moto womwe umasungunula chitsulo kuti chikhale chitsulo chokongola, cholimba, komanso chogwiritsidwa ntchito .m'njira zosiyanasiyana

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Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu akugwira ntchito, chilichonse chomwe ndimafuna chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

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Pamene maganizo akunong'oneza Mulungu mokweza komanso mokweza kuchokera pansi pa mtima wa munthu wofunitsitsa, kuyitana kwa mzimu kudzakhudza mtima wa munthu aliyense, ndipo yankho lidzabwera, kubweretsa chisangalalo chachikulu. Kunong'oneza kwanzeru kumeneku kumakulitsa chifuniro mpaka chitakhala ndi mphamvu .zofunikira kuti chikwaniritse cholinga chomwe chikufunidwa

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<u>Maganizo ndi chifuniro cha munthu zikakhala zogwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu ndikokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe akugwirizana ndi chifuniro .chapamwamba</u>

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Munthu sayenera kugwiritsa ntchito mphamvu zonse zamaganizo zomwe Mulungu wawapatsa kufunafuna zinthu

zosakhalitsa, kuopera kuti angadzitayike m'mavuto a kukonda chuma ndikudzipangira zoletsa zosafunikira. M'malo mwake, ayenera kugwiritsa ntchito mphamvu zake zamaganizo kuti apeze zofunika pa moyo ndikuyesetsa kukulitsa mphamvu zake zamakhalidwe abwino kuti athe kusiyanitsa pakati pa chabwino ndi choipa, komanso pakati .pa zomwe zili zoipa ndi zomwe zili zabwino

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Chowonadi chili pamwamba pa malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira imeneyi amamangidwa ndi malingaliro awoawo

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Tsegulani, Ambuye, zipata za mtendere ndipo tetezani malo opatulika a malingaliro anga auzimu ku ziwopsezo za kunong'onezana koipa. Ndipo lolani maluwa a zokhumba zanga aphuke m'munda wa mtima wanga pamene .ndikuyembekezera mbandakucha wa kubwera kwanu

* * *

Chidziwitso cha chiphunzitso sichingapeze chidziwitso chaumulungu, ndipo ndibwino kuti munthu asagwiritse ntchito nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, apo ayi munthu adzadzipeza yekha pakati pa nkhalango zodzaza ndi .nzeru ndipo sangathe kupitirira malire a ziphunzitso

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Chimwemwe ndi chipatso cha kupambana kwa maganizo pa zochitika zosakhazikika za moyo

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Iye amene Mulungu amamuzindikira akhoza kusadziwika ndi dziko lapansi

* * *

Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso [popanda mayeso enieni], adzakhala ngati chipangizo chojambulira chomwe chimabwereza miyambi ndi kubwereza mawu apamwamba, ndipo ena amamuona

ngati katswiri wophunzira, koma chidziwitso choterocho sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, .komanso sichikugwirizana ndi kufika pa uzimu

* * *

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho, tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

* * *

Tsegulani mitima yanu ku kutsanulira kwa Mulungu kuti kuyende mwa inu ndikudzaza miyoyo yanu ndi madalitso .auzimu ndi ubwino

* * *

Kaya mugwire ntchito yanji komanso zomwe mungachite, kumbukirani nthawi zonse kuti Mulungu ndiye gwero lomwe limakupatsani mphamvu zonse zomwe .mukufunikira kuti mugwire ntchito ndikukwaniritsa

* * *

Ndiloleni ndikukumbukireni, Ambuye, mu umphawi ndi chitukuko, mu matenda ndi thanzi, mu umbuli ndi nzeru, ndipo ndiloleni ndione kuwala kwanu kodala komwe .kumapereka ubwino ndi machiritso nthawi yomweyo

* * *

Mu malingaliro anga ndekha, ndikulakalaka kumva mawu anu odala. Chotsani kwa ine mawu okhwima, apadziko lapansi obisika m'maganizo mwanga. Ndikufuna kumvetsera mawu anu odekha komanso okoma mtima kwamuyaya mu .mtendere wa moyo wanga

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Moyo uli ndi mdima, ndipo nthawi zina timapunthwa ndi kuzengereza kupita patsogolo Tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zamdima za moyo Iye ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lowala m'maola odzuka, nyali yowala ya chitsogozo, ndi nyenyezi yotsogolera kwa iwo oyenda m'nyanja za moyo wa padziko .lapansi, wosakhalitsa

* * *

Yakwana nthawi yoti munthu adzuke kuchokera ku tulo toyiwala kupita ku kudzuka kwa mzimu

* * *

Tikukupemphani, Ambuye, kuti mukweze chidziwitso chathu kuchokera ku kuya kwa kusadziwa ndi malingaliro opapatiza, ocheperako kupita ku malire a mtendere, kuwala, .chikondi, ndi chifundo cha anthu onse

* * *

Zinthu zidzayenda bwino pamapeto pake chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa munthu, ndipo aliyense amene sakukhulupirira kuti vutoli silingatheke ndipo akuyesera kulowa ndi malingaliro ake ndi chikhulupiriro chake ku zomwe zili kuseri kwa chophimba adzatsegulidwa chitseko kwa iye amene [akugogodwa ndi dzanja lililonse lokhulupirira]

* * *

Chikhulupiriro sichitanthauza kukhala wosasamala kapena kusachita zinthu mwanzeru ndi zochitika. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye amene angathe kumuthandiza pazochitika zovuta komanso zovuta ngati atembenukira kwa Iye ndi mtima wake wonse, moyo .wake wonse, ndi malingaliro ake onse

* * *

Ngati malingaliro athu akanatiuza choonadi chonse, tikanaona Dziko Lapansi ngati mitsinje ya ma elekitironi, .ndipo tikanaona fumbi lililonse ngati kuwala kozungulira

* * *

Anthu amene amaphunzira zinthu kuchokera ku zinthu zina kupita ku zinthu zina amamvetsa bwino chinyengo .ndipo amadziwa tanthauzo la choonadi

* * *

Kaya munthu ali m'nkhalango za ku Africa, pankhondo, akuvutika ndi matenda kapena umphawi, ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa ndipo limatha kuteteza iwo amene afuna .chitetezo mwa Iye

Palibe njira yothandiza yodzitetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru pochita zinthu ndi nthawi yomweyo kukhala ndi chikhulupiriro chonse mu thandizo la .Mulungu

* * *

Chikondi chomwe chimakhala m'mitima ya zolengedwa zonse—chikondi cha amayi onse, abambo, abwenzi, ndi .okondedwa—chimachokera ku chikondi cha Mulungu

* * *

Kusiyanitsa pakati pa ntchito zazikulu ndi zazing'ono kuyenera kupangidwa, kuika patsogolo zofunika kwambiri kuposa zofunika zokha. Komanso, palibe ntchito yomwe iyenera kutsutsana ndi ina. Malemba amatiuza kuti ntchito ina ikasemphana ndi ina, ndi umboni wakuti si ntchito .yeniyeni

* * *

Pamene kuwala kwa dzuwa kukufalikira, ndidzafalitsa kuwala kwa chiyembekezo m'mitima ya osauka ndi osiyidwa [amene anthu asiya], ndipo ndidzaika kutsimikiza mtima

kwatsopano m'mitima ya iwo amene akuganiza kuti ndi .olephera

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira ake kuti: "Musachotse aliyense m'gulu la chikondi chanu. Sungani aliyense mumtima mwanu ndipo adzakusungani ".mumtima mwawo

* * *

Ambuye, ndithandizeni kuti nthawi zonse ndigwiritse ntchito chifuniro changa kuti ndichite zinthu zabwino komanso zabwino

Ndithandizeni kuti ndigwirizane ndi chifuniro Chanu kuti maganizo anga onse agwirizane ndi zolinga zanu ndipo .akhale ogwirizana ndi chifuniro Chanu

Anandithandiza kudzutsa mphamvu yobisika, yodalitsika mkati mwanga kuti ndithe kugonjetsa mavuto ndi mayesero .onse

* * *

Dzukani ku umunthu wauzimu wolimba mtima komanso wodzichepetsa - womwe umaphatikiza mphamvu za mikango ndi kufatsa kwa nkhunda

* * *

Sindidzavutitsidwa ndi kutsutsidwa kowawa, kapena kutamandidwa ndi kunyoza kwambiri. Cholinga changa chokha ndicho kuchita chifuniro chanu, Ambuye, ndikupeza .chisomo chanu

* * *

Simungathe kulingalira za chisangalalo chachikulu chomwe chidzakudzazani mukadzamva kukhalapo kwa Mulungu. Moyo wanu udzaledzera ndi chikondi chopanda malire cha Mulungu. Ndi chikondi chomwe chimaposa chikondi chilichonse cha anthu nthawi mamiliyoni ambiri—chikondi chomwe chimakwaniritsa zokhumba zanu zonse .ndikudzaza mtima wanu ndi chisangalalo ndi kukhutira

* * *

Kudzera mu kuyang'ana mkati, mutha kukhala ndi chisangalalo chauzimu mwachindunji mkati mwanu ndi mozungulira inu. Ngati mukulitsa chidziwitso ichi, umunthu wanu udzakula bwino, ndipo mudzakhala ndi mphamvu .yokoka kwa anthu ndi zolengedwa zina

* * *

Inu Mtetezi Wamkulu, sindikusamala ngati nditaya chilichonse chifukwa cha tsogolo langa, lomwe ndidapanga ndekha, koma ndikukupemphani, pothawirapo panga pokha, kuti muteteze nyali ya chikondi changa pa inu ku mphepo ya .kusamvera ndi kuiwala

* * *

Tiyeni timwe madzi oyera, otsitsimula amtendere ochokera m'magwero abwino, olimbikitsidwa ndi kutsimikiza mtima kwathu kuganiza bwino ndikukhala ndi chiyembekezo .chabwino

* * *

Chikumbumtima ndi lingaliro lachibadwa lomwe limavumbula umunthu weniweni wa munthu ndi zolinga zake. Chikumbumtima chanu chikakhala choyera, ndipo mukudziwa kuti mukuchita zabwino, mulibe choopa. Chikumbumtima choyera ndi umboni wa khalidwe labwino lochokera kwa Mulungu. Kumasulidwa m'khoti chifukwa cha chikumbumtima kumatanthauza kukhala ndi chimwemwe .ndi kulandira madalitso a Mulungu

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Yesani kuchita zinthu molimba mtima komanso zosangalatsa zomwe anthu ambiri sachita, ndipo perekani chikondi ndi mtendere kwa iwo omwe ena .amawanyalanyaza

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Mphunzitsi Paramahansa anauza mmodzi wa ophunzira :ake kuti

Ngati simutaya nthawi mukukulitsa malingaliro, palibe" kuchuluka kwa chuma chomwe chingakukhutiritseni. Kulima

kumeneku si kuzunza koma kuphunzitsa chidziwitso kuti chilimbikitse malingaliro ndi zochita zomwe zimabweretsa ".chimwemwe

Chimwemwe chanu ndi kupambana kwanu, choncho musalole kuti wina akubereni Dzitetezeni kwa anthu amene amayesa kukuvutitsani Ndili mnyamata, ndinkataya mtima nthawi iliyonse anthu ena akamafalitsa mabodza okhudza ine. Pambuyo pake, ndinazindikira kuti mtendere wanga wa mumtima ndi wofunika kwambiri kuposa kuvomerezedwa ndi .anthu kapena kusilira kwawo

* * *

Ngati mukanadziwa nkhani ya chikondi cha Mulungu chomwe olambira ena amakumana nacho ndi Mulungu! Palibe china chilichonse chomwe chingafanane ndi chisangalalo chimenecho ndinkadziwa woyera mtima amene nthawi zonse ankakhudzidwa ndi chikondi cha Mulungu, ndipo nkhope yake inali yowala ngati chikondi choyera Diso la Mulungu nthawi zonse limakhala pa iwo amene .amamukonda, ndipo samawasiya ngakhale mphindi imodzi

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Ndi ochepa okha omwe ali ndi chidwi chokulitsa mphamvu zawo zamaganizo ndi zauzimu

* * *

Musalole kuti mulowe pansi pa kuzengereza. Imirirani kuchokera ku tulo ta zinthu wamba zosasangalatsa ndikuyamba moyo wabwino kumene kuli kupambana, .chimwemwe, ndi mtendere

* * *

Mkati mwanu muli kuthekera kwakukulu komwe kukuyembekezerani kuyikidwa, ndipo ndinu nokha amene mungathe kuyambitsa ndikupindula nako

* * *

Kumasuka ku zizolowezi zoipa ndi zilakolako zoipa kumabweretsa chimwemwe chachikulu kuposa kupambana pa zinthu zakuthupi

Kupambana m'mabuku kumabweretsa chisangalalo chamaganizo chomwe zinthu zakunja sizingachotse kwa inu

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Mukhoza kuthera nthawi yanu yonse mukusonkhanitsa ndalama, koma ndalama zimenezo sizingakupatseni mtendere ndi chitetezo chokhalitsa chomwe mukufuna. M'malo mwake, zidzakubweretserani chisoni chachikulu chifukwa chimwemwe ndi mtendere zimakhala m'maganizo, .osati m'zinthu zokha

* * *

Musalole kuti zofooka zilowe m'maganizo mwanu, ndipo samalani mukamacheza ndi anthu omwe ali ndi malingaliro oipa komanso osasangalala, kuti maganizo awo ofooka asalowe m'maganizo mwanu, pokhapokha ngati maganizo anu afika pamlingo winawake kotero kuti malingaliro a ena sangawafooketse, koma m'malo mwake, amatha kulimbitsa .maganizo a ena ndikuwonjezera kudzidalira kwawo

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Mulungu ndiye amene amatsogolera, ndipo sitiyenera kuyamba kapena kutha tsiku lathu popanda kuganizira za Iye. Tiyenera kukumbukira kuti popanda mphamvu ndi mphamvu zomwe timalandira kuchokera kwa Mulungu, sitingathe kuchita ntchito zathu zilizonse. Uwu ndi udindo .wathu waukulu kwa Iye

* * *

Pali njira yowunikira ndi kuweruza miyambo ndi miyambo Poyamba, miyambo iliyonse inali ndi zifukwa. Ngati tikupeza kuti zifukwazo zikadali zoona, ndiye kuti miyamboyo ili ndi tanthauzo komanso phindu. Komabe, si nzeru kutsatira miyambo mwachimbulimbuli. Tiyenera kudziwa chomwe chili choyenera ndikuchitsatira, kuzindikira

chomwe chingatibweretsere chimwemwe kenako .n’kuchigwiritsa ntchito

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Mukaona anthu ambiri akusowa chimwemwe kapena kupambana, musaganize kuti ndicho tsogolo lawo. Mutha kudzipangira chilichonse chomwe mukufuna. Kupambana kwanu kwamkati ndi komwe kumakupangitsani kukhala .opambana

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Ngati mulibe chilichonse mwa inu nokha, simudzakhala okondwa Koma ngati mulibe chilichonse chozungulira inu ndipo muli okondwa mwa inu nokha, mosakayikira mupambana. Chifukwa chake, n'zosatheka kuweruza anthu .kutengera momwe zinthu zilili kunja

* * *

Pakati pa khamu lalikulu la anthu, pakhoza kukhala munthu amene wafika pamlingo wapamwamba wauzimu ndipo amasangalala ndi mtendere wamumtima komanso .chimwemwe chauzimu chachikulu

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Ndikudziwa motsimikiza kuti chilichonse chomwe ndikufuna chidzabwera kwa ine, ndipo chifukwa chake sindidandaula za zomwe zili mtsogolo. Izi si kudzitamandira kapena kunyengerera, chifukwa ndakhala ndikuwona ntchito ndi mphamvu yodala imeneyo m'moyo wanga nthawi .zambiri

* * *

Kaya ndikuyandama pamwamba pa zamoyo kapena kumira m'nyanja, ndikudziwa kuti ndili ndi Mulungu ndipo Iye ali ndi ine, ndipo palibe chomwe chingandivulaze. Chidziwitsochi chandipatsa chisangalalo chosaneneka .komanso chachikulu

* * *

Palibe kukayika kuti kugula chinthu chatsopano ndi chinthu chosangalatsa. Koma pakapita nthawi, chisangalalo

chimenecho chimatha pang'onopang'ono, ndipo mungatayike chidwi nacho konse, kuiwala za icho ndi kulakalaka china. Komabe, bilu ya chinthucho sidzaiwalika, !makamaka ngati munachigula pang'onopang'ono

* * *

Munthu ayenera kulamulira moyo wake ndi kuupanga kukhala wosalira zambiri momwe angathere. Ayenera kusunga ndalama zina pa zinthu zofunika komanso zadzidzidzi, kuika patsogolo kusunga ndalama m'malo mogula zinthu zapamwamba, ndi kuthandiza ena momwe angathere. Mukathandiza ena, thandizo lidzabwera kwa inu mwanjira ina, ndipo simudzasowa chilichonse ndipo .simudzasowa chilichonse

* * *

Mu chisangalalo cha mitima yonse, ndimamva kulira kwa chisangalalo Chanu, Ambuye, ndipo mu ubwenzi wa okhulupirika onse, ndimamva chikondi Chanu ndimasangalala ndipo mtima wanga umakondwera ndi kupambana ndi chitukuko cha anzanga, monga momwe ndimasangalalira ndi moyo wanga wabwino komanso kumasuka kwanga Pamene ndikulimbikitsa nzeru mwa ena, ndimachulukitsa chuma cha nzeru zanga, ndipo mu chisangalalo cha onse, ndimapeza changa

* * *

Mdani wamkulu wa chimwemwe ndi kubwereka ndalama kuti agule zinthu zapamwamba Anthu amakhulupirira molakwika kuti sangakhale osangalala pokhapokha atapeza chinthu china chake. Koma ngakhale atapeza chinthucho, sadzapeza chimwemwe chenicheni, ngakhale chisangalalo cha kanthawi. Kodi cholinga chofunafuna chisangalalo cha padziko lapansi chomwe chimalonjeza kusweka kokha n'chiyani? Anthu ayenera kukhala moyo wosalira zambiri,

osafunikira zinthu zambiri zomwe zimafuna chisamaliro .chokhazikika

* * *

Paradaiso wanga ali mkati mwanga Pamene ndikusangalala ndi madalitso a Mulungu, ndimamuyamika, ndipo chimwemwe changa chamkati chimakula Popanda kukhutira kwamkati, ngakhale zosangalatsa zapadziko lapansi ndi chisangalalo zimakhala gehena, ndazindikira kuti popanda chimwemwe chamkati chimenecho, katundu wa maudindo omwe ndapatsidwa akanandilanda mtendere .wanga ndikundilanda chimwemwe changa

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Ngati chuma chikugwirizana ndi matenda ndi mavuto, zotsatira zake zidzakhala zambiri Ukhondo ndi chisamaliro chaumoyo ndi zina mwa mphamvu za Kumadzulo Tizilombo toopsa ndi majeremusi oopsa amalamulidwa bwino m'maiko otukuka, pomwe ali ambiri m'maiko ena. Koma kuchotsa tizilomboti si chinthu chofunika kwambiri, chifukwa mitundu ina ya mavuto ilipo m'maiko otukuka, monga kulipira ngongole zovuta komanso mavuto azachuma chifukwa cha njira zogulira pang'onopang'ono—mavuto omwe .amasokoneza tulo ndikuwononga mtendere wamumtima

* * *

Ndife gawo lofunika kwambiri la chidziwitso chomwechi .chomwe chilengedwe chachikuluchi chinachokera

* * *

Kodi munayamba mwawonapo gulu la nkhosa? Ngati imodzi mwa izo ilumpha, gulu lonselo limatsanzira mosazengereza Anthu ambiri ali ngati amenewo Winawake angabwere ndi lingaliro kapena kuyambitsa njira yatsopano, ndipo ena nthawi yomweyo amalowa m'gululi ndikulitsanzira. Njira imeneyi yakhalapo kwa mibadwomibadwo. Mtundu uliwonse uli ndi miyambo yake, ndipo sitinganene kuti yonse ndi yolondola kapena

yolondola. Koma ndani akudziwa? Mwina miyambo ina ndi .yopanda tanthauzo komanso yopanda phindu

* * *

Pamene mphepo yamkuntho ya malingaliro ichepa, timalowa mu ufumu wa mtendere ndi kukhudza kukhalapo .kwa Mulungu

* * *

Ganizirani za Mulungu, kapena malo okongola omwe amalimbikitsa mtendere, kapena chochitika chosangalatsa komanso chosangalatsa Kuchita zinthu mwanzeru komanso mwamtendere kumalimbitsa mtima komanso kumatsitsimula

* * *

Tikukhala m'dziko lodzaza ndi chisokonezo. Mungaganize kuti ndalama zimatanthauza chisangalalo, koma mukapeza, mumapeza kuti simukusangalala. Mungapeze chuma ndipo—Mulungu alepheretse—kutaya thanzi lanu. Kapena mungakhale ndi thanzi labwino ndikutaya ndalama zanu. Kapena mungakhale ndi chuma komanso thanzi lanu koma mukuvutika ndi mavuto ambiri ndi ena, kupereka kukoma mtima koma kungokumana ndi mkwiyo ndi chidani. Popanda Mulungu, palibe chilichonse .m'moyo uno chomwe chingakukhutiritseni

* * *

Dziko lapansi lasanduka chipinda chozunzira anthu omwe sadziwa dongosolo la Mulungu. Koma mukamaona zokumana nazo za moyo ngati aphunzitsi anu ndikuphunzira kuchokera kwa iwo za chikhalidwe chenicheni cha dziko lino ndi udindo wanu mu sewero la chilengedwe, zokumana nazo zimenezo zimakhala kuunika kwamtengo wapatali panjira .yopita ku chisangalalo chosatha ndi chimwemwe

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Kumeneko, kupitirira mdima wosadetsedwa, bata lopanda phokoso, ndi kusakhalapo kopanda chilengedwe, kuli umunthu wosatha, womwe ndi chiyambi cha kukhalapo

ndi gwero la mphamvu zonse ndi zamoyo, zooneka ndi .zosaoneka

* * *

Mulungu sanalenge dziko lapansi lino kuti tidye, tigone, ndi kufa, koma kuti tidziwe chifuniro Chake ndikumvetsa cholinga cha kukhalapo kwathu Anthu ochepa anzeru amvetsetsa tanthauzo la dongosolo la chilengedwe chonse, koma anthu ambiri ndi akhungu ndipo sadziwa cholinga .chimenecho

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Ndalama sizinali cholinga changa m'moyo; cholinga changa chinali kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu anatsegula zitseko zambiri za .mwayi kuti ndidzisamalire ndikukwaniritsa ntchito yanga

* * *

Mulungu adalenga chilengedwechi kuti chizigwira ntchito motsatira lamulo lokhazikika komanso losasintha Ngati tiphwanya malamulo aliwonse a chilengedwe chonsewa, timadzilanga tokha Munthu amene amadumpha kuchokera padenga la nyumba yayitali adzaswa mafupa ake. Chifukwa chake, sitinganyalanyaze lamulo la mphamvu .yokoka popanda kuvutika ndi zotsatira zake

* * *

Tikayang'ana mozama za chitukuko cha dziko lapansi ndi kufufuza zinsinsi zobisika za chitukuko chakale, chithunzi chachikulu chimaonekera, chokhala ndi mizere yolumikizana, mitu yosiyanasiyana, ndi tsatanetsatane wolondola, ndipo timapeza kuti munthu ndi munthu payekha komanso .wokonda anthu nthawi imodzi

* * *

Ngati Mulungu amafuna kuti tizikhala ndi moyo wodziwa zinthu zakuthupi zokha, tikanakhutira ndi zinthu zakuthupi .ndi kukhutira ndi njira za dziko lapansi

* * *

Kuwala kwa chiyero, mtendere, ndi chisangalalo kupitirira maloto kumawala ndikuvina m'kuya kwathu kofunikira

* * *

Ndi chochitika chilichonse chomwe chimawonekera kumwamba kwa miyoyo yathu paulendo wathu wapadziko lapansi, tiyenera kuphunzira momwe tingakulitsire chidziwitso chathu komanso momwe tingamvetsetse bwino zomwe zimatizungulira kapena zomwe timakumana nazo, kenako tidzakhala ndi moyo wabwino komanso wogwirizana .bwino ndi anthu komanso moyo wathu

* * *

Anthu ambiri amatsanzira ena. Munthu ayenera kukhala woyambirira komanso wolenga, komanso wodziwa zonse .zomwe amachita

Kum'mawa, cholinga chachikulu chakhala kukulitsa chimwemwe chauzimu, pomwe zinthu zakuthupi m'moyo nthawi zambiri zimanyalanyazidwa Kumadzulo, kuli zinthu zina zosangalatsa zakuthupi koma chimwemwe chamaganizo chochepa kwambiri Chomwe chikufunika ndi kulinganiza pakati pa ziwirizi, chifukwa kuyang'ana mbali imodzi yokha ya moyo kumabweretsa kusalinganika .komanso kulephera kuthana ndi zosowa za moyo mwanzeru

* * *

Chimwemwe chachikulu - pambuyo pa chisangalalo chaumulungu - ndi chakuti munthu akhale pamtendere ndi achibale ake apamtima omwe ayenera kukhala nawo tsiku .lililonse pachaka

* * *

Anthu amawononga nthawi yambiri akuchita zinthu mwachangu komanso mopupuluma popanda kuchita zambiri. Ochepa amaima kaye kuti aganizire ndikuyesera .kumvetsetsa zomwe moyo umapereka

* * *

Tiyenera kugwira ntchito yomanga nyumba zamkati zanzeru m'minda yamtendere yomwe imakula ndi kuwala .ndi maluwa osawerengeka a makhalidwe abwino auzimu

* * *

Mgwirizano wamkati ndi gwero lamphamvu kwambiri ndipo umapanga mphamvu zongowonjezwdwanso

* * *

Poyang'ana moyo, munthu amapeza kuti kupambana sikophweka Moyo nthawi zambiri umakhala wovuta komanso wosakhululuka, ndipo tiyenera kuyesetsa kuti tipeze zofunika pa moyo. Ganizirani za khama lofunika kuti thupi lanu likhale lathanzi komanso lopanda matenda! Ngakhale mutapambana pa izi, kupambana kumeneko ndi kwakanthawi. Thupi—mukhale ndi moyo wautali—lidzaikidwa m'manda. Kufunika kumafuna kulimbana ndi mphamvu zambiri, zamkati ndi zakunja, kuti mukwaniritse zomwe mukufuna. Mphamvu izi zimagwira ntchito mosatopa kuti zikulepheretseni kukwaniritsa chilichonse chofunikira .kwambiri

* * *

Yesetsani kukhala chete pazochitika zonse, ndipo lolani mbewu ya mtendere wanu iphuke ndi chisangalalo ndi .kumwetulira kokhutiritsa

* * *

Ngakhale oyera mtima akuluakulu sapeza chipulumutso chathunthu pokhapokha atagawana chipambano chawo ndi ena, ndiko kuti, zokumana nazo zawo zauzimu ndi chidziwitso chapamwamba, mwa kuwathandiza kupeza .chidziwitso choyera

* * *

Pachifukwa ichi, iwo amene afika pamlingo umenewo ndikufika pamlingo umenewo amakhala ofunitsitsa kupereka kumvetsetsa kwa iwo amene akufunikira. Ngati mukufuna

kupambana kwenikweni, simungotsimikizira chimwemwe .chanu chokha komanso cha ena

* * *

Aliyense wanzeru akhoza kupeza ndalama Koma ngati ali ndi chikondi mumtima mwake, sangagwiritse ntchito ndalamazo pazifukwa zadyera; m'malo mwake, adzagawana ndi ena Ndalama ndi temberero ndi tsoka m'manja mwa odzikonda ndi osowa, komanso dalitso ndi mphatso m'manja .mwa anthu amtima wabwino komanso opatsa

* * *

Wina angasankhe kukhala chete kwa nthawi yayitali, osalankhula ndi abale ake panthawiyo. Ngakhale kuti munthuyu angapeze mtendere wamumtima chifukwa cha zimenezi, khalidwe lake ndi lodzikonda komanso lowononga chimwemwe cha banja lake. Sangaganizidwe kuti ndi opambanadi pokhapokha ngati okondedwa awo nawonso .apindula ndi zomwe akwaniritsa

* * *

Mofananamo, kupambana pa zinthu zakuthupi sikuti ndi ufulu wathu wosangalala tokha, komanso ndi udindo wathu kwa ena powathandiza kukonza zinthu zawo zakuthupi ndi .moyo wawo

* * *

Ndatetezedwa kuseri kwa makoma a chikumbumtima changa choyera. Ndatentha zakale zamdima ndipo ndimangoganizira za lero

* * *

Lero ndazindikira kuti ndine mmodzi wa iwo amene ali ndi kuwala kwa zabwino kwambiri ndipo ndine nyali kwa iwo .amene akulimbana ndi mafunde a nyanja ya chisoni

* * *

Anthu ali ndi malingaliro ndi malingaliro osiyanasiyana okhudza kupambana, kutengera zomwe akufuna pa moyo. Sizachilendo kumva anthu ena akuyerekeza kupambana ndi kuba, akunena zinthu monga, "Anali wakuba wopambana!"

Izi zikugogomezera kuti kupambana m'mitundu yonse ndi mitundu yake ndikofunikira ndipo kumafunidwa. Komabe, .kupambana kwathu sikuyenera kuvulaza ena

* * *

Palinso njira ina yoti tipambane: pamene titha kubweretsa zotsatira zabwino komanso zogwirizana kwa ife eni, tiyeneranso kuphatikiza ena mu kupambana kwathu .ndikugawana nawo zipatso zake

* * *

Kupambana kumatanthauza kukhutira ndi kukhutira kwa munthu mkati mwa malo ake Kupambana kwenikweni ndi zotsatira za zochita zozikidwa pa mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika la chisangalalo cha munthu. Ngati tigwiritsa ntchito mfundo imeneyi pa moyo wathu wakuthupi, wanzeru, wamakhalidwe abwino, ndi wauzimu, tidzakhala .ndi tanthauzo lathunthu komanso lokwanira la kupambana

* * *

Pano m'dziko lino lochepa, timaona kutalika, m'lifupi, ndi kuchulukana, koma pali mulingo wina kumene miyeso siilipo; chilichonse chili chowonekera bwino komanso chowonekera —chilichonse ndi chidziwitso ndi kuzindikira Kumva kukoma ndi kuzindikira, monganso kununkhiza Kumverera kwathu, malingaliro, ndi matupi athu ndi mkhalidwe wa chidziwitso Monga momwe timaonera, kumva, kununkhiza, kulawa, ndi kukhudza m'maloto, momwemonso, pamlingo wapamwamba, kodi timakumana ndi malingaliro onsewa ?kudzera mu chidziwitso choyera

* * *

Ambuye, tisangalatseni mwa kumva kuyandikira kwanu, timasuleni ku zilakolako, ndipo tipatseni chimwemwe chamkati chomwe sichimakhudzidwa ndi zomwe zachitika pa .moyo ndi zochitika zake zosintha

* * *

Pamene maganizo athu akugwirizana ndi malingaliro apamwamba, chidziwitso chauzimu chimadzuka mkati mwathu ndipo timakumana ndi zodabwitsa zodabwitsa za .nzeru ndi chikondi cha Mulungu

* * *

Ngati timakonda Mulungu kwathunthu ndikutembenukira kwa Iye ndi malingaliro ndi mitima yathu yonse, tidzamva kuti tili pafupi naye ndipo tidzapeza kuti Iye .ndiye malo abwino kwambiri otetezeka m'moyo

* * *

Mu malo ooneka ngati opanda kanthu komanso opanda kanthu, pali kulumikizana kwa chilengedwe chonse ndi moyo wosatha womwe umatigwirizanitsa ndi zinthu zonse zamoyo ndi zopanda moyo m'chilengedwe chonse, mafunde a moyo .waukulu akuyenda mu chilichonse chomwe chilipo

* * *

Umuyaya ndiye malo athu enieni komanso malo athu okhalamo kosatha, ndipo kukhala kwathu m'matupi awa ndi moyo wakanthawi, ngati kupuma kwakanthawi kwa gulu la .anthu oyenda m'chipululu

* * *

Tikagwirizana ndi mphamvu zolenga za mzimu, tidzalumikizana ndi malingaliro apadziko lonse lapansi komanso opanda malire omwe angathe kutitsogolera ndikuthetsa mavuto athu. Mphamvu yolenga idzatifikira mosalekeza kuchokera ku gwero lalikulu la umunthu wathu, zomwe zimatithandiza kuti tipambane pa ntchito zathu .zonse

* * *

Chikondi chimakula ndikukula bwino m'malo okhulupirirana, kulolerana, ndi kulemekezana

* * *

Ambuye, tidalitseni ndi kuwala kwa malingaliro oyera ndi zizolowezi zabwino, kotero kuti ngati mdima wa zizolowezi zoipa ndi malingaliro opotoka utifikira,

udzachotsedwa nthawi yomweyo. Tithandizeni kukukondani ndi chikondi chachikulu kotero kuti zinyengo zakuthupi kapena mayesero adziko lapansi sizingatigwire kapena .kutilanda malingaliro ndi mitima yathu

* * *

Zinthu zomwe zimapezeka mosavuta sizimakhala zamtengo wapatali. Timadziwa izi pophunzira miyoyo ya amuna ndi akazi olemekezeka komanso momwe adakhalira opambana pokulitsa luso lawo, kukwaniritsa maudindo awo, kumanga makhalidwe awo abwino, kuphunzira mozama, komanso kupewa kudzikonda. Koma zotsatira zomwe adapeza komanso zomwe adakwaniritsa zinali zazikulu .kwambiri kuposa khama lomwe adagwiritsa ntchito

* * *

Ufulu weniweni uli mu ufulu wosankha wotsogozedwa ndi nzeru ndipo umathandizidwa ndi kumvetsetsa, kulondola, ndi chifuniro chokhazikika

* * *

Mukadzutsa chifuniro chanu, kutsimikiza mtima kwanu, ndi kuzindikira kwanu, mphamvu zosaoneka zimatulutsidwa kuchokera ku chidziwitso chapamwamba—kudzera mu chidziwitso cha mzimu—kuti zikuthandizeni ndikuwunikira njira zopita ku chitonthozo chamaganizo ndi chimwemwe, .mothandizidwa ndi Mulungu

* * *

Munthu ayenera kutsegula njira za moyo wake kudzera mu khama lake Palibe amene amasankha mwadala kuvutika ndi chisoni m'malo mwa mtendere ndi chimwemwe Kusadziwa ndiye muzu wa kuvutika ndipo chopinga chomwe chiyenera kuchotsedwa ndikuchotsedwa Kusadziwa ndi udzu woopsa, wozika mizu, womwe umamera m'munda wa anthu ndikuchotsa zomera zabwino komanso zopindulitsa

* * *

Kusadziwa kuyenera kugonjetsedwa ndi chifuniro chosagwedezeka ndi kutsimikiza mtima. Dothi la maganizo

liyenera kulimidwa ndi chidwi chachikulu [pa zabwino], ndi mbewu zabwino zothiriridwa ndi madzi a chikhulupiriro. Pamene kuwala kwachikondi ndi kofunda kukuwalira, mbewu ya ubwino idzakula ndikugonjetsa udzu ndi zomera zoyabwa, .chifukwa mdima sungakhalepo pamene pali kuwala

* * *

Zosangalatsa za zinthu zakuthupi zimazimiririka ndi kutha, koma chisangalalo cha Mulungu sichimazimiririka. Ndi chisangalalo cha Mulungu chomwe sichingathe .kufotokozedwa

* * *

Sitiyenera kugwiritsa ntchito njira zolakwika kuti tipeze chimwemwe, komanso sitiyenera kusiya mtendere ndi chuma chauzimu chomwe tili nacho mkati mwathu pofunafuna chitonthozo chabodza komanso moyo wowala womwe ungapachikidwa patsogolo pathu chifukwa cha zochita ndi makhalidwe oipa omwe ali ndi zotsatirapo .zowononga

* * *

Bata ndiye kamera yabwino kwambiri yojambulira kukhalapo kwa Mulungu. Kudzera mu lens ya bata loyera komanso lolunjika bwino, chithunzi chodala chidzawonekera .bwino kwambiri

* * *

Ndipotu, nzeru zonse zili mwa inu nokha ndipo chomwe mukufunikira ndikudziwa bwino za izo

* * *

Kukhutira kwenikweni kuli mu kudzikonza, kotero kuti ena akufuneni m'malo mofunafuna inu. Chikondi ndi ubwenzi ziyenera kuperekedwa mwaulere, popanda kuyembekezera kapena kufuna. Chiyembekezo chimangobweretsa mavuto ndi kusasangalala. Ngakhale pamene mukuyesetsa kudzikonza, munthu ayenera kukhala yekha, wotetezeka

komanso wamtendere mkati mwa linga la makhalidwe .abwino ndi kudziona kuti ndi wofunika

* * *

Mathithi a chisangalalo ndi chiyembekezo atuluke nthawi zonse mumtima mwanga, ndipo madzi awo otsitsimula akhudze onse omwe ndikumana nawo

* * *

Chimwemwe chauzimu chimapanga mumtima chikhumbo chothandiza ena m'njira iliyonse, ndipo chimakulitsa luso loyamikira zosangalatsa zabwino zomwe zimatsogolera ku chimwemwe, motero kuchepetsa .chilakolako cha zosangalatsa zopanda pake

* * *

Kaya udindo wanu ndi wochepa bwanji, umakhalabe wofunikira monga momwe maudindo akuluakulu amathandizira kuti sewero la cosmic lipambane lomwe .mizimu imachita pa siteji ya moyo

* * *

Chikumbumtima chonse ndi chidziwitso chopanda malire, chomwe chimadzikonzanso nthawi zonse ndipo luso lake silimatha, ndipo kudzera mwa inu chimayesa .kufotokoza mbali yapadera ya icho chokha

* * *

Ngati mulawa chikondi cha Mulungu ngakhale kamodzi, simudzachisiya chifukwa palibe china chonga icho .m'chilengedwe chonse

* * *

Anthu amene amadziwa Mulungu afika pamlingo wapamwamba kwambiri wauzimu, kotero kuti sakhutira ndi kungopereka uphungu wauzimu kwa ochimwa, koma akhoza - mwa chisomo ndi thandizo la Mulungu - kuwapatsa mphamvu yauzimu yomwe imawathandiza ku zotsatira za .zochita zawo zauchimo

* * *

Ntchito zonse zabwino ndi zoyipa zimakhala zobisika mu ubongo ndipo zimawoneka ngati zabwino kapena zoyipa .m'maganizo

* * *

Munthu amene ali ndi zizolowezi zoipa chifukwa chakuti maselo a muubongo wake ali ndi mphamvu ya zizolowezi zimenezo akhoza kudzimasula yekha mwa mphamvu, kusinkhasinkha, kupemphera moona mtima, ndi kutsimikizira kosalekeza mpaka zizolowezi zake zonse zosafunika zitasanduka zizolowezi zabwino za mtendere ndi bata. Izi zimachitika pamene mphamvu ya moyo yoyendetsedwa bwino imagwira ntchito yosintha mawonekedwe osazolowereka a maselo a muubongo, kuti maselo amenewo adzazidwe ndi zabwino zonse, zabwino, .komanso zokongola

* * *

Kumvetsetsa ndi diso lamkati, masomphenya a moyo, ndi telesikopu ya mtima. Ndi mgwirizano pakati pa bata la .maganizo ndi chiyero cha chikumbumtima

* * *

Tsiku lililonse timaona zochitika zosiyanasiyana, ndipo tsiku lililonse limabweretsa phunziro latsopano loti tiphunzire. Munthu akuyembekezeka kuphunzira phunziroli poganizira cholinga chachikulu cha kukhalapo kwake: kuzindikira komwe adachokera komanso maziko a moyo .wake

* * *

Tiyeni tigwire ntchito kuti tiiwale chisoni cha m'mbuyomu ndipo titsimikize kuti sitidzachiganizira mozama. Ndi kutsimikiza mtima kosalekeza komanso chifuniro chogwira ntchito, tiyeni tikonzenso miyoyo yathu, tiwonjezere kupambana kwathu, ndikukulitsa mwa ife tokha .makhalidwe abwino ndi makhalidwe abwino

* * *

Aliyense amene amaulula zofooka za ena ndikuwachititsa manyazi ndi mkwiyo sali wanzeru komanso woganiza bwino.

* * *

Mawu a nthawi zonse ndi malo onse

Iwo amene ali mu mgwirizano ndi Mulungu amaona kukongola kodabwitsa ndipo amamva kukoma kokoma kwambiri komwe sikungamveke mwanjira ina iliyonse.

Pamene moyo wanga unafuulira kwa Inu, mitambo ya chete Chanu inaphulika, Mulungu, ndipo mvula ya chifundo Chanu inagwa mwamphamvu mpaka inakhala kusefukira kwa chisomo Chanu Mtsinje wanu wodalitsika unaphimba magombe a moyo wanga, ndipo moyo wanga unalowa m'madzi amuyaya, ndipo thovu la moyo wanga waung'ono linasungunuka m'nyanja ya moyo Wanu wonse.

Mlangizi wanga anandiphunzitsa momwe ndingagwiritsire ntchito chisel ya nzeru kuti ndipange kachisi woyenera kukhalapo kwa Mulungu.

Ngati mukufuna kukwaniritsa cholinga chabwino, yambani mwa kupanga chitsanzo cha maganizo. Tsopano mutha kukhazikitsa njira iliyonse mu chikumbumtima chanu ngati mubzala lingaliro lolimba m'maganizo mwanu; ndiye kuti umunthu wanu wonse udzagwirizana ndi lingaliro limenelo, ndipo zochita zanu zidzagwirizana nalo.

Mukakhudza mtima wa Mulungu, mavuto anu adzatha, chikondi chidzadzaza mtima wanu, ndipo zochitika zabwino zauzimu zidzavina ngati akasupe oyera m'minda ya malingaliro anu.

Mitambo yambiri imayesa kukubisani ndi kukubisani kwa ine, koma kudzera mu mame a misozi yolakalaka, dzina lanu lodala limaoneka kwa ine likuwala ndi zilembo zagolide zowala kuchokera kuseri kwa makatani ndi zophimba zonse.

Chiyero cha chikumbumtima chimatanthauza kuchita zinthu momasuka ndi choonadi

Pali zosowa zofunika kwambiri ndipo zomwe ena amaona kuti ndi "zofunikira" zomwe kwenikweni sizofunikira komanso zosafunikira. Moyo uyenera kukhala wosavuta poganizira zosowa zofunika kwambiri ndikuchotsa zinthu zosafunikira zapamwamba.

Ubwenzi wanu ndi wapamwamba bwanji, ndipo nthaka yanu ndi yachonde komanso yopatulika bwanji! Chikondi ndiye chakudya chanu ndipo kukhulupirika ndiye chakumwa chanu

Anthu awiri akamayenda mogwirizana ngakhale kuti ali ndi kusiyana, amagwirizanitsidwa ndi cholinga chimodzi: kupeza mtendere ndi bata la moyo m'chikondi choyera ndi kukhulupirika kwa onse ndipo pamene wokonda safuna kusangalala ndi wokondedwa wake, m'munda wachifundo, maluwa onunkhira a ubwenzi amaphuka ndi kufalitsa fungo lawo lokoma.

Dziko lapansi limaphunzitsa maganizo athu mwanjira ina, kutipangitsa kuzolowera zinthu zambiri kotero kuti timayamba kuganiza kuti chisangalalo sichingapezeke popanda izo. Koma moyo, makamaka miyoyo ya ana, iyenera kukhala yosavuta; apo ayi, moyo udzawaphunzitsa kudzera mu zokhumudwitsa zowawa.

Chowonadi ndi cholondola komanso chenicheni kuposa kungoganiza chabe kapena kungoganiza chabe, koma zomwe timaganiza kapena kuganiza nthawi zina zimatha kuchitikadi

Kuganiza ndi chinthu chofunikira kwambiri pakupanga malingaliro. Komabe, malingaliro ayenera kukula ndikusintha kukhala chitsimikizo cholimba, ndipo izi sizingatheke popanda mphamvu yamphamvu yofuna kuchita chilichonse.

Ngati muganiza chinthu ndi mphamvu zanu zonse, malingaliro anu adzasintha kukhala chikhulupiriro chanu, ndipo pamene mungathe kusunga chikhulupiriro chimenecho

Ngakhale pali malingaliro onse otsutsana, kutsimikiza mtima kwanu kudzaonekeradi

Munthu ayenera kuphunzira kudziyimira pawokha, wothandizidwa ndi makhalidwe ake abwino komanso .kudziona kuti ndi wofunika

Chimwemwe chauzimu ndi chisangalalo chatsopano ndipo chimawonekera kwambiri mwa iwo omwe amaganizira mozama za Mulungu. Ndi chisangalalo chomwe chimathandiza kupanga zisankho zoyenera ndikuchita zinthu zoyenera, ndipo chikapezeka, zilakolako ndi zilakolako zoipa zimatha chifukwa zimataya kukongola kwawo poyerekeza .ndi chisangalalo chauzimu

Mlengi wathu Wamphamvuyonse watipatsa moyo, mphamvu, ndi nzeru, ndipo ndi udindo wathu kumupatsa Iye chisamaliro chathu ndi kukweza mitima yathu kwa Iye mwachikondi, chiyamiko, ndi kuzindikira chisomo ndi .kukoma mtima Kwake

Ndithandizeni, Mulungu, kuti ndisayatse moto wa mkwiyo, kuti ndisayatse moto wa mkwiyo, malo obiriwira a mtendere mkati mwanga ndi mwa ena. Ndithandizeni kuzimitsa moto wa mkwiyo ndi mvula ya chikondi changa .yomwe imagwa nthawi zonse

Nyanja ya kufatsa kwanga ndi mtendere wanga zikhale bata komanso bata, zosasokonezedwa ndi mphepo yamkuntho yosakhutira yomwe imabweretsa mavuto okha

Kuchita zinthu chifukwa chodziona kuti ndi udindo, kapena kusiya zofuna zanu potumikira ndi kukonda munthu wina, kuli bwino kwambiri kuposa kuchita zimenezo chifukwa .cha mantha

Ngakhale munthu akasiya kuswa malamulo a Mulungu, ayenera kutero chifukwa chokonda Mulungu, osati chifukwa .choopa chilango Chake

Chilichonse chimene mumaopa, chotsani maganizo anu pa icho. Siyani m'manja mwa Mulungu ndipo limbitsani .chidaliro chanu mwa Iye

Mantha nthawi zonse amakhala ndi munthu, ndipo kuchotsa manthawo n'kotheka poganizira za Mulungu .ndikumva kukhalapo kwake

Poyamba zingakhale zovuta kuyenda m'njira za makhalidwe abwino, koma ndi njira zodalitsika zomwe zimatsogolera ku mtendere wamumtima ndi chimwemwe .chenicheni

Ulemerero wa Mulungu uwale pa ngodya iliyonse ya miyoyo yathu, chikondi chake chikhale m'mitima mwathu, .ndipo kuunika kwake kudzaze chidziwitso chathu

O wokondedwa wanga, maluwa amaphuka ndipo nyengo zimasintha, ndipo zonse zimalankhula za inu. Mwezi wathunthu umavumbula mawonekedwe a kumwetulira kwanu, ndipo dzuwa limanyamula nyali yanu yakumwamba. Ndikusambira m'nyanja ya misozi, yodzaza ndi kulakalaka kwanu. M'masamba a mitengo ndi mitsempha ya anthu mumayenda moyo wanu ndi mphamvu zanu, ndipo ndikumva kugunda kwa mtima wanu wakumwamba kugunda .mkati mwanga

Ndikamva kukhalapo kwanu, ndimamva ngati ndili maso m'dziko lina, ndipo nthawi ndi nthawi ndimalota za dziko lapansi lino ndi thupi laling'ono ili—langa ndimakhala maso m'chisangalalo chosatha, ndipo maloto anga a moyo wapadziko lapansi amanunkhira bwino ndi zokumbukira zosangalatsa za nthawi yanga yodzuka ndi inu. Ndachotsa udzu wa maloto oipa m'munda wa maloto anga ndipo m'malo mwake ndabzala maluwa a kudzoza kwanga, komwe fungo la chikhumbo changa lidzakukokerani, ndipo mudzabwera kudzanditenga nanu kupita ku thambo la .chisangalalo chosatha

Mulungu, ndipangeni kukhala wowonekera bwino ndi woyera mtima kuti ndibweretse kuwala kwanu kochiritsa mkati mwanga

Khazikitsani galasi logwedezeka la malingaliro anga kuti liwonetse nkhope yanu yopanda malire

Tsegulani mazenera a chikhulupiriro kuti ndipume fungo la mtendere wanu

Inu amene muli wowala mwa Inu nokha, Inu Mfumu amene simukumvetsa tanthauzo lake, yang'anani ndi maso anga amene akukulakalakani, kuti ndisaone chilichonse .kupatula Inu

Kumbuyo kwa zochitika zonse ndi mawonekedwe a moyo kuli mawu opanda phokoso a Mulungu, amene nthawi zonse amatiitana kudzera m'maluwa, m'mabuku opatulika, m'chikumbumtima chathu, ndi zinthu zonse zokongola .zomwe zimapangitsa moyo kukhala wofunika

Khama lililonse limene wofunafunayo amachita kuti akafike pamlingo wauzimu limawerengedwa ndi Mulungu chifukwa cha iye ndipo limalipidwa bwino chifukwa cha .zimenezo

Tikupemphani, Ambuye, kuti muunikire maganizo athu ndi kuunika kwa choonadi chanu, kuti mitima yathu igunde ndi chikondi chanu, ndi kudzaza miyoyo yathu ndi .chimwemwe chanu ndi kuchuluka kwa chisomo chanu

Kuchokera ku thambo lowonekera lomwe malingaliro sangalowemo, Mulungu amatsanulira kuwala kwake kosatha. Ndipo kuchokera ku malingaliro a chilengedwe chonse kumabwera zolimbikitsa zazikulu ndi mphamvu zodala, ndipo ntchito yolenga imapita m'maganizo otseguka komanso .ogwirizana

Mukapeza kuti moyo wanu, mtima wanu, kuwala kulikonse kwa kudzoza, thambo labuluu, nyenyezi zowala, mapiri, dziko lapansi, mbalame, ndi maluwa zonse zalumikizidwa pamodzi ndi ulusi umodzi wa kayendedwe ka chilengedwe, chisangalalo chauzimu, ndi mgwirizano wa chilengedwe chonse ndiye mudzazindikira kuti zonse ndi mafunde pachifuwa cha nyanja yaumulungu yomwe ilibe .gombe

Ngati tiiwala Mlengi wathu, tiyenera kuvutika. Tiyenera kuzindikira kuti Mulungu ndi wokondedwa wathu ndipo

amatikonda, ndipo chidziwitso ichi chidzatimasula ku mavuto .ndi kuvutika kwathu

Wokonda Mulungu weniweni sasiya kumufunafuna, ngakhale atalephera kumupeza atayesa kangapo. Monga momwe mafunde ayenera kubwerera pakati pa nyanja pambuyo poti mphepo yamkuntho yatha, momwemonso wofunafuna moona mtima; ali ndi chikhulupiriro chobisika chakuti zopinga zidzasweka ndipo mosakayikira adzagwirizana ndi nyanja yakumwamba posachedwa—nyanja yopanda malire yomwe anachokera ndi yomwe .amabwerera

Pamene maganizo nthawi zonse amaganizira za wokondedwa wa Mulungu, mtima umaimba nyimbo za chisangalalo ndi chimwemwe

Kubadwa kwauzimu ndi kutuluka kwa munthu kuchokera pa zomwe ali pano kupita ku zomwe adzakhala .mtsogolo

Munthu sangabise umunthu wake weniweni kwa ena, kugwedezeka kwa malingaliro ake kudzaonekera m'makhalidwe ake ndipo kudzaonekera kudzera mu zochita .zake

Pali ambiri omwe ali ndi lingaliro lolakwika pa ufulu; amaona kuti ufulu ndi kuchita chilichonse chomwe munthu akufuna kuchita, ndipo ine ndimatcha ufulu uwu ufulu wa .zomwe akufuna

Chifukwa chosamvetsetsa bwino tanthauzo lenileni la ufulu, makolo ena amaika ana awo muukapolo ku miyambo mwa kukwaniritsa zomwe akufuna nthawi yomweyo. Mwanayo amakula akukhulupirira kuti bola ngati zomwe akufuna zakwaniritsidwa, amakhala osangalala, ndipo cholinga cha moyo ndikukwaniritsa zomwe akufuna. Komabe, pambuyo pake amapeza kuti anali olakwika , chifukwa dziko lakunja ndi losiyana kwambiri ndi moyo wapakhomo, ndipo amaphunzira kuti kukwaniritsa zomwe akufuna sikophweka! Ena angawakankhire pambali

ndikuwanyalanyaza pofunafuna zomwe akufuna. Chifukwa chake, mwanayo amakhala wouma mtima komanso wopanda mphamvu m'maganizo chifukwa cha chilakolako chachikulu chokwaniritsa zomwe akufuna. Chifukwa chake, makolo ayenera kuthandiza ana awo kukulitsa chifuniro chawo ndi kuzindikira kuti athe kukhala m'dziko lapansi popanda kugwa mu misampha ndi misampha yake.

Amayi akuti, "Muphunzitseni mwachikondi" Inde, kuchitira ana mwachikondi nthawi zambiri kumakhala bwino, koma kukoma kwambiri kumawononga mano, ndipo mofananamo, kuwasamalira kwambiri kumawononga ana. Kulimba mtima ndi kutsimikiza mtima n'kofunika, koma ngati mwana akuchitiridwa nkhanza ndi kulangidwa mwankhanza chifukwa cha kulakwitsa, zotsatira zake zidzakhala zoopsa. Payenera kukhala kulinganiza momwe ana amachitiridwa ndi kuchitiridwa; bambo aliyense ayenera kuchepetsa khalidwe lake ndi chikondi ndi chifundo, ndipo mayi aliyense ayenera kuwonjezera chikondi chake ndi nzeru ndi nzeru.

Munthu ayenera kukhala ndi chikondi chokhazikika komanso kulakalaka Mulungu. Ndayesa ntchito zambiri, koma kaya ntchito yanga ndi yotani, maganizo anga nthawi zonse amakhala ndi Mulungu.

Tiyenera kusangalala ndi chilengedwe ichi, koma popanda kuchilola kuti chitipangitse kukhala akapolo. Ndipo zomwe zandichitikira zandiphunzitsa kuti chisangalalo chopeza Mulungu n'chosayerekezeka.

Munthu asanayambe ntchito zazikulu, ayenera kukhala chete, kutonthoza maganizo ndi malingaliro, kusinkhasinkha mozama, ndikupempha thandizo la Mulungu kuti apeze chitsogozo chauzimu ndi malangizo abwino.

Ndiloleni ndizindikire kuti kumwetulira pankhope ya m'bandakucha, pamilomo ya maluwa, ndi pankhope za amuna ndi akazi olemekezeka ndiko kumwetulira kwanu.

Sindidzakhudzidwa ndi zithunzi zotsatizana za mavuto, tsoka, matenda, kapena zopinga zilizonse

zosayembekezereka chifukwa ndikuzindikira kuti chidziwitso chophunzitsidwa bwino chogwirizana ndi chidziwitso cha chilengedwe sichimavutika ndi zolephera ndi .zokhumudwitsa

Ufulu umatanthauza kuthekera kochita zinthu motsatira nzeru, osati motsatira zilakolako, zizolowezi, ndi zokhumba. Kumvera dyera kumabweretsa ukapolo, pomwe kugonjera ku zolimbikitsa za mzimu kumabweretsa kumasuka ku .zoletsa

Sizikusiyana kwa ine kaya ndikukhala m'nyumba yachifumu yapamwamba kapena m'nyumba yonyozeka, bola .ngati Mulungu ali nane

Ndigwiritsa ntchito ndalama zanga zomwe ndapeza moona mtima kuti ndikhale moyo wosalira zambiri, osati moyo wolemera kwambiri

Kudzera mu chikhulupiriro mwa Mulungu ndi kugwiritsa ntchito mphamvu ya chifuniro, munthu amatha kugonjetsa matenda, kulephera, ndi kusadziwa, bola ngati kugwedezeka kwa chifuniro kuli kolimba kuposa kugwedezeka kwa matenda akuthupi kapena amisala. Matendawa akakula, chifuniro chiyenera kukhala champhamvu komanso chotsimikizika, komanso chikhulupiriro chimalimba komanso .cholimba, kuti tikwaniritse zomwe tikufuna

Mundilimbikitse, Ambuye, kuti ndiike chidaliro changa mwa Inu nokha, osati njira zodzitetezera za anthu. Musalole mantha ndi nkhawa kulepheretsa mphamvu zanga zopanda malire kuti ndikumane ndi mayesero aliwonse a moyo. Musalole kuti ndiganizire ngozi, masoka, ndi mavuto chifukwa choopa kuwonekera kwenikweni kudzera mu malingaliro ndi malingaliro. Ndipo mulole kuti ndizindikire, Ambuye, kuti kaya ndili maso kapena ndili mtulo, ndili maso kapena nditasochera m'maloto a masana, ndili moyo kapena ndikufa, Kukhalapo kwanu koteteza kumandizungulira ndi .kunditeteza

Anzeru amati: Chipatso cha ntchito zabwino zotsogozedwa ndi chikondi cha Mulungu ndi ubwino wake ndi mgwirizano ndi chiyero. Chipatso cha ntchito zotsogozedwa ndi zilakolako ndi zolinga zadyera ndi ululu ndi kuvutika. .Chipatso cha ntchito zoipa ndi umbuli ndi kupusa

Mabasa abwino amabweretsa chimwemwe, pomwe machitidwe adziko lapansi otsogozedwa ndi kudzikonda amabweretsa mavuto ndi ululu. Komabe, kupitiriza kuchita zoipa kumawononga luso la munthu lozindikira ndi .kumvetsetsa

Ngati mukufuna kukhala mwamtendere ndi mogwirizana, zolinga zanu ziyenera kukhala zabwino, ndipo muyenera kufalitsa malingaliro a kukoma mtima ndi chikondi. Ngati mukukhala moyo wabwino, mudzathandiza .ena kudzera mu chitsanzo chanu ndi khalidwe lanu labwino

Nthawi yomwe ndikumva nkhawa komanso kusokonezeka maganizo, ndidzakhala chete ndikuganizira mpaka nditakhazikikanso, ndipo tsiku lililonse ndimayamba kuganizira za Mulungu ndikupempha thandizo ndi chitsogozo .Chake

Tsimikizani kuti musalole udzu wovuta wa chidani kukula ndikulowa m'munda wa moyo wanu, munda wodzaza ndi makhalidwe abwino a mzimu wabwino. Ndipo mukakulitsa kwambiri makhalidwe onunkhira awa, ofanana ndi duwa, Mulungu adzakuwululirani chinsinsi chachikulu cha .moyo mkati mwanu

Cholinga cha moyo ndikupeza mtendere, kukhutira, kusafa, chitetezo, ndi chidziwitso cha choonadi, ndipo pakati pa zilakolako izi zomwe zimatilimbikitsa mkati mwathu pali .umulungu womwe uli mkati mwathu

Ndipeze ufulu wanga mwa Inu, Ambuye, ndi kuzindikira kuti kwathu kwenikweni ndi kukhalapo kwanu konse ndipo ndine gawo lofunika kwambiri la chidziwitso chanu cha .chilengedwe chonse

Nyanja yayikulu, yopatulika, lolani mitsinje ya zilakolako zanga, yoyenda m'zipululu za zopinga ndi zopinga, potsiriza isakanizike mu kuya kwanu kwakukulu9

Kuli linga la Mulungu lokha ndi komwe timapeza chitetezo, ndipo palibe malo otetezeka kuposa kumva pafupi .ndi Mulungu ndikukhudza kukhalapo kwake

Popeza anthu amalamulidwa ndi zizolowezi zomwe zimapanga zilakolako zawo, zizolowezi zawo, makhalidwe awo, ndi zilakolako zawo, ngati zizolowezizo zili zoipa, khalidwe lawo limakhala loipa ndipo zochita zawo zimakhala zoipa. Chifukwa chake, ndibwino kuti tiziika patsogolo zizolowezi zabwino, chifukwa zimatsogolera zochita zathu ndi malingaliro athu ku zolinga zabwino ndikutipatsa thanzi .ndi chimwemwe

Kulikonse komwe kuli miyoyo yachisoni ndi yovutika, ndimapeza chitonthozo powatumikira ndi kuwatonthoza. Ndidzachita zonse zomwe ndingathe kuti ndibweretse chisangalalo kwa ena ndipo ndidzawamvera chisoni ngati .kuti ndi ine ndekha

Luso la maganizo lilipo mwa anthu, koma anthu ambiri sali okhwima mokwanira, ndipo kulephera kukulitsa luso limeneli kumabweretsa zotsatirapo zoopsa. Monga thupi, maganizo amafunika kudya bwino komanso kuchita masewera olimbitsa thupi kuti akhale ndi thanzi labwino .komanso mphamvu

Daimondi imalandira ndi kuwonetsa kuwala, ndipo miyoyo yoyera, yowonekera bwino yomwe imadziwa Mulungu ndi kuwala ndi kukhalapo kwake imalandiranso .kuwalako

Ambuye, Inu ndinu chuma chenicheni m'moyo, ndipo pokupezani Inu choyamba ndidzapeza mwa Inu chilichonse chomwe ndikufuna

Anthu nthawi zambiri amangoganizira za chakudya, mpweya, ndi kuwala kwa dzuwa kuti akhale ndi thanzi labwino, koma nthawi zina thanzi limachepa ngakhale kuti

pali zinthu zambiri zakunja. Pamenepo pamafunika kubwezeretsanso mphamvu zomwe thupi limasunga .kuchokera mkati

Ngati bwato la m'maganizo mwanga lifika pa miyala ya zilakolako zadyera zomwe zimaphatikizapo zoopsa ndi zoopsa, zoyendetsedwa ndi mphepo yamkuntho ya umbuli, ndiye kuti, O Mulungu wanga, khalani nyali yanga ndipo nthawi zonse munditsogolere ku gombe la chilungamo .Chanu ndi ubwino Wanu

Lingaliro lili ngati lawi lomwe mphamvu yake yokhazikika iyenera kugwiritsidwa ntchito kuwotcha zopinga .zomwe zimalepheretsa kukwaniritsa zomwe mukufuna

Mulungu amapezeka kudzera mu chikondi cha Mulungu chosatha. Tikamakonda Mulungu kuposa mphatso zake, adzabwera kwa ife. Watipatsa ufulu wosankha ndi mphamvu yosankha kuti tithe kusiyanitsa pakati pa mphatso za dziko lapansi zosakhalitsa ndi zosafunika ndi mphatso yoyandikira .kwa Iye ndi chisangalalo cha kukhalapo kwake kodala

Tinapatsidwa chikumbutso kuti tithe kuchita zinthu zabwino mpaka titakumbukira zabwino kwambiri: Mulungu Mphepo ya chikondi chanu ikuyenda mwa ine, Ambuye!

Ndipo masamba a moyo wanga akuvina ndi chisangalalo pa kubwera kwanu. Kugwedezeka kwawo kosangalatsa kumadutsa mlengalenga, kuitana otopa kuti apumule .mumthunzi wa mtendere wanga wauzimu

Mavuto a moyo si cholinga chake kuti ativulaze; m'malo mwake, mavuto ndi matenda zimatipatsa maphunziro. Zokumana nazo zathu zopweteka sizikutanthauza kutiwononga, koma kutiyeretsa ndikufulumizitsa kubwerera kwathu ku gwero lathu loyera—Mulungu—yemwe amagwira ntchito m'njira iliyonse kuti atithandize ndikutibwezeretsa ku .nyumba yathu yakumwamba

Kusatha ndi kwawo kwenikweni, ndipo ulendo wathu wopita padziko lapansi lino ndi m'matupi awa uli ngati .ulendo wa visa wa kanthawi kochepa

Ambuye, ndikudziwa kuti kutamandidwa sikundikweza, komanso kudzudzulidwa sikundichepetsa. Ndili monga momwe ndiliri pamaso pa chikumbumtima changa ndipo pamaso pa Inu ndipitiliza kuyenda panjira iyi, ndikuchita zonse zomwe ndingathe kuti nditumikire aliyense ndikuyesetsa kupeza chiyanjo Chanu—ndi mmenemo muli chimwemwe changa.

Ndiwe cholengedwa chapadera ndipo umunthu wako ndi wodabwitsa, choncho dziwani umunthu wanu weniweni Mukadzafika, maluwa a chilakolako changa adzaphuka n’kukhala maluwa onunkhira bwino komanso okongola.

Ambuye, fulumizitsani kubwera kwa tsiku limenelo pamene ndidzaluka mkanda wa maluwa oumawo ndikuuyika pa khomo lanu lodala.

M'malo moyesetsa nthawi zonse kudzikondweretsa yekha, ayeneranso kuyesa kubweretsa chimwemwe kwa ena Akamayesa kupereka chithandizo chauzimu, chanzeru, kapena chakuthupi kwa ena, adzapeza kuti zosowa zake zakwaniritsidwa ndipo chikho cha moyo wake chidzadzaza ndi chimwemwe.

Iwo amene adzapambana mdima padziko lapansi adzakhala ndi kuwala kwa ulemerero ngati gawo lawo ndipo adzasangalala ndi mtendere wamumtima ndi chimwemwe.

Ambuye, falitsani nthawi zonse mbewu za madalitso Anu m'nthaka ya mtima wanga, zolimidwa ndi pemphero, kuti zikule kukhala mitengo yamthunzi yomwe nthambi zake zimabala zipatso zokoma komanso zokoma kwambiri zodzidziwitsa.

Nthawi zambiri timakhalabe mu ululu popanda kuyesetsa kusintha, ndipo ndichifukwa chake sitipeza mtendere ndi chikhutiro chokhalitsa Ngati titapirira ndikuchita khama, tingathe kuthana ndi mavuto onse Tiyenera kuyesetsa kuchoka pamavuto kupita ku chimwemwe, komanso kuchoka pa kutaya mtima kupita ku kulimba mtima

O Chikondi Chaumulungu, gwirizanitsani chikondi changa ndi chikondi Chanu, phatikizani moyo wanga ndi chisangalalo Chanu, malingaliro anga ndi chidziwitso Chanu cha chilengedwe chonse, ndipo thetsani ludzu langa .kuchokera ku kasupe wa chisangalalo Chanu chosatha

Mtima wa munthu wofunafuna choonadi nthawi zonse umanong'oneza kuti: "Mulungu wanga ndi wokondedwa wanga, sindikufuna kukhudzidwa ndi chisokonezo cha dziko lonyenga ili, ndipo chomwe ndikufuna ndikudzutsa chikondi Chanu m'mitima ya anthu. Mtima wanga, moyo wanga, thupi langa, maganizo anga, ndi zonse zomwe ndili nazo ndi zanu, Ambuye." Wofunafunayo amafika kwa Mulungu ndipo .amamudziwa Iye

Ambuye, tipatseni kumvetsetsa kwatsopano komanso koona kwa ubale. Tiyeni tisiye nkhondo ndikuchiritsa mabala a mitundu ndi mankhwala achikondi ndi chitonthozo .chosatha cha kumvetsetsa kwachifundo

Tidalitseni kuti timasulidwe ku chikoka cha umbombo, ulamuliro wa chinyengo, ndi ulamuliro wa zinyengo, ndipo mutithandize kumanga dziko latsopano momwe matenda, umbuli, ndi njala zili ngati maloto chabe a zakale .zosasangalatsa komanso zomvetsa chisoni

Tiyeni tithetse mavuto onse osati ndi nzeru za m’nkhalango, koma ndi kumvetsetsa, choonadi, ndi chikhulupiriro chosagwedezeka mwa Inu ndi chilungamo .Chanu cha Mulungu

Moyo watigwirizanitsa pano kwa kanthawi, kenako tidzapita njira zathu zosiyana. Koma ngati chikondi cha Mulungu chili mkati mwathu, sizili kanthu kuti tipita kuti, chifukwa ngakhale titasochera bwanji, tidzakhalabe mkati mwa bwalo la chikondi cha Mulungu ndipo .sitidzalekanitsidwa kwenikweni

Ambuye, ndipangeni kukhala chiwombankhanga chauzimu chomwe chikukwera pamwamba pa njira zochepetsera malingaliro ndi zochita zankhanza

Ndiitaneni kuti ndifike kumadera okwera kwambiri, kupitirira kugwedezeka kwamphamvu kwa dziko lapansi ndi mitambo yomwe imatseka kuwala kwa dzuwa

Ndiloleni nditenge mapiko abwino kuti ndikhale ndi moyo wabwino, ndipo ndiloleni ndikwere kumwamba kwakutali pamwamba pa mphepo zamkuntho ndi mphepo zamkuntho, komwe kuli malo otseguka komanso malingaliro abwino kwambiri.

Mtendere umabwera tikatsegula mitima yathu kuti tikonde ndi kukoma mtima. Anthu amene ali ndi mitima yachikondi komanso ochita ntchito zabwino amakhala ndi mtendere chifukwa umakhala mkati mwawo. Mtendere ndi malo opatulika a kumwamba ndi maziko a moyo wachimwemwe.

Tiyenera kuganizira nthawi zonse za kukongola kwaumulungu komwe kuseri kwa maluwa, kuwala kwa dziko lapansi komwe kuseri kwa dzuwa, ndi moyo waukulu womwe umawala m'diso lililonse.

Munthu akakhala wokoma mtima komanso wolemekeza ena, komanso wobwezera ulemu, nthawi zonse amayamikiridwa ndi kulemekezedwa.

Ndidzafalitsa chikondi changa kwa ena kuti nditsegule chipata choti chikondi cha Mulungu chibwere kwa ine ndikukhala mumtima mwanga.

Ambuye, ndiloleni ndikhale nyali kwa iwo amene akumira mu chisoni chachikulu. Ndithandizeni kubweretsa chimwemwe kwa ena poyamikira chimwemwe chauzimu chimene mwandipatsa.

Ndidzasungunula chidani mu moto wa chikondi changa, ndipo ndidzakhululukira ena ndikupereka chikondi kwa mitima yonse ya ludzu.

Chikondi chenicheni ndi chikondi chomwe chimakondwera ndi chitonthozo cha wokondedwa

Mutiunikire, Ambuye, ndipo chikondi chanu chidzaze mitima yathu kwamuyaya.

Kukhala ndi mzimu wochita zinthu mwanzeru kumatanthauza kukhala ndi mphamvu ya malingaliro opanga zinthu zomwe zimathandiza munthu kupanga chinthu chomwe palibe amene adachitapo kale. Munthu aliyense amabadwa ndi mphatso imeneyi yomwe Mulungu .wamupatsa

Chikondi chachikulu kwambiri ndi chikondi cha Mulungu, chomwe chimapangitsa moyo kukhala wokongola kwambiri kuposa mawu. Mukamva Mulungu ali nanu, akubwera kwa inu kulikonse komwe muli ndikutsogolerani, chikondi cha .Mulungu chimayamba

Mphamvu ya choonadi imatsutsana ndi mphepo

Ambuye, ndikakumana ndi mavuto akanthawi, ndiloleni ndikumbukire madalitso anu ambiri omwe mudandipatsa kale, podziwa kuti thandizo lanu silindisiya ndipo chisamaliro chanu chili nane nthawi zonse. Kwa Inu ndikupereka chiyamiko changa chochokera pansi pa mtima chifukwa cha madalitso onse omwe amandidzera kuchokera m'dzanja lanu .lokoma mtima

Madontho a chikondi amawala m'miyoyo yabwino, ndipo Mulungu amapezeka kokha m'nyanja ya chikondi

Kumvetsetsa ndi nyali yomwe imaunikira njira ya munthu ndikumupangitsa kuti apambane

Mu masika, Mulungu amakongoletsa chilengedwe ndi maluwa okongola kwambiri ndi zovala zokongola komanso .mitundu yowala

Mtendere ndiye mlaliki woyamba kulengeza za kufika kwa Mulungu Pambuyo pake, mtendere umasanduka kuwala kowala kuposa chimwemwe chosatha

Ndikalowa mkati mwa nyanja ya kusinkhasinkha, ndimamva kugwedezeka kodala mkati mwanga ndipo "ndimamva mawu onong'oneza akuti, "Ndili pafupi

Munthu ayenera kutembenukira mkati, kumene mzimu umadziwonetsera. Kuchokera pansi pa moyo kumachokera .zochitika zonse za moyo wamkati

Pamene mzimu udzizindikira wokha ndi chidziwitso chaumulungu, umamva chisangalalo chachikulu ndi kufutukuka mu malo opanda malire

Ngati mugwiritsa ntchito njira zonse zakunja ndi zinthu zomwe muli nazo, kuwonjezera pa luso lanu lachibadwa, kuti mugonjetse zopinga zonse zomwe zingakulepheretseni, mudzakulitsa mphamvu zomwe Mulungu wakupatsani: mphamvu zopanda malire zomwe zimachokera pansi pa .mtima wanu

Chikondi chimayenda panjira yagolide yopita kwa Mulungu

Ndidzafalitsa mafuno abwino ndi zolinga zabwino kulikonse komwe mdima wa kusamvetsetsana walowa

Pamene mavuto akukuukirani, koma mukukana kusiya kuyesetsa, ngakhale pali zopinga ndi zopinga zonse, Mulungu adzayankha nadzakudalitsani ndi kupambana pa .khama lanu

Ambuye, ndidzathyola duwa la chilakolako m'munda wa mtima wanga ndikuliyika ngati chopereka cha chikondi pa khomo lanu loyera

Popeza malingaliro ndi mawu athu ndi mbewu zomwe zidzatibweretsera zokolola zamtsogolo, ndiyamba lero kudzaza chikumbumtima changa ndi malingaliro abwino .komanso abwino

Ndimauluka ndi kuuluka m'mlengalenga wa chidziwitso changa mmwamba ndi pansi, kumpoto ndi kumanja, mkati ndi kunja ndi kulikonse kuti ndipeze kuti mu ngodya iliyonse .ya mlengalenga ndinali ndipo ndili pamaso pa Mulungu

Khalani ndi moyo mphindi iliyonse mukuzindikira ubale wanu ndi Mtheradi wopanda malire. Palibe malire a chidziwitso chanu, ndipo zinthu zonse zimawala ngati .nyenyezi kumwamba mwa umunthu wanu

Kudzipatula, kapena kusadziphatika, ndi njira yanzeru imene wofunafunayo amatsatira, kukwera mofunitsitsa pamwamba pa zinthu zazing'ono chifukwa cha zazikulu.

Sadzimangirira ku zosangalatsa zakuthupi zosakhalitsa pofuna chimwemwe chamkati chatsopano. Kudzipatula si mapeto okha, koma kumatsegula njira yoti mzimu utulukire .makhalidwe abwino ndi mphamvu zauzimu

Wopambana wauzimu akupita patsogolo ndi mapazi olimba mtima panjira za moyo

Munthu ayenera kugwiritsa ntchito bwino moyo wake wamakono, ndikutsegula mazenera a mtima wake ndikudzutsa ndi kutsitsimutsa mphamvu za mzimu wake .zomwe sizinali kugona

Kumbuyo kwa zigoba za kusintha ndi kusinthika kuli kukhalapo kwa Mulungu. Ndipo aliyense amene angathe kukhazikika pagalasi la malingaliro ake ndikuletsa kuti lisagwedezeke, adzawona mugalasi loyera nkhope ya .wokondedwa wa chilengedwe chonse

Chikondi ndi champhamvu kuposa imfa ndi kuwonongeka kwa nthawi

Kudzisanthula ndi chinsinsi cha kupambana, ndipo kusinkhasinkha ndi galasi lomwe timawona ngodya zamkati zomwe zikanabisika kuti tisazione. Tiyenera kuzindikira zofooka zathu, kusiyanitsa pakati pa zizolowezi zabwino ndi zoyipa, ndikuzindikira zopinga zomwe zingatilepheretse .kupita patsogolo ndi kupambana

Ndinu wodabwitsa bwanji, O bwenzi! Inu amene mumatunga madzi ochokera ku nkhawa yochokera pansi pa mtima, komanso amene masamba ake amanyowa ndi mame a kukoma kwamkati ndi kwakunja kochokera pansi pa mtima .woona mtima komanso wokhulupirika

Ndinaonapo nyerere yaying'ono ikuyesera kukwera mulu wa mchenga, ndipo ndinadzifunsa ndekha kuti: nyerere iyenera kuti ikuganiza kuti ikukwera mapiri a Himalaya! Mulu wa mchenga mwina unaoneka waukulu kwa nyerere, koma osati kwa ine. Mofananamo, zaka zathu zambirimbiri za dzuwa zitha kukhala zosakwana mphindi imodzi m'maganizo .mwa Mulungu

Tiyenera kudziphunzitsa tokha kuganizira zinthu .zazikulu monga muyaya ndi zopanda malire

Ndinayendayenda m'dziko lopanda malire ndipo ndinaona chifunga chowala m'dziko la kuwala, ndipo mu kuwalako kwamoyo ndinawerenga matanthauzo a zinsinsi .zolembedwa pamasamba a nthawi

Mukagona, mumakhala chete ndi malingaliro. Koma mukamakhala chete ndi malingaliro anu kudzera mu kusinkhasinkha, chinthu choyamba chomwe mumakumana nacho ndi mtendere, ndipo minofu yanu ya nkhope imapanga kumwetulira komwe kumawonetsa mtendere wamumtima. Koma muyenera kuyang'ana kupitirira mtenderewu kuti muzindikire chiyero cha mzimu wanu—chiyero chosadetsedwa ndi zolimbikitsa zamaganizo kapena zochita zokha ku malingaliro okhudzana ndi malingaliro. Mkhalidwe womwe mumakumana nawo ndi wa chisangalalo .chosatha, chokhazikika

Ngati muyika mbale ya madzi pansi pa kuwala kwa mwezi kenako n’kuisuntha, mupanga chithunzi cholakwika cha mwezi. Madzi akakhazikika m’mbale, kuwunikira kumakhala koonekera bwino. Nthawi imene madzi m’mbale amakhala chete ndipo amawonetsa nkhope ya mwezi momveka bwino, ingayerekezeredwe ndi mkhalidwe wa mtendere woganizira ndi mkhalidwe wa bata lalikulu. Mu mtendere woganizira, mafunde onse a malingaliro ndi malingaliro amasiya kutuluka m’maganizo. Ndipo mu mkhalidwe wozama uwu wa mtendere, munthu woganizira, mu mtendere umenewo, amaona mwezi wathunthu wa .kukhalapo kwaumulungu ukuonekera m’nyanja ya mzimu

Pali zinthu zinayi zomwe munthu wamba amazidziwa bwino: chisangalalo akakwaniritsa chikhumbo chake, kusasangalala akachikana, kusungulumwa akasasangalala kapena kukhumudwa, ndi mtendere akagonjetsa malingaliro awa kapena malingaliro a chisangalalo, ululu, ndi .kusungulumwa

Mtendere ndi mkhalidwe wofunika kwambiri, wochokera ku kusakhalapo kwa chisoni ndi chisangalalo, komanso kusakhalapo kwa kusowa chochita. Makhalidwe amenewa nthawi zonse amasintha ndi kufalikira pamwamba pa moyo. Pambuyo poyenda m'mafunde ovutitsa a ululu ndi chisangalalo, kuphatikizapo kugwera mobwerezabwereza mu kutopa, pali chisangalalo poyandama pa nyanja yamtendere. Koma mtendere ndi wofunika kwambiri kuposa mtendere—chisangalalo cha moyo—chisangalalo chachikulu. Ndi chisangalalo chosatha chomwe sichimatha koma chimakhala ndi moyo kwamuyaya. Chisangalalo chachikuluchi chingapezeke kokha mwa kuzindikira kukhalapo kwa .Mulungu

Kumwetulira kwenikweni ndi kumwetulira kwa chimwemwe chauzimu komwe kumapezeka poganizira ndi .kuganizira za Mulungu ndikumva kukhalapo kwake

Kumwetulira kwanga kumachokera ku chisangalalo chachikulu mkati mwanga—chisangalalo chomwe aliyense angachipeze. Chili ngati fungo lochokera mumtima mwa duwa lotuwa. Chisangalalo chachikulu ichi chimaitana ena .kuti adzilowetse m'madzi opatulika a chisangalalo

Mu kuwala kwa chikhululukiro chodala, mdima wa chidani womwe unasonkhanitsidwa kwa zaka zambiri umatha

Mulungu amakwaniritsa mwachangu zosowa zilizonse za olambira ake chifukwa adzimasula okha ku zolinga zadyera zomwe zimalepheretsa khama ndi kukhumudwitsa .ziyembekezo

Iye amene Mulungu amamuteteza, palibe chomwe chingamuwononge

Sitili tokha m'dziko lino, chifukwa Mulungu ali nafe, ndipo pali ubale wokhalitsa, wapamtima, komanso .waubwenzi womwe umatipatsa chithandizo ndi chimwemwe

Inu nyenyezi yowala ya chitsogozo kumwamba kwa nzeru, kuwala kwanu kowala kumandiitana kuti ndifufuze

malo anu odalitsika, ndipo mbalame yanga yolakalaka imathamanga mofulumira kwambiri, ikulowa mumlengalenga wodzaza ndi mdima, woyendetsedwa ndi kulakalaka inu ndi kusangalala ndi kuwala kwanu kopatulika .kwambiri

Umunthu wa munthu umayamba kukula ndikukula pamene munthu akumva - kudzera mu malingaliro amkati, achilengedwe - kuti si thupi lenileni lokhalo koma mphamvu .yauzimu yosatha mkati mwa thupi

Pamene mtima wa wophunzira udzadzaza ndi chikondi cha Mulungu, nkhope yake idzawala ndi kumwetulira kwa mtendere ndi nzeru, ndipo kusadziwa komwe kumaphimba .moyo wake kudzasweka ndi kuzimiririka kwathunthu

Mukayang'ana duwa kapena mtengo, mumadziwa kuti mitundu yokongola iyi ya zamoyo sinakhalepo yokha Mulungu ndiye amene anazipanga ndi kuzipatsa fungo .labwino komanso kukongola kwakukulu

Nthawi zonse chitani ntchito zanu, zazing'ono ndi zazikulu, mosamala kwambiri, pokumbukira kuti Mulungu amatsogolera mapazi anu ndipo amalimbitsa khama lanu .kuti mukwaniritse zolinga zanu zabwino

Munthu akalumikizana ndi umunthu wake wauzimu, nthawi zakale zomwe zaiwalika kale komanso mphamvu zosafa za mzimu zimabwerera ku chidziwitso chake. Mu kusinkhasinkha, munthu amakumbukira kuti ndi mzimu .wosafa, osati thupi losafa

Kulikonse kumene timapeza anthu, abwino ndi oipa, omwe akufunafuna chimwemwe mwanjira yawoyawo Palibe amene amafuna kudzivulaza. Nanga n’chifukwa chiyani anthu ena amachita zinthu zomwe zimawabweretsera ululu ndi chisoni? Chifukwa zochita zimenezo zimayendetsedwa .ndi kusadziwa ndi chinyengo

Tikupemphani, Ambuye, kuti mutiunikire ndi kuunika kwa nzeru zanu ndi kutichotsera mdima wa kusadziwa ndi .chinyengo

Munthu wozindikira ayenera kukhala wosamala m'malo mochita mantha, ndipo ayenera kukulitsa mkati mwake lingaliro la kulimba mtima popanda kusasamala komanso kupupuluma kuti asadziike pangozi pazinthu zomwe zingayambitse mantha ndi nkhawa.

Nzeru sizidalira kulowetsedwa kwa chidziwitso kuchokera kunja, koma mphamvu ya kuvomereza kwamkati, komwe kumatsimikiza kuchuluka kwa chidziwitso chenicheni chomwe chingapezeke komanso liwiro lomwe chidziwitsocho chingapezeke.

Dziko lino ndi malo chabe omwe timachita maudindo athu motsogozedwa ndi Mtsogoleri Waumulungu. Tiyenera kuchita bwino mosasamala kanthu za mtundu wa maudindo omwe tapatsidwa, nthawi zonse kukumbukira kuti chibadwa chathu chofunikira ndi chisangalalo chosatha.

Wanzeru kwambiri ndi amene amafuna kudziwa Mulungu, ndipo wopambana kwambiri ndi amene wapeza Mulungu.

O Mulungu Wokondedwa, mukhale pamalo oyamba m'miyoyo yathu, chikondi chanu chochiritsa chidzaze mitima yathu, ndipo kuwala kwanu kodala kuchotse mdima wa nkhawa m'miyoyo yathu.

Ufulu umatanthauza kuchita zinthu motsatira chikumbumtima, osati motsatira malamulo a chizolowezi ndi chilakolako. Kumvera dyera ndi zofuna zake kumabweretsa zoletsa, pomwe kumvera malangizo a nzeru kumapereka ufulu ku zoletsa zimenezo.

Mtendere wa mumtima ungapezeke mwa kukulitsa makhalidwe abwino mwanzeru komanso mwadala, omwe, akakula mokwanira, sangachotsedwe kwa mwiniwake pokhapokha ngati atasankha kuwasiya mwa kufuna kwake.

Anthu ambiri amafuna chimwemwe pogwiritsa ntchito njira zolakwika. Ena amakhulupirira kuti akhoza kuwirikiza kawiri chimwemwe chawo mwa kutsatira makhalidwe oipa ndi zochita zosayenera zomwe zimawoneka ngati

zikuwapatsa malonjezo okongola a chimwemwe chodzaza ndi chisangalalo chokhalitsa, ndipo amanyengedwa ndi malonjezo abodza amenewo, chifukwa kukoma kwa chisangalalo chenicheni sikungasangalalidwe ndi mabodza .abodza ndi zochita zolakwika

Mphindi iliyonse ndi yamuyaya chifukwa umuyaya ukhoza kupezeka mkati mwa mphindi imeneyo Masiku, mphindi, ndi maola ndi mawindo omwe tingathe kuwona umuyaya Moyo ndi waufupi, koma nthawi imodzi wopanda malire komanso wopanda malire. Mzimu ndi wosafa, ndipo mkati mwa gawo lalifupi ili la moyo wa munthu, tiyenera kugwiritsa ntchito bwino mwayi uliwonse womwe ulipo .komanso mwayi uliwonse womwe ulipo

Mawu auzimu ali ngati mbewu zomwe zimafuna nthaka yachonde kuti ziphuke, zikule, ziphuke, ndikubala zipatso Kukula mwauzimu kumafuna kudziganizira, kusintha zinthu zofunika pa moyo, kuzindikira ndi kuchotsa zizolowezi zoipa, ndikutsatira malamulo azaumoyo mogwirizana ndi kusintha kwa kumvetsetsa kwauzimu ndi kukula kwa .mphamvu zamaganizo

Wophunzira akalawa chimwemwe cha Mulungu, adzapeza kuti Mulungu wakhala weniweni kwa iye kuposa china chilichonse, ndipo adzazindikira kuti kukhudza kukhalapo kwa Mulungu ndi chisangalalo chomwe palibe .chisangalalo chamalingaliro chomwe chingafanane nacho

Mulungu amagwira ntchito yodzutsa chidziwitso chauzimu cha munthu ndikutsogolera chifuniro chake m'njira yoyenera kudzera mu kukongola kwa makhalidwe abwino, ukulu wa kulolerana, ukulu wa nzeru, ndi ulemerero wa .chisangalalo chauzimu

Sindidzaona ena ngati alendo chifukwa ndimaona kuti aliyense ndi m'bale wanga kapena mlongo wanga. Ndidzapangitsa moyo wanga kukhala wopambana komanso wokhutiritsa kuti ndithandize ena kupambana ndi kukwaniritsa. Ndidzamvera ena chisoni ndi kuwasonyeza

chifundo pamene ndikudzionetsera. Ndidzakonda Mulungu monga momwe aneneri ndi oyera mtima adamukondera, ndipo ndidzataya kudzikonda m'chitsime cha chikondi changa kwa ena.

Kupitirira moyo wa padziko lapansi waufupi uwu, womwe ungafe, kuli moyo wosatha, wosasintha. Thupi limapangidwa ndi zinthu zomwe zimawonongeka ndi kuwonongeka, koma kupitirira moyo waufupi uwu kuli moyo wosatha, wakumwamba pamaso pa Mulungu. Chifukwa chake, sitiyenera kungoyang'ana thupi losatha ili, ndipo iwo amene akulifuna ayenera kupirira mayesero ake ndikukhala olamulira ake.

Lero ndiyesetsa kuthandiza osowa ndikupereka zomwe ndingathe kwa anjala

Ndili wotetezeka mu chitetezo cha Mulungu ndipo kumbuyo kwa makoma a chikumbumtima changa choyera ndine mmodzi wa iwo amene ali ndi kuwala kwa ubwino komwe kumatsogolera zombo za miyoyo yomwe ikukankhidwa uku ndi uku ndi mafunde a chisoni mu nyanja ya chisokonezo ndi nkhawa.

Lero ndikumva Mulungu ali mu mtendere womwe umanjenjemera mkati mwanga ndikusuntha zingwe za mtima wanga

Ndidzachita zonse zomwe ndingathe kuti ndisangalatse ena, monga momwe ndimayesetsa kudzisangalalira ndekha, ndipo kudzera mu chimwemwe changa chauzimu ndidzatumikira aliyense m'nyumba ya chikondi cha Mulungu ndipo sindidzaopa china chilichonse koma ine ndekha ngati nditayesa kunyenga chikumbumtima changa.

Kuchokera m'minda ya moyo

Mukufuna kupita kwinakwake, ndipo mumadzithamangira kuti mukafike kumeneko mwachangu Mukafika, mumapeza kuti simukusangalala ndi malowo chifukwa cha chidwi, nkhawa, komanso mwina chisokonezo

chomwe mukumva. M'malo mwake, yesani kukhala bata, bata, komanso oganiza bwino. Ngati maganizo anu akuyang'ana pa nkhawa ndi kusokonezeka, aletseni .mwamphamvu mpaka atakhazikikanso

Chisangalalo chimakhudza kwambiri kayendetsedwe ka mitsempha chifukwa chimatumiza mphamvu zambiri ku ziwalo zina za thupi pomwe ena amalephera gawo lawo lachilengedwe. Kusalinganika kumeneku pakugawa mphamvu ndiko kumayambitsa mantha Thupi lodekha komanso lomasuka limachepetsa mitsempha ndikulimbikitsa .thanzi la maganizo

Mogwirizana ndi Mulungu, masomphenya amkati amayamba kuonekera pang'onopang'ono Munthu ayenera kukhala ndi chikhulupiriro chonse kuti Mulungu adzayankha pemphero lililonse lochokera pansi pa mtima Aliyense amene amatembenukira kwa Iye kufunafuna kuunikiridwa adzatsegulidwa masomphenya ake ndipo maganizo ndi .mtima wake zidzaunikiridwa

Kuzindikira kukayamba, kumaonekera ngati kumva komwe kumawoneka ngati kukuchokera mumtima, kumva komveka bwino komanso kolondola. Kudzera mukumva kumeneku, wofunafunayo amapeza kukhudzika kosagwedezeka ndi chitsogozo chabwino kuti atsatire njira yoyenera, ndipo pang'onopang'ono amayamba kuzindikira .ndikukhulupirira kumva kumeneku

Izi sizikutanthauza kusiya kuganiza konse; kuganiza modekha, kopanda tsankho kumabweretsanso kuzindikira Kuganiza mwamaganizo, koyendetsedwa ndi kudzikuza ndi kudziona ngati wofunika, kumabweretsa kusamvetsetsana .ndi malingaliro olakwika

Kanani kukayika kowononga ndi zikhulupiriro zabodza ndi mtima wonse, ndipo tembenuzirani mtima wanu ndi moyo wanu ku dziko la chikhulupiriro ndi kudalira Mulungu kwathunthu. Mu bata la kuganizira, chikumbumtima chanu chidzatha kuyang'ana pa choonadi ndi kumvetsetsa

kolondola. Mu chochitika ichi, chikhulupiriro chimakula ndi kufutukuka, ndipo kudzera mu chidziwitso, mudzakumana ndi zomwe diso silinawonepo, khutu silinamvepo, ndipo .maganizo a munthu sadaganizirepo

Mpweya uliwonse wa kulakalaka kwanga ndi pemphero langa umatsegula zitseko ndi mawindo mumtima mwanga .omwe ndimadutsamo kupita ku chisangalalo cha Mulungu

Monga momwe dzuwa limawala m'misewu yotanganidwa kwambiri, momwemonso ndidzawona kuwala kwa chikondi cha Mulungu m'malo onse odzaza anthu omwe .ndimachita tsiku ndi tsiku

Mundidalitse, Ambuye, kuti ndidzutse moyo wanga ndi .mbandakucha ndikuufikitsa ku khomo lanu lodala

Ambuye, ndipatseni mzimu wopatsa kuti ndigawane ndi ena zomwe ndili nazo, ndipo ndithandizeni kuwona m'nyanja yodekha ya malingaliro anga chithunzi cha mwezi wa moyo .wanga ukuwala ndi kuwala kwa kukhalapo kwanu

Lero ndilowa m'nyanja yozama ya kusinkhasinkha ndi kusinkhasinkha za Mulungu mpaka nditapeza ngale za nzeru .ndi chisangalalo chaumulungu

Ndidzakukondani, Ambuye, kuposa china chilichonse, chifukwa popanda inu sindingathe kukonda munthu aliyense .kapena china chilichonse

Mu kuya kwa mapiri ndi thambo lopanda phokoso, ndi mkati mwa moyo wanga ndi m'phanga la chete, ndimamva kukhalapo kwa Mulungu ndikumva chisangalalo Chake chosatha, ndipo ndimamwa kuchokera ku akasupe Ake oyera .omwe sasiya kapena kuuma kwamuyaya

Ndikukukondani ndi kukulambirani, Ambuye, amene chikondi chanu chimalamulira kwambiri mu mtima uliwonse .wachikondi ndi wachifundo

Winawake anafunsa mphunzitsi Paramahansa kuti amusonyeze njira yopangira umunthu wokongola komanso wosangalatsa, ndipo iye anati: Muyenera kukhalapo m'maganizo mwanu mukamacheza ndi ena chifukwa

kusakhalapo maganizo kumawononga kwambiri khalidwe lanu kuposa china chilichonse. Inde, sindikunena za kusakhalapo maganizo kwa anthu akuluakulu, omwe nthawi .zambiri maganizo awo amakhala m'nkhani zazikulu

Khalani maso nthawi zonse ndipo dziwani, ndipo mudzakhala maginito okongola

Palibe amene amakonda kunyalanyazidwa Tonsefe timafuna kuti malingaliro athu aganiziridwe ndi kuganiziridwa, ndipo mofananamo, tiyenera kuganizira malingaliro a ena ndikuwasonyeza kuganizira kuti tipeze mgwirizano ndi kumvetsetsana. Kuti muchite izi, muyenera kukhala maso, kuzindikira, komanso kusamala ndi aliyense .amene akuzungulirani

Akufa alibe mphamvu zonyoza ena, koma amene sakuwamvera ali ndi mphamvu

Mukakhala ndi ena, lankhulani nawo mosamala, mwamphamvu, komanso mwachidwi, koma pewani kulankhula za inu nokha

Aliyense amafuna kulankhula za iye mwini, koma ndi njira yofooka. Lolani ena alankhule za iye mwini ngati akufuna; mvetserani zomwe akunena. Lolani alankhule za mavuto awo, zomwe akwaniritsa, ndi malingaliro awo, koma lolani mphamvu yanu ya maginito ikulankhuleni. Kuwala kwa nyali kukulankhulani momveka bwino; lolani kugwedezeka .kwanu chete kukulankhuleni momveka bwino

Mulungu anandionetsa m'masomphenya kuti anthu amene amafa kunkhondo amalota imfa moyipa, koma anthu abwino akangodzuka m'thupi lawo amadzuka ngati kuti achoka ku maloto oipa ndipo amasangalala kumasuka ku .maloto oipawo

Zonse zomwe timakumana nazo pa moyo wathu ndi gawo la maloto a chilengedwe chonse. Anthu adapanga maloto oopsa a nkhondo, koma ozunzidwa ndi maloto oipawa atachoka m'matupi awo, amazindikira kuti linali loto

loopsa lomwe adadzukamo, ndipo amamvetsetsa kuti .sanafe. Ichi ndi chowonadi chozama cha chilengedwe

Ngati munthu akudziwa kuti akulota, sakanavutika ndi maloto ovutitsa. Koma ngati adzikwaniritsa yekha m'maloto ndipo wina akupha, imfa ya malotowo imawoneka ngati vuto lenileni komanso loopsa mpaka atadzuka n’kuzindikira kuti .sizinali zenizeni

Izi zikugwiranso ntchito ku mkhalidwe wa imfa

Tikangochoka m'thupi lathu, timazindikira kuti chikumbumtima chathu sichinafe, koma kuti tamasulidwa ku thupi ndi zopinga zake zakuthupi ndi zofooka zake, ndipo mu .ufulu umenewo muli ufulu waukulu

Sitiyenera kupempha imfa, koma m'malo mwake tikonzekeretse chikumbumtima chathu mwa kukhala mogwirizana ndi Mulungu ndikusinkhasinkha za Iye, kuti imfa .ikafika nthawi yake tiziiona ngati maloto chabe

Nditha kuwona momwe moyo ndi imfa zilili nthawi iliyonse ndikafuna Chifukwa chake, sindiona thupi ili kukhala lofunika kwambiri

Pali physiology yauzimu yomwe ili pansi pa dongosolo la mitsempha lomwe limalola anthu kufika pamlingo .wapamwamba kwambiri wa chitukuko cha chidziwitso

Ubongo wa munthu, womwe ndi waukulu kuposa ubongo wa nyama zambiri kupatula anamgumi ndi njovu, ndi wovuta kwambiri ndipo uli ndi mphamvu zambiri zoganizira. Izi zimapangitsa ubongo wa munthu kukhala chida choyenera kwa anthu, omwe ali ndi chidziwitso chapamwamba kuposa zolengedwa zina. Kuzungulira kwa ubongo komwe kumakhala kovuta komanso kovuta kumathandiza anthu kuganiza mozama komanso mozama. Choncho, anthu okha ndi omwe angathe kufika pamlingo wapamwamba wa kuzindikira, ndipo motero, kudziwa Mlengi wake. Munthu wanzeru ndi amene amagwiritsa ntchito luso lake la nzeru potumikira ndi kupindulitsa anthu pamlingo .wakuthupi, wanzeru, ndi wauzimu

Nyengo yozizira inafika itavala chovala chake chozizira, choyera, chonga duwa
Zokhumba zanga za chisangalalo cha chilimwe zatha
Ndinauzidwa kuti ndifunefune kutentha kwa mtima wanu wachifundo
Ndipo pamene masika anaonekera, akuvina, okongoletsedwa ndi maluwa amitundu yonse
Ndinunkhiza fungo la minda ndi zitunda, ndinauzidwa kuti ndikukondeni, Mulungu wanga
Ndipo chilimwe chinafika, chikuimba nyimbo zake zobiriwira m'masamba ofewa, phokoso la mitengo ya msondodzi, ndi phokoso la mitengo ya paini
Iye anandiuza kuti ndikuuzeni
Ngakhale dothi lofewa komanso lofewa linakhudza mapazi anga othamanga
Ndipo adawapempha kuti afike ku malo anu opatulika omwe alipo onse
Fungo lofewa linandiuza kuti nditsatire njira yake
Ku kachisi wanu woyera mkati mwa maluwa ogwedezeka ndi basil
Ndipo mbalame zinandiuza kuti ndikuimbireni nyimbo ngati iwo
Ndipo mphepo yowomba pamwamba pa mitsinje ndi mitsinje
Ndinadzutsa thovu la chikondi changa pa iwe, ndipo linayamba kuseketsa pamwamba pa chifuwa chako chachikulu
Ndipo ndi ulusi wopindika wa udzu, ndinaphunzira kupindika
Ndikugwadirani, O Ambuye
Ndipo zofukizazo zinandidziwitsanso za fungo labwino la .mafuta anu onunkhira
Ndipo ndingasunge bwanji mtima wanga wodzaza ndi fungo lanu lopatulika pamaso pa mpando wanu wachifumu ?wopanda malire

Ndipo miyala yaying'ono, chete, yoleza mtima inandiuza kuti ndikuoneni ngakhale mwa iwo omwe amayesa kundibera chimwemwe

Zaka zomwe ndinayiwala zinandipempha kuti nditumize uthenga wachikondi kwa anthu anzanga womwe umaperekedwa mu mphindi iliyonse ndi sekondi iliyonse.

Ndipo lingaliro lililonse linandiuza kuti ndikufune mumtima mwake

Chikondi changa chinandilimbikitsa kukonda zonse zomwe zilipo kudzera mwa inu

Ndipo chikondi changa chinandinong'oneza kuti, "Ndikondeni ndi mphamvu zonse zomwe ndili nazo, Mulungu wanga"

Nthawi ina ndinagona pabedi la udzu ndi maluwa ndipo ndinalota kuti chilichonse chomwe chinalipo chinali chokongola komanso chosangalatsa

Mutu wanga unali pa udzu wautali, wobiriwira, komanso wokhuthala, womwe unandipangitsa kuti ndizimva mphepo yokhala ndi fungo labwino.

Kenako ndinakakamizidwa kugwira dzanja langa ndi thupi langa, ndipo ndinadabwa ndi ukulu wa Mlengi wake. Inde, ndinadabwa kuti ine, amene ndikutsimikiza za zenizeni za thupi langa, tsiku lina ndidzalisiya kuti lipumule padziko lapansi thupi ili lomwe lidzakhala lozizira, lotumbululuka, komanso losayenda panthawi ya imfa, pomwe tsopano likuwoneka lodzaza ndi moyo ndipo lili ndi malingaliro ambirimbiri, malingaliro mamiliyoni ambiri, ndi malingaliro mabiliyoni ambiri.

Thupi ili ndi gawo lomwe mitu ya moyo imatseguka, komwe maluwa a kumwetulira amaphuka, kenako kutsatiridwa ndi kubwera kosatha kwa imfa. Pano, pakati pa mnofu, mafupa, ndi magazi, komanso kumbuyo kwa chigoba chokongola cha khungu, mimbulu ya matenda ndi zilombo zokhumba zimabisala. Ndipo pano, pansi pa thupi, pali njira yachinsinsi yopita ku ufumu wa kuwala. Thupi ili lidzafota ndi

kuzimiririka pamene mbuye wake—moyo—adzalisiya mosasinthika. Ndipo bwanji osatero? Pakuti pamene mbuye wowunikira wa malo okhala akuthupi amatopa ndi kukhala m'nyumba yamatope, yosweka ya zinthu, yomangidwa ndi zingwe za mitsempha zomwe zimafuna chisamaliro chosalekeza, amapeza chitonthozo m'nyumba ina m'ngodya ina ya dziko lapansi la Mulungu—m'malo ena okhalapo kwathunthu komwe fungo la chisangalalo limafalikira .kulikonse komanso kosatha

Mzimu wosafa umachita gawo la moyo ndi imfa ndi kumwetulira kosatha, kenako umachoka kupita ku kwawo .kosatha

Kodi owonera mafilimu ayenera kukhalabe mu cinema kwamuyaya seweroli likatha? Ndithudi si anthu ayenera kubwerera kwawo Mofananamo, miyoyo imabwera kuno kudzasangalala ndi sewero la cinema la moyo, kenako n’kuchoka n’kubwerera kachiwiri. Amakonda kuonera mafilimu ndi masewero, ndipo akatopa ndi zisudzo zomwe analota, ndipo aphunzira bwino maphunziro omwe Mulungu akufuna kuti aphunzire, amabwerera kamodzi kokha ku malo .a chisangalalo chosatha

Ngati makhalidwe abwino sakhazikitsidwa pa chilungamo, mipata imatseguka yomwe imatsegula mavuto ndi mavuto. Ngati makhalidwe abwino akhazikitsidwa pa dyera, mikangano yoopsa, ndi mpikisano waukulu, zotsatira zake zidzakhala zodetsedwa chifukwa zolinga zake ndi .zodetsedwa, ndipo ndalama sizidzadalitsidwa pankhaniyi

Munthu ayenera kuyeretsa chikumbumtima chake ku dyera ndipo asayese kudzilemeretsa powononga ena. Kukhutira kwenikweni ndi kwauzimu, osati kwa zinthu zakuthupi, ndipo phindu lenileni m'moyo ndi kukhala ndi .chuma cha nzeru, chidziwitso, ndi chikondi cha Mulungu

Tiyenera kukhala moyo wosalira zambiri ndipo nthawi zonse timayesetsa kuthandiza ena ndikuwongolera momwe

zinthu zilili. Koma cholinga chabwino ichi sichigwirizana ndi .kudzikonda ndi umbombo popanda kuganizira za ena

Anthu amene ali ndi maganizo a dziko lapansi ndi osalinganizika ndipo motero saonedwa kuti ndi opambana. Moyo wosalira zambiri ndi luso lodabwitsa komanso chizindikiro cha kupambana. Anthu amene cholinga chawo chokha ndi kupeza ndalama sadzapeza chisomo kwa .Mulungu

N’zoona kuti Mulungu anatiikira njala kuti tigwire ntchito ndi kusamalira matupi athu, koma kusamalira thupi si cholinga chokha cha moyo. Cholinga chake ndi chachikulu kwambiri kuposa kuganizira zinthu zakuthupi kapena zakuthupi, ngakhale zitakhala zodabwitsa bwanji, .zaulemerero, komanso zokongola bwanji

Mmodzi mwa ophunzira anafunsa Mphunzitsi Paramahansa momwe angadziwire kukhalapo kwa Mulungu. Iye anayankha kuti, "Usiku uliwonse, musanagone, sinkhasinkhani mpaka mutamva kuti chikumbumtima chanu chalowa m'dziko la malingaliro ndikulowa mu gawo lina. Komabe, si zonse izi. Pambuyo potembenuza maganizo anu mkati, chilakolako chiyenera kukwera, ndipo zilakolako ziyenera kuthamanga ngati kusefukira kwa Mulungu. Pamene wophunzirayo adzipereka kwathunthu kwa Mulungu, mwadzidzidzi amamva kuti wakhudza kukhalapo Kwake kodala ndipo wamuzindikira. Adzawona kuwala kwakukulu kowala kwambiri, ndipo angaone angelo ndi miyoyo yabwino. Kapena angamve fungo lokoma lakumwamba, ndipo kenako adzadziwa kuti Mulungu wamuyankha, ndipo nzeru zake zidzatsegulidwa, ndipo Mulungu adzamuwululira zinsinsi za moyo. Kapena angadzazidwe ndi mtendere waukulu panthawi yosinkhasinkha. Ngati apitiriza kusinkhasinkha ndipo Mulungu amupatsa chikondi Chake chachikulu, adzamva chisangalalo chaumulungu chosaneneka. Wodala ndi iye amene wapatsidwa mwayi ".wosangalala uwu

Chikondi cha Mulungu chimatsegula chipata cha kumwamba, chomwe chimalowetsa munthu wofunafunayo .pamaso pa Mulungu

Ngati munthu apempha Mulungu, wachifundo ndi wanzeru, kuti amupatse mkate wa moyo wosatha, sadzamupatsa mwala wa kusadziwa zinthu zakuthupi. Ngati wolambira akufuna chakudya cha nzeru, Mulungu sadzamupatsa njoka yachinyengo. Ngati wolambira apempha Mulungu kuti amupatse chimwemwe cha Mulungu chomwe chimathetsa ludzu lonse, sadzamupatsa chinkhanira cha nkhawa ndi kuvutika maganizo. Ngati anthu onyengedwa amadziwa kupatsa ana awo mphatso zabwino, nanga bwanji Ambuye—gwero la zabwino zonse ndi chimwemwe—adzapereka chidziwitso chauzimu ndi kuunika !kwa iwo amene amamukonda

Mulungu amapereka nzeru zapamwamba kwambiri ndi chidziwitso chachikulu kwa iwo amene amazifunafuna, ndipo amadzipereka kwa wofunafuna moona mtima amene salandira cholowa m'malo. Iye amene amafunafuna Mulungu ndi mtima wake wonse ndi moyo wake wonse ndiye wanzeru kwambiri kuposa onse, komanso munthu wokondedwa kwambiri kwa Mulungu. Ndipo chilakolako cha wolambira chikakula, amalandira yankho losowa komanso lokondedwa kuchokera kwa Mulungu ndipo amamva chisangalalo chapadera cha chikondi chomwe chimachitikira anthu .okonda Wokondedwayo

Munthu wanzeru amene amachita gawo lake mu maloto a chilengedwe chonsechi ndi chidziwitso chauzimu ndi chikhumbo chowonjezeka chaumulungu ali pafupi ndi Mulungu ndipo ndi wokondedwa kwa Iye. Ali ndi chikondi chenicheni ndipo amakonda Mulungu popanda zolinga zadyera komanso popanda zinthu zina, monga kunena, mwachitsanzo, "O Ambuye, ndidzakulambirani pokhapokha ".mutandipatsa thanzi labwino, ndalama, ndi moyo wabwino

Pakati pa anzeru ndi Mulungu pali chikondi chakuya, chogwirizana chomwe chilibe malire komanso chosatha Ngati wina apempha Mulungu chinthu china chake, Mulungu amadziwa bwino kuti munthuyo ali ndi chidwi kwambiri ndi .mphatso zake kuposa Iye

Sikolakwika kuti munthu apemphere kuti zosowa zake zikwaniritsidwe, koma akapempha kuti adziwe Mulungu ndikuona kuwala kwa nkhope Yake yaulemerero, sayenera kulakalaka phindu lililonse kuchokera pamenepo, kapena malingaliro awo sayenera kungokhala pa mphatso zokha, koma m'malo mwake kwa Wopereka Iyemwini. Wofunafunayo akatha kuchita izi moona mtima, adzalandira mphatso zina zonse kuchokera ku gwero la kuwolowa manja .ndi nyanja ya madalitso

Mmodzi mwa ophunzirawo anafunsa mphunzitsi Paramahansa kuti amupatse upangiri wa momwe angakhalire pazochitika zina ndi momwe angachitire ndi ena, :ndipo iye anati

Tsatirani choonadi ndipo musachipatuke, ndipo pewani kunena chilichonse chomwe chingakupwetekeni kapena kuvulazani ena, ngakhale chitakhala choona , bola ngati simukuchoka mu mzimu wa choonadi. Komabe, simuyenera kuchita zinthu mopitirira muyeso ndikuyamba kunama kuti .mupewe kunena zoona zopweteka

Khalani oona mtima kwa inu nokha ndi ena popanda kuganizira kwambiri zosafunikira. Lankhulani zoona ndipo pewani kunena zinthu zomwe zingapweteke kapena kuvulaza aliyense. Musaulule zinsinsi zanu zonse m'dzina la kuona mtima ndi kuwonekera poyera, chifukwa ngati muulula zofooka zanu, adzayesa kukupwetekani kapena kukusekani nthawi iliyonse akafuna. N'chifukwa chiyani muwapatse chida chomwe angagwiritse ntchito polimbana ?nanu

Lankhulani ndi kuchita zinthu m'njira yomwe imabweretsa chimwemwe ndi mtendere kwa inu nokha ndi ena

Ndikofunikira kukhala ndi kuzindikira kwauzimu kuti mudziwe kusiyana pakati pa chowonadi chomwe chimabweretsa zabwino ndi kubwereza mfundo popanda kuganizira zotsatira zake, chifukwa zinthu zimaweruzidwa malinga ndi mapeto ake. Sikoyenera kunena chilichonse chomwe mukudziwa, komanso sikoyenera kuzemba ndi kubisa nkhani zomwe ena ayenera kudziwa kuti ziwathandize.

Ngati mulibe kuzindikira kwathunthu, ndi bwino kukhala chete polankhula mpaka mutamvetsetsa bwino chowonadi ndi zotsatira zabwino kwa onse.

Pitirizani kuganizira za Mulungu ndikupempha thandizo ndi chitsogozo Chake, ndipo luntha lanu lidzatsegulidwa kuti muwone zinthu bwino ndipo mudzatha kusiyanitsa bwino.

Kupatsa maselo a thupi mphamvu ya unyamata

Mphamvu ya chilengedwe imalowa m'thupi nthawi zonse komanso popanda kusokonezedwa, koma anthu ambiri sadziwa za mphamvu zambirizi. Anthu amene amamva mphamvuyi amakumana ndi mphamvu zambiri m'maselo awo komanso mphamvu yotsitsimula yomwe imawapatsa mphamvu zatsopano.

Chilengedwe chonse chimagwadira Ambuye wa Chilengedwe Chonse pomulemekeza, ndipo mphamvu Yake imadutsa mu anthu. Vuto lili m'kulephera kukulitsa mgwirizano wamphamvu pakati pa anthu ndi gwero la mphamvu zonse. Timakhala ndi moyo mwachindunji ndi mphamvu ya Mulungu, ndipo mphamvu zina zonse sizigwira ntchito popanda mphamvu ya Mulungu yochirikiza.

Chakudya, mpweya, ndi kuwala kwa dzuwa—zinthu zimenezi zingatipatse thanzi labwino, koma tiyenera kumvetsetsa momwe tingapezere thanzi lathunthu kuchokera ku magwero a Infinite Source Material ali ngati

mabatire ang'onoang'ono omwe pamapeto pake amatha mphamvu, pomwe Infinite Source ndi jenereta yamphamvu yomwe mphamvu zake sizimachepa, zomwe zimapatsa moyo mphamvu, chimwemwe, ndi mphamvu nthawi zonse. Chifukwa chake, ndikofunikira kwambiri kudalira Infinite .Source momwe tingathere

Munthu amene akufuna ayenera kuphunzira njira yoyenera yopindulira ndi chakudya chofunikiracho kuchokera ku gwero lake, ndipo ayenera kuzindikira kuti lingaliro ndi lenileni, chifukwa zochitika zonse zachilengedwe ndi chitsanzo cha lingaliro laumulungu chifukwa Mulungu .anaganiza za dziko lapansi asanalilenge

Ambiri amakhulupirira kuti lingaliro ndi chipatso cha thupi, koma kapangidwe ka thupi kolondola kwambiri, ndi mgwirizano wodabwitsa pakati pa ziwalo zake ndi ziwalo zake, zimasonyeza bwino kuti thupi ndi lopangidwa ndi .maganizo apamwamba kwambiri a chilengedwe chonse

Maganizo ndiye chinthu chachikulu chomwe chimalamulira thupi, ndipo ndikofunikira kwambiri kuti munthu apewe malingaliro amisala okhudza zofooka za anthu monga matenda, kufooka, ukalamba, ndi kukhumudwa, ndikudzitsimikizira kuti ntchito yosatha imayenda mwa iye, ndipo ntchito imeneyi ili ndi nzeru ndipo imatha kupatsa maselo a thupi thanzi labwino komanso .mphamvu za unyamata

Lingaliro ndi ubongo, malingaliro, ndi zomverera za selo lililonse lamoyo; lili ndi mphamvu yosunga thupi kukhala logwira ntchito komanso latcheru kapena lofooka komanso lofooka Lingaliro ndi mbuye, ndipo maselo a thupi ndi omwe ali pansi pake, akumvera malamulo ndi zoletsa za mbuye wawo wamkulu: lingaliro

Timasamala kwambiri za mtundu wa chakudya chomwe timadya tsiku ndi tsiku, ndipo mofananamo tiyeneranso kusamala za mtundu wa chakudya chanzeru ndi

chamaganizo chomwe timapatsa maganizo athu tsiku .lililonse

Katswiri wa sayansi ya zinthu zamoyo akunena kuti thupi si mafunde amagetsi koma mafunde a chidziwitso .choyandama m'nyanja ya chidziwitso chaumulungu

Tsiku lililonse tiyenera kulimbitsa mphamvu zathu zakuthupi, kuwonjezera mphamvu zathu zamaganizo, ndikudzidziwa bwino ife eni ake kudzera mu kusinkhasinkha, kuganiza bwino, ndi ntchito yabwino komanso yopindulitsa .yomwe imapindulitsa thupi, malingaliro, ndi mzimu pamodzi

Mulungu wandidalitsa ndi chisangalalo m'zaka zonsezi za moyo wanga Kaya anthu akuona kumwetulira kwa chisangalalo pankhope panga kapena ayi, chisangalalo cha Mulungu chili nane nthawi zonse ndipo sichindisiya. Mtsinje waukulu wa chisangalalo umayenda mosalekeza pansi pa mchenga wa chidziwitso changa ndipo umatuluka ngati .akasupe odalitsika omwe amathirira minda ya moyo wanga

Zovuta zadzidzidzi za moyo sizingasokoneze mtendere wanga, kapena chiyembekezo cha imfa sichingandichotsere .chimwemwe chauzimu chomwe ndikumva

Zinali zovuta kuti mkhalidwe umenewo ukhale wokhazikika komanso wosasinthika, koma zipatso za mzimu zomwe ndimasangalala nazo tsopano ndikugawana ndi ena .zinali zoyenera khama langa lonse

Ndimaganiza ndi kuchita zinthu motsogozedwa ndi mzimu wa Mulungu. Ndalama sizinakhale cholinga changa m'moyo, koma m'malo mwake kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu wanditsegulira zitseko zambiri zabwino kuti ndidzichirikize ndikukwaniritsa ntchito yanga. Ndipo nthawi iliyonse ndikafuna thandizo, .Mulungu amapereka nthawi yomweyo

Chikhumbo changa chokha ndicho kukutumikirani, ndipo ndicho chifukwa chake ndili pano

Mphamvu ya Mulungu ikugwiranso ntchito m'miyoyo yanu. Mudzaona choonadi ichi nokha chikhulupiriro chanu

chikalimbikitsidwa ndipo mudzazindikira kuti chuma chenicheni sichimachokera ku kupambana kwa zinthu .zakuthupi koma kwa Wamphamvuyonse

Ngakhale moyo umawoneka wosayembekezereka, wosasinthika, komanso wachinsinsi, wodzaza ndi kukayikira komanso mitundu yonse ya mavuto ndi zovuta, timakhalabe pansi pa chitetezo cha Mulungu nthawi zonse. Sitiyenera kukokomeza zinthu kapena kutaya bata lathu poyang'anizana ndi zochitika, chifukwa ngati tilola mantha kutigonjetsa, timapereka mphamvu ku choipa ndikukulitsa mizu yake, yomwe imakula ndikukula m'nthaka ya mantha .ndi nkhawa

Sitiyenera kuyembekezera kupeza chimwemwe ndi mtendere wosatha m'mayesero a moyo; m'malo mwake, tiyenera kuzifunafuna ndi kuzipeza mkati mwathu. Kenako, zilizonse zomwe timakumana nazo, tidzazithana nazo monga momwe timaonera zomwe wina wakumana nazo mufilimu, .kaya zosangalatsa kapena zopweteka

Munthu akhoza kusintha zonse zomwe anakumana nazo kukhala mayesero opweteka komanso osasangalatsa ngati alola maganizo ake kutero. Angakhale ndi thanzi labwino koma osazindikira kufunika kwake. Koma ngati adwala, adzadzichepetsa ndi kuyamikira madalitso a moyo wabwino. Tiyenera kuvomereza chisomo cha Mulungu ndikumuyamika chifukwa cha madalitso omwe watipatsa popanda kudikira kuti mavuto atipangitse kuyamikira ndi kuzindikira chisomo .chake

Moyo uyenera kukhala wosakanikirana ndi kusinkhasinkha ndi kuchitapo kanthu Munthu akataya kulinganiza bwino maganizo ake, amakhala pachiwopsezo cha nkhawa, mitambo ya chisoni, ndi ululu. Ndipo ngati ayesa kuswa malamulo a thanzi, chitukuko, ndi nzeru, .mosakayikira adzavutika ndi matenda, umphawi, ndi umbuli

Tiyenera kusunga zolinga zathu kukhala zoyera, zolinga zathu zikhale zoyera, ndikuchita zinthu m'njira yomwe

imatibweretsera mtendere wamumtima, osalola kuti zinthu za m'moyo zisokoneze mtendere wathu ndikuwononga .chimwemwe chathu

Komanso limbitsani nzeru zathu ndikukana katundu wa kufooka kwa nzeru ndi makhalidwe abwino komwe kwachokera kwa zaka zambiri. Zonyansa izi ziyenera kutenthedwa ndi moto wa kutsimikiza mtima kwatsopano ndi kuchitapo kanthu kopindulitsa Ndi njira yomangayi, munthu wodziperekadi akhoza kufika pamlingo wa kumasulidwa ndi .ufulu

Malamulo osatha a chisangalalo

Ankanena kuti m'nthawi ya golide ya mmodzi mwa olamulira olungama a ku India, palibe chochitika, imfa isanakwane, kapena masoka achilengedwe omwe adasokoneza mtendere ndi mgwirizano wathunthu wa ufumu .wake

Pamene achibale akukhala ndi umphumphu waukulu, banja lililonse lidzakhala ndi mgwirizano, thanzi labwino, ndi chikondi chochuluka. Koma pamene achibale akuchitirana dyera loipa, banja lidzadzaza ndi kusamvana ndi chidani. Izi zikugwiranso ntchito kwa mitundu. Anthu akakhala ndi umphumphu ndi umphumphu, adzaona Ufumu wa Mulungu .padziko lapansi

Nthawi ndi yochepa Lero tili pano, mawa tidzachoka Kufunafuna Mulungu ndi mwayi wapamwamba kwambiri wa anthu. Tiyenera kugwiritsa ntchito bwino ufulu umene Mulungu watipatsa m'moyo uno ndi kuugwiritsa ntchito .mwanzeru kuti tithe kuona choonadi chauzimu chosatha

Uchimo ndi chilichonse chomwe chimayambitsa ululu ndi kuvutika kwa munthu. Ubwino ndi umene umamupangitsa kukhala wosangalala kwamuyaya. Ngati munthu alibe mgwirizano wauzimu m'maganizo mwake ndi mtendere mkati mwake, nyumba yatsopano, galimoto yatsopano, kapena china chilichonse chatsopano sichingathe kubweretsa chimwemwe ndi bata ku moyo wake; m'malo

mwake, kuzunzika kwawo kwamkati kudzakhalabe ngakhale .atapeza zinthu zatsopanozo ndi zina zambiri

Chimwemwe chenicheni chili mu kuthekera kokana zochitika ndi kupirira mayesero onse akunja. Chimapezeka pamene mungathe kupirira ululu wowawa ndi mavuto ovuta omwe amayamba chifukwa cha tsankho ndi kuyesera kwa ena kukuvulazani ndi kukuikani m'misampha, ndipo mumayankha zolakwa zawo mwachikondi ndi kukhululukira. Mukatha kusunga mtendere wanu wa mumtima ngakhale mutakumana ndi zowawa za zochitika zakunja, ndiye kuti .mudzalawa chimwemwe

Malemba Opatulika amanena kuti iwo amene amanyalanyaza malamulo a Mulungu ndikutsatira zilakolako zawo zopusa ndi zokhumba zawo sadzapeza chimwemwe kapena kukwaniritsa cholinga chawo chachikulu. Amalimbikitsa wofunafuna choonadi kuti apange Malemba Oyera kukhala kuwala kwawo kowatsogolera ndi woweruza posankha zomwe ziyenera kuchitika ndi zomwe ziyenera kupewedwa, ndi kuzindikira zinthu ndikuchita zinthu .motsatira nzeru

Anthu odzidalira ndi omwe amachita zinthu mwachilungamo. Chimwemwe chimachokera ku malingaliro oyera ndi zochita zolungama. Ngati muli osangalala tsopano, mudzakhala osangalala mtsogolo, pano komanso m'dziko .lotsatira

Tiyenera kusonkhanitsa zokolola zabwino mwa kusonkhanitsa zipatso za nzeru pamene dzuwa la mwayi womwe ulipo likuwalira. Mwa kuyankhula kwina, tiyenera .kugwiritsa ntchito mwayi nthawi isanathe

ngati Gwiritsani ntchito mwayiwu, chifukwa) (simugwiritsa ntchito mwayiwu, udzakhala wokhumudwitsa

Mulungu watipatsa malamulo auzimu otchedwa malamulo Koma malamulo awa amanyalanyazidwa ndipo amaswedwa tsiku lililonse komanso kulikonse Pokhapokha anthu atamvetsa tanthauzo lake lauzimu, nthawi zonse

amadandaula za iwo ndikuwasiya Malamulo awa ndi malamulo osatha omwe amavomerezedwa ndi zipembedzo zonse za Abrahamu Komabe, malembawa nthawi zambiri amalephera kufotokoza mbali zamaganizo za malamulo awa ndi ubwino wotsatira malamulowa Anthu amalandira malamulo awa m'malo olambirira koma amalephera kuwatsatira kunja kwa iwo, zomwe zimatsimikizira izi ponena kuti malamulo awa ndi osagwira ntchito, osamveka, komanso osagwirizana ndi nthawi Komabe, kuphwanya malamulo awa ndiye chifukwa chachikulu cha mavuto onse padziko lapansi

Koma kodi ubwino wa malamulo amenewo ndi wotani ?ndipo ubwino wake uli kuti

Mabuku opatulika amalangiza munthu kuganizira za Mulungu, kumiza maganizo ake mwa Iye, kupereka zinthu zonse kwa Iye, ndi kumulambira Iye ndi kulambira koona mtima, kosasakaniza chinyengo komanso kopanda banga la .chinyengo

Kudziwa Mulungu kuyenera kukhala cholinga chachikulu cha moyo Ntchito za dziko lapansi sizingakwaniritsidwe popanda mphamvu imene Mulungu wapereka kwa anthu Kuchita ntchito wamba uku ukuiwala Mulungu ndi kulakwitsa komanso tchimo

Uchimo umatanthauza kusadziwa: kuchita zinthu mosiyana ndi ubwino waukulu wa munthu

N’chifukwa chiyani anthu amamva chisoni ndi chisoni?

Chifukwa chakuti sanachite zinthu moona mtima chifukwa .Mulungu sanali woyamba m’mitima yawo

Palibe chilichonse m'moyo wa munthu chomwe chiyenera kuonedwa kuti n'chofunika kwambiri kuposa Mulungu. Ngati munthu amasamaladi za Mulungu ndikukwaniritsa udindo wake wauzimu kwa Iye, zinthu zidzasintha m'njira iliyonse, ndipo adzamva kuti ndi .otetezeka ngakhale zinthu zitavuta bwanji

Munthu akangoyamba kulambira chuma, ndalama, kutchuka, kapena china chilichonse kupatula Mulungu, chimwemwe chimakhala chawo. Anthu amene amaika maganizo awo onse pa zinthu zimenezi kwenikweni amalambira zimenezo, ndipo chifukwa chake sayandikira kwa Mulungu koma m'malo mwake amachoka kwa Iye. Koma anthu amene amaganizira za Mulungu, amaganizira za Iye, ndi kulankhulana naye mumtima mwawo amayandikira kwa Iye ndipo amasangalala mumtima mwawo mukulankhulana .naye chete

Mulungu yekha ndiye angathe kukwaniritsa maloto a anthu ndi ziyembekezo za chimwemwe chosatha. Chifukwa chake, palibe chomwe chiyenera kuloledwa kutenga malo a .Mulungu mumtima

Pali zizindikiro zopatulika zomwe zingathandize wofunafuna kukumbukira Mulungu ndi kuyandikira kwa Iye. Komabe, ngati munthu ayamba kulambira zizindikiro zimenezi, kuvulala kwake kudzaposa ubwino wake. Kulambira kuyenera kuperekedwa kwa Mulungu yekha, .chifukwa palibe china chilichonse choyenera kulambiridwa

Kaya kulambira kotsatira miyambo kuli kotani, Mulungu amavomereza bola ngati wolambirayo akuchita zimenezi ndi chidziwitso chauzimu komanso kufunitsitsa Iye. Komabe, anthu ambiri samvetsa tanthauzo la kulambira, ndipo maganizo ndi mitima yawo imachoka kwa Mulungu kupita ku .miyambo, motero sapindula kwambiri ndi kulambira kwawo

Olambira oona salola kuti chidziwitso chawo chikhale chokhazikika pa chifaniziro kapena mawonekedwe aliwonse, koma amaika chidwi chawo chachikulu ndi chidwi chawo chonse pa mzimu waumulungu womwe uli kumbuyo kwa .zithunzi ndi mawonekedwe onse

Mulungu ndi wokwanira komanso wopanda malire, ndipo palibe chifaniziro kapena chifaniziro chomwe chingamulowemo

Tinganene kuti Mulungu amadziwonetsera mwa aliyense amene amamukonda moona mtima ndipo ali mogwirizana ndi Iye, chifukwa Iye alipo paliponse ndipo motero alipo mwa aliyense Komabe, si aliyense amene ali ndi mphamvu zowonetsera kukhalapo kwa Mulungu. Dzuwa limawala mofanana pa malasha ndi diamondi, koma diamondi imalandira ndi kuwonetsa kuwala kwa dzuwa, pomwe malasha sangathe Mofananamo, anthu onse amamizidwa mu kuwala kwa Mulungu, koma ochepa okha ndi omwe amatha kulandira kuwalako ndikukuwonetsa m'maganizo ndi zochita zawo. Kuti achite izi, ayenera kudziyeretsa okha kudzera mu kusinkhasinkha komanso kutsatira ziphunzitso .ndi malamulo a Mulungu

Tikamatchula dzina la Mulungu, tiyenera kudziwa bwino zomwe tikunena. Ngati mutaona maganizo a anthu panthawi yopemphera, mungapeze kuti ambiri akuganiza chilichonse kupatula Mulungu, ngakhale kuti akulankhula dzina Lake! Pemphero lotere ndi lopanda phindu komanso lopanda .phindu

Tikamapemphera, tiyenera kuyesetsa kuyang'ana kwambiri Mulungu, osati kungobwerezabwereza dzina Lake lodala pamene tikulola maganizo athu kuyendayenda. M'modzi mwa azakhali anga ankakonda kupemphera mapemphero awo pa mikanda yopempherera, yomwe nthawi zambiri sankatha kuwapeza. Koma tsiku lina anandiuza kuti ngakhale kuti ankachita chizolowezi chopempherachi kwa zaka makumi anayi, Mulungu sanayankhe mapemphero ake. N'zosadabwitsa! ."Mapemphero" ake anali chizolowezi chodetsa nkhawa

Tikamapemphera, sitiyenera kuganizira china chilichonse koma Mulungu yekha. Tiyenera kuyesetsa kukhala oona mtima polambira ndi kudzipereka popemphera. Kugwiritsa ntchito mikanda yopempherera ndi kutchula dzina la Mulungu nthawi zonse n'kovomerezeka bwino ngati chizolowezicho chimachokera mumtima ndipo

chimathandizidwa ndi kuwona mtima ndi malingaliro olunjika. Komabe, chizolowezichi chikhoza kukhala chokha .pakapita nthawi

Tiyenera kunong'oneza dzina la Mulungu m'mitima mwathu, pa rozari ya kulakalaka ndi chikondi chaumulungu; uku ndi kulambira koona komwe kumakhudza mtima wa Mulungu. Kutchula dzina la Mulungu mozizira komanso mopanda ulemu ndi mwano komanso kusalemekeza. Munthu akamapemphera, mtima wake ndi maganizo ake ziyenera kudzazidwa ndi chikondi cha Mulungu. Kuchita masewera olimbitsa thupi a yoga kumatithandiza kuyandikira kwa Mulungu, gwero lalikulu la ulemerero ndi ulemerero, .komanso kumatithandiza kuganizira ndi kulankhulana naye

Ndikofunikira kupatula tsiku limodzi pa sabata kuti mupumule mwauzimu (ngati n'kotheka) kuti muganizire za Mulungu ndikukhala ndi mtendere wamumtima. Nthawi yogwiritsidwa ntchito mwanjira imeneyi idzakhala mankhwala otonthoza mavuto ndi nkhawa zomwe .mumakumana nazo mkati mwa sabata yonse

Aliyense amafunika kukhala tsiku limodzi sabata iliyonse ali payekha kapena "kupumula mwauzimu" kuti achiritse mabala ndi ululu wawo wamaganizo Pamene tsiku limenelo lidzakhala la mtendere, chisangalalo, ndi kukhutira, .mudzaliyembekezera mwachidwi sabata ndi sabata

Kukhala wekha ndiye mtengo wa ukulu Mudzadabwa ndi zotsatira zabwino zomwe zidzapezeke m'maganizo mwanu, thupi lanu, ndi moyo wanu kudzera mu kubwerera kwauzimu kumeneku ndi kulumikizana ndi mzimu wanu komanso ndi Mulungu. Ngati mukufuna kukhala ndi chimwemwe chenicheni, muyenera kudzimiza mu nyanja yamtendere wa Mulungu m'mawa kwambiri mukadzuka, komanso .musanagone usiku

Anzeru aku India amalangiza osati tsiku limodzi lokha lokha lokha lokha lokhala paokha, komanso amagogomezera kufunika kosinkhasinkha mwakachetechete nthawi zinayi

tsiku lililonse. M'bandakucha, asanadzuke ndi kuonana ndi aliyense, munthu ayenera kusangalala ndi bata ndi mtendere. Masana, munthu ayenera kutonthoza maganizo ake asanadye nkhomaliro, ndikusangalalanso ndi nthawi yamtendere asanadye chakudya chamadzulo. Pomaliza, asanagone usiku, munthu ayenera kulowa mumtendere .kachiwiri

Anthu amene amasunga chete mosamala akakhala okha komanso nthawi zonse zinayi izi za tsiku ndi tsiku adzamva kuti ali paubwenzi ndi Mulungu. Anthu amene sangathe kusunga nthawi zonsezi ayenera kuthera maola osachepera a m'mawa ndi madzulo. Pochita zimenezi, miyoyo yawo idzasinthidwa kukhala yabwino, ndipo adzakhala ndi chimwemwe; zomwe akumana nazo ndiye umboni wabwino .kwambiri

Ngati mupitiriza kulemba ndi kusaina macheke popanda kuyika ndalama zokwanira kubweza akaunti yanu ya banki, ndalama zanu zidzatha. Chimodzimodzinso ndi moyo wanu. Popanda kusunga mtendere nthawi zonse mu akaunti yanu ya moyo, mphamvu zanu zidzatha, mtendere wanu udzatha, ndipo chimwemwe chanu chidzatha. Mwachidule, pamapeto pake mudzavutika ndi mavuto amaganizo, amaganizo, akuthupi, komanso auzimu. Koma kusinkhasinkha mozama tsiku ndi tsiku pa Mulungu kudzakwaniritsa zofooka zomwe .zili mu moyo wanu

Wofunafuna Mulungu wodzipereka amasinkhasinkha tsiku ndi tsiku, kulankhulana ndi Mulungu ndi chikondi chonse ndi chikhumbo chonse mumtima mwake, kumupempha kuti adziwulule yekha Ngati ndinu wokonda Mulungu ndipo mukufunitsitsa kuona kukhalapo Kwake, muyenera kumiza maganizo ndi thupi lanu mu mtendere Wake, ndipo moyo wanu udzakusangalatsani, ndipo zinthu zanu zidzayenda bwino m'njira zambiri. Munthu wodekha nthawi zambiri salakwitsa ndipo amapambana pamene .anthu ambiri amalephera

Iwo amene saganizira za Mulungu kapena kumusamalira amakhala okhumudwa komanso omvetsa chisoni. Amakwiya .msanga ndipo amakhala makina oyendera

Dzuwa la nzeru ndi mtendere lidzatuluka mumlengalenga wa bata ndipo lidzaphimba moyo wanu ndi kuwala kwake kochiritsa bola ngati muchita khama lauzimu .ndikupereka malo oyamba kwa Mulungu mumtima mwanu

Tsiku losinkhasinkha liyeneranso kukhala tsiku lopumula m'maganizo ndi mwakuthupi komanso kulimbikitsa mtendere wamumtima. Ntchito iliyonse yomwe imabweretsa .nzeru ndi mtendere ndi ntchito yodalitsidwa patsikulo

Ponena za kulemekeza makolo, mabuku opatulika amalimbikitsa kuwachitira zabwino: “Lemekeza atate wako ”ndi amako” ndi “Khalani okoma mtima kwa makolo

Abambo ndi amayi aumunthu ayenera kulemekezedwa monga oimira Mulungu, amene anawapatsa mphatso yolenga anthu. Mayi ndiye chitsanzo cha chikondi choyera cha Mulungu, chifukwa mayi wachikondi amakhululukira kulikonse komwe wina sangachite. Atate ndiye chisonyezero .cha nzeru ndi chitetezo cha Mulungu kwa ana ake

Munthu sayenera kukonda abambo ake ndi amayi ake kupatula Mulungu, koma monga chisonyezero cha chikondi chimenecho. Mtetezi ndi wanzeru. Mzimu wapamwamba waumulungu umakhala bambo ndi mayi kuti athandize mwana, chifukwa chake uyenera kulemekezedwa mwa .makolo

Malemba amatilangizanso kuti tisaphe chifukwa cha kupha, chifukwa munthu amakhala wakupha. Munthu sayenera kupha munthu wina mumphindi yachisoni. Komabe, ngati okondedwa ake akuopsezedwa, munthu ayenera kumenyana kuti ateteze anthu omwe Mulungu wawapatsa, chifukwa ndi udindo wopatulika kuteteza banja .lake ndi dziko lake

Ponena za lamulo loletsa chigololo, cholinga chabwino kwambiri cha kugonana chiyenera kukhala kubereka ana

olengedwa m'chifaniziro cha Mulungu ndi kusonyeza chikondi choyera chomwe okwatirana amamva omwe amaona Mulungu mwa wina ndi mnzake. Anthu omwe amakhala ndi moyo wokhawokha, osaganizira za chikondi chenicheni kapena cholinga chapamwamba chomwe chilakolako chogonana chinapangidwira, amachita chigololo motsatira lamulo ili. Pankhaniyi, sasiyana ndi nyama zomwe zimakhutiritsa chilakolako chawo chogonana kenako n’kupita .patsogolo

Mulungu adalenga chilakolako cholenga ichi mwa amuna ndi akazi kuti abereke ndi kusonyeza chikondi chenicheni m'banja, ndipo sichiyenera kugwiritsidwa ntchito molakwika mwanjira ina, koma m'malo mwake chisandulike .kukhala ntchito yopatulika ndi chidziwitso

Ngati mungathe kulamulira ndikugawa mphamvu zogonana mkati mwanu, mudzatha kukulitsa luso lamphamvu la maganizo polemba, kujambula, kapena .kuwulula maluso obisika m'njira zina zambiri

Ndipo mukadzatha kulamulira ndikusintha zochita zanu zauzimu, mudzakhala ndi mtendere waukulu, chikondi .chachikulu, ndi chimwemwe chauzimu chowonjezeka

Oyera mtima ndi atsogoleri auzimu omwe asintha machitidwe awo ogonana mwauzimu ndi zimphona zomwe zimatha kuchita zodabwitsa komanso zodabwitsa padziko .lapansi komanso pofunafuna choonadi mopanda nzeru

Motero, kugwiritsa ntchito kwambiri chilakolako chogonana ndiko kukweza mphamvu zake, kutanthauza kuti, kupititsa mphamvu zake ku cholinga chapamwamba kuti awonetse nzeru, malingaliro apamwamba, ndi malingaliro auzimu Munthu sayenera kusangalala ndi malingaliro ogonana kapena kulakalaka zomwe siziloledwa Munthu akadziletsa mwanjira imeneyi, adzakhala ndi malingaliro .abwino pa kugonana ndi cholinga chake chapamwamba

Kukhala kapolo wa nkhani zogonana kumatanthauza kutaya thanzi, kudziletsa, ndi mtendere wamumtima, ndipo

mwachidule, zinthu zonse zomwe zimapangitsa munthu kukhala ndi chimwemwe

Mabuku opatulika amatilimbikitsanso kuti tisabe Ngati gulu la anthu chikwi likanaberana, aliyense adzakhala ndi adani 999 Chifukwa chake, munthu sayenera kuphwanya ufulu wa ena, kapena kulanda malo awo, mtendere, chikondi, ulemu, kapena chilichonse mwa zinthu zawo zakuthupi kapena zauzimu. Ngati simukufuna kutenga zomwe si zanu, zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu. Kuba kumayambira m'maganizo mwa munthu akayamba kudera ena nsanje. Mbewu za zilakolako zoipa ziyenera kuchotsedwa m'maganizo. Kukoma mtima kwauzimu ndi njira. Kenako, munthu amakoka zinthu zambiri, ndipo madalitso adzabwera kwa iye kuchokera ku magwero omwe amadziwa komanso omwe sadziwa. Ndi lamulo la Mulungu losalephera. Ponena za akuba ndi anthu odzikonda, amakhala moyo wawo wonse akufunafuna zinthu zakuthupi, maso awo nthawi zonse pa zomwe ena ali nazo, .ngakhale ndalama zawo zitadzaza ndi golide

Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe

Chimwemwe chimabwera pokhapokha ngati munthu akugwirizana ndi ena. Chimachitika munthu akamamva zosowa za ena ngati kuti ndi zake ndipo amagwirira ntchito .ena monga momwe amagwirira ntchito yekha

Lamulo lina lofunika ndi kupewa kupereka umboni wabodza Kuvulaza aliyense mwa kupotoza chowonadi ndi njira ina yowonongera mgwirizano wa anthu Ngati munthu akufuna kuchitiridwa bwino, ayenera kuchitira ena moyenera

Chowonadi chiyenera kunenedwa nthawi zonse, koma payenera kukhala kusiyana pakati pa kunena zoona ndi kungonena zoona. Kutchula munthu ngati wolumala kapena wakhungu n'kopweteka komanso kosathandiza; munthu ayenera kuganizira za malingaliro a ena ndikupewa kuwachititsa manyazi. Mofananamo, kuulula chowonadi

chomwe chingapereke munthu popanda cholinga chabwino n'kolakwika. Kumbali ina, munthu sayenera kunama kuti apewe kunena zoona; m'malo mwake, munthu akhoza kukhala chete pazochitika zina kuti apewe kuchititsa .manyazi kapena kuvulaza ena

Munthu ayenera kusamala ndi nsanje, matenda oopsa omwe amaluma mtendere wa moyo Munthu akamalakalaka kwambiri zinthu za ena, amakhala ndi chisoni chachikulu komanso mavuto ambiri. Munthu wansanje amakhala ndi moyo wovuta, osadziwa kukoma kwa mtendere. Ndi bwino kuti adzilemekeze, adzidalire, komanso afune chuma .chauzimu chamkati

Ulemu wa munthu ndi kufunika kwake kwa mkati n’zoposa chilichonse chimene angafune kapena chimene akufuna kukhala nacho. Mulungu amaonekera mwa munthu aliyense m’njira imene sionekera mwa munthu wina aliyense. Nkhope yawo ndi yosiyana ndi ya munthu wina aliyense, ndipo moyo wawo ndi wosiyana ndi wa munthu wina aliyense, chifukwa mkati mwawo muli chuma chachikulu kwambiri cha chilengedwe chonse—ndipo chuma .chachikulu chimenecho ndi Mulungu

Sitikuvutika ndi zakale

Munthu akakhala ndi chikhulupiriro choyenera ndikuchita zinthu moyenera, amakhala wosangalala kuposa anthu opanda chikhulupiriro ndipo sachita ntchito zawo .pankhondo ya moyo

Chikhulupiriro cholimba ndi zochita zolungama (zothandizidwa ndi zolinga zabwino ndi zolinga zabwino) nthawi zonse zimapezeka kulikonse komwe kuli chimwemwe, ndipo zimatayika kulikonse komwe kulibe chimwemwe Kuchokera pa izi, tingathe kunena kuti ndi zinthu ziwiri zofunika kwambiri kuti munthu akhale ndi chimwemwe, zomwe sizingapezeke popanda izo. Amene akufuna chimwemwe amafunika kukhala ndi zinthu ziwiri .zofunika kwambiri izi, zomwe ndi maziko ake ndi mizati

Anthu sangathe kulamulira—pakufuna kwawo—zigawo zopanda malire za chilengedwe chonse, komanso sangathe kuzisintha kapena kuzichotsa Zigawozi zimalukidwa mozama ndi kapangidwe ka moyo wa munthu, ndipo anthu sangathe kugwira ntchito padera ndi iwo Komabe, amatha kulamulira maganizo awo kuti agwirizane ndi zigawozi

Musamuvulaze

Makolo athu anali osangalala kuposa ife osati chifukwa chakuti anali ndi zinthu zambiri za dziko lapansi ndi zosangalatsa kuposa ifeyo panopa, kapena chifukwa chakuti sanali ndi mavuto ambiri a moyo, koma chifukwa chakuti anali ndi maganizo abwino omwe ankawapatsa chitonthozo, .mtendere, kukhutira, komanso chimwemwe mwachidule

Sanadalire zinthu zakunja kuti akhale ndi chimwemwe, komanso sanagonjere zinthu zakunja zomwe zikanawalanda chimwemwecho. Malingaliro awo a chitonthozo, mtendere, chimwemwe, ndi kukhutira anali achibadwa, abwinobwino, athanzi, komanso okhalitsa. Ifenso tiyenera kukulitsa malingaliro amenewa ngati tikufuna kukhala ndi chimwemwe. Ndipo ndani pakati pathu amene safuna ?kukhala nacho

Tsogolo ndi zotsatira za kugwiritsa ntchito ufulu wosankha wakale kapena ufulu wosankha. Kudzera mu machitidwe athu akale a ufulu wosankha, tabweretsa ndipo tikupitiriza kudzibweretsera tsoka ndi tsogolo. Komabe, sitili omangidwa ndi zakale, komanso sitikukakamizidwa kwamuyaya ndi zotsatira za zochita zathu. Tikhoza kugwetsa zomwe tabzala ndikuchotsa zomwe talemba ngati tikufuna ndikuyesetsa kukonza njira yathu ndikukweza ubwino wa zokolola zathu. Ngati tichotsa mbewu za zochita zomwe zili ndi zotsatirapo zowawa ndikubzala m'malo mwake mbewu zoyenera kwambiri chikhalidwe cha moyo, tidzakolola zipatso za chimwemwe kuchokera ku mbewu zabwino zomwe zabzalidwa m'nthaka ya moyo. Tiyenera kugwiritsa ntchito ufulu wosankha tsopano, tsopano osati mawa, ngati

tikufuna kupeza chimwemwe chachikulu kapena kuchepetsa .kuvutika ndi ululu

Chifukwa chake, zinthu zomwe zimapangitsa munthu kukhala wachimwemwe zili mwa iye, ndipo chomwe ayenera kuchita ndikungoganizira mozama za equation yomwe siilakwitsa, ndipo zotsatira zake zidzakhala zabwino kwa iye ngati apanga mayeso abwino kwambiri ndikuthana nawo. Koma munthu amene ali ndi chifuniro champhamvu amakhala wogwirizana ndi Mulungu

Mphamvu yokhazikika ya malingaliro

Mukayang'ana kuwala kwa dzuwa Mwa kuyang'ana lenzi yokulitsa pamalo ang'onoang'ono, imapanga kutentha, ndipo kutenthako kumatha kuyatsa matabwa Nsalu, mapepala, ndi zina zotero Mofananamo, mukayang'ana kwambiri malingaliro anu Mphamvu zake zokhazikika Kuwotcha zoipa ndi mizu ya kukayika, chifukwa cha kulephera konse, ndikupangitsa kuwala kwa nzeru kuwala ndi kuwala ndi kuwala

Pamene lingaliro likugwirizana ndi Mulungu, gwero la ubwino wonse ndi chiyambi cha mphamvu zonse zodala, amazindikira kukhalapo kwa Mulungu ndipo amakhala ndi zinthu zonse za kupambana. Zinthu zimenezi zimagwirizana kwambiri ndi mphamvu yaikulu ya Mulungu, zomwe zimatha .kupanga zifukwa zatsopano zopambana m'munda uliwonse

Mulungu alemekeze ntchito zabwino ndi zabwino zomwe amachita komanso azichita bwino

Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika panthawi inayake ndi pamalo enaake. Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe ananena, zomwe zinamera mizu m'nthaka ya chidziwitso chawo, kumera kukhala chomera ndikubala zipatso zomwe zimasonyeza makhalidwe enieni a malingaliro .ndi zochita zimenezo

Mukayang'ana dzuwa lomwe lili kutali kwambiri mumlengalenga, nyenyezi yaikuluyo imawoneka yaying'ono kwambiri kuposa Dziko Lapansi. Komabe, kukula kwa Dziko Lapansi kuli pafupifupi makilomita 7,900, pomwe kukula kwa dzuwa kuli kokulirapo ka 100. Ngati mungayike dziko lathu lapansi patsogolo pa dzuwa, lingawoneke ngati kadontho kakang'ono poyerekeza ndi dzuwa. Tangoganizirani thambo lalikulu la dzuwa likukulirakulira mpaka kulemera kwake kwakukulu kukukuta thambo lonse labuluu. Thambo lomwe timaliona ndi chidutswa chaching'ono, kachidutswa kakang'ono, ka mlengalenga wopanda malire komwe kamazungulira chilengedwe chonse. Ngakhale dzuwa litapitiriza kukula mpaka kukhala lopanda malire, silingathe kuphimba zopanda malire. Chinyengo ichi cha chilengedwe chonse cha kuchepa ndi malire chimalepheretsa malingaliro kumvetsetsa kukula kwa chilengedwe chonse, chiyambi .chake, ndi malire ake

Iye amene sagonjera ku miyeso ndi miyeso, amene alibe malire kapena chiyambi, ndiye Mulungu, amene ali paliponse ndipo ali m'malo akutali kwambiri a mlengalenga. Ali m'nyenyezi zakutali, monga momwe alili mkati mwanu ndi mkati mwanga , ndipo amadziwa bwino malo aliwonse omwe alimo. Kaya ndi ang'onoang'ono kapena akuluakulu bwanji. "Kuchokera m'buku lakuti "Cholinga Chachikulu cha Munthu

Mapemphero

Ambuye

Tengani dzanja langa kuchokera mumdima kupita ku kuwala

O bata la chilengedwe

Ndikumva mawu anu m'kulira kwa mitsinje ndi phokoso la mbalame za usiku

Mu kulira kwa mphepo, phokoso la mafunde, ndi mabingu a kugwedezeka

Ambuye wokondedwa

Sindikukulambirani ndi mawu, koma ndi mtima wofuna .kukukondani
Ndiloleni ndione malo anu aakulu
Kukhalapo kwanu kosalekeza kumbuyo kwa chilichonse
Mwina ndidzazindikira kuti ndine gawo la moyo wanu .wosasintha kwamuyaya
Nyanja yosefukira
Ndikanakonda kuti mitsinje yozungulira ya zilakolako
zanga ikadatha kuyenda m'zipululu za zopinga ndi zopinga
Pomaliza, chisokonezo chanu chachikulu chasokonekera
Ndithandizeni kumvera mawu anu, Ambuye
Phokoso la chilengedwe chonse lomwe kugwedezeka kwa chilengedwe chonse kunachokera
Ndiloleni ndione kukhalapo kwanu kudzera mu mawu odala (Om - Amen)
nyimbo Yoyera kwa mawu onse odala
Kukulitsa chidziwitso changa pamene ndikumvetsera nyimbo za moyo
Ndiloleni ndimve ngati nyanja ya cosmic
Ndipo mayendedwe a thupi akuvina pachifuwa pake
Lolani mawu opatulika kwambiri amveke mkati mwanga
Kukulitsa chidziwitso changa kuyambira thupi mpaka chilengedwe chonse
Ndiloleni ndimve chisangalalo chosatha, chodzaza ndi zonse
Kuphulika kuchokera ku nyanja ya kuwala kodzaza ndi madzi
O mphamvu zopanda malire
Nzeru yosatha
Limbitsani moyo wanga ndi kugwedezeka kwanu kwauzimu
O liwu la mawu odala a cosmic
Konzani zolakwa zanga
Ndikufuna

Tengani dzanja langa kuchokera mumdima kupita ku kuwala

Nthawi iliyonse ndikaganizira za Inu, Ambuye, chikhumbo choyaka chimabadwa mkati mwanga, kugwedeza malingaliro anga ndikuyenda kuchokera mumtima mwanga kupita ku selo lililonse m'thupi langa, ndikulipatsa chikondi .chaumulungu

Chikhumbo changa chachikulu ndikufika pamtima panu ndikusangalala ndi kukhalapo kwanu

Ndipo mwadzidzidzi chitseko cha moyo chimatseguka, ndipo ndadzazidwa ndi chisangalalo poona kuwala kwanu !kowala

Zakale sizikudziwika kwa anthu ambiri, kupatulapo anthu ochepa osankhidwa odziwa bwino ntchito. Komabe, kusadziwa kwathu zakale kulinso ndi phindu kwa ife. Pakuti tikanadziwa zonse zomwe tachita m'moyo uno ndi m'miyoyo yakale, tikadagwidwa ndi kuchuluka kwa zochita zathu ndikusokonezeka kwambiri. Inde, chifuniro chathu chingalepheretsedwe ndi mantha, zomwe zingatipangitse kuti tisapitirize kuchita zinthu zathu ndikutisiya titataya mtima. Ngakhale m'moyo uno wapadziko lapansi, kuiwala ndi dalitso lochokera kwa Mulungu, loletsa kukumbukira zakale, makamaka zowawa ndi zopweteka, kuti zisapitirire .kuwononga malingaliro ndi malingaliro athu

Koma mwamwayi, kuwala kwaumulungu komwe kuli mkati mwathu nthawi zonse kumawala ndi chiyembekezo komanso chikhumbo chopitiliza ulendo wosatha wa moyo. Tiyenera kuyamika Mulungu chifukwa cha madalitso awiriwa: .kuiwala zakale ndikuyembekezera tsogolo

Sitiyenera kuganiza kuti tsogolo limaika zopinga pa ufulu wosankha Komabe, tiyenera kuchita zonse zomwe tingathe kuti tipewe zinthu zoipa zomwe anthu ambiri amati ndi tsogolo ndi tsogolo, ndikugwiritsa ntchito ufulu wathu wosankha malinga ndi zikhulupiriro zathu zamkati, bola ngati zikhulupiriro zimenezi zimachokera pa chikhulupiriro

cholimba komanso zozikidwa pa malamulo a Mulungu, omwe popanda iwo munthu sangasangalale ndi chimwemwe .chenicheni

Tikayamba ntchito, sitiyenera kuopa mavuto, koma tiyenera kukhala ndi chiyembekezo mpaka pamlingo waukulu, ndi chikhulupiriro chonse kuti palibe chomwe chingalepheretse kugwiritsa ntchito chifuniro chathu .ndikugwiritsa ntchito ufulu wathu wosankha

Ngati talephera kukwaniritsa cholinga chathu, ndikovomerezeka kuvomereza mosapita m'mbali kuti panali zopinga zomwe tinapanga zomwe zinatilepheretsa kukwaniritsa cholinga chathu. Tiyenera kupirira ndikuwonjezera khama lathu kuti tikwaniritse cholinga chathu. Tiyeneranso kudzitsimikizira tokha kuti ngakhale zopinga ndi zovuta zitakhala zolimba komanso zoopsa bwanji, tili ndi mphamvu zokwanira kuzichotsa ndikuzigonjetsa. Ngakhale titalephera ngakhale titayesetsa bwanji, palibe chifukwa chotaya mtima ndi kukhumudwa, bola ngati tikumvetsa kuti chifuniro cha munthu chili champhamvu kuposa tsogolo, lomwe ndi lopangidwa ndi ife tokha. Chifukwa chake, sitiyenera kusiya kuyesera, ngakhale titalephera kangati, chifukwa nthawi zonse pali zitseko zotseguka. Tiyenera kungopitiriza kuyesetsa ndikubwereza kuyesa mpaka titapambana. Mulungu adzatipatsa thandizo bola ngati tidalira Iye ndikuyesetsa. Iye amene akuyenda panjira adzafika komwe akupita, ndipo iye amene amadalira .Mulungu sadzakhumudwa

Munthu akafuna chinachake, ndipo chilakolako chimenecho chili champhamvu komanso chachangu, chilakolako chimenecho sichichoka m'maganizo mwake, kulikonse komwe akupita komanso kulikonse komwe akuyang'ana, ndipo chilichonse chomwe angachite ndi nkhawa zake. Kudzera mu ntchito yake yosalekeza komanso yopitilira, chilakolako chimenecho chimakhala ndi kutsimikiza mtima kwakukulu komanso mphamvu.

Kunong'oneza kwanzeru kumeneku kumakhala kwamphamvu komanso kogwira mtima kuposa kupemphera mwamwambo, komwe sikupitirira kusuntha milomo. Ichi ndi chimene okonda Mulungu amachita; amanong'oneza chikondi chawo kwa Mulungu mosalekeza, ndipo kunong'oneza kwawo kumakhala kochokera pansi pa mtima komanso kosamveka, pa zochita zawo zonse za tsiku ndi tsiku. Kunong'oneza kumeneku sikuwasokoneza, komanso sikutsutsana ndi ntchito zawo zina. Pamene chilakolako chawo cha Mulungu chikukula, chikondi chawo kwa Iye chimalimba ndikukula, mpaka atakhudza kukhalapo Kwake ndikuwona kuwala Kwake ndi diso la moyo, akumva chisangalalo chachikulu ndikumva mtendere woposa .kufotokozedwa

Mulungu amatipatsa maphunziro omwe timafunikira pamoyo wathu kuti tipindule nawo ndikupeza kumvetsetsa ndi kudziwa. Aliyense amene amapewa maphunziro amenewo adzakakamizika kuwaphunzira Kaya zitenga .nthawi yayitali bwanji

Mayeso aliwonse ndi abwino ngati tiphunzirapo kanthu, ndipo ndi olamulira ankhanza ngati titawononga mwayiwu ndikuugwiritsa ntchito molakwika kudzera mu kudandaula, .mkwiyo, komanso kusaganiza bwino

Tikakhala ndi kumvetsetsa bwino komanso malingaliro abwino pa moyo, zimakhala zokongola Ndipo wopanda mavuto

milandu yamaganizo

Munthu sangakhalebe wonyamulidwa ndi mafunde a chisangalalo kwamuyaya, kapena kumizidwa pansi pa madzi odzaza ndi chisoni, kapena kumizidwa m'kuya kwa kusowa chochita. M'dziko lino lodziwika ndi zinthu ziwiri zosiyana, Munthu wamba amakumana ndi zovuta ndi zovuta. Amadzuka ndi chisangalalo chachikulu ndipo amalowa mu kuya kwa kusakhudzidwa, ndipo amakankhidwa ndi mafunde amphamvu achisoni. Ndipo nthawi zambiri sadziwa za

mkhalidwe wina uliwonse wa chidziwitso. Kulola zochitika kuti zisokoneze malingaliro mwanjira imeneyi. Kumatanthauza kupereka chifuniro cha munthu ku tsogolo .losakhazikika komanso losakhazikika

Chomwe munthu amafunikira kuti akhale ndi moyo wopambana komanso wokhutiritsa ndi kukhala ndi maganizo abwino

Izi zitha kuchitika pokhapokha poganizira kwambiri za .maganizo. Kulamulira luso la maganizo

Ngakhale chisoni chachikulu chimachira pakapita nthawi, kotero palibe chifukwa choganizira za chisoni tsiku lililonse la moyo wathu. Chisoni chokhalitsa chifukwa cha wokondedwa wathu sichithandiza iye kapena ife, ndipo sichisintha chilichonse m'chowonadi. Kukhala ndi vuto lodziona ngati wopanda pake kapena kudzilanga Kuganizira zolakwa zakale kapena zolephera n'kopanda phindu Kumangopangitsa moyo kukhala wosasangalatsa komanso kulepheretsa luso la maganizo

Sitiyenera kudzilola kugwera mu dzenje la chizolowezi chosasangalatsa, chifukwa chimenecho ndi mkhalidwe wamaganizo womwe suli bwino, chifukwa umadetsa nkhawa maganizo ndikuwotcha luso lobisika mu ng'anjo ya .kusasamala

Kulephera kuyenera kuchotsedwa mizu yake, ndipo minda ya moyo iyenera kulimidwa mwakhama komanso modzipereka ndikufesedwa mbewu zabwino kuti tikolole .zipatso zambiri ndi thandizo la Mulungu

Chitsulo mu Chaka cha Siliva

Ndinaitanidwa ku chikondwerero cha chikondwerero cha siliva cha banja lomwe linkaoneka ngati limodzi mwa mabanja osangalala kwambiri, koma nditangolowa m'nyumba mwawo ndinamva kuti pali vuto. Ndinapempha ophunzira anga awiri kuti aone momwe amachitirana madzulo, ndipo pambuyo pake anandiuza kuti mwamuna ndi mkazi wake akumwetulirana pamaso pa ena ndipo

amalankhulana ndi mawu okoma kwambiri monga "Inde, wokondedwa wanga" ndi "Zachidziwikire, wokondedwa wanga," ndi mawu ena ochezeka. Koma akangoganiza kuti .ali okha, amakangana ndi kulankhulana mawu opweteka

Ndinalankhula nawo ndipo ndinati: Munandiitana kuti ndipite ku phwando lanu, koma mlengalenga ndi wovuta ndipo ndikumva kuti pali kusamvana kwakukulu m'nyumba muno, ndipo zikuwoneka kuti pali chitsulo chambiri mu .chikondwerero cha siliva ichi

Poyamba, anakhumudwa, koma pambuyo pake anavomereza kuti ndinali wolondola ndipo anapepesa. Anapitiriza nati: Kodi mumapindula chiyani mukamakangana ?nthawi zonse

Zikuoneka kuti mukukhala limodzi kuti musunge mbiri yanu monga banja langwiro, koma muyenera kukhala choncho ndi wina ndi mnzake ndikukhala mwamtendere ndi mogwirizana kuti mukhale osangalala komanso kuti mukhale .ndi mtendere wamumtima

Chakudya chamaginito

Anthu akamalankhula za chakudya kapena zakudya, nthawi zambiri amatanthauza chakudya chakuthupi chomwe chimadyedwa kuti chithandize thupi. Komabe, pali mitundu ina ya zakudya zomwe sizili zofunika kwambiri kuposa chakudya chakuthupi, ndipo nthawi zambiri zimakhala zofunika kwambiri, monga chakudya chanzeru kapena chauzimu. Kuchita zinthu m'maganizo kapena kuganizira .kwambiri za maganizo, nzeru ndi kuzindikira zauzimu

Chakudya chakuthupi chimalimbitsa maselo a thupi, pomwe chakudya chanzeru chimadzaza malingaliro ndi malingaliro abwino, ndipo chakudya chanzeru .chimatsitsimutsa moyo ndikukulitsa luso lake

Chakudya cha nzeru nthawi zambiri chimakhala ndi malingaliro omwe munthu amaganiza ndi omwe amalandira .kuchokera kwa ena kudzera mu kulumikizana nawo

Anthu odekha komanso akhalidwe labwino amathandiza .kuti maganizo athu akhale okongola komanso athanzi

N'zosavuta kudziwa ngati munthu amatenga chakudya chake cha nzeru kuchokera pamalo amtendere kapena osokoneza Nkhawa, kuvutika maganizo, ndi chisokonezo zonse zimachokera ku kugwirizana ndi anthu olakwika, kaya abwenzi kapena achibale. Izi zimayambitsa maganizo odetsa nkhawa komanso kukhumudwa

Thupi limatenga mphamvu ndi mphamvu kuchokera ku zakudya zakuthupi, pomwe zakudya zamaginito zimapatsa thupi ndi malingaliro mphamvu zomwe zimagayidwa mosavuta kuposa zakudya zolimba ndi zamadzimadzi, zomwe sizingasinthidwe mosavuta kukhala mphamvu .yamoyo

Pamene mungathe kusintha umbuli kukhala nzeru, kufooka ndi kufooka kukhala thanzi ndi mphamvu, ndikuyenda molimba mtima komanso molimba mtima - ngakhale nokha - panjira za moyo, ndikukhala ndi chisangalalo chamkati pokhala ndi chikumbumtima chamoyo komanso chosamala, ndi chikhulupiriro chosagwedezeka mu chilungamo cha Mulungu ndi kupambana kwa chabwino pa .choipa ndi chowonadi pa chinyengo

Ndipo mukamayesetsa tsiku lililonse kumasula malingaliro anu ku milingo yapamwamba komanso yowongoka, ndipo muli ndi mtima wachikondi komanso woyamikira, komanso zolinga zabwino kwa ena, thanzi lanu la nzeru lidzakhala lokongola, ndipo mudzakopa nokha zonse zokongola komanso zothandiza, kuchokera ku zinthu, anthu ndi zochitika, zomwe zimafunika kuti mupitirize ulendo .wopita kugombe la chitetezo ndi chitetezo

Mukayesetsa kupeza zomwe mukufuna, ndikukhutira ndi zomwe Mulungu amapereka, mudzakhala olemera mumzimu komanso okhutira kuposa anthu omwe amakonda kwambiri chuma cha dziko lapansi komanso okonda zosangalatsa zake .zosakhalitsa

Munthu akafuna Mulungu, amene ndiye bwenzi lenileni lokha, kuposa mabwenzi onse, zimakhala zotheka kukhazikitsa ubwenzi weniweni m'maubwenzi onse a anthu: .a m'banja, achibale, a m'banja, ndi auzimu

Ubwenzi ndi chinthu chofunikira kwambiri m'banja, ndipo ubwenzi wapamtima ndi wamaganizo uyenera kuperekedwa patsogolo, kukondana ndi makhalidwe abwino, .komanso chikondi chenicheni ndi ubwenzi

Anthu omwe satha kusiyanitsa pakati pa chikondi chenicheni ndi chilakolako cha kugonana nthawi ndi nthawi .amakhumudwa

Ukwati ukakhazikitsidwa pa mfundo zabwino komanso ulemu, umakhala mgwirizano wosangalatsa komanso wopambana pakati pa miyoyo iwiri yokondana. Ndipo amagwirira ntchito limodzi kuti achepetse mavuto a moyo kwa wina ndi mnzake, ndikuchotsa nkhawa zokhala ndi .chifundo komanso kumvetsetsana

Palibe amene angandilamulire kapena kundichotsera chifuniro changa, pokhapokha nditalola maganizo ndi zochita .za ena kundikhudza

Ambuye, ndikudziwa kuti ndili ndi mwayi wosatha patsogolo panga kuti ndifufuze luso langa ndikupeza mphamvu zanga zauzimu, ndidzasintha zinthu zakuthupi ndikukhala ndi zolinga zapamwamba. Ndipo ndidzazindikira kuti mzimu wokhulupirika uli ndi ine nthawi zonse

Lero ndidzadzaza malingaliro anga ndi chiyembekezo, ndidzipatula ku zochitika zosasangalatsa, ndipo ndidzachita zomwe zingasamalire thupi, malingaliro, ndi mzimu mwanjira .yoyenera komanso yokhazikika

Kuvina kwa moyo ndi imfa kumakhalapo nthawi zonse, koma ndidzadzimasula kwamuyaya poteteza umunthu wanga wauzimu Ndipo pamene mphepo yamkuntho ya mayesero ndi mavuto idzandigwera, ndidzayenda m'chombo cha moyo wanga Kudutsa nyanja ya moyo Kupita kugombe lotetezeka, laumulungu

Ndikagwira ntchito ndi kulenga ndidzakumbukira kuti Mulungu amagwira ntchito kudzera mwa ine; Iye ndiye Ambuye wa chilengedwe chonse. Ndipo ndimatha .kulumikizana naye mwa kusinkhasinkha mozama za Iye

Mulungu wanga wokondedwa, ndikuzindikira kuti malingaliro anga adzandibweretsera kulephera kapena kupambana, kutengera lingaliro lomwe ndi lamphamvu kwambiri m'moyo wanga. Chifukwa chake, ndiyesetsa kukumbukira kuti mukundithandiza ndipo .zimandikonzekeretsa pazifukwa zopambana

Masoka ndi mavuto akamandigwera, ndidzakweza mtima wanga ndikulimbitsa kutsimikiza mtima kwanga kuti ndiwagonjetse. Ndidzakhala woona mtima komanso woona mtima muzochita zanga komanso pochita zinthu ndi aliyense, ndipo ndidzamasula malingaliro achikondi ndi mafuno abwino. Kenako Mulungu adzandithandiza ndi .mphamvu zake ndi nzeru zake

Ambuye, ndidzagwiritsa ntchito mphamvu zanga ndi nzeru zanga kuti ndikwaniritse zinthu zazing'ono kaye, .kenako ndipitirire ku zinthu zazikulu

Ngakhale zolinga zonse zakuthupi zitakwaniritsidwa, zimangobweretsa chisangalalo chosakwanira, ndipo kupeza Mulungu ndiye chisangalalo chenicheni chokhacho ndidzapeza malo osungiramo chisangalalo chosatha Ndipo sichimasiya kuyenda ndi kuthamanga, m'minda ya moyo ndi .m'madambo ake obiriwira

Mawu agolide

Chimwemwe ndi ufulu wanga, cholowa changa, ndi chuma changa chobisika cha Mulungu. Nditsogolereni, Ambuye, kuti ndipeze mkati mwanga chuma choposa maloto .a mafumu

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Mulungu wokhala m'mitima amaunikira mwa ophunzira ake - kuchokera mu chifundo chake ndi chifundo chake -

nyali zowala za nzeru zomwe zimachotsa mdima wa kusadziwa

* * *

Moyo ndi kayendedwe kanzeru kokhala ndi kayimbidwe kokhazikika. Umapangidwa m'zinthu zopanda moyo, kapena umatenga mawonekedwe amoyo komanso oyenda. Moyo uli .ndi zonse ndipo umalowerera chilichonse

* * *

O wokondedwa kwambiri, Inu ndinu moyo weniweni, Inu ndinu cholinga changa ndi chikhumbo changa. Mundipangire duwa lokongola m'munda wanu wakumwamba, kapena mkanda wowala mu mkanda wa chikondi chanu chowala, kapena mundipatse ulemu waukulu: malo ang'onoang'ono .mumtima mwanu

* * *

Kulikonse kumene ena amayamikira khama langa pochita zabwino, ndi komwe ndingapereke chithandizo .chabwino kwambiri

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Tiyeni tiluke kapeti yagolide ya maloto okhala ndi ulusi wa silika wa zikumbutso zokoma ndi malingaliro abwino

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Maganizo opanda kanthu [opanda malingaliro abwino komanso olimbikitsa] ndi fakitale ya mavuto, nkhawa, kutaya mtima, ndi kusowa chiyembekezo

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Ngati chikondi cha padziko lonse chikhazikika mumtima mwanu, chidzakubweretserani chimwemwe chosatha komanso chatsopano chomwe palibe china chilichonse chingakupatseni

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Maluwa a moyo omwe akutuluka m'munda wa dziko lapansi ndi okongola kwambiri komanso osangalatsa kuwaona. Koma chokongola kwambiri komanso chokongola kwambiri ndi kasupe wa kukongola ndi nzeru komwe kulipo

kwinakwake, komwe tinachokera ndipo komwe tidzabwerera .ndikusakanikirananso

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Wophunzira akadzuka m'mawa, amadzitsimikizira yekha kuti: “Ine sindiri thupi, ndine mzimu wosaoneka… Ine ndine chimwemwe… Ine ndine kuwala… Ine ndine nzeru… Ine ndine chikondi Ndipo ngakhale ndikukhala m'thupi ili, mzimu ”wanga ndi wosafa ndipo sukhudzidwa ndi kuvunda

***

Monga momwe mame amathandizira maluwa kuphuka ndi kukula, kukoma mtima kumalimbitsa ubwenzi ndi kukulitsa

* * *

Pali mafunde omwe amawonekera pamwamba pa nyanja ndi mafunde omwe amasowa m'kuya kwake; m'zochitika zonse ziwiri, amakhala mkati mwa nyanja ndipo ali ndi imodzi. Mofananamo, anthu omwe amayandama panthawi ya "moyo" pamwamba pa nyanja ya chilengedwe chonse kapena omwe amasowa mkati mwake pa "imfa" .alinso mkati mwa nyanja yamuyaya

* * *

Kuwunikira kwa mwezi sikuoneka bwino m'madzi ogwedezeka, koma pamwamba pa madzi pakakhazikika, kuwunikira kwa mwezi kumakhala koonekera bwino. Chimodzimodzinso ndi maganizo: pamene kuli bata, mutha kuwona nkhope ya moyo wanu momveka bwino komanso .molondola

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Tumizani, Ambuye, kuwala kwa dzuwa la nzeru zanu kuti kunditsogolere m'masiku anga osangalatsa a chipambano, ndi kuwala kwa mwezi wathunthu wa chifundo .chanu pamene ndikuyenda mu usiku wamdima wa chisoni

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Kusinkhasinkha ndi njira yomwe mumalumikizirana ndi malingaliro a anthu onse, ndipo mukagwirizana ndi chidziwitso chopanda malire chimenecho mudzatha kudziwa .zinsinsi zonse za chilengedwe

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Chikhumbo choyandikira Mulungu ndi kumudziwa sichibwera chokha, koma chiyenera kukulitsidwa, ndipo .moyo ulibe phindu popanda chikhumbo chimenecho

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Moyo wapadziko lapansi ndi malo osakhalitsa, ndipo ntchito yaikulu ya anthu ndikumvetsa cholinga ndi cholinga cha ulendowu. Cholinga chimenecho ndi kudziwa Mulungu, .ndipo sichingakhale china chilichonse

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Mtendere wanu ndi chuma chanu chamtengo wapatali, .choncho musalole aliyense kukulandani chuma chimenecho

* * *

Phunzirani kukhala nokha, otetezeka komanso otetezeka m'linga la makhalidwe abwino ndi kudziona kuti ndinu ofunika

* * *

Chilichonse chilipo chifukwa Mulungu alipo Ndipo chifukwa Iye alipo, inunso mulipo Chifukwa cha kukhalapo Kwake, mumasangalala ndi chitonthozo ndi zosangalatsa za moyo. Chifukwa chake, kuyamikira kwanu Mulungu kuyenera .kukhala kwakukulu

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Mabuku abwino akhoza kukhala chete, aulemu, komanso abwenzi olemekezeka. Musasiye mabuku awa munthawi zovuta, chifukwa sadzakusiyani, mosiyana ndi .abwenzi enieni omwe angakusiyeni

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Aliyense amene ali ndi thanzi labwino, moyo wabwino, komanso maganizo abwino, koma alibe chimwemwe, sanapambane mu moyo. Mukanena moona mtima kuti, "Ndili

wokondwa, ndipo palibe amene angandichotsere chimwemwe," mwapeza chithunzi cha Mulungu mwa inu .nokha

***

Tsindikani bata ndi mtendere, ndipo tumizani malingaliro achikondi ndi zolinga zabwino zokha ngati mukufuna kukhala mwamtendere ndi mogwirizana Khalani moyo wozikidwa pa chilungamo ndi chipembedzo, ndipo onse omwe miyoyo yawo ikugwirizana ndi yanu adzapindula .kokha pokhala nanu

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Ngati mulibe anzanu, kapena ngati anzanu akuwononga nthawi yanu, kapena ngati simukugwirizana nawo, lolani mabuku [ndi zipangizo] zomwe zili ndi nzeru zikhale anzanu, chifukwa mungathe kudutsa m'mapepala awo kupita kudziko .la malingaliro odabwitsa komanso osangalatsa

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Kupeza Mulungu kumatanthauza kupeza chilichonse chomwe mtima ukufuna, ndipo kukhala wauzimu kumatanthauza kutsegula zitseko za thanzi, chimwemwe, .ndi chipambano

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Mkati mwathu muli mphamvu ya Mulungu yomwe imapanga ndi kuchirikiza moyo wonse ndipo ikuyembekezera kuyatsidwa

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Kuwerenga ndi ntchito yopindulitsa kwambiri yamaganizo; kumaphunzitsa ubongo ndipo kumaupangitsa kukhala wosinthasintha. Kuwerenga kwa ola limodzi kapena awiri tsiku lililonse kudzapatsa aliyense chidziwitso chosiyanasiyana mkati mwa zaka zingapo, malinga ngati asankha mabuku ofunika. Musawononge nthawi kapena kuvulaza luso lanu lamaganizo powerenga mabuku otsika mtengo kapena mabuku osafunikira omwe alibe cholinga .kapena tanthauzo

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Anthu omwe ali ndi zilakolako za anthu adzapeza m'mabuku ofunika mphamvu zatsopano zothandizira anthu kudzera m'maphunziro omwe ali m'mabuku olembedwa ndi .amuna ndi akazi olemekezeka komanso aluso

* * *

Kuwerenga ndi ntchito yopindulitsa kwambiri yamaganizo; kumaphunzitsa ubongo ndipo kumaupangitsa kukhala wosinthasintha. Kuwerenga kwa ola limodzi kapena awiri tsiku lililonse kudzapatsa aliyense chidziwitso chosiyanasiyana mkati mwa zaka zingapo, malinga ngati asankha mabuku ofunika. Musawononge nthawi kapena kuvulaza luso lanu lamaganizo powerenga mabuku otsika mtengo kapena mabuku osafunikira omwe alibe cholinga .kapena tanthauzo

* * *

Kudzikonda ndi kudzikuza ziyenera kuchotsedwa .chifukwa ndizo zopinga zazikulu pa chidziwitso chauzimu

* * *

Popanda kudziwa Mulungu, dziko lino limawoneka lodzaza ndi mikangano, chiwawa, ndi zokhumudwitsa zopweteka. Chimwemwe chimapezeka mukumva kuti muli pafupi ndi Mulungu

* * *

Iwo amene amadziwa Mulungu amakhala ndi chimwemwe ndi chisangalalo chosatha m'mitima yawo. Chifukwa amamva chitetezo ndi bata lodalitsidwa, mphepo yamkuntho ya mkwiyo singathe kuwagwedeza, ndipo .mantha sangalowe m'mitima yawo

* * *

Mabuku abwino ndi mabwenzi anu apamtima; kudzera mwa iwo, mutha kumva anthu abwino akulankhula nanu mofatsa, kukutonthozani ndikupereka upangiri wabwino kwambiri. Kulephera kukhala ndi chilakolako chenicheni

chowerenga mabuku abwino kumatanthauza kutaya cholowa .cha mibadwomibadwo

* * *

Popanda thandizo la Mulungu, anthu adzalephera, chifukwa mphamvu ndi nzeru zofunika kuti apambane pankhondo ya moyo zimachokera ku gwero lopanda malire. Munthu akanyalanyaza Mulungu, amadula chingwe chomwe chimamupatsa thandizo ndi chithandizo chofunikira kuti .apambane

Ofunafuna amene amagogoda pakhomo la mwayi wauzimu adzapeza kuti khomo latsegulidwa kwa iwo chifukwa Mulungu amathandiza iwo amene amadzithandiza .okha

Ukakhala mogwirizana ndi Mulungu, chilengedwe chonse chimakhala mogwirizana ndi iwe

* * *

Chikondi chili ngati pepala lopaka utoto lomwe limapukuta malingaliro ndikuchotsa nkhanza pa khalidwe

* * *

Mukapeza Mulungu mwadzidzidzi kulikonse, ndipo akabwera kwa inu, kukulimbikitsani, ndikukutsogolerani, .nkhani ya chikondi cha Mulungu imakhala itayamba

* * *

Chikondi chiwale m'mitima ndikutumiza kuwala kochiritsa kwa ena

* * *

Yesetsani kudziwa Mulungu muli achinyamata komanso amphamvu, chifukwa mu ukalamba ndi matenda simungathenso kumufunafuna. Anthu akayamba kumvetsetsa tanthauzo lenileni la moyo, thupi lawo limakhala lofooka, ndipo amakhala moyo wawo wonse akusamalira mphamvu zawo zakuthupi zosalimba m'malo .mofunafuna choonadi

* * *

Ndidzatenga zabwino kwambiri kuchokera kwa anthu onse, ndipo ndidzayamikira makhalidwe abwino a mitundu .yonse popanda kuyang'ana kwambiri zolakwa zawo

* * *

Monga momwe timasamalirira kufunika kwa zakudya zomwe timadya tsiku ndi tsiku, tiyeneranso kusamala ndi zakudya zamaganizo zomwe timapatsa maganizo athu tsiku .lililonse

* * *

Mawu okoma mtima ndi mankhwala odabwitsa a matenda ambiri, ali ndi mphamvu yamphamvu, pafupifupi yamatsenga, yamaginito yomwe imabweretsa madalitso ambiri ndi chitukuko kwa olankhula awo. Anthu amene amagwiritsa ntchito mawu otonthoza, ofatsa amamva mtsinje wochepa ukuyenda mwa iwo popanda kusokonezedwa, kudzazidwa kwawo ndi bata lalikulu. Izi zili choncho chifukwa mtsinje uwu umalumikizidwa ndi gwero lake lapamwamba, kuyenda kosalekeza komwe kumafikira miyoyo mogwirizana ndi gwero limenelo, kuwalola kupereka .chimwemwe kwa iwo omwe akulakalaka mtendere

* * *

Ndi mawu angati abwino ochokera mumtima omwe achotsa chisoni chambiri ndipo ndi mawu angati anzeru omwe awunikira njira zamdima ndi nyali zachisangalalo ndi !bata

* * *

Timakula kudzera mu chilichonse chomwe timakumana nacho, bola ngati tikudziwa kuti tingaphunzirepo mfundo zofunika kuchokera kwa iwo. Kupweteka kulikonse ndi mavuto omwe timakumana nawo ali ndi tanthauzo komanso cholinga. Ngakhale kuti izi ndi zovuta, zili ngati moto womwe umasungunula chitsulo, n’kuchisintha kukhala chitsulo chokongola, champhamvu, komanso chogwiritsidwa ntchito .m’njira zosiyanasiyana

* * *

Zonse zodabwitsa zomwe ndakwaniritsa m'moyo wanga zakwaniritsidwa kudzera mu mphamvu ya malingaliro mogwirizana ndi Mulungu. Pamene wopanga waumulungu akugwira ntchito, chilichonse chomwe ndimafuna chimakwaniritsidwa popanda chosiyana, choyamba chimawoneka ngati kapangidwe kosawoneka, kopanda mawonekedwe kenako ndikuonekera ndi mphamvu .yosagonjetseka m'choonadi

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Pamene maganizo akunong'oneza Mulungu mokweza komanso mokweza kuchokera pansi pa mtima wa munthu wofunitsitsa, kuyitana kwa mzimu kudzakhudza mtima wa munthu aliyense, ndipo yankho lidzabwera, kubweretsa chisangalalo chachikulu. Kunong'oneza kwanzeru kumeneku kumakulitsa chifuniro mpaka chitakhala ndi mphamvu .zofunikira kuti chikwaniritse cholinga chomwe chikufunidwa

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Maganizo ndi chifuniro cha munthu zikakhala zogwirizana ndi Mulungu, zimakhala ndi mphamvu zopanda malire, kotero kuti kungoganiza za chinthu ndikokwanira kuchikwaniritsa, chifukwa lamulo la Mulungu limagwira ntchito mokomera iwo omwe akugwirizana ndi chifuniro .chapamwamba

* * *

Kaya nkhawa zathu zili zotani, Mulungu ayenera kukhala woyamba m'miyoyo yathu Chimodzi mwa zinthu zofunika kwambiri pakukula mwauzimu ndi kunong'oneza Mulungu mochokera pansi pa mtima, komwe mudzakumana ndi .kusintha kwakukulu komwe kudzakusangalatsani kwambiri

* * *

Munthu sayenera kugwiritsa ntchito mphamvu zake zonse zamaganizo zomwe Mulungu wamupatsa kufunafuna zinthu zosakhalitsa, apo ayi adzadzitaya yekha mu zovuta za kukonda chuma ndikudzipangira zoletsa ndi zolepheretsa zomwe sazifuna. M'malo mwake, ayenera kugwiritsa ntchito

mphamvu zake zamaganizo kuti apeze zofunikira pa moyo ndikuyesetsa kukulitsa luso lake lauzimu kuti asiyanitse chabwino ndi choipa, komanso pakati pa zoipa ndi .zopindulitsa

* * *

Chowonadi chili pamwamba pa malingaliro ndi malingaliro, ndipo ambiri omwe amatsatira njira imeneyi amamangidwa ndi malingaliro awoawo

* * *

Tsegulani, Ambuye, zipata za mtendere ndipo tetezani malo opatulika a malingaliro anga auzimu ku ziwopsezo za kunong'onezana koipa. Ndipo lolani maluwa a zokhumba zanga aphuke m'munda wa mtima wanga pamene .ndikuyembekezera mbandakucha wa kubwera kwanu

* * *

Chidziwitso cha chiphunzitso sichingathe kupeza * chidziwitso chaumulungu, ndipo ndibwino kuti munthu asawononge nthawi yake yamtengo wapatali pa ziphunzitso zomwe sizingagwiritsidwe ntchito kwenikweni, apo ayi munthu adzadzipeza yekha pakati pa nkhalango zodzaza ndi .nzeru ndipo sangathe kupitirira malire a ziphunzitso

* * *

Chimwemwe ndi chipatso cha kupambana kwa maganizo pa zochitika zosakhazikika za moyo

* * *

Iye amene Mulungu amamuzindikira akhoza kusadziwika ndi dziko lapansi

* * *

Ngati munthu adzipangira yekha chidziwitso cha chiphunzitso [popanda mayeso enieni], adzakhala ngati chipangizo chojambulira chomwe chimabwereza miyambi ndi kubwereza mawu apamwamba, ndipo ena amamuona ngati katswiri wophunzira, koma chidziwitso choterocho sichilimbikitsidwa ndi kuzindikira mwachindunji choonadi, .komanso sichikugwirizana ndi kufika pa uzimu

* * *

Mavuto adzapitirirabe padziko lapansi, kotero munthu angapite kuti kuti akapeze chitsogozo ndi malangizo? Maganizo a munthu, okhudzidwa ndi zizolowezi, tsankho, tsankho, ndi kutengeka maganizo, alibe phindu, ndipo zisonkhezero za malo ake, banja, dziko, kapena dziko sizingathe kupereka chitsogozo chenicheni Chifukwa chake, munthu ayenera kutembenukira kwa Mulungu ndikumvetsera mawu odekha, odekha ochokera pansi pa .mtima, mawu ogwirizana ndi choonadi

* * *

Tsegulani mitima yanu ku kutsanulira kwa Mulungu kuti kuyende mwa inu ndikudzaza miyoyo yanu ndi madalitso .auzimu ndi ubwino

* * *

Kaya mugwire ntchito yanji komanso zomwe mungachite, kumbukirani nthawi zonse kuti Mulungu ndiye gwero lomwe limakupatsani mphamvu zonse zomwe .mukufunikira kuti mugwire ntchito ndikukwaniritsa

* * *

Ndiloleni ndikukumbukireni, Ambuye, mu umphawi ndi * chitukuko, mu matenda ndi thanzi, mu umbuli ndi nzeru, ndipo ndiloleni ndione kuwala kwanu kodala komwe .kumapereka ubwino ndi machiritso nthawi yomweyo

* * *

Mu malingaliro anga ndekha, ndikulakalaka kumva mawu anu odala. Chotsani kwa ine mawu okhwima, apadziko lapansi obisika m'maganizo mwanga. Ndikufuna kumvetsera mawu anu odekha komanso okoma mtima kwamuyaya mu .mtendere wa moyo wanga

* * *

Moyo uli mumdima, ndipo tiyenera kulola kuwala kwa Mulungu kukhala nyali yathu yotitsogolera pamene tikuyenda m'njira zake zamdima. Iye ndiye mwezi wathunthu usiku wa umbuli ndi mdima, dzuwa lounikira nthawi ya

kudzuka, nyali yowunikira, ndi Nyenyezi ya Kumpoto kwa iwo .oyenda m'nyanja za moyo wapadziko lapansi, wosakhalitsa

* * *

Yakwana nthawi yoti anthu adzuke ku tulo tawo toyiwala kupita ku kudzuka kwauzimu. Tikukupemphani, Ambuye, kuti mukweze chidziwitso chathu kuchokera ku kuya kwa kusamvera ndi kuganiza mopapatiza, kocheperako kupita ku .mtendere, kuwala, chikondi, ndi chifundo cha anthu onse

* * *

Zinthu zidzayenda bwino pamapeto pake chifukwa mphamvu ndi zodabwitsa za Mulungu zabisika kumbuyo kwa zotsutsana za moyo wa munthu, ndipo aliyense amene sakukhulupirira kuti vutoli ndi losatha ndipo akuyesera kulowa ndi maganizo ake ndi chikhulupiriro chake ku zomwe .zili kunja kwa chophimba adzatsegulidwa chitseko

* * *

Chikhulupiriro sichitanthauza kukhala wosasamala kapena kusachita zinthu mwanzeru ndi zochitika. M'malo mwake, mosasamala kanthu za zomwe zingachitike, munthu ayenera kudzitsimikizira kuti Mulungu yekha ndiye amene angathe kumuthandiza pazochitika zovuta ngati atembenukira kwa Iye ndi mtima wake wonse, moyo wake .wonse, ndi malingaliro ake onse

* * *

Ngati malingaliro athu akanatha kutiuza choonadi chonse, tikanaona dziko lapansi ngati mitsinje ya ma elekitironi, ndi fumbi lililonse ngati kuwala kozungulira . Anthu amene amalowa m'dziko la zinthu zakuthupi kupita ku zauzimu amamvetsa chikhalidwe cha chinyengo ndipo .amadziwa tanthauzo la choonadi

* * *

Kaya ali m'nkhalango ya ku Africa, pankhondo, akuvutika ndi matenda kapena umphawi, munthu ayenera kudzitsimikizira kuti dzanja la Mulungu ndi lamphamvu kuposa zoopsa zilizonse ndipo limatha kuteteza iwo omwe

akufuna chitetezo mwa Iye. Palibe njira yothandiza yotetezera. Inde, munthu ayenera kugwiritsa ntchito nzeru pochita zinthu pamene nthawi yomweyo akudalira thandizo la Mulungu.

* * *

Chikondi chomwe chimakhala m'mitima ya zolengedwa zonse—chikondi cha amayi onse, abambo, abwenzi, ndi okondedwa—chimachokera ku chikondi cha Mulungu.

* * *

Kusiyanitsa pakati pa ntchito zazikulu ndi zazing'ono kuyenera kupangidwa, kuika patsogolo zofunika kwambiri kuposa zofunika zokha. Komanso, palibe ntchito yomwe iyenera kutsutsana ndi ina. Malemba amatiuza kuti ntchito ina ikasemphana ndi ina, ndi umboni wakuti si ntchito yeniyeni.

* * *

Pamene kuwala kwa dzuwa kukufalikira, ndidzafalitsa kuwala kwa chiyembekezo m'mitima ya osauka ndi osiyidwa [amene anthu asiya], ndipo ndidzaika kutsimikiza mtima kwatsopano m'mitima ya iwo amene akuganiza kuti ndi olephera.

* * *

Mphunzitsi Paramahansa anauza mmodzi wa ophunzira ake kuti:

"Musachotse aliyense mu gulu lanu la chikondi. Sungani aliyense mumtima mwanu ndipo adzakusungani mu mtima mwawo."

* * *

Ambuye, ndithandizeni kuti nthawi zonse ndigwiritse ntchito chifuniro changa kuti ndichite zinthu zabwino komanso zabwino

Ndithandizeni kuti ndigwirizane ndi chifuniro Chanu kuti maganizo anga onse agwirizane ndi zolinga zanu ndipo akhale ogwirizana ndi chifuniro Chanu.

Anandithandiza kudzutsa mphamvu yobisika, yodalitsika mkati mwanga kuti ndithe kugonjetsa mavuto ndi mayesero onse.

* * *

Dzukani ku umunthu wauzimu wolimba mtima komanso wodzichepetsa - womwe umaphatikiza mphamvu za mikango ndi kufatsa kwa nkhunda

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Sindidzasamala ndi kudzudzula kowawa, konama, kapena kutamanda ndi kuyamikira kwambiri. Cholinga changa chokha ndicho kuchita chifuniro chanu, Ambuye, ndikupeza chisomo chanu.

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Simungathe kulingalira za chisangalalo chachikulu chomwe chidzakudzazani mukadzamva kukhalapo kwa Mulungu. Moyo wanu udzaledzera ndi chikondi chopanda malire cha Mulungu. Ndi chikondi choposa chikondi chilichonse cha munthu—chikondi chomwe chimakwaniritsa zokhumba zanu zonse ndikudzaza mtima wanu ndi chisangalalo ndi kukhutira.

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Kudzera mu kuyang'ana mkati, mutha kukhala ndi chisangalalo chauzimu mwachindunji mkati mwanu ndi mozungulira inu. Ngati mukulitsa chidziwitso ichi, umunthu wanu udzakula bwino, ndipo mudzakhala ndi mphamvu yokoka kwa anthu ndi zolengedwa zina.

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Inu Mtetezi Wamkulu, sindikusamala ngati nditaya chilichonse chifukwa cha tsogolo langa, lomwe ndidapanga ndekha, koma ndikukupemphani, pothawirapo panga pokha, kuti muteteze nyali ya chikondi changa pa inu ku mphepo ya kusamvera ndi kuiwala.

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Tiyeni timwe madzi oyera, otsitsimula amtendere ochokera m'magwero abwino, olimbikitsidwa ndi kutsimikiza

mtima kwathu kuganiza bwino ndikukhala ndi chiyembekezo .chabwino

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Chikumbumtima ndi lingaliro lachibadwa lomwe limavumbula umunthu weniweni wa munthu ndi zolinga zake. Chikumbumtima chanu chikakhala choyera, ndipo mukudziwa kuti mukuchita zabwino, mulibe choopa. Chikumbumtima choyera ndi umboni wa khalidwe labwino lochokera kwa Mulungu. Kumasulidwa m'khoti chifukwa cha chikumbumtima kumatanthauza kukhala ndi chimwemwe .ndi kulandira madalitso a Mulungu

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Yesani kuchita zinthu molimba mtima komanso zosangalatsa zomwe anthu ambiri sachita, ndipo perekani chikondi ndi mtendere kwa iwo omwe ena .amawanyalanyaza

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Mphunzitsi Paramahansa anauza mmodzi wa ophunzira :ake kuti

Ngati simutaya nthawi mukukulitsa malingaliro, palibe" kuchuluka kwa chuma chomwe chingakukhutiritseni. Kulima kumeneku si kuzunza koma kuphunzitsa chidziwitso kuti chilimbikitse malingaliro ndi zochita zomwe zimabweretsa ".chimwemwe

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Chimwemwe chanu ndi kupambana kwanu, choncho musalole kuti wina akubereni Dzitetezeni kwa anthu amene amayesa kukuvutitsani Ndili mnyamata, ndinkataya mtima nthawi iliyonse anthu ena akamafalitsa mabodza okhudza ine. Pambuyo pake, ndinazindikira kuti mtendere wanga wa mumtima ndi wofunika kwambiri kuposa kuvomerezedwa ndi .anthu kapena kusilira kwawo

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Ngati mukanadziwa nkhani ya chikondi cha Mulungu chomwe olambira ena amakumana nacho ndi Mulungu!

Palibe china chilichonse chomwe chingafanane ndi chisangalalo chimenecho, ndimadziwa woyera mtima amene nthawi zonse ankakhudzidwa ndi chikondi cha Mulungu, ndipo nkhope yake inali yowala ngati chikondi choyera. Diso la Mulungu nthawi zonse limakhala pa iwo amene .amamukonda, ndipo samawasiya ngakhale mphindi imodzi

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Ndi ochepa okha omwe ali ndi chidwi chokulitsa mphamvu zawo zamaganizo ndi zauzimu

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Musalole kuti mulowe pansi pa kuzengereza. Imirirani kuchokera ku tulo ta zinthu wamba zosasangalatsa ndikuyamba moyo wabwino kumene kuli kupambana, .chimwemwe, ndi mtendere

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Mkati mwanu muli kuthekera kwakukulu komwe kukuyembekezerani kuyikidwa, ndipo ndinu nokha amene mungathe kuyambitsa ndikupindula nako

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Kumasuka ku zizolowezi zoipa ndi zilakolako zoipa kumabweretsa chisangalalo chachikulu kuposa kupambana kwa zinthu zakuthupi. Mu chipambano cha nzeru muli thanzi labwino la maganizo lomwe zinthu zakunja sizingachotse. Mutha kuthera nthawi yanu yonse mukusonkhanitsa chuma, koma chuma chimenecho sichidzakupatsani mtendere ndi chitetezo chokhalitsa chomwe mukufuna. M'malo mwake, chidzakubweretserani chisoni chachikulu chifukwa chisangalalo chenicheni ndi mtendere zimakhala .m'maganizo, osati m'zinthu zakuthupi

Mukakhazikika mu umunthu wanu weniweni, mumakwaniritsa ntchito iliyonse ndikusangalala ndi zinthu .zonse zabwino ndi chisangalalo cha Mulungu

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Musalole kuti zofooka zilowe m'maganizo mwanu, ndipo samalani mukamacheza ndi anthu omwe ali ndi malingaliro

oipa komanso osasangalala, kuti maganizo awo ofooka asalowe m'maganizo mwanu, pokhapokha ngati maganizo anu afika pamlingo winawake kotero kuti malingaliro a ena sangawafooketse, koma m'malo mwake, amatha kulimbitsa .maganizo a ena ndikuwonjezera kudzidalira kwawo

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Mulungu ndiye amene amatsogolera, ndipo sitiyenera kuyamba kapena kutha tsiku lathu popanda kuganizira za Iye. Tiyenera kukumbukira kuti popanda mphamvu ndi mphamvu zomwe timalandira kuchokera kwa Mulungu, sitingathe kuchita chilichonse. Chifukwa chake, ntchito yathu .yaikulu ndi kwa Iye

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Pali njira yowunikira ndi kuweruza miyambo ndi miyambo Poyamba, miyambo iliyonse inali ndi zifukwa Ngati tikupeza kuti zifukwazo zikadalipo, ndiye kuti mwambowo uli ndi tanthauzo komanso phindu Komabe, si nzeru kutsatira miyambo mwachimbulimbuli Tiyenera kudziwa choonadi ndikuchitsatira, kuzindikira zomwe zingatibweretsere chimwemwe kenako n’kuchigwiritsa ntchito

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Mukaona anthu ambiri akusowa chimwemwe kapena kupambana, musaganize kuti ndicho tsogolo lawo. Mutha kudzipangira chilichonse chomwe mukufuna. Kupambana kwanu kwamkati ndi komwe kumakupangitsani kukhala .opambana

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Ngati mulibe chilichonse mwa inu nokha, simudzakhala okondwa Koma ngati mulibe chilichonse chozungulira inu ndipo muli okondwa mwa inu nokha, mosakayikira mupambana. Chifukwa chake, n'zosatheka kuweruza anthu .kutengera momwe zinthu zilili kunja

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Pakati pa khamu lalikulu la anthu, pakhoza kukhala munthu amene wafika pamlingo wapamwamba wauzimu

ndipo amasangalala ndi mtendere wamumtima komanso .chimwemwe chauzimu chachikulu

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Ndikudziwa motsimikiza kuti chilichonse chomwe ndikufuna chidzabwera kwa ine, ndipo chifukwa chake sindidandaula za zomwe zili mtsogolo. Izi si kudzitamandira kapena kunyengerera, chifukwa ndakhala ndikuwona ntchito ndi mphamvu yodala imeneyo m'moyo wanga nthawi .zambiri

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Kaya ndikuyandama pamwamba pa zamoyo kapena kumira m'nyanja, ndikudziwa kuti ndili ndi Mulungu ndipo Iye ali ndi ine, ndipo palibe chomwe chingandivulaze. Chidziwitsochi chandipatsa chisangalalo chosaneneka .komanso chachikulu

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Palibe kukayika kuti kugula chinthu chatsopano ndi chinthu chosangalatsa. Koma pakapita nthawi, chisangalalo chimenecho chimatha pang'onopang'ono, ndipo mungatayike chidwi nacho konse, kuiwala za icho ndi kulakalaka china. Komabe, bilu ya chinthucho sidzaiwalika, !makamaka ngati munachigula pang'onopang'ono

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Munthu ayenera kulamulira moyo wake ndi kuupanga kukhala wosalira zambiri momwe angathere. Ayenera kusunga ndalama zina pa zinthu zofunika komanso zadzidzidzi, kuika patsogolo kusunga ndalama m'malo mogula zinthu zapamwamba, ndi kuthandiza ena momwe angathere. Mukathandiza ena, thandizo lidzabwera kwa inu mwanjira ina, ndipo simudzasowa chilichonse ndipo .simudzasowa chilichonse

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Mu chisangalalo cha mitima yonse, ndimamva kulira kwa chisangalalo Chanu, Ambuye, ndipo mu ubwenzi wa okhulupirika onse, ndimamva chikondi Chanu

ndimasangalala ndipo mtima wanga umakondwera ndi kupambana ndi chitukuko cha anzanga, monga momwe ndimasangalalira ndi moyo wanga wabwino komanso kumasuka kwanga Pamene ndikulimbikitsa nzeru mwa ena, ndimachulukitsa chuma cha nzeru zanga, ndipo mu chisangalalo cha onse, ndimapeza changa

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Mdani wamkulu wa chimwemwe ndi kubwereka ndalama kuti agule zinthu zapamwamba Anthu amakhulupirira molakwika kuti sangakhale osangalala pokhapokha atapeza chinthu china chake. Koma ngakhale atapeza chinthucho, sadzapeza chimwemwe chenicheni, ngakhale chisangalalo cha kanthawi. Kodi cholinga chofunafuna chisangalalo cha padziko lapansi chomwe chimalonjeza kusweka kokha n'chiyani? Anthu ayenera kukhala moyo wosalira zambiri, osafunikira zinthu zambiri zomwe zimafuna chisamaliro .chokhazikika

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Paradaiso wanga ali mkati mwanga Pamene ndikusangalala ndi madalitso a Mulungu, ndimamuyamika, ndipo chimwemwe changa chamkati chimakula Popanda kukhutira kwamkati, ngakhale zosangalatsa zapadziko lapansi ndi zosangalatsa zimakhala gehena, ndazindikira kuti popanda chimwemwe chamkati chimenecho, katundu wa maudindo omwe ndapatsidwa akanandilanda mtendere .wanga ndikundilanda chimwemwe changa

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Ngati chuma chikugwirizana ndi matenda ndi mavuto, zotsatira zake zidzakhala zambiri Ukhondo ndi chisamaliro chaumoyo ndi zina mwa mphamvu za Kumadzulo Tizilombo toopsa ndi majeremusi oopsa amalamulidwa bwino m'maiko otukuka, pomwe ali ambiri m'maiko ena. Koma kuchotsa tizilomboti si chinthu chofunika kwambiri, chifukwa mitundu ina ya mavuto ilipo m'maiko otukuka, monga kulipira ngongole zovuta komanso mavuto azachuma chifukwa cha

njira zogulira pang'onopang'ono—mavuto omwe .amasokoneza tulo ndikuwononga mtendere wamumtima

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Ndife gawo lofunika kwambiri la chidziwitso chomwechi .chomwe chilengedwe chachikuluchi chinachokera

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Kodi munayamba mwawonapo gulu la nkhosa? Ngati imodzi mwa izo ilumpha, gulu lonselo limatsanzira mosazengereza Anthu ambiri ali ngati amenewo Winawake angabwere ndi lingaliro kapena kuyambitsa njira yatsopano, ndipo ena nthawi yomweyo amalowa m'gululi ndikulitsanzira. Njira imeneyi yakhalapo kwa mibadwomibadwo. Mtundu uliwonse uli ndi miyambo yake, ndipo sitinganene kuti yonse ndi yolondola kapena yolondola. Koma ndani akudziwa? Mwina miyambo ina ndi .yopanda tanthauzo komanso yopanda phindu

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Pamene mphepo yamkuntho ya malingaliro ichepa, timalowa mu ufumu wa mtendere ndi kukhudza kukhalapo .kwa Mulungu

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Ganizirani za Mulungu, kapena malo okongola omwe amalimbikitsa mtendere, kapena chochitika chosangalatsa komanso chosangalatsa Kuchita zinthu mwanzeru komanso mwamtendere kumalimbitsa mtima komanso kumatsitsimula

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Tikukhala m'dziko lodzaza ndi chisokonezo. Mungaganize kuti ndalama zimatanthauza chisangalalo, koma mukapeza, mumapeza kuti simukusangalala. Mungapeze chuma ndikutaya thanzi lanu (Mulungu alepheretse) Kapena mungakhale ndi thanzi labwino ndikutaya ndalama zanu. Kapena mungakhale ndi chuma komanso thanzi koma mukuvutika ndi mavuto ambiri ndi ena, kupereka kukoma mtima koma kungokumana ndi

chidani ndi mkwiyo. Popanda Mulungu, palibe chilichonse .m'moyo uno chomwe chingakukhutiritseni

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Dziko lapansi lasanduka chipinda chozunzira anthu omwe sadziwa dongosolo la Mulungu. Koma mukamaona zokumana nazo za moyo ngati aphunzitsi anu ndikuphunzira kuchokera kwa iwo za chikhalidwe chenicheni cha dziko lino ndi udindo wanu mu sewero la chilengedwe, zokumana nazo zimenezo zimakhala kuunika kwamtengo wapatali panjira .yopita ku chisangalalo chosatha ndi chimwemwe

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Kumeneko, kupitirira mdima wosadetsedwa, bata lopanda phokoso, ndi kusakhalapo kopanda chilengedwe, kuli umunthu wosatha, womwe ndi chiyambi cha kukhalapo ndi gwero la mphamvu zonse ndi zamoyo, zooneka ndi .zosaoneka

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Mulungu sanalenge dziko lapansi lino kuti tidye, tigone, ndi kufa, koma kuti tidziwe chifuniro Chake ndikumvetsa cholinga cha kukhalapo kwathu Anthu ochepa anzeru amvetsetsa tanthauzo la dongosolo la chilengedwe chonse, koma anthu ambiri ndi akhungu ndipo sadziwa cholinga .chimenecho

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Ndalama sizinali cholinga changa m'moyo; cholinga changa chinali kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu anatsegula zitseko zambiri za .mwayi kuti ndidzisamalire ndikukwaniritsa ntchito yanga

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Mulungu adalenga chilengedwechi kuti chizigwira ntchito motsatira lamulo lokhazikika komanso losasintha Ngati tiphwanya malamulo aliwonse a chilengedwe chonsewa, timadzilanga tokha Munthu amene amadumpha kuchokera padenga la nyumba yayitali adzaswa mafupa ake.

Chifukwa chake, sitinganyalanyaze lamulo la mphamvu .yokoka popanda kuvutika ndi zotsatira zake

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Tikayang'ana mozama za chitukuko cha dziko lapansi ndi kufufuza zinsinsi zobisika za chitukuko chakale, chithunzi chachikulu chimaonekera, chokhala ndi mizere yolumikizana, mitu yosiyanasiyana, ndi tsatanetsatane wolondola, ndipo timapeza kuti munthu ndi munthu payekha komanso .wokonda anthu nthawi imodzi

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Ngati Mulungu amafuna kuti tizikhala ndi moyo wodziwa zinthu zakuthupi zokha, tikanakhutira ndi zinthu zakuthupi .ndi kukhutira ndi njira za dziko lapansi

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Kuwala kwa chiyero, mtendere, ndi chisangalalo kupitirira maloto kumawala ndikuvina m'kuya kwathu kofunikira

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Ndi chochitika chilichonse chomwe chimawonekera kumwamba kwa miyoyo yathu paulendo wathu wapadziko lapansi, tiyenera kuphunzira momwe tingakulitsire chidziwitso chathu komanso momwe tingamvetsetse bwino zomwe zimatizungulira kapena zomwe timakumana nazo, kenako tidzakhala ndi moyo wabwino komanso kuchita .bwino ndi anthu komanso moyo wathu

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Anthu ambiri amatsanzira ena. Munthu ayenera kukhala woyambirira komanso wolenga, komanso wodziwa zonse .zomwe amachita

Kum'mawa, cholinga chachikulu chakhala kukulitsa chimwemwe chauzimu, pomwe zinthu zakuthupi m'moyo nthawi zambiri zimanyalanyazidwa Kumadzulo, kuli zinthu zina zosangalatsa zakuthupi koma chimwemwe chamaganizo chochepa kwambiri Chomwe chikufunika ndi kulinganiza pakati pa ziwirizi, chifukwa kuyang'ana mbali

imodzi yokha ya moyo kumabweretsa kusalinganika .komanso kulephera kuthana ndi zosowa za moyo mwanzeru

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Chimwemwe chachikulu - pambuyo pa chisangalalo chaumulungu - ndi chakuti munthu akhale pamtendere ndi achibale ake apamtima omwe ayenera kukhala nawo tsiku .lililonse pachaka

Anthu amataya nthawi yambiri akuchita zinthu mwachangu komanso mopupuluma popanda kuchita zambiri. Ochepa amaima kaye kuti aganizire ndikuyesera .kumvetsetsa zomwe moyo umapereka

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Tiyenera kugwira ntchito yomanga nyumba zamkati zanzeru m'minda yamtendere yomwe imakula ndi kuwala .ndi maluwa osawerengeka a makhalidwe abwino auzimu

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Mgwirizano wamkati ndi gwero lamphamvu kwambiri ndipo umapanga mphamvu zongowonjezwdwanso

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Poyang'ana moyo, munthu amapeza kuti kupambana sikophweka Moyo nthawi zambiri umakhala wovuta komanso wosakhululuka, ndipo tiyenera kuyesetsa kuti tipeze zofunika pa moyo. Ganizirani za khama lofunika kuti thupi lanu likhale lathanzi komanso lopanda matenda! Ngakhale mutapambana pa izi, kupambana kumeneko ndi kwakanthawi. Thupi—mukhale ndi moyo wautali—lidzaikidwa m'manda. Kufunika kumafuna kulimbana ndi mphamvu zambiri, zamkati ndi zakunja, kuti mukwaniritse zomwe mukufuna. Mphamvu izi zimagwira ntchito mosatopa kuti zikulepheretseni kukwaniritsa chilichonse chofunikira .kwambiri

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Yesetsani kukhala chete pazochitika zonse, ndipo lolani mbewu ya mtendere wanu iphuke ndi chisangalalo ndi .kumwetulira kokhutiritsa

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Ngakhale oyera mtima akuluakulu sapeza chipulumutso chathunthu pokhapokha atagawana chipambano chawo—zokumana nazo zawo zauzimu ndi chidziwitso chawo chapamwamba—ndi ena mwa kuwathandiza kufika pa kumvetsetsa kwauzimu. Ichi ndichifukwa chake iwo amene afika pamlingo wotere ndi kufika pamlingo wotere amakhala ofunitsitsa kupereka kumvetsetsa kwa iwo amene akufunikira. Ngati mukufuna kupambana kwenikweni, simudzapeza chimwemwe chanu chokha komanso .chimwemwe cha ena

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Aliyense wanzeru akhoza kupeza ndalama Koma ngati ali ndi chikondi mumtima mwake, sangagwiritse ntchito ndalamazo pazifukwa zadyera; m'malo mwake, adzagawana ndi ena Ndalama ndi temberero ndi tsoka m'manja mwa odzikonda ndi osowa, komanso dalitso ndi mphatso m'manja .mwa anthu amtima wabwino komanso opatsa

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Wina angasankhe kukhala chete kwa nthawi yayitali, osalankhula ndi banja lake Ngakhale munthu uyu angapeze mtendere wamumtima, khalidwe lake ndi lodzikonda komanso lowononga chimwemwe cha banja lake. Sangaganizidwe kuti ndi opambanadi pokhapokha ngati okondedwa awo nawonso apindula ndi zomwe akwaniritsa. Mofananamo, kupambana mwakuthupi sikungokhudza ufulu wathu wosangalala ndi chuma chokha; kumaphatikizaponso udindo wathu kwa ena wowathandiza kukonza zachuma ndi .moyo wawo

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Ndatetezedwa kuseri kwa makoma a chikumbumtima changa choyera. Ndatentha zakale zamdima ndipo ndimangoganizira za lero

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Lero ndazindikira kuti ndine mmodzi wa iwo amene ali ndi kuwala kwa zabwino kwambiri ndipo ndine nyali kwa iwo .amene akulimbana ndi mafunde a nyanja ya chisoni

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Anthu ali ndi malingaliro ndi malingaliro osiyanasiyana okhudza kupambana, kutengera zomwe akufuna pa moyo. Sizachilendo kumva anthu ena akuyerekeza kupambana ndi kuba, akunena zinthu monga, "Anali wakuba wopambana!" Izi zikugogomezera kuti kupambana m'mitundu yonse ndi mitundu yake ndikofunikira ndipo kumafunidwa. Komabe, .kupambana kwathu sikuyenera kuvulaza ena

Palinso njira ina yoti tipambane: pamene titha kubweretsa zotsatira zabwino komanso zogwirizana kwa ife eni, tiyeneranso kuphatikiza ena mu kupambana kwathu .ndikugawana nawo zipatso zake

Kupambana kumatanthauza kukhutira ndi kukhutira kwa munthu mkati mwa malo ake Kupambana kwenikweni ndi zotsatira za zochita zozikidwa pa mfundo zachilungamo, ndipo kumaphatikizapo chisangalalo ndi ubwino wa ena monga gawo lofunika la chisangalalo cha munthu. Ngati tigwiritsa ntchito mfundo imeneyi pa moyo wathu wakuthupi, wanzeru, wamakhalidwe abwino, ndi wauzimu, tidzakhala .ndi tanthauzo lathunthu komanso lokwanira la kupambana

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Pano m'dziko lino lochepa, timaona kutalika, m'lifupi, ndi kuchulukana, koma pali mulingo wina kumene miyeso siilipo; chilichonse chili chowonekera bwino komanso chowonekera —chilichonse ndi chidziwitso ndi kuzindikira Kumva kukoma ndi kuzindikira, monganso kununkhiza Kumverera kwathu, malingaliro, ndi matupi athu ndi mkhalidwe wa chidziwitso Monga momwe timaonera, kumva, kununkhiza, kulawa, ndi kukhudza m'maloto, momwemonso, pamlingo wapamwamba, kodi timakumana ndi malingaliro onsewa ?kudzera mu chidziwitso choyera

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Ambuye, tisangalatseni mwa kumva kuyandikira kwanu, timasuleni ku zilakolako, ndipo tipatseni chimwemwe chamkati chomwe sichimakhudzidwa ndi zomwe zachitika pa .moyo ndi zochitika zake zosintha

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Pamene maganizo athu akugwirizana ndi malingaliro apamwamba, chidziwitso chauzimu chimadzuka mkati mwathu ndipo timakumana ndi zodabwitsa zodabwitsa za .nzeru ndi chikondi cha Mulungu

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Ngati timakonda Mulungu kwathunthu ndikutembenukira kwa Iye ndi malingaliro ndi mitima yathu yonse, tidzamva kuti tili pafupi naye ndipo tidzapeza kuti Iye .ndiye malo abwino kwambiri otetezeka m'moyo

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Mu mlengalenga waukulu komanso wopanda kanthu, muli kulumikizana kwa chilengedwe chonse ndi moyo wosatha womwe umatigwirizanitsa ndi zinthu zonse zamoyo ndi zopanda moyo m'chilengedwe chonse—mafunde a moyo wapamwamba kwambiri omwe akuyenda m'chilengedwe chonse. Kwamuyaya ndiye kwawo kwenikweni komanso malo athu okhalamo kosatha, ndipo kukhala kwathu m'matupi awa ndi kwakanthawi, ngati kupuma kwakanthawi .kwa gulu la anthu oyenda kudutsa m'chipululu

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Tikagwirizana ndi mphamvu zolenga za mzimu, tidzalumikizana ndi malingaliro apadziko lonse lapansi komanso opanda malire omwe angathe kutitsogolera ndikuthetsa mavuto athu. Mphamvu yolenga idzatifikira mosalekeza kuchokera ku gwero lalikulu la umunthu wathu, zomwe zimatithandiza kuti tipambane pa ntchito zathu .zonse

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Chikondi chimakula ndikukula bwino m'malo okhulupirirana, kulolerana, ndi kulemekezana

* * *

Ambuye, tidalitseni ndi kuwala kwa malingaliro oyera ndi zizolowezi zabwino, kotero kuti ngati mdima wa zizolowezi zoipa ndi malingaliro opotoka utifikira, udzachotsedwa nthawi yomweyo. Tithandizeni kukukondani ndi chikondi chachikulu kotero kuti zinyengo zakuthupi kapena mayesero adziko lapansi sizingatigwire kapena .kutilanda malingaliro ndi mitima yathu

* * *

Zinthu zomwe zimapezeka mosavuta sizimakhala zamtengo wapatali. Timadziwa izi pophunzira miyoyo ya amuna ndi akazi olemekezeka komanso momwe adakhalira opambana pokulitsa luso lawo, kukwaniritsa ntchito zawo, kumanga makhalidwe awo abwino, maphunziro awo ozama, komanso kupewa kudzikonda. Zotsatira zomwe adapeza komanso zomwe adakwaniritsa zinali zazikulu kwambiri .kuposa khama lomwe adachita

* * *

Ufulu weniweni uli mu ufulu wosankha wotsogozedwa ndi nzeru ndipo umathandizidwa ndi kumvetsetsa, kulondola, ndi chifuniro chokhazikika

* * *

Mukadzutsa chifuniro chanu, kutsimikiza mtima kwanu, ndi kuzindikira kwanu, mphamvu zosaoneka zimatulutsidwa kuchokera ku chidziwitso chapamwamba—kudzera mu chidziwitso cha mzimu—kuti zikuthandizeni ndikuwunikira njira zopita ku chitonthozo chamaganizo ndi chimwemwe, .mothandizidwa ndi Mulungu

* * *

Munthu ayenera kutsegula njira za moyo wake kudzera mu khama lake Palibe amene amasankha mwadala kuvutika ndi chisoni m'malo mwa mtendere ndi chimwemwe Kusadziwa ndiye muzu wa kuvutika ndipo chopinga chomwe chiyenera kuchotsedwa ndikuchotsedwa Kusadziwa ndi udzu woopsa, wozika mizu mozama, womwe umamera m'munda

wa anthu, kuphimba zomera zabwino komanso zopindulitsa Kusadziwa kuyenera kugonjetsedwa ndi chifuniro chosagwedezeka ndi kutsimikiza mtima kolimba Dothi la maganizo liyenera kulimidwa ndi cholinga chenicheni cha maganizo [pa zabwino] ndipo mbewu zabwino zimathiriridwa ndi madzi a chikhulupiriro Pamene kuwala kwachikondi ndi kofunda kukuwalira, mbewu ya ubwino idzakula ndikugonjetsa udzu ndi udzu, chifukwa mdima sungakhalepo pamaso pa kuwala

* * *

Zosangalatsa za zinthu zakuthupi zimazimiririka ndi kutha, koma chisangalalo cha Mulungu sichimazimiririka. Ndi chisangalalo cha Mulungu chomwe sichingathe .kufotokozedwa

* * *

Sitiyenera kugwiritsa ntchito njira zolakwika kuti tipeze chimwemwe, komanso sitiyenera kusiya mtendere ndi chuma chauzimu chomwe tili nacho mkati mwathu pofunafuna chitonthozo chabodza komanso moyo wowala womwe ungapachikidwa patsogolo pathu chifukwa cha zochita ndi makhalidwe oipa omwe ali ndi zotsatirapo .zowononga

* * *

Bata ndiye kamera yabwino kwambiri yojambulira kukhalapo kwa Mulungu. Kudzera mu lens ya bata loyera komanso lolunjika bwino, chithunzi chodala chidzawonekera .bwino kwambiri

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Ndipotu, nzeru zonse zili mwa inu nokha ndipo chomwe mukufunikira ndikudziwa bwino za izo

* * *

Kukhutira kumadalira kudzikonza, kotero kuti ena amakufunani m'malo mofunafuna iwo. Chikondi ndi ubwenzi ziyenera kuperekedwa popanda kuyembekezera kapena kufuna kubwezera, chifukwa kuyembekezera kumabweretsa

mkwiyo ndi mkwiyo Ngakhale pamene mukuyesetsa kudzikonza, munthu ayenera kukhala yekha, wotetezeka komanso wamtendere mkati mwa linga la makhalidwe .abwino ndi kudziona kuti ndi wofunika

* * *

Mathithi a chisangalalo ndi chiyembekezo atuluke nthawi zonse mumtima mwanga, ndipo madzi awo otsitsimula akhudze onse omwe ndikumana nawo

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Chimwemwe chauzimu chimapanga mumtima chikhumbo chothandiza ena m'njira iliyonse, ndipo chimakulitsa luso loyamikira zosangalatsa zabwino zomwe zimatsogolera ku chimwemwe, motero kuchepetsa .chilakolako cha zosangalatsa zopanda pake

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Kaya udindo wanu ndi wochepa bwanji, umakhalabe wofunikira monga momwe maudindo akuluakulu amathandizira kuti sewero la cosmic lipambane lomwe .mizimu imachita pa siteji ya moyo

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Chikumbumtima cha chilengedwe chonse ndi chidziwitso chathunthu, chopanda malire, chomwe chimadzikonzanso nthawi zonse komanso chosatha mu luso lake, ndipo kudzera mwa inu chimayesetsa kusonyeza mbali .yapadera ya icho chokha

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Ngati mulawa chikondi cha Mulungu ngakhale kamodzi, simudzachisiya chifukwa palibe china chonga icho .m'chilengedwe chonse

* * *

Anthu amene amadziwa Mulungu afika pamlingo wapamwamba kwambiri wauzimu, kotero kuti sakhutira ndi kungopereka uphungu wauzimu kwa ochimwa, koma akhoza - mwa chisomo ndi thandizo la Mulungu - kuwapatsa

mphamvu yauzimu yomwe imawathandiza ku zotsatira za .zochita zawo zauchimo

* * *

Zochita zonse zabwino ndi zoyipa zimakhala mkati mwa maselo a ubongo ndipo zimaonekera ngati zizolowezi zabwino kapena zoyipa kapena zizolowezi m'maganizo. Munthu amene akuvutika ndi zizolowezi zoipa chifukwa chakuti maselo a ubongo wake ali ndi mphamvu ya zizolowezi zimenezo akhoza kudzimasula yekha mwa mphamvu, kusinkhasinkha, kupemphera moona mtima, ndi kutsimikizira kosalekeza mpaka zizolowezi zake zonse zosafunika zitasanduka zizolowezi zabwino za mtendere ndi bata. Izi zimachitika pamene mphamvu ya moyo yoyendetsedwa bwino imagwira ntchito yosintha mawonekedwe osazolowereka a maselo a ubongo, kotero kuti maselowo adzazidwe ndi zonse zabwino, zabwino, .komanso zokongola

* * *

Kumvetsetsa ndi diso lamkati, masomphenya a moyo, ndi telesikopu ya mtima. Ndi mgwirizano pakati pa bata la .maganizo ndi chiyero cha chikumbumtima

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Tsiku lililonse timaona zochitika zosiyanasiyana, ndipo tsiku lililonse limabweretsa phunziro latsopano loti tiphunzire. Munthu akuyembekezeka kuphunzira phunziroli poganizira cholinga chachikulu cha kukhalapo kwake: kuzindikira komwe adachokera komanso maziko a moyo .wake

Tiyeni tigwire ntchito kuti tiiwale chisoni cha m'mbuyomu ndipo titsimikize kuti sitidzachiganizira mozama. Ndi kutsimikiza mtima kosalekeza komanso chifuniro chogwira ntchito, tiyeni tikonzenso miyoyo yathu, tiwonjezere kupambana kwathu, ndikukulitsa mwa ife tokha .makhalidwe abwino ndi makhalidwe abwino

Mulungu ndiye mphamvu yanga ndipo sindikhulupirira mphamvu ina iliyonse
Menyani nkhondo za moyo ndipo pitirizani mpaka kumapeto, osataya mtima Musanene kuti, "Sindingathe kupeza njira, choncho ndisiya kuyesera" Pemphani malangizo ngati mwalakwitsa, koma musasiye kuyesera Ambiri amavomereza kugonjetsedwa akakumana ndi zopinga Iwo omwe alephera ayenera kugwirizana ndi anthu opambana, osati olephera Khalani otsimikiza mtima kuti mupambane; lolani zimenezo zikhale nzeru zanu m'moyo
Tsiku lililonse tiyenera kulimbitsa mphamvu zathu zakuthupi, kuwonjezera mphamvu zathu zamaganizo, ndikudzidziwa bwino ife eni ake kudzera mu kusinkhasinkha, kuganiza bwino, ndi ntchito yabwino komanso yopindulitsa .yomwe imapindulitsa thupi, malingaliro, ndi mzimu pamodzi
Mukafuna kukhazikitsa chizolowezi chabwino kapena kusiya choipa, yang'anani kwambiri maselo a ubongo komwe machitidwe a zizolowezi zosiyanasiyana amakhala. Kuti mukhazikitse chizolowezi chabwino, choyamba khalani chete .ndikusinkhasinkha, kupempha chitsogozo cha Mulungu
Ikani maganizo anu pa malo okhazikika pamphumi panu, pakati pa nsidze zanu, ndipo tsimikizani mwamphamvu chizolowezi chomwe mukufuna kuyika muubongo wanu. Mukafuna kuchotsa zizolowezi zoipa, ikaninso chidwi chanu pa malo okhazikika pa chifuniro ndipo tsimikizani mwamphamvu kuti mizere yonse yomwe .yakhazikika pa zizolowezizo ikuchotsedwa
Ndi cholinga ndi kudzipereka, mutha kuchotsa ngakhale mizere yozama ya zizolowezi zakale zomwe zidakhazikika

Dzitsimikizireni mobwerezabwereza kuti muli ndi mphamvu zochotsera zizolowezi zoipa muubongo wanu. Nthawi yabwino yotsimikizira izi ndi m'mawa kwambiri pamene mphamvu zanu zodziletsa komanso zomwe

mumayang'ana kwambiri zili pachimake. Pitirizani kudzitsimikizira kuti muli omasuka ku zolamula zonse, ndipo tsiku lina mudzapeza—ndi thandizo la Mulungu—kuti .mwadzimasuladi ku chizolowezi chomwe mukufuna kusiya

Chilichonse chomwe mukuopa, chichotseni m'maganizo mwanu ndipo chisiyeni kwa Mulungu Limbitsani chikhulupiriro chanu mwa Mulungu ndipo khulupirirani kuti Iye akhoza kukuthandizani, ndipo dziwani kuti mavuto ambiri .amachokera ku nkhawa ndi nkhawa

N’chifukwa chiyani muyenera kuvutika tsopano pamene chinthu chomwe mukuchiopa sichinachitike? Popeza mavuto athu ambiri amachokera ku mantha, ngati tichotsa mantha m’miyoyo yathu tidzamva omasuka ndipo machiritso .adzachitika nthawi yomweyo

Usiku uliwonse, musanagone, dzitsimikizireni kuti Mulungu ali nanu, akukutetezani ndi kukusamalirani. Onani kuwala kwake koteteza kukuzungulirani kuchokera mbali .zonse, ndipo mudzamva chitetezo chake chodabwitsa

Mu seweroli la chilengedwe chonse, anthu amitundu .yonse amachita sewero la moyo pa siteji ya nthawi

Tiyenera kumvetsetsa tanthauzo la moyo popanda kutanganidwa kwambiri ndi ntchito zathu zakanthawi kapena kuganizira kwambiri za maudindo athu akanthawi. Kumvetsetsa kwathu moyo nthawi zambiri kumakhala kolakwika komanso kolakwika chifukwa timakuona kudzera mu maso adyera komanso malingaliro ochepa; ngati titayang'ana ndi maso a mzimu, tikanawona zinthu mosiyana .kwambiri

Tikatsegula diso la nzeru, timaona kuwala kwa Mulungu kozungulira zonse, ndipo m'kuunika kumeneko timazindikira umunthu wathu wauzimu, womwe ndi chiwonetsero cha umunthu wa chilengedwe chonse womwe umafalikira tinthu .tonse ndi mbali zina za chilengedwe chonse

Zoonadi zauzimu zimatizungulira, zikugogoda pa zitseko za maso athu otsekedwa, kutilimbikitsa kuti tiwone kuwala m'malo mwa mdima, kuti tichite zinthu mwanzeru m'malo mwa kusadziwa, kuti tidzaze mitima yathu ndi chikondi m'malo mwa chidani, ndi kugwirizana pokhazikitsa mtendere ndikubweretsa kuchuluka ndi chitetezo padziko lathu. Tikachita izi, kusadziwa kudzatha, kusiyana kwa dziko lapansi kudzatha, tidzaona umodzi m'kusiyana, ndipo .tidzakhala ogwirizana kwambiri ndi chifuniro cha Mulungu

Ubale wathu ndi Mulungu si wozizira kapena wopanda chikondi, monga momwe ulili pakati pa wolemba ntchito ndi wantchito. Ndife ana Ake, ndipo chisamaliro Chake pa ife chimakhala chokhazikika; Amatimvera nthawi zonse. Ndife gawo lofunika kwambiri la umunthu Wake, ndipo ubale wathu ndi Iye ndi wamoyo komanso wamphamvu. Watipatsa chuma chosatha cha chikondi, kumvetsetsa, kuzindikira, chifuniro chabwino, ndi mphamvu zauzimu, koma ambiri a .ife tawononga chuma ichi pachabe

Mulungu akufuna kuti tikhale otetezeka, mwamtendere, komanso mogwirizana mwaubwenzi, monga momwe ziyenera kukhalira ndi mamembala a banja labwino komanso lachikondi, koma umbombo ndi kuwerengera kwadyera kwamera ndi kuzika mizu m'miyoyo ya anthu ndipo .kwayambitsa kugawikana pakati pa banja

Mulungu akufuna kuti tikhale ambuye, koma tasankha kukhala akapolo Anthu achoka kutali ndi kwawo kumwamba ndipo ataya paradaiso wamkati womva pafupi ndi Mulungu ndi Mulungu pafupi nafe, ndipo sadzatha kupeza paradaisoyo popanda khama lathu Mulungu anatilenga m'chifaniziro .Chake, koma chowonadi ichi chathawa m'maganizo mwathu

Tadzipereka ku chinyengo chakuti tsogolo lathu ndi mavuto ndipo tsogolo lathu ndi chiwonongeko, ndipo tiyenera kung'amba chophimba cha chinyengo ndi lupanga lanzeru kuti tiwone chowonadi chowala kuseri kwa .chophimbacho

Mulungu wandidalitsa ndi chisangalalo m'zaka zonsezi za moyo wanga Kaya anthu akuona kumwetulira kwa chisangalalo pankhope panga kapena ayi, chisangalalo cha Mulungu chili nane nthawi zonse ndipo sichindisiya. Mtsinje waukulu wa chisangalalo umayenda nthawi zonse pansi pa mchenga wa chidziwitso changa ndipo umatuluka ngati akasupe odalitsika omwe amathirira minda ya moyo wanga.

Zovuta zadzidzidzi za moyo sizingasokoneze mtendere wanga, kapena chiyembekezo cha imfa sichingandichotsere chimwemwe chauzimu chomwe ndikumva.

Zinali zovuta kuti mkhalidwe umenewo ukhale wokhazikika komanso wosasinthika, koma zipatso za mzimu zomwe ndimasangalala nazo tsopano ndikugawana ndi ena zinali zoyenera khama langa lonse.

Ndimaganiza ndi kuchita zinthu motsogozedwa ndi mzimu wa Mulungu. Ndalama sizinakhale cholinga changa m'moyo, koma m'malo mwake kutumikira abale ndi alongo anga mwa anthu. Chifukwa chake, Mulungu wanditsegulira zitseko zambiri zabwino kuti ndidzichirikize ndikukwaniritsa ntchito yanga. Ndipo nthawi iliyonse ndikafuna thandizo, Mulungu amapereka nthawi yomweyo.

Chikhumbo changa chokha ndicho kukutumikirani, ndipo ndicho chifukwa chake ndili pano

Mphamvu ya Mulungu ikugwiranso ntchito m'miyoyo yanu. Mudzaona choonadi ichi nokha chikhulupiriro chanu chikalimbikitsidwa ndipo mudzazindikira kuti chuma chenicheni sichimachokera ku kupambana kwa zinthu zakuthupi koma kwa Wamphamvuyonse.

Mphindi iliyonse yomwe mumakhala ndi Mulungu idzakhala yopindulitsa kwambiri, ndipo chilichonse chomwe mumachita chifukwa cha chikondi ndi kukondweretsa Mulungu chidzalembedwa kwa inu m'mbiri ya muyaya.

Khalani nokha m'maganizo anu akuya ndipo sangalalani ndi mtendere wochokera ku kasupe wa chete

Ngati tifesa ntchito zabwino, timakolola chimwemwe ndi madalitso, ndipo ngati tifesa ntchito zoipa, timakolola .mitundu yosiyanasiyana ya mavuto ndi mavuto

Ntchito iliyonse yabwino ili ngati pickaxe yomwe timakumba nayo mu nthaka ya chidziwitso kuti tipeze kasupe wa chisangalalo cha Mulungu

Phunzirani kulowa mu nyanja ya kudzifufuza ndi kufufuza, kaya pankhani ya mabuku abwino, zikhulupiriro, mavuto, nzeru, kapena chisangalalo chamkati, pozindikira kuti kukhala wekha wamba [woganizira] ndiye mtengo wa .chisangalalo chenicheni

Ngakhale moyo umawoneka wosayembekezereka, wosasinthika, komanso wachinsinsi, wodzaza ndi kukayikira komanso mitundu yonse ya mavuto ndi zovuta, timakhalabe pansi pa chitetezo cha Mulungu nthawi zonse. Sitiyenera kukokomeza zinthu kapena kutaya bata lathu poyang'anizana ndi zochitika, chifukwa ngati tilola mantha kutigonjetsa, timapereka mphamvu ku choipa ndikukulitsa mizu yake, yomwe imakula ndikukula m'nthaka ya mantha .ndi nkhawa

Dzifunseni usiku uliwonse: Kodi mwakhala ndi nthawi yochuluka bwanji ndi Mulungu, mwaganizira mozama bwanji, mwakwaniritsa zinthu zotani, mwachitira ena zinthu zotani, ?komanso mwalamulira zilakolako zanu mozama bwanji

Sitiyenera kuyembekezera kupeza chimwemwe ndi mtendere wosatha m'mayesero a moyo; m'malo mwake, tiyenera kuzifunafuna ndi kuzipeza mkati mwathu. Kenako, zilizonse zomwe timakumana nazo, tidzazithana nazo monga momwe timaonera zomwe wina wakumana nazo mufilimu, .kaya zosangalatsa kapena zopweteka

Munthu akhoza kusintha zonse zomwe anakumana nazo kukhala zovuta komanso zomvetsa chisoni ngati alola maganizo ake kutero. Angakhale ndi thanzi labwino koma osazindikira kufunika kwake. Koma ngati adwala, adzadzichepetsa ndikuyamikira madalitso a moyo wabwino.

Tiyenera kuvomereza chisomo cha Mulungu ndikumuyamika chifukwa cha madalitso omwe watipatsa popanda kudikira kuti mavuto atipangitse kuyamikira ndi kuzindikira chisomo .chake

Moyo uyenera kukhala wosakanikirana ndi kusinkhasinkha ndi kuchitapo kanthu Munthu akataya kulinganiza bwino maganizo ake, amakhala pachiwopsezo cha nkhawa, mitambo ya chisoni, ndi ululu. Ndipo ngati ayesa kuswa malamulo a thanzi, chitukuko, ndi nzeru, .mosakayikira adzavutika ndi matenda, umphawi, ndi umbuli

Tiyenera kusunga zolinga zathu kukhala zoyera, zolinga zathu zikhale zoyera, ndikuchita zinthu m'njira yomwe imatibweretsera mtendere wamumtima, osalola kuti zinthu za m'moyo zisokoneze mtendere wathu ndikuwononga .chimwemwe chathu

Mitima yachisoni ndi malingaliro osweka zimandikopa, ngakhale zitali kutali bwanji

Wonjezerani malire a ufumu wanu wowala wa chikondi kuti pang'onopang'ono muphatikizepo banja lanu, anansi anu, dera lanu, dziko lanu, ndi mayiko ndi zolengedwa zonse .zodziwa bwino ntchito yanu

Tiyeneranso kulimbitsa nzeru zathu ndikukana katundu wa kufooka kwa nzeru ndi makhalidwe abwino komwe kwachokera kwa zaka zambiri. Zonyansa zimenezi ziyenera kutenthedwa ndi moto wa kutsimikiza mtima kwatsopano ndi kuchitapo kanthu kopindulitsa. Ndi njira yomanga imeneyi, munthu wodziperekadi akhoza kufika pamlingo wa ufulu ndi .ufulu

Yambitsani mphamvu zopanda malire zomwe zili mkati mwanu kuti muthe kusewera gawo lanu lolemekezeka pa siteji ya moyo

Munthu akangoyamba kulambira chuma, ndalama, kutchuka, kapena china chilichonse kupatula Mulungu,

chimwemwe chimakhala chawo. Anthu amene amaika maganizo awo onse pa zinthu zimenezi kwenikweni amalambira zimenezo, ndipo chifukwa chake sayandikira kwa Mulungu koma m'malo mwake amachoka kwa Iye. Koma anthu amene amaganizira za Mulungu, amaganizira za Iye, ndi kulankhulana naye mumtima mwawo amayandikira kwa Iye ndipo amasangalala mumtima mwawo mukulankhulana .naye chete

Mulungu yekha ndiye angathe kukwaniritsa maloto a anthu ndi ziyembekezo za chimwemwe chosatha. Chifukwa chake, palibe chomwe chiyenera kuloledwa kutenga malo a .Mulungu mumtima

Pali zizindikiro zopatulika zomwe zingathandize wofunafuna kukumbukira Mulungu ndi kuyandikira kwa Iye. Komabe, ngati munthu ayamba kulambira zizindikiro zimenezi, kuvulala kwake kudzaposa ubwino wake. Kulambira kuyenera kuperekedwa kwa Mulungu yekha, .chifukwa palibe china chilichonse choyenera kulambiridwa

Kaya kulambira kotsatira miyambo kuli kotani, Mulungu amavomereza bola ngati wolambirayo akuchita zimenezi ndi chidziwitso chauzimu komanso kufunitsitsa Iye. Komabe, anthu ambiri samvetsa tanthauzo la kulambira, ndipo maganizo ndi mitima yawo imachoka kwa Mulungu kupita ku .miyambo, motero sapindula kwambiri ndi kulambira kwawo

Olambira oona salola kuti chidziwitso chawo chikhale chokhazikika pa chifaniziro kapena mawonekedwe aliwonse, koma amaika chidwi chawo chachikulu ndi chidwi chawo chonse pa mzimu waumulungu womwe uli kumbuyo kwa .zithunzi ndi mawonekedwe onse

Mulungu ndi wokwanira komanso wopanda malire, ndipo palibe chifaniziro kapena chifaniziro chomwe chingamulowemo

Tinganene kuti Mulungu amadziwonetsera mwa aliyense amene amamukonda moona mtima ndipo ali mogwirizana ndi Iye, chifukwa alipo paliponse ndipo motero alipo mwa

aliyense Komabe, si aliyense amene ali ndi mphamvu zowonetsera kukhalapo kwa Mulungu. Dzuwa limawala mofanana pa malasha ndi diamondi, koma diamondi imalandira ndi kuwonetsa kuwala kwa dzuwa, pomwe malasha sangathe

Mofananamo, anthu onse amamizidwa mu kuwala kwa Mulungu, koma ochepa okha ndi omwe amatha kulandira kuwalako ndikukuwonetsa m'maganizo ndi zochita zawo. Kuti achite izi, ayenera kudziyeretsa okha mwa kusinkhasinkha komanso kutsatira ziphunzitso ndi malamulo .a Mulungu

Tikamatchula dzina la Mulungu, tiyenera kudziwa bwino zomwe tikunena. Ngati mutaona maganizo a anthu panthawi yopemphera, mungapeze kuti ambiri akuganiza chilichonse kupatula Mulungu, ngakhale kuti akulankhula dzina Lake! Pemphero lotere ndi lopanda phindu komanso lopanda .phindu

Tikamapemphera, tiyenera kuyesetsa kuyang'ana kwambiri Mulungu, osati kungobwerezabwereza dzina Lake lodala pamene tikulola maganizo athu kuyendayenda. M'modzi mwa azakhali anga ankakonda kupemphera mapemphero awo pa mikanda yopempherera, yomwe nthawi zambiri sankatha kuwapeza. Koma tsiku lina anandiuza kuti ngakhale kuti ankachita chizolowezi chopempherachi kwa zaka makumi anayi, Mulungu sanayankhe mapemphero ake. N'zosadabwitsa! ."Mapemphero" ake anali chizolowezi chodetsa nkhawa

Tikamapemphera, sitiyenera kuganizira china chilichonse koma Mulungu yekha. Tiyenera kuyesetsa kukhala oona mtima polambira ndi kudzipereka popemphera. Kugwiritsa ntchito mikanda yopempherera ndi kutchula dzina la Mulungu nthawi zonse n'kovomerezeka bwino ngati chizolowezicho chimachokera mumtima ndipo chimathandizidwa ndi kuwona mtima ndi malingaliro

olunjika. Komabe, chizolowezichi chikhoza kukhala chokha .pakapita nthawi

Tiyenera kunong'oneza dzina la Mulungu m'mitima mwathu, ndi chikhumbo ndi chikondi chaumulungu; uku ndi kulambira koona komwe kumakhudza mtima wa Mulungu. Kutchula dzina la Mulungu mozizira komanso mopanda nzeru ndi mwano komanso mopanda ulemu. Munthu akamapemphera, mtima ndi maganizo ake ziyenera .kudzazidwa ndi chikondi cha Mulungu

Ambuye, Inu ndinu Nyenyezi Yakumpoto Yakumwamba imene maganizo anga oyendayenda amatsogoleredwa nayo mu nyanja yodzaza ndi mayesero ndi masautso

Kuchita masewera olimbitsa thupi a yoga kumathandiza kuyandikira Mulungu, gwero lalikulu la ulemerero ndi ulemerero, monga momwe kumathandizira kuganizira za .Mulungu ndikulankhulana naye

Ndikofunikira kupatula tsiku limodzi pa sabata kuti mupumule mwauzimu (ngati n'kotheka) kuti muganizire za Mulungu ndikukhala ndi mtendere wamumtima. Nthawi yogwiritsidwa ntchito mwanjira imeneyi idzakhala mankhwala otonthoza mavuto ndi nkhawa zomwe .mumakumana nazo mkati mwa sabata yonse

Aliyense amafunika kukhala tsiku limodzi sabata iliyonse ali payekha kapena "kupumula mwauzimu" kuti achiritse mabala ndi ululu wawo wamaganizo Pamene tsiku limenelo lidzakhala la mtendere, chisangalalo, ndi kukhutira, .mudzaliyembekezera mwachidwi sabata ndi sabata

Kukhala wekha ndiye mtengo wa ukulu Mudzadabwa ndi zotsatira zabwino zomwe zidzapezeke m'maganizo mwanu, thupi lanu, ndi moyo wanu kudzera mu kubwerera kwauzimu kumeneku ndi kulumikizana ndi mzimu wanu komanso ndi Mulungu. Ngati mukufuna kukhala ndi chimwemwe chenicheni, muyenera kudzimiza mu nyanja yamtendere wa Mulungu m'mawa kwambiri mukadzuka, komanso .musanagone usiku

Anzeru aku India amalangiza osati tsiku limodzi lokha lokha lokha lokha lokhala paokha, komanso amagogomezera kufunika kosinkhasinkha mwakachetechete nthawi zinayi tsiku lililonse. M'bandakucha, asanadzuke ndi kuonana ndi aliyense, munthu ayenera kusangalala ndi bata ndi mtendere. Masana, munthu ayenera kutonthoza maganizo ake asanadye nkhomaliro, ndikusangalalanso ndi nthawi yamtendere asanadye chakudya chamadzulo. Pomaliza, asanagone usiku, munthu ayenera kulowa mumtendere .kachiwiri

Anthu amene amasunga chete mosamala akakhala okha komanso nthawi zonse zinayi izi za tsiku ndi tsiku adzakumana ndi mgwirizano ndi Mulungu. Anthu amene sangathe kusunga nthawi zonsezi ayenera kudzipereka maola osachepera a m'mawa ndi madzulo pa izi. Mwa kuchita zimenezi, miyoyo yawo idzasinthidwa kukhala yabwino, ndipo adzakhala ndi chimwemwe chenicheni; .zomwe akumana nazo ndiye umboni wabwino kwambiri

Ngati mupitiriza kulemba ndi kusaina macheke popanda kuyika ndalama zokwanira kubweza akaunti yanu ya banki, ndalama zanu zidzatha. Chimodzimodzinso ndi moyo wanu. Popanda kusunga mtendere nthawi zonse mu akaunti yanu ya moyo, mphamvu zanu zidzatha, mtendere wanu udzatha, ndipo chimwemwe chanu chidzatha. Mwachidule, pamapeto pake mudzavutika ndi mavuto amaganizo, amaganizo, akuthupi, komanso auzimu. Koma kusinkhasinkha mozama tsiku ndi tsiku pa Mulungu kudzadzaza akaunti yanu .yamaganizo

Wofunafuna Mulungu wodzipereka amasinkhasinkha tsiku ndi tsiku, kulankhulana ndi Mulungu ndi chikondi chonse ndi chikhumbo chonse mumtima mwake, kumupempha kuti adziwulule yekha. Ngati ndinu wokonda Mulungu ndipo mukufunitsitsa kuona kukhalapo kwake, muyenera kumiza maganizo ndi thupi lanu mu mtendere

wake, ndipo moyo wanu udzakusangalatsani, ndipo zinthu .zanu zidzayenda bwino m'njira zambiri

Munthu wodekha salakwitsa kawirikawiri, ndipo amapambana pamene ena ambirimbiri amalephera Iwo amene saganizira za Mulungu kapena kumusamalira amakhala okhumudwa komanso omvetsa chisoni. Amakwiya .msanga ndipo amakhala makina oyendera

Dzuwa la nzeru ndi mtendere lidzatuluka mumlengalenga wa bata ndipo lidzakuyeretsani mu kuwala kwake kochiritsa malinga ngati muchita khama lauzimu .ndikupereka malo oyamba kwa Mulungu mumtima mwanu

Mwezi umodzi umawala kwambiri kuposa nyenyezi zonse pamodzi. Dzuwa, lomwe limawoneka laling'ono, limachotsa mdima kuchokera kudera lalikulu kuposa lokha nthawi mamiliyoni ambiri. Mofananamo, munthu wabwino, mwa kukhalapo padziko lapansi, amatulutsa kugwedezeka komwe kumatsutsana ndi kusokoneza kugwedezeka .kwakukulu komwe kumachokera kwa anthu oipa

Tsiku losinkhasinkha liyeneranso kukhala tsiku lopumula m'maganizo ndi mwakuthupi komanso kulimbikitsa mtendere wamumtima. Ntchito iliyonse yomwe imabweretsa .nzeru ndi mtendere ndi ntchito yodalitsidwa patsikulo

Ponena za kulemekeza makolo, mabuku opatulika amalimbikitsa kuwachitira zabwino: “Lemekeza atate wako ”ndi amako” ndi “Khalani okoma mtima kwa makolo

Makolo aumunthu ayenera kulemekezedwa monga oimira Mulungu, amene anawapatsa mphatso yolenga anthu. Mayi ndiye chitsanzo cha chikondi choyera cha Mulungu, chifukwa mayi wachikondi amakhululukira kulikonse komwe wina sangachite. Atate ndiye chiwonetsero cha nzeru za .Mulungu ndi mtetezi wa ana Ake

Munthu sayenera kukonda atate wake ndi amayi ake kupatula Mulungu, koma monga chisonyezero cha chikondi Chake choteteza ndi chanzeru. Mzimu waumulungu wapamwamba umakhala bambo ndi mayi kuti athandize

mwana; chifukwa chake, uyenera kulemekezedwa mwa .makolo

Malemba amatilangizanso kuti tisaphe chifukwa cha kupha, chifukwa munthu amakhala wakupha. Munthu sayenera kupha munthu wina mumphindi yachisoni. Komabe, ngati okondedwa ake akuopsezedwa, munthu ayenera kumenyana kuti ateteze anthu omwe Mulungu wawapatsa, chifukwa ndi udindo wopatulika kuteteza banja .lake ndi dziko lake

Ponena za lamulo loletsa chigololo, cholinga chabwino kwambiri cha kugonana chiyenera kukhala kubereka ana olengedwa m'chifaniziro cha Mulungu ndi kusonyeza chikondi choyera chomwe okwatirana amamva omwe amaona Mulungu mwa wina ndi mnzake. Anthu omwe amakhala ndi moyo wokhawokha, osaganizira za chikondi chenicheni kapena cholinga chapamwamba chomwe chilakolako chogonana chinapangidwira, amachita chigololo motsatira lamulo ili. Pankhaniyi, sasiyana ndi nyama zomwe zimakhutiritsa chilakolako chawo chogonana kenako n’kupita .patsogolo

Mulungu adalenga chilakolako cholenga ichi mwa amuna ndi akazi kuti abereke ndi kusonyeza chikondi chenicheni m'banja, ndipo sichiyenera kugwiritsidwa ntchito molakwika mwanjira ina, koma m'malo mwake chisandulike .kukhala ntchito yopatulika ndi chidziwitso

Ngati mungathe kulamulira ndikugawa mphamvu zogonana mkati mwanu, mudzatha kukulitsa luso lamphamvu la maganizo polemba, kujambula, kapena .kuwulula maluso obisika m'njira zina zambiri

Ndipo mukadzatha kulamulira ndikusintha zochita zanu zauzimu, mudzakhala ndi mtendere waukulu, chikondi .chachikulu, ndi chimwemwe chauzimu chowonjezeka

Oyera mtima ndi atsogoleri auzimu omwe asintha machitidwe awo ogonana mwauzimu ndi zimphona zomwe

zimatha kuchita zodabwitsa komanso zodabwitsa padziko .lapansi komanso pofunafuna choonadi mopanda nzeru
Motero, kugwiritsa ntchito kwambiri chilakolako chogonana ndiko kukweza mphamvu zake, kutanthauza kuti, kupititsa mphamvu zake ku cholinga chapamwamba kuti awonetse nzeru, malingaliro apamwamba, ndi mfundo zauzimu Munthu sayenera kusangalala ndi malingaliro ogonana kapena kulakalaka zomwe siziloledwa. Kudziletsa kwamtunduwu kukakwaniritsidwa, munthu adzakhala ndi malingaliro abwino pa kugonana ndi cholinga chake .chapamwamba
Kukhala kapolo wa nkhani zogonana kumatanthauza kutaya thanzi, kudziletsa, ndi mtendere wamumtima, ndipo mwachidule, zinthu zonse zomwe zimapangitsa munthu kukhala ndi chimwemwe
Mabuku opatulika amatilimbikitsanso kuti tisabe Ngati gulu la anthu chikwi likanaberana, aliyense adzakhala ndi adani 999 Chifukwa chake, munthu sayenera kuphwanya ufulu wa ena, kapena kulanda malo awo, mtendere, chikondi, ulemu, kapena chilichonse mwa zinthu zawo zakuthupi kapena zauzimu Ngati simukufuna kutenga zomwe si zanu, zomwe mukufuna kapena zomwe mukufuna zidzabwera kwa inu Kuba kumayambira m'maganizo munthu akayamba kuchitira nsanje ena Mbewu za zilakolako zoipa ziyenera kuchotsedwa m'maganizo Kukoma mtima kwauzimu ndiyo njira Kenako, munthu adzakopa chuma mwachibadwa, ndipo madalitso adzabwera kwa iye kuchokera ku magwero omwe amadziwa ndi magwero omwe sadziwa Ili ndi lamulo la Mulungu losalephera Ponena za akuba ndi anthu odzikonda, amakhala moyo wawo wonse akufunafuna zinthu zakuthupi, maso awo nthawi zonse pa zomwe ena ali nazo, ngakhale ndalama zawo zitadzaza ndi golide
Pokhapokha ngati kudzikonda kwa zinthu zakuthupi sikuchotsedwa, dziko lapansi silingathe kupeza chimwemwe

Chimwemwe chimabwera pokhapokha ngati munthu akugwirizana ndi ena. Chimachitika munthu akamamva zosowa za ena ngati kuti ndi zake ndipo amagwirira ntchito .ena monga momwe amagwirira ntchito yekha

Lamulo lina lofunika ndi kupewa kupereka umboni wabodza Kuvulaza munthu mwa kupotoza chowonadi ndi njira ina yowonongera mgwirizano wa anthu Ngati munthu akufuna kuchitiridwa bwino, ayenera kuchitira ena moyenera. Chowonadi chiyenera kunenedwa nthawi zonse, koma kusiyana kuyenera kupangidwa pakati pa kunena chowonadi ndi kungonena zoona. Kutchula munthu ngati wolumala kapena wakhungu n'kopweteka komanso kovulaza; munthu ayenera kuganizira za malingaliro a ena ndikupewa kuwachititsa manyazi. Mofananamo, kuulula chowonadi chomwe chingapereke munthu popanda cholinga chabwino nakonso n'kolakwika. Kumbali ina, munthu sayenera kunama kuti apewe kunena zoona; m'malo mwake, munthu akhoza kukhala chete pazochitika zina kuti apewe .kuchititsa manyazi kapena kuvulaza ena

Munthu ayenera kusamala ndi nsanje, matenda oopsa omwe amaluma mtendere wa moyo Munthu akamalakalaka kwambiri zinthu za ena, amakhala ndi chisoni chachikulu komanso mavuto ambiri. Munthu wansanje amakhala ndi moyo wovuta, osadziwa kukoma kwa mtendere. Ndi bwino kuti adzilemekeze, adzidalire, komanso afune chuma .chauzimu chamkati

Ulemu wa munthu ndi kufunika kwake kwa mkati n’zoposa chilichonse chimene angafune kapena chimene akufuna kukhala nacho. Mulungu amaonekera mwa munthu aliyense m’njira imene sionekera mwa munthu wina aliyense. Nkhope yawo si yofanana ndi ya wina aliyense, ndipo moyo wawo si wofanana ndi wa wina aliyense, chifukwa mkati mwawo muli chuma chachikulu kwambiri cha chilengedwe chonse—ndipo chuma chachikulu chimenecho .ndi Mulungu

Tikufuna kuti miyoyo yathu iwonekere ndikukula ndi ntchito zabwino, ikhale ndi fungo lokoma la chisangalalo ndi chimwemwe, ndikukhala ndi moyo kosatha m'chikumbukiro .cha iwo omwe amatiyamikira

Munthu akakhala ndi chikhulupiriro choyenera ndikuchita zinthu moyenera, amakhala wosangalala kuposa anthu opanda chikhulupiriro ndipo sachita ntchito zawo .pankhondo ya moyo

Chikhulupiriro cholimba ndi zochita zolungama (zothandizidwa ndi zolinga zabwino ndi zolinga zabwino) nthawi zonse zimapezeka kulikonse komwe kuli chimwemwe, ndipo zimatayika kulikonse komwe kulibe chimwemwe Kuchokera pa izi, tingathe kunena kuti ndi zinthu ziwiri zofunika kwambiri kuti munthu akhale ndi chimwemwe, zomwe sizingapezeke popanda izo. Amene akufuna chimwemwe amafunika kukhala ndi zinthu ziwiri .zofunika kwambiri izi, zomwe ndi maziko ake ndi mizati

Anthu sangathe kulamulira, kusintha, kapena kufufuta zinthu zopanda malire za chilengedwe chonse mwakufuna kwawo. Zinthuzi zimalumikizidwa mozama ndi moyo wa munthu, ndipo anthu sangathe kugwira ntchito padera. Komabe, anthu amatha kulamulira maganizo awo kuti .agwirizane ndi zinthuzi ndikupewa kuvulala nazo

Makolo athu anali osangalala kuposa ife osati chifukwa chakuti anali ndi zinthu zambiri za dziko lapansi ndi zosangalatsa kuposa ifeyo panopa, kapena chifukwa chakuti sanali ndi mavuto ambiri a moyo, koma chifukwa chakuti anali ndi maganizo abwino omwe ankawapatsa chitonthozo, .mtendere, kukhutira, komanso chimwemwe mwachidule

Sanadalire zinthu zakunja kuti akhale ndi chimwemwe, komanso sanagonjere zinthu zakunja zomwe zikanawalanda chimwemwecho. Malingaliro awo a chitonthozo, mtendere, chimwemwe, ndi kukhutira anali achibadwa, abwinobwino,

athanzi, komanso okhalitsa. Ifenso tiyenera kukulitsa malingaliro amenewa ngati tikufuna kukhala ndi chimwemwe. Ndipo ndani pakati pathu amene safuna ?kukhala nacho

Tsogolo ndi zotsatira za kugwiritsa ntchito ufulu wosankha wakale. Kudzera mu machitidwe athu akale a ufulu wosankha, tabweretsa ndipo tikupitiriza kudzibweretsera tsoka ndi tsogolo. Komabe, sitili omangidwa ndi zakale, komanso sitikhala oletsedwa ndi zotsatira za zochita zathu. Tikhoza kugwetsa zomwe tabzala ndikuchotsa zomwe talemba ngati tikufuna ndikuyesetsa kukonza njira .yathu ndikukweza ubwino wa zokolola zathu

Ngati tichotsa mbewu za zochita zomwe zimakhala ndi zotsatirapo zowawa ndikubzala m'malo mwake mbewu zoyenera kwambiri chibadwa cha mzimu, tidzakolola zipatso za chimwemwe kuchokera ku mbewu zabwino zomwe zabzalidwa m'nthaka ya mzimu. Tiyenera kugwiritsa ntchito ufulu wosankha tsopano, tsopano osati mawa, ngati tikufuna kupeza chimwemwe chachikulu kapena kuchepetsa kuvutika .ndi ululu

Chifukwa chake, zinthu zomwe zimapangitsa munthu kukhala wachimwemwe zili mwa iye, ndipo chomwe ayenera kuchita ndikungoganizira mozama za equation yomwe siilakwitsa, ndipo zotsatira zake zidzakhala zabwino kwa iye .ngati apanga mayeso abwino kwambiri ndikuthana nawo

Ambuye, moyo wanga udzazidwe ndi mphamvu zanu, mtima wanga udzazidwe ndi kukhalapo kwanu kotonthoza ndi chifundo, maganizo anga adzazidwe ndi nzeru zanu, ndipo moyo wanga udzazidwe ndi chidziwitso chanu .chaumulungu

M'nthaka ya mitima yanu, mbewu za chikondi zimamera. Thirirani mbewu zimenezo ndi madzi a chikondi .cha padziko lonse ndi chifundo cha padziko lonse

Mphamvu ya maganizo ndi yopanda malire ndipo, ngati muganizira mozama za nkhani iliyonse, mudzapeza yankho la funso lililonse lokhudzana ndi nkhaniyo.

Ngati munthu adzipereka ntchito ndi zochita zake zonse kutumikira ena ndikuzikwaniritsa ndi maganizo okhutira, ndiye kuti ayenera kuganiziridwa ndi kuyamikiridwa.

Sitiyenera kukhala ndi mbali imodzi. M'malo mwake, tiyenera kulinganiza zochita zathu ndikuyika patsogolo ntchito ndi maudindo athu, malinga ndi kufunika kwa chilichonse.

Udindo ndi ntchito imene munthu amachita mosangalala osati chifukwa cha phindu la zinthu zakuthupi, ndipo udindo wauzimu ndi wamakhalidwe abwino uyenera kukhala woyamba m'moyo.

Munthu aliyense ali ndi mphamvu zomwe sanazigwiritse ntchito. Ali ndi mphamvu zonse zofunika. Maganizo okha ndi amphamvu kwambiri, ndipo ayenera kumasulidwa ku zizolowezi ndi malingaliro akale komanso oletsa.

Mphamvu ya mapulaneti ndi nyenyezi pa moyo wa anthu imayambitsidwa ndi mphamvu zokopa ndi kusokonezana pakati pa mapulaneti ndi matupi a anthu.

Maganizo oipa amatsogolera munthu kumalo oipa komwe angathe kudziwonetsera malinga ndi zomwe akufuna Komabe, munthu akhoza kusintha maganizo ake ndi chidziwitso chake pogwiritsa ntchito mphamvu ya chifuniro, ndipo motero, malo ake Ngati munthu akhalabe m'malo oipa kwa nthawi yayitali, malo amenewo amayamba kumukhudza mosazindikira Pakapita nthawi, amataya ufulu wawo wosankha malo abwino komanso abwino ndikukhala pansi pa zisonkhezero zoipa za malo oipa amenewo. Koma anthu omwe ali ndi mphamvu ya chifuniro champhamvu, kumbali ina, amagwirizana ndi Mulungu.

Mphamvu yokhazikika ya malingaliro

Mukayang'ana kuwala kwa dzuwa kudzera mu galasi lokulitsa pa mfundo yaying'ono, kumatulutsa kutentha, ndipo kutenthako kumatha kuyatsa matabwa, nsalu, mapepala, ndi zina zambiri. Mofananamo, mukayang'ana bwino maganizo anu, mphamvu zake zokhazikika zimatha kuwotcha mizu ya kukayikira kumbuyo kwa kulephera kulikonse ndikulola .kuwala kwa nzeru kuwala kwambiri

Maganizo akagwirizana ndi Mulungu, gwero la zabwino zonse ndi chiyambi cha mphamvu zonse zodala, amazindikira kukhalapo kwa Mulungu ndipo amakhala ndi zinthu zonse za kupambana. Zinthu zimenezi zimagwirizana kwambiri ndi mphamvu yaikulu ya Mulungu, zomwe zimatha .kupanga mwayi watsopano wopambana m'munda uliwonse

Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika panthawi inayake ndi pamalo enaake. Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe ananena, zomwe zinamera mizu m'nthaka ya chidziwitso chawo, kumera kukhala chomera ndikubala zipatso zomwe zimasonyeza makhalidwe enieni a malingaliro .ndi zochita zimenezo

Mayesero ndi mavuto sizibwera kudzaswa munthu kapena kulepheretsa chifuniro chake, koma kuti zimuthandize kuzindikira ukulu wa Mulungu ndi kulemekeza malamulo Ake, omwe angawathandize kupeza chimwemwe chenicheni. Mulungu satumiza mayesero awa ovuta chifukwa chakuti ndi opangidwa ndi anthu. Chomwe chikufunika kwa anthu ndi kudzutsa chidziwitso chawo kuchokera ku tulo ta kusamvera ndi kutuluka mu mdima wa kusadziwa kupita ku .kuwala kwa chidziwitso

Nthawi zambiri, malingaliro athu amatilonjeza zosangalatsa zakanthawi kochepa koma pamapeto pake amatibweretsera ululu ndi kuvutika kwa nthawi yayitali. Ubwino weniweni ndi chisangalalo, komabe, zimalonjeza zochepa, koma pamapeto pake zimatipatsa chisangalalo

choyera komanso chokhalitsa. Ichi ndichifukwa chake ndimaona chisangalalo chamkati, chokhalitsa kukhala chisangalalo chenicheni, ndi zosangalatsa zakanthawi .kochepa kukhala zosangalatsa chabe

Mukayang'ana dzuwa kuchokera kutali kwambiri mumlengalenga, nyenyezi yaikuluyo imaoneka yaying'ono kwambiri kuposa Dziko Lapansi

Komabe, kukula kwa dziko lapansi ndi pafupifupi makilomita 7,900, pomwe kukula kwa dzuwa ndi kwakukulu nthawi zana kuposa kwa dziko lapansi. Ngati mungayike dziko lathu lapansi patsogolo pa dzuwa, lingawoneke ngati .kadontho kakang'ono poyerekeza ndi dzuwa

Tiyerekeze kuti mphamvu yaikulu ya dzuwa ikukula ndikukula mpaka thunthu lake lalikulu litameza thambo lonse labuluu. Thambo limene tikuliona ndi gawo laling'ono chabe, kwenikweni kachidutswa kakang'ono, ka mlengalenga komwe kakuzungulira chilengedwe chonse .chopanda malire

Ngakhale dzuwa litapitirira kukula ndi kutambasuka mumlengalenga kwamuyaya, silingathe kuphimba zinthu .zopanda malire

Chinyengo cha chilengedwe chonse cha kuchepa ndi malire chimalepheretsa malingaliro kuzindikira kukula kwa chilengedwe chonsecho

Kodi kusakhalapo konseku kunachokera kuti, ndipo ?malire ake ndi ati

Iye amene sali pansi pa miyeso, amene alibe malire kapena chiyambi, ndiye Mulungu, amene ali paliponse ndipo amakhala kutali kwambiri mumlengalenga. Ali mu nyenyezi zakutali, monga momwe zilili mkati mwanu ndi mkati mwanga, amadziwa bwino malo aliwonse omwe ali,

mosasamala kanthu kuti ndi ang'onoang'ono kapena akulu .bwanji

Zakale sizikudziwika kwa anthu ambiri, kupatulapo anthu ochepa osankhidwa odziwa bwino ntchito. Komabe, kusadziwa kwathu zakale kulinso ndi phindu kwa ife. Pakuti tikanadziwa zonse zomwe tachita m'moyo uno ndi m'miyoyo yakale, tikadagwidwa ndi kuchuluka kwa zochita zathu ndikusokonezeka kwambiri. Chifuniro chathu chingalepheretsedwe ndi mantha, zomwe zingatipangitse kuti tisapitirize kuchita zinthu zathu ndikusiya titataya mtima. Ngakhale m'moyo uno wapadziko lapansi, kuiwala ndi dalitso lochokera kwa Mulungu, lomwe limaletsa malingaliro ndi malingaliro athu kuti asakhudzidwe ndi zokumbukira zakale, makamaka zowawa komanso zopweteka. Mwamwayi, kuwala kwaumulungu mkati mwathu nthawi zonse kumawala ndi chiyembekezo komanso chikhumbo chopitiliza ulendo wosatha wa moyo. Tiyenera kuyamika Mulungu chifukwa cha madalitso awiriwa: .kuthekera koiwala zakale ndi chiyembekezo chamtsogolo

Sitiyenera kuganiza kuti tsogolo limaika zopinga pa ufulu wosankha Komabe, tiyenera kuchita zonse zomwe tingathe kuti tipewe zinthu zoipa zomwe anthu ambiri amati ndi tsogolo ndi tsogolo, ndikugwiritsa ntchito ufulu wathu wosankha malinga ndi zikhulupiriro zathu zamkati, bola ngati zikhulupiriro zimenezi zimachokera pa chikhulupiriro cholimba komanso zozikidwa pa malamulo a Mulungu, omwe popanda iwo munthu sangasangalale ndi chimwemwe .chenicheni

Tikayamba kuchitapo kanthu, sitiyenera kuopa mavuto, koma tiyenera kukhala ndi chiyembekezo mpaka pamlingo waukulu, ndi chikhulupiriro chonse kuti palibe chomwe chingalepheretse kugwiritsa ntchito chifuniro chathu .ndikugwiritsa ntchito ufulu wosankha

Anthu nthawi zambiri amakhala ngati tsamba loyandama pamwamba pa mtsinje, ndipo ayenera kudzitulutsa okha mumsewu wa zizolowezi zomwe zimawatsogolera ku mathithi achinyengo ndi chiwonongeko. Anthu ambiri amaoneka osayanjanitsika ndipo amalola kuti .atengedwe ndi msewuwo

Ngati talephera kukwaniritsa cholinga chathu, ndikovomerezeka kuvomereza mosapita m'mbali kuti panali zopinga zomwe tinapanga zomwe zinatilepheretsa kukwaniritsa cholinga chathu. Tiyenera kupirira ndikuwonjezera khama lathu kuti tikwaniritse zomwe tikufuna. Tiyeneranso kudzitsimikizira kuti ngakhale zopinga ndi zovuta zitakhala zolimba komanso zoopsa bwanji, tili ndi mphamvu zozigonjetsa. Ngakhale titalephera ngakhale titayesetsa bwanji, palibe chifukwa chotaya mtima kapena kukhumudwa, bola ngati tikumvetsa kuti chifuniro cha munthu chili champhamvu kuposa tsogolo, lomwe ndi lopangidwa ndi ife tokha. Chifukwa chake, sitiyenera kusiya kuyesera, ngakhale titalephera kangati, chifukwa nthawi zonse pali zitseko zotseguka. Tiyenera kungopitiriza kuyesetsa ndikubwereza kuyesa mpaka titapambana. Mulungu adzatipatsa thandizo bola ngati tidalira Iye ndikuyesetsa kuchita khama lofunikira. [Iye amene akuyenda panjira adzafika komwe akupita, ndipo iye amene amadalira Mulungu sadzakhumudwa]

Munthu akamafuna chinthu mwamphamvu komanso mosalekeza, chilakolako chimenecho sichichoka m'maganizo mwake, kulikonse komwe akupita komanso chilichonse chomwe angachite. Kudzera mu ntchito yake yosalekeza komanso yosatopa, chilakolako chimenecho chimakhala ndi kutsimikiza mtima kwakukulu ndi mphamvu. Kunong'ona kwamkati kumeneku kuli ndi mphamvu komanso kogwira mtima kuposa kupemphera mwamwambo, komwe kumangosuntha milomo. Umu ndi momwe iwo amene amakonda Mulungu amachitira zinthu. Amanong'ona chikondi chawo kwa Iye mosalekeza, kunong'ona kwawo kochokera pansi pa mtima kumakhala kosamveka pa zochita zawo za tsiku ndi tsiku. Kunong'ona kumeneku kochokera pansi pa mtima sikuwasokoneza kapena kutsutsana ndi ntchito zawo zina. Pamene chilakolako chawo cha Mulungu chikukula, chikondi chawo kwa Iye chimakula ndikukula, mpaka atawona kukhalapo Kwake ndikuwona kuwala Kwake ndi diso la moyo. Amalawa chimwemwe chachikulu .ndikumva mtendere woposa kufotokozedwa

Mulungu amatipatsa maphunziro omwe timafunikira pamoyo wathu kuti tipindule nawo ndikupeza kumvetsetsa ndi chidziwitso. Aliyense amene amapewa maphunziro amenewo adzakakamizika kuwaphunzira ngakhale zitakhala .nthawi yayitali bwanji

Mayeso aliwonse ndi bwenzi ngati tiphunzirapo kanthu, ndipo ndi wolamulira wankhanza ngati titawononga mwayiwo ndikuugwiritsa ntchito molakwika ndi kudandaula, .mkwiyo, komanso kusaganiza bwino

Tikakhala ndi kumvetsetsa bwino komanso malingaliro abwino pa moyo, zimakhala zokongola komanso zopanda .mavuto

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milandu yamaganizo

Munthu sangakhalebe wonyamulidwa ndi mafunde a chisangalalo kwamuyaya, womizidwa m'madzi odzaza ndi chisoni, kapena womizidwa m'kuya kwa kusungulumwa. M'dziko lino la zinthu ziwiri zotsutsana, munthu wamba amakumana ndi zovuta—kukwera ndi mafunde a chisangalalo, kumira mu phompho la kusasamala, ndi kukankhidwa ndi mafunde amphamvu a chisoni—osakumana .ndi vuto lina lililonse la chidziwitso

Kulola zochitika kusokoneza maganizo a munthu mwanjira imeneyi kumatanthauza kusiya chifuniro chake kuti chikhale chosasinthika komanso chosinthasintha. Chomwe munthu amafunikira kuti akhale ndi moyo wopambana komanso wokhutiritsa ndi kukhazikika maganizo, ndipo izi zitha kuchitika pokhapokha poganizira mozama komanso .kulamulira mphamvu zake zamaganizo

Ngakhale chisoni chachikulu chimatha pakapita nthawi, kotero palibe chifukwa chokhalira ndi chisoni tsiku lililonse la moyo wathu. Kulira nthawi zonse chifukwa cha imfa ya wokondedwa sikuthandiza iwo kapena ife, ndipo sikusintha chilichonse. Mofananamo, kukhala ndi vuto lodziona ngati

wopanda pake kapena kudzilanga chifukwa cha zolakwa zakale kapena zolephera sikuthandiza; kumangopangitsa moyo kukhala wosasangalatsa komanso kulepheretsa .mphamvu zamaganizo

Sitiyenera kudzilola kugwera mu dzenje la chizolowezi chosasangalatsa, chifukwa chimenecho ndi mkhalidwe wamaganizo womwe suli bwino, chifukwa umasokoneza malingaliro ndikuwotcha luso lobisika mu ng'anjo ya .kusasamala

Kulephera kuyenera kuchotsedwa mizu yake, ndipo minda ya moyo iyenera kulimidwa mwakhama komanso modzipereka ndikufesedwa mbewu zabwino kuti tikolole .zipatso zambiri, mothandizidwa ndi Mulungu
Chitani chinthu chomwe palibe amene adachitapo kale— chinthu chomwe chidzadabwitsa dziko lapansi Onetsani kuti mphamvu ya Mulungu yolenga ikugwira ntchito kudzera mwa inu

Anthu odekha komanso akhalidwe labwino amathandiza kuti maganizo athu akhale okongola komanso athanzi. Sikovuta kudziwa ngati munthu amatenga chakudya chake chanzeru kuchokera pamalo amtendere kapena osokoneza. Nkhawa, kupsinjika maganizo, ndi chisokonezo zonse zimachokera ku kugwirizana ndi anthu olakwika, kaya abwenzi kapena achibale, zomwe zimapangitsa kuti munthu akhale ndi maganizo oda nkhawa komanso kukhala ndi .maganizo ovutitsa

Thupi limatenga mphamvu ndi zochita kuchokera ku zakudya zakuthupi, pomwe zakudya zamaginito zimapatsa thupi ndi malingaliro mphamvu zomwe zimakhala zosavuta kugaya kuposa zakudya zolimba komanso zamadzimadzi zomwe sizingasinthidwe mosavuta kukhala mphamvu .yamoyo

Mukatha kusintha umbuli kukhala nzeru, kufooka ndi kufooka kukhala thanzi ndi mphamvu, ndikuyenda molimba mtima komanso molimba mtima—ngakhale nokha—m'njira za moyo, ndikupeza chisangalalo chamkati pokhala ndi chikumbumtima chamoyo komanso chosamala, ndi chikhulupiriro chosagwedezeka mu chilungamo cha Mulungu ndi kupambana kwa chabwino pa cholakwika ndi chowonadi pa chinyengo, ndipo mukamayesetsa tsiku lililonse kukweza malingaliro anu kufika pamlingo wapamwamba komanso woyeretsedwa, ndikukhala ndi mtima wachikondi ndi woyamikira komanso zolinga zabwino kwa ena, chakudya chanu chanzeru chidzakhala chokongola, ndipo mudzakopa nokha zonse zokongola komanso zopindulitsa—zinthu, anthu, ndi zochitika—zomwe ndizofunikira kuti mupitirize ulendo wanu wopita kugombe la chitetezo ndi chitetezo. Ndipo pomaliza, mukamayesetsa kupeza zomwe mukufuna ndikukhutira ndi zomwe Mulungu amapereka, mudzakhala olemera mumzimu ndi okhutira kuposa omwe amadyedwa ndi zilakolako zadziko lapansi komanso okonda zosangalatsa .zake zakanthawi

Chifundo ndi mlatho womwe umalumikiza moyo uliwonse ndi miyoyo ina Chifundo ndi chipata cholowera mumtima uliwonse

Munthu akafuna Mulungu, yemwe ndiye bwenzi lenileni lokha kuposa ena onse, zimakhala zotheka kukhazikitsa ubwenzi weniweni m'maubwenzi onse a anthu—ubwenzi wa m'banja, wachibale, wa m'banja, ndi wauzimu ndi chinthu chofunikira kwambiri m'maubwenzi a m'banja, ndipo kuyandikana kwa nzeru ndi malingaliro, kukondana mwauzimu, ndi chikondi chenicheni ziyenera kukhala patsogolo. Anthu omwe amalephera kusiyanitsa pakati pa chikondi chenicheni ndi kukondana kwenikweni .amakhumudwa mobwerezabwereza

Ukwati ukakhala wokhazikika pa mfundo zabwino komanso ulemu, umakhala mgwirizano wosangalatsa komanso wopambana pakati pa anthu awiri okondana komanso ogwirizana omwe amachepetsa mavuto a moyo wawo ndikuchotsa nkhawa zokhala ndi chifundo komanso .kumvetsetsana

Palibe amene angandilamulire kapena kundichotsera chifuniro changa pokhapokha nditalola maganizo ndi zochita za ena kundikhudza
Ngati mungoganizira zinthu zofunika, mudzaona chilichonse kuchokera ku zinthu zakuthupi. Koma mukangokweza chikumbumtima chanu kufika pa kuzindikira zinthu zauzimu, mudzaona kuwala kwa Mulungu kukufalikira kudutsa zinthu zonse, ndipo mudzaona chilichonse .kuchokera ku malingaliro auzimu

Ambuye, ndikuzindikira kuti ndili ndi mwayi wosatha wofufuza luso langa ndikupeza mphamvu zanga zauzimu. Lero ndidzadzaza malingaliro anga ndi chiyembekezo ndikudzipatula ku zochitika zosasangalatsa. Ndidzachita

zomwe zidzasamalira thupi langa, malingaliro anga, ndi .mzimu wanga mwanjira yoyenera komanso yogwirizana

Ndidzasintha zinthu zakuthupi ndi zinthu zapamwamba Ndipo ndidzazindikira kuti mzimu wokhulupirika uli ndi ine nthawi zonse

Kuvina kwa moyo ndi imfa kumakhalapo nthawi zonse, koma ndidzadzimasula kwamuyaya mwa kupulumutsa umunthu wanga wauzimu. Ndipo ndikakumana ndi mkuntho wa mayesero ndi mavuto, ndidzakwera bwato langa lauzimu kudutsa nyanja ya moyo kupita kugombe lotetezeka, .laumulungu

Ndikagwira ntchito ndi kulenga, ndidzakumbukira kuti Mulungu akugwira ntchito kudzera mwa ine. Iye ndiye Ambuye wa chilengedwe chonse, ndipo ndimatha .kulumikizana naye kudzera mu kuganizira mozama za Iye

Mulungu wanga wokondedwa, ndikuzindikira kuti malingaliro anga adzandibweretsera kulephera kapena kupambana, kutengera lingaliro lomwe ndi lamphamvu kwambiri m'moyo wanga. Ndipo ndidzayesetsa kukumbukira kuti mukutambasula dzanja lanu lothandiza ndikukonza njira .yoti ndipambane

Masoka ndi mavuto akamandigwera, ndidzalimbitsa mtima wanga ndikulimbitsa kutsimikiza mtima kwanga kuti ndiwagonjetse. Ndidzakhala woona mtima komanso woona mtima pochita zinthu ndi aliyense, ndipo ndidzafalitsa

malingaliro achikondi ndi mafuno abwino. Kenako Mulungu .adzandithandiza ndi mphamvu zake ndi nzeru zake

Matenda auzimu ndi chithandizo chawo
Master Paramhansa Yogananda

Yesani kuganiza za gulu la anthu omwe ali osiyana :kwambiri komanso osagwirizana
Limodzi lokhala ndi mutu waung'ono kukula kwa !nyemba ndi thupi lalikulu kukula kwa ngamila
Wina ali ndi dzanja lamphamvu ngati la Samson kapena !Hercules ndi thupi ngati la mwana wakhanda
Ndipo chachitatu chili ndi mutu wa njovu yaikulu ndi !thupi la mbewa yofooka
Kodi chochitika chimenecho sichingakhale chodabwitsa ndi chodabwitsa kwa inu, kapena chomvetsa chisoni komanso chomvetsa chisoni, ngati mwadzidzidzi mutaona gulu la zolengedwa zimenezo zokhala ndi mawonekedwe ?achilendo komanso osagwirizana
Tsopano taganizirani gulu lina la anthu omwe ali ndi mawonekedwe abwinobwino komanso owoneka bwino, koma .osakhazikika m'maganizo komanso osokonezeka maganizo
Monga momwe zovala zimabisira mabala, zilonda, ndi zilema zina zakuthupi, momwemonso thupi lamphamvu, lathanzi komanso nkhope yokongola, yowala zimabisira .matenda ambiri amisala ndi zilema zobadwa nazo
Ngati mungakumane ndi gulu lalikulu la anthu wamba omwe amadziwika ndi maonekedwe awo okongola komanso thanzi lawo labwino, ndipo ngati mungathe kuwona matupi awo amisala ndi masomphenya anu auzimu, kudabwa kumeneku kungakhale kodabwitsa, ndipo mungakhumudwe .kwambiri ndi zomwe mungapeze
:Mukhoza kuona matupi awo amaganizo motere

Maganizo amaimiridwa ndi mutu, mphamvu ndi malingaliro zimaimiridwa ndi thupi, ndipo chifuniro chimaimiridwa ndi manja ndi mapazi zomwe zonse ndi .zachilendo, zodwala, komanso zopunduka

Mudzapeza kuti ena ali ndi mutu waung'ono wokhala ndi nzeru zosakwanira, wokhala ndi thupi lofooka lodzaza ndi .zolinga zadyera komanso zilakolako za thupi

Mudzapezanso kuti anthu ena ali ndi thupi lopanda kumva komanso mphamvu, ngakhale kuti ali ndi mkono .wokhwima komanso wogwira ntchito bwino

Ena akhoza kukhala ndi ubongo waukulu komanso wolenga, koma chifundo chawo ndi mphamvu zawo zamaganizo zimachepa ndipo sizikuyenda bwino. Palinso gulu lina la anthu omwe ali ndi thupi labwino komanso lamaganizo, koma mphamvu zawo zodziletsa komanso .kudziletsa kwawo zimakhala zofooka kapena zofooka

Ndipo mndandanda wa zomwe zawonedwa ukupitirirabe !Mukhale ndi moyo wautali

Kusokonezeka kwa maganizo kosawerengeka m'matupi amaganizo omwe sakukula bwino mbali zina ndikukula mopitirira muyeso mwa ena kulipodi - ngakhale kuti kumabisika - mwa anthu. Kumawabweretsera ululu wamaganizo ndipo kumawalepheretsa kuwonetsa maluso .ndi luso lawo monga momwe ziyenera kuwonetsedwera

Kuthana ndi matenda ena amisala pano kungathandize kuzindikira zomwe zimayambitsa mavuto onse a anthu, kuti adziwike kwa onse omwe akuvutika nawo, ngakhale mosazindikira, kuti athe kumvetsetsa mtundu wa zolakwikazo, zizindikiro zake, ndi kulowa kwawo mwakachetechete mu psyche, kuti athe kuletsa chiwonongeko chawo chokulirapo cha mtendere ndi .chisangalalo

chisoni chauzimu

Matendawa ndi ofala pakati pa anthu omwe sachita zinthu mwanzeru komanso mwakuthupi chifukwa chodziona

kuti ndi otanganidwa kwambiri ndi zinthu zauzimu. Anthu ovutikawa amanyalanyaza ntchito zazikulu ndi zazing'ono za moyo wakuthupi chifukwa chodziona ngati akutumikira Mulungu, motero amadzivumbulutsira kwa Satana, amene angawavulaze kwambiri. Amavutika ndi maganizo oipa komanso kusayamikira chilichonse chopindulitsa kapena chokongola chowazungulira. Uwu ndi matenda opatsirana, ndipo onse omwe ali ndi zolinga zauzimu ayenera kusamala nawo ndikudzimasula ku matendawo mwa kusunga mphamvu zawo zamoyo nthawi zonse komanso chitetezo chawo chamthupi chili cholimba kudzera mu kuganiza bwino, kukhala ndi chiyembekezo, komanso kugwira ntchito .yathanzi komanso yopindulitsa

kusagaya chakudya chauzimu

Izi zimachitika chifukwa cha kumwa mankhwala osokoneza bongo ambiri opangidwa kale omwe adalembedwa pansi pa mayina owala, ndipo amaperekedwa ngati mabuku abodza auzimu ndi maphunziro a "madokotala .auzimu" omwe ali ndi luso la chinyengo ndi matsenga

Matendawa samangopha njala yauzimu yofuna kudziwa zoona, komanso amawononga luso losiyanitsa pakati pa .chabwino ndi choipa, chopindulitsa ndi chovulaza

Iye amene nthawi zonse amadya malingaliro a zaumulungu ndi kudya chilichonse chomwe chimagwera m'manja mwake sadzangodya mopitirira muyeso komanso adzadya malingaliro oopsa pamodzi ndi othandiza, zomwe zimamubweretsera kusadya bwino m'mimba mwa nzeru .komanso imfa yauzimu pang'onopang'ono

Kuphunzira mopitirira muyeso komanso mosalekeza malingaliro osiyanasiyana auzimu ndi afilosofi, popanda kuzindikira kapena kuyesetsa kuwasinkhasinkha ndikuwafufuza kudzera mu zomwe adakumana nazo kuti atsimikizire kuti ndi zoona, pamapeto pake kumabweretsa kukayikira, kusalabadira, ndi kusakhulupirira mfundo ndi .malamulo onse auzimu

Chilakolako ndi kukhudzika

Anthu omwe ali ndi matendawa amakhala moyo wopanda phindu komanso wopanda phindu chifukwa ali ndi ndalama zambiri komanso nthawi yambiri, komanso chifukwa choti alibe cholinga komanso kumvetsetsa bwino moyo.

Anthu awa amatsogoleredwa ndi zilakolako zawo; amachita chilichonse chomwe chimabwera m'maganizo mwawo ndi kuwasangalatsa. Amadzaza miyoyo yawo ndi mabuku otsika mtengo, osafunika, mafilimu okopa chidwi, ndi zosangalatsa zopanda pake. Sadziwa kuti akudwala matendawa mpaka atakumana ndi mantha aakulu kapena kusokonezeka kwa mitsempha—ndiko kuti, pambuyo poti kuwonongeka kwachitika.

chimfine cha m'maganizo

Matendawa ali ndi dzina lina: kutaya mtima Munthu sadziwa nthawi yomwe adzakumane ndi zizindikiro zake zovutitsa monga kusowa chiyembekezo, kusalolera, nkhawa, ndi kuleza mtima. Choyipa kwambiri n'chakuti nthawi zambiri amakhala nthawi yayitali, ndipo anthu omwe akudwala matendawa nthawi zambiri amabwereranso mosavuta, ngakhale atakhala kuti akukhulupirira kuti achira mwachangu.

Matenda amisala

Matendawa amayamba chifukwa choganizira kwambiri za nkhawa za dziko lapansi. Anthu omwe akudwala matendawa nthawi zambiri amanyalanyaza kugwiritsa ntchito chida cha mphamvu zawo ndipo motero amagonjera mantha awo osalekeza m'malo molimbana nawo molimba mtima ndikuwachotsa ali aang'ono.

kugwirizana kwachilendo kwa maganizo

Anthu omwe ali ndi matendawa amakhala ndi mbali imodzi pakufuna kwawo chimwemwe. Amakhulupirira kuti chimwemwe chili m'kusonkhanitsa chuma, kupeza kutchuka, kapena kukhala ndi thanzi kapena mphamvu, amasiya

chilichonse—thanzi, mbiri yabwino, mtendere wamumtima, ulemu, ndi ulemu—pa guwa la nsembe la cholinga chawo chachikulu. Mochedwa kwambiri, amazindikira kuti moyo wokhazikika, womwe umalemekeza malamulo a chilengedwe ndi malangizo a Mulungu, ndikugwirizanitsa zochita ndi bata, ndi womwe ungabweretse chimwemwe chenicheni .ndikukwaniritsa cholinga cha moyo wabwino

Anthu omwe ali ndi vuto la kusagwirizana ndi zinthu zakuthupi amaganizira kwambiri za kulakalaka zinthu mopanda malire, zomwe zimapangitsa kuti ayambe kuona moyo molakwika komanso molakwika. Mwachitsanzo, munthu wamalonda anapambana kwambiri ndipo anapeza chuma chambiri, koma asanasangalale ndi chuma chake, anavutika ndi mantha chifukwa cha nkhawa komanso .mantha, ndipo anamwalira ali wosweka mtima

Ena amakhulupirira kuti chilichonse n'chololedwa kuti akwaniritse cholingacho. Chifukwa cha chisokonezochi, amalephera kukwaniritsa cholinga chawo chenicheni ndipo sangathe kupeza ngakhale chikhutiro chochepa, ngakhale atakhala ndi zinthu zomwe akhala akuzifuna, chifukwa chibadwa cha anthu ndi chachikulu komanso chamitundu yambiri ndipo chimafuna chitukuko chogwirizana pamlingo .uliwonse

Kugwirana ndi mzimu wakhungu

Kukonda kwambiri zikhulupiriro zina kumachokera ku kumamatira ku malingaliro ndi malingaliro enaake popanda kuwafunsa kapena kuwafufuza, motero kumabweretsa mkwiyo ndi chidani mwa iwo omwe ali ndi vutoli ku lingaliro lililonse labwino lauzimu kapena lingaliro lotseguka komanso lomasuka. Kudzipatula kumeneku kumabweretsa kupandukira malamulo a Mulungu, omwe amaonekera mu luso la nzeru, thanzi labwino, thanzi la maganizo ndi thupi, .komanso chikondi ndi ulemu kwa anthu amitundu yonse

Kuphunzitsa mfundo zauzimu

Popeza matenda akuthupi ndi owoneka, opweteka, komanso osasangalatsa, amatilimbikitsa kuti tiwatsutse mwachangu, zomwe zimatipangitsa kuyesetsa kuwathetsa kudzera m'njira zosiyanasiyana zochiritsira, kuyambira kuchita masewera olimbitsa thupi ndi zakudya zabwino mpaka mankhwala ndi mankhwala osiyanasiyana. Komabe, matenda amisala, ngakhale kuti ndi omwe amachititsa ululu ndi mantha onse a anthu, sapewedwa kapena kuchiritsidwa .mwachangu, ndipo amaloledwa kuwononga miyoyo yathu

Aphunzitsi, aphunzitsi a maphunziro olimbitsa thupi, alaliki, osintha zinthu, madokotala, ndi opanga malamulo adzatha kutsogolera patsogolo akayamba kuphunzira, kuyambira pa iwo okha, kenako n’kuphunzitsa ena njira zoyenera zokulitsa chibadwa cha anthu m’njira yoyenera komanso yogwirizana, mogwirizana ndi malamulo a moyo ndi mfundo za moyo wathanzi. Iyi ndi maphunziro othandiza kwambiri komanso chikhalidwe cha anthu chomwe anthu .padziko lonse lapansi amafunikira

Masukulu a maphunziro amaona kuti n'zosatheka kuphunzitsa mfundo zauzimu m'masukulu aboma chifukwa cha chisokonezo chomwe chikuwoneka pakati pa mfundozi ndi ziphunzitso zosiyanasiyana zachipembedzo. Komabe, ngati mabungwewa akuyang'ana kwambiri mfundo za mtendere, chikondi, utumiki, chikhulupiriro, kutseguka maganizo, ndi kuvomereza ena—zomwe ndi zinthu zauzimu zokhazikika—ndipo apanga njira zothandiza zophunzitsira mfundozi m'nthaka yachonde ya maganizo ndi miyoyo ya ana, yankho lomveka bwino komanso lovomerezeka la vuto loganiziridwa komanso loganiziridwali lingapezeke. Ndi kulakwitsa kwakukulu kunyalanyaza nkhaniyi chifukwa cha .zovuta zomwe zikuwonekera kuti zikugwirizana nayo

Ambiri mwa omaliza maphunziro aku koleji amachoka ku yunivesite mitu yawo ikuluikulu komanso yotupa chifukwa cha zomwe zili m'mabuku kotero kuti sangathe kuyenda

m'njira za moyo, chifukwa mphamvu zawo zodziletsa komanso kudziletsa kwawo zatsala pang'ono kuthetsedwa ndi kunyalanyazidwa ndi kusagwiritsidwa ntchito. Chifukwa chake, mumawawona akuchita zinthu mosasamala komanso moipiraipira, akuthamangira kuphompho la maukwati osalingana, akugwiritsa ntchito molakwika kugonana kwawo, kufunafuna ndalama, ndikulephera pantchito zawo chifukwa sanaphunzire kugwiritsa ntchito bwino mpeni wakuthwa wa nzeru zawo zophunzitsidwa. Zotsatira zake, amadzicheka .okha ndikudzivulaza okha

Chodabwitsa n'chakuti, achinyamata ambiri amaoneka kuti amasangalala kuchita zinthu zomwe zimawabweretsera mavuto ndi ululu Ena amagwiritsa ntchito kuba ndi kuchita zinthu zina zoipa, ngakhale zaupandu, popanda choletsa kapena choletsa. Amene amalephera kupewa kufalikira kwa makhalidwe oipa m'dera amalimbikitsa khalidwe lolakwika la ena. Munthu aliyense wa chikumbumtima ndi chikhulupiriro chenicheni ayenera kukhala chitsanzo chabwino kwa ena pankhani ya umphumphu, kuona mtima, ulemu, ndi kudzilemekeza. Masukulu, makoleji, mayunivesite, ndi mabungwe a anthu sapereka njira zokwanira zasayansi zochepetsera upandu pothetsa zomwe zimayambitsa, .zomwe zimapezeka makamaka m'maganizo

Masukulu apadera ayeneranso kukhazikitsidwa kuti aphunzitse luso la moyo wachimwemwe ndi wopambana, kukulitsa luso la munthu ndikuwonjezera luso lake .lodziyimira pawokha

Masukulu otere adzakhala ngati minda ndi mapaki kumene maganizo a achinyamata amakula ndikukula. Aphunzitsi ayenera kusankhidwa mosamala ndikutsimikiziridwa kuti makolo ndi anthu ammudzi agwirizane. Masukulu awa athandiza kupanga anthu bwino. Tiyenera kukumbukira kuti chakudya chauzimu cha munthu akamakula chimatsimikizira thanzi lake komanso kuthekera .kwake kukula mtsogolo

Njira zophunzitsira zamaganizo ndi zakuthupi zomwe zimagwiritsidwa ntchito m'masukulu amakono mosakayikira ndizopindulitsa, koma zilibe maziko auzimu Popanda kukula .kwa khalidwe labwino, kukula sikudzakhala kokwanira

Sayansi ya kukula kwa thupi, maganizo, ndi uzimu iyenera kuphunzitsidwa kwa achinyamata omwe malingaliro awo akadali ofewa komanso osinthasintha ndipo mphamvu .zawo sizinagwiritsidwe ntchito m'njira zina

Pambuyo pa maphunziro athunthu, ophunzira a masukulu amenewo ayenera kuyesedwa mosalekeza, ndipo ziphaso zomwe adzalandira zidzakhala thanzi labwino, mbiri yabwino, kuchita bwino, chuma chakuthupi ndi chauzimu, .chimwemwe, kupambana, ndi kudzidalira

Zotsatira za mayeso omaliza kumapeto kwa ulendo wapadziko lapansi zidzatsimikiziridwa malinga ndi kuchuluka kwa zomwe munthu wakwanitsa m'maganizo ndi mwauzimu komanso ziphaso zomwe wapeza panthawi ya mayeso .ang'onoang'ono nthawi yonse ya moyo wake

Iwo amene apambana pa mayeso omaliza komanso aakulu kwambiri awa adzalandira satifiketi yopatulika yodzidalira komanso chikumbumtima chomasuka, choyera, .komanso chachimwemwe

Ndipo madalitso olembedwa kosatha patsamba la mzimu

Mphoto yosowa iyi sidzasokonezedwa ndi njenjete

Ndipo manja a akuba sadzafika pamenepo

Kapena nthawi idzachotsa

Idzakhala ngati pasipoti

Kuti mukhale membala wolemekezeka mu Gulu la Righteous

Kodi chimwemwe chili kuti?

Mulungu, mwa chifundo chake chachikulu, amatipatsa chisangalalo ndi chilimbikitso chake

Ndipo zimatipatsa moyo weniweni

Nzeru yeniyeni

Ndipo chimwemwe chenicheni

Kumvetsetsa kwenikweni kumabwera kudzera mu zochitika zosiyanasiyana za moyo wathu

Koma ulemerero wa Mulungu umaonekera kokha mu mtendere wauzimu umene mzimu umakumana nawo komanso mu kuyesetsa kwa mtima wonse kugwirizana ndi Iye. Pamenepo, timayima maso ndi maso ndi choonadi. Kunja, zinyengo ndi zamphamvu kwambiri, ndipo ndi ochepa okha omwe angathawe mphamvu ya chilengedwe chakunja. Dziko lapansi likupitirizabe ndi zovuta zake zosatha komanso mayesero osawerengeka. Mawu a Mulungu ali kumbuyo kwa maonekedwe a moyo, nthawi zonse amatiitana ndi kulankhula nafe kuchokera ku maluwa, malemba, chikumbumtima chathu, komanso kudzera mu zinthu zonse zokongola zomwe zimapangitsa moyo kukhala woyenera kukhalamo.

Pamene tikuyang'ana kwambiri zinthu zakunja, sitingathe kuona ulemerero wamkati; ndipo pamene tikuyang'ana kwambiri mkati, mavuto akunja amachepa. Ndi njira yofanana koma anthu ambiri sazindikira choonadi ichi chifukwa cha mphamvu ya ubwenzi wa dziko lapansi, chikhalidwe chomwe amakhalamo, ndi zizolowezi zoipa. Chikhalidwe chimamupangitsa munthu kukhala wotanganidwa ndi zinthu zosafunikira, zomwe zimamulepheretsa kuganizira za choonadi chakuya.

Ngakhale malo auzimu ena amawachezera popanda chikhumbo chenicheni chofuna kupindula ndi malo awo odalitsidwa, kotero samapeza phindu lililonse kuchokera ku maulendo amenewo.

Aliyense amene akufuna kuona Mulungu adzamupeza kulikonse. Zizolowezi za anthu ndi

zowononga, zolusa, komanso zolusa; zimawononga, zimawononga, ndi kuwononga. Nthawi yakwana yoti anthu aphunzire kukhala osangalala komanso okhutira ndi zomwe ali nazo. Sitiyenera kulakalaka china chilichonse kuposa zomwe zimatibweretsera Mulungu ndi wowolowa manja; Amadziwa zomwe timafunikira ndipo amatipatsa panthawi yake. Izi sizikutanthauza kuti tiyenera kudalira Mulungu popanda kuchita khama. Sizikutanthauza kuti tiyenera kuchita zonse zomwe tingathe ndikusiya zina kwa Mulungu, yemwe sadzatilanda zomwe timafunikira komanso zomwe timayenera.

Njira yabwino kwambiri yokhalira osangalala kwamuyaya ndiyo kumva kukhalapo kwa Mulungu. Chikhumbo chathu chachikulu chiyenera kukhala kudziwa Mulungu ndi kutsimikiza mtima kukhala naye. Mulungu ayenera kukhala woyamba m'maganizo ndi m'malingaliro athu, ndipo tiyenera kumuona ngati mzati wamphamvu kwambiri komanso wokhazikika m'miyoyo yathu.

(Chifukwa chake gwirani mwamphamvu chingwe cha Mulungu, funafunani pothawirapo mwa Iye)

Pakuti iye ndiye mzati ngati zipilala zina zonse zikulephera

Ndazindikira kuti cholinga chokha cha moyo ndi kudziwa Mulungu Pali anthu amene sangakhulupirire kuti kupeza Mulungu ndiye cholinga chachikulu cha moyo Koma palibe amene angakane kuti cholinga cha moyo ndi kupeza chimwemwe Ndipo ndikunena motsimikiza kuti Mulungu ndiye chimwemwe chachikulu Iye ndiye chisangalalo chachikulu Iye ndiye chikondi chathunthu, cha padziko lonse lapansi Iye ndiye chisangalalo chosatha chomwe sichimachoka m'miyoyo ya iwo omwe ali mu mgwirizano ndi Iye Ndiye bwanji sitiyesetsa kupeza

chimwemwe changwirocho? Palibe wina aliyense amene angatipatse. Tiyenera kuchikulitsa nthawi zonse mkati mwathu. Mphamvu za chilengedwe zimayesetsa mosalekeza kupatsa anthu zosangalatsa za dziko lapansi, koma zosangalatsa zoterezo pamapeto pake zimapangitsa kuti anthu azidandaula, azimva chisoni, komanso azidandaula. Ngakhale munthu wamwayi kwambiri, amene akuwoneka kuti ali ndi chilichonse, angakhalebe wosasangalala kwenikweni. Sadzakhutira ndi zinthu zapadziko lapansi kwa nthawi yayitali chifukwa zinthuzi sizithetsa ludzu lawo lenileni kapena kukhutiritsa njala yawo yauzimu.

Chuma chimangopereka mtendere wabodza komanso chisangalalo cha kanthawi kochepa. Dziko lonse lapansi ladzaza ndi chisokonezo ndi chisokonezo, cholimbikitsidwa ndi zilakolako zadyera komanso zadyera zomwe zimayambitsa nkhondo. Palibe china chilichonse chomwe chimayambitsa nkhondo.

Ngwazi yeniyeni pankhondo ya moyo ndi amene amadzigonjetsa yekha ndikugonjetsa zilakolako zake Ndalama, kutchuka, chilakolako, ndi chilichonse chomwe chimatsutsana ndi mfundo imeneyi zimawononga mtendere ndi chimwemwe chathu. Ngati anthu aphunzira kuganiza nthawi zonse mogwirizana ndi mfundo zenizeni za moyo, angapeze chimwemwe chomwe akufuna, koma amachoka pa cholinga chawo ndipo amachotsedwa ndi mphamvu ya zilakolako zapadziko lapansi. Ndapeza kuti palibe chiyeso chomwe chingandichotse panjira yomwe ndasankha ndikutsata ndekha.

Ndikhoza kukopa anthu ambirimbiri ndi mphamvu imene Mulungu wandipatsa, koma njira imeneyo ingakhale yoipa kwa ine. Mulimonsemo, sindikufuna

kukopa anthu ambirimbiri ndi kuwakopa maganizo. Ndikufuna kungoona ophunzira oona mtima okhazikika mwa Mulungu. Anthu okonda Mulungu adzasangalala ndi malingaliro amenewa, ndipo amene changu chawo chikupitirira adzamva madalitso a Mulungu ndi kukhalapo kwake kudzera m'ziphunzitso zimenezi.

N'zosatheka kuti munthu anyenge Mulungu, chifukwa Iye amakhalapo nthawi zonse, akudziwa zomwe zili m'maganizo mwawo ndi zomwe akufuna Akasiya dziko lapansi ndikulakalaka mgwirizano wauzimu, Mulungu adzabwera kwa iwo Pamene chilakolako chimenecho chikhazikika mumtima mwa munthu amene akuchifuna, Mulungu amabwera mumtima umenewo ndikuudzaza ndi zabwino ndi madalitso. Chinthu chokhacho choyenera kukhala nacho ndikukhala mogwirizana ndi Mulungu ndikupeza chiyanjo Chake. Kugwirizana kumeneko kuyenera kukhala pangano losatha komanso lonjezo losasweka (iwo amene amasunga pangano la Mulungu ndipo saliswa)

Aliyense amafuna chuma chochuluka kuposa ena Ngakhale atachipeza, amakhalabe osakhutira, pozindikira kuti wina ndi wolemera Anthu amakhala m'mavuto odzibweretsera okha, olimbikitsidwa ndi zilakolako zawo Tiyenera kukhutira ndi zomwe tili nazo Zinthu zakuthupi sizibweretsa chimwemwe; m'malo mwake, nthawi zambiri zimawonjezera nkhawa, nkhawa, ndi mantha

Njira yopita kwa Mulungu ndiyo njira yosavuta komanso yosavuta, koma ochepa amaitsatira ngakhale pali miyambo ndi miyambo yambiri yachipembedzo. Ndi bwino kutembenuza mitima yathu kwa Mulungu ndikumupempha zomwe zili zabwino komanso zokhalitsa kwa ife. Zoonadi,

Mulungu akutiyembekezera chifukwa akufuna kutiteteza ku zoyipa ndi zoopsa. Akufuna kuti tikhale naye m'mitima ndi m'maganizo mwathu chifukwa zinthu zotsika mtengo za dziko lino sizingakwaniritse chikhumbo cha anthu kapena kudzaza kusowa kwauzimu komwe timamva mkati mwathu. Mulungu nthawi zonse amalankhula nafe, koma ochepa amamva mawu Ake. Mawu odekha amenewo nthawi zambiri amamizidwa ndi phokoso la malingaliro okweza ndi zilakolako zoonekeratu. Koma maganizo akachepa ndipo zilakolako zikachepa, timamva mawu a Mulungu momveka bwino, ngakhale ali chete komanso ofooka. Zoonadi, Mulungu amachita chilichonse kuti athandize anthu, kutsegula zitseko ndi kuunikira njira kuti tiwone komwe tiyenera kupita, kuti tisapunthwe kapena kutsetsereka. Koma anthu ambiri sazindikira chowonadi ichi.

Sindikufuna kuti anthu aziganiza kuti angapeze chidziwitso pongomvera ena kapena kuwerenga mabuku. Ayenera kugwiritsa ntchito zomwe amawerenga ndi kumva. Kupita ku malo opembedzera n'kwabwino kuposa kukhala panyumba ndikumvetsera nkhani zopanda pake. Koma ngakhale m'malo opembedzera, munthu ayenera kumva kukhalapo kwa Mulungu mumtima mwake ndikudziwa momwe angachitire. Kukwiya ndi kusanthula mwanzeru sikungatipatse chidziwitso chomwe miyoyo yathu imalakalaka.

Tikadzipereka tokha kwa Mulungu ndikusiya zilakolako zathu zadyera, ndipo tikakhala otsimikiza kuti Mulungu nthawi zonse ali nafe, akukhala m'miyoyo yathu ndikutilimbikitsa ndi malingaliro ndi malingaliro abwino komanso abwino, tidzakhala ndi chimwemwe ndi ufulu, ndipo tidzaona kutuluka kwa nzeru m'mwamba mwa mzimu.

Tangoganizirani! Zaka makumi angapo kuchokera pano, kukhalapo kwathu kudzakhala maloto, ndipo chilichonse chomwe tidzachita tsopano chidzakhala gawo la maloto amenewo Ngakhale anthu akuluakulu a anthu adzakhala zinthu zongopeka chabe za chidziwitso cha anthu. Koma anthu akuluakulu amenewo anakwaniritsa cholinga chawo chachikulu chifukwa anafika pamlingo wapamwamba kwambiri ndipo amakhalabe amoyo mu mzimu, akudziwa bwino zonse zomwe zikuchitika, chifukwa ali ogwirizana mu chidziwitso chaumulungu. Aliyense amene amayesetsa kugwirizana nawo kudzera m'malingaliro ndi ziphunzitso zawo mosakayikira adzamva kukhalapo kwawo, kulandira madalitso awo, ndikudziwa mozama kuti ali mu mgwirizano nawo.

Moyo ndi maloto aakulu. Komabe, mukayang'ana thupi lanu tsopano ndikuona kuti lili ndi moyo wodzaza ndi moyo, mumatsimikiza mtima kuti malotowa ndi oona. Mukuganiza kuti muyenera kupeza ichi kapena icho kuti mukhale osangalala. Koma ngakhale mutakwaniritsa zilakolako zingati, simudzapeza chimwemwe kudzera mwa izo. Munthu akapeza zambiri, ndiye kuti amalakalaka kwambiri. Zokhumba ziyenera kusefedwa, ndipo moyo uyenera kukhala wosavuta ngati akufuna kukhala ndi moyo wabwino, bata, komanso wokhutira mkati.

Malemba amanena kuti munthu amene zilakolako zake zimapita mkati (ku moyo wake) ndi munthu wamtendere wamkati. Mu izi, ali ngati nyanja, yomwe sisintha kapena kuchepa, koma imakhala yodzaza ndi madzi omwe amalowamo mosalekeza. Koma munthu amene amapanga mabowo a chikhumbo m'malo osungira mtendere wake ndikulola madzi ofunikira kuti atuluke ndi kutayika sadziwa chilichonse

chokhudza mtendere wauzimu ndi chisangalalo chamkati.

Tikufunika chitsogozo kuchokera kwa iwo omwe amadziwa Mulungu, omwe ali ndi kuthekera kolankhulana naye ndikumva kukhalapo kwake mwanzeru. Aneneri atipempha kuti tifunefune Mulungu mumtendere wamkati, m'moyo wokhawokha momwe mzimu wokhulupirika ndi chisangalalo chauzimu chapamwamba zimakhala. Aphunzitsi ophunzitsidwa bwino aku India amavomerezanso malingaliro awa ndikugogomezera kufunika kosinkhasinkha mozama kuti tizindikire Umulungu Wathu mkati mwa mzimu.

Chilichonse chomwe chilipo ndi kugwedezeka ngati mafunde kotsogozedwa ndi maganizo a Mulungu. Kugwedezeka kwanzeru kumeneku ndi Mzimu Woyera, kapena Mzimu wokhulupirika, amene munthu angalankhule naye kudzera mu pemphero ndi kusinkhasinkha.

Mu bata la moyo wanu ndi mumtima mwanu, chikondi ndi Wamtheradi ndi Wosatha sichidzatha. Koma n'zovuta kupeza Mulungu ngati tifunafuna ndalama choyamba. Tiyenera kupanga Mulungu kukhala gawo lofunika kwambiri m'miyoyo yathu, kenako tidzakhala ndi zonse zomwe tikufuna m'moyo uno. Aliyense amene amapatsa Mulungu malo okhazikika mumtima mwake, Mulungu adzawapatsa gawo lalikulu la madalitso a dziko lapansi ndi kumwamba, ndipo adzawatsegulira malo akuluakulu omwe dzuwa la nzeru limawala, kuunikira njira zawo ndikuchotsa mdima wowazungulira. Mulungu ndiye wokonda kosatha, ndipo palibe chimwemwe kwa anthu pokhapokha ngati akukonda Mulungu monga momwe amakondera—osachepera—okondedwa awo okondedwa, chifukwa popanda Mulungu,

sitikanadziwa tanthauzo la chikondi, kapena kulawa kukoma kwake.

Tiyenera kuphunzira kugwiritsa ntchito chifuniro chathu ndi kuyika maganizo athu kufunafuna Mulungu ndi mitima yathu yonse Zochita za anthu zimalamulidwa ndi zilakolako, ndipo zizolowezi zimenezi nthawi zonse zimatikakamiza kuchita zomwe sitikufuna kuchita Zoonadi, munthu ndi mdani wake, wosadziwa zimenezo Sadziwa kukhala chete, komanso sapereka nthawi kwa Mulungu, komabe amafuna chisangalalo ndi kulowa mu Paradaiso mosazengereza Chidziwitso chopatulika sichingapezeke mwa kungowerenga mabuku, kumvetsera maulaliki, kapena kuchita ntchito zabwino Zonsezi mosakayikira ndi zothandiza, koma sizokwanira Kufikira Mulungu kumafuna kusamala kwambiri ndi kuganizira mozama

Tiyenera kufunafuna chiyanjo cha Mulungu choyamba. Sitingathe kukondweretsa aliyense, chifukwa sizingatheke. Ndimayesetsa kusakhumudwitsa aliyense. Ndimachita zomwe ndingathe, ndipo ndicho chokhacho chomwe ndingathe kuchita. Cholinga changa chokha ndikukondweretsa Mulungu. Ndimagwiritsa ntchito manja anga kupemphera modzichepetsa pamaso pake, mapazi anga kumufunafuna kulikonse, ndi malingaliro anga kuganizira za Iye ndikuganizira zodabwitsa zake. Mulungu ayenera kukhala pamalo oyamba m'mitima mwathu kuti timudziwe monga mtendere, chikondi, kumvetsetsa, kukoma mtima, chifundo, ndi nzeru. Ichi, osati china chilichonse, ndi chimene ndabwera kudzachitira umboni ndikulankhula nanu.

Kuwonjezera pa kusinkhasinkha, munthu ayenera kukhala ndi ubale wabwino. Sitiyenera kutsata anthu, koma Mulungu. Ngati mupeza phindu m'malingaliro

awa, onani kuti ndi madalitso ochokera kwa Mulungu, chifukwa ulemerero wonse ndi wake. Gawani ndi ena kuti apeze mwa iwo zomwe mumapeza (Ndipo ponena za chisomo cha Ambuye wanu, lankhulani za icho) Ndipo musaiwale kuthandiza wina tsiku lililonse malinga ndi luso lanu. Malingana ngati ndili ndi ndalama m'thumba mwanga, sindidzasiya kupereka, chifukwa gwero langa losatha komanso loyenda nthawi zonse ndi Mulungu.

Pomaliza, tiyenera kudziwa Mulungu monga momwe akuluakulu amachitira. Izi n'zotheka kudzera mu kuganizira ndi khama lathu.

Tsiku lina, ndinali kuyenda kunja kwa nyumba yachifumu, ndikuganizira za mphunzitsi wanga wamkulu, Sri Yuktiswar, yemwe anamwalira zaka zingapo ndisanamve kumulakalaka kwambiri ndipo ndinali wachisoni kuti sanali nane kuti ndisangalale ndi kukongola ndi mlengalenga wa nyumba yachifumuyo. Mwadzidzidzi, anaonekera kwa ine kuchokera kumwamba nati, "Kodi ukuganiza kuti ndiwe wekha amene ukusangalala ndi malo okongola awa? Ine ndikusangalala nawo ngati iwe!"

Wofunafuna mgwirizano ndi Mulungu ayenera kuyesetsa tsiku ndi tsiku kusinkhasinkha ndi kumukonda, ndikupereka chikondi chimenecho kwa onse. Iyi ndiyo njira yokhayo yopewera mikangano. Kugwirizana kwauzimu ndikofunikira Popanda uzimu weniweni, palibe chimwemwe cha munthu aliyense payekha kapena cha anthu onse. Kugwirizana kopatulika ndiye njira yokhayo yothetsera mavuto onse akuthupi, azachuma, abanja, a makhalidwe abwino, ndi auzimu.

Chimwemwe chimabwera chifukwa chodzimva pafupi ndi Mulungu Anthu adzitsekera okha m'ndende ya umbuli, ndipo nthawi yakwana yoti amasuke

m'ndende yochititsa manyazi iyi. Maganizo ayenera kutembenukira kwa Mulungu nthawi zonse, kaya zinthu zili bwanji, ndipo kenako mudzakhala ndi mtendere ndi chimwemwe chachikulu.

Anthu amene amalakalaka Mulungu ndi kudzipereka kwa Iye, kulimbikitsana ndi kuunikirana, komanso kukumbukira Mulungu nthawi zonse, ndi omwe ali osangalala padziko lapansi komanso opambana chimwemwe cha moyo wosatha.

Mtendere ukhale pa inu

Katani idzadzuka ndi kuchotsedwa

Aliyense wa ife analengedwa m'chifaniziro cha Mulungu. Tinachokera ku Mzimu Wake waumulungu, ndipo umunthu Wake umakhala mkati mwathu mu chiyero chake chonse, ulemerero, ndi chisangalalo chopambana. Cholowa chopatulika ichi ndi linga losagonjetseka. Kuti munthu adzitsutse yekha ngati wochimwa, akuyendayenda m'njira za uchimo, ndi chimodzi mwa machimo akuluakulu kuposa onse. Pakuti pochita izi, amadzitsutsira okha kuti asakhale ndi mphamvu, asakhale ndi chiyembekezo, komanso asamathe kukwera kumwamba. N'zoona kuti munthu angachite zinthu zosemphana ndi malamulo achilengedwe ndi aumulungu, koma ayenera kusintha nthawi yomweyo njira yake ndikutembenukira ku njira yoyenera. Mu chibadwa chake choyera, munthu ndi kachisi wopatulika, ndipo Mzimu .waumulungu umakhala mkati mwake

Tiyenera kukumbukira nthawi zonse kuti Mulungu amatikonda kwathunthu komanso mopanda malire. Koma popeza watipatsa chisankho chokwanira choti timuyandikire kapena kumusiya, amayembekezera kuti tisonyeze .chikhumbo chathu cha chikondi chake asanabwere kwa ife

Nthawi ina ndinamva mawu ake akunong'oneza pamene ndinali kusinkhasinkha: "Ukunena kuti sindili nawe, koma sunayang'ane mkati sindikusiya ngakhale mphindi imodzi. Lowani m'kachisi wa moyo ndipo mudzandiona. Pakuti nthawi zonse ndili pano, kuti ndikulandireni ndikukupatsani ".moni wachikondi cha Mulungu

Kuona mtima kwakukulu n'kofunika kwambiri panjira yauzimu. Mu chiyero ndi choonadi, mbandakucha wa moyo umaonekera

Nzeru zathu zaumunthu sizili kanthu poyerekeza ndi Mulungu. Njira yokhayo yomwe tingayandikire kwa Iye ndi .kumupatsa chikondi chomwecho chimene amatipatsa

Aliyense pamapeto pake adzapeza chipulumutso, koma amene akulephera panjira amagwa mu phompho la kusowa chidwi Kusasamala kumatilepheretsa kuzindikira kufunika kofunikira kopeza Mulungu pakali pano, panthawi ino Dziko Lathu lalikulu, loyandama mumlengalenga, ndi umunthu wathu, sizinapatsidwe kwa ife kuti tikhale zaka zingapo pano kenako n’kutha kukhala opanda kanthu M’malo mwake, tikuyenera kuganizira mozama ndikumvetsa chinsinsi cha kukhalapo Kukhala ndi moyo popanda kumvetsetsa cholinga cha moyo ndi chitsiru, chitsiru, komanso kutaya nthawi Zinsinsi za moyo zimatizungulira mbali zonse, ndipo Mulungu watipatsa nzeru kuti tipeze mayankho awo

Mu kufunafuna kwanga chikondi chokhalitsa, ndinazindikira kuti Mulungu amandikonda m'njira zonse zomwe ndingaganizire. Amandikonda monga mayi, bambo, .komanso bwenzi

Ndinafunafuna bwenzi lamuyaya limenelo kuposa ,mabwenzi onse

Ndipo za wokondedwa wamkulu amene tsopano ndikumuona akuwala mu mtundu uliwonse ndi nkhope

yachikondi. Bwenzi la Mulungu silinandikhumudwitsepo, .ndipo silinandikhumudwitsepo

Mulungu ndiye amene ali kumbuyo kwa zonse zomwe zilipo. Tiyenera kulemekeza ndi kuchitira makolo athu mokoma mtima, koma tiyenera kukonda Mulungu ndi mitima yathu yonse ndi miyoyo yathu yonse. Tiyenera kuzindikira kufunika kolumikizana ndi Iye, popanda kuwononga nthawi .ina iliyonse

Tikagona, sitidziwa ngati tidzadzuka kapena ayi. Timachoka padziko lapansi pano mmodzi ndi mmodzi. Koma lingaliro ili siliyenera kuyambitsa nkhawa. Tikafa, timaitanidwa kuti tibadwenso padziko lapansi, kuyamba .moyo watsopano kuchokera pamene tinasiyira m'moyo uno

Ndimaona moyo ngati kupangika ndi kusungunuka kwa mafunde pamwamba pa nyanja. Mafunde a anthu amakwera kuchokera pamwamba pa nyanja yaumulungu pa kubadwa kwake, ndipo pa imfa, amakhala mumtima mwa Mulungu. Ndamvetsa chowonadi ichi ndipo ndikudziwa kuti sindimafa kwenikweni, ngakhale nditafa thupi. Kaya ndikupumula m'nyanja ya mzimu waumulungu kapena ndikudzuka m'thupi lanyama, ndine mmodzi ndi nyanja yakumwamba. Chimwemwe chachikulu sichingapezeke padziko lapansi. Nthawi yomweyo, sitifunikira kuthawira m'nkhalango kufunafuna cholinga. Tikhoza kupeza Mulungu m'nkhalango .iyi ya moyo watsiku ndi tsiku—mkati mwa denga la chete

Anthu akhoza kuchita zolakwa zambiri, koma amapangidwa m'chifaniziro cha mzimu waumulungu Mulungu adalenga dziko lonyenga ili la zosangalatsa zapadziko lapansi pa cholinga chimodzi chokha: kuti anthu azindikire kuti ndi nkhani yachilengedwe, kusiya malingaliro onyenga, ndikukonda Mulungu yekha Ichi ndi chowonadi, ndipo sichingakhale mwanjira ina Nchifukwa chiyani Mulungu anatilenga kuti tizikonda abale athu koma kuwaona akuchoka kwa ife mmodzi ndi mmodzi? Zochitika izi

zimachitika kuti zitipangitse kuzindikira kuti ndi Mulungu amene amatikondadi, kuposa onse omwe timawakonda Moyo ndi mndandanda wa zithunzi zosuntha, koma chowonadi ichi n'chovuta kuchimvetsa chifukwa malingaliro onyenga amaoneka enieni ndipo zenizeni zimaoneka ngati malingaliro onyenga. Dziko lapansi limazimiririka usiku uliwonse tikamagona, mwina kuti timvetse kuti chilengedwe .chenicheni si chenicheni

Phunziro ili la tulo silibwera kudzatiopseza, koma kutipangitsa kulakalaka choonadi cha Mulungu Palibe chomwe chingakhutiritse moyo kupatula Mulungu ndi chikondi chake Mzimu wa Mulungu ndiye choonadi chosayerekezeka Palibe chinthu chonga chosatheka, ndipo chomwe chili chenicheni sichingakhale chosatheka Anzeru amamvetsetsa choonadi chowala ichi

Zaka zambiri za miyoyo yathu zapita, ndipo zatsala zaka, masabata, masiku, ndi maola okha. N’chifukwa chiyani tikuwononga nthawi pa zinthu zosapindulitsa? Tiyenera kulakalaka kulumikizana ndi Mulungu usana ndi usiku, ndikukhala oona mtima ndi chikhumbochi nthawi yoikika ya moyo wathu isanathe ndipo titachoka padziko lapansi .popanda kuchita chilichonse chochititsa chidwi

Pa nthawi yomweyo, ndinaona kuwala kwakukulu kwa Mulungu kukuphimba chilengedwe chonse. Chimwemwe !chachikulu! Kuwala kodabwitsa bwanji Mulungu wanga, ndikukuthokozani ndipo ndikugwadirani chifukwa cha madalitso ambiri awa akumva kukhalapo .kwanu

Madalitso kwa aliyense mofanana, kuti tizindikire kuti Inu ndinu choonadi chenicheni m'chilengedwe chonse ndipo Inu ndinu cholinga chathu chachikulu, chomwe palibe .cholinga china choposa icho

Tiyenera kumukonda ndikulankhula naye sekondi iliyonse ya moyo wathu—ntchito ndi kupuma, kuyenda ndi bata—ndi kupemphera kwakukulu ndi kulakalaka kwakukulu.

Kenako tidzaona chophimba cha chinyengo chikukwera ndikutha Mulungu ali nafe mu mphindi iliyonse ya moyo wathu. Anthu amene amaganizira ndi kugwirizana naye amamuona Iye mu kukongola kwa maluwa, ulemu wa miyoyo yachifundo, malingaliro abwino komanso aulemu, ndi maloto okongola. Pomaliza, Iye adzatuluka kuseri kwa zophimba zokhuthala kuti akauze aliyense wofunafuna :moona mtima kuti

Takhala tikusiyana kwa nthawi yayitali chifukwa" ndimafuna kuti undipatse chikondi chako mwakufuna kwako. Ndinakulenga m'chifaniziro changa, ndipo ndinadikira mpaka utagwiritsa ntchito ufulu wako ndikundipatsa chikondi chako ".mwakufuna kwako

Tiyenera kupempha Mulungu kuti atipatse mphatso yosatha komanso yokhalitsa ya chikondi Chake chaumulungu. Koma ndani angapeze Mulungu wachikondi uyu popanda khama? Ngati muchita khama lonse, zonse zili kwa Mulungu ndi mtsogoleri wanu wauzimu. Sindipempha chilichonse kwa ine ndekha, chifukwa ulemu wonse ndi wa Mulungu, gwero la zabwino zonse ndi chisomo. Chisomo Chake chikhale nanu, kuzindikira Kwake kukhale nanu, ndipo muzindikire kuchuluka kwa kukhalapo Kwake mkati mwanu .ndi mozungulira inu

Mulungu satiyankha nthawi yomweyo chifukwa chakuti timazengereza kusonyeza momwe timamufunira. Sitiyenera kuopa kumuyandikira, koma m'malo mwake tizimuona ngati wathu, Wokondedwa wathu, ndikumufunafuna mosalekeza ndi malingaliro athu, zochita zathu, mitima yathu, ndi malingaliro athu, ndipo tidzamupeza Iye ngati pothawirapo .pachitetezo ndi mtendere m'moyo uno

Ambuye, ndikukupatsani maluwa awa a miyoyo yabwino, kuti akometse kachisi wa kukhalapo kwanu. Tsatirani miyoyo iyi, yomwe ndi banja lanu ndi okondedwa anu. Timayimba dzina lanu lodala. Chotsani mdima wa kusadziwa ndi kuwala kwanu koyera. Chotsani mdima

m'maganizo mwathu ndi kuwala kowala, kopanda malire kwa umunthu wanu. Ife ndife anu, kaya zinthu zili bwanji, dziwululeni kwa ife, Ambuye wa Ufumu ndi Wachifundo. Dalitsani aliyense wa ife. Landirani kunong'oneza kwa malingaliro athu olakalaka ndi kugunda kwa mitima yathu yachikondi. Kwa inu timapereka chikondi chonse, ulemu, ndi chikhumbo, chifukwa ndinu Okondedwa athu ndi zonse .zomwe tili nazo m'chilengedwechi

Tidalitseni ndi chisomo chanu Gwetsani makoma a chikhumbo chomwe chimatilekanitsa ndi Inu Khalani Mfumu yaumulungu yoikidwa pampando wachifumu pa zokhumba zathu zonse Kuwala kwa ulemerero wanu kufalikira padziko lonse lapansi. Tidalitseni tonse. Tidzazeni ndi fungo la kukhalapo kwanu. Ndipo tidziwitseni kuti mwakhala nafe nthawi zonse, muli nafe tsopano, ndipo mudzakhala nafe .kwamuyaya

Tikukuthokozani chifukwa cha chisomo ndi chikondi chomwe mwapereka kwa otsatira anu odzipereka omwe amalakalaka kuyandikira kwanu ndipo akuyembekezera mwachidwi kukhalapo kwanu. Tikukhulupirira kuti gulu la ophunzira anu lidzakula kuti tikondwerere kukhalapo kwanu .kodala ndikusangalala ndi kuyandikira kwanu

Tidalitseni kuti titsegule mitima yathu kwa wina ndi mnzake ndikuyeretsa zolinga zathu, kuti tikhale oyenera chitetezo ndi chisamaliro chanu. Dziwululeni nokha, mkati ndi kunja. Tigwirizanitseni tonse, ndipo poganizira umodzi .umenewo, tiyeni tizindikire kukhalapo kwanu kwapadera

Ndi mtima wathu wogwirizana komanso kufunitsitsa kwa miyoyo yathu yogwirizana, tikugwada pamaso panu, kufunafuna thandizo lanu, chitsogozo chanu, ndi kuzindikira .nthawi zonse za kukhalapo kwanu m'miyoyo yathu

Moto wosatha wa chikondi uyake mowala m'mitima mwathu, ndipo timve kuyandikira kwanu kwa ife tsopano ndi !kwamuyaya, Ambuye wathu, O wokondedwa wathu

Chikhumbo Chapamwamba ndi Makapisozi Amaganizo

Ulemerero wa Mulungu ndi waukulu. Iye ndiye maziko a choonadi ndipo amapezeka m'moyo uno. M'mitima ya anthu muli mapemphero ndi mapembedzero ambiri: a ndalama, kutchuka, thanzi—mapemphero amitundu yonse. Koma pemphero lomwe liyenera kukhala loyamba mumtima uliwonse ndi la kumva kukhalapo kwa Mulungu. Pamene tikuyenda m'njira za moyo chete ndi motsimikiza, tiyenera kuzindikira kuti Mulungu ndiye cholinga chachikulu chomwe chingatikhutiritse ndikukwaniritsa zokhumba zathu, chifukwa mwa Mulungu muli yankho la zokhumba zonse za mtima.

Pamene simungathe kukwaniritsa chikhumbo chanu kudzera mu khama lanu, mumatembenukira kwa Mulungu m'pemphero. Motero, pemphero lililonse limene mumapereka limavumbula chikhumbo chobisika mkati mwanu. Koma mukapeza Mulungu, zikhumbo zonse zimatha, ndipo zikhumbo zonse zimakwaniritsidwa.

Zilakolako za dziko lapansi zimachokera ku malingaliro olakwika okhudza cholinga cha moyo Dziko lapansi lino si kwawo kwenikweni Malemba amatiuza kuti ndife a Mulungu, kuti tinalengedwa m'chifaniziro Chake, ndipo chifuniro Chake ndi chakuti tibwerere ku chiyambi chathu chaumulungu. Chomwe anthu sadziwa n'chakuti pokhapokha atabwerera ku gwero lake laumulungu, adzakakamizika kulimbana kuti akwaniritse zilakolako zambiri. Tangoganizani zimenezo! N'zoona kuti anthu sangalephere kukhala ndi zilakolako, ndipo palibe cholakwika ndi kukhala nazo. Komabe, zilakolako zambiri za anthu zimalepheretsa kukwaniritsidwa kwa chilakolako chachikulu chobwerera kwa Mulungu. Motero, zimawononga chisangalalo cha anthu. Pokhapokha

anthu akafuna Mulungu ndi kumupeza, adzapitirizabe kulakalaka chilichonse chimene akuganiza kuti chingawabweretsere chisangalalo. Koma kukwaniritsidwa kwa zilakolako zonse nthawi yomweyo kumabwera kokha kwa iwo amene amapeza Mulungu.

Pali magulu awiri a zilakolako: zomwe zimatithandiza kupeza Mulungu, ndi zomwe zimatilepheretsa kumupeza Iye. Mwachitsanzo, ngati wina wakulakwirani, mungamve chikhumbo chofuna kubwezera. Komabe, ngati mugonjetsa chikhumbochi pogwiritsa ntchito mphamvu yapamwamba komanso yovomerezeka ya chikondi, mudzakhala mutagwiritsa ntchito chida chomwe chingakuthandizeni kupeza Mulungu. Zilakolako zonse ziyenera kukwaniritsidwa m'njira yabwino, chifukwa zikakwaniritsidwa kudzera m'njira za dziko lapansi, zilakolako zimachulukana, limodzi ndi mavuto ndi kuvutika. Ngati tiphunzira kupereka zokhumba zathu zonse kwa Mulungu, Iye adzagwira ntchito kuti akwaniritse zokhumba zathu zabwino ndikuchotsa zovulaza komanso zowononga zathu. Palibe chitetezo chachikulu kuposa chikumbumtima choyera, ndipo palibe chitetezo chabwino kwambiri pa zilakolako za moyo kuposa kukhala ndi zilakolako zabwino komanso zapamwamba.

Tikazindikira kuti chifaniziro changwiro cha Mulungu chili mkati mwathu, zokhumba zathu zonse zimakwaniritsidwa. Mu chidziwitso chopatulikacho, chomwe chimaposa chuma chonse cha dziko lapansi ndi chuma, simudzagwedezeka ngakhale mutapatsidwa dziko lonse lapansi. Kutamandidwa sikudzakupangitsani kudzikuza, kapena kukuimbani mlandu, chifukwa mudzalawa chimwemwe cha Mulungu mkati mwanu, ndipo chimenecho

chidzakhala chinthu chofunika kwambiri pa moyo wanu.

Choyamba tiyenera kupempha chitsogozo cha Mulungu poyesa kukwaniritsa zokhumba zathu zovomerezeka, ndipo ndiyo njira yabwino kwambiri yopezera mayankho a mapemphero athu onse. Koma pemphero liyenera kuchotsedwa m'pemphero. Njira yakale yopempherera iyenera kusintha, ndipo tiyenera kutembenukira kwa Mulungu ndi chidaliro chonse ndi chikhulupiriro chosagwedezeka kuti Iye amatimva ndipo adzatipatsa zopempha zathu. Mulungu safuna kuti tisiye chifuniro chathu—ngakhale pamene tikupemphera kwa Iye—chifukwa chifuniro chimenecho ndi mphatso yamtengo wapatali kwambiri yomwe talandira kuchokera ku dzanja Lake lachisomo, ufulu wopatulika umene Iye anafuna kwa ife kuyambira pamene tinalengedwa.

Mwachibadwa, munthu ayenera kusiyanitsa pakati pa mapemphero ndi zilakolako zomveka ndi zopanda nzeru. Kumbukirani kuti chilakolako ndi mphamvu; ngati mumamatira ku chilakolako—kaya chabwino kapena choipa, chopindulitsa kapena chovulaza—ndipo mukukhala nacho usana ndi usiku, pamapeto pake chidzachitika. Chifukwa chake, munthu ayenera kusamala ndi kupewa kusunga zilakolako zovulaza, chifukwa zidzakwaniritsidwa ndipo zidzabweretsa mavuto aakulu ndi chisoni chosaneneka.

Pakapita nthawi, mudzapeza kuti ngakhale kuti zokhumba zanu zakwaniritsidwa, mtima wanu umakhalabe wopanda kanthu, ndipo mudzakumana ndi kupanduka kwamkati Tangoganizani kuti dongosolo lanu logaya chakudya ndi lofooka, koma mukulakalaka zakudya zokazinga. Inde, mudzamva kupweteka nthawi iliyonse mukazidya, ngakhale

mutakhala ndi chisangalalo pamene mukuchita zinthu. Ndipo motero, mudzamva ngati mwalakwitsa. Nzeru ilamula kugwiritsa ntchito kuzindikira kusiyanitsa pakati pa zilakolako zabwino ndi zoipa, ndipo izi zikakwaniritsidwa, zilakolako zolakwikazo siziyenera kukwaniritsidwa. Anthu ali ndi mphamvu yamkati ya kuzindikira ndipo ayenera kuigwiritsa ntchito nthawi zonse, kutsogolera miyoyo yawo motsatira malangizo a chikumbumtima, omwe ndi mawu a Mulungu.

Zilakolako zosakwaniritsidwa zimakhalabe mumtima. Kodi pali vuto lotani ngati mukuzisunga mmenemo? Yankho lake ndi ili:

Chilakolako chilichonse chimapangidwa ndi mphamvu zenizeni: zabwino kapena zoyipa, kapena zonse ziwiri Munthu akafa—Mulungu amuchitire chifundo—mphamvu zimenezi sizimafa ngakhale thupi litawonongeka ndi kuonongeka. M'malo mwake, zimatsagana ndi mzimu kulikonse komwe ukupita mu mawonekedwe a makapisozi auzimu okhazikika. Munthu akabadwanso mwatsopano, makapisozi kapena mapiritsi amisala awa amaonekera ngati zizolowezi za khalidwe. Motero, munthu amene wamwalira ali chidakwa amabweretsa chilakolako cha mowa akabadwanso, ndipo chilakolakochi chimapitirira mpaka atagonjetsa chilakolako cha mowa. Izi zikugwiranso ntchito pazinthu zina.

Ngakhale ana aang'ono kwambiri amasonyeza makhalidwe omwe amachokera m'miyoyo yakale Ana ena amavutika ndi mkwiyo waukulu Ena amakhala ndi mkwiyo woipa Inde, Mulungu sanawalenge motere Zilakolako zosakwaniritsidwa kuchokera m'miyoyo yakale zapanga zizolowezi zamaganizo izi, ndipo chifukwa cha izo, moyo umawoneka wachilendo pang'ono, ngakhale kuti wapangidwa m'chifaniziro

choyera cha Mulungu Ngati chithunzi cha Mulungu chasokonekera mkati mwa munthu m'moyo uno, kaya ndi mkwiyo, mantha, kapena chilakolako, ndipo makhalidwe awa sagonjetsedwa tsopano, ndiye kuti adzabadwanso nawo (kapena adzabadwanso nawo), akunyamula katundu wa zizolowezi zosautsa izi mpaka atazigonjetsa m'thupi ili kapena mtsogolo Palibe njira yothawiramo mpaka atagonjetsedwa

Chifukwa chake, ndi bwino kukwaniritsa zokhumba zonse tsopano kapena kuzigonjetsa.

Njira yabwino kwambiri yochotsera zilakolako zotere kamodzi kokha ndikukhala ndi chisangalalo chapamwamba cha Mulungu. Apo ayi, zilakolako zoletsedwazi ndi zilakolako zosakwaniritsidwa zidzazunza ndi kuzunza moyo.

Munthu ayenera kuzindikira, kudzera mu kuzindikira ndi nzeru, kuti Mulungu yekha ndiye angathe kupereka chimwemwe choyera komanso chokhalitsa.

Nthawi zambiri, zilakolako zimakhala zobisika mumtima mwa munthu wosadziwa. Mungaganize kuti zatha, koma sizinathe; ichi ndi chimodzi mwa zinsinsi za moyo, chomwe ndi chinsinsi chachikulu.

Koma chinsinsichi chimatha tikamafufuza moyo ndikuganizira tanthauzo lake. Ngati mutakhala chete kwa kanthawi kochepa tsiku lililonse ndikudzifufuza nokha, mungapeze kuti muli ndi zilakolako zambiri zomwe sizinakwaniritsidwe. Zilakolako zimenezi zili ngati tizilombo toyambitsa matenda tomwe munthu amanyamula kulikonse komwe akupita, m'moyo uno komanso wotsatira.

Njira yabwino kwambiri yopitira patsogolo ndiyo kuzindikira—kudzera mu chisankho chanzeru—zilakolako zoipa m'moyo uno ndikuyang'ana khama lanu pakukwaniritsa zilakolako zanu zabwino Ngati

mukumva chilakolako chofuna kudzipha kapena kuchita chilichonse cholakwika, muyenera kuchotsa chilakolako chimenecho tsopano Dzitsimikizireni nokha, m'malingaliro ndi zochita, kuti muli ndi kuwala kwaumulungu mkati mwa moyo wanu, ndipo kumbukirani kuti munalengedwa m'chifaniziro cha Wamphamvuyonse, ndipo chifukwa chake muli ndi mphamvu yoposa chibadwa chanu chakuthupi ndi zizolowezi zanu.

Musamakonde kwambiri zinthu zapamwamba koma musamakonde kwambiri zilakolako, ndipo mudzapambana nkhondo ya moyo Ngati mukuvutika ndi ululu wosatha, yesetsani momwe mungathere kudzipatula ku chidziwitso chakuthupi Kudzera mu kuzindikira, mutha kugonjetsa malingaliro Kuzindikira mwanzeru ndi moto womwe umawotcha zilakolako zovulaza ndi zilakolako zowononga, kuzisandutsa phulusa

Ndi chizolowezi cha anthu kusunga zinthu zakale, zosweka, komanso zosafunikira pakona ya nyumba, ndi kukonza ndi kuyeretsa nyumbayo nthawi ndi nthawi. Mofananamo, pakona ya malingaliro anu osazindikira muli zilakolako zambiri zomwe zingakupwetekeni mobisa, zomwe zingakubweretsereni mavuto aakulu tsiku lina ngati simukuzigwira bwino.

Kudzisanthula n'kofunika kwambiri panjira yauzimu. Mutha kukhala ndi chidani, kukwiya msanga, kapena kukwiya msanga. Ngati ndi choncho, makhalidwe amenewa omwe amasungidwa mumtima mwanu ndi chifukwa cha zochita zanu zakale. Kuti muchotse maganizo anu pa mipando yodzaza ndi zinthu zakale, muyenera kuyamba ndi zochita zabwino komanso zomangirira ndikukulitsa chikondi kwa ena. Mukakonda anthu kwambiri, iwonso

adzakukondani kwambiri, ndipo mudzamva chikondi chawo. Koma ngati muwadzudzula, ngakhale kwa inu nokha, adzamva kudzudzulidwako ndikukubwezerani!

Tiyerekeze kuti mdani wakale wamwalira, koma mukumusungirabe mkwiyo ndi chidani. Mudzavutika chifukwa cha kuwawa kumeneku, ndipo zotsatira zake zoipa zidzaonekera m'thupi ndi m'maganizo mwanu. Ndi bwino kumukhululukira chifukwa cha Mulungu, chifukwa pochita zimenezi, mudzadzimasula ku zilakolako zoipa za kubwezera zomwe zimawononga mtendere wanu wa mumtima ndikuwononga mtendere wanu. Kusonkhanitsa chidani pa chidani, kapena kuyankha chidani ndi chidani, sikuti kungowonjezera chidani cha mdani wanu kwa inu komanso kumawononga thupi lanu ndi malingaliro anu. Chifukwa chake khululukirani ndi chikhululukiro chabwino.

Nthawi ndi nthawi, munthu ayenera kusiya chilichonse kuti akhale yekha, kuti aganizire za cholinga cha moyo Anthu ambiri amatsatira miyambo ndi mafashoni. Ndipotu, sanakhalepo ndi moyo wawo, koma moyo wa dziko lapansi. Kodi akwaniritsa chiyani, ndipo afika pati?

Chifukwa chake, ndi bwino kuti munthu nthawi zina adzichotsere kutanganidwa ndi ntchito za tsiku ndi tsiku kuti athetse mavuto a m'maganizo mwake ndikuyesera kumvetsetsa tanthauzo lake ndikutsimikiza cholinga chomwe akufuna kukwaniritsa.

Kumbukirani kuti umboni waukulu kwambiri womwe mungalandire ndi wa chikumbumtima chanu: mawu osalakwitsa komanso osalephera a moyo wanu. Chimene chikumbumtima chanu chimakuuzani ndi chomwe mulidi, popanda kukongoletsa kapena kubisa.

Taganizirani za mphamvu ya Yesu Khristu amene anati, “Atate, muwakhululukire, pakuti sadziwa kuchita chimene sadziwa.”

Ndipo ganizirani za Mneneri Wamkulu amene anati: “Kodi sindikukuuzani zomwe zimakweza udindo wa munthu?” Iwo anati: “Inde, Mtumiki wa Mulungu” Iye anati: “Khalani oleza mtima ndi amene sakudziwani, perekani kwa amene sakukufunirani, sungani ubale ndi amene akudulani ubale, ndipo khululukirani amene akukuchimwirani.”

Kumvera mawu a chikumbumtima chanu chowunikiridwa kudzakuunikirani njira yanu ndi madalitso m'moyo wanu Mukamva chilakolako champhamvu mumtima mwanu chokwaniritsa chilakolako, gwiritsani ntchito kuzindikira kwanu ndikudzifunsa kuti: "Kodi ndi chilakolako chabwino kapena choipa chomwe ndikufuna kukwaniritsa?"

Zinthu zambiri zimapangitsa anthu kukhala ndi zilakolako. Munthu akaona galimoto yatsopano, amafuna kukhala ndi yofanana nayo. Akaona nyumba yatsopano, amafuna kukhala ndi yofanana nayo. Mafashoni atsopano amatchuka, ndipo anthu amalakalaka kugula ndi kuvala kalembedwe kameneka!

Kodi zokhumba zimachokera kuti? Ndinakhala maola ambiri ndikuganizira izi Kodi mungagawane zokhumba zanu zonse m'magulu? Ndinatha kuzisankha zonse ndikusunga zabwino zokha. Ndipo pamene ndinapeza chiyanjano chaumulungu, ndinapeza kuti zokhumba zanga zonse zabwino zakwaniritsidwa nthawi imodzi Lero mukulakalaka chinachake, ndipo mawa moyo wanu ukulakalaka china chake Maganizo anu, omwe amachokera kwa Mulungu Wamphamvuyonse, sangakhutitsidwe ndi zinthu za dziko lino, ndipo sizidzakhutitsidwa,

chifukwa, bwenzi langa lokondedwa, mwataya chuma chamtengo wapatali komanso chamtengo wapatali kwambiri cha moyo wanu, amene yekha ali ndi mphamvu zokhutiritsa chilakolako chanu ndikukwaniritsa zokhumba zanu Chuma chotayikacho ndi Mulungu.

N’zoona kuti pali zilakolako zina zabwino kapena zofunika, ndipo muyenera kuyesetsa kuzikwaniritsa. Koma pamene mukuyesetsa kukwaniritsa zilakolako zanu zazing’ono, musaiwale choyamba kukwaniritsa chilakolako chanu chachikulu kwa Mulungu. Kutsimikiza kuti zilakolako zazing’ono ndi ntchito ziyenera kukwaniritsidwa kaye ndi chinyengo komanso chinyengo. Ndimakumbukirabe pachiyambi cha ulendo wanga wauzimu kuti ndinali wozengereza ndipo sindinkasinkhasinkha nthawi zonse, ngakhale kuti ndinkadziuza kuti ndizipeza nthawi yochita zimenezo. Chaka chonse chinadutsa motere ndisanazindikire kuti sindinakwaniritse zomwe ndinalonjeza ndekha. Nthawi yomweyo ndinalumbira ndekha kuti chinthu choyamba chimene ndingachite m’mawa chinali kusamba kenako n’kusinkhasinkha za Mulungu. Ntchito za tsiku ndi tsiku zinali zambiri panthawiyo, ndipo sizinali zophweka kuzithawa, ngakhale kwa kanthawi kochepa. Chifukwa chake, ndinaganiza zochita ntchito zanga zauzimu kaye. Ndipo motero, ndinaphunzira phunziro lalikulu: udindo wanga kwa Mulungu umabwera kaye, ndipo pamenepo ndimangochita ntchito zina zosafunika kwenikweni.

N’chifukwa chiyani Mulungu ayenera kutsegulira anthu zipata zamuyaya ngati anthu amaika patsogolo ntchito zina ndi zinthu zina kuposa Mulungu? Mulungu waika mapiko auzimu mkati mwathu ndipo amayembekezera kuti tikwere m’malo mwa mzimu

Mapiko awa ndi zilakolako zathu zauzimu, malingaliro athu apamwamba, ndi chikhumbo chathu chochokera pansi pa mtima cha gwero lathu lauzimu

Tiyeni tifunefune Mulungu choyamba Si nzeru kupatsa ntchito zapadziko lapansi kufunika kwakukulu, chifukwa Azrael akhoza kuitana mzimu nthawi iliyonse, kenako ntchito zonse, malonjezano, nkhawa, ndi maudindo zidzatha ndipo zidzatha kamodzi kokha. Ndiye n'chifukwa chiyani tiyenera kumamatira kwambiri ku moyo?

Munthu amaganiza kuti akusangalala ndi chitetezo ndi mtendere wamumtima, kenako mwadzidzidzi wataya wokondedwa wake, kapena wataya thanzi lake kapena ntchito yake, ndipo chitetezo ndi mtendere wamumtima zimatayika!

Chikondi changa pa amayi anga chinali chachikulu bwanji! Ndinkaganiza kuti adzakhala nane nthawi zonse, koma mwadzidzidzi ndinapeza kuti anandisiya ndili mwana! Sitiyenera kuopa imfa, koma tiyenera kukhala okonzeka kuiopa.

Moyo si mmene ukuonekera Musaike chidaliro chanu mwa iwo, chifukwa ndi wosakhazikika, wonyenga, komanso wodzaza ndi zokhumudwitsa komanso ziyembekezo zosweka Ungwiro sungapezeke pano Sindikufuna kukupatsani chithunzi chosatheka cha moyo Dziko lino si paradaiso Ndi malo oyeretsera mizimu komwe Mulungu amayesa miyoyo kuti aone ngati ingagonjetse zilakolako zoipa ndi zabwino ndikumupanga Iye—ndiko kuti, kupanga Mulungu—chilakolako chawo chachikulu, kuti abwerere ku ufumu Wake

Moyo uli wodzaza ndi mitundu yonse ya masoka ndi nthabwala, masoka ndi chisangalalo Ndi chokongoletsera chachikulu, chosinthasintha nthawi zonse, komanso chowala cha mitundu yosawerengeka

Palibe zinthu ziwiri zofanana Moyo wa munthu aliyense ndi wapadera Munthu aliyense ali ndi mawonekedwe osiyana, malingaliro osiyana, ndi zilakolako zosiyana Ngati tinkakumana ndi mayesero omwewo tsiku lililonse, tikanatopa ndi kutopa Ngakhale Paradaiso, ngati nthawi zonse ikanakhala yofanana, ikadataya kukongola kwake Timakonda mitundu yosiyanasiyana ndi kusiyanasiyana Lingaliro lachikhalidwe la Paradaiso ndi lolakwika kotheratu Ngati likanakhala lotopetsadi, oyera mtima ndi amuna oyera a Mulungu akanapemphera kuti abwerere ku Dziko Lapansi kuti akasangalale okha! Paradaiso nthawi zonse amakonzedwanso mwanjira yosangalatsa kwambiri, pomwe Dziko Lapansi nthawi zambiri limakonzedwanso, koma mwanjira yotopetsa komanso yosasangalatsa

Komabe, ngakhale kuti moyo ndi wotopetsa komanso wovuta, anthu ambiri amauzolowera, akukhulupirira kuti palibe njira ina yokhalira moyo. Polephera kuyerekeza moyo uwu ndi moyo wauzimu, amalephera kuzindikira kuchuluka kwa ululu ndi kutopa komwe kumabisika m'dziko lino lapansi.

Zoona zake, moyo si weniweni Ndi zosangalatsa chabe, palibe china Monga momwe mafilimu akale amatulutsidwiranso mobwerezabwereza, momwemonso zochitika zakale zomwezo zimabwerezabwereza m'njira zosiyanasiyana. Ndipo ngakhale kuti moyo ukupitirizabe, mitu yomweyi yomwe imaperekedwa m'mafilimu akale imabwerezedwanso imodzi pambuyo pa ina. Zoonadi, mbiri imadzibwereza yokha, ndipo anthu ndi zinthu zakale chabe m'nyumba zosungiramo zinthu zakale za nthawi.

Kulola moyo kutulutsa zodabwitsa zake, kuzilandira ndi chisangalalo, mwachilungamo,

komanso modzipereka, osakhudzidwa ndi malingaliro, ngati kuti mukuonera kanema. Kuseka kochokera pansi pa mtima ndi mankhwala abwino kwambiri a mavuto onse a anthu.

Muyenera kuyang'ana moyo mosavuta komanso momasuka. Izi ndi zomwe ndinaphunzira kwa mphunzitsi wanga. Poyamba maphunziro anga auzimu m'nyumba yake, ndinagwira ntchito zanga ndi nkhope yokwiya, osamwetulira. Tsiku lina mphunzitsi wanga anazindikira izi ndipo anati, "Mulungu akalola, zonse zili bwino! Kodi muli pa maliro? Kodi simukudziwa kuti kupeza Mulungu kumatanthauza kubisa nkhawa ndikubisa chisoni chonse? Musatenge moyo mozama kwambiri."

Anandiphunzitsa kuti ndi udindo wa munthu kukweza maganizo ake pamwamba pa zosokoneza zonse zapadziko lapansi ndi mavuto kuti apeze ufulu wonse mwa Mulungu.

Munthu ayenera kukhala wolinganiza bwino pa chisangalalo ndi chisoni, phindu ndi kutayika, chipambano ndi kulephera kuti athe kulimbana ndi mavuto a moyo molimba mtima komanso modzidalira.

Kusunga mtendere wamumtima ngakhale pazochitika zonse ndiyo njira yabwino kwambiri yogonjetsera zilakolako zonyenga Izi ndi zomwe ndinaphunzira kwa akuluakulu omwe sanakhudzidwe ndi kusintha kwa nthawi, koma anakhalabe olimba mtima komanso osasintha mpaka kumapeto Ngakhale aneneri, pamene ankazunzidwa, sanataye chidziwitso chawo chopatulika, komanso sanalole aliyense kuba chikondi cha Mulungu kwa iwo Chisangalalo chauzimu ndicho chitetezo chodala komanso linga lalikulu kwambiri pakati pa mayesero ndi mavuto, kumbukirani madalitso omwe Mulungu wakupatsani Moyo wanu ndi kachisi wopatulika wa Mulungu

Musalole mdima wa kusadziwa kuipitsa malo oyera amenewo Ndikosangalatsa kwambiri kukhala mu mkhalidwe wozindikira zauzimu, wolemekezeka, wolemekezeka, wotetezeka, komanso wamtendere! Musaope chilichonse ndipo musadane ndi aliyense Perekani chikondi chanu kwa aliyense Imvani chikondi cha Mulungu ndikuwona kukhalapo Kwake mwa anthu onse, ndipo lolani chilakolako chanu chachikulu chikhale kukhalapo Kwake kosatha mumtima mwanu Iyi ndiyo njira yokhala mumtendere ndi bata m'dziko lino Koma n'kovuta kulawa kudzikhutitsa uku bola ngati mphepo zamphamvu za zilakolako zikuwomba m'malo opumulira a mtima ndikugwedeza mitengo yake mwamphamvu

Zokhumba zimapangidwa ndi malo omwe munthu ali. Zimabadwa kuchokera ku malingaliro athu amalingaliro ndipo zimachepetsedwa ndi zofooka za malingaliro amenewo. Kupita ku chiwonetsero chakumidzi kumakwaniritsa chikhumbo cha chisangalalo, koma titapita ku chiwonetsero chapamwamba kwambiri padziko lonse lapansi ndikuwona ziwonetsero zosiyanasiyana, chiwonetsero chaching'ono chimataya kukongola kwake ndi kukongola kwake. Chifukwa chake, choyamba tiyenera kukhala ndi chisangalalo cha kulumikizana ndi Mulungu kuti tiyerekeze chisangalalo chimenecho ndi zosangalatsa zochepa zapadziko lapansi. Kenako, zokhumba zidzakhala zapamwamba. Chikhumbo sichidzatha; chikhumbo chimodzi chikakwaniritsidwa, china chimatenga malo ake. Koma mukapeza Mulungu, zokhumba zanu zonse zimakwaniritsidwa. "Funani ufumu wa Mulungu choyamba ndi chilungamo chake, ndipo zinthu zonsezi zidzapatsidwa kwa inu (Ndipo chomwe chili ndi Mulungu ndi chabwino komanso chokhalitsa)" Ndiye bwanji osafunafuna

choyamba kukwaniritsidwa kwa chikhumbo chachikulu chimenecho ndikupeza kuchokera ku dzanja la Mulungu lokoma mtima zabwino kwambiri komanso zokhalitsa?

Mulungu akayankha pemphero la wofuna kudziwa Iye, zokhumba zake zina zonse zidzakwaniritsidwa nthawi yomweyo komanso kwamuyaya.

Anthu ena amaganiza kuti alibe zilakolako Chabwino!

Ndaona zomwe zimachitika nthawi zambiri anthu akapita kumsika. Sangakhale ndi chilakolako chenicheni chogula, koma mwadzidzidzi chinachake chimawagwira maso ndipo amaganiza kuti, "Inde, ndiyenera kugula!"

Ngakhale atapanda kugula nthawi yomweyo, imakhala m'maganizo mwawo usana ndi usiku mpaka atagula, ngakhale atabwereka ndalama. Amasangalala nazo kwakanthawi, koma pang'onopang'ono kukongola kwake kumachepa ndipo chisangalalo chokhala nacho chimachepa, kotero amalakalaka china chake, ndi zina zotero.

Nthawi zina timakumana ndi munthu amene amati: "Aa, ndikanakhala ndi ndalama zoti ndiziti (kapena galimoto yapadera kapena dziwe losambira kapena kapena)" ndipo chilakolako chimenecho chikangokwaniritsidwa, chilakolako china chimabuka cha chinthu chatsopano.

Zilakolako za anthu ndi zopanda ungwiro, motero sizingathe kupeza chimwemwe chathunthu kwa eni ake.

Dziko lapansi lidzayesa kukulepheretsani kukumbukira kuti chilakolako chokhacho chofunikira ndikupeza Mulungu. Koma muyenera kudzikumbutsa izi tsiku lililonse. Munthu akasankha kusiya kusuta fodya, kusiya kudya mopitirira muyeso, kusiya

kunama, kapena kusiya kuchita chinyengo, ayenera kukhala otsimikiza pa chisankho chake osagwedezeka. Malo oipa amachotsa ndi kufooketsa chifuniro, kupanga zilakolako zabodza mwa munthu. Zimatengera zabwino kwambiri kwa iwo ndikuwapatsa zoyipa kwambiri. Anthu omwe amakhala ndi akuba amakhulupirira kuti ndiyo njira yokhayo yokhalira moyo. Koma kuyanjana ndi anthu abwino kumatsogolera malingaliro ku zinthu zapamwamba, kotero kuti zilakolako zabodza sizingayesenso munthu. Chilichonse m'moyo uno chimatha kusintha ndi kusinthasintha. Koma mphindi zochepa zoganizira mozama kapena kuphunzira ndikuganizira nkhani zoyera zauzimu zidzakhala gwero la chilimbikitso, kunyamula wofunafuna mofunitsitsa kudutsa nyanja yachinyengo ndi chinyengo kupita kugombe laumulungu komwe "kutopa sikudzawakhudza mmenemo, ndipo sadzachotsedwa mmenemo."

(Kupuma kwakukulu kwakonzedwa kwa iwo omwe adagwira ntchito molimbika, ndipo amene sanasiye kufunafuna choonadi ndiye wapambana)

Chimwemwe chenicheni chimakhala pakulakalaka Mulungu ndi kuganiza za Iye nthawi zonse. Ndi chipiriro, nthawi imabwera pamene lingaliro limenelo limakhala lolimba komanso losagwedezeka kotero kuti palibe vuto lakuthupi, lamaganizo, kapena lamaganizo lomwe lingasinthe kuzindikira kwanu kwa Mulungu. Kodi sizodabwitsa kukhala ndi kuzindikira kwa Mulungu, kuganiza za Iye ndi kumumva nthawi zonse, ndikukhalabe m'malo opatulika a kukhalapo kwake kosatha, komwe imfa kapena china chilichonse sichingakuba mtendere wanu wamkati? (Amene akhulupirira ndipo mitima yawo imapumula

pokumbukira Mulungu. Ndithudi, pokumbukira Mulungu mitima imapumula)

Mukapanda kukhudzidwa ndi zilakolako zonse, mumasangalala ndi kukhalapo kwamuyaya.

Moyo ndi wachilendo kwenikweni, chifukwa chilichonse chimasintha Chifukwa chake, munthu sayenera kumangirira chombo cha chisangalalo pamchenga wosuntha wa moyo uno Nthawi yathu ipita, ndipo zomwe tikuziona tsopano tsiku lina zidzapita Kusintha ndikovomerezeka bola ngati simungalole kuti kukupwetekeni Ndipo zikakupwetekani, chisokonezo chamkati chomwe mumakumana nacho ndi uthenga kwa inu kuti musakhale ndi zilakolako Mukakhala otetezeka mu mzimu waumulungu, mumasangalala ndi chilichonse popanda kudzidalira Chifukwa chake, kuyesetsa kumudziwa Iye ndikofunikira kwambiri kwa iwo omwe amasamala; apo ayi, moyo udzakhala wokhumudwitsa kwambiri, wophwanya ziyembekezo mwanjira yoopsa

Pamene ndinabwerera ku India mu 1935, ndinkayembekezera kupita ku malo omwe ndimakonda ndili mwana, koma nditafika, ndinapeza kuti chilichonse chasintha Gawo la moyo linali litakonzedwanso mwanjira ina Chisoni chachikulu ndi kudabwa kunabwera pamene ndinapita ku nyumba yanga yakale ku Aykapur, komwe ndinkasewera ndikuonera mbalame Mtengo umodzi wokha womwe unatsala mwa zonse zomwe ndimakumbukira Moyo ndi umenewo! Zinthu zodziwika bwino komanso zokondedwa zimachoka pamaso pathu chimodzi ndi chimodzi Ndinali wokonzeka kupereka chilichonse kuti ndione nyumba yathu monga momwe inalili ndili mwana. Komabe, Mulungu anakwaniritsa zomwe ndinkafuna, chifukwa pambuyo pake ndinawona nyumbayo m'masomphenya, komwe tinkasambira

m'dziwe, kenako ndinakwera mmwamba, ndinagona pabedi, ndikudya mango, monga momwe ndinkachitira zaka zambiri zapitazo

Zokhumba ziyenera kufufuzidwa ndi kufufuzidwa mosamala kwambiri, kusankhidwa bwino, ndipo zabwino zokha ndi zomwe ziyenera kusungidwa, ndipo ngakhale zokhumba zabwinozo siziloledwa kuletsa chilakolako chofunika kwambiri cha Mulungu.

Chilakolako chimenecho chiyenera kukhalabe chamoyo ndi choyaka, ndipo sichiyenera kuloledwa kuzimiririka kapena kuzimiririka Munthu amakhala pansi pa chinyengo chachikulu akapempha Mulungu kuti akwaniritse zokhumba zake zapadziko lapansi koma samupempha kuti adziwulule kwa iye Tangoganizani mwana amene nthawi zonse amafuna kuti makolo ake amupatse zopempha zake, ndipo mwanjira ina samazifunsa kapena kuziganizira. Kumeneko ndi kusayamika ndi kukana kukoma mtima kwawo, ndipo mmenemo pali phunziro kwa iwo amene amaganizira.

<u>Buku la moyo ili likagwiritsidwa ntchito, munthu adzalandira chidziwitso chauzimu chokha chomwe wapeza panthawi ya moyo wake padziko lapansi. Chifukwa chake, Mulungu ayenera kukhalapo nthawi zonse m'maganizo mwa munthu, kumupempha nthawi zonse komanso osamuiwala ngati munthu akudera nkhawa kwambiri za tsogolo lake lauzimu.</u> Tikamalumikizana ndi Mulungu, tidzapeza kuti zokhumba zonse zikukwaniritsidwa mwanjira yachinsinsi. Koma choyamba tiyenera kufunafuna Mulungu ndi wowolowa manja ndipo watipatsa chilichonse, koma tidzamupeza pokhapokha ngati sitikukhutira ndi mphatso zake koma titembenukira kwa Woperekayo. Tidzamudziwa malinga ngati tili oona mtima pakufunafuna kwathu, ofunitsitsa

kuyandikira kwa Iye ndikukhala ndi mwayi wodalitsidwa.

Cholepheretsa chachikulu chomwe munthu amakumana nacho ndi iye mwini Akamayesa kukhala chete ndikuganizira zauzimu, maganizo a dziko amabuka mwadzidzidzi, kuwasokoneza ndikuwalepheretsa kukwaniritsa cholinga chawo. Ayenera kudziphunzitsa okha kulamulira maganizo ndi matupi awo, ndipo potero, adzanyamula paradaiso wonyamulika mkati mwa moyo wawo. Mu moyo kapena imfa, kumwamba kapena ku gehena, chimwemwe chachikulu chimenecho chidzawatsagana nawo.

Tiyenera kupemphera kwa Mulungu mozama, kutsanulira chikhumbo chathu chachikulu, kumupempha m'chilankhulo cha mtima, chilakolako cha moyo, ndi kunong'oneza kwa chikumbumtima, kuti atimve ndi kutiyankha. Koma ngati munthu apemphera mopanda mtima ndipo nthawi yomweyo akuganizira zina—chinthu chimene Mulungu akudziwa kuti si nkhani yaikulu ya munthuyo—Iye sadzayankha.

Choyamba tiyenera kukhala ndi Mulungu Nthawi ndi ino. Sitiyenera kudikira, chifukwa zinyengo ndi zamphamvu kwambiri. Moyo umatha msanga, ndipo ndi manyazi kuchoka m'dziko lino osadziwa cholinga cha moyo. Tiyenera kuganizira nthawi iliyonse yomwe tili ndi nthawi yopuma. Ngakhale mapemphero anu sanayankhidwe poyamba, musataye mtima ndi chifundo cha Mulungu, koma pitirizani kupemphera. Pempherani moona mtima ndipo khulupirirani kuti pemphero lanu lidzayankhidwa.

Ndaona umboni waukulu kwambiri wa momwe Mulungu amayankhira pemphero m'moyo wanga. Koma kuyankha koteroko kumafuna khama, chifukwa palibe chofunika chomwe chimabwera popanda

kuyesetsa. Kusinkhasinkha ndikofunikira kuti tiwulule zinsinsi za moyo ndikulowa mu ufumu wa Mulungu.

Zizolowezi zoipa ndi zosokoneza zina zidzayesa kufooketsa khama lanu ndikufooketsa kutsimikiza mtima kwanu. Koma ngati mukufuna kukhala osangalala, pitirizani kuganizira za Mulungu, ndipo mudzamupeza Iye pafupi nanu.

Zilakolako za zosangalatsa zapadziko lapansi zimapangitsa kukoka kwa maginito komwe kumakoka munthu padziko lapansi, moyo pambuyo pa moyo Kubwerera ku thupi kumakhala kosafunikira kwa iwo omwe apeza zilakolako zawo mwa Mulungu Nthawi iliyonse akafuna kukwaniritsa chilakolako chilichonse, amachiganizira, ndipo chimaonekera pamaso pawo Amayi anga anaonekera kwa ine atamwalira, ndipo ndinatonthozedwa ndi kuwaona ndipo ndinayamika Mulungu chifukwa cha ubwino wake Zoonadi, Iye ndi Wopatsa Kwambiri ndi Wachifundo Kwambiri Amakwaniritsa zilakolako zathu kuti asonyeze chikondi Chake ndi kuyamikira kwa ife pamene timupatsa Iye malo oyamba m'mitima yathu

<u>Munthu akafika kwa Mulungu, amakhala mbuye wa moyo ndi tsogolo.</u> Sitiyenera kupuma mpaka kukhalapo kwa Mulungu kukhazikike m'miyoyo yathu. Iye adzatipatsa zonse zomwe timalakalaka ndipo adzatiyesa.

Mayesero ndi zopinga panjira yauzimu ndi zambiri komanso zazikulu, koma pamene tikudutsa m'mayesero amenewo ndikugonjetsa zopingazo, tiyenera kunena kuti: “Ambuye, mwayankha mapemphero anga ndipo mwakwaniritsa zokhumba zanga zazikulu, kotero mtima wanga wadzaza ndi kukhalapo Kwanu ndipo moyo wanga wawala ndi kuwala Kwanu” Mtendere ukhale pa inu

Kuthandiza anthu ena kumawonjezera chidziwitso

Mukatumiza zolinga zabwino kwa ena, chidziwitso chanu chimakula Mukaganizira za mnansi wanu, gawo la umunthu wanu limamasulidwa pamodzi ndi lingaliro limenelo. Koma kuganiza kokha sikokwanira; tiyenera kukhala okonzeka kugwiritsa ntchito kuganiza.

Ukwati ndi phunziro la kudzipereka Anthu awiri amayesa kugawana moyo wawo. Kenako ana amabwera, ndipo makolo amagawana zomwe ali nazo nawo. Koma kuganizira

za banja lapafupi lokha osati wina aliyense (monga ine ndi .inu kapena ife tokha) ndi mtundu wa dyera

Nthawi idzafika pamene okondedwa athu adzatisiya; ndiyo njira ya moyo. Izi zikutikumbutsa kuti cholinga chachikulu cha anthu ndikukulitsa malire a chidziwitso chathu mwa kugwira ntchito kwa ena ndikugawana nawo .madalitso a moyo

Kudzipereka kumapatsa mwini wake madalitso ambiri ndi chimwemwe chachikulu, chifukwa kudzera mu kudzipereka munthu amasunga chimwemwe chake Cholinga changa ndikupangitsa ena kukhala osangalala, chifukwa .chimwemwe changa chimachokera ku chimwemwe chawo

Sitingasangalale ndi kukoma kwa zomwe takwaniritsa pokhapokha titagawana chimwemwe chathu ndi ena. .Sindikunena za achibale okha, koma anthu onse

Tiyenera kuganizira za ena ndi kuwathandiza momwe tingathere. Izi sizikutanthauza kudzipangitsa kukhala osauka, koma kusonyeza kudera nkhawa ndi ena moona .mtima komanso kufunitsitsa kugawana nawo

Choyamba tiyenera kugwiritsa ntchito mfundo za choonadi pa ife tokha. Sitingaphunzitse ena kukhala okoma mtima ngati sitili okoma mtima tokha. Ngati tiyamba ndi ife .tokha, tidzakhala chitsanzo chabwino kwa ena

Ndadzipereka kutumikira ndi kuthandiza ena. Ndayenda maulendo ambiri ndikuphunzitsa anthu ambiri. Koma ndikudziwa kuti ndimatumikira ena bwino kwambiri kudzera .m'mabuku ndi ziphunzitso zanga

Anthu ambiri amabwera kudzamvetsera nkhani, osati chifukwa cha chikondi chenicheni Anthu amabwera kudzalandira chilimbikitso ndi chitonthozo chauzimu Koma ndikufuna miyoyo yomwe imafuna choonadi, yomwe imakonda Mulungu. Ndicho chifukwa chake ndayang'ana kwambiri, ndipo ndikupitiriza kuyang'ana kwambiri, kufunika .kosinkhasinkha za Mulungu

Anthu onse ofuna zinthu zauzimu modzipereka komanso molimbika adzapambana ngati apitirizabe kuchita zinthu .mofunitsitsa komanso mwakhama

Tiyenera kukonda Mulungu ndi mtima wathu wonse, maganizo athu onse, moyo wathu wonse, ndi mphamvu zathu zonse, komanso kukonda anzathu monga momwe .timadzikondera tokha

Kodi kukonda Mulungu ndi mtima wanu wonse, maganizo anu onse, moyo wanu wonse, ndi mphamvu zanu ?zonse kumatanthauza chiyani

Mtima umatanthauza kumverera, maganizo amatanthauza kuganizira, moyo umatanthauza mgwirizano wakuya wauzimu mu kusinkhasinkha, ndipo mphamvu zimatanthauza kutsogolera mphamvu zathu zonse kwa Mulungu

Izi zikutanthauza kukonda Mulungu ndi malingaliro anu onse, ndi cholinga chanu chonse pa kusinkhasinkha, mwa kusintha mphamvu kapena mphamvu ya moyo kuchoka ku chinthu kupita ku mzimu, ndi kusintha chidwi kuchokera ku .thupi kupita kwa Mulungu

Sizingatheke kukonda Mulungu popanda kuganizira, chifukwa kungoganizira kokha ndi komwe tingazindikire umunthu wathu wauzimu monga mzimu wolumikizidwa kwamuyaya ndi Mulungu amene adaulenga m'chifaniziro .Chake

Tiyenera kumanga mpando wachifumu mkati mwathu chifukwa cha chikondi cha Mulungu. Palibe chofunika kwambiri pa moyo. Palibe cholinga chachikulu kuposa kumukonda Iye, kulankhula za Iye, ndi kuunikira ena kuti amudziwe. Sindikufuna china chilichonse kuchokera kwa .anthu

Ndi zosangalatsa kugawana zomwe ndakumana nazo zauzimu ndi anthu omwe amafunafuna moona mtima Palibe chomwe chimandibweretsera chisangalalo choposa

kulankhula nawo za Mulungu ndi kuwathandiza kuona .kukhalapo Kwake

Ndi zodabwitsa kukonda Mulungu ndi kukonda atumiki ake. Tikapeza Iye, timamva chikondi chake mwa aliyense. Palibe mphamvu yoposa mphamvu ya chikondi .m'chilengedwe chonse

Ndikuona Ambuye Wammwambamwamba atakhala pampando wachifumu kumwamba ndi nyanja ndi pampando wachifumu wa chidziwitso changa. Ndikuona Iye ali mkati mwanga ndi m'miyoyo ya onse ndipo ndimamukumbatira m'mawonekedwe ake onse opanda malire ndi .mawonekedwe ake m'chilengedwe

Ngati sikunali kudzikonda, dziko lapansi likanakhala paradaiso

Ngati dziko lapansi litasiya kudzikonda kwake koipa, tidzaona paradaiso padziko lapansi lino

Mbewu za nkhondo zili pakati pa kudzikonda koipa

Anthu oyambirira anayamba kugwiritsa ntchito zibonga za miyala, zomwe pambuyo pake zinasanduka mauta ndi mivi, kuti ateteze kudzikonda kwawo ku kudzikonda kwa ena. Pambuyo pake, mfuti ndi mfuti zinapangidwa, kenako mfuti zamakina, kenako mabomba ndi mpweya wa poizoni—zonsezi kuti ateteze kudzikonda kwa gulu limodzi la anthu ku .kudzikonda kwa lina

Mphamvu yowononga ya anthu yakula ndikukula kuposa mphamvu yake yomanga. Chithupsa choyipachi—chithupsa cha kudzikonda koipa—chidzaphulika pamapeto pake. Koma mwatsoka, miyoyo yambiri idzawonongeka anthu asanadzuke ndi kuzindikira kuti kudzikonda kwa dziko lawo n’koipa kwambiri kuposa kudzikonda kwawo. Mtundu uli ndi magulu ang'onoang'ono, ndipo magulu amenewo ndi anthu .pawokha; munthu ayenera kuyamba ndi iye mwini

Chifukwa cha kudzikonda konyansa kumeneku, nkhondo zimabuka, chuma chimasokonekera, ndipo mavuto .azachuma amayamba

Malire pakati pa mayiko sanakhazikitsidwe, ndipo maboma a padziko lonse lapansi amasintha nthawi zonse Kudzikonda komwe kumafuna chimwemwe popanda kuganizira za ufulu ndi chisangalalo cha ena, kapena komwe kumapondereza ufulu ndi zofuna za ena pazifukwa zake, .kumabweretsa umphawi, kusasangalala, ndi mavuto Kudzilemeretsa powononga ena ndi cholakwika chachikulu. Chikomyunizimu, chomwe chimalonjeza kuchuluka ndi chitukuko cha anthu ambiri, sichidzapambana ndipo tsiku lina chidzagwa chifukwa cha kukakamizidwa ndi kupondereza ufulu wa munthu (Dziwani: Nkhaniyi inaperekedwa ndi Master Paramhansa mu 1937, ndipo mfundo imeneyi yakwaniritsidwadi!)

Anthu olemekezeka amalimbikitsa mtima wothandiza anthu chifukwa cha chikhumbo chenicheni chauzimu chofuna kupereka

Ngati munthu angoyang'ana pa manja ndi mapazi ake okha ndipo anyalanyaza mutu wake, ubongo sudzagwira ntchito yowongolera luso la kuyenda kwa thupi Ntchito zonse za thupi ziyenera kugwirizanitsidwa Mofananamo, malingaliro (opanga zisankho) m'maiko ndi m'madera ayenera kugwira ntchito mogwirizana ndi manja ndi mapazi (ogwira ntchito), chifukwa ngati zofuna zikutsutsana, dongosolo lidzasokonekera, chisokonezo chidzafalikira, ndipo .mavuto adzabwera

Pali aphunzitsi awiri padziko lapansi. Iye amene amatenga Mulungu ngati mtsogoleri wake ndi mphunzitsi wake saopa. Iye amene amatenga Satana ngati mtsogoleri .wake ndi mtsogoleri wake adzavutika kwambiri

Mawu ofunikira kwa anthu ambiri m'moyo uno ndi "ine" Anthu omwe ali ndi malingaliro auzimu ndi malingaliro amaganiza za ena monga momwe amaganizira okha Anthu omwe amangoganiza za iwo okha amabweretsa udani ndi mkwiyo wa anthu omwe ali nawo pafupi. Koma anthu omwe amaganizira za malingaliro ndi zokonda za ena amapeza kuti

ena amawaganizira ndipo amaganizira za momwe .akumvera

Ngati pali anthu zana limodzi mumzinda, ndipo aliyense akuyesera kulanda ena, ndiye kuti aliyense adzakhala ndi adani makumi asanu ndi anayi mphambu asanu ndi anayi. Koma ngati aliyense ayesa kuthandiza ena, ndiye kuti aliyense adzakhala ndi anzake makumi asanu ndi anayi .mphambu asanu ndi anayi

Ndinakhala choncho ndipo sindinataye chilichonse popereka kwa ena. Ndipotu, chilichonse chimene ndinapereka chinabwerera kwa ine, chikuchulukitsidwa ndi chisomo cha Mulungu. Tsopano sindikufuna kalikonse chifukwa chimene ndili nacho mkati mwanga ndi chachikulu komanso chamtengo wapatali kuposa chilichonse chimene dziko lapansi lingapereke. Chomwe munthu amachifunadi ndi chimwemwe, ndipo chisangalalo chikapezeka, kufunikira kwa zinthu zomwe zimamutsogolera ku chimwemwecho .kumatha

Ndilibe akaunti ya banki chifukwa chitsimikizo changa chokha padziko lapansi ndi momwe anthu amamvera bwino ine Sindikhulupirira chitsimikizo china chilichonse chapadziko lapansi Chuma chenicheni chili m'kukhala m'mitima ya abale ndi abwenzi a munthu

Tikakhala odzikonda, timakhala osangalala. Ndipo ngati titsatira njira imeneyi, ena otizungulira adzakhudzidwa ndi khalidwe lathu ndipo adzayesa kutitsanzira. Tiyenera kuchotsa dyera, lomwe ndi muzu wa zoipa zonse za munthu .payekha komanso za dziko

Woyerayo anakwezedwa mlengalenga

Kuchokera m'buku lakuti "The Philosophy of India in the Life of a Yogi"

"Usiku watha ndinawona Yogia atapachikidwa mapazi angapo mlengalenga"

Ndi mawu osangalatsa amenewo, mnzanga Upendra Mohan Chaudhry anayamba nkhani yake.

Anamwetulira mwachidwi nati, "Mwina mwaganiza dzina lake: simukutanthauza Bhaduri Mahasaya yemwe amakhala pamsewu wozungulira wa pamwamba?"

Upendra anagwedeza mutu povomereza, ngakhale kuti anakhumudwa pang'ono kuti nkhaniyi sinandifike kudzera mwa iye. Anzanga ankadziwa momwe ndinalili ndi chidwi chofuna kudziwa za oyera mtima, ndipo nthawi zonse ankasangalala kundidziwitsa za atsopano.

Ndinapitiriza, ndikunena kuti, "Nyumba ya woyi ili pafupi kwambiri ndi nyumba yathu, ndipo ndimamuyendera nthawi zonse"

Mawu anga adadzutsa chidwi chachikulu pa Upendra, chifukwa chidwicho chinali choonekera pankhope pake, ndipo ndinawonjezera kuti:

"Ndinamuona akuchita zodabwitsa. Anadziwa bwino njira zisanu ndi zitatu zopumira [(1)] za yoga yakale monga momwe zinalembedwera ndi katswiri wanzeru Patanjali [(2).] Tsiku lina, Bhaduri Mahasaya anachita Bhastrika Pranayama patsogolo panga ndi mphamvu zodabwitsa kwambiri kotero kuti ndinamva ngati mphepo yamkuntho yadutsa m'chipindamo! Pambuyo pake, adatontholetsa mpweya wamkuntho ndipo anakhalabe wosasuntha ali ndi chidziwitso chapamwamba [(3)] Mtendere womwe unatsatira mphepo yamkunthoyi unali womveka bwino komanso wosaiwalika."

Mawu a Upendra anali odzaza ndi kusakhulupirira pamene anati, "Ndamva kuti woyera mtima sachoka m'nyumba mwake, kodi n'zoona?"

Ndinayankha kuti: "Inde, ndicho chowonadi! Wakhalabe m'nyumba mwake kwa zaka makumi awiri zapitazi. Komabe, akuchepetsa malamulo okhwima awa omwe adadzipangira pa nthawi ya tchuthi chathu

chopatulika, ndipo amayenda kupita kunjira yomwe opemphapempha amasonkhana, chifukwa Woyera Bahaduri amadziwika ndi mtima wake wachifundo."

Iye anati: "Koma kodi woyera mtima amakhala bwanji atapachikidwa mlengalenga, akutsutsa lamulo la mphamvu yokoka?"

Ndinayankha kuti: "Thupi la yogi limataya mphamvu zake pochita masewera olimbitsa thupi ena a kupuma a pranayama, kenako amatha kuuluka kapena kulumpha ngati chule. Ngakhale oyera mtima omwe sachita yoga yachikhalidwe amayandama mlengalenga pamene akulowa mu mkhalidwe wapamwamba wolakalaka Mulungu kwambiri."

Chidwi chinaonekera m'maso mwa Upendra, ndipo anati, "Ndikufuna kudziwa zambiri za munthu wanzeru uyu. Kodi mumapita ku misonkhano yake yamadzulo?"

Ndinati, "Inde, nthawi zambiri ndimapita kwa iye, ndipo ndimadabwa kwambiri ndi nzeru zake zachangu komanso nzeru zake zodabwitsa. Nthawi zina kuseka kwanga kumawononga ulemu wa msonkhano. Ngakhale kuti woyera mtima sakuvutika ndi izi, ophunzira ake amandiyang'ana mokwiya!"

Pobwerera kunyumba kuchokera kusukulu masana amenewo, ndinapita kunyumba kwa Bhaduri Mahasaya ndipo ndinaganiza zomuchezera. Yogi ankakhala payekha, akutetezedwa ndi wophunzira pansi. Wophunzira uyu anali wosamala kwambiri za alendo ndipo anandifunsa ngati ndinali ndi nthawi yokumana ndi mphunzitsi wake. Koma mphunzitsiyo anaonekera nthawi yomweyo, maso ake akuwala, motero anandiiteteza kuti ndisatayidwe pamalopo. Anati kwa wophunzirayo:

"Mukani Mukanda abwere nthawi iliyonse akafuna. Lamulo lodzipatula silili loti nditonthoze

koma loti ena azitonthoze. Anthu adziko lapansi samasuka ndi kuona mtima kwathu, zomwe zimawononga kudzikuza kwawo. Oyera mtima si osowa kokha komanso amasokoneza. Ngakhale m'Malemba Opatulika, nthawi zina timawapeza akuchititsa manyazi ena."

Ndinatsatira Bhaduri Mahasaya kupita ku nyumba yake yosavuta ya pansi, yomwe nthawi zambiri sankaisiya Masters. Nthawi zambiri amanyalanyaza kukongola ndi kukongola kwa dziko lapansi podzipatula powonekera. Dziko silimawasamalira mpaka atakhazikika m'mbiri ya nthawi, chifukwa anthu a m'nthawi ya wanzeru samangokhala okhawo okhala m'malire opapatiza a masiku ano.

Ndinati, "Wanzeru kwambiri, ndiwe woyimba woyamba amene ndimamudziwa amene amakhala m'nyumba mwake nthawi zonse."

Iye anayankha kuti, "Nthawi zina Mulungu amaika oyera mtima ake m'nthaka yosayembekezereka kotero kuti sitingaganize kuti tingawagonjetsere lamulo linalake"

Woyerayo anakhala pansi miyendo yake itapindapinda akuganizira, thupi lake lamphamvu likupumula pamalo a lotus. Ngakhale anali ndi zaka zoposa makumi asanu ndi awiri, thupi lake silinawonetse zizindikiro za ukalamba kapena kufooka chifukwa chokhala nthawi yayitali. Wamphamvu komanso wamtali, anali wangwiro m'njira iliyonse. Nkhope yake inali ndi mawonekedwe a wanzeru wofotokozedwa m'malemba monga mutu wolemekezeka, wokhala ndi ndevu zonse, nthawi zonse atakhala molunjika, maso ake odekha akuyang'ana Kukhalapo kwa Mulungu.

Ndinakhala pansi ndi woyera mtima ndikusinkhasinkha, ndipo patatha ola limodzi mawu ake ofewa anandidzutsa:

"Nthawi zambiri mumalowa mu mkhalidwe wa bata, koma kodi mwafika pa mkhalidwe weniweni wa kuzindikira Mulungu?"

Woyerayo ankafuna kundikumbutsa kukonda Mulungu kuposa kusinkhasinkha, ndipo anawonjezera kuti: "Musasokoneze njira ndi mapeto, ndipo musapange njira kukhala cholinga chanu"

Anandipatsa mango, ndipo ndi nzeru zake zachangu, zomwe ndinazipeza zoseketsa ngakhale kuti anali wodzikuza, anati:

"Chilakolako cha anthu chofuna kukhala pamodzi ndi chakudya n'chachikulu kwambiri kuposa chilakolako chawo chofuna kukhala pamodzi ndi Mulungu"

Mawu amenewa anandiseketsa kwambiri, ndipo maso ake anafewa ndi chikondi pamene anati, "Ndi kuseka bwanji!" Nkhope yake inali yozama koma inali ndi kumwetulira kosangalatsa. Maso ake akuluakulu, ofanana ndi maluwa a maluwa, anabisa kumwetulira kopatulika, kwamkati.

Woyerayo analoza ma envulopu angapo okhuthala patebulo, nati: "Makalata awa andidzera kuchokera ku America yakutali. Ndimalemberana makalata ndi mabungwe angapo omwe mamembala awo amasonyeza chidwi ndi yoga. Akupezanso India ndi kumvetsetsa bwino kuposa momwe Columbus adachitira! Ndine wokondwa kuwathandiza, chifukwa kudziwa yoga ndi kwaulere, monga kuwala kwa dzuwa, kwa onse omwe akukufuna."

"Zimene anzeru aona kuti ndizofunikira kuti anthu apulumuke siziyenera kumasulidwa chifukwa cha Kumadzulo. Kum'mawa ndi Kumadzulo ndi zofanana

mu mzimu ngakhale kuti ali ndi zochitika zosiyanasiyana zakunja, ndipo alibe chiyembekezo cha kupita patsogolo ndi kutukuka popanda kuchita njira imodzi yauzimu ya yoga."

Woyerayo anandiyang'ana mofatsa, ndipo sindinazindikire kuti mawu ake anali ulosi wobisika. Ngakhale tsopano, pamene ndikulemba mawu awa, sindinamvetse tanthauzo lonse la malingaliro ake osavulaza akuti tsiku lina ndidzabweretsa ziphunzitso za India kumadzulo.

Ndinati, "O, wanzeru kwambiri, zingakhale bwino kwambiri ngati ulemba buku lonena za yoga kuti lipindulitse anthu!"

Iye anayankha kuti, "Ndikuphunzitsa ophunzira omwe, pamodzi ndi ophunzira awo, adzakhala mabuku amoyo omwe amapirira kuwonongeka, kusintha kwachilengedwe kwa nthawi, ndi kutanthauzira kosakhala kwachibadwa kwa otsutsa"

Tinakhala tokha ndi wochita yoga mpaka ophunzira ake atafika madzulo, pamene anapereka nkhani zake zosayerekezeka. Monga chigumula chofewa, anachotsa zinyalala zamaganizo ndi zinyalala za omvera ake ndikuwatsogolera kwa Mulungu. Mafanizo ake odabwitsa anaperekedwa mu Chibengali chopanda chilema.

Madzulo amenewo, Bhaduri anafufuza mbali zosiyanasiyana za filosofi za moyo wa mfumukazi ya Rajput ya m'zaka za m'ma 500 yotchedwa Mirabai, yemwe anasiya moyo wapamwamba wa nyumba yachifumu pofuna kukhala woyera mtima. Poyamba, Sanatna Goswami, yemwe anali wodzipatula wotchuka, anakana kumulandira ngati wophunzira chifukwa anali mkazi, koma yankho lake linamugwetsa pansi pamene anati:

"Uzani mphunzitsi kuti sindikudziwa mwamuna aliyense m'chilengedwe chonse kupatula Mulungu. Kodi tonsefe si akazi pamaso pake?"

(Pali lingaliro lopatulika lakuti Mulungu ndiye mfundo yokhayo yabwino komanso yolenga m'chilengedwe chonse, ndipo kuti chilengedwe Chake ndi chinyengo chabe)

Mirabai anali wolemba ndakatulo, ndipo analemba ndakatulo zambiri zodzaza ndi chisangalalo chauzimu zomwe zimaganiziridwabe pakati pa chuma cha mabuku ku India. Ndikumasulira imodzi mwa izo pano mu Chingerezi (inamasuliridwa mu vesi la Chiarabu ndi Mahmoud Abbas Masoud):

Ngati thupi limatsukidwa nthawi zonse, lidzadziwika
Ndikanakhala mkango pakati pa nyanja
Ngati adya chomeracho, adzazindikiradi
Ndikanadzitamandira nditatenga mawonekedwe a mbuzi
Ngati chiwerengero cha rozari chikawerengedwa, chikawoneka
Ndinali kutamanda Mulungu ndi mikanda ikuluikulu
Zikanakhala kuti mafanowo akanagwada pansi
Ndikanagwada pansi ku mapiri ndi miyala
Ngati mkaka wokhawo ungamwe
Kuti ana a ng'ombe ndi ana aang'ono alawe
Ngati kusiya mkazi kumabweretsa
Anthu zikwi zambiri ankadulidwa nthawi yomweyo mwa kusankha kwawo
Zonsezi sizikwanira kuti ziwululidwe
Ayi, ndipo sichidzatha kukweza nsalu

Mulungu adzaonekera pa kofunika limodzi:

Chikondi cha mtima ndi kulakalaka ngati moto

Ophunzira ena anaika ndalama mu nsapato ya Bhaduri, yomwe inali pafupi naye pamene anakhala pansi akuchita yoga. Chopereka ichi chachizolowezi ku India ndi chizindikiro cha ulemu ndi kuyamikira, kusonyeza kuti wophunzirayo amaika chuma chake pansi pa mapazi a mphunzitsi wake. Mabwenzi achisomo ndi chizindikiro cha chisamaliro ndi chitetezo cha Mulungu kwa iwo amene amawakonda.

Mmodzi mwa ophunzira ake anayang'ana mwachidwi mbuye wolemekezekayo pamene ankachoka, nati, "Zoonadi, ndinu wodabwitsa, Ambuye! Mwasiya chuma ndi chitonthozo chanu kuti mufunefune Mulungu ndi kutipatsa nzeru" (Pakuti zinali zodziwika bwino kuti Bhaduri Mahasya anasiya chuma chambiri cha banja ali mwana pamene adapanga chisankho cholimba chotsatira njira ya yoga)

Woyerayo anayankha kuti, "Koma mukuchita zosiyana!" Mawonekedwe a mphunzitsiyo adawonetsa kudzudzula kofatsa, ndipo adapitiliza kuti, "Ndasiya ma rupee ochepa ndi zosangalatsa zosakhalitsa, zopanda pake chifukwa chokonda ufumu wadziko lonse womwe chisangalalo chake chilibe malire komanso chosatha. Ndiye munganene bwanji kuti ndadzimana chilichonse? Ndi anthu osawona patali a dziko lino omwe akukanadi! Amasiya ufumu woyera womwe ulibe wofanana nawo, wolakalaka zosangalatsa zochepa zapadziko lapansi zomwe sizimapatsa thanzi kapena kukhutiritsa njala!"

Ndinaseka ndi lingaliro losiyana ili la kudzimana ndi kudzimana: pamene limodzi limapatsa woyera mtima wosauka chuma ndi ulemu kuposa Croesus,

linalo limasandutsa mamiliyoni ambiri padziko lonse kukhala osauka omwe sadziwa zomwe akuvutika nazo chifukwa cha manyazi a umphawi.

Mphunzitsiyo anamaliza nkhani yake polimbikitsa chikhulupiriro chosagwedezeka, nati: “Dongosolo la Mulungu limayendetsa zinthu zathu ndikukonza tsogolo lathu ndi nzeru zomwe zimaposa zomwe makampani a inshuwalansi amapereka. Dziko lapansi ladzaza ndi anthu odera nkhawa omwe amaika chidaliro chawo mu njira zakunja zodzitetezera. Malingaliro awo opweteka ali ngati zipsera pamphumi pawo. Mmodzi Yekhayo, amene anatipatsa mpweya ndi mkaka kuyambira pamene tinabadwa, amadziwa momwe angapatse olambira Ake tsiku ndi tsiku chilichonse chomwe amafunikira pamoyo wawo.”

Ndinapitiriza ulendo wanga kwa woyera mtima atatha maphunziro, ndipo ndi chidwi chachete chomwe chinandithandiza kuzindikira kukhalapo kwa Mulungu. Tsiku lina woyera mtimayo anasamukira ku Ram Mohan Roy Road, kutali ndi nyumba yathu ku Gurbar Road, pamene otsatira ake okondedwa adamumangira nyumba yatsopano yotchedwa Tajendramath [(4).]

Ngakhale kuti zomwe ndikufuna kufotokoza sizinachitike m'buku lino, nditchula mawu omaliza omwe Bhaduri Mahasya anandiuza. Nthawi yochepa ndisananyamuke kupita kumadzulo, ndinapita kukamutsanzika ndipo ndinagwada modzichepetsa pamaso pake, ndikupempha madalitso ake oti andipatule. Iye anati:

"Mwananga, pita ndi dalitso la Mulungu, ndipo utenge ulemerero wa India wakale ngati chishango chako choteteza. Chipambano chalembedwa pamphumi pako, ndipo anthu olemekezeka akutali adzakulandira bwino."

Chitsime: Yogi's Autobiography (Filosofi ya ku India mu Moyo wa Yogi)

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Mawu a M'munsi

(1) Njira yopumira iyi imadziwika kuti pranayama, yomwe ndi ulamuliro wa mphamvu ya moyo kapena zochita (prana) mwa kuwongolera njira yopumira. Pranayama bhastrika ("belu":) imagwira ntchito yotonthoza malingaliro.

(2) Patanjali ndiye katswiri wamkulu kwambiri pa olemba ndemanga akale pa yoga

(3) Mu nkhani yake mu 1928, Pulofesa Jules Bois wa ku Sorbonne anati asayansi aku France adachita zoyeserera pa chidziwitso chapamwamba ndipo adavomereza kukhalapo kwake. Anafotokoza kuti ndi "chofanana ndi malingaliro osazindikira mu lingaliro la Freud. Chidziwitso chapamwambachi chimaphatikizapo maluso ndi makhalidwe omwe amapangitsa munthu kukhala munthu weniweni, osati nyama yosinthika yokha" Katswiri waku France adafotokoza kuti kudzuka kwa chidziwitso chapamwamba "kuyenera kusiyanitsidwa ndi malingaliro kapena hypnosis. Kukhalapo kwa chidziwitso chapamwamba kumazindikirika mwafilosofi, ndipo kwenikweni ndi munthu wapamwamba yemwe Emerson adafotokoza, yemwe sayansi yangovomereza posachedwapa" Emerson adatero munkhani yake (Moyo Wapamwamba): "Munthu ndi nkhope ya kachisi momwe muli nzeru zonse ndi zabwino, ndipo nthawi zambiri zomwe timatcha munthu: munthu wodya, kumwa, kubzala ndi kuwerengera amapereka chithunzi cholakwika cha zenizeni zake zofunika. Koma moyo womwe iye ndi chida chake ndi mawonekedwe ake ngati utaloledwa kuwonekera kudzera m'malingaliro ndi zochita zake, tikadakakamizidwa kugwada chifukwa tikadayima pamaso pa chibadwa chauzimu, komanso pamaso pa makhalidwe onse aumulungu"

(4) Dzina lake lonse linali Tajnaramath Bhaduri, ndipo "math" mu Chihindi amatanthauza malo olambirira, nthawi zambiri kutanthauza malo okhala kapena nyumba ya amonke Pakati pa oyera mtima omwe "anayandama mumlengalenga" panali Woyera Joseph wa ku Cupertino, woyera mtima wa m'zaka za zana la 17 amene zochitika zake

zodabwitsa zinalembedwa ndi mboni Woyera Joseph anasonyeza mantha ndi kudabwa ndi dziko lapansi, zomwe kwenikweni zinali kukumbukira Mulungu ndi kulumikizana kwakukulu ndi Iye Abale ake mu nyumba ya amonke sanamulole kutumikira patebulo la anthu onse kuti asawuluke ndi china Inde, woyera mtimayo sankatha kuchita ntchito zapadziko lonse lapansi chifukwa cholephera kukhala pansi kwa nthawi yayitali! Nthawi zina, kungowona chifaniziro chodala kunali kokwanira kumuyendetsa kuti ayende molunjika, pomwe amawona oyera mtima awiriwo—munthuyo ndi mwala—akuuluka m'mwamba

Woyera Teresa wa ku Ávila, woyera mtima wodziwika bwino, nayenso anapeza kuti kukwera kwake kwakuthupi kunali kosasangalatsa. Atalemedwa ndi ntchito zambiri zoyang'anira, anayesa kuletsa mayeso othawa ndege koma sanapambane, polemba motere: "Miyeso siili yothandiza ngati Mulungu afuna." Thupi la Woyera Teresa, lomwe linaikidwa m'manda ku Alba, Spain, linakhalabe losawonongeka kwa zaka mazana anayi, fungo lake ngati la maluwa a duwa, ndipo zozizwitsa zambiri zinanenedwa kuti zinachokera kwa iye.

(Zozizwitsa zimenezi zimatikumbutsanso zomwe zatchulidwa mu Qur'an Yopatulika ndi miyambo yolemekezeka ya Uneneri, monga nkhani ya Anthu a M'phanga ndi pempho kwa Mariya, mtendere ukhale pa iye, kuti agwedeze thunthu louma la mtengo wa kanjedza kuti zipatso zakupsa zigwe kuchokera mmenemo nthawi yake isanakwane, komanso momwe Mulungu adaperekera Maria, malinga ndi zomwe zatchulidwa mu Surat Al Imran (Nthawi iliyonse Zakariya akalowa kwa iye m'malo opatulika, amapeza ndi chakudya chake Anati, "E Mariya, ichi chachokera kuti?" Iye anati, "Chachokera kwa Mulungu") komanso nkhani ya Jurayj wolambira ndi mnyamata amene analankhula m'chibwano, ndi atatu omwe analowa m'phanga ndi thanthwe anachoka pa iwo ndi zodabwitsa zina)

Mphamvu yofuna ndi mphamvu ya chilengedwe

Mavuto ndi zovuta zimabwera chifukwa cha kusadziwa kwa munthu zochita zake zakale, zomwe zinachitika panthawi inayake ndi pamalo enaake. Kuvutika kwawo komwe kulipo kumachokera ku malingaliro ndi zochita zomwe walankhula, zomwe zakhazikika m'nthaka ya chidziwitso, zikumera ndikubala zipatso zamtundu womwewo .monga malingaliro ndi zochitazo

Kwa Mulungu yekha ndimakhala ndikugwira ntchito Palibe mayesero kapena zinyengo zapadziko lapansi zondikopa Ndayang'ana ndi diso la nzeru ndi luntha ndipo ndaboola zophimba zachinyengo ndi chinyengo Inunso muyenera kuzindikira kuti ulendo wanu kudziko lino ndi wakanthawi. Muli pano ndi cholinga chimodzi: kuphunzira maphunziro ofunikira ndi kuthandiza onse omwe adutsa .panjira yanu ya moyo

M'mawa uliwonse ndimapempha Mulungu kuti andiuze zomwe akufuna kuti ndichite, kenako ndimamuona akugwira ntchito m'manja mwanga ndi m'maganizo mwanga ndipo .chilichonse chimayenda motsatira chifuniro chake

Mayesero ndi mavuto sizibwera kudzaswa munthu kapena kulepheretsa chifuniro chake, koma kuti zimuthandize kuzindikira ukulu wa Mulungu ndi kulemekeza malamulo Ake, omwe angawathandize kupeza chimwemwe chenicheni. Mulungu satumiza mayesero awa ovuta chifukwa chakuti ndi opangidwa ndi anthu. Chomwe chikufunika kwa anthu ndi kudzutsa chidziwitso chawo kuchokera ku tulo ta kusamvera ndi kutuluka mu mdima wa kusadziwa kupita ku .kuwala kwa chidziwitso

Dziphunzitseni kukhala ndi mtendere wamumtima, chifukwa mukamachita zimenezo kwambiri, mudzamva .mphamvu imeneyo m'moyo wanu

Pali mphamvu yapamwamba yomwe idzaunikira njira yanu ndikukupatsani thanzi, chisangalalo, mtendere, ndi

chipambano ngati mutembenukira ku kuwala kwa Mulungu .kumeneko

Nthawi zambiri, malingaliro athu amatilonjeza zosangalatsa zakanthawi kochepa koma pamapeto pake amatibweretsera ululu ndi kuvutika kwa nthawi yayitali. Ubwino weniweni ndi chisangalalo, komabe, zimalonjeza zochepa, koma pamapeto pake zimatipatsa chisangalalo choyera komanso chokhalitsa. Ichi ndichifukwa chake ndimaona chisangalalo chamkati, chokhalitsa kukhala chisangalalo chenicheni, ndi zosangalatsa zakanthawi .kochepa kukhala zosangalatsa chabe

Ngati munthu ali ndi chizolowezi choipa chomwe chimamuvutitsa ndikumupangitsa kukhala maso usiku, amatha kuchichotsa mwa kupewa chilichonse chomwe chingachiyambitse kapena kuchiyambitsa, popanda kuyang'ana kwambiri pa icho poyesa kuchiletsa. Iyi ndi njira yosalunjika yolimbana nacho. Koma palinso njira yolunjika komanso yabwino: mwa kutsogolera malingaliro a munthu ku chizolowezi chabwino ndikugwira ntchito kuti achikulitse mpaka chitakhala gawo la moyo wawo lomwe angadalire ndi .kudalira

Anthu a makhalidwe abwino nthawi zambiri amakhala osangalala kwambiri. Saimba mlandu aliyense pa mavuto ndi mavuto omwe amakumana nawo; m'malo mwake, amawanena kuti ndi iwo okha ndipo amadziona kuti ndi olakwa. Amadziwa bwino kuti palibe amene ali ndi mphamvu zowasangalatsa kapena kuwakhumudwitsa pokhapokha atalola zochita, mawu, ndi malingaliro a ena kuwakhudza, .kaya mwabwino kapena moipa

Anthu okhwima maganizo ndi osasangalala. Alibe malingaliro, ngati miyala. Munthu ayenera kukhala ndi malingaliro ake onse, malingaliro ake, ndi luntha lake, ndikukhala maso ndi kusamala chilichonse chomwe chikuchitika mozungulira iye, monga wojambula zithunzi waluso amene amayembekezera mwayi wabwino kwambiri

wojambulira zithunzi zokongola kwambiri za malo okongola .kwambiri

Chimwemwe chenicheni cha munthu chimadalira kukhala wokonzeka nthawi zonse kuphunzira ndi kuchita zinthu moyenera komanso mwaulemu. Munthu akamadziwongolera kwambiri, amathandiza kwambiri kuti anthu omuzungulira apite patsogolo komanso akhale .osangalala

Ndi ochepa okha amene amafufuza momwe zinthu zilili ndi kusankha ngati akupita patsogolo kapena kumbuyo. Monga anthu opatsidwa nzeru, nzeru, ndi kumvetsetsa, ntchito yathu yaikulu ndikugwiritsa ntchito nzeru ndi malingaliro athu moyenera kuti tidziwe ngati tikupita patsogolo kapena kubwerera m'mbuyo. Ndipo ngati kulephera kukutigwera mobwerezabwereza, sitiyenera .kutaya mtima kapena kutaya chiyembekezo

Kulephera kuyenera kukhala ngati chothandizira, osati .cholepheretsa, kukula kwathu mwakuthupi ndi mwauzimu

Kulephera ndi nyengo yabwino komanso yoyenera kwambiri yobzala mbewu za chipambano

Munthu sayenera kuganizira za kutayika ndi kulephera, koma m'malo mwake ayesere mobwerezabwereza, mosasamala kanthu kuti zoyesayesa zakale zinali zochuluka bwanji komanso zowawa bwanji. Kuyesetsa kulikonse kwatsopano pambuyo polephera kuyenera kukonzedwa bwino komanso kulimbitsa maganizo. Kuphatikiza apo, payenera kukhala mgwirizano pakati pa zokhumba zakuthupi ndi zokhumba zauzimu, popanda kulola chimodzi kuphimba .china

Palibe munthu wauzimu weniweni amene angachite popanda kupambana pa zinthu zakuthupi. Ndipo nkhawa za munthu zakuthupi sizimulepheretsa kuganiza za Mulungu ndikupereka nthawi yofunikira pa kuganizira, kutumikira, ndi .ntchito zauzimu

Kulephera kosatha sikunaphunzirepo maphunziro a moyo ndipo wokonda zauzimu amadzilanga yekha mwa .kutaya mtima chifukwa chosasamala za moyo wakuthupi

Ngati munthu adzipereka ntchito ndi zochita zake zonse kutumikira ena ndikuzikwaniritsa ndi maganizo okhutira, .ndiye kuti ayenera kuganiziridwa ndi kuyamikiridwa

Sitiyenera kukhala okonda mbali imodzi; m'malo mwake, tiyenera kulinganiza zochita zathu ndikuyika patsogolo ntchito ndi maudindo athu malinga ndi kufunika kwawo. Udindo ndi chinthu chomwe munthu amachita mosangalala, osati chifukwa cha phindu la zinthu zakuthupi. Udindo wauzimu ndi wamakhalidwe abwino uyenera kukhala .woyamba m'moyo

Munthu aliyense ali ndi mphamvu zomwe sanazigwiritse ntchito. Ali ndi mphamvu zonse zofunika. Maganizo okha ndi amphamvu kwambiri, ndipo ayenera kumasulidwa ku .zizolowezi ndi malingaliro akale komanso oletsa

Maganizo oipa angatsogolere munthu kumalo oipa komwe angadzionetsere momwe akufunira Komabe, munthu akhoza kusintha maganizo ake ndi chidziwitso chake pogwiritsa ntchito mphamvu zake, ndipo motero, malo ake Ngati munthu akhalabe m'malo oipa kwa nthawi yayitali, malo amenewo amayamba kumukhudza mosazindikira. Pakapita nthawi, pamapeto pake amataya ufulu wawo wosankha malo abwino komanso abwino ndipo amakhala .pansi pa zisonkhezero zoipa za malo oipawo

Chikoka cha mapulaneti ndi nyenyezi pa moyo wa anthu chimachokera ku kuyanjana kwa kukopa ndi kukwiya pakati pa mapulaneti ndi matupi a anthu. Anthu omwe ali ndi chifuniro champhamvu amakhala ogwirizana ndi Mulungu ndipo sayembekezera kuti mapulaneti ndi nyenyezi ziwapatse zabwino zawo. M'malo mwake, amapitiriza ulendo wawo ngati nyenyezi yowala, yosakhudzidwa kupatulapo nyenyezi yotsogolera ya Mulungu, yemwe ndi Dzuwa la .Dzuwa ndi Ambuye wa Chilamulo ndi wa miyoyo

Makalata opita kwa mphunzitsi Paramahansa ochokera kwa ophunzira ake

Mu Volume XIV ya magazini ya Inner Culture

Makalata otumizidwa ndi olemba awo ochokera kumayiko osiyanasiyana, omwe timatengapo izi:

Ndikufuna kukudziwitsani kuti kudzera mu kuwerenga kwanga mosamala ziphunzitso zanu

Ndinalandira kuunikiridwa kwauzimu

Imene ndakhala ndikuifunafuna nthawi zonse

Ziphunzitso zanu zanditsegulira zitseko za chimwemwe

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Ndimatsatira malangizo anu auzimu tsiku ndi tsiku

Ndimaona kuti maganizo oipa amachepa pang'onopang'ono

Mantha atha

Ndimasangalala ndi mphindi iliyonse ya moyo wanga

Zikomo chifukwa chathandizo lanu

* * *

Ndimalandira madalitso ambiri

Kuchokera ku ziphunzitso zanu zauzimu

Ndikufunitsitsa kuwerenga maganizo anu

Ndimayesetsa kuzigwiritsa ntchito pa moyo wanga

Ziphunzitso zanu ndi zokongola komanso zothandiza

* * *

Ndikupeza mu nzeru zanu zodabwitsa

Chimene chimalimbikitsa kuyamikira ndi kudzoza

Ndikuyamikira kwambiri zonse zomwe mwandipatsa

Kuchokera ku chithandizo ndi chitonthozo cha maganizo

* * *

Ndimamva bwino kwambiri ndikapeza izi sabata iliyonse

Pa phunziro latsopano kuchokera ku ziphunzitso zanu

Ndimasangalala komanso ndimapeza chidziwitso mu phunziro lililonse

* * *

Zikomo kuchokera pansi pa mtima wanga

Kuti andithandize kumvetsa umunthu wanga wamkati

Ndipo kundidziwitsa za mphamvu zobisika mkati mwanga

Ndipo kuti ndiwonetse kuwala kwa Mulungu ku chidziwitso changa

Kudzera mu ziphunzitso zomwe ndinalandira kuchokera kwa inu

* * *

Ndimakumbukirabe ulendo wanga kwa inu

Iye wakhala akukhala m'maganizo mwanga kwa zaka zinayi

Ndimakumbukirabe chikhulupiriro chanu chonse mwa Mulungu

Ndipo chikondi chanu pa anthu

Zinandithandiza kudziwa ndekha

Pamene ndimaganiza kuti ndili ndekha

Ndilibe anzanga ndipo palibe amene amandimvera chisoni

Zinandipatsa kudzidalira komanso kulimbitsa mtima wanga

Zinandilimbikitsa kukhala wolimba mtima pokumana ndi mavuto a moyo

* * *

Kwa zaka makumi anayi

Ndinaphunzira nthambi zosiyanasiyana za sayansi ndi chidziwitso

Koma sindinapeze chilichonse kuchokera ku maphunziro onsewa

Pa chinthu chofanana ndi chimene ndaphunzira kuchokera ku ziphunzitso zanu

* * *

Ndimapindula kwambiri ndi kuwerenga ziphunzitso zanu

Ngati anthu ambiri

Amaphunzira ndikukhazikitsa malingaliro anu

Dziko lomwe tikukhalamo lingakhale

Zabwino kuposa momwe zilili

* * *

Ndikufuna kukuthokozani kuchokera pansi pa mtima wanga

Chifukwa cha madalitso omwe abwera m'moyo wanga

Kuyambira pamene ndinayamba kuwerenga ziphunzitso zanu mozama komanso mosamala

Zikomo, ndipo Mulungu adalitse khama lanu labwino kwambiri

Ndipo ntchito yanu yodzipereka kutumikira anthu

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Popeza ndinakupemphani kuti mundipempherere kuti ndipambane

Mkhalidwe wanga wasintha kwambiri

Kuyamikira kwanga kwakukulu ndi chiyembekezo changa kuti mupitiliza kupemphera

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Pamene ndinalandira uthenga wanu womaliza

Ndinali kuyendayendabe mu nkhalango yamdima ya kukayika

Ndipo sanathe kuona njira yotulukira m'nkhalangomo

Koma zikomo kwa Mulungu, ndi mapemphero anu apadera

Njira inayamba kuonekera bwino ndipo chikhulupiriro changa mwa Mulungu chinalimbikitsidwa

Mkhalidwe wanga unakhala bwino kwambiri

Ndipo chonde ndikumbukireni nthawi zonse m'mapemphero anu oyankhidwa

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Ziphunzitso zanu zandithandiza kwambiri

Ndipo ndapeza madalitso ambiri kuchokera pamenepo

Ndipo zinanditsimikizira ndi umboni wokwanira

Kugwira ntchito kwa zitsimikizo zanu zauzimu ndi kuganiza bwino

Ndadzazidwa ndi chiyamiko

Chifukwa cha thanzi, chimwemwe, ndi mtendere zomwe ndikumva

Ndikumva kuti ndikupita patsogolo tsiku ndi tsiku pakusinkhasinkha

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Zikanakhala kuti sizinali chifukwa cha ziphunzitso zanu zodabwitsa komanso zolimbikitsa

Moyo wanga padziko lapansi ukanakhala wochepa kwambiri

Ndikufuna kukuthokozani chifukwa cha chisamaliro chanu chapadera

Zimene wandipatsa m'zaka zitatu zapitazi

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Zikomo chifukwa cha magazini ya Spiritual Culture

Mmenemo ndimapeza madalitso ndi chakudya cha mzimu tsiku lililonse

Ndikuyamika Mulungu amene anandidziwitsa za inu ndi ziphunzitso zanu

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Ndikufuna kukuthokozani chifukwa cha makalata anu a mwezi uliwonse

Uthenga womaliza ndinaupeza wodzaza ndi chilimbikitso

Kotero kuti ndinawerenga kwa ophunzira anga mkalasi ya mabuku

Iwo anayankha bwino zomwe zili mkati mwake

Unali nthawi yosangalatsa kwa tonsefe

Ndakhudzidwa kwambiri ndi malingaliro omwe mudalemba m'kalatayo

Moti ndimafuna kugawana ndi ophunzira anga

Uthenga uwu unayambitsa mkhalidwe wozama wa kusinkhasinkha

Ndipo kudzifufuza mozama za zinsinsi za mzimu

Ndikuganiza kuti zindithandiza kuthetsa mavuto

Ndipo kuchita zinthu mwanzeru komanso mwabwino ndi zomwe zachitika pa moyo

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Maphunziro anu ndi ofunika kwambiri

Sindikufuna kuphonya ngakhale limodzi mwa maphunziro anu